## PARISH MAGAZINE

# Redgrave cum Botesdale with the Rickinghalls November 2019



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

## St Mary's Rickinghall Inferior www.stmarysrickinghallinferior.onesuffolk.net

All Saints, Redgrave www.achurchnearyou.com/church/2274

Botesdale Chapel of Ease www.achurchnearyou.com/church/22197

# Foreword from Reverend Chris Norburn Rector of Redgrave cum Botesdale with the Rickinghalls The Rectory, Bury Road, Rickinghall, Diss. IP22 1HA Tel: 01379 898685



#### A Season of Remembrance

"Hear this, you elders; listen, all who live in the land. Has anything like this ever happened in your days or in the days of your ancestors? Tell it to your children, and let your children tell it to their children, and their children to the next generation." Joel 1:2-3 (NIV)

Remembrance is a significant theme throughout Scripture. In the Old Testament, the children of Israel are urged to establish points of remembrance to pass on to their children, hence the example above from Joel chapter 1.

Over the years Remembrance Day has changed. Originally it was 'Armistice Day' - the moment when the World War I hostilities ceased, and focused on commemorating its dead. This was established in 1919 by the late King George V to mark the official end of the First World War. After the Second World War it became 'Remembrance Day' to commemorate those who had died in both world wars, and has gone on to include all those in our armed forces who have died in service since. In the last few years we have also remembered the significant anniversaries of major battles in both wars; in 2015 we remembered the Battle of Britain; in 2016 we remembered the Battle of the Somme which took place on either side of the River Somme in France between 1st July and 18th December 1916. This was the largest battle of the First World War with over 1 million dead and wounded. This year we've remembered the D-Day landings.

During the time leading up to Armistice Day and Remembrance Sunday can I encourage you to thank God for the freedoms we now enjoy because of those, who in both World Wars and subsequent conflicts, laid down their lives for our nation. As we do this, perhaps we should also remember those who have died as a result of other major disasters in the UK, for example 116 children and 26 adults lost in the Aberfan disaster in Wales in 1966; the downing of Pan Am Flight 103 over Lockerbie, those who have died as a result of gunmen going on a senseless shooting spree (Hungerford and Dunblane); service personal who have died on training exercises in preparation for possible conflict. I believe it is appropriate that we should remember them at this season as well. Pray for their families and comrades and pray for those for whom remembrance is a challenging time, as they recall loved ones lost. Let us also never forget those who are living with life-shattering injuries because of conflict and disaster.

As we reflect and remember past wars, we cannot ignore current ones in the Middle East, in Syria, the Yemen and Afghanistan, and too many other troubled areas of the world. The Bible clearly calls us to pray for all situations and to pray for leaders. Pray also for the safety of our service personal who are involved in keeping the peace and personnel training in many parts of the world, as well as remembering their families, many waiting anxiously at home.

Some call for Remembrance Day to be abolished, saying we need to move on from remembering the horrors of war and look to the future with more positive thinking. After all, no one living experienced the First World War, and even those who can recall the Second World War are elderly and declining in number. Another suggestion has been to have a 100 days of prayer from August 4th to November 11th, praying for peace and reconciliation in our own time. Thankfully there does seem to be a shift with many churches having a Season of Remembrance, of which Remembrance Day is a part. It is a season that embraces all who have died at any time and gives everyone a chance to stop and remember those known to them who are no longer here. We do this here with a Service of Remembrance on the first Sunday of November – see back page for details.

I believe we need this because we have a general sense of 'death-denial' in our society, which has arisen since the two world wars, and which has left us ill-equipped to deal with grief. Open and expressive sorrow was strongly discouraged after the world wars. Add to that the removal of death and bereavement from homes to hospitals and funeral directors, plus advances in medicine, we now don't tend to expect death and we have little understanding of its impact. Consequently, the bereaved find themselves devoid of the support they need to facilitate healthy grieving because it is necessary to grieve if we want to take seriously our well-being. The Bible has much to say about grieving and our well-being; the Psalms (126:5-6) talks about it, Jesus modelled it (John 11:35), the Beatitudes encourage it (Matthew 5:4) and James (1:27) even says that supporting the bereaved is authentic church.

It's important to note that throughout the two world wars, our sailors, soldiers and airmen have had access to the Bible, having been presented with copies prior to deployment. Over the years, many have testified to the comfort the Scriptures have brought to their lives, while others testify to transformed lives through reading the Bible.

So the church has a role to play for we know that death brings out many questions about the purpose of life and our destiny after death. There are answers to such questions and they can be found in a personal relationship with God, our Heavenly Father through His Son Jesus. In the New Testament, remembrance is centred on the greatest of all sacrifices, that of the atoning death of the Lord Jesus Christ. At the meal on the night before he died he took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "This is my body, which is given for you. Do this in remembrance of me". And likewise, after they had eaten he took the cup saying, "This cup that is poured out for you is the new covenant in my blood". Luke 22:19-20. Let us never forget His ultimate sacrifice.

Please feel free to contact me if I can be of any assistance as we walk through this Season of Remembrance together.

With every blessing

Chis Nabum.

## Message from the Team

We had a packed magazine last month and now approaching the Christmas period there should be events and news for everyone in this edition. As always we thank our contributors and we encourage you to send us articles and adverts but we would like to draw everyone's attention to the copy dates listed on this page. We really do need to have the material sent to us by the copy date so that we can put things together and hopefully get everything fitted in neatly. We have often received articles at the last minute before going to print and would emphasise that we can't guarantee a place in the magazine for these.

Charles Murray



## **Local Activities Directory**

The latest version of the directory is available online at www.stmarysrickinghallinferior.onesuffolk.net/local-information



Added Entry	Contact(s)	Details
Botesdale Parish Council	Simon Dickinson	New Councillor Phone: 07889 584121

To contact the team that produce the magazine, please use the details below.

For all editorial content: editor@rbrparishmag.com
For all commercial adverts: adverts@rbrparishmag.com
To advertise events: editor@rbrparishmag.com
adverts@rbrparishmag.com

Alternatively, please **write** to: *The Parish Magazine, The Rectory*,

Bury Road, Rickinghall, Diss, Suffolk, IP22 1HA or call The Editor 01379 890382 Please note that the copy date for the forthcoming issues is as follows:

- <u>Dec/Jan issue 11 Nov(Mon)</u>. Come and help stuff the magazine @ All Saint's, Redgrave—4pm on 22 Nov (Fri)
- <u>Feb issue 13 Jan(Mon)</u>. Come and help stuff the magazine @ All Saint's, Redgrave—4pm on 24 Jan (Fri)
- <u>March issue 10 Feb (Mon)</u>. Come and help stuff the magazine @ All Saint's, Redgrave—4pm on 21 Feb (Fri)

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes The Parish Magazine Volunteers





Two political candidates were having a heated political debate. Finally, one of them jumped up and yelled at the other, 'What about the powerful interest that controls you?' The other guy yelled back, 'You leave my wife out of this.'



**HIGHWAYS** FINNINGHAM ROAD RICKINGHALL, DISS.

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## **November Events**





You'll find just the gift at...

### THE CHRISTMAS SALE

at BOTESDALE METHODIST CHURCH FEN LANE BOTESDALE

SATURDAY 23rd NOVEMBER 10:00am - Noon

## - HEADSPACE -

Time to clear your head, talk, think & be together

Join us @ All Saints Redgrave for

coffee & cake on November 6th, 14th, 20th, 28th at 9.30am Children catered for. Any questions? Call Karen 01379 890897

## Fridays 7.30 pm at St Botolph's Bowls Club Fen Lane, Rickinghall

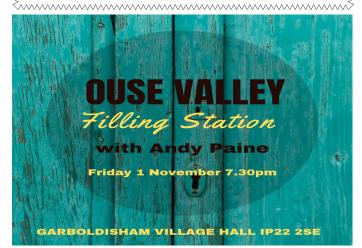
2019: 8th November, 6th Dec

2020: 10th Jan, 7th Feb, 6th Mar, 3rd Apr

**Newcomers welcome!** 







## Rickinghall Village Hall

Your local



Real food with real flavour

Saturday 9 Nov

Christmas Open Studio At Pound Farm Barn Rickinghall Saturday 16<sup>th</sup> November 10.00 – 4.00



Original prints, Christmas Cards, Ceramics, Baskets and many other Handmade Gifts

10% sales to Cancer UK

## **Botesdale Methodist Church** "Coffee down the Lane"

Tuesday 26<sup>th</sup> November 10.00am - 12.00pm





The Watercooler - a forum for professionals to share ideas, best-practice, etc.

Meet first Friday of the month at 12 noon, in the Cross Keys, Redgrave. For more details, contact Jamie Cleaver : mail@jamiecleaver.co.uk

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#### the **CROSS KEYS**

REDGRAVE

FREE HOUSE

A warm welcome		OPENING Hours	FOOD OR LUNCH	DERS DINNER
awaits you at your	Mon	6-11PM	*CLOSEI	o*
community pub	TUES	*CLOSED*	*CLOSEI	o*
community pub	WED	12-11PM	12-2:30PM	6-8:30PM
	THUR	12-11PM	12-2:30PM	6-8:30PM
THE CROSS KEYS, THE STREET,	FRI	12-11PM	12-2:30PM	6-8:30PM
REDGRAVE, DISS IP22 1RW	SAT	12-11PM	12-2:30PM	6-8:30PM
mail: gm@redgravecommunitysociety.com	SUN	12-10рм	12-3PM ONL	Y





## Pansthorne Bed & Breakfast Tel: 01379 688096



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www.pansthorne.co.uk



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Mon closed (bottle sales 08.30 - 17.00)

Tues 10.00 - 20.00 Wed 10.00 - 20.00 10.00 - 20.00 Thu Pri 10.00 - 23.00 10.00 - 23.00 Sat 11.00 - 21.00

Alcohol served from 11.00/All day snacks

## Bed & Breakfast

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Rural Comfortable Quiet Quality

3 beautiful bedrooms: one with a conservatory 2 en-suite

> www.groveflockbandb.co.uk Email: joy@groveflockbandb.co.uk See our reviews on Trip Advisor

## **Upcoming Events**

## CHRISTMAS FAYRE

**Saturday 14th December** 



Star Wing Brewery, The Old Saw Mill, Hall Farm, Church Road, Redgrave IP22 1RJ 01379 890586

www.starwingbrewery.com



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## **November Events**

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DISS University of the Third Age

## Thursday November 7<sup>th</sup> 2019

at the United Reformed Church 10.30am

### **Jason Middleton**

who will talk about

## **History of Jewellery**

**50p** for members, £2 for guests, including tea or coffee. Annual membership is £12. For further information visit our website: www.dissu3a.org.uk



the
CROSS KEYS
REDGRAVE



## FORTHCOMING EVENTS NOVEMBER

OCTOBER		
WED 30TH	IAN'S HALLOWE'EN QUIZ	7.00 FOR 7.30PM
NOVEMBER		
SAT 2ND	HALLOWE'EN PARTY FANCY DRESS & DISCO PUMPKIN CARVING COMPETITION	FROM 4PM
	MICK THE BAKER & ROB	FROM 9PM
WED 6TH	GAMES & SOCIAL AFTERNOON	2.30 - 4.30PM
SAT 9TH	CHILDREN IN NEED AUCTION / RAFFLE / DISCO	FROM 8PM
TUES 12TH	COFFEE & CAKE MORNING	10.30 - 12NOON
SAT 16TH	MURPHY'S LORE - LIVE MUSIC	FROM 9РМ
WED 20TH	GAMES & SOCIAL AFTERNOON	2.30 - 4.30PM
WED 20TH	ACOUSTIC NIGHT - LIVE MUSIC	FROM 7.30PM
THURS 21ST	IT HUB IN THE PUB	3.30 - 4.30PM
TUES 26TH	COFFEE & CAKE MORNING	10.30 - 12NOON
WED 27TH	IAN'S QUIZ NIGHT	7.00 FOR 7.30PM

Please visit our website and Facebook page for details of further events. We look forward to seeing you!

www.crosskeysredgrave.co.uk gm@redgravecommunitysociety.com

Tel: 01379 779822



A CLASSIC FILM NIGHT OUT

## Butch Cassidy & the Sundance Kid

with a WESTERN THEMED MEAL of BANGERS, HASH BROWNS & BEANS with APPLE PIE DESSERT

Friday 22nd November - 7.00pm

Eye Community Centre Magdalen Street, IP23 7AJ

The film starts at 7.00pm with the meal served during an intermission between 8.00 and 8.45pm Bar and refreshments

Tickets £12.50 for the film and the meal (children £10) please book in advance from Eye Pharmacy and The Handyman in Eye town. Film only (no meal) £5 pay on the door.

