

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

March 2016



Rev'd Chris Norburn

Rector of Redgrave cum Botesdale with the Rickinghalls

The Rectory, Bury Road, Rickingham, Diss. IP22 1HA Tel: 01379 898685

St Mary's Rickingham Inferior has a web site

<http://stmarysrickinghallinferior.onesuffolk.net/> or Google: St Mary's Rickingham Inferior

Did you know that when Jesus died on the cross six miracles took place? The first was the midday darkness, the second the supernatural tearing of the temple curtain from top to bottom. The third was the earthquake and the splitting of the rocks with the fourth being the opening of the graves. The fifth was the condition of the empty clothes in the tomb and the last was the resurrection of the many saints who had died.

These six miracles linked directly to the death of Jesus can be found in the Gospels of Matthew, Mark, Luke and John. No single Gospel has them all, but on reading the four accounts of the death and resurrection of Jesus Christ, six miracles nevertheless took place. As Jesus, the Son of God, died, God released a very intense time of supernatural power to help all people. Those present and those who read these accounts today see that God was indeed at work and that His Son fulfilled His purpose here on earth perfectly. God's great plan of salvation for the whole of humanity and creation was to send His Son to save me, and you, from our sin so we would not have to suffer eternal death but eternal life in the presence of a loving, gracious and compassionate living God. Wow!

Each of the miracles helps to explain the purpose and meaning of the suffering that Jesus had to go through in order to save us from our sin. It's as if they guard the truth of our deliverance from eternal death.

In the limited space that I have got here I'm going to focus on the tearing of the temple curtain into two pieces. This has always fascinated me! It conjures up for me an amazing image of fabric being ripped. It must have made a great noise! A few summers ago I was turning my arm over playing cricket in the back garden with my nephew and my brothers. As it was an impromptu moment, I didn't change into a looser fitting shirt and so as I bowled the third ball there was suddenly a ripping sound and I'd ripped my shirt. Well, that tore it!! Tearing fabric isn't quiet.

In the death of Jesus the curtain tore in two after he'd cried out on the cross (Matthew 27:51). In fact, we read that Jesus cried out twice. The first came just before the darkness had ended; the second after the darkness had passed. The first was an agonising wail of abandonment, the second a shout of joy! The first cry was caused by the crushing weight of having to carry my sin and so of His separation from His heavenly Father, hence the darkness; the second was a cry of fulfilment as in carrying my sin He was restored to communion with His Father.

Immediately before His last cry, he says the words "It is finished" (John 19:30). The burden of my sin had been lifted from Him, He was free, and so I am free, as all are free from their sin when they turn to Jesus as their Lord and Saviour. The marathon runner who collapses at the end of the race with a cry of sorts does so because the race is finished. They have used up all their energy, they have completed what they set out to do – to get past the finish line. Jesus had got to and past the finish line! His purpose was

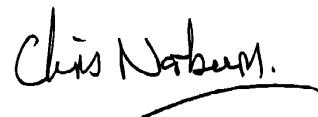
accomplished. We are told that the Roman centurion was overwhelmed by this cry, and the earth shook in response with such force that the rocks split!

The curtain in the temple was designed to separate the people from God. No one was allowed to go behind this curtain, except the High Priest, who could go the other side of it once a year when they made a sacrifice for the atonement of the sin of the people. This place, also known as the Holy of holies, was suddenly laid bare, its concealment was gone. The tearing of the curtain symbolises the opening of the way for all to come directly into God's presence. Now there is no barrier to stop us coming into the presence of God. The only barrier there is our own barrier when we say or believe that we cannot come close to God. Scripture repeatedly tells us that we can always come near to Him and when we take even the smallest of steps towards God He quickly comes near to us.

The timing of the tearing of the curtain is important: it was torn at three o'clock. This was the precise time that the priests in the temple began the process of the evening sacrifice. So as they were engaging in their priestly duties in front of this curtain they would have seen it fall into two pieces. God meant for this to be seen and reflected upon. There were no counterclaims from the religious leaders of the day saying that this did not happen. Perhaps this is why when we read in Acts 6:7 that "a large number of priests became obedient to the faith"!

The torn curtain exemplified the torn humanity of Christ as He died on the cross. His becoming flesh would have been of little use to you and me without His sacrificial death on our behalf. Now, because of the torn curtain we can look by faith directly into the joy and beauty of heaven. May this be our personal experience as we continue to journey through Lent and onto the joy of Easter.

With every blessings for this season,



From the Registers

23rd January : Service of Thanksgiving for the life of Dennis Harold Benjamin Pierce died 31st December aged 89.

Held at St Mary's Church, Redgrave. Committal and Burial at St Mary's, Rickingham Inferior Churchyard



Rev

PARISH MAGAZINE—MESSAGE FROM THE EDITORS

We are pleased to have welcomed new volunteers onto the team for this issue of the magazine - so thanks go out to Fiona Kenworthy and Suzy McGill. You may notice a number of spaces on the adverts pages that highlight the opportunity to advertise in the magazine. For more details, see page 29 or contact us using the details below. Other than that, please accept our warmest wishes for a restful Easter at the end of this month.

For all editorial content:

For all commercial adverts:

To advertise events:

editor@rbrparishmag.com

adverts@rbrparishmag.com

events@rbrparishmag.com

If you are unable to use email, you can call **(01359) 253 492**. NB: Please leave a message if there is no answer.

Please note that **the copy dates for the forthcoming issues are as follows:**

For the April issue: 14 Mar (Mon)

For the May issue: 11 Apr (Mon)

For the June issue: 9 May (Mon)

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub, Basildon Bond, Back of an envelope. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes, The Parish Magazine Volunteers

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magazine, from
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Changes to June Telephone List

Page S4 Please delete all reference to Tai Chi

Page S4 New entry :

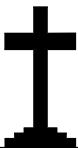
Tots Tennis Ms Emily Wharton
Tel : 077306 00492 @ Rickinghall Village Hall,
12 - 12.45 pm. Tuesday during term time.
email : emilywhartonuk@hotmail.com

Page S1 under Botesdale Parish Council.
Please add new councillor :
Cllr Mrs Caroline Stratford. Tel no : 890 409.

Under Rickinghall Parish Council.
Please delete reference to Cllr David Lister
Against Councillor Dominic Ebert please add :
Rickinghall Village Hall Management Committee
Rep

WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.



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Press**

Front cover image: Dave Hitchborne [CC BY-SA 2.0 (<http://creativecommons.org/licenses/by-sa/2.0/>)], via Wikimedia Commons



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Wednesday - Friday 11am - 3pm 5pm - 10.30pm

Weekends - 11am - 10.30pm (9.30pm Sunday)

Food served 12pm - 3pm 6pm - 9pm (Sunday till 8pm)

To book your table or see our menu, please call 01379 898779
or email us at: info@thelnethamwhitehorse.co.uk

Christmas menus are now available

CROSS KEYS, REDGRAVE

IP22 1RW

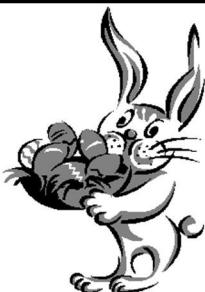
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March Events

Rickinghall Farmers' Market

Quality local food
and an
Easter Egg Hunt :)



Saturday 12 Mar 9–12.30



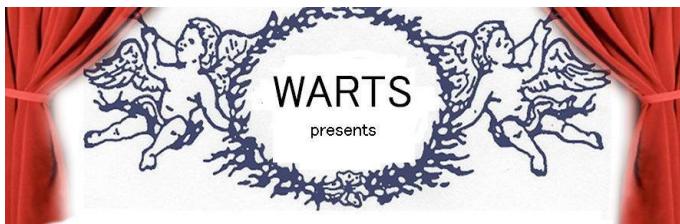
ANNUAL FISH 'N' CHIP QUIZ NIGHT

PARKVIEW CHAPEL
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QUIZ STARTS AT 7.00PM
TEAMS OF NO MORE THAN 6

£6 PER PERSON
 (£5 IF SAUSAGES/VEGGIE PREFERRED)
BOOKING ESSENTIAL

For further information and to book tickets please call
Kev Gladwell on 01379 898924



AN EVENING OF MUSIC & VARIETY

In aid of Botesdale Village Hall
Performed by WARTS & ALL
*****For One Night Only*****

Saturday 12th March 2016 at 7.30pm (Doors 7pm)
At Botesdale Village Hall.

TICKETS at £10 MUST BE PURCHASED IN ADVANCE

(Price includes all entertainment and a light supper)
Obtainable from:

Rickinghall PO & Newsagents, Hilltop Hardware
Wortham Post Office, Redgrave Shop
Or telephone 01379 687580

BOOK EARLY TO AVOID DISAPPOINTMENT!!!!!!

Easter Concert

at Redgrave Church on Sat 26th March at 7.30 p.m.



BEFORE PILATE

and First Performance of **MASS IN F MINOR**
COMPOSED AND CONDUCTED BY PETER CRESWELL

Tickets £10.00

Redgrave Stores, Rickinghall Newsagent,
Wortham Shop, Tel. 01379 890650

The Redgrave singers

Rev Andrew Vessey · Mark Saberton
Jennifer Hewes · Paul Hewes · Selina Hawker
Andrew Inglis · Mark Saberton
Rebecca Welham · Matthew McCombie
and small orchestra

BEFORE PILATE

Jesus is brought up before Pontius Pilate. He is cross examined not only by Pilate but also by King Herod. Though Pilate can find no fault in him the crowd demand that he be crucified. The text is taken mostly from St Luke's gospel.

The story is told in dramatic music with short narrations.

MASS IN F MINOR

This is Peter Creswell's 4th MASS. Composers over the years have portrayed the MASS according to their own lights. Mozart and Haydn especially wrote triumphant and thrilling choruses reflecting the Glory of God. Coupled with these are solos, duets, trios and quartets. Items in the MASS are sung to convey emotions which may be serious or jubilant, ie Crucifixus or Hosanna in Excelsis. Peter's MASS abounds in melody and concert pianist Matthew McCombie provides music in support which requires a virtuoso technique. In youth Peter was influenced by song writers in the early part of the 20th century especially those from America and this may be detected in his MASS. Underneath all in Peter's writing is the essential framework of composition as exemplified by Johann Sebastian BACH.

EACH HALF is 50 minutes.

There will be tea/coffee in the interval and refreshment after the concert.

PROGRESSIVE WHIST DRIVE

TUESDAY 15th March

Redgrave Activities Centre : 7.30 pm

Beginners Welcome

Refreshments

Ring 898 619 for further details





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March Events



REDGRAVE & LOPHAM FEN

For further information.
01379 688333

www.suffolkwildlifetrust.org

Guided fen walk

Saturday 5th March 10:30am - 1:00pm

With John Hill

£3 Meet at Redgrave Visitor Centre.

