



BOTESDALE
Traditional Fish & Chips
Tel: 01379 898 543

Tues	11.30 – 1.30	4.30	-	8.00pm
Wed	Closed in morning	4.30	-	8.00pm
Thur	11.30 – 1.30	4.30	-	10.00pm
Fri	11.30 – 1.30	4.30	-	10.00pm
Sat	11.30 – 1.30	4.30	-	10.30pm
Sun	Closed in morning	5.00	-	8.00pm

Tuesday 1st October	9.30 am 10.00 am 6.00 pm 7.15 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Open House Zumba Yoga & Relaxation Julie's Aerobics	Rickingham Village Hall All Saints Redgrave Rickingham Village Hall Botesdale Village Hall Rickingham Village Hall
Wednesday 2nd October	9.30 am 10.00 am 10.00 am 10.30 am	1st Flue Vaccine Day Day Centre Redgrave Art Club Macmillan Outreach Service	Botesdale Health Centre Rickingham Village Hall Activities Centre Botesdale Health Centre
Thursday 3rd October	9.30 am 7.30 pm	RABBATS Rickingham Parish Council Meeting	Rickingham Village Hall Rickingham Village Hall
Friday 4th October	9.00 am 9.00 am 7.00 pm 8.00 pm	Church Cleaning Yoga. Booking essential on 01379 890955 Rickingham Ramblers Annual Lunch My Life as a Fireman, talk Dance Classes	St Mary's, Redgrave Rickingham Village Hall Four Horseshoes All Saints, Redgrave Botesdale Village Hall
Saturday 5th October	10.00 am 10.30 am	Church Open Guided Fen Walk	St Mary's, Redgrave & Rick Inf Redgrave Fen
Sunday 6th October	6.00 pm	Zumba	Rickingham Village Hall
Monday 7th October	2.00 pm 7.30 pm	Needlecraft Slimming World	Activities Centre Rickingham Village Hall
Tuesday 8th October	9.00 am 9.30 am 6.00 pm 7.15 pm 7.30 pm 7.30 pm	Coffee on the Corner Yoga. Booking essential on 01379 890955 Zumba Yoga & Relaxation Julie's Aerobics Redgrave & District Ladies Club	Parkview Chapel Rickingham Village Hall Rickingham Village Hall Botesdale Village Hall Rickingham Village Hall Activities Centre
Wednesday 9th October	10.00 am 10.00 am 2.15 pm 7.30 pm	Day Centre Redgrave Art Club Forget-me-not-Club. AGM Redgrave Parish Council Meeting	Rickingham Village Hall Activities Centre Farnish House Activities Centre
Thursday 10th October	9.30 am 12.30 pm 7.30 pm	RABBATS Phoenix Luncheon Club Rickingham W I Open Meeting	Rickingham Village Hall Activities Centre Rickingham Village Hall
Friday 11th October	9.00 am 9.15 am 7.00 pm 7.30 pm 8.00 pm	Yoga. Booking essential on 01379 890955 Rickingham Ramblers. Bardwell Walk. Tel 01359 254101 Poppy Bingo Whist Drive Dance Classes	Rickingham Village Hall Rickingham Village hall Rickingham Village Hall Bowls Club Botesdale Village Hall
Saturday 12th October	9.00 am 9.00 am 10.00 am 10.30 am	Farmers Market Rickingham Parish Council Surgery Coffee Morning Wildlife Watch Group	Rickingham Village Hall Rickingham Village Hall The Hollies, Botesdale Redgrave Fen
Sunday 13th October	10.30 am 6.00 pm	Apple Day and Autumn Fair Zumba	Redgrave Fen Rickingham Village Hall
Monday 14th October	2.00 pm 7.30 pm 7.30 pm	Needlecraft Slimming World Botesdale Parish Council Meeting	Activities Centre Rickingham Village Hall Botesdale Village Hall
Tuesday 15th October	9.30 am 6.00 pm 7.15 pm 7.30 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Zumba Yoga & Relaxation Julie's Aerobics Progressive Whist Drive	Rickingham Village Hall Rickingham Village Hall Botesdale Village Hall Rickingham Village Hall Activities Centre

