

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

March 2014



Artist not known

What Is a Mother?

A mother can be almost any size or any age, but she won't admit to anything over thirty.

A mother has soft hands and smells good. A mother likes new dresses, music, a clean house, her children's kisses, an automatic washing machine and Daddy.

A mother doesn't like having her children sick, muddy feet, temper tantrums, loud noise or bad report cards. A mother can read a thermometer (much to the amazement of Daddy) and like magic, can kiss a hurt away.

A mother can bake good cakes and pies but likes to see her children eat vegetables. A mother can stuff a fat baby into a snowsuit in seconds and can kiss sad little faces and make them smile.

A mother is underpaid, has long hours and gets very little rest. She worries too much about her children but she says she doesn't mind at all. And no matter how old her children are, she still likes to think of them as her little babies.

She is the guardian angel of the family, the queen, the tender hand of love. A mother is the best friend anyone ever had. A mother is love.

- Author Unknown

Rev'd Chris Norburn
Rector of Redgrave cum Botesdale with the Rickinghalls

The Rectory, Bury Road, Rickinghall, Diss. IP22 1HA Tel: 01379 898685

St Mary's Rickinghall Inferior has a web site

<http://stmarysrickinghallinferior.onesuffolk.net/> or Google: St Mary's Rickinghall Inferior



Rev

Peter's parents approached him about Lent. "We will give up something for Lent if you do," they said. "If you give up sweets, we will give up drinking." Peter wasn't too keen on the idea, but he decided that his parents drank too much anyway, and it would be worth it. Two days later, on a Saturday morning, he was passing through the living room on his way to the kitchen. He noticed that his parents had some friends over, and they were all sitting around drinking beer.

He approached his dad, and said "I thought you were going to give up drinking!" His father, flustered at being caught, stammered "Oh, Son, this is just beer. It doesn't count. I meant mixed drinks. Hard drinks, son, hard drinks like spirits." Peter thought about this for a while, and said "Okay, Dad," and went on into the kitchen. A few minutes later he came out munching a Mars bar. His father said to him, "Son, I thought you were going to give up sweets for Lent." His son replied, "I am, Dad. Hard sweets, hard sweets."

Tuesday 4th March, Shrove Tuesday, (Pancake Day) is the day before Lent. I'm sure many of you will be eating your yearly quota of pancakes on this day. Why do we do this? Perhaps it is one last fling with self-indulgence before we try to give something up for Lent? I don't know if you're like the Norburn's, we always seem to say: 'These pancakes are lovely – we should have them more often.' But we rarely do!

So what is Lent all about? Well I try to see it as an opportunity to focus afresh on the gracious, reconciling and unifying act of God's love found in Jesus Christ, for what a person Jesus was! Throughout his life he helped many. In three short years he was generous with the time he gave to others. He reiterated that the Sabbath is made for man, and not man for the Sabbath. Therefore Jesus is Lord of the Sabbath so he was prepared to heal a variety of sick and demon possessed people until late into the night. Then rising again before sunrise he had a time of prayer, before he continued through the Galilean towns, preaching and healing (*Mark 1 & 2*).

Despite all of Jesus' activity and outreach there were times of quiet and private prayer. It was in these moments that he was talking to his Father in the most intimate way possible: a way that he has opened up for us today. In those moments Jesus was getting to know the secrets of God, which we too need to get to know if we are going to be the effective witness that God not only wants us to be, but also knows that we can be. For God knows that if we are to do his work properly, we need times of spiritual renewal in prayer, as well as physical renewal in sleep. As Jesus accorded God special quality time in prayer, we could ask for no better example to follow.

Jesus was aware that those around him were often doing things for the wrong reason. He saw this in terms of the failure of the legalistic Jewish leaders who lived by the 'letter' of the law instead of the 'spirit' of the law. So he was very stern in his condemnation because he didn't want his followers to fall into the same trap. And the same applies for us today.

In the Gospels we hear how Jesus warns that when we do things in the wrong 'spirit' they become acts of pride, rather than acts of selfless devotion in service to God for the sake of others. They may be acts of righteousness, but they can easily go wrong, for we all, and I include myself here, want to be noticed for our acts of righteousness and kindness. After all we enjoy it when others notice, when others say how good and kind we are, always giving so much to others.

So Jesus detested hypocrisy, and the same is true today. But what tests may we apply to ourselves to trace hidden hypocrisy? There are many, but here is one. It is the 'prayer' test. There were many times when Jesus went off to be alone with his heavenly Father. This was private, closet prayer, for it came from the heart.

In quietness and stillness he laid his case before God and listened to what he said. He waited for God to speak to him.

It is in such stillness and silence that we can hear God whispering to us, gently correcting us and leading us down his path of true righteousness where we recognise the sins we have committed, repent of them and receive God's beautiful gift of forgiveness, and not down a path of our own making because it is less challenging and more comforting. When we pray, by waiting on God, we may receive an immediate answer – or it may be delayed until tomorrow, next week, next month or even next year. But it will come because it is heard.

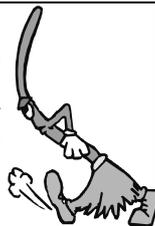
Prayer, as an important element of Lent, it is the bungee cord that links us with the Divine Mover; and nothing is immovable or impossible with him. When our understanding breaks down we need to let faith take over, for faith can move mountains. So let faith have its way, and use Lent this year to help you grow deeper in sweet communion with God, our heavenly Father through private prayer, whether you do this for the first time or in a new reinvigorated way.

Lord; teach us how to pray aright. With every blessing

Chris Norburn.