No booking necessary

Botanical Illustration

Saturday 5 March, 10am-3pm

Learn a range of illustration techniques with the emphasis on botanical accuracy & seasonal plant material. With professional botanical artist

Christine Grey-Wilson

£25 / £21.50

Full course details & booking at

www.suffolkwildlifetrust.org or 01473 890089

Medicinal plants

Tuesday 29 March, 7.30pm

Evening talk with SWT Valley Fens Wildlife Group

£2 per person (includes refreshments)

All welcome, no need to book

Easter holiday activities

Activity days for 6-10 year olds

10am-2pm, £6 per child

Tuesday 29 March - Animal tracks & signs

Tuesday 5 April - Hunting & hiding

Unaccompanied children only

Book online at www.suffolkwildlifetrust.org

Family event, £2.50 per person

Wednesday 30 March,

2pm-4pm - Easter egg detective

Children must be accompanied by an adult.

Book online at www.suffolkwildlifetrust.org

Family event, £2.50 per person

Wednesday 6 April,

10am-12noon - Spring safari

Children must be accompanied by an adult.

Book online at www.suffolkwildlifetrust.org

FEN WILDLIFE WATCH GROUP

at Redgrave fen

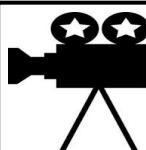
10:30am to 12:30am

Saturday 12th March

A club for 6-12 year olds, £2

Contact marcus.halmshaw@btinternet.com

Tel 01379 688333 for further information.



CINEMA AT PALGRAVE

Palgrave Community Centre, Rose Lane
01379 742983

The Hall has been refurbished and
Comfortable new seats installed

Saturday 5th March : 7:30pm : Spectre

Saturday 12th March : 7:30pm : The Lady in the
Van

Saturday 2nd April : 7:30pm : Brooklyn

Free parking - Bar open - Ice cream in interval
Digital surround sound - The best cinema experience

Book online at www.palgravecinema.co.uk

(also read Guardian reviews of the films and watch trailers)

Tickets reserved on website - payment at door on the night

Hi Folks

A big thank you to all who supported us with Botesdale Garden openings in May 2015. A fantastic day with happy faces and just over £2,000 was raised - Do not despair Botesdale, I have 2017 firmly in my mind for another wonderful event.



Midsummer Celebration Music Event here at Grundle Farm in June 2015 raised £500 for the Red Cross. Not only was the day quite magical with young musicians' making instruments with Bren and Doris; taking part in Sue and Peter's rendition of the Little Hare of Redgrave Fen and to cap it all have energy to dance through the hay meadows on their way to the barn where Pam and Ron led us in dance. It was a magical day for all, with those who preferred to sit with a cup of tea and a piece of cake just as enthralled as the children who's energy new no bounds.

And so to 2016 a New Year a New challenge New dates for your diary's. I have enlisted the help of the WI with the running of the **Rickinghall gardens The date is 12 June** and we have 6 beautiful Gardens with maps and teas hosted by one of the gardeners. Money raised from this event will support the ACWW. (Clean Water Project)

My Midsummer Celebration will take place on the Saturday 18 June and these funds will support the Red Cross. See poster on page 39

Ann Topham

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ZUMBA fitness Mondays @ 10am Rickingham village hall
Tuesdays @ 6pm Rickingham village hall

All classes £6 per session (2 in same week £10)



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Mondays @ 7pm Garboldisham village hall
Thursdays @ 6pm Rickingham village hall
Fridays @ 10am Palgrave village hall

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Tuesdays 7.15 pm—9.00 pm
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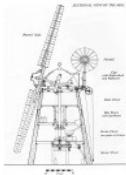
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March Events



THELNETHAM WINDMILL

The mill will be open on:

**Monday 28 March
(Easter Monday)**

11am and 4pm

(last admission for a mill tour 3pm)

Wind permitting the sails will be turning:

There will be guided tours throughout the day.

Entrance fee: Adults £3.50 Children over 5 £2.00, Children under 5 free. Children **must** be accompanied by one responsible adult.

Please note access to the mill above ground floor is impossible for wheelchair users.

Additional attractions include the opportunity to view a vintage Ruston & Hornsby diesel engine and the neighbouring wild flower meadow.

Stoneground flour will be available for sale.
further information <http://thelnethamwindmill.org.uk/>.

HERITAGE CIRCLE

RICKINGHALL VILLAGE HALL

Wednesday 23rd March at 7.30 pm

Follies and oddities of Suffolk
with

Peter Driver

Tickets from Brenda Deaville at 01379 898561.

New Members and Guests Welcome

www.onesuffolk.co.uk/HeritageCircle



THE BURGATE SINGERS VOCAL WORKSHOP & 'SING VIVALDI'

**BURGATE VILLAGE HALL on SATURDAY 19th
MARCH 1.30pm (for 2pm start) – 5.30pm**

Burgate Singers under Musical Direction of Alain Judd are hosting another of their popular vocal workshops on 19th March at Burgate Village Hall. The workshop starts at 2pm and there will be a tea-break and high tea at 5.30pm.

Participants will have an opportunity to rehearse Vivaldi's Gloria (soloists welcome). A finale evening performance will take place at Burgate Church accompanied by a professional organist, starting at 7.30pm.

Participants are advised to bring their own scores if possible and for the evening performance are asked to wear black (men may wear black or white shirts)

Cost for all inclusive workshop, refreshments, full afternoon tea and evening performance is £20. Tickets and further information from Pat Greenwood on 01379 783987.

Evening concert: Please encourage your friends and family to attend the concert for which the audience tickets are £5 each (children free) – no booking is necessary – tickets can be obtained on the door

**HOPE YOU CAN JOIN US - BOOK EARLY TO
GUARANTEE A PLACE!!**

Womens' Institute events

at

Rickinghall Village Hall



2nd March : Fashion Show : 7.30pm til 10pm

Admission £5 by ticket only to include drinks

Tickets available at the Post Office and at Fay's Crafts

Or ring 01359 259266

10th March : I'm a Happy Crier : 7:30pm
With Brenda Willison (Town Crier)

19th March : Jumble Sale : 2pm

Entrance 20p

New members and guests always welcome



Botesdale Methodist Church

Fen Lane, Rickinghall

Coffee Morning

Saturday March 12th

10.00am - noon

All very welcome



WHIST DRIVE

11th March

at 7.30 pm at The Bowls Club

Refreshments

These are friendly fun evenings open to everyone.

Further information from 01379 898566.

RICKINGHALL COUNTRY MUSIC CLUB

Saturday 26th March
At Rickinghall Village Hall



8pm til 11:30pm

Kevin Barry

BAR — RAFFLE — ROLLS

£6.00 per person

Everyone is most welcome

Come and enjoy an evening with us

Keith and Kathy Double 01379 898758



Redgrave Garden Club

**Understanding Pruning
Practical advice with Anne Tweddle**

7:30pm at Thursday 31st March

Redgrave Activities centre

Enquiries/information: 01379 890548

redgravegardenclub@gmail.com

redgravegardenclub.org.uk

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Est. 1990



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Michelle Bowgen 01379 644588



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Botesdale Parish Council



Leeann-Jackson-Eve

February Report – Leeann Jackson-Eve (Clerk)

All councillors were present and the PC was very pleased to welcome Ken Liddle who was proposed, seconded and unanimously accepted as a councillor.

Public Forum: Dog fouling continues to be a problem in the village and a request was made for a 'no dog fouling' sign to be erected on the footpath at the bottom of Fen Lane. The Clerk reported having recently attended a training session which focussed on ways of dealing with dog fouling and other inconsiderate behaviours. There will be a full report at the March meeting. Another resident noted that large lorries were breaking up the road surface on Mill Road South/The Common from Lodge Farm to Slough Street. This will be reported to the County Council. SCC is currently running a survey asking for feedback on how well highways matters are currently dealt with and you can find it at www.surveymonkey.co.uk/r/SuffolkHighways. It will take about 10 minutes of your time.

Soap Box Derby: The prospect of the soap-box derby being held again has definitely caught some interest in the village! The revival of the derby is being led by a group of interested individuals, one of which is a councillor, and the PC has been approached as a potential supporter. The group is now busy looking at the practicalities of funding and running the event and will present their findings to the PC in due course. It is hoped that it will be up and running again by August next year.

Traffic Survey: This has also raised significant interest and the Clerk reported a very good number of responses. People obviously feel very passionate about the subject judging by the comments on the survey! If you haven't yet filled out the survey, it isn't too late as the deadline is 4 March 2016. You can fill in the green flyer that arrived with the February parish magazine or go online to <http://botesdale.onesuffolk.net>.

Goalposts at Play Area: The PC will be entering a competition for new goalposts for the play area. The "saddest goalpost" wins and I'm sure you'll agree that we are in with a chance!

Footpaths and Streams: This project is ongoing and run by two former councillors, Chris Lambert and David Green. The PC will be supporting their "spring programme" of work which will include stream clearance, hopefully with the help of the Community Payback Team. If you are interested in the project, more information can be found at <http://botesdalestreams.webeden.co.uk/> or call Chris on 01379

897053. Working parties are held regularly at this time of year.

Scams and Frauds: These are always around and ever-changing! Keep on top of what's happening by contacting the Neighbourhood Watch co-ordinator Peter Beck (details in this magazine) and he will add you to his Trading Standards Bulletin circulation list.

VILLAGE LITTER PICK Saturday, 16th April 2016

Bring the whole family and meet at either village hall car park at 10am.

Organised by Rickinghall and Botesdale Parish Councils

PARISH of BOTESDALE ANNUAL PARISH MEETING

7.00pm ~ Monday, 25th April 2016
Botesdale Village Hall

Everyone is invited to attend.
Refreshments will be served.
Please email local organisation reports to the Clerk by 15 April.

THE NEXT BOTESDALE PARISH COUNCIL MEETINGS WILL TAKE PLACE ON

MONDAY 14th MARCH at 7.30 pm
at Botesdale Village Hall

All residents welcome
www.botesdale.suffolk.gov.uk

Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
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Redgrave Parish Council

Leeann Jackson-Eve



February Report – by the Clerk

The February meeting was well attended with apologies from Jason Walker and Ann Preston. Mike Denmark took the Chair in Jason's absence. Also present were County Councillor Jessica Fleming, District Councillor Derek Osborne and the Clerk. If you are interested in sitting on the Parish Council, there are two vacancies and we would welcome your input.

