

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

December 2019/January 2020



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

St Mary's Rickinghall Inferior
www.stmarysrickinghallinferior.onesuffolk.net

All Saints, Redgrave
www.achurchnearyou.com/church/2274

Botesdale Chapel of Ease
www.achurchnearyou.com/church/22197

Foreword from
Reverend Chris Norburn
Rector of
Redgrave cum Botesdale
with the Rickinghalls
The Rectory, Bury Road,
Rickinghall, Diss. IP22 1HA
Tel: 01379 898685



The season of Christmas is about love coming down from heaven to earth in the form of God's Son Jesus. I firmly believe that the Bible is the inspired word of God, and between the covers of the number one seller in the world we find many amazing words that show us just how much He loves us. So below find a love letter from God to you. As you read it imagine that God is talking gently, softly and quietly to you.

My Child,

You may not know me, but I know everything about you. (Psalm 139:1) I know when you sit down and when you rise up. (Psalm 139:2) I am familiar with all your ways. (Psalm 139:3) Even the very hairs on your head are numbered. (Matthew 10:29-31) For you were made in my image. (Genesis 1:27)

In me you live and move and have your being. (Acts 17:28) For you are my offspring. (Acts 17:28) I knew you even before you were conceived. (Jeremiah 1:4-5) I chose you when I planned creation. (Ephesians 1:11-12) You were not a mistake, for all your days are written in my book. (Psalm 139:15-16) I determined the exact time of your birth and where you would live. (Acts 17:26) You are fearfully and wonderfully made. (Psalm 139:14) I knit you together in your mother's womb. (Psalm 139:13) And brought you forth on the day you were born. (Psalm 71:6)

I have been misrepresented by those who don't know me. (John 8:41-44) I am not distant and angry, but am the complete expression of love. (1 John 4:16) And it is my desire to lavish my love on you. (1 John 3:1) Simply because you are my child and I am your Father. (1 John 3:1)

I offer you more than your earthly father ever could. (Matthew 7:11) For I am the perfect father. (Matthew 5:48) Every good gift that you receive comes from my hand. (James 1:17) For I am your provider and I meet all your needs. (Matthew 6:31-33) My plan for your future has always been filled with hope. (Jeremiah 29:11) Because I love you with an everlasting love. (Jeremiah 31:3)

My thoughts toward you are countless as the sand on the seashore. (Psalm 139:17-18) And I rejoice over you with singing. (Zephaniah 3:17) I will never stop doing good to you. (Jeremiah 32:40) For you are my treasured possession. (Exodus 19:5) I desire to establish you with all my heart and all my soul. (Jeremiah 32:41) And I want to show you great and marvellous things. (Jeremiah 33:3) If you seek me with all your heart, you will find me. (Deuteronomy 4:29) Delight in me and I will give you the desires of your heart. (Psalm 37:4) For it is I who gave you those desires. (Philippians 2:13)

I am able to do more for you than you could possibly imagine. (Ephesians 3:20) For I am your greatest encourager. (2 Thessalonians 2:16-17) I am also the Father who comforts you in all your troubles. (2 Corinthians 1:3-4) When you are broken-hearted, I am close to you. (Psalm 34:18) As a shepherd carries a lamb, I have carried you close to my heart. (Isaiah 40:11)

One day I will wipe away every tear from your eyes. (Revelation 21:3-4) And I'll take away all the pain you have suffered on this earth. (Revelation 21:3-4) I am your Father, and I love you even as I love my son, Jesus. (John 17:23)

For in Jesus, my love for you is revealed. (John 17:26) He is the exact representation of my being. (Hebrews 1:3) He came to demonstrate that I am for you, not against you. (Romans 8:31) And to tell you that I am not counting your sins. (2 Corinthians 5:18-19) Jesus died so that you and I could be reconciled. (2 Corinthians 5:18-19) His death was the ultimate expression of my love for you. (1 John 4:10)

I gave up everything I loved that I might gain your love. (Romans 8:31-32) If you receive the gift of my son Jesus, you receive me. (1 John 2:23) And nothing will ever separate you from my love again. (Romans 8:38-39)

Come home and I'll throw the biggest party heaven has ever seen. (Luke 15:7) I have always been Father, and will always be Father. (Ephesians 3:14-15)

My question is ... Will you be my child? (John 1:12-13) I am waiting for you. (Luke 15:11-32)

Love, Your Dad.

Almighty God

Father's Love Letter used by permission Father Heart Communications © 1999 www.FathersLoveLetter.com

Before Christmas and the New Year pass you by may I encourage you to take this opportunity to respond to God's love letter to you by accepting Jesus as the Son of God, Immanuel (God with Us). This will be the best present you will ever receive because He is something we all need, He has something no one else can give and He is something that lasts for eternity. I can write this with confidence because I firmly believe that Jesus is the perfect gift. The Bible tells us that He came to bring us God's forgiveness and that is something we all need. It is something only He can give and something that lasts forever. And Christians believe that if you choose to accept God's gift and welcome Jesus into your life, you will find Him to be the best gift you have ever received!

Happy Christmas and New Year.

Chris Norburn.

Message from the Team

LOCAL ACTIVITIES DIRECTORY

Advance warning that we will be reprinting the LAD in March. If you know of any changes to contacts, phone numbers, email etc. please let us know by February



Local Activities Directory

The latest version of the directory is available online at
www.stmarysrickinghallinferior.onesuffolk.net/local-information



Changed Entry	Contact(s)	Details
Age UK Suffolk	No longer a specific contact - now a new phone number & email address	New phone number : 01473 298684 New email address : volunteer@ageuksuffolk.org

Another packed magazine for your winter edition. Thanks to all our contributors and especially to the children of St Botolphs school who have provided the wonderful pictures on the cover and inside the magazine. A reminder if you do have a contribution to take note of the copy dates listed below and anyone who would like to join us to help stuffing flyers into the magazines please note that we are now meeting at the earlier time of 3.15 on the dates listed below

Charles Murray

To contact the team that produce the magazine, please use the details below.

For all editorial content: editor@rbrparishmag.com
For all commercial adverts: adverts@rbrparishmag.com
To advertise events: events@rbrparishmag.com

Alternatively, please **write** to: *The Parish Magazine, The Rectory,*

Bury Road, Rickinghall, Diss, Suffolk, IP22 1HA or call **The Editor** 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

- **Feb issue 13 Jan (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **24 Jan (Fri)**
- **March issue 10 Feb (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **21 Feb (Fri)**
- **Apr issue 9 Mar (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **20 Mar (Fri)**

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge. Best wishes The Parish Magazine Volunteers

WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.



Printed by:



Gipping Press

The Parish magazine team wish all our readers a Merry Christmas and a Happy New Year




 the
CROSS KEYS
 REDGRAVE
 — — —
 FREE HOUSE
 — — —

*A warm welcome
awaits you at your
community pub*

	OPENING HOURS	FOOD ORDERS LUNCH	DINNER
MON	6-11PM	*CLOSED*	
TUES	*CLOSED*	*CLOSED*	
WED	12-11PM	12-2:30PM	6-8:30PM
THUR	12-11PM	12-2:30PM	6-8:30PM
FRI	12-11PM	12-2:30PM	6-8:30PM
SAT	12-11PM	12-2:30PM	6-8:30PM
SUN	12-10PM	12-3PM ONLY	

THE CROSS KEYS, THE STREET,
REDGRAVE, DISS IP22 1RW
Tel: 01379 779822
Email: gm@redgravecommunitysociety.com

STAR WING BREWERY

Tap Room & Café

Mon closed (bottle sales 8.30am - 5pm)
Tue/Wed/Thu 10am - 8pm
Fri/Sat 10am - 11pm
Sun 11am - 9pm
All day snacks / Full Menu available 12 - 8pm

Upcoming Events
FESTIVE FUN CHARITY QUIZ
 in aid of the Rickinghall Day Centre
Tues 3rd Dec 7pm - booking essential

CHRISTMAS FAYRE
Sat 14th Dec from 11am

NEW YEAR'S EVE PARTY
Tickets available soon!

Contact us:
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Hall Farm, Church Road, Redgrave IP22 1RJ
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www.starwingbrewery.com

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Sun	9:00 - 11:00am



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December Events



This year's **Parish Gift Day** will take place during Advent, on **Sunday 15th December** at the **Carol Service** at St Mary's, Rickinghall Church at 3.00pm.

Gift Day is a way of giving thanks to God for the work and ministry of the church throughout these villages and beyond. Whether you attend and give to the church on a regular basis, or just attend on occasion, we're asking if you would consider contributing to help us to continue the work we do in the local community through the many things we are involved in.

Special Gift Day envelopes will be available in church from the beginning of December as well as at the services mentioned above.

If you have any queries on this, please contact me on 01379 898685. Thank you in advance for your support.



The Rector and the Parochial Church Council of this Parish.

STILL THE PLACE FOR UNUSUAL GIFT IDEAS

RICKINGHALL VILLAGE HALL'S

CHRISTMAS CRAFT FAIR

Sunday 1st December

10.30 am until 4.00 pm
at Rickinghall Village Hall

ADMISSION FREE

Over 20 exhibitors,
some coming for the first time
Refreshments available

For information call Bob on 07930 188472



Rickinghall Farmers Market



Christmas fare for your table
Christmas trees & wreaths
Gislingham Silver Band

Bring the children to
meet Father Christmas
Free entry & free parking

Saturday 14 Dec 9—12.30



Parish Church Advent and Christmas Services

Advent Bazaar

30th November 10-12 noon, St Mary's, Rickinghall.

Carols on the Knoll

Fri 6th December 7pm Redgrave

followed by refreshments in All Saints, Redgrave

Christingle Service

Wed 11th December 2.45pm

St Mary's Rickinghall with St Botolph's School.

*A team from the parish church will go into the school during the afternoon of Tues 10th and the morning of Wed 11th to make the Christingles. **Please note – open to all, not just the school.***

Carol Service

15th December 3pm. St Mary's, Rickinghall

We plan to deck the church out with fairy lights and have displays based on the characters involved in the Christmas story. These displays will be prayer stations. On Sat 14th Dec the church will be open for a couple of hours in the afternoon (time to be confirmed) to give people an opportunity to quietly reflect on Christmas and God's amazing gift to us. We will repeat this before the Carol Service. Watch this space for further details.

Family Breakfast

21st December 8.30am All Saints, Redgrave

Christmas Eve

5pm Crib Service All Saints, Redgrave

11.15pm Midnight Communion, Rickinghall

Christmas Day

9.30am Family Communion, Botesdale

RAHOF

(Rickinghall Area Hospice Fundraiser)
presents:

"A CHRISTMAS EVENING"
at All Saints Church, Redgrave
Friday 13th December 7.30pm start
Admission £8

Christmas Hamper Draw & Christmas Bird Draw!
A popular evening of non-alcoholic mulled wine,
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>> December/January Events <<

Redgrave & District Ladies Club
Tuesday 10th December 7.30pm



A Demonstration of Body Shop Products
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Mobile Post Office

Please note that the Mobile Post Office has changed location :

From : Rickinghall Village Hall
To : Parkview Chapel, Botesdale
On : Tuesdays at 12.30-1.30pm
And : Fridays at 2.45-3.45pm

This is a useful service for all residents - please make the most of it to make sure we don't lose it!



the
CROSS KEYS
REDGRAVE



FORTHCOMING EVENTS DECEMBER / JANUARY

DECEMBER		
WED 4TH	GAMES & SOCIAL AFTERNOON	2.30 – 4.30PM
TUES 10TH	COFFEE & CAKE MORNING	10.30 - 12NOON
SAT 14TH	B4 – LIVE MUSIC	FROM 9PM
WED 18TH	GAMES & SOCIAL AFTERNOON	2.30 – 4.30PM
WED 18TH	ACOUSTIC NIGHT – LIVE MUSIC	FROM 7.30PM
THURS 19TH	IT HUB IN THE PUB	3.30 – 4.30PM
SAT 21ST	XMAS DISCO	FROM 9PM
TUES 31ST	NEW YEAR'S EVE PARTY	OPEN TO 12.30AM
JANUARY		
SAT 4TH	NICK STEPHENSON – LIVE MUSIC	FROM 9PM
TUES 14TH	COFFEE & CAKE MORNING	10.30 - 12NOON
WED 15TH	GAMES & SOCIAL AFTERNOON	2.30 – 4.30PM
WED 15TH	ACOUSTIC NIGHT – LIVE MUSIC	FROM 7.30PM
THURS 16TH	IT HUB IN THE PUB	3.30 – 4.30PM
TUES 28TH	COFFEE & CAKE MORNING	10.30 - 12NOON
WED 29TH	IAN'S QUIZ NIGHT	7.00 FOR 7.30PM
FRI 31ST	WALKWAY – LIVE MUSIC	FROM 9PM

www.crosskeysredgrave.co.uk
gm@redgravecommunitysociety.com

Tel: 01379 779822



Redgrave & Lopham Fen

Regular Events

Wild Tots Every Friday, 10am-11.30am

Wild Babies Every Friday, 1pm-2pm

Weekend Wildlife Club Second Saturday of mth, 10.30am-12.30pm, for 6-11 year olds, £3

Time to paint Last Friday of mth, 10am-2pm. £5 donation. All welcome, no need to book.

December

Festive wreath, heart & stars workshop
Saturday 14 Dec, 2pm-5pm. £30, incl. willow

Winter solstice family celebration
Sunday 22 Dec, 4pm-6pm. £4 child, £2 adult.

January

Adult course: Nature in ceramics
Design, make & decorate a clay plate, with local artist Louise Gridley. Saturday 18 Jan, 10am-4.30pm £80, incl. materials.