St Mary's Redgrave

A cleaning session will take place on Friday 28th February from 9.00 to 11.00 am. All are welcome to join the happy group who dust, sweep, polish or even scrub. Coffee and eats are available. Please come along and give your support.



The Church will be open on
 Saturday 1st March

10 am to 12 noon
 Refreshments available

For further information or to help
 call 01379 898696.



Redgrave Church Heritage Trust



St Mary's Church Rickinghall Inferior

The church will be open to visitors on the first and third Saturday of each month until the end of March 2014 from 10 am to before dusk.

Church Signs

An ad for St. Joseph's Episcopal Church has a picture of two hands holding stone tablets on which the Ten Commandments are inscribed and a headline that reads, "For fast, fast, fast relief, take two tablets."

March Events

OPEN HOUSE AT ALL SAINTS
OPEN HOUSE AT ALL SAINTS, REDGRAVE
1st Tuesday of each month

Tuesday 4th March
 10.00 am to 12 noon

Everybody welcome. Coffee & cakes provided

the WI
RICKINGHALL

Rickinghall Village Hall
 7.30 pm
 Thursday 13th March

OPEN MEETING - ALL WELCOME
AN EVENING WITH JOYCE GRENFELL
 with speaker Gillian Grinham
 Refreshments

New members and guests always welcome

WHIST DRIVE

Friday 14th March
 7.30 pm at The Bowls Club

Refreshments

This is a friendly fun evening, open to everyone.
 Further information from 01379 898566.



PROGRESSIVE WHIST DRIVE

TUESDAY 18th MARCH
 Redgrave Activities Centre
 at 7.30 pm

Beginners Welcome Refreshments

Ring 898 619 for further details



HERITAGE CIRCLE
 www.onesuffolk.co.uk/HeritageCircle

RICKINGHALL VILLAGE HALL
WEDNESDAY 26 MARCH
 At 7.30 pm

THE HISTORY OF ADVERTISING
 with Stuart Bowell

New Members and Guests Welcome

Refreshments Raffle



Redgrave Garden Club

THURSDAY 27th MARCH
 7.30 pm at the Activities Centre

GARDEN DESIGN
 With Rita Clark

Enquiries / information from : Chris Giddings on 01379 890548
 www.redgrave.org.uk/redgrave-garden-club




Scrummy Yummy Cakes

FARMERS' MARKET AT RICKINGHALL VILLAGE HALL

SATURDAY 8th MARCH
9 AM TO 12.30 PM

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LATEST COPY DATE BY 12 NOON FOR :

April	Friday 14th March	
May	Friday 11th April	
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Will contributors kindly e-mail copy to Charles, or deliver to **The Pightle, Water Lane, Rickinghall, Diss, IP22 1EL**. Emails are acknowledged within 48 hours. **The Editor welcomes reports on items of local interest. Please get writing!**

*Please feel free to deliver your copy before the cut off date if you have it available. **THE EARLIER IT IS RECEIVED, THE MORE LIKELY IT IS TO BE INCLUDED. The magazine is sent to the printer on Friday afternoon of the copy date.***

We accept items for submission in any of the following formats :-)
 MS Word, e mail, .jpg, .bmp, .pub, Basildon Bond, Back of Envelope.

Our waiting list for prospective advertisers is oversubscribed. We have therefore closed the list until July 2014.

Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Web site for this parish magazine:
www.stmarysrickinghallinferior.onesuffolk.net
 OR Google 'Redgrave Parish Magazine'



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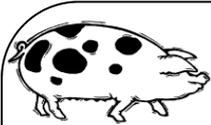


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Please see our Notice Board for forthcoming events

www.thebellrickinghall.com

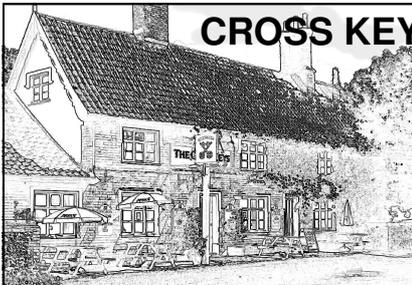
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Sun 9:00 - 11:00am

More March Events

REDGRAVE AMENITIES TRUST THEATRE CLUB



ANNUAL REVIEW with Cheese & Wine

Thursday 6 March at 7.30 pm
Redgrave Activities Centre



WOMEN'S WORLD DAY OF PRAYER

This year's Service will be held at the
Methodist Church, Fen Lane, Rickinghall
on Friday 7th March at 2 pm.

The speaker will be Mrs Anne Pickstock from Fressingfield,
and the service is prepared by the Christian Women of
Egypt.

All are welcome. Tea and cakes will be served afterwards.

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2016*

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or call 07930 188472 for information

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SATURDAY 8TH MARCH
DOORS OPEN AT 7.00PM
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NO CHARGE

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www.parkviewchapel.co.uk

Jumble Sale

Rickinghall W I

JUMBLE SALE

Saturday 15th March
at Rickinghall Village Hall
Doors open at 2.00 pm

Various stalls including :

Cakes ~ Books ~ Bric-a-Brac ~ Toys

Entrance 20p

Refreshments

Rickinghall Ramblers



ANNUAL GENERAL MEETING

Monday 17th March
10.30 am
At St Botolphs Bowls Club



RICKINGHALL PARISH COUNCIL SURGERY

**To be held at Rickinghall Farmers Market
on Saturday 8th March**

Residents of Rickinghall are invited to come along and speak to
their parish councillors about matters concerning the parish

Parish Councillors will be in attendance from
9 am to 12 noon

A Blonde joke ...

