

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

August-September 2020



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

St Mary's Rickinghall Inferior
www.stmarysrickinghallinferior.onesuffolk.net

New Parish Website:
rbrchurch.org.uk

Instagram:
@rbrchurch

Foreword from
Reverend Chris Norburn
Rector of
Redgrave cum Botesdale
with the Rickinghalls
The Rectory, Bury Road,
Rickinghall, Diss. IP22 1HA
Tel: 01379 898685
Email: revchris@rbrchurch.org.uk



I don't know if you thought like this as you were growing up: I thought that the Bible was a story about people who looked just like me. The Bible books I had at home strengthened this view. The material used in the Sunday school I went to and the films I watched like *The Ten Commandments* (with Charlton Heston playing Moses) only reinforced this attitude.

But as I grew in understanding from my study of the Bible (*I'm still growing from my study of the Bible. If I'm not, then I'm not allowing God to work in my life*) I realised that was a naïve and immature perspective. You see when you look at the Bible's storyline it reflects quite a bit of ethnic diversity. And this diversity appears to be an important part of the storyline.

So looking at the Bible again this is what I have discovered about the ethnic diversity that is contained within its pages.

All People Are Created in God's Image - Interestingly, the Bible doesn't begin with the creation of a special race of people. In Genesis 1 and 2, the first human is simply identified as *ādām*, which means "humankind." Adam and Eve are not Hebrews or Egyptians or Canaanites. Their "race" or "ethnicity" is not identified. And they become the mother and father of all peoples and all ethnicities. The beginning of the biblical story, then, is not about white people or black people or brown people. It is a story about *all* people.

Further, Genesis 1:26–27 tells us that God created them ("humankind") in his image. This truth has profound implications, for it insists that people of all races and ethnicities are created in the image of God. And since all bear his image, all deserve to be treated with special dignity and respect. We also read that we are "formed". This suggests the careful work of a potter making an exquisite art-piece, and into this earthen vessel God breathed the breath of life (*Gen 2:7*). These words describe vivid intimacy between God and humanity not shared by animals.

Israel Was Ethnically Diverse - The composition of ancient Israel reflected the multi-ethnic makeup of the biblical world, which was multi-ethnic. Yes, many of the characters in the Bible are Semitic (and thus looked like modern-day Israelis or Arabs), but individuals and groups from a wide spectrum of ethnicities are frequently included. Abraham, for example, was from Mesopotamia (modern day Iraq, Kuwait, Syria, south eastern Turkey), and ethnically he was probably an Aramean/ Amorite. He and his family migrated to Canaan (modern day Israel, the West Bank and Gaza, Jordan, and the southern portions of Syria and Lebanon), where two of his descendants (Judah and Simeon) married Canaanites, while their brother Joseph married an Egyptian.

Later, when God delivered Abraham's descendants from Egypt, a "mixed multitude" went with them as they left Egypt (*Ex. 12:38*), implying that people from other ethnic groups accompanied them and thus became part of Israel. Indeed, throughout the Old Testament there is a frequent influx of persons from other ethnicities into the people of God, including the Cushite wife of Moses (*Num. 12*), Rahab the Canaanite (*Josh. 2–6*), Ruth the Moabite (*Ruth 1–4*), Ebedmelech the Cushite (*Jer. 38–39*), and so on.

Black Africans Were Involved in God's Plan of Redemption - One distinctive ethnic group that shows up repeatedly in Scripture is the Cushites. The terms "Cush" or "Cushite" occur in the Hebrew Bible more than 50 times. In English Bibles it's often translated as "Cush," but sometimes as "Nubia" or "Ethiopia." Cush was a powerful Black African kingdom located along the Nile River just to the south of Egypt.

Black Cushites were active players both politically and economically of the ancient Near East throughout most of the Old Testament period. They even controlled Egypt for a short while (during the time of Isaiah) and allied themselves with Jerusalem against the Assyrians. Later, the Black African Ebedmelech played a crucial role in Judah's theological history, saving the prophet Jeremiah and symbolising the inclusion of future Gentiles who will come to God by faith (*Jer. 38–39*).

Did you know that one of the first non-Jewish believers in the New Testament was a Black African – an "Ethiopian Eunuch" (*see Acts 8*). Like Ebedmelech in the book of Jeremiah, he seems to symbolise or foreshadow the approaching Gentile inclusion in the rest of Acts.

Sadly, not all people, and I include Christians, get along with each other. It's a shame. We are still too territorial and tribal in so many different ways and, over so many different things. But as we continue to read the New Testament it reveals to us that people from all ethnic groups are united in Christ. The Apostle Paul demands active unity in the church, a unity that explicitly joins together differing ethnic groups because of their common identity in Christ. Paul proclaims that, in Christ, believers form a brand-new humanity. The old barrier of hostility and division between ethnic groups has been demolished by the cross; and now, all peoples are to be one in Christ (*Rom. 4; Gal. 3–4; Col. 3; Eph. 2*).

Christians are all part of the same body, united by the supernatural presence of the same Holy Spirit who dwells in them. Christians are not just friends or fellow worshipers in the same religion, but brothers and sisters in the same family, with God as their Father.

The truth is this, *all* have been uniquely created by God to be His people, each with a distinct purpose and exceptional individuality. The only way to truly experience this as it is designed to be is by living life for the glory of God, in the name of Jesus and through the power of the Holy Spirit (*see also John 14:6*). If any wish to explore this way of living further please do get in touch and I would be only too willing to walk with you in this.

With continued blessings in these exceptional times

Chris Norburn.

Message from the Team

We hope everyone is still staying safe as a bit more normality starts to appear in our lives. Unfortunately this is once more an online magazine—we were hoping to print but need to be sure of our financial situation as we will probably lose some advertisers. It is the advertising income which pays for the magazine so please make use of their services whenever you can (and tell them where you saw their advert!)

Please also send us your contributions—village news articles, recipes etc. Also news of any activities which are restarting.

Charles Murray

To contact the team that produce the magazine, please use the details below.

For all editorial content: editor@rbrparishmag.com

For all commercial adverts: adverts@rbrparishmag.com

To advertise events: events@rbrparishmag.com

Alternatively, please **write** to: *The Parish Magazine, The Rectory, Bury Road, Rickingham, Diss, Suffolk, IP22 1HA* or **call The Editor** 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

NB stuffing meetings will not take place until further notice

- **Oct issue 7 Sept (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **18 Sept (Fri)**
- **Nov issue 12 Oct (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **23 Oct (Fri)**
- **Dec/Jan issue 9 Nov (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **20 Nov (Fri)**

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

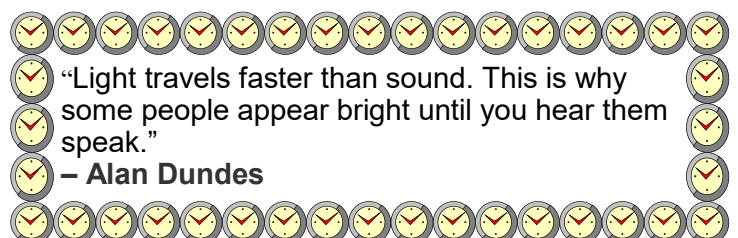
Best wishes The Parish Magazine Volunteers

WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.



