

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

October 2019



*Come all you lads and lasses, together let us go
Into some pleasant cornfield our courage for to show;
With the reaphook and the sickle so well we clear the land,
The farmer says, " Well done, my lads, here's liquor at your command."*

*Now harvest's done and ended, the corn secure from harm,
All for to go to market, boys, we must thresh in the barn;
Here's a health to all you farmers, likewise to all you men,
I wish you health and happiness till harvest comes again*

Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

St Mary's Rickinghall Inferior
www.stmarysrickinghallinferior.onesuffolk.net

All Saints, Redgrave
www.achurchnearyou.com/church/2274

Botesdale Chapel of Ease
www.achurchnearyou.com/church/22197

Foreword from
Reverend Chris Norburn
Rector of
Redgrave cum Botesdale
with the Rickinghalls
The Rectory, Bury Road,
Rickinghall, Diss. IP22 1HA
Tel: 01379 898685



In August many people from the villages celebrated Maureen Self's life in a church service after her sad death in a tragic accident in Diss in July. She was a character, and was so well summed up in a wonderful poem by Richard Williamson, a neighbour of hers. Maureen too wrote poems, something that we only recently discovered. This she wrote shortly before her death ...

Song of the Spirit

You gave me a new life when you made your sacrifice. To show love and compassion to all with strong passion. To sing of your glorious name which will always remain the same. Rejoicing in your goodness for us we know we can always trust. So let your joy and peace come our way taking all our gloom and darkness away. Hallelujah, new life is born today

This poem of Maureen's reflected her life and faith in Jesus Christ. The Maureen I knew was an amazing loyal person. She loyally served on the church council and attended many other meetings, whether they were prayer meetings, bible studies or social gatherings; Maureen would be there, in the Methodist Church, Parkview Chapel and the Parish Church. On many occasions I gave her a lift to whatever was going on. I enjoyed her forthright conversation!

All the more reason why it is so hard to completely understand and believe that she is now no longer with us. Her death appears to be a tragedy. To us she was taken before her time. But because Maureen placed her life, faith and trust in Jesus Christ as her personal Saviour and Lord, we can be rest assured that she is in a better place than we are today - a place the Lord has prepared for her.

In John's Gospel account of Jesus' life, we read how Jesus has gone ahead to prepare a place for us, a place where He will be. (John 14:1-7). Because Jesus is the way, the truth and the life we know where Maureen is; in the presence of Jesus, who has "received her to Himself."

But what does this better place look like? In the Bible we are given glimpses of what this better place, heaven, looks like. One thing that it is, is that it is a place of eternal rest, so Maureen is now at eternal rest. As she was welcomed into heaven God wiped every tear from her eyes, for in heaven Maureen is eternally released from fear and sorrow, from sickness, weariness and pain. She is now eternally released from sin's enslavement, from Satan's influence and domain. As she looks upon God's face she is feasting upon His glories and the riches of His grace. She is truly experiencing the fullness of life that Jesus talked about in John 10:10 - "I have come that they may have life, and have it to the full."

This is the life that loyal Maureen now lives! She's now truly living with a joy that overflows, with a peace that knows no measure, and with victory for evermore. She has gone to that awesome place where all mysteries are solved, all questions are answered, and all puzzles are solved. She's experiencing God's gift of eternal revelation (1 Cor. 13:12). And that's another aspect of heaven, eternal revelation.

We know that Maureen loved her singing! As soon as the music started in church she would express herself with great rejoicing, moving to the music and singing at the top of her voice! She is now in a place of eternal rejoicing! She's now experiencing what the Apostle Paul wrote about in his letter to the Ephesians, when he wrote that God is truly able to do immeasurably more than we could ever imagine or ask! She is experiencing this truth about God and living this aspect of heaven!

Finally, Maureen is in a place of eternal reunion, for she is now part of the greatest "family reunion" of all time! For there in the presence of the Lord, she has been reunited with family members and loved ones from the past, who have died having placed their faith in Christ. And now, she is waiting for us to join her. But to do so, we must make sure that we, like her, have trusted Jesus as our Personal Saviour.

It is important to point out that the many good things that Maureen did during her lifetime were not for the purpose of trying to earn God's favour. No, she served because she had been saved, not because she was trying to be saved. She knew that good works cannot get you anywhere when it comes to being right with God. Entrance into heaven is gained only through faith in Jesus Christ. Belief in God is not enough. We must accept Jesus as our personal Saviour.

So to be sure of knowing that you are heaven bound you have to choose to believe in both God and Jesus, for Jesus is our gateway to heaven for He said, "I am the way and the truth and the life. No one comes to the Father except through me."

Out of the tragedy of Maureen's death we are all reminded, regardless of where we stand in relation to God, of the good news, that there is room enough for all of us in heaven. So those of us who like Maureen know Christ as their personal Saviour, we can confidently say, "See you later, Maureen". But the Lord desires all to be included in heaven, so take the hand of Jesus, accept Him as your personal Lord and Saviour, as Maureen did, and know that there is a room prepared for you in heaven by Jesus.

If you would like to talk anything through, please do make contact with me.

With every blessing

Note : "From the Registers" has moved to page 41.

Message from the Team

Here we are back from our break and we have a packed magazine this month—thanks to all our contributors. We welcome a new contributor, Lawrence Thompson, who will be giving us a regular gardening column—something we have missed in recent times—and an article warning of scams. Jon Huckle has had to give up his regular involvement with the production team due to pressure of work. A big thankyou to Jon for his help with the magazine.

John Langdon is also supplying the occasional article which we will put in when space allows.

One or two people have come forward to help the delivery teams, but please, if you can spare an hour or so 10 times a year to deliver in your locality do drop the editor an email (or a phone call). The more deliverers we have the easier the job is for everyone.

Charles Murray

To contact the team that produce the magazine, please use the details below.

For all editorial content: editor@rbrparishmag.com

For all commercial adverts: adverts@rbrparishmag.com

To advertise events: events@rbrparishmag.com

Alternatively, please **write** to: *The Parish Magazine, The Rectory,
Bury Road, Rickingham, Diss, Suffolk, IP22 1HA* or call **The Editor** 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

- **Nov issue 7 Oct (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—4pm on **18 Oct (Fri)**
- **Dec/Jan issue 11 Nov (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—4pm on **22 Nov (Fri)**

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes The Parish Magazine Volunteers



WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.

Printed by:



Gipping Press

INTERESTING FACTS

The **Suffolk Punch** dates back to the 16th century and is the oldest breed of heavy horse in the UK. The Suffolk Horse Society, founded in 1877, is said to be the **oldest such society in the world.**

On a clear day, it is said that **30 churches** are visible from the top of St Andrew's church, Weybread.



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facebook/shellybrandsmallholding



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October Events



Saturday 5th October
Walsham-le-Willows Memorial Hall
10.00 am to 1.00 pm

Jigsaws for any age, re-cycled,
up to 1,000 pieces

Tea, coffee, cakes
& savouries for your delight

Do you have any jigsaws to donate?
Please call Jan Hall 01359 259653
before 1st October

All proceeds towards a replacement
Rickinghall & District Community Bus

Rickinghall Village Hall

Your local



Real food
with real
flavour :)

Saturday 12 Oct 9—12.30



The Walled Garden

Beyond the Wall, Thornham Magna,
Eye, IP23 8HA

Sunday 6th October

11.00am – 3.00 pm

APPLES! LIVE MUSIC

CAKES BARBECUE

PRODUCE STALLS

REFRESHMENTS

CHILDRENS GAMES

CRAFT STALLS

FOR CHILDREN OF ALL AGES

FREE ENTRY



You are invited to a
Coffee Morning
in aid of
The Children's Society



Saturday 19th October 2019 10.00 am - 12.00 midday at Anglian
House, Chapel Lane, Botesdale (opposite Botesdale Park)

Raffle / Tombola / Bring & Buy / Cakes / Coffee and chat!

Would all box holders please bring their collection boxes

Enquiries – contact: Linda Green, Tel: 01379 890740

Botesdale Methodist Church **"Coffee down the Lane"**

Tuesday 22nd October 10.00am - 12.00pm

RICKINGHALL COUNTRY MUSIC CLUB



Saturday 26th October
Pat James



Rickinghall Village Hall
8 pm - 11.30 pm

Ticket price £6.00
All Welcome

No bar - bring your own drinks and nibbles
Contact Keith or Kathy on 01379 898758

- HEADSPACE -

Time to clear your head, talk, think & be together

Join us @ All Saints Redgrave for
coffee & cake on October 3rd, 9th, 17th and 23rd at 9.30am
Children catered for. Any questions? Call Karen 01379 890897




HOUSE VALLEY
Filling Station
with **Stephen Green**
Friday 4 October 7.30pm

GARBOLDISHAM VILLAGE HALL IP22 2SE

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FRI	12-11PM	12-2PM 6-8:30PM
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Tues	10.00 - 20.00
Wed	10.00 - 20.00
Thu	10.00 - 20.00
Fri	10.00 - 23.00
Sat	10.00 - 23.00
Sun	11.00 - 21.00

Alcohol served from 11.00/All day snacks

Upcoming Events



Saturday 19th October
TICKETS NOW AVAILABLE

Contact us:
Star Wing Brewery, The Old Saw Mill, Hall Farm, Church Road, Redgrave IP22 1RJ
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www.starwingbrewery.com

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Wed-Fri 8.30am - 4.00pm
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October Events



DISS University of the Third Age

Thursday October 3rd 2019

at the United Reformed Church 10.30am

What is a Crumhorn? Hexachordia

50p for members, £2 for guests, including tea or coffee. Annual membership is £12. For further information visit our website: www.dissu3a.org.uk

Redgrave Garden Club

Thursday 31st October

AGM at 7:00pm followed by

Dahlias, Begonias and other Favourites from My Garden with Don Andrews

For details, please contact redgravegardenclub@gmail.com

Website redgravegardenclub.org.uk



Botesdale Methodist Church

"Coffee down the Lane"

Tuesday 22nd October 10.00am - 12.00pm



Thelnetham Windmill

Open Sunday 13th October

For more details, see

www.thelnethamwindmill.org.uk



the **CROSS KEYS**
REDGRAVE



FORTHCOMING EVENTS OCTOBER

SEPTEMBER		
SAT 28TH	BADGER SET - LIVE MUSIC	FROM 9PM
OCTOBER		
WED 2ND	GAMES & SOCIAL AFTERNOON	2.30 - 4.30PM
SAT 5TH	ACSHEC - LIVE MUSIC	FROM 9PM
TUES 8TH	COFFEE & CAKE MORNING	10.30 - 12NOON
SAT 12TH	MANDY CHAMBERS - LIVE MUSIC	FROM 9PM
WED 16TH	GAMES & SOCIAL AFTERNOON	2.30 - 4.30PM
WED 16TH	ACOUSTIC NIGHT - LIVE MUSIC	FROM 7.30PM
THURS 17TH	IT HUB IN THE PUB	3.30 - 4.30PM
SAT 19TH	CHARITY CHRISTMAS CARD SALE	10AM - 1PM
SAT 19TH	GRAY WOLF BAND - LIVE MUSIC	FROM 9PM
TUES 22ND	COFFEE & CAKE MORNING	10.30 - 12NOON
WED 30TH	IAN'S HALLOWE'EN QUIZ	7.00 FOR 7.30PM