See EYE MAGAZINE, 'EYE to EYE' and our website for further details www.cinema-at-eye.org.uk

# FIREWORK PARTY

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## WITH FUN FAIR HOG ROAST & BAR

PLUS ... Family Entertainment with Park Radio

## all from 5 pm FRIDAY NOVEMBER 1st Rickinghall Village Hall

Fireworks start at 7.00 pm

Entrance : Adult : £5 / Accompanied Child £2

No unaccompanied children allowed in

\*\*\*\*\*\*Please DO NOT bring your own fireworks \*\*\*\*\*

\*\*\*\*\*not even sparklers\*\*\*\*\*

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## COFFEE ON A SUNDAY PARKVIEW CHAPEL BOTESDALE

11.00AM-12.00PM November 17<sup>th</sup>

COFFEE, TEA, CAKE AND FRIENDS
For more info contact Kev at Parkview on
<a href="mailto:kevin@parkviewchapel.co.uk">kevin@parkviewchapel.co.uk</a> or 01379 898924



November 14<sup>th</sup> 7:30pm Rickinghall Village Hall

Lino Printing with Caroline Davidson

New members and guests always welcome

## **HERITAGE CIRCLE**

27<sup>th</sup> November 7:30pm at Rickinghall Village Hall



Geoffrey Kay:

The Pre-Raphaelite Brotherhood New members and guests welcome. Visit onesuffolk.co.uk/HeritageCircle



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- The salon experience in your own home.
- Fresh, creative approach to mobile hairdressing.
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## Reflections

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Non Surgical micro current facial and body lifting
Massages – Aromatherapy, Indian Head, Hot Stone, Reflexology
Sugaring Manicures Pedicures Hopi Ear Candle
New treatments include Sandalwood and Coconut Body Polish
followed by a warmed Ayurveda herbal oil massage

Telephone Fiona on *07791 073772* or *01379 898789* 



## **November Events**



Redgrave & Lop-



ham Fen

**Regular events** 

Wild Tots - Every Friday, 10am-11.30am

Wild Babies - Every Friday, 1pm-2pm

Weekend Wildlife Club - 2nd Saturday of month (not Aug) 10.30am-12.30pm. A club for 6-11 year olds, £3

**Time to paint -** Last Friday of the month, 10am-2pm £5 donation. All welcome, no need to book.

Family activity: Firework-free family fun night

Sunday 3 Nov, 7pm-9pm

£4 child. £2 adult.

Fen weaving and fibrecraft weekend

Saturday 16 & Sunday 17 Nov, 10am-4.30pm

£125, incl. materials.

Festive willow decorations workshop

Thursday 21 Nov, 10am-1pm

£30, incl. willow

Felted robin workshop

Saturday 23 Nov, 10am-1.30pm

£30. incl. materials

Go wild in the week

Activity day for home-educated children

Tuesday 26 Nov, 10.30am-2.30pm

For 5-9 year olds. £7 per child

'Goats, swamps & oil – birding in Trinidad & Tobago' talk by Andrew Goodall

Tuesday 26 Nov, 7.30pm-9.30pm, £2 incl. refreshments All welcome, no need to book

Booking essential for all activities unless otherwise stated. For further details and to book, visit www.suffolkwildlifetrust.org or call 01473 890089



St Mary's Church, Stoke-by-Nayland CO6 4QU

Saturday 23rd November at 6.30 pm

A light-hearted programme featuring a wide variety known and well-loved songs interspersed with

Performed by Lyn Davis (soprano) and Malcolm Boulter (tenor), professional singers with local and national experience. Supported by guest performers.

ceeds in aid of FCN, a registered charity that helps farmer when they have no-one else to turn to in times of stress. Tickets £12.50, including light refreshments during the interval. Available from the Theatre Royal Box Office Tel: 01284 769505 or e-mail: booking@theatreroyal.org (Cards accepted)



Inaugural Meeting

Saturday 2nd November 10.00 am In the church

Please offer your talents to help presen the church for future generations

> Enquiries to 01379 890237



## CARPET BOWLS **EVENING**



## AT PARKVIEW CHAPEL **BOTESDALE**

SATURDAY 2<sup>ND</sup> NOVEMBER – 7.00PM ALL AGES WELCOME REFRESHMENTS PROVIDED NO CHARGE (DONATIONS WELCOME)

For further information please call Kev Gladwell on 01379 898924 or check out the website at www.parkviewchapel.co.uk

## Redgrave Garden Club

Thursday 28th November



For details, please contact redgravegardenclub@gmail.com Website redgravegardenclub.org.uk



Registered Charity 1142955 OFSTED Registration EY445021







OTESDALE AFTER SCHOOL CLUB'S FAMILY ADVENT BINGO NIGHT

AT BOTESDALE VILLAGE HALL ON SATURDAY 16<sup>TH</sup> NOVEMBER

DOORS OPEN 5.30 PM FOR EYES DOWN AT 6.00 PM LIGHT REFRESHMENTS WILL BE AVAILABLE ON THE NIGHT

BRING A BOTTLE OF WINE IF YOU WISH

£1 PER BOOK OR £5 FOR SIX BOOKS

ALL PROCEEDS WILL GO TOWARDS MUCH NEEDED RESOURCES FOR THE CHILDREN TO ENJOY





PRE-SCHOOL

For all children aged 2 to 5.
We provide an exciting range of indoor and outdoor
activities to ensure each child enjoys a stimulating
learning experience supported by caring,
highly qualified staff.

Exclusive access to Woodland area for exploration and adventure!

Consistently excellent Ofsted reports.

Sessions available Monday to Friday 9.05am-3pm £4.05 or £3.85 per hour (depending on age)

Contact Karen Hails 07796 014304 (am) or 01379 898868 (evening) www.botesdaleandrickinghallpre-school.co.uk

Registered Charity no. 1022795



Registered Charity 1142955 OFSTED Registration EY445021



## Botesdale Breakfast and After School Club OFSTED Registered

www.botesdale-after-school-club.org.uk

Providers of wrap around quality affordable childcare for children aged 3 – 11, term time only with consistently excellent OFSTED reports.

The clubs provide a safe fun and social environment with qualified experienced and caring staff. We offer a wide range of indoor and outdoor activities (weather permitting) including games, Lego, k'nex, arts and craft, IT and quiet area, play station and Wii.

Children are collected daily from St Botolph's Primary School.

We also provide a drop off & collection service
for the following schools

Mellis Primary School, Wortham Primary School, Gislingham Primary School, Palgrave Primary School. There will be a small additional charge for this service.

Our fees are as follows;

#### **Breakfast Club**

7.45am start £5.50 per session £6.00 per session

After School Club

3.30pm – 4.30pm £5.00 for the hour 3.30pm – 5.30pm £9.50 for 2 hours

3.30pm -6.00pm £12.00 per session (£11.00 for siblings)

**Subscription 2018/19 £20.00** 

Please contact Paula or Bridget on 07952 961285



## Carol's Nanny Service

Hello, my name is Carol, and for the last 14 years to present, I have worked with babies and children of all ages, in a range of childcare settings, including working as a registered childminder. I am DBS checked and I am trained in Paediatric First Aid, have certificates in Food hygiene and Safeguarding. I have always had a passion for working with children and families and I am looking forward to continuing this rewarding career in the form of nannying services at your home. I am available from August 2019. My contact details:

Email: ctmitchell68@gmail.com Mobile: 07506024052

References available on request.



#### Anna Rosa Care



A small, friendly, compassionate and well-established team to assist with personal care, outings, cleaning, sitting service, companionship and shopping.

We specialise in Palliative Care, Dementia, Parkinson's and MS.

We cover many areas, including hard to reach areas. For more information please don't hesitate to contact us on the details below.

Anna Rosa Care, Donna Cooper - Telephone 01379 778244 or 07549 638916

Do you want to make a difference? Recruiting for Personal Assistants/Carers Address – Anna Rosa Care, DBH30, Diss Business Hub, Hopper Way, Diss, Norfolk, IP22 4GT



Call 01359 231 188

Convalescent Care

End-of-Life Care

## OCTOBER REPORT – Leeann Jackson-Eve (Clerk)

Five councillors were present with apologies from Greg Russell. Councillors were very pleased to welcome Simon Dickinson onto the Parish Council. There are now two vacancies and we would be happy to talk to you about joining.

Public Forum: County Cllr Jessica Fleming reported that councils are preparing as well as they can for the UK's exit from the EU. In other news, there is a new pothole repair criteria based on a trial scheme in Ipswich. The new system allows engineers to repair defects close to each other during the same visit, tackling smaller potholes before they can expand. Please continue to report all defects and drainage problems via the County Council web site. Acting as District Councillor, Jessica reported that both Babergh and Mid Suffolk Councils have approved motions declaring (separate) climate and biodiversity emergencies. This is consistent with similar motions passed by SCC and other local authorities in Suffolk and beyond. Work is due to commence on actions to implement the intent of these motions and to add emphasis to all council activities that affect the environment.

Ed Deakin spoke about the recent Little Ouse Fayre held on ! 23/24 September in the fields between Botesdale, Rickinghall, Redgrave and Hinderclay. He had responded to comments from residents about the events, both positive and negative, and felt that the positive feedback hugely outweighed the! negative. There had been concerns initially that it was an illegal rave but he assured the Parish Council that the correct licenses had been obtained, with live amp music permitted up to 11pm and pre-recorded music to 1am. However, the music had been louder, and the noise had travelled further than intended despite measures to mitigate this, and it would be dealt with differently next year. The aim was to make it an inclusive event for the local area with creative workshops. local produce, outdoor activities, circus skill sharing and face painting. He felt the organisers had learned a lot from putting; on the Fayre this year. The Parish Council supports events for the community and feel the organisers have responded to the issues that caused particular concern. We look forward to receiving the proposals for next year's Fayre.

**Planning:** There were six applications – the first two being a planning application and a listed building consent application for extensions at Crown Hill Cottage. The other four were tree notifications at 36 Back Hills to reduce 3 Leylandii; at The Warren, Cherry Tree Lane to fell a Leylandii and prune an oak and a plum; at Crown Hill House, The Street, to reduce a holly tree; and at Bank House Cottage, The Street to fell and replant a hazel. There were no objections to the applications.

Last month we reported that two applications for change of use from agricultural barns to houses at Lodge Farm, The Common had gone to appeal after being rejected. These have been determined with one appeal upheld and the other dismissed!

**Neighbourhood Plan:** The Neighbourhood Plan has been approved by the Cabinet on 7 October and the next step will be a YES/NO referendum held by Mid Suffolk District Council this autumn. We are still waiting for a date so keep an eye out for posters, etc!