A blonde texts her b/f saying that she doesn't understand
what IDK means, and wonders if he understood what it
meant.

He replied back saying "I don't know"

The blonde immediately texts her b/f back and
says "OMG NOBODY DOES!!!!!!!"



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Even More March Events



BARWOODS

Botesdale & Rickinghall
Community Woodlands

ANNUAL GENERAL MEETING

MONDAY 17th MARCH 2014
at 7.30 pm

in the Function Room of The Bell Inn, Rickinghall

ALL WELCOME

Botesdale Village Hall Management Committee

All residents over the age of 18 years are
invited to attend, speak and vote at the

ANNUAL GENERAL MEETING

to be held at Botesdale Village Hall
on MONDAY 31st MARCH at 7.30 pm

Nominations for three elected members, not representing the eight
village organisations, and willing to stand, can be made to the
Secretary : A Burnard, Woodhouse Farm, Botesdale, IP22 1LG.
Tel : 01379 898652.



CRAFTY



Thursday 20th March
At 7.30 pm
At Parkview Chapel

This is an opportunity for you to
spend time doing your favourite hobbies.
So bring them along and sit with friends
while you do them.

Refreshments will be available.

For more information contact Kev at the
Chapel : Email : Kevin@parkviewchapel.co.uk
or phone 01379 898924.

Give yourself time to create

CORNER

REDGRAVE & LOPHAM FEN



Enquiries or to book : 01379 688333

Saturday 1st March, 10.30 am to 1 pm

Guided Fen Walk

Enjoy the sights and sounds of the Fen with enthusiast and naturalist
John Hill.

Charge : £3. No booking required. Meet at the Education Centre.

Saturday 29th March, 10 am to 3 pm

Botanical Illustration

Join professional botanical artist, Christine Grey-Wilson, on this
relaxing and supportive workshop looking at a range of illustration
techniques. The emphasis will be on botanical accuracy and
seasonal plant material such as spring flowers and bulbs.

Charge : £25 / Concessions £21.50.

Booking essential on 01473 890089.

WILDLIFE WATCH GROUP at Redgrave Fen 10.30 am to 12.30 pm

Saturday 8th March

Long Fen Walk, signs of Spring,
early bird identification

A club for 6-12 year olds. Nominal charge of £1.00 to
cover costs and refreshments.

Tel : Mike Wraight on 01379 644 508 for further information.

For more information on the events go to :

[www.suffolkwildlifetrust.org/reserves-and-visitor-centres/
redgrave-lopham-fen/](http://www.suffolkwildlifetrust.org/reserves-and-visitor-centres/redgrave-lopham-fen/)

RICKINGHALL COUNTRY MUSIC CLUB



Saturday
22nd March
at Rickinghall
Village Hall

8 pm til 11.30 pm



With

Pat James

Raffle - Bar - Rolls

All Welcome

Contact Keith or Kathy on 01379 898758

Why do bagpipers walk when they play?

They're trying to get away from the noise.

DON'T FORGET



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Club News 1



HERITAGE CIRCLE

A 'place of magic and mystery' was how Frances Hart aptly described Venice at the start of her talk to the Heritage Circle at Rickinghall Village Hall on 22 January. It is a city which has enchanted visitors over the centuries. Charles Dickens saw Venice as a 'dream' as he was overwhelmed by the water,

ships, boats of all sizes, and beautiful churches and palaces in this sunlit city. It is built on 118 islands linked by 177 canals.

Tradition suggests that the origins of Venice date back to 452AD when an invasion of the crumbling Roman Empire by Germanic tribes led by Attila the Hun forced wealthy citizens to flee to the marsh land where the modern city is located. The refugees noticed that the local fishermen built their houses on stilts. This led to extensive tree felling to provide wood to be driven into the mud. This could then be built on.

The speaker explained that legend linked St Mark closely to Venice. It is claimed that he was marooned near Venice where it was prophesied that his bones would lie in this place. In 828 some Venetian traders 'translated', or rather stole, his bones from Alexandria. The first Basilica of St Mark was built to house the relics. This encouraged pilgrims to come to Venice. Frances Hart described these visitors as the earliest 'tourists' to the city. Tourism has been a source of income for Venice since then.

Venice became one of the foremost trading ports in the world and a major centre for shipbuilding from the 13th Century. By the 16th Century the Arsenal was building up to 100 ships at any one time and employed 16,000 people. It is claimed that a ship was built in a day in 1574.

The Venetians were also known as intrepid travellers. One of the most famous was Marco Polo who ventured to China with his father and uncle in 1271. He returned to Venice 24 years later as a rich man bringing gold, jewels and spices. His writings about his journeys through China encouraged trade with Asia which enriched Venice and made it the wealthiest city state in Europe. The speaker noted the influence of China on Italian cuisine with noodles being the basis of pasta and the introduction of rice, now used in risotto. The Venetians had one major fear, fire, as their city was built on wood. Frances Hart showed how this influenced house design as chimneys were built to avoid the risk of stray sparks. However, there was a major fire in 1514 which destroyed the Rialto. Subsequently, the famed glass making was banished to the island of Murano because of safety concerns. This is just one of the islands of the Venetian lagoon noted for a specialism, another is Burano renowned for lace making.

Frances Hart explained the gradual development of the noted sites within Venice. Not all had a pleasant function as the Bridge of Sighs led to a prison that few people emerged from.

