

# PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

March 2020



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

St Mary's Rickinghall Inferior  
[www.stmarysrickinghallinferior.onesuffolk.net](http://www.stmarysrickinghallinferior.onesuffolk.net)

All Saints, Redgrave  
[www.achurchnearyou.com/church/2274](http://www.achurchnearyou.com/church/2274)

Botesdale Chapel of Ease  
[www.achurchnearyou.com/church/22197](http://www.achurchnearyou.com/church/22197)

Foreword from  
Reverend Chris Norburn  
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Redgrave cum Botesdale  
with the Rickinghalls  
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Rickinghall, Diss. IP22 1HA  
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Using 1 Corinthians 10:13 in difficult circumstances...

I've been reflecting on some verses in the Bible. They are words written by the Apostle Paul, who was initially a driving force in the persecution of the early church. He was very zealous. But after his miraculous conversion through a powerful supernatural encounter with Jesus he became a missionary in the church, spreading the truth about Jesus to many parts of the Roman Empire and establishing many churches as the numbers who believed in Jesus as the Son of God rapidly grew.

Now these words of Paul are,

*No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it. 1 Corinthians 10:13*

At first glance this verse may not resonate with offering encouragement for difficult circumstances. "No temptation has overtaken you except what is common to mankind ..." You may not feel as if you're experiencing temptation when you're going through hardship such as poor health, loss of job, bereavement in the family.

But when you look up the underlying Greek word for 'temptation' you will see that *peirasmos* not only means temptation, but also includes meanings like adversity, affliction, trouble, and trial. Suddenly this verse can be highly relevant when you are facing difficult circumstances when we replace the word 'temptation' with these words. This is how it reads,

*"No temptation (trouble, adversity, affliction) except what is common to mankind. And God is faithful; he will not let you be tempted (troubled, afflicted) beyond what you can bear. But when you are tempted (troubled, experiencing adversity) he will also provide a way out so that you can endure it."*

It's amazing that whenever we're experiencing hardship we so quickly believe that we are the only ones going through what we're going through. When we've thought about this we realise that we're not the only ones, and so we start saying that others are far worse off than us. It can be a deeply moving experience to find yourself amongst others facing adversity. James, the brother of Jesus, who wrote a book in the New Testament said this in his letter to encourage Christians going through hard times:

*Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds (adversities, troubles, temptations), because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything. James 1:2-4.*

Throughout His ministry Jesus sided with the afflicted, the troubled and the marginalised. In doing this Jesus was not only modelling how we were to act, but He was also showing us how God's siding with the afflicted, the troubled, the wounded is at the heart of the Good News of the Gospel, namely that God knows what we're going through, He knows the pain sorrow and suffering we go through. Yet in all of this God is not aligned with the perpetrator, whether that be death, cancer, unemployment, breakdown of relationships. Such things are not part of God's will or part of his plan for us as individuals, as James 1:13 also states:

*When tempted (troubled, afflicted), no one should say, 'God is tempting me.' (afflicted, troubled). For God cannot be tempted by evil, nor does he tempt (afflict, trouble) anyone;*

That is good news! But 1 Corinthians 10:13 goes even further still, offering a prophetic promise—an escape route – we will be able to endure whatever we are going through. When we're going through those hard times, when everything looks dark and gloomy we need to hear that God can and will help us to endure what we're going through. If we let him he finds a way for us get through.

May you too look for and expect, through God's Holy Spirit (the person who makes Jesus' and God's presence real in our daily lives), that he will reveal to you his plans, purposes and direction that give you breakthroughs in the midst of your troubles, trials and temptations.

With every blessing as we journey through Lent and on to the joy of Easter.

*Chris Norburn.*



## No Changes to the Local Services Directory this month

The latest version of the directory is available online at  
[www.stmarysrickinghallinferior.onesuffolk.net/local-information](http://www.stmarysrickinghallinferior.onesuffolk.net/local-information)



### Message from the Team

Well here we are getting stuck in to 2020 with some strange weather but I still don't think we have had a proper winter (yet!). Thanks as always to all our contributors, advertisers and delivery team. With this issue you will have received a new Local Services Directory — the go –to place for contact numbers for all local organisations and services. Keep it handy by the phone.

On the magazine production front, Most of our contributors are getting their articles to us by the copy date — thankyou, keep up the good work, and just a reminder to everyone to note the dates and please try not to send late entries. Regarding format, I would like to ask contributors and advertisers please to send us everything as a Word document if possible. We do sometimes get sent PDF documents and these can be very challenging to do the resizing and formatting necessary to fit everything in to the pages.

*Charles Murray*

To contact the team that produce the magazine, please use the details below.

For all editorial content: [editor@rbrparishmag.com](mailto:editor@rbrparishmag.com)

For all commercial adverts: [adverts@rbrparishmag.com](mailto:adverts@rbrparishmag.com)

To advertise events: [events@rbrparishmag.com](mailto:events@rbrparishmag.com)

Alternatively, please **write** to: *The Parish Magazine, The Rectory,*

*Bury Road, Rickinghall, Diss, Suffolk, IP22 1HA* or call **The Editor** 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

- **Apr issue 9 Mar (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **20 Mar (Fri)**
- **May issue 13 Apr (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **24 Apr (Fri)**
- **June issue 11 May (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **22 May (Fri)**
- 

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes The Parish Magazine Volunteers

**WELCOME**

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.

Printed by:

Did you know..... The hashtag symbol is technically called an Octothorpe. The octo prefix refers to the 8 points. The Thorpe is a mystery but one theory is that it is from an old English word for village as it looks like a village surrounded by 8 fields.



  
 the  
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 — — —  
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 — — —

*A warm welcome  
 awaits you at your  
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	OPENING HOURS	FOOD ORDERS	
		LUNCH	DINNER
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TUES	*CLOSED*	*CLOSED*	
WED	12-11PM	12-2:30PM	6-8:30PM
THUR	12-11PM	12-2:30PM	6-8:30PM
FRI	12-11PM	12-2:30PM	6-8:30PM
SAT	12-11PM	12-2:30PM	6-8:30PM
SUN	12-10PM	12-3PM ONLY	

THE CROSS KEYS, THE STREET,  
 REDGRAVE, DISS IP22 1RW  
 Tel: 01379 779822  
 Email: gm@redgravecommunitysociety.com

## MICK THE BAKER

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 Tue/Wed/Thu 10am - 8pm  
 Fri/Sat 10am - 11pm  
 Sun 11am - 9pm  
 All day snacks / Full Menu available 12 - 8pm

## QUIZ NIGHTS

Tues 17th Mar 7.30pm  
 Tues 21st Apr 7.30pm

**ST. PATRICK'S PARTY NIGHT!**  
 Sat 21st March

## LIVE MUSIC

Floydy 'n' Slips - Sat 11th April

## Contact us:

Star Wing Brewery, The Old Saw Mill,  
 Hall Farm, Church Road, Redgrave IP22 1RJ  
**01379 890586**  
[www.starwingbrewery.com](http://www.starwingbrewery.com)

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 local suppliers

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 Groceries

Orders taken

### Opening Hours

Mon - Fri 8:30 - 1:00pm  
 3:30 - 5:30pm  
 Sat 8:30 - 1:00pm  
 Sun 9:00 - 11:00am



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Reeder's Barn, Pansthorne Farm,  
 Redgrave Road, South Lopham, IP22 2HL

[www.pansthorne.co.uk](http://www.pansthorne.co.uk)



# March Events



## Farmers' Market

New stalls:  
East Anglian Cheeses  
Fishmonger

**Rickingham Village Hall**  
**Sat 14 March @ 9.00am**

RAHOF (Rickingham Area Hospice Fundraiser) cordially invites you to their

**"CHEESE & WINE" ANNUAL REVIEW**  
on Tuesday March 17th  
at Redgrave Amenities Centre  
7.00pm for 7.30pm start

Contact June Hart (01379 897180) for tickets (£6), to include a glass of wine

In aid of St Nicholas Hospice Care, Bury St Edmunds

### RICKINGHALL COUNTRY MUSIC CLUB



Saturday 28<sup>th</sup> March  
Country Mile Duo

Rickingham Village Hall  
8 pm - 11.30 pm  
Ticket price £6.00  
All Welcome

No bar - bring your own drinks and nibbles  
Contact Keith or Kathy on 01379 898758

### - HEADSPACE -

Time to clear your head, talk, think & be together  
Join us @ All Saints Redgrave for coffee & cake at  
9.30am on March 5<sup>th</sup>, 11<sup>th</sup>, 19<sup>th</sup> and lunch on the 25<sup>th</sup>.