Play Area: The PC has decided that the best way forward for the play area is to establish a Recreation Ground Regeneration Sub-Committee. The Sub-Committee will be open to Botesdale residents who would like to help the PC come up with ideas for developing the play area and take them forward to the installation stage. We already have the results of the first consultation with residents on what kind of equipment and facilities they would like to see added to the site. If you're interested in being involved in this exciting project, please contact the Clerk at botesdale\_pc@btopenworld.com.

**Council Documents:** The PC's Standing Orders, Financial Regulations and Risk Assessment documents have all been reviewed and updated where necessary. These are reviewed annually.

**Meeting Dates 2020:** 6 Jan; 3 Feb; 2 Mar; 6 Apr; 4 May; 8 Jun; 6 Jul; 3 Aug (Planning only); 7 Sep; 5 Oct; 2 Nov; 7 Dec. Please note that the June meeting will be held a week late.

Christmas Events: The Christmas tree Lights On Ceremony will be on Saturday, 7 December at 6pm.

## THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON

## MONDAY 4th NOVEMBER

at 7.30 pm

at Botesdale Village Hall

All residents welcome www.botesdale.suffolk.gov.uk

Your Clerk is: Mrs Leeann Jackson-Eve, Wayside Cottage, Cherry Tree Lane, Botesdale, Diss, Norfolk, IP22 1DL.

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# Redgrave Parish Council



#### Redgrave October Report - by the Clerk

Four councillors were present at the meeting with apologies received from John Giddings, Bob Hayward and Jason Walker.

**Public Forum:** A member of the public asked about some notices around the village asking for future building plots. A member of the Neighbourhood Plan group explained that these are part of the Call for Sites that they are required to undertake before allocating sites that are appropriate for future development (if any) within the Plan. You can find out more information at:

https://redgraveneighbourhoodplan.com/.

Members of the public expressed some concern that the planning application at Hall Lane had been approved and the settlement boundary changes approved prior to the end of Mid Suffolk District Council's Draft Local Plan consultation (30 Sept). There is no indication that the latter is true. However, knowing that the Hall Lane application was due to be approved, MSDC would need to include the changes to the settlement boundary in the Draft Local Plan. Redgrave has been allocated 12 new houses over the lifetime of the Plan and it is presumed that the Hall Lane development will account for nine.

Planning: There was one planning application which related to a previous condition requiring a separating fence between two properties at Pink House Barn. The fence had not been erected and it was proposed to leave it that way as it was not required by the owners. There was no objection. A tree notification was also received at 5 Dudley's Close for removal of two ash trees which were too large for the garden. There was no objection to this either.

As discussed in the Public Forum, the development of 9 houses at Hall Lane has been approved by MSDC.

Neighbourhood Plan: The NHP Committee have been assimilating the data from the recent consultation following an 80% rate of return. This will be turned into a presentation reporting on the results and residents will be asked to vote on a number of "visions" and "objectives" for the Plan. The events are planned for Saturday, 30 November at Redgrave Church and Tuesday, 3 December at the Cross Keys PH. Further details with times, etc will be publicised. The consultant hired to help with the Plan was very impressed by the response to the consultation and thinks the village will have completed its part of the Plan by September 2020. The PC congratulates everyone involved and thanks them for their hard work.

**Entrance Gateways:** The PC has approved the design of the gateways and are hoping to have them installed before the end of the year. They will be sited at the locations of the existing speed limit signs. If you are a landowner of those sites, we will be writing to you

requesting your help with the project as any vegetation will need to be cut back to the highway boundary.

**Tree Planting:** There has been an article in the Diss Express about the tree planting at the old Town Pit and local school children will be helping with the project.

**Council Documents:** The PC's Standing Orders, Financial Regulations and Risk Assessment documents have all been reviewed and updated where necessary.

Redgrave Shop: You may recall that the PC has twice received notice under Community Right to Bid that the owner of the Redgrave Community Shop intends to dispose of the property. As the Shop is an Asset of Community Value, the PC or another community interest group has the right to trigger a moratorium period of 6 months during which the asset can't be disposed of. This gives the community the opportunity to plan to purchase the property. The Parish Council went through this procedure in 2017 and the owner opted not to sell to the PC and to put the property on the market after the moratorium period. After 12 months on the market, the whole process starts again if it is left up for sale. The PC received notice again in 2018, that time declining to trigger the moratorium period. The PC has now, once again, received notice and has again declined to trigger the moratorium period. The shop lease has recently been renewed for four years so there is little threat to its continuing.

#### Meeting Dates 2020:

8 Jan; 5 Feb; 4 Mar; 1 Apr; 6 May; 10 Jun; 1 Jul; 2 Sep; 7 Oct; 4 Nov. As always, there are no August or December meetings.

## THE NEXT PARISH COUNCIL MEETING WILL TAKE PLACE ON

#### WEDNESDAY 6th NOVEMBER

at 7.30 pm

**Redgrave Amenities Centre** 

All Parishioners are cordially invited to attend

Your Clerk is: Mrs Leeann Jackson-Eve, Wayside Cottage, Cherry Tree Lane, Botesdale, Diss, Norfolk, IP22 1DL.

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Email: botesdale\_pc@btopenworld.com

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## **Mobile Library**

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## Report of October PC Meeting by Geoff Short

The October meeting received apologies from Councillors Crossley-Holland and Brown, and also from County Councillor Jessica Fleming.

The public forum saw contributions from two people regarding the current bus services for students now that the schools have gone back, which are not always operating to best effect. One case in particular looked especially difficult, but the parents are in touch with Jessica Fleming, and hopefully a common-sense solution will be found.

We looked at two planning applications, neither straightforward this month, regarding the development at Jubilee House, The Street, and intent to remove trees on land adjacent to a property in Maypole Meadow.

Our Neighbourhood Plan went to the Council cabinet on 7 October, and the next stage is a Referendum - yes, another one - in mid to late November.

There was a wide variety of correspondence for us to 'note', but the more interesting ones included Mid Suffolk District Council declaring a 5.66-year land supply, and a request for a new trustee for the Rickinghall Relief in Need local charity. This does not get much publicity, but is a fund set up to provide assistance for residents in the village in cases of hardship.

The County Council are giving up cleaning road signs, apparently, but we are going to purchase cleaning equipment to keep them presentable around the village, and the cost of the equipment will be reimbursed from the SCC Highways Community Self Help Fund. More jobs are gradually becoming the duty of the Parish Council - such as the dog bins - and this

seems to be the way forward.

We would welcome new Parish Councillors to fill two vacancies, and somebody recently asked me about the church connection. The Parish Council is a statutory body and is the section of local government at the bottom of the pile, below Suffolk County Council and Mid Suffolk District Council. We are non - political, and have no connection to the church, which is run by the Parochial Church Council. Our reports appear each month in the Village Magazine, produced by the church, but there the association ends, so if you would like to know more about being a Parish Councillor, do get in touch.

## **Meeting Dates 2020:**

9 Jan; 6 Feb; 5 Mar; 2 Apr; 7 May; 11 Jun; 2 Jul; 6 Aug (Planning only); 3 Sep; 1 Oct; 12 Nov; 3 Dec.

Please note that three of the meetings will be held a week later than normal – January, June and November – and therefore will take place in the small meeting room at Rickinghall village Hall rather than the main hall. Meeting dates can be found on the PC website, its Facebook page and on the central village notice board.

RICKINGHALL PARISH COUNCIL'S NEXT
MEETING IS ON

## THURSDAY 7th NOVEMBER

at 7.30 pm

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#### Your Clerk is:

Mrs Leeann Jackson-Eve Wayside Cottage, Cherry Tree Lane Botesdale, Diss, Norfolk, IP22 1DL

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# Village News

## BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP

#### COMMUNITY NAVIGATOR

There is a new service for patients at the Botesdale Health Centre. Practical information and support are available from Carolyne, a trained Community Navigator, on a regular basis if you are concerned about you own or a loved one's memory. The Reception Team can assist with details as to the dates and times Carolyne is at the Health Centre.

#### **HEALTH AWARENESS PROJECT**

The exciting news for the Health Centre patients is that the we have gained funding from West Suffolk CCG for a Health Awareness Project to be undertaken in 2020. The PPG Committee have commenced formulating a full plan for the project and we will keep everyone updated on developments through this editorial over the next few months.

#### SINGLE USE PLASTIC CONTAINERS

In a previous article mention was made of the fact that single use plastic containers were no longer available free of charge from the Health Centre. It was reported that containers could be purchased at the Pharmacy, but the cost will need to be 25p and not 10p as previously advised.

#### **2019 PATIENT SURVEY**

The PPG and Botesdale Health Centre would like to thank the nearly 1,000 patients who kindly completed the recent Patient Survey.

The anonymous information will be of great assistance in providing statistics and understanding about the patients view of the Health Centre and areas where improvements could be made. The PPG will be working with the Health Centre to produce a 2019/20 Action Plan.

Janet Russell PPG

Please do not hesitate to contact us at <a href="mailto:BotesdalePPG@gmail.com">BotesdalePPG@gmail.com</a> if we can help with any

clarifications related to the above.

**FoBHC** 



## ROYAL NATIONAL LIFEBOAT INSTITUTION

Collection at Rickinghall Coop on Saturday 21st September 2019 A big thankyou to everyone who gave so generously at

this collection. A total of £476.80 was raised.

Peter and Maggie Phillips RNLI Bury St Edmunds Branch

#### Friends of Rickinghall Church

The lower part of the round tower of St Mary's Church, Rickinghall Inferior, was built soon after the Norman conquest. The octagonal portion of the tower and most of the remainder of the church mainly dates to the fourteenth century, but there was an earlier church on this site mentioned in the Domesday survey. The architect who drew up the quinquennial inspection said in the assessment of significance "This is the oldest building in origin in the locality. ..... The round tower and the south aisle windows are both significant in the Fast Anglian

- the south aisle windows are both significant in the East Anglian context...... The round tower, surviving 12th, 13th, 14th and 15th century work is all of great interest, and makes this building nationally significant." The QI pinpoints urgent repairs needed to the church and the expected cost to get this work done is in the region of £80,000.
- Some of the gutters and drains and other work is starting on September 16<sup>th</sup>but this is only a minor part of the work needed, the main problem is the north slope of the chancel roof.
- Please would you come to an inaugural meeting on Saturday 2<sup>nd</sup>
- November at 10 am in the church to hear about forming a Friends of Rickinghall Church. Other local groups help to raise money for their churches or do voluntary work to help to maintain the church and churchyard. You do not need to be a churchgoer to help in this way,
- everyone's talents will be appreciated and working as a community for such an ancient building can be very rewarding.

There will be a quiz and fish and chip supper on 28th February, 2020 and a talk in the church by Roy Tricker on the history of Rickinghall
Inferior church on 15th May.

Ring Jean Sheehan on 01379 890237 if you would like more information.

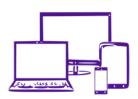
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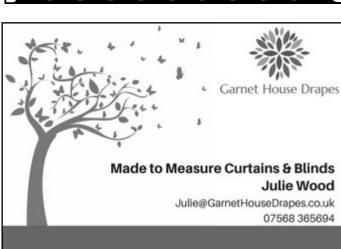
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# Village News

## **Remembrance Day**

This years' Remembrance Sunday is on Sunday 10<sup>th</sup> November. At 11am we salute the Fallen by a short period of silence at the War Memorial. All are welcome to observe this silence with us - please assemble at the Memorial just before eleven am.

The Three Villages' Parade to commemorate Remembrance Sunday will take place later the same day. The Gislingham Silver Band will play. It is the villages' parade and all are encouraged to march behind the Band

No training is needed! Stand behind the Brownies, facing downhill. We will "Quick March" with an "Eyes Left" at the Memorial. At the Blue Orchid, we will halt, break lines and go up to the Chapel. If in doubt, follow the Brownies!