Please visit our website and Facebook page for details of further events. We look forward to seeing you!

www.crosskeysredgrave.co.uk

Tel: 01379 779822

**COFFEE ON A SUNDAY
PARKVIEW CHAPEL BOTESDALE**

11.00AM-12.00PM October 13th

COFFEE, TEA, CAKE AND FRIENDS

For more info contact Kev at Parkview on

kevin@parkviewchapel.co.uk or 01379 898924



the **WI** | **Rickinghall**
INSPIRING WOMEN

October 10th
7:30pm
Rickinghall
Village Hall

*Self Defence
with
Jeanette Moser*

New members and guests always welcome



Mega Jumble Sale
Botesdale Village Hall
Saturday 5th October
2.00-4.00pm

in aid of East Anglian Air Ambulance

- New and nearly new rail
- Bric-a-brac
- Books
- Toys
- Luxury home-cooked cakes & bakes
- Raffle & Tombola

We'd really appreciate (and pick up!) any items you wish to donate, including items suitable for the raffle or tombola.

Contact : Sandie 01379 898282 / 07760168119
or Val 07597 643707



ROCKETMAN

A musical fantasy about the fantastical story of Elton John's breakthrough years (15)

Friday 25th October - 7.30pm

Eye Community Centre
Magdalen Street, IP23 7AJ

There is an intermission half-way through the film with delicious ice-creams available, a raffle, tea and coffee plus the bar. Our shows are always an enjoyable social occasion.

Tickets £5 available in advance from Eye Pharmacy and The Handyman in Eye town or pay on the door.

See EYE MAGAZINE, 'EYE to EYE' and our website for further details
www.cinema-at-eye.org.uk

HERITAGE CIRCLE
23rd October 7:30pm at Rickinghall Village Hall
Geoffrey Robinson: Misery and Misfortune - sudden deaths in Suffolk 100-1850

New members and guests welcome.
onesuffolk.co.uk/HeritageCircle



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October Events



Redgrave &



Suffolk Wildlife Trust

Lopham Fen

Regular events

Wild Tots - Every Friday, 10am-11.30am

Wild Babies - Every Friday, 1pm-2pm

Weekend Wildlife Club - 2nd Saturday of month (not Aug) 10.30am-12.30pm. A club for 6-11 year olds, £3

Time to paint - Last Friday of the month, 10am-2pm £5 donation. All welcome, no need to book.

October

Apple Day & Autumn Plant Sale - Sunday 13th, 10.30-3pm £3 adult, £2 child. No need to book

Wire dragonfly workshop - Sat 19 Oct, 10am-1pm £30, including materials.

Children's activity: Nocturnal nature - Tue 22 Oct, 10-2pm For unaccompanied 6-11 year olds, £7.

Family activity: All about owls - Wed 23 Oct, 6pm-8pm £4 child, £2 adult.

Creative wet felting workshop - Thu 24 Oct 10-noon : unaccompanied 11-16 year olds 1.30-3.30pm – unaccompanied 8-12 year olds £10, incl. materials.

Family activity: Howl-o-een - Sat 26 Oct, 6pm-8pm £4 child, £2 adult.

'Wildlife of Holkham NNR' talk by Andy Bloomfield Tuesday 29 Oct, 7.30pm-9.30pm, £2 incl. refreshments All welcome, no need to book

Booking essential for all activities unless otherwise stated. For further details and to book, visit www.suffolkwildlifetrust.org or call 01473 890089

Whimsy Craft Fairs presents

Autumn Artisan & Makers Fair

Saturday & Sunday
19/20 October 2019
10-4pm



20+ Crafters, Makers & Artists exhibiting & selling their wares.....Food & drink also available

Rickingham Village Hall, Hinderclay Road, Rickingham, IP22 1HD.

Free Entry

because you matter
St Nicholas Hospice Care

The best events happen in the heart of our community
Raffle held in aid of St Nicholas Hospice Care

RAHOF ANNUAL QUIZ

Friday 25th October 2019
Hinderclay Village Hall
7.00pm for 7.30pm start

Quizmasters

Mike Webb & John Kilgannon

Tables of 6; Draw

Admission by ticket only (£9, including light finger food). Contact 01379 897180

Please bring your own beer/wine/favourite glasses
In aid of St Nicholas Hospice Care, Bury St Edmunds

Redgrave and Lopham Fen
Low Common Road, South Lopham, Diss IP22 2HX

WHAT'S ON

Apple Day & Autumn Plant Sale

Sunday 13 October
10.30am to 3pm

Free parking • Adults £3 • Children £2

Apple, quince, pear & plum identification

Variety of plant and craft stalls

Second hand tools

FREE games, crafts, trail & face painting

SWT Christmas cards & gifts

Kenninghall Morris

Hot dogs, homemade soup, cakes and tea

Dogs on leads welcome

redgrave.learning@suffolkwildlifetrust.org
01379 688333



Suffolk Wildlife Trust

Do something wild every day

suffolkwildlifetrust.org

Redgrave Park



Through the Ages

Friday 4th October

7.00 pm for 7.30 pm

Rickingham Village Hall

Speaker :
Tim
Holt - Wilson

Tickets : £5
Jean Sheehan
01379 890237

Light refreshments will be served



Proceeds to Rickingham Inferior Church Fabric Fund
(Cheques to RBRPCC please)

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Contact Karen Hails
07796 014304 (am) or
01379 898868 (evening)
www.botesdaleandrickinghamhallpre-school.co.uk

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Botesdale Breakfast and After School Club OFSTED Registered www.botesdale-after-school-club.org.uk

Providers of wrap around quality affordable childcare for children aged 3 – 11, term time only with consistently excellent OFSTED reports.

The clubs provide a safe fun and social environment with qualified experienced and caring staff. We offer a wide range of indoor and outdoor activities (weather permitting) including games, Lego, k'nex, arts and craft, IT and quiet area, play station and Wii.

Children are collected daily from St Botolph's Primary School.
We also provide a drop off & collection service for the following schools

Mellis Primary School, Wortham Primary School, Gislingham Primary School, Palgrave Primary School.
There will be a small additional charge for this service.

Our fees are as follows;

Breakfast Club

7.45am start £5.50 per session
7.30am start £6.00 per session

After School Club

3.30pm – 4.30pm £5.00 for the hour
3.30pm – 5.30pm £9.50 for 2 hours
3.30pm – 6.00pm £12.00 per session (£11.00 for siblings)

Subscription 2018/19 £20.00

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Botesdale Parish Council

Leeann Jackson-Eve



SEPTEMBER REPORT – Leeann Jackson-Eve (Clerk)

Five councillors were present with apologies from Victoria Curry. There are currently three vacancies on the Parish Council so please give joining us some consideration.

Public Forum: County Cllr Jessica Fleming reported that uneconomic bus routes will have a public funding cut this autumn, effective the 2nd of November. The council is pleased to confirm that permanent solutions have been found for some services and the 387, 456, 112, 120 and 461 services will continue to run until at least the end of March 2020 while funding options are assessed. SCC is looking at other solutions for the 375, 483 and 62 services. A full list of the affected routes and solutions is published at www.suffolконboard.com. Our local services are unlikely to be affected. Acting as District Councillor, Jessica reported that the Draft Joint Local Plan Consultation would end on 30 September.

Planning: There was one planning application – a tree notification at Ivy House, Back Hills to fell two trees due to poor health, an ornamental cherry and a pear tree. The Parish Council was also notified that two applications for change of use from agricultural barns to houses at Lodge Farm, The Common have gone to appeal after being rejected.

Neighbourhood Plan: The Neighbourhood Plan has been passed by the Examiner and the next step will be a YES/NO referendum held by Mid Suffolk District Council this autumn. A report will now be taken to the Mid Suffolk District Council Cabinet on 7 October and the date for the referendum will be set then.

Part Night Lighting: A new SCC Part Night lighting policy sees all county-owned lights go off from 23.30 to 06.00 effective from 1 April 2019, although it has only just been communicated to us. This affects approximately 42,000 lights throughout the county, so the PC has been told that as it is policy, it is not possible to make any changes to the schedule locally. However, the Parish owns 23 lights throughout the village, and these still stay on until midnight. The PC has asked our County Councillor to investigate why policy has been changed without notification and at a future meeting the PC will consider whether to bring parish-owned lights into sync with the county lights.

Correspondence: A complaint was received about parking narrowing the bottom of Back Hills, next to the Market Place. Right now, the police no longer deal with parking issues and it has not yet been handed on to the District Council. Once the handover is complete, it is hoped that parking restrictions can be better enforced. However, at the moment we are reliant on two PCSOs funded by Mid Suffolk District Council and all parking offences must be reported to them through the PC.

Draft Joint Local Plan Consultation: The PC agreed comments in response to the Draft JLP Consultation. It is hoped that they present a logical progression of objection to the housing numbers allocated for Botesdale and Rickinghall – together a “Core Village” – which it is felt are unjustifiably and unnecessarily high. The comments also object to the addition of land south of The Street (behind White Horse Cottage, formerly PH) within the settlement boundary, without prior consultation with the community. It is allocated for 100 houses within the Draft JLP. This land was assessed by the Neighbourhood Plan and was not included in its site allocations due to important landscape characteristics and key views into and out of the village. The PC objects on this basis and because the Draft JLP totally disregards the advanced stage of the Neighbourhood Plan.

Motorbiking on Footpaths: The PC has had reports of motorbiking on footpaths from Botesdale to Redgrave. This is illegal and damaging to the surface of the path! If you see this happening, please make a note of any identifying details.

THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON

MONDAY 7th OCTOBER

at 7.30 pm

at Botesdale Village Hall

All residents welcome

www.botesdale.suffolk.gov.uk

**Your Clerk is: Mrs Leeann Jackson-Eve,
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Redgrave Parish Council



Redgrave September Report – by the Clerk

Six councillors were present at the meeting with apologies received from Angela Bigley. There are still two vacancies on the Parish Council, so please get in touch if you are interested in becoming a councillor.