Go wild in the week
Activity day for home-ed children. Tue 28 Jan, 10.30am-2.30pm. 5-9 year olds. £7 per child

'Beekeeping' talk by John Everett
Tuesday 28 Jan, 7.30pm-9.30pm, £2 incl. refreshments. All welcome, no need to book

Booking essential for all activities unless otherwise stated. For further details and to book, visit www.suffolkwildlifetrust.org or call 01473 890089



DISS University of the Third Age

at the United Reformed Church 10.30am

Thursday December 5th 2019
Frances Hart : A Regency Christmas

Thursday January 2nd 2020
Simon White : Peter Beales' Chelsea and Hampton Court Gardens

50p for members, £2 for guests, including tea or coffee. Annual membership is £12. For further information visit our website: www.dissu3a.org.uk

THE BURGATE SINGERS
EYE TOWN HALL
SATURDAY 7TH DECEMBER 2019
7 p.m.

J. S. BACH
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& A HAPPY AND HEALTHY NEW YEAR!

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New for 2020

Lash Lift!!

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MSS 756-407-18

>> December/January Events <<

COFFEE ON A SUNDAY
PARKVIEW CHAPEL BOTESDALE
11.00AM-12.00PM Dec 15th & Jan 19th
 COFFEE, TEA, CAKE AND FRIENDS
 For more info contact Kev at Parkview on
kevin@parkviewchapel.co.uk or 01379 898924



- HEADSPACE -
Time to clear your head, talk, think & be together
 Join us @ All Saints Redgrave for
 coffee & cake on January 15th, 23rd, 29th at 9.30am
 Children catered for. Any questions? Call Karen 01379 890897



Fridays 7.30 pm
at St Botolph's Bowls Club
Fen Lane, Rickinghall
 2019 : 6th Dec
 2020 : 10th Jan, 7th Feb, 6th Mar, 3rd Apr
Newcomers welcome!



Redgrave Garden Club
 Thursday 30th January
Growing and Caring for Fruit
 with
Ken Salmon
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 For details, please contact redgravegardenclub@gmail.com
 Website redgravegardenclub.org.uk



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theWI | **Rickinghall**
 INSPIRING WOMEN
7:30pm
Rickinghall
Village Hall

December 12th *Call My Bluff*
January 9th *Debs Crawford on*
Redgrave & Lopham Fen

New members and guests always welcome

Botesdale Methodist Church
"Coffee down the Lane"
 Tuesday 28th January 10.00am - 12.00pm



The Watercooler - a forum for professionals
to share ideas, best-practice, etc.
 Meet first Friday of the month at 12 noon, in the
Cross Keys, Redgrave. For more details,
 contact Jamie Cleaver : mail@jamiacleaver.co.uk



PARKVIEW CHAPEL
 would like to invite you to
 our Christmas events.

Christmas 'Coffee on the Corner'
 Tuesday 10th December – 9.00am-12.00pm
 With St. Botolph's Reception Class
 singing carols.

Christmas Quiz
 Saturday 14th December – 7.00pm
 £10 per team (of up to 6 people)

Christmas Carol Service
 Sunday 22nd December – 4.00pm
 Followed by a Christmas tea

Christmas Day Service
 Wednesday 25th December – 10.30am

For further information please call Kev Gladwell on 01379 898924

RICKINGHALL COUNTRY
MUSIC CLUB

Saturday 21st December
Kevin Barry
 &
Saturday 25th January
Mark James

-

Rickinghall Village Hall
8 pm - 11.30 pm
 Ticket price £6.00

-

All Welcome
 No bar - bring your own drinks and nibbles
 Contact Keith or Kathy on 01379 898758




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Email: ctmitchell68@gmail.com Mobile: 07506024052
References available on request.

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Botesdale Parish Council



Leeann Jackson-Eve

NOVEMBER REPORT – Leeann Jackson-Eve (Clerk)

Five councillors were present with apologies from Greg Russell.

Public Forum: County Cllr Jessica Fleming reported that there have been several Cabinet changes which you can find out more about at www.suffolk.gov.uk/council-and-democracy/the-council-and-its-committees/cabinet/.

A new public recycling centre will open at Fornham Road in Bury St Edmunds at the end of November, replacing the centre at Rougham Hill which will close. A charity Reuse shop will also be opening on site towards the end of the year. SCC operates a total of 11 Public Recycling Centres across the County: www.suffolkrecycling.org.uk/where-to-recycle/recycling-centres.

Finally, SCC is undertaking a review of school transport policy. This is being led by Chief Fire Officer Mark Hardingham and will be delivered in two phases. Phase one includes evidence gathering and in phase two the evidence will be reviewed and any changes recommended. This may lead to changes to the current School Travel Policy, or to elements of the Policy, to ensure it runs more efficiently and is consistent with DfE's Guidance (a review of which was recently completed).

As District Cllr, Jessica reported that Mid Suffolk is extending its free swims offer during the Christmas holidays from 20 December 2019 to 5 January 2020 inclusive at Mid Suffolk Leisure Centre and Stradbroke Swimming Pool.

Suffolk's Recycling Centres offer free 'Reduce, Reuse and Recycle' sessions to interested parties to learn more about ways to reduce waste and recycling. Neighbours, parish or community groups are invited to set up a session, offering an ideal way to access information about recycling which is also available at www.suffolkrecycling.org.uk. To book a visit please email sharon.lockhart@fccenvironment.co.uk

Planning: There were two applications – the first was at 6 Park View for a single storey rear and side extension and internal alterations. The second was at The Maltings, The Street for listed building consent for repairs to the timber frame. There were no objections to the applications.

Neighbourhood Plan: By the time you read this the referendum held by Mid Suffolk District Council on 28 November will have taken place and we will know the answer to the referendum question: "Do you want Mid Suffolk District Council to use the Neighbourhood Plan for Botesdale & Rickinghall to help it decide planning applications in the Neighbourhood Plan area?"

Play Area: The first meeting of the Recreation Ground Regeneration Sub-Committee will take place at the Botesdale Village Hall on Monday, 9 December at 7pm. The Sub-Committee is open to Botesdale residents who would like to help the PC come up with ideas for developing the play area and take them forward to the installation stage. If you're interested in being involved in this project, please contact the Clerk at: botesdale_pc@btopenworld.com.

Please park thoughtfully! We all know that we're short of parking space on The Street and that isn't going to change unless someone volunteers to have their house knocked down and a car park installed! However, that's no excuse for anti-social parking. Please do not block pavements and dropped kerbs as you make things very difficult for pedestrians with pushchairs, wheelchairs or mobility scooters. Please also be careful parking at junctions and always keep in mind the Highway Code, i.e. Rule 243 which says: "DO NOT stop or park opposite or within 10 metres (32 feet) of a junction, except in an authorised parking space." Although there is little we can do about our narrow streets and shortage of off-street parking in some areas, we can all have consideration for others.

Draft Budget 2020-21: Councillors have begun to look at the budget for next year. The PC continues to meet the costs of street lighting, street sweeping and other local responsibilities as well as big projects like the Play Area regeneration.

Christmas Art Competition: Councillors had the great pleasure of voting on the Christmas themed drawings from children at St Botolph's Primary School. All winning drawings will be displayed around the Christmas tree in the Market Place and prizes will be presented at a school assembly. The winning drawings came from Year 1: Joni Burgin (1st) and Tyler Tate (2nd); Year 2: Joe Rutherford (1st) and Anya Joubert (2nd); Year 3: Stan Shorten (1st) and Amy Tate (2nd); Year 4: Mollie Timberlake (1st) and Jessica Farrow (2nd); Year 5: Evie Shorten (1st) and Archie Timberlake (2nd); Year 6: Mae-Li Sun (1st) and Rosie Brown (2nd) AND Matilda Carlyle (2nd). Congratulations to all the children who participated. There were so many wonderful drawings and we appreciated them all. The standard was so high in Year 6 that councillors couldn't decide and we ended up with two 2nd place winners!

Christmas Events: The Christmas tree Lights On Ceremony will be on Saturday, 7 December at 6pm and Father Christmas will be in the Market Place on Christmas Eve at 7pm.

Merry Christmas from Botesdale Parish Council!

THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON

MONDAY 2nd DECEMBER

at 7.30 pm

at Botesdale Village Hall

**All residents welcome
www.botesdale.suffolk.gov.uk**

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
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Redgrave Parish Council



Redgrave November Report – by the Clerk

All councillors were present at the meeting with apologies received from Angie Clarke. The PC was sorry to receive her resignation and thanked her for her work on behalf of the community. That leaves the PC with three vacancies so please get in touch if you are interested in joining. Requirements are minimal: one meeting a month except August and December and a bit of light reading before the meetings!

Public Forum: County Cllr Jessica Fleming reported that there have been several Cabinet changes which you can find out more about at www.suffolk.gov.uk/council-and-democracy/the-council-and-its-committees/cabinet/.

A new public recycling centre will open at Fornham Road in Bury St Edmunds at the end of November, replacing the centre at Rougham Hill. A charity Reuse shop will also be opening on site towards the end of the year. SCC operates a total of 11 Public Recycling Centres across the County: www.suffolkrecycling.org.uk/where-to-recycle/recycling-centres.

Finally, SCC is undertaking a review of school transport policy which may lead to changes to the current School Travel Policy, or to elements of the Policy, to ensure it runs more efficiently and is consistent with DfE's Guidance (recently reviewed).

As District Cllr, Jessica reported that Mid Suffolk is extending its free swims offer during the Christmas holidays from 20 December 2019 to 5 January 2020 inclusive at Mid Suffolk Leisure Centre and Stradbroke Swimming Pool. Suffolk's Recycling Centres offer free 'Reduce, Reuse and Recycle' sessions to interested parties to learn more about ways to reduce waste and recycling. Neighbours, parish or community groups are invited to set up a session, offering an ideal additional or alternative way to access information about recycling which is also available at www.suffolkrecycling.org.uk. To book a visit from their Information and Education Manager please email sharon.lockhart@fccenvironment.co.uk. Representations made to the Joint Local Plan consultation are now available to view online via the link below. <https://babberghmidsuffolk.oc2.uk/readdoc/8>

Tree for Life Scheme - Babergh and Mid Suffolk continue to offer all families a tree to mark the arrival of every new child. The 2019 scheme is open to any family living in the districts which has celebrated a new arrival, born or adopted, during 2019. Memorial trees are available to parents who've lost a child during the same period. Details are on the following web site: <https://www.midsuffolk.gov.uk/environment/tree-for-life/>

Planning: A tree notification was received for The Priory, Half Moon

Lane for pruning of a walnut tree. There was no objection to this.

Neighbourhood Plan: There are two drop-in information events planned for Saturday, 30 November, from 10am-1pm at All Saints with bacon butties and coffee, and Tuesday, 3 December, from 6-8pm at the Cross Keys with mince pies and the bar will be open. Why not go to both?!

Old School Playing Field: The registration of the easement across the access to the field is now complete. A big thanks to all who made statements to send to the Land Registry.

Tree Planting: This will take place at the old Town Pit on 30 November, with 150 trees to plant. The organisers are considering wildflower area and seating for future projects.

St Mary's, Redgrave Churchyard: The PC has agreed to increase its contribution towards churchyard maintenance for this valuable community facility. It will be contributing £500 towards grass cutting and general churchyard maintenance.

Carols on the Knoll: The PC approved the use of the Knoll for carol singing on the evening of Friday, 6 December.

Signs on the Knoll: The PC also approved a new sign for the Cross Keys PH to be installed on The Knoll. Although the fittings are permanent, the sign will be removable and more easily changed for different events than the current arrangement.

Play Inspection Report: The PC received the report which highlights work that needs to be done to the equipment. This will be discussed further at the next meeting as part of the budget for next year.

**THE NEXT PARISH COUNCIL MEETING
WILL TAKE PLACE ON
WEDNESDAY 8th JANUARY
at 7.30 pm
Redgrave Amenities Centre
All Parishioners are cordially invited to attend**

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.**

Tel : 01379 890 141

Email : botesdale_pc@bopenworld.com

Please contact her during OFFICE HOURS ONLY

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Rickingham :	Village Hall	11.20 – 11.35
Botesdale :	Farnish House	11.40 – 11.55

Botesdale :	Village Hall	12.00 – 12.15
Botesdale :	Backhills	12.20 – 12.35
Redgrave :	The Knoll	12.45 – 1.05

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Rickingham Parish Council



Report of November PC Meeting by William Maskell

The Parish Council met on 7th November and received apologies from Cllr Nick Free for his absence. There are two vacancies for parish councillors. Feel free to pop along and say hello to see what's involved.

Public Forum: This was opened and the PC were approached by Ed Deakin organiser of the Little Ouse Fayre. Some of you may remember this occurring last Sept between Botesdale and Redgrave. He is looking to gain support from the PC and have their backing for another date next year. The PC is not opposed to it and suggested a plan be brought to them with proposals. The group are hoping to involve the community more this time and advertise in advance.

Cllr Jessica Fleming joined the Public Forum and reported that the following cabinet level changes are effective as of 15th October: Cllr Mary Evans is Cabinet Member for Children's Services, Education and Skills (and remains Deputy Leader). Mary.Evans@suffolk.gov.uk and Cllr Andrew Reid joins as Cabinet Member for Highways, Transport and Rural Affairs. Andrew.Reid@suffolk.gov.uk

Recycling - A new public recycling centre will open at Fornham Rd in Bury St Edmunds at the end of November, replacing the centre at Rougham Hill. A charity Reuse shop will also be opening on site towards the end of the year. SCC operates a total of 11 Public Recycling Centres across the County. <https://www.suffolkrecycling.org.uk/where-to-recycle/recycling-centres>

The **Materials Recycling Facility (MRF)** at Gt Blakenham has almost completed redesign and is set to open in December following trials. This site takes all of Suffolk's recyclable materials where they are sorted and prepared for entry into the market.

