

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

August—September 2018



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

Rev'd Chris Norburn

Rector of Redgrave cum Botesdale with the Rickinghalls

The Rectory, Bury Road, Rickinghall, Diss. IP22 1HA Tel: 01379 898685

St Mary's Rickinghall Inferior has a web site

<http://stmarysrickinghallinferior.onesuffolk.net/> or Google: St Mary's Rickinghall Inferior

Every day we all make decisions. Some of these decisions bring changes to our daily routine. According to a Columbian researcher, Sheena Iyengar, the average person makes about 70 decisions every day. That's 25,500 decisions a year. Over 70 years, that's 1,788,500 decisions. The 20th century philosopher Albert Camus said, "Life is a sum of all your choices." You put all of those 1,788,500 choices together, and that's who you are. Decisions, decisions.... Change, change.... Some decisions are easy and the resulting change is obvious for all to see. Some decisions are less easy to make because the resulted changes bring disappointment to those who want things to stay the same.

So how do we know if we have made the right decision, especially one that brings considerable change? I'm no expert in this field, but I suspect that all good decisions need something of the following: take a lot of time; combine the efforts of a number of people; give individuals the freedom to dissent; are reached without any pressure from the top to reach an artificial consensus; are based on the participation of those responsible for implementing them; are based upon the ability to look ahead and see what might be ahead; with steadiness, patience, persistence and courage; with prayer, prayer and more prayer, so that God remains central to all decisions and changes.

Still not all decisions are easy to make. The PCC (Parochial Church Council) of this parish has made a decision to change the pattern of Sunday services. It hasn't been an easy decision, but it has been something that has been thought about long and hard over a period of time, involving a number of people. We've also been considering the difficulty we have experienced over the last 18 months to find Church officers and having prayed extensively about this, we felt led by God to seek change.

So in the run up to the APCM (Annual Parochial Church Meeting) when it became clear that we would only have one churchwarden (not for want of asking people) we prayed at "What Now, God?" for God to show us His strategy for the situation we were going to find ourselves in. As we let God speak to us we felt Him clearly saying we need to change in order to work with what we have got by showing us a new pattern of Sunday services. I am only too well aware that people are going to be disappointed, but when we have been struggling to find people to fulfil the roles to help ensure a smooth run on Sundays there comes a point when we have to acknowledge that what has been in the past may no longer work for today.

When we presented the new pattern to the APCM there was an overwhelming positive reaction and the meeting agreed that we should implement the new pattern. We then again discussed this at June's PCC meeting and the vote was unanimous to work with these changes and pilot this for a full year, so we will run from the 1st Sunday of August 2018 through to the last Sunday of July 2019 monitoring the situation as we go.

I do believe that this has been born out of prayer, and so feel that we have to step out in faith. After all, as Christians God calls us to live by faith in Him, and this means that we will

have to step out in this faith, even if there is some level of fear and trepidation as we question if we are doing the right thing. We may be wrong, but we will never know if we don't try and trust and believe that this is what God wants now.

Again in praying for this at a more recent "What Now, God?" we felt that God is calling us to be patient with this change and to hold back from making judgements immediately. Therefore, we need to give this a go, particularly since our regular pattern of Sunday services changes from the norm in the autumn with Harvest, All Souls, Remembrance Sunday, and then with our Advent and Christmas services.

So please find below the new pattern of Sunday service for the Parish churches which starts from the first Sunday of August.

1st Sunday 9.15am BCP Holy Communion, All Saints, Redgrave

From 10.10am Refreshments

10.30am All Saints All Together, All Saints, Redgrave

2nd Sunday 10.30am CW Holy Communion, St Mary's, Rickinghall

3rd Sunday 9.15am BCP Holy Communion, All Saints, Redgrave

From 10.10am Refreshments

10.30am All Saints All Together, All Saints, Redgrave

4th Sunday 10.30am CW Holy Communion, St Botolph's, Botesdale

10.30am Messy Church, Botesdale Village Hall

6.30pm Evening Prayer, Rickinghall

Refreshments will be available after both the 10.30am services on the 2nd and 4th Sundays of the month

Thanking you in advance for your patience with this and praying that we all have a joyful and peaceful summer.



Rev

Nothing from the registers.

Chris Norburn.

PARISH MAGAZINE — MESSAGE FROM THE TEAM

I hope everyone is enjoying the summer, the garden may be wilting a bit but the barbecues are out in force! This is a two month issue which has meant a lot of juggling for our future events manager but everything should be in. Thanks to our regular contributors for your articles but we would like to see a few more reports from activities in the villages. We are also still hoping to hear from an aspiring journalist who would like to continue the “spotlight on” series started by Fiona in the last issue.

We would also like to have your recipes for our cooking column

So don't forget—keep those articles coming in and we will be back with you in October

Charles Murray

To contact the team that produce the magazine, please use the details below.

For all editorial content: editor@rbrparishmag.com

For all commercial adverts: adverts@rbrparishmag.com

To advertise events: events@rbrparishmag.com

Please note we have disabled the auto reply to emails and you should get a personal acknowledgement of any articles sent in

Alternatively, please

write to: *The Parish Magazine, The Rectory,*

Bury Road, Rickingham, Diss, Suffolk, IP22 1HA or call The Editor 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

- **Oct** issue: 10 Sept (Mon) come and help stuff the magazine @ All Saint's, Redgrave—4pm on 21 Sept (Fri)
- **Nov** issue 8 Oct (Mon) come and help stuff the magazine @ All Saint's, Redgrave—4pm on 19 Oct (Fri)
- **Dec** issue 5 Nov (Mon) come and help stuff the magazine @ All Saint's, Redgrave—4pm on 16 Nov (Fri)

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes The Parish Magazine Volunteers

WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.



Printed by:



The closest a person ever comes to perfection is when he fills out a job application form. Businessman Stanley Randal

“I went to a bookstore and asked the saleswoman where the Self Help section was. She said if she told me it would defeat the purpose.” — [Dennis Miller](#)

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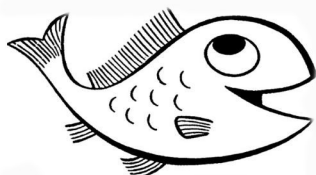


Call Jon in Redgrave on
01379 890770 or
07496 255050
Email: info@huckleecology.com
Web: www.huckleecology.com

August / September Events

Rickingham Farmers' Market

Our usual excellent stalls
and
a new
fishmonger



Saturday 11 Aug 9—12.30

HERITAGE CIRCLE

Rickingham Village Hall at 7:30

22nd Aug Frances & Michael Holmes

Old Courts and Yards of Norwich

26th September Martyn Taylor

The A-Z of Streets in Bury St Edmunds – how they have changed over the years

New members and guests welcome.
onesuffolk.co.uk/HeritageCircle



Don't be Late

Join us on

Friday 10th August

12.30 – 3.00 pm

For Afternoon Tea

(£3.00 children U10, £5.00 Adults)



Fun and Games

Have your picture taken with Alice and the mad hatters!

The Walled Garden

Beyond the Wall, Thornham Magna,
Eye, IP23 8HA



The Women's Institute

at Rickingham Village Hall 7:30pm

Aug 9th : Home First with Jo Huckles

Competition ; Any item coloured Red

Sept 13th : Entertainment with Piano Accordion

with Sally Walrond

Competition: Any item coloured Orange

New members and guests always welcome



CROSS KEYS UPDATE



August & September Key Events

AUG

Sat 4th Jazz & Blues Night + Cajun Food
Sat 18th Casino Night
Sun 19th Exploring Lopham Fen - Guided Walk
Sat 25th Beer Festival Weekend
Sun 26th Beer Festival Weekend
Wed 29th Celebrating National Burger Day

SEPT

Sat 8th Motorcycle Meet
Sat 22nd Band Night
Fri 28th Karaoke Night

HAPPY HOUR on Friday evenings 5:30-6:30pm until
end of August

CURRY NIGHT every Wednesday 6:00-8:30pm
EXCEPT 29th August – National Burger Day

Further details will be available on the
website and in the Cross Keys.

www.crosskeysredgrave.co.uk Tel: 01379 779822

Redgrave &



Lopham Fen

Summer Holiday Activities

Children's activities for 6-10 year olds, £7 per child,
10am-2pm, for unaccompanied children only

Aug 7 : Awesome amphibians & remarkable reptiles

Aug 14 : Hunting & hiding

Booking essential

Family activities, £4 child, £2 adult -

children must be accompanied by an adult

1 August, 10am-12noon & 2pm-4pm Pond dipping

8 August, 2pm-4pm The Lost Words

15 August, 2pm-4pm Treasure hunt

Booking essential

Young naturalists, £7 each, 10am-2pm

Wildlife identification skills for
unaccompanied 11-15 year olds

2 August – Freshwater life

16 August - Invertebrates

Booking essential

For further details and to book, visit

www.suffolkwildlifetrust.org or call 01473 890089



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| THURS | 12-11PM | 12-2:30 | 6-8:30PM |
| FRI | 12-11:30 | 12-3PM | 6-8:30PM |
| SAT | 12-11:30 | 12-3PM | 6-8:30PM |
| SUN | 12-8PM | | 12-3PM |

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August / September Events

Redgrave &



**Suffolk
Wildlife
Trust**

Lopham Fen

Regular events

Wildlife Watch Group

Saturday 8 Sept, 10.30am-12.30pm

A club for 6-12 year olds, £3

Contact marcus.halmshaw@btinternet.com or

call 01379 688333

Time to paint

Friday 31 August, 28 Sept, 10am-2pm

£5 donation, includes tea and cake

All welcome, no need to book. Contact 01379 688333

Guided fen walks

Saturday 4 August, 1 Sept, 10.30am-1pm

£4. Meet at the Education Centre. No need to book.

August

'Inspired by nature' Art Exhibition

Sat 25, Sun 26 & Mon 27 August, 10am-4pm

Artwork by local artists on display and for sale

Free entry. Refreshments available.