Children catered for. Any questions? Call Karen 01379 890897



**BOTESDALE &  
RICKINGHALL  
NEIGHBOURHOOD  
PLAN**

### The Botesdale and Rickingham Neighbourhood Plan is finally complete!

This means that Mid Suffolk District Council has a statutory requirement to include the Neighbourhood's wishes, as documented in The Plan, when considering planning applications in the area.

Many thanks to all involved, especially those who gave feedback and voted in the Referendum.

Our friends in Redgrave are in the process of securing their Neighbourhood Plan - we wish them all the best.

**theWI** Inspiring Women **Rickingham**

March 12<sup>th</sup>  
7:30pm  
Rickingham Village Hall

**Kate Osborne : Beachcombing**

New members and guests always welcome

Don't miss the WI Jumble Sale and  
the Fashion Show! See page 7

**Botesdale Methodist Church**  
**"Coffee down the Lane"**

Tuesday 24<sup>th</sup> March 10.00am - 12.00pm



**Fridays 7.30 pm**  
**at St Botolph's Bowls Club**  
**Fen Lane, Rickingham**

6th Mar, 3rd Apr Newcomers welcome!



**OUSE VALLEY  
FILLING STATION**

fill up spiritually

with Mark Aldridge

Friday 13 March 2020

7.30 pm @ Garboldisham Village Hall  
Refreshments from 7.00pm

email: cousevalley@thefillingstation.org.uk



**Botesdale & Rickingham  
Community Woodlands  
(Barwoods)**

ANNUAL  
GENERAL MEETING  
Monday 16th March 2020  
at 7.30 pm in the Function  
Room of the  
Bell Inn, Rickingham

All Welcome - your chance to hear  
about Northfield Wood, Millers Or-  
chard, Low Meadow and future plans.

**WORLD DAY OF PRAYER**  
**FRIDAY 6th MARCH**

World Day of Prayer is a women-led, global, ecumenical event in which people from over 120 nations participate. This year the special service for that day has been planned by the women of Zimbabwe & locally will be held at **BOTESDALE METHODIST CHURCH at 2 pm**

It will be led by people from our 3 village denominations (Parkview, Anglican & Methodist).  
Everyone, men and women, will be welcome.

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# March Events



## Lent Course

This year's Lent course is titled "From Now On" which focuses on hope and redemption found in the film "The Greatest Showman". These 5 sessions are based on a book by Rachel Mann called "From Now On".

Sessions start Wednesday 4<sup>th</sup> March, 7.15pm for a 7.30pm start at All Saints Church, Redgrave. Each participant will need a Bible and pen as there will be a work book. To get us in the mood for the course we will be showing the film "The Greatest Showman" at 3pm, Sunday 1<sup>st</sup> March, All Saints, Redgrave. Do join us if you can. The course explores ways in which themes of faith, hope and redemption run through all our lives. It is based around five weekly sessions entitled : A Million Dreams'; Come alive; Rewrite the Stars; Never Enough; From Now On. Please let Chris (01379 898685 [revchris@rbrchurch.org.uk](mailto:revchris@rbrchurch.org.uk)) or David (01379 642791 [david.ely@methodist.org.uk](mailto:david.ely@methodist.org.uk)) know if you wish to join us.

**theWI Rickinghall**  
INSPIRING WOMEN



Look what's happening at Rickinghall Village Hall...

- ⇒ **WI Jumble Sale**
- ⇒ Saturday March 21st 2pm-4pm
- ⇒ 20p entry; cake stall & refreshments
- ⇒ **WI Fashion Show (by Artichoke)**
- ⇒ Open to non-members
- ⇒ Thursday March 26th 7pm for 7:30pm
- ⇒ £5 entry (includes glass of wine/soft drink)
- ⇒ Tickets from Faiths Craft Shop, The Street, Botesdale (01379 898064)



DISS University of the Third Age

### Thursday March 5<sup>th</sup> 2020 - AGM

at the United Reformed Church 10.00am

Please note - the AGM will begin at 10am with refreshments *after* the talk

**Janet Dann**

### *A Question of Identity*

50p for members, £2 for guests, including tea or coffee. Annual membership is £12. For further information visit our website : [www.dissu3a.org.uk](http://www.dissu3a.org.uk)

## Thelnetham Events

**Rag Rug Making Workshop** on Saturday March 7th, 10am - 1pm at Thelnetham Village Hall. Learn basic rag rug making techniques to make either a flower or small mat! Materials & tools provided. *Must* book with Carol (01379 898729) or at [jct729@btinternet.com](mailto:jct729@btinternet.com) with payment on confirmation of booking - cost £10.

For more details, contact Bev Blackburn on 07747 691285



**COFFEE ON A SUNDAY, PARKVIEW CHAPEL, BOTESDALE 11.00AM-12.00PM**  
**COFFEE, TEA, CAKE AND FRIENDS**

2020 DATES : March 15<sup>th</sup>,  
April 19<sup>th</sup>, May 17<sup>th</sup>, June 14<sup>th</sup>, July 19<sup>th</sup>,  
August 16<sup>th</sup>, September 13<sup>th</sup>, October 18<sup>th</sup>,  
November 15<sup>th</sup>, December 13<sup>th</sup>

For more info contact Kev at Parkview on [kevin@parkviewchapel.co.uk](mailto:kevin@parkviewchapel.co.uk) or 01379 898924

## HERITAGE CIRCLE

25<sup>th</sup> March 7:30pm; Rickinghall Village Hall

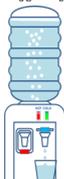
**Ivor Murrell :**

### *The Maltster's Tale - A Master Maltster promises to reveal all*

New members and guests welcome.

Visit [onesuffolk.co.uk/HeritageCircle](http://onesuffolk.co.uk/HeritageCircle)



 **The Watercooler - a forum for professionals to share ideas, best-practice, etc.**

Meet **first** Thursday of the month at 12 noon, in the **Cross Keys, Redgrave**. For more details, contact David Lowe: [david.h.lowe@icloud.com](mailto:david.h.lowe@icloud.com)

## Redgrave Garden Club

Thursday 26<sup>th</sup> March

Dan Wheals, Medical Herbalist, will talk on

### **Herbal Medecine - Growing Herbs & Prescribing them**

For details, please contact [redgravegardenclub@gmail.com](mailto:redgravegardenclub@gmail.com)

Website [redgravegardenclub.org.uk](http://redgravegardenclub.org.uk)



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MSS765-407-18



# March Events



## THE GOOD LIAR<sup>(15)</sup>

Friday 27th March  
7.30pm

Eye Community Centre  
Magdalen Street, IP23 7AJ

There is an intermission half-way through the film with delicious ice-creams available, a raffle, tea and coffee plus the bar. Our shows are always an enjoyable social occasion.

Tickets £5 available in advance from Eye Pharmacy and The Handyman in Eye town or pay on the door.

See EYE MAGAZINE, 'EYE to EYE' and our website for further details  
[www.cinema-at-eye.org.uk](http://www.cinema-at-eye.org.uk)

WHAT'S ON

Redgrave and Lopham Fen  
IP22 2HX

## The Ludlam Pikes

Saturday 14 March, 7.30pm



An evening of original songs and covers from this folk and Americana band.

£8, please bring your own drink

Booking essential: book online or call 01473 890089



Do something wild every day

[suffolkwildlifetrust.org](http://suffolkwildlifetrust.org)

## Redgrave & Lopham Fen



### Regular events

#### Wild Tots

Every Friday, 10am-11.30am

#### Wild Babies

Every Friday, 1pm-2pm

#### Weekend Wildlife Club

Second Saturday of the month, 10.30am-12.30pm

A club for 6-11 year olds, £3

#### Time to paint

Last Friday of the month, 10am-2pm

£5 donation. All welcome, no need to book.

### March

#### Concert: The Ludlam Pikes

A lively mix of original songs & covers from this folk & Americana band.

