

# PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

February 2017



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

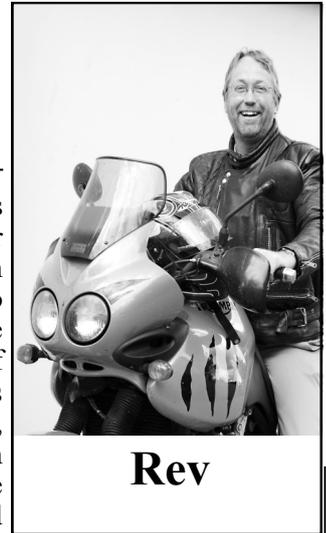
**Rev'd Chris Norburn**

**Rector of Redgrave cum Botesdale with the Rickinghalls**

*The Rectory, Bury Road, Rickinghall, Diss. IP22 1HA Tel: 01379 898685*

St Mary's Rickinghall Inferior has a web site

<http://stmarysrickinghallinferior.onesuffolk.net/> or Google: St Mary's Rickinghall Inferior



You've probably heard the familiar adage, "Aim at nothing and you'll hit it every time."

At the beginning of a new year we tend to set ourselves new goals, new resolutions. We do this in an attempt to improve ourselves, to make us a better person, to grow in maturity and to grow spiritually. Often the reason that we do not succeed at becoming that better person or growing spiritually is that while we say we want to change, we do not aim to change and grow. So we end up braking our resolutions and drift from day to day and year to year without experiencing significant growth in ourselves and in our relationship with God. So something to remember is that growth is a process, and being a process it has to be worked at!

The apostle Paul said to his younger disciple in 1 Timothy 4:7, "Discipline yourself for the purpose of godliness."

Paul uses an athletic metaphor: *discipline* comes from a Greek word from which we get our word, gymnasium. We can sit and watch sport on TV and think, "I wish I could play that sport like that!" But all the wishing in the world won't make it happen!

Professional athletes spend hours every day working out and developing their skills. When they hit a long putt, hit a six over square leg, hit that winning forehand pass you know that they have worked hard and practiced repeatedly to be able to do that. They have disciplined themselves for the goal of being proficient in their sport. There are no shortcuts. Paul tells us to do that spiritually, practice at it, for the purpose of godliness.

There are no easy, quick fixes toward godliness. But we're all prone to fall for quick and easy solutions to problems that require long, hard discipline to conquer. Why do people play the lottery? They don't want the hard work and discipline of living within their means and saying no to instant gratification. Spiritually, people want an easy way to solve their marriage problems or to rear their children, or to succeed in life. Real, lasting change only comes through disciplining yourself for the purpose of godliness.

The truth is God wants us to aim for godliness, not personal success. To be godly is to be like God, which comes through knowing Him more deeply. And so the reason you should want to grow spiritually is not just to solve your problems and make life happier. No, you should want to grow spiritually so that you know the living God in a deeper more meaningful way, so that your life will glorify Jesus, our Saviour, who gave up Himself for you on the cross.

Therefore, God wants us to know His purposes for us. The Bible says this in Psalm 90:12, "So teach us to number our days, that we may present to You a heart of wisdom." The Bible tells us that this is a prayer of Moses, so even Moses, living in 1400 B.C., was aware of the shortness of life and the need to use his time wisely in light of eternity.

If we were to write a purpose statement, I hope that you would include your desire to glorify God through your live. Jesus taught us that the best way of doing this is to live out the two Great Commandments, to love God and to love others (*Matt. 22:37-40*).

If you're not sure what love looks like in practice, read and memorise 1 Corinthians 13:4-7: "Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, does not act unbecomingly; it does not seek its own, is not provoked, does not take into account a wrong suffered, does not rejoice in unrighteousness, but rejoices with the truth; bears all things, believes all things, hopes all things, endures all things."

As you work at this you will develop humility, along with patience, kindness, tolerance of and towards others. Aim at these, they are worthwhile goals and resolutions for a new year; you will see spiritual growth. All of this begins with you. No one else can do this for you, you alone are responsible for your actions. So if you haven't or are not in the habit of making new year resolutions can I encourage you to consider disciplining yourself for the goal of first loving God and then others above yourself so that you become more proficient in it. As you do this you will see positive change in your life and you will be growing in godliness.

If, having read this and you want to know more about how you can get to know the living God, either for the first time, or to renew your relationship with Him, then please do get in touch with me and I'll be happy to help you.

Wishing you a happy and fruitful new year

*Chris Norburn.*

#### **From the Registers**

December 8th : Funeral and burial in the Churchyard at St Mary's Rickinghall Inferior, of Florence Diggins died 13th November 2016

December 17th : Memorial Service at Chapel of Ease, Botesdale, for Pamela Canning died 13th November 2016 age 87

## PARISH MAGAZINE—MESSAGE FROM THE EDITORS

We're back after the Christmas break, and hoping you've all had a good start to the year. This issue celebrates Valentine's Day, as has been customary on the February front cover for the past few years. The beautiful poem by Khalil Gibran, below, always bears repeating and remembering. Best wishes for a fantastic year in 2017.

### LOVE ONE ANOTHER

BY KHALIL GIBRAN

YOU WERE BORN TOGETHER, AND TOGETHER YOU SHALL BE FOREVER MORE. YOU SHALL BE TOGETHER WHEN THE WHITE WINGS OF DEATH SCATTER YOUR DAYS. AY, YOU SHALL BE TOGETHER EVEN IN THE SILENT MEMORY OF GOD. BUT LET THERE BE SPACES IN YOUR TOGETHERNESS, AND LET THE WINDS OF THE HEAVENS DANCE BETWEEN YOU.

LOVE ONE ANOTHER, BUT MAKE NOT A BOND OF LOVE: LET IT RATHER BE A MOVING SEA BETWEEN THE SHORES OF YOUR SOULS. FILL EACH OTHER'S CUP, BUT DRINK NOT FROM ONE CUP. GIVE ONE ANOTHER OF YOUR BREAD, BUT EAT NOT FROM THE SAME LOAF. SING AND DANCE TOGETHER AND BE JOYOUS, BUT LET EACH OF YOU BE ALONE, EVEN AS THE STRINGS OF A LUTE ARE ALONE THOUGH THEY QUIVER WITH THE SAME MUSIC.

GIVE YOUR HEARTS, BUT NOT INTO EACH OTHER'S KEEPING. FOR ONLY THE HAND OF LIFE CAN CONTAIN YOUR HEARTS. AND STAND TOGETHER YET NOT TOO NEAR TOGETHER: FOR THE PILLARS OF THE TEMPLE STAND APART, AND THE OAK TREE AND THE CYPRESS GROW NOT IN EACH OTHER'S SHADOW.



To contact the team that produce the magazine, please use the details below.

For all editorial content: editor@rbrparishmag.com  
For all commercial adverts: adverts@rbrparishmag.com  
To advertise events: events@rbrparishmag.com

Alternatively, please write to: *The Parish Magazine, The Rectory, Bury Road, Rickingham, Diss, Norfolk. IP22 1HA .*

Please note that **the copy dates for the forthcoming issues are as follows:**

- Mar issue: 6 February (Mon); come and help stuff the magazine @ All Saint's, Redgrave—4pm on 17 Feb (Fri)
- Apr issue: 6 Mar (Mon); come and help stuff the magazine @ All Saint's, Redgrave—4pm on 17 Mar (Fri)
- May issue: 10 April (Mon) come and help stuff the magazine @ All Saint's, Redgrave—4pm on 21 April (Fri)

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

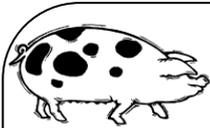
Best wishes,  
The Parish Magazine Volunteers

**WELCOME**

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.

Printed by:

**Gipping Press**



**HIGHWAYS**  
FINNINGHAM ROAD  
RICKINGHALL, DISS.

**RARE BREED GLOUCESTERSHIRE OLD SPOT PORK AND BACON**

TRADITIONALLY REARED OUTSIDE ON OUR SMALLHOLDING IN RICKINGHALL

LARGE OR SMALL QUANTITIES AVAILABLE FROM THE FARM GATE OR AT RICKINGHALL FARMERS' MARKET

**FARM BUTCHERY NOW OPEN : MON - FRI : 9AM - 3 PM  
SATURDAY : 2 - 5 PM**

PHONE/FAX 01379 898357. MOB: 07887 668445



**Farm Shop \* Delicatessen \* Bakery \* Nursery \* Coffee Shop**

*There is always something new to look at when you visit Hillcrest*

---

**WE HAVE FINISHED RENOVATING & PAINTING**

IT WOULDN'T BE HILLCREST IF WE DIDN'T MOVE EVERYTHING AROUND & KNOCK A FEW WALLS DOWN BUT FOR THE MOMENT WE HAVE FINISHED . . . SO WHY DON'T YOU COME & VISIT US IN THE NEWLY PAINTED FARM SHOP & HAVE A LOOK FOR YOURSELF?  
PLUS THE COFFEE SHOP HAS ALSO BEEN FRESHLY RE-PAINTED & IS READY TO SERVE YOU UP A SCRUMPTIOUS MEAL AGAIN!!!

*Valentine's Day ~ Feb 14th*

---

IT'S TIME TO START PLANTING . . .

**SEED POTATOES, ONION SETS  
& BARE ROOTED HEDGING**

ALL AVAILABLE NOW IN THE FARM SHOP!!!

---

**Fruit & Veg, Meat, Bread, Eggs, Milk & so much more - Open 7 days**

Hillcrest Nurseries Ltd \* Barningham Road \* Stanton \* Bury St Edmunds \* Suffolk \* IP31 2DU  
Tel: 01359 250 327 ~ Shop \* Tel: 01359 250 547 ~ Coffee Shop \* Fax: 01359 252 307

## Redgrave Community Shop

**Probably the smallest community shop in Britain ... but surprisingly well stocked!**

www.redgraveshop.co.uk 01379 898848

The butcher, the baker, the farm shop, the dairy,  
They all supply Redgrave Shop!

Please support us and our local suppliers

Newspapers and general Groceries

Orders taken

Opening Hours

Mon - Fri	8:30 - 1:00pm 3:30 - 6:00pm
Sat	8:30 - 1:00pm
Sun	9:00 - 11:00am

# SUNNYSIDE

## Farm Shop



Home grown seasonal fresh fruit, vegetables & eggs etc.

Stowmarket Road  
Rickinghall  
Tel: 01379 898 219

Open: 9 - 5.30  
Monday - Saturday  
9 - 1.00 Sunday

## Cocoa Mama Chocolaterie

4 Broad Street, Eye, Suffolk

- \*Fresh cakes and light lunches made daily
- \*Our own handmade Suffolk chocolates
- \*Private parties and chocolate workshops

\*Delicious hot chocolates, cappuccinos and fruit smoothies  
"A heavenly place to enjoy the best coffee in town"

Open Tuesday - Saturday 9am-3pm

[www.cocoamama.co.uk](http://www.cocoamama.co.uk)  
01379 870688

# Tripp Batt

*Country Store*

**Salt Tablets 25kg £6.99**

**25% off Mr Fothergills Seeds in Feb**

**Winter Fuels - Logs - Coal - Propane Gas**

**Levington Compost 2 for £10**

Hepworth Road, Stanton, IP31 2BT Tel. 01359 250268

Open 7 days a week - 8.30 - 5.30 midweek,  
8.30 - 5 Sat, 10-4 Sun.

[www.trippbattstore.com](http://www.trippbattstore.com)

A warm welcome awaits you at the **White Horse Thelnetham** a cosy & relaxing atmosphere pub with log burner every night, during these cold winter months, along with a great selection of afternoon teas and homemade cakes, served 12 - 3pm Wednesday to Sunday. We pride ourselves on using locally sourced ingredients, where possible, on our monthly changing menus along with weekly specials board.



**THE WHITE HORSE**  
- Bar & Restaurant -

**Bookings are advised during weekends due to popular demand**

Monday - closed, Tuesday 5pm - 10.30pm  
Wednesday to Friday - 12 - 3pm 5pm - 10.30pm  
Weekends - 12 - 10.30pm (5pm Sunday)  
Food served 12pm - 3pm only

To book your table or see our menu, please call **01379 898779**  
or email us at: [info@thelnethamwhitehorse.co.uk](mailto:info@thelnethamwhitehorse.co.uk)

## CROSS KEYS, REDGRAVE

IP22 1RW  
**01379 898510**



# February Events



All Saints  
Redgrave  
Tuesday 7th February  
10:00 til 12 noon  
**ALL WELCOME**  
Come along for a chat , coffee and cake

## Rickinghall Farmers' Market

Invitation to  
**ALL LOVERS**  
of good food.  
Indulge yourselves!



# Jumble Sale

**Annual Grand Jumble Sale**  
Saturday 4th February 2017  
at 2 pm in Rickinghall Village Hall.

As always ...  
Refreshments, Raffle, Tombola and Home-made Cake Stall ....  
so come along for the first bargains of the season!

Admission only 20p. Enquiries to Pam on 01379 898525.  
Proceeds to Rickinghall Village Hall. Charity No : 1031063

## Saturday 11 February 9—12.30

**CRAFTY**

Thursday 16th February 7.30 pm  
Parkview Chapel

Spend time doing your favourite hobbies.  
For more information contact Kev  
: Email : [Kevin@parkviewchapel.co.uk](mailto:Kevin@parkviewchapel.co.uk) or  
01379 898924.




## REDGRAVE AMENITIES TRUST THEATRE CLUB



The Redgrave and District Theatre Club  
Annual review with cheese and wine  
will be held in  
**Redgrave Activities Centre**  
on **Thursday February 16th at 7:30pm.**

At this meeting members choose which productions  
they want to go to see this year whilst enjoying a  
pleasant social evening . The club is open to anyone in  
the local area and family membership is only £5.00 per  
annum. Anyone who thinks they would like to join us  
will be made most welcome on **16th February** .  
We hope to see you there  
.Kay Mitchell : Chairman

## Redgrave Garden Club

Thursday 23rd February 7:30pm

**BUGS IN THE GARDEN**

With Ian Bedford

New invaders, old friends and ways to get rid of them  
without chemicals  
Redgrave Activity Centre

Enquiries/ Information 01379 890548  
[redgravegardenclub@gmail.com](mailto:redgravegardenclub@gmail.com)  
[redgravegardenclub.org.uk](http://redgravegardenclub.org.uk)



## Redgrave Ladies Club

**TUESDAY 7th February**



Demonstration by  
**JULIE PARKER**

Making a mosaic tile to take home

Meet 7:30pm at Redgrave Activities Centre  
Contact Kay 897324 or Jacqui 890946



## CINEMA AT PALGRAVE 8pm

Palgrave Community Centre, Rose Lane  
01379 742983

Saturday 4th March: Absolutely Fabulous  
Saturday 18th March : Café Society

Book online at [www.palgravecinema.co.uk](http://www.palgravecinema.co.uk)  
Tickets reserved on website - payment at door on the night

## PROGRESSIVE WHIST DRIVE

Tuesday 21st February

Redgrave Activities Centre : 7.30 pm

Beginners Welcome Refreshments  
Ring 898 619 for further details



Free to every household thanks to the local businesses that advertise here. Please support local businesses.



## *Cakes For All Occasions -*

bespoke wedding cake specialist, also birthdays, anniversaries etc. Designs from traditional to ultra-modern, we can design a unique cake just for you or copy any photo you may have. Contact Sharon on

0800

024 8540 for a free consultation or visit our website at [www.sharoncastro.co.uk](http://www.sharoncastro.co.uk) or Email to [rcastro3jg@btinternet.com](mailto:rcastro3jg@btinternet.com)



**Special cakes  
for  
special celebrations**

*Jean Barker*

01359 241135

[www.amazingcakesbyjean.co.uk](http://www.amazingcakesbyjean.co.uk)

## **Self catering accommodation Wortham**

Relax in peace & comfort in our spacious yet cosy ground floor annex. Sleeps 2  
No smoking, or pets please

**01379 890017**

[www.keswicklodge.com](http://www.keswicklodge.com)



## *Bespoke cakes for all occasions*

*Weddings, Anniversaries, Birthdays, Christenings etc.*

*Call Jacqui for a friendly chat and to arrange a free no obligation cake consultation.*

Tel: 01379-897264 or 07712-775466

*Special Cakes for Memorable Occasions*

[www.cakes2crumbs.co.uk](http://www.cakes2crumbs.co.uk)



## **4B&B STRENNETH Country Bed and Breakfast**



- Seven bedrooms, two with 4 poster
- Four bed economy bunk house
- Two detached holiday cottages
- Ground floor easy access
- Pets welcome

Phone: 01379 688182  
E mail: [pdavey@strenneth.co.uk](mailto:pdavey@strenneth.co.uk)  
<http://www.strenneth.co.uk>

Airfield Road  
Fersfield Diss  
Norfolk IP22 2BP

## **CARRIE'S ARTISAN CAKES**

Five star hygiene rated, registered company  
Join me on Facebook Carrie's Artisan Cakes  
Email [bisquebyu1@yahoo.co.uk](mailto:bisquebyu1@yahoo.co.uk)  
Telephone 07979 795161

**SPECIALIST CAKE MAKER  
FOR ANY OCCASION**



## **Bed & Breakfast**

**Grove Flock Farm  
The Common, Mill Road South  
Botesdale, IP22 1LH  
01379 898334**

Rural Comfortable Quiet Quality  
3 beautiful bedrooms : one with a conservatory  
2 en-suite

[www.grovecflockbandb.co.uk](http://www.grovecflockbandb.co.uk)  
Email : [joy@grovecflockbandb.co.uk](mailto:joy@grovecflockbandb.co.uk)  
See our reviews on Trip Advisor



We provide a reliable, friendly service of high quality food using locally sourced produce at affordable prices.

Our Services include:  
Weddings  
Buffets and Celebration Cakes  
Christenings  
Christmas/Birthday Parties  
Dinner Parties  
Staff Parties

E-mail: [martin@eastangliacatering.co.uk](mailto:martin@eastangliacatering.co.uk)  
Office: 01379 870143 Mob: 07732112605  
[www.eastangliacatering.co.uk](http://www.eastangliacatering.co.uk)

## **QUATREFOIL**

*local history books on  
Botesdale, Redgrave & Rickinghall*

*books are available from:  
Redgrave Shop (only books about Redgrave)  
Di Maywhort (01379 898785)*

full details of all books and prices are available at:

**[www.quatrefoil.org.uk](http://www.quatrefoil.org.uk)**

# February & March Events

 **Suffolk Wildlife Trust** **REDGRAVE & LOPHAM FEN**  
 For further information. 01379 688333

Book online at [www.suffolkwildlifetrust.org](http://www.suffolkwildlifetrust.org)

**Guided fen walk**  
 Saturday 4 Feb, 10.30am-1pm £4 adult, £2 child  
 Meet at the Education Centre, no booking required

**Marmalade masterclass**  
 Sunday 5 February, 10am-3pm £25 + £7 on the day  
 for jars & ingredients Booking essential

**Find out about volunteering**  
 Wednesday 8 February, 10am-12noon.

**Two colour woodblock printmaking**  
 Thursday 9 February, 10am-4pm  
 £35, inc materials, booking essential

**Wildlife Watch Group**  
 Saturday 11 Feb, 10.30am-12.30pm  
 A club for 6-12 year olds, £2 Call 01379 688333  
 Contact [marcus.halmshaw@btinternet.com](mailto:marcus.halmshaw@btinternet.com)

**Children's activity: Weird wildlife**  
 Tuesday 14 Feb, 10am-2pm £7 per child  
 For unaccompanied 6-10 year olds Booking essential

**Family activity: Bird box building**  
 Wednesday 15 Feb, 2pm-4pm  
 Make a nest box to take home. Plus, trail & crafts  
 £6 per bird box, Booking essential

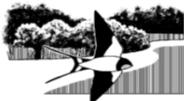
**Young naturalists**  
 Thurs 16 Feb, 10am-2pm. For unaccompanied 11-15  
 year olds Wildlife detecting & practical conservation  
 work £7 each, Booking essential

**Weave a willow birdfeeder**  
 Saturday 18 February, 10am-1pm  
 £25, inc materials, Booking essential

**Basic hedgehog care**  
 Saturday 25 February, 10am-3pm £25,  
 Booking essential

**Activity day for home-educated children**  
 Tuesday 28 February, 10.30am-2.30pm  
 £7 per child, Booking essential

**The flowering of the fens**  
 Tuesday 28 February, 7.30pm £2 per person  
 (including refreshments) An Evening talk  
 All welcome, no need to book **Call 01473 890089**

**Little Ouse Headwaters Project (LOHP) volunteers always needed!** 

Get out and enjoy yourself whatever the weather at an LOHP work party or event. Work parties are monthly on Sundays (usually 2nd Sunday) and weekly on Wednesdays. For further details about how to join in, email [beverly.blackburn@lohp.org.uk](mailto:beverly.blackburn@lohp.org.uk) or check our website [lohp.org.uk](http://lohp.org.uk).