September

-- Introduction to hedgehogs --

with Paula Baker from Suffolk Prickles Hedgehog Rescue

Sat 1 Sep, 10.30-3.30pm £25 **Booking essential**

-- Late summer harvest -- introduction to jam making --

With master preserver Janet Peachey of Peachey's

Preserves—Sun 16 September, 10am-3pm

£30 plus £8 for ingredients and jars **Booking essential**

-- Late summer harvest -- an introduction to pickling --

With master preserver Janet Peachey of Peachey's Preserves

Sun 23 September, 10am-3pm

£30 plus £8 for ingredients and jars

Booking essential

-- Some lovely islands --

Tuesday 25 Sept, 7.30pm – 9.30pm

Evening talk with Valley Fens Wildlife Group

£2 per person (includes refreshments)

All welcome, no need to book

For further details and to book, visit

www.suffolkwildlifetrust.org or call 01473 890089

Botesdale Methodist Church

"Coffee down the Lane"

Tuesday 28th Aug / 25th Sep 10.00am - noon



COFFEE ON A SUNDAY

AT PARKVIEW CHAPEL BOTESDALE

August 19th 11.00AM-12.00PM

COFFEE, TEA, CAKE AND FRIENDS For more info contact

Kev at the Chapel on kevin@parkviewchapel.co.uk or 01379 898924



Redgrave Church Heritage Trust presents:
Autumn History Workshop 2018

The Pastons and Their England

Saturday 29th September

St Mary's Church, Redgrave

10.30am - 4.00pm

Tutor: Dr Rosemary Horrox

Admission: £18p.p., including light lunch

This study day offers a fascinating insight into the 15th century through the private letters of this East Anglian family. Dr Horrox will look at the rise of the Pastons, who made the social "jump" from husbandman to landowner and royal justice.

Dr Rosemary Horrox is Fellow and Director of Studies at Fitzwilliam College, University of Cambridge.

To register: Please send a cheque made out to Redgrave Church Heritage Trust, to:

June Shepherd, Barn View, Chapel Lane, Botesdale, IP22 1DT, with a stamped addressed envelope.

Redgrave Garden Club



THURSDAY 30th AUGUST - visit to :

Mickfield Hostas (no cost) & Fernatrix (£5pp)

light refreshments - depart Activities Centre 1:15pm by car

THURSDAY 27th SEPTEMBER

"A Fungi Foray" at Knettishall Heath (£5pp)

with Jonathan Revett, Fungi specialist

depart Activities Centre 1:30pm by car

Email : redgravegardenclub@gmail.com

Website redgravegardenclub.org.uk



Redgrave and Lopham Fen
IP22 2HX

Art Exhibition

August Bank Holiday weekend

Sat 25, Sun 26 Mon 27 August, 10am - 4pm

Come and enjoy an exhibition of paintings, by local artists inspired by nature, on display and for sale in the Education Centre

(Cash, cheque, PayPal, credit & debit cards accepted for art sales)

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August/September Events

Redgrave & District Ladies Club
Tuesday 14th August
A vintage afternoon tea



at
The Copper Kettle, Kersey
2 courses £18.40

Meet at Redgrave Activities Centre at 1.00pm

HEADSPACE : Time
to clear your head, talk, think & be together



September 19th (Wed) & 27th (Thu)
 from 9:30am for coffee & cake @ **All Saints Redgrave**
 All women welcome. Children catered for. Karen 01379 890897



**RICKINGHALL
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 GROUP**



is delighted to announce that **Charles Lewis** will come to Rickinghall to deliver a ten week course entitled :

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This ten week course starts at 2.00pm on **Thursday 13th September 2018** (with a half term break on 25th October). If you think you'd like to come, or have any questions, please contact either **Janet Swann on 01379 650615** or **Sue Emerson on 01379 897010** (email Emerson500@btinternet.com).

If you haven't been along to one of our courses before, do please telephone one of us – if you come and discover the course is not for you there will be no charge. Please let us know if you think you might like to come so we put out enough seats and buy enough refreshments!



Motocross at Wattisfield Hall



**Sunday
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11.30am
 start



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SATURDAY 8TH SEPT
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10AM - 3PM

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QUATREFOIL



Bringing Local History Alive Day

Sunday 2nd September at
 Rickinghall Village Hall 10am - 4pm

The book to be produced this year will commemorate the people from our villages who contributed to the Great War.

Displays will cover both world wars. Talks will be held at 10.30 and 2.30 by Sarah Doig and Gwyn Thomas, formerly Curator of the Suffolk Regiment Museum.



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Mellis Primary School, Wortham Primary School, Gislingham Primary School, Palgrave Primary School.

There will be a small additional charge for this service.

Our fees are as follows;

Breakfast Club

7.45am start £5.40 per session
7.30am start £5.90 per session

After School Club

3.30pm – 4.30pm £4.25 for the hour
3.30pm – 5.30pm £8.50 for 2 hours
3.30pm – 6.00pm £9.50 for the session £8.50 for siblings

For further information please contact Paula or Bridget on 07952 961285 or 07758 102043



Rabbats

A baby and toddler group for parents and pre-school children



Rickinghall Village Hall
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Leeann Jackson-Eve



JULY Report – Leeann Jackson-Eve (Clerk)

All eight councillors were present. There is a vacancy and we've had some interest in co-option.

Public Forum: County Councillor Jessica Fleming reports that the Cabinet has decided to adopt 'Option 2' for Home-to-School Transport, with some modifications, to be phased in starting in September 2019. The County Council will support transport to a pupil's nearest suitable school (rather than Transport Priority Area school as currently), there will be no requirement to count out of County schools. Support for post-16 education will continue under the new plans. The decision is subject to a call-in and review by the County Council Scrutiny Committee which sits on 9th July.

A major review has been launched of the way highways in Suffolk are maintained. This will explore how Suffolk's limited highways budget can be used to best effect for maintaining the county's roads, bridges, grass verges, and other assets. For example, it will look at whether to redirect funds allocated for resurfacing to repair as roads have deteriorated more quickly than anticipated in recent years. A new Highways Improvement and Innovations Board has been established to oversee the areas that will make up the review.

Consultation on Special Needs Education: The public is invited to comment on options for future special educational provision for children and young people between the ages of 5 and 25 at www.suffolk.gov.uk/SENDsufficiencyeducation, by close of business on 7th August. The options propose varying providers from either wholly independent sector, developing new special schools, and/ or specialist centres alongside mainstream schools.

We Are Listening Events: Suffolk residents are invited to come and meet with the Leader of the Council, other county councillors and senior managers about their concerns and ideas for Suffolk. The following are scheduled for the remainder of 2018:

- Framlingham: Tuesday 18 September
- Bury St Edmunds: Wednesday 26 September
- Haverhill: Friday 12 October
- Ipswich: Thursday 25 October

Planning: The PC considered an application at Common Road for change of use of the land for a commercial fishing lake and addition of a car park. There was no objection to the application. A second application was at Starre House, Chapel Lane for removal of a Leylandii at the bottom of the garden and there was no objection to this either.

Neighbourhood Plan: There have been two Steering Group meetings since the last PC meeting. A representative from

Hastoe Housing Association came to the first one to discuss the potential for affordable housing in the village. Otherwise, the Plan is coming along nicely – we have the budget to see it to completion and it should be ready for public consultation in the autumn.

Dedicated PCSO? The PC has received correspondence from Suffolk Police about parish-funded PCSOs. This might be an opportunity to once again have a regular police presence in the village and has worked well in other parishes, often with several sharing a PCSO to reduce the cost. The PC will be expressing an interest to find out more about the scheme. Tell us what you think!

War Memorial: In advance of November events, the PC has agreed a quote of £2,241 from H L Perfitt for cleaning and letter renovation of the memorial at Botesdale Market Place and £1,455 for deep cleaning the market place paving, both using a conservation system. We will be looking for outside funding for the project.

Overgrown Hedges: Although it isn't recommended to cut hedges between 1 March and 31 August due to nesting birds, please be a good neighbour and trim back any branches that overhang pavements or roads and make it difficult for pedestrians to walk safely or affect road visibility at junctions. Always check first to make sure you won't disturb nesting birds. It is an offence under Section 1 of the Wildlife and Countryside Act of 1981 to intentionally take, damage or destroy the nest of any wild bird while it is in use or being built.

Footpaths and Verges: As always, the cutting doesn't seem to keep up with the growth and SCC makes only a limited number of cuts each year. Please be patient but if a path becomes impassable, let us know or go directly to www.suffolk.gov.uk to report it.

THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON MONDAY 3rd SEPTEMBER

at 7.30 pm
at Botesdale Village Hall

All residents welcome
www.botesdale.suffolk.gov.uk

Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
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Redgrave Parish Council

Leeann Jackson-Eve



Redgrave July Report – by the Clerk

Councillors Angela Bigley, Mike Denmark, John Giddings, Bob Hayward, Ann Preston and Jason Walker were present in addition to the Clerk and 12 members of the public.

Public Forum: County Councillor Jessica Fleming sent her apologies and a report on Suffolk County Council activities which is summarised in this magazine in the Botesdale report.

A resident spoke in support of the proposed weight restriction on the B1113. This is in the early stages as the PC is pursuing a comprehensive survey by Suffolk County Council of HGV traffic through the village. If the PC can get sufficient evidence of excessive and harmful HGV traffic through Redgrave, it will be much easier to get a Traffic Restriction Order for a weight restriction. If the bid for a weight restriction is successful, it can be policed by a Lorrywatch group. It should be noted that the SCC website estimates that it can take up to 2 years to implement a weight restriction.

Another resident asked about the future of the playing field and Redgrave Amenities Trust representatives assured the meeting that there would be an update soon.

Finally, several residents enquired about grass cutting at the Old School Playing Field. The PC has been unable to cut the grass for several years due to fly-tipped items in the long grass which have damaged machinery in the past. It was suggested that it could be scythed and then walked over to remove the items so that it can be kept cut. If you have the time and ability to undertake this, or you have a better idea, please let us know!

Planning: The planning application at The Grange, Hinderclay Road from last month came back with a slightly altered plan. There were no further comments on it.

Old School Playing Field: The speed survey for Half Moon Lane has been completed and we are just waiting for the final report. The PC has received an abbreviated report which indicates that speeds are generally under the speed limit. The issue of a right of way over the access to the field is being pursued further and legal costs of up to £1,500 have been agreed.

War Memorial: In advance of November events, the PC has

agreed to pay £747 which is a third of the quote of £2,241 from H L Perfitt for cleaning and letter renovation of the memorial at Botesdale Market Place. The memorial is shared with Botesdale and Rickinghall. Outside funding will be sought for the project.

PCSO back on the beat in Redgrave? The PC has received correspondence from Suffolk Police about parish-funded PCSOs. This might be an opportunity to once again have a regular police presence in the village and has worked well in other parishes, often with several sharing a PCSO to reduce the cost. The PC will be expressing an interest to find out more about the scheme with the possibility of sharing with Botesdale and Rickinghall and/or other parishes. Tell us what you think!