Saturday 14 March, 7.30pm

£8, bring your own drink

#### Adult course: Nettle discovery workshop

With Fay Jones

Sunday 22 March, 10.30am-3.30pm

£30

#### Go wild in the week

Activity day for home-educated children

Tuesday 24 March, 10.30am-2.30pm

For 5-9 year olds. £7 per child

#### 'Cool conifers' talk by Fay Jones

Tuesday 31 March, 7.30pm-9.30pm, £2 incl. refreshments

All welcome, no need to book

**Booking essential for all activities unless otherwise stated. For further details and to book, visit [www.suffolkwildlifetrust.org](http://www.suffolkwildlifetrust.org) or call 01473 890089**

**Basket making courses at Redgrave Activities Centre**

Saturday Mar 21<sup>st</sup> : Plant supports  
 Saturday Apr 18<sup>th</sup> : Round basket  
 Saturday June 20<sup>th</sup> : Round basket  
 Saturday July 25<sup>th</sup> : Square garden basket

Call Karen on 01379 890897  
[www.karenlawrencebasketry.com](http://www.karenlawrencebasketry.com)



the  
**CROSS KEYS**  
REDGRAVE



## FORTHCOMING EVENTS MARCH

### FEBRUARY

TUES 25TH	COFFEE & CAKE MORNING	10.30 - 12NOON
THURS 27TH	RUM SMUGGLERS FOLK SESSION	FROM 8PM
<b>MARCH</b>		
WED 4TH	GAMES & SOCIAL AFTERNOON	2.30 - 4.30PM
TUES 10TH	COFFEE & CAKE MORNING	10.30 - 12NOON
MON 16TH	ACOUSTIC NIGHT - LIVE MUSIC	FROM 7.30PM
WED 18TH	GAMES & SOCIAL AFTERNOON	2.30 - 4.30PM
THURS 19TH	IT HUB IN THE PUB	3.30 - 4.30PM
SAT 21ST	BACKSTREET - LIVE MUSIC	FROM 9PM
TUES 24TH	COFFEE & CAKE MORNING	10.30 - 12NOON
THURS 26TH	RUM SMUGGLERS FOLK SESSION	FROM 8PM

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gm@redgravecommunitysociety.com

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# Botesdale Parish Council



Leeann Jackson-Eve

## FEBRUARY REPORT – Leeann Jackson-Eve (Clerk)

We are very sorry to say that Victoria Curry and Caroline Stratford have resigned due to other commitments and we thank them both for all their work on behalf of the community.

### Public Forum:

County Cllr Jessica Fleming reported that SCC intends to introduce a **permit scheme for all road and street works** which will give the County Council powers to manage and condition work carried out on the public highway, such as utilities and Suffolk Highways. The new scheme will be in place from 1<sup>st</sup> April.

There will be several **new Special Educational Needs and Disability (SEND) units in Suffolk schools**. These units will provide 168 additional specialist placements in Suffolk as of September 2020. The nearest provision will be at Ixworth School.

As District Cllr, Jessica reported that Mid Suffolk District Council has approved a **new Minor Adaptations Grant** which offers financial support for minor home adaptations up to the value of £7,500, not means tested for homeowners. Works covered within the new scheme include ramps, bathing/washing facilities, additional heating, stairlifts, key safes and wash/dry toilets.

Mid Suffolk District Council's cabinet granted Mid Suffolk Citizens Advice Bureau a minimum of £260,100, £86,700 a year, over a three-year period starting in 2020/2021. The service provides advice on debt management, legal matters and a range of issues.

The District Council's 20/21 budget proposals include a 1.66% increase in its share of council tax, adding £2.76 a year to the bill of a Band D Property.

A member of public read out a letter from a resident who was concerned about a car park on the play area site and felt this would encourage youths to gather. The PC sympathises with any concerns that residents might have but no decisions have been taken yet concerning car parking. However, the PC is looking at whether a small number of spaces would encourage use by persons with mobility problems and parents with small children. The PC has a duty to consider accessibility.

There was another query about a rumour that a wholesale removal of trees would take place at the play area. Work to trees will of course be considered where necessary to make the area safe but there are no radical plans for removing them all.

We would urge anyone who has concerns to come to a meeting of the PC. Better yet, become involved in the Recreation Ground Sub-Committee and have a direct input to the plans for the play area! Everyone is welcome.

Planning: The PC considered one application for work to pollard a Tree of Heaven at Parkview Chapel and there was no objection.

Neighbourhood Plan: The Neighbourhood Plan was officially adopted by Mid Suffolk District Council on 23 January 2020. It has been agreed that some of the Steering Group members will carry on to draft a Parish Infrastructure Investment Plan to identify and

prioritise the infrastructure needs of the community and future spending decisions. We would welcome new members who wish to be involved in this process – just contact the PC.

Play Area: The PC has approved a draft project brief for the recreation ground regeneration project. This project is in its very early stages and nothing has been decided at this point other than the principle of improving the recreation ground. We are particularly interested in making it a more interesting facility for ALL ages. If you'd like to get involved, please let us know!

Litter Pick: The annual litter pick will take place on Saturday, 18 April, 10am-12pm. Please gather at Botesdale Village Hall. Equipment will be provided but if you have gloves and a hi-vis jacket, please bring them and make sure to wear sensible shoes.

Flooding: We are still pursuing the flooding problem on Bridewell Lane with various teams at the County Council and have received confirmation that SCC Highways are going to deal with the drainage issue, after which the Public Rights of Way team will consider any repair work that needs to be done to the footpath.

Potholes: We are aware that these are at an all-time high – or should that be an all-time low – particularly on The Street and Diss Road. We regularly report them to Suffolk County Council and sometimes they even get filled! Sadly, we have had very little luck getting them to sort out the ones down the middle of the road. However, having made a lot of noise about this problem, the PC has been assured that a road-resurfacing of The Street/Diss Road will take place sometime in the next financial year – April 2020 to March 2021. Just a reminder that you can report potholes and other road problems quickly and easily on the Highways Reporting Tool at <https://highwaysreporting.suffolk.gov.uk/>

Botesdale Patient Participation Group (PPG): The PC has accepted an invitation to participate in a Community Event at 10am-3pm on Saturday, 27 June 2020 at St Botolph's School to promote volunteering and address loneliness and rural isolation.

## THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON

**MONDAY 2nd MARCH**

**at 7.00 pm**

**at Botesdale Village Hall**

**All residents welcome**

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**Your Clerk is: Mrs Leeann Jackson-Eve,  
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# Redgrave Parish Council



## Redgrave February Report – by the Clerk

Four councillors were present at the meeting with apologies received from Ann Preston and John Giddings.

**Public Forum:** County Councillor Jessica Fleming reported the following SCC news. SCC will be introducing a permit scheme for all road and street works in order to better manage work carried out by Highways and the utilities; there are going to be several new Special Educational Needs and Disability (SEN) units developed at Suffolk schools and these will provide 168 additional specialist placements as of September 2020; and it's looking like the Ipswich Northern Relief Road is unlikely to go ahead as there is insufficient support within the affected Districts.

As District Councillor, Jessica reported that there is a new Disabled Facility (Minor Adaptations) Grant available from Mid Suffolk District Council offering up to £7,500 (not means-tested) for work such as ramps, bathing/washing facilities, additional heating, stairlifts, key safes and wash/dry toilets; MSDC will be supporting Mid Suffolk Citizens Advice over a three-year period starting in 2020; a £2.2million upgrade will take place at the Mid Suffolk Leisure Centre in Stowmarket; and there is likely to be a modest council tax increase of 1.66% in MSDC's share of the council tax, adding £2.76 per year to the bill of a Band D property.

**Planning:** There were two planning applications. The first was for change of use and the creation of an open-air theatre at Hall Farm for up to 18 events per annum. The second was for listed building consent for work to repair the roof, barge boards and water-damaged timbers at Minton House, The Street. There was no objection to either application.

**Neighbourhood Plan:** There was a good turnout for the drop-in event in the Pub on 28 January. The assessment of sites that were submitted after the "Call for Sites" is ongoing and likely to be finished in March.

**Footways/Pavements:** The PC has been lobbying SCC for over two years for the footways along the B1113 to be 'skirted', that is, for the overgrowth to be cut back so that the footway is back to its original width. We are now told by SCC that we are at the top of their list and it will be carried out soon. Cross fingers!

**Play Area Repairs:** Most of the play area repairs have been completed but, in the meantime, the monkey bars have been damaged. It was agreed to accept a quote of £550 from Mortimer Contracts to rebuild and re-site the bars in a safer location to the right of the swings.