Printed by:



“Light travels faster than sound. This is why some people appear bright until you hear them speak.”

– Alan Dundes

Also available at <http://stmarysrickinghaminferior.onesuffolk.net/parish-magazine/>

> The Green Shoots of Events? <

Things are changing, hopefully in the right direction to get us back into the swing of things as far as possible - ie in a safe way.

Some of our contributors are making tentative steps towards re-starting their events, always with the "safety-first" caveat, but unfortunately other events still can not proceed, so have been cancelled (see next page).

If you have queries about any village activities, please contact the organisers directly. You'll probably find their details in the Local Services Directory at

www.stmarysrickinghallinferior.onesuffolk.net/local-information/

Friends of Rickinghall Inferior Church

Fabric Fundraiser

Friends of Rickinghall Inferior Church hope to have a fundraiser on Saturday evening 24th October, providing covid19 regulations permit. We will have a talk by Clive Stevens on The Friendly Invasion when the United States 8th Air Force had many airfields in East Anglia, with information on the 65th General Hospital which was situated in Redgrave Park during WWII. There will be refreshments and a bar, further details in the next magazine.

We would be very pleased to have volunteers to help with this evening. If you can help please would you ring Jean Sheehan on 01379 890237 or Kit Brinkley on 07947414968.

Rickinghall Farmers' Market

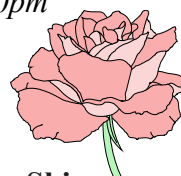
stalls inside, 9 am to 12.30 pm
stalls outside,
lots of space to move.
we look forward to seeing you:)

Sat 8 August
Sat 12 September

Redgrave & District Ladies Club

Tuesday 13th October at 7:30pm

Cruising and Crafting
with Linda Baldwin



Anecdotes of working on Cruise Ships

We look forward to seeing you all again.

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FRI	12-10PM	12-2PM	6-8PM
Sat	12-10PM	12-2PM	6-8PM
SUN	12-6PM	12-4PM	

- Plenty of outdoor seating in the garden and at the front of the pub
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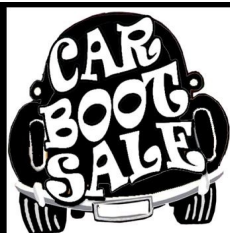
While locked away at home, and Church doors have been closed, Rector Chris Norburn has turned to technology to "bridge the gap".

Every Sunday (after 10.30pm) you can celebrate Holy Communion online, led by Chris, by going to www.youtube.com/channel/UCKexLS-m-rJgfA3xV0VwPKA
If you would like a paper copy of next week's service, please let Chris know.

Please remember the **Mobile Post Office** continues to visit the Parkview Chapel car park - but only on Fridays (2.45pm-3.45pm) until the situation improves

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

> > Events & Cancellations < <



& Auto Jumble

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No charge to stall holders.

Rickingham Village Hall

Sat 8 August

Sat 12 September

Covid Cancellations



May be cancelled...

Rickingham Area Hospice Fundraisers (RAHOF)

From June Shepherd, RAHOF Chair 2020, and Committee : We do apologise for the following, but know our supporters will understand.

Annual Quiz Night

Due to Covid-19, we are not yet sure whether we can hold our popular Annual Quiz Night on Friday 23rd October 2020 at Hinderclay Village Hall. It is likely that we will have to cancel, however we will make an announcement nearer the time.

Christmas Evening

Our Christmas Evening on Friday 11th December this year is also in doubt at the present time. Again, we will make an announcement nearer the time.



Have been cancelled...

Redgrave Church Heritage Trust (RCHT)

announces with regret, knowing you all understand:

Cello Concert

The cello recital by Orlando Jopling arranged for Friday 28th August 2020, has been cancelled because of Covid-19, and **STOP PRESS!** will be held next year, in St Mary's Church, Redgrave, on 4th September 2021. More details later.

Autumn History Workshop 2020

The History Study day arranged for Saturday 12th September 2020, with tutor Tania Harrington on "A Short History of Women Artists Part II - The Modern Era", has been cancelled due to Covid-19. We hope to arrange a replacement date in September 2021

Wattisfield Motocross



Motocross

on
Sunday 20th Sept.
at



Wattisfield Hall has been CANCELLED

RICKINGHALL FURTHER EDUCATION GROUP

Rickingham Further Education Group (RFEG) is still aiming to go ahead with the planned ten week course from **Thu 10 September** onwards, even if the course may operate with reduced numbers. We are hoping to welcome

Tania Harrington
for
"People Power"



This course will be looking at the development of portraiture.

As the parish magazine goes to press, and with two months before the course is due to start, the progressive relaxation of measures introduced for Covid 19 is uncertain. RFEG will keep the situation under review and will contact those on our mailing list once the position becomes clearer.

Sue Emerson, Hon Sec RFEG 01379 897010



As with all
things COVID
dependent, we are
hoping to hold
the annual



Coffee Morning in aid of The Children's Society

On: **Saturday 17th October 2020**

At: **10.00 am – 12.00 midday**

Location: **Anglian House, Chapel Lane, Botesdale**
(just across from Botesdale Park)

Things might be different, but we hope to be able to welcome you and hold the usual Raffle / Tombola / Bring & Buy/Cakes/Coffee and chat (albeit socially distanced)!

Would box holders please bring their collection boxes, or let me know if you want to 'carry over' for next year.

Enquiries – contact: Linda Green,
Tel: 01379 890740

Redgrave Community Shop

We are still open every day, however please note the temporary timings, until further notice.

CURRENT OPENING HOURS

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TUES

CLOSED

WED

CLOSED

THUR 12-3PM 6-10PM

12-2PM

6-8PM

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Botesdale Breakfast and After School Club plan to hold their AGM in October

Details to follow when confirmed

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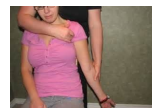
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Village News

Thankyou

To all who have been such great support with your love and prayers following the death of John Wright

Jean, Sarah and Helen

We are so grateful to have been loved by this wonderful Christian gentleman.
He will be greatly missed.

Rickinghall Community Bus

We regret that there will be no service until further notice. Passengers and drivers are in the 'at risk' group, and it is not clear, as yet, how the service can be operated safely.

Gordon Lawrence
Co-ordinator



OIL SYNDICATE

The next Oil Syndicate Order will be the Summer one at the end of July. Final order day will be the 25th of July.

The following purchase will be the Winter one at the end of November.