Redgrave Shop: The PC has been asked to consider providing £1,500 for a feasibility study looking at how practical it would be to provide a community shop in the pub and has contacted the District Council about grant funding for the project.

Footpaths and Verges: As always, the cutting doesn't seem to keep up with the growth and SCC makes only a limited number of cuts each year. Please be patient but if a path becomes impassable, let us know or go directly to www.suffolk.gov.uk to report it. The PC is trying to arrange additional verge cutting.

**THE NEXT PARISH COUNCIL MEETING
WILL TAKE PLACE ON
WEDNESDAY 5th SEPTEMBER
at 7.30 pm
Redgrave Amenities Centre**

All Parishioners are cordially invited to attend

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
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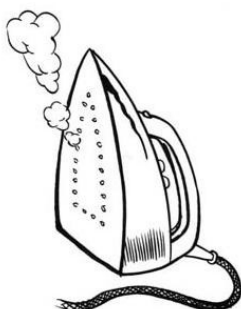
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Rickingham Parish Council



Rickingham Parish Council – Report by Cllr Nick Free

The meeting was opened at 19:30 by the Chairman, receiving apologies from Cllrs Nic Joubert, Sally Smith and Will Maskell. All other Parish Council (PC) members were present, along with the Clerk and our District and County Cllr Jessica Fleming, as well as one member of the Public. The agenda moved swiftly through formalities into the Public Forum.

During her updates, Cllr Fleming reported that the County Council Cabinet had voted on the options presented during the School Transportation Public Consultation. The options were "Option 1 - Bring in Changes September 2019" or "Option 2 - Phase in changes from September 2019" or "Option 3 - Leave as is and find other ways to make savings". The data shows that 3,607 citizens responded to the consultation with more than 90% opposing Option 1, more than 80% opposing Option 2 and more than 85% supporting Option 3. The County Council Cabinet voted for Option 2 with some modifications in that the County Council will support transport to a pupil's nearest suitable school, rather than Transport Priority Area School as currently and, there will be no requirement to count 'out of County' Schools. Jessica went on to explain that the Scrutiny Committee had subsequently 'Called In' the vote made by the Cabinet, in order to review the decision-making process. Jessica also reminded the PC that Suffolk County Council is holding "We Are Listening events" where Suffolk residents will have the opportunity to come and meet the leader of the Council. Times are all 11am – 1pm and the dates and general locations are:

- Framlingham: Tuesday 18 September 2018
- Bury St Edmunds: Wednesday 26 September 2018
- Haverhill: Friday 12 October 2018
- Ipswich: Thursday 25 October 2018

More information can be found online at www.suffolk.gov.uk.

Jessica also announced the Public Consultation on Specialist Education where the public is invited to comment on options for future special educational provision for children and young people between the ages of 5 and 25, in Suffolk. The consultation closes 7th August 2018 with details to be found at: www.suffolk.gov.uk/SENDSufficiencyeducation

There was also some discussion within the Public Forum relating to the Coop store, following a rumour that the Coop was relocating to another part of the village but this was not able to be confirmed. It was however noted that the Coop ATM (cash) machine had been restored and was now working, inside the shop in the far corner.

There was one single planning application (an extension) which received no objections, one listed building consent application (barge board replenishment) that was supported and a tree pruning application, also with no objection. There was a single tree planning granted notification from Mid Suffolk District Council (MSDC).

Correspondence was discussed, with the information about Parish funded Police Community support officers (PCSOs) and also a Public meeting with the Police and Crime Commissioner (PCC) in July which the Chairman and Cllr Jones would attend. The PC have expressed an interest in finding out more about the possibility of jointly funding a PCSO with other local villages but this is simply to find out more information at this stage.

There was a Neighbourhood Plan update which outlined that in October 2018 the Plan would be referred to the PC for further input before a

Local Public Consultation was commenced, with a further referral to the PC in January 2019 and then on to MSDC for review.

During correspondence and councillor reports it was noted that a local resident had contacted the PC and requested two new Dog Bins, which was deferred for further investigation by the 'Footpaths Officer' who would report back so an informed decision could be made relating to these specific requests. Another local resident had contacted the PC asking for support relating to improving access to certain footpaths for less mobile residents or those with mobility scooters. This was discussed and resulted in onward discussion with the Suffolk Highways Area Rights of Way Officer, as well as the PC 'Barwoods' representative. Additionally a local resident asked for advice and noted concerns relating to the height, general size and condition of the trees along Hinderclay Road at the front of the Village Hall and the Bungalows there, which has been picked up by the PC 'Tree Warden'.

War Memorial: It was voted upon and carried by a majority that the PC would jointly contribute a portion of the cost to renovate the War Memorial. This was discussed at length as the cost was initially higher than anticipated but was carried on a vote and the PC will contribute to have the remedial work completed. It was discussed around the table that this kind of work is only carried out 'every decade or so'.

In other discussions it was noted that the Silver car that had broken down at the top of Rectory Hill on 4th May, was still parked with two wheels up on the kerb. A number of local residents have now contacted The Police and SCC Highways, and have alerted the PC, but the car is deemed legal and does not meet the definition of abandoned according to the appropriate authorities. So until the owner retrieves the car, please be aware this is a potential 'sight-line' hazard for those accessing / egressing driveways along that stretch, as well as for pedestrians crossing the road; please do take extra care.

During the budget review discussion, three items were raised and questioned by the Chairman, with one being answered and two further being referred back to the Clerk to report back at the next meeting.

The meeting was closed by the Chairman at 20:56.

RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON

THURSDAY 6th SEPTEMBER

at 7.30 pm

AT RICKINGHALL VILLAGE HALL

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Village News



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Mental health services – Have your say!

People living in east and west Suffolk are being urged to have their say about local mental health services as part of a unique engagement opportunity.

The NHS Ipswich & East Suffolk and NHS West Suffolk clinical commissioning groups (CCGs) want to transform the way mental health provision is delivered across the county.

In order to do that, they first need to find out how effective the people who deliver and receive the current services think they are.

Commissioners want to hear from people who currently use or have previously used mental health services, those who care for them and the staff who deliver those services.

All three groups are being asked to input their feedback via three surveys that 'go live' from this morning (Monday 2nd July).

The surveys are part of a much larger engagement exercise that aims to help create a new model for east and west Suffolk that will bring mental and physical health services much closer together.

In a break from usual practice, the CCGs have commissioned four local voluntary sector organisations to engage with local people under the banner "The future of mental health – a very different conversation".

Suffolk Family Carers, Suffolk User Forum and Suffolk Parent Carer Network will co-ordinate a whole host of mental health workshops and events to gather feedback on the current services.

Healthwatch Suffolk will then gather and analyse the feedback before preparing a report making a case for change for the CCGs' governing body meetings in November.

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To respond to one of the surveys please use one of the links below:

People who use, or have previously used mental health services, should respond https://www.surveymonkey.co.uk/r/MHTransform_Plan_Service_Users_Public
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Village /Club news



BOTESDALE METHODIST WIVES CLUB

The Club meets on the third Wednesday in the month, ten times a year, usually in the evening and often at the Methodist Church in Fen Lane, Rickingham. Established some 63 years ago and originally The Young Wives Club, this friendly group now

welcomes ladies of any age and background. We enjoy talks, craft demonstrations, outings and suppers. Each year's programme is varied and there is always time for tea or coffee and chat. If you think this could be for you, please contact our Chairman, Jane Dorling on 01379 890202, for further information.

SUFFOLK HISTORIC CHURCHES TRUST RIDE AND STRIDE

This year the sponsored Ride and Stride event organised by Suffolk Historic Churches Trust will be held on Saturday 8th September from 9 am – 5 pm. Participants can either ride or walk from one church to another and can be sponsored for each church they visit. The people manning the churches and signing the sponsor forms can also be sponsored if they wish. The money raised is divided equally between SHCT and the church nominated by the participant. Norfolk will also be holding their event the same day and cyclists or walkers can cross the county borders if they wish. Sponsor forms will be available at the back of the churches and rotas if you can spare an hour or two to man the church or contact Jean Sheehan for Rickingham Inferior and Superior Churches, Tel. 01379 890237, Lynn Wills for Botesdale Chapel of Ease 01379 890732, or Bob Hayward 01379 898726 for Redgrave St Mary's.

REDGRAVE GARDEN CLUB

The speaker at the June meeting of Redgrave Garden Club was Jan Michalak, who was previously Head Gardener at Ickworth House. His subject was 'plants for sun and shade'. Jan showed photos of plants which fell into these categories. Some he had photographed in gardens throughout the country, and many were photos of his own garden, which he has developed and planted with many different varieties of plants, some in sunny spots, and some in shade, and some that are happy with either.. Jan brought with him a selection of plants for sale.

On the afternoon of July 5th. members visited Henstead Exotic Garden. They were given a guided tour by the owner Mr. Andrew Brogan, who told them how he had developed the garden over the last ten years, which had involved lots of hard work, laying paths, digging water features, building some interesting pagodas, as well as planting the many exotic trees and shrubs. On a very hot day walking amongst the palms and bamboos was a wonderful experience, and quite cool. The afternoon ended with refreshments served in a shady glade in the garden.

Barwoods Report for August/September 2018

Now in the middle of a long heat-wave, Northfield Wood looks very dry. The grasses are there and the willow herb and ragwort, but all the soft tissue plants are brown. The trees look good, however, apart from our most recent planting, the silver birch for Ken Liddle. It went in in April and now needs extra water to help it along.

There is always work to do rescuing the bases of trees from undergrowth that threatens to take all the moisture and nutrients from the ground and, as every year, Low Meadow has a lot of goose grass (cleavers) that drags down whatever it clings to. However, it is looking good, especially now that the paths have been cut.

By contrast, Miller's Orchard is cool, shady and green. Unfortunately, nettles seem to thrive here too but the path is clear.

During the heatwave we are more flexible about when we work on these sites. Early morning or in the evening seem preferable to the heat of the day.

Rosemary Jones, 8th July
01379 890238

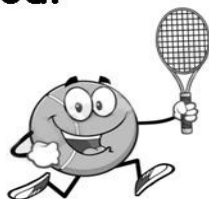
Work parties are usually on the first Sunday morning of the month - all welcome



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Rickingham Village Hall

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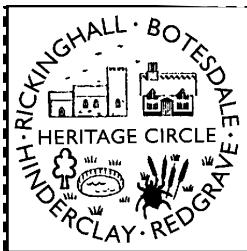


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Mondays @ 7pm Garboldisham village hall

Fridays @ 10am Palgrave village hall

Club News



HERITAGE CIRCLE

Sir Thomas Erpingham (1357-1428) – Hero or Thug?