Public Forum: County/District Cllr Jessica Fleming reported on a “We Are Listening” event on 11 September. Although it is of course too late to attend that event, there will be others held throughout the following year and the PC will try to keep you updated if we receive the information in time.

Planning: There was one application which was a renewal of a previous application which had lapsed. This was on land north of Fen Street for two holiday cabins with parking, a treatment plant and solar panels using existing vehicular access. There was no objection.

The PC discussed the new draft Joint Local Plan and agreed to object to the inclusion of a Hall Lane site within the draft settlement boundary. There was no explanation as to why it had been included and it pre-empted planning permission which had consistently been objected to by the Parish Council and the community.

Neighbourhood Plan: The NHP Committee have completed the consultation and collected an impressive 221 responses to the questionnaire, thanks to the group of volunteers who delivered/collected them. The next stage of the Plan will be a call for potential development sites within the village.

Entrance Gateways: The PC has received confirmation from SCC that they made an error when providing costs for the gateways, overlooking the request for double gateways at each end and not two gateways in total (one at each end). The result was a shortfall of funds to install two gates at both ends. Luckily, County Cllr Fleming has agreed to contribute additional funds. The PC still feels that the gateways will improve the appearance of the village and hopefully remind drivers to proceed carefully. With grants covering over 2/3 of the cost, the PC will continue to support this project.

Grass Cutting: The Parish Council is happy to report that it has found a contractor with the appropriate qualifications to work “on the highway”, and the Knoll is once again being cut regularly.

Tree Planting: The PC has agreed in principle to provide funding up to £500 to prepare the Town Pit for tree planting. The amount will be confirmed once quotes are available. The 150 trees will come free from the Woodland Trust.

Advertising on the Knoll

The byelaws for the Knoll (the triangle of land opposite the Cross Keys PH) prohibit many uses of the land without the permission of the owner (the Parish Council), including driving on the Knoll, allowing animals to graze on the Knoll and drying your laundry on the Knoll!

But judging by the number of notices, boards and adverts regularly dotted about, many people may not be aware that the byelaws do not allow putting up notices, either temporary or permanent, anywhere on the Knoll – *without the permission of the Parish Council*. This is both to preserve the appearance of the Knoll and make it easier to maintain the grounds.

The PC usually gives permission to reasonable requests and in future will be giving priority to adverts from community groups. If you currently have a notice board or advert on the Knoll without permission, please make that request to redgrave_pc@bopenworld.com asap so that your advert does not have to be removed.

**THE NEXT PARISH COUNCIL MEETING
WILL TAKE PLACE ON
WEDNESDAY 2nd OCTOBER
at 7.30 pm
Redgrave Amenities Centre
All Parishioners are cordially invited to attend**

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.**

Tel : 01379 890 141

Email : botesdale_pc@bopenworld.com

Please contact her during OFFICE HOURS ONLY

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Redgrave :	The Knoll	12.45 – 1.05

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Rickingham Parish Council



Report of September PC Meeting - Sally Smith

Following a break during August, the Parish Council met on Thursday 5 September with apologies received from Cllr Will Maskell.

PUBLIC FORUM

The meeting opened with the Public Forum with several issues discussed. Sue Coe raised concerns about the chaotic nature of the bus policy for sixth formers and those children not attending their nearest school. Jessica Fleming has agreed to help where she can.

Charles Greenough outlined that a funding bid for Community Infrastructure Levy (CIL) money (the tax on development) would need to be submitted by 31 October.

Funding for the redevelopment of the skatepark is being considered and any funding bid would require County Council and District Council support.

*****There have been several complaints regarding dogs being walked on the Playing Field. Please remember this is a Dog Free Zone*****

PLANNING APPLICATIONS

There were 3 planning applications to consider:

- Kenleen, Bury Road – erection of annexe and garden store. The PC had no objection.
- Jackamans Farm, Briar Lane – erection of garage and cart lodge. The PC had no objection.
- Falcon Hall Farm, Finningham Road – erection of replacement chicken shed. The PC had no objection.

PLANNING DECISIONS

Six planning decisions were received from Mid Suffolk District Council.

- The Uplands, The Street – no objection to tree works.
- Rikenderly, The Street – no objection to application for single storey rear extension.
- The Barn, Briar Lane – prior approval given to proposed change of use from agricultural building to a dwelling house.
- Upper Church Farm, Finningham Road – permission granted for erection of building in association with existing B1© use.
- Land Rear of Broland, Garden House Lane – reserve matters approved regarding appearance, landscaping, layout and scale.
- 28 Wheatfields – planning permission granted for erection of single storey side and rear extensions.

NEIGHBOURHOOD PLAN

Responses have been submitted to the Examiner, who has accepted the Plan. It is due to go to cabinet on 7 October with a YES/NO Referendum likely to be mid/late November.

CORRESPONDENCE

SCC owned streetlights are now turned off at 11.30pm. Parish owned lights will continue to be left on until 12pm.

CIL funding – Any application for CIL funding due 31 October. These are centrally held funds administered by Mid Suffolk District Council and are open to projects run by community groups.

Tree Charter – the Parish Council agreed to sign up to the Tree Charter to promote retention and planting of trees within the community.

JOINT LOCAL PLAN REPRESENTATIONS

A discussion was held regarding the Local Plan Consultation. The main point of interest was an additional site at the rear of the old White Horse Pub which has been included in the proposed Local Plan. However, this site had not previously been included and it seems the Council have arbitrarily increased the number of houses required and therefore included this site.

The PC agreed to object to this inclusion.

COUNCILLORS' REPORTS

The only report was regarding the Village Hall. The Farmers' Market continues to be successful with two new stalls, and had a successful month including a cookery demonstration. The VH barge boards have been painted.

There are still two vacancies on the Parish Council if anyone is interested in joining.

Dogs on Rickingham Playing Field

The management committee decided many years ago not to allow dogs on the field and there are ample notices to this effect. The decision was made because not all owners clear up, and dog poo is a real hazard for the many children and others who use the field. The volunteer who cuts the grass, has, on occasion, been covered by flying dog excrement which was distributed by the mower blades. Will dog owners please respect the need for dogs to be kept off the field completely and exercise them elsewhere.

Rickingham Village Hall Management Committee

RICKINGHALL PARISH COUNCIL'S NEXT

MEETING IS ON

THURSDAY 3rd OCTOBER

at 7.30 pm

AT RICKINGHALL VILLAGE HALL

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Your Clerk is :

Mrs Lecann Jackson-Eve
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BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP THE HEALTH CENTRE APPOINTMENTS OPTIONS - OPEN FOR PATIENT CARE

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The surgery is open from 8:00am until 18:30pm for appointments & Saturday morning from 07:45am until midday for pre-booked appointments only.

The Dispensary is open from 8:30am until 1pm & from 2pm to 6:30pm for medications Monday to Friday. On Saturday the Dispensary is open between 9am & 11am.

We currently take repeat medication requests by telephone for those Patients who find it difficult to come down to the Surgery to post their repeat medication slip (i.e. housebound or very unwell Patients) or repeat medication can be ordered online after registering for this service as above.

Generally, we offer on the day appointments on a Monday, when the majority of our Doctors are available, & for the remainder of the week approximate 60% on the day & 40% of our appointments are pre-bookable. The pre-bookable appointments are spread equally over 1 day, 1 week, 4 weeks & 6 weeks. The appointment split varies depending on the availability of Doctors & the holiday season & these appointments are released gradually so that all Patients have a chance of booking ahead.

The Partners feel that the current system offers the fairest access to the majority of our Patients & nationally, most GP surgeries

are not offering pre-booked appointments for at least a 6-8 week wait. We feel proud that Botesdale Health Centre are able to offer Patients advance appointments much faster than the national average in light of the current GP & clinician shortages.

We are also engaged with the NHS Care Navigation innovation with all our Reception Team having received training. We are developing this further with the view of signposting Patients to appropriate professionals with the aim of releasing Doctor availability to those Patients most in need. We would appreciate Patients co-operating with our Reception Team by answering the questions they need to ask, to facilitate this & make sure that you are seen by a clinician who is best placed to meet your clinical need. This may not necessarily be a GP.

Patients who have a long-term condition such as Diabetes or Asthma, should have an annual check-up to ensure they are taking the right levels of medications & that they are generally looking after their own health. We are developing our recall system but if you have one of these long-term conditions & you haven't received a reminder to book an appointment for your annual review, please contact Reception & they will be able to tell you if you are due for a review & book an appointment with one of the Nursing Team.”

Please do not hesitate to contact us at BotesdalePPG@gmail.com if we can help with any clarifications related to the above.



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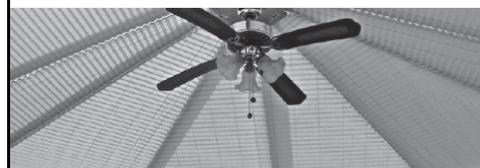
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Village News

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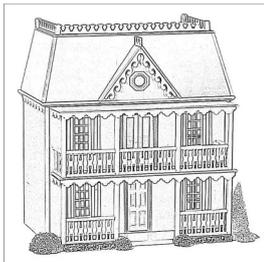
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www.dementia-together.com



Rickinghall Dolls House Group



Our Dolls House Club is for people who like all things dolls house and miniature.

We meet once a month, normally on a Monday afternoon at one of our homes.

Projects vary and are generally completed during each session.

We are a small, friendly club who would welcome new members.

If interested, please contact Linda on:

01379 898747.

OIL SYNDICATE

The next order will be in November, orders to me by Saturday 23

November, deliveries should be complete within a couple of weeks of the 25th.

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botesdaleoil@gmail.com

If not possible, then call or leave a message on:
01379 890952

I will reply to all messages, if you leave one but receive no reply within 48 hours, try again.

David Sloan



Are you interested in a
Bible study group?

I would like to start one in Botesdale and would love to hear from anyone who is willing to join in. Mondays or Fridays (or both) 2pm to 3pm
Please phone Maz on 01379 890074
Please leave a message if no reply

The Bacon Exhibition Endowment Fund.

This small Fund is available to those between the age of 5 and 25 years who live or attend schools in the villages of Redgrave, Botesdale, Rickinghall, Wortham, Burgate, Gislingham, Hinderclay, Blo Norton, South Lopham, and Bressingham. Please apply by Tuesday 15th October to: The Clerk, Mrs. R. Powell, 2 Fir Free Cottage, Redgrave, Diss, IP 22 1SD.

The Shakespeare Singers and Hexachordia Concert at Rickinghall Inferior Church.

