

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

November 2017



Your parish magazine
needs a new editor so it can
still be produced in 2018

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how you can volunteer to be
that person

Job Advert: Magazine Editor

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and making the final decision on content

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Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

Rev'd Chris Norburn

Rector of Redgrave cum Botesdale with the Rickinghalls

The Rectory, Bury Road, Rickinghall, Diss. IP22 1HA Tel: 01379 898685

St Mary's Rickinghall Inferior has a web site

<http://stmarysrickinghallinferior.onesuffolk.net/> or Google: St Mary's Rickinghall Inferior

Remembrance and Wartime Miracles - Apparently spiders webs have a thread that seems to serve no purpose. It is a single thread that seemingly ascends into empty space. If this is cut the whole web falls and is destroyed! The spiritual lesson behind this is very simple. Many people today look back upon the wartime generation and regard their faithful belief in God as something really strange and peculiar. As a minister I have often heard comments like "Oh Granny and Grandad went to church every Sunday. I don't know why". Or "Granny read her Bible every day. How boring that must have been!" They might occasionally add "We have no interest in anything like that, being religious is a waste of time." It is this kind of attitude which has led many people today to cut the thread of faith in God which supported previous generations and now to their horror the whole structure of our society has collapsed in a myriad of social and moral problems.

That thread, that faith in God; that Hope in Him, that Eternal Light which can never be extinguished, is precisely what kept previous generations going, through war and bloodshed. Today's generation has largely dismissed this faith as being unimportant and we see the ruinous results all around. It is often said that the past is like another country with regard to belief and behaviour and I am reminded of this as I talk to the generation that can still remember what the country went through during WW2, or when I read of what happened, it is clear that an underlying faith in Almighty God was absolutely integral to keeping people in this country strong and keeping them going. They believed that God was real and in turn they witnessed profound examples of God being at work in this world of chaos which we have made.

An example of just how strong and how widespread this belief in God really was, can be seen in the response of people when a National Day of Prayer at the time of the Dunkirk crisis was called. France had fallen and the British Army was trapped at Dunkirk about to be annihilated. King George VI called for a National Day of Prayer to plead for Divine Intervention. So widespread and so deep was faith in God that literally millions of people flocked into churches to pray. The special service held in Westminster Abbey was so inundated that there is a famous photograph showing a queue a quarter of a mile long as people desperately tried to get in to pray. That's how important and how widespread faith was in that generation. They knew God was real and they knew He could be petitioned through heartfelt prayer. The result of the prayer was of course the miracle of Dunkirk, without which none of us would be here today.

As we study the events of the time we see how close we came to losing the war, and so losing our freedom. Yet despite these crisis points this nation witnessed God's hand at work, changing what should have been the natural outcome of an event into a deliverance. Prime Minister Winston Churchill wrote this, "I sometimes have a feeling of interference. I want to stress that. I have a feeling sometimes that some Guiding Hand has interfered. I have a feeling that we have a Guardian because we have a great Cause and we shall have that Guardian so long as we serve that Cause faithfully."

After the Battle of Britain Air Chief Marshal Sir Hugh Dowding, wrote, "I pay homage to those gallant boys who gave their all so that our nation might live...but I say with absolute conviction, that I can trace the intervention of God, not only in the Battle itself, but in the events leading up to it. At the end of the Battle one had the feeling

that there had been some special Divine Intervention to alter some sequence of events which would otherwise have occurred."

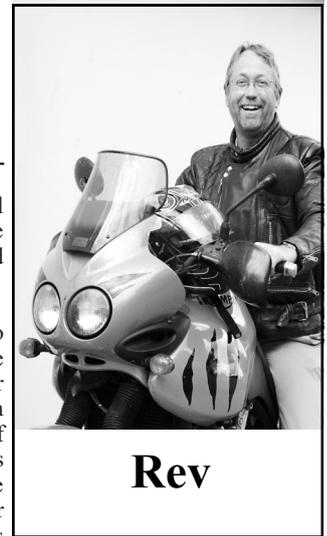
Challenging people as to why we had been saved, the Archbishop of Canterbury Dr William Temple said in his sermon at St Paul's Cathedral on Battle of Britain Sunday in 1943 "Why has God preserved us? We may, and we must believe that He Who led our fathers in ways so strange, and has preserved our land in a manner so marvellous, has a purpose for us to serve in the preparation for His perfect Kingdom."

Sadly, between the wartime generation and today's this thread of faith has broken: it really is like a different country between then and now. Just imagine if those individuals whom I have quoted, and there are many others who bear testimony to God's divine intervention, were by some miraculous means sent back to speak to our nation today, what do you think they would say? Surely it would be; "This Nation must take Almighty God seriously and people must take the Bible seriously. They must carefully apply the Lord's will, as revealed in Scripture, to their own personal lives because faith does matter, it makes all the difference; it is the single strand that holds the whole web secure."

It's not surprising then that the thread of faith is broken because despite many miraculous events being well documented they are so often ignored, dismissed, and not even talked about by people and in our schools. Yet, faith is so important. If it hadn't been for the faithfulness of the wartime generation praying to Almighty God, our life today would be very different, you may not have been born.

So during this season of remembrance let us say, "Thank you Granny for reading your Bible every day and going to church. Your faith and the faith of your generation meant I could live." But above all let us say "Thank you" to God for He is a mighty deliver. There is only One who can help. That is the Lord God Himself. He has all authority and all power in heaven and on earth. He is mighty to save because He is the Triune God, Father, Son and Holy Spirit. Seek Him through faith.

Praise the Lord for His faithfulness.



Rev

Chris Norburn.

From the Register

| | |
|---------|--|
| 15.9.17 | Funeral and burial at St Mary's Church, Rickinghall of Alan Pratt. Died 30.8.17 age 65 |
| 28.9.17 | Funeral and burial at St Mary's Church, Rickinghall of Elizabeth Phyllis Gentry. Died 10.9.17 age 83 |
| 28.9.17 | Burial of ashes at St Mary's Church, Rickinghall of Peter Harold Gay. Died 29.8.17 age 84 |

PARISH MAGAZINE — MESSAGE FROM THE TEAM

Editor Vacancy—We are still looking for help editing this magazine—so please, if you want to keep it, why not get in touch and see how you can help? Most of the pages of this publication are pulled together by other members of the team—we need an editor to create the Village News and Club News pages (collating text from our many brilliant contributors) and to write this section. You also get to pick the front cover—a heady responsibility! It is not as daunting as it may sound and a great way to become more involved in the community (not to mention a great addition to any CV).

Shout about your event in these pages—We welcome adverts for events that are held in our three villages and surrounding areas — so please get in touch if you would like to advertise anything that you have planned. It is free for any event within the parish. There is a small charge to promote business' events or charity/volunteer promotions outside the parish.

Telephone list—We were unable to produce the telephone list this summer, but if we manage to keep the magazine going in 2018, we plan to produce one in the February edition. In the mean time it is worth noting that, the Telephone Contact List for the villages clubs, societies etc, useful numbers and details of parish, district, county councillors and MP is on the church website under Local Organisations and on the parish council websites under Clubs and Organisations.

**Volunteers do not necessarily have the time;
they just have the heart. ~ Elizabeth Andrew**

To contact the team that produce the magazine, please use the details below.

For all editorial content: editor@rbrparishmag.com
For all commercial adverts: adverts@rbrparishmag.com
To advertise events: events@rbrparishmag.com

Alternatively, please

write to: *The Parish Magazine, The Rectory, Bury Road, Rickingham, Diss, Suffolk, IP22 1HA*
or call 01379 890238

Please note that **the copy date for the forthcoming issue is as follows:**

- Dec/Jan issue: 6 November (Mon) come and help stuff the magazine @ All Saint's, Redgrave—4pm on 17 November (Fri)

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes,
The Parish Magazine Volunteers

WELCOME

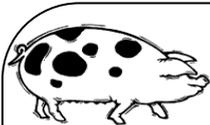
Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.

Printed by:

Gipping Press

Why did the banana go to the doctor?

Because he wasn't peeling very well!



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| Sun | 9:00 - 11:00am |

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November Events



REDGRAVE & LOPHAM FEN

REGULAR EVENTS

Wildlife Watch Group

Saturdays 11 Nov, 9 Dec 10.30am-12.30pm
A club for 6-12 year olds, £2
Contact marcus.halmshaw@btinternet.com
or call 01379 688333

Healing plants

Fridays 3 Nov, 1 Dec 10.30am-12.30pm
Come and learn about medicinal plants and work towards creating your own personalised herbal £5, no booking or previous knowledge required
Contact: Tania Harrington 01379 652136

Time to paint

Friday 24 Nov, 10am-2pm
Bring some artwork and join like-minded people in a relaxed, informal setting
£5 donation, includes tea/coffee and cake
All welcome, no need to book
Contact: Deborah Key 01379 688333

NOVEMBER

Chutneys and jellies masterclass

Sunday 12 November, 10am-3pm
With local master preserver Janet Peachey
£25, booking essential

Festive wreath, willow heart & star making workshop

Saturday 18 November, 10am-1pm & 2pm-5pm
With local basketmaker Karen Lawrence
£30, booking essential

Pre-Christmas preserves

Sunday 26 November, 10am-3pm
With local master preserver Janet Peachey
£25, booking essential

Activity day for home-educated children

Tuesday 28 November, 10.30am-2.30pm
£7 per child, booking essential

Bird migration

Tuesday 28 November, 7.30pm
Evening talk with Valley Fens Wildlife Group
£2 per person (includes refreshments)
All welcome, no need to book

For further details and to book,
www.suffolkwildlifetrust.org or call 01473 890089

Redgrave Garden Club



An informal fun evening with nibbles and mulled wine on

Thursday 30th November 2017

7:00pm at the Activities Centre

Enquiries/ Information 01379 890548
redgravegardenclub.org.uk



Winter Oil Purchase

The Winter Oil Purchase will be at the end of November. Orders need to be with David Sloan by Saturday 25 November. David will place the order on the following Monday, the 27th.