Anne May gave a fascinating account of the life of Sir Thomas Erpingham, a 14th Century knight with strong links to Norwich and Norfolk, at the June meeting of the Heritage Circle at Rickinghall Village Hall. At the start, she posed the question as to whether he was a 'hero' or a 'thug.'

Thomas was born in 1357. His father, Sir John Erpingham, owned a manor at Erpingham. It is not a surprise that Thomas was sent to the household of the Black Prince, at the age of 11 to begin training for a military career as his father and grandfather had fought at Crécy in 1346. The Black Prince was a powerful patron as he was the eldest son of King Edward III. Thomas served the Black Prince and the House of Lancaster faithfully. In 1370 Thomas inherited the manors of Erpingham and Wicksmere on the death of his father. He gained the reputation of being a brave, loyal soldier. When the Black Prince died in 1376, Thomas transferred his allegiance to the Prince's brother, John of Gaunt. He soon acquired the manor of Gillingham, near Beccles.

In the service of John of Gaunt, Thomas 'harried' the Scots and was involved in the sacking of the monasteries at Kelso and Melrose in 1385. He also accompanied his patron on his disastrous attempt to seize the crown of Castile in 1386. As John of Gaunt aged, Thomas began to accompany Henry Bolingbroke, John's son, on military adventures in Europe. This culminated in a visit to Palestine in 1392-3. In 1398 Bolingbroke incurred the displeasure of the King, Richard II, when he arranged to fight a duel with the Duke of Norfolk. The King condemned the possibility of bloodshed and exiled both before the duel could take place. Thomas decided to accompany Bolingbroke in his ten year exile. Within a year, Bolingbroke returned to England, and deposed and imprisoned Richard II. He claimed the throne and was crowned, Henry IV. Sir Thomas Erpingham gained significantly from his loyalty to the new King. He acquired a number of lucrative posts, including Constable of Dover Castle and Warden of the Cinque Ports. Later he became Steward of the Royal Household. Thomas served the King loyally until Henry IV died in 1413. Thomas became very wealthy. He bought a house in Norwich and used his influence to gain a charter for the city which allowed it to have a sheriff and a mayor.

By the time of the accession of Henry V to the throne in 1413, Thomas was about 56 years old, quite elderly for the period, but he remained in royal service and accompanied the King on an expedition to France in 1415. The initial English force of about 11,000 men became depleted by dysentery during the siege of Harfleur. After taking the city, Henry V decided to march to Calais as a gesture of defiance to large French forces which were gathering to his south. The march was very difficult for the starving English army. Eventually, the French forced them into battle at Agincourt. Thomas was the commander of the English archers who inflicted heavy casualties and ultimate defeat on the French. After returning home, Thomas retired and focussed his attention upon Norwich and Norfolk. He contributed to the rebuilding of St Andrew's Hall which had been destroyed by fire in 1413. His coat of arms is displayed on the church. In 1420 he initiated the building of the Erpingham Gate, and entrance to Norwich Cathedral. This bears the only known image of Thomas, a kneeling statue high on the gate, although this is thought to have been added in the 18th Century. He died in 1428 and is buried in Norwich Cathedral near the altar. He left money to endow a number of Norfolk churches.

Anne concluded her talk by considering her initial question of hero or thug. Our concept of 'knight' is largely a Victorian creation of a brave, just, loyal and generous person. In reality, knights were probably violent people intent on accumulating honour and wealth. Thomas appears just to have been a man of his time.

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 22 August at The Village Hall, Rickinghall. Frances and Michael Holmes will give a talk about the old courts and yards of Norwich. Further information about the Heritage Circle is available on its website, www.heritagecircle.onesuffolk.net

Gerry Gurhy

Coffee On



Thank you to everyone who made it to our 'Coffee on the Corner' in July. It is always fantastic to see the Church full of people, people who are enjoying chatting, drinking coffee and tea, and, eating lots of cake! The donations from July have been put towards a trip for two of the young people who live in our community and attend Parkview.

Ben Goodwin and Charlotte Mellor will be going out in August to a village called Sirac, in Croatia - the main reason being to help a village Church run a five-day Holiday Club for the local children and young people, who are on their school summer holidays.

As well as this, Ben and Charlotte will be doing some work in the community. They will not know until they arrive what this work will be, but from previous experience this could be anything from tidying gardens to cleaning the local school.

This is not the first time that Ben and Charlotte have been on this trip, so they will testify that when they, and the rest of team, arrive it really is the highlight of the year for the children and young people in that village. So thank you for supporting them.

The next two dates for Coffee on the Corner are August 14th and September 11th. Please do come if you can.

Parkview also has a regular coffee morning on a Sunday, which we call, 'Coffee on a Sunday'. The next one of those is Sunday 19th August.

If you would like to know more about the above information, or about Parkview in general, please contact us on 01379 898924 or check out our website www.parkviewchapel.co.uk

Kev Gladwell

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Transport Needed?
The Rickinghall & District Community Bus is available for hire to readers of [this publication](#). Typical journeys include shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

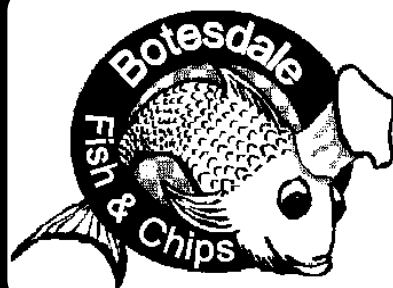
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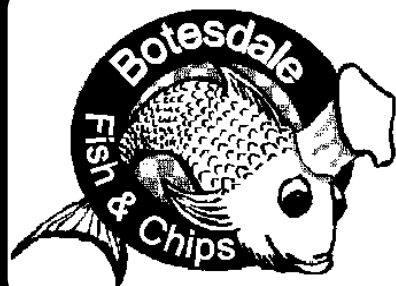
SUNDAY

4.00pm - 9.00pm

Calendar for August 2018

| | | | | |
|-----------|------------------|--|--|---|
| Wednesday | 1 st | 9:30am 10:00am 10:00am 2:00pm | Redgrave Art Club Day Centre Pond Dipping (session 1) Pond Dipping (session 2) | Redgrave Activities Centre Rickinghall Village Hall Redgrave Lopham Fen Redgrave Lopham Fen |
| Thursday | 2 nd | 9:00am 9:30am 10:00am 10:00am 6:00pm 7:00pm 7:30pm | Church cleaning RABBATS St Nicholas Hospice Drop-in Freshwater Life Zumba Botesdale & Rickinghall Runners Rickinghall Parish Council - Planning only | Redgrave St Mary's Rickinghall Village Hall Botesdale Health Centre Redgrave Lopham Fen Rickinghall Village Hall Rickinghall Recreation Ground Rickinghall Village Hall |
| Friday | 3 rd | 10:00am 12:00pm 8:00pm | Positive Steps Watercooler Dance Classes | Parkview Chapel The Bell, Botesdale Botesdale Village Hall |
| Saturday | 4 th | 10:00am 10:00am 10:30am | Church open (Apr-Oct) Church open (in the Summer) Guided Fen Walk | Redgrave St Mary's Rickinghall Inferior St Mary's Redgrave Lopham Fen |
| Monday | 6 th | All Day 10:00am 2:00pm 5:30pm 7:30pm | Samaritans Zumba Needlecraft (not Bank Holidays) Slimming World Botesdale Parish Council - Planning only | Bury St Edmunds Railway Station Rickinghall Village Hall Redgrave Activities Centre Rickinghall Village Hall Botesdale Village Hall |
| Tuesday | 7 th | 10:30am 6:00pm | Awesome Amphibians & Remarkable Reptiles Zumba | Redgrave Lopham Fen Rickinghall Village Hall |
| Wednesday | 8 th | 9:30am 10:00am 2:00pm | Redgrave Art Club Day Centre The Lost Words | Redgrave Activities Centre Rickinghall Village Hall Redgrave Lopham Fen |
| Thursday | 9 th | 9:30am 6:00pm 7:00pm 7:30pm | RABBATS Zumba Botesdale & Rickinghall Runners Women's Institute | Rickinghall Village Hall Rickinghall Village Hall Rickinghall Recreation Ground Rickinghall Village Hall |
| Friday | 10 th | 9:15am 10:00am 12:30pm 8:00pm | Rickinghall Ramblers Positive Steps Mad Hatter's Tea Party Dance Classes | Rickinghall Village Hall Parkview Chapel Thornham Walled Garden Botesdale Village Hall |
| Saturday | 11 th | 9:00am 10:00am 10:00am | Farmers' market Car Boot Sale (Apr-Sep) Church open (in the Summer) | Rickinghall Village Hall Rickinghall Recreation Ground Rickinghall Inferior St Mary's |
| Monday | 13 th | 9:30am 10:00am 2:00pm 5:30pm | Jo Churchill MP—informal drop in session Zumba Needlecraft (not Bank Holidays) Slimming World | Cross Keys Redgrave Rickinghall Village Hall Redgrave Activities Centre Rickinghall Village Hall |