Public Forum: County Cllr Fleming reported that Aspire Together had won the contract for community bus provision in Mid-Suffolk. The status of our local community bus service is unconfirmed but we will be receiving more details over the next few weeks. Suffolk Police will be putting up their precept (their element of the council tax) by almost 2%. This will go towards hiring 30 new constables for the Rural Crime Team and the Cyber Crime Team. There will be a loss of PCSOs and a number of local desks will close, including Eye. The nearest office will be Bury St Edmunds or Long Stratton, the latter of which will be open to Suffolk residents due to current joint working with Norfolk Police. Finally, she announced that the Great East Swim is now open for entries. Olympic Silver medallist and open water swimming champion Keri-Anne Payne visited Ipswich to launch the 2016 Great East Swim, back for the eighth year at Alton Water Reservoir on Saturday the 18th June. To enter or get involved please visit greatswim.org/east. District Cllr Osborne also reported on the changes to Suffolk Police and added that PCSOs were being phased out as they did not have the same powers as the constables and cost more.

Planning: There were no planning applications or decisions.

Speedwatch: The Vehicle Activated Sign is now active! The PC would like to thank Brenda Prosser-Snelling and her husband for setting up the New VAS. The Speedwatch group says "It has taken us about five years to get permission from Suffolk CC Highways to install a VAS and it is due mainly to Brenda's hard work and

persistence that we have at last succeeded." The PC also thanks County Cllr Fleming for a grant of £1,500 towards the cost of the sign and for arranging to have the posts done free of charge to the PC. With the money saved, Councillors have agreed to buy brackets for all of the new posts, as we are told they are rather fiddly to move around with the sign, and padlocks to secure the sign unit.

Village Sign: Another quote for £950 was received for repainting the village sign, making the earlier quote of £325 from John Tacey look very good. The Council has agreed to have him do the work.

Food Dumping at Village Pond: We all like to feed the ducks but unfortunately someone is going a little too far and dumping general food waste by the pond e.g. cottage pie, baked potatoes, carrots. Not only is this not always healthy for the ducks, but it encourages rats and there is the possibility that a pet might eat something they shouldn't. For that reason we are asking you to please not leave additional food by the pond when you are finished feeding the ducks.

**THE NEXT PARISH COUNCIL MEETING
WILL TAKE PLACE AT
THE ACTIVITIES CENTRE
ON WEDNESDAY 9th March**

All Parishioners are cordially invited to attend

ANNUAL PARISH MEETING

7.00pm ~ Wednesday, 13th April 2016
Redgrave Amenities Centre

Everyone is invited to attend.

Please email local organisation reports to the Clerk by 31 March.

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.**

Tel : 01379 890 141

Email : redgrave_pc@btopenworld.com

Please contact her during OFFICE HOURS ONLY.

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Rickinghall : Hinderclay Road	11.00 – 11.15
Rickinghall : Village Hall	11.20 – 11.35

Botesdale :	Farnish House	11.40 – 11.55
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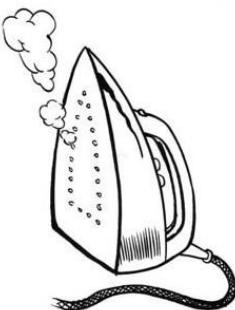
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Rickinghall Parish Council



February Meeting by Cllr Dominic Ebert

The Council received apologies for absence from Sally Smith and our County Councillor. Approx. eight members of the public were also present.

The Public Forum

Council heard from Peter Beck, the local Neighbourhood Watch co-ordinator who reported no incidents. However, there are ongoing and ever-changing types of scams being perpetrated. Residents can be included in a weekly e-mail bulletin of the latest scams. Suffolk District Council are aware of by contacting Peter via e-mail. All details in the Neighbourhood Watch section.

Council was advised that there were possibly two residents at the meeting who might be willing to become councillors.

Planning

Reference the Willowmere, Garden House Lane proposed development. A reconsultation took place due to amendments made to the application. These changes were very minor and following further input from members of the public, the Council agreed it would resubmit its objection in addition to traffic and wildlife impact issues raised as well as the inaccuracy of some of the mapping in the application.

Planning applications ref Shemmings & Suggen Hall Farm were passed without objection. Planning application at Jubilee House for proposed development of 3 houses and a 3-bay cart lodge as well as new site access involved some detailed discussions and the Council voted to pass this application with no objection.

Chairman's Report

The request for a Councillor to volunteer for the Village Hall Management Committee was raised again and Dominic Ebert will take on this role.

It was also agreed that the discussion of funding of a PCSO would be added to the June agenda to tie in with 2017/18 budget.

Clerk's Report

It was reported that already approx. 60 completed traffic surveys had been received, an encouraging number with some useful suggestions too. The topic will be revisited at the next meeting. A breakdown of costs had been received from Suffolk County Council for the TRO (yellow lines at the Co-Op entrance) totalling £5484.22. It was reported that to schedule this work at the same as re-surfacing of the road would result in no meaningful cost saving. The Council decided the billable man hours for the TRO would be queried with the County Council as they appear excessive.

General Items

The Council agreed it did not want to enter into a rental agreement with the owners of the land at Maypole Meadows which sites the notice board, bin & bench. Quotes had been received and agreed for the potential re-siting of two of the items. Chairman of the Council will seek to meet with the landowners shortly to iron out details and timings.

With various councillors away and other diary clashes earlier in the

month, it was agreed the Annual Parish Meeting would be held at 7pm on 21st April 2016 and will be followed immediately afterwards by April's regular Parish Council Meeting.

It was noted that several way markers on rights of way in and around the village are either missing or down. This was reported to the clerk and subsequently forwarded to the relevant authority.

Rickinghall Parish Council is still looking for new Councillors to join them. If you would like to find out more, please come along to our next meeting.

VILLAGE LITTER PICK Saturday, 16th April 2016

Bring the whole family and meet at either village hall car park at 10am.

Organised by Rickinghall and Botesdale Parish Councils

MEETING DATE CHANGES!

APRIL Meeting

This will now be held on 21 April at 7.30pm following the:

ANNUAL PARISH MEETING

7.00pm ~ Thursday, 21st April 2016
Rickinghall Village Hall
Everyone is invited to attend.

MAY Meeting

Due to the election on 5 May this will be held on 12 May at 7.30pm in the small meeting room.

Your Clerk is :

Mrs Leeann Jackson-Eve
Wayside Cottage, Cherry Tree Lane
Botesdale, Diss, Norfolk, IP22 1DL
Tel : 01379 890 141
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**THURSDAY 3rd MARCH
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Village News



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Brome Community Recycling Centre Closed

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Until the facility is re-opened, residents wishing to dispose of household waste and/or recyclables can take it to the free recycling centre at Stowmarket (Old Bury Road, Stowmarket, Suffolk, IP14 1JQ), which is open 9 until 4, Monday to Saturday and 10 until 4 on Sunday; or to the free one at Morningthorpe (north of Long Stratton; turn east off the A140 along the B1527 towards Hempnall, the site is signposted after a couple of miles or so), open 9 until 4, Thursday, Friday, Saturday and Sunday. There is also a recycling centre at Snetterton, Norfolk, NR16 2JU which is Currently open 9am – 4pm, Friday, Saturday, Sunday and Monday.

Jokes #1 and #2

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from Nick

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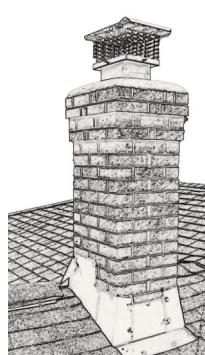
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Village News

Key land purchase unifies historic Thelnetham Fen for wildlife and local community

In a major boost for wildlife and the local community, the Little Ouse Headwaters Project (LOHP) is pleased to announce the purchase of a key parcel of land in the Little Ouse Valley following the award of a grant for £78,600 from the Heritage Lottery Fund (HLF). Led entirely by volunteers from the local community, the LOHP manages over 70 hectares of land on the Suffolk/Norfolk border for wildlife conservation and public enjoyment. The 1.9 hectare site which lies in the parish of Thelnetham and at the core of the historic Thelnetham Fen will be the final piece of the original Fen to be restored. By linking several reserves in the valley to form a large block, the acquisition allows for a fully integrated approach to the management of the internationally important habitats and wildlife of the valley.

As well as funding much of the purchase cost, the HLF award will allow surveys to be undertaken to assess how best to restore the site for wildlife, provide public access and interpretation, and help local volunteers engage in the restoration through training in new skills.

The new land brings to 14 the number of sites managed by the project; the thirteenth site, a small meadow with magnificent old hedges in Hinderclay, was purchased only two months ago.

Commenting on the award, Peter Coster, chair of the LOHP's board of trustees said, "We are most grateful to the Heritage Lottery Fund for their generous grant, assisting us to purchase this valuable addition to our network of sites. This new acquisition and grant money will enable us to further our objective of developing and extending a living landscape, restoring and re-creating this potentially rich wildlife area for the benefit of our local communities both now and in the future."

Robyn Llewellyn, Head of Heritage Lottery Fund East of England, said, "We are delighted that, thanks to National Lottery players, we are able to fund this fantastic project to extend and conserve this historic landscape and allow local people and communities to explore the natural heritage on their doorstep. It is a great opportunity for people to volunteer and learn new skills, and we are pleased to be a part of it".

RAINY DAY FUN ANSWERS (from Feb)

The following answers should have appeared in the February edition of the Magazine, but were left out in error. So please check these against the answers that you got for the tests on p37.

The nine letter word is **GUILELESS**.

There are over 50 other words to be found including:
Eel, eels, else, gel, gels, gill, gills, glee, glue, glues,
guess, guile, guiles, guise, guises, gull, gulls, gullies, ill,
ills, isle, isles, issue, lee, lees, leg, legless, legs, lei, leis,
less, lie, lies, liege, lieges, lieu, lug, lugs, luge, see, sees,
segue, seques, sell, sells, siege, sieges, sill, sills, slue,
slues, slug, slugs, sue, sues, sullies, use, uses.

Answers to the quiz on p37

1. Boxing
2. Niagara Falls...the rim is worn down about two and a half feet (about 75cm) each year because of the millions of gallons of water that rush over it every minute.
3. Asparagus and rhubarb
4. Strawberry
5. Dwarf, dwell and dwindle...
6. Lettuce

Calling all teenagers

There are around 110 young people (11-16) living in Redgrave, Botesdale and Rickinghall, and around 300 5-15 year olds (12-14% of our population). And yet it is rare to see young people around the village, except waiting for the school bus or walking to/from it.