Deliveries should all be complete by Friday 15th December, and probably well before that.

The following order will be at the end of February 2018. As always, contact David by e-mail is preferred, at

botesdaleoil@gmail.com

but if not possible, then call David on

01379 890952

leaving a message if there is nobody home.

David will always reply to messages, either e-mail or 'phone, within 2 days. If you don't hear back, try again. Sometimes messages don't get through.

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for women



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- November 1st, 9th, 15th, 23rd, 29th -

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November Events

The Women's Institute

Thursday 9th November

Christmas Craft

with Margaret Brackenbury

Competition : Something beginning with T
Trading Stall : Bric-a-brac

7:30 pm at Rickinghall Village Hall

New members and guests always welcome

the WI
RICKINGHALL



ARMISTICE DAY :

REMEMBRANCE SUNDAY

12th November 2017



On WW1 Armistice Day, the eleventh hour of the eleventh day of the eleventh month, we salute the Fallen by a short period of silence at the War Memorial.

Join us on Friday 10th, just before eleven am.

The Three Villages' Parade to commemorate Remembrance Sunday will take place on 12.11.17. We will march behind the Gislingham Silver Band.

It is your Parade; come and join in!

No training needed. "Fall in", three lines, behind the Brownies, facing downhill. Orders : "Attention" & "Quick March"; Eyes Left" at the Memorial, then "Eyes Front". At the Blue Lagoon, break lines and go up to the Chapel.

If in doubt, follow a Brownie.

Set off : 2:45pm from the Old Post Office to the Chapel of Ease

Then a short service outside the Chapel and march to the War Memorial where wreaths and tributes will be laid and two minutes' silence observed.

The WI will have tea and coffee for us in the Bowls Club. Join us!

**CLOSURE OF THE STREET on SUNDAY
12th NOVEMBER 2017**

from the Old Post Office to the Chapel of Ease from 2.45 pm to 3 pm, then from the Chapel to the war memorial from about 3.45 pm to 4.30 pm. If this causes difficulty, call John Canning on 01379 898352

Botesdale Methodist Church

"Coffee down the Lane"

10:00am - 11.30 am

: Tuesday 28th November

- and -

on Saturday 25th November 10am -12 noon

Christmas Sale

Books, gifts, cards, preserves and cakes



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Saturday 25th
November
at Rickinghall
Village Hall
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Marc James
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All Welcome

No bar - bring your own drinks & nibbles.

Contact Keith or Kathy on 01379 898758



**Christmas
Wreath
Making**

At: Parkview Chapel

On: Sunday 3rd December at 3pm

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£5 per person

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7.45am start £5.40 per session
7.30am start £5.90 per session

After School Club

3.30pm – 4.30pm £4.25 for the hour
3.30pm – 5.30pm £8.50 for 2 hours
3.30pm – 6.00pm £9.50 for the session £8.50 for siblings

For further information please contact Paula or Bridget on 07952 961285 or 07758 102043



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Botesdale Parish Council



Leeann Jackson-Eve

BOTESDALE October REPORT – by the Clerk

Five councillors were present, with apologies from Cllrs Abraham and Liddle.

Public Forum: The meeting was very well attended with the majority wishing to speak about the application for change of use of the Post Office to a hot food takeaway. Several concerns were discussed including the lack of off street parking which it was felt would add to the existing shortfall on The Street and would potentially create traffic difficulties and parking on the pavement in front of the shop. Other concerns were the effect of noise, fumes and litter on nearby neighbours, the potential loss of trade to existing businesses and the effect on the Listed building.

Planning: Following the comments from the public forum, the Chairman led the PC through the relevant planning policies. It was generally felt that the application was misleading in a deliberate attempt to downplay the impact and exaggerate the potential for trade at that location, particularly by referring to Botesdale and Rickingham as a “town” and the location of the shop a “retail centre”, conjuring up an image of abundant public parking, plentiful foot traffic and a bustling shopping area. It was agreed that an objection could be made in conjunction with all the reasons expressed in the public forum as they were material considerations. The PC also objected to the Listed building consent application as it was unclear how much the fabric of the building would be affected.

It was noted that a cart lodge at Spring Meadow, Cherry Tree Lane and the replacement of an aluminium greenhouse with a timber greenhouse at Botolph House, The Street had both been given planning permission.

Neighbourhood Plan: Evidence is still being gathered to form the basis for the Plan. A consultant will be starting a Landscape Appraisal this month and the Steering Group has received a full grant for this. The Chairman, who also sits on the Steering Group, will be visiting Fressingfield to speak to them about drafting a Plan. The Steering Group will also be attending a meeting with the District Council to discuss how the Neighbourhood Plan fits in with their Local Plan, which is currently in consultation.

Draft Local Plan Consultation: The Chairman and Cllr Bavington-Lowe will sit on a group, along with representatives of Rickingham Parish Council and the Neighbourhood Plan Steering Group, to formulate a

response.

Double-yellow Lines at The Drift: The Legal Order for this is now being advertised and the PC has paid for it so we hope to see some results soon.

Vehicle Activated Sign: You might have noticed this is now up and is being rotated through three positions – on Bury Road in Rickingham, near Bridewell Lane and on Diss Road in Botesdale. Tim Gaddis will be responsible for moving it and we will be collecting speeding data from it which will be published in due course on our website.

Play Area: The PC will be carrying out a few upgrades following the recent play inspection, which was excellent following recent work.

Remembrance Sunday Service: The parade service will take place on 12 November. The parade forms up and leaves the top of the hill near the Old Post Office at 14:45 and the service in the chapel begins at about 15:00. The ceremony at the war memorial usually takes place at about 15:45, depending on the length of the sermon.

Meeting Dates 2018: 8 Jan; 5 Feb; 5 Mar; 9 Apr; 14 May; 4 Jun; 2 Jul; 6 Aug (Planning only); 3 Sep; 8 Oct; 5 Nov; 3 Dec. The January, April and May meetings are a week later due to bank holidays and the Oct meeting due to the Clerk’s holiday.

Christmas Events: The Christmas tree Lights On Ceremony will be on Saturday, 2 December at 6.15pm.

THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON

MONDAY 6th November

at 7.30 pm

at Botesdale Village Hall

All residents welcome

www.botesdale.suffolk.gov.uk

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Redgrave Parish Council



Leeann Jackson-Eve

Redgrave October Report – by the Clerk

Councillors Angela Bigley, Mike Denmark, John Giddings, Bob Hayward, Richard Hilton, Ann Preston, Neil Smith and Jason Walker were present in addition to District Councillor Derek Osborne, the Clerk and 8 members of the public.

Public Forum: There were questions from residents about the possibility of development on the Old School Playing Field, Half Moon Lane. The PC is looking at whether it would be feasible to build 1-2 bungalows on the site, the proceeds of which would be used for the community. It had been proposed at a previous meeting that the Cross Keys pub purchase and refurbishment should be the main beneficiary. However, it has been agreed that if this goes through, a village meeting will be held to determine what to do with any proceeds. District Cllr Osborne reported that he had given £500 from his Locality Budget for the shop.

Planning: There was one application for a new dwelling next to Pound Farm, The Street. It was noted that the access was off Sandy Lane rather than Gallows Hill and there was no objection. Since last month, two applications have been granted planning permission by the District Council – a garage extension at Mill Meadow, Hinderclay Road and a new dwelling at Charters Towers, Gallows Hill.

Cross Keys Pub Purchase: The “pub-ometer” on The Knoll currently shows over £165k in funding achieved through donations and the share offer and a significant further sum is expected. If you missed the share offer deadline, please still get in touch with the organisers at <https://www.redgravecommunitysociety.com/> or email info@redgravecommunitysociety.com.

Old School Playing Field: A consultant has submitted the pre-application planning enquiry to the District Council for advice on development of the Old School Playing Field, Half Moon Lane.

Draft Local Plan Consultation: Cllrs Denmark and Giddings will be formulating a draft response on behalf of the PC for the Local Plan consultation. Cllr Hayward updated the information in the Local Plan assessing amenities in Redgrave. There is currently a petition in the shop

concerning proposed development of the playing field.

Play Area: The latest Play Inspection Report is excellent with only minor recommendations. Please check out the refurbished play area!