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|-----------|------------------|---|--|--|
| Tuesday | 14 th | 9:00am 9:30am 10:00am 1:00pm 6:00pm | Coffee on the corner Macmillan Information & Advice Hunting and Hiding Redgrave & District Ladies club Zumba | Parkview Chapel Parkview Chapel Redgrave Lopham Fen Redgrave Activities Centre Rickingham Village Hall |
| Wednesday | 15 th | 9:30am 10:00am 2:00pm | Redgrave Art Club Day Centre Treasure Hunt | Redgrave Activities Centre Rickingham Village Hall Redgrave Lopham Fen |
| Thursday | 16 th | 9:30am 10:00am 3:30pm 7:00pm 6:00pm | RABBATS Invertebrates IT Hub in the Pub Botesdale & Rickingham Runners Zumba | Rickingham Village Hall Redgrave Lopham Fen Cross Keys Redgrave Rickingham Recreation Ground Rickingham Village Hall |
| Friday | 17 th | 10:00am 8:00pm | Positive Steps Dance Classes | Parkview Chapel Botesdale Village Hall |
| Saturday | 18 th | 10:00am | Church open (in the Summer) | Rickingham Inferior St Mary's |
| Sunday | 19 th | 11:00am | Coffee on a Sunday | Parkview Chapel |
| Monday | 20 th | 10:00am 2:00pm 5:30pm | Zumba Needlecraft (not Bank Holidays) Slimming World | Rickingham Village Hall Redgrave Activities Centre Rickingham Village Hall |
| Tuesday | 21 st | 6:00pm | Zumba | Rickingham Village Hall |
| Wednesday | 22 nd | 9:30am 10:00am 7:30pm | MOBILE LIBRARY Redgrave Art Club Day Centre Heritage Circle | See suffolklibraries.co.uk Redgrave Activities Centre Rickingham Village Hall Rickingham Village Hall |
| Thursday | 23 rd | 9:30am 6:00pm 7:00pm | RABBATS Zumba Botesdale & Rickingham Runners | Rickingham Village Hall Rickingham Village Hall Rickingham Recreation Ground |
| Friday | 24 th | 10:00am 8:00pm | Positive Steps Dance Classes | Parkview Chapel Botesdale Village Hall |
| Saturday | 25 th | 10:00am 10:00am 8:00pm | Church Open (in the Summer) 'Inspired by Nature' Art Exhibition Rickingham Country Music Club (Oct-Apr) | Rickingham Inferior St Mary's Redgrave Lopham Fen Rickingham Village Hall |
| Sunday | 26 th | 10:00am | 'Inspired by Nature' Art Exhibition | Redgrave Lopham Fen |
| Monday | 27 th | 10:00am 10:00am 5:30pm | 'Inspired by Nature' Art Exhibition Zumba Slimming World | Redgrave Lopham Fen Rickingham Village Hall Rickingham Village Hall |
| Tuesday | 28 th | 10:00am 12 noon 6:00pm | Coffee down the Lane Luncheon Club 898615 / 898619 (not Dec) Zumba | Methodist Church Redgrave Activities Centre Rickingham Village Hall |
| Wednesday | 29 th | 9:30am 10:00am | Redgrave Art Club Day Centre | Redgrave Activities Centre Rickingham Village Hall |
| Thursday | 30 th | 9:00am 9:30am 1:15pm 6:00pm 7:00pm | Church cleaning RABBATS Redgrave Garden Club Zumba Botesdale & Rickingham Runners | Redgrave St Mary's Rickingham Village Hall Redgrave Activities Centre Rickingham Village Hall Rickingham Recreation Ground |
| Friday | 31 st | 10:00am 10:00am 8:00pm | Positive Steps Time to Paint Dance Classes | Parkview Chapel Redgrave Lopham Fen Botesdale Village Hall |



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THURSDAY, FRIDAY, SATURDAY

11.30am - 1.30pm 4.00pm - 10.00pm

SUNDAY

4.00pm - 9.00pm

Calendar for September 2018

| | | | | |
|-----------|------------------|---|---|--|
| Saturday | 1 st | 10:00am 10:00am 10:30am 10:30am 11:00am | Church open (Apr-Oct) Church open (in the Summer) Guided Fen Walk Introduction to Hedgehogs Folly Flower Festival | Redgrave St Mary's Rickingham Inferior St Mary's Redgrave Lopham Fen Redgrave Lopham Fen Redgrave Park |
| Sunday | 2 nd | 10:00am 11:00am | Quatrefoil: Bringing Local History Alive Folly Flower Festival | Rickingham Village Hall Redgrave Park |
| Monday | 3 rd | All Day 10:00am 2:00pm 5:30pm 7:30pm | Samaritans Zumba Needlecraft (not Bank Holidays) Slimming World Botesdale Parish Council | Bury St Edmunds Railway Station Rickingham Village Hall Redgrave Activities Centre Rickingham Village Hall Botesdale Village Hall |
| Tuesday | 4 th | 6:00pm | Zumba | Rickingham Village Hall |
| Wednesday | 5 th | 9:30am 10:00am 7:30pm | Redgrave Art Club Day Centre Redgrave Parish Council | Redgrave Activities Centre Rickingham Village Hall Redgrave Activities Centre |
| Thursday | 6 th | 9:30am 10:00am 6:00pm 7:00pm 7:30pm | RABBATS St Nicholas Hospice Care Drop-in Zumba Botesdale & Rickingham Runners Rickingham Parish Council | Rickingham Village Hall Botesdale Health Centre Rickingham Village Hall Rickingham Recreation Ground Rickingham Village Hall |
| Friday | 7 th | 10:00am 12:00pm 8:00pm | Positive Steps Watercooler Dance Classes | Parkview Chapel The Bell, Botesdale Botesdale Village Hall |
| Saturday | 8 th | 9:00am 9:00am 10:00am 10:00am 10:30am | Farmers' market Car Boot sale (Apr-Sep) Master Crafts Fair Church open (in the Summer) Wildlife Watch Group | Rickingham Village Hall Rickingham Recreation Ground Botesdale Village Hall Rickingham Inferior St Mary's Redgrave Lopham Fen |
| Monday | 10 th | 10:00am 2:00pm 5:30pm | Zumba Needlecraft (not Bank Holidays) Slimming World | Rickingham Village Hall Redgrave Activities Centre Rickingham Village Hall |
| Tuesday | 11 th | 9:00am 9:30am 9.45am 5:30pm 6:00pm 7:15pm | Coffee on the corner Macmillan Information & advice Pilates (term-time only) Brownies Zumba Yoga and Relaxation (term-time only) | Parkview Chapel Parkview Chapel Rickingham Village Hall St Botolph's School Botesdale Health Centre Botesdale Village Hall |
| Wednesday | 12 th | 9:30am 10:00am | Redgrave Art Club Day Centre | Redgrave Activities Centre Rickingham Village Hall |
| Thursday | 13 th | 9:30am 12:30pm 2:00pm 6:00pm 7:00pm 7:30pm | RABBATS Phoenix Luncheon Club Holland in the Golden Age Zumba Botesdale & Rickingham Runners Women's Institute | Rickingham Village Hall Redgrave Activities Centre Rickingham Village Hall Rickingham Village Hall Rickingham Recreation Ground Rickingham Village Hall |

| | | | | |
|-----------|------------------|--|--|--|
| Friday | 14 th | 10:00am 8:00pm | Positive Steps Dance Classes | Parkview Chapel Botesdale Village Hall |
| Saturday | 15 th | 10:00am | Church open (in the Summer) | Rickingham Inferior St Mary's |
| Sunday | 16 th | 10:00am 11:30am | Late summer harvest - jam making Motocross | Redgrave Lopham Fen Wattisfield Hall |
| Monday | 17 th | 10:00am 2:00pm 5:30pm | Zumba Needlecraft (not Bank Holidays) Slimming World | Rickingham Village Hall Redgrave Activities Centre Rickingham Village Hall |
| Tuesday | 18 th | 9:45am 5:30pm 6:00pm 7:15pm | Pilates (term-time only) Brownies (term-time only) Zumba Yoga and Relaxation (term-time only) | Rickingham Village Hall St Botolph's School Rickingham Village Hall Botesdale Village Hall |
| Wednesday | 19 th | 9:30am 9:30am 10:00am 7:30pm | MOBILE LIBRARY Redgrave Art Club Headspace Day Centre Methodist Wives club (not Jan/Aug) | See suffolklibraries.co.uk Redgrave Activities Centre All Saints Redgrave Rickingham Village Hall Methodist Church |
| Thursday | 20 th | 9:30am 2:00pm 3:30pm 6:00pm 7:00pm | RABBATS Praise Hour IT Hub in the Pub Zumba Botesdale & Rickingham Runners | Rickingham Village Hall Parkview Chapel Cross Keys Redgrave Rickingham Village Hall Rickingham Recreation Ground |
| Friday | 21 st | 10:00am 8:00pm | Positive Steps Dance Classes | Parkview Chapel Botesdale Village Hall |
| Saturday | 22 nd | 10:00am | Church open (in the Summer) | Rickingham Inferior St Mary's |
| Sunday | 23 rd | 10:00am | Late summer harvest - pickling | Redgrave Lopham Fen |
| Monday | 24 th | 10:00am 2:00pm 5:30pm | Zumba Needlecraft (not Bank Holidays) Slimming World | Rickingham Village Hall Redgrave Activities Centre Rickingham Village Hall |
| Tuesday | 25 th | 9:45am 10:00am 12:00pm 5:30pm 6:00pm 7:15pm 7:30pm | Pilates (term-time only) Coffee down the lane Luncheon Club 898615/898619 (not Dec) Brownies (term-time only) Zumba Yoga and Relaxation (term-time only) Some Lovely Islands | Rickingham Village Hall Methodist Church Redgrave Activities Centre St Botolph's School Rickingham Village Hall Botesdale Village Hall Redgrave Lopham Fen |
| Wednesday | 26 th | 9:30am 10:00am 7:30pm | Redgrave Art Club Day Centre Heritage Circle | Redgrave Activities Centre Rickingham Village Hall Rickingham Village Hall |
| Thursday | 27 th | 9:30am 9:30am 6:00pm 1:30pm 7:00pm | RABBATS Headspace Zumba Redgrave Garden Club Botesdale & Rickingham Runners | Rickingham Village Hall All Saints Redgrave Rickingham Village Hall Redgrave Activities Centre Rickingham Recreation Ground |
| Friday | 28 th | 10:00am 10:00am 8:00pm | Positive Steps Time to Paint Dance Classes | Parkview Chapel Redgrave Lopham Fen Botesdale Village Hall |
| Saturday | 29 th | 10:00am 10:30am 8:00pm | Church open (in the Summer) The Pastons and their England Rickingham Country Music Club (Oct-Apr) | Rickingham Inferior St Mary's Redgrave St Mary's Rickingham Village Hall |
| Sunday | 30 th | - | - | - |

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Exploring the Past

Jean Sheehan, 01379 890237

Memories of The Cross Keys Part 3

The Cross Keys hit the headlines in October 2001 when the former owner of the pub was fatally stabbed at her mother's home in Chadwell Heath, Essex. Marilyn Garside, aged 54, had gone to visit her mother and went to answer the front door as her mother was wheel chair bound. A man was standing on the doorstep who then proceeded to stab her. Marilyn's mother, Barbara Rawle, heard her daughter cry out "no, no, no" and went to the door to find her lying in a pool of blood. She raised the alarm but Marilyn died an hour after arriving at St. Georges Hospital, Ilford. At first no motive could be found but the following March the police featured the murder on the BBC Crimewatch programme and appealed for information. As a result of this information the following September Marilyn's husband James and Richard Bates were arrested.