Venice went into gradual decline from the 16th Century and lost its independence when captured by Napoleon in 1797. After 1814 the city became part of the Austrian Empire, before being incorporated into the new state of Italy in 1866. It is now a city noted for its beauty and is a major tourist attraction. However, it faces a number of challenges, not least from nature as this city which is built on wooden piles has sunk by 9 inches in the last 100 years. There were extremely serious floods in 1966. Considerable global efforts have been put into protecting a city which still offers 'magic and mystery' to visitors.

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 26th March. New and non-members are welcome.

Gerry Gurhy

the WI RICKINGHALL

A wonderful meeting in January, well supported by members in more ways than one - six members gave interesting talks about their hobbies or collections.

June showed us her inherited button hooks; Jane had a marvellous collection of postcards concentrated on the themes of children and cats, she is a frustrated cat owner! Lesley belongs to a group that enjoy 'Singing for Pleasure' and she spoke of her delight in singing; Mary staggered in with an incredible collection of coins started by her dad, it brought back memories; Fay showed her quilling skills developed after a course at Denman, she has certainly refined her expertise and Dorothy did a double act showing her collection of salt cellars and her renewed hobby of drawing which is an exceptional talent.

We all certainly appreciated our members talents and interests and got to know each other a little better.

Philippa Rixon

RAHOF

(Rickinghall Area Hospice Fundraisers)

Last year, RAHOF sent an amazing £14,253.51p to St Nicholas Hospice Care in Bury St Edmunds. The Chairman & Committee would like to thank most sincerely all those supporters and helpers who made this possible.



Fundraising in aid of St Nicholas Hospice Care

There are RAHOF committee changes for 2014. We are sad to bid farewell to 3 former committee members who are standing down this year for different personal reasons: Jennie Labdon, whose contribution as Chairman over the last 2 years as well as Catering Secretary/committee member for 8 years has been deeply appreciated; Lesley Greenhough, an exemplary Treasurer for 7 years who has kept us all on a firm and happy financial footing, and Carol Amps, a devoted Hospice supporter over many hardworking years. We wish to say an appreciative "thank you" publicly to all of them.

New contact details are:

Chairman June Shepherd (01379 898450)

Secretary: Marion Wilby (01379 898818)

Treasurer and Tickets: June Hart (01379 897180)

There is no change, however, in RAHOF's total support of St Nicholas Hospice Care, Bury St Edmunds. The new committee plans an energetic programme 2014. Look out for our "Meet Miranda" Coffee Morning in Redgrave on Tuesday 8th April, when we invite you to chat with newly appointed Hospice Community Fundraiser, the charming Miranda McCoy. And please reserve Friday 16th May for our Spring Luncheon at Rickinghall, when Lady Tollemache from Helmingham Hall will be our speaker on "A Garden Well Placed".

Watch this space - look forward to seeing you!

June Shepherd (RAHOF Chairman)

Two things I dislike about my granddaughter - when she won't take her afternoon nap, and when she won't let me take mine.

G Perret



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Paula on 07758 102043



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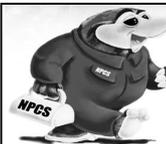
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Club News 2 Job Spot

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or
Caroline Panter on 01379 890994

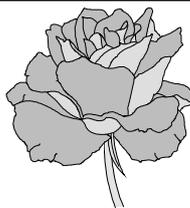
We meet every Wednesday at
Rickingham Village Hall
Between 10 am and 2 pm.

If you live in the surrounding area transport
Can be provided.

REDGRAVE & DISTRICT LADIES CLUB

Childhood memories, romantic moments and a general love of music were shared by the ladies at the February 11th meeting of Redgrave & District Ladies Club.

The theme was "Desert Island Discs.....with a difference!" and most of the ladies came along with a favourite piece of music or one that evoked memories. We even had one member who brought along a particularly disliked piece of bagpipe music that her husband loved but she hated :-). The music ranged from classical to jazz, violin to trumpet, opera to musical and everyone remembered 'Sparky's Magic Piano' and 'The Laughing Policeman'. Each piece of music was accompanied by a story, the most amusing being one of our ladies standing at the edge of the ocean intending to get just her feet wet when an enormous wave knocked her over causing her to lose both parts of her bikini. Embarrassing at the time but hilarious to look back on! A great time was had by all.



Chris Giddings

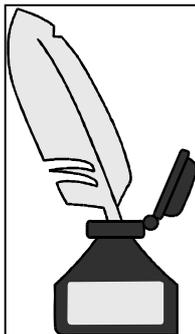
FORGET-ME-NOT-CLUB

On 17th January 32 members and friends enjoyed a meal at the Bowls Club - a good start to our New Year. The trophies were won by and presented to : Mrs E Moss, 'Bingo', Mrs A Butcher, Competitions and Mrs D Regan, Games.

We then had a raffle and a chat before everyone returned home, looking forward to our next meeting. This took place at Farnish House on 22nd January when only 17 members arrived but we enjoyed a nice cup of tea and a chat then a few games of bingo.

On 5th February we had 19 members arrive for another afternoon of meeting friends. After a bit of business and a cuppa we then played a new game Mary had designed and this went down very well. Thanks Mary.

Volunteers are not paid - not because they are worthless but because they are priceless.



Charles & Lesley Greenhough have decided to retire from producing the parish magazine after nearly fourteen years in the job so they can spend more time with their family who live away.

The magazine is recognised as making a huge contribution to the life of our villages and so we are very grateful for all that they have done in making the publication such a success.

We are now looking for someone to pick up the official quill and take the publication forward. The job can be easily divided between more than one person or household.

If you would like to know more about this voluntary opportunity to make a difference to the life of our community please contact Charles on 01379 890109.
Revd Chris Norburn, Rector

Community Bus Volunteer Driver



Would you like to help with driving your community bus?