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other local economic/social/transport/landscape issues

“Decision makers will be obliged to make decisions in line with the Local Development Plan (including any Neighbourhood Plans in force).” (Mid Suffolk District Council website)

Information and examples of existing neighbourhood plans are available on-line. See the MSDC website Neighbourhood Planning section.

A Neighbourhood Plan is a big undertaking and the bulk of the work would need to be done by the community. Come to the next Parish Council meeting on 1 November to let us know what you think.

**THE NEXT PARISH COUNCIL MEETING
WILL TAKE PLACE ON
WEDNESDAY 1st November at 7.30 pm
Redgrave Amenities Centre**

All Parishioners are cordially invited to attend

**Your Clerk is: Mrs Leeann Jackson-Eve,
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**Email : redgrave_pc@btopenworld.com
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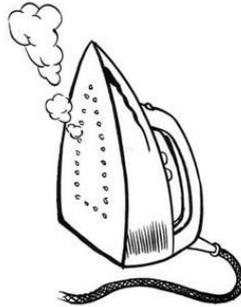
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Rickingham Parish Council



Rickingham Parish Council, 5th October 2017
Councillor Rosemary Jones

Cllrs Robin Brown, Dominic Ebert and Nick Free had sent their apologies for this meeting. The minutes of the previous meeting were approved.

The Public Forum

There were a good many people attending, mainly to object to two planning applications regarding change the use of the former newsagent and post office next to The Bell public house to a take-away pizza and kebab shop. It was noted that the MSDC Planning department had already received 43 objections by letter and online. The main speaker was the owner of Bell Hill House, which adjoins the property, who would be most affected by this proposal. He listed a number of objections under the broad headings of a misleading application, unsuitability of converting a very old, Grade II listed building for this purpose, noise pollution and traffic congestion, the present existence and adequacy of other food and take-away services in the immediate vicinity, and the absence of parking for staff let alone customers. Furthermore, he noted the necessary major upgrading of electric and water supplies, inadequate provision against fire risk in the proposals and the considerable inconvenience to any occupiers of Bell Hill House. We were reminded of the sudden and complete destruction of Cupola House, another very old building in the old centre of Bury St Edmunds.

Other speakers all supported this list of objections and in addition it was stated that, being a street village, traffic would come from either end and there is nowhere to turn around. Derek Osborne, District Cllr, was asked for the planning to be debated at committee and he said he would ask Jessica Fleming, County Cllr, to support this request. A site visit by the planning committee has also been requested.

Peter Beck, Neighbourhood Watch Co-ordinator, said that since the cutbacks in the police funding, he had no information to report, but asked that people who experienced incidents of crime got in touch with him direct.

Derek Osborne also reported that the Mid Suffolk offices were going to move to Endeavour House in Ipswich (New telephone number 0300 1234000) very shortly but that people would be able to meet face to face with council officers in Stowmarket.

Planning

Following the long Public Forum, there was a short discussion about the above application and all councillors were agreed that strong objections should be made on valid planning grounds.

A further request to have an ancient oak tree pruned back in a garden, to make it safer as it was lopsidedly overhanging a neighbour's garden, was approved.

A recent application to build behind The White Horse had been approved.

The Neighbourhood Plan is on track. All of the survey data had been inputted on Survey Monkey and was being analysed. A

landscape specialist is coming to do an assessment.

The PC asked for two volunteers to comment on their proposed Local Plan as part of their consultation for their November meeting. Geoff Short and Nic Joubert volunteered. Requests for comments on the Raynsford Review of Planning resulted in the Chairman offering to write about one of its sections: Community involvement in planning.

Correspondence

In response to a letter from the Village Hall committee, it was agreed not to invest time and money on the public toilet facility that is frequently vandalised in a very unpleasant way. It will therefore remain shut.

A request from the Allotment holders for a grant towards upgrading their toilet facility was met with favour as it will not be open to vandalism.

General Items

The new vehicle-activated sign is up and running and was generally approved. Some suggestions had been received for further positions but for the time being there will be no changes. Tim Gaddis will be responsible for moving it about and recording the information for future study.

The new yellow lines have now been paid for so we should get them soon.

Next year's meeting dates have been decided: 4 Jan; 1 Feb; 1 Mar; 5 Apr; 3 May; 7 Jun; 5 Jul; 2 Aug (Planning only); 6 Sep; 11 Oct; 1 Nov; 6 Dec. The October meeting will be held a week later due to the Clerk's holiday.

Councillors' Reports

The street light on Rectory Hill has now been placed on the list for completion.

The next meeting will be on 2nd November 2017, at the Village Hall, starting at 7.30 p.m.

RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON

**THURSDAY 2nd NOVEMBER
at 7.30 pm
AT RICKINGHALL VILLAGE HALL**

All residents are very welcome
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Your Clerk is :

**Mrs Leeann Jackson-Eve
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Village News



St Mary's Redgrave Church

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St Mary's Redgrave will not be open again on the first Saturday Morning of the month until the Spring.



Cleaning will be 2nd November (further dates to be announced)

We need help to keep this magazine running. If you can spare 6-8 hours a month to help edit these pages please get in touch by emailing—editor@rbrparishmag.com

We hope to hear from YOU!



Stowmarket & District Chamber of Commerce will be holding the first-ever Mid Suffolk Business Exhibition at

The Mix, Stowmarket, from 9am to 1pm
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On March 21, 2018

The exhibition programme includes a breakfast for exhibitors and a networking lunch after the event closes, all included in the price of the exhibition stand along with free parking near the venue. During the event, there will be two free-to-attend Seminars, covering topics relevant to the local business community with details to be announced in early 2018.

Early bird bookings: Visit the MSBE website www.msbe.biz for full details including a link to book a stand. There's an Early Bird rate of £50 for businesses booking during October, after which bookings will cost £55. Bookings open on Monday, October 2, 2017.

Further information contact: Exhibition Co-ordinator Danny Cuff, Gipping Press, 01449 721599 danny@gippingpress.co.uk
Stowmarket & District Chamber Chairman: Allan Scott, at Mill House Media, 01449 740118 / 07770 956293
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Can you help Healthwatch Suffolk to shape and improve home care services?

Healthwatch Suffolk is exploring people's experiences of accessing home care services (domiciliary care). It is an opportunity for you, your friends or family members to influence and improve these services now and for the future.

The watchdog wants to hear from people that are currently using home care services, have used them in the past or those who may need help at home but have been unable to obtain support in the county.

Domiciliary care is care provided in a person's home. Sometimes it is called home care or 'Support to Live at Home'. Home care can include support with things like helping people to get out of bed, washing, dressing, getting to work, cooking meals, eating, seeing friends, caring for families and being part of the community.

Healthwatch Suffolk will use your feedback to help it understand the issues that people face when accessing care at home and what needs to be explored in detail as part of its developing project. As the health and care watchdog for Suffolk, it can use the things that people share to shape, influence and improve care to our county's most vulnerable residents.

Sharing your experiences couldn't be easier

If you are currently using a service, Healthwatch Suffolk is asking people to take part in a short survey. You can access it using the following link: <https://www.surveymonkey.co.uk/r/homecareinsuffolk>

If you are not currently accessing support or would prefer not to feedback online, please contact the Healthwatch Suffolk team on 08004488234 (Freephone) or by email to info@healthwatchesuffolk.co.uk. Hard copies of the survey and other formats are available on request.



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Village News

Thank you

A thank you to all the volunteers in these three villages.

A look through this magazine will show you countless events, activities and groups that are entirely run by volunteers. From the Community Bus to the Brownies, Barwoods to the Pre-School, the Parish Councils to all the Churches, the Village Hall Committees to the WI, those working on the Village Plans or trying to save the Cross Keys from closure—and so many more that I am regretting starting to list them! It is quite staggering if you count them all up.

The harvest weekend was a great example of this, with lots of people enjoying fabulous free activities at Botesdale village hall. It was a lovely chance to get all age groups together, learning something new. The parade of tractors that passed up The Street, was the icing on the cake. A big thank you to all involved.

Many of these groups rely on this magazine to advertise their fundraising events and other activities—so please, if you have some time to help the volunteers who put these pages together, please contact us:

Email—editor@rbrparishmag.com

CROSS KEYS UPDATE

Well, there's been a frenzy of activity since the last update – and that's an understatement!

There's now a total of £180,000 showing on the pubometer, just £20,000 short of our £200,000 goal, to be eligible for the £50,000 loan and £50,000 grant we need.

Our fundraising evening with Elizabeth Talbot on 9th October was a great success, and likewise the Quiz Night on 11th October: two very different events, but both much enjoyed. As I write, we yet have our Big Breakfast Bonanza this coming Saturday morning so, not only are we hoping for a good turnout, but also that you're feeling particularly hungry!

I doubt Redgrave has ever seen so much activity before in the course of a week! The profits made from all these activities should certainly give the pubometer a nice boost at the next update.

Yet to come..... Peter Creswell & Friends have very generously offered to provide an evening of light entertainment for us all on Sat 18th November at 7:30pm at All Saints Church, Redgrave. Tickets @ £10 each, with refreshments, will be available from Redgrave Shop or 01379 890650. Please come and support. It'll be a great evening!