The six-week trial revealed much about the Garside's life at the pub with evidence coming from regulars and staff at the Cross keys. Marilyn and James met in 1990. Marilyn, a divorced mother of two, owned her own house from a previous marriage and was paid £100,000 after being made redundant from an engineering firm in 1996. (1).



James and Marilyn Garside

They bought The Cross Keys in June 1997 and married two months later. The couple kept the pub for four years during which time James had several affairs and resorted to violence at least twice. During this time James often said he would kill or arrange to have Marilyn killed to inherit her money. Marilyn (known as Lyn) was popular with the regulars but James was not and some customers stopped coming to the pub because of him.

The pub was sold in June 2001 for £250,00 and the couple moved to Romford, Essex together but shortly after became estranged and James moved to the King's Lynn area to live with his current girlfriend. He met up with Richard Bates and paid him £4,000 for a contract killing. Evidence proved that Richard's DNA was found on the gate of the house and more evidence came from mobile phone calls between the two men around the time of the murder, one call by James establishing where Marilyn was at the time of the murder. Both men were sentenced to jail for life in June 2003.

George and Angie Estcourt purchased The Cross Keys from the Garsides. When they heard of Marilyn's murder they organised a collection from the village to send flowers for the funeral and the money left over was given to Quidenham Children's Hospice. Marilyn had been trustee of a fund to support Connor Bartlett, an eight-year old boy from Redgrave, who suffered from acute myeloid leukaemia and a brain disorder and was often a resident in the hospice.

Diss Mercury 2/5/2003.


Information taken from trial and other reports in Diss Express and Diss Mercury at the time.

On September 2nd Quatrefoil will be having an exhibition based on the two World Wars. If anyone is in possession of a photograph of the gun which was in position on the Knoll in WWII or of the pillbox situated in Searchlight Field before it was blown up please could we copy it?

If anyone has memories or photographs of the American hospital or the prisoner of war camp situated in Redgrave Park during WWII, David Orr would be very interested to speak to you at the History Day on 2nd September.

Exploring the Past Again

by Sarah Doig



Quatrefoil invites you to

**BRINGING LOCAL HISTORY ALIVE
2018**

SUNDAY 2ND SEPTEMBER
10.00 am - 4.00 pm

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10.30 am and 2.30 pm
THE SUFFOLK REGIMENT IN THE GREAT WAR
Gwyn Thomas
former Curator of the Suffolk Regiment Museum

11.00 am and 3.00 pm
WAR ON THE HOME FRONT
Sarah Doig

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Quatrefoil, a small group of local historians who research and write about all aspects of the history of our villages of Botesdale, Redgrave and Rickinghall, will be holding their sixth annual BRINGING LOCAL HISTORY ALIVE day this year.

The group have built up a loyal following of people with ancestral links to the villages, some of whom return for this yearly event from hundreds of miles away. But absolutely everyone is welcome! There is no charge for admission and there will be tea, coffee and cakes available for sale throughout the day.

This year's event will be in Rickinghall Village Hall on Sunday 2nd September. Doors open at 10.00 am and, as ever, visitors will be treated to displays of a wide range of fascinating old documents, maps and photographs. The main theme of this year's exhibition is the First and Second World Wars, to commemorate the centenary, in 2018, of the end of the Great War.

As well as the vast array of local history information available to browse, there will be two illustrated talks. Gwyn Thomas, the former Curator of the Suffolk Regiment Museum, will speak on "The Suffolk Regiment in the Great War". This will be followed by Sarah Doig's talk on "War on the Home Front". These talks will take place in the morning at 10.30am and 11.00am, repeated in the afternoon at 2.30pm and 3.00pm. There will be plenty of time in between to look at the displays and to talk to members of the Quatrefoil team.

Quatrefoil now have an impressive array of fourteen local history books they have published on various subjects. The whole collection will be available for sale at the event. These include war-related books: "James Scarfe of Botesdale: One of the Noble Six Hundred" which tells the story of a local resident who fought in, and survived, the Charge of the Light Brigade during the Crimean War, "Lest We Forget: Botesdale, Redgrave and Rickinghall Men of the Great War" and "Villages in Wartime: Life in Botesdale, Redgrave and Rickinghall in World War Two".

Further details of all Quatrefoil's books and activities can be seen on their website at www.quatrefoil.org.uk

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Nyall's Notes

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

I have written some 'Christian fiction' and observed that it is often possible to produce a clearer explanation by setting up a conversation between two parties. It certainly enables one to ask questions of oneself. This conversation is between myself and Kim who asked how one knows God's forgiveness.

I started, "You have twin sisters. One finds a man and they get married. In a fit of drunken jealousy the other shoots him at the wedding and, we will set the example in America, ends up on death row. That one on death row can't believe her sister has forgiven her. The day before the execution that sister visits her in jail and at the end of visiting time, pushes her out saying that she will con the warders for a while. Next day she is executed in place of the guilty sister. Could there be a clearer way of demonstrating forgiveness?"

"No, presuming she knew what was going to happen, I have to agree with that one," Kim replied.

"Jesus manoeuvred himself into that position for you." Kim asked, "Can you explain that a bit more?"

I drew a sequence of pictures. On the left I drew a stick man standing. "That's Jesus before he was crucified." On the right I drew one lying down. "That's you. The Bible says 'dead in sins.'" I drew a big burden on the back of the one lying down. "There you are all the wrongs you ever did."

Under the left, the Jesus column, I drew a cross and put a stick man on it. On the right I drew the one lying down and then drawing the burden of sins I put it on the one on the cross.

"That's not fair," said Kim.

"I didn't say it was fair. It wasn't fair on the innocent sister but she herself manoeuvred it that way. Jesus did the same thing. The Bible says that he bore our wrongs on the cross. I have to draw it that way."

"I see," said Kim thoughtfully.

"Let me go on because the story isn't over yet. When Jesus died he paid for that big burden of sins. He didn't have any of his own to pay for. He paid for yours and he paid in full so when I draw my next two pictures I will draw Jesus dead in the tomb with the burden gone as it has been paid for in full. I will draw you exactly as you were: dead but the wrongs having been taken by Jesus." I drew two stick men lying down.

"Now this is important, both pictures are exactly the same. Jesus has manoeuvred himself and you so that they are exactly the same. Now God in heaven says, 'My son has paid the price but not for himself. I am pleased with him. I will raise him to life.' But he has to be absolutely fair. That is his nature, unfairness is wrong and you and Jesus are in the same position so he has to raise you to life with him. The Bible says that, 'We are raised with him,' or 'As God the Father raised Jesus so too he gives us new life.'"

"That's brilliant," observed Kim.

"It means that I might say sorry to God for what I have done wrong and not know the forgiveness but the cross of Jesus tells me I am forgiven."

"Mmm," said Kim thoughtfully, "But I don't feel dead."

"But would you say that you are alive to God?"

"No."

"Then you are dead to God. You might say spiritually dead."

The cross stands as an enduring symbol of God's offer of forgiveness through Jesus.

Christ himself bore our sins in his body on the tree... God made us alive together with Christ .. and raised us up with him

(1 Peter 2: 24 & Ephesians 2: 6 & 7)

Bill's Birds

Bill Cordeaux Tel: 898286

Just south of Norwich there is a large lake, Whittingham Great Broad. It has an excellent centre with parking, food, etc, even wheelchairs with enormous balloon-like wheels to iron out the bumps on its excellent circular walk.

As usual, in these summer days, there are plenty of lake and land birds. Also, some very loud screaming Swifts. Excessively loud and there, above the parking place, was a pole with a square top containing several holes - man-made Swift nests and the screams we heard were recordings of Swifts attracting these birds, hopefully to use these man-made nests!

The last time I heard and saw such attractions was on the island of Malta. There, in a large enclosure, were several man-made and used comfortable little rooms open at one end to the skies and built to accommodate 'shooters'. The recordings of birds were being targeted at our passing-through migratory birds to breed in Europe and luring such birds into the range of these 'brave' shooters. What a contrast?

Now back to Suffolk I have again visited (this time in better weather), Minsmere. What a welcome noise in the 'scrape' from nesting gulls, resident Avocets and visiting waders. One new gull I noticed was a Mediterranean Gull with a real black head. It has now joined our black (dark brown) headed gulls in their nesting site. It is a big gull with a red bill and legs.

Coincidentally I have visited Lackford Lakes near Bury St Edmunds and saw three small gulls flying in circles like terns and surface feeding. These were immature Little Gulls passing through East Anglian waters. If they were adults they would remain 'small' but they would also have the same black heads and red feet as the Mediterranean Gull. Lackford Lakes has an excellent 'centre' from which one can watch birds on their nearby feeders. On that day a Greater Spotted Woodpecker and Marsh Tit. On their pond swam a pair of Gadwalls. Not a very exciting looking grey duck with marked white wing feathers at its side. The female has the same white marking as the male, but typically, being female, is much smaller. In the past I have seen a Water Rail on this site happily pinching food meant for pheasants. The Water Rail is a bird rarely seen and with a hideous pig-like cry. Sadly the Lakes' two male Nightingales had found mates and had ceased to sing.

And now Turtle Doves. One was seen in a garden in Hinderclay. Once only. It was probably searching in vain for successful nesting sites of the past, but then moving on. But, surprise, surprise, a pair has nested in our area. This really is exciting news. The Turtle Dove's population since 1994 has fallen by nearly 93%, mainly due to our new farming methods, but not helped by the aforementioned Maltese 'shooters' slaying them on their migratory routes. I wish I had been able to hear their 'purring' song. It used to be typical of the English summer.

Two more churchyards have been home to Spotted Flycatchers and one annual visitor to Redgrave has successfully fledged young.

I have previously mentioned that we have Oyster Catchers nesting near Redgrave Lake. These are waders, black and white, with red bills and legs. These coastal birds are being seen much more frequently inland. When heard flying overhead they have a distinctive 'peeping' cry which you will never forget. A pair have recently been seen on Rickinghall playing field.

I write while Swifts are screaming over our home in this hot summer, against a long-lasting background of a clear blue sky. They may have gone by the time you read this month's magazine. Happy holidays and don't forget your binoculars.