Recycling talks for Residents - Suffolk's Recycling Centres offer free 'Reduce, Reuse and Recycle' sessions to interested parties to learn more about ways to reduce waste and recycling. Neighbours, parish or community groups are invited to set up a session, offering an ideal additional or alternative way to access information about recycling which is also available on the Suffolk Recycling website. To book a visit from their Information and Education Manager any interested parties can email Sharon.Lockhart@fccenvironment.co.uk.

School Travel Policy Review - SCC is undertaking a review of school transport, this is being led by Chief Fire Officer Mark Hardingham and will be delivered in two phases. Phase one includes evidence gathering, in phase two the evidence will be reviewed and any changes recommended. This may lead to changes to the current School Travel Policy, or to elements of the Policy to ensure it runs more efficiently and is consistent with relevant DfE Guidance. DfE has recently consulted on revising statutory home to school transport guidance (ended on 31st October 2019).

Mid Suffolk is extending its **free swims** offer during half term and will also be running the initiative over the Christmas holidays from 20 December 2019 to 5 January 2020 inclusive at Mid Suffolk Leisure Centre and Stradbroke Swimming Pool.

Planning Applications: Cllr Lesley Free signed the declarations of interest due to the first planning application of the evening: Park Lodge, Rectory Hill for erection of a 4-bay cart lodge/garage block within side garden, with an Annex above. There was no objection.

There were two notices of Intent to prune/remove tree(s) in the Conservation Area: Bradgate House, The Street; Ash Tree House, Fen Lane to crown reduce 1 Ash Tree; Jessamine House, The Street to fell an ash tree to ground level; Newholme, Bury Road to shape and reduce a walnut. There was also no objection to these.

Neighbourhood Plan update: This is going to referendum on 28th November. Advisory leaflets will be delivered to each household.

Grant funding: The Parochial Church Council has asked the PC for extra funding to help maintain both church yards. It was agreed that an extra £100 per site will be paid.

GDPR: Information is a major asset that Rickingham Parish Council has a duty and responsibility to protect. The PC has reviewed and updated its policies which can be found on the website in due course.

Defibrillator: It has been discussed that the redundant Red Phone Box in Botesdale is an ideal location for an additional village defibrillator. It makes good use of the listed structure and already has power there for the unit.

Streams & Footpaths: It has been agreed by the PC to help fund a small group in the village to hire a mini-digger to assist with clearing the watercourses around the village and to clear any fallen trees.

Village Hall Skate Park: Extra funding from MSDC has been accepted to assist the building of a new skate park.

Baby Trees: Any new parents can now claim their free tree through The Tree For Life Scheme. It's available for those living in Mid Suffolk and Babergh who would like to mark the arrival of their newborn or newly adopted child. Memorial trees are available to parents who've lost a child during the same period. For more info see www.midsuffolk.gov.uk/tree-for-life

RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON

THURSDAY 5th DECEMBER

at 7.30 pm

AT RICKINGHALL VILLAGE HALL

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Your Clerk is :

Mrs Lecann Jackson-Eve
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Email : rickingham_pc@btopenworld.com

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Village News

BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP

DISPENSARY NEWS

From the 2019 Patient Survey and various communications from Patients we fully appreciate the numerous concerns regarding the recent performance of the Dispensary. Please note the following communique from the Health Centre:

"Dear Patient,

We have experienced exceptional staff shortages for the past 3 months and would like to thank patients for your understanding and patience. We have now successfully recruited to all staff vacancies, and posts will be filled by the end of November 2019. We have two new Apprentice Dispensers who will train with us for the next 2 years and their time includes attending College one day per week.

We are a very busy dispensing practice and dispense on average 735 boxes of medicines each day. We always ensure your prescriptions are Dispensed by qualified staff and their training enables us to have the highest quality of staff working on your medication needs. Processing and dispensing medication requests is a complex process including taking phone calls to deal with queries and requests, ensuring patients understand the dosage instructions and unpacking orders and replenishing stock in the Dispensing area.

We have also commenced a Dispensary review, which is being carried out by an outside organisation with expertise in Dispensary efficiency & effectiveness. In order to streamline our Dispensing process we have introduced some major changes in order to improve things going forward and as with all changes, it takes time to adjust.

It is NHS National Guidelines to only issue 28 days' supply of medication at a time for patient safety and we have to abide by this decision. There are national supply problems with a number of medications which have been mentioned in the news. This means that alternatives have to be approved by a GP which also adds to the processing time.

We envisage that the improvements which have been made, along with full staffing in Dispensary will decrease the turnaround time for patients collecting prescriptions by the end of the year.

We appreciate patient's understanding and cooperation in our effort to improve the efficiency of the Dispensary service. Dr D MacEachern, Dr L Fennelow, Dr L Bate (The Partners)."

Janet Russell PPG

Please do not hesitate to contact us at BotesdalePPG@gmail.com if we can help with any clarifications related to the above. See also article on p26



PARKING

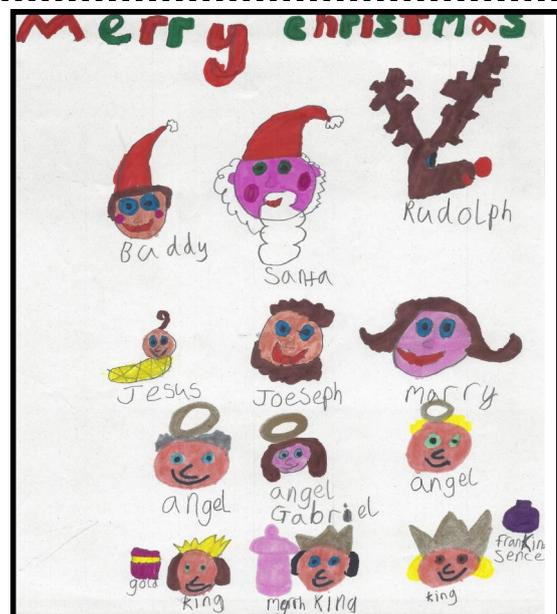
We have been contacted by a concerned resident regarding vehicles parking at the junction of The Street and Mill Road Botesdale obstructing the view of drivers emerging from Mill Road. Please be aware of the Highway Code and park with consideration for other road users.

See Highway Code rules 242 and 243

The Streams Project 2019/20 season - an appeal

Each autumn a very small team of people spend two hours every other Sunday morning maintaining the footpaths and streams between The Street and the fields beyond. Our aim is to keep the network of small streams flowing by clearing tree debris and litter from their beds while also clearing gullies and ditches to stop Fen Lane and its environs flooding. The fruits of our labours are best viewed in the period February to May when the area is a sea of colour from the white of the tree blossom and snowdrops to the blues of the crocuses and the vibrant yellows of the marsh marigolds and daffodils. Wildlife also seem to appreciate our efforts with sightings of feeding grey herons, egrets and duck in the streams, the egrets and grey herons presumably looking for the frogs, toads and the sticklebacks that inhabit the lower stream. Water vole sightings are not uncommon, while the local population of roe deer and muntjac also seem to favour the area.

If there are others who would be prepared to give-up two hours of their Sunday mornings for some healthy community related physical activity then please contact Chris Lambert at chrisd.lambert@gmail.com Alternatively, just turn up at the foot of Fen Lane (by the bridge) at 10:00AM on any of the following dates. Sundays 10th & 24th November, 8th & 15th December.



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Village News

RICKINGHALL RAMBLERS

The Rickinghall Ramblers was founded over 20 years ago but is still thriving as an informal group who enjoying talking while they are walking in the local area. Members take it in turns to organise a walk of four to six miles in the local area.

There is no membership fee. We meet at Rickinghall Village Hall on alternate Mondays or Fridays and depart at 9.15am. This means that there is a walk every 10 or 11 days. The walk dates are advertised in the Parish magazine and there are posters put up on notice boards in Botesdale and Rickinghall. Most walks have 12 -18 walkers. Recently they have included Thelnetham Fen, North Lopham, Cotton, Geldeston Locks and Thetford Forest. Where possible we share cars to get to the starting point.

The first walk of the year is a local walk which begins and finishes at The Bell. This year the walk will be on Monday 6 January and we will leave the pub's car park at 9.15am. We will return at 11am when former members are able to join us for coffee.

Everyone is welcome to come along. Unfortunately, dogs are not allowed on walks.

Gerry Gurhy



Are you interested in a
Bible study group?

I would like to start one in Botesdale and would love to hear from anyone who is willing to join in. Mondays or Fridays (or both) 2pm to 3pm
Please phone Maz on 01379 890074
Please leave a message if no reply

Rickinghall Relief in Need Fund

The Trustees of the above Fund administers a modest income to benefit the residents of Rickinghall and we are able to give grants throughout the year to those who need financial assistance.

With the winter approaching you may be experiencing difficulty in affording your heating bills. Other donations in the past have been made to help with books for students, support due to illness, help towards a purchase of a microwave to heat meals for an elderly person, support to children at the school with the costs of uniform, school outings and trips.

If you feel you would qualify for help then please contact the Rector, Chris Norburn on 01379 898685, or in writing to The Rectory, Bury Road, Rickinghall, Diss IP22 1HA.

All applications are treated with the utmost confidence.

There are also similar charities for the residents of Redgrave and Botesdale, and if you require further information on these, again please contact The Rector.



The
Children's
Society

Coffee Morning

Thanks to all that attended, and special thanks to all helpers. The lovely sum of £150 was raised on the morning.

Unfortunately not all box holders attended, therefore, if you want your box to be counted in this years' collection, please hand in as soon as possible; to – Linda Green, Anglian House, Botesdale or Brenda Green, The Hollies, Botesdale. If you want to "roll over" to next year, please give me a call so I can account for this in the 'official return' paperwork.

Anyone with mobility problems getting the box to us, please make contact on
Tel: 01379 890740.

Linda Green

Transport needed?



The Rickinghall and district Community Bus is available for hire to readers of this publication. Typical journeys include shopping trips, health centre visits, dentist, optician, hospital appointments and visits.

- The bus is also available for visiting friends and relatives, in fact pretty well anything you need.
- Door to door service, any help a pleasure. Wheel chairs no problem.
- Please telephone Gordon on 01379 897109 (24/7 answerphone)

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Mondays @ 6pm Garboldisham village hall
Fridays @ 10am Palgrave village hall

Club News



HERITAGE CIRCLE

Geoffrey Robinson, Misery and Misfortune – Sudden deaths in Suffolk in the 19th Century

Geoffrey Robinson gave a very interesting talk to the November meeting of the Heritage Circle at Rickinghall Village Hall about sudden deaths in Suffolk in the 19th Century. He entitled the presentation *Misery and Misfortune* which tends

to characterise the hazards facing people at that time as concerns about safety had a very low priority within the society, unlike today.

Accidents causing death were commonplace in Suffolk in the 19th Century. Many occurred in the home. The children of the labouring classes were particularly vulnerable. An inquest in 1844 heard that a 21 month old child was badly burned by the kitchen fire when its mother left the room. Families were often too poor to buy a fire guard or mothers were too busy with household tasks and the children to remember to use it.

Juries at inquests rarely attributed blame for sudden deaths. A six year old girl in Benhall died from burns while her mother was in an adjoining village. Eight years later a three year old boy in the same family burnt to death in his mother's absence. In both cases a verdict of accidental death was recorded and no blame was attached to the woman. In modern times this would have been regarded as neglect.

There was almost a fatalism about death in the 19th Century, possibly reflecting the strength of religion at the time. In 1826, 19 year old Sarah Hayward was found dead in bed. Her inquest gave the cause as, 'A sudden visitation of God.' Gradually, this explanation was challenged. William Farr, who was responsible for the General Register Office from 1837, devised more specific categories for the causes of death so that statistics could be analysed to improve public health. This system is still used today.

Some deaths were viewed as bad luck or carelessness. In 1864 Phoebe Newson died after she was stung in the throat by a wasp while eating a pie. In 1827 Mr Simpson, a farmer at Stoke by Nayland, and his grandson died when arsenic contaminated flour that was placed on the same shelf. Elizabeth Leach, aged six, died under the wheels of a hearse at Earl Soham in 1801. She was scrabbling for a coin thrown by the hearse driver after she had opened a gate for him. Other accidents involved drowning. Similarly, the increasing use of machinery in agriculture led to deaths. In 1847 John Madden aged 20 died at a windmill when his jacket got caught in the cogs and Henry Tuffin died after slipping into a threshing machine in 1868 at Horringer. There were also accidents on the railway caused by trains being shunted and children gathering coal which had fallen from trains.

Inquests were held into sudden deaths. The coroner held the role for life and combined this duty with other employment. They were often solicitors but had little medical experience. The main requisites for coroners were discretion, tact, common sense and an understanding of human nature. The inquest was convened within 48 hours of the death. They were often held at pubs. Between 12 and 23 local men formed the jury. They began by examining the body of the deceased. Then the coroner and jurymen questioned witnesses. A medical practitioner was present to explain the cause of death. It was unusual to conduct post mortems. The jury gave the verdict and their judgement was final.