Apart from the work done by Kev Gladwell at Parkview Chapel, there are no organized activities for young people of secondary school age in our villages (particularly straight after school: 4-6pm). This is in contrast to the situation for children of primary school age (up to 11).

This is a situation that could surely be improved - not least given the challenges of supporting young people through adolescence, and equipping them to live in a world with significant social change and uncertainty; add to this the pressures that young people face through continual testing at school, and through the demands of social media: can we do more to provide an additional support network for young people?

To explore the idea of setting up an after-school club for secondary school students, we held a consultation on Monday 1st Feb at Parkview Chapel to 1) check whether there is a need or demand this kind of service; 2) hear what would make young people come (or stay away!) from such a club.

We were pleased to have 15 people attend: five from years 6 and 7, four from years 9-12, and six parents. The main take home messages were:

- There is interest in the idea of an after-school club, but questions about how it would work in practice: where, when, for who etc.
- Need to get the balance right between structured activities and creating a 'safe space' for young people to hang out. This is likely to vary for different age groups.
- It may be better to get something up and running, build trust. Start small and think big! There appears to be interest in creating a club that can help young people interact with a broad range of activities, pursuits, careers etc – to pursue their interests and dreams in a supportive environment.

Or put differently:

"As an eleven year old, I think it was very good. I think other people should come because it is for everyone that are from Year 7 and up. Everyone came up with great ideas and I think it is a great social club for kids. I hope it will happen."
Emma Howard

"It was fun, it was good plus it's a good place to hang out with your friends or just do something different."
Emily Henriksen

The next steps are to identify a venue, sources of funding, adults who can help run such a club, and continue to work with young people in our villages so that they can shape the design of the club. We would very much welcome any offers to help, or feedback on the project. Please get in touch with Tim Shorten (tishorten@gmail.com, 07968 742955), including if you have any questions on the project.

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Club News



The Secrets of a Fine Art Auctioneer

At the January meeting of the Heritage Circle, some of the secrets of a Fine Art Auctioneer were disclosed by Neil Lanham, who was for many years an auctioneer at Clare.

After leaving an Estate Agent office, bought a failing Fine Art Auctioneers business and started by selling anything and everything. He straight away made a profit on some old English oak furniture, so he continued to obtain as much of this as he could. This was followed by other quality English furniture and gradually he gained a world-wide reputation as an honest auctioneer who got the best possible prices for his clients.

He explained the secrets he felt were behind his success as follows:

- * he felt that staying as a "local" saleroom meant that he knew his clients and customers better than a big national company could;
- * he always researched the background to his sale goods so he could describe them accurately in his catalogue;
- * he never used the expressions "in the style of" or "believed to be from" – it was better to not put a name to it if he could not prove the provenance;
- * he didn't use an estimated price in his catalogues – he felt this could deter some customers and also might mean not getting the best price for his customer, to whom he advised a reserve price which he never disclosed elsewhere;
- * his sales were always well advertised with many posters and good quality catalogues;
- * he sent free catalogues to dealers and collectors he thought might be interested in particular items for sale;
- * his was one of the earliest salerooms to use telephone and later internet bidding.

Mr Lanham's interesting talk was accompanied by slides and anecdotes of many of the outstanding works of art and items of furniture he had sold for amazingly high, and unexpected, prices. He said many people – including businesses and churches – do not know what treasures they own, and if they are considering selling anything they should always take advice from a reputable dealer and get at least two estimated prices.

The speaker at the meeting on 23rd March will be Peter Driver on "Follies and Oddities of Suffolk". Visitors are always welcome.

GWEN SMITH
[01953 681985]

Coffee On

The Corner



Well, by the time the Coffee Shop started this month, the weather had improved slightly and all was calm outside. Having said that, we had a rather calm morning inside too! A few less visitors than usual, who came in without the normal rush. I appreciate that there are quite a few bugs and viruses going round and that may be the reason why we had a bit of a slow morning. Best wishes to any of you who are struggling with health problems and we hope to see you all next month.

If you didn't come, then what did you miss? A bric a brac stall that was laden with goodies and quite a few folks went away with a bargain. There was a great selection of books and jigsaws, music and CDs, and quite a few other items of interest. We have several people who come along and donate, then peruse what is on offer and drop a few coins in the pot ... our perfect customers! By way of interest, there is also a Phoenix card stall, a stall selling local history books and, on alternate months (April being the next one!), we host the Macmillan information stand - lots of useful advice available for you, or anyone you may know who is suffering with Cancer.

The kind donations that were made this month (totalling a brilliant £107.00!) will be given to Centre Point, the charity for the homeless. Although the main focus of their attention is people on the streets in London, I am quite convinced that the young men and women they serve will include young people from the Eastern region.

At the present time, we do not have a specific charity nominated for March, so if you know anyone - particularly if they are local, or a locally based charity - that would benefit from a donation from the proceeds of our Coffee on the Corner, then do please get in touch. There are so many folks/charities deserving of any spare cash we may have that it is not hard for me to find something suitable, but we are always open to your suggestions.

If you haven't been to visit us before, or if you know any friends or neighbours who would like a cuppa and refreshments in a warm and welcoming atmosphere, then do please make a note in your diary of next month's date - **Tuesday 8th March**, from 9am to 12 noon. Bring them along to drink tea & coffee and eat cheese scones, sausage rolls and/or a selection of different cakes. Why don't you make sure you are one of our number next month?

Do remember that we are also a church fellowship, serving the local community - we have two services each Sunday - a short Communion Service from 10am to 10.30, followed by refreshments and then an All Age Worship service from 11am to 12 noon. We are fortunate enough to have a variety of speakers and would sincerely hope that, should you come along, you would find us open and welcoming. If you have any questions, then do get in touch.

If you feel you would like to know more about the coffee shop or any of the happenings at Parkview, please call me on 01379 890423.

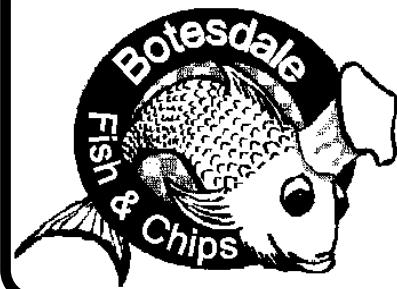
Sue Allen

Joke #3 : Motorway Madness

Granny and Grandad were riding up the motorway, with Grandson Johnny in the back. As they approached one of the warning signs, Johnny said, "Gran, what does that sign say?". Gran replied, "It says, 'Strong side winds, slow down'." A little further on Johnny again says, "Gran, how can the wind read that sign?"

Following the car in front, Johnny seeing the sign in the car in front again says, "Gran what does that sign say?", "It says 'Baby on board'", replies Gran. Johnny thought for a bit then asks, "Why have they got their baby on a board?"

from Jason, Redgrave



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TUESDAY	11.30 am - 1.30 pm	4.15 - 8.00 pm
WEDNESDAY		4.15 - 8.00 pm
THURSDAY, FRIDAY, SATURDAY	11.30 am - 1.30 pm	4.15 - 10.00 pm
SUNDAY		4.15 - 8.00 pm

MARCH CALENDAR

Tuesday	1 st	10:00am 6:00pm 7:15pm 7:30pm	House Open Zumba Yoga and relaxation Julie's Aerobics	All Saints Redgrave Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday	2 nd	9:30am 10:00am 10:30am 7:30pm	Redgrave Art Club Day Centre Macmillan Information Outreach WI Fashion Show	Activities Centre Rickinghall Village Hall Health Centre Rickinghall Village Hall
Thursday	3 rd	9:00am 9:30am 6:00pm 6:00pm 7:30pm	Church cleaning RABBATS Fitsteps Kuk Sool Won (Juniors 6.00; Adults 7:00) Rickinghall Parish Council	Redgrave St Mary's Rickinghall Village Hall Rickinghall Village Hall St Botolphs School Rickinghall Village Hall
Friday	4 th	10:00am 1-2 pm 8:00pm	Positive Steps Beginners Tai Chi Dance Classes	Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall
Saturday	5 th	10:30 10:00-3:00 10:00am 10:00am 7:30pm	Guided Fen Walk Botanical Illustration Church open Church open Cinema at Palgrave : Spectre	Redgrave Lopham Fen Redgrave Lopham Fen Redgrave St Mary's Rickinghall Inferior SEE page 7
Monday	7 th	9.15am 10:00am 2:00pm 7:30pm	Rickinghall Ramblers Zumba Needle craft Slimming World (5:30pm and 7:30pm)	Rickinghall Village Hall Rickinghall Village Hall Activities Centre Rickinghall Village Hall
Tuesday	8 th	9:00am 6:00pm 7:15pm 7:30pm	Coffee on the corner Zumba Yoga and relaxation Julie's Aerobics	Park View Chapel Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday	9 th	9:30am 10:00am 7:30pm	MOBILE LIBRARY Redgrave Art Club Day Centre Redgrave Parish Council	Activities Centre Rickinghall Village Hall Activities Centre
Thursday	10 th	9:30am 12:30pm 6:00pm 6:00pm 7:30pm	RABBATS Phoenix Luncheon club Fitsteps Kuk Sool Won (Juniors; Adults 7:00) Women's Institute	Rickinghall Village Hall Activities Centre Rickinghall Village Hall St Botolphs School Rickinghall Village Hall
Friday	11 th	10:00am 1-2pm 7:30pm 8:00pm	Positive Steps Beginners Tai Chi Whist Drive Dance Classes	Rickinghall Village Hall Rickinghall Village Hall Bowls Club Botesdale Village Hall
Saturday	12 th	9:00am 10:00am 7:00pm 7:30pm	Farmers' market Coffee morning WARTS : Evening of Music and Variety Cinema at Palgrave : The Lady in the Van	Rickinghall Village Hall Botesdale Methodists Botesdale Village Hall SEE page 7