The man-made Swift nest boxes at Whittingham Broad

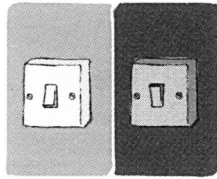
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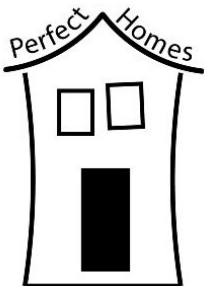
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Commemoration of Suffolk Great War soldier's burial sites

On this the centenary of the end of the Great War an event is being organised to recognise and pay homage to those whose death was attributable to their service in the First World War and who are buried in Suffolk under the auspices of the Commonwealth War Graves Commission.

The intention is that on the 8th of November groups of local schoolchildren will assemble at the location of the graves and will be told about the connections the soldier had with their community, his service history and the importance of remembering the sacrifice he and others made. Then at 11am, throughout the County, representatives of those same children will lay poppy crosses on each grave followed by a minute silence.

Each RBL Branch in the County are responsible for the graves in their area. Stanton branch have 10 graves in five different locations. They are as follows:

| | | |
|-------------------------------------|----------------------------------|-------------------------|
| Bardwell Baptist Church | Private Archibald Oscar Plummer | Essex Regt |
| Bardwell Peter and Paul Church | Private Alfred Harold Hazelwood | Suffolk Regt |
| Rickingham Superior St Marys Church | Private Ernest Matthews | Labour Corps |
| Walsham Le Willows Cemetery | Private Sidney Arthur Cracknell | Kings Royal Rifle Corps |
| Walsham Le Willows Cemetery | Private William Edgar Oxborrow | Royal West Kents |
| Wattisfield Cemetery | Private Edward Kerry | Royal Fusiliers |
| Wattisfield Cemetery | Private Ernest William Landymore | Queens West Surrey Regt |
| Wattisfield Cemetery | Private George N Miller | Suffolk Regt |
| Wattisfield Cemetery | Rifleman Edgar Redvers Moule | Kings Royal Rifle Corps |
| Wattisfield Cemetery | Private George Rivett | Royal Fusiliers |

It has been 100 years since these brave men were buried and so little is readily known about each of them. We need to tell the children as much as we can about who they were and how they link with the communities.

Do you know about these soldiers? Have you any information about relatives we might contact? If you are a local historian can you help us with any information from your research? We would be very grateful for any help you can give us. If you can help with any information at all about the above-mentioned soldiers or their relatives please contact:

Ivor Bowden: 01359 251826 or at bowdens5504@btinternet.com

Cookbook

In the Cookbook, we'd like to share your favourite recipes with baking enthusiasts in our villages.

To include a recipe in the column below, please send it to editor@rbrparishmag.com

Please don't copy straight out of cookbooks—we want to avoid problems with copyright! ☺

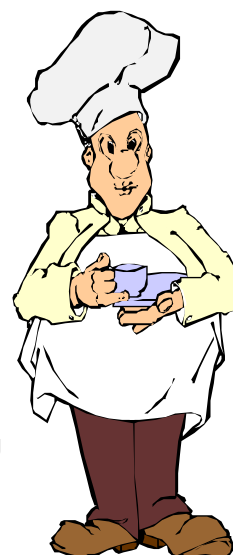


The favourite pudding of our illustrious editor—thanks Charles, for confiding a secret from the Murray Kitchen!

Bread Pudding

Ingredients

- 8oz. Bread
- Generous 6oz dried fruit – use equal amounts of currants, raisins, sultanas
- 2oz brown sugar
- 2oz suet
- half a teaspoon each of ground cinnamon, ginger, mixed spice, cloves. (Maybe a little less ground cloves as they are quite pungent)
- a good sprinkle of grated nutmeg
- 1 teaspoon (heaped if you can) dark rum
- 1 egg
- milk
- cold tea.



Method:

Break bread up and soak in cold tea 5-10 mins

Strain and squeeze (the bread that is!)

Put into a basin and beat with a fork to break up

Add all dry ingredients and mix well

Add rum and egg, mix and add milk to make fairly sloppy

Put into greased tin in oven at gas 4 (180C) for about 1 hour to 1 hour 30 mins until it appears done.

Sprinkle with sugar

Eat

If you would like to share one of your favourite recipes then feel free to send them to us at:

editor@rbrparishmag.com

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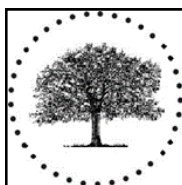


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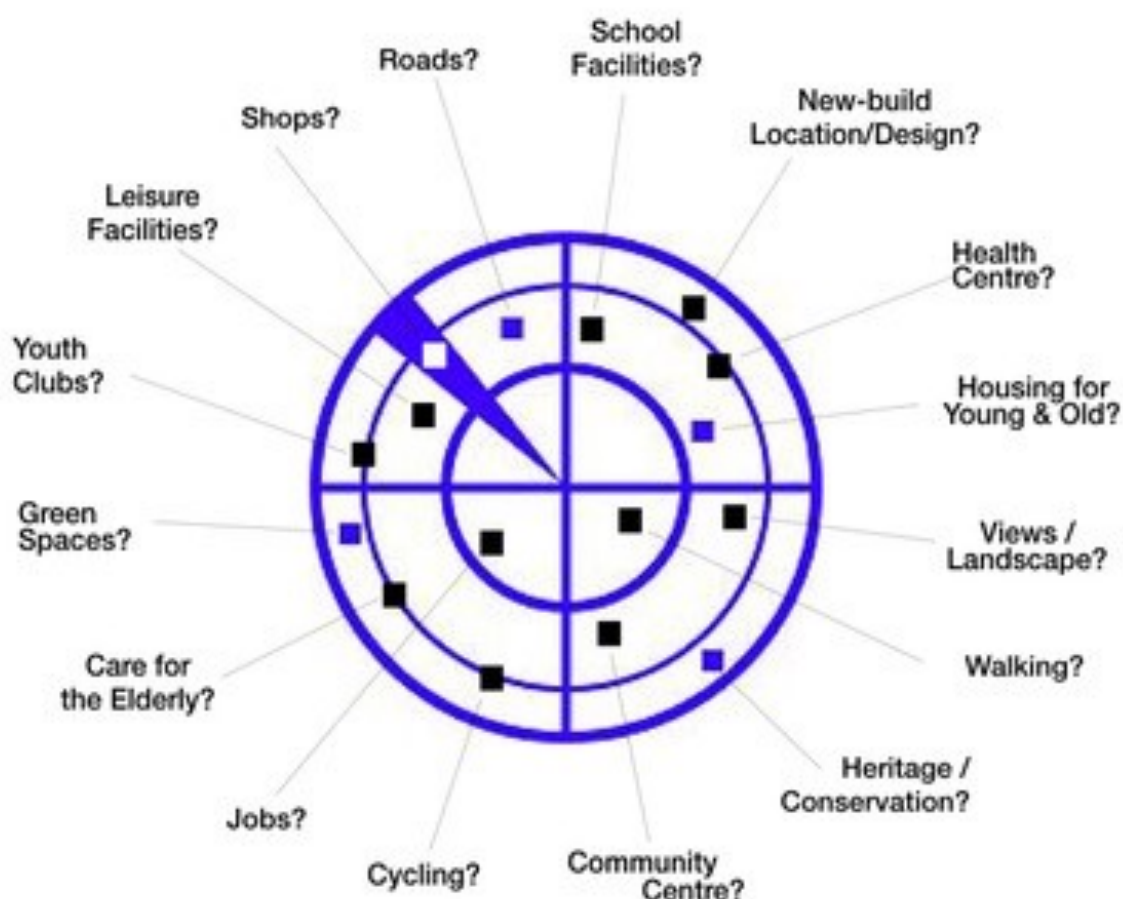
The Botesdale & Rickinghall Neighbourhood Plan



**BOTESDALE &
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NEIGHBOURHOOD
PLAN

**** What's on *your* radar? ****
**** Do *you* have anything to add? ****

This "radar" shows many of the things your Neighbourhood Plan team has been debating over the past 18 months, leading to several iterations of our draft Neighbourhood Plan, now nearing completion. If you would like to comment, please contact the Neighbourhood Plan Steering Group on 01379 890141 or email rickinghall_pc@btopenworld.com. Thank you.



Here's what happens to the draft Neighbourhood Plan (NP) next :

- August->November**
 - informal review by Mid-Suffolk District Council (MSDC)
 - NP Steering Committee agrees any changes with MSDC
 - NP approval by Botesdale and Rickinghall Parish Councils
- November**
 - consultation on draft NP with YOU for your views
- December->February**
 - recording of all consultation comments with responses
 - back to the Parish Councils for their final approval
 - submit final Neighbourhood Plan for official examination/approval

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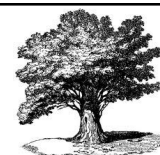
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Pre School News

We are a registered charity operating on a 'not for profit' basis. We provide a happy, stimulating and secure learning environment for children aged 2-5 years.

Good Luck to the Butterfly Children who start at St. Botolphs in September

We work closely with St Botolph's Primary School to ensure a smooth transition for our children into primary school. In the academic year before they start school, our pre-school children graduate from being "Caterpillars" to "Butterflies" and our Butterflies benefit from specific activities, such as phonics and numeracy, to help them prepare for school. We also make regular visits with the children to St Botolph's to take part in activities such as assemblies, stories and lunches.

Keep an eye out for our open day coming soon! If you have a child that you would like to come to the pre-school then feel free to come and have a look around or have a chat with us.

Established for over 20 years and based at Botesdale Village Hall, we provide daycare for local children between the ages of 2 and 5 years. It is our aim to ensure that each child reaches his or her full potential.

Thank you to everybody (parents and children!) who took part in the super hero walk for Joseph. It was a very hot day, and all of the children did very well!



Committee

The Committee is responsible for the management of the pre-school. Parental involvement is key to a child's successful development and volunteering for the Pre-school Committee is an ideal way to be involved in both your child's development and their life at preschool. Committee members also help to shape how the pre-school setting is managed. New members are always welcome (and needed). You can choose how much time to commit and there are lots of ways to contribute so please contact us if you would like to get involved.