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February's parish magazine).

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If you would like to know more please contact Gordon Lawrence on 01379 897109. (24/7 ansaphone).



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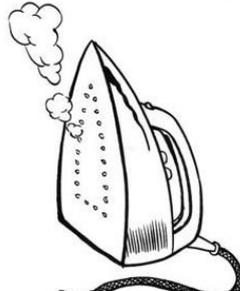
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Botesdale Parish Council

Clerk, Leeann Jackson-Eve

Councillors were in full attendance at the February Parish Council meeting. There is still a vacancy on the Parish Council so please contact the Clerk for more details.

Botesdale Play Area: There was a discussion during the public forum about the play area as members of the public spoke supporting its retention. Please note that there is no intention to dispose of the play area. Each year after the official RoSPA inspection, the PC assesses the condition of the play area and makes plans for maintenance, etc. This year the PC is taking it one step further and reviewing the facilities at the play area, with the aim of making improvements with the community's support and feedback. The PC will be looking at how to consult the community at the next meeting and our initial plans are to focus on the play area at the Annual Parish Meeting on Monday, 28 April. Please make plans to come along and give us your views!

In the meantime, the PC has discussed whether the playing field needs improvement. Currently it is plagued by burrowing animals and with removal costing around £15 per mole, getting rid of them can become costly. And they just keep coming! The surface is also generally uneven and could use levelling but to make it a Sports England level playing field would cost thousands. We would like to know if you feel it is sufficient/useful as is. In addition to the possible resurfacing of the playing field, the PC might consider improving the boundaries, either with fencing or better hedging, and enclosing the play equipment in a toddler-safe fence. Then there is the possibility of new equipment. Does the play area provide something for all ages? If you feel a particularly age group is missed out, let us know. For your general information, the PC currently pays around £1,500 per year to maintain the play area, not including any larger projects of significant repair or replacement of equipment. This includes grass cutting, weed spraying, cleaning/litter pickup and any minor repairs as well as pest removal. Any significant improvements would require outside funding.

Parking: This was also discussed during the public forum with one member of the public pointing out that all village streets have parking issues but without parking along The Street, the traffic

would be a lot faster. This is undeniably true and has been backed up by advice from the Highways department at Suffolk County Council. Parked cars force motorists to be more cautious, which is never a bad thing. However, there are concerns that problem parking, particularly parking on the footways, will increase following the move of the post office to the newsagents. The PC has asked the police to focus on inconsiderate parking in the villages and will review any other issues which arise from the post office move in due course.

Electric Car Chargers: County Cllr Jessica Fleming reported that Suffolk's Climate Change Partnership has been awarded £337,500 from central government to install 12 additional rapid charge points in the county. These can charge a vehicle in 20 minutes as opposed to 6 – 8 hours for a standard charger. Suffolk currently has 1 rapid charger in Bury and 10 standard chargers for public use. The new chargers are to be placed across Suffolk to give coverage. This link takes you to a national map of current electrical charging points: <https://www.goultralow.com/how-do-i-power/charging-on-the-go/>

High-speed Broadband: Cllr Fleming also spoke about the County Council's commitment to expanding high-speed broadband services to achieve a target of 95% of premises accessing superfast broadband (24Mbps or more) by 2015, and every property having access to at least 2Mbps by 2017. Local residents and businesses can find out more and register an interest at <http://www.betterbroadbandsuffolk.com> Once the service is available, to get fibre broadband, an order needs to be placed with your Internet Service Provider (ISP). This is because fibre broadband uses different technology (fibre optics) and an engineer will need to visit your premises to install equipment. There a small cost involved depending on your service provider.

Street Lights: The PC was pleased to see that part-night lighting had saved the parish £267 this year. The cost of installing the units was just over £1,000 so this will be paid off in under four years.

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.
Tel : 01379 890 141
Email : botesdale_pc@btopenworld.com
Please contact her during OFFICE HOURS ONLY.**

**The next Parish Council Meeting
will take place on
MONDAY 10th MARCH
at 7.30 pm
at Botesdale Village Hall
All residents welcome
www.botesdale.suffolk.gov.uk**

Sister Mary, who worked for a home care agency, was out making her rounds visiting housebound patients when she ran out of petrol. As luck would have it, a petrol station was just a short distance away.

She walked to the station to borrow a petrol can and buy some petrol. The attendant told her that the only petrol can he owned had been lent out, but she could wait until it was returned.

Since the nun was on the way to see a patient, she decided not to wait and walked back to her car. She looked for something in her car that she could fill with petrol and spotted the bedpan she was taking to the patient.

Always resourceful, she carried the bedpan to the petrol station, filled it with petrol, and carried the full bedpan back to her car.

As she was pouring the petrol into her tank, two men watched from across the street. One of the them turned to the other and said, "If it starts, I'm turning Catholic."

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Redgrave Parish Council



Councillor Bob Hayward

Fortunately Redgrave has managed to avoid the worst of the storms and our thoughts are with all of those people elsewhere who have suffered such distress and damage.

The residents attending our February meeting were down to one and there were just 6 parish councillors. John Giddings took the chair as Jason Walker is recovering from an operation and hopes to be back in circulation as soon as possible.

The county and district councillors sent their apologies but their reports were circulated later and the key points are as follows:

Mid Suffolk - There may be a small increase in council tax of about 5p per week for a Band D property. A housing needs survey has been sent to some households to understand the current housing stock.