**Christmas Tree:** It had been suggested that the PC plant a

permanent tree on the Knoll as a more eco friendly alternative to buying one each year. However, members aren't entirely happy with having another large tree on the Knoll and it would be quite costly to get one which would be large enough to use right away. A tree in a pot was considered but a lift would be needed to move it each year. One option would be to plant a few at the Old Town Pit to use in future. This will be considered again at the next meeting so if you have any thoughts, please let us know.

**Botesdale Patient Participation Group (PPG):** The PC is provisionally interested in an invitation to participate in a Community Event at 10am-3pm on Saturday, 27 June 2020 at St Botolph's School to promote volunteering and address loneliness and rural isolation.

**Community Transport:** The PC supports the Community Transport scheme and has so far set aside £1,500 towards the replacement vehicle which will eventually be needed. The PC will continue to add £500 annually to this fund.

## PARISH of REDGRAVE ANNUAL PARISH MEETING

7.00pm ~ Wednesday, 1st April 2020  
Redgrave Amenities Centre

Everyone is invited to attend.  
Please email local organisation reports to the  
Clerk by 20 March.

## THE NEXT PARISH COUNCIL MEETING WILL TAKE PLACE ON WEDNESDAY 4th MARCH

at 7.30 pm  
Redgrave Amenities Centre  
All Parishioners are cordially invited to attend

Your Clerk is: Mrs Leeann Jackson-Eve,  
Wayside Cottage, Cherry Tree Lane,  
Botesdale, Diss, Norfolk, IP22 1DL.

Tel : 01379 890 141

Email : [botesdale\\_pc@btopenworld.com](mailto:botesdale_pc@btopenworld.com)

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# Rickinghall Parish Council



## Report of February PC Meeting by Cllr Sally Smith

Apologies were received from Cllr Geoff Short to the Rickinghall Parish Council Meeting on Thursday, 6 February.

**The Public Forum** opened with William Sargeant, Chairman of Botesdale PC, discussing the proposed Community Governance Review which looks at potentially allowing separate Parish Councils to be combined into one. It was thought that Botesdale and Rickinghall should look into this.

Jessica Fleming, Suffolk County Councillor, raised the following issues:

- Utilities now need to apply for a permit to Suffolk Highways in order to carry out works on the highway and ensure a more efficient process will take place. This will be in place on 1 April 2020.
- Purpose built Special Educational Needs and disability units are to be developed at a number of Suffolk schools in order for 168 additional placements to be created. It is expected that they will be available from 1 September 2020.
- The Ipswich Northern Relief Road is unlikely to progress in its current form. 15,000 new homes would need to be built in order to fund it and both Mid and East Suffolk believe this to be too high a number.

As District Councillor, Cllr Fleming reported that:

- Civil Parking Enforcement will be passed from the Police to West Suffolk Council on 1 April 2020.
- Housing Assistance Grants of up to £7,500 are available from Mid Suffolk. These are not means-tested, and you can find out more at <https://www.babergh.gov.uk/housing/disabled-adaptations-grants/>
- A 3-year grant facility has been provided to the CAB.
- Stowmarket Leisure Centre is due to receive a £2.5million upgrade.
- There is to be a modest increase in Council Tax for 2020/2021.

**Planning Application** – there was no objection to the planning application received from Redwings, Rectory Hill for a single storey rear extension.

**Notice of Intent to prune/remove trees** – there was no objection to the three tree applications received from Mount Cottage, Rectory Road, St Mary's Church and Redwings, Rectory Hill.

**Neighbourhood Plan Update** – The Neighbourhood Plan was formally adopted by Mid Suffolk District Council on 23 January 2020. All Parish Councillors will be provided with a paper copy. Any resident who wishes to read the plan can do so on-line or may contact the Parish Clerk to borrow a copy.

## Correspondence:

- Community Governance Review – it was agreed that Botesdale and Rickinghall Parish Councils would investigate

combining the two Councils into one. The village exists more as one village than two and it would make sense for the Councils to be combined. This will be an on-going project.

- Botesdale Patient Participation Group – Botesdale Health Centre are holding a Community Event on Saturday 27 June and it was agreed the Parish Council would attend.

## General Items:

- The formal adoption of the phone box at the Market Place was agreed.
- It was agreed by the Parish Council that the Neighbourhood Plan Steering Group could continue and consider drafting a Parish Infrastructure Investment Plan. New members would be sought for this group in order to formulate an on-going plan for the village.
- Village Hall Skate Park – Charles Greenough, acting for the Village Hall, provided the Parish Council with 5 tenders for the replacement of the existing skate park. An enormous amount of work has gone into this and the Parish Council would like to thank Charles for all his hard work. A thorough discussion was held, and it was agreed to accept the tender from Fearless Ramps to provide a galvanised steel and skatelite park. There is still an enormous amount of work to do in terms of finding the money for this – any help gratefully received!!
- The Internal Audit Review will be carried out by Cllr Smith and Cllr Brown.

There were very few councillors' reports other than Lesley Free, the Village Hall rep, who stated that the Hall is looking for new members to join the management committee. They are particularly looking for a new Treasurer and a new Lottery co-ordinator. If you can help please don't hesitate to contact the Village Hall committee via Bob Clark, 07930 188472.

**RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON**

**THURSDAY 5th MARCH**

**at 7.30 pm**

**AT RICKINGHALL VILLAGE HALL**

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# Village News

## BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP NHS WEBSITE

The PPG have been requested by the Practice to ensure all Patients of the Health Centre are aware, particularly in winter months, that a great deal of information regarding various medical conditions can be found at the NHS online site below.

<https://www.nhs.net>

The NHS site includes a guide to conditions, symptoms and treatments, including what to do and when to get help; assisting Patients with many minor conditions.

It is also possible to download the NHS App to a phone which will enable Patients (after obtaining sign on information from the Health Centre Reception) to make online appointments, obtain repeat prescriptions and access their own medical records.

## 2019 PATIENT SURVEY

If you were one of the patients who kindly completed the PPG Patient Survey in September 2019 the results of the Survey and the Health Centre actions are now available and published. A copy can be viewed in the PPG information box (adjacent the main Practice entrance). If you would like an emailed copy or to be sent a hard copy, please use the contact details below.

Please do not hesitate to contact us at [BotesdalePPG@gmail.com](mailto:BotesdalePPG@gmail.com) or phone Janet Russell 07787 148947 if we you need help with any clarifications related to the above or if you have any queries regarding Patient Participation Group matters.

Janet Russell PPG



## OIL SYNDICATE

**The next Oil Syndicate Order will be the Summer one at the end of July.**

**As always, details will be published here in the Parish Magazine, but final order day will be either the 18th or the 25th of July.**

**Watch this space for details.**

**theWII** Rickinghall  
INSPIRING WOMEN

“Welding and Joining in Everyday Life”

Considering the wet and windy weather, we had a good turn out for our February meeting. Our speaker this month was one of our members, Rosemary Setterfield, who spoke to us about “Welding and Joining in Everyday Life”, a subject few of us knew anything about. It turns out there are many more ways of welding things together than just the traditional arc welding that most of us associate with the word.

Rosemary worked for 25 years at The Welding Institute, which is one of the world’s foremost independent research and technology organisations, with expertise in joining and engineering processes.

We learnt that many medical components are laser welded reducing manufacturing time by 50%. The wound that follows a hip replacement operation is not stitched, but effectively stuck together in a form of weld. Fabrics too can be welded - most vehicle air bags are laser-welded rather than sewn, and clothing too can be laser-welded to avoid seams that could rub. Even chocolate can be welded, creating invisible joints to sandwich the two halves of an Easter egg together for example. The list goes on...

With the help of samples and photographs, Rosemary was able to demonstrate just how many of the things we take for granted in our lives are welded together in some way.

## VILLAGE LITTER PICK Saturday, 18th April 2020

Bring the whole family and meet at either village hall car park at 10am.