We will set off at 2.45 pm from the Old Post Office to the Chapel of Ease. After a short service we will fall in, as before, outside the Chapel and march to the War Memorial where wreaths and tributes will be laid and the two minutes' silence observed. The parade finishes at that point.

The Street will be closed for the short period of the Parade until after the service.

If there are any questions please contact Lt Col Mike Bishop on 07801 815983 or 01276 412031



Latest news from Botesdale Health Centre – sharing patient information with other health & care providers! 'My Care Record' will be adopted by Suffolk & N Essex within the next month! Online information available

at www.mycarerecord.org.uk. More details will be published in the December issue of this magazine. FOBHC

## OIL SYNDICATE

The next order will be in November, orders to me by Saturday 23

November, deliveries should be complete within a couple of weeks of the 25th.

As usual, e-mail preferred, please, to: botesdaleoil@gmail.com

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I will reply to all messages, if you leave one but receive no reply within 48 hours, try again.

David Sloan

## Are you interested in a **Bible study group?**

I would like to start one in Botesdale and would love to hear from anyone who is willing to join in. Mondays or Fridays (or both) 2pm to 3pm
Please phone Maz on 01379 890074
Please leave a message if no reply

## Redgrave Woodland Project

Things are moving forward with our plans for the new Redgrave Wood. There are 150 trees on order and the list includes Oak, Field Maple, Hornbeam, Small Leaf Lime, Aspen, Crab Apple, Wild Cherry and Wild Service trees

Our very small group of volunteers have started preparing the planting area, which is the Parish Field, known as the Town Pit.

We are looking forward to the arrival of the trees, probably towards the end of November, when we hope a lot of people will join us, and together with the local school children, we will plant the start of the new wood.

It would be really good if we could form a Redgrave Community Woodland Group because the planting is just the start. The wood will need to be cared for to ensure it's future, especially that it survives for the difficult first 3 - 4 years.

John Preston

Tree Officer Redgrave

## Transport needed?



The Rickinghall and district Community Bus is available for hire to readers of this publication. Typical journeys include shopping trips, health centre visits,

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**Mondays Fridays** 

Garboldisham village hall @ 6pm

@ 10am Palgrave village hall

# Club News



## HERITAGE CIRCLE Tales of a Lady Town Crier Brenda Willison,

Brenda Willison gave a very entertaining presentation to the September meeting of the Heritage Circle at Rickinghall Village Hall about her experiences as a Lady Town Crier

Brenda became a town crier in 1987 when a local newspaper in Peterborough invited applications for the role. Her daughters applied on her behalf as she had always had a loud voice. She was one of 20 people competing for the role, but there was only one other woman. She was selected as a deputy town crier for Peterborough before soon being adopted for the full post by Market Deeping.

Brenda explained that town criers originated in Ancient Greece about 850 BCE when heralds were used to announce the events of the day. Since then, they have been important in all pre-literate societies. For example, in England King Harold used heralds in 1066 to rally troops to face the Norman invasion. Subsequently, William the Conqueror used heralds to collect taxes and to undertake other duties. They were rewarded with land but they were not always popular with local people. The expression, 'Don't shoot the messenger' suggests that they could be attacked and so later harming a herald was regarded as treason. By the eighteenth century, town criers often acted as watchmen informing people that 'all was well' after curfew. They also rang their bells when leading local men to deal with fires that might break out. However, their main function was to deliver news or important information in towns. The town crier had to be literate. They often wore a tricorn hat with a feather which could be used as a pen to write messages. These could then be put into a fold in the hat if the town crier had to ride from one town to another. They tended to attract attention by ringing a bell but in Ripon a horn was blown and in Belgium drums were used. The phrase, 'Oyez, oyez' is derived from the Old French verb 'oir' which means 'listen.'

There are two town crier guilds in Britain, the Ancient and Honourable Guild of Town Criers and the Loyal Company of Town Criers. Brenda belongs to both. They organise national competitions for town criers, in addition to the world championships that Brenda has frequently taken part in. Judges use a number of criteria to score the performance of competitors. These include diction, inflection, content, sustained volume, confidence and bearing. Town criers are given topics to speak about such as 'my home town' or 'when I was young.' Brenda read out some examples which were written as rhymes.

Brenda was town crier for Bakewell in 2012 when she welcomed the arrival of the Olympic torch into the town. Now she represents Newmarket. She is one of 26 women out of about 250 town criers in Britain. Her duties are unpaid. She announces the local carnival, takes part in Christmas events, and is called upon for some other occasions during the year but there is not a specific programme. She has never been trained but has learned from experience. It is a role that she enjoys and it has furnished her with many amusing anecdotes for the presentations that she gives.

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 27 November when Geoffrey Kay will give a talk entitled *The Pre-Raphaelite Brotherhood.* New members and visitors are very welcome. Further information about the Heritage Circle is available on its website, <a href="https://www.heritagecircle.onesuffolk.net">www.heritagecircle.onesuffolk.net</a>

Gerry Gurhy



Our October Coffee on the Corner was, sadly, once again a somewhat smaller than usual turnout. Apparently there was an outing to King's Lynn and some folks chose to take that option! We hope that they had a good time and look forward to

seeing them next month.

Having said that, those that came seemed to have a good chat and a fair number of sausage rolls, cheese scones, pieces of cake (of various sorts!) and pink iced biscuits were consumed during the morning. The chosen charity was "Mercy Ships" UK" - a brilliant charity that takes ships full of! volunteers, including doctors and dentists, eye specialists and a host of other talented people to places where medical help is either non existent or not affordable - their work is incredible and their funds will be £75.00 better off after our Coffee Morning. As always thank you so much to those who bake, bring items for the bric a brac stall, make coffee and to our visitors who so kindly donate funds. It is appreciated by us and even more so by the recipients of each charity's work.

The charity for November has yet to be definitely decided, but no doubt it will be a great cause, as they all are.

We shall be running the Coffee Shop once again on the second Tuesday of November - the 12th and we hope that you can come along folks to enjoy the hospitality and the atmosphere.

If you know anyone who might welcome the chance to join in, have a chat and spend an hour or so in the company of others, DO PLEASE INVITE THEM ALONG!

Also look out for other things that are happening, both at Parkview Chapel and the other churches in the village - you really can be assured of a warm welcome.

If you feel you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423.

Sue Allen



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THURSDAY, FRIDAY, SATURDAY 11.30am - 1.30pm 4.00pm - 10.00pm

**SUNDAY** 4.00pm - 9.00pm

Date, start and end time		time	>>> What's On in November 2019 <<<	Location
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:30am	11:30am	Wild Tots	Redgrave & Lopham Fen
F. 1.	12:00pm	-	Watercooler	Cross Keys, Redgrave
Friday 1 <sup>st</sup>	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
1	5:00pm	-	Firework Party - fireworks start at 7:00pm	Rickinghall Village Hall
	7:00pm	-	Ouse Valley Filling Station	Garboldishiam Village Hall
	8:00pm	-	Dance Classes	Botesdale Village Hall
	10:00am	-	Friends of Rickinghall Inf'r Church Inaugural Meeting	Rickinghall St Mary's Church
Saturday 2 <sup>nd</sup>	4:00pm	-	Hallowe'en Party	Cross Keys, Redgrave
_	7:00pm	-	Carpet Bowls	Parkview Chapel
Sunday 3 <sup>rd</sup>	7:00pm	9:00pm	Firework-free Family Fun	Redgrave & Lopham Fen
	10:00am	-	Zumba	Rickinghall Village Hall
Monday	2:00pm	-	Needlecraft	Redgrave Activities Centre
4 <sup>th</sup>	5:30pm	_	Slimming World	Rickinghall Village Hall
	7:30pm	_	Botesdale Parish Council	Botesdale Village Hall
	9:45am	10:45am	Pilates	Rickinghall Village Hall
Tuesday	5:30pm	7:00pm	Brownies	St Botolph's School
5 <sup>th</sup>	6:00pm	,.oopm	Zumba	Rickinghall Village Hall
J	7:15pm	_	Yoga and Relaxation	Botesdale Village Hall
	9:30am		Headspace	All Saints Redgrave
	9:30am	_	Redgrave Art Club	Redgrave Activities Centre
Wednesday	10:00am	_	Day Centre	Rickinghall Village Hall
6 <sup>th</sup>	2:30pm	4:30pm	Games & Social Afternoon	Cross Keys Redgrave
	7:30pm	4.50pm	Redgrave Parish Council	Redgrave Activities Centre
	9:30am	<u>-</u>	RABBATS	Rickinghall Village Hall
	10:00am	_	St Nicholas Hospice Care Drop-in	Botesdale Health Centre
Thursday	10:30am	_	U3A History of Jewellery	United Reform Church, Diss
7 <sup>th</sup>	6:00pm	_	Zumba	Rickinghall Village Hall
,	7:00pm	_	Botesdale & Rickinghall Runners	Rickinghall Recreation Ground
	7:30pm	_	Rickinghall Parish Council	Rickinghall Village Hall
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:30am	11:30am	Wild Tots	Redgrave & Lopham Fen
Friday 8 <sup>th</sup>	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
$8^{\rm tn}$	7:30pm	2.00pm	Whist Drive	St. Botolph's Bowls Club
	8:00pm	_	Dance Classes	Botesdale Village Hall
	9:00am	12:30pm	Farmers' market	Rickinghall Village Hall
Saturday	10:30am	12:30pm	Weekend Wildlife Club	Redgrave & Lopham Fen
9 <sup>th</sup>	8:00pm	-	Children in Need events	Cross Keys, Redgrave
	10:00am	3:00pm	Autumn Harvest Preserving	Redgrave & Lopham Fen
Sunday 10 <sup>th</sup>	2:45pm	элоории	Remembrance Day Parade	By Maypole Meadow
	10:00am		Zumba	Rickinghall Village Hall
Monday	2:00pm	_	Needlecraft	Redgrave Activities Centre
$11^{th}$	5:30pm	_	Slimming World	Rickinghall Village Hall
	9:00am		Coffee on the corner	Parkview Chapel
	9:30am	_	Macmillan information & advice	Parkview Chapel
	9:45am	10:45am	Pilates	Rickinghall Village Hall
Tuesday 12 <sup>th</sup>	10:30am	12:30pm	Coffee and Cake Morning	Cross Keys, Redgrave
1 desday 12	5:30pm	- -	Brownies	St Botolph's School
	6:00pm	_	Zumba	Rickinghall Village Hall
	7:15pm	_	Yoga and Relaxation	Botesdale Village Hall
	9:30am	<u>-</u>	Redgrave Art Club	Redgrave Activities Centre
Wednesday	10:00am	_	Day Centre	Rickinghall Village Hall
13 <sup>th</sup>	10:00am	1:05pm	Mobile Library	See www.suffolklibraries.co.uk
	10.7Jaiii	1.05pm	MIDDIE LIDIALY	See www.surioikiiuiaiies.cu.uk