The Parochial Church Council is very grateful to The Shakespeare Singers and Hexachordia for the concert which they performed in Rickinghall Inferior Church earlier this month. The Shakespeare singers are a group of ladies who sang in the choir at St Edmundsbury Cathedral around the 1980s and this was the first time they had sung together since then. Two of their members, Sarah Doig and Jane Scheuregger are now part of the trio Hexachordia, the third member being Jane's husband Tony who wrote two of the pieces performed on the night. Two of the choir members came from York and one even came from Scotland to perform together again. Hexachordia are a well-known trio who regularly perform in East Anglia and beyond. After the concert Kit Brinkley wrote to them saying '*Just occasionally, and last night was just such an event, one experiences the coming together of musical talents and harmony, that really touches the soul. And indeed, not just the soul but the spirit to lift us out of the mundane into the extraordinary.*

All of us, nearly 90 packed into St. Mary's ancient Church, were treated to a concert performance of early English music which dazzled and delighted us all. Bringing your dear friends the Shakespeare Singers to extend your wonderful repertoire, so cleverly created to bring in extracts from the Bard, was a master stroke; surely the performance needs a wider audience, if not a global one.

All of them performed free of charge and donations in a retiring collection amounted to more than £677. This money is to go towards repairs needed for the church which are estimated to cost £80,000. Some of the work will begin in September.

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Mondays @ 6pm Garboldisham village hall
Fridays @ 10am Palgrave village hall

Club News



HERITAGE CIRCLE

Barbara McElroy, The Story of a Suffolk Bevin Boy

Barbara McElroy gave an excellent talk to the August meeting of the Heritage Circle about her father's experiences working in a coal mine as a Bevin Boy between 1944 and 1948. As a child, Barbara noticed black marks on her father's back caused by coal dust. Over time he has become increasingly willing to talk about the period when

he worked in a coal mine. He is now 93.

Raymond was born and brought up in a small village near Sudbury which he rarely travelled far from. He left school at 14 with quite a limited education and went to work on a poultry farm. He was a strong, active young man who joined the army cadets. In 1944 he passed his conscription medical and expected to be allocated to an army unit. To his astonishment and dismay, he was sent to work in a coal mine. Early in World War II the government had miscalculated the demand for coal and had allowed coal miners to enlist in the army or undertake other forms of war work. By 1943 there was a shortage of 80,000 miners. The Minister of Labour, Ernest Bevin, was responsible for a scheme to divert conscripts from the armed forces into working as coalminers. There were 48,000 'Bevin Boys' between 1943 and 1948. Les Raymond was one of 21,800 young men who were chosen by ballot from the conscripts who came from all social classes. The other Bevin Boys were volunteers, with only 41 being conscientious objectors. Refusal to work in the mines led to indefinite imprisonment.

Les undertook four weeks of training in the technical language, safety and physical fitness, before a further two weeks of training underground. He was sent to work in Glapwell mine in Derbyshire. There was little care taken of Bevin Boys who were leaving home for the first time at the age of 18 but Les was fortunate to be given a place at a miners' hostel at Mansfield. Conditions were very basic in the Nissen huts as there was little space for more than a bed and a lack of privacy. They were very cold in winter but there were benefits. The hostel encampment had showers and flushing toilets which were amenities that many of the Bevin Boys were unused to. The food was good, and there was a medical centre. The Bevin Boys had to pay for their lodgings and laundry, and they had to join the miners' union. They were very lowly paid and so had little money left over after these expenses. However, comradeship was strong between the boys. Les was woken up at 4am and caught a bus to work at 5am for the 6am start of an eight hour shift. Conditions in the mine were dirty, hot and dangerous. There was no sanitation, and rats and mice were everywhere. There were constant fears of the roof caving in or explosions caused by gas.

The Bevin Boys had been conscripted to work in the mines but were not recognised as national servicemen. They were paid much less than soldiers and regarded as still being civilians. On the rare occasions that they were given leave to travel home, they were not allowed to use the NAAFI and they were regarded by some people as cowards as they were not in uniform. They were spat at and given white feathers even though they were doing vital war work. This left the Bevin Boys feeling resentful. At the end of the war, Les was not released from the mine. He remained a miner until 1948. By then, the mines had been nationalised and this led to better pay, and greater concern for safety and working conditions. As former miners returned home from military service, the Bevin Boys were slowly released. They were not given a demobilisation payment or any recognition of their valuable service. Unlike soldiers, their former jobs were not held open for them. Les was unemployed when demobilised.

In 1989 the National Bevin Boys Association was founded, initially to organise social reunions, but it became a pressure group which challenged the lack of recognition of the Bevin Boys. In 2007 a badge was given to veterans, but only those still alive. In 2013 a memorial was erected through private subscriptions at the National Arboretum but there were never pensions or support for those injured or killed in the mines.

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 23 October when Geoffrey Robinson will give a talk entitled *Misery and Misfortune – sudden deaths in Suffolk 1800-1850*. New members and visitors are very welcome. Further information about the Heritage Circle is available on its website, www.heritagecircle.onesuffolk.net

Gerry Gurthy

Coffee On



The Corner

*** There is no Coffee on the Corner report this month but it will be back with us again in the next issue. ***



Have you made your cake yet?

With Christmas little more than two months away, it's time to think about making that traditional fruit cake, particularly if you want to give it time to mature before adding the top layers of marzipan and icing.

This recipe makes one of the most delicious cakes ever....

Ingredients

2lb dried fruit	A pinch each of mixed
2oz shredded almonds	spice, cinnamon,
3oz glacé cherries, chopped	nutmeg and ginger
4oz chopped mixed peel	Grated rind of 1 orange
8oz plain flour, sieved	Grated rind of 1 lemon
8oz butter or margarine	Vanilla essence
8oz brown sugar	4 eggs
1tbs black treacle	4fl oz brandy or sherry

The cake tin should be 8" in diameter, lined well with greaseproof paper and reaching above the top of the tin.

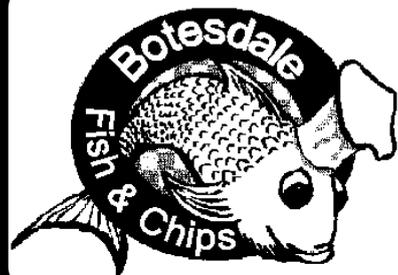
Method

Mix all the fruit in a large bowl with the almonds, cherries, mixed peel and 1 tbs of the flour. Cream the fat and sugar until light. Add the treacle, spices, grated fruit rind and the essence. Beat well.

Now add the eggs separately, beating well between each addition. Fold in the sieved flour and the fruit. Stir in 2 tbs of the brandy. Put the mixture into the prepared tin, making a hollow in the centre. This gives a flat top for icing. Tie a band of newspaper around the outside of the tin.

Bake in a slow oven for 5-6 hours, 325°F / 160°C / gas 2 for the first 90 minutes until the cakes begins to brown and then reduce it to 300°F / 150°C / gas 1 for the remaining time. Test with a skewer which should come out clean when cooked.

Allow cake to cool in the tin for 45mins then turn out and reverse. Pierce the bottom in several places with a skewer, pour in the remaining brandy or sherry. Wrap up and store until ready to apply marzipan. If liked, the cake may have another dousing of alcohol at this stage before covering in marzipan and icing.



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WEDNESDAY 4.00pm - 9.30pm

THURSDAY, FRIDAY, SATURDAY 11.30am - 1.30pm 4.00pm - 10.00pm

SUNDAY 4.00pm - 9.00pm

<i>Date, start and end time</i>			<i>>>> What's On in October 2019 <<<</i>	<i>Location</i>
Tuesday 1 st	9:45am	10:45am	Pilates	Rickingham Village Hall
	12:30pm	1:30pm	Mobile Post Office	Rickingham Village Hall
	5:30pm	-	Brownies	St Botolph's School
	6:00pm	-	Zumba	Rickingham Village Hall
	7:15pm	-	Yoga and Relaxation	Botesdale Village Hall
Wednesday 2 nd	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickingham Village Hall
	2:30pm	4:30pm	Games & Social Afternoon	Cross Keys Redgrave
	7:30pm	-	Redgrave Parish Council	Redgrave Activities Centre
Thursday 3 rd	9:30am	-	RABBATS	Rickingham Village Hall
	10:00am	-	St Nicholas Hospice Care Drop-in	Botesdale Health Centre
	10:30am	-	Diss U3A: What is a Crumhorn?	United Reform Church, Diss
	6:00pm	-	Zumba	Rickingham Village Hall
	7:00pm	-	Botesdale & Rickingham Runners	Rickingham Recreation Ground
	7:30pm	-	Rickingham Parish Council	Rickingham Village Hall
Friday 4 th	9:15am	-	Rickingham Ramblers	Rickingham Village Hall
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	10:00am	2:00pm	Time to Paint	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	12:00pm	-	Watercooler	Cross Keys, Redgrave
	2:45pm	3:45pm	Mobile Post Office	Rickingham Village Hall
	7:30pm	-	Ouse Valley Filling Station	Garboldisham Village Hall
	7:30pm	-	Whist Drive	St Botolph's Bowls Club
8:00pm	-	Dance Classes	Botesdale Village Hall	
Saturday 5 th	10:00am	-	Church open	Redgrave St Mary's
	10:00am	1:00pm	Jigsale	Walsham Memorial Hall
	2:00pm	4:00pm	Mega Jumble Sale	Botesdale Village Hall
	9:00pm	-	ACSHEC Live Music	Cross Keys Redgrave
Sunday 6 th	11:00am	3:00pm	Apple Day	Thornham Magna Walled Gdn
Monday 7 th	10:00am	-	Zumba	Rickingham Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall
	7:30pm	-	Botesdale Parish Council	Botesdale Village Hall
Tuesday 8 th	9:00am	-	Coffee on the corner	Parkview Chapel
	9:30am	-	Macmillan information and advice	Parkview Chapel
	9:45am	10:45am	Pilates	Rickingham Village Hall
	10:30am	12:00pm	Coffee & Cake morning	Cross Keys Redgrave
	12:30pm	2:30pm	Mobile Post Office	Rickingham Village Hall
	5:30pm	-	Brownies	St Botolph's School
Wednesday 9 th	6:00pm	-	Zumba	Rickingham Village Hall
	7:15pm	-	Yoga and Relaxation	Botesdale Village Hall
	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickingham Village Hall
	9:30am	-	RABBATS	Rickingham Village Hall
	12:30pm	-	Phoenix Luncheon Club	Redgrave Activities Centre
Thursday 10 th	6:00pm	-	Zumba	Rickingham Village Hall
	7:00pm	-	Botesdale & Rickingham Runners	Rickingham Recreation Ground
	7:30pm	-	Women's Institute	Rickingham Village Hall
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
Friday 11 th	10:00am	2:00pm	Time to Paint	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	2:45pm	3:45pm	Mobile Post Office	Rickingham Village Hall
	8:00pm	-	Dance Classes	Botesdale Village Hall
	9:00am	12 noon	Farmers' market	Rickingham Village Hall
	10:30am	12:30pm	Weekend Wildlife Club	Redgrave & Lopham Fen
Sunday 13 th	10:30am	3:00pm	Apple Day & Autumn Plant Sale	Redgrave & Lopham Fen
Monday 14 th	10:00am	-	Zumba	Rickingham Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall

Don't forget the mobile Post Office : Every Tuesday 12:30-1:30pm and Friday 2:45-3:45pm at Rickinghall Village Hall

<i>Date, start and end time</i>		<i>>>> What's On in October 2019 <<<</i>		<i>Location</i>
Tuesday 15 th	9:45am	10:45am	Pilates	Rickinghall Village Hall
	12:30pm	1:30pm	Mobile Post Office	Rickinghall Village Hall
	5:30pm	-	Brownies	St Botolph's School
	6:00pm	-	Zumba	Rickinghall Village Hall
	7:15pm	-	Yoga and Relaxation	Botesdale Village Hall
Wednesday 16 th	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:45am	1:05pm	MOBILE LIBRARY	See www.suffolklibraries.co.uk
	2:30pm	4:30pm	Games & Social Afternoon	Cross Keys Redgrave
	10:00am	-	Day Centre	Rickinghall Village Hall
Thursday 17 th	7:30pm	10:30pm	Acoustic Group	Cross Keys Redgrave
	9:30am	-	RABBATS	Rickinghall Village Hall
	-	-	Rickinghall Ramblers Annual Lunch	-
	6:00pm	-	Zumba	Rickinghall Village Hall
	3:30pm	4:30pm	IT Hub in the Pub	Cross Keys Redgrave
Friday 18 th	7:00pm	-	Botesdale & Rickinghall Runners	Rickinghall Recreation Ground
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30am	Wild Tots	-
	10:00am	2:00pm	Time to Paint	Redgrave & Lopham Fen
	-	-	Rickinghall Ramblers	Rickinghall Village Hall
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
Saturday 19 th	2:45pm	3:45pm	Mobile Post Office	Rickinghall Village Hall
	8:00pm	-	Dance Classes	Botesdale Village Hall
	10:00am	-	Church open	Rickinghall Inferior St Mary's
	10:00am	1:00pm	Wire Dragonfly Day	Redgrave & Lopham Fen
	10:00am	1:00pm	Bumper Charity Christmas Card Sale	Cross Keys Redgrave
Sunday 20 th	10:00am	4:00pm	Autumn Artisan & Makers Fair	Rickinghall Village Hall
	9:00pm	-	Gray Wolf Band	Cross Keys Redgrave
Monday 21 st	10:00am	-	Autumn Artisan & Makers Fair	Rickinghall Village Hall
	10:00am	-	Zumba	Rickinghall Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
Tuesday 22 nd	5:30pm	-	Slimming World	Rickinghall Village Hall
	10:00am	-	Coffee down the lane	Botesdale Methodist Church
	10:00am	2:00pm	Nocturnal Nature	Redgrave & Lopham Fen
	10:30am	12 noon	Coffee & Cake morning	Cross Keys Redgrave
	12:30pm	1:30pm	Mobile Post Office	Rickinghall Village Hall
Wednesday 23 rd	6:00pm	-	Zumba	Rickinghall Village Hall
	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickinghall Village Hall
	6:00pm	8:00pm	Family Activity : All about Owls	Redgrave & Lopham Fen
Thursday 24 th	7:30pm	-	Heritage Circle	Rickinghall Village Hall
	10:00am	12:00pm	Creative Wet Felt Workshop	Redgrave & Lopham Fen
	1:30pm	3:30pm	Creative Wet Felt Workshop	Redgrave & Lopham Fen
	6:00pm	-	Zumba	Rickinghall Village Hall
	7:00pm	-	Botesdale & Rickinghall Runners	Rickinghall Recreation Ground
Friday 25 th	9:15am	-	Rickinghall Ramblers	Rickinghall Village Hall
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30pm	Wild Tots	Redgrave & Lopham Fen
	10:00am	2:00pm	Time to Paint	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Rickinghall Village Hall
	2:45pm	3:34pm	Mobile Post Office	Rickinghall Village Hall
	7:30pm	-	RAHOF Quiz - 7:00pm for 7:30pm start	Hinderclay Village Hall
	7:30pm	-	Cinema at Eye - Rocket Man	Eye Community Centre
	8:00pm	-	Dance Classes	Botesdale Village Hall
Saturday 26 th	10:00am	-	Church open	Rickinghall Inferior
	6:00pm	8:00pm	Family Activity : Howl-o-een	Redgrave & Lopham Fen
	8:00pm	-	Rickinghall Country Music Club	Rickinghall Village Hall
Monday 28 th	10:00am	-	Zumba	Rickinghall Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickinghall Village Hall
Tuesday 29 th	9:45am	10:45am	Pilates	Rickinghall Village Hall
	12:00pm	-	Luncheon Club 898615/898619	Redgrave Activities Centre
	12:30pm	1:30pm	Mobile Post Office	Rickinghall Village Hall
	5:00pm	-	Brownies	St Botolph's School
	6:00pm	-	Zumba	Rickinghall Village Hall
	7:15pm	-	Yoga and Relaxation	Botesdale Village Hall
Wednesday 30 th	7:30pm	9:30pm	Talk: Wildlife of Holkham NNR	Redgrave & Lopham Fen
	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickinghall Village Hall
Thursday 31 st	7:30pm	10:00pm	Ian's Hallowe'en Quiz Night - 7:00pm for 7:30pm	Cross Keys Redgrave
	9:30am	-	RABBATS	Rickinghall Village Hall
	6:00pm	-	Zumba	Rickinghall Village Hall
	7:00pm	-	Botesdale & Rickinghall Runners	Rickinghall Recreation Ground
	7:00pm	-	Redgrave Garden Club AGM + talk	Redgrave Activities Centre



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Club News



Mill Lane Allotment Association MLAA

October is upon us, and after a very productive summer season, our thoughts have now turned to beginning the preparations for tidying the plot and perhaps putting some areas to bed till the Spring.

Potatoes and onions have been gathered in and stored in their sacks to give us vegetables well into the winter. Apples, Pears and Autumn fruiting Raspberries will have been picked and processed into a myriad of tasty recipes or once again stored for later use.

Autumn sowing Green Manures can be planted as ground cover that help to suppress weeds and, when dug back into the ground, increase nutrient levels, and disrupt soil pests. Winter Rye, Caliente Mustard and Crimson Clover are examples used this year at Mill Lane Allotments to recharge our soil.

It is also time for autumn planting vegetable varieties. Onions, Garlic and Shallots, Broad Beans, Cabbage, Cauliflower and Spinach all thrive on the allotment and give early crops to carry us through to the Spring. Our Face book group has recently been launched, and it is here that over the coming months, you can find the latest news and pictures of our members.

Find us at <https://www.facebook.com/pg/mlaarickinghall/about/>

We have had a number of new members this year, all of whom have enjoyed the benefits of growing their own produce, meeting new people and getting out into the fresh air on a regular basis. This just goes to show that allotments are good for you and your overall feeling of well being. We will have plots available for next season, so why not make contact with Mark Wiseman on 01379 898805 and get your name on our waiting list.



Botesdale and Rickinghall Community Woodland Group

As I write, our sites are preparing for winter. Miller's Orchard has already given up its fruit and many wild apples lie on the ground to be hoovered up by small animals and invertebrates.

The wood is much more open to the sky than it used to be and there's a calm feel to it as you walk through.

Low Meadow will be cut soon; the grasses are very dry after the hot dry weather and the benches are almost hidden from view!

The fruit trees in Northfield Wood have all produced well this year. Indeed, some of their branches are quite weighed down, but the fruit is not ripe yet despite the rosy appearance of the apples.

It is disappointing that some dog walkers are not picking up after their dogs. Please do - there's a bin at the start of Mill Lane for disposal of poo bags.

We are pleased to know that Redgrave's tree warden, John Preston, has acquired trees from the Woodland Trust and a group will be planting them soon. They are hoping to pick up some hints (do's and don'ts) from us. It's good to share. John also works with the Little Ouse Headwaters, as do some of us, and there is always stuff to be learned.

Rosemary Jones, 12th September
01379 890238

theWI Rickinghall - News INSPIRING WOMEN

Pearls and Container Ships!

In July, our speaker was Jason Middleton, an international gem stone buyer, who told us all we could ever need to know about pearls - what they are, how they form and why, what produces them and where they are produced.

It was fascinating to see and handle samples of many different pearls from fisheries around the world and to discover they are not all round and champagne-coloured as some of us thought. He also told us a little of the history of pearls and about very famous pearls including those owned by royalty past and present.

At our August meeting, we were "taken around the world on a container ship". Many of us dream of a world cruise but I doubt we'd be keen on 4 months as the sole passenger on a working ship! Our speaker Peter Hesketh sailed from Southampton via the Suez Canal to China then across the Pacific Ocean, through the Panama Canal and finally across the Atlantic to arrive back in Felixstowe. Phew...

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Would you be interested in joining a proposed new garden club catering for the gardening lovers of Botesdale & Rickinghall?

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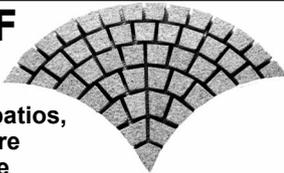
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Exploring the Past

Jean Sheehan, 01379 890237

Redgrave Hall

The description below of Redgrave Hall was written by an unknown visitor.

A Visitor's Description 1867

The character of the interior is that of a most spacious and convenient mansion. It has been completely re-furnished and re-decorated and is an interior that may be compared with any in this part of England.



Redgrave Hall Drawing Room circa 1930

The principal suite of apartments, the dining room, saloon, and drawing room have been redecorated by Nosotti in a manner worthy of a palace. The ceiling is in the Pompeian style and the painting is beautiful in the extreme. Beyond these spacious, lofty and elegant apartments are the large and small libraries, the inside of whose doors are so fitted with mock bookshelves, fitted with imitation books, that when the doors are closed the mode of egress and ingress is perfectly concealed.

The grand stone hall, with handsome mosaic pavement and fine oak staircase with bronze balusters, is surrounded with newly bronzed busts of the Caesars. Innumerable chambers run round the quadrangle of the building as the first and second floors, and in the central part of the building on the ground floor are the servant's offices, forming the ancient portions of the structure, with all the commodiousness of the ancient kitchens of an abbey, and all the appliances and conveniences necessary for the modern practice of the cuisine.(1)

The house was probably re-decorated for George and Lucy Wilson's marriage in 1865. George inherited the Redgrave Estate from his father, George St. Vincent Wilson, when he was only 16. His uncle, John Wood Wilson, ran the estate for his nephew until he came of age.