At the end of the talk, Geoffrey explained that he had started to research such a macabre subject when he came across the tragic death of a girl in 1875 at Bedfield School which is near to where he lives. Her dress caught fire in the school room and she ran out into the playground. Her suffering was witnessed by all of the other children. It affected him and must have had a huge impact on the other pupils in an age when counselling was not available or deemed necessary.

Coffee On



The Corner

The Coffee on the Corner on Tuesday 12th November fell on a lovely sunny morning and, on the whole, that could describe those folks who came along - a generally sunny bunch. Quite a few coffees and teas were made and a fair amount of scones, sausage rolls and cakes were consumed - thanks, as always, to those who contribute items for consumption - especially those who get up early to bake!

Your kind donations amounted to £63.00 this morning and this money will be sent to "The Christmas Present Trust" - an organisation that provides a free Christmas lunch and entertainment for folks in Hadleigh who, for whatever reason, cannot be with family and friends on this day. Your kind donations will, I am sure, be appreciated, so thank you.

As many of you will be aware, the lovely young children from St Botolph's normally come to Parkview to sing us some Christmas songs and carols at the December Coffee Shop and this year will be no different. They usually arrive fairly promptly around 9.45 and start singing shortly afterwards, so if you wish to come along to hear their lovely voices raised in song, I suggest you come early as it does get very busy! The date for your diary is Tuesday 10th December.

As I have been the co-ordinator for Coffee on the Corner for some years now, I have a bulging file full of information from some brilliant charities and I can always find a worthy cause to support. However, we are always happy to help with donations to any charitable organisation that is close to your heart, for whatever reason, particularly if it is a charity that we have not supported before, or not for a long time. Do please get in touch and let me know what you might like us to support. Otherwise, I simply choose what I think is relevant.

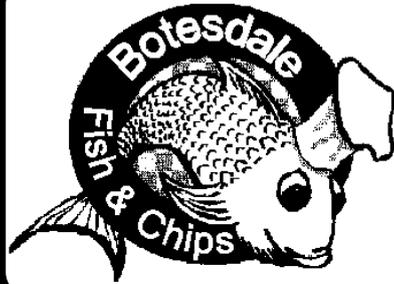
If you know anyone who might welcome the chance to join in, have a chat and spend an hour or so in the company of others, DO PLEASE INVITE THEM ALONG!

There will be lots of great things going on at Parkview in the run up to Christmas - do please look out for the posters locally and information will be displayed on our new notice board outside the Chapel . . . so do come and take a look! If you do come and join in any of the events, you really can be assured of a warm welcome . . . and very often good cakes too!

* * * * *

If you feel you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423.

Sue Allen



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MONDAY Closed

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TUESDAY 11.30am - 1.30pm 4.00pm - 9.30pm

WEDNESDAY 4.00pm - 9.30pm

THURSDAY, FRIDAY, SATURDAY 11.30am - 1.30pm 4.00pm - 10.00pm

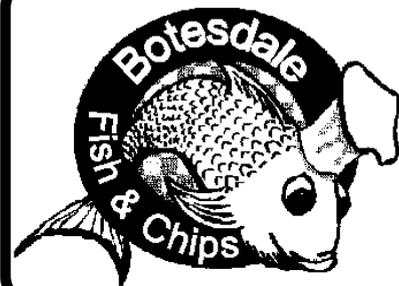
SUNDAY 4.00pm - 9.00pm

<i>Date, start and end time</i>			<i>>>> What's On in December 2019 <<<</i>	<i>Location</i>
Sunday 1 st	10:30am	4:00pm	Christmas Craft Fair	Rickingham Village Hall
Monday 2 nd	10:00am	-	Zumba	Rickingham Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall
	7:30pm	-	Botesdale Parish Council	Botesdale Village Hall
Tuesday 3 rd	9:45am	10:45am	Pilates	Rickingham Village Hall
	12:30pm	1:30pm	Mobile Post Office	Parkview Chapel
	5:30pm	-	Brownies	St Botolph's School
	6:00pm	-	Zumba	Rickingham Village Hall
Wednesday 4 th	7:15pm	-	Yoga and relaxation	Botesdale Village Hall
	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickingham Village Hall
	2:30pm	4:30pm	Games & Social Afternoon	Cross Keys Redgrave
Thursday 5 th	9:30am	-	RABBATS	Rickingham Village Hall
	10:00am	-	St Nicholas Hospice Care Drop-in	Botesdale Health Centre
	10:30am	-	U3A : A Regency Christmas	United Reform Church Diss
	6:00pm	-	Zumba	Rickingham Village Hall
	7:00pm	-	Botesdale & Rickingham Runners	Rickingham Recreation Ground
Friday 6 th	7:30pm	-	Rickingham Parish Council	Rickingham Village Hall
	9:15am	-	Rickingham Ramblers	Rickingham Village Hall
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	12:00pm	-	Watercooler	Cross Keys, Redgrave
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	2:45pm	3:45pm	Mobile Post Office	Parkview Chapel
	7:00pm	-	Carols on the Knoll	Redgrave, outside the Cross Keys
7:30pm	-	Whist Drive	St Botolph's Bowls Club	
Saturday 7 th	8:00pm	-	Dance Classes	Botesdale Village Hall
	6:00pm	-	Christmas Tree Lights Ceremony	Botesdale
Monday 9 th	7:00pm	-	Burgate Singers - Bach & Mozart	Eye Town Hall
	10:00am	-	Zumba	Rickingham Village Hall
Tuesday 10 th	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall
	9:00am	12:00pm	Christmas Coffee on the corner	Parkview Chapel
	9:30am	-	Macmillan information & advice	Parkview Chapel
	9:45am	10:45am	Pilates	Rickingham Village Hall
	10:30am	12:00pm	Coffee and Cake Morning	Cross Keys, Redgrave
	12:30pm	1:30pm	Mobile Post Office	Parkview Chapel
	5:30pm	-	Brownies	St Botolph's School
6:00pm	-	Zumba	Rickingham Village Hall	
Wednesday 11 th	7:15pm	-	Yoga and relaxation	Botesdale Village Hall
	7:30pm	-	Redgrave & District Ladies Club - Body Shop	Redgrave Activities Centre
	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickingham Village Hall
Thursday 12 th	10:45am	1:05pm	Mobile Library	See www.suffolklibraries.co.uk
	2:45pm	-	Christingle Service with St Botolph's School	St Mary's Rickingham
	9:30am	-	RABBATS	Rickingham Village Hall
Friday 13 th	6:00pm	-	Zumba	Rickingham Village Hall
	7:00pm	-	Botesdale & Rickingham Runners	Rickingham Recreation Ground
	7:30pm	-	Women's Institute - Call My Bluff	Rickingham Village Hall
	10:00am	11:00am	Positive Steps	Parkview Chapel
Friday 13 th	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	2:45pm	3:45pm	Mobile Post Office	Parkview Chapel
	7:30pm	-	A Christmas Evening (RAHOF)	All Saints Redgrave
	8:00pm	-	Dance Classes	Botesdale Village Hall

Don't forget the Mobile Post Office :

Every Tuesday 12:30-1:30pm and Friday 2:45-3:45pm, now at Parkview Chapel

<i>Date, start and end time</i>		<i>>>> What's On in December 2019 <<<</i>		<i>Location</i>
Saturday 14 th	9:00am	12:30pm	Farmers' market	Rickingham Village Hall
	10:30am	12:30pm	Weekend Wildlife Club	Redgrave & Lopham Fen
	2:00pm	5:00pm	Festive wreath, heart & stars workshop	Redgrave & Lopham Fen
	7:00pm	-	Christmas Quiz	Parkview Chapel
	9:00pm	-	B4 Live Music	Cross Keys Redgrave
Sunday 15 th	11:00am	12:00pm	Coffee on a Sunday	Parkview Chapel
	3:00pm	-	Carol Service	St Mary's Rickingham
Monday 16 th	9:15am	-	Rickingham Ramblers	Rickingham Village Hall
	10:00am	-	Zumba	Rickingham Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall
Tuesday 17 th	9:45am	10:45am	Pilates	Rickingham Village Hall
	12:30pm	1:30pm	Mobile Post Office	Parkview Chapel
	5:30pm	-	Brownies	St Botolph's School
	6:00pm	-	Zumba	Rickingham Village Hall
	7:15pm	-	Yoga and relaxation	Botesdale Village Hall
Wednesday 18 th	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickingham Village Hall
	2:30pm	4:30pm	Games & Social Afternoon	Cross Keys Redgrave
	7:30pm	10:30pm	Acoustic Group	Cross Keys Redgrave
Thursday 19 th	9:30am	-	Last day of term	-
	9:30am	-	RABBATS	Rickingham Village Hall
	3:30pm	4:30pm	IT Hub in the Pub	Cross Keys Redgrave
	6:00pm	-	Zumba	Rickingham Village Hall
	7:00pm	-	Botesdale & Rickingham Runners	Rickingham Recreation Ground
Friday 20 th	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	2:45pm	3:45pm	Mobile Post Office	Parkview Chapel
	8:00pm	-	Dance Classes	Botesdale Village Hall
Saturday 21 st	8:30am	-	Family Breakfast	All Saints Redgrave
	8:00pm	11:30pm	Rickingham Country Music Club	Rickingham Village Hall
	9:00pm	-	Christmas Disco	The Cross Keys
Sunday 22 nd	4:00pm	-	Christmas Carol Service	Parkview Chapel
	4:00pm	6:00pm	Winter solstice family celebration	Redgrave & Lopham Fen
Monday 23 rd	10:00am	-	Zumba	Rickingham Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall
Tuesday 24 th	10:00am	-	Coffee down the lane	Methodist Church
	10:30am	12:00pm	Coffee and Cake Morning	Cross Keys, Redgrave
	12:30pm	1:30pm	Mobile Post Office	Parkview Chapel
	5:00pm	-	Crib Service	All Saints Redgrave
	6:00pm	-	Zumba	Rickingham Village Hall
11.15pm	-	Midnight Communion	Rickingham St Mary's	
Wednesday 25 th	9:30am	-	Family Communion	Botesdale
	10:30am	-	Christmas Day Service	Parkview Chapel
Friday 27 th	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	2:00pm	Time to Paint	Redgrave & Lopham Fen
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	2:45pm	3:45pm	Mobile Post Office	Parkview Chapel
	8:00pm	-	Dance Classes	Botesdale Village Hall
Monday 30 th	10:00am	-	Zumba	Rickingham Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall
Tuesday 31 st	12:30pm	1:30pm	Mobile Post Office	Parkview Chapel
	6:00pm	-	Zumba	Rickingham Village Hall
	Open to	12:30am	New Year's Eve Party	Cross Keys, Redgrave



Traditional Fish & Chips

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MONDAY Closed

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TUESDAY 11.30am - 1.30pm 4.00pm - 9.30pm

WEDNESDAY 4.00pm - 9.30pm

THURSDAY, FRIDAY, SATURDAY 11.30am - 1.30pm 4.00pm - 10.00pm

SUNDAY 4.00pm - 9.00pm

<i>Date, start and end time</i>			<i>>>> What's On in January 2020 <<<</i>	<i>Location</i>
Wednesday 1st	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickingham Village Hall
	2:30pm	4:30pm	Games & Social Afternoon	Cross Keys Redgrave
Thursday 2nd	10:00am	-	St Nicholas Hospice Drop-in	Botesdale Health Centre
	10:30am	-	U3A: Peter Beale's Chelsea & Hampton Court Gardens	United Reform Church Diss
	6:00pm	-	Zumba	Rickingham Village Hall
Friday 3rd	7:00pm	-	Botesdale & Rickingham Runners	Rickingham Recreation Ground
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30pm	Wild Tots	Redgrave & Lopham Fen
	12:00pm	-	Watercooler	Cross Keys, Redgrave
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
Saturday 4th	2:45pm	3:45pm	Mobile Post Office	Parkview Chapel
	8:00pm	-	Dance Classes	Botesdale Village Hall
	9:00pm	-	Nick Stephenson Live Music	The Cross Keys
Monday 6th	-	-	School term starts	-
	9:15am	-	Rickingham Ramblers	The Bell Inn
	10:00am	-	Zumba	Rickingham Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall
Tuesday 7th	7:30pm	-	Botesdale Parish Council	Botesdale Village Hall
	9:45am	10:45am	Pilates	Rickingham Village Hall
	12:30pm	1:30pm	Mobile Post Office	Parkview Chapel
	5:30pm	-	Brownies	St Botolph's School
	6:00pm	-	Zumba	Rickingham Village Hall
Wednesday 8th	7:15pm	-	Yoga and Relaxation	Botesdale Village Hall
	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickingham Village Hall
	10:45am	1:05pm	Mobile Library	See www.suffolklibraries.co.uk
	7:30pm	-	Redgrave Parish Council	Redgrave Activities Centre
Thursday 9th	9:30am	-	RABBATS	Rickingham Village Hall
	6:00pm	-	Zumba	Rickingham Village Hall
	7:00pm	-	Botesdale & Rickingham Runners	Rickingham Recreation Ground
	7:30pm	-	Women's Institute	Rickingham Village Hall
	7:30pm	-	Rickingham Parish Council	Rickingham Village Hall
Friday 10th	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30pm	Wild Tots	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	2:45pm	3:45pm	Mobile Post Office	Parkview Chapel
	7:30pm	-	Whist Drive	St Botolph's Bowls Club
	7:30pm	-	Ouse Valley Filling Station	Garboldisham Village Hall
Saturday 11th	8:00pm	-	Dance Classes	Botesdale Village Hall
	9:00am	12:30pm	Farmers' market	Rickingham Village Hall
Monday 13th	10:30am	12:30pm	Weekend Wildlife Club	Redgrave & Lopham Fen
	10:00am	-	Zumba	Rickingham Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
Tuesday 14th	5:30pm	-	Slimming World	Rickingham Village Hall
	9:00am	-	Coffee on the corner	Parkview Chapel
	9:30am	-	Macmillan Information & Advice	Parkview Chapel
	9:45am	10:45am	Pilates	Rickingham Village Hall
	10:30am	12:00pm	Coffee and Cake Morning	Cross Keys, Redgrave
	12:30pm	1:30pm	Mobile Post Office	Parkview Chapel
	2:00pm	4:00pm	RFEG lecture "Puccini & la giovane scuola"	Rickingham Village Hall
	5:30pm	7:00pm	Brownies	St Botolph's School
	6:00pm	-	Zumba	Rickingham Village Hall
7:15pm	-	Yoga and relaxation	Botesdale Village Hall	
7:30pm	-	Redgrave & District Ladies club	Redgrave Activities Centre	