County Council - Intends to freeze its portion of council tax. There is a consultation on future funding for school transport accessible through the SCC website. There is further consultation on the Eye Gas Plant until 6 March on www.progresspower.co.uk If anyone has missed the January deadline for primary schools places they can still apply via the SCC website. There are many useful links on Jessica's report so it has been circulated and will be placed on the notice board.

Police - The reported crimes in Redgrave were theft from a field near Half Moon Lane, theft from a property in The Street, burglary in Churchway and criminal damage in Churchway.

There had been no success so far in filling the parish councillor vacancy but, after the meeting, a possible candidate had come forward. If anyone else would like to apply please contact Bob Hayward.

Planning remains quiet with just one for a change in design for a previously approved dwelling behind Street Farm being circulated after the meeting. The detail can be seen under 0222/14 on the Mid Suffolk planning website.

The request for the precept of £7,500 for the year, which has remained unchanged for over 10 years due to careful cost control, has been sent to Mid Suffolk. The government has been playing around with the tax base which makes the cost per household look higher. However it has at last had the commonsense not to force parishes to have a referendum for the minor apparent increases which it created all by itself.

Weeds around the play equipment had been kindly cleared by volunteers and up to £200 was agreed for any repairs not covered under guarantee with Playdale.

It was suggested that sheep grazing should be investigated for the Old School field and for the Town Pit.

Gressingham Foods had been very helpful over tracking down the source of some intermittent high noise levels and the PC representatives would help using our noise level meter. The water quality from the waste lagoon was good.

Speed monitoring had been affected by the bad weather. The flashing sign will return in March after new security measures against theft are implemented.

There were over 500 signatures to the petition requesting the Churches Conservation Trust to agree to proceeding with the Redgrave bells project without delay as per the granted listed building consent. Redgrave Church Heritage Trust will meet the Churches Conservation Trustee Board on 27 March.

Everyone was sad that Charles and Lesley Greenhough are retiring after 13 years as editors of the RBR Parish Magazine which they have made into a superb quality magazine which is the envy of other villages.

All were agreed that BT high speed broadband was needed – it is essential that everyone expresses their wish for high speed fibre broadband for the Botesdale exchange on <http://www.superfast-openreach.co.uk/expression-gen.aspx>

There was discussion of whether a paid clerk is necessary and affordable and Ann Preston will contact SALC for details of the up to date employment law for a paid clerk prior to discussing it with full facts at the next meeting.

**REDGRAVE PARISH COUNCIL
NEXT MEETS ON
WEDNESDAY 12th MARCH
AT THE ACTIVITIES CENTRE
AT 7.30 pm**

**All Parishioners are cordially invited to attend
www.redgrave.org.uk**

Turning The Knife

While assembling furniture, Liz asked her friend's six-year-old son, Ricky, to bring her a screwdriver. 'Do you want a 'Daddy' screwdriver or a 'Mummy' screwdriver?' Ricky politely inquired.

Confused by the question, Liz responded with, 'Bring me a 'Mummy' screwdriver.'

Ricky returned and handed her a butter knife.

Mobile Library

Rickinghall :	Rectory Hill	10.40 – 10.55
Rickinghall :	Hinderclay Road	11.00 – 11.15
Rickinghall :	Village Hall	11.20 – 11.35

Botesdale :	Farnish House	11.40 – 11.55
Botesdale :	Village Hall	12.00 – 12.15
Botesdale :	Backhills	12.20 – 12.35
Redgrave :	The Knoll	12.45 – 1.05

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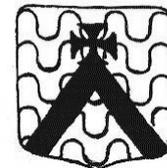
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Ask the Chef!

School Snippets





THE BELL INN

Competition!



Calling all residents of Botesdale, Redgrave and Rickinghall. You could win Sunday lunch for two at The Bell Inn, Rickinghall, just by sending your food question in for Ross to answer! Send or email your question, along with your name, address and daytime phone number to Ask the Chef, The Bell Inn, Rickinghall, Diss, IP22 1BN.

E-mail: info@thebellrickinghall.co.uk

Closing date is **FRIDAY 7th March 2014**. Whatever your food query, Ross can help! If your question is published you will win a Sunday lunch for two people.

ASK THE CHEF

Q: After 3 attempts at making a Pavlova I feel like giving up, can you please tell me how do I get my egg whites to peak?
A : You will get more volume to your egg whites if you use eggs at room temperature; also make sure that you have no yolk in with them as you will never get any peaks no matter how long you whisk for. It takes approx a minute if using an electric mixer with a whisk attachment to get stiff peaks.

Berry & White Chocolate Pavlova

Ingredients

For the meringue
6 egg whites / 200 g caster sugar / 1 tsp cornflour

For the filling
600 ml double cream
100 g white chocolate
125 g raspberries
50 g each of strawberries, redcurrants and mixed Summer berries
25 g blueberries

METHOD

1. Preheat the oven to 170C/150C fan / gas 3. Then line a large baking tray with non-stick baking paper.
2. Whisk the egg whites and add the sugar, reducing the speed add the cornflour. Then return back to high speed and whisk until the mixture is stiff.
3. Spread the mixture with a spatula into your lined baking tray and place in the oven. Turn off the oven and leave to cool, the longer the better.
4. Next whisk the double cream until you have soft peaks.
5. Melt the white chocolate in a heatproof bowl over a pan of simmering (not boiling) water.
6. Place the meringue carefully on a serving plate. Spread the white chocolate over the base of the meringue and top with cream. Arrange the fruit on top and decorate with mint sprigs.