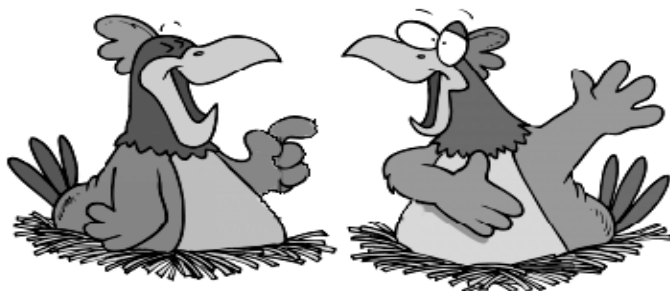
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Community Woodland Group

Writing in July, we have at last had some rain; not a lot but better than nothing. In fact, cooler, cyclonic weather reminds me of many previous Julys I have experienced.

Northfield Wood remains the plot that demands most of our time. As a result of the baking dry weather in June, some of our smaller trees are not looking too happy. Some extra watering has been required and Tony had a go at the new path with a strimmer. The wildflowers however are doing very well! There have been so many butterflies, bees and other pollinators - it's a real joy to be there, soaking up the view from one of the benches.

Thank you to the person who has left some woodchip mulch for us. We will be using it; at the moment, with the heat and other things taking priority, it may seem we are not interested, but we are.

Low Meadow is due for a cut in August, after the flowers have dropped their seeds. It's a routine now, intended to encourage wildflowers to grow where there is the most sunshine.

In Miller's Orchard someone has been dumping evergreen garden waste. Is it really so difficult to mulch it, or to put it out in a brown bin, or even take it to an official dump?

Now that lockdown is being eased and more people are going out, it seems that littering is the new pastime. Please take your rubbish home, whether it is plastic, paper or garden waste.

Rosemary Jones, 6th July 2020
01379 890238



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Report of July Rickinghall PC Meeting by Cllr Geoff Short

Our July meeting was held observing all the social distancing rules - we were all in our own homes and met on Zoom. It worked well, but we will be pleased to get back to a proper meeting again shortly! With the village hall now open for Farmers Market, it looks hopeful that we will be in there for September. Assuming there is no 'second wave', that is.

We were all in attendance, and no members of the public had requested to be present for the public forum. There was only one planning application to discuss, being a rear extension to a property in The Street. Six various applications, both buildings and trees, had been passed by MSDC since our last meeting, and the decisions noted.

The unauthorised traveller's site at Snape Hill was discussed under Progress Reports, and villagers will be aware that the caravans were moved on a few weeks ago, and the area cleared of rubbish. With the approval of Suffolk Highways, the area has been filled with a very large quantity of earth to take up the space, and a footpath or cycle route through to the bottom end has been maintained. This looks a little raw at the moment, but I have had a talk with Suffolk County Council, whose land it is, and we hope that a sowing of wildflower seeds can be done soon.

We were asked to comment on a new joint Police Station and Fire Station in Stowmarket - apparently this has happened elsewhere in eleven locations in Suffolk and increases the training and cooperation opportunities, and also provides cost savings.

Residents will also be interested to learn that, jointly with Botesdale Parish Council, we are looking into the costs involved in converting the red BT phone box in the Market Place into a Defibrillator point for the centre of the villages. There are already machines at Rickinghall Village Hall, the Coop and the Botesdale Surgery, but nothing nearer the centre, and we felt this would be an asset and a good use for the redundant telephone box.

Apart from approving the bills to pay, that was it for this meeting, but as normal I would advise we are under our allocated quota of parish councillors, and would welcome discussion with anybody who is interested in finding out more about what it entails. Please contact the chairman on 01379 897164.

Report of July Redgrave PC Meeting by the Clerk

All councillors attended our first Zoom meeting. We had no members of the public request to be present.

The PC considered three tree applications including the two large oaks on the green area in front of Half Moon Lane and trees at Maplefield, The Street and Willow Cottage, The Street. There were no objections to any of these. Three planning decisions were also noted.

The Neighbourhood Plan is moving along at a cracking pace. The group in charge of it have almost got to the stage of consulting the community on the draft Plan and have asked for an extraordinary meeting of the PC in August to present it to the PC. This will take place by Zoom, unless regulations change in the meantime, and will be on 12 August at 7.30pm.

The PC noted correspondence consulting on a joint Fire-Police Station in Stowmarket and a new model code of conduct for councillors.

External audits have all been delayed due to Covid-19, but the PC was finally able to agree the accounts for 2019-20.

Gressingham News: Shift patterns are changing within the factory. Currently everyone works four days a week and has a revolving day off in the week. The new system means everyone will be working five days a week and shorter days. The factory workers are very pleased with this as it will give them a better work life balance, especially those with families.

For the surrounding villages it will mean instead of the shift change taking place between 17:15 - 18:15, this will now happen between 14:00 - 15:00. Also, the night shift will now finish around 23:00-23:30 instead of 02:15. Hopefully for the villagers this will be a benefit as well. During our Christmas period the shifts will be extended but this should only be for around approximately 8 weeks.

The factory will also be trying out new shop opening times for residents starting with 15:30 - 16:30. This will mean that all the workers will have gone home and hopefully enable better social distancing for residents.

There are plans to set up a liaison committee to discuss Gressingham Foods and the local areas. If anyone would like to join - initially it would be virtually unless there are big enough village halls to meet with social distancing - please contact Fiona Wilson on

BOTESDALE RECREATION GROUND REGENERATION PROJECT

Despite the meeting restrictions arising from the Covid -19 crisis the Sub Committee have continued to make significant progress with the Regeneration Project via email and virtual meetings to keep it on programme.

In March we received a number of responses from specialist designers and equipment manufacturers to our request for an Expression of Interest in undertaking the designs for the Project. The Expressions were very encouraging both in terms of the great enthusiasm they displayed for working with the Community to undertake the Project and the ideas and initial proposals that were put forward. Following a careful review and evaluation of the submissions, the Sub Committee selected a short list of organisations that they considered were the best potential Design Partners for the Project. A formal Invitation to Tender was issued to the short listed organisations on 1 June 2020.

The responses to the Invitation to Tender are expected in mid-July and the Sub Committee are aiming to be in a position to award a design contract by the end of the Summer. Then the Project can really get going with a lot of initial consultation by the Design Team with the Community and local interest groups to establish a full brief for the future of the Recreation Ground.

In parallel with the selection of a Design Partner the Sub Committee have begun developing a Funding Plan to establish potential sources of grant funding for the construction phase of the Project

The Sub Committee is always looking to welcome new members, new skills and new ideas. If you would like an opportunity to help develop and deliver this exciting Community Project please contact Leeann Jackson Eve at botesdale_pc@btopenworld.com / 01379 890141 or Greg Russell at botesdalegrp@gmail.com / 07887746625

Sudoku

			9			8		4
	8				4			
		1						2
		9			3			8
		6		7				
	7				1			6
		8		3		6		
	1		7			4	8	
4					9		2	5

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.