Don't forget the Mobile Post Office : Every Tuesday 12:30-1:30pm and Friday 2:45-3:45pm, now at Parkview Chapel

<i>Date, start and end time</i>			<i>>>> What's On in January 2020 <<<</i>	<i>Location</i>
Wednesday 15 th	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	9:30am	-	Headspace	All Saints Redgrave
	10:00am	-	Day Centre	Rickinghall Village Hall
	2:30pm	4:30pm	Games & Social Afternoon	Cross Keys Redgrave
	7:30pm	10:30pm	Acoustic Group	Cross Keys Redgrave
Thursday 16 th	9:30am	-	RABBATS	Rickinghall Village Hall
	3:30pm	4:30pm	IT Hub in the Pub	Cross Keys Redgrave
	7:00pm	-	Botesdale & Rickinghall Runners	Rickinghall Recreation Ground
	6:00pm	-	Zumba	Rickinghall Village Hall
Friday 17 th	9:15am	-	Rickinghall Ramblers	Rickinghall Village Hall
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	2:45pm	3:45pm	Mobile Post Office	Parkview Chapel
	8:00pm	-	Dance Classes	Botesdale Village Hall
Saturday 18 th	10:00am	2:30pm	Adult course : Nature in Ceramics	Redgrave & Lopham Fen
Sunday 19 th	11:00am	12:00pm	Coffee on a Sunday	Parkview Chapel
Monday 20 th	10:00am	-	Zumba	Rickinghall Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickinghall Village Hall
Tuesday 21 st	9:45am	10:45am	Pilates	Rickinghall Village Hall
	12:30pm	1:30pm	Mobile Post Office	Parkview Chapel
	5:30pm	7:00pm	Brownies	St Botolph's School
	6:00pm	-	Zumba	Rickinghall Village Hall
	7:15pm	-	Yoga and relaxation	Botesdale Village Hall
Wednesday 22 nd	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickinghall Village Hall
	7:30pm	-	Heritage Circle	Rickinghall Village Hall
Thursday 23 rd	9:30am	-	RABBATS	Rickinghall Village Hall
	9:30am	-	Headspace	All Saints Redgrave
	6:00pm	-	Zumba	Rickinghall Village Hall
	7:00pm	-	Botesdale & Rickinghall Runners	Rickinghall Recreation Ground
Friday 24 th	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	2:45pm	3:45pm	Mobile Post Office	Parkview Chapel
	8:00pm	-	Dance Classes	Botesdale Village Hall
Saturday 25 th	3:00pm	-	Jack and the Beanstalk	Botesdale Village Hall
	8:00pm	11:30pm	Rickinghall Country Music Club	Rickinghall Village Hall
Monday 27 th	9:15am	-	Rickinghall Ramblers	Rickinghall Village Hall
	10:00am	-	Zumba	Rickinghall Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickinghall Village Hall
Tuesday 28 th	9:45am	10:45am	Pilates	Rickinghall Village Hall
	10:00am	-	Coffee down the Lane	Botesdale Methodist Church
	10:30am	12:00pm	Coffee and Cake Morning	Cross Keys, Redgrave
	10:30am	2:30pm	Go wild in the week	Redgrave & Lopham Fen
	12 noon	-	Luncheon Club 898615 / 898619	Redgrave Activities Centre
	12:30pm	1:30pm	Mobile Post Office	Parkview Chapel
	5:30pm	7:00pm	Brownies	St Botolph's School
	6:00pm	-	Zumba	Rickinghall Village Hall
7:15pm	-	Yoga and relaxation	Botesdale Village Hall	
7:30pm	9:30pm	Beekeeping talk by John Everett	Redgrave & Lopham Fen	
Wednesday 29 th	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	9:30am	-	Headspace	All Saints Redgrave
	10:00am	-	Day Centre	Rickinghall Village Hall
	7:30pm	10:00pm	Ian's Quiz Night - 7:00pm for 7:30pm	Cross Keys Redgrave
Thursday 30 th	9:30am	-	RABBATS	Rickinghall Village Hall
	6:00pm	-	Zumba	Rickinghall Village Hall
	7:00pm	-	Botesdale & Rickinghall Runners	Rickinghall Recreation Ground
	7:30pm	-	Redgrave Garden Club	Redgrave Activities Centre
Friday 31 st	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	2:00pm	Time to Paint	Redgrave & Lopham Fen
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	2:45pm	3:45pm	Mobile Post Office	Parkview Chapel
	8:00pm	-	Dance Classes	Botesdale Village Hall
	9:00pm	-	Walkway - Live Music	Cross Keys Redgrave

HIDDEN DISABILITIES SUNFLOWER SCHEME

The Hidden Disabilities Sunflower scheme provides lanyards, wrist bands and id cards purposefully designed to act as a discreet sign to staff and work colleagues that the wearer has a hidden disability and requires additional assistance. It has been successfully introduced to several major UK airports, supermarkets, railway stations and sports venues.

The scheme is designed to assist both adults and children. Wearing the Sunflower lanyard indicates to people around you that help may be required, and that help may be different for each person. You can use the Hidden Disabilities Sunflower to tell people about the type of assistance you need – it may be as simple as a little more time. There is no qualifying list to being able to access a lanyard as it does not exclude people who have yet to be diagnosed and whose daily life is made more challenging by their hidden disability.

For more information go to <https://www.hiddendisabilitiesstore.com/> or contact customersupport@hiddendisabilitiesstore.com. Lanyards can also be obtained free of charge from M&S or Tesco food stores or ordered on 0333 014 8555.

Friends of Rickinghall Inferior Church Inaugural Meeting

The inaugural meeting of a Friends of Rickinghall Inferior Church was held in the church on Saturday 2nd November, clashing with the start of the final of the rugby world cup match between England and South Africa.

The Rev Chris Norburn welcomed the people who attended before introducing Laura Emmins the Community Development Adviser from the Taylor Review Pilot planning group. This is a project funded by the department for Digital Culture, Media and Sport and run by Historic England. The aim of the pilot is to test some of the recommendations of the 2017 Taylor Review: sustainability of English Churches and Cathedrals and to provide free support and advice for listed places of worship. The pilot is only running in Suffolk and Greater Manchester from September 2018 to March 2020. Part of this scheme was to give a minor repairs grant towards maintenance and they awarded us a grant of £5640 towards urgent building repair work consisting mainly of replacing failing asbestos gutters and new drains to try and relieve the dampness in the walls. This work was completed in October.

Kit Brinkley, who has taken on some of the work of a churchwarden regarding church buildings in the parish and the churchyard gave a power point presentation showing earlier drawings and photographs of the church and one with the church airbrushed out to show how the church corner would look without a church. He explained how a Friends group can help and gave an example of how they can help to raise money for the fabric of a church building and help in the churchyard.

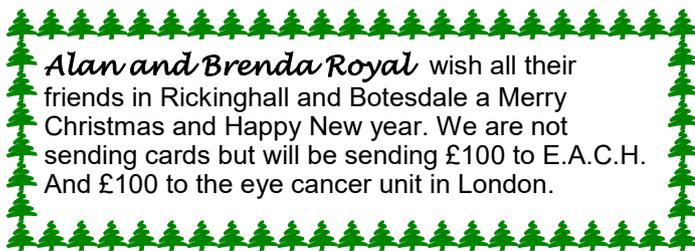
After questions and discussion in the church the Rector thanked everyone for coming. Although only four people attended they are all very keen to help and we have had offers of help from a few other people in various ways.

We were unable to find enough people to form a committee immediately, which is needed to start a Friends group but we will carry on and hope more people will come forward. We need a chairman, vice chairman, secretary, and treasurer to comply with the constitution recommended by the Church of England.

The way forward from here? We will be looking at how we can develop an informal arrangement for moving this forward whilst a more formal Friends Group develops. This is quite natural; there will be an informal period whilst word spreads, and people become familiar with what is being asked / offered. As we do this a rough timetable will be produced, covering different elements and who is responsible for them, and we can start drafting this based on the various conversations that have already taken place. The core team will plan to meet again to go through it and make sure it is workable. We will also start drafting a Memoranda of Understanding, which would help with awareness of what the group would be doing and its relationship to the PCC etc. In the meantime, if anyone is interested in supporting and being part of us forming a Friends of Rickinghall Church then please do get in touch with Jean Sheehan, Kit Brinkley, or the Rector, Revd Chris Norburn.

A condition of us receiving a grant from The Taylor Report fund is that we produce a six-year maintenance plan. With support from the fabric support officer Barbara Beckett and Community Development Adviser, Laura Emmins, of The Taylor Review Pilot, we will be having a meeting by the time you read this, (Monday 25th November 10.30am) and started to put one together.

In anticipation of your support we would like to draw your attention to a couple of fundraising events already planned for next year: annual quiz and fish and chip supper on 28th February and Roy Tricker (Suffolk Historian) who will be giving a talk on the history of Rickinghall Inferior Church on the evening of Friday 15th May.



Alan and Brenda Royal wish all their friends in Rickinghall and Botesdale a Merry Christmas and Happy New year. We are not sending cards but will be sending £100 to E.A.C.H. And £100 to the eye cancer unit in London.

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01379 890952.

I will reply to all messages, if you leave one but receive no reply within 48 hours, try again.

David Sloan

Poetry Corner

WINTER

A holding time, when the iron-hard earth shelters next year's joyful preening. Where nestling bulbs and the sleeping girth of roots, await spring time's greening.

Still, glossy evergreens star here in the forest's winter choir, dainty ivy trails, near berries on the holly breathing fire.

Yet only now, before spring dances, do we see shapes of many trees: The skeletal arch and trace of branches against washed out-blue: a frieze.

Winter knows that finery waits mere months ahead, when earth yields guarded treasures and unthanked winter is sped.

(June Shepherd, October 2019)

Cookery Corner

A simple dessert as a break from the Christmas pud:

PEARS WITH COLD CHOCOLATE SAUCE AND CREAM

2Lb tin of pears (the easy way)

Or peel and poach fresh pears (the harder way)

For the sauce:

Approx 4 oz bar of plain chocolate

1 tablespoon golden syrup

1/2 oz butter

1 tablespoon sherry

2 tablespoons pear juice

Whipped cream

Place pears in a dish with a little of the juice..

Make chocolate sauce by mixing all ingredients in a basin over a saucepan of simmering water and stir.

Cover the pears with the sauce and, when cool, top with whipped cream and some grated chocolate.

And to drink:

"SLOW" GINGER

Put some ice into a glass, add a good measure of sloe gin. Top up with ginger ale and garnish with a sprig of mint.



theWI Rickinghall - News

INSPIRING WOMEN

Aware, Alert, Alive - Self Defence Tips for Gentle People

Our October speaker, Jeanette Moser, is an incredible and inspirational lady now in her 80s. Jeanette treated us to a really enjoyable and instructive evening. She told us about her life as a reserve police officer for 18 years in South Africa, interspersed with amusing anecdotes about life and family.

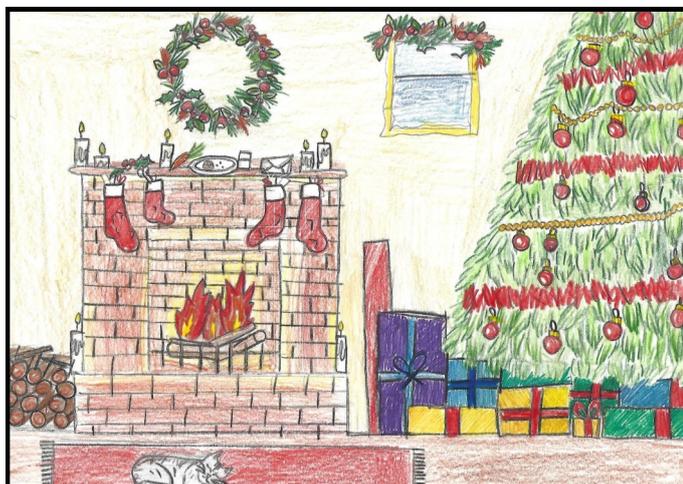
Jeanette was shot in the leg in the line of duty in the 1960s and went on to work for Special Branch, complete with false passports, to infiltrate arms gangs.

A determined and witty lady, she later taught self-defence, travelling around and appearing on TV, her aim to change people's attitudes to protecting themselves.

With the help of a WI volunteer, Jeanette demonstrated self-defence movements to disarm a potential attacker. She surprised us all with how shoulder, arm and hand twists can put you, rather than them, in control. She gave us several useful pointers :

- the safest form of defence is not to get involved
- you can see from the dark into light but not from light into dark – important to remember in a difficult situation
- don't underestimate yourself or give up – with the right attitude you can get out of the danger zone
- use surprise to your advantage, an attacker will not expect you to retaliate
- do not get up once you have fallen to the ground, protect yourself from there
- if necessary aim for the eyes or throat, ie. do what you have to

We all went home hoping we wouldn't have to try out the moves for real, but perhaps now better prepared to protect ourselves.