	et the mobile art and end		e : Every Tuesday 12:30-1:30pm and Friday 2:45-3:45 >>> What's On in November 2019 < < <	pm at Rickinghall Village Hall  Location
Duie, su	9:30am	-	Headspace	All Saints Redgrave
	9:30am	_	RABBATS	Rickinghall Village Hall
Thursday	12:30pm	_	Phoenix Luncheon Club	Redgrave Activities Centre
14 <sup>th</sup>	6:00pm	_	Zumba	Rickinghall Village Hall
17	7:00pm	_	Botesdale & Rickinghall Runners	Rickinghall Recreation Ground
	7:30pm	_	Women's Institute	Rickinghall Village Hall
	10:00am	11:00am	Positive Steps	Parkview Chapel
Friday	10:30am	11:30am	Wild Tots	Redgrave & Lopham Fen
15 <sup>th</sup>	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
13	8:00pm		Dance Classes	Botesdale Village Hall
	10:00am	4:00pm	Christmas Open Studio	Pound Farm Barn Rickinghall
Saturday	10:00am	4:30pm	Fen Weaving and Fibrecraft	Redgrave & Lopham Fen
16 <sup>th</sup>	5:30pm	_	Botesdale After School Club's Family Advent Bingo	Botesdale Village Hall
	9:00pm	_	Murphy's Lore - live music	Cross Keys Redgrave
C 1.7 <sup>th</sup>	10:00am	4:30pm	Fen Weaving and Fibrecraft	Redgrave & Lopham Fen
Sunday 17 <sup>th</sup>	11:00am	12:00pm	Coffee on a Sunday	Parkview Chapel
Manday	10:00am	- 1	Zumba	Rickinghall Village Hall
Monday 18 <sup>th</sup>	2:00pm	_	Needlecraft	Redgrave Activities Centre
18	5:30pm	_	Slimming World	Rickinghall Village Hall
	9:45am	10:45am	Pilates	Rickinghall Village Hall
Tuesday	6:00pm	-	Zumba	Rickinghall Village Hall
19 <sup>th</sup>	5:30pm	-	Brownies	St Botolph's School
	7:15pm	-	Yoga and Relaxation	Botesdale Village Hall
	9:30am	_	Headspace	All Saints Redgrave
Wednesday	9:30am	_	Redgrave Art Club	Redgrave Activities Centre
20 <sup>th</sup>	10:00am	_	Day Centre	Rickinghall Village Hall
20	2:30pm	4:30pm	Games & Social Afternoon	Cross Keys Redgrave
	7:30pm	10:30pm	Acoustic Group	Cross Keys Redgrave
	9:30am		RABBATS	Rickinghall Village Hall
Thursday	10:00am	1:00pm	Festive Willow Decorations workshop	Redgrave & Lopham Fen
21 <sup>st</sup>	3:30pm	4:30pm	IT Hub in the Pub	Cross Keys Redgrave
	6:00pm	-	Zumba	Rickinghall Village Hall
	7:00pm	- 11.00	Botesdale & Rickinghall Runners	Rickinghall Recreation Ground
	10:00am 10:30am	11:00am 11:30am	Positive Steps Wild Tots	Parkview Chapel Redgrave & Lopham Fen
Friday	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
22 <sup>nd</sup>	7:00pm	2.00pm	Butch Cassidy and the Sundance Kid, Eye Cinema	Eye Community Centre
	8:00pm	_	Dance Classes	Botesdale Village Hall
	10:00am	12:00pm	The Christmas Sale	Botesdale Methodist Church
Saturday 23 <sup>rd</sup>	10:00am	1:30pm	Felted Robin workshop	Redgrave & Lopham Fen
	10:00am	-	Zumba	Rickinghall Village Hall
Monday	2:00pm	_	Needlecraft	Redgrave Activities Centre
25 <sup>th</sup>	5:30pm	_	Slimming World	Rickinghall Village Hall
	9:45am	10:45am	Pilates	Rickinghall Village Hall
	10:00am	12:00pm	Coffee down the Lane	Botesdale Methodist Church
	10:30am	12:30pm	Coffee and Cake Morning	Cross Keys, Redgrave
Tuanday	10:30am	2:30pm	Go Wild in the Week (for home-educated children)	Redgrave & Lopham Fen
Tuesday 26 <sup>th</sup>	12:00pm	-	Luncheon Club 898615/898619	Redgrave Activities Centre
20	5:30pm	-	Brownies	St Botolph's School
	6:00pm	_	Zumba	Rickinghall Village Hall
	7:15pm	<del>-</del>	Yoga and Relaxation	Botesdale Village Hall
	7:30pm	9:30pm	Goats, Swamps and Oil, talk by Andrew Goodall	Redgrave & Lopham Fen
	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
Wednesday	10:00am	-	Day Centre	Rickinghall Village Hall
27 <sup>th</sup>	7:30pm	10.00	Heritage Circle	Rickinghall Village Hall
	7:30pm	10:00pm	Ian's Quiz Night - 7:00pm for 7:30pm	Cross Keys Redgrave
	9:30am	-	Headspace	All Saints Redgrave
	(),2/\	_	RABBATS	Rickinghall Village Hall
Thursday	9:30am		Zumbo	Dielzinghall Willage Hell
Thursday 28 <sup>th</sup>	6:00pm	-	Zumba Rotesdale & Rickinghall Runners	Rickinghall Village Hall Rickinghall Recreation Ground
	6:00pm 7:00pm	- -	Botesdale & Rickinghall Runners	Rickinghall Recreation Ground
	6:00pm 7:00pm 7:30pm	- - -	Botesdale & Rickinghall Runners Redgrave Garden Club	Rickinghall Recreation Ground Redgrave Activities Centre
28 <sup>th</sup>	6:00pm 7:00pm 7:30pm 10:00am	- - - 11:00am	Botesdale & Rickinghall Runners Redgrave Garden Club Positive Steps	Rickinghall Recreation Ground Redgrave Activities Centre Parkview Chapel
28 <sup>th</sup> Friday	6:00pm 7:00pm 7:30pm 10:00am 10:00am	11:00am 2:00pm	Botesdale & Rickinghall Runners Redgrave Garden Club Positive Steps Time to Paint	Rickinghall Recreation Ground Redgrave Activities Centre Parkview Chapel Redgrave & Lopham Fen
28 <sup>th</sup>	6:00pm 7:00pm 7:30pm 10:00am 10:00am 10:30am	- - 11:00am 2:00pm 11:30am	Botesdale & Rickinghall Runners Redgrave Garden Club Positive Steps Time to Paint Wild Tots	Rickinghall Recreation Ground Redgrave Activities Centre Parkview Chapel Redgrave & Lopham Fen Redgrave & Lopham Fen
28 <sup>th</sup> Friday	6:00pm 7:00pm 7:30pm 10:00am 10:00am 10:30am 1:00pm	11:00am 2:00pm	Botesdale & Rickinghall Runners Redgrave Garden Club Positive Steps Time to Paint Wild Tots Wild Babies	Rickinghall Recreation Ground Redgrave Activities Centre Parkview Chapel Redgrave & Lopham Fen Redgrave & Lopham Fen Redgrave & Lopham Fen
28 <sup>th</sup> Friday	6:00pm 7:00pm 7:30pm 10:00am 10:00am 10:30am	- - 11:00am 2:00pm 11:30am	Botesdale & Rickinghall Runners Redgrave Garden Club Positive Steps Time to Paint Wild Tots Wild Babies Dance Classes	Rickinghall Recreation Ground Redgrave Activities Centre Parkview Chapel Redgrave & Lopham Fen Redgrave & Lopham Fen

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## Mill Lane Allotment **Association MLAA**

Where has this year gone? November is upon us and Christmas is just around the

We have Harvest Festival and Guy Fawkes to celebrate and we can even celebrate putting the Allotment to bed in Time spent this year saves

readiness for next Spring.

Now is the time to take cuttings of shrubby herbs such as Rosemary, Lemon Verbena and Thyme. and those yellow fronds of the Asparagus are ready to be cut down and composted, and why not sew some winter manure instead of leaving the ground get be covered in weeds, Winter Rye is a good choice amongst many.

It is time to clean out the water butts and give green houses a good scrub down, debris can harbour bugs and nasty critters ready to attack your tender plants next year if they are neglected at this stage.

Cut to the ground your Autumn fruiting Raspberries and plant your Spring Cabbages. Garlic cloves do well planting now in a sunny spot 15cm apart and with their tips just below the surface, as do onions sets, this helps to get a head start on next year. Figs that have failed to ripen remove and discard but leave a few pea sized ones on to develop for next year's harvest.

I would also try quick growing micro-greens if you haven't before. They are full of nutrients and are ready to eat in a few weeks, try kale and mustard seed.

The Allotment Association will be holding their annual AGM later this month where the Committee members stand down and a re-election takes place. Subs are paid for the coming year allowing winter months to prepare the soil in readiness so you do not lose any precious growing season.

If you think you would be interested in joining the Association and registering for an allotment plot please contact the Association Secretary. Mark Wiseman on 01379 898805, and if any existing or returning members wish to put their name forward for a position on the Committee please make contact with a Committee Member before the AGM. to register your interest.

## Redgrave Park Talk

Thank you to all those people who attended the very • interesting talk given by Tim Holt-Wilson on

- Redgrave Park over the past one thousand years.
- The manor of Redgrave was given to the Abbots of Bury by Ulfketle in the early eleventh century. A profit of £300 was made towards the repairs
- needed for Rickinghall Inferior Church estimated at

£80,000.



## Botesdale and Rickinghall Community Woodland Group

This autumn we have been subject to heavy rain with accompanying soggy ground. Low Meadow was cut last week but the hay raking has been interrupted by the rain and it doesn't look as if it will be finished soon.

We are into the planting season now and will be planting out seedlings that have appeared in our own gardens plus gifts from other people. These will be native species as these offer the most benefit to indigenous wildlife.

We also plan to give St Botolph's school a visit to encourage the younger children to take an interest in the local treescape. It is their future.

The Woodland Trust and others are encouraging people to plant more trees to combat climate change. We are also encouraged to plant hedges, again with native species, to provide food, shelter and corridors for wildlife as well as windbreaks to prevent soil being blown away when it's dry. As long ago as the 1960s, Rachel Carson was warning against the uprooting of trees and hedges in her book Silent Spring in which she wrote about some of the disastrous results of industrial scale farming in the United States. Alas, our MPs and farmers didn't read or believe her book, and the government of the time paid farmers to grub up hedges and copses to industrialise their farms. Now the advantages of hedges and woods are being appreciated better and we are all encouraged to plant more - of the right species in the right places!

Rosemary Jones, 8th October 01379 890238

## Redgrave Garden Club

The speaker at the September meeting of Redgrave Garden Club was John Tyler a conservation manager, and wild food enthusiast. Man has been gathering and eating wild fruit and nuts for thousands of years, and the remains have been found in the stomachs of pre-historic man. They also made cider from apples and tea from pine needles. There is a seasonability in foraging. In Spring young nettle shoots are a good substitute for spinach, and make excellent soup, rich in iron. Alexanders, brought over by the Romans grow freely in East Anglia, have tasty leaves, and the stalks can be pickled. John brought a sample for us to try. Dandelion leaves can be blanched to make wild chicory. Summer brings many types of fruit to make into cordials, jams and pickles. Lime flower tea can also be made. Sea weed gathered on the shore can be cooked and is rich in iodine. In Autumn many types of fungus can be found, honey fungus, aniseed, jelly ear and amethyst deceiver, they can be used in various ways. Crab apples, blackberries, hips and haws and sloes, can be used in many ways. John brought pickles, jams and jellies for us to try, and copies of recipes for us to make our own food. John concluded by telling us of the joy of foraging and experiencing the wonderful flavours of wild food. Angela Bigley

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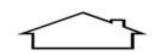
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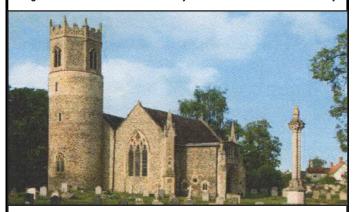
# Exploring the Past

Jean Sheehan, 01379 890237

#### **Rickinghall Inferior Churchyard**

November has two days on which the church remembers those who have died. Armistice Day, November 11th, is well known when the people who died in the two world wars are remembered nationally. There will be the usual service in Botesdale Chapel of Ease and at the War Memorial in Botesdale Market Place preceded by the parade led by Gislingham Silver Band on Sunday November 10th. Rickinghall Inferior Churchyard has no Commonwealth War Graves but Redgrave Churchyard has two and Rickinghall Superior has one.