SUFFOLK IN LITERATURE

Author of the famous *Swallows and Amazons* series of children's books, Arthur Ransome, moved to Suffolk in order to be nearer the sea, where he could more easily indulge his love of sailing, and he moored his beloved yacht the *Nancy Blackett* at Pin Mill on the [Shotley Peninsula](#). It was in this peaceful place "down the deep green lane that ended in the river itself...this happy place where almost everybody wore seaboots, and land, in comparison with water, seemed hardly to matter at all" that he set the opening of his book *We Didn't Mean to Go to Sea* (1937).

BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP

COVID -19 PRECAUTIONS WHEN VISITING THE HEALTH CENTRE

The PPG has been requested to respectfully ask all Patients who are attending the Health Centre to wear a nose and mouth covering - this could be a scarf and does not need to be a mask. It is considered this would be so very helpful to staff working within the Practice as well as other Patients, all of whom, within the Health Centre, are in a very close-knit environment. Thank you for your support and assistance.

SOCIAL PRESCRIBING

The PPG have also been asked to notify Patients that the LifeLink Social Prescriber (Sarah Prince), who was in post at Botesdale, Stanton, and Woolpit Health Centres (our local Primary Care Network (PCN) of Practices) has now left.

We have also been asked to explain to Patients how LifeLink operates the Social Prescriber Scheme at Health Centres.

LifeLink is the provider of the Social Prescriber. West Suffolk PCN bought into the scheme which has been created and is managed by West Suffolk Council.

The role of the Social Prescriber is to connect people/Patients to the many activities and services available which may assist with perhaps a person being lonely, or needing mental stimulation, or the requirement for support related to debt, or employment issues. The Social Prescriber can assist with volunteering opportunities and helping people/Patients get fitter and healthier; if that is their requirement. The service is available to anyone over 16 years of age.

GPs can make a referral or Patients can self-refer. Also it is possible to assist someone who requires the service to refer themselves. At this time, when Patients who have been Shielding, due to COVID-19, may wish for assistance to return to the wider community, the Social Prescriber can help with support. A Patient is eligible for up to six free hourly sessions after the initial referral has been made.

Visit buryrural-lifelink@westsuffolk.gov.uk for a referral form. This can be completed online, or the form can be printed off and a completed form can be sent by post to Kim-Barnes-Clark, LifeLink, West Suffolk Council, West Suffolk House, Western Way, Bury St Edmunds, IP333YU

If the PPG can assist in any way, please do use the contact details below.

Janet Russell PPG Mobile 07787 148947

Email: BotesdalePPG@gmail.com



FoBHC



Botesdale Parish Council

Leeann Jackson-Eve



Report of July Botesdale PC Meeting by the Clerk

Four councillors attended our first Zoom meeting, with apologies from Ernie Baxter. We had no members of the public request to be present but were pleased to see our District/County Councillor Jessica Fleming.

Cllr Fleming reported that all recycling centres are now open as normal but with a requirement to book attendance in advance. As of Monday, 6th July concessionary bus passes in Suffolk are NOT valid before 9.30am Mon – Fri. Also, all passengers are required to wear face covering on public transport. Suffolk County Council's Public Health team have launched an online 'Coronawatch' dashboard to gather all publicly available data on COVID-19 in Suffolk in one place. Visit the Coronawatch Dashboard: www.healthysuffolk.org.uk/jsna/coronawatch

School Transport Opt-in: Eligible students/parents need to opt in to receive Council Funded School Travel for 2020/2021 and the deadline was 31 May 2020. If you missed it, please contact SCC: www.suffolkonboard.com/optin or www.suffolkonboard.com/school-travel. Unfortunately, spare places cannot be offered at this time while the Council decides how to implement the Department for Education safe distancing policy for school transport.

Planning: The PC considered one application for prior approval for a barn conversion to a dwelling at Grove View Workshop, The Common. There was no objection to this or to an application to remove two conifers at 15 Rose Lane.

Several planning decisions were also noted and one of them, the approval of reserved matters at Land at Back Hills, was discussed at some length with regard to the sustainability of the development. Currently there is no mechanism for parish councils to monitor certain aspects of a development which are the remit of Building Regulations rather than the planning department. It was agreed to write to Mid Suffolk District Council asking how some oversight could be achieved. It was also agreed to establish a small community group to liaise with Burgess Homes during the construction phases. If you are interested in joining this group, please contact the Clerk.

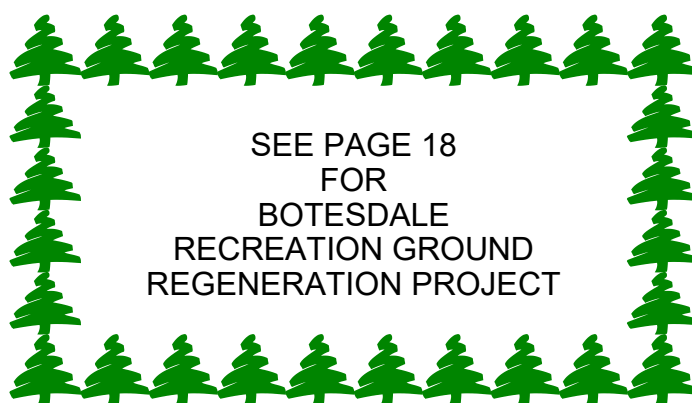
Correspondence: The PC noted correspondence consulting on a joint Fire-Police Station in Stowmarket and a new model code of conduct for councillors. There was further

correspondence about street names for the Land at Back Hills development. The names put forward by the developer, in consultation with the local history recorder, are Abbots Way, Holts Meadow and Lakeview Meadow. These were approved by the PC, after further consultation with the Holt-Wilson family (previous owners of the land), and will now be considered by the address management team at Mid Suffolk District Council.

Quotes for the refurbishment of the phone box near Fen Lane and the installation of a defibrillator have been approved and this work will go forward subject to seeking grant funding. The costs will be shared between Botesdale and Rickinghall PCs.

Amendments to our risk assessment were drawn up to address Covid-19 issues related to the recreation ground and physical meetings at the village hall when those are permitted. There was a lively discussion about the requirements for and risk levels related to meeting in person and not everyone was in agreement. Although the risk assessment was ultimately approved, the PC will not be meeting in person until it is determined that it can be done with minimum risk to attendees.

External audits have all been delayed due to Covid-19, but the PC was happy to be able to approve the accounts for 2019-20.