The dining room, saloon and drawing room were the three rooms across the front of the house which overlooked the lake (2). This was in the part of the house which had been re-modelled by Capability Brown in the Palladian style in the eighteenth century changing it from the Tudor house which had been built by Nicholas Bacon in the sixteenth century.

In the staircase hall, behind these rooms, was the muniment room which was full of documents, some dating back to the

Abbot's days which gave an insight into medieval times. The majority of these documents were sold at an auction in 1921 and most of them were bought by the University of Chicago, and some were bought by the British Museum (now the British Library). Edmund Farrer, FSA, had made an inventory of the documents in 1919, before the sale and another one in 1921 listing the documents left after the sale. This small room was described as the housekeeper's room in 1937.

The furniture and contents of the house were sold at an auction in July, 1936.

This lovely house was sold off as building materials in 1946. George Holt Wilson had moved out of the hall in 1898, ten years after Lucy died aged only 45, leaving ten children. The house and park were let to various tenants and in the 1930s were used as a country club. The house was used by various soldiers in the first few years of WWII and was left badly damaged. In 1943 an American army hospital was situated in the parkland and a prisoner of war camp was on the opposite side of the lake. After the war John Holt Wilson decided to sell the house as building materials and put the money into farming. An auction sale was held in June 1946 and the Georgian part of the house was demolished leaving just a small part of the Tudor house. John intended to restore this and make it into a house to live in.

The library doors painted with bookshelves were stored in an outhouse at Hall Farm before being shipped to America. The visitor giving the description mistakenly thought the kitchen was built when the site was owned by the Abbot of Bury, but the Georgian kitchen was the original hall of the Tudor house. This accounted for the double height of the kitchen through two floors. It was already an old-fashioned idea when Bacon's house was built as halls were being floored over at this period. When the Abbot owned the Redgrave estate the kitchen was a separate building to avoid the risk of fire and had a tiled roof (3).

The Abbot's house, (known as the hunting lodge) built in the 13th century, was situated originally to the rear of the Tudor House. The only part incorporated into Nicholas Bacon's house was stonework which was still in place at the rear of the hall in the 1930s (2). The Abbot's house was used to accommodate the workers employed by Nicholas Bacon to build his new house starting in 1547 and finishing in 1554. A few of the craftsmen had come from London. The hunting lodge was demolished when it was no longer needed to accommodate the builders (4).

(1) Tim Holt-Wilson's Redgrave Park website.

(2) Plan for modernising Redgrave Hall by Basil Oliver 1937.

(3) Redgrave Compotus Roll 1344-British Library.BL63374.

(4) Edmund Farrer. Suffolk Record Office, Ipswich HD78/2671.

If you would like to learn more about Redgrave Hall and park Tim Holt-Wilson will be giving a very detailed illustrated account of the house and park at Rickingham Village Hall on Friday 4th October, 7pm for 7.30. This is to raise money for building work at Rickingham Inferior Church estimated to be in the region of £80,000. Further details in the magazine.

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Exploring the Past Again

Di Maywhort, 01379 898785

Memories - Part 3

Peggy Healey's memories continued.

In the late 1980s Peggy Healey née Fellingham replied to the following questions which had been asked by her grandson Ewan for a school project. Ewan was six years old at the time. The first five questions and answers appeared in last month's Parish Magazine, the last four appear below.

What did you do in your spare time?

I played with other children in the village. Practised for the school concert during the Autumn term, which was held just before Christmas. I belonged to the church choir so I had to go to choir practice. We went swimming during the summertime in the lake, which was about one and a half miles away. Went for walks through the fields. The harvest fields were a great attraction; we tried to catch rabbits while the corn was being cut. We rode on the farm horses and also on the hay wagons. This would not be allowed today.

What were the shops like?

There were three or four sweet shops in the village, which also sold various grocery items and cigarettes and tobacco, a post office, butcher's shop, two large grocery shops, one of which was the Co-op. Another shop sold all kinds of clothing, boots and shoes, etcetera. Another sold haberdashery and all kinds of fur things and odds and ends. There was a wheelwright's and a blacksmith's forge and one building firm and about four public houses.

How did the people travel?

People mostly cycled locally and they might walk. Hardly anybody owned a car; they couldn't afford it. There was a local bus service in the village. On Tuesdays one bus went to Ipswich and one to Norwich. Both places are twenty six miles away. On Wednesdays one bus went to Bury St. Edmunds, which is fifteen miles away. On Thursdays a bus went to Stowmarket, thirteen miles away. On Fridays one bus went to Diss, which is the nearest market town, six miles from the village.

What changes have you seen in your lifetime?

The village of Rickinghall has altered very much over the years. The population has increased considerably with lots of people moving in. A

large number of houses have been built in and around the village. The traffic is so great that a bypass is being built in the near future. It is quite difficult to cross the road at certain times of the day.

Rickinghall is situated on one of the main roads to the east coast, the A143. In Summer the coastal traffic builds up in great numbers and in Winter large numbers of sugar beet lorries are making their way to the sugar beet factory at Bury St. Edmunds. I can remember as a child playing ball in the road, spinning tops and bowling hoops. Cars very rarely came along; it was mostly horse and carts or bicycles.

Another point of interest was a blind man who lived in Rickinghall who made all kinds of baskets from the osiers that were grown on the outskirts of the village. These were grown in beds in the rivers and ponds in the damp fen type land north of the village. They were cut when about six to eight feet tall, then the long twigs were stripped and dried in the sun making a cane that was suitable for weaving baskets.

Rickinghall also had a band known as the Rickinghall Silver Band which was used at all kinds of functions, for example church fetes, garden fetes, sports events and war memorial services. There were about twenty four men in the band; quite a number of these were relatives. They practised during the Summer months in an old cart shed; there was no village hall in those days. They also attended different events in the surrounding villages. The band was disbanded sometime after the war.

When I was a child things were not at all like they are today. It was a completely different life. I hope these remembrances will be of interest to the children in Ewan's class.

With thanks to Chris & Marcia Bell for this transcript and for the photographs.

We would very much like to have your memories of growing up in our villages. Even the 1970s and 1980s are history now! These memories need not be 'essays' but, just as Peggy did, could be noted down as answers to questions such as: What do you remember about your family? What were the shops like, what did they sell & who were the local shopkeepers? Where did you go to school?

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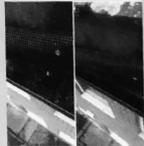


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Nyall's Notes

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

Famous people are usually famous for what they have done in life, certainly not as a result of their death. What do you have to do to be remembered solely for your death? I remember Robert Maxwell who disappeared from his yacht while at sea but he was head of one of the world's biggest media empires. He was famous for what he had done. However I am also reminded of a war time story. A group of prisoners were about to be shot when one pleaded for his life thinking of his wife and family. A priest then offered to stand in for him and was shot in his place. The man may not have done much in his life but he achieved something significant in his death.

Jesus did quite a lot in his three years of ministry but they would all be forgotten if it hadn't been for his death. Like the priest in the war time story Jesus is presented to us by the writers of the Bible as a substitute. There are many aspects of Jesus' death but the easiest one to understand is that of the substitute. In his case it isn't a substitute for just one but for anyone who will accept his offer to stand in their place.

The Bible says that after death comes the judgement. So imagine you are there in the heavenly courts. Up steps the council for the prosecution who proceeds to reel off a list of everything that you have done that is wrong. Right and wrong will be judged by God's laws but I think that, for the sake of the exercise we can each use our own standards. You can imagine what a list of all the things that you have done, that you know are wrong, will look like. As I type this I have just realised that, in putting it that way, each of us has pleaded guilty. I specified it as a list of things that each of us knows we have done wrong. The council for the defence then steps forward and seeing that the case is hopeless says to us, "I'll take the penalty. Will you accept it?" You look up in surprise and find that it is Jesus.

There is one big thing that is wrong with that illustration and that is the order that things happen. The offer to take the penalty doesn't take place after death, it takes place here and now in this life. We know when we do wrong in this life, the offer is made in this life and the offer has to be accepted in this life.

This next statement sounds terrible. It sounds terrible because it is contrary to what most of us presume. It sounds terrible because we have this concept of an all loving God and forget the idea that he hates wrong. Love and mercy are offered in this world and, if it is accepted in this world it will see us through the judgement.

But there is no mercy in heaven. It has to be received here.

*All we like sheep have gone astray;
we have turned every one
to his own way;
and the LORD has laid on him
the iniquity of us all.*

Isaiah 53.6

Bill's Birds

Bill Cordeaux Tel: 898286

How quickly the seasons have moved on this summer. Suddenly we were conscious of the disappearance from our skies of screaming Swifts, sadly less in number this year. Both lack of insect food supply and nesting sites, make the journey north less attractive. Will they inform their colleagues in the south that they should go elsewhere next year?

How about the Cuckoos—late in arrival then frantically 'cuckooing' all through the night! I gather from the BTO that four more Cuckoos were tagged this year and two of them were noted in France before the end of June!

Redgrave Fen has also been silent. The information board at the Centre has recorded more butterflies than birds. This has encouraged me to have looked more carefully at butterflies and I can proudly record a 'Painted Lady'. This has been one of their good years, migrating all the way from south Europe. What a fantastic distance to the north for such fragile insects. Perhaps they fly high to get suitable winds?

Recent visits to Redgrave Lake have been very rewarding.

On 25th August, side-by-side with eight Herons, and below the vacated heronry, there were two pure white birds similar in size and shape but with



Heron and Great White Egret

yellow bills, along with two Little Egrets (looking somewhat embarrassed, head under wings) beside their new neighbours. The big birds must be Great White Egrets. How dull in colour our Herons looked beside them! The relationship could be confirmed in the following days by their long mobile necks, walking and preening themselves. Later, a third Great White Egret joined them.

At this end of the Lake more was on offer. A large muster of both Lapwings and Lesser Black Backed Gulls, which can usually be found behind the plough at this time of the year, and many Greylag Geese were present as well as the usual Canadas. Quite a crowd.

As an interesting contrast, there was a wader : a single Common Sandpiper amongst a family of Pied Wagtails, and recognised by its size, short bill and continuous bobbing movements, in contrast to the wagging of the Pied Wagtails tails. Of course there were the more than 50 Mute Swans, many with accompanying cygnets. Splendid views of a parent Swan followed by nine grey cygnets all in a neat row with their 's' shaped necks. Suddenly a crowd of gulls arrived. They again were 'Little' Gulls (previously mentioned in June's BB's), distinguished by their tern-like movements : low over the water and picking up their food.