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Wednesday 16th October	10.00 am 10.00 am 7.30 pm 7.30 pm	Day Centre Redgrave Art Club Wives Club Redgrave Neighbourhood Watch meeting	Rickingham Village Hall Activities Centre Methodist Church Activities Centre
Thursday 17th October	9.30 am	RABBATS	Rickingham Village Hall
Friday 18th October	12 NOON 9.00 am 7.30 pm 8.00 pm	COPY DATE DEADLINE FOR NOVEMBER MAGAZINE Yoga. Booking essential on 01379 890955 Autumn Showtime Dance Classes	Rickingham Village Hall Rickingham Village Hall Botesdale Village Hall
Saturday 19th October	10.00 am 10.30 am 11.00 am 2.00 pm	Church Open Autumn History Workshop Annual Craft Fayre Jumble Sale and Book Fair	St Marys, Rickingham Inf St Mary's Redgrave Botesdale Village Hall Rickingham Village Hall
Sunday 20th October	6.00 pm	Zumba	Rickingham Village Hall
Monday 21st October	9.15 am 2.00 pm 7.30 pm	Rickingham Ramblers. St Botolphs Way Walk. Tel : 898348. Needlecraft Slimming World	Rickingham Village Hall Activities Centre Rickingham Village Hall
Tuesday 22nd October	9.30 am 6.00 pm 7.15 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Zumba Yoga & Relaxation Julie's Aerobics	Rickingham Village Hall Rickingham Village Hall Botesdale Village Hall Rickingham Village Hall
Wednesday 23rd October	8.30 am 10.00 am 10.00 am 2.15 pm 7.30 pm	MOBILE LIBRARY 2nd Flue Vaccine Day Day Centre Redgrave Art Club Forget-me-not-Club Heritage Circle	Botesdale Health Centre Rickingham Village Hall Activities Centre Farnish House Rickingham Village Hall
Thursday 24th October	9.30 am	RABBATS	Rickingham Village Hall
Friday 25th October	9.00 am 7.00 pm 8.00 pm	ST BOTOLPHS SCHOOL BREAKS UP FOR HALF TERM Yoga. Booking essential on 01379 890955 RAHOF Quiz Night Dance Classes	Rickingham Village Hall Hinderclay Village Hall Botesdale Village Hall
Saturday 26th October	7.00 pm	Sankey's Songs & Music	Methodist Church
Sunday 27th October	6.00 pm	BRITISH SUMMER TIME ENDS - CLOCKS GO BACK 1 HOUR Zumba	Rickingham Village Hall
Monday 28th October	2.00 pm 2.00 pm 7.30 pm	Needlecraft Royal British Legion Women's Section. AGM Slimming World	Activities Centre Farnish House Rickingham Village Hall
Tuesday 29th October	9.30 am 10.00 am 12 noon 6.00 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Awesome Autumn Family Morning. Booking required on 688333 Redgrave Luncheon Club. Ring 898615 on 28th for vacancies Zumba Julie's Aerobics	Rickingham Village Hall Redgrave Fen Activities Centre Rickingham Village Hall Rickingham Village Hall
Wednesday 30th October	10.00 am 10.00 am 3.00 pm 7.30 pm 7.30 pm	Day Centre Redgrave Art Club The Midsummer Hare - a musical fable. Booking required on 688333 The Midsummer Hare - a musical fable. Booking required on 688333 Royal British Legion Botesdale Branch AGM	Rickingham Village Hall Activities Centre Redgrave Fen Redgrave Fen The Bell Inn
Thursday 31st October	9.30 am 7.30 pm	RABBATS Redgrave Garden Club	Rickingham Village Hall Activities Centre