A sincere and huge thank you goes to everyone who has supported this community project in so many different ways as we strive to make the Cross Keys our very own.

Sudoku

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| | 1 | | 7 | | | 4 | 8 | |
| 4 | | | | | 9 | | 2 | 5 |

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(CRB checked. References available, on request.)



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Club News



Peter Driver, Suffolk Connections to the Battle of Waterloo

Peter Driver displayed his extensive research into the Revolutionary and Napoleonic Wars when he identified some of the many Suffolk links to the Battle of Waterloo at the September meeting of the Heritage Circle at Rickinghall Village Hall. It is a difficult area to research because there is little recorded testimony from the lower ranks of the army. Peter has used

paintings, tomb stones, local newspapers and official records to explore the period.

During the late 18th Century concerns grew in Britain about the extension of French revolutionary power and ideas across Europe. The country had a powerful navy but only a very small standing army. It became apparent that there was a need to raise a larger professional army. Part of a painting of a celebration of the golden jubilee of George III in Worlingworth Church indicates one way in which this was done. The picture shows a village fête but in one corner there is a recruitment sergeant with a drummer and fifer who is offering a man the King's shilling to enlist him but his wife is trying to pull him away. This is not surprising as the life of soldiers was very hard. Across Suffolk there were encampments for soldiers being prepared for campaigns in Europe or to resist a possible invasion by the French. There were few permanent barracks to house soldiers in the early Napoleonic period. Troops were often billeted in the stables of pubs or local barns. They lived in dirty, cramped conditions which encouraged epidemics, and they faced harsh discipline. Records of discharged soldiers contain comments like 'chronic rheumatism' and 'plain worn out.' There was a barracks at Woodbridge for up to 4,000 soldiers where there were 575 recorded deaths between 1803 and 1823.

In 1814 Napoleon was defeated by a coalition of European armies. He was exiled to the island of Elba in the Mediterranean but escaped in 1815 and returned to France where he raised an army to reassert French influence and power in Europe. His short campaign was ended by defeat at Waterloo by an allied army. Many Suffolk men were involved in the battle. One of the most senior was Sir Edward Kerrison who was born at Hoxne. He commanded the 7th Light Dragoons who fought at Quatre Bras on the eve of the main battle where French forces were slowed, allowing the Duke of Wellington to set up defensive positions at Waterloo. Kerrison has a memorial in the centre of Eye as he was the town's MP from 1824-1852. Ipswich Mansion Museum contains the uniform of Trooper Robert Smith who was involved in 12 charges during the battle and was fortunate to survive as his regiment suffered very heavy casualties. He was born in Melton and after he left the army he became a successful butcher in Woodbridge. Marlesford Church contains a memorial to the less fortunate Lemuel Shuldham. He was involved in the famous charge of the Royal Scots Guards during the battle but was killed. Another tombstone, found in the churchyard at Yaxley, tells of Robert Bond who fought at Waterloo. He had been born in that village in 1790. Two brothers, Edmund and John Barber of Wickhambrook fought in a unit containing many soldiers from Brunswick in modern Germany. It shows the multicultural nature of the British army and its willingness to recruit mercenaries.

The talk concluded with a summary of how the battle was very closely fought. Wellington had occupied two strategically placed farm houses, Hougemont and La Haye Sainte, which prevented a frontal assault on the allied army by the French. There was fierce fighting around both which ground down the French army. The allies also adopted the use of squares where infantry was organised into four ranks of men, two of whom fired on opposing cavalry while the other two lines reloaded the muskets. Napoleon's army was eventually defeated and he was exiled to the island of St Helena in the south Atlantic where he died in 1821.

The next meeting of the Heritage Circle will be at 7.30pm on 22 November when Stuart Bowell will give a talk entitled *History from Old Photographs*. Further information about the Heritage Circle is available on its website, www.heritagecircle.onesuffolk.net

Gerry Gurhy



Another second Tuesday of the month and another Coffee on the Corner. It was somewhat quieter than usual and it seems that some of our visitors had other things happening one lady pointed out that we may have had less people, but it's the quality of the guests that matters! She may have a point, but we are happy to welcome everyone and would love to see ALL our regulars back next month. If you were unable to come due to health problems, then we wish you well and look forward to seeing you soon. If it was a simple appointment that kept you away - do try to avoid the second Tuesday of the month next time!!

The charity that your kind donations will be sent to this month is "The Brooke" - not a local charity at all, but a very worthwhile one. I know that many of you are animal lovers and this particular charity helps to provide healthcare for working horses and donkeys across the world and to educate local people on the importance of good equine practice. These animals not only deserve the best care that can be given to them for themselves, but in most instances they are the assistance that an impoverished family needs to provide an income and to put food on the table. The £90.00 that was given this morning will help to train farriers and to provide good tools for owners to use - I thank you from the bottom of my heart on their behalf!

Next month the Coffee Shop will be held on **Tuesday 14th November** and in December it will be on **Tuesday 12th**, which is the day when we are often entertained by the young children from St Botolph's Primary School. Do please put these dates in your diary to ensure that we can enjoy your company.

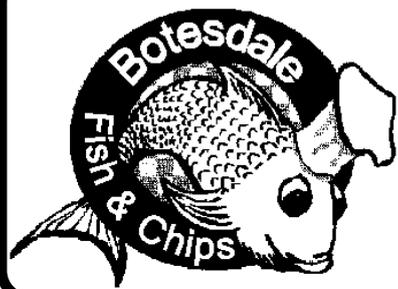
Just a quick thank you to the volunteers from Parkview Chapel without whose support the coffee morning would not run. Thanks to those who set out the tables and chairs, those who bake and provide the food and refreshments and serve the teas and coffees and to those who clear it all up after the visitors have gone - it really is appreciated.

Incidentally, we haven't received many requests of late for charities that would welcome a boost to their funds so if you know of any such good cause, please get in touch with me and I will try to ensure that they are supported by our tea and coffee drinkers! Regular readers of this column will know that the amount raised each month (depending on visitor numbers) is usually around the £100 mark - I suspect there aren't any charities that would turn that extra money down!

So what's coming up at Parkview soon? We have a **Christmas Wreath making** event planned for Sunday 3rd December and the details can be found elsewhere in the Parish Magazine - please contact Kevin Gladwell about that. There is a limit of 20 places, so do book early. We also have **Coffee on a Sunday - November 19th** will be the next. Do look out for posters advertising our Christmas events too.

If you feel you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423. May God Bless you all,

Sue Allen



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11.30 am - 1.30 pm 4.00 - 10.00 pm

4.00 - 9.00 pm

NOVEMBER

| | | | | |
|-----------|------------------|--|---|--|
| Wednesday | 1 st | 9:30am 10:00am 7:30pm | Redgrave Art Club Day Centre Redgrave Parish Council | Activities Centre Rickinghall Village Hall Activities Centre |
| Thursday | 2 nd | 9:00am 9:30am 10:00am 10-4 6:00pm 7:30pm | Church cleaning RABBATS St Nicholas Hospice Care: Drop in Woodblock printing Fitsteps Rickinghall Parish Council | Redgrave St Mary's Rickinghall Village Hall Botesdale Health Centre Redgrave Lopham Fen Rickinghall Village Hall Rickinghall Village Hall |
| Friday | 3 rd | 10:00am 10:30-12:30 8:00pm | Positive Steps Healing plants Dance Classes | Rickinghall Village Hall Botesdale Village Hall Redgrave Lopham Fen |
| Saturday | 4 th | 10:00am 10:00am 10:00am | Guided walk Church open Church open | Redgrave Lopham Fen Redgrave St Mary's Rickinghall Inferior |
| Monday | 6 th | 9:15am 10:00am 2:00pm 7:30pm 7:30pm | Rickinghall Ramblers Zumba Needle craft Botesdale Parish Council Slimming World (5:30pm and 7:30pm) | Rickinghall Village Hall Rickinghall Village Hall Activities Centre Botesdale Village Hall Rickinghall Village Hall |
| Tuesday | 7 th | 9:45-10:45 10:00am 6:00pm 7:15pm 7:30pm | Pilates Open House Zumba Yoga and Relaxation Julie's Aerobics | Rickinghall Village Hall All Saint's Redgrave Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall |
| Wednesday | 8 th | 9:30am 10:00am | Redgrave Art Club Day Centre | Activities Centre Rickinghall Village Hall |
| Thursday | 9 th | 9:30am 12:30pm 6:00pm 7:30pm | RABBATS Phoenix Luncheon club Fitsteps Women's Institute | Rickinghall Village Hall Activities Centre Rickinghall Village Hall Rickinghall Village Hall |
| Friday | 10 th | 10:00am 7:30pm 8:00pm | Positive Steps Whist Drive Dance Classes | Rickinghall Village Hall Bowls Club Botesdale Village Hall |
| Saturday | 11 th | 9:00a 10:30-12:30 | Farmer's market Wildlife Watch | Rickinghall Village Hall Redgrave Lopham Fen |
| Sunday | 12 th | 10:00-3:00 | Chutneys & Jellies masterclass | Redgrave Lopham Fen |
| Monday | 13 th | 10:00am 2:00pm 7:30pm | Zumba Needle craft Slimming World (5:30pm and 7:30pm) | Rickinghall Village Hall Activities Centre Rickinghall Village Hall |