The previous Sunday, November 3<sup>rd</sup>, there will be a service in Rickinghall Inferior Church to remember all those people from our villages who have died more recently. November 2<sup>nd</sup> is All Souls Day.



St Mary's Church, Rickinghall Inferior

People have been buried in this churchyard for probably more than one thousand years as the doomsday survey mentions a church in Rickinghall Inferior at the Norman Conquest in 1066, which predates the early Norman lower section of the round tower.

We have the names of some of the people who requested to be buried in the churchyard in the fifteenth century from their wills, but unfortunately not the exact location. The wills, in many cases, also tell us of their relatives and the names of their houses. The very wealthy people left money to neighbouring village churches as well. This was often in the hope of saving their souls as before the reformation they believed that money given to the church helped to save them from purgatory. Endowments were left for priests to say prayers for them and some paid for pilgrimages to Rome. Sometimes these priests lived somewhere in the church and this could be why the parvise was built above the porch at Rickinghall Inferior Church towards the end of the fourteenth century. (1)

A survey of gravestones in Rickinghall Inferior Churchyard was completed in 2009. Rickinghall WI completed a survey in 1982 and the earliest gravestone they found was for Robert Symonds who died in 1697 although we did not find this one. It was fortunate the WI carried out their survey as many of the inscriptions were unreadable by 2009. Information was also recorded on the 2009 survey from previous surveys in 1828 and 1929. (2)

The inscriptions on the gravestones often tell us a little about the person who died. The earlier ones are often very flowery and sometimes morbid. One table-top tomb in the churchyard has six members of the Hamblyn family buried in it, their deaths ranging from 1780 to 1849. The inscription on this tomb reads

'This life is a mere Bubble, all things show it. I thought so once, but now I know it. Fare well, vain world I've had enough of thee, And now am careless what thou say of me What faults abound take care to shun And look, at Home enough there to be done.'

This large tomb was covered in Ivy when we carried out the 2009 survey but fortunately a previous survey had recorded the inscription. The Ivy was causing a lot of damage to the tomb. making it dangerous. Jeff Lamb, the church warden, removed the ivy from it and the tomb was repaired by a builder a year or two ago.

Inscriptions have become shorter over time and one fairly recent inscription says it all "My wife and my best friend". One of my favourite modern inscriptions is to Doris and Robert Sage who ran the coal fired fish and chip shop in Botesdale. Their inscription reads 'Our fish was crisp our chips were brown, they were the best for miles around'.

The 2009 survey was only carried out on inscriptions on grave stones, so there are many spaces in the church yard which look as if no one is buried there, but these are usually places where the family could not afford to buy a gravestone or there were no family members to arrange it. Fortunately, some of these were recorded by the WI as they probably knew who were buried in these spaces or there may have been some small memorial there in 1982. If there is no inscription on a gravestone, all burials in the churchyard have been recorded in the parish registers. Early registers are in the Suffolk record offices in Bury St Edmunds or Ipswich for Redgrave and Rickinghall Superior.

Some of the memorials in the churchyard tell sad stories. John and Eliza Foulger lost four children in one month in 1774, with two of them dying on one day.

An undated advertising card for a boarding school in Botesdale run by A and S Burroughs was found at Redgrave Rectory behind a fireplace during renovations. I found out from the churchyard survey that these two sisters died on the same day in 1802. This led to Sarah Doig researching the newspapers for more information and she found that the two sisters had died in a boating accident. Their sister, Martha aged 15, is buried in the same grave and died less than two months later. (3)

The churchyard is a wildlife corridor between two of Barwoods community woodland sites. Churchyards are an ideal place for wildlife as they have never been ploughed up and mainly have not been affected by sprays and fertilisers. With all the talk of climate change affecting wildlife this is an ideal place to preserve it. A survey of wildflowers was carried out in 2008 and there were 76 species of wildflowers, twenty two species of trees and 8 types of grass. As far as I know birds and insects have not been recorded. The Red Horse chestnut tree near to the cremation area was planted on January 11th 1888 in commemoration of Queen Victoria's Golden Jubilee and the planting was watched by the school children.

If you would be interested in helping in the churchyard please come to a meeting in the church on Saturday,  $2^{\rm nd}$  November at 10 am to try and form a Friends of Rickinghall Inferior Church.

- (1) Wills of the Archdeaconry of Sudbury Part 11 Edited by Peter Northeast and Heather Falvey = Suffolk Record Society
- (2) stmarysrickinghallinferior.onesuffolk.net
- A Rural Education by Sarah Doig published by Quatrefoil -Book 11.



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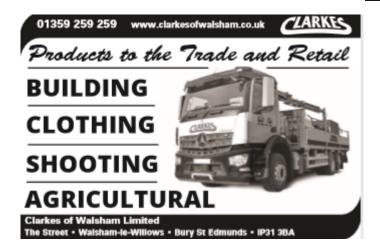
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## Exploring the Past Again

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#### Memories - Part 4

'The Millennium Miscellany' was produced by the Heritage Circle to mark the millennium. Many people wrote articles for it. Some wrote of their memories of growing up in the villages. The extract below is from Margaret Francis née Wilden's 'My Memories of Rickinghall'.

I have such fond memories of my childhood in Rickinghall. It was a great place in which to grow up, and a great time to live there. My mother and father separated when I was about five years old, and I was sent to live with my Aunt Flo (Goodwin). I was delighted to be there as I was an only child, and at Rickinghall there was my cousin Ivy Goodwin (Stone), my aunt, Marney Codling, my grandma, my uncle Eddie, and my cousin Kenneth (who was just a baby then).

I was immediately enrolled in Mowbray House School, Botesdale, where Ivy attended. This was a wonderful school run by Miss Scates, and later Miss Hall joined her. Miss Muriel Warren taught the young children. They were all excellent teachers and very caring of their pupils. Miss Hall was very strict on manners, and one day she had all the students line up and walk past her. As they did, the boys had to raise their caps and say, 'Good morning, Miss Hall'. The girls had to smile and nod and say the same thing. This was all because one of the pupils, a boy, had passed her that morning and, being shy, had ignored her. Miss Scates was the arty one, and taught us beautiful broderie anglaise work and water-colour painting.

At Mowbray House School, of course, there were not enough students to have games, so we did callisthenics to the dates in history, e.g. William 1<sup>st</sup>, 1066 (arms up), William 2<sup>nd</sup>, 1087 (arms down), and so on. I had no idea I was athletic until we had the 25<sup>th</sup> Jubilee celebrations on the school meadow, and I won all the races I entered. We all had a feast, and were presented with a Jubilee mug.

My father visited me every year on my birthday, and stayed a few days at the Lion (a pub in the village). He used to take me to the pub, and we would sit in the landlady's living room (children were not allowed in the bars), and I would have a lemonade and packet of crisps and sit quietly, while he treated everyone and talked. He was very well liked in the village, as he was very generous at treating the men to pints. One of his friends was Vic Carmen, who had gone blind with an hereditary disease when he was in his teens. He had a workshop just two doors from my Aunt Flo's cottage (we lived in Rose Cottage next door to the Bullock's). Even though my Dad only came once a year, Vic would recognize his walk even before he opened his mouth, and Dad would escort him to the pub to have a pint with him. To digress a little, many years later, after I was married, had children and returned from Canada to live for a short while in Walsham-le-Willows, we went to a village fete, and Vic was in a tent still making his baskets. I said, 'Hello, Vic'. He astonished me by saying, 'Why it's Margaret Wilden, how are you, and ! how's Dick Wilden?' I hadn't seen or spoken to him since I left the village at the age of fourteen.

When I was about twelve years old, I took dancing lessons, and my friend Enid Wilby, and I were always asked to dance at the local shows. I was also in the girls' choir. I don't know how I made that as I can't sing. I enjoyed it though, and we had choir practice once a week and sang in church – alternating one Sunday, morning service, the next, evensong. Once a year in summer, we had a choir outing to the seaside in a charabanc – usually to Yarmouth or Lowesoft. We paddled in the sea, shopped at Woolworths for trinkets to buy the family, had a big tea, then home again. I remember having to get up at 6.00 am for this.

My aunt Marney and I belonged to the Girls Friendly Society, and we used to meet at Mrs Green's house. We used to have fun, with Mrs Green playing the harmonium while we sang. At any of the social evenings, I was always asked to sell raffle tickets. I had a reputation of being a good salesperson.

Guy Fawkes day was always an exciting time. For days before the 5<sup>th</sup>, we used to go out collecting dead wood for the bonfire. We always had a huge bonfire, with a guy on top, in the empty lot between the Francis's and Bullock's. We had a big crowd and always had lots of fireworks. We used to toast potatoes and chestnuts in the fire. It was all very exciting!

I remember the Horkeys at harvest time. They were social events with a big meal and a dance after. I remember summer days (I don't remember as much rain then), taking a little picnic lunch to the meadow opposite Flowerdew's, and lying on the grass hearing the bees buzzing and the flies flitting around. We used to vault the river with a pole.

I remember getting tadpoles from the little river that runs beside the church, and putting them in a glass bottle. I remember the policemen who were gruff, but kind. Mr Smith caught me riding my bicycle without a light and read me the riot act. He believed in prevention.

I remember the Christmases at Rickinghall. Aunt Flo always had a crowd, including my mother, who came and spent Christmas with us. My Dad used to send a big box of 'goodies' by rail in a big wooden box. Presents for everyone – nuts, Christmas pudding, fruit – everything to make Christmas merry! I remember one Christmas when it snowed and I had a pair of fur gloves to wear and we all went sledding down the marl pits. I remember picking black, red and white currants for Mrs Bullock. We used to sit on a little stool and fill the baskets. We also ate a few!'

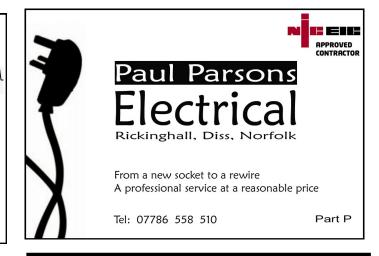
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## **Nyall's Notes**

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

By the time this magazine comes out it should be gone October 31st and it should be all over bar the shouting. Of course it won't and there will still be an enormous amount of shouting. Final proposals will come and go to be replaced by final, final proposals and there can be little doubt that even when the final, final, final agreement is reached, stamped, signed that no one will be satisfied and that there will still be a lot of shouting and shouting for years to come.

Two thousand years ago a final, final solution to a problem was conceived and enacted and the problem put to bed good and proper. Jesus Christ was crucified, the Roman soldiers checked that he was dead by driving a spear into his side, they then buried him in a tomb, rolled a heavy stone over the entrance and sealed it in some way or other. Still not satisfied the authorities then posted a guard around the tomb to ensure that no one came and interfered by possibly stealing the body. It was all over bar the shouting. The nuisance to the authorities had been eliminated.

They couldn't have been more thorough, yet I still had someone say to me recently, "Perhaps Jesus revived in the tomb." He supposed that this man who had been checked as dead had enough strength to revive, move a heavy sealed stone and fight his way through the guards.

Jesus had many disciples including a number of women who actually witnessed his death. They were broken hearted, in despair and frightened of the authorities because they saw that something similar might happen to them. They shut themselves away and kept low. Yet soon after that event those people changed, they stood up in front of the world having no fear and proclaimed Jesus as risen from the dead and able to offer eternal life thus changing the world.

It is basic to Christianity that Jesus had died and has risen. In doing so he has blazed a trail through death to life beyond the grave and because of that is able to offer that same pathway through death to all who trust him. It is for those who believe.