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Club News



Mill Lane Allotment Association MLAA

.I don't know about you but I feel winter is just around the corner. The dark mornings and a chilly start to the day are becoming the norm.

This is evident down the Allotments with everyone digging over, clearing rubbish and tidying away pots and tools, and dreaming of log fires, mugs of Cocoa and time to catch up on the reading list.

We finished the year with our Annual AGM where the whole committee stood down and a new one for the coming year was elected. We have a change of Chairman and Vice Chairman and a new member of the Committee to welcome in for the 2020 Season.

We are always striving to bring in 'new blood'. New blood means new and fresh ideas, opinions that challenge and bring forth solutions that were not considered before. We encourage all our members to consider joining the committee or at the very least attend the regular meeting dotted throughout the year, their input is invaluable.

If you are thinking of 'maybe' having an Allotment next year but can't bring yourself to do anything this early (still thinking of leisure in front of the fire☺) you will be interested to know that we are changing our year to December to December, this is for various reasons, but it does give new start members time to get on the waiting list or even snap up a plot now and gain an extra month this first year!

We expect a few half and full plots to become available and all up to date information can be obtained by calling the Club Secretary Mark Wiseman on 01379 898805.

I end the column this month by thanking each and everyone of you who reads it, those of you that joined us because of it, and wishing you all a Very Happy Christmas.....MLAA.



Botesdale and Rickinghall Community Woodland Group

We finally managed to get Low Meadow raked up! There is even talk of planting some more shrubs there - all grist to the mill.

There is not so much to do at Miller's Orchard except to look out for and deal with branches that overhang the footpath or the road and track.

I had a quick count of the trees in Northfield Wood, most of them planted by the few of us, some self seeded. There are now well over 300 and some of them have grown quite tall, especially those near Mill Lane. Others are still small but mother nature is strong and they will grow. Fruits and berries have been plentiful this autumn.

Our hoped-for visit to St Botolph's school seems to have fallen by the wayside again, despite recognition of trees being on the curriculum for Year 6 now.

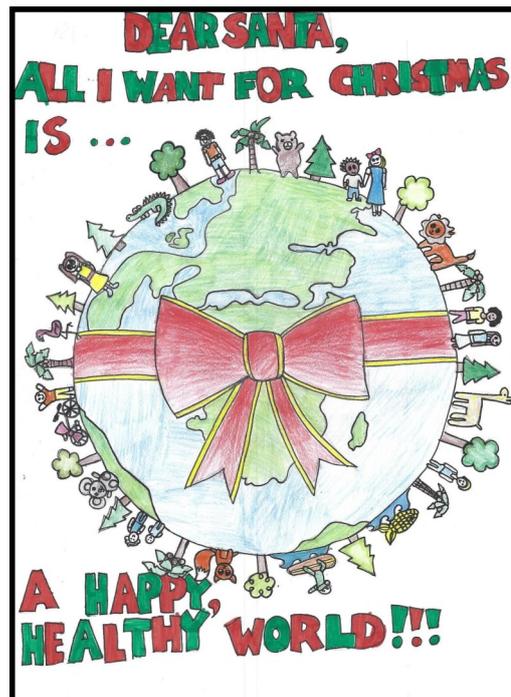
This is something that we can help with and I have come across some neat packs for children to help them learn about ten common native trees. Perhaps next year we can resume our connection with the school. It does seem extraordinary that children living in the countryside do not recognise the trees around them, which we discovered during our previous visits.

Rosemary Jones, 10th November
01379 890238

REDGRAVE GARDEN CLUB

The AGM of Redgrave Garden Club was held on October 31st. The Chairman reported on the years speakers and activities, and the Treasurer reported a healthy bank balance. However, recent low attendance levels are a cause for concern, and along with a lack of people willing to serve on the committee, the present committee members have decided to act in a caretaker capacity until July 2020. Up until this point speakers have been booked, but if the situation doesn't change, unfortunately the Garden Club will cease to exist after this date.

After the AGM Don Andrews spoke on Dahlias, Begonias and other favourites from my garden. Don has grown Dahlias for many years, and judges them at shows all over the country. With the aid of slides he described the different types of Dahlias, and told how they were judged by size, arrangement of petals etc., he also gave advice on the care and propagation of them. Another of his favourites are begonias, and he showed slides of the different varieties of them, and growing tips. Angela Bigley



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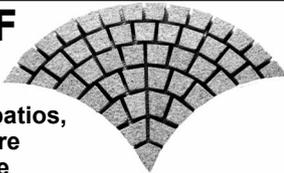
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Exploring the Past

Jean Sheehan, 01379 890237

Christmas Past in Redgrave and Botesdale

A tradition that only seems to have existed at Redgrave and Botesdale school was the giving of 'Tommy Money' on December 21st, the feast day of St Thomas the Apostle. In the nineteenth century the national tradition was for elderly people and children to go out begging on this day for money to help pay for a Christmas feast. Due to this many of the children were missing from school at Redgrave. The log-book shows that on this day in 1865 '*More than half the school absent in the morning alms gathering Better school in the afternoon. Miss Wilson came in the morning and distributed pence among the children present, being St Thomas' Day.*' The previous year the school had made it a half day holiday in the morning. In 1868 the logbook says '*Only 16 children present for as is the custom here nearly all the children went 'tommying', but in the afternoon there were 56 present in consequence of Miss Wilson giving each child a penny.*' Miss Wilson was Anna Maria Wilson the sister of the squire. In 1886 the money was given by her brother George Holt Wilson and her cousin the Rev Thomas Holt Wilson. By 1912 the money was given by Anna Maria, George Holt Wilson and the Rev Leonard Holt Wilson. The late Annette Orr, daughter of the Rev Leonard, could remember her great Aunt Anna Maria, dressed in black bonnet, dress and cape decorated with black jet, presenting Tommy money at the school before WW1.

In 1982 the media picked up on this unusual custom as the oldest lady in the village, Miss Scipia Hawes, had been invited to the Christmas lunch at the school when the money was handed out by a school governor, Brenda Green. Scipia had attended the school between 1898 and 1907 and she could also remember being given an orange. By this time the children were given a silver threepenny bit, the same as Arthur Bryant in the 1930s. Cynthia Trott said in 1982 she had kept all her own and her mother's silver threepenny bits from the first decades of the 20th century. When my daughter started the school in 1966 it had increased to one shilling, which became 5 new pence after decimal currency was introduced, equivalent to twelve old pennies. The money was eventually being taken from the Mary Foster charity. June Shepherd wrote a musical based on this custom for the schoolchildren to perform in 1983 which they performed in the Church Room in Botesdale (now Botesdale Village Hall). The tradition of Tommy money died out when Redgrave School closed and was united with Rickinghall School to become St Botolph's school in Botesdale in 1994.

Scipia Hawes also remembered Christmas parties held in the orangery at Redgrave Hall and being given a jewellery box there as a present which she had kept all her life.

During WWII evacuees from Dagenham and East Ham came to our villages and some of their families also came to stay at Christmas. The evacuee school children would have been very surprised to receive Tommy Money at Redgrave School.

When the American hospital was in Redgrave Park during the war Christmas Parties were held in the Orangery by the Americans for village children.

In the late 1960s the local Red Cross organised a bus to go into Bury St Edmunds on a Thursday evening when the shops stayed open later for Christmas shopping. The bus was for elderly and disabled people and volunteers, including the Red Cross Cadets, who also went to help with wheelchairs and assist these people with their shopping. The cadets also took small Christmas presents such as a quarter pound of tea or a bar of chocolate, all wrapped in Christmas paper, round to elderly people.

Every year the school children made calendars consisting of a recycled Christmas Card stuck on to card with a small calendar attached to the bottom.



As we had the shop I used to go to Christmas shows organised by the wholesalers in October to show their ranges of toys and Christmas gifts. The stock arrived and I would display them in the shop windows. Customers who had paid into our Christmas club during the year would come and chose presents on various evenings without their children over a cup of coffee.

I really felt Christmas had not started until Joanna Todd had her Carol Evening at Glebe Cottage which started in the late 1970s. She would make invitations from used Christmas cards by cutting them out with pinking shears. There would be communal carols, but there would also be solos by singers and instrumentalists, including children, and singing by The Fengrave Singers. This amateur group included Ruth Powell and Martin Townsend from Redgrave and they were all very good. Phylis Hocking the previous Rector's widow organised the music and after the singing there was an auction of Christmas goods.

After Joanna Todd moved to Botesdale June and Brian Shepherd held a Carol Evening at their home, Crossways in Redgrave, in the early 1980s. Each year they donated the money to a different charity, the second Carol Evening was held for St. Nicholas Hospice which had just started. This helped to lead indirectly to the formation of Rickinghall Area Hospice Fundraisers. RAHOF now have a similar evening which they hold in All Saints Church.

Another Christmas tradition started in the late 1970s organised by Redgrave Community Council. This was the visit by Father Christmas in his sleigh, pulled by volunteers as the reindeer could not come. The journey started in Redgrave and continued to Botesdale and Rickinghall distributing sweets when the sleigh stopped at various places. When the Community Council disbanded the Cater family continued to organise the visit for several years.

Nowadays the church has Carols on The Knoll with the Salvation Army Band followed by refreshments in All Saints and Chris Burnard of the Greyhound introduced the Christmas tree on Botesdale Market Place with carols and mince pies on the lighting up evening. St Botolph's school decorate the area round the tree with Christmas drawings.

Acknowledgments to June Shepherd for researching the school log books for Tommy money.

Carols on The Knoll Friday 6th December.

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Memories—Part 5

'The Millennium Miscellany' was published by the Heritage Circle to mark the millennium. Many people wrote articles for it about the villages and their memories of growing up in them in the early 20th century.

The extract below is written by Gloria Hunter a cousin of Margaret Francis née Wilden, whose memories were in November's Parish Magazine. Here are Gloria's memories of Rickinghall in the early 1930s:

'I was nine years old when I arrived in Rickinghall, my father having gone to South America, and my mother working with her sisters in a hotel in Felixstowe. I lived with my aunt Flo (Florence Goodwin) in Rose Cottage in The Street. My grandmother, Catherine Codling, lived in Water Lane. It seemed as if it was always summer, but I also have memories of cosy evenings round a big round table covered with a chenille cloth on which stood a big oil lamp, doing our homework or playing Nap and Newmarket. At that time, there was no electricity or indoor plumbing. Monday was wash day and it was all day. A coal fire was lit under a big copper in the wash house, and clothes were soaked, scrub-board washed and then put in the copper to boil, rinsed, blue-bag rinsed, hung out to dry, brought in and starched, hung out again, damped down, rolled up and put in a basket prior to ironing! Next day was ironing day, which was done with a heavy flat-iron, heated on the stove. And that wasn't the end, it all had to be aired.

Friday evening to us was a big treat as it was fish-and-chip night. Margaret (Wilden), my cousin, who was then only seven years old, and I were sent with the order to Mrs Shaw's. As it was usually dark we had to take a torch.

On Saturdays, we spent our pocket money at Mrs Fellingham's sweet shop. One day a week, we went to the pictures in the Village Hall at Botesdale. Our uncle, Eddie Codling, was the usher, shining his torch at courting couples in the back row!

My auntie Marney (Marjorie Codling) was living with Grannie down Water Lane. She was only about three years older than me as she was my Grannie's last child. Marney taught me to ride a bicycle down School Lane. Aunt Flo had wooden lifts put on the pedals of a grown up bike, and it was on this ancient vehicle that I learned to ride. Margaret and I cycled all over the place on our bikes, even into Diss. We loved to go to the top of Snape Hill and taxi down with no hands!

We attended Mowbray House School, owned by gentle Miss Scates. We learned everything, including embroidery, crochet, broderie anglais, painting, singing and drama. The year I was there, we performed in a play called 'Molly Break My Toys'. Margaret and I were given the parts of Bluebell and Daffodil, but shortly before the performance the girl who was playing Molly went down with the measles and, because I memorised the lines, I was pushed in at the last minute to play the part of Molly. She was a horrid girl who always broke her toys, until she dreamt that all the toys were talking about her and she reformed! There was usually a moral in stories

and plays for children in those days. Miss Muriel Warren taught the kindergarten children.



Some of the other things I remember are taking the Sunday dinner to be roasted in Mr Matthews' bakery next to the White Horse. This was usually in the summer when it was much too hot to light the fire. We all had a dish to carry – meat, roast potatoes, Yorkshire pudding, suet pudding, apple tarts, etc. We also fetched the milk from Basil Brown. We waited while he milked the cow, and then Marney and I showed off by swinging the cans over and over without spilling a drop. One day my little cousin, Margaret, had a go too, and spilled the lot, and Marney and I were chastised for letting her do it.

A momentous event happened one night. We were all asleep in our beds when we were awakened with the house shaking, a doll falling off a chest under the window and breaking, and the next day we looked out of the window to see a large crack in the road. My mother, who was staying with Grannie down the Water Lane was awakened by her mother shaking her and saying 'Wake up, mawther, there's a man under the bed'. Of course, it was an earthquake – a quite strong earth tremor.

Altogether it was a very happy time for me, even though my mother was not there. We had a lot of fun together, my cousin Ivy (Goodwin), Flo's daughter, and her baby son, Kenneth. Ivy was about fourteen and we considered her very grown-up, with her beautiful long, braided hair.