| | | | | |
|-----------|------------------|--|--|---|
| Tuesday | 14 th | 9:00am 9:30am 6:00pm 7:15pm 7:30pm | Coffee on the corner Macmillan Information and Advice Zumba Yoga and relaxation Julie's Aerobics | Park View Chapel Parkview Chapel Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall |
| Wednesday | 15 th | 9:30am 10:00am 2:30pm | MOBILE LIBRARY Redgrave Art Club Day Centre Methodist Wives Bring & Buy stall | Activities Centre Rickinghall Village Hall Methodist Church |
| Thursday | 16 th | 9:30am 6:00pm | RABBATS Fitsteps | Rickinghall Village Hall Rickinghall Village Hall |
| Friday | 17 th | 9:15am 10:00am 8:00pm | Rickinghall Ramblers Positive Steps Dance Classes | Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall |
| Saturday | 18 th | 10:00a 10:0-5:00 7:30pm | Church open Wreath & willow workshop Concert of Light Entertainment | Rickinghall Inferior Redgrave Lopham Fen All Saints Redgrave |
| Monday | 20 th | 10:00am 2:00pm 7:30pm | Zumba Needle craft Slimming World (5:30pm and 7:30pm) | Rickinghall Village Hall Activi- ties Centre Rickinghall Village Hall |
| Tuesday | 21 st | 6:00pm 7:15pm 7:30pm 7:30pm | Zumba Yoga and relaxation Julie's Aerobics Progressive Whist Drive | Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall Activi- ties Centre |
| Wednesday | 22 nd | 9:30am 10:00am 7:30pm | Redgrave Art Club Day Centre Heritage Circle | Activities Centre Rickinghall Village Hall Rickinghall Village Hall |
| Thursday | 23 rd | 9:30am 6:00pm | RABBATS Fitsteps | Rickinghall Village Hall Rickinghall Village Hall |
| Friday | 24 th | 10:00am 10:00-2:00 8:00pm | Positive Steps Time to Paint Dance Classes | Rickinghall Village Hall Redgrave Lopham Fen Botesdale Village Hall |
| Saturday | 25 th | 10:00am 8:00pm | Church open R'hall Country music club | Rickinghall Inferior Rickinghall Village Hall |
| Sunday | 26 th | 10:003:0-0 | Pre-Christmas preserves | Redgrave Lopham Fen |
| Monday | 27 th | 9:15am 10:00am 2:00pm 7:30pm | Rickinghall Ramblers Zumba Needle craft Slimming World (5:30pm and 7:30pm) | Rickinghall Village Hall Rickinghall Village Hall Activi- ties Centre Rickinghall Village Hall |
| Tuesday | 28 th | 10:00am 10:30-2:30 12 noon 6:00pm 7:15pm 7:30pm 7:30 | Coffee down the Lane Activity Day for home-schooled children Luncheon Club 898615 or 898619 Zumba Yoga and relaxation Julie's Aerobics Talk : Bird Migration | Methodist Church Redgrave Lopham Fen Activities Centre Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall Redgrave Lopham Fen |
| Wednesday | 29 th | 9:30am 10:00am | Redgrave Art Club Day Centre | Activities Centre Rickinghall Village Hall |
| Thursday | 30 th | 9:30am 6:00pm 7:00pm | RABBATS Fitsteps Redgrave Garden club | Rickinghall Village Hall Rickinghall Village Hall Activities Centre |

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Club News

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HERITAGE CIRCLE

The Heritage Circle will combine Linda Scole giving a talk *Help! I need a lifestyle adviser*, a humorous look at New Year Resolutions, with its Christmas Social.



This will be at the Village Hall, Hinderclay Road, Rickingham, Suffolk IP221HD on Wednesday 13 December at 7.30pm.

The cost is £10 and includes a buffet. Tickets are available from Brenda Deaville on 01379 898561. Entry is by ticket only.



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For disabled friendly cruises visit the following website www.disabledholidays.com which gives relevant details for several cruise lines.

Question – Is it possible to buy a cup for a disabled person that is not plastic and does not look like a baby feeding cup?

Answer – You can purchase a ceramic two handled cup from Complete care. Either plain white or with a design both under £10.00. www.completecareshop.co.uk

BARWOODS

Report for November 2017



Have you heard of geocaching? We have been amazed to find a geocache at one of our sites! I won't say which one, that would make it too easy. But, if you play the game, know that it has come to this area. All you need, is a smartphone and you can download the app and get going.

Meanwhile we have been managing our sites in Rickingham and Botesdale. Low Meadow (at the western end of the village, on Bury Road) was cut at the beginning of September and we raked off the cuttings; the idea is to lower the fertility of this field to make it more suitable for wildflowers. The boundary trees and hedge are doing well and the shrubs are big enough to form little clumps and are colouring well this autumn.

The fruit trees in Miller's Orchard (on Mill Road south) have borne a lot of fruit this year; it was good to see people picking it.

We are into the planting season again and will be putting more young trees into Northfield Wood (next to the allotments on Mill Lane). Our work parties are on the first Sunday morning of the month. Do join us and help to develop this community space.

Rosemary Jones
01379 890238

Little Ouse Headwaters Project (LOHP)



AGM and Members' Evening

Monday 27 November, 7.30pm

Redgrave Activities Centre,
Churchway, IP22 1RL

All are welcome to our AGM and ever popular Annual talk and members' evening. This year's talk, by Dr Pam Taylor, will be on dragonflies, with particular reference to our area. Pam is a former president of the British Dragonfly Society.

The talk will be followed by a chance to look at displays, including some of our Creative Arts Group's work, and seasonal refreshments; contributions of finger foods and raffle prizes will be gratefully received.

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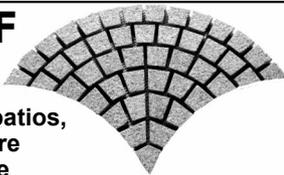
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Exploring the Past

Jean Sheehan, 01379 890237

Ale and beer

The new brewery, Star Wing, based at Hall Farm, Redgrave recently held a community hop picking day ending with a hog roast. This reminded me of my childhood in the heart of London when many of my friends from families living in the neighbouring flats went 'hopping' every summer in the later 1940s. A lorry would arrive in the street and take their furniture and cooking utensils etc. to the hop fields in Kent to spend a month picking hops. I felt very disadvantaged because I could not go, but I think that if I had known that they were living in huts and picking hops for ten hours a day in all weathers, I may not have been so jealous.

The Kent hop growers relied on this casual labour and it gave the families a chance of a 'holiday' in the countryside and a chance to earn some money. It was also a social event as many of these families only met up once a year, and they booked a year in advance with the owners. The hops were handpicked into five-bushel baskets and it gave people a chance to talk to one another as there was no noise from machinery. The first machine for picking hops was developed in 1934 but machines were not widely used until 1948, mainly in the west midlands. The machine-picked hops took longer to dry but only cost fourpence (1 ½ pence) to pick whereas the handpicked hops had cost two shillings and sixpence (12 ½ p) a bushel to pick in the last days of hand picking (probably the 1950s). (1) Kent still has many of the attractive oast houses which were used for drying the hops.

The addition of hops to ale produce beer. In the medieval period most women produced their own ale and sold any surplus. Some of this ale was sold in the market and the manor annually appointed an ale taster to check that the ale was of the correct strength to be sold. The Redgrave manor court rolls usefully record the names of many of the producers and the fines they paid. The main drink at this time was ale as the water, which was not fit for drinking, was boiled. The hops made the ale keep longer and produced a different taste, they also inhibited bacterial growth. Beer was being produced in the Netherlands and Germany in the thirteenth and fourteenth centuries but it was not commonly in use in England. It is believed that a consignment of beer first arrived in England in

1400 for a group of Dutch merchants. Some towns forbade the use of hops including Norwich in 1471, but by the beginning of the sixteenth century beer was being brewed. Hops were not grown commercially in England until the second decade of the sixteenth century when they were introduced by the Flemings. Kent was the earliest county to grow hops, partly due to the early closed field system, whereas East Anglia still had the open field system.



A plan exists c.1562 showing the water system leading to Redgrave Hall which depicts the brewhouse and the water pipes leading to it from the conduit house built on a spring on the edge of the estate lands. (2). Children drank beer also but it was a weaker form of beer known as small beer.

The local family of Robinson were well known maltsters and millers in Suffolk in the nineteenth century. They were descended from William (1780 – 1855) a farmer of Redgrave. (3) His son William lived at Beech Tree Farm, Wattisfield, and his son Samuel was described as a miller and maltster in the census of 1841. He owned a maltings in Botesdale, and the new development in Bridewell Lane built on the site of the mill and maltings still has a stone in the wall engraved with 'S.R. 1842'. Brothers and partners James and Henry Robinson had a mill next to the present Hamlyn House in Rickinghall. H. and J. Robinson became Robinson Bros. of Hamlyn House. This mill was demolished and there is just an opening through to the rear off Hamlyn House and other properties. The Robinsons also owned a maltings further down Rickinghall Street where Jubilee House is situated now, next to The Chestnuts. The Robinsons also owned the mill and the maltings next to the railway line at Mellis. The Robinson family no longer own any mills or maltings in the area.