**The Women's Institute** 

Thursday 9th February  
 7:30pm at Rickinghall Village Hall

**Call my bluff and games**  
 Competition : Something beginning with "M"

Refreshments  
 Trading stall buttons and bows  
 New members and guests always welcome

**Headspace**  
 Thursday 2nd February  
 Wednesday 8th February  
 Thursday 23rd February  
 9:30am at All Saints, Redgrave  
 Karen 01379 890897

## Familiarisation Opportunity

at Rickinghall  
 Village Hall

Thursday 9th March at  
 1pm till 3pm

OR

Wednesday 15th March  
 from 7pm till 9pm



Andy Watts our Urgent Care Practitioner based at Botesdale Health Centre will be leading two very informal familiarisation sessions so you can learn about the equipment. The more people who know how it works, the better!

For further information and to reserve a place please telephone Val Goodwin on 01379 890910.

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

# CUT ABOVE

Ladies & Gents hairdressing  
and beauty.

The Street Rickinghall

Open Tuesday-Saturday

TEL .01379 890647

## EMMA EDWARDS PROFESSIONAL HAIRDRESSING

- The salon experience in your own home.
- Fresh, creative approach to mobile hairdressing.
- Former salon owner bringing with her years of experience.
- Dedicated to customer satisfaction.

Evening appointments available.

To make an appointment call Emma on 07900 683649

## Angel Nails

Bio Sculpture Gel • CND Shellac  
OPI Gel • Gel Extensions  
Acrylic Nails  
Manicures • Pedicures

Angel House  
The Street  
Botesdale  
IP22 1BU

Open Wednesdays, Thursdays and Saturdays.

Please call 07791769459 or email  
kerry\_mills\_x@hotmail.co.uk for  
more information or to book  
appointments.



O.P.I CND Shellac

## Reflections

Health, Beauty and Relaxation  
has moved to Dovedale, Back Hills, Botesdale

Skin care and facials inc. Combined Ultrasound & Light Therapy  
Non Surgical micro current facial and body lifting  
Massages – Aromatherapy, Indian Head, Hot Stone, Reflexology  
Sugaring Manicures Pedicures Hopi Ear Candle  
New treatments include Sandalwood and Coconut Body Polish  
followed by a warmed Ayurveda herbal oil massage

Telephone Fiona on 07791 073772 or 01379 898789

Would you like to  
*advertise* in this  
magazine, from  
just £40 a year?

If interested,  
please contact  
**adverts@  
rbrparish  
mag.com**

## Simply Beauty

of Botesdale

Telephone 01379 308338

NOW OPEN

Neal's Yard Remedies Facials, Massage, Reflexology,  
Waxing, Tinting, Jessica Manicures & Pedicures,  
GELeration Manicures and Pedicures,  
Gift Vouchers available and much more!  
Rest Relax and Rejuvenate

Hill Top The Street, Botesdale Norfolk IP22 1BX

## LEARN FRENCH

In Kenninghall  
With experienced  
Teacher  
(native speaker)



ADULTS AND CHILDREN  
All levels, emphasis on  
speaking

Individual tuition  
or group tutorials  
telephone or Skype tuition

veroniquegordon@gn.apc.org  
www.lefrancaisenchante.com

Tel : 01953 887 521

## English Tutoring

Need to boost your child's  
literacy skills?

Are they preparing for Key Stage  
2 or 3 SATS; GCSE English  
Language, English Literature or  
Media Studies; A Level Language  
or Literature?

One-to-one (or small group)  
English tutoring available from  
an honours graduate with over  
20 years teaching experience.

For more details, please call Sue  
on 01379 890539 (eves) or  
07493 880577

(CRB checked. References  
available, on request.)

SINGER AVAILABLE FOR YOUR FUNCTION  
LARGE OR SMALL

I can also visit your home  
for parties and family  
gatherings

20's, 30's, 40's and  
All Time favourites  
Old Time Music Hall  
(in full costume)  
or a mixture of both



Tel: Gill on 01449 781 375  
www.gillnicholls.co.uk

## P J Music

Wayside Cottage, Chapel Lane,  
Botesdale, Diss, Norfolk,

Music Books, Instruments and Accessories

Recorders, Guitars, Ukuleles, Music Stands, Violins,  
Tuners, Strings, Tutor Books, Easy Tune Books,  
Country Dance Books, Amplifiers, Leads, Plectrums.

Guitar Lessons Beginners to Advanced

E-mail - [pjmusic@btinternet.com](mailto:pjmusic@btinternet.com)

01379 890088 – 07968 687011

# February Events

**NO ONE SHOULD FACE CANCER ALONE**  
 WE AGE MACMILLAN. CANCER SUPPORT

**Macmillan in the Community Information and Advice as below:**

**Park View Chapel, The Street, Botesdale**

**9.30am - 11.30am**

**Tuesday 14th February 2017**

If you would like any information about cancer, caring for someone with cancer, financial support etc then come and see us Or call the Macmillan Information Centre at the West Suffolk Hospital on 01284 713023 (no appointment necessary)



The University of the Third Age

The next meeting of Diss U3A will be held on:-

**Thursday 2<sup>nd</sup> February 2017**

at the United Reformed Church starting at 10.30.

The guest speaker will be **Anne Cottrell**

who will be giving a talk entitled:

**Ghana Storytelling**

The charge for each monthly meeting is £1 for members and £2 for guests, which includes tea or coffee.

Annual membership is £12 (pro rata).

For further information on Diss U3A visit our website:

[www.dissu3a.org.uk](http://www.dissu3a.org.uk)

**HERITAGE CIRCLE**  
**RICKINGHALL VILLAGE HALL**

Wednesday 22nd February at 7.30 pm

"Mid Suffolk light railway"

With

JOHN STARK

*New Members and Guests Welcome*

[www.onesuffolk.co.uk/HeritageCircle](http://www.onesuffolk.co.uk/HeritageCircle)



**Botesdale Methodist Church**

"Coffee down the Lane"

10:00am - 11.30 am

Tuesday 28th February



**RAHOF'S 30th ANNIVERSARY!**

This year please help RAHOF celebrate 30 years of fund-raising and friend-raising for St Nicholas Hospice Care in Bury St Edmunds, by coming to the following.



Fundraising in aid of St Nicholas Hospice Care

Also watch this space for other, events.

**"KNOW YOUR HOSPICE"**

**RAHOF CHEESE 'N' COFFEE EVENING**

with **ANNUAL REVIEW**

**Monday, 13th February 2017**

Redgrave Amenities Centre  
 7.30 p.m.

Tasty refreshments;

Speakers;

New Years Draw

Admission free,  
 Donations welcome

At this friendly evening you can meet some hospice staff who will talk about the work of different facets of this caring place. You can also chat with friends & RAHOF members, and hear about plans for 2017, when RAHOF celebrates 30 years of support for St Nicholas Hospice Care, Bury St Edmunds. All Welcome.

**CHANGE OF DATE**

**Rickingham Church Fabric Fund Quiz and Fish and Chip Supper.**

The quiz and fish and chip supper which many quizzers look out for and is usually held in February has been put back to the **end of March** this year due to holidays.

All details are in the advert on page 39 Please book early to avoid disappointment this year.

**RICKINGHALL COUNTRY MUSIC CLUB**

**Saturday 25th February**

at Rickingham Village Hall

8 pm til 11.30 pm  
 with

**Julie Dawn**

Raffle - Bar  
 Ticket price £6.00

All Welcome

Contact Keith or Kathy on 01379 898758



Free to every household thanks to the local businesses that advertise here. Please support local businesses.



**PRE-SCHOOL**

**For all children aged 2 to 5.  
We provide an exciting range of indoor and outdoor activities to ensure each child enjoys a stimulating learning experience supported by caring, highly qualified staff.**

**Exclusive access to Woodland area for exploration and adventure!**

**Consistently excellent Ofsted reports.**

**Sessions available Monday to Friday  
9.05am-3pm  
£2.45 per hour**

**Contact Karen Hails  
07796 014304 (am) or  
01379 898868 (evening)  
www.botesdaleandrickinghallpre-school.co.uk**

**Registered Charity no. 1022795**



Registered Charity  
1142955  
OFSTED Registration  
EY445021



**LOTTERY FUNDED**

**Botesdale Breakfast and After School Club  
OFSTED Registered  
www.botesdale-after-school-club.org.uk**

Providers of wrap around quality affordable childcare for children aged 3-11, term time only with consistently excellent OFSTED reports.

The clubs provide a safe fun and social environment with qualified experienced and caring staff. We offer a wide range of indoor and outdoor activities (weather permitting) including games, Lego, k'nex, arts and craft, IT and quiet area, play station and Wii.

Children are collected daily from St Botolphs Primary School. We also provide a drop off & collection service for these schools; Mellis Primary School, Wortham Primary School, Gisingham Primary School, Palgrave Primary School and Scole Primary School. There will be a small additional charge for this service.

Our fees are as follows;

Breakfast Club	£5.15 per session
After School Club	
3.30pm – 4.30pm	£4.00 for the hour
3.30pm – 5.30pm	£8.00 for 2 hours
3.30pm – 6.00pm	£9.25 for the session £8.25 for siblings

For further information please contact Paula or Bridget on 07952 961285 or 07758 102043

**Essential care  
for your teeth!**

We're now offering  
**Denplan Essentials**  
- an easy way to  
pay for your routine  
dental care.

**Botesdale Dental Practice**

Holly Close • The Drift  
Botesdale • Diss • IP22 1DH

**01379 897 176**

bdp.thedrift@yahoo.co.uk  
www.botesdaledental.co.uk

Any patient  
joining Denplan  
Essentials will get  
£30 off their first  
appointment

Ask us about  
cosmetic  
and implant  
treatments.



**Rabbats**

A baby and  
toddler group  
for parents and  
pre-school  
children



**Rickinghall Village Hall  
Every Thursday  
9.30 to 11.30 am**

Come along and join us

For information call  
Keren on 01379 897392

or email us at  
rabbats99@yahoo.co.uk  
www.onesuffolk.co.uk/llandbotesdalebt



A friendly, supportive  
group run every Monday  
(including bank holidays)

5.30pm and 7.30pm  
Rickinghall Village Hall

Call Amanda  
01379 652087

**Registered childminder**

Orchard childcare  
Cherry tree lane, Botesdale, IP22 1DL

Experienced childminder available for full  
daycare 7.30-5.30  
Before, after school and school holidays

**Specialising in child development through  
play  
Full support provided for children with  
additional needs**

**Lisa Crawley  
01379 309175 / 07514280925**



# Botesdale Parish Council

Leeann Jackson-Eve



**Meeting Dates 2017:** Please remember that we have now changed to the first Monday in the month (with the exception of May) so that we can meet the parish magazine deadlines more easily.

## NOVEMBER REPORT

All councillors were present except Desmond Bavington-Lowe, who sent his apologies. District Cllr Derek Osborne was also present.

**Public Forum:** Sue Coe talked to the Parish Council about initiating a Neighbourhood Plan and asked for the Council's support. The PC agreed that there was currently no framework for development in the villages and if there was strong community involvement to steer the development of a Plan, it would be a useful way to identify the larger context and local needs. The PC would fund a flyer in the December parish magazine to advertise a public meeting on 18 January.

**Planning:** There were no applications or decision notices.

**Budget:** It was agreed to maintain the same level of funding for churchyard maintenance next year and to include a regular sum to Barwoods for insurance on Millers Orchard. The rest of the budget would be discussed again in December.

**War Memorial:** The PC thanked John Canning for arranging the Remembrance Sunday event, Ernie Baxter for putting up the wreath "corral" and, Mike Bishop for the flower arrangement and Tim Gaddis for making sure the market place was immaculate for the day.

## DECEMBER REPORT

All councillors were present as well as County Cllr Jessica Fleming and District Cllr Derek Osborne.

**Public Forum:** District Cllr Osborne reported that Alberts Close in Rickingham had been "de-sheltered" and there would no longer be a visiting warden. County Cllr Fleming reported that a combined Norfolk-Suffolk deal is not now going ahead. Suffolk County Council voted on 23<sup>rd</sup> November to continue to explore possibilities for Suffolk following rejection of a combined proposal by King's Lynn and West Norfolk Council on 21<sup>st</sup> Nov. The Chief Veterinary Officer has declared a Prevention Zone to help protect poultry from a strain of Avian Flu in Europe. This requires keepers of poultry and other captive birds across England to keep their birds indoors, or take appropriate steps to keep them separate from wild birds. Information on the new measures can be found here. The government has sponsored a new digital project to provide better information to large vehicle operators which includes updated Ordnance Survey based mapping linked to SatNav but there is an added cost to access the full data and it will need input from local sources to improve accuracy. If you spot a pothole, faulty streetlight, empty grit bin or any other problem on the highway use our highways reporting tool to tell us about it: <http://highwaysreporting.suffolk.gov.uk>.

**Planning:** There were no applications or decision notices.

**Budget:** It was noted that there was £450 left in the budget for grants and there were two one-off requests on the table. It was agreed to give £300 to the Pre-School for new fencing around their woodland area and £150 to the Gisingham Silver Band towards replacing their hut with a new hall. This was also a thank you for their playing at the Christmas Lights-On event. The 2017-18 budget will be agreed in January.

**Public Rights of Way:** There is a new leaflet with three circular walks ranging from 1 – 3 hours. Botesdale and Rickingham PCs are in the process of installing an information board with the footpaths map on it and a dispenser for leaflets but in the meantime, the Clerk would be happy to send you a copy or you can download one from either PC website.

**Footpaths and Streams Project:** Working parties are still happening on a regular basis. If you are interested in making improvements to the streams at

the bottom of Fen Lane, more help would be very welcome – check out <http://botesdalestreams.webeden.co.uk/> for more information.

## JANUARY REPORT

All councillors were present as well as County Cllr Jessica Fleming and District Cllr Derek Osborne.

**Public Forum:** County Cllr Fleming reported that primary school applications for Sept 2017 were due in on 15 January. Cllr Osborne reported that a representative of the District Council would be attending the meeting on 18 January to discuss neighbourhood plans.

**Planning:** There were no applications or decision notices. Related to planning, the PC received correspondence from the Headteacher at St Botolph's assuring the PC that using the school as a reason not to extend housing provision (on a small scale) in the villages was not correct. On the whole the school does have the capacity to take in more pupils. Out of seven classes, there is currently space for additional pupils in all but yr6, yr5 and reception. In total there is space for 29 new children throughout the school, the equivalent to a whole class.

**Litter Pick:** Please mark 22 April on your diaries! The annual litter pick will start at 10am at the Botesdale Village Hall car park.

**Village Hall Committee:** The committee would very much like some new members! The commitment is minimal but new members are essential to preserve this community facility. If you are interested, please contact William Sargeant on 890138.

**Budget:** The PC agreed to set a budget of £29,200 for the year 2017-18 and to retain earmarked funds of £20,400. This will require a precept of £27,500 from the District Council resulting in an overall 12.8% rise on the amount received in 2016-17. There are several big projects in the works to improve the village including the ongoing replacement of old street lights, replacement of safety surfacing at the play area, which will also be upgraded with some new equipment, double-yellow lines at the junction of The Drift and Back Hills and the purchase of a vehicle activated speed sign.

**Christmas 2016:** The tree has been removed and a new year begins. The PC extended its warmest thanks to everyone who helped bring Christmas to Botesdale Market Place, with particular thanks to Chris Burnard, the working parties to set up Santa's grotto, and to the team of helpers, elves and reindeer who assisted with Santa's visit, organised by our Chairman, William Sargeant. The bucket collection in aid of the Friends of the Health Centre resulted in a donation of £140.

## THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON

**MONDAY 6th February  
at 7.30 pm  
at Botesdale Village Hall**

**All residents welcome  
[www.botesdale.suffolk.gov.uk](http://www.botesdale.suffolk.gov.uk)**

**Your Clerk is: Mrs Leeann Jackson-Eve,  
Wayside Cottage, Cherry Tree Lane,  
Botesdale, Diss, Norfolk, IP22 1DL.**

**Tel : 01379 890 141**

**Email : [botesdale\\_pc@btopenworld.com](mailto:botesdale_pc@btopenworld.com)**

**Please contact her during OFFICE HOURS ONLY.**

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

Traditional Chinese

## Acupuncture

Restores Your Health

**Deborah Ellis**  
LicAc M.B.Ac.C

30 years experience

01379 651553

71 Wheatfields,  
Rickinghall,  
IP22 1EN

## Gracious Mountain Therapies Hypnotherapy

*Weight Loss, Smoking Cessation, Stress  
Anxiety, Confidence and Self Esteem  
Habits and Phobias (fear of flying,  
heights, dentistry etc.) IBS,  
Exam Nerves including Driving Test*

### Aromatherapy

*Relaxation, Stress, Aches and Pains,  
Arthritis, Insomnia*

Call Loraine on

01953 681122 or 07703 294953

[www.graciousmountain.co.uk](http://www.graciousmountain.co.uk)



## Aisling Counselling

A fresh positive approach to couples relationship counselling as well as individual counselling.

I offer a tranquil peaceful and comfortable setting, where you can fully explore your feelings and emotions. I deal in all relationship issues with couples, including infidelity, life after affairs, sexual problems and communication issues. I aim to help you find the balance you both need to regain togetherness and love in your relationships.

Jill Mitev-Will BA(Hons) Dip. MBACP,  
Email: [aislinghousepractice@gmail.com](mailto:aislinghousepractice@gmail.com)  
Mob: 07800 639141 Tel: 01379 897055  
[www.aislingcounselling.co.uk](http://www.aislingcounselling.co.uk)

## The Mindful Retreat

6 week introduction to Mindfulness courses

Relaxation sessions

Stretch, focus, breathe, relax sessions

Also offering tailored sessions for your business & employees



[www.mindfulretreat.co.uk](http://www.mindfulretreat.co.uk)

[info@mindfulretreat.co.uk](mailto:info@mindfulretreat.co.uk)

07951041604

Sessions now available at the Langham Clinic, Langham,  
IP31 3EE (booking essential)

## The Bowen Technique

Melanie Coe E.C.B.S MBTPA

The Bowen Technique a remedial therapy, consists of a sequence of gentle rolling moves, with fingers or thumbs at precise points on the body over muscles, tendons, ligaments, nerves and soft tissue. Frequent essential pauses between moves allow the body time to absorb - respond to the gentle moves performed, and to make any changes needed to restore balance to the body and its systems. It is these features which make the Bowen Technique unique. Bowen is not massage and no oils/lotions are used. The treatment is none invasive. Suitable for all ages from new born to elderly. Useful for; back/neck/shoulder pain/restriction, tennis/golfers elbow, carpal tunnel, RSI, ankle/foot/knee/hamstring problems, menstrual/fertility problems, sciatica, migraine, IBS/digestive problems, infant colic, glue ear, asthma/bronchial problems, muscle/joint pain/problems, kidney problems, jaw problems to name but a few. **For information or to book an appointment call Melanie on 01379 890091-01379 890126 or 07717886273 [mcoebowen@hotmail.co.uk](mailto:mcoebowen@hotmail.co.uk) [www.btpa.co.uk](http://www.btpa.co.uk)**

**Bowen Therapy Professional Association**  
An independent organisation of Bowen Therapists run by Bowen Therapists

## West Suffolk Counselling

[www.westsuffolkcounselling.co.uk](http://www.westsuffolkcounselling.co.uk)

## PROFESSIONAL COUNSELLING SERVICE

Confidential counselling service to help with relationship problems, anxiety, depression, day to day difficulties or any personal issue you may be facing.