Your Clerk is: Mrs Leeann Jackson-Eve,
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Exploring the Past

Jean Sheehan, 01379 890237

Victorian Summer Holidays

At the time of writing we are gradually coming out of 101 days of lock down in the covid 19 pandemic. Many people have had to cancel their holidays and although some flights abroad are being allowed now and many people cannot wait to get away, others are wary of socialising yet. In England some people have rushed to beaches and ignored the social distancing of two metres, which has now been reduced to one metre, and a few resorts have been packed with people. You may like to compare it with a holiday taken in 1878 by the Wilson family from Redgrave Hall. The eldest son George Rowland Holt Wilson, aged 11, was away at boarding school. When Redgrave History Group indexed the Holt Wilson archive we came across an envelope containing letters written to Rowland. The letters were from various members of his family and give a real insight into their family life. Amongst the letters were several written about a family holiday in Yarmouth where the family rented a house for two weeks whilst the painters were working in a few rooms at Redgrave Hall.



Wilson Family Group, 1877

The following is a letter written by his mother Lucy, who at this time had eight children. After having two more children she died at the young age of 45.

The letter is sent from 1 Albert Street, Great Yarmouth, Saturday afternoon

My dearest Rowland,

Your 7 brothers and sisters, Miss Wood, Mrs. Jones, Charlotte and Mary – Miss Wood and I came here yesterday – we drove to Eccles Station. Miss Wood, Violet, Evelyn, Basil and I in the carriage. Mrs. Jones – two nursery maids & 3 children in a fly & Arthur in the luggage cart with Chaplin. Mrs. Edward Collins stood in her garden and waved to us, I expect she wished she were going with us. We got into a carriage with Mrs. Montgomerie who told us that George is very poorly and has got a dreadful face all swelled up. Mrs. M. was going to the dentist at Norwich. When we got to Norwich the train was late but the porters said there was plenty of time & locked our carriage up – but just as we got to the end of the platform off went the train & we were all left behind! We were without lunch, but we telegraphed to Yarmouth to have our things taken care of & we made the best of it. The station master was very polite & sorry & we came on by a train which got us here at 4 of clock – we brushed our hair & went to Mrs. Sawbridges where a scrumptious tea was provided – Mrs. Jones, Leonard & Frank had it upstairs & the rest of us downstairs, then we sent Father a telegram to say we

were here all right, but not a word did I say about our losing our train but we told him when he came today & of course he said "it would never have happened if he had been with us" We often wished that you were with us, but it will be much nicer for you to be at home in the holidays, as Reading is a change of air for you. Mr. & Mrs. Maul were staying at the hotel & left this morning, but Mrs. Maul told us that Mrs. Everard has a little boy – I am very glad to hear it you will like to see it sometimes. This morning Miss Wood and I and the children went into the town. A and B had their hair cut, and Basil was much pleased at the revolving brush – they got some shoes for the beach like racket shoes which they say they mean to take for cricket if they do not wear them out here – Leonard thinks no end of himself and quite swaggers about with his spade and bucket in an old light great coat of yours. Mrs. Sawbridge kindly lent a goat carriage for Lenie and Frank today & they were very proud of themselves – the reins they tugged at were only fastened to the harness not to the bridle but that did not matter to them. Mr & Mrs. Gibson of Lounde called on us today – you saw the two girls when they came fishing with old Mr. Wilkinson last year – they have asked us to go over to see them next Friday which we shall do – we expect on Monday there will be a great crowd here – We all send best love. Miss Wood is just going to post this. Your most loving mother
Lucy Wilson.

Letter from sister Violet, aged 10

My dear Rowland,

Yesterday afternoon we went to see Nelson's monument and the docks. There were some cannon near the monument. Mrs. Sawbridge sent Leonard and Frank each a goat carriage.

Tuesday Yesterday as it was Bank holiday the beach was quite black with people. It was amusing to see men riding who didn't know how. One man fell off three times. Mamma got your letter this morning, she says that you may spend 8s6d on a new bat and we hope that you will get lots of runs with it. What is Mrs. Everard's baby like? It is very windy and wet we cannot go out. We all send our love and so does Nanna.

Your affectionate sister

Violet

(Note on the bottom in another handwriting) Leonard sends a letter which he wrote on Sunday. You need not believe it all as he is not going to London in the summer.

Letter from Leonard aged about 4

My dear Rowland,

Me going to London in the summer. We are got to Yarmouth. I saw a dog come out of the water. Me cried. Me going to paddle. Yesterday me wanted to wash my bucket & it went in the water & Mary had to fetch it out. Me went in a goat carriage, we wanted it to run, but it only walked fast.

Nanna sends her love – Leonard

Me will go & see you next winter.

(Some parts of this letter have been missed out as they make no sense)

Leonard became Rector of Redgrave cum Botesdale between 1904 and 1924.

Acknowledgements to Tim Holt-Wilson who has now deposited the Holt Wilson Archive with Suffolk Record Office, Ipswich, (now Suffolk Archives, which are in the process of transferring to The Hold, University of Suffolk).

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Exploring the Past Again

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Violet Hales' Memories—Part Four

There were 14 pubs in the villages of Rickingham and Botesdale when I was a girl, so Dad used to go out for a drink sometimes. Mum would stay in as she did not approve of drinking at all but she would sometimes send one of us to the off sales hatch at The Greyhound for a bottle of Milk Stout on a Saturday night.

Mum made wonderful homemade wine from elderflowers, cowslips, dandelions and almost anything. These wines could become very potent but I'm not sure she knew how much as she never touched a drop. There was a time when Dad took to bringing people home after the pubs had shut for some of this wine. Mum was disgusted by how much they tucked away so one day she emptied a number of bottles and filled them up with vinegar to teach them a lesson. They drank it as if it was wine but were violently sick afterwards. Some of my dad's mates included Freddie Fellingham's dad and Vic Arnolds and a few others.

Lawn bowls was a popular pastime then and many pubs had bowling greens attached to them. There was one behind the Bell Hotel, where houses now stand and one behind Jasmine Lodge in Rickingham Street, the Golden Lion was the nearest pub to that.

They also used to play quoits behind The Greyhound pub and I used to watch the men from my bedroom window at Bridewell Lane.

When I was a child milk was delivered by a horse and trap by Pettites from Street Farm Botesdale. We would run out with a jug to be filled for a few pence, something like a penny a pint. Most of our fruit and vegetables were grown by my dad and he had a field of sugar beet, too, which was all worked by hand. We kept pigs for their meat and chickens for their eggs.

There were plenty of shops, trades and craftsmen in the villages and work on the land. I used to go stone picking and gleaning in the fields when I stayed at my sister Heather's in Hadleigh during the summer holidays.

There were two Fish and Chip Shops in the villages, then. One in Botesdale where it still is today and Shaws in Rickingham. Their house still stands but the chip shop was a wooden building in the grounds. When the land beside the house was cleared recently for the new building to go up it was quite plain the old chip shop had been demolished it's such a shame these things are not preserved.