Street Farm in Redgrave Street also had a maltings in the farmyard which has recently been converted into a house.

- 1) Hops and Hop Picking by Richard Filmer, Shire publication, 1982.
- 2) British Library MSS14850
- 3) Family history of Robinson written by Percy Douglas Robinson.



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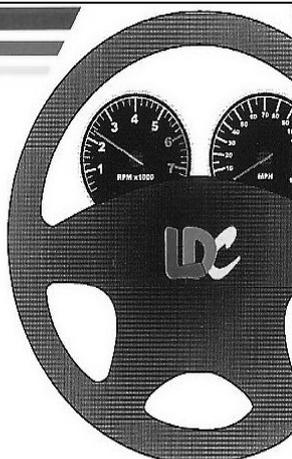
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Exploring the Past Again

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The Hartismere Deanery Magazine continued.

Whilst we were writing the book about the men on Botesdale War Memorial (No.9 in Quatrefoil's series Recording Local History) we were lent copies of the Hartismere Magazine for 1914 and 1915. These were really interesting as they gave lists of the men joining up, information about those already in the forces and about life during the war generally.



For instance in September 1914 a list of the men already in the regular services was given: 28 for Redgrave and 14 for Rickinghall. After that each month a list was given of the men who had enlisted and been added to the 'Roll of Honour'. There must have been a feeling of shame for those who could not join up, for in March 1915 it was reported that *'The following volunteered but were not accepted:- George Pearse, James Bradstreet, Charles Willin, David Lummas, Charles Fuller and Philip Fryett.'* In May 1915 David Lummas was at last accepted and Philip Fryett went to France in October 1915.

Then the magazine started reporting casualties. In May 1915 it reported that Capt. Lyon Playfair, the only son of Lord & Lady Playfair who were renting Redgrave Hall, had been killed. In June it was reported *'Pte Stephen Boyce of the Suffolk Regiment was killed in action on April 24th. He is the first of those who are serving from Botesdale to give his life for his country. He was respected by all who knew him, a dutiful son, and an excellent workman. We offer our deepest sympathy to his sorrowing family, but we feel sure that their sorrow, like that of many others, must be mixed with pride in his glorious death.'* And in November 1915 *'We feel deep sympathy with the parents and sisters of Pte. Charles William Smith, of the 9th Suffolks, in their bereavement.'* Charles Smith died in September 1915 at the battle of Loos. He was 20 years old, an only son with six older sisters.

In December 1914 it reported about the Bell Ringers from Rickinghall *'a party of 8, accompanied by the Rector, drove round to some of the neighbouring churches. Practice peals were rung at Redgrave, Blo Norton, Garboldisham. Dinner was partaken of at the Garboldisham Swan. We then journeyed on to Hopton ... and Bardwell. Our Ringers have lost, Charles Bailey, Arthur Bailey and George Bailey. We shall sorely miss them, but wish the gallant fellows may return covered with glory, once more to give us joyous peals.'* In fact Arthur Bailey was killed in May 1915. Charles Chenery a fellow ringer would die in 1917.

There were many reports about the men serving, for instance in November 1915 *'We regret to say that George Salter has been severely wounded in France, at the time of going to print he is reported to be making good progress. Capt. Tyrrel Holland has been wounded on the head and is suffering from blood poisoning. Reginald Orves has joined the Royal Garrison Artillery. Miles Doddington has been promoted to be Bombardier for bravery in repairing telephone wires under heavy fire.'* All four survived the war

In March 1915 *'Driver West Sage, ASC, was slightly wounded by a bomb dropped from an aeroplane: after a week in hospital he returned to duty.'* He survived the war but his brother James was killed.

An incident reminiscent of 'Warhorse' was reported in the magazine for February 1915. *'Arthur Noble writes of a curious coincidence at Rouen, where he is helping in the Veterinary Department. The mare 'Depper' he used to work last summer in Fen Street has followed him to France, and, much to his astonishment was brought to him to be treated for a bad cold.'* Unfortunately we hear no more about this.

Those at home felt they must do their bit for the war effort. In January 1915 – *'Three ladies kindly undertook the task of collecting money to be expended for the benefit of our Rickinghall men at the front, including the POWs. Their efforts realised £6, which has been forwarded in gifts of cash.'* The money or gifts were obviously received for in March it was reported *'Letters have been received from Sgt. R. Ray and Corporal G. Powlesland expressing their thanks to those who kindly subscribed to the presents which were sent to our men at the front.'* In August *'John Reynolds, a POW in Germany has received several parcels of food kindly collected by Miss Windsor, and writes: 'they are real God-sends, please thank the Redgrave people very much.'*

Sometimes we wish there had been more explanation for us, a hundred years later. For instance from the November 1915 magazine we learn that *'From April to October 4,040 eggs have been sent to the wounded from these parishes. Mr. George Morley has kindly collected them from the Depots and despatched them by rail. A special effort was made by the school children on Trafalgar Day when 168 eggs and 17/3 were collected, 10/- of this was made from the sale of Ivy Hale's flags.'* How did they collect the eggs, were they packed in baskets, where were they sent and how many were broken?! How had Ivy Hale made her flags?

Unfortunately we have not been able to trace anyone with copies of the magazine for the years 1916, 1917 and 1918 which would give information about the other men who joined up later and about life at the time. If anyone has access to these magazines for these dates we would like to hear from you so we can borrow them.

A book about those who served but survived the war will be published by Quatrefoil next year to mark the hundred years since the end of hostilities.

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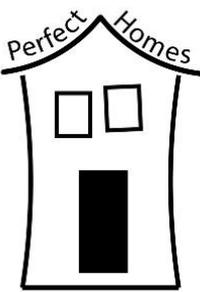
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Nyall's Notes

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

Would you pass the marshmallow test? You are given a marshmallow or some other delicacy and left for 15 minutes by yourself with the promise that if you haven't eaten it in that time you will be given a second one. Using this test on children as young as five has been proved to show who will be the better managers, most inventive, artistic etc., i.e. the high fliers in society.

Our brains operate on the same hormones as other creatures. For example fear produces the same hormone in our brains as it does in a goldfish but there is one thing that human beings are better at than any other creature. That is putting off the pleasures of the moment to obtain better rewards in the future. A hungry squirrel wouldn't store nuts for the winter. We might be short of money but we will invest some of those scarce resources in a pension for retirement. We save for the future, a car, a holiday etc. We have a moral compass in that we wouldn't steal from a neighbour in order to maintain a good relationship with him or because we simply believe it to be wrong. The law depends on people putting off instant gratification to avoid future punishment. Clearly some of us are better at it than others but no creature compares with the human ability to delay the pleasures of today for better rewards tomorrow.

Religion brings us to the extreme of this trait and, even though contraceptives have made it unnecessary in the eyes of the post Christian west those, especially in cultures other than our own, will put off sex until marriage. I suppose the opposite ultimate is the suicide bomber who will lose his life in the hope of 40 virgins in heaven: life today in exchange for sex tomorrow.

Within Christianity there are still many people who give up a promising and lucrative career to do what they believe God wants of them. They help the poor, they tell out the message of forgiveness through Jesus and they turn failing lives around. This one actually turns the idea on its head as they then find that the pleasure of knowing that they are doing what God wants means that they live more fulfilled lives than they would otherwise be doing.

The ultimate is Jesus himself "Who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God." That is an interesting quote from the Bible because Jesus was with God from the beginning. He didn't have to endure the cross to get there. That one verse in the Bible tells us that for Jesus there was an even greater joy and that was the joy he would experience from being there with all those people who have taken that sacrifice on the cross to be something for them personally.

On getting to heaven you'll know that Jesus passed the marshmallow test for you.

There will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance.
Gospel of Luke Ch.15 v.7

Bill's Birds

Bill Cordeaux Tel: 898286

A quiet time of the year to be writing this report. The House Martins have gone to Sub-Sahara Africa (so they say, nobody knows exactly where), and the Swallows have gone the furthest to South Africa (well recorded). The garden birds are quiet, our Robin gives a tentative trill on occasions. The Starlings don't visit the bird bath (are they waiting to join a murmuration?).

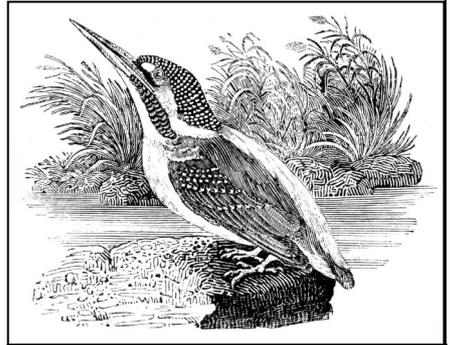
The countryside is awaiting Redwings, small thrushes with red under their wings; they rootle around for food under dead leaves. Then Field Fares (big thrushes, chattering as they go) who will strip your orchards of apples and hedges of berries. If you are really lucky you will see a Waxwing which is a beautiful Scandinavian bird and comes here when their own countries have run out of berries.