MARCH CALENDAR

Monday	14 th	10:00am 2:00pm 7:30pm 7:30pm	Zumba Needle craft Slimming World (5:30pm and 7:30pm) Botesdale Parish Council	Rickinghall Village Hall Activities Centre Rickinghall Village Hall Botesdale Village Hall
Tuesday	15 th	6:00pm 7:15pm 7:30pm 7:30pm	Zumba Yoga and relaxation Julie's Aerobics Progressive Whist Drive	Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall Activities Centre
Wednesday	16 th	9:30am 10:00am	Redgrave Art Club Day Centre	Activities Centre Rickinghall Village Hall
Thursday	17 th	9:30am 6:00pm 6:00pm 7:30pm	RABBATS Fitsteps Kuk Sool Won (Juniors; Adults 7:00) Crafty Corner	Rickinghall Village Hall Rickinghall Village Hall St Botolphs School Parkview chapel
Friday	18 th	9:15am 10:00am 1-2pm 8:00pm	Rickinghall Ramblers Positive Steps Beginners Tai Chi Dance Classes	Rickinghall Village Hall Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall
Saturday	19 th	10:00am 1:30pm 2:00pm 7:00pm	Church open Burgate Singers workshop WI Jumble Sale Quiz night	Rickinghall Inferior Burgate Village Hall Rickinghall Village Hall Parkview Chapel
Monday	21st	10:00am 2:00pm 7:30pm	Zumba Needle craft Slimming World (5:30pm and 7:30pm)	Rickinghall Village Hall Activities Centre Rickinghall Village Hall
Tuesday	22 nd	6:00pm 7:15pm 7:30pm	Zumba Yoga and relaxation Julie's Aerobics	Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday	23 rd	9:30am 10:00am 7:30pm	Redgrave Art Club Day Centre Heritage Circle	Activities Centre Rickinghall Village Hall Rickinghall Village Hall
Thursday	24 th	9:30am 6:00pm 6:00pm	END OF SPRING TERM RABBATS Fitsteps Kuk Sool Won (Juniors; Adults 7:00)	St Botolph's School Rickinghall Village Hall Rickinghall Village Hall St Botolphs School
Friday	25 th	10:00am 1-2pm 8:00pm	Positive Steps Beginners Tai Chi Dance Classes	Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall
Saturday	26 th	7:30pm 8:00pm	PILATE – EASTER CONCERT R'hall Country music club	Redgrave, St Marys Rickinghall Village Hall
Sunday	27 th		EASTER SUNDAY	
Monday	28 th	10:00am 11:00am 2:00pm 2:00pm 7:30pm	Zumba Thelnetham Windmill open Needle craft RBL Women's section Slimming World (5:30pm and 7:30pm)	Rickinghall Village Hall SEE page 9 Activities Centre Farnish House Rickinghall Village Hall
Tuesday	29 th	10:00am 12 noon 6:00pm 7:15pm 7:30pm 7:30pm	Animal tracking & signs Luncheon Club 898615 or 898619 Zumba Yoga and relaxation Talk on medicinal plants Julie's Aerobics	Redgrave Lopham Fen Activities Centre Rickinghall Village Hall Botesdale Village Hall Redgrave Lopham Fen Rickinghall Village Hall
Wednesday	30 th	9:30am 10:00am	Redgrave Art Club Day Centre	Activities Centre Rickinghall Village Hall
Thursday	31 st	9:30am 6:00pm 6:00pm 7:30pm	RABBATS Fitsteps Kuk Sool Won (Juniors; Adults 7:00) Redgrave Garden Club	Rickinghall Village Hall Rickinghall Village Hall Botolphs School Activities Centre

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Club News

BARWOODS

Although it is early February, some blossom is appearing and birds seem to be preparing to pair up already. Today we spent a couple of hours in Miller's Orchard, tidying it up and looking out for dead branches that we don't want to fall on people. The path through the wood is well marked now, so walkers must be enjoying it. There are lots of snowdrops out and the early white blossom is putting on a fine show.



To introduce new people to the sites that we manage, we are planning a late spring circular walk to visit them, finishing with refreshments in Water Lane. Look out for notices in this magazine and let us know to expect you.

If you would like to join us, work parties are on the first Sunday of the month, from 10.00 till midday, and our meetings are held at The Bell Inn on the third Monday of the month at 7.30 pm; for more details please contact:

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Rickinghall Jumble Sale

The first Saturday of February saw the annual and very popular Jumble Sale at Rickinghall Village Hall, with crowds queueing to get the best bargains when the doors opened at 2pm. Pam and Monty Cornell had put in their usual exceptional effort to make this event possible. Many of our Hall Committee members, along with other volunteers, then generously gave their time to make it successful on the day. My sincere thanks to all who helped, to those who donated items for sale, to those who bought them, and to those who just came along to support us. Thank you all.



Redgrave Garden Club

At the January meeting of Redgrave Garden Club, members were entertained by Gabi Reid of 'Gabriel's Garden'. Gabi's passion for flowers started as a child, gathering flowers from meadow and hedgerow for her mother.

On moving to Suffolk and finding herself with time on her hands, she was persuaded to take up gardening, and began by renting a large poly tunnel and growing salad leaves and some flowers. She sold the salad leaves to restaurants and at farmers markets, but soon found it very hard work travelling to tend the plants. She then asked the Council if she could rent a piece of rough land opposite her home. They agreed to her request and she began the back breaking job of clearing the land ready for planting. After much hard work with help from family and friends, some of who came from abroad to work for her, Gabi began to reap the fruit of her labours. With a grant she purchased a new poly tunnel, built a studio, and obtained things to promote her business. Gabi showed pictures of her garden, and examples of her beautiful work. She now provides flowers for weddings, funerals, and also for celebrations and special events. She also holds classes teaching wreath making. Her love of flowers, her talent for making beautiful arrangements, together with her enthusiasm and charm made it obvious to members why she has been so successful.

The next meeting will be on March 31st, 7.30 at the Activities Centre, when the speaker will be Anne Tweddle speaking on Understanding Pruning. All welcome.

Sudoku

		4		6		2		3
	1	9	2					
7								
					7			
	2			4		6		
8			3					
							1	
					9	7	5	
6		5		8		9		

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Exploring the Past

Jean Sheehan, 01379 890237

Redgrave Parish Bells (continuation from February issue)

Last month I began to copy an article from The Bell News and Ringers Record dated November 1888 as it had been announced that Redgrave Church Bells were to be 'repaired to best standard prior to establishing a centre for excellence for bell ringing in Albert Driver's name'. The magazine this article is taken from was a national one so it shows what an important occasion this was to give so much detail about Redgrave. The references to the weather are interesting as most of the villagers would have to walk to the church and even for those who were wealthy enough to have horses and carriages or carts these vehicles would probably be open to the elements. Many of the bell ringers and clergy came from villages miles away.

The peal of six bells have been taken up and entirely re-hung with all new fittings, viz., new stocks, wheels (fitted with improved sallies), stays, sliders, and pulley boxes (these work upon steel pivots), etc. The bells are turned on the new stocks, so that the clappers will strike on a fresh place. Six best wrought iron clappers have been fitted, and also new iron staylaths and bolts for bell wheels, and cast iron bell carriages with gun metal bearings. The new gudgeons are on an improved plan, and the hanging irons, caps, straps, and cramps are all new. To keep the ropes steady and from wearing, six new deal troughs, each fifteen feet long, for the bell ropes to work in, have been supplied.

Tuesday last, the looked for day, opened most inauspiciously for the occasion, a blustering night, heavy rain, and barometer as low as it had been for months, cheered the hearts of farmers and thousands of others with the thought that at last the longed for rain was coming. But for the parish event of the re-opening of the bells and harvest thanksgiving, a day of more cheerful promise had been desired. Still it is no use grieving over that outside our power, and the parishioners met the day with the patient fortitude which is one of the most marked characteristics of those who live in agricultural districts. Busy hands, under the direction of the Rector's wife, were at work all the morning decorating the church, to which Mrs. Godfrey Walter of the Hall, and many others sent contributions.

As was fitting, the President of the Norwich Diocesan Association, was the preacher on the occasion. Canon Raven, besides being interested in the bells and bell-ringing of the diocese, had also strong connection with the parish of Botesdale, having taken his wife therefrom many years since, so that many who remembered his wife with affection were pleased to think that he had promised to fill the post of preacher.

(The following paragraph then lists the names of 10 clergymen from local parishes including Rickinghall, Hinderclay, Thelnetham, Wyverstone, Cotton, Westhorpe, East Harling and Garboldisham). *The first ringer to arrive on the scene was James Driver, the senior member of the old Redgrave company, and whose son is now an expert ringer in London. Just about eleven o'clock the bells were started after a silence of about twelve years. (A list of the bell ringers follows, two came from Redgrave, two from Eye and two from Thorndon). Fortunately the wind permitted the hearing of the bells in the village a mile distant. Ringers then generally began to gather from Eye, Brome, Palgrave, Burgate, Westhorpe, Thornham, Wickham Skeith, Cotton and Gislingham; from some parishes the whole company came, and from others only a portion,*

anyhow some forty ringers mustered from the Hartismere Deanery, and ringing was kept up all the day, James Chenery, a man nearly seventy six, an old Blo' Norton ringer, though now of Redgrave, having a turn at the ropes.

In the morning many hands were engaged in decorating the church, Mr. Johnson, the Hall gardener, rendering much assistance, in addition to the usual willing staff of helpers. The fine church presented a very handsome appearance, but looked still grander at 3 o'clock with a congregation completely filling it. As it was a week-day afternoon and not an evening service, the congregation was a very gratifying one. The Rector said the prayers and the responses, and singing generally was extremely good, the anthem coming in for commendation. The first lesson was read by the Rev. B.H. Grigson, (Rector of East Harling) and the second by the Rev. G. Hale (Rector of Rickinghall). The president of the Association then delivered an admirable and practical sermon from 1 Thess.v.18. In the course of his sermon he mentioned the fact that in 1553 Redgrave had three bells, in 1691 two more were added by Lord Chief Justice Holt, and in 1736 probably the present peal of six was placed in the tower. The sermon was listened to with wrapt attention, and the offertory amounted to between £9 and £10, partly for the Royal Agricultural Benevolent Fund and partly for church expenses.

After service the ringers and choir were entertained at the Hall Farm, under the presidency of Mr. Leonard Wilson, while Mrs. Holt Wilson held a reception at the Mission Room for friends and parishioners, many of whom had been excellent workers in the late Sale Committee. The weather after all favoured the event, and ringing was kept up to a late hour.

Acknowledgments to Bob Hayward for copy of the article from The Bell News and Ringers Record.)



For more information on Albert Driver and John Goldsmith, Redgrave bell founder, read Reflections on Redgrave Part 2 available from Redgrave Community Shop, Rickinghall Paper Shop or Botesdale Hardware Stores or see www.quatrefoil.org.uk.

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Exploring the Past Again

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Trees in the medieval period and the Wild Service Tree

Trees were important to medieval people, not only large trees such as oak but smaller trees from the hedgerows. Wood was a valuable resource; however the lord of the manor had the right to all the wood in the manor, villeins were not allowed to cut down trees for their own use without special permission and usually had to buy the wood they needed.

The villages of Redgrave, Botesdale and the two Rickinghalls had several woods in the medieval period, woods called The Fryth, Littlefryth, Micklewode, Swynesfryth, Eltonhaughe, Aylesmere, Shorthazell and later, in the 16th century, Calke Wood. All these apart from Calke Wood and Eltonhaughe, possibly now Westhall Wood, have long since disappeared.