We always thought Shaws were the best Fish and Chips and I would be sent down there on a Saturday night if we were lucky. I lost a sixpence one winter's night in the snow. I ran back to tell Mum and she sent me back to scabble around in the cold and dark until I found it 'and don't come home without the chips'. Mum really could not stand so much as the smell of fish and I always had to ask for her chips to be wrapped separately. When I got a bit older and clearly loved fish she would let me have tinned salmon but only if I took it up the garden to the shed and opened it with a tin opener that stayed there and ate it before I went back in.

Mum had lived in the Garden House pub in Garden House Lane, Rickingham as a child and later ran a sweet shop from Bridewell House on the Corner of Mill Road and The Street.



About this time [the early 1950s] I started working at the Hamblyn House Country Club. This club was housed in the Hamblyn House at the top of the hill almost opposite Rickingham Post Office. It was owned then by Janie and Robbie Robinson and their members included lots of the professional people from Bury St Edmunds, plenty of American Officers still based here and real celebrities like the racing driver Jim Russell. I was happy working there, doing everything from cleaning the rooms to waiting at the tables in the dining room. All the ladies wore long skirts to go out to dinner in the evening and men had collars, ties and jackets so the waitresses all wore long skirts, too. I stayed on after it became just a pub and restaurant working for Pat and Jim Bruce and a few people after that including Peter and Rene Cooper. It was a bit of a long standing joke that I was sold with the business and I still have some of the little cards promoting the place that they used to give out.

The Hamblyn is a lovely building, but it is a shame about some of the interior changes. It used to have a marble fireplace in the back bar that came out of Redgrave Hall but I have no idea what happened to that when they knocked it through to one bar and blocked off the lovely view over the fields. One woman died whilst staying in Room 5 and it was found that her head was in one parish and her feet in another and there was a right fuss over what her place of death should be recorded as but I don't suppose she was bothered.

I eventually finished at the Hamblyn House but after a while I was asked to help out at The Bell which Viv and Ken Green had taken on. I would do some of the cooking to help Viv out and this eventually led to the formation of Viv and Vi's Catering and we did some outside catering jobs for a few years with Viv making brilliant cakes and me my Profiteroles until it all became a bit too much for me. I think I am a fairly good cook and would love to have the family over. I would do Prawn Cocktail for a starter and they all loved my Lasagne for main with Profiteroles for desert.

The Greyhound function room now converted to a house was the venue for the biggest annual Christmas party in the village, too. The Royal British Legion held a party for the children of all their members. Jeff was a member so that the children could go and they had a really good time and would leave with an orange and maybe a packet of sweets.

With many thanks to Melanie Wildish for letting us print some of her mother's memories.

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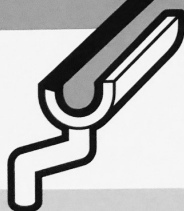
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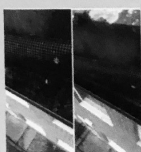
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Nyall's Notes

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

It is something to do with being a Christian and also having been a pastor of a church. Every now and then someone will ask me, "Can't you do something about this weather?" I was reminded of this recently when I met someone who asked what I had done to the weather. It was at the time when the very fine weather we had experienced through April and into May had been replaced by rain and high winds. The correct answer for a Christian is this, "That's management. I'm sales."

It not only adds a bit of amusement to the situation but is actually true. I can't do anything about the weather - only God can do that, but the Christian is the salesman. The Bible puts it like this: *God was in Christ reconciling the world to himself, not counting their trespasses against them, and entrusting to us the message of reconciliation. Therefore, we are ambassadors for Christ, God making his appeal through us.*

These days it isn't an easy job, it might be easier to take on the weather. Look at it like this: the hero of the story got executed in a pretty gruesome way by being nailed to a wooden cross. That isn't pretty. We have to tell people that their sins deserve that same death. That isn't likely to go down well. Even the happy ending people find unbelievable: the hero comes back to life and in our experience that doesn't happen. As I say it is a hard sell.

There is another problem: 2000 years is a long time and Jesus' death some 2000 years ago has to be applied to our lives in the 21st century. Christianity claims that his death was in our place and simply by accepting that, we are forgiven. That's a difficult concept to accept.

It's gruesome, it's unbelievable and it's difficult to understand. Perhaps I should take on doing something about the weather.

Many Christians find it so difficult that they succumb to the temptation to soften the message. No one can take that and certainly not in one go so you go gently and don't break the bad news first. The result can be that people get the message that God is simply a God of love and will never pass judgement on anyone and that we will all be all right in the end especially if we are 'good.'

I'm sorry, I would love to be able to give you a free pass into heaven, perhaps I could simply push it through your letter box but I have to tell you that it depends on your accepting the ticket and making use of it. That means that you have to believe that it is valid and will work and I can't do that for you. Everyone gets to heaven by the one and only route and that is accepting that Jesus Christ died for them and demonstrating that belief here on earth.

You won't believe this but I assure you it is true: at this point I broke off from writing this having got out of bed and early with a clear blue sky and the sun out. I went back to my wife who was still in bed. By now it had completely clouded over. My wife opened the conversation with the question, "What have you done with the weather?"

Jesus said to him, "I am the Way, and the Truth, and the Life. No one comes to the Father except through me."

St John Ch 14 v 6

Bill's Birds

Bill Cordeaux Tel: 898286

Today's *Bill's Birds* is about two British larks. Both are small brown birds. Both have attractive voices.

The first is the Skylark, not so much a song, as it is all on a single note, but is described as a 'silver chain of sound'. You may see it high in the sky as a small black dot if you look carefully. It stays in the same position and then flutters down to a few feet from the ground, sings again and then drops behind tall grass. So much has been written about this bird by musicians and poets, notably Vaughan Williams' 'The Lark Ascending', really only one, but rather a beautiful tune. And does it sing as it ascends? And poetry by Shelley, 'Hail to thee, blithe Spirit!'

*Hail to thee, blithe Spirit!
Bird thou never wert,
That from Heaven, or near it,
Pourest they full heart
In profuse strains of
unpremeditated art.*

*Higher still and higher
From the earth thou springest
Like a cloud of fire;
The blue deep thou wingest,
And singing still dost soar,
and soaring ever singest.*



The Skylark

I nearly always see and hear it from the footpath on the field between us and the A143. In fact it spreads its voice over our house in Maypole Meadow. In winter it migrates locally and in large numbers. At one time it was a delicacy and was sold in London's markets for 1/6 a dozen, brought from the countryside in basketfuls by the thousands, but now banned by law since 1931. Recently it has suffered a massive decline because of agricultural intensive farming.

My next lark is lesser known but still a small brown bird with a beautiful voice which inhabits the East Anglian moorlands where heath land meets wood land edge, and known as the Woodlark. The French call it the Lulu due to its beautiful voice - many ornithologists consider it to be the best British bird singer, even surpassing the Nightingale.