To complete these exciting watching days a migratory raptor, a Hobby, flew across the Lake looking for dragonflies and recently hatched youngsters. Soon it will have departed south. Many birds will be passing south, watch out for warblers, Chiff Chaffs and Blackcaps, singing abbreviated 'farewell' songs in your garden.

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AROUND THE GARDEN

Lawrence Thompson Tel.: 01379 890667

Welcome to our new monthly gardening column that hopefully will provide some general advice and inspiration to both seasoned gardeners and for those not so familiar with the subject. By and large, I have been a fairly successful gardener for over forty years first having 'helped' my grandfather on his allotment when I was a mere nipper. That passion for gardening engendered on his plot has never left me and the growing knowledge and expertise I gained I have put to good use over the ensuing years. So hopefully I can pass them on and you can benefit from them too.

October is the season when the brilliant colours of autumn leaves transform the character of our gardens and remind us that there are still plenty of jobs to undertake before the first frosts begin to bite. If we are lucky and the weather is mild, it's the best time for planting new trees and shrubs so their roots establish well as the soil is still warm and moist.

The tender summer bulbs such as dahlias and gladiolus need to be lifted by now and stored -although it is best for the early frosts to blacken the dahlia foliage. If you grow late varieties of potatoes, now is the time to dig them up and store in a frost free place. Similarly, pick any fruit remaining on trees- although I like to leave the windfalls for the birds. Talking of birds, now is also the time to tidy up perennial plants, cut back dead stems but leave ornamental seed heads for winter interest and a feast for our feathered friends.

Bring in tender plants, such as geraniums and fuchsias if you haven't done so, and store them again in a frost free place. As my greenhouse is not heated, I cover these over wintering plants with fleece and check them regularly cutting out any dead foliage.

My lawn is in need of some TLC. Not as bad as last year after the scorching summer drought but would benefit from a good raking to remove the thatch and then an application of an autumn lawn fertilizer. If you are planning a new lawn now is a good time to lay turf (keep it well watered if the weather keeps dry) If you have a garden pond you need to have it netted by now to catch any falling leaves before they sink to the bottom and start decomposing with dire results to the water quality and clarity.

Towards the end of October start planting hardy deciduous trees and shrubs of all kinds in well prepared ground. Work in the planting hole garden compost, peat or well rotted manure. A sprinkling of bone-meal will benefit the new arrival but avoid any quick acting fertilisers. If it is frosty or very wet; or when a strong north or north westerly wind is blowing, delay the planting storing the trees, well wrapped in sacking or similar, in a shed until the weather improves. Shrubs can be heeled into the ground making sure the roots are well covered and firming down the soil and they should be okay until the spring planting season if the weather fails to improve. Do remember newly planted trees need to be firmly staked and tied. In the first few months water newly planted shrubs if the weather is particularly dry. Evergreens need careful watching and spraying the foliage with water (along as it is not frosty) should help prevent the plants from shedding their leaves.
Enjoy your garden.

Remembrance Day

This years' Remembrance Sunday is on Sunday 10th November. At 11am we salute the Fallen by a short period of silence at the War Memorial. All are welcome to observe this silence with us - please assemble at the Memorial just before eleven am.

The Three Villages' Parade to commemorate Remembrance Sunday will take place later the same day. The Gislingham Silver Band will play. It is the villages' parade and all are encouraged to march behind the Band

No training is needed! Stand behind the Brownies, facing downhill. We will "Quick March" with an "Eyes Left" at the Memorial. At the Blue Orchid, we will halt, break lines and go up to the Chapel. If in doubt, follow the Brownies!

We will set off at 2.45 pm from the Old Post Office to the Chapel of Ease. After a short service we will fall in, as before, outside the Chapel and march to the War Memorial where wreaths and tributes will be laid and the two minutes' silence observed. The parade finishes at that point.

The Street will be closed for the short period of the Parade until after the service.

If there are any questions please contact Lt Col Mike Bishop on 07801 815983 or 01276 412031

Botesdale and Rickinghall Neighbourhood Plan - Update -



The Neighbourhood Plan ("the Plan") has reached the significant milestone of approval by an independent examiner, with the recommendation it be put to a referendum. Once approved by Mid Suffolk District Council (MSDC), the Plan will be put to the residents of Botesdale & Rickinghall for approval or rejection by means of the referendum, that MSDC will arrange & conduct. Look out for more information in the coming weeks.

Dear Editor,
Last month's article on Literary Suffolk was interesting and I would be grateful if you would remedy one omission.
Rosemary Jones

George Crabbe, 1754-1832, was born in Aldeburgh, spent many of his early and later years in this county, and married a Suffolk girl, Sara Elmy, whom he met through friends at Woodbridge. Having failed as a surgeon, he became a clergyman and also wrote poetry. His poem *The Borough* became the source material for Benjamin Britten's opera *Peter Grimes*. The Suffolk Poetry Society runs a Crabbe Competition every year. This year's winners have just been selected and will appear, if not there already, on the Society's website.

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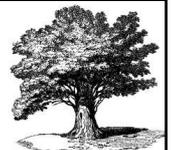
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Quatrefoil

Thank you to all the people who attended our Bringing History Alive Day, (over 150) and to all the people who contributed photos and memories to 'Portraits of Village Life' the new book launched at this event.

Visitors enjoyed looking at the displays and listening to the talks. Tim Holt-Wilson gave a talk on Redgrave Hall and Graham Clayton gave a talk on Edmund Farrer, a local historian who photographed changes which were happening in the villages in the first quarter of the twentieth century.

Many of his photos appear in the book which covers Rickinghall, Botesdale and Redgrave, and sells for £10. Many people met up with relatives and old friends as they sat and enjoyed delicious refreshments and new people came who were researching into ancestors who had lived in our villages.

For further details see www.quatrefoil.org.uk The book will be for sale at Rickinghall Farmers Market or contact Diana Maywhort on 01379 898785 or Jean Sheehan 01379 890237.

This poem was recited by the author at Maureen Self's funeral at Rickinghall Inferior Church.

OUR MAUREEN

When I say "Our Maureen"
Well strictly that's not true.
But nevertheless and for the best
She is known to me and you.

And who are we you ask yourselves
Patently that's clear,
It's each and everyone of us
That's now assembled here.

Of course there's great diversity
But I think it's fair to say,
That we all knew "Our Maureen"
In an individual way.

For my part I'm an import
From Middlesex I came,
And with my wife we chanced upon,
Our house in Water Lane.

That's where we first met Maureen
With that sparkle in her eye,
A swift "hello" and then "farewell"
As Oscar dragged her by!

We would see her in the garden
Where she'd dig for hours and hours,
Setting out the vegetables
Or in amongst her flowers.

She'd monitor the weather
But that was never right,
Too hot, too cold, too wet, too dry,
Too dull, too damp, too bright!

I'm not alone in thinking
However hard I try,
There's so much more to Maureen
Than could ever meet the eye.

Up early every morning
She'd walk along "The Lane",
Inspect the Church and thereabouts
Then wander home again.



But there's another reason
Why she did this every day,
To check upon her feline friends
That they'd not gone astray.

Of course you couldn't miss her
That familiar little frame,
With her trolley in the forefront
To the Co-op once again!

Maureen ever present
Ever sweet and ever kind,
Has left her mark on each of us
That she has left behind.

How sad that we have lost her
Her earthly form is gone,
The tune they say is ended
But the melody lingers on.

I think that I am lucky
And because I live close by,
For I can walk across the bridge
Look West towards the sky.

Then when I look across the field
One thing alone I see,
"Our Maureen" in her garden
And she smiles and waves at me.

*Richard Williamson
(Maureen's friend and neighbour)
21 August 2019.*

Friends of Rickinghall Church

The lower part of the round tower of St Mary's Church, Rickinghall Inferior, was built soon after the Norman conquest. The octagonal portion of the tower and most of the remainder of the church mainly dates to the fourteenth century, but there was an earlier church on this site mentioned in the Domesday survey. The architect who drew up the quinquennial inspection said in the assessment of significance "This is the oldest building in origin in the locality. The round tower and the south aisle windows are both significant in the East Anglian context. The round tower, surviving 12th, 13th, 14th and 15th century work is all of great interest, and makes this building nationally significant." The QI pinpoints urgent repairs needed to the church and the expected cost to get this work done is in the region of £80,000. Some of the gutters and drains and other work is starting on September 16th but this is only a minor part of the work needed, the main problem is the north slope of the chancel roof.

Please would you come to an inaugural meeting on Saturday 2nd November at 10 am in the church to hear about forming a Friends of Rickinghall Church. Other local groups help to raise money for their churches or do voluntary work to help to maintain the church and churchyard. You do not need to be a churchgoer to help in this way, everyone's talents will be appreciated and working as a community for such an ancient building can be very rewarding. There will be a talk to raise funds in Rickinghall Village Hall with Tim Holt-Wilson on the History of Redgrave Hall and Park, on Friday 4th October, quiz and fish and chip supper on 28th February, 2020 and a talk in the church by Roy Tricker on the history of Rickinghall Inferior church on 15th May. Ring Jean Sheehan on 01379 890237 if you would like more information.

Submissions invited for new recipe book supporting the bereaved

A new book is to be launched next year aimed at helping those who are newly bereaved to learn the art of **Cooking for One**, along with advice on self-help and wellbeing. The book will feature anecdotes, stories and recipes from people who have lost a loved one. Submissions for inclusion in the book are invited now and anyone who has experience of losing a loved one is welcome to take part. The publishers would particularly like to hear from anyone willing to share their experiences of bereavement as well as ideas for comforting and simple food.

Cooking for One is the brainchild of Norfolk-based Rosedale Funeral Home. All profits from the venture will be donated to a bereavement charity, which will be chosen shortly. For further information about **Cooking for One** and a link to the submission form, please visit rosedalefuneralhome.co.uk/cookingforone. There is also a printed form available for download on the website for anyone who would rather submit their story and recipe by post.

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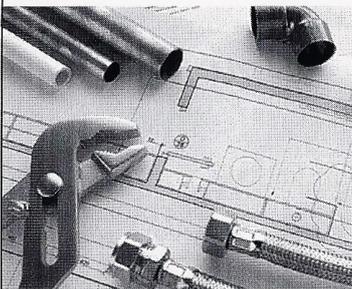
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Botesdale & Rickingham	Peter Beck	01379 890495	peter@pbeck.plus.com	Emergency	999	For Ambulance, Fire Brigade, Police
Redgrave	John Campbell	01379 890946	redgrave.nwatch@outlook.com	Manned desks		Bury St Edmunds - Raingate Street IP33 2AP Ipswich - 10/10a Museum Street IP1 1HT Lowestoft - Old Nelson Street NR32 1PE

BE SCAM SMART!