Registered member of the United Kingdom Council for Psychotherapy

Walsham-Le-Willows,  
BSE, IP31 3BD  
Tel 07792 635057  
Email:  
[westsuffolkcounselling@gmail.com](mailto:westsuffolkcounselling@gmail.com)



## DISS FOOT CARE

Foot care in the comfort of your own home

Sherralyn Blakely TCFCP dip

Foot care specialist



Friendly and professional service

Nails cut

Hard skin removed

Calluses, corns, fungal nail, ingrown nails treated

Call for more details : 0787 664 8667



## Experienced Reflexologist in Rickinghall

A good all round treatment which may help conditions such as : hormonal problems, digestive problems, people living with cancer and long term debilitating illnesses, breathing disorders, stress & anxiety, pregnancy and many other ailments.

**Lisa Howlett MBRA**  
(Qualified 1999 Bayly School of Reflexology)

Also offering Indian Head massage and Hopi Ear candle treatments,  
Full client confidentiality assured

For more information and advice or to book an appointment  
please call Lisa on  
07989 565210 or 01379 898028

## The Foot Health Clinic

in the comfort of your own home

Professional treatment of foot related discomfort including:

Corns.  
Callus.  
Cracked heels  
Thickened nails  
Fungal infection  
Ingrown nails  
Athletes foot  
Verrucas  
Nail cutting



Call David today for an appointment on 07503091122

David Casey  
SAC Dip.FHPT.FHPP.



# Redgrave Parish Council



Leeann Jackson-Eve

## Redgrave January Report – by the Clerk

Councillors Mike Denmark, John Giddings, David Snashfold, Neil Smith and Jason Walker were present in addition to the Clerk, County Councillor Jessica Fleming, District Councillor Derek Osborne, and 2 members of the public.

**Public Forum:** County Cllr Fleming reported that the government has sponsored a new digital project to provide better information to large vehicle operators which includes updated Ordnance Survey based mapping linked to SatNav. There is an added cost to access the full data and it will need input from local sources to improve accuracy. More about how communities can input to this system to follow. Highways Reporting reminder – If you spot a pothole, faulty streetlight, empty grit bin or any other problem on the highway use the Highways Reporting Tool to tell the County Council about it: <http://highwaysreporting.suffolk.gov.uk/>

**Planning:** It was noted that two planning application were granted planning permission – for two holiday cabins with parking, treatment plant and solar panels on the land north of Elm Cottage, Fen Street and the erection of a timber entrance gate at the new dwelling adjacent to Green Farm House.

The PC has received correspondence from development company Strutt and Parker requesting another presentation about proposals to build 20-25 houses on the land off Hall Lane near the end of the village. This presentation is provisionally arranged for the March meeting and any presentation will be held during the public forum. All members of the public are welcome to attend and speak if they wish. The meeting date is not confirmed though so please keep an eye on the notice board or website as it will be on the agenda!

**St Botolph's School:** Related to planning issues, the Headteacher has received a number of queries about the capacity at the school and wrote to the PC to say that the perception seems to be that the school wouldn't have the capacity to take any additional children if new homes and thus families moved into the area. He says that in some instances this is true but on the whole the school does have the capacity to take in more pupils and out of the seven classes they have, there is currently space for additional pupils in all except for yr6, yr5 and reception. In total they have space for 29 new children throughout the school, the equivalent to a whole class.

**Neighbourhood Plan:** Botesdale and Rickinghall are considering drafting a neighbourhood plan and by the time you read this an introductory meeting will have been held on 18 January to discuss whether to go ahead with it. This is a community-led endeavour which Redgrave residents may wish to join and there will be other

meetings coming up. If you feel that Redgrave should be involved, please email us to let us know. You can find out more information about neighbourhood plans on the Botesdale and Rickinghall PC websites.

**Footpaths and Play Area:** We are still trying to get quotes for additional cuts to footpaths and for new play surfacing at the play area but hope to have this in the works soon!

**Speedwatch Group:** During October, November and December the group has run 9 sessions and reported 43 vehicles speeding. In December the weather has been too cold or wet but they have run sessions when possible. Numbers reported per session continue to vary between 0 and 14. No new volunteers came forward as a result of the parish council magazine appeal and the team is continuing at its present strength, though they would like a couple of younger members to ensure continuity. The police have apparently been active in The Street, as they promised, on at least one occasion.

**Road Signs:** You may have noticed that the village entrance sign at the south end of the B1113 is a bit bashed and some of the 30mph repeater signs are very faded. Additionally, the finger post sign at the junction with Fen Street has also sustained some damage. We have been told by Suffolk County Council that their budget is limited and such repairs are not a priority. The PC isn't happy with this result and will be pursuing it further.

**Phone Box:** The PC is in the process of adopting the box and will confirm its new use in due course. If you have any suggestions, please let us know! (It probably isn't big enough for a village shop!)

**Next Meeting:** 1 February 2017 – *Don't forget we have moved to the first Wednesday of the month!*

**THE NEXT PARISH COUNCIL MEETING  
WILL TAKE PLACE ON  
WEDNESDAY 1st February at 7.30 pm  
Redgrave Amenities Centre**

**All Parishioners are cordially invited to attend**

**Your Clerk is: Mrs Leeann Jackson-Eve,  
Wayside Cottage, Cherry Tree Lane,  
Botesdale, Diss, Norfolk, IP22 1DL.**

**Tel : 01379 890 141**

**Email : [redgrave\\_pc@btopenworld.com](mailto:redgrave_pc@btopenworld.com)**

**Please contact her during OFFICE HOURS ONLY.**

## Mobile Library

Rickinghall :	Rectory Hill	10.40 – 10.55
Rickinghall :	Hinderclay Road	11.00 – 11.15
Rickinghall :	Village Hall	11.20 – 11.35
Botesdale :	Farnish House	11.40 – 11.55

Botesdale :	Village Hall	12.00 – 12.15
Botesdale :	Backhills	12.20 – 12.35
Redgrave :	The Knoll	12.45 – 1.05

will be calling: **Wednesday 8th February, 2017**

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

# DIRTY OVEN??

DOMESTIC OVEN CLEANING  
By the UK's leading oven cleaning company

## OVENCLEAN

OVER 500,000 cleans  
NON caustic, fresh solution every time.  
Hobs, Extractors and Microwaves  
Aga's and Ranges

PHONE JOHN DYER on 01359 259818  
or 07835 256967  
www.ovenclean.com

# OVEN CARE 4u

YOUR LOCAL DOMESTIC OVEN CLEANING SERVICE

ECO-FRIENDLY - NO MESS - NO FUMES

**FREE SILICON OVEN LINER FOR NEW CUSTOMERS**

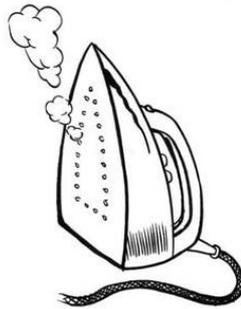
CALL JON ON 07817 212509

# PRESSED - T O - G O

FAMILY RUN IRONING  
& DRY CLEANING SERVICE  
BASED IN ROYDON

ESTABLISHED 9 YEARS

COLLECTION & DELIVERY



PHONE KAREN FOR DETAILS 01379 652767

Looking for  
flexible  
reliable help?



From pet sitting and dog  
walking to cleaning and  
house sitting—I can help!

Call Judith  
07733 361156



## LOCAL IRONING SERVICE + MORE

Free collection /  
delivery within 3 miles  
of Rickinghall

Prices available upon request  
**Please call Ruth**

**01379 890506**  
**0751 7039 685**

Transport (Hospital/  
Doctors etc.)  
Shopping  
Other Jobs Considered

**A  
L  
T  
E  
R  
N  
A  
T  
I  
V  
S  
E  
R  
V  
I  
C  
E  
S**

I have been  
established nearly  
20 years and offer a  
thorough **window  
cleaning** service  
for households.  
Give me a try and  
see the results -  
get your windows  
pristine clean.

Call Nigel on  
07775 858 052

## Turrell Cleaning Services

- Carpet & Upholstery
- Office Cleaning
- Fire & Flood Damage

Tel & Fax: 01379 687751  
Mob: 07801 398247  
martinturrellcleaning@aol.com  
www.turrellcleaningservices.co.uk

Would you like to  
*advertise* in this *magazine*,  
from just **£40** a year?

If interested, please contact

**adverts@rbrparishmag.com**

## Are you looking for a Cleaner?

Do you need help with your  
housework, cleaning, ironing, etc.

Our dedicated cleaners are...

- ★ Trained to a High Standard
- ★ Hard Working & Reliable
- ★ Friendly & Trustworthy
- ★ Carefully Vetted
- ★ Fully Insured

Always looking  
for good cleaners  
to join our team

**ticketyboo**  
CLEANING SERVICES

Just  
**£10.50hr**  
for a regular  
weekly  
clean  
(minimum 2 hours per week)

For a  
dependable,  
reliable cleaning  
service you can  
trust!

Call us now 01379 871995

www.ticketyboocleaning.com  
info@ticketyboocleaning.com

## A Helping Hand

A friendly, reliable, professional  
service

- Housework
- Cooking
- Gardening
- Dog walking
- Transport (doctors, shops etc.)

Fully insured, DBS checked,  
Character references.  
£10 ph plus mileage for  
transport services.  
Contact Caragh: 07786551771  
or 01359 253577  
Email: caraghill@yahoo.co.uk



## THE HOMECARE SERVICE WHERE

PEACE OF MIND  
COMES AS STANDARD

For more information  
please call:

**01473 381545**

A service from  
**Prestige Nursing**

www.prestige-nursing.co.uk/home

CARE  
AT  
HOME  
Your care, your choice.





# Rickinghall Parish Council



## Rickinghall January Report – by Councillor Rosemary Jones

All Parish Councillors were in attendance and the minutes of the previous meeting were approved.

**Public Forum:** Jessica Fleming (CC and MDSC) reported that the consultation on the proposed third nuclear power station at Sizewell would close on 3rd February. There were plans to link the two sides of the Orwell Docks in Ipswich and develop an island there for commercial and residential use.

Applications for next year's places at primary schools would close on 15th January. There would be new advantages for communities that had Neighbourhood Plans.

Derek Osborne (MSDC) mentioned the meeting in Rickinghall on 18th January to find out more about Neighbourhood Plans to encourage communities to develop one locally.

Strong and reasonable objections were raised regarding a planning application for a proposed new house on a narrow plot between The Tudor House and Maplestead on the north side of Bury Road. A previous application had been turned down and the applicant reasoned that the earlier objections had been addressed, but there were many more raised.

**Planning:** Previous applications had been passed with the exception of one at Stone Cottage. The new application mentioned above was considered and the Council voted unanimously to oppose it on the several grounds that had been raised, which included the tightness of plot for a building of that size, its appearance and orientation which was out of keeping with the rest of the houses in that area and overlooking nearby plots.

**Clerk's Report:** With a new contact in the County Highways department, a letter would be sent listing all the items that were still pending for this parish.

**Correspondence:** The Government has decided not to introduce referendum principles at this time but will be keeping the level of precepts set by town and parish councils under review.

The Headteacher of St Botolphs School wrote responding to recent enquiries from residents to say that there was capacity at the school equivalent to one full classroom.

**General Items:** Quotations were considered for a vehicle-activated sign to encourage people to observe the speed limit in the village. No final decision will be taken until Botesdale PC has considered the options as this will be a joint project. In the meantime councillors were encouraged to look at such signs that are in place elsewhere, to see which they preferred.

Quotations were considered for a footpath map display in the Market Place. This is also a joint project with Botesdale and we wait to hear their views.

The precept request was signed.

A LITTER-PICKING morning will take place on **SATURDAY 22nd APRIL**. Please come and join us for this annual clean-up of our streets and footpaths.

**Councillors' Reports:** A new, more permanent sign will be ordered for Low Meadow.

The village hall will be holding a jumble sale on 4th February.

The next meeting will be on 2nd February 2017 at the Village Hall, starting at 7.30 p.m.

### **Rickinghall Parish Council needs councillors!**

If you are 18 or over and live or work in Rickinghall you may qualify to become a councillor.

**We need young people, people with families, people in employment, people seeking employment, retirees, self-employed and Business people, people in further education. We need YOU.**

Being a councillor is very rewarding and everyone has something to offer their council and community. Your views and opinions count – you represent your age group, locality, background and most of all, your parish. There are opportunities to expand your knowledge and get involved with local projects.

To find out more call the Clerk on 01379 890141, email [rickinghall\\_pc@btopenworld.com](mailto:rickinghall_pc@btopenworld.com) or talk to one of our councillors.

Your Clerk is :  
**Mrs Leeann Jackson-Eve**  
Wayside Cottage, Cherry Tree Lane  
Botesdale, Diss, Norfolk, IP22 1DL  
Tel : 01379 890 141  
Email : [rickinghall\\_pc@btopenworld.com](mailto:rickinghall_pc@btopenworld.com)  
Please contact DURING OFFICE HOURS ONLY

## **RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON**

**THURSDAY 2nd FEBRUARY**  
**at 7.30 pm**  
**AT RICKINGHALL VILLAGE HALL**

**All residents are very welcome**  
[www.rickinghall.onesuffolk.net](http://www.rickinghall.onesuffolk.net)

**EYE FLOORING**  
*Making Luxury Affordable -*  
[www.eyeflooring.co.uk](http://www.eyeflooring.co.uk)  
**Domestic & Contract Flooring Specialists**  
 \*Carpets \*Vinyls \*Safety Flooring  
 \*Carpet Cleaning  
 The Old Theatre, Broad Street, Eye, Suffolk, IP23 7AF  
**01379 870190 / 07850 573366**

**ARRDEN VALE KITCHENS**  
 EXCLUSIVE, BESPOKE, HANDMADE TIMBER KITCHENS



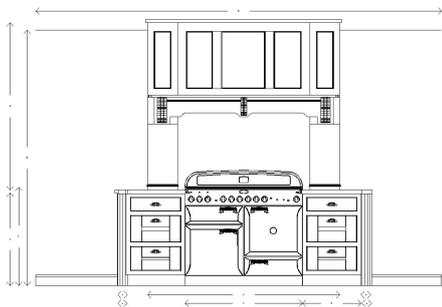
- TRULY INSPIRING KITCHENS
- VICTORIAN, EDWARDIAN, CLASSIC & CONTEMPORARY DESIGNS
- 100% INDIVIDUALLY DESIGNED & HANDMADE
- COMPLETE ONE-TO-ONE APPROACH FROM DESIGN THROUGH TO INSTALLATION

**T: 01449 782062**  
**E: INFO@ARRDENVALEKITCHENS.CO.UK**  
**WWW.ARRDENVALEKITCHENS.CO.UK**

**Haydon Webb**  
**Kitchens & Furniture**

- ◇ Showroom in Debenham
- ◇ Handmade contemporary styles
- ◇ Bosch & Neff appliances on display
- ◇ Worksurfaces – Granite – Silestone – Corian
- ◇ Showroom open for appointments only

Tel: 01379 783028 [Worham office]  
 E: [robert@haydonwebb.co.uk](mailto:robert@haydonwebb.co.uk)  
[www.kitchensinsuffolk.co.uk](http://www.kitchensinsuffolk.co.uk)



**Beech Tree Forge**  
 Patrick Stone – Wrought Iron Specialist  
 Individual Handcraft Wrought Ironwork



No 2 Falcons Hall Cottage  
 Rickinghall, Diss,  
 Norfolk IP22 1LP  
 Tel / Fax: 01379 897256  
 Mobile: 07771 536 251

**n-b-k.** Bathrooms  
 Kitchens  
 Design & Installation

Contact us today for your FREE survey



**Forward-thinking design**  
**Traditional customer service.**

Mrs C - Watton

We offer all these great benefits

- ✓ 3 year guarantee on installations
- ✓ Full project management
- ✓ Latest 3D CAD software
- ✓ Free Design & Planning

Visit our fabulous Diss showroom or go online [n-b-k.co.uk](http://n-b-k.co.uk)

**Address**  
 Carmel House  
 Park Road  
 Diss  
 Norfolk IP22 4AS

**Opening times**  
 Monday – Friday 9am – 5pm  
 Saturday 10am – 4pm

**Contact us**  
 01379 640812  
[diss@n-b-k.co.uk](mailto:diss@n-b-k.co.uk)

**THE PINE HOUSE CO.**  
**HAND MADE FURNITURE**  
 ANY SIZE TO YOUR DESIGN  
 Including Hand Made Fitted & Free-Standing Kitchens  
 in  
 OAK \* PINE \* RUSTIC PLANK \*  
 RECLAIMED & DRIFTWOOD TIMBERS

[www.thepinehousecompany.co.uk](http://www.thepinehousecompany.co.uk)  
 Tel/Fax 01359 235030  
[information@thepinehousecompany.co.uk](mailto:information@thepinehousecompany.co.uk)  
 Spinney Garage, Stowlangtoft near Bury St Edmunds, IP31 3JS  
 Open Mon-Sat 9am-5pm, Sun 10am-4pm, Closed Tuesday

# Village News



**St Mary's Rickinghall Inferior**  
Open for visitors on Saturdays  
4th and 18th February  
10:00 am to 5 pm



## Oil syndicate, FEBRUARY Purchase

The deadline for the end-of-February Oil Syndicate Order will be **Saturday February 25**. Orders should be complete by March 10, although this might be extended. If your tank is very low, then I can list you as a Priority, and you will get an earlier delivery.

As always, there is a minimum order of 500 litres. The supplier will contact purchasers in advance to arrange payment and delivery details. Orders requested as 'Fill up' will be listed as 10% more than the estimate, and the cost of any oil that cannot be delivered will be refunded by the supplier. This 10% boost is needed to ensure that enough oil is ordered by the supplier from the refinery.

The best way to contact me is to send an e-mail message to:

[botesdaleoil@gmail.com](mailto:botesdaleoil@gmail.com)

If you don't have e-mail, then call me on 01379 890952, leave a message if there is no answer.

Whichever method you use, if you leave me a message, I will reply. If you have NOT heard back from me after 2 days, try again. Not all messages always get through the first time.

The next order will be placed on July 22 or 29, details will be published in this magazine in plenty of time.

David Sloan.

## Sudoku

6	8		7				5	
						1		
					8		4	
	9	7	4			6		2
		2				5		
8		6			2	4	9	
	3		8					
		5						
	7				4		2	9

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.



REDGRAVE CHURCH  
HERITAGE TRUST

**St Mary's Redgrave Church**  
Next open Day : Spring 2017

A Cleaning session will take place on

Thursday **2nd February 2017**  
from 9.00 am to 11.00 am. All are welcome to join the happy group who dust, sweep, polish or even scrub. Coffee and eats are available. Please come along and give your support.

For further information or to help call 01379 898696.