I was once out for a walk and pointed out a Woodlark to my companion who was deaf and could not hear it, but with a gleeful smile she looked up at me and said that as I wore glasses, without them I probably could not see it!

Although the poets go to town over the Skylark they do even better with the Woodlark. I quote Robbie Burns' 'Address to the Woodlark', last verse :

*Thou tells o'never-ending care;
O'speechless grief, and dark despair:
For pity's sake, sweet bird, nae mair!
Or my poor heart is broken!*

Beat that!

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TAKING THE ORGANIC ROUTE

I don't know if it is because of the sudden upsurge in interest in all matters gardening taking place whilst we have been in lock-down but I have received a number of queries on how to become an organic gardener.

So, I thought I would focus this month on this fashionable form of cultivation but as I know many devotees take this subject very seriously with an almost religious fervour, so I don't want to get drawn into arguments about precisely what is and isn't acceptable organic practice.

Firstly, what's exactly is organic gardening? To my mind, gardening organically is all about being as environmentally friendly as possible and by using naturally occurring materials and eschewing manufactured ones. What this means in practice for most of us is to dispense with artificial fertilizers, and chemical weedkillers and pesticides from our gardens especially the vegetable plot.

I well remember my grandfather from whom I learnt much of my gardening wisdom and cultivation skills, was a firm believer in the merits of 'good old muck' -relying on copious amounts of well rotted manure, or garden compost to improve and keep the soil 'in good heart' and for fertilizers, bonemeal or hoof and horn based on rendered animal products.

He also used natural products like pyrethrum or derris to tackle most common pests along with sulphur and copper based compounds to treat fungal diseases.

These products and their modern alternatives including organic versions which are often more specific in their action are widely available through your local garden centres or mail order catalogues. Pest control can be a constant problem and be difficult if you want to reject chemical warfare but if you have strong plants growing in soil that is healthy, you are half way home as this will give them a natural ability to withstand simple problems.

I have to admit I used to believe spraying was the answer to combatting pest infestation but the big problem was the beneficial bugs being eliminated along with the bad brigade. Thankfully, now there are various alternative controls that are often just as effective as chemicals such as screening off vegetables from the pests. Draping crop protection mesh over carrots and cabbages from planting time to exclude carrot fly, the dreaded cabbage white butterfly- and might even possibly deter pesky pigeons! It is important if you use fleece as against crop protection mesh to remember to remove it so as to allow access for pollinating insects as well as in hot weather when a good circulation of air is important. Another important weapon is biological control through nematodes. This unleashes a living enemy against specific pests. Developed for commercial growers, nematodes can be successfully used against soil pests and also slugs in domestic gardens. Nematodes can be purchased at larger garden centres or via mail order and come freeze dried and then reconstituted with water to be applied to the soil via a watering can.

In my own garden I have adopted a three tier system which encourages natural predators such as ladybirds, crop protection and companion planting with small flowered marigolds and nasturtiums around the vegetable patch. These companion plants are believed to emit deterrent chemicals or attract lots of predatory insects to decimate the pests.

But one thing for sure, I don't spray any pesticides any more and like my organic gardening mentor Alan Titchmarsh, accept the odd blemished fruit and nibbled leaf as a small price to pay for protecting the environment.

IN THE KITCHEN
Cinnamon Cherry Pie Recipe

Ingredients

1 kg Fresh British cherries
250 g Caster sugar
3 tbsp Cornflour
1 tsp Vanilla extract
1 tsp Ground cinnamon
Juice of one lemon
500 g Ready made or home made shortcrust pastry
1 Egg

Instructions

Stone the cherries.

Put them into a pan with the sugar, cornflour, vanilla, cinnamon and lemon juice.

Heat over a medium heat for about 15 minutes, gently stirring.

When the sauce has thickened, remove from the heat and allow to cool fully.

Preheat oven to 180C.

Line the bottom of a pie dish with half of the pastry.

Add the cold cherry filling.

Top the pie (make a really simple lattice and some leaves).

Brush with beaten egg.

Bake for about 1 hour until cooked through.

A man was hitch hiking and the weather had deteriorated such that there was now a thick freezing fog. He saw a car come slowly and silently out of the fog stop so he quickly got in the back seat of the car which immediately started moving. He then he realised there was no driver. It gathered speed a little on a downward slope and a bend approached. He was terrified yet even more so when a hand appeared as if from nowhere and steered the car through the bend. Despite the fact that the car was still moving he jumped out and ran. Eventually arriving at a pub he told all present of his ghostly experience. There was an eerie silence as they realised he was serious. Soon after that two men walked in and one said to the other, "Look, John, there's that fellow who got into the car as we were pushing it."



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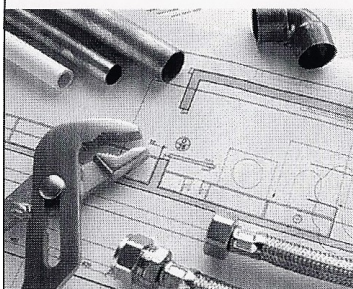


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Redgrave	John Campbell	01379 890946	redgrave.nwatch@outlook.com	Manned desks	Bury St Edmunds - Raingate Street IP33 2AP Ipswich - 10/10a Museum Street IP1 1HT Lowestoft - Old Nelson Street NR32 1PE	

BE SCAM SMART

The plans for 'staycation' holidays this year has led to an increased demand for caravans and motorhomes. This is being exploited by criminals advertising fake listings on auctions sites claiming lock down restrictions as the reason the vehicles cannot be viewed in person.

The vehicles are advertised at attractive prices to tempt the unsuspecting they are getting a good deal when in reality they simply do not exist or fail to turn up once paid for. Payments are usually requested via bank transfer as opposed to using a securer payment method. However the swindlers are now asking the buyers to pay using the PayPal system. They then fail to send an invoice and the buyer is contacted by someone pretending to be from PayPal and receives a reference and bank account number controlled by the fraudsters. Ultimately, once payment has been made, the buyer fails to receive the goods.

Sadly a number of people have fallen for this scam. Be on your guard. Do your research, and make sure you see and inspect the goods and don't part with your cash until you are totally sure the offer is genuine.



Little Ouse
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Local News August 2020

Conservation & Community

Harvest approaches with it's bustling day, the wheat tans brown and barley bleaches grey," wrote John Clare in 'The Shepherd's Calendar'. Well, there's certainly plenty of that in our area!

Cuckoos will have left us (although one was heard in Hinderclay as late as mid July). The swifts will be preparing for their long journey southward, but the swallows will still be with us, some of them now rearing a third clutch of chicks. Now is the time for damsel and dragon flies over ponds so keep an eye out!