Organised by Rickinghall and Botesdale Parish Councils

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Sat June 20<sup>th</sup> Round basket

Sat July 25<sup>th</sup> Square garden basket

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[www.karenlawrencebasketry.com](http://www.karenlawrencebasketry.com)

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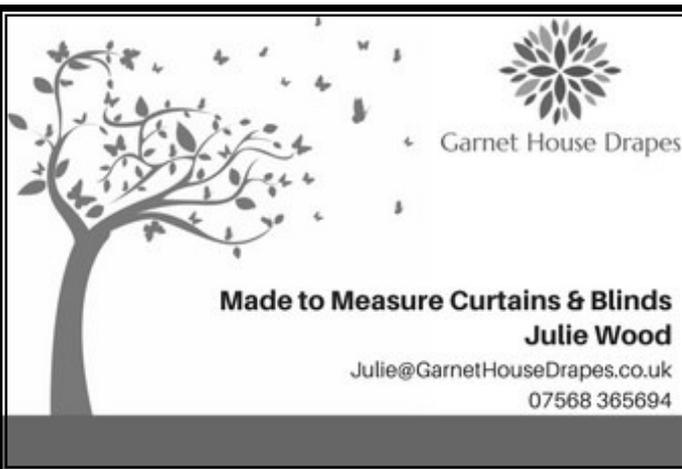
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# Village News

## Rickingham Village Hall's Annual Jumble Sale

The first Saturday of February saw the annual and ever popular Jumble Sale at Rickingham Village Hall, with enthusiastic buyers queuing to get the best bargains when the doors opened at 2.00 pm. A survey of the queue to ask where buyers came from revealed that few were from our own villages, with many coming some distance, including one couple from Somerset – although we weren't too sure that they came specially!

We had a fantastic team of volunteer helpers, as well as many Hall Committee members, and the tremendous support which they all gave in setting up as well as looking after the stalls on the Saturday was very much appreciated. Without them the event would not have been possible. Our customers found some real bargains, and the profit of more than £600 was an important contribution to Village Hall funds. To all who gave items for sale, to all who bought them, to those who took part in the raffle and contributed in other ways, and again to all our helpers, thank you



Park Radio had its 2nd Birthday back in November and we would like to thank all our listeners and supporters for making it such a success. We are hoping in the not to distant

future that our transmission range may reach further afield.

We have new nominated charities for 2020 which are Scoliosis Association (SAUK) and Big C - both being very worthwhile charities. We will be announcing fundraising events on our facebook page in the future and would appreciate any support to our events.

We would love to hear from listeners, tell us what you like, what you would like to hear. Tell us about any Non profit/Charity events so that we can promote them for you " on air" free of charge. Or just pop into the station to say Hi and have a chat.

Keep an eye out for us as we do a mean quiz which could be at a pub near you. Whether you listen to us on the Radio, Internet or streaming keep in touch with us, send in a request, like our facebook page or check out our website. Again a big thank you to all our supporters.

If you would like to contact us please email [studio@parkradio.co.uk](mailto:studio@parkradio.co.uk)



## Are you interested in a Bible study group?

I would like to start one in Botesdale and would love to hear from any residents of Botesdale, Redgrave, Rickingham and surrounding villages who would like to join in

Please phone Maz on 01379 890074  
Please leave a message if no reply



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[rayaldridge87@yahoo.co.uk](mailto:rayaldridge87@yahoo.co.uk)



## Transport needed?



The Rickingham and district Community Bus is available for hire to readers of this publication. Typical journeys include shopping trips, health centre visits, dentist, optician, hospital appointments and visits.

- The bus is also available for visiting friends and relatives, in fact pretty well anything you need.
- Door to door service, any help a pleasure. Wheel chairs no problem.
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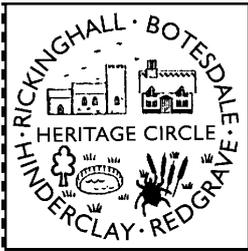
All classes £6 per session with fully qualified instructor

Mondays @ 6pm Garboldisham village hall  
Tuesdays @ 6pm Rickinghall village hall  
Fridays @ 10am Palgrave village hall

**Enquiries: Jill on 01379 897055 or 07800 639 141**

**Facebook: fitsteps with Jill**

# Club News



## HERITAGE CIRCLE Janette Robinson, Voices from the Workhouse – Memories of a Suffolk Workhouse

Janette Robinson gave a very good talk to the January meeting of the Heritage Circle at Rickinghall Village Hall where she told the sad, but fascinating story of a Suffolk family in a workhouse in the early 20<sup>th</sup> Century. She has

been involved in the local recorder scheme which encourages people to write about their own life. These memoirs are stored for future generations at the Ipswich Record Office. In the course of this work, she was given a wallet of 102 sheets of A4 where four sisters gave their reminiscences of their childhood in a workhouse at Wickham Market. There is other evidence about workhouses, including ledger records on entry, census returns and punishment books, which provide information such as names, ages, place of birth and religion. However, the testimony of these women is invaluable as it gives a 'people's voice' to the evidence about workhouses and their experiences.

From 1601 parishes were allowed to levy a rate to provide for the poor. Those who could not work were given 'indoor relief' in almshouses, while the able bodied might receive food, clothes or coal as 'outdoor relief.' This was resented by many ratepayers who felt they were paying for idleness or lack of thrift. Relief was provided as cheaply as possible but between 1803 and 1818 the national cost rose from £4m to £8m per annum. In 1824 an innovative idea cut expenses significantly. A group of parishes formed a 'Union' and built a workhouse at Southwell. The model was copied across the country and was embodied in the Poor Law Amendment Act of 1834. All those seeking poor relief had to enter a workhouse. Conditions were purposely grim so that entry was a last resort. One poet described them as 'Prison with a milder name.' Inmates were segregated by gender and age which meant that families were broken up. The able-bodied were expected to work growing food, carrying out repairs, doing the laundry, cooking food and numerous other tasks. Children were trained in 'usefulness' and good behaviour. The workhouses did provide food, clothes, dry shelter, and some basic medical care but the regime was like a prison with high walls, gates and bells. The diet was monotonous. Breakfast was bread and milk, while dinner was a mug of thin soup, potatoes and some meat.

Dora, who was born in Framlingham in 1905, spent most of her first 18 years in the Wickham Market workhouse. Her parents, Emma and Henry, had nine children. The master and matron, Mr and Mrs Balls, were strict but gave the impression of being fair in undertaking a difficult job with limited resources. Dora was placed in a dormitory with one sister. She was only able to see her parents and the rest of the family on a Sunday afternoon. However, she spent a year in the infirmary when it was noticed that she was lame. She had to wear a special boot and irons but was never told what was wrong with her. In March 1914 matron bluntly told the children that their mother had died of pneumonia at the age of 41. Soon after, her father joined the army and served throughout World War I. From time to time, the children received cards from their father and they sent him tobacco provided by the workhouse. The children rarely saw Henry after his demob in February 1919.

The only day that was different and a little joyful was Christmas Day. The children received an orange, an apple, sweets and a penny, along with a small present. There was a special dinner which included Christmas pudding for dessert. In 1919 Dora and her sisters were sent to different foster parents without warning. She was very miserable and became ill but was eventually returned to Wickham Market along with two of her sisters. She had left school and so was given the task of looking after the young children. Aged 18, Dora asked to be discharged from the workhouse. Within two hours she had left. She found her way to her uncle's house in Framlingham and was able to stay with his family until she went to live in London, marrying during World War II. She came to find some happiness but was marked by her early life which she never spoke about, only recording her experiences in old age.

The next meeting of the Heritage Circle will be on Wednesday 25 March at Rickinghall Village Hall when Ivor Murrell will give a talk entitled *The Maltster's Tale*. New members and visitors are very welcome. Further information is available at [www.heritagecircle.onsuffolk.net](http://www.heritagecircle.onsuffolk.net)

Gerry Gurhy



Coffee on the Corner this morning - well what can I say?! If it was quiet last month, it certainly wasn't quiet this time around. At one point there must have been around 60 or 70 people in the room, including lots of our lovely regular visitors,

four small children and a large group of RNLi supporters who had been encouraged to come along by Maggie Phillips, one of the local keen fundraisers for this very worthwhile cause.

We had plenty of refreshments, although one or two people who didn't arrive early enough were disappointed that all the cheese scones had gone, followed closely by the sausage rolls! Still plenty of sweet treats though - with lemon, fruit and coffee cake and a delicious victoria sponge. If you haven't been before, do come along, although you may want to forego breakfast!

The generosity of those who came to visit was, as always, fantastic and the RNLi's coffers will be better off with the princely donation of £190.06.