## Lent Course 2017 – “Let the Scriptures Speak”

...being formed and transformed by God's Word;  
becoming humble servants of the text.



### Dwelling in the Word

The Lent Course for 2017 will give us an opportunity to learn how we can let the scriptures speak to us. To help us achieve this we will follow the principles of a Christian practice called **Dwelling in the Word**. This is a spiritual practice of reading and dwelling in a biblical text with an openness to be formed and transformed by the Living Word. This practice is a way of allowing God to speak to us both individually and corporately.

Dwelling in the Word values listening deeply to God and to one another. So we read for spiritual formation by coming to the Word and patiently allowing the text to intrude into our lives, address us, in such a way that we encounter the wonderful God of Mystery and Love.

**Each session** will consist of listening to a passage of scripture, a copy of which you will be given, and in a period of silence (several minutes) you'll be encouraged to let the Spirit nudge you through the Word that is before you. As you reflect and reread the passage in the silence of your own heart you may find that a word, phrase or sentence, jumps out at you by the nudging of the Holy Spirit. There may be words that “stop you cold”, something may surprise you, even though you have read the passage many times before. We may also have a question for you to consider as we Dwell in the Word, such as “What is God doing in this text?”, or “How are we to be changed and transformed by this text in our personal and corporate life?”

After a period of silence, you will be asked to share for two-three minutes with one other person how the passage spoke to you. **This will be a listening exercise**, not a discussion. After you have both shared you will then be invited to form small groups and you will share what you heard from your partner. If time permits, we may than ask a few people to share what they heard to the whole group. Dwelling in the Word is both a practice of listening as well as speaking.

*I believe that these sessions will open up our heart, body, mind and spirit in an exciting way as we invite God, through the Holy Spirit, to speak into our very being and so transform us more and more into the people God has called us to be.*

*These sessions will start weekly from **Tuesday 7th March 2017** (the first Tuesday after Ash Wednesday) and run weekly until **Tuesday 4th April 2017** and will be held at **All Saints, Redgrave** starting at **7.30pm**. If you would like to join us please contact the Revd Chris Norburn on 01379 898685 to book a place.*

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

## Rooms with a View

Fabrics and Interior Accessories  
Handmade Curtains and Blinds

Jane Churchill, Colefax, Vanessa Arbuthnott  
& many more

Farrow & Ball and Little Greene  
paints and wallpapers

For a friendly service, visit our shop at  
5 St Nicholas Street, Diss. Tel. 01379 640220  
or shop online at

[www.roomswithaview.co.uk/shop](http://www.roomswithaview.co.uk/shop)

INTERIOR DESIGN & SOFT FURNISHINGS

**Kevin J Cross**

Antique Furniture Restorer  
& Cabinet Maker

*(New & old work undertaken)*

Colt Lodge  
Dunhill Lane  
Hepworth IP22 2QB

Contact:  
07799 640 153

**DOROTHY SINFIELD  
UPHOLSTERY**

Vine House, Church Hill, Hoxne  
Eye, Suffolk. IP22 5AT.

**THAT CHAIR, SETTEE,  
CURTAINS/BLINDS,  
CUSHIONS -  
ANY TYPE OF SOFT  
FURNISHINGS/  
UPHOLSTERY**

FOR PERSONAL ATTENTION  
CALL 01379 668545

## SALLY SMITH

**Made to Measure Home Furnishings**

Curtains, Blinds, Cushions, Loose Covers

Curtain Alterations

Please contact Sally Smith on 01379 898767

[ssmitho91@btinternet.com](mailto:ssmitho91@btinternet.com)

The Uplands, The Street, Rickingham, IP22 1DZ

## PICTURE FRAMING BY CAROLA SETTLE

Quality mounting & framing of prints,  
photographs, paintings, embroideries etc.,  
at competitive prices.

Friendly advice & professional service.

Stanwell House, High Street, Gislingham,  
Eye, Suffolk. IP23 8JE  
Tel: 01379 783 415



## Restoration of Fine Antique Furniture

Restoration or conservation is carried out sympathetically  
using traditional materials wherever possible.

*Gilding*

*Veneering*

*French polishing*

*Leather Desk Inserts & many other restoration processes*

Local collection service

Please contact Roger Castro on 01359 259643

# W/BG

WHITE BEAK GALLERY

art & framing

## BESPOKE PICTURE FRAMING & MIRRORS

We frame all types of paintings, prints and photographs  
and also stock a wide selection of readymade,  
handcrafted frames and mirrors.

Pop in for some advice, a no obligation quote  
and visit our art gallery too.

Artists' framing discount service available.

**Woodstock Barn, Botesdale, IP22 1DT**

(corner of Mill Road and Chapel Lane  
behind Parkview Chapel)

call 01379 890 072 / 07535 776 902

email [info@whitebeakgallery.co.uk](mailto:info@whitebeakgallery.co.uk)

visit [www.whitebeakgallery.co.uk](http://www.whitebeakgallery.co.uk)



Garnet House Drapes

**Made to Measure Curtains & Blinds**  
**Julie Wood**  
Julie@GarnetHouseDrapes.co.uk  
07568 365694

# Village News

## Defibrillator installed at Rickinghall Village Hall

Rickinghall WI and Rickinghall Village Hall Management Committee have combined their energies to provide a defibrillator for public use. At a cost of some £2,000, more or less equally divided between the two organisations, the equipment is housed in a safe on the South wall of the village hall, close to the main entrance. If anyone in the locality collapses, helpers should immediately dial 999. If the emergency operator considers that a defibrillator will be of use they will issue the access code for the keypad securing the safe.

Andy Watts our Urgent Care Practitioner based at Botesdale Health Centre, will be holding two informal familiarisation sessions:

**at Rickinghall Village Hall**

**Thursday 9th March at 1pm till 3pm**

**Wednesday 15th March from 7pm till 9pm.**

Anyone who is interested in attending **either** of the two free sessions (they both have the same content, but one in the afternoon and one in the evening) should contact Val Goodwin on 01379 890910 to reserve a place. These sessions are also open to those who attended the familiarisation events held last year, should you wish to refresh your memory.

In the event of suspected heart failure the 999 operator will stay on the line to give help and advice. The equipment is designed to be idiot proof, however its effectiveness is greatly enhanced if the person operating it has seen it before and hence knows what to expect of the machine, amongst other things, it talks to you! It can also detect heartbeats, so will not shock the patient if this would be detrimental. Do book your place! Val's number is still 890910.

Further information is available on the Rickinghall Village Hall web site. Google: "Rickinghall defibrillator".

*Rickinghall Village Hall Management Committee*

## REDBRICK WATERCOOLER

The Redbrick Watercooler is an informal network for local professionals who work from home. At our meeting in December we discussed leadership, learning from failure, writing blogs, and accountability. At our January meeting the conversation flowed seamlessly through tax returns, email overload, the weaknesses of online rating, (not dating), the importance of cultivating business relationships, and effective use of social media.

Future meetings are planned for the following Fridays at 12 noon in The Bell: 10<sup>th</sup> February, 10<sup>th</sup> March, 7<sup>th</sup> April and 12<sup>th</sup> May. All are welcome. Please sign up to our LinkedIn group called Redbrick Watercooler.

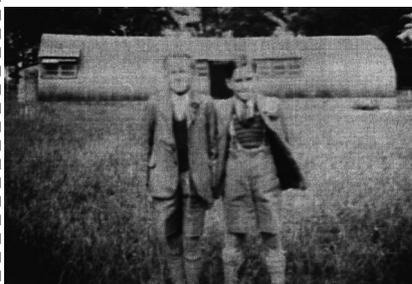


## RICKINGHALL VILLAGE HALL : 1951

1951. Only six years after the end of World War 2. Still lots of shortages, some foods still rationed. Almost no-one has a television set. Computers, mobile phones and social media are not even dreamt of.

Entertainment? Try Rickinghall Village Hall! The regular cinema showings were the main activity, and certainly the main income, of the tin hut which was the village hall. We know this because long-time Rickinghall resident Margaret Brown has found a copy of the 1951 Accounts amongst the papers of her recently deceased mother. And fascinating reading they are too.

The Cinema Committee has its own Chairman, and accounts separate from those of the main Hall Committee. Cinema takings of £786.1s.6d were offset by film hire costs of £463.0s.10d. The cine operator cost £30.18s.6d for the year, and projector maintenance and repairs £76.2s.0d, while a record player and records cost £17.14s.10d. Mind you, there was an income from screen advertisements of £2.18s.6d! The reported tendency of local children to throw stones onto the hall's tin roof at key moments during romantic or horror films must have enhanced the audience's enjoyment no end.



The tin hut. Does anybody know who the boys are?

Despite this though, after all costs the cinema made a profit of some £156. Just as well, since the Hall's annual income from other hirings was just £34!

Unfortunately light and heat alone cost £56, within overall running costs of £175. The Housekeeping Committee (so many committees - what a lot of talking for tiny numbers) must have had their work

cut out trying to balance the books. Luckily for them the Cinema Committee agreed to transfer £136 of their profit across, so the figures don't look so bad, otherwise we probably wouldn't have had a village hall at all for much longer!

Heating for the Hall was provided by a coke boiler. The Balance Sheet shows a coke stock valued at £2.12s.1d: one has to assume that someone must have counted the individual lumps! Other assets included projector spares valued at £16.4s.7d; this seems a lot, but the projector was actually insured for £1,000, a huge amount at the time. The good news was that a reserve was being built up for a new building, and this had reached the giddy heights of £138. Only another ten years or so to go, and the old tin hut would be bricked round, forming the central part of the incredibly busy and successful Village Hall which we now have at the centre of our community.

*Bob Clark, Chairman, Hall Management Committee*

## VENUE FOR HIRE

**ST BOTOLPH'S & DISTRICT BOWLS CLUB**

**FEN LANE - RICKINGHALL**

OUR CLUB HOUSE, WHICH HAS RECENTLY BEEN REFURBISHED, IS SUITABLE FOR MOST TYPES OF FUNCTIONS AND OFFERS AMPLE SEATING, FULL USE OF KITCHEN, MANNED BAR IF REQUIRED AND ON SITE PARKING.

FOR FULL DETAILS AND CHARGES CONTACT ERNIE BAXTER TELEPHONE 01379 898566



Beautiful Flowers  
for all occasions

Local & National Delivery

Open : Monday - Saturday

Chilvers, Market Place  
Botesdale

01379 897245  
www.attheflowerhut.co.uk

## moss & stone

flower school

Brook House, Rickingham

fabulous floral workshops creating English style,  
natural, seasonal arrangements using British flowers

taught by Brigitte Girling  
an experienced large event florist  
we will have fun, food and fabulous flowers in abundance

for more information contact  
brigitte@mossandstone.co.uk  
www.mossandstone.co.uk

## PLANTS

Cottage garden plants  
and

Seasonal cut flowers

Cherry Tree House,  
Candle Street,  
Rickingham,  
IP22 1LN

Tel: 01379 890779



## House Name Plaques & Weathervanes



Designs moulded in relief and cast in  
aluminium

Range of traditional designs available  
Individual commissions taken  
Brochure available

Tel : 01379 651148

Email : johntacey@btinternet.com

## CINEMA AT PALGRAVE

Palgrave Community Centre, Rose Lane, 01379 742983  
the hall has been refurbished and comfortable new seats added!

Saturday March 4th – **Absolutely Fabulous  
The Movie**

Saturday March 18th – **Café Society**

Saturday April 1st - **Inferno**

Free parking - Bar Open - Ice Creams in interval -

Digital surround sound - the Best Cinema Experience

Book tickets online at [www.palgravecinema.co.uk](http://www.palgravecinema.co.uk)  
(also read Guardian reviews of the films and watch trailers)

## Karen Lawrence Basketmaker

Willow \* Rush \* Cane

- \* Commissions Undertaken
- \* Courses Available
- \* Traditional and contemporary baskets

01379 890897

www.karenlawrencebasketry.com

Handmade in Redgrave from  
English Willow and Rush

## The garden room

www.the-gardenroom.co.uk

Chic Vintage & Contemporary  
Danish & French Shabby Chic items  
for the Home and Garden

Buy online or at our Suffolk Retail Shop

Did you know we are also an ebay power  
seller? Please visit our ebay store ...  
www.stores.ebay.co.uk/The-Garden-Room-1

The Garden Room  
110 High Street  
Needham Market, Suffolk, IP6 8DW

01449 723412 / 01379 898646



## Yoga

at  
Botesdale  
Village Hall

Tuesdays 7.15 pm—9.00 pm

Term time only

Join any time!

All abilities welcome

£42 for each block of 6 weeks

For more information  
please ring Julie on

01359 221655

or email

juliedyoga@msn.com



Would you like to  
*advertise* in this *magazine*,  
from just **£40** a year?

If interested, please contact

[adverts@rbrparishmag.com](mailto:adverts@rbrparishmag.com)

Enquiries: Jill on 01379 897055 or 07800 639 141



**ZUMBA**  
fitness

A great way to have a fun workout and enjoy exciting  
Latin sounds.

**Mondays @ 10am** Rickingham village hall  
**Tuesdays @ 6pm** Rickingham village hall

All classes £6 per session (2 in same week £10)



**FIT  
STEPS**

This is an exciting dance craze, which will keep you fit, shape your  
body, burn those calories and gives the opportunity to learn dances  
such as the Cha Cha, Charleston, Quick Step, Tango, Jive & Waltz.  
Suitable for people of all ages and ability, and, what's more,  
you don't need a partner!

**Mondays @ 7pm** Garboldisham village hall  
**Thursdays @ 6pm** Rickingham village hall  
**Fridays @ 10am** Palgrave village hall

# Club News

## HERITAGE CIRCLE

### Pip Wright, The Whistlecraft Family of Rickingham

The November meeting of the Heritage Circle at Rickingham Village Hall had a captivating talk by Pip Wright where he told a series of stories from the life of Joe Whistlecraft, a 'wrong'un' who lived in Rickingham.

Joe was born in the Hartismere Workhouse in 1876. He was part of a large family who moved to Rickingham and came to live in Rose Cottage, Water Lane. His father, William, was notorious in the village as he was often in and out of prison for poaching on the estate of the Wilson family. He taught his sons how to shoot a gun, how to set a snare and how to train a dog. It was a rough upbringing during which Joe learned when to run and when to fight.

When Joe went to school, the family's reputation was well established and he was continually in trouble. It was not a surprise that he would eventually end up in court. His first offence was being drunk and disorderly, and swearing at and threatening a police officer. He was fined 15/- but was unable to pay and so he had 8 days in prison. Here he learned that prison was not that bad as you were given a bed, three meals a day and a haircut. A number of other prosecutions followed, including assault, robbery, failure to pay a dog licence, and arson for which he served three years in Chelmsford Gaol. In total, Joe spent over 20 years in prison. He and his family seemed to have been in a continual battle with the authorities and those who were wealthy. This intensified when his elder brother, Solly, died in Ipswich Prison from what appears to have been neglect in 1904.

In February 1914 two of Joe's brothers, Herbie and John, emigrated to Canada but they returned to Europe almost immediately when World War I broke out. Joe found himself the only member of the family at home as all of his brothers went to war and his sisters were in service. Joe was 38 years old but the major reason for not enlisting was his loss of two fingers in a shotgun accident. During this period, Joe committed an offence that he claimed he was not proud of, he shot his father. There had been a major argument between the two men as Joe was accused of 'grassing' on one his friends who had broken a window in the church. This ended in Joe firing shot into his father's back. Fortunately for Joe, the charge of attempted murder was reduced to unlawful wounding.

In 1929 Joe faced a much more serious charge, murder. There was a longstanding enmity between Joe and the family of a local gamekeeper, Ernie Cornwell. Joe went poaching to Stubbing's Wood with his youngest brother, Ernie. They arrived separately on this dark, wet night. Joe fired his gun into a tree hoping to hit a roosting bird but this only attracted the attention of the game keeper and his assistant, Mike Scott. Joe had reloaded his gun by the time he was caught in a bright light. He seems to have shot at the light and Ernie Cornwell was killed. Mike Scott had not witnessed the shooting but found Ernie before he died and was given Joe's name as the assailant. Joe disposed of the gun but was arrested and held in Norwich for trial. He was fortunate that his barrister was able to undermine the evidence presented against him and he was acquitted. However, he was shunned by the village as he was known to be guilty of the murder. Soon after this, Joe moved to live with one of his sisters in Hinderclay. During the Second World War he got an honest job as gamekeeper for the Wilson family at Hinderclay Hall. He was able to use his knowledge to raise birds and manage the woodland. He finally died in 1960 at the age of 84. This was the end of an eventful life.

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 25 January when Tony Diamond will speak about Rudyard Kipling at Rickingham Village Hall. This will be followed on 22 February when John Stark will give a talk about the Mid Suffolk Light Railway. Further information about the Heritage Circle is available on its website, [www.heritagecircle.onesuffolk.net](http://www.heritagecircle.onesuffolk.net)

The December meeting of the Heritage Circle took the form of a Christmas Social followed by a speaker. Members and friends enjoyed a delicious buffet accompanied by a glass of Bucks Fizz. This was followed by the speaker Mr. David Reeve who spoke about his life as a Royal Bodyguard. Mr. Reeve told members what his job entailed, which included arranging the Queen's visits. This involved checking the security of the venue, the facilities, timing of

arrival and departure, and even the direction the Royal car would face in order that the Queen alighted from the correct side to enter the venue. He also told members some amusing incidents which had happened during his career. One such occasion occurred when he was invited to lunch with the Royal Family and being very worried that he might not be able to eat the food on the menu, also realizing that he had taken very large portions compared with other members of the party, a fact that was commented upon by Prince Phillip at the next lunch. Mr. Reeve's talk was greatly enjoyed by members, and was thanked on their behalf by the Chairman. The evening concluded with the raffle, with prizes of Christmas goodies.

The February meeting will be on 22nd. at 7.30p.m. at Rickingham Village Hall, when the speaker will be John Stark talking about the Mid Suffolk Light Railway.

Gerry Gurhy & Angela Bigley

## Coffee On



The Corner

As this has been a double issue of the Parish Magazine over the Christmas period, there is twice as much to report now ... since my last comment we have had two Coffee mornings at Parkview Chapel.

The first was in December and the room filled up really quickly - word had got out that the children from St Botolph's were coming to entertain us.

We had prepared ourselves with extra refreshments and it was such a joy to see the room FULL of expectant parents and grandparents waiting to be entertained. The children from the school duly arrived and there was the usual buzz when they came in. As usual they did not disappoint - some sang beautifully, others looked slightly puzzled, whilst some may have been preoccupied with what their fellow choir members were doing! Whatever their individual contribution, the whole performance was most enjoyable. I know that I speak for both the members of Parkview, our usual Coffee on the Corner visitors and those who came along especially for the event, when I say how grateful we are for the hard work that the teachers and their assistants put in to encouraging, cajoling and whatever else it takes to get the children to stand up and perform. Thank you. It was most enjoyable and we hope they will return at the end of this year again.

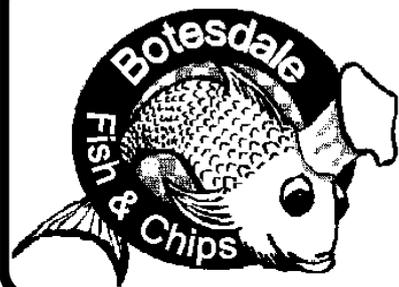
The charity that we were supporting was EACH - East Anglian Children's Hospices and many of you will be aware that the current Hospice at Quidenham has outgrown the old buildings that it currently occupies and that a new building is proposed - The Nook is the name of the project and your kind donations allowed us to send just over £165.00 to that appeal. Your kindness always astounds me.