Telling Some Stories

Delivering a speech at a banquet on the night of his arrival in a large city, a visiting minister told several anecdotes he expected to repeat at meetings the next day.

Because he wanted to use the jokes again, he requested the reporters to omit them from any accounts they might turn in to their newspapers.

A cub reporter, in commenting on the speech, ended his piece with the following: "The minister told a number of stories that cannot be published."

The staff and children have settled back into school life after a very busy autumn term.

The children in KS2 have enjoyed learning about their topics. Children in Year 3 and 4 were learning about the Romans. They had a Roman day when they all dressed up and experienced what life could have been like in Roman times. The children in Year 5 and 6 also had their own theme day, however they only travelled back to the Second World War.

Our younger children were equally as busy and had the added task of learning and performing their Christmas performance.

The staff and children at St Botolph's have been looking at the changes that will need to be implemented in preparation for the introduction of the new National Curriculum. It has given us a real chance to have a look at our curriculum and think about its current strengths and areas for improvement.

Our community continues to push on with the fundraising for our new library. Over the spring half term we are hoping to have the room which will become the library redecorated. The children are currently thinking about their favourite books and characters which we will incorporate into the new library.

Our sports teams continue to do well. The cross country team had a very successful meeting from which 19 of our children went on to qualify for the grand finale. Our netball team were crowned champions just before Christmas; this was followed up by success for our footballers who narrowly missed out on a semi-final place at a superbly supported tournament at Stradbroke High. Most recently our basketball team travelled to Stradbroke High where, once again, St Bots emerged victorious and were crowned champions once more. Sport has certainly improved at the school over the past year. We have recently invested in new resources and training for all of our staff. We will also be looking at extending sports provision for the children at lunchtime.

The staff and children are now in need of a short rest before they resume their learning after half term.

Mr M. Cobbold, Headteacher

Golf - Below Par?

After a particularly bad round of golf, Robert decided not to go to the nineteenth hole [the clubhouse bar] and started to go straight home.

As he was walking to the golf car park to get his Range Rover, a policeman stopped him and asked, 'Did you tee off on the seventeenth hole about twenty minutes ago?'

'Yes', Robert answered

'Did you happen to slice your ball so that it went over the trees and out of bounds and completely off the golf course?'

'Yes, I did. How did you know?' Robert questioned.

'Well', said the policeman gravely, 'Your golf ball flew out onto the main road and crashed through the windscreen of a BMW. The car driver lost control and crashed into six other cars and a fire engine. The fire engine was unable to reach the fire in time and the building burned down. Now, what do you intend to do about it?'

Robert thought it over very carefully and responded 'I think I'll close my stance a little bit, tighten my grip and lower my right thumb.'

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Rickinghall Parish Council

The Clerk



All Councillors were present at the February meeting with the exception of Cllr Longley. There is still one vacancy on the Council and any expressions of interest are welcome.

The Co-op entrance: There were five members of the public at the meeting, including a representative of the Co-op, to discuss a recent incident at the entrance to the Co-op which had resulted in a car hitting Cloister Cottage, opposite the entrance. The PC is very sympathetic to concerns about visibility at that junction and efforts have been made to extend the double yellow lines on the Co-op side of The Street. A meeting has been arranged with the Highways department at Suffolk County Council to discuss this and get advice on any other traffic measures available to alleviate the problem. County Cllr Jessica Fleming was present at the PC meeting and agreed to do all she could to hasten a solution.

Electric Car Chargers: Cllr Fleming reported that Suffolk's Climate Change Partnership has been awarded £337,500 from central government to install 12 additional rapid charge points in the county. These can charge a vehicle in 20 minutes as opposed to 6 – 8 hours for a standard charger. Suffolk currently has 1 rapid charger in Bury and 10 standard chargers for public use. The new chargers are to be placed across Suffolk to give coverage. This link takes you to a national map of current electrical charging points: <https://www.goultralow.com/how-do-i-power/charging-on-the-go/>

High-speed Broadband: Cllr Fleming also spoke about the County Council's commitment to expanding high-speed broadband services to achieve a target of 95% of premises accessing superfast broadband (24Mbps or more) by 2015, and every property having access to at least 2Mbps by 2017. Local residents and businesses can find out more and register an interest at <http://www.betterbroadbandsuffolk.com>. Once the service is available, to get fibre broadband, an order needs to be placed with your Internet Service Provider (ISP). This is because fibre broadband uses

different technology (fibre optics) and an engineer will need to visit your premises to install equipment. There a small cost involved depending on your service provider.

Council Tax & Housing Needs: District Cllr Sara Michell was also present at the meeting and reported that MSDC would be discussing the level of Council Tax at its full council meeting on 27 February. She also reported that a Housing Needs Survey had been sent to random householders. If you have received the survey, please fill it out and return it before the deadline.

Planning: The PC looked at two planning applications. The first was for a new dormer window to the rear of Old Timbers, The Street and the second application was for removal of three leylandii at Mill Stream Cottage, The Street. The PC had no objection to either application.

Parking in The Street: In addition to the problems at the Co-op entrance, there has been much discussion recently about parking problems in the village, particularly with regard to parking at the newsagents when the post office moves there in March. Unfortunately, there is no spare land for a car park in the centre of the village and little to no opportunity for further parking areas on The Street. If you have any suggestions for a solution, please get in touch with the Parish Council.

Street Lights: You may remember that at the beginning of 2013 the Parish Council invested in part-night lighting units for all of the parish owned street lights, at a cost of just over £1,000, to bring them into line with SCC owned lights. (The parish owns 24 of the lights in Rickinghall.) The PC also entered into a contract with SCC to maintain the lights. The PC was very pleased to see a reduction of £391 in its energy and maintenance bill this year, meaning that the improvement will be paid off in under three years.