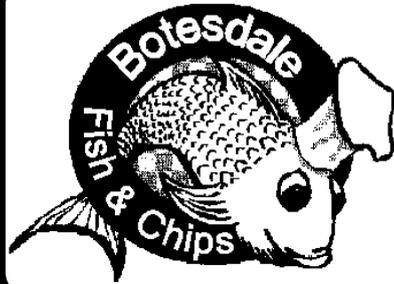
It is always our pleasure at Parkview to welcome people into our building, be it for Coffee on the Corner, one of the groups that we organise regularly for the young people or for Bible Study or Church on a Sunday. If you haven't ever been a regular churchgoer, or if your past experience of Church wasn't as good as it should have been, do come along to see what we are about. You will find information about our services elsewhere in this brilliant Parish Magazine and on the Sunday that follows Coffee on the Corner, we hold an informal "service" - Coffee on a Sunday. We have refreshments and the nature of the morning/style of the event gives us a chance to chat to our fellow churchgoers or visitors. There is sometimes a question up for discussion, but it is not always answered and is there simply to encourage people to chat.

## Why not gives us a try?

Next month our regular Coffee on the Corner will be held on Tuesday 10th March, when we shall be giving our donations to a local lady who will be running the London Marathon in support of St. John's Ambulance! Do come along to find out a bit more and to enjoy our hospitality.

If you feel you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423.

Sue Allen



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**TUESDAY** 11.30am - 1.30pm 4.00pm - 9.30pm

**WEDNESDAY** 4.00pm - 9.30pm

**THURSDAY, FRIDAY, SATURDAY** 11.30am - 1.30pm 4.00pm - 10.00pm

**SUNDAY** 4.00pm - 9.00pm

<i>Date, start and end time</i>			<i>&gt;&gt;&gt; What's On in March 2020 &lt;&lt;&lt;</i>	<i>Location</i>
Monday 2 <sup>nd</sup>	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall
	7:00pm	-	Botesdale Parish Council	Botesdale Village Hall
Tuesday 3 <sup>rd</sup>	9:45am	10:45am	Pilates	Rickingham Village Hall
	5:30pm	-	Brownies	St Botolph's School
	6:00pm	-	Fitsteps	Rickingham Village Hall
	7:15pm	-	Yoga and relaxation	Botesdale Village Hall
Wednesday 4 <sup>th</sup>	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickingham Village Hall
	10:40am	1:05pm	<b>Mobile Library</b>	See www.suffolklibraries.co.uk
	2:30pm	4:30pm	Games & Social Afternoon	Cross Keys Redgrave
	7:15pm	-	"From now on" - first weekly Lent Course	All Saints Redgrave
Thursday 5 <sup>th</sup>	7:30pm	-	Redgrave Parish Council	Redgrave Activities Centre
	9:30am	-	Headspace	All Saints Redgrave
	9:30am	-	RABBATS	Rickingham Village Hall
	10:00am	-	St Nicholas Hospice Care Drop-in	Botesdale Health Centre
	10:00am	-	U3A AGM + "A Question of Identity"	United Reform Church, Diss
	12:00pm	-	Watercooler	Cross Keys Redgrave
Friday 6 <sup>th</sup>	7:00pm	-	Botesdale & Rickingham Runners	Rickingham Recreation Ground
	7:30pm	-	Rickingham Parish Council	Rickingham Village Hall
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	2:00pm	-	World Day of Prayer	Botesdale Methodist Church
Saturday 7 <sup>th</sup>	7:30pm	-	Whist Drive	Botesdale Bowls Club
	8:00pm	-	Dance Classes	Botesdale Village Hall
Monday 9 <sup>th</sup>	10:00am	1:00pm	Rag Rug Making Workshop	Thelnetham Village Hall
	9:15am	-	Rickingham Ramblers	Rickingham Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
Tuesday 10 <sup>th</sup>	5:30pm	-	Slimming World	Rickingham Village Hall
	9:00am	-	Coffee on the corner	Parkview Chapel
	9:30am	-	Macmillan information & advice	Parkview Chapel
	9:45am	10:45am	Pilates	Rickingham Village Hall
	10:30am	12:00pm	Coffee and Cake Morning	Cross Keys Redgrave
	5:30pm	-	Brownies	St Botolph's School
Wednesday 11 <sup>th</sup>	6:00pm	-	Fitsteps	Rickingham Village Hall
	7:15pm	-	Yoga and relaxation	Botesdale Village Hall
	9:30am	-	Headspace	All Saints Redgrave
	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
Thursday 12 <sup>th</sup>	10:00am	-	Day Centre	Rickingham Village Hall
	9:30am	-	RABBATS	Rickingham Village Hall
	7:00pm	-	Botesdale & Rickingham Runners	Rickingham Recreation Ground
Friday 13 <sup>th</sup>	7:30pm	-	Women's Institute	Rickingham Village Hall
	10:30am	-	Rickingham Ramblers AGM	Redgrave Activities Centre
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
8:00pm	-	Ouse Valley Filling Station	Garboldisham Village Hall	
	-	Dance Classes	Botesdale Village Hall	

**Don't forget the mobile Post Office : Every Tuesday 12:30-1:30pm and Friday 2:45-3:45pm at Parkview Chapel**

<b>Date, start and end time</b>			<b>&gt;&gt;&gt; What's On in March 2020 &lt;&lt;&lt;</b>	<b>Location</b>
Saturday 14 <sup>th</sup>	9:00am	12:30pm	Farmers' market	Rickingham Village Hall
	10:30am	12:30pm	Weekend Wildlife Club	Redgrave & Lopham Fen
	7:30pm	-	Concert : The Ludlam Pikes	Redgrave & Lopham Fen
Sunday 15 <sup>th</sup>	11:00am	12:00pm	Coffee on a Sunday	Parkview Chapel
Monday 16 <sup>th</sup>	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall
	7:30pm	-	Acoustic Group	Cross Keys Redgrave
	7:30pm	-	Barwoods AGM	Bell Inn Function Room
Tuesday 17 <sup>th</sup>	9:45am	10:45am	Pilates	Rickingham Village Hall
	5:30pm	-	Brownies	St Botolph's School
	6:00pm	-	Fitsteps	Rickingham Village Hall
	7:00pm	-	RAHOF "Cheese and Wine" Annual Review	Redgrave Activities Centre
	7:15pm	-	Yoga and relaxation	Botesdale Village Hall
Wednesday 18 <sup>th</sup>	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickingham Village Hall
	2:30pm	4:30pm	Games & Social Afternoon	Cross Keys Redgrave
Thursday 19 <sup>th</sup>	9:30am	-	Headspace	All Saints Redgrave
	9:30am	-	RABBATS	Rickingham Village Hall
	3:30pm	4:30pm	IT Hub in the Pub	Cross Keys Redgrave
	7:00pm	-	Botesdale & Rickingham Runners	Rickingham Recreation Ground
Friday 20 <sup>th</sup>	9:15am	-	Rickingham Ramblers	Rickingham Village Hall
	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	8:00pm	-	Dance Classes	Botesdale Village Hall
Saturday 21 <sup>st</sup>	2:00pm	4:00pm	WI Jumble Sale	Rickingham Village Hall
	9:00pm	-	Backstreet - live music	Cross Keys Redgrave
Sunday 22 <sup>nd</sup>	10:30am	3:30pm	Adult Course : Nettle Discovery Workshop	Redgrave & Lopham Fen
Monday 23 <sup>rd</sup>	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall
Tuesday 24 <sup>th</sup>	9:45am	10:45am	Pilates	Rickingham Village Hall
	5:30pm	-	Brownies	St Botolph's School
	10:00am	12:00pm	Coffee down the lane	Methodist Church
	10:30am	2:30pm	Go wild in the week	Redgrave & Lopham Fen
	10:30am	12:00pm	Coffee and Cake Morning	Cross Keys Redgrave
	6:00pm	-	Fitsteps	Rickingham Village Hall
Wednesday 25 <sup>th</sup>	7:15pm	-	Yoga and relaxation	Botesdale Village Hall
	9:30am	-	Redgrave Art Club	Redgrave Activities Centre
	10:00am	-	Day Centre	Rickingham Village Hall
	12:00pm	-	Headspace lunch	All Saints Redgrave
	7:30pm	-	Heritage Circle	Rickingham Village Hall
Thursday 26 <sup>th</sup>	9:30am	-	RABBATS	Rickingham Village Hall
	7:00pm	-	Botesdale & Rickingham Runners	Rickingham Recreation Ground
	7:00pm	-	WI Fashion Show	Rickingham Village Hall
	7:30pm	-	Redgrave Garden Club	Redgrave Activities Centre
	8:00pm	-	Rum Smugglers folk session	Cross Keys Redgrave
Friday 27 <sup>th</sup>	10:00am	11:00am	Positive Steps	Parkview Chapel
	10:00am	2:00pm	Time to Paint	Redgrave & Lopham Fen
	10:00am	11:30am	Wild Tots	Redgrave & Lopham Fen
	1:00pm	2:00pm	Wild Babies	Redgrave & Lopham Fen
	7:30pm	-	The Good Liar	Cinema at Eye
	8:00pm	-	Dance Classes	Botesdale Village Hall
Saturday 28 <sup>th</sup>	8:00pm	11:30pm	Rickingham Country Music Club	Rickingham Village Hall
Monday 30 <sup>th</sup>	9:15am	-	Rickingham Ramblers	Rickingham Village Hall
	2:00pm	-	Needlecraft	Redgrave Activities Centre
	5:30pm	-	Slimming World	Rickingham Village Hall
Tuesday 31 <sup>st</sup>	9:45am	10:45am	Pilates	Rickingham Village Hall
	12:00pm	-	Luncheon Club	Redgrave Activities Centre
	6:00pm	-	Fitsteps	Rickingham Village Hall
	7:15pm	-	Yoga and relaxation	Botesdale Village Hall
	7:30pm	9:30pm	"Cool Conifers" talk	Redgrave & Lopham Fen