This month we were supporting, as we always do in January, the work of Centre Point. For anyone who buys the Big Issue on a regular basis, you will know that this charity works with the homeless in London and other places. Not only do they offer shelter for those who have no home, but they also offer counselling and support to get them off the streets and back into a life where they feel valued. Whilst our donations this morning were slightly lower than usual - of the order of £57 - it is these small donations that can make a big difference. Thank you and we wish those of you who were not able to come this morning a speedy return - either to health if you are suffering, or simply to Coffee on the Corner - we missed you!

One thing I would like to advertise for those of you who might like to borrow jigsaws to while away those long winter evenings is the fact that Mrs Elizabeth Moss, having downsized recently, has now added her collection to that of Mrs Brenda Green at The Hollies (corner of The Street and The Drift in Botesdale, just in case you did not know!). A small donation of 50p is asked per jigsaw and the money will go to the Health Centre. For more information please call Brenda Green on 01379 898577.

The February Coffee on the Corner will be held on Valentine's Day - Tuesday 14th, so do watch out for local posters with more details!

If you feel you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423.



## BOTESDALE

Traditional Fish & Chips

Tel: 01379 898 543

**MONDAY CLOSED** except for a Bank Holiday Monday 4.00 - 8.00 pm  
**TUESDAY** 11.30 am - 1.30 pm 4.15 - 8.00 pm  
**WEDNESDAY** 4.15 - 8.00 pm  
**THURSDAY, FRIDAY, SATURDAY** 11.30 am - 1.30 pm 4.15 - 10.00 pm  
**SUNDAY** 4.15 - 8.00 pm

### February Calendar

Wednesday	1 <sup>st</sup>	9:30am 10:00am 7:30pm	Redgrave Art Club Day Centre Redgrave Parish Council	Activities Centre Rickinghall Village Hall Activities Centre
Thursday	2 <sup>nd</sup>	9:00am 9:30am 9:30am 10:00am 10:30am 6:00pm 7:30pm	Church cleaning Headspace RABBATS St Nicholas Hospice Care: Drop in U3A Diss meeting Fitsteps Rickinghall Parish Council	Redgrave St Mary's All Saints Redgrave Rickinghall Village Hall Botesdale Health Centre United reform Church Rickinghall Village Hall Rickinghall Village Hall
Friday	3 <sup>rd</sup>	10:00am 8:00pm	Positive Steps Dance Classes	Rickinghall Village Hall Botesdale Village Hall
Saturday	4 <sup>th</sup>	10:00am 10:30am 2:00pm	Church open Guided walk <b>Annual Grand Jumble Sale</b>	Rickinghall Inferior Redgrave Fen Rickinghall Village Hall
Sunday	5 <sup>th</sup>	10am-3pm	Marmalade masterclass	Redgrave Lopham Fen
Monday	6 <sup>th</sup>	10:00am 10am-noon 2:00pm 7:30pm 7:30pm	Zumba Find out about volunteering Needle craft Botesdale Parish Council Slimming World (5:30pm and 7:30pm)	Rickinghall Village Hall Redgrave Lopham Fen Activities Centre Botesdale Village Hall Rickinghall Village Hall
Tuesday	7 <sup>th</sup>	10:00am 6:00pm 7:15pm 7:30pm 7:30pm	Open House Zumba Yoga and Relaxation Julie's Aerobics Redgrave & District Ladies Club	All Saint's Redgrave Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall Activities Centre
Wednesday	8 <sup>th</sup>	9:30am 9:30am 10:00am 10:00am	MOBILE LIBRARY Redgrave Art Club Headspace Day Centre Find out about volunteering	Activities Centre All Saints Redgrave Rickinghall Village Hall Redgrave Lopham Fen
Thursday	9 <sup>th</sup>	9:30am, 10am-4pm 12:30pm 6:00pm 7:30pm	RABBATS Woodblock printing Phoenix Luncheon club Fitsteps Women's Institute	Rickinghall Village Hall Redgrave Lopham Fen Activities Centre Rickinghall Village Hall Rickinghall Village Hall
Friday	10 <sup>th</sup>	9:15am 10:00am 7:30pm 8:00pm	Rickinghall Ramblers Positive Steps Whist Drive Dance Classes	Rickinghall Village Hall Rickinghall Village Hall Bowls Club Botesdale Village Hall
Saturday	11 <sup>th</sup>	9:00am 10:30am	Farmer's market Wildlife Watch	Rickinghall Village Hall Redgrave Lopham Fen

Monday	13 <sup>th</sup>	10:00am 2:00pm 7:30pm 7:30pm	First day of Half Term Zumba Needle craft RAHOF “ Know your Hospice” Slimming World (5:30pm and 7:30pm)	St Botolph’s School Rickinghall Village Hall Activities Centre Activities Centre Rickinghall Village Hall
Tuesday	14 <sup>th</sup>	9:00am 9:30am 10:30am 6:00pm 7:15pm 7:30pm	Coffee on the corner Macmillan Information and advice Children’s Activity :Weird Wildlife Zumba Yoga and relaxation Julie’s Aerobics	Park View Chapel Park View Chapel Redgrave Lopham Fen Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday	15 <sup>th</sup>	9:30am 10:00am 2:00-4:00 2:30pm	Redgrave Art Club Day Centre Bird box building Methodist Wives club	Activities Centre Rickinghall Village Hall Redgrave Lopham Fen Methodist Church
Thursday	16 <sup>th</sup>	9:30am 10:00-2:00 6:00pm 7:30pm 7:30pm	RABBATS Young naturalists Fitsteps <b>Redgrave Theatre Club Annual review</b> Crafty Corner	Rickinghall Village Hall Redgrave Lopham Fen Rickinghall Village Hall Activities Centre Parkview chapel
Friday	17 <sup>th</sup>	10:00am 8:00pm	Positive Steps Dance Classes	Rickinghall Village Hall Botesdale Village Hall
Saturday	18 <sup>th</sup>	10:00am 10:00-1:00	Church open Weave a willow birdfeeder	Rickinghall Inferior Redgrave Lopham Fen
Monday	20 <sup>th</sup>	9:15am 10:00am 2:00pm 7:30pm	Rickinghall Ramblers Zumba Needle craft Slimming World (5:30pm and 7:30pm)	Rickinghall Village Hall Rickinghall Village Hall Activities Centre Rickinghall Village Hall
Tuesday	21 <sup>st</sup>	6:00pm 7:30pm 7:30pm	Zumba Julie’s Aerobics Progressive Whist Drive	Rickinghall Village Hall Rickinghall Village Hall Activities Centre
Wednesday	22 <sup>nd</sup>	9:30am 10:00am 7:30pm	Redgrave Art Club Day Centre Heritage Circle	Activities Centre Rickinghall Village Hall Rickinghall Village Hall
Thursday	23 <sup>rd</sup>	9:30am 9:30am 6:00pm 7:30pm	Headspace RABBATS Fitsteps Redgrave Garden Club	Rickinghall Village Hall All Saints Redgrave Rickinghall Village Hall Activities Centre
Friday	24 <sup>th</sup>	10:00am 8:00pm	Positive Steps Dance Classes	Rickinghall Village Hall Botesdale Village Hall
Saturday	25 <sup>th</sup>	10:00am <b>Deadline</b> 8:00pm	Basic Hedgehog care <b>Orders for Botesdale Oil Syndicate</b> R’hall Country music club	Redgrave Lopham Fen <b>Deadline</b> Rickinghall Village Hall
Monday	27 <sup>th</sup>	10:00am 2:00pm 7:30pm	Zumba Needle craft Slimming World (5:30pm and 7:30pm)	Rickinghall Village Hall Activities Centre Rickinghall Village Hall
Tuesday	28 <sup>th</sup>	10:00am 10:30-2:30 12 noon 6:00pm 7:15pm 7:30pm 7:30pm	Coffee down the Lane Activity Day for Children Luncheon Club 898615 or 898619 Zumba Yoga and relaxation Julie’s Aerobics Evening talk	Methodist Church Redgrave Lopham Fen Activities Centre Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall Redgrave Lopham Fen

## YOUR RELIABLE LOCAL PLUMBER



**Mark Jardine**  
Plumbing & Heating



- All Household Plumbing, Large or Small
- Full Bathroom Installation
- Domestic Heating, Radiators, Pumps etc.
- Water Softeners
- All Work Anglian Water Certified
- Free Estimates & Fully Insured
- 24 Hour Emergency Call Out

Tel : 01728 628291 Mob : 07854 924 801  
email : mgjardine@btinternet.com



## TAYLORMADE BATHROOMS

Bathroom design and installation specialist.

Kitchen fitting

All aspects taken care of including tiling, flooring & plastering

All plumbing enquires welcomed

Qualified Plumber

Free estimates

Call Robert Taylor

Mobile: 07979 590528

Business: 01359 221 015

www.taylormadebathrooms.co.uk



## KASEY PLUMBING & HEATING



C2197

Oil, Gas, LPG  
& Underfloor Heating  
Installation, Boiler Servicing  
& Repair  
General Plumbing  
Bathroom Installation  
Water Softeners  
Landlord Certificates



202496

01359 221108

07906 095387



## E & D Boiler Maintenance Ltd



Upper Church Farm, Finningham Road, Rickingham, IP22 1LP

SPECIALISTS IN

Oil, Gas & LPG

Boiler Maintenance, Breakdown, Repairs and Installations

All makes covered including:

Worcester Bosch, Boulter Camray, HRM Wallstar, Vaillant, Baxi.  
Boiler insurance, annual maintenance reminders and controls work.

edboilers@btinternet.com

Tel : 01379 898574 Mob : 07771 880525

## THE WINDOW COMPANY WITH A DIFFERENCE!!



We offer good service by skilled workmen with the very latest product technology, but without the high pressure selling.



As well as uPVC windows, doors and conservatories, we also install uPVC fascias, barge boards, guttering and cladding.



**A B S**  
Home Improvements

For Advice and Quotations  
Phone: Diss 01379 890626

Unit 2 D & E, Redgrave Business Centre, Gallows Hill, Redgrave, Diss, Norfolk IP22 1RZ  
Email: info@abshomeimprovements.co.uk Web Site: www.abshomeimprovements.co.uk

## ALAN WADE

For Top Quality

PVCu- ALUMINIUM - WOOD  
WINDOWS - DOORS  
CONSERVATORIES

Also:

PVC FASCIAS, BARGEBOARDS & GUTTERING  
UPVC DOORS IN A VARIETY OF COLOURS

FENSA REGISTERED  
INSURANCE BACKED GUARANTEE

OVER 25 YEARS EXPERIENCE

For a free quotation please ring:

01359 251312

**WAVENEY WINDOWS LTD**

EST.1977



CONSERVATORIES ♦ WINDOWS & DOORS ♦ FASCIAS

**NIGEL SAYWOOD**  
Design Consultant

Mob: 07909543905

Show Site: 01379 688488

Home: 01379 640313

**SHOWSITE**

Blooms of Bressingham  
Garden Centre

Diss

Norfolk IP22 2AB

HARDWOOD & COLOURED UPVC AVAILABLE

SEE OUR NEW TIMBER ALTERNATIVE "EVOLUTION" WINDOW

# Club News

## **Brownie gains all the interest badges in the book.**

1<sup>st</sup> Redgrave & Botesdale Brownies this week celebrated the achievements of one of their Brownies. Ellie, aged 10, has gained all 57 interest badges in the three years that she has been with the group.

Badges range from Booklover to Watersports, Circus Performer to Science Investigator. Some are done as a group but most Ellie worked on at home with the help of her parents and extended family and friends. "I decided I wanted to try and gain all the badges when I was about 8 ½ years old" says Ellie. "I found First Aid Advanced the most interesting and Finding your way a real challenge".

Ellie visited other Brownie groups, joined a County Pack Holiday without her usual leaders and took part in Regional events to gain the more adventurous badges.

Rhoda Brinkley, known by the girls as Brown Owl said "Brownies is not all about badges but it is about challenges and we were happy to help Ellie achieve the challenge she set herself. All the leaders went above and beyond to provide the opportunities for Ellie to complete the clauses for each badge including putting on a special Sixer and Second weekend camp in September"

Ellie was awarded her final badge, Fire Safety, the day before she turned ten and is looking forward to moving on to Guides shortly where she hopes there will be more opportunities "to camp and plan things for ourselves".



Ellie being awarded her final badge by Sara Palmer, Snowy Owl who has helped test Ellie on several of her badges.

**Girlguiding is the leading charity for girls and young women in the UK, with over 500,000 members.**

**Thanks to the dedication and support of over 100,000 amazing volunteers, we are active in every part of the UK, giving girls and young women a space where they can be themselves, have fun, build brilliant friendships, gain valuable life skills and make a positive difference to their lives and their communities.**

**We build girls' confidence and raise their aspirations. We give them the chance to discover their full potential and encourage them to be a powerful force for good. We give them a space to have fun. We run Rainbows (5-7 years), Brownies (7-10 years), Guides (10-14 years) and The Senior Section (14-25 years).**

## **BARWOODS**

As we come to the end of winter now, who has been the first to spot snowdrops and aconites in Miller's Orchard? Writing on a raw day in early January, I am really looking forward to spring. Not that it's been a cold winter, but the short days are a bit of a downer and these little flowers raise the spirits.

Some of us tried the autumn fruit in Northfield Wood. It is a wood for the community and people can help themselves though, obviously, there isn't much yet as the trees are young. A few more trees have gone in over the winter and there is the constant labour of pruning, weeding and mulching. I wish I still had my Spanish mattock!

Soon we'll be getting a more permanent notice for Low Meadow, similar to the one in Northfield Wood. Tony Emerson designed them both in his attractive, delicate style.

Anyone who wishes to join with us and contribute in any way is invited to contact by phone or email. It can be very satisfying spending a few hours on one of our sites.

Rosemary Jones, tel: 01379 890238, email: rjones2000@btinternet.com



## **St Botolph's & District Bowls Club**

As expected, following our AGM in December we now have a new committee, considerably reduced in size and with quite a few new faces including Viv Sword – Chairman, Sandy Sargeant – Club Captain, Maurice Costello – President and Rob Rixon – Treasurer. We wish them well for 2017.

Our annual Christmas Dinner was attended by just over forty of our members who enjoyed a very sociable evening and another excellent meal provided by Jenny Labdon.

Our New Year's Eve celebrations were not quite as well attended but the stalwarts enjoyed a Chicken and Chip supper, plenty of chat and an impromptu quiz rounded off with Auld Lang Syne.

Thoughts now are turning to spring and the start of the new Bowls season, there is still plenty to do to get the green ready for April, with luck the weather will be kind and opening day will not be delayed.

Every Thursday night is social night, to which all are invited. If you are interested please contact Julia Maycock on 01379 890275 or email [julia156@btinternet.com](mailto:julia156@btinternet.com)

More information about the Club can also be found on our website: [www.stbdbc.btck.co.uk](http://www.stbdbc.btck.co.uk)

*Love is missing someone whenever you're apart, but somehow feeling warm inside because you're close in heart.*

*Kay Knudsen*



# Limes Equestrian

Wattisfield IP22 1PB



## BHS Approved Riding Centre

Lessons for all abilities on well-schooled horses from lead rein to schoolmasters. Both instructors are fully qualified with many years of experience in friendly & motivational instruction.

## Also Pony Club UK Centre

Training Centre for City & Guilds Qualifications working in partnership with The College of West Anglia and Broadlands Council Training Services for those wanting a career with horses. Open to all from 16 years upwards with all training and assessment on site



Can also train towards BHS exams Paddock Maintenance—  
All aspects undertaken.

01359 254209 or 07795 844534

[info@limesequestrian.com](mailto:info@limesequestrian.com) or find and "Like" us on Facebook



**UPLANDS WAY  
VETERINARY CLINICS**

*The family vets for family pets.*

— OUR CLINICS —

## Become part of the family

To register your pet or for further information  
call **01379 642 865** or visit our website today!

DISS  
01379 642 865

ATTLEBOROUGH  
01953 454 945

STANTON  
01359 251 730



[uplandswayvets.co.uk](http://uplandswayvets.co.uk)



# BAVLOWE CARPENTRY

*Oak Frames, Cart Lodges and Barn Conversions*

*Timber Frame and Period Property Renovation Specialists*

*General Carpentry, Roof Repairs and Property Maintenance*

*DESMOND BAVINGTON LOWE*

*07796 294655 · 01379 897287*

*bavlowe@hotmail.co.uk*

# Evan Worby

## Carpentry & Interior Fitting

## Kitchens Bathrooms Bedrooms

[evanworby1@gmail.com](mailto:evanworby1@gmail.com)



**Mob: 07523 051481 Tel: 01359 251267**

# SEAN ROURKE Carpentry Services

*For a free no obligation quote from a friendly  
local carpenter call*

**01379 890463  
07773355061**

*All work considered  
No job too small  
Fully insured*



**Parker**

Home Improvements Ltd

## Helping you create the perfect home

Our local family run business has 30 years of experience  
and a team of committed craftsmen to help you with:

- Carpentry and Joinery
- Asbestos Removal
- Garage Conversions
- Fitted Kitchens
- Plastering and Rendering
- Painting and Decorating
- Renovations & Alterations
- Project Management

**01284 386899 or 07810 353426**

[info@phihome.co.uk](mailto:info@phihome.co.uk)

[www.phihome.co.uk](http://www.phihome.co.uk)



Just a Call or a Click Away

For all your Property  
Maintenance Needs  
Contact

**Mark 07703 418120**

[mkservices@outlook.com](mailto:mkservices@outlook.com)

[www.mkservices.co.uk](http://www.mkservices.co.uk)

- ✓ General Maintenance
- ✓ Specialist Carpentry
- ✓ Handyman
- ✓ Painting
- ✓ Tiling
- ✓ Patio & Paving Cleaning

- Property Renovations
- Project Management

Fully insured & DBS  
checked



## J & S Newstead



**With over 25 years professional  
building experience we can  
offer you a bespoke service to  
suit your needs & budget**

**Free no obligation quotations**

- Plant Hire with Operator
- Kitchen Fitting
- Bathrooms
- Painting & Decorating
- Driveways
- Fencing

- All Ground Works
- Bespoke Carpentry
- Building Works
- Renovations
- Home Improvements
- Equestrian Buildings/Arenas

**For Quality Service & Workmanship  
Please Call:**

**T: 01379 890106**

**M: 07768 212187**

**E: [jsnewstead@btinternet.com](mailto:jsnewstead@btinternet.com)**

# Exploring the Past

Jean Sheehan, 01379 890237

## 65<sup>th</sup> General Hospital, Redgrave Park.

Nothing remains of the American Hospital in Redgrave Park but for a short time it was a very important part of WWII. The advance party of the 65<sup>th</sup> General Hospital arrived at Redgrave Park on the 10<sup>th</sup> February 1944, replacing the 231<sup>st</sup> Station hospital which had been moved to Wymondham. They were followed by the rest of the staff on 4<sup>th</sup> March. By the end of the war in May 1945 the 65<sup>th</sup> General hospital had handled over 17,250 bed patients and over 30,000 outpatients. All this was achieved in temporary corrugated iron Nissen hut wards and operating theatre situated in the grounds of Redgrave Hall.



Copyright property of Duke University.

The Redgrave hospital was an affiliated reserve hospital of the Duke University Medical School and Hospital and all its medical and surgical staff were made up from there.

On the 16<sup>th</sup> April 1945 the Commanding Officer received a letter from Carl Spaatz, a general in the U.S. Army Commanding which said:

1. *It is desired officially to commend you for the excellent medical care furnished on Air Force personnel. The high quality of professional care rendered has not only resulted in the saving of many lives but the speedy recovery and prompt return of the patients to their units. This has been an important factor in aiding this command to maintain a sustained maximum combat effort. It has been a source of great satisfaction to note the splendid relationship existing between your hospital staff and the Air Force Medical Department.*
2. *Please pass along to the members of your staff my gratitude for the part they have played in providing Air Force personnel with such high quality medical attention.*

The following week the hospital received another letter by command of General Eisenhower commending their organization.