I have found that even those who call themselves Christians haven't necessarily got this. They have a tendency, after someone has died, to say that, "They are at peace now." Repeated time and time again in the Bible is the phrase, "Grace, mercy, and peace from God the Father and Christ Jesus our Lord."

That peace that people so hope for, for both themselves and their loved one comes from God, through faith in Jesus Christ. It is for the believer.

For those that fear death it is the final solution.

And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:7

# Bill's Birds

Bill Cordeaux Tel: 898286

Hardly had I started to write this month's Bill's Birds commenting on the dry and warm late summer than we had 3 ins of rain within the week. It was very local and fell in huge drops! I hope that 'our' birds found enough cover. Thank goodness—we did.

On 22nd September I saw a lone Swallow flying low overhead against the dark cloud background. Probably a late breeder. I hope he/she makes the lonely long journey back to South Africa.

In the middle of September, a family of Long tailed Tits came to visit our feeders. What a pretty sight, always with their typical accompanying 'twitter'. Perhaps a neighbouring 'tit-chat', spreading news, but always on the lookout for predators. In my teens, these flocks were a relatively uncommon sight. Gardeners didn't feed birds effectively; farmers left hedgerows to the birds for food, and had not effectively removed wild seeds from their fields. I realise the beautiful vision of a weedless corn crop - but what damage have pesticides done to our wildlife?

Flocks of Blue and Great Tits are very common in our gardens, but if you are very observant you may see a little brown bird with a light yellow streak above its eye, aptly named a Yellow Browed Warbler. This is a regular but infrequent Autumn visitor to our East Coast of about 100 individuals annually. Many years ago, I saw a group of binocular users staring at a tree in Southwold's churchyard (always ask such a group what they have seen, they are bird watchers and always delighted to let you know!). They had seen such a bird amongst a group of tits. A 'tick' also for me!

Soon will come other northern visitors. A Field Fare on 23rd September and a party of twelve Redwings had been observed over Redgrave Fen on 4th October.

Now is the time of the year when noisy crowds of all black birds move across our skies, going to and fro from their nightly roosts to fields offering food. Most noise comes from Jackdaws beating the calling of Rooks and Crows, but the Rook has a light coloured and Crows move pairs. The other black and largest bird is the Raven, more usual on the cliffs,



The Rook—note pale beak

mountains and moors of the west country, but there have been reports of sightings, usually singly, in the east. The Raven has a deep croak, once heard never forgotten!

The other evening when the weather was still warm enough, I was sitting on our terrace watching the setting sun when I heard a few notes from our resident Robin. It is keeping very quiet now before it becomes necessary to reveal its presence and its command over our garden winter territory. It is a gentle intermittent note, warning any intruder who dares to challenge its territorial rights.

Following my previous report on the Great White Egret, on subsequent visits to Redgrave Lake I only saw it once. Due to lack of water the lake has retreated in size on its northern border. Where there was water there are now weeds.

Incidentally, the notice board at Redgrave Fen states that the River Waveney has gone dry above the Redgrave Sluice as the water feed from the underlying aquifer has stopped flowing. They say the only solution is a long period of significant rainfall.



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## IN YOUR GARDEN

Lawrence Thompson 01379 890667

Firstly, thank you to a number of readers who contacted me with questions as well as some very nice comments. I will endeavour to try and answer their queries over the coming months.

#### Plant a tree and help save our planet

Now is an ideal time to plant trees. Not only do trees enhance any garden but are an essential element in helping to contribute to the balance of the environment that is so heavily under siege from climate change. A lot will depend on exactly what sort of tree you want to include in your garden- be it a fruit bearing specimen or grown for colour with their brilliant and dramatic hues. But what ever you choose, why not plant a tree to celebrate an anniversary or to commemorate a loved one. Such a tree will remain a permanent reminder of someone or something special to you -and also playing your part in contributing to adding to the world stock of trees and the vital role they play in helping balance our environment.

Until fairly recently you could only buy trees dug up from a nursery field in winter. Garden Centres changed all that by selling trees in pots ensuring less root disturbance and you could plant them any time of the year. Specialist nurseries are still available and stock less common trees that you will not find so readily in your local garden centre.

Alternatively you can buy trees by mail order or internet gardening sites but it pays to know your supplier because you cannot see what you are getting until it arrives. You are depending on someone selecting well grown specimens, that are then carefully packed and promptly delivered – but of course there is the added cost of post and packing.

Few garden centres grow their own trees and rely on buying in from specialist nurseries but these invairably are wholesale only. Word of mouth still remains the best recommendation as to where to buy young trees

But whereever you buy, it is important to check the tree to ensure you are getting the best. Firstly the branches should be sturdy and evenly spread around the trunk with a well branched head at the top. Avoid any with lopsided or broken branches and most certainly reject those where the main central shoot is missing or broken.

When it comes to planting, some people will happily spend a small fortune on a tree and then just dig a hole and plonk it in without any preparation at all and become very upset when it dies.

A couple of bucketfuls of garden compost and inclusion of a root formation aid such as Rootgrow in the planting hole will make all the difference and help the tree to establish quickly and encourage natural vigour and health. Don't forget to water either!

It is a good idea to stake tall trees in excess of 2m. Hammer in a 100cm stake at an angle of 45 degrees a short distance from the root ball. The stake should point in the direction in the prevailing wind and use a proper rubber tree tie to fix the trunk to the stake about 30cm from the ground.

#### Garden Club

Regrettably there has been insufficient interest in forming a garden club catering for residents in Botesdale and Rickinghall as announced in recent editions of the Parish Magazine.

Thank you to those few who did respond and of course the club at Redgrave and in other villages are available for all who are interested in gardening matters.



## MEET THE NEW TEAM AT THE CROSS KEYS





We are delighted to welcome Heidi Woodrow as our new Bar Manager. Heidi has worked in the pub industry for the past seven years, with her previous position having been in a busy chain pub in Bury St Edmunds. She found this very impersonal and longed for somewhere cosier and more intimate, where she could really become part of a community and get to know her customers.

Her parents used to regularly frequent the Keys many years ago when it was a thriving pub so this is her ambition — together with a vibrant team of dedicated staff and volunteers who share her vision, she aims to well and truly put the Keys back on the map again!

We are also very excited to have Michael Kirkwood with us as our new chef. Michael has been cooking for the past 20 years and was previously working at Lynford Hall Hotel in Mundford. Prior to that he worked at various restaurants in both the United Kingdom and Europe so comes to us with a wealth of experience. He wants to share his passion for good food with the community and loves sourcing local seasonal ingredients.

He thanks all the customers he has already met for the wonderful welcome he has received from them. He's been quite overwhelmed!

Michael has some delicious Christmas menus in hand so if you are planning a seasonal meal out, please get in touch or check the Cross Keys website for further details. www.crosskeysredgrave.co.uk

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## THANK YOU

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Following a collection at the United Service at Botesdale Methodist Church on 29th September we were able to send £233 to The Bible Society. Thank you to everyone for their generosity.

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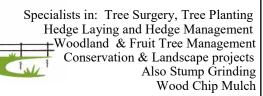




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## Poetry Corner

#### Jetty, Sheik's Beach.

Green, translucent, wind blown sea, sparkling in the sun's strong ray, surging past the jetty piles, sprinkling me with wind blown spray.

Across the bay the date palms sway, long green fronds in a windy dance, dark against the bright blur sky, mirrored in the sea beneath.

Plumes of smoke fly on the wind, grey against the date palms green, and over noise of wind and sea, the distant sound of land is heard.

Brown and battered fishermen's dhows, small and frail on the troubled sea, rolling and bobbing to the sea wave beat, surrounded by the fishing net floats.

Wave after wave break up on the shore, washing the seaweeds to and fro, stirring the sand at the water's edge, clouding the sea with a golden dust.

Sitting still on the jetty edge, feet on fender piles below, warmed by sun and cooled by wind, static in this mobile scene.

JML Bahrain 1976.

## Cookery Corner

## Suffolk pork pudding

I can't give exact amounts for ingredients but I am sure you will be able to adapt depending on how many you are cooking for and the size of your pudding basin.

Grease your pudding basin

Make enough suet crust pastry to line and top the pudding

Make a parsley sauce: basic white with plenty of fresh parsley, slightly more than you would use for a pouring sauce. Season to taste

Take enough diced shoulder of local produced free range pork to fill the basin. Seal the meat in a pan if you wish but not essential. Stir pork into the white sauce.

Top the pudding, wrap and steam for as long as you can. I have made this in a slow cooker, on top of the cooker in a steamer or in a large pan in a Rayburn.

Serve with some fresh vegetables

From Sandra Brush

## Laying a Wreath, 100 Years On Rickinghall

The dull, wet morning gave way to a bright sun-blessed afternoon. A small procession started at the high point, brass band led, joined by onlookers, down to the War Memorial and up to the Chapel of Ease.

Inside, five wreaths were placed on the altar no British Legion banners now.

A Brownie lit the Candle of Remembrance others contributed to a service that finished with the National Anthem..

Out into blue-sky sunshine the procession re-formed, now piper led, dressed in red tartan with sporran. The blinding sun blazed above rooftops and distant leafless trees; we marched into it to the War Memorial, laid wreaths, said prayers the sun now hidden behind houses,

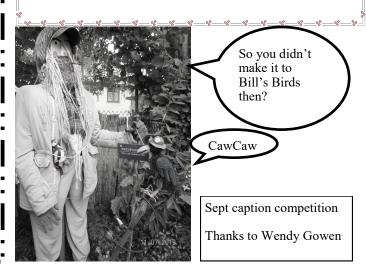
Two trumpeters sounded the Last Post.

"At the going down of the sun And in the morning We will remember them."

Silence

Reveille

We will remember them. © Rosemary Jones 11.11.2018



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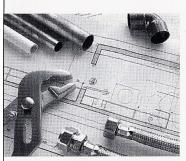
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Area	Contact	Tel	email	Non-emergency, queries	email: stowmarket.snt@suffolk.pnn.policweb: www.suffolk.police.uk/your-area/stow	
Botesdale & Rickinghall	Peter Beck	01379 890495	peter@ pbeck.plus.com	Emergency	999 For Ambulance, Fire Brigade, Poli	
Redgrave	John Campbell	01379 890946	redgrave.nwatch@outlook.com	Manned desks	Bury St Edmunds - Raingate Street IP33 2A Ipswich - 10/10a Museum Street IP1 1HT Lowestoft - Old Nelson Street NR32 1PE	

## **BE SCAM SMART!**

Everyone can be vulnerable to scammers as shown recently when the Welcome Trust a charity with £26 billion in assets and chaired by the former director of MI5 fell victim of a scam perpetrated by online fraudsters.

Online frauds have become increasingly sophisticated and so even the most tech -savy people can get caught out. Tactics vary with some duped by callers supposedly from BT, the banks, HMRC and especially from mobile phone companies. What hasn't changed however is how these upsetting crimes make you feel gullible and victimised in your own home. Often the impact of the fraud is felt far beyond the financial loss.

We will be bringing you regular warnings of telephone and cold calling scams advised by Trading Standards currently doing the rounds locally. If you have knowledge of any telephone scams or doorstep con merchants active in our villages, do please let me know on 01379 890667. Forewarned is forearmed!

## MICROSOFT SUPPORT SCAM

An email is currently circulating purporting as being from the 'All Competition And Consumer Association' (a fake organisation) that even includes bogus quotes from Trading Standards officials.

The emails offer compensation for people allegedly affected by another fake Microsoft Support scam originating from a spurious email address uk.govdepartment\_refund 98 @ outlook.com

Becoming a victim of this scam puts your personal finances at risk as well as leaving you very vulnerable to identity theft.

Trading Standards advise that no government agency or department in the UK would contact you via email offering either compensation or requesting personal information.