Our work parties had to cease during lockdown, but jobs such as clearing paths and brush cutting under electric fences were carried out individually. Then, in late June, our conservation manager worked out a way of running small work parties in accordance with government guidelines, so since then, we have been running staggered work parties on Wednesdays and hope to re-start our Sunday ones soon. Encouragingly, we've had a number of new members join, so if you fancy some conservation volunteering why not become a member from as little as £5 a year. You would be made very welcome and the cake mountain in certain freezers is growing! (Regular readers will know by now that cake is very important to LOHP volunteers!). If manual labour isn't your thing there are many different ways to help. Just get in touch via the website: www.lohp.org.uk

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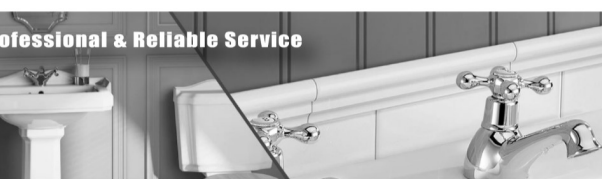
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Church Notices

Written before Easter in the context of the covid-19 global pandemic

Be still and Know (Psalm 46:10). And I am not saying that by being still we will be ready to know - no. Just by being still we will know. Being still and knowing are the same phenomenon, because when we are still like a mirror, a still lake, no ripples, then the whole firmament, the whole sky, is reflected in the lake. The stars come down, and the moon, and the clouds all are reflected in tremendous beauty in the lake.

When our consciousness becomes a still mirror, a still lake, a silent reservoir of energy, God is reflected in it.

We will not attain to knowledge, remember. We will become wise, we will become a Jesus. We will not become a great scholar, a great pundit, a great theologian or a philosopher. We will be a Jesus. We will have an innocent kind of knowing: we will know how to live, we will know how to die, we will know how to love - we will know the real art of life. And the real art of life consists only of three things: how to live, how to love, and how to die or in other words how to meet, how to engage and how to depart.

And these things we will know from scriptures; these things we will know from our innermost core...

Reproduced with permission from USPG's Magazine Koinonia Issue 1 2020.

People are asking **"When will our churches be open again?"**. A note from Revd Chris Norburn

The PCC has discussed the reopening of church for Sunday worship. Due to the regulations and guidelines that have come from Government and central Church, the PCC feels that for several reasons the most appropriate building to use is All Saints, Redgrave. Guidelines dictate that we have to carry out a detailed and comprehensive risk assessment. This we are doing, and will determine when we can open for worship.

When we do open, it will be very different; hand sanitisers will need to be available; social distancing of 2m will need to be adhered to; there will be no singing; communion will be of "one kind", i.e. bread only; a record of those who attend will need to be made; no refreshments at the end of the service; social distancing will have to be maintained in the grounds of the church at all times. Unfortunately, spikes have occurred in countries which have relaxed regulations on large gatherings, and through tracing they could make a link between churches where there was singing, and the spike.

Bishop Martin is very clear that he wants us to stay safe and do all that we can not to put people at unnecessary risk. It is hoped that we will be in a position to have a single service at All Saints, Redgrave towards the end of August and by the beginning of September at the latest. Please be patient and bear with us at this difficult time.

Many thanks.

For more details on any of the following, please call Kev Gladwell on 01379 898924 or see <http://www.parkviewchapel.co.uk>

Parkview Chapel Sunday Services in August

All Sunday services in August will be on the app, 'Zoom', starting at 10:30am

Parkview Chapel Sunday Services in September

Doors open at 10:30am - please enter our building through the front door only (the big glass doors)

Sunday 6 th	One service at 11.00am
Sunday 13 th	One service at 11.00am
Sunday 20 th	One service at 11.00am
Sunday 27 th	One service at 11.00am

Please be aware that the above services are what we are currently aiming for...

At this stage there will be no other groups or meetings

All through our reopening process we are continuing to pay full attention to government advice.

A friendly welcome to everyone at Botesdale Methodist Church services and events

It is hoped that services will be resumed in September providing it is thought safe to do so

From the Registers

3.7.2020	Funeral and Burial at St Mary's Rickinghall of Roy Foulger. Died 12.6.2020 age 87
7.7.2020	Funeral and Burial at St Mary's Rickinghall of John Wright. Died 16.6.2020 age 85
20.7.2020	Ashes of Laurence Flatman interred into churchyard of St Mary's Rickinghall. Died 25.1.2020 age 88

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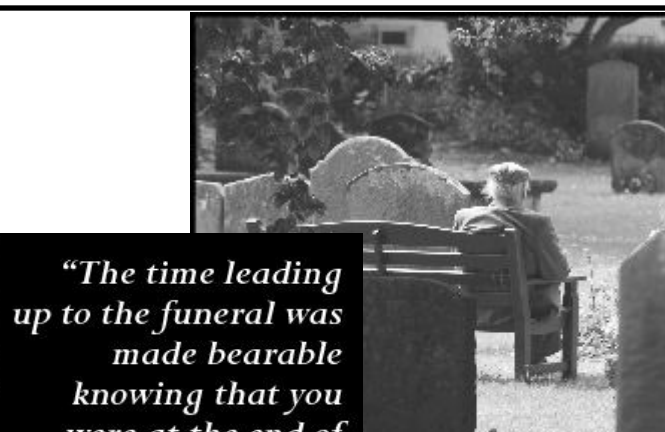
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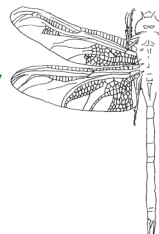
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To ALL Redgrave, Botesdale and Rickinghall Residents

COVID-19/Coronavirus Outbreak

These are worrying times but as a community it is good to know that we have been helping and supporting each other. Many of you are already helping friends and neighbours, so thank you for all that you are doing.

This is a reminder of the coordinated plan that we've established to safely offer assistance to anyone, in the community, so that everyone can receive the help they need.

During this time of lock down many people have volunteered to help with the following:

- Shopping
- Picking up a prescription
- Posting mail
- A friendly phone call
- Walking your dog
- Light gardening

We are also happy to talk to anyone and, when required, to refer people to other organisations offering support locally and nationally.

If you **need help with any of the above**, or can **offer** to help with any of the above please contact one of the following:

Rev. Chris Norburn	(Church of England)
01379 898685	or revchris@rbrchurch.org.uk
Mr. Brian Shurmer	(Botesdale Methodist Chapel)
01379 890898	or b.r.shurmer42@gmail.com
Mr. Kev Gladwell	(Parkview Chapel)
07557 784152	or kevin@parkviewchapel.co.uk

Volunteers will then be offered any relevant advice and guidance before their name is passed on to people in need as and when they are requesting help.

"Cast all your anxiety on him because he cares for you." 1Peter 5v7

Sent on behalf of all the churches in these villages.

N.B. Coronavirus/Covid-19 is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash hands regularly. Items should be left on the doorstep.

"Together in these villages we offer Christ's healing grace through our worship and service."