On 1<sup>st</sup> July 1945 a letter from Paul R. Hawley, Major General, USA Chief Surgeon to Doctor Davison said:

*One of my last and most pleasant duties as chief surgeon of the European Theatre of operations is to make a record of the splendid service of the 65<sup>th</sup> General Hospital. This hospital unit first started to operate in this Theatre 13 December 1943. It established first at Blackmoor Park, Worcestershire, England in Nissen huts which, although somewhat different from the solid brick construction they were used to in civil life, the unit made into a splendid looking plant. This experience enabled the 65<sup>th</sup> General Hospital to operate a fine plant under huttid conditions when they were transferred to Redgrove (sic) Park, Botsdate, (sic) East Suffolk, England on 4 March 1944 where they are at this date.*

*I find myself at a loss for words to describe the superb quality of medical personnel that came with this unit. I have had to draw upon the personnel to leaven weaker units in the Theatre. Despite frequent drafts upon the 65<sup>th</sup> General Hospital, the professional talent seems inexhaustible. They have always had an equally good man to replace one that I had to take away from them; and those that still remain with the unit maintain the same high standard of professional care that characterized this unit in the early days. -----*

*The Duke University can be very proud of the 65<sup>th</sup> General Hospital. It has rendered outstanding service to our Country; and it has been both an official and a personal pleasure to have had this fine unit under my direction.*

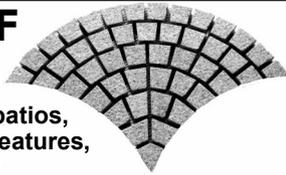
Apart from the medical staff local villagers also worked or volunteered at the hospital, and Arthur Bryant's mother even spent time as a patient after a German bomber pilot decided to unload his cargo of anti-personnel bombs along the village street.

(See Arthur's Airings Quatrefoil publication volume 13 and Villages in Wartime Volume 10 available from Redgrave Community Shop, Diana Maywhort or Jean Sheehan).

Acknowledgements to Margaret Stebbings for access to the late George Stebbings' research into the hospital for copies of the letters and The Duke University Medical School Archives). For more information on the hospital see Parish Magazine October 2012.

## UNDER ONE ROOF

Specialist in all types of paving & hard landscaping, driveways, patios, ornamental garden walls, water features, drainage and fencing



A family run business with over 20 years of on the job experience

Fast professional service.  
labour

No VAT on

Fully insured and all work guaranteed

Call Mark for a friendly visit and a free quotation

**01379677027 OR MOBILE 07768636618**

## T TAYLOR CONSTRUCTION

Sewer connection • Dropped kerbs • Driveways  
Block paving • Patios • Paths  
Drainage, kerbs and footings • House and Garden Clearance  
All concrete & digger work undertaken

NEW ROADS AND STREETWORKS ACT  
CITY & GUILDS APPROVED  
OVER 20 YEARS EXPERIENCE



**Tel / fax: 01953 688 301 Mobile: 07786 223 141**  
FREE ESTIMATES - NO OBLIGATION

## D. S. Plastering

Interior/Exterior Plastering  
Coving  
Floor and wall tiling  
Painting and decorating

For a free estimate:- Phone: 01379 644320 Mobile: 07842780610

Email: dsharmanplastering@gmail.com Web: www.dsharmanplastering.co.uk



**GEOFF NICHOLLS & CO.** Complete Building Service  
SPECIALISTS IN  
PERIOD PROPERTY  
RESTORATION  
renovation work, all repairs,  
alterations, conversions,  
roofing, decoration etc.  
Quality work guaranteed

Bacon.  
(01449) 781375

## BRYANT BROS BUILDERS

A local family firm serving the community  
with over 57 years experience in :-

- General building repairs
- Patios and fencing
- Interior and exterior decoration
- Kitchen and bathroom installations
- Wall and floor tiling



Enquiries to 01379 898806 or email  
mjb@bryantbros1.freeserve.co.uk

## FRANK DAVEY LTD. (EST 1998)

Asphalt and Civil Engineering

SUFFOLK COUNTY COUNCIL APPROVED CONTRACTOR

DRIVEWAYS & DROPPED KERBS  
ENTRANCES AND ACCESSES  
ALL TYPES OF GROUND WORKS  
HOT TAR SPRAYING  
PATCHING / REINSTATING  
LORRY / DIGGER HIRE



Ariesmead, Garden House Lane, Rickingham, Diss, Norfolk, Ip22 1EA  
Email : frankdaveyltd@hotmail.co.uk

Tel : 01379 898371. Fax : 01379 898798. Mob : 07940 530955

## Paul Jenner



## All Jobs

01379 898 536

07947 405 670

† To help with all building needs

- † Extensions, Conversions & Renovations
- † Kitchens and Bathrooms † Tiling, Flooring
- † Painting and Decorating † Plastering Services
- † Fencing, Paths, Patios † and much more

1 Church Meadow, Rickingham  
e-mail: pjalljobs@btinternet.com

www.pjalljobs.co.uk



## Block Paving & Patio Specialist

## GKW GROUNDWORK



All other types of driveways constructed  
Also garden walling, pathways, fencing, foundations &  
drainage  
Micro digger & driver for hire -  
will fit through a standard gateway

20 years experience  
Full public liability  
insurance



Tel: 01359 250 496  
Mob: 0799 0502 354

E-mail: gary@gary49.orangehome.co.uk

# Exploring the Past Again

Di Maywhort, 01379 898375

## Brick and Lime Kilns in Botesdale and Rickinghall

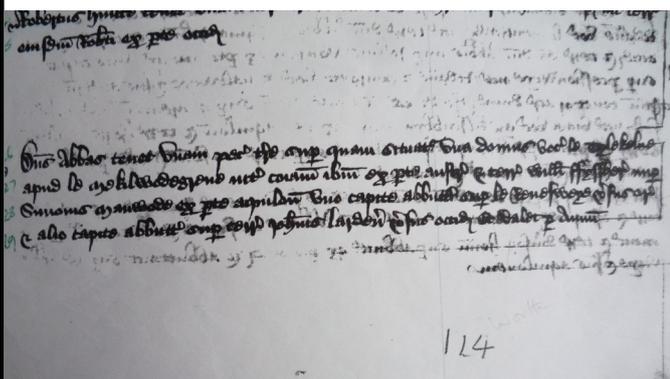
East Anglia has no natural stone so early churches and some high status houses were built of flint which was readily available in the fields in every village. However most Suffolk village houses and cottages were timber framed with 'wattle and daub' walls and lime plaster, to protect from the weather, and were thatched with straw or reeds.

However bricks were made from an early date. The Romans used brick and although this skill appears to have been lost for several centuries it was probably reintroduced in the 11<sup>th</sup> century. The technology for firing pottery was well known and bricks have been found in the walls of Westminster Abbey dating from 1070 with roof tiles from a slightly later date.

It appears that there could have been a brick kiln in Botesdale from at least the 13<sup>th</sup> century, as in the 1289 survey reference is made to a William Tegulatoris (Latin for tiler) who had formerly held land in the village. However no reference was actually made to a tile kiln at this date.

In the account roll for 1417/1418 Edmund Tabour, one of the wealthiest villeins in Botesdale, leased the 'le Tylkelle' building a new 'shedde' for it at a cost of 20s (£1). The accounts note that he was paid 44s for flat tiles, probably roof tiles, and Walties, probably bricks, for the new grange and Dovecot in Rickinghall.(1)

In a court roll from 1427 Robert Norton had one 'tiled' house with one room and a separate tiled kitchen and a stable.(2) It is not certain where this house was situated but it may have been in the Market Place where Tudor cottage stands today. Tiles in those days were what we would now call bricks. It would be unusual at this time to have a brick house with a tiled roof in a village which is probably why it is mentioned.



*'Le Tylekelne' mentioned in the 1433 Survey*

In the 1433 survey reference is made to 'one house called le Tylekelne'.(3) At this time, and in the following centuries this belonged to the lord of the manor, the Abbot of Bury St Edmunds, who leased it to various 'tilers' throughout the centuries. In 1469 it was leased to John Tiler and two others for 7 years for 26s 8d and 5,000 tiles a year. In 1619 Sir Nicholas Bacon, who was then lord of the manor, leased a brick kiln to Thomas Wyett, a mason, for 12 years for £6 per annum. Wyett had to supply 40,000 bricks and tiles

yearly at 15 shillings per thousand. In 1632 it was leased to John Amye a 'brick burner'.(4)

In 1711 the lease was for £94 to John Hobbard. As well as leasing the tile kiln he also leased The White Hart farm (now Street Farm) with its malting. Maltings only operated from October to May as it became too hot in the summer for the grain to ferment properly, on the other hand tile and brick works only operated in the summer months as it became too cold in the winter to make bricks or tiles. Brick and tile kiln owners often used their workforce at a malting in the winter months so they would not be idle.(5)

It is interesting that in the 19<sup>th</sup> century and early 20<sup>th</sup> century agricultural workers from Suffolk and Norfolk were taken to Burton-on-Trent to work the maltings there in the winter months. A charabanc would collect the men and take them to Ipswich station. They then would go by train to Burton.

From the locations given in the documents it is thought that the brick kilns were situated where 'Jacobites' Cottage stands today – in Mill Lane just over the bypass on the left – Basil Brown examined the site and suggested, from archaeological evidence, that there had been a kiln there from at least the 17<sup>th</sup> century however from the documentary evidence it is probably here that the tile kilns were situated from the 13<sup>th</sup> century. On the left of the lane, which passes Jacobites Cottage, there are several pits which appear to have been dug for clay for the tile kilns. One of the fields to the right is called Tile Kiln Field on an 18<sup>th</sup> century map.

In Rickinghall, in later years there was a brick kiln, after which Kiln Farm House, once Brick Kiln Farm, in Candle Street is named. This kiln was situated next to the wood beside the track which leads off to the right and runs between Summer Lane and Briar Lane. It is not certain when this brick works first started making bricks but in the 1839 tithe apportionment it was being run by George Porter. In the 1930s there were still large piles of bricks beside the track but it appears that it had not been producing bricks for many years before that time.

Lime mortar was used for building and lime used to fertilise the fields. A lime kiln was situated to the North West of Snape Farm. In 1437 John Gelder held a field called Calklond in this area so it is possible that chalk was being extracted even then. There are several land indentures dating from 1665 to 1722 when the Brown family leased the kiln and kiln close.(6) In 1819 the Amys family owned it, but by 1839 there appear to be two kiln sites, one owned by John Amys and the other by the Redgrave Estate. In the 1901 census Charles Roberts a 'whiteing maker' lived and worked at the 'Lime Kiln'. It is not clear when the kilns stopped working. Today there is a pit from where the chalk was extracted, which is used as a shooting range. Until the mid-20<sup>th</sup> century this pit was home to the famous snails said to have been brought to the area by the Romans but after trees were dug out and the pit disturbed in the 1970s they have unfortunately disappeared.

(1)Bacon377A (2)Bacon34/13 (3)BL Add 14850 (4)SROI HA/240/2508/83 (5)HA 240/2508/18 (6)SROI HA/240/2508/312-322



**nexus**  
Stoves

*Winter is coming...  
Don't wait for the cold weather*

A hand selected range of the worlds finest wood and multi-fuel stoves are waiting for you at our showroom

**Open Monday to Saturday 9:00am to 5:00pm**

(01379) 671 168 | info@nexusstoves.co.uk

Nexus Stoves, Malting's Barn, Hinderclay Road, Wattisfield, Diss, Norfolk, IP22 1NF

**CLARKES** 01359 259 259  
www.clarkesofwalsham.co.uk

**CLARKES OF WALSHAM LIMITED**

*Products to the Trade and Retail*

**BUILDING  
CLOTHING  
SHOOTING  
AGRICULTURAL**



The Street • Walsham-le-Willows • IP23 3BA

**NEED A  
Grand Design?**

WANT TO RENOVATE OR  
EXTEND YOUR HOME?

- WE GUARANTEE WE WILL BEAT ANY GENUINE QUOTATION
- FULL DESIGN PLANNING FOR COUNCIL APPROVAL
- PROJECT MANAGEMENT WHILST ON SITE
- ARCHITECTURAL TECHNICIAN
- LISTED BUILDING CONSENT APPLICATIONS
- BUILDING REGULATIONS DRAWINGS

CALL US NOW ON  
**01359 232507 / 07827 683 702**

LEWISMNS21@GMAIL.COM WWW.MNLDESIGNS.CO.UK  
5 HEATHER CLOSE, THURSTON, BURY ST EDMUNDS, SUFFOLK IP31 3PX

**ECC**  
Classic Car Restoration

**EAST COUNTY CLASSICS**

OUR STAFF HAVE OVER TWENTY YEARS WORKING EXPERIENCE ON CLASSIC CARS. WE AIM TO PROVIDE A KNOWLEDGEABLE AND HIGH QUALITY SERVICE TO ALL OUR CUSTOMERS

Mechanical repairs and upgrades  
Bodywork repairs and panel work  
Hood and interior trimming  
Maintains and prepares classic cars  
SPECIALIST IN MGs  
New tyre and wheel balancing  
Routine servicing and M.O.T testing  
Race and rally tuning preparation

**SEE US AT**

Unit 2, Station Lane,  
Thetford, Norfolk, IP24 1ND  
Tel: 01842 763841  
www.eastcountyclassics.com  
Email: enquiries@eastcountyclassics.com

**R.W. LISTER & SON**



**MOTOR ENGINEERS**

Tel : 01379 898 549  
Mob : 07767 678 673  
07775 623 778

**M.O.T. Testing Station**  
**Tyres / Exhausts / Batteries**  
**All car and light commercial servicing**

**WHM**

**WOLSEY HOUSE MOTORS**  
*The Citroen Specialists*

**SALES • SERVICING • AIR-CONDITIONING**

**FULL FACTORY DIAGNOSTIC EQUIPMENT  
FOR ALL MAKE AND MODELS**

**MANUAL & AUTOMATIC COURTESY  
VEHICLES**

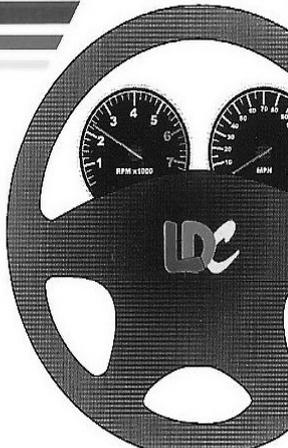
**Telephone: 01379 644133**  
**Mobile: 07831 824219**

www.wolseyhousemotors.co.uk

**Wolsey House, Millway Lane, Wortham,  
Diss, Norfolk IP22 1SL**

**Jan Tyrrell**  
Your local LD instructor

For more information call  
Mobile: 07508 059056  
Landline: 01379 898697  
visit my website at  
www.passwithjan.co.uk  
or email me on  
info@passwithjan.co.uk



# Nyalls Notes

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

# Bill's Birds

Bill Cordeaux Tel: 898286

Do you know where this passage below comes from?

*He was despised and rejected by men; a man of sorrows, and acquainted with grief; and as one from whom men hide their faces he was despised. Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted. But he was wounded for our transgressions; he was crushed for our iniquities; upon him was the punishment that brought us peace, and with his stripes we are healed.*

*All we like sheep have gone astray; we have turned everyone to his own way; and the LORD has laid on him the iniquity of us all.*

*He was oppressed, and he was afflicted, yet he opened not his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he opened not his mouth. No one considered that he was cut off out of the land of the living and stricken for the transgression of my people? And they made his grave with the wicked and with a rich man in his death, although he had done no violence, and there was no deceit in his mouth.*

*Yet it was the will of the LORD to crush him; he has put him to grief; when his soul makes an offering for sin.*

That was the question posed to a young man. He was with a number of people and various answers came up. They eventually decided that it must have come from one of the writers of the four Gospels which recorded the life of Jesus.

This young man and, I presume the rest there, were astonished when they were told that it was written 600 years before Jesus. He regards that as a significant step on his road to becoming a Christian.

My wife has one of those calendars that gives a verse of the Bible for each day. My son jokingly refers to it as the Christians' horoscope. We don't treat it as such but it can give us something to think about, something that might be encouraging or challenging. Last week I noticed this verse, "Jesus said that repentance and forgiveness of sins will be preached in his name to all nations." With most prophecies we have to take the word of the Bible that they came to pass. There are many prophecies about Jesus and it is the Bible record that gives us the information that they have come to pass. Whatever you think about the authority of the Bible we know that we have had this one for 2000 years and we can see for ourselves that the message of Jesus has indeed gone out to all nations. It has happened and is continuing to happen.

I write this because it could be a significant step on your road to becoming a Christian, finding forgiveness and eternal happiness. What do you think?

## Cafe Church

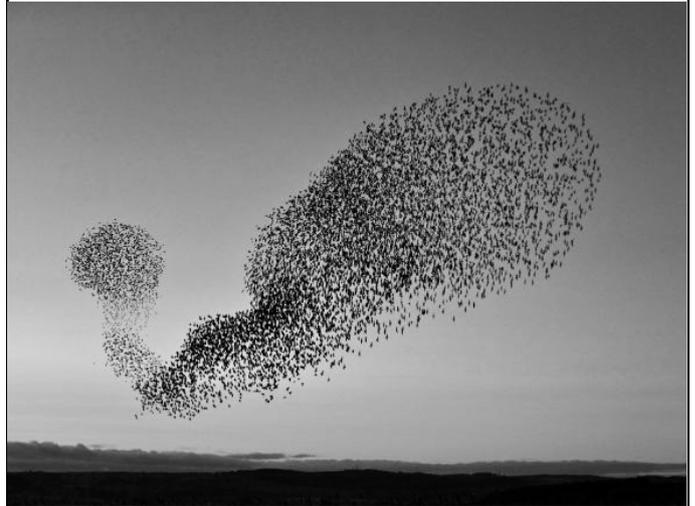
Is suspended due to domestic pressure.

However, you can still telephone

Nyall on 01379 897067 for Christian advice.



A murmuration of starlings on the Redgrave & Lopham Fen has been the exciting news this winter. It is an impressive sight. One hundred thousand or more starlings gathering together to roost on the Fen. As the year ended, they arrived later and later until 4 pm appeared to be the latest time when they gathered in their wonderfully changing formations before dropping suddenly into the reed beds on Middle or Little Fen. An incredible sight, one of nature's wonders. Why do they do it? (For warmth, for protection?). Why don't they bump into each other? What instinct causes them to meet and move together?



**Starling flock in flight at dusk in Gloucestershire**

They come in very small or large groups until the whole mass move as one before dropping in to the reeds. The internet will inform you of the whereabouts of these murmurations each winter in this country. We are very fortunate to have this local murmuration. Some years a massive group, some years only a few hundred birds.

I suppose in my enthusiasm I put the word about and sometimes people let me know. I have made several visits to the Fen to this murmuration, both to Little and Middle Fen.

I meet old friends, bird enthusiasts, or merely interested people. Two retired local G.Ps. Better than evening surgeries! An interested artist. What could be better than a murmuration seen against the dipping evening sun and, this year, with so many beautiful pink sunsets. Even an enthusiastic church-goer emailed me stating he had witnessed one of nature's miracles.

Watching one of television's nature programmes I was interested in the way that shoals of fish move as one when a predator is about. Presumably endowed with a similar gene?

I encouraged my family to see this murmuration. They were duly impressed, including a sixteen year old grandson. It is certainly something when an eighty six year old grandfather can impress a young grandson!

One question I have thought of asking the experts. What happens in the morning at their departure from the roost? Is there a caller stating "time to go"? Do they depart as an inverted murmuration, lifting as one long cloud from the reed beds, or do they go in smaller parties as they had arrived, saying "stop chattering, it is time to go to our day-time habitat to get some breakfast".