#### THOMAS COOK HOLIDAY REFUNDS

Be on your guard for telephone cold calls claiming to be about refunds for Thomas Cook Holidays.

The usual patter involves the caller claiming they are 'Thomas Cook refund agent'. They offer to refund holiday payments and that to do so they require your bank card details including the 3 digit security code. These calls are a scam. If you receive one or a similar call about Thomas Cook Holidays, do not give or confirm any details and hang up and report the details via the Citizens Advice On line reporting form or telephone their consumer helpline on 0345 04 05 06

Do be very wary of any approach made by a telephone cold call and never be pressurised into interacting with the caller no matter what claims of dire action will follow if you do not comply with their wishes.

## The Botesdale & Rickinghall Neighbourhood Plan...

...overcame its final hurdle prior to Referendum when it was approved on October 7th by Mid Suffolk District Council (MSDC)



The Referendum will be *your* opportunity to vote for or against the Botesdale & Rickinghall Neighbourhood Plan

A few procedural steps follow before the Referendum takes place, which we estimate will be between mid-November and mid-December. MSDC will publicise the Referendum location and timing, and we'll let you know here too, publication schedule permitting.



## **Behind the Scenes at Wimbledon**

**Our** September speaker, Wendy Smith, has been part of Wimbledon for 37 years as a line judge and umpire. She has also umpired at the 2012 Olympics and Paralympics as well as national and international tournaments. Her talk was interesting for all of our members but particularly fascinating for those of us who sit glued to the TV for the Wimbledon fortnight! Wendy was able to take us behind the scenes of the famous tournament and brought mementoes and trophies to show us.

**W**endy told us that you are chosen to be a line judge or umpire on merit - not by who you know or by being a tennis player. The linesmen are constantly assessed during the fortnight and competition is fierce to win the right to judge the men's final.

It's very intense on court and line judges can work a 12 hour day but spend one hour on court then one hour off. Technology and constant scrutiny by the television makes umpiring more challenging and mistakes need to be avoided as the press invariably make a big thing of them. Hawkeye has reduced outbursts by players but in Wendy's opinion has spoilt the game.

The uniform worn by line judges and umpires is sponsored by Ralph Lauren at a cost of £3000 per person every three years. Guidelines for wearing the uniform are very strict and the judges are responsible for keeping their uniform clean and smart.

**W**endy also told us a few of the catering quantities consumed each Wimbledon fortnight. 300,000 cups of tea and coffee, 320,000 glasses of Pimms, 140,000 portions of strawberries and 6,000 litres of cream are feasted on by the public and 5,000kg of bananas are eaten by the players!

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## > > Christmas is Coming...



This year's **Parish Gift Day** will take place during Advent, on Sunday 15th December at the Carol Service at St Mary's, Rickinghall Church at 3.00pm.

Gift Day is a way of giving thanks to God for the work and ministry of the church throughout these villages and beyond. Whether you attend and give to the church on a regular basis, or just attend on occasion, we're asking if you would consider contributing to help us to continue the work we do in the local community through the many things we are involved in.

Special Gift Day envelopes will be available in church from the beginning of December as well as at the services mentioned above.

If you have any queries on this, please contact me on 01379 898685. Thank you in advance for your support.



The Rector and the Parochial Church Council of this Parish.

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RICKINGHALL VILLAGE HALL'S

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Sunday 1st

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RAHOF (Rickinghall Area Hospice Fundraiser) presents:

"A CHRISTMAS EVENING" at All Saints Church, Redgrave Friday 13th December 7.30pm start Admission £8

**Christmas Hamper Draw & Christmas Bird Draw!** A popular evening of non-alcoholic mulled wine, mince pies, carols, poems, songs, humour and seasonal cheer.

Tickets from June Hart 01379 897180 or RAHOF committee members

In aid of St Nicholas Hospice Care, Bury St Edmunds



## Parish Church Advent and **Christmas Services**

#### **Advent Bazaar**

30<sup>th</sup> November 10-12 noon, St Mary's, Rickinghall.

#### Carols on the Knoll

Fri 6<sup>th</sup> December 7pm Redgrave followed by refreshments in All Saints, Redgrave

## **Christingle Service**

Wed 11<sup>th</sup> December 2.45pm St Mary's Rickinghall with St Botolph's School. A team from the parish church will go into the school during the afternoon of Tues 10<sup>th</sup> and the morning of Wed 11th to make the Christingles. Please note open to all, not just the school.

### **Carol Service**

15<sup>th</sup> December 3pm. St Mary's, Rickinghall We plan to deck the church out with fairy lights and have displays based on the characters involved in the Christmas story. These displays will be prayer stations. On Sat 14<sup>th</sup> Dec the church will be open for a couple of hours in the afternoon (time to be confirmed) to give people an opportunity to quietly reflect on Christmas and God's amazing gift to us. We will repeat this before the Carol Service. Watch this space for further details.

## **Family Breakfast**

21st December 8.30am All Saints, Redgrave

#### **Christmas Eve**

5pm Crib Service All Saints, Redgrave 11.15pm Midnight Communion, Rickinghall

## **Christmas Day**

9.30am Family Communion, Botesdale





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## **November Church Services, Readings, Rotas and Registers**



If interested in having your child baptised, or wish to get married in one of our church buildings, please do get in touch with the Rector, Revd Chris Norburn, using the contact details on page 2.

See page 39 for details of this year's Parish Church Advent & Christmas Services & the Parish Gift Day

Readings for Parish Church Sunday Services				
1st reading 2nd Reading				
3 <sup>rd</sup>	1 Corinthians 0:24-27	Luke 4:1-13		
3 <sup>rd</sup> (All Souls Service)	Isaiah 25:6-9	John 6:37-40		
10 <sup>th</sup>	Micah 4:1-5	John 15:9-17		
17 <sup>th</sup>	1 Timothy 4:18-16	John 15:5-8		
24 <sup>th</sup>	Ephesians 4:25-5:2	Mark 12:28-34		

Church Services and Flower Rotas					
Service	Task	3 <sup>rd</sup>	10 <sup>th</sup> Remembrance Sunday	17 <sup>th</sup>	24 <sup>th</sup>
9:15am Redgrave All Saints Holy	Lector	Mr J Walker	-	Mr J Lamb	-
Communion	Sidesman	Mrs S McGrath	-	Mrs F Lamb	-
10:30am	Lector	-	Parade Service 3:00pm Botesdale	Mrs C Davidson	-
All Saints All Together	Sidesman	-	-	Mrs S Schofield	-
10:30am St Botolph's Chapel of Ease Holy Communion	Lector	All Souls service 3:00pm Mrs J Wright	Sarah Raynham	-	Mrs J Wright
	Sidesman	Mrs S White	Alick & Linda Miles	-	Mrs C Hilliard
6:30pm St Mary's Rickinghall	Lector	-	Sarah Raynham	-	-
Holy Communion	Sidesman	-	Mrs C Davidson	-	-
6:30 St Mary's Rickinghall	Lector	-	-	-	Rector
Evening Prayer	Sidesman	-	-	-	-
Redgrave All Saints	Flowers	Mrs Hilliard	-	Mrs Powell	-
Rickinghall St Mary's	Flowers	-	-	-	-
Nothing From the I					

**Nothing From the Registers** 



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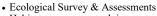
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# Botesdale Methodist Church & Parkview Chapel in November

## **Parkview Chapel**

For more details on any of the following, please call Kev Gladwell on 01379 898924 or see http://www.parkviewchapel.co.uk

## **Sunday Services**

Refreshments served on all Sundays from 10.30am

	,
Sunday 3 <sup>rd</sup>	One service at 11.00am (including Communion)
Sunday 10 <sup>th</sup>	Communion service at 10.00am and Main service at 11.00am
Sunday 17 <sup>th</sup>	Communion service at 10.00am and 'Coffee On A Sunday' at 11.00am
Sunday 24 <sup>th</sup>	Communion service at 10.00am and Main service at 11.00am

Events at Parkview Chapel				
Saturday 2 <sup>nd</sup> 7:00pm	Carpet Bowls (see p9 for more)			
Thursday 7 <sup>th</sup> 2:00pm	Praise Hour			
Tuesday 12 <sup>th</sup> 9:00am	Coffee On The Corner			
Thursday 21 <sup>st</sup> 2:00pm	Praise Hour			



## PARKVIEW YOUTH - Activities for Children & Young People - all at Parkview Chapel, Botesdale

**Junior Church :** Reception - Year 6 Sundays 11.00am - 12.00pm

**PYP :** Years 7 - 13 Sundays 7.00pm - 8.30pm **Junior Friday** Reception - Year 6 Fridays 6.00pm - 7.00pm

**Senior Friday Club** Years 7 - 11 Fridays 7.30pm - 9.30pm

## A friendly welcome to everyone at Botesdale Methodist Church services and events

	Services (every Sunday at 10.30 am unless otherwise indicat	ed)		
Sunday 3 <sup>rd</sup>	Mrs J Browne			
Sunday 10 <sup>th</sup>	Rev. H. Sorrell			
Sunday 17 <sup>th</sup>	Mrs S Jobes			
Sunday 24 <sup>th</sup>	Sunday 24 <sup>th</sup> Rev. C. Hough			
	Events			
Monday 4 <sup>th</sup>	Bible Study led by Rev David Ely	10:00am-11:30am		
Tuesday 5 <sup>th</sup>	Christian Forum : "Visit to Peru" Elizabeth & David Kemble	7:00pm		
Monday 18 <sup>th</sup>	Bible Study led by Rev David Ely	10:00am-11:30am		
Wednesday 20 <sup>th</sup>	Wives Club Morning Coffee at Wortham Tea Room	10:30am		
Saturday 23 <sup>rd</sup>	Christmas Sale (see p5 for more)	10:00am-12:00pm		
Tuesday 26 <sup>th</sup>	Coffee down the Lane	10.00am-12.00pm		



All Saints Redgrave



St. Botolph's Botesdale



St. Mary's Rickinghall

3rd November '19 All Saints/All Souls'



9:15 All Saints, Redgrave BCP Communion

3.00pm St. Mary's , Rickinghall

All Souls' Remembrance Service.

10th November '19 Remembrance Sunday



10:30 St. Mary's, Rickinghall

CW Communion with an

Act of Remembrance

3.00pm vice

St. Botolph's, Botesdale Parade Ser-

17th November '19 2nd Sunday before Advent



9:15 All Saints, Redgrave BCP Communion

10.30 All Saints, All Saints Together An interactive service for people of all ages 24th November '19 Christ the King



10.30 St. Botolph's, Botesdale

CW Communion

10.30 Messy Church in Botesdale Village Hall for tea, cake, crafts, songs, stories and family fun.



3.00pm

St. Mary's, Rickinghall Evening Prayer

1st December '19 1st Sunday Advent

9:15 All Saints, Redgrave BCP Communion 10:30 All Saints, Redgrave All Saints Altogether

#### Also this month:



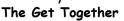
Sat 16th November **8.30am Men's Breakfast** All Saints, Redgrave

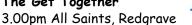
Wed. 6th November 10.00am

Please contact Mark Duxon on 01379 890897 if you wish to join us



Saturday 9th November



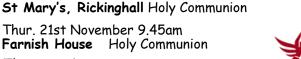


This is a monthly intergenerational gathering giving all ages a time to meet, eat and explore faith together in an informal way



Fri 6th December

7pm **Carols on the Knoll**, Redgrave followed by refreshments in All Saints Church



These services are open to everyone, and follow the order of BCP (Book of Common Prayer)



"WING?" Thurs 7th November 7.15pm
The Rectory, Rickinghall &
Tues 19th November 7.15pm
Venue tbc

A time of prayer for the work and ministry of the church in the community



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