



BOTESDALE
Traditional Fish & Chips
Tel: 01379 898 543

Tues	11.30 – 1.30	4.30	-	8.00pm
Wed	Closed in morning	4.30	-	8.00pm
Thur	11.30 – 1.30	4.30	-	10.00pm
Fri	11.30 – 1.30	4.30	-	10.00pm
Sat	11.30 – 1.30	4.30	-	10.30pm
Sun	Closed in morning	5.00	-	8.00pm

Saturday 1 March	10.00 am 10.30 am	Church Open Guided Fen Walk	St Mary's, Redgrave & Rick Inf Redgrave Fen
Sunday 2 March	6.00 pm	Zumba	Rickinghall Village Hall
Monday 3 March	2.00 pm 7.30 pm	Needlecraft Slimming World	Redgrave Activities Centre Rickinghall Village Hall
Tuesday 4 March	9.30 am 10.00 am 6.00 pm 7.15 pm 7.30 pm	SHROVE TUESDAY - PANCAKE DAY Yoga. Booking essential on 01379 890955 Open House Zumba Yoga & Relaxation Julie's Aerobics	Rickinghall Village Hall All Saints, Redgrave Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 5 March	9.30 am 10.00 am 10.30 am 2.15 pm	Redgrave Art Club Day Centre Macmillan Outreach Service Forget-me-not-Club	Redgrave Activities Centre Rickinghall Village Hall Botesdale Health Centre Farnish House
Thursday 6 March	9.30 am 7.30 pm 7.30 pm	RABBATS Rickinghall Parish Council Meeting Theatre Club Annual Review	Rickinghall Village Hall Rickinghall Village Hall Activities Centre
Friday 7 March	9.15 am 8.00 pm	Rickinghall Ramblers. Tel : 01379 788275 Dance Classes	Rickinghall Village Hall Botesdale Village Hall
Saturday 8 March	9.00 am 9.00 am 10.30 am 7.00 pm	Farmers Market & Free Microchipping by The Dogs Trust Rickinghall Parish Council Surgery Wildlife Watch Group Carpet Bowls Night	Rickinghall Village Hall Rickinghall Village Hall Redgrave Fen Parkview Chapel
Sunday 9 March	6.00 pm	Zumba	Rickinghall Village Hall
Monday 10 March	2.00 pm 7.30 pm 7.30 pm	Needlecraft Slimming World Botesdale Parish Council Meeting	Redgrave Activities Centre Rickinghall Village Hall Botesdale Village Hall
Tuesday 11 March	9.00 am 9.30 am 6.00 pm 7.15 pm 7.30 pm	Coffee on the Corner Yoga. Booking essential on 01379 890955 Zumba Yoga & Relaxation Julie's Aerobics	Parkview Chapel Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 12 March	9.30 am 10.00 am 7.30 pm	MOBILE LIBRARY Redgrave Art Club Day Centre Redgrave Parish Council Meeting	Redgrave Activities Centre Rickinghall Village Hall Redgrave Activities Centre
Thursday 13 March	9.30 am 12.30 pm 7.30 pm	RABBATS Phoenix Luncheon Club Rickinghall WI - Open Meeting	Rickinghall Village Hall Activities Centre Rickinghall Village Hall
Friday 14 March	12 noon 7.30 pm 8.00 pm	LATEST COPY DATE & TIME FOR APRIL MAGAZINE Whist Drive Dance Classes	Bowls Club Botesdale Village Hall
Saturday 15 March	10.00 am 2.00 pm	Church Open Jumble Sale	St Mary's Rickinghall Inferior Rickinghall Village Hall
Sunday 16 March	6.00 pm	Zumba	Rickinghall Village Hall

My grandchildren believe I'm the oldest thing in the world. And after two or three hours with them, I believe it, too.

G Perret

Jensen Electrical

DOMESTIC **COMMERCIAL**

New build ~ Rewires ~ Security Lighting



Alterations ~ Testing & Inspections ~

Email : robo1206@btinternet.com



Mobile 07790 144 379 evenings 01379 898 074

T & J HEATING LTD

WATER . OIL . GAS . RENEWABLES

COMPLETE PLUMBING & HEATING SOLUTIONS

TEL : 01379 788904

MOB : 07809 481210



OFTEC & GAS SAFE REGISTERED



Monday 17 March	10.30 am 2.00 pm 7.30 pm 7.30 pm	Rickingham Ramblers Annual General Meeting Needlecraft Slimming World BARWOODS Annual General meeting	St Botolphs Bowls Club Redgrave Activities Centre Rickingham Village Hall Function Room, The Bell Inn
Tuesday 18 March	9.30 am 6.00 pm 7.15 pm 7.30 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Zumba Yoga & Relaxation Julie's Aerobics Progressive Whist Drive	Rickingham Village Hall Rickingham Village Hall Botesdale Village Hall Rickingham Village Hall Redgrave Activities Centre
Wednesday 19 March	9.30 am 10.00 am 12 noon 2.15 pm	Redgrave Art Club Day Centre Wives Club Members Anniversary Lunch Forget-me-not-Club	Redgrave Activities Centre Rickingham Village Hall Farnish House
Thursday 20 March	9.30 am 7.30 pm	RABBATS Crafty Corner	Rickingham Village Hall Parkview Chapel
Friday 21 March	9.15 am 8.00 pm	Rickingham Ramblers. Tel : 01379 897398 Dance Classes	Rickingham Village Hall Botesdale Village Hall
Saturday 22 March	8.00 pm	Rickingham Country Music Club	Rickingham Village Hall
Sunday 23 March	6.00 pm	Zumba	Rickingham Village Hall
Monday 24 March	2.00 pm 2.00 pm 7.30 pm	Needlecraft Royal British Legion, Women's Section Slimming World	Redgrave Activities Centre Farnish House Rickingham Village Hall
Tuesday 25 March	9.30 am 12 noon 6.00 pm 7.15 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Redgrave Luncheon Club. Ring 898615 on 24th for vacancies Zumba Yoga & Relaxation Julie's Aerobics	Rickingham Village Hall Activities Centre Rickingham Village Hall Botesdale Village Hall Rickingham Village Hall
Wednesday 26 March	9.30 am 10.00 am 7.30 pm	Redgrave Art Club Day Centre Heritage Circle	Redgrave Activities Centre Rickingham Village Hall Rickingham Village Hall
Thursday 27 March	9.30 am 7.30 pm	RABBATS Redgrave Village Garden Club	Rickingham Village Hall Activities Centre
Friday 28 March	8.00 pm	Dance Classes	Botesdale Village Hall
Saturday 29 March	10.00 am	Botanical Illustration. Booking essential on 01473 890089	Redgrave Fen
Sunday 30 March	6.00 pm	BRITISH SUMMER TIME BEGINS MOTHERING SUNDAY Zumba	Rickingham Village Hall
Monday 31 March	9.15 am 2.00 pm 7.30 pm 7.30 pm	Rickingham Ramblers. Tel : 01379 898243 Needlecraft Slimming World Botesdale Village Hall Management Committee, AGM	Rickingham Village Hall Redgrave Activities Centre Rickingham Village Hall Botesdale Village Hall

Those who don't know

The world is divided into two groups. There are those who know, and those who don't know. Those who know are no problem. Those who don't know are also in two groups. One is those who don't know and know they don't know. Well, they can learn! But then, there are those who don't know, and don't know they don't know. And they become managers!