The villages also had large open fields divided into strips; for instance in Rickinghall there were two called Northfield and Southfield and in Botesdale, they were called Barkersfield and Botesdalefield. However there were also several small enclosed fields, which would have had hedges around them, usually of hawthorn or blackthorn with other trees allowed to grow so they could be harvested for their wood called 'hedgewood'.

As well as being used as hedges, thorn trees were also used as temporary fences. In 1350, blackthorn trees were taken from Rickinghall to Tivetshall in Norfolk to put around the park there to keep the deer in. (1) Hurdles were also made, often from willows, to go round temporary enclosures such as sheep folds.

The woods were carefully managed so they produced all the wood that was needed. Each year a certain area of trees in the woods would be coppiced. The smallwood (or underwood) was collected and made into bundles called 'faggots'. These were cut into 3 foot lengths and appear to have been sold in bundles of 100. In Redgrave in 1374 these were priced at 4s per 100 although the prices varied depending on the quality of the wood. After a great storm in 1374 the branches 'felled by the wind' were collected and sold. (2)

Oak trees were used in buildings both for the main timbers and for laths and studs. Wood was also used to make furniture, doors etc. In Suffolk these oaks were managed so they grew quickly to provide wood whenever it was needed.

Some large oaks still survive in our villages. There is a line of oaks across the field in front of Snape Farm which Basil Brown thought possibly marked the line of the original road leading from the village to Bury. A huge oak still stands in a garden on Rectory Hill.



According to the experts this could be nearly 1,000 years old. (3) It is not known if it originally formed part of a wood or hedgerow or if perhaps it was one of a line of trees marking the road to Stowmarket.

In former centuries an important tree was the wild service tree (*Sorbus Torminalis*), also called the chequers tree or the maple cherry. It is a native tree probably dating to the Neolithic period and has a leaf something like a maple.

It is thought that in the past the fruit was made into an alcoholic drink. In autumn the berries are brown and hang in clusters. They are hard and bitter at first but once they are picked they become soft and sweet and are said to taste something like a date. They were eaten by children in the past as a natural sweet. It is thought that the fruit used to be made into a drink something like ale and served in village pubs. It is said that many of our country pubs are called 'The Chequers' because of this, especially in the South and East of England. Many of these pubs have or have had wild service trees growing in their gardens. (4)

In Rickinghall there was a pub called The Chequers. It is now a private house called 'The Old Chequers'. The building probably dates from the late 16th century. It is not known when it first became a public house; however it was a beer house, then a pub, from at least the middle of the 19th century. In the 1861 census it was being managed by George King a 'beer house keeper'. In 1871 Henry Steggell and his family were living at the 'Chequers Beer House'. His occupation was said to be 'publican and shoemaker'. He had obviously taken over the pub from his wife's father as in 1871 his mother-in-law Maria King, George King's widow, was living with them.

A wild service tree in a wood indicates that it is ancient woodland. It spreads by suckers rather than seeds. The tree therefore is rare. There do not seem to be any surviving in the woods or hedges in our villages. However there are some growing in Thrandeston, a nearby village. Barwoods (Botesdale and Rickinghall Community Woodlands Group) have recently planted four saplings in Northfield Wood. These were collected from Thrandeston with the permission of the land owner. Hopefully they will survive.

Northfield Wood is situated next to the allotments in Mill Lane in Rickinghall. Barwoods have planted many native trees there which, although very small at present, will in the future form a wood for the community. Barwoods also have two other sites which they manage: Low Meadow in Rickinghall and Miller's Orchard, Mill Road in Botesdale which is the site of a 19th century mill. Many of the fruit trees planted there in the past have survived and are now quite rare. In May Barwoods are hoping to organise a walk starting and finishing at Water Lane. This will be a circular walk visiting these three sites.

(1) BL Add Roll 63526

(2) IRO HD 2826/16093

(3) Thanks to Lesley Free for this information

(4) Information about Chequers trees from the Woodland Trust Magazine.

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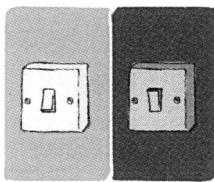
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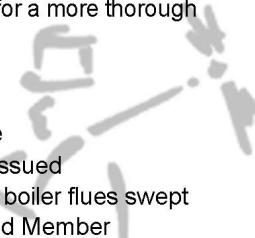
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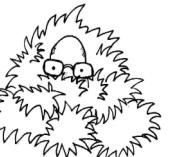
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When Luke finished writing the history of the early church that we know as 'The Acts of the apostles' he closes this unfinished story with the apostle Paul a prisoner in Rome. Fiction has well thought out endings. Real life is interrupted by events. Acts leave it up in the air so to speak with Paul prisoner. Paul lived under the constant guard of a Roman soldier. He speaks of himself as 'in chains.' In doing so he uses the word 'halusis.' This is a short length of chain which was used like a pair of handcuffs between his wrist and that of a Roman soldier. After an eight hour shift the soldier would have been changed for another one. How very, very depressing.

We all have our halusis. Not a physical one but there are people in our lives we can't get away from. You may have heard someone say, "I'm chained to my desk," meaning that his work situation gives him little freedom and that he is forced to keep his nose to the grindstone. He could resign but the mortgage and needs of the family don't allow it. He is chained to his desk. We are all stuck with some people, it may be a husband or wife, the family: brothers, sisters and other relatives or simply friends and neighbours. The halusis isn't physical but just as unbreakable. It may feel so depressing but we can learn a lesson from Paul.

Paul did not see himself as chained to a Roman soldier but as the Roman soldier chained to him. What an opportunity. He could tell that man about Jesus and why he was there. I can almost hear Paul saying, "You know who Jesus is? Well he's God who came in human form. What's more he was crucified, a God who was crucified, amazing, and, what's more, he did it for me. I persecuted him but he loved me, showed himself to me and he's completely forgiven me. That's what his crucifixion was about. He was paying for all I've done wrong."

Just image yourself as the Roman soldier. You're stunned. "Who is this nutter you've been landed with?" you think. Perhaps you'd retort, "Shut up, you're a nutter, Paul."

"Yes, but I'm nuts over Jesus. Look, you know, you can have his forgiveness as well. Just imagine, everything you've ever done wrong, forgiven. Not only that but he promises to be with us in life. I tell you, I've been beaten with rods three times, five times I've been scourged, I've been shipwrecked three times and I've often been in considerable danger but I'm still alive because Jesus was with me and he promises that when I do die I'll be with him. That's why I'm nuts over him. I tell you, you can experience that forgiveness yourself, everything you've ever done wrong forgiven. You can experience his presence and you can have this same hope of heaven. It's yours for the asking....."

Eight hours later the soldier finishes his shift and Paul has another to tell the message of Jesus. We know that as he says, "I want you to know that what has happened to me has really served to advance the gospel, so that it has become known throughout the whole imperial guard and to all the rest that my imprisonment is for Christ.

"Don't resent your halusis use it as an opportunity. If you're a Christian you can use it to tell what Jesus means to you and, if you are not, you might find you are chained to one.

Cafe Church - Christianity explained

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Writing this one sunny morning in January (25th) with the temperature at 12°C, it is a treat to go into the garden and hear the birds singing again. The trill of the little Wren, what a loud voice for such a small bird, and the tinkling Hedge Sparrow, always so secretive, and the ever-present Robin singing its sweet song, in fact to guard its territory—who dares steals its kingdom—the Robin can be pretty vicious if challenged, and at the back of all this joyful chorus, the Song Thrush, rare nowadays (2016), heard but not seen. I first heard one this winter on 21st December (2015).

Though I don't travel so far these days, it is possible to keep abreast of ornithological occurrences on the Internet and in the press, particularly the East Anglian Daily Times. This paper recently quoted some amazing ringing of "our" birds by the Suffolk Ornithological Group in the Suffolk Naturalist Society's Annual Suffolk Birds. A Hedge Sparrow ringed at Great Livermere on 31st October 2013 was recovered in Denmark on 12th March the following year, and a Robin ringed at Kessingland on 13th October 2013 was killed by a cat in Sweden on 14th April 2014. Who would have thought that "our" local garden birds could possibly have travelled so far, and why?

One of our local observers recently (January 2016) reported to me that he had seen a Little Egret and, above it, circling high, a Buzzard from Fen Lane, Rickinghall. Such a sight would not have been visible over our villages 20 years ago. Though some of our common birds (Thrushes and House Sparrows) become rarer, others (especially the Collared Dove) are proliferating.

And now back to our murmuration of Starlings on Redgrave Fen. A grandfather took his grandchildren to see this miraculous sight and they amused each other by describing the moving flock by the shapes they were making in the sky. Surely an unforgettable way of remembering such wonders of one's childhood.

This winter Waxwings have been few and far between. Why, in such a mild season this year and after a productive summer, come south to find food in the winter when such food should have been plentiful in the north?

At Framsden a Hoopoe was seen on 6th December 2015. Was it our Wortham sighting still in East Anglia

A House Martin was seen on the same date and two Swallows were seen in Kessingland on 13th December.

Of great excitement was the appearance of three Mergansers on the lake in Christchurch Park, Ipswich, for several days in December and January. I have seen these lovely "sawbills". They are bigger than duck and breed on rivers and lakes in the English Lake District and Scotland.



Red Breasted Merganser

Even if you do not see such birds yourself, there is always the excitement and interest in reports by colleagues.

Did you take part in the RSPB's "Big Garden Bird Watch" on 30th/31st January? We did. There was nothing unusual for us to see, but we still sent in our report. Remember every report matters, however few the sightings. If we and many thousands of others send in our observations, the subsequent totals give quite a good idea of the overall bird numbers in our countryside, year by year.



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Our very mild winter has meant that the grass has hardly stopped growing and it's likely that lawns will need cutting sooner rather than later. There are one or two tips to help ensure that all goes smoothly. Fuel left over from the previous season may have gone stale and can make starting difficult. If this is the case, try replacing with fresh fuel, check your oil level before trying to start, and top up if necessary. Also consider a complete oil change if this hasn't been done for a year or more, and only use oil recommended for garden machinery. Replacing a spark plug can also be a cheap remedy to a starting problem. Remember not to cut your grass too short to begin with, and clear the lawn of any debris beforehand.

Lawns will also benefit from some aeration and moss removal after the weather we've had. Prod a garden fork into the soil at intervals, only 3-4" or so, and if drainage is very poor rake in some sharp sand too. Then rake off moss using the same spring rake or a powered lawn rake. This will help set up your lawn for the months ahead.