To find out more about us or to arrange a visit please contact **Karen Hails** on **07796 014304** visit www.botesdaleandrickinghallpreschool.co.uk or search for Botesdale & Rickinghall Pre School on Facebook



MORE WORD MAKING

| | | | |
|-----|-----|-----|-----|
| TRA | RAL | ED | CL |
| PO | INT | AG | JU |
| NT | SU | ING | PP |
| CE | UB | ED | DGE |
| CY | OS | IN | EN |

From the grid above find the letters to match the clues

Eg: It's rude to ----- = PO+INT (5 letters)

No set of letters can be used more than once

| CLUE | SOLUTION | (no of letters) |
|---------------------------------|----------|-----------------|
| 1. Prepping for competition | | 8 |
| 2. Golf implement | | 4 |
| 3. Having a sharp end | | 7 |
| 4. In the middle | | 7 |
| 5. One presiding over the court | | 5 |
| 6. Business providing a service | | 6 |
| 7. Thought to be | | 8 |

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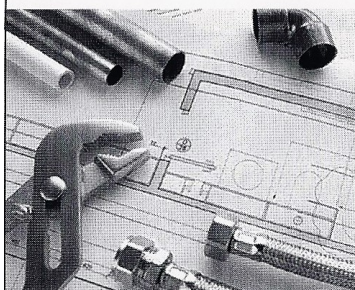
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Saturday 8th September
9 — 12.30

RAHOF (Rickinghall Area Hospice Fundraisers)
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With Quizmasters Mike Webb & John Kilgannon

Friday 19th October
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SATURDAY 6 OCTOBER 2018

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| Readings for Parish Church Sunday Services | | |
|--|----------------------|------------------------|
| Date | 1st reading | 2nd Reading |
| 5th August | 2 Peter 1:16-19 | Luke 9:28-36 |
| 12th August | Ephesian 4:25-5:2 | John 6:35, 41-51 |
| 19th August | Ephesians 5:15-20 | John 6:51-58 |
| 26th August | Ephesians 6:10-20 | John 6:56-69 |
| 2nd September | James 1:17-end | Mark 7:1-8,14,15,21-23 |
| 9th September | James 2:1-17 | Mark 7:24-end |
| 16th September | James 3:1-12 | Mark 8:27-end |
| 23rd September | James 3:13-4:3, 7-8a | Mark 9:30-37 |
| 30th September | James 5:13-end | Mark 9:38-end |

| Service | Task | 1 st Sunday Aug 5th | 2 nd Sunday Aug 12th | 3 rd Sunday Aug 19th | 4 th Sunday Aug 26th | 1 st Sunday Sep 2nd | 2 nd Sunday Sep 9th | 3 rd Sunday Sep 16th | 4 th Sunday Sep 23rd | Sunday Sep 30th |
|---|----------|-----------------------------------|------------------------------------|------------------------------------|------------------------------------|-----------------------------------|-----------------------------------|--|------------------------------------|--------------------|
| 9:15 Redgrave All Saints Holy Communion | Lector | Mrs S McGrath | - | Mr J Wright | - | Mr J Walker | - | HARVEST AT STARWING BREWERY | | Mr L McGrath |
| | Sidesman | Mrs K Gunn | - | Mrs J Wright | - | Mrs R Walker | - | | | Mrs C Hilliard |
| 10:30am Redgrave All Saints All Together | Lector | - | - | - | - | - | - | Mrs L Wills | - | United Service |
| | Sidesman | Mrs S White | - | Mrs F Lamb | - | Mrs C Davidson | - | Mrs F Lamb | - | |
| 10:30am St Botolph's Chapel of Ease Holy Communion | Lector | - | - | - | Mrs J Shepherd | - | - | - | Mr J Wright | - |
| | Sidesman | - | - | - | Mrs L Wills | - | - | - | Mrs J Wright | - |
| 10:30am St Mary's Rickingham Holy Communion | Lector | - | Mrs K Gunn | - | - | - | Mrs J Stokes | - | - | - |
| | Sidesman | - | Mrs M Self | - | - | - | Mr & Mrs Miles | - | - | - |
| 6:30pm St Mary's Rickingham Evening Prayer | Lector | - | - | - | Rector | - | - | - | Rector | - |
| | Sidesman | - | - | - | Mrs J Sheehan | - | - | - | Mr R Rixon | - |
| Redgrave All Saints | Flowers | Mrs F Lamb | | Mrs R Powell | Mrs R Powell | Mrs R Stimson | | | | Mrs R Walker |

Neighbourhood Watch



On Monday 25th June a small group of NW Coordinators met PC Stefan Henriksen, in the functions room at The Bell Inn, Rickingham and he gave a very interesting talk about his new role as the Community Engagement Officer. It is hoped that we shall be better informed of items of interest for the residents of Rickingham, Botesdale and Redgrave. Stefan can be contacted by email at stefan.henricksen@suffolk.pnn.police.uk. Peter Beck.

Please note...

- residents of Botesdale & Rickingham can receive a Neighbourhood Watch email circular on request from Peter Beck
- although Stowmarket hosts our *Safer Neighbourhood Team* (contact details below), it does not have a front counter where you can visit in person - these are available at :
 - Bury St Edmunds - Raingate Street IP33 2AP
 - Ipswich - 10/10a Museum Street IP1 1HT
 - Lowestoft - Old Nelson Street NR32 1PE

Neighbourhood Watch Contacts...

- Botesdale & Rickingham** : Peter Beck on 01379 890495; email : peter@pbeck.plus.com
- Redgrave** : John Campbell on 01379 890946; email redgrave.nwatch@outlook.com
- Suffolk Constabulary** : Stowmarket Safer Neighbourhood Team, telephone 101 (non-emergency & queries)
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| | |
|----------------|---|
| 5th August | One service at 11.00am |
| 12th August | One service at 11.00am |
| 19th August | 'Coffee On A Sunday' at 11:00am |
| 26th August | One service at 11.00am |
| 2nd September | One service at 11.00am (including Communion) |
| 9th September | Communion service at 10.00am and Harvest service at 11.00am |
| 16th September | No services at Parkview this day |
| 23rd September | Communion service at 10.00am and Main service at 11.00am |
| 30th September | No services at Parkview this day |

Events

| | |
|-------------------------------------|---------------------------------|
| Tuesday 14 th August | 'Coffee On The Corner' – 9.00am |
| Tuesday 11 th September | 'Coffee On The Corner' – 9.00am |
| Thursday 20 th September | 'Praise Hour' – 2.00pm |

Activities for Children & Young People

| PARKVIEW YOUTH - all at Parkview Chapel, Botesdale | |
|---|---|
| Junior Church Reception - Year 6 Sundays 11.00am - 12.00pm | Junior Friday Reception - Year 6 Fridays 6.00pm - 7.00pm |
| PYP Years 7 - 13 Sundays 7.00pm - 8.30pm | Senior Friday Club Years 7 - 11 Fridays 7.30pm - 9.30pm |

Please call Kev Gladwell on 01379 898924 for more details on any of these events or see www.parkviewchapel.co.uk

Botesdale Methodist Church

A friendly welcome to everyone to services and events

| Services (every Sunday at 10.30 am unless otherwise indicated) | |
|--|---|
| 5th August | Local arrangement |
| 12th August | Rev Harold Wilkinson |
| 19th August | Rev David Ely, Holy Communion |
| 26th August | Mrs Jane Mottram |
| 2nd September | United Service at Parkview Chapel Mrs Sue Goodwin |
| 9th September | To be advised |
| 16th September | Harvest Festival Rev Robin Searle |
| 23rd September | To be advised |
| 30th September | To be advised |

| Events | | |
|-----------------------------|--|---|
| Bible Study | Monday 6 th and 13 th August 10.00 am Mondays 3rd and 24th September 10.00 am | - |
| Christian Forum | Thursday 9 th August | Garden outing |
| | Thursday 4 th September 7:30pm | Action for Children |
| Coffee down the Lane | Tuesday 28 th August; 25 th September 10.00 am – 12 noon | - |
| Wives Club | August | No meeting |
| | Wednesday 19 th September | Holiday Evening and Bring and buy stall |

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Redgrave



St. Botolph's
Botesdale



St. Mary's
Rickinghall

NEW PATTERN OF SUNDAY SERVICES

5th August Transfiguration of Our Lord

9.15 All Saints, Redgrave BCP Communion
10.30 All Saints, Redgrave All Saints Altogether
with Baptism

12th August 11th Sunday After Trinity

10.30 St Mary's, Rickinghall CW Communion

19th August 12th Sunday After Trinity

9.15 All Saints, Redgrave BCP Communion
10.30 All Saints, Redgrave All Saints Altogether

26th August 13th Sunday After Trinity

10.30 St. Botolph's, Botesdale CW Communion
6.30 St. Mary's, Rickinghall Songs of Praise

Note: No Messy Church during August

2nd September 14th Sunday After Trinity

9.15 All Saints, Redgrave BCP Communion
10.30 All Saints, Redgrave All Saints Altogether



9th September 15th Sunday After Trinity

10.30 St. Mary's, Rickinghall CW Communion,

16th September 16th Sunday after Trinity

10.30 Star Wing Brewery, Hall Farm, Redgrave
for **HARVEST CELEBRATION**

23rd September 17th Sunday After Trinity

10.30 St. Botolph's, Botesdale CW Communion

10.30 **Messy Church**, Botesdale
Village Hall for "Coffee and cake",
crafts, songs, stories and family fun.

6.30 St Mary's, Rickinghall Evening Prayer

30th September 18th Sunday after Trinity

9.15 All Saints, Redgrave BCP Communion
10.30 All Saints, Redgrave United Service
4.00 St Mary's Redgrave, Blessing of the Bells,
with Bishop Mike, Bishop of Dunwich

7th October 19th Sunday After Trinity

9.15 All Saints, Redgrave BCP Communion
10.30 All Saints, Redgrave All Saints Altogether



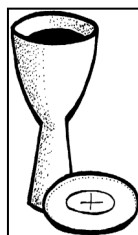
Also



Sat 15th September

Men's Breakfast

Star Wing Brewery, Hall Farm, Redgrave
Please contact Mark Duxon on 01379
890897 if you wish to join us



St Mary's Rickinghall, Monthly Midweek Communion

No service in August
Wed. 5th September. 10.00am

Farnish House, Botesdale Communion

No service in August
Thurs 20th September. 9.45am

These services are open to everyone

HARVEST 2018 CELEBRATION



Join us for a celebration of harvest on
Sunday 16th September 10.30am

at Star Wing Brewery, Hall Farm, Redgrave, IP22 1RJ

We will conclude our worship with a bring
and share lunch.

For further details please contact the
Rector on 01379 898685



Thurs 6th September 7.15pm
St Mary's, Rickinghall

Tues 18th September 7.15pm
All Saints, Redgrave

*A time of prayer for the work of the
church in the community.*

**"Together in these villages we offer Christ's healing grace through our
worship and service."**

For more information ring 01379 890204 or 01379 898685