Overhead the flocks of Rooks and Jackdaws make their daily noisy journeys to and fro from their night roosts. In the fields there will be Black Headed Gulls (heads no longer brown in the winter and red legs) and many Lesser Black Backed Gulls (dark grey bodies and yellow feet).

On the coast I hope you may see skeins of Pink Footed Geese and the Brent Geese which are just off shore and breasting the breaking waves.

Later will come the flocks of yellow-beaked swans, Whooper and smaller Bewicks in small flocks overhead honking as they come and emerging from the autumn mists on their way to the Ouse Washes.

This reminds me of a recent lecture for Suffolk Wildlife at Redgrave Fen by a Northumbrian naturalist on his county's famous engraver Thomas Bewick (1753-1828), after whom the swan was named. His detailed engravings from boxwood of birds and animals are fascinating, very accurate and often with amusing vignettes which



Kingfisher by Thomas Bewick, Engraver

tell aspects of country life. He was mentioned in the writings of Jane Eyre by one of the Bronte sisters and Wordsworth, even the great American artist Audubon made a special trip to this country to meet him.

Some of our winter birds have already arrived. The Golden Plover from the moors and hills of the north, coming to their annual sites of estuary mudflats and inland, ploughed fields. An annual Hinderclay flock is here already. The Golden Plover is a wader-like bird, with a chest that appears golden as it turns in the low autumn sun.

At this time of the year I watch for the list of migrating birds that appear on our coastal observation centres. I look at the one on Spurn Head (where the river Humber enters the sea) It sticks out into the North Sea and is a resting place for many exhausted migrating birds. It reflects the incredible movement at this time of the year. Examples from recent counts gives 300+ Meadow Pipits, 800+ Gold Finch, 480+ House Martins and 73 Swallows, 61 Robins and 62 Song Thrushes, plus many others on their way.

A week ago I saw amongst our climbing roses a small bird, a Chiff Chaff. Migratory, possibly to a coastal departure point. All by itself, not in a flock. It may stay here for the winter. It may go to the Mediterranean. What primitive genetic sense guides it? It has not got the safety of a surrounding flock. No-one as yet has discovered what guides our migratory birds.

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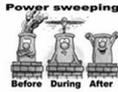
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* The last two mild winters may have lulled us into *
* a false sense of security, and gardeners are often *
* wise to prepare for the worst. Dahlias, *
* Geraniums and semi-hardy Fuchsias – Bring *
* these in for winter protection now. Dahlias can *
* be wrapped in dry newspaper, or dry sand. Pot up *
* Geraniums and Fuchsias and prune them back. *
* Keep them on the dry side during winter and *
* protect all these plants from frost and vermin. *
* Don't forget to label them up so that you know *
* what colours they are, for when you bring them *
* out next year. Protect semi-hardy species and *
* plants in so called 'frost-proof' pots, using *
* garden fleece. * * * * *

* Lawns – Keep removing leaves. Electric and *
* petrol Garden Blowers/Vacuums are now quite *
* affordable and they are a quick way of dealing *
* with leaves in the garden. Then whilst it's not too *
* late, give your lawn a winter boost with an *
* Autumn Feed so it looks really good during the *
* dismal months. The last grass cut of the year will *
* be about now, so it is worth giving the underside *
* of the mower deck a good clean afterwards. Once *
* cleaned, a spraying of WD40 will protect *
* through the winter and will also reduce grass *
* sticking next season. For lawnmowers, think *
* about booking in a service before its next use, as *
* mower workshops are always busy in the spring. * * * * *

* Ornamental plants – Now is a good time to *
* move any plant if it is not quite where you *
* wanted it. Split up large clumps of herbaceous *
* perennials., discarding the older centres, and *
* replanting the outer younger growth which will *
* be healthier and more vigorous. Resist the need *
* to prune back plants with berries and seed heads *
* as the birds will feed on these. Check that trees *
* are adequately staked to withstand the winter *
* winds, for we've had high moisture content in *
* soils these last few months and the ground is *
* soft. For winter and early spring colour, the time *
* for planting spring bulbs is drawing to a close, *
* and winter & spring bedding such as *
* wallflowers, Pansies and Violas should also be in *
* situ by now. * * * * *

* Lastly, before lighting your bonfires, make sure *
* that a hedgehog hasn't already made it into a *
* home. * * * * *

* *Happy Gardening!* * * * * *

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Ingredients

- 250g block halloumi cheese
- 10 rashers pancetta or smoked streaky bacon
- 1 tbsp chopped chives

Method

1. Heat oven to 200C/fan 180C/gas 6.
2. Cut the halloumi into 20 sticks. stretch each rasher of pancetta with the back of a knife, then cut in half. season the pancetta with just black pepper, then sprinkle with the chopped chives.
3. Roll the pancetta around the halloumi in a spiral and arrange on a baking sheet.
4. Bake for 10-12 mins or until the pancetta is brown and beginning to crisp.

Spiced sweet potato wedges

Ingredients

- 2 tsp ground cumin
- 2 tsp chilli flakes
- 2 tsp [sumac](#)
- 2 tbsp thyme leaves, roughly chopped
- 2 tbsp [rosemary](#) leaves, roughly chopped
- 3 garlic cloves
- zest and juice 1 [lemon](#)
- 3 tbsp [olive oil](#)
- 1½kg [sweet potatoes](#), cut into wedges

Method

1. Heat oven to 200C/180C fan/gas 6.
2. Using a pestle and mortar, bash together the spices, herbs, garlic and some seasoning.
3. Spoon into a large bowl and stir in the lemon zest and juice, and the oil. Add the potatoes and toss together. Arrange, skin-side down, on 2 baking trays and bake for 30–40 mins until soft inside and crisp on the outside.

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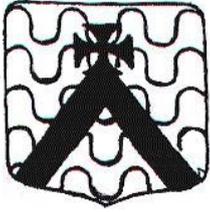
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School news

Last academic year was a fruitful one for the school. We made good progress and had some very pleasing results for our children. We have recently completed a Parental Survey during our first Parent Consultations and have had some good and productive feedback. I am looking forward to discussing the finding with both the Staff and School Governors.

Our School Governors recently spent a day in school as part of their monitoring role. The morning was spent in class with the children and many Governors rolled up their sleeves and played an active part in the lessons. During the afternoon the Governors took some time to reflect on the morning. They has the opportunity to ask questions and share their experiences.

The sports season is well and truly up and running. We took over 50 children to participate in the annual cross country competition and observed some determined performances from the children. Our girls football team has also been in action. We travelled to Framlingham to compete against eleven other schools. The girls played some wonderful football and worked well together both on and off the pitch. We won six games, drew one and lost one meaning that we narrowly missed out on first place. However we were all pleased with a second place finish and a silver medal.

Harvest was a great event at the school this year with all of the children getting involved through the power of song. Our celebration was led by the Reverend Norburn and Bishop Mike who both stayed in school after the assembly to visit the children in class. It was a wonderful event and morning.

Our current Yr6 children will soon be going off on a week-long adventure to North Norfolk. This is an annual residential visit which is shared by other local schools. It's a great experience for the children and a real opportunity for them to get to know each other before they move up to Hartismere.

Mark Cobbold
Head teacher

Dates for your diary: November

| | |
|----------|--|
| Wed 1st | Open Afternoon for New Parents (Sept 2018 intake) |
| Thu 2nd | Leopards Class Assembly |
| Thu 9th | Foxes Class Assembly |
| Thu 16th | Panthers Class Assembly |
| Fri 17th | Children in Need Fund Raising Day |
| Thu 23rd | Rabbits Class Assembly |

RAINY DAY FUN

How many words containing three or more letters can you make from the letters in the grid below?

There are at least 50 words to be found. Proper nouns are not allowed but plurals are. Can you find the nine letter word?

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| Y | D | E |
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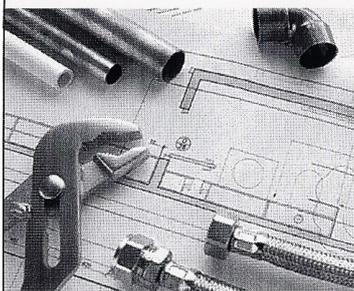
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About us: We are a registered charity operating on a 'not for profit' basis. We provide a happy, stimulating and secure learning environment for children aged 2-5 years.

School transition: We work closely with St Botolph's Primary School to ensure a smooth transition for our children into primary school. In the academic year before they start school, our pre-school children graduate from being "Caterpillars" to "Butterflies" and our Butterflies benefit from specific activities, such as phonics and numeracy, to help them prepare for school. We also make regular visits with the children to St Botolph's to take part in activities such as assemblies, stories and lunches.

OFSTED: We were thrilled to receive a fantastic OFSTED report in December 2014 and were very proud to have received particular praise for providing an "extremely calm, relaxed and friendly atmosphere". A copy of the full report is available on request or you can find it on the Ofsted website.