Continue preparing vegetable seed beds. Some seeds can be sown under protection such as Peas, Brassicas, Broad Beans and Carrots. Seed potatoes need setting in March, about 6" deep and putting grass clippings in with them helps ward off fungal attacks. Onion sets and Shallots can also go into the ground now, allowing the tops to peek just above ground level. Cover Rhubarb if not already, and keep checking as shoots can quickly lengthen.

Compost heaps tend to become compressed over winter and together with the excess moisture content and lack of heat, the action becomes anaerobic rather than aerobic. Give the heap a good turn-over to mix the contents and introduce some much needed oxygen. Laying a sheet of carpet or similar on top, will also help.

If you have hedges that will need cutting back, then try to do it before the birds start nesting so that you can leave the hedges for the next three months or so, leaving the birds to get on with their business.

Happy Gardening!

Ian Shilling,
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Chocolate & spice hot cross buns

Ingredients

- zest and juice 1 large orange
- sunflower oil, for greasing

For the dough and crosses

- 225ml semi-skimmed milk
- 50g unsalted butter, plus extra for greasing
- 1 large egg
- 450g strong white bread flour, plus extra for dusting
- 2 tsp fast-action yeast
- 50g golden caster sugar

For the flavouring and glaze

- 140g raisins
- 100g chocolate, 70% cocoa solids
- 1 tsp ground cinnamon
- 4 tbsp golden caster sugar
- 100g plain flour

Method

- Make the dough first. Heat the milk in a pan until steaming. Remove from the heat, and drop in the butter. After a couple of mins, beat in the egg and half the orange zest. The liquid should be just warm for step 2.
- Mix the strong flour, yeast, 1 tsp salt and the sugar in a large bowl, then tip in the liquid and stir to make a soft dough without dry patches. Flour the work surface and your hands, then knead the dough for 5-10 mins until smooth and elastic. Use a stand mixer or processor if you like. Oil a large bowl, sit the dough inside it, then cover with oiled cling film. Rise in a warm place for about 1 hr or until doubled in size.
- Put the raisins and half the orange juice in a small pan or covered bowl, and either simmer for a few mins or microwave on High for 1 min until hot. Cool completely. Break the chocolate into a food processor with the cinnamon and 2 tbsp sugar, then pulse until very finely chopped. Mix in the rest of the zest. If you don't have a processor, chop it by hand or grate it, then mix with the other ingredients.
- Turn the risen dough onto a floured surface and press it out to a large rectangle, a little bigger than A4 paper. Scatter it evenly with the chocolate mix and the raisins, which should have absorbed all of the juice (drain them if not). Roll the dough up around the filling, then knead it well for a few mins until the chocolate and fruit are evenly spread. Some raisins and chocolate will try to escape, but keep kneading them back in.
- Grease then line a large baking sheet with baking parchment. Divide the dough into 12 equal pieces. Shape into buns by pinching each ball of dough into a purse shape, concentrating on making the underneath of the ball (which will be the top) as smooth as you can. Put the buns, smooth-side up, onto the baking sheet, leaving room for rising. Cover loosely with oiled cling film and prove in a warm place for 30-45 mins or until the dough has risen and doesn't spring back quickly when prodded gently.
- Heat oven to 190C/170C fan/gas 5. To make the paste for the crosses, gradually stir 6-7 tbsp water into the plain flour to make a smooth, thick paste, then put in a food bag and snip off the end to about 5mm. Pipe the crosses, then bake for 20-25 mins until the buns are risen and dark golden brown.
- Mix the rest of the orange juice with the remaining sugar and let it dissolve. Brush the syrup over the buns while they are hot, then leave to cool. Eat on the day of baking, or toast the next day.

Recipe from Good Food magazine, March 2015

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School news

What a busy half term we have had! The staff and children at St Botolph's continue to work hard to raise standards in our school. We are all enjoying the challenges of the new curriculum and the higher expectations for all that it brings. We have continued to focus on the key skills of reading, writing and maths but are also developing the role of Middle Leaders within our school. Middle Leaders are responsible for a particular subject area across the whole school and it is their job to make sure that both standards and expectations are high within their area and across other subjects.

We have been pleased with the progress that we have made as a school, but know that we can always do better; this is why we continue to compare ourselves with the others schools nationally so that we can recognise our success and work towards improving our areas for development. Of course each cohort of children is different but this is what keeps our job fresh and interesting.

The school recently took part in national sing up day. As head I am always very proud of our achievements in music. Each class performed a song of their choice and our celebration of music concluded with a whole school piece which was simply beautiful.

Sport at St Bots continues to thrive. Our basketball team finished 3rd in the recent tournament and our girls football team narrowly missed out on a place in the regional finals. The boys football team played some sublime football but were narrowly beaten in the semi-finals of their tournament. However the boys picked themselves up to win the 3rd/4th play-off match which earned them all a bronze medal. Our Rugby team then went one better by finishing as runners up in the schools touch rugby league.

Congratulations to all of our musicians and sports superstars who have represented our school with such skill, commitment and determination.

This week we have been thinking about internet safety. The children have been learning about how to stay safe online. Internet safety is such an important topic now as more and more children have access to the internet. The internet is an amazing resource that is full of wonderful information, fun and entertainment however it is important that our children understand that it's also a resource that can present risks which can escalate further. For parents it's important to know how to set up devices and to make sure that you know what your child is doing online. This can sometimes be a challenge in itself but there is lots of help and advice out there. St Bots supports www.internetmatters.org . It's well worth having look if you are unsure about parental controls or social networking.

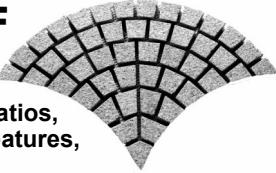
Mr M. Cobbald, Headteacher.



My name is Mark Carlyle, I am Eliza and Matilda's dad and Mr Cobbald has kindly allowed me to take up a part of the newsletter to ask for your help to support a worthy cause. In April I will be running the London Marathon in support of Brain Tumour Research. I am the Headteacher of a primary school in Norfolk and in September 2014 one of my pupils, Maisie, who was just 8 at the time, was diagnosed with a brain tumour. This came as a great shock to all of us but of course none more so than to Maisie's family. Their world was turned upside down and the last seventeen months have been extremely challenging, exhausting and full of ups and downs. Before Christmas Maisie underwent another operation and the tumour was successfully removed, much to everyone's joy and relief. She will still need to have annual check-ups until she is nineteen and at the moment she is gradually building her strength back up but we have all been amazed by Maisie's courage, determination and resilience. Brain tumour research receives just 1% of the total funding for cancer nationally, which is why I am looking to raise as much money as possible for the Brain Tumour Research charity. If you were able to donate anything to this fantastic cause then I would appreciate it enormously. My 'Just Giving' page is www.justgiving.com/runningforMaisie. Many thanks.

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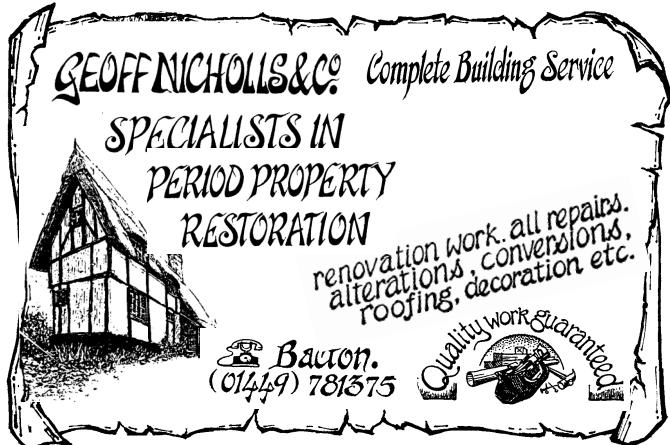
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Pre-school news

To find out more about us or to arrange a visit please call Karen Hails on 07796 014 304.

About us: We are a registered charity operating on a 'not for profit' basis. We provide a happy, stimulating and secure learning environment for children aged 2-5 years.

School transition: We work closely with St Botolph's Primary School to ensure a smooth transition for our children into primary school. In the academic year before they start school, our pre-school children graduate from being "Caterpillars" to "Butterflies" and our Butterflies benefit from specific activities, such as phonics and numeracy, to help them prepare for school. We also make regular visits with the children to St Botolph's to take part in activities such as assemblies, PE lessons and lunches.

OFSTED: We were thrilled to receive a fantastic OFSTED report in December 2014 and were very proud to have received particular praise for providing an "extremely calm, relaxed and friendly atmosphere". A copy of the full report is available on request.

Committee: The Committee is responsible for the management of the pre-school. Parental involvement is key to a child's successful development and volunteering for the Pre-school Committee is an ideal way to be involved in both your child's development and their life at pre-school. Committee members also help to shape how the pre-school setting is managed. New members are always welcome (and needed). You can choose how much time to commit and there are lots of ways to contribute so please contact us if you would like to get involved.

This term at pre-school:

At the beginning of February we had fun exploring the traditions and festivities of Chinese New Year. We are all now preparing to learn about Easter and the children are looking forward to the annual Easter Egg Hunt! This term they will also be practicing yoga, which will help them to learn to move safely, with confidence and imagination, and they will be playing tennis to help them develop hand-eye co-ordination and gain an awareness of space. There will, of course, be the annual trip to Monsters. The children will experiment with colour during creative play sessions and explore the different sounds of various musical instruments. We will listen to and create stories, songs, rhymes and poems to develop vocabulary and stimulate the children's imaginations.

Mother's Day High Tea:

At 3pm on Saturday 5th March we will be hosting, or will have hosted, depending on when you receive this newsletter, a Mother's Day High Tea at Botesdale Village Hall. Proceeds will go to the new village hall floor. So, why not treat someone special (even if it is yourself!) and raise money for pre-school at the same time. Call 07920 231 665 for tickets/information.

Diary dates:

Trip to Monsters: 18th March (no Pre-school on this day)

Easter egg hunt: 22nd March

Last day of term: 24th March

Rainy day fun

Solve the problems below then find their answers in the number grid as you would in a wordsearch.

$$23 \times 12 = \quad 1,000 - 1 = \quad 3,428 \div 4 =$$

Year the battle of Hastings took place =

Year Winston Churchill died =

The square root of 1,000,000 =

Number of Heinz varieties =

Length of the Forth Road Bridge in metres =

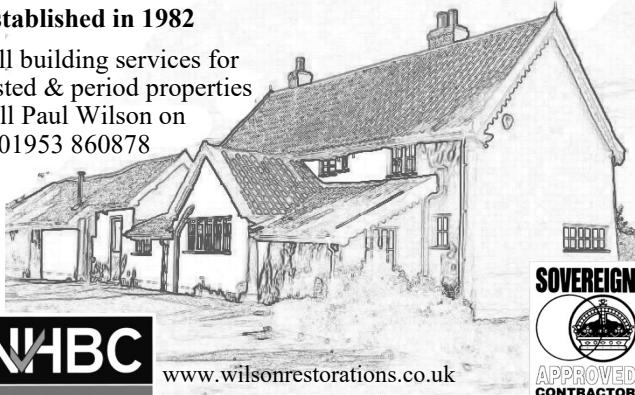
Answers from Rainy Day Fun in the February Magazine can be found on p19. Sorry for the omission!

