



**BOTESDALE**  
**Traditional Fish & Chips**  
**Tel: 01379 898 543**

Tues	11.30 – 1.30	4.30	-	8.00pm
Wed	Closed in morning	4.30	-	8.00pm
Thur	11.30 – 1.30	4.30	-	10.00pm
Fri	11.30 – 1.30	4.30	-	10.00pm
Sat	11.30 – 1.30	4.30	-	10.30pm
Sun	Closed in morning	<b>5.00</b>	-	<b>8.00pm</b>

Friday 1st March	9.00 am 9.00 am 2.00 pm 8.00 pm	Church Cleaning Yoga. Booking essential on 01379 890955 Women's World Day of Prayer Dance Classes	St Mary's, Redgrave Rickinghall Village Hall Chapel of Ease Botesdale Village Hall
Saturday 2nd March	10.00 am 7.00 pm	Church Open Twinning Association Annual Quiz Night	St Mary's, Rick Inf & Redgrave Botesdale Village Hall
Sunday 3rd March	6.00 pm	Zumba	Rickinghall Village Hall
Monday 4th March	9.15 am 2.00 pm 7.30 pm	Rickinghall Ramblers. Local walk. Tel : 897067 Needlecraft Slimming World	Rickinghall Village Hall Activities Centre Rickinghall Village Hall
Tuesday 5th March	9.30 am 10.00 am 6.00 pm 7.15 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Open House Zumba Yoga & Relaxation Julie's Aerobics	Rickinghall Village Hall All Saints, Redgrave Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 6th March	10.00 am 10.00 am 10.30 am	Day Centre Redgrave Art Club Macmillam Outreach Service	Rickinghall Village Hall Activities Centre Botesdale Health Centre
Thursday 7th March	9.30 am 7.30 pm	RABBATS Forget-me-not-Club Fish & Chip Lunch Rickinghall Parish Council Meeting	Rickinghall Village Hall Rickinghall Village Hall
Friday 8th March	9.00 am 8.00 pm	Yoga. Booking essential on 01379 890955 Dance Classes	Rickinghall Village Hall Botesdale Village Hall
Saturday 9th March	9.00 am 10.30 am 7.00 pm	Farmers Market, including Free Prize Draw for a Food Hamper Wildlife Watch Group Annual Fish & Chip Quiz Night	Rickinghall Village Hall Redgrave Fen Parkview Chapel
Sunday 10th March	10.30 am 6.00 pm	<b>MOTHERING SUNDAY</b> Redgrave Footway clearing party Zumba	Meet outside The Old School Rickinghall Village Hall
Monday 11st March	2.00 pm 7.30 pm 7.30 pm	Needlecraft Slimming World Botesdale Parish Council Meeting	Activities Centre Rickinghall Village Hall Botesdale Village Hall
Tuesday 12th March	9.00 am 9.30 am 6.00 pm 7.15 pm 7.30 pm	Coffee on the Corner Yoga. Booking essential on 01379 890955 Zumba Yoga & Relaxation Julie's Aerobics	Parkview Chapel Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 13th March	10.00 am 10.00 am 2.15 pm 7.30 pm 7.30 pm	Day Centre Redgrave Art Club Forget-me-not-Club Redgrave Parish Council Meeting Royal British Legion Botesdale Branch Annual Dinner. Ticket only event	Rickinghall Village Hall Activities Centre Farnish House Activities Centre Bowls Club
Thursday 14th March	9.30 am 12.30 pm 7.30 pm 7.30 pm	RABBATS Phoenix Luncheon Club Rickinghall W I Ladies Evening	Rickinghall Village Hall Activities Centre Rickinghall Village Hall Parkview Chapel
Friday 15th March	<b>12 noon</b> 9.00 am 7.30 pm 8.00 pm	<b>CUT-OFF FOR APRIL PARISH MAGAZINE</b> Yoga. Booking essential on 01379 890955 Whist Drive Dance Classes	Rickinghall Village Hall Bowls Club Botesdale Village Hall
Saturday 16th March	10.00 am 2.00 pm 7.00 pm	Church Open Jumble Sale Easter Bingo	St Mary's, Rickinghall Inferior Rickinghall Village Hall Activities Centre