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

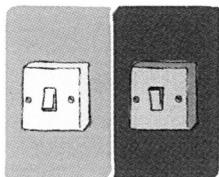
## ABC Electricity

For all your electrical requirements  
Free quotation and advice  
No job too small

**Part P Accredited**  
ELECSA approved

Call Christie on  
01953 860957  
07979 508 408

or e-mail  
christieorton@hotmail.co.uk



## JLW Electrical Services LTD

James Waterman  
Electrician

**Domestic, Industrial &  
Commercial Installations**

26 Gaye Crescent  
Eye, Suffolk,  
IP23 7BW

T 01379 872991  
M 07800 739476  
E [jlwelectrical@hotmail.co.uk](mailto:jlwelectrical@hotmail.co.uk)

## S.C.G.

### ELECTRICAL

ALL TYPES OF ELECTRICAL  
WORK UNDERTAKEN

DOMESTIC COMMERCIAL  
LIGHT INDUSTRIAL  
SECURITY LIGHTING

**01379 741311 or  
07792 767869**



## Paul Parsons Electrical

Rickinghall, Diss, Norfolk

From a new socket to a rewire  
A professional service at a reasonable price

Tel: 07786 558 510

Part P

## Thermally efficient blinds and shutters

Transform your rooms or conservatory and stay warm in  
the winter and cool in the summer

Call Amanda or Alastair for more information on:

01379 669 209



Village Green



## Andy Wishart Chimney Sweep

- N.A.C.S. Member\*
- H.E.T.A.S. Approved
- Insurance Certificates (BS 6461)
- Brush & Vacuum
- All Domestic Chimneys & Boilers cleaned



**Diss (01379) 643181**

\*National Association of Chimney Sweeps



## CHIMNEY SWEEP

### ECO SWEEP CHIMNEY SERVICES

- New power sweeping method used for a more thorough chimney clean than brushes
- Industrial HEPA filtered vacuum
- Fully insured
- Spotless, reliable & friendly service
- Insurance recognised certificates issued
- All chimneys, Aga, wood burner & boiler flues swept
- Guild of Master Sweeps Certificated Member



**01359 232335**



## Anglia Chimney Sweeps

**01359 221893  
07711 458575**

Power sweeping for a thorough clean

Smoke draft test with every sweep

Fully trained and insured

Insurance-recognised certificates

[www.angliachimneysweeps.co.uk](http://www.angliachimneysweeps.co.uk)



## Peter Goddard Firewood

### HARDWOOD FIREWOOD

**available all year round, cut  
& split to your requirements**

**01359 221287 daytime  
or 07946 595126 mob**

## Local Sand & Gravel

Tel: 01379 898 894

- Sand - Soft/Sharp
- Shingle/Gravel - 10, 20 or 40mm
- Ballast - 10mm or 20 mm
- Crushed - Hardcore or Type 1
- Topsoil - Screened or as Dug
- Small trucks for easy excess (6 ft wide)
- Mini digger Hire

Call **01379 898 894** today  
to book your local delivery  
or Email:

[localsandandgravel@gmail.com](mailto:localsandandgravel@gmail.com)

# In your garden

# Cookbook



\* "In Your Garden" with Tripp Batt of Stanton \*

\* February is here and spring is just around the corner ! Gardeners can start venturing out when the weather permits, and start preparing for the coming season. This is the last safe month to move any plants without causing them too much distress. You may have plants which are getting too large for their position, or ones which could do better in a sunnier or more shady spot. Dig around them carefully giving them as large a root volume as possible. Re-plant with some added compost and some Growmore or Bone Meal fertilizer to give them a good start in their new home. If you think the wind will rock the plant, then apply a stake and tie.

\* Prepare vegetable plots by removing any weed growth and lightly forking over. Do not rake until you are ready to sow as otherwise the rain will cause a 'pan' effect over the soil. Soil can be warmed up prior to sowing, by using clear or black polythene. Pruning fruit trees also needs doing and the sooner the better. Pruning is a subject that is often made to sound over-complicated. With fruit trees, you are trying to encourage new and healthy growth which is sturdy enough to support the coming years fruit. You may seek out a book with diagrams, but briefly, cut back approx. one third to a half of last years growth (you'll notice this by the colour of the wood), and cut to an outward facing bud. You are trying to create a sort of wine-glass shape to the tree, so also remove any 'cross' growth and importantly, any growth which shows sign of damage or disease.

\* Deciduous shrubs and hedges can be pruned easily now, but leave alone those that will flower in spring otherwise you'll be removing imminent flowering buds, and wait until the flowering is over. If your garden is in need of some early spring colour then choose hellebores, skimmias and early spring bulbs in pots to brighten pathways and patios. Daffodils are already popping through and tulips will shortly follow but the deer like these so think now about guarding these with twigs or upturned wire baskets. Rhubarb will be starting to emerge too so this can be covered to remove all daylight forcing tender young tips.

*Ian Shilling,*

*Tripp Batt Country Store, tel. 01359 250268*



In the Cookbook, we'd like to share your favourite recipes with baking enthusiasts in our villages.

To include a recipe in the column below, please send it to [editor@rbrparishmag.com](mailto:editor@rbrparishmag.com)

Please don't copy straight out of cookbooks—we want to avoid problems with copyright! ☺



## Jammy heart drops

### Ingredients

- 250g pack unsalted butter, softened
- 140g golden caster sugar
- 2 tsp vanilla extract
- 300g plain flour
- jar seedless raspberry jam
- 2 tbsp custard powder
- 85g icing sugar

### Method

1. Beat the butter and sugar together until pale and fluffy. Beat in the vanilla for a few secs, then use a wooden spoon to stir in the flour with  $\frac{1}{4}$  tsp salt. Roll the dough into 36 small balls (the easiest way to get this right is to divide the dough into quarters – each quarter then makes 9 balls).
2. Heat oven to 180C/160C fan/gas 4. Line two baking sheets with baking parchment. Squish 2 balls of dough together on the paper, keeping the 'round' edges of the balls at the top, but pinching together at the base where they meet, so they make a rough heart shape. Flatten with the palm of your hand to a biscuit, then press in heart-shaped 'dent' for the jam – thumbs and fingers are perfect for this. Repeat with remaining dough balls leaving a little space between each finished heart shape for spreading.
3. Spoon the jam into a food bag (or disposable piping bag), snip off the end and pipe roughly 2-3 tsp jam into the thumb-heart dips you have made in each biscuit. Bake for 8-12 mins until pale golden and crisp. Cool on the trays.
4. Mix the custard powder and icing sugar, then dribble in enough water to make a runny icing. Drizzle all over the cooled biscuits, allow to set for at least 10 mins, then serve or store in a biscuit tin.



Recipe from Good Food magazine, September 2013

Free to every household thanks to the local businesses that advertise here. Please support local businesses.



**Neil Worby**  
**OF RICKINGHALL**  
**Painter and Decorator**  
 established over 12 years

- General repairs & maintenance
- Expert, clean workmanship

Tel: 01379 890526 Mobile 07738 156 036

e-mail: neil@worby.myzen.co.uk



**Cheryl Goddard**  
**Painting & Decorating**

Qualified I.C.A. City & Guilds  
 Friendly conscientious local service  
 No job too small

Tel: 01379 741311  
 Mob: 07817 614 883



**Painter & Decorator**



Internal ~ External  
 Domestic ~ Commercial



**Safe & Sound**  
 Hygiene and Pest Control

Have you a problem with-

- Rats, Mice, Moles, Wasps or Rabbits?
- All typical pests controlled
- For ALL your domestic / commercial pest control
- Garden maintenance
- No obligation - free survey /quotes

Please call: 01379 788 865,  
 07809 226109 or 07518 731106

www.safeandsoundhygieneandpestcontrol.co.uk



**RG Landscapes**  
 Qualified Lawn Specialists

*Garden Renovation & Maintenance ~  
 Garden Planning & Planting ~ Hedge & Fencing  
 Specialists ~ Tree Management ~  
 All Landscaping work undertaken.*

Small family run Business established over 30 years.

Call Rick on **01379 897045** or **07778 007430**  
 for a free estimate

**Eastern Landscapes**

The Complete Landscaping Service from Design to Construction



- Fencing and Decking
- Patios and paths
- Turfing
- Garden Makeovers
- Tree and Hedge Care
- Constantly Recommended

01379 871252  
 Mobile: 0777 1675 262

Established over 10 years



**Essential Ponds & Landscapes**  
 (Rickinghall)

*Pond Design & Construction • Pond Cleaning  
 Organic & Mechanical Silt Control • Plant Control & Removal  
 Fish & Pond Health Surveys • Full Maintenance Contracts  
 Natural Pond Specialists  
 Turf Supply & Laying • Decking • Fencing • Patios  
 Free Advice • No Obligation Quotations • Fully Insured*

Contact Chris  
 01379 777365 or 07901 710107



*Garwood's*  
 OF SUFFOLK  
**TREE SURGERY**  
 AND  
**FIREWOOD DELIVERY**



CROWN LIFTING, TREE FELLING, DISMANTLING, REDUCTIONS  
 PRUNING, THINNING, STUMP GRINDING, HEDGE TRIMMING, FIREWOOD

GARWOOD'S OF SUFFOLK ARE DEDICATED TO PROVIDING EXCELLENCE  
 IN EVERY ASPECT OF OUR CRAFT. ALL OF OUR STAFF ARE FULLY  
 TRAINED AND INSURED, RELIABLE AND PROFESSIONAL. ALL WORK IS  
 CARRIED OUT RESPECTFULLY AND TO THE HIGHEST STANDARD.

FOR A FREE ESTIMATE PLEASE CALL LEE GARWOOD  
 TEL: 01379 890617 / 07880528142  
 GARWOODSOF SUFFOLK@YAHOO.COM



**PATIOS, PATHWAYS,  
 TURFING, FENCING,  
 DRIVEWAYS, BLOCK  
 PAVING, SHEDS,  
 GARDEN CLEARANCE**

For a free no obligation quote  
 please contact us on:  
 Stephen Mills: 07976 485723  
 Nathan Mills: 07875 247684  
 Email:



Landscaping  
 Grass Cutting  
 Mower Servicing  
 Garden Maintenance  
 Hedge Cutting  
 Fencing Work  
 Tree Surgery

Seasoned Firewood by the full or  
 half load

Call 01379 678836 for further  
 details or to arrange a free quote



# School news

I hope that you all had a wonderful Christmas and New Year. The Spring term is now well underway and it was great to see the children again after a two week break.

The children have settled back into school well and we continue to focus on improving the key skills through the delivery of our broad and balanced curriculum. I have been very impressed with the art, design and music which were covered last term. It was wonderful that three of our children were keen to play their recorders during our end of term assembly. It is such a wonderful gift and the children not only impressed all present but also provided inspiration for others who are considering learning an instrument.

I have been so impressed with all of the project and design work that the children have been experiencing. So much time and effort has been put in and the learning has been absolutely amazing. Please have a look at the pictures which contain examples of the children learning.

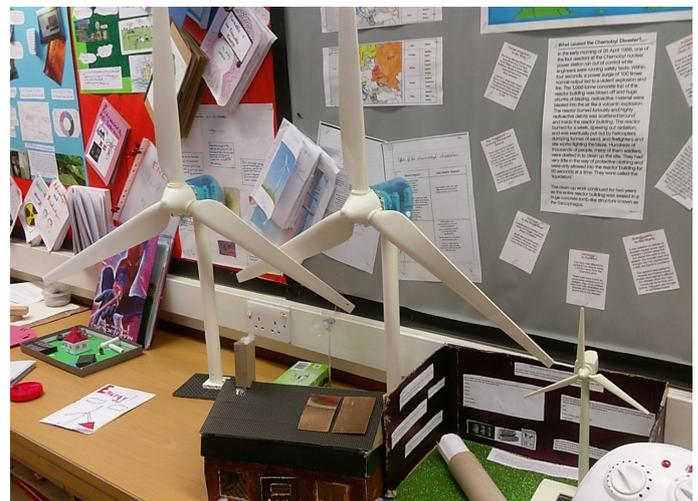
This term we will be welcoming the children from pre-school who will be joining us in September. It is so important that the school works closely with the pre-school and starts the transition process as early as possible. It is a process that is mirrored with our Yr6 children who also start to visit Hartismere on a more frequent basis. Good transition can help to make sure that when children do arrive in their new setting they feel confident, safe and ready to learn.

I am very much looking forward to the remainder of the Spring term and the challenges it will surely bring.

Mr M. Cobbold, Headteacher

## Diary Dates for February

Thur 2nd	Panthers Class Assembly
Mon 6th	Leopards Class to Hartismere - Drama lesson and lunch
Tue 7th	Safer Internet Day
13 -17th	Half Term
Tue 21st	Lions and Tigers to Norwich Castle



**CW SERVICES**  
**Rickingham**  
*Your local reliable gardener*

Grass cutting  
 Hedge trimming  
 General garden maintenance  
 All garden rubbish removed

☎ 01379 890506  
 📠 0754 8975350



 **Ed Batram GARDEN**

**SERVICES**  
 Lawns - Paths - Patios  
 Borders - Fruit - Vegetables  
 Pruning - Tree Work -  
 Hedging - Log Splitting -  
 Fencing - Brickwork - Paving  
 Clearance - Design - Planting  
 Aftercare

Certificated/Insured  
**FREE ESTIMATES**  
 Tel : 01379 898203 (home)  
 07950923696 (mobile)

 **ACORN TREES**

All types of tree surgery  
 and garden work.  
 A professional and fully  
 insured service.

**Tel: 01379 588 122**  
**Mobile:**  
**0777 623 5006**  
**ADAM PICKESS**

**Professional Pruning**  
 Nigel Payne



- Fruit trees & soft fruit also wall-trained & espalier
- Apples & pears pruned October to April
- Plums & other 'stone fruit' when in leaf
- Restoring old fruit trees a speciality

Tel: 01359 253545  
 Mob: 0781 613 0934  
 Email: nudgepayne@hotmail.com  
 www.fruittreepruning.co.uk

 **THE GARDEN ROOM**  
 Lady on your own?  
 Would you prefer an experienced Lady Gardener?

- Border Specialist • Garden Maintenance
- No job too small • Planting Plans
- R.H.S. trained Garden Designer and Horticulturist

Please ring Marian on  
 01379 898646 or 01449 723412  
 www.the-ladygardener.co.uk




**NICK BOBBY TREE SERVICES**



- Professional Service
- Competitive Rates
- All aspects of tree work undertaken
- Professional Hedge Cutting / Reducing

NPTC and LANTRA Qualified

www.nickbobbytreeservices.co.uk

Free Quotations call 01379 788 757 or 07545 989 081

Would you like to *advertise* in this *magazine*, from just **£40** a year?

If interested, please contact **adverts@rbrparishmag.com**

**Countryside, Conservation & Tree Services**



Specialists in : Tree Surgery, Tree Planting  
 Hedge Laying and Hedge Management  
 Woodland & Fruit Tree Management  
 Conservation & Landscape projects  
 Also Stump Grinding  
 Wood Chip Mulch

Mark Bleay BSc (Hons)  
 Telephone : 01379 651 064 Mobile : 07702 642 463  
 markbleay@btinternet.com www.cctrees.co.uk  
**£5,000,000 public liability insurance**

**Eye Gardens**

**For all Garden Maintenance and Design jobs**

For all quotes contact  
**Amanda**  
**07732 783572**  
 www.eyegardenmaintenance.co.uk

**MAGPIE TREE & FENCING SPECIALISTS**



Fully Insured N.P.T.C Qualified

All Aspects Of  
 Tree Surgery & Fencing  
 At Affordable Prices

Call For A Free Quotation & Advice  
 Carl J Baker 01379 897 143  
 07717101660

*Free estimates from a local specialist*

**ELITE-FENCING & Garden Construction 365**

Fencing  
 Pergolas  
 Gates, Decking  
 Patios, Paths, Bases  
 Turfing, Demolition  
 Garden clearance  
 Garden projects  
 Exterior painting & staining

Call Trevor : 01359 221 128 or 07761 651 567  
 www.elite-fencing.co.uk trevor@elite-fencing.co.uk  
*Your garden projects turned into reality*

**About us:** We are a registered charity operating on a 'not for profit' basis. We provide a happy, stimulating and secure learning environment for children aged 2-5 years.

on a 'not for profit' basis. We provide a happy, stimulating and secure learning environment for children aged 2-5 years.

**School transition:** We work closely with St Botolph's Primary

School to ensure a smooth transition for our children into primary school. In the academic year before they start school, our pre-school children graduate from being "Caterpillars" to "Butterflies" and our Butterflies benefit from specific activities, such as phonics and numeracy, to help them prepare for school. We also make regular visits with the children to St Botolph's to take part in activities such as assemblies, stories and lunches.

**OFSTED:** We were thrilled to receive a fantastic OFSTED report in December 2014 and were very proud to have received particular praise for providing an "extremely calm, relaxed and friendly atmosphere". A copy of the full report is available on request or you can find it on the Ofsted website.

**Committee:** The Committee is responsible for the management of the pre-school. Parental involvement is key to a child's successful development and volunteering for the Pre-school Committee is an ideal way to be involved in both your child's development and their life at preschool.

Committee members also help to shape how the pre-school setting is managed. New members are always welcome (and needed). You can choose how much time to commit and there are lots of ways to contribute so please contact us if you would like to get involved

## Rainy day fun

V	T	O
S	R	S
U	I	O

How many words containing three or more letters can you make from the letters in the grid above? There are at least 45 words to be found. Proper nouns are not allowed. Can you find the nine letter word?

### MORE WORD MAKING

SCRA	OK	DLE	OVER
ER	SP	MID	STR
TO	COOK	SKY	WHI
BO	PER	ONG	ARM
CAST	TON	PO	TA

From the grid above find the letters to match the clues.

Eg: vegetable, often mashed = PO+TA+TO

No set of letters can be used more than once.

CLUE	SOLUTION	(no of letters)
Vegetable, often mashed		6
First man on the moon		9
Speak very softly		7
Very tall building		10
Recipe collection		8
British princess, Kate		9
cloudy		8

# Robert Cole Plumbing & Heating

Plumbing & Heating Installation  
Oil Boiler Servicing  
Woodburner Services & Installations  
Emergency Call Out  
Mid Suffolk & South Norfolk



Free Estimates  
01379 741485



rcoleplumbingservices@gmail.com

# G & S Property Services

For all the  
maintenance  
work you  
hate

We can now service, repair  
or replace your oil boiler

- small plumbing work
- drains and gutters
- roofing
- gates
- carpentry
- paths
- patios
- plastering
- fencing

**All work considered - No job too small**  
**Tel: 01359 251 287 or 07931 527 247**  
**for a free estimate**

- General Plumbing
- Bathroom Fitting & Tiling
- Sinks/Water Softeners
- Central Heating, Lead work
- Emergency Call Out 24/7
- Free Estimates
- Fully qualified & insured



**Mr Pat Marsden**  
**Tel: 01379 651007**  
**Mobile: 07799 895958**  
pattheplumber@btconnect.com

*Friendly &  
reliable service*

Would you like to  
*advertise* in this *magazine*,  
from just **£40** a year?