I lived in Rickinghall for about a year until my Dad returned from South America. We left Rickinghall then, and went to live in Birmingham. I still had some happy times in Rickinghall though, as we spent many holidays there. Even later when we moved to Ireland, we returned nearly every year to visit our family.

Many thanks to the Committee of the Heritage Circle for permission to use this extract.

We would very much like to have your memories of growing up in our villages. Even the 1970s and 1980s are history now! These memories need not be 'essays' but could be noted down as answers to questions such as: What do you remember about your family? What were the shops like, what did they sell and who were the local shopkeepers? Where did you go to school?

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Nyall's Notes

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

All over the world Extinction Rebellion is making a nuisance of itself in order to apply pressure to governments to take action on climate change. They want the world to be carbon neutral by 2025. The British government are aiming for 2050. It might just be that we might achieve something close to that target but the world cannot, even taking the easier target of 2050. I'll explain why.

The easy thing to tackle is the electricity supply because we do have ways to decarbonise it. There are 11,000 days until 2050. That is how long we will give ourselves to do the job. We know the total amount of electricity generated in the world and in order to provide that carbon free, we would have to build one nuclear power station per day assuming nuclear power is acceptable. The alternative is to build 11,000 wind turbines per day. That is the size of the task and we haven't tackled the heating of our homes or transport or methane from cows and rice paddy fields and so it goes on. Given the best will in the world we will not achieve it and in China and the land of the Trump we don't have the best will. Such is our present generation of CO₂ that, if we go on as we are we will put as much into the atmosphere in the 11,000 days as we have in all of history.

As climate change proceeds and crops fail and lands become uninhabitable their inhabitants will not sit idle. They will want to move to better climes and if that means taking over someone else's land well so be it. The future for our world is bleak indeed.

As Voyager left our solar system its cameras were made to look back and, from 4 billion miles away, our earth was seen as a blue dot less than one pixel wide. Carl Sagan famously said:

"Look again at that dot. That's here. That's home. That's us. On it everyone you love, everyone you know, everyone you ever heard of, every human being who ever was, lived out their lives. The aggregate of our joy and suffering, thousands of confident religions, ideologies, and economic doctrines, every hunter and forager, every hero and coward, every creator and destroyer of civilization, every king and peasant, every young couple in love, every mother and father, hopeful child, inventor and explorer, every teacher of morals, every corrupt politician, every "superstar," every "supreme leader," every saint and sinner in the history of our species lived there, on a mote of dust suspended in a sunbeam.

The Earth is a very small stage in a vast cosmic arena. Think of the endless cruelties visited by the inhabitants of one corner of this pixel on the scarcely distinguishable inhabitants of some other corner, how frequent their misunderstandings, how eager they are to kill one another, how fervent their hatreds. Think of the rivers of blood spilled by all those generals and emperors so that, in glory and triumph, they could become the momentary masters of a fraction of a dot.

Our posturings, our imagined self-importance, the delusion that we have some privileged position in the Universe, are challenged by this point of pale light. Our planet is a lonely speck in the great enveloping cosmic dark. In our obscurity, in all this vastness, there is no hint that help will come from elsewhere to save us from ourselves.

The Bible tells us that someone did indeed come to save us and that God, the creator of the great enveloping cosmic dark that is our universe, came in the person of Jesus Christ at that first Christmas. Trust in him.

Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin but to save those who are eagerly waiting for him.

Hebrews 9 v.28

Bill's Birds

Bill Cordeaux Tel: 898286

I must start this edition with the sight of a Woodcock on the lawn of a Redgrave garden. The Woodcock is a brown bird a little larger than a Blackbird with a long bill. It is very secretive and this one quickly disappeared into nearby bushes. Woodcock migrate from Europe to this country in winter mixing with our resident birds. Unfortunately they are a prize game bird for winter shooters. It seems tragic to make such a journey just for the dinner table!

I suspect many of you have seen a group of House Sparrows attack your feeders. They make quite a mess down below and other birds quickly pick up the remnants, one of which is the Hedge Sparrow, also called the 'Duncock' due to its dun colour. It has a narrow bill and nests in hedges and bushes—not houses. It has a gentle, sweet song, unlike the House Sparrow's coarse voice. Also it lays bright blue eggs. It is not a relative of the House Sparrow. It is also called the Hedge Accentor being of the Accentor family. There is only one other accentor to be found in Europe, the Alpine Accentor only inhabits high mountains, and is a very occasional visitor to this country. I think it is extraordinary that such a commonly known bird has done so well. Also, the Cuckoo uses the Hedge Sparrow to foster its offspring, which means it has to imitate the blue egg. Have another look for the dun-coloured small bird eating the left-overs from the House Sparrows. How has nature bred such an isolated bird which must have existed for thousands of years?

There is a large white bird which is frequently seen on our coast—the Spoonbill—so called by its long bill which has an expansion at its tip. Useful for sifting food from mud. It last bred in this country in the 1700's at Trimley near Felixstowe. In the past it was shot by sportsmen or gamekeepers, both for its white feathers and for food.



A Spoonbill

Miraculously in 2010 there appeared six Spoonbill nests in the high trees at Holme Nature Reserve in North Norfolk. This group thrived with 26 nests in 2018. It is thought that these birds are an overflow from the large numbers that breed in Holland.

The Head Warden of Holme Nature Reserve came to Redgrave Fen Centre this autumn and gave an excellent account of this amazing sight seeing these birds happily nesting alongside Herons, Egrets and Cormorants in the same woods. Do visit this area next spring. I suspect that this bird, which is now a common sight on our Suffolk coast, some in groups of up to 30, will go on to nest here if there are convenient trees in the vicinity.

Sadly this year there are no winter flocks of Linnets recorded, unlike 2018. I understand there has been a change of suitably seeded plants which encouraged last year's appearance.

Nor have there been any local reports of Ring Ouzels—black birds with white chests. Several years ago one was noted and photographed in Rickinghall by an observant teenager.

Watch out for more migrants, Waxwings are my winter favourite visitors. Perhaps they will make a colourful arrival for Christmas. May your bird feeders and gardens be full of ornithological surprises for the festive season.

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IN YOUR GARDEN

Lawrence Thompson 01379 890667

A heartfelt plea from from a lady who is on the move is the primary topic for this edition and concerns taking over the garden of her new house.

When you inherit a previously owned old garden, you never know quite what to expect. There may even be some treasures amidst the growth. On the other hand, you might be faced with an overgrown jungle or a sea of weeds that you want to clear away totally and start from scratch.

In her case, the rear garden is a very scrubby patch of grass which she is keen to transform with beds and borders. Firstly, resist the temptation to just dig out new beds by turning in the grass because you will have it coming back forever.

Although I usually avoid using chemicals, this is one situation when glyphosate – a broad spectrum systemic weed killer based product is the best way to eradicate not only the grass but often the scourge of gardeners – bindweed and ground elder that may well be present because this will not only kill off the top growth but roots and all. Thankfully, the residue of glyphosate does not linger long in the ground and is safe to pets and wildlife once it has dried.

One or two treatments, preferably when the grass is growing well, about six weeks apart should do the trick. Alternatively you can strip the turf off to expose the bare soil but this is pretty hard work. Ground that has been under grass for any length of time usually has a good crumbly structure but the downside is it is likely to harbour plenty of soil pests such as dandy-long -legs larvae, chafer grubs and wire worms just waiting to chew off the roots of any plants in your new beds.

Again if you want to avoid using a chemical soil pesticide, turn the soil over a few times to expose any pests and our feathered friends soon clean it up for you. To appease my organic followers, you can opt for using an old carpet or black polythene to smother the grass you want removed as this deprives the grass of light. Only problem is it can take quite a while to be effective! Once you have cleared the areas you want to turn into beds or borders, you have a unique opportunity to improve the soil before any planting gets in the way. Digging in plenty of organic matter like well rotted manure or garden compost along with a good sprinkle of an organic fertilizer such as blood fish and bone will pay handsome dividends.

Gardens at the moment are not devoid of colour or interest and I find working outdoors can still be a real pleasure. Now is an ideal time to plant spring flowering bulbs as the ground is still relatively warm. I like a mix from from Crocus (usually the first to flower in February) along with Daffodils and Narcissi and of course Tulips. Plant a good selection and you will have bulbs flowering from January right through till May. Bulbs are very versatile and can be grown not only in borders but also in tubs and window boxes and if left in, will come back each year providing repeat pleasure.

May I wish everyone a very happy Christmas and a really successful gardening year in 2020



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The Botesdale & Rickinghall Neighbourhood Plan



Thank You!

Residents of Botesdale & Rickinghall have voted on their Neighbourhood Plan via the Referendum held on 28.11.19, answering the question :

Do you want Mid Suffolk District Council to use the Neighbourhood Plan for Botesdale and Rickinghall to help it decide planning applications in the neighbourhood area?

At the time of writing, the Referendum had not been held, but by now the result will be known, and will soon be published by Mid Suffolk District Council, and reported in the next Parish Magazine.

Many thanks to all of you who voted and contributed in many ways during the last 3 years during which the plan was conceived, adapted and delivered.

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The drop-in sessions offer the chance to meet others facing similar situations in a comfortable and relaxing space (as well as tea, coffee and biscuits!). Open House is an opportunity for you to get advice, information and peer support, with the Hospice on hand if needed.

There is no need to book a place, just drop in, and you can bring a friend or family member too.

We look forward to welcoming you.

When?
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Where?
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Back Hills, Botesdale, Diss IP22 1DW

because you matter

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For more details please get in touch
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enquiries@stnh.org.uk
www.stnicholashospicecare.org.uk



Winter Walk

Sunday 29 December

10.15am at Thelnetham

'Village Hall IP22 1LD

Enjoy a morning's walk exploring the landscape and wildlife of the Little Ouse Valley including New Fen and Reeves Meadows

Booking is only required if you require soup & roll otherwise just turn up! Polite dogs welcome on a short lead
Donations welcome, suggested £3.50 walk and £3.50 soup

beverly.blackburn@lohp.org.uk or 07747 691285

LOHP.org.uk

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AT
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SATURDAY 14TH DECEMBER
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November	29 th	Friday	Eye Late Night Shopping & Lights
	30 th	Saturday	<u>Harleston</u> Christmas Lights
December	6 th	Friday	Long Stratton Christmas Lights
	9 th	Monday	<u>Botesdale</u> Greyhound Quiz
January	14 th	Wednesday	J D <u>Youngs</u> , <u>Harleston</u> Quiz
February	3 rd	Monday	Diss Greyhound Quiz
March	4 th	Wednesday	<u>Winfarthing</u> Fighting Cock Quiz (New Venue)
April	1 st	Wednesday	<u>Mellis</u> Tavern Quiz

All Quizzes start at 7.30pm, £3.00 per person maximum 4 to a team

For further details contact events@parkradio.co.uk

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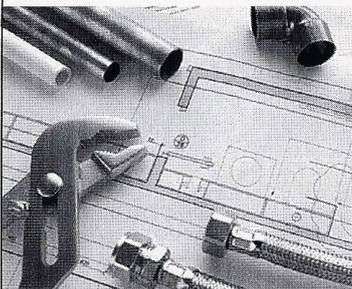
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Your Neighbourhood Watch Coordinators				Police	Tel	Notes
Area	Contact	Tel	email	Non-emergency, queries	101	email : stowmarket.snt@suffolk.pnn.police.uk web : www.suffolk.police.uk/your-area/stowmarket
Botesdale & Rickinghall	Peter Beck	01379 890495	peter@pbeck.plus.com	Emergency	999	For Ambulance, Fire Brigade, Police
Redgrave	John Campbell	01379 890946	redgrave.nwatch@outlook.com	Manned desks		Bury St Edmunds - Raingate Street IP33 2AP Ipswich - 10/10a Museum Street IP1 1HT Lowestoft - Old Nelson Street NR32 1PE

BE SCAM SMART! DON'T CATCH A COLD

NHS East Of England is warning of a telephone scam received locally offering home visit flu jabs. The caller claims to be a GP working for the NHS and for a fee, payable in advance, could attend their home and administer their flu jab. Unfortunately, a number of victims gave their bank details and sadly suffered substantial financial loss.

Anyone claiming to be from the NHS and asking for such payments is most likely to be a criminal trying to trick you. Most of the NHS services are free and they are highly unlikely to ask for fees for such as prescription charges by phone.

CREDIT CARD TRANSACTIONS

Calls have been received allegedly from Visa claiming a £600 transaction is about to go through their account. The recipients are told to operate a push button option to prevent further transactions and speak to 'our fraud team' This sets in train a course of actions requiring you to reveal credit card/bank details.

If you have any concerns about the security of your credit or debit cards, contact your card provider direct using only the customer service number on your cards. NEVER use details offered by a cold caller

OIL THIEVES ARE ABOUT

With the advent of the colder weather, surprise, surprise, oil thieves have become active. A few simple steps can help make your tank and oil supply safer and prevent it happening to you.

Screen your tank from public view.

Install lockable caps supported by a closed shackle padlock.

Consider fitting a tank alarm.

Oil is invariably stolen using unmarked vans and even an oil tanker has been reported being used. If you see any suspicious vehicles parked on the road near your house or on a neighbours driveway contact the police immediately by dialling 999.

Redgrave's Neighbourhood Plan



WORKING TOGETHER TO PLAN OUR FUTURE

Redgrave Village Questionnaire Results

The results of the Village Questionnaire have now been analysed (all 221 of them!) and these have been really useful in the development of a draft vision and policies that will be consulted upon in the next stage of the RNP development (more on that below!).