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# Club News



## Mill Lane Allotment Association MLAA

We have been encouraged by the response our column has had on enquiries from people wanting to join us. Our testimonials from members is a popular topic so we have persuaded one of our founder members to share their experience with us.

PLOT 26.

### “How long have you had an allotment?”

I saw a Parish Council notice on the Village Bulletin board that there was to be a discussion about local land suitable for allotments, I went, so I was onboard at conception stage.

### “Why did you want one?”

I had been made redundant and whilst I was not a vegetarian, I do heavily favour veg over meat. We didn't have room at home so an allotment seemed a great idea.

### “Is it hard fitting it in between jobs and family?”

Well, I have had two children in the last 10 years and my village life is important to me. I am on the committee at the Village Hall and the Running Club. I am a keen gym member. As a busy Mum fitness is important to me, I also have a job that creates its own boundaries, but you know what they say, if you want a job done give it to a busy person.

### “Is it a family plot, do the children contribute?”

They have their own little 'plot' within our plot where they grow flowers and little plants other allotmenters give them, but their favourite things are eating fresh peas in the pod and strawberry picking. Actually they plant more with my neighbour than with me!

### “I understand you have a dog is this a problem?”

We have two but we are allowed to have them on the allotment as long as they are well behaved and on a lead.

### “What benefits do you get from it?”

It is educational for the children, knowing where their food comes from is important, it is also a space I can go to when I need time to unwind and always new people to talk to that I might never meet otherwise. I haven't the tidiest of plots but we have had it for so long now it is one of the family and so much easier than those first early days when we had to clear the land in sleet and wind!

Call Club Secretary Mark Wiseman on 01379 898805 for availability...

## Redgrave Garden Club

- The speaker at the January meeting of Redgrave Garden Club was Ken Salmond from The Garden Enclosure at Banham. His subject was the growing and care of fruit trees and soft fruit bushes. He spoke about the positioning of fruit trees, varieties, and some requirements for pollination. Also explaining pruning times and procedures. All types of soft fruit was covered including strawberries and blue berries, type of soil required and the care required. Ken also answered members questions and brought along plants for sale.
- Angela Bigley.

## Community Woodland Group

Spring seems to be coming really early this year. All our sites are looking good and early blossom is appearing as well as catkins everywhere. Having said that, I am writing just before we expect a furious gale and that may cause a lot of destruction.

### **The Doggy Problem**

Many thanks to the person or people who picked up our pile of poo bags. The bin for them is so near that we hope everyone will use it in future. It's not very nice when you are strimming to find dog poo flying all over the place, including over yourself.

### **Woodland Trust targets**

This amazing charity was aiming to plant 3 million trees this winter! How?

They have trained seed collectors who head out into woods, orchards and hedgerows to collect seeds of native trees and these are stratified in Shropshire.

They are then either cell grown as saplings in polytunnels in Scotland or they go to nurseries at Thorpe, near York, and Maelor, in Shropshire, where they are grown as whips ready to be bare-root planted.

Targets this year were: 375k bare root whips for councils, companies and charities; 645k bare root whips for landowners to create new woods; 625k whips and saplings for the Trust's own woodlands; 1.225m sapling freepacks for neighbourhood groups and schools; 120k saplings for sale to the public.

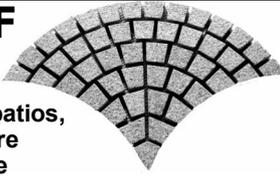
The seeds are from 33 different species and range from blackthorn, which provides good cover and shelter for small birds and mammals, to our two species of oak, and from quick-growing willows to slower hard woods like hornbeam. Most of these are deciduous but there are some evergreen holly, yew and juniper.

Did they hit their target?



Rosemary Jones, 7th  
February  
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# Exploring the Past

Jean Sheehan, 01379 890237

## The End of Bury Abbey

Last month I wrote about the one thousandth anniversary of the Abbey of Bury St. Edmunds and that the manors of Redgrave and Rickinghall had been given by Ulfketel to the shrine of St Edmund. When the Abbey was closed at the dissolution of the monasteries in 1539 it affected the lives of villagers in many ways. The Abbey had provided education for some boys and there is a mention of a school in Botesdale as early as 1312 in a court roll. The translation says *"It was ordered as elsewhere to make Master Clement of the school of Botoluesdale to come to answer to Walter le Leche on a plea of trespass..."*(1) Botesdale was part of the ecclesiastical parish and manor of Redgrave.

A later court roll of 1387 says *"Licence for a school. At this court a certain clerk and chaplain named Richard Brok came and took licence from the lord to lecture at the Grammar School in the town of Botesdale. And the lord granted the same Richard to lecture the scholars aforesaid in a manner to please the lord. And it was ordered that the Baliff forbid and proclaim that no other should hold the grammar school within the aforesaid demesne..."*(1)

It is not known how long this school existed or where exactly it was situated but after the reformation the gentry began to found new grammar schools to replace the schools which had been closed.

Nicholas Bacon, a lawyer, bought the manor of Redgrave and began to build his house in Redgrave Park between 1545 and 1554. This was close to the hunting lodge which had been built by Abbot Samson, which Nicholas demolished. There was a schoolroom in the new house, but it may have been used only for the education of his own children. When Elizabeth became Queen in 1558 she chose Nicholas to be Lord Keeper of the Seal of England and he was knighted soon afterwards.



*Botesdale Chapel of Ease*

Sir Nicholas Bacon later bought the Botesdale Chapel after it had been classified as a chantry chapel and closed by Edward VI in 1547. Sir Nicholas applied to Queen Elizabeth for Letters Patent to open a Free Grammar School which was granted in 1561. The chapel was used as the schoolroom and he extended the building to form a house to be used for accommodation which is now a private house next to the Chapel.

In the middle ages parish churches provided much of the social life of the villagers. Church Ales, a feast to commemorate the dedication of a church, were held annually in the churches. Sometimes people left money or barley in their wills to be used for church ales. A similar event was held in January in churches on Plough Monday which was the first

Monday after the twelve days of Christmas when the ploughing traditionally began. The village plough was often stored in the church for the winter. These events were probably organised by local people and not the Abbey. This year, 2020, Bury Cathedral organised a service to bless the plough and had a modern tractor and plough outside the cathedral.

Most rural churches had religious guilds formed to help their members in times of adversity whilst alive and to pray for their souls after death. The guilds held dinners and feasting on their dedication days, as well as performing plays in the church. (2) Fressingfield built a Church House near to the church to move the festivities away from the church and churchyard. This later became a Guild House and is now the well-known Fox and Goose.

Many churches originally had camping grounds near to them used for the game of 'camp-ball', which name dates back to an Anglo Saxon word 'cempan' which means 'to fight'. This was a game similar to football and some camping grounds date back to the fourteenth century.(3) There is a Camping Close marked on the 1819 Enclosure Map, behind Rickinghall Superior Church. (4)

The guilds were also dissolved in 1547 by King Edward VI. Some villages had their own guildhalls which they bought from the crown and later used them as parish workhouses such as Walsham le Willows.