Committee: The Committee is responsible for the management of the pre-school. Parental involvement is key to a child's successful development and volunteering for the Pre-school Committee is an ideal way to be involved in both your child's development and their life at preschool. Committee members also help to shape how the pre-school setting is managed. New members are always welcome (and needed). You can choose how much time to commit and there are lots of ways to contribute so please contact us if you would like to get involved.

This term at pre-school

This half term the children will be taking part in lots of festive activities; they will have the opportunity to play in Santa's workshop and grotto, have a Christmas party with fun force entertaining them and will put on a concert for all their family and friends.

We will also be completing a nativity display for St Mary's Church Rickinghall.

Pre-school finishes on Tuesday 19th December and returns in the New Year on Thursday 4th January

The pre-school is very low on numbers this term and we need more children to help keep us sustainable, if you are thinking of booking your child a place please call and arrange a visit. 07796 014304

What do elephants have that no other animals have?

Baby elephants!

Rainy day fun

| | | | |
|-----|----|-----|-----|
| NNA | RA | KER | SU |
| ON | IS | LE | TI |
| ARE | VE | SS | SPI |
| NT | ED | MI | SPE |
| SP | ME | NT | BLA |

From the grid above find the letters to match the clues. E.g.: release anger = VE + NT
No set of letters can be used more than once.

| CLUE | SOLUTION | (no of letters) |
|---------------------|----------|-----------------|
| without fault | | 9 |
| extra | | 5 |
| used up | | 5 |
| triangular sail | | 9 |
| Italian dessert | | 8 |
| release anger | | 4 |
| light bulb inventor | | 6 |

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Future Events

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Sunday 3rd

December

10.30 am until 3.30 pm

at Rickinghall Village Hall

Over 20 stalls
Refreshments
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Admission only £1.00.



For information call Monty on 07747 846605

CAROLS ON THE KNOLL

REDGRAVE

Friday December 8th at 7.00pm
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Mince pies and mulled wine
afterwards at All Saints Church



RAHOF presents :

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Friday 15th December
All Saints Church, Redgrave
7.00pm for 7.30pm
Admission £8

Christmas Hamper & Bird Draw

Non-alcoholic mulled wine, mince pies,
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In support of St Nicholas Hospice Care, Bury St Edmunds

Stepping into ...



ADVENT & CHRISTMAS EVENTS AND ACTIVITIES THROUGHOUT DECEMBER

 **COMING SOON**

For more information please contact

Rev. Chris Norburn:

01379 898685

chris.norburn@breathemail.net



Peter's Christmas Party

Botesdale Village Hall
on Fri 23rd/Sat 24th Dec at 6pm
An Original Christmas Show
15 New Songs by Peter Creswell

Cast includes

Tim Hall ★ Leslie & Alison Dumbell

Jennifer Hewes ★ Christina Odams

Children & Friends

One Hour and Refreshments

Tickets £10 Children £5 (under 13)

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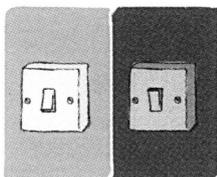
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| Readings for Parish Church Sunday Services | | |
|--|------------------------|-------------------|
| Date | 1st reading | 2nd Reading |
| 5th Nov | Romans 5:1-11 | John 16:1-5 |
| 12th Nov | Micha 4:1-5 | John 15:1-17 |
| 19th Nov | 1 Thessalonians 5:1-11 | Matthew 25:14-30 |
| 26th Nov | Ephesians 1:15-end | Matthew 25:31-end |

| ROTA | Chapel of Ease | | Redgrave | | Rickinghall | |
|----------------------|----------------|-------------|----------------|----------------|----------------|----------------|
| | Sidesman | Lector | Sidesman | Lector | Sidesman | Lector |
| 5 th Nov | Mrs J Wright | Mr J Wright | Mrs C Davidson | Mrs Whitehead | Mrs M Self | Mrs J Bennett |
| 12 th Nov | | | Mrs R Walker | Mr J Walker | Mr & Mrs Miles | Mrs C Davidson |
| 19 th Nov | | | Mrs C Hilliard | Mrs J Shepherd | Mrs S White | Mrs Whitehead |
| 26 th Nov | | | Mrs F Lamb | Mrs K Gunn | Mrs J Sheehan | Rector |

Flower Rotas

| | Redgrave All Saints | Redgrave St Mary's | Rickinghall |
|----------------------|---------------------|--------------------|---------------|
| 5 th Nov | Mrs F Lamb | - | Mrs Whiteside |
| 12 th Nov | - | Mrs R Powell | Mrs Whiteside |
| 19 th Nov | Mrs R Powell | - | Mrs Rixon |
| 26 th Nov | Mrs R Walker | - | Mrs Rixon |

Neighbourhood Watch



Please be aware...

It has been reported that at a few times over a period since March this year, a resident's car in the area of Botesdale Market Place has been the target of vandalism. On the last occasion, in late August some, what appeared to be dog's excrement, had been smeared on the door handle. Police have been informed. This appears to have happened at night. Please be vigilant and report any such behaviour observed to Police.

Neighbourhood Watch Contacts...

- **Botesdale & Rickinghall** : Peter Beck on 01379 890495; email : peter@pbeck.plus.com
- **Redgrave** : John Campbell on 01379 890946; email redgrave.nwatch@outlook.com
- **Suffolk Constabulary** : Stowmarket Safer Neighbourhood Team :
 - telephone 101 (non-emergency and queries)
 - email Stowmarket.snt@suffolk.pnn.police.uk
- **Emergency calls** : Fire, Police Ambulance - dial 999

If residents of Botesdale and Rickinghall would like to be added to the Neighbourhood Watch email circular, please email Peter Beck.



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PARKVIEW CHAPEL - NOVEMBER 2017



Sunday 5th – One service at 11.00am

Sunday 12th – Communion service at 10.00am and Main service at 11.00am

Sunday 19th – Communion service at 10.00am and Coffee On A Sunday at 11.00am

Sunday 26th – Communion service at 10.00am and Main service at 11.00am

Refreshments served on all Sunday's from 10.30am

Thursday 2nd & 16th – 'Praise Hour' – 2.00pm
Tuesday 14th – 'Coffee On The Corner' – 9.00am

Also regular activities for children and young people (see below).

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Botesdale Methodist Church

Services are held every Sunday at 10.30 am unless otherwise indicated

A friendly welcome to everyone to services and all meetings

5th November Mrs M Chamberlain

12th November Local arrangement

19th November Rev Heather Sorrell

26th November Mrs Jane Dury

Bible Study Mondays 6th and 20th November 10 am
Christian Forum Tuesday 7th November 7.30 pm Rev Heather Sorrell *A Reluctant Pioneer*
Coffee down the Lane Tuesday, 28th November 10 -11.30 am
Wives Club Wednesday 15th November 2.30 pm Christmas floral decorations with Brigitte
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All Saints
Redgrave



St. Botolph's
Botesdale



St. Mary's
Rickinghall

5th November '17 All Saints/All Souls'

8:15 St. Botolph's, Botesdale BCP Communion



10.30 All Saints, Redgrave
All Saints Altogether

*An interactive service for people of all
ages starting with coffee*

3.00pm St. Mary's, Rickinghall

All Souls' Remembrance Service.

12th November '17 Remembrance Sunday

8:15 St. Mary's, Redgrave BCP Communion

10:30 St. Mary's, Rickinghall CW Communion
with the children and young people
starting in Rickinghall Village Hall for
"Footprints"



3.00pm
Service

St. Botolph's, Botesdale Parade Ser-

19th November '17 2nd Sunday before Advent

8:15 All Saints, Redgrave BCP Communion



10.30 St Mary's, Rickinghall
Worship Together

*An interactive service for people of all
ages*

26th November '17 Christ the King

8:15 St. Mary's, Rickinghall BCP Communion

10.30 All Saints, Redgrave CW Communion



10.30 Messy Church in Botesdale
Village Hall for tea, cake, crafts,
songs, stories and family fun.

3rd December '17 1st Sunday Advent

8:15 St. Botolph's, Botesdale BCP Communion

10:30 All Saints, Redgrave All Saints Altogether

3.00pm St Mary's, Rickinghall Evening Prayer

Also this month:



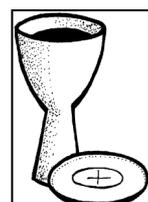
Sat 18th November
Men's Breakfast
All Saints, Redgrave

*Please contact Mark Duxon on 01379
890897 if you wish to join us*



Fri 8th December

7pm **Carols on the Knoll**, Redgrave
With the Salvation Army Band



Wed. 1st November 10.00am
Albert Close Holy Communion

Thur. 16th November 9.45am
Farnish House Holy Communion

*These services are open to everyone,
and follow the order of BCP (Book of
Common Prayer)*



Thurs 2nd November 7.15pm
The Rectory, Rickinghall

Tues 21st November 7.15pm
Venue tbc

*A time of prayer for the work and minis-
try of the church in the community*