The results have been published on the Redgrave Neighbourhood Plan Website - feel free to have a look at the graphs that show the results of your responses to the questions.

Drop in to the Policy Ideas Exhibitions

We will be holding two Drop-In Public Exhibitions where you will be able to find out more about the Redgrave Neighbourhood Plan and have your say about the Vision and Draft Policies that have been developed based on the questionnaires results.

This consultation is a really important aspect of the whole process and gives everyone a chance to chip in and have their say!

We are holding two exhibitions:

Saturday 30th November - 10am to 1pm
in **All Saints Church**

Free Tea/Coffee and Bacon Butties will be available
and

Tues 3rd December from 6pm to 8pm
in the **Cross Keys**

The Bar will be open and free snacks available!!

Call for Sites

As part of the Redgrave NP process, we have undertaken a 'Call for Sites'. We need to consider the merits of making site allocations for development in Redgrave in order to address local needs, in particular those issues raised in the questionnaire.

This is a process whereby potential sites that could be developed are identified in a similar way to the process undertaken previously by Mid Suffolk District Council. Full details will also be available on the Redgrave Neighbourhood Plan website:

<https://redgraveneighbourhoodplan.com/>

redgraveneighbourhoodplan@gmail.com

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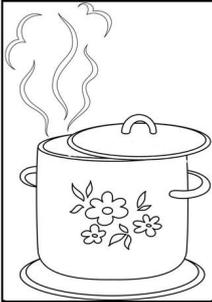
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2020 Events



Rickingham Farmers Market



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Saturday 11 Jan 9—12.30

OUSE VALLEY
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Friday 10 January 7.30pm
GARBOLDISHAM VILLAGE HALL IP22 2SE

Saturday 1st February

JUMBLE SALE
Proceeds to hall improvements
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**Look out in
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- ⇒ WI Jumble Sale
- ⇒ WI Fashion Show

See the next Parish Magazine for more details

JACK AND THE BEANSTALK

SATURDAY
25TH JANUARY 2020 3.00PM
BOTESDALE VILLAGE HALL
Puzzle House Pantomimes
presents a traditional fun-filled family panto. Six performers play a range of characters in a show full of songs, live keyboard music, thrills, spills and fun! The audience can help Jack Trott battle with the evil giant by joining in with some songs and solving some puzzles on the way.



RICKINGHALL FURTHER EDUCATION GROUP (RFEG)



is delighted to announce that **Andres Hernandez Salazar** will give ten lectures entitled **“Puccini and la giovane scuola”**

starting in January 2020. Andres is a Venezuelan tenor who has delighted us in the past and we are thrilled to welcome his return.

Ten lectures on **TUESDAYS** from **14 January 2020, 2-4 pm** at Rickingham Village Hall (half Term Tuesday 18 Feb).
Price: A snip at still only £40!!

RFEG offers 2 courses a year, aiming to spend a couple of hours a week learning something about a range of subjects. Andres’s speciality is baroque music and opera, but there is no need to have a love of opera, or intimate knowledge of music: Andres will surprise and delight as only he can!

We aim to introduce new topics when we can, usually over ten weeks with a break to coincide with school term times. No pre-course reading, homework, detention or examinations.

If you haven’t been along to one of our courses before, do come to the first lecture to find out whether it will suit you. We do need to put out enough chairs and buy sufficient refreshments, so

PLEASE contact Sue Emerson on 01379 897010

or email her on emerson500@btinternet.com if you would like to come, or if you have any questions.

HERITAGE CIRCLE

22nd January 7:30pm Rickingham Village Hall
Janette Robinson,

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Memories of a Suffolk Workhouse*

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Quiz Night with Fish & Chip Supper

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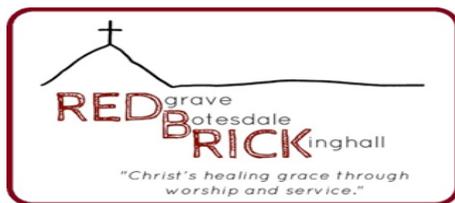
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December & January Church Services, Readings, Rotas and Registers



◇ If interested in having your child baptised, or wish to get married in one of our church buildings, please get in touch with the Rector, Revd Chris Norburn, using contact details on page 2.
 ◇ See page 5 for more details of this year's Parish Church Advent & Christmas Services & the Parish Gift Day.

Readings for Parish Church Sunday Services December

Date	1st reading	2nd Reading
1 st	1 Corinthians 13:4-7	Luke 6:27-36
8 th	Romans 15:4-13	Matthew 3:1-12
15 th	James 5:7-10	Matthew 11:2-11
22 nd	Romans 1:1-7	Matthew 1:18-25
24 th	Isaiah 52:7-10	Luke 2:1-20 or selected verses
25 th	TBC	TBC
29 th	Isaiah 63:7-9	Matthew 2:13-23
January		
5 th	Ephesians 3:1-12	Matthew 2:1-12
12 th	Acts 10:34-43	Matthew 3:13-end
19 th	1 Corinthians 1:1-9	John 1:29-42
26 th	1 Corinthians 1:10-18	Matthew 4:12-23

December Church Services

Date	Service	Time	Location	Lector	Sidesman	Flowers
1 st	Holy Communion	09:15am	All Saints	Mrs J Stokes	Mr J Lamb	-
1 st	All Saints Together	10:30am	All Saints	Mrs S Schofield	Mrs S White	-
8 th	Holy Communion	10:30am	Rickingham	Mrs S Raynham	Mr J Lamb	-
15 th	Holy Communion	09:15am	All Saints	Mr K Brinkley	Mr J Walker	-
15 th	Carol Service	3:00pm	Rickingham	Mrs C Davidson	Mrs P Clarke	-
22 nd	Holy Communion	10:30am	Chapel of Ease	Mrs J Wright	Mrs C Hilliard	-
22 nd	Evening Prayer	3:00pm	Rickingham	Rector	Mrs J Sheehan	-
24 th	Crib Service	5:00pm	All Saints	Mrs S Raynham	Mrs KT Gunn	Mrs Norburn
24 th	Midnight service	11:15pm	Rickingham	Mrs F Lamb	Mr J Lamb	-
25 th	Holy Communion	09:30am	Chapel of Ease	Mrs J Shepherd	Mrs C Hilliard	-
29 th	Holy Communion	08:15am	Rickingham	Rector	Mrs J Sheehan	-

January Church Services

Date	Service	Time	Location	Lector	Sidesman	Flowers
5 th	Holy Communion	09:15am	All Saints	Mrs S McGrath	Mrs L Wills	Mrs Lamb
5 th	All Saints Together	10:30am	All Saints	Mrs S Raynham	Mrs S White	
12 th	Holy Communion	10:30am	Rickingham	Mrs J Stokes	Mr & Mrs Miles	-
19 th	Holy Communion	09:15am	All Saints	Mr K Brinkley	Mr J Walker	Mrs Powell
19 th	All Saints Together	10:30am	All Saints	Mrs J Whitehead	Mrs C Davidson	
26 th	Holy Communion	10:30am	Chapel of Ease	Mrs J Shepherd	Mrs C Hilliard	-
26 th	Evening Prayer	3:00pm	Rickingham	Rector	Mr R Rixon	-

From the Registers

14.10.2019	Service of Thanksgiving at Chapel of Ease, Botesdale for Mr Richard Joseph Symondson : Died 8th October 2019. Age 91
15.10.2019	Funeral service at St Mary's Church, Rickingham Inferior followed by burial in the Churchyard for Mr Eric Charles Wilby (known as Sam). Died 24th September 2019. Age 84
24.10.2019	Funeral service at St Mary's Church, Rickingham Inferior followed by burial in the Churchyard for Mr Peter Robert George Cotton. Died 4th October 2019. Age 87
06.11.2019	Service for the internment of ashes of the late Mr Thomas Hodson at St Mary's Church, Rickingham Inferior

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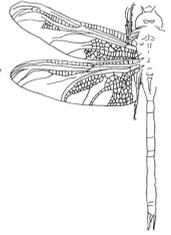
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Botesdale Methodist Church & Parkview Chapel in December & January

Parkview Chapel	
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Sunday Services	
Refreshments served on 1 st , 8 th & 15 th from 10.30am	
Sunday December 1 st	One service at 11.00am (including Communion)
Sunday 8 th	Communion service at 10.00am and main service at 11.00am
Sunday 15 th	Communion service at 10.00am and "Coffee on a Sunday" at 11.00am
Sunday 22 nd	Christmas Carol service at 4.00pm (see larger advert in magazine)
Wednesday 25 th	Christmas Day service at 10.30am (see larger advert in magazine)
Sunday 29 th	Communion service only at 10.00am
Sunday January 5 th	One service at 11.00am (including Communion)
Sunday 12 th	Communion service at 10.00am and main service at 11.00am.
Sunday 19 th	Communion service at 10.00am and "Coffee on a Sunday" at 11.00am
Sunday 26 th	Communion service at 10.00am and main service at 11.00am
Events at Parkview Chapel	
Thursday December 5 th and January 16 th 2:00pm	Praise Hour
Tuesday Dec 10 th and Tuesday Jan 14 th 9:00am	Coffee On The Corner (St Botolph's Reception Class will sing carols on Dec 10th)
PARKVIEW YOUTH (not in August) - Activities for Children & Young People - all at Parkview Chapel, Botesdale	
Junior Church : Reception - Year 6— Sundays 11.00am - 12.00pm	Junior Friday Reception - Year 6 Fridays 6.00pm - 7.00pm
PYP : Years 7 - 13 Sundays 7.00pm - 8.30pm	Senior Friday Club Years 7 - 11 Fridays 7.30pm - 9.30pm

Botesdale Methodist Church		
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Services		
every Sunday at 10:30am unless otherwise indicated		
Sunday December 1 st	Rev D Ely Holy Communion	
Sunday 8 th	Mrs S Goodwin	
Sunday 15 th	Mr N Hodson - Carol Service	
Sunday 22 nd	Local Arrangement	
Sunday 29 th	Mr D Freeman	
Sunday January 5 th	Local Arrangement	
Sunday 12 th	Rev David Ely - Covenant Service - Holy Communion	
Sunday 19 th	Rev H Wilkinson	
Sunday 26 th	Mr J Browne	
Events		
December 2 nd	Bible Study led by Rev D Ely	10.00am-11.30pm
December 3 rd	Christian Forum - Christmas Evening	7:30pm
December 4 th	Wives Club Christmas Lunch, Banbury Arms	-
December 16 th	Bible Study led by Rev D Ely	10.00am-11.30pm
January 28 th	Coffee down the Lane	10.00am-12.00pm

Free to every household thanks to the local businesses that advertise here. Please support local businesses.



All Saints
Redgrave



St. Botolph's
Botesdale



St. Mary's
Rickinghall

Services in December 2019

1st December Advent Sunday

9:15 BCP Communion, All Saints, Redgrave
10.30 All Saints Altogether, All Saints, Redgrave

8th December 2nd Sunday of Advent

10.30 CW Communion, St Mary's, Rickinghall

15th December 3rd Sunday of Advent

9.15 BCP Communion, All Saints, Redgrave
3.00 Carol Service, St Mary's Rickinghall

22nd December 4th Sunday of Advent

10.30 CW Communion, St Botolph's, Botesdale

24th December Christmas Eve

5pm Crib Service All Saints, Redgrave
11.15pm Holy Communion,
St. Mary's, Rickinghall



25th December Christmas Day

9.30am Family Communion,
St Botolph's, Botesdale
Happy Birthday, Jesus!



29th December 1st Sunday of Christmas

8.15 BCP Communion, St. Mary's, Rickinghall

Services in January 2020

5th January The Epiphany

9:15 BCP Communion, All Saints, Redgrave
10.30 All Saints Altogether, All Saints, Redgrave

12th January The Baptism of Christ

10.30 CW Communion, St Mary's, Rickinghall

19th January 3rd Sunday of Epiphany

9:15 BCP Communion, All Saints, Redgrave
10.30 All Saints Altogether, All Saints, Redgrave

26th January 4th Sunday of Epiphany

10.30 Messy Church in Botesdale
Village Hall for tea, cake, crafts, songs,
stories and family fun.



10.30 CW Communion, St Botolph's, Botesdale
3pm Evening Prayer, St. Mary's, Rickinghall

4th February Presentation of Christ in the Temple



9.15 BCP Communion,
All Saints, Redgrave
10.30 All Saints Altogether,
All Saints, Redgrave



Additional December & January events:

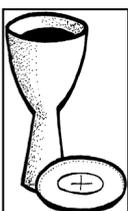


Sat 21st December
Whole Church Family Breakfast
8.30am for 9am All Saints, Redgrave
Please contact Mark Duxon on 01379
890987 if you wish to join us

"Midweek Communion"

St Mary's Church, Rickinghall
Wed 4th December, 10.00am
Wed 8th January, 10.00am

Farnish House, Botesdale
Thurs 19th December, 9.45am
Thurs 16th January, 9.45am
All welcome to these services



Fri 6th December
7pm Carols on the Knoll, Redgrave
With the Salvation Army Band
Followed by refreshments in All Saints,
Redgrave

Week of Prayer for Christian Unity
Tues 14th Jan, 7.30pm United Prayer
meeting All Saints, Redgrave



The Rectory, Rickinghall
Thurs 5th Dec, 7.15pm
Thurs 2nd Jan. 7.15pm

Bracken Wood, The Street, Redgrave
Tues 17th Dec, 7.15pm



*A time of prayer for the work and ministry of the
church here.*



"Together in these villages we offer Christ's healing grace through our worship and service."
For more information call Revd Chris Norburn on 01379 898685