2	7	6	9	1	5	8	7	1	3
1	2	9	0	5	3	4	6	1	7
0	8	3	6	8	1	9	6	5	1
4	5	6	7	8	9	0	1	2	3
7	7	8	9	2	0	1	3	5	7
1	2	4	6	8	5	0	1	0	1
5	7	9	6	1	2	1	4	5	0
6	3	6	1	5	8	2	7	2	0
9	0	8	7	6	5	4	3	2	0
1	3	6	8	1	5	7	7	9	0

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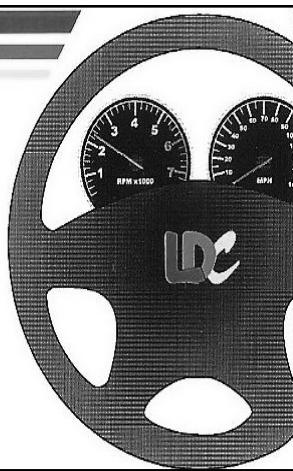


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redgrave-lopham-fen/](http://www.suffolkwildlifetrust.org/reserves-and-visitor-centres/redgrave-lopham-fen/)



Midsummer Celebration

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Sat. 18 June

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Barn Dance

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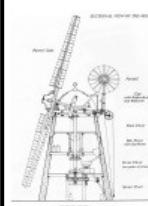
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Monday 28 March (Easter Monday)

Sunday 17 April

Saturday 14 May (National Mills Weekend)

Sunday 15 May (National Mills Weekend)

Monday 30 May (Bank Holiday)

Sunday 3 July

Sunday 31 July

Monday 29 August (summer Bank Holiday weekend)

Saturday 10 September (Heritage Open Weekend)

Sunday 11 September (Heritage Open Weekend)

Sunday 9 October

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<http://thelnethamwindmill.org.uk/>.

Exact location: Location Grid reference: TM 011 789. OS sheet 144. Postcode: IP22 1JZ About 7 miles W of Diss, off A1066, in Mill Lane, Thelnetham.

SPRING 2016 HISTORY WORKSHOP: "ANCESTRAL TRAILS"

at St Mary's Church, Redgrave

Saturday, 7th May 2016, 10.30am - 4.00pm

Tutor: SARAH DOIG of Rickinghall

Admission: £16 p.p. (including light lunch, coffee & tea)

To Book: Please send S.A.E with cheque made out to Redgrave Church Heritage Trust, to: Mrs J. Shepherd, Barn View, Chapel Lane, Botesdale IP22 1DT.

For further information: 01379 898827.

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MARCH Readings for Parish Church Sunday Services

Date	1st reading	2nd Reading
6th March	2 Corinthians 5:16 to end	Luke 15:1 to 3 and 11b to 32
13th March	Philippians 3:4b to 14	John 12:1 to 8
20th March	Philippians 2:5 to 11	Luke 19:28 to 40
27th March (EASTER DAY)	Acts 10:34 to 43	John 20:1 to 18

ROTAS	Chapel of Ease		Redgrave		Rickinghall	
	Sidesman	Lector	Sidesman	Lector	Sidesman	Lector
6th March	Mrs D Hodson	Mrs J Shepherd	Mr K Wilson	-	Mrs B Foster	Mrs J Bennett
13th March			Mrs C Hilliard	Mrs S McGrath	Mr & Mrs Miles	Mrs C Davidson
20th March	Miss A Shorten	Mrs S Purdom			Mrs M Self	Mrs J Whitehead
25th March	Miss A Shorten	tbc	Chapel of Ease	Devotional Service 2:00pm GOOD FRIDAY		
27th March	EASTER DAY		Mr J Robinson	Mr L McGrath	Mr Rixon	Mrs P Rixon

March Flower rota

	Chapel of Ease	Redgrave	Rickinghall
13th March	Mrs Canning		
20th March	Mrs Canning		
27th March EASTER DAY	All helpers PLEASE when you wish — Baskets	Mrs R Powell	EASTER DAY

Neighbourhood Watch



LENT COURSE

It has come to my attention that we get a lot of 'Fraud and Scam' notification from the Suffolk Trading Standards Bulletins circulations, which I receive, and also I get alerts from Suffolk Police about recent crimes etc. If any person would like me to forward these on to them please email me, on my email address shown in this Parish Magazine. I have been in contact with Trading Standards and they are very happy for me to forward these on to residents of our area.

Local Contact Details

For Neighbourhood Watch contact your local Co-ordinator, or else in Botesdale and Rickinghall Peter Beck on 01379 890495, (email : peter@pbeck.plus.com), and in Redgrave John Campbell on 01379 890946 or email him on redgrave.nwatch@outlook.com

Contact Details;

Mid Suffolk North Team, The Lodge, Castleton Way, Eye.

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Our local officers are : PCSO 3240 Faulkner and WPC 80 Wiggins

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United Parish of Redgrave cum Botesdale with the Rickinghalls Joint Lent Course

Making Good Sense of the Bible Together

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Tuesday 16th February until 15th March
7:30 until 9:15pm**

ALL SAINT'S CHURCH, Redgrave

Each session is designed to enhance faith by offering a deeper, richer, more vibrant insight into the Bible - broaden your vision of the Bible - increase your enthusiasm to open the Bible and read it. This takes a lifetime's commitment – but it is an exciting journey and one that will take you deeper into the heart of God.

All are welcome

For further details please contact Rev Chris Norburn on 01379 898685

Apologies...

...to Jean and Samantha Bennett for not including their message in the last edition of the magazine. We hope that this omission has not been a cause for concern.



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Parkview Chapel - March

Sundays 10.00 am Communion
11.00 am All Age Worship

Between these 2 services, from 10.30am – 11am, tea and coffee are served.

Tuesday 8th: 9.00 am – 12 noon ‘Coffee on the Corner’

Thursday 3rd 2.00 pm Praise Hour

Thursday 17th 2.00 pm Praise Hour

Thursday 17th: 7.30 pm Crafty Corner – time for those pastimes that you don’t ever have time for.
Bring your craft projects and spend an evening working at it in company.

Saturday, 19th 7:00 pm Quiz night c/w fish & chip supper :

Also regular activities for children and young people.

Phone 01379 898924 or 783216 for more details.

<http://www.parkviewchapel.co.uk>



PARKVIEW YOUTH

(All held at Parkview Chapel, Botesdale)

JUNIOR CHURCH

Reception – Year 9

Sundays 11.00am – 12.00pm

LMNT

Years 6 – 9

Mondays 7.00pm – 8.15pm

PYP

Years 10 – 13

Sundays 7.00pm – 8.30pm

JUNIOR FRIDAY CLUB

Reception – Year 6

Fridays 6.00pm – 7.00pm

SENIOR FRIDAY CLUB

Years 7 – 11

Fridays 7.30pm – 9.30pm

For further information

please contact

Kev Gladwell on

01379 898924

or check out our website

www.parkviewchapel.co.uk

BOTESDALE METHODIST CHURCH

Services are held every Sunday at 10.30 am unless otherwise indicated.

A friendly welcome to everyone.



6th March Mrs Irene Sayer

13th March CHURCH ANNIVERSARY Rev David Ely Followed by Anniversary Lunch

20th March Rev Edna Buggey

27th March Rev Harold Wilkinson

Friday, 4th March 2 pm Women’s World Day of Prayer Chapel of Ease, Botesdale

Saturday, 12th March 10 am – 12 noon : Coffee Morning

Bible Study alternate Mondays at 10.00 am

Christian Forum Tuesday 1st March 7.30 pm Deacon Donna Ely

Cafe Church - Christianity explained through a talk which you can interrupt at any time and ask questions

Interactive - friendly - coffee and cakes

Sundays at Redgrave Amenities Centre at 10.30 am

Contact Nyall Davies 01379 897067 or just turn up





All Saints
Redgrave



St. Botolph's
Botesdale



St. Mary's
Rickinghall

6th March '16 Mothering Sunday

8.15 St. Botolph's, Botesdale BCP Communion
10.30 All Saints, Redgrave
All Saints All Together
3.00pm St Mary's, Rickinghall Evening Prayer



13th March '16 5th Sunday of Lent

8.15 St. Botolph's, Botesdale BCP Communion
10.30 St. Mary's, Rickinghall CW Communion

Children starting at Rickinghall Village Hall,
for "Footprints"



20th March '16 Palm Sunday

8.15am All Saints, Redgrave BCP Communion
10.30 St Mary's, Rickinghall Worship
Together. An informal and interactive service
for people of all ages



24th March '16 Maundy Thursday



7.30pm Methodist Church,
Botesdale,
United Holy Communion

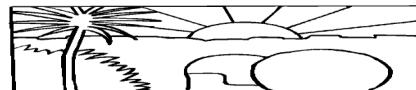
25th April '16 Good Friday

9.30am Walk of Witness from Rickinghall
Village Hall to Chapel of Ease, Botesdale for
10am United Service
2.00 St. Botolph's, Botesdale Devotional Service



27th March '16 Easter Day He Is Risen!

8.15 All Saints, Redgrave BCP Communion
10.30 St Mary's, Rickinghall Family Communion



3rd April '16 2nd Sunday of Easter

8.15 St. Botolph's, Botesdale, BCP Communion
10.30 All Saints, Redgrave All Saints All Together
6.30pm St Mary's, Rickinghall
Evening Prayer



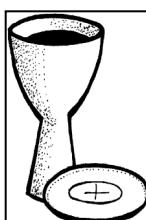
Also this month



Tue. 1st March from 10.00am
"Open House" at All Saints
For coffee, cakes and chat



Thurs 3rd March 7.15pm
The Rectory, Rickinghall
A time of revitalising prayer for the
work of the church in the community.



Wed. 2nd March. 10.00am
Albert Close Holy Communion
Thur. 17th April. 9.45am
Farnish House Holy Communion
These services are open to everyone



"Spearhead" All Saints, Redgrave
TBC



"Together in these villages we offer Christ's healing grace through our worship and service."
For more information; Revd Chris Norburn 01379 898685