Increasing numbers of people are losing money to fraud amid a surge in online and cold calling scams. Last year there were an estimated 3.6 million incidents, more than a third of all crimes reported in England and Wales. This shows how anyone can fall victim of a scam. We will be bringing you regular warnings of telephone and other cold calling scams advised by Trading Standards currently doing the rounds locally. Forewarned is forearmed!

Cold calls claiming to be from Ofcom

- A number of reports have been received about telephone cold calls with a recorded message stating it is from Ofcom and claiming 'they have an issue with your internet and they will cut it off within 24 hours as hacking has been detected'. The message then gives some press button options to clear the problem.
- These calls are not genuine nor are they connected with Ofcom in anyway and are the latest variation to scams relating to telephone and broadband attempting to panic the recipient into interacting with the call.
- Ofcom have offered the following advice regarding these calls:-
'If you receive a call like this claiming to be someone from Ofcom, please do not give any personal details or press a button to continue the call. Instead, hang up and report the call and the number from which the call is emanating to Action Fraud on 0300 1232040'. Alternatively, you can report suspicious calls via the Citizen Advice consumer helpline on 03454 040506.

Peoples Postcode Lottery (PPL) - Offer letters

- Several incidents have been received of letters purporting to have come from PPL suggesting the recipient is the winner of the monthly jackpot - circa £900,000. To receive the prize recipients are asked to submit personal details including bank account information to confirm who they are and forward money up front as a 'processing fee'.
- PPL have confirmed this is a complete scam and if you have received such a letter you should not respond and contact their Customer Service Team on 08081098765.

Do be very wary of any approach made by a telephone cold call and never be pressurised into interacting with the caller no matter what claims of dire action will follow if you do not comply with their wishes.

Due to Police cutbacks, we no longer receive information about recent crimes and unsociable behaviour. Should you become a victim of either, after informing the Police, please let me know using the contact details above. I will not give your details to anyone. If you wish to be on the circulation list to receive details of crimes etc, please also let me know. Peter H Beck.

Redgrave's Neighbourhood Plan



WORKING TOGETHER TO PLAN OUR FUTURE

October 2019 Update

Questionnaire—Feedback

Many thanks to all Redgrave residents who provided their responses to the Neighbourhood Plan Questionnaire. The survey ran until August 31st and at the time of writing the data are still being analysed but will provide valuable evidence to assist in our village's plan for the future.

A total of 221 responses were received which is an amazing effort!!

A warm round of applause too for the questionnaire delivery team!

Call for Sites

As part of the Redgrave NP process, it is necessary for there to be a 'Call for Sites'.

This is a process whereby potential sites that could be developed are identified in a similar way to the process undertaken previously by Mid Suffolk District Council.

Redgrave residents will be consulted on this process later in the year with full details to be provided in the November issue to watch this space!

Full details will also be available on the Redgrave Neighbourhood Plan website:

You can also contact the NP team at the email address below.

<https://redgraveneighbourhoodplan.com/>
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Thankyou!



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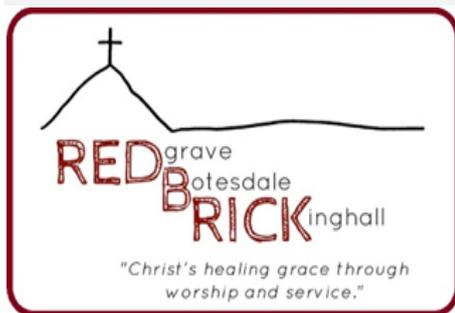
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SEE OUR NEW TIMBER ALTERNATIVE "EVOLUTION" WINDOW

October Church Services, Readings, Rotas and Registers



If interested in having your child baptised, or wish to get married in one of our church buildings, please do get in touch with the Rector, Revd Chris Norburn, using the contact details on page 2.

You'll see that this month, as part of a tidy-up of the various pages in the magazine, we've moved "From the Registers" to this page from page 2. Neighbourhood Watch has moved to page 37.

Readings for Parish Church Sunday Services

	1st reading	2nd Reading
6 th	2 Timothy 1:1-14	Luke 17:5-10
13 th	2 Timothy 2:8-15	Luke 17:11-19
20 th	2 Timothy 3:14-4:5	Luke 18:1-8
27 th	2 Timothy 4:6-8, 16-18	Luke 18:9-14

Church Services and Flower Rotas

Service	Task	6 th	13 th	20 th	27 th
9:15 Redgrave All Saints Holy Communion	Lector	Mr J Lamb	-	Mr J Walker	-
	Sidesman	Mrs F Lamb	-	Mrs J Stokes	-
10:30 All Saints All Together	Lector	Mrs C Davidson	-	Mrs K Gunn	-
	Sidesman	Mrs S White	-	Mrs F Lamb	-
10:30 St Botolph's Chapel of Ease Holy Communion	Lector	-	-	-	Mrs C Davidson
	Sidesman	-	-	-	Mrs C Hilliard
10:30 St Mary's Rickinghall Holy Communion	Lector	-	Sarah Raynham	-	-
	Sidesman	-	Mrs C Davidson	-	-
6:30 St Mary's Rickinghall Evening Prayer	Lector	-	-	-	Rector
	Sidesman	-	-	-	Mrs Sheehan
Redgrave All Saints	Flowers	Mrs Lamb	-	Mrs Davies	-
Rickinghall St Mary's	Flowers	-	-	-	-

From the Registers

4.7.19	Funeral service at St Mary's Church, Rickinghall Inferior for Mr Ashley Flatman: Died 13th July 2019. Age 84
21.8.19	Funeral service at St Mary's Church, Rickinghall Inferior followed by burial in the Churchyard for Mrs Maureen Margaret Self: Died 16th July 2019. Age 75
29.8.19	Service of Thanksgiving at St Mary's Church, Rickinghall Inferior for Mr Thomas Hodson : Died 11th August 2019. Age 81

Free to every household thanks to the local businesses that advertise here. Please support local businesses.



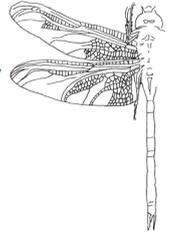
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Jean Sheehan (01379 890237)
Di Maywhort (01379 898785)

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Botesdale Methodist Church & Parkview Chapel in October

Parkview Chapel

For more details on any of the following, please call Kev Gladwell on 01379 898924 or see <http://www.parkviewchapel.co.uk>

Sunday Services

Refreshments served on all Sundays from 10.30am

Sunday 6 th	One service at 11.00am (including Communion)
Sunday 13 th	Communion service at 10.00am and 'Coffee On A Sunday' at 11.00am
Sunday 20 th	Communion service at 10.00am and Main service at 11.00am
Sunday 27 th	Communion service at 10.00am and Main service at 11.00am

Events at Parkview Chapel

Thursday 3 rd 2:00pm	Praise Hour
Tuesday 8 th 9:00am	Coffee On The Corner
Thursday 17 th 2:00pm	Praise Hour

PARKVIEW YOUTH - Activities for Children & Young People - all at Parkview Chapel, Botesdale

Junior Church : Reception - Year 6 Sundays 11.00am - 12.00pm	Junior Friday Reception - Year 6 Fridays 6.00pm - 7.00pm
PYP : Years 7 - 13 Sundays 7.00pm - 8.30pm	Senior Friday Club Years 7 - 11 Fridays 7.30pm - 9.30pm

A friendly welcome to everyone at **Botesdale Methodist Church** *services and events*

Services (every Sunday at 10.30 am unless otherwise indicated)

Sunday 6 th	Mr David Freeman
Sunday 13 th	Holy Communion led by Rev David Ely
Sunday 20 th	Mrs L Spencer
Sunday 27 th	Local Arrangement

Events

Tuesday 1 st	Forum : Harvest Festival Supper	7:30pm
Monday 7 th	Bible Study led by Rev David Ely	10:00am-12:00pm
Wednesday 18 th	Wives Club lunch at Stoke Ash	-
Tuesday 22 nd	Coffee down the Lane	10.00am-12.00pm
Monday 28 th	Bible Study led by Rev David Ely	10:00am-12:00pm

Free to every household thanks to the local businesses that advertise here. Please support local businesses.



All Saints
Redgrave



St. Botolph's
Botesdale



St. Mary's
Rickinghall

6th October '19 16th Sunday after Trinity



9:15 All Saints, Redgrave
BCP Holy Communion

Followed by refreshments

10.30 All Saints, Redgrave
All Saints Altogether

*All Saints All Together is an interactive service
for people of all ages*

13th October '19 17th Sunday after Trinity



10.30 St Mary's Rickinghall
CW Holy Communion

Followed by refreshments



3.00 Botesdale Village Hall,
The Get Together



A time to meet, eat and explore life together

20th October '19 18th Sunday after Trinity



9:15 All Saints, Redgrave
BCP Holy Communion

Followed by refreshments

10.30 All Saints, Redgrave
All Saints Altogether

*All Saints All Together is an interactive service
for people of all ages*

27th October '19 Last Sunday after Trinity

10.30 St Botolph's Botesdale, CW Holy Communion

10.30 Messy Church, Botesdale Vil-
lage Hall for tea, cake, crafts,
songs, stories and family fun.



3.00 St Mary's, Rickinghall, Evening Prayer

3rd November '19 All Saints/All Souls

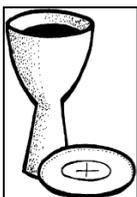
9:15 All Saints, Redgrave BCP Holy Communion

3:00 Service of Remembrance, Rickinghall

Also this month:



Sat. 19th October 8.30am
Men's Breakfast
Parkview Chapel, Botesdale
Please contact Kev Gladwell on 01379
898924 if you wish to join us.



Wed. 2nd October 10.00am
St Mary's, Rickinghall
Holy Communion
Thur. 17th October 9.45am
Farnish House Holy Communion
*These services are open to everyone,
and follow the order of BCP (Book of
Common Prayer)*



Sunday 13th October

The Get Together

3.00pm Botesdale Village Hall



*This is a monthly intergenerational gath-
ering giving all ages a time to meet, eat
and explore life together in an informal
way*

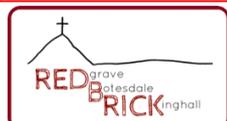
"What is Next, God?"



Thurs. 10th October 7.15pm
The Rectory, Bury Road, Rickinghall

Tues 22nd October 7.15pm
All Saints, Redgrave

*A time of prayer for the work and minis-
try of the church in the community*



*"Together in these villages we offer Christ's healing grace through our worship and service."
For more information; Revd Chris Norburn 01379 898685*