If interested, please contact

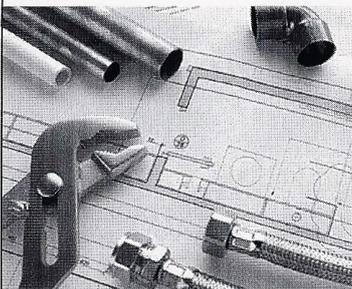
[adverts@rbrparishmag.com](mailto:adverts@rbrparishmag.com)

[www.gasengineersburystedmunds.co.uk](http://www.gasengineersburystedmunds.co.uk)

# WILLOWSERVE LTD

Plumbing & Heating Services

We provide Plumbing and Heating services in Bury St Edmunds, Stowmarket, Thetford, Diss, Sudbury and surrounding areas and cater to the general public and small, commercial companies. We are Worcester Bosch approved boiler installation, boiler servicing and we are also Gas Safe, OFTEC and CIPHE registered. We are City and Guilds qualified in energy efficiency, covering all aspects of Plumbing and Heating.



- Plumbing and Heating
- Central Heating
- Underfloor Heating
- Replacement Boilers
- Boiler Servicing
- Boiler Installation
- Hot Water Cylinders
- Oil, LPG and Gas
- Landlord gas certificates
- Bathrooms, including tiling
- Gas appliances
- Water Softeners

**Checkatrade**  
Where reputation matters



**Tel: 01359 259886 • 07771 557937**

Email: willowserve\_ltd@hotmail.com

16 Grove Park, Walsham-le-Willows, Bury St Edmunds, Suffolk IP31 3AE

# Else Heating & Plumbing

Oil and Gas Installation

- \* Breakdowns
- \* Servicing
- \* 24 hr call out
- \* Powerflush

**Bathroom & Kitchen Fitting**

Fully Insured

Contact Eugene Else

01379 688183

07787 854923

[elseheatingandplumbing@gmail.com](mailto:elseheatingandplumbing@gmail.com)



- ☞ Oil, Gas and LPG boiler servicing, replacements and repairs
- ☞ Repairs to central heating system faults i.e. pumps, programmers and cylinders
- ☞ Servicing and repairs to Rayburn, Aga, Stanley and Esse stoves
- ☞ Landlord's Certificates

**Telephone: 01379 783427**

Wickham Gate, High Street,  
Gislingham, Suffolk, IP23 8JD

# Future Events

## QUIZ NIGHT WITH FISH AND CHIP SUPPER

FRIDAY 31st MARCH 2017

RICKINGHALL VILLAGE HALL

DOORS OPEN FROM 6.30pm FOR 7.00 pm QUIZ START  
Supper at approx 8.00 pm

RAFFLE ~ LICENSED BAR

(please support the bar provided and do not bring your own drinks)

BRING A TEAM OF 6  
OR COME AS INDIVIDUALS AND JOIN OTHER TEAMS

ADMISSION BY TICKET ONLY

£9.00 TO INCLUDE FISH AND CHIP SUPPER  
OR VEGETARIAN ALTERNATIVE (please advise)

TICKETS AVAILABLE FROM :  
JEAN SHEEHAN 01379 890237



IN AID OF RICKINGHALL INFERIOR CHURCH FABRIC FUND

## Rickinghall Farmers' Market



Delicious local food  
What's not to like?  
Free entry & parking  
Meet with friends in  
the café

Saturday 11 March 9–12.30



### REDGRAVE & LOPHAM FEN

For further information.

01379 688333

[www.suffolkwildlifetrust.org](http://www.suffolkwildlifetrust.org)

### Advance notice

### Plant Sale

Sunday 9 April, 10am-3pm

Over 20 award-winning and specialist nurseries selling  
perennials, shrubs, fruit bushes, herbs, hostas, alpines and  
lots more! Plus second hand tools and donated plants.

Adults £1.50, children free

Hot and cold refreshments available

Dogs on leads welcome

[www.suffolkwildlifetrust.org](http://www.suffolkwildlifetrust.org)

### ADVANCE NOTICE:

RAHOF

presents:

### "MERELY DIVAS"

in Concert

at St Mary's Church, Redgrave

Saturday, 24th June 2017  
at 7.30 p.m.

Ticket details to be announced: Watch this space

"Merely Divas" is a talented group of popular singers  
who have agreed to perform our  
**2017 Anniversary Concert**  
in Redgrave's beautiful medieval church.

Fundraising in aid of St Nicholas Hospice Care



Fundraising in aid of St Nicholas Hospice Care

## LADIES WHO BREAKFAST AT PARKVIEW CHAPEL, BOTESDALE

### BREAKFAST & SPRING WREATH WORKSHOP

COME AND ENJOY BREAKFAST TOGETHER FOL-  
LOWED BY A 'LEARN HOW TO MAKE YOUR OWN  
SPRING WREATH WORKSHOP'  
LED BY CLAIRE O'RIORDAN

SATURDAY 18<sup>TH</sup> MARCH

8.30AM

£5.00 PER PERSON

PLACES LIMITED SO BOOK EARLY!

To book your place call Kev Gladwell on 01379 898924 or  
Pam Clarke on 07787 551427

Advertise your events on these pages.

Email : [events@rbrparishmag.com](mailto:events@rbrparishmag.com)

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

## CCS CLEANING & MAINTENANCE

Window Cleaning (Traditional / Reach and Wash)  
Cladding / Gutter Cleans  
Jet Washing (Driveways, Patios and Decking)  
Regular House and Office cleaning  
End of Tenancy / Spring Cleans  
Estate Management / Communal Cleaning  
Property & Garden Maintenance

**DON'T DELAY CALL TODAY FOR A FREE NO OBLIGATION QUOTE** 01359 240440 / 07970 040581  
Or email at [info@ccsmaintenance.uk.com](mailto:info@ccsmaintenance.uk.com)  
[www.ccsmaintenance.uk.com](http://www.ccsmaintenance.uk.com)

Over 20 Years Experience      Fully Insured      Uniformed Staff

## WATER SOFTENERS

New Installations ~ Repairs & Service to all Brands  
Drinking Water Filters ~ Taps ~ Salt Deliveries

A D Veale Water Treatment Ltd (est. 1981)

**01379 871020**

[www.adveale.com](http://www.adveale.com)

Your LOCAL Water Softener Specialist  
(Brome, Suffolk, IP23 8AL)

## WORTHAM BOARDING KENNELS AND CATTERY

(established 24 years)

Bury Road, Wortham, Diss, IP22 1PX

- ❖ Small, family run, professionally managed kennels and cattery
- ❖ Friendly compassionate staff
- ❖ Finest standards of care and attention
- ❖ Day boarding available
- ❖ Viewing by appointment

**01379 898267**

[www.worthamkennelsandcattery.co.uk](http://www.worthamkennelsandcattery.co.uk)



## HAPPY DAYS DOG WALKING SERVICE



### YOUR LOCAL VILLAGE DOG WALKING SERVICE

FUN, FRIENDLY AND RELIABLE FOR DAILY, WEEKLY OR OCCASIONAL WALKS



PLEASE CALL : JANEY AT  
HAPPY DAYS DOG WALKING  
SERVICE : 077 6419 1542  
BASED IN RICKINGHALL

Doug Aiken part of



Appliances Ltd

Telephone:  
**01449 780398**

**Domestic Appliance Repairs, Sales of New and Reconditioned Machines**

Finbows Yard, Station Road, Bacton,  
Stowmarket, Suffolk IP14 4NH

## Susan Whymark Funeral Service Ltd



Independent and Family Run

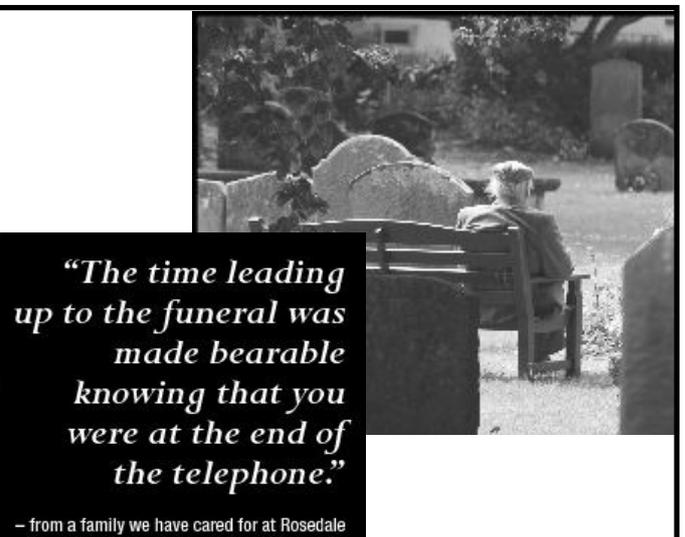
- Funerals arranged by trained experienced staff in our friendly office environment or in the comfort of your own home
- Free transport for visits to registrars, our Chapel and other related appointments
- Bereavement support group Open to all in need

Office & Chapel of Rest located at Chestnut House, 12 Progress Way Langton Green, Eye Suffolk, IP23 7HU

Independent of Any Large Corporation and Truly Owned And Run by The Whymark Family

24 Hour Telephone Number **01379 871168**

[www.susanwhymark.co.uk](http://www.susanwhymark.co.uk)  
email: [susan@susanwhymark.co.uk](mailto:susan@susanwhymark.co.uk)



*"The time leading up to the funeral was made bearable knowing that you were at the end of the telephone."*

— from a family we have cared for at Rosedale

We are a family business and promise to provide exceptional care and a truly personal 24 hour service, when you need it most.

Victoria Road, Diss **01379 640810**



**Rosedale**  
FUNERAL HOME

[www.rosedalefuneralhome.co.uk](http://www.rosedalefuneralhome.co.uk)

February : Readings for Parish Church Sunday Services		
Date	1st reading	2nd Reading
Feb 5th	1 Corinthians 2:1-12	Matthew 5:13-20
Feb 12th	1 Corinthians 3:1-9	Matthew 5:21-37
Feb 19th	Romans 8: 18-25	Matthew 6:25-end
Feb 26th	2 Peter 1:16-end	Matthew 17:1-9

ROTAS	Chapel of Ease		Redgrave		Rickinghall	
	<i>Sidesman</i>	<i>Lector</i>	<i>Sidesman</i>	<i>Lector</i>	<i>Sidesman</i>	<i>Lector</i>
Feb 5th	Mrs J Wright	Mr J Wright	Mrs C Davidson	Mrs J. Whitehead	Mr R Rixon	Mrs J Bennett
Feb 12th	Mrs D Hodson	Mrs J Shepherd			Mr & Mrs Miles	Mrs J Dickman
Feb 19th			Mrs R Walker	Mr J Walker	Mrs S White	Mrs J Whitehead
Feb 26th			tbc	Mrs S McGrath	Mrs J Sheehan	Rector

Flower rotas			
	Chapel of Ease	Redgrave	Rickinghall
Feb 5th		Mrs R Stimpson	
Feb 12th			
Feb 19th		Mrs R Walker	
Feb 26th		Mrs R Walker	

## Thank you

A massive thank you to all the kind & generous people who donated, helped and came along to support our Jumble Sale at Redgrave on Saturday 26th November in aid of Feline Care & Cats Protection.

The current total raised is £495 but is still rising. In these troubled times it has restored our faith in human nature!

Regards,  
Sarah & Angela Bigley

### Botesdale Chapel of Ease Flower Arrangers

If you would be willing to volunteer to join a rota of Flower arrangers in this beautiful building which is in the heart of the Community : then please contact

Jeff Lamb 01379 890204 or Chris Norburn 01379 898685  
Your help will be greatly appreciated



### Poppy Appeal 2016 – Botesdale District



Thank you all collectors and to all who donated a magnificent sum of which amounted to £2,583.42

Poppy Appeal Organiser  
Paul O'Connor

## Neighbourhood Watch



### Local Contact Details

For Neighbourhood Watch contact your local Co-ordinator, or else in Botesdale and Rickinghall Peter Beck on 01379 890495, (email : peter@pbeck.plus.com), and in Redgrave John Campbell on 01379 890946 or email him on redgrave.nwatch@outlook.com

### Contact Details;

Mid Suffolk North Team, The Lodge, Castleton Way, Eye.

Tel No – 101. Email –  
midsuffnorth.snt@suffolk.pnn.police.uk

Our local officers are : PCSO 3240 Faulkner and WPC 80 Wiggins

Non-emergency calls and enquiries to the Police, please ring 101. Emergency calls—Fire, Police, Ambulance, dial 999.

Free to every household thanks to the local businesses that advertise here. Please support local businesses.



## COMPUTER PROBLEMS ??

Call Joe Richards for Windows and Apple Mac at

### BAILIWICK IT SERVICES.

Repairs, Upgrades, Networking, Virus & Malware removal,  
Data Retrieval, Printers, new & factory refurbished machines  
IT tuition and admin support for home & Business users.

Tel: 01953 718421 Mob: 07928 326008

Email: [help@bailiwickit.com](mailto:help@bailiwickit.com) Web: [www.bailiwickit.com](http://www.bailiwickit.com)



## Chartered Certified Accountants

Accounts, Bookkeeping, PAYE, CIS, VAT Returns,

Personal Tax, Corporate Tax

Initial consultation meetings are FREE

01379 890656

E: [info@jamiепretty.co.uk](mailto:info@jamiепretty.co.uk) W: [www.jamiепretty.co.uk](http://www.jamiепretty.co.uk)

Office 5, Rickinghall Business Centre, Allwood Green, IP22 1LQ

### RHB Accounting Services

All Aspects of Booking Keeping,  
VAT Returns, Purchases  
Sales, Ledgers  
Credit Control, PAYE  
Inland Revenue: CIS etc  
Can be office based,  
if required

Rachel  
07887991191

[rachel@rhbaccounting.co.uk](mailto:rachel@rhbaccounting.co.uk)

**CADE CREATIVE**

- Graphic Design
- Copywriting/Editing
- Proofreading
- Public Relations
- Event Management
- Print Buying
- Marketing
- Promotions

• 01379 783 380 / 07931 850 813  
• [contact@cade-advertising.com](mailto:contact@cade-advertising.com)  
• [www.cade-advertising.com](http://www.cade-advertising.com)

## Andrew Dickson limited

chartered financial planners

Your partner for a brighter  
financial future

To benefit from our  
independent financial advice

please contact us at:

Offices 3-4, Willow Farm  
Allwood Green, Rickinghall  
Diss, Norfolk IP22 1LQ

T: 01379 890401

F: 01379 898755

E: [enquiries@andrewdickson.co.uk](mailto:enquiries@andrewdickson.co.uk)

W: [www.andrewdickson.co.uk](http://www.andrewdickson.co.uk)



Authorised and regulated by the Financial Conduct Authority.  
Registered in England No. 3915506



We offer a personal service, locally, with  
high street offices in Diss and Harleston

Legal services at a competitive price  
for individuals and businesses

[www.jackamans.co.uk](http://www.jackamans.co.uk)

Diss 01379 643555

Harleston 01379 854455



### Photographer and Photographic Restoration Service

Old & faded photographs restored  
Scratches & rips repaired ~ Stains removed  
Montages ~ Special effects ~ Colour restoration  
Enlargements (up to A3) ~ Reduction (to locket size)

All photographs reprinted on the  
very highest quality photo paper  
Reproductions can be done from prints, negatives, slides,  
glass plates and digital images  
Home collection / delivery in local area

Contact: Sheila on 01379 890297  
or 07711959228

[peeps56@hotmail.co.uk](mailto:peeps56@hotmail.co.uk)

## RICKINGHALL BUSINESS CENTRE

Allwood Green, Rickinghall, Diss, IP22 1LQ

Light industrial units, offices &  
storage available to let.

Tel: 01379 898 671

Email: [willowlast@btconnect.com](mailto:willowlast@btconnect.com)

## Parkview Chapel

## February



Sundays 10.00 am Communion

**Except** February 5<sup>th</sup> when communion will be included in the 11am service not at 10am

11.00 am All Age Worship

Between these 2 services, from 10.30am – 11am, tea and coffee are served.

Tuesday 14<sup>th</sup> 9 am – 12 noon 'Coffee on the Corner'

Thursdays 2<sup>nd</sup> & 16<sup>th</sup> 2.00 pm Ladies meeting (Praise Hour) on

Thursday 16<sup>th</sup>: 7.30pm Crafty Corner  
Time for those pastimes that you don't ever have time for.  
Bring your craft projects and spend an evening working at it in company.

Also regular activities for children and young people.

Phone 01379 898924 or 783216 for more details.

<http://www.parkviewchapel.co.uk>

### PARKVIEW YOUTH

(All held at Parkview Chapel, Botesdale)

For further information

please contact

Kev Gladwell on

01379 898924

or check out our website [www.parkviewchapel.co.uk](http://www.parkviewchapel.co.uk)

### BOTESDALE METHODIST CHURCH

Services are held every Sunday at 10.30 am unless otherwise indicated

A friendly welcome to everyone to services and all meetings

5th February	Rev David Ely
12th February	Mrs Jane Drury
19th February	Congregational Service
26th February	Mr R Sayer



Bible Study at 10.00 am. All welcome.

Christian Forum Tuesday, 7<sup>th</sup> February 7.30 pm  
Croatia Kev and Ben

Wives Club Wednesday, 15<sup>th</sup> February AGM 2.30 pm

**BRING AND BUY STALL**

"Coffee down the Lane" Tuesday, 28<sup>th</sup> February 10-11.30 am

### Cafe Church - explaining Christianity

Now at 1 Helens Close, Redgrave

10.30 on Sundays

Contact : 01379 897067 - Nyall Davies



Free to every household thanks to the local businesses that advertise here. Please support local businesses.



**All Saints  
Redgrave**



**St. Botolph's  
Botesdale**



**St. Mary's  
Rickinghall**

**5th February '17 4th Sunday before Lent**

8:15 St. Botolph's, Botesdale BCP Communion



10:30 All Saints, Redgrave All Saints  
Altogether

*An interactive service for people of all ages starting with coffee*

3.00pm St. Mary's, Rickinghall Evening Pray-

**12th February '17 3rd Sunday before Lent**

8:15 St. Botolph's, Botesdale BCP Communion

10:30 St. Mary's, Rickinghall CW Communion



Children starting at Rickinghall Village Hall, for "Footprints"

**19th February '17 2nd Sunday before Lent**

8:15 All Saints, Redgrave BCP Communion



10:30 St Mary's, Rickinghall  
Worship Together

*An interactive service for people of all ages*

**26th February '17 Sunday next before Lent**

8:15 St. Mary's, Rickinghall  
BCP Communion



10.30 Messy Church in Botesdale Village Hall for tea, cake, crafts, songs, stories and family fun.

10:30 All Saints, Redgrave

CW Communion

**1st March '17 Ash Wednesday**

7.30pm Joint Holy Communion, Methodist Church, Botesdale

**5th March '17 1st Sunday of Lent**

8.15 St. Botolph's, Botesdale BCP Communion

10.30 All Saints, Redgrave All Together All Saints

3.00pm St Mary's, Rickinghall Evening Prayer

**Also this month:**



Tue. 7th Feb 10—12noon  
**"Open House" at All Saints**  
*For coffee, cakes and chat*



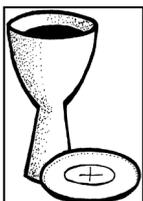
**United Lent Course**

"Let the Scriptures Speak"

Weekly from Tues 7th March

7.30pm All Saints, Redgrave

All welcome—see advert inside.



Wed. 1st Feb 10.00am

**Albert Close** Holy Communion

Thur. 16th Feb 9.45am

**Farnish House** Holy Communion

*These services are open to everyone, and follow the order of BCP (Book of Common Prayer)*



**Thurs 2nd Feb 7.15pm**

*The Rectory, Bury Road, Rickinghall*

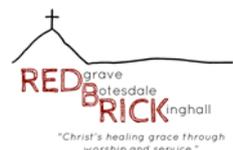
**Tues 21st Feb 7.15pm**

*Bracken Wood, The Street, Redgrave*

*A time of prayer for the work and ministry of Christ's church in the community*

**"Together in these villages we offer Christ's healing grace through our worship and service."**

For more information: Revd Chris Norburn 01379 898685



"Christ's healing grace through worship and service."