



BOTESDALE
Traditional Fish & Chips
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Tues	11.30 – 1.30	4.30	-	8.00pm
Wed	Closed in morning	4.30	-	8.00pm
Thur	11.30 – 1.30	4.30	-	10.00pm
Fri	11.30 – 1.30	4.30	-	10.00pm
Sat	11.30 – 1.30	4.30	-	10.30pm
Sun	Closed in morning	5.00	-	8.00pm

Saturday 1 February	10.00 am 10.30 am 2.00 pm	Church Open Guided Fen Walk Grand Jumble Sale	St Mary's, Redgrave & Rick Inf Redgrave Fen Rickinghall Village Hall
Sunday 2 February	6.00 pm	Zumba	Rickinghall Village Hall
Monday 3 February	9.15 am 2.00 pm 7.30 pm	Rickinghall Ramblers. Tel : 01379 898348 Needlecraft Slimming World	Rickinghall Village Hall Redgrave Activities Centre Rickinghall Village Hall
Tuesday 4 February	9.30 am 10.00 am 6.00 pm 7.15 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Open House Zumba Yoga & Relaxation Julie's Aerobics	Rickinghall Village Hall All Saints, Redgrave Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 5 February	9.30 am 10.00 am 10.00 am 10.30 am 2.15 pm	Redgrave Art Club Day Centre Find out about volunteering at the Fen Macmillan Outreach Service Forget-me-not-Club	Redgrave Activities Centre Rickinghall Village Hall Redgrave Fen Botesdale Health Centre Farnish House
Thursday 6 February	9.30 am 7.30 pm	RABBATS Rickinghall Parish Council Meeting	Rickinghall Village Hall Rickinghall Village Hall
Friday 7 February	8.00 pm	Dance Classes	Botesdale Village Hall
Saturday 8 February	9.00 am 9.00 am 10.30 am	Farmers Market with free Valentine's Hamper draw Rickinghall Parish Council Surgery Wildlife Watch Group	Rickinghall Village Hall Rickinghall Village Hall Redgrave Fen
Sunday 9 February	6.00 pm	Zumba	Rickinghall Village Hall
Monday 10 February	2.00 pm 7.30 pm 7.30 pm	Needlecraft Slimming World Botesdale Parish Council Meeting	Redgrave Activities Centre Rickinghall Village Hall Botesdale Village Hall
Tuesday 11 February	9.00 am 9.30 am 6.00 pm 7.15 pm 7.30 pm 7.30 pm	Coffee on the Corner Yoga. Booking essential on 01379 890955 Zumba Yoga & Relaxation Julie's Aerobics Redgrave & District Ladies Club	Parkview Chapel Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall Redgrave Activities Centre
Wednesday 12 February	9.30 am 10.00 am 7.30 pm	MOBILE LIBRARY Redgrave Art Club Day Centre Redgrave Parish Council Meeting	Redgrave Activities Centre Rickinghall Village Hall Redgrave Activities Centre
Thursday 13 February	9.30 am 12.30 pm 7.30 pm	RABBATS Phoenix Lunch Club Rickinghall WI	Rickinghall Village Hall Redgrave Activities Centre Rickinghall Village Hall
Friday 14 February	12 noon 9.15 am 7.30 pm 8.00 pm	LATEST COPY DATE & TIME FOR MARCH MAGAZINE ST BOTOLPHS PRIMRY SCHOOL BREAKS FOR HALF TERM Rickinghall Ramblers. Tel : 01379 897251 Whist Drive Dance Classes	Rickinghall Village Hall Bowls Club Botesdale Village Hall

I recently read that love is entirely a matter of chemistry. That must be why my wife treats me like toxic waste.

David Bissonnette

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Saturday 15 February	10.00 am	Church Open	St Mary's Rickinghall Inferior
Sunday 16 February	6.00 pm	Zumba	Rickinghall Village Hall
Monday 17 February	2.00 pm 7.30 pm	Needlecraft Slimming World	Redgrave Activities Centre Rickinghall Village Hall
Tuesday 18 February	9.30 am 2.00 pm 6.00 pm 7.15 pm 7.30 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Bird Box Building - Family Afternoon. Bkng essential on 688333 Zumba Yoga & Relaxation Julie's Aerobics Progressive Whist Drive	Rickinghall Village Hall Redgrave Fen Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall Redgrave Activities Centre
Wednesday 19 February	9.30 am 10.00 am 10.00 am 2.15 pm 2.30 pm	Redgrave Art Club Day Centre Tracks & Trails Activity Day. Booking essential on 688333 Forget-me-not-Club Wives Club AGM	Redgrave Activities Centre Rickinghall Village Hall Redgrave Fen Farnish House Methodist Church
Thursday 20 February	9.30 am 7.30 pm	RABBATS Crafty Corner	Rickinghall Village Hall Parkview Chapel
Friday 21 February	8.00 pm	Dance Classes	Botesdale Village Hall
Saturday 22 February	8.00 pm	LATEST ORDER DATE FOR HEATING OIL SYNDICATE Rickinghall Country Music Club - Kenny Lee & Hustler	Rickinghall Village Hall
Sunday 23 February	6.00 pm	Zumba	Rickinghall Village Hall
Monday 24 February	9.15 am 2.00 pm 2.00 pm 7.30 pm	ST BOTOLPHS PRIMARY SCHOOL RETURNS AFTER HALF TERM Rickinghall Ramblers. Tel : 01379 890064 Needlecraft Royal British Legion Women's Section Slimming World	Rickinghall Village Hall Redgrave Activities Centre Farnish House Rickinghall Village Hall
Tuesday 25 February	9.30 am 12 noon 6.00 pm 7.15 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Redgrave Lunch Club. Ring 898615 on 24th for vacancies Zumba Yoga & Relaxation Julie's Aerobics	Rickinghall Village Hall Redgrave Activities Centre Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 26 February	9.30 am 10.00 am 7.30 pm	Redgrave Art Club Day Centre Heritage Circle	Redgrave Activities Centre Rickinghall Village Hall Rickinghall Village Hall
Thursday 27 February	9.30 am	RABBATS Redgrave Garden Club Spring Dinner	Rickinghall Village Hall TBA
Friday 28 February	9.00 am 6.30 pm 8.00 pm	Church Cleaning Quiz Night with Fish & Chip Supper. Ticket only event Dance Classes	St Mary's, Redgrave Rickinghall Village Hall Botesdale Village Hall

Mobile Library

Rickinghall : Rectory Hill 10.40 – 10.55
Rickinghall : Hinderclay Road 11.00 – 11.15
Rickinghall : Village Hall 11.20 – 11.35

Botesdale : Farnish House 11.40 – 11.55
Botesdale : Village Hall 12.00 – 12.15
Botesdale : Backhills 12.20 – 12.35
Redgrave : The Knoll 12.45 – 1.05

will be calling Wednesday ...
12 Feb / 12 March / 9 April / 7 May / 4 June / 2 July