Your Clerk is :
Mrs Leeann Jackson-Eve
Wayside Cottage, Cherry Tree Lane
Botesdale, Diss, Norfolk, IP22 1DL
Tel : 01379 890 141
Email : rickinghall_pc@btopenworld.com
Please contact DURING OFFICE HOURS ONLY

Rickinghall Parish Council
next meets on
THURSDAY 6th MARCH
at 7.30 pm in Rickinghall Village Hall
All welcome
www.rickinghall.onesuffolk.net

Babysitting Logic

One evening a grandmother was babysitting her two granddaughters Anne and Sally. Presently, 8:00 pm rolled around.

"Okay, time for bed," she informed the two children who were playing in the garden.

"Why?" Anne asked (aged 6). "It's so early!"

"Your father said your bedtime is 8:00 o'clock," the grandmother said.

"You don't have to listen to him," Sally (aged 4½) replied.

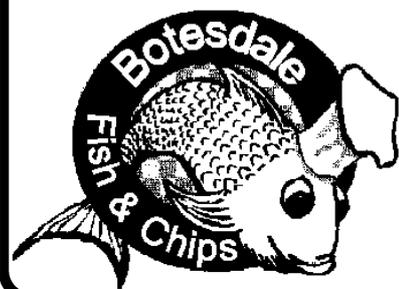
"Why not?" the grandmother asked.

Anne answered, "Because you're his mother!"

Something for the grandmothers

What Is A Grandma?

Someone to sigh with
Someone to cry with,
To be through smiles and woes
Someone to talk with
Someone to walk with
Wherever a path in life goes,
A Grandma is a Treasure,
An all around pleasure,
To share with, to care with, and love
Wrapped with affection,
And made to perfection,
A Grandma is a gift from above



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Tues	11.30 – 1.30	4.30	-	8.00pm
Wed	Closed in morning	4.30	-	8.00pm
Thur	11.30 – 1.30	4.30	-	10.00pm
Fri	11.30 – 1.30	4.30	-	10.00pm
Sat	11.30 – 1.30	4.30	-	10.30pm
Sun	Closed in morning	5.00	-	8.00pm

Saturday 1 March	10.00 am 10.30 am	Church Open Guided Fen Walk	St Mary's, Redgrave & Rick Inf Redgrave Fen
Sunday 2 March	6.00 pm	Zumba	Rickinghall Village Hall
Monday 3 March	2.00 pm 7.30 pm	Needlecraft Slimming World	Redgrave Activities Centre Rickinghall Village Hall
Tuesday 4 March	9.30 am 10.00 am 6.00 pm 7.15 pm 7.30 pm	SHROVE TUESDAY - PANCAKE DAY Yoga. Booking essential on 01379 890955 Open House Zumba Yoga & Relaxation Julie's Aerobics	Rickinghall Village Hall All Saints, Redgrave Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 5 March	9.30 am 10.00 am 10.30 am 2.15 pm	Redgrave Art Club Day Centre Macmillan Outreach Service Forget-me-not-Club	Redgrave Activities Centre Rickinghall Village Hall Botesdale Health Centre Farnish House
Thursday 6 March	9.30 am 7.30 pm 7.30 pm	RABBATS Rickinghall Parish Council Meeting Theatre Club Annual Review	Rickinghall Village Hall Rickinghall Village Hall Activities Centre
Friday 7 March	9.15 am 8.00 pm	Rickinghall Ramblers. Tel : 01379 788275 Dance Classes	Rickinghall Village Hall Botesdale Village Hall
Saturday 8 March	9.00 am 9.00 am 10.30 am 7.00 pm	Farmers Market & Free Microchipping by The Dogs Trust Rickinghall Parish Council Surgery Wildlife Watch Group Carpet Bowls Night	Rickinghall Village Hall Rickinghall Village Hall Redgrave Fen Parkview Chapel
Sunday 9 March	6.00 pm	Zumba	Rickinghall Village Hall
Monday 10 March	2.00 pm 7.30 pm 7.30 pm	Needlecraft Slimming World Botesdale Parish Council Meeting	Redgrave Activities Centre Rickinghall Village Hall Botesdale Village Hall
Tuesday 11 March	9.00 am 9.30 am 6.00 pm 7.15 pm 7.30 pm	Coffee on the Corner Yoga. Booking essential on 01379 890955 Zumba Yoga & Relaxation Julie's Aerobics	Parkview Chapel Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 12 March	9.30 am 10.00 am 7.30 pm	MOBILE LIBRARY Redgrave Art Club Day Centre Redgrave Parish Council Meeting	Redgrave Activities Centre Rickinghall Village Hall Redgrave Activities Centre
Thursday 13 March	9.30 am 12.30 pm 7.30 pm	RABBATS Phoenix Luncheon Club Rickinghall WI - Open Meeting	Rickinghall Village Hall Activities Centre Rickinghall Village Hall
Friday 14 March	12 noon 7.30 pm 8.00 pm	LATEST COPY DATE & TIME FOR APRIL MAGAZINE Whist Drive Dance Classes	Bowls Club Botesdale Village Hall
Saturday 15 March	10.00 am 2.00 pm	Church Open Jumble Sale	St Mary's Rickinghall Inferior Rickinghall Village Hall
Sunday 16 March	6.00 pm	Zumba	Rickinghall Village Hall

My grandchildren believe I'm the oldest thing in the world. And after two or three hours with them, I believe it, too.

G Perret