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OFTEC & GAS SAFE REGISTERED



Sunday 17th March	10.30 am 6.00 pm	Redgrave Village Cleanup Day Zumba	Meet at The Knoll Rickinghall Village Hall
Monday 18th March	10.30 am 2.00 pm 7.30 pm	Rickinghall Ramblers AGM Needlecraft Slimming World	Bowls Club Activities Centre Rickinghall Village Hall
Tuesday 19th March	9.30 am 6.00 pm 7.30 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Zumba Julie's Aerobics Progressive Whist Drive	Rickinghall Village Hall Rickinghall Village Hall Rickinghall Village Hall Activities Centre
Wednesday 20th March	10.00 am 10.00 am 12 noon	Day Centre Redgrave Art Club Wives Club 57th Anniversary Lunch	Rickinghall Village Hall Activities Centre
Thursday 21st March	9.30 am 10.30 am	RABBATS Redgrave Theatre Club to see 'War Horse'	Rickinghall Village Hall Coach leaves Activities Centre
Friday 22nd March	9.00 am 9.15 am 6.30 pm 8.00 pm	Yoga. Booking essential on 01379 890955 Rickinghall Ramblers Away walk. Tel : 788275 Ladies Pamper Evening Dance Classes	Rickinghall Village Hall Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall
Saturday 23rd March	10.00 am	Botanical Illustration. Booking essential on 01473 890089	Redgrave Fen
Sunday 24th March	6.00 pm	Zumba	Rickinghall Village Hall
Monday 25th March	2.00 pm 2.00 pm 7.30 pm	Needlecraft Royal British Legion, Women's Section Slimming World	Activities Centre Farnish House Rickinghall Village Hall
Tuesday 26th March	9.30 am 12 noon 6.00 pm 7.15 pm 7.30 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Redgrave Luncheon Club. Ring 898615 on 25th for vacancies Zumba Yoga & Relaxation Julie's Aerobics Talk by Pip Wright on the Luck Family. Bkng essential on 01379 687337	Rickinghall Village Hall Activities Centre Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall Redgrave Fen
Wednesday 27th March	10.00 am 10.00 am 2.15 pm 7.30 pm	MOBILE LIBRARY Day Centre Redgrave Art Club Forget-me-not-Club Heritage Circle	Rickinghall Village Hall Activities Centre Farnish House Rickinghall Village Hall
Thursday 28th March	9.30 am 10.00 am 7.00 pm 7.30 pm	ST BOTOLPHS SCHOOL BREAKS UP FOR EASTER RABBATS RBL Women's Section Coffee Morning Passover Meal Redgrave Garden Club	Rickinghall Village Hall Farnish House Venue : speak to Nyal Davies Activities Centre
Friday 29th March	9.00 am 8.00 pm	<b>GOOD FRIDAY</b> Yoga. Booking essential on 01379 890955 Dance Classes	Rickinghall Village Hall Botesdale Village Hall
Saturday 30th March		26th Rickinghall 3 Day Car & Motor Cycle Show with The Pie & Ale Festival	Rickinghall Village Hall
Sunday 31st March		<b>EASTER SUNDAY. BRITISH SUMMER TIME BEGINS</b> 26th Rickinghall 3 Day Car & Motor Cycle Show with The Pie & Ale Festival	Rickinghall Village Hall

## Jungle Talk

Three animals were having a huge argument over who was the best.

The first, a hawk, claimed that because of his ability to fly, he could attack anything repeatedly from above, and his prey had nary a chance.

The second, a lion, based his claim on his strength ... None in the forest dared to challenge him.

The third, a skunk, insisted he needed neither flight nor strength to frighten off any creature.

As the trio debated the issue, an alligator came along and swallowed them all ... hawk, lion and stinker.