A building believed to be a Guildhall is also shown on the Rickinghall enclosure map of 1819, situated in a field opposite Rickinghall Superior Church on the corner of Church Lane. There were three guilds in Rickinghall Inferior and Superior, St John the Baptist, St Peter and St Mary. (4)

There is mention of a Guildhall in Outhatch (Redgrave Street) from the papers of the Holt Wilson archive. The house in Redgrave Street now known as Juniper Cottage was known as Guildhall Cottages in its deeds of 1843 and 1862.(5) Although the house has a brick façade behind this is a well-preserved timber frame and it is very likely that this could be the original Guildhall. When the guildhalls were dissolved Inns and pubs replaced them. It is possible that The Cross Keys could be on the site of a public house which replaced the Guildhall, as it is very close.

Sir Nicholas Bacon bought The White Horse Inn, with land in Botesdale in 1569 and sold it again in 1571. This is in the area of the present Greyhound pub. He also bought The White Hart Inn in 1567, which was known as White Hart Farm by 1711, and is called Street Farm now on the corner of Mill Road, at the top of Crown Hill.(6)

Stone and paving from redundant Abbey buildings were bought for the building of the new Redgrave Hall by Nicholas Bacon the remains of which was auctioned off as building materials in 1946. The Abbey has left a wonderful legacy in our villages.

Translated by Diana Maywhort from Abbey court rolls for the Manor of Redgrave.

An Historical Atlas. Parish Gilds by the late Peter Northeast.  
Waveney Valley Studies by the late Eric Pursehouse B.Sc. (Lond)  
A Walk Through Rickinghall by Diana Maywhort published by Quatrefoil

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# Exploring the Past Again

Di Maywhort, 01379 898785

## Memories Part 7

Brian Grover now lives in Somerset having farmed there for many years. He got in touch to buy the Quatrefoil photograph book and sent his memories of growing up in Redgrave, living at the Cross Keys pub, during the war years. The following are some excerpts from his memories.

'My grandparents took over the Keys circa 1935 along with their youngest son Arthur. My parents, Arthur and Mildred married early in 1939 in the Redgrave church of St. Mary, prior to my father joining the RAF. I was born later that October and Christened at St. Mary's.

During WWII I lived with my mother, Mildred and grandparents Frederick and Evelyn Grover, in the Cross Keys pub in Redgrave.



**From L - R: Arthur, Evelyn, Mildred & Frederick with Brian in front**

Growing up in the pub was an education in itself; the many characters, the way they dressed, the way they spoke and the stories they told, have remained with me throughout my life. At the time my grandparents took over the pub, there were a number of acres of farmland with the premises, along with a barn, stables and pigsties. Grandfather ran a poultry farm there, alongside the pub, a valuable source of meat during WWII. In those days there was also a large vegetable garden and orchard with apples and plums, the only tree left there today that I remember, is the grand old walnut tree from where my rope swing once hung. No longer are traction engines to be seen trundling along the roads, nor the massive horses walking through the village on their way to plough a field. The pub did have electricity (my father worked for Anglia Electric) but the only water supply was from the hand operated well pump in the kitchen, for drinking. Cooking was from a black kitchen range, coal fired, though there was an electric stove but seldom used. Bathing was in a tin bath in the kitchen or washing by jug and bowl in the bedroom, with water from the well or collected from the roof and stored in wooden barrels. The toilets were a good way away from the pub to the rear and were a bucket and spade job, the contents were disposed of in deep holes up in the fields behind. Sadly all these old out buildings, constructed of a lovely soft red brick were demolished some years ago.

During WWII the pub was a hive of activity. At night the walls echoed with songs and laughter from the many soldiers and airmen both RAF and American. They were often trucked to the pub at night. Towards the end of the war there were many German prisoners of war, who

were very good at making wooden toys for us village boys and girls. I'm sure it is already known that the German General Von Runstead was a prisoner in the local POW camp. Often us kids followed the Americans chanting 'got any gum, chum' this often proved successful.

Does anyone remember that there was a machine gun post dug down on the Knoll, it was on the pond side of the big tree, only a few feet away from it, us village kids often went down into it whilst playing. From what I remember it was made of concrete and circa 5ft diameter with a central column for a gun to be mounted on and around 4'6" deep. It was filled in after the war.

If I remember correctly, there was Mr. Pettit, a builder who had some sort of yard in the area where organs were once built. Also near there lived Mrs. Bradstreet, who was a friend of my grandmother. She used to make lovely hard boiled egg and onion sandwiches for the Women's Institute ladies, who met on a regular basis in what used to be the sitting room of the Keys. This room, adjacent to the kitchens and a staircase is now incorporated in the bar area. There were always plenty of eggs and chickens in those days as my grandfather had poultry in the two or three fields that went with the Keys.

In the early 1930s my father's brother Sydney, farmed at Dennis Farm in Half Moon Lane. My father (Arthur) used to tell me how, when Syd took over another farm at Brockley Green circa 1936, just outside Bury St. Edmunds, they loaded up a horse and cart with all sorts of farming equipment and my father walked on foot, leading the horse and cart, all the way to Brockley. Many years later, circa 1959 they moved to Yaxley.

Sadly, my grandparents had to give up the pub due to illness in 1949, and my grandfather passed away soon after. In the many past years since, I have made my pilgrimages to my beloved Redgrave and recently, to celebrate my 80th birthday, we had a wonderful lunch in the Keys.

*Can anyone help with Brian's question below?*

'There was a clay pit down at the end of Mill Lane. During the war, my grandfather would take me for a walk down there. It was filled with crystal clear water, so we could watch the pond life. Now comes my mystery question, in the water were what we called 'Water Snakes', very worm-like, from what I remember. They were black in colour and looked like an upside down question mark. The curled up bottom of this creature looked similar to a curled up spring. In order to move about in the water the curled up 'spring' unsprung, thus moving it through the water. I have looked through many books to identify what they were, but never ever found anything like such a creature. The nearest creature like it is a Sea Horse, but in freshwater? Perhaps your readers may be able to help.'

*We would love to have your memories. These need not be essays but could be noted down as answers to questions such as: What do you remember about your family? Where did you live?*

*Where did you go to school? We would also like to record people's memories of the villages as oral histories. If you can help please get in touch.*

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# Nyall's Notes

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

Why am I a Christian? I think most keen Christians will say that they had some sort of experience with God. Perhaps the minister said something in the church that made an impact on them, perhaps that impact came through reading the Bible or perhaps they went through an Alpha course and came out convinced about Christianity. The offer of forgiveness that Jesus Christ brings will bring hope to the drug addict or convict in prison. These are people that know that they haven't been good and without help have no hope.

If I was asked that question today I would say that when I first agreed to go God's way I experienced an inner peace which replaced the turmoil I was in. However, that was some long time ago and I don't rely on a past experience. Since then I have got to know what the Bible says. I find it to be supernatural in the way it has been put together over a period of 2000 years by forty different writers, few of whom knew each other. Despite that, it produces the coherent Jesus story. It is accepted that a scientific theory is proved if the chances of failure are less than 5 sigma or one in 3.5 million. The Old Testament prophecies of Jesus easily meet this criterion.

The Bible isn't a book of science and many will argue that the Bible has been disproved by science. My researches demonstrate exactly the opposite. Robert Jastrow summed it up so nicely when he said, "For the scientist who has lived by his faith in the power of reason, the story ends like a bad dream. He has scaled the mountains of ignorance, he is about to conquer the highest peak; as he pulls himself over the final rock, he is greeted by a band of theologians who have been sitting there for centuries."

I can find nothing in the Bible that is against the idea that God started it all with a big bang and that he got us through an evolutionary process.

Why aren't more people Christians.

I'll put people into a number of categories:

Atheists – people who claim that there is no God and put their faith in their own reasoning power. If there is the slightest possibility that Christianity is right it's more than a bit risky and it seems to me that it requires more faith than being a Christian.

Agnostics – strictly speaking this is someone who believes that there isn't enough information to determine whether God exists or not. I respect the true agnostic who has researched the matter and come to that conclusion although it doesn't mitigate the risks.

Most of the rest – these are those who don't want to know. I guess that many don't want to know as they aren't prepared to act upon whatever conclusion they might come to. Putting your head in the sand doesn't remove the risks.

Jesus talked a lot about eternal life. It makes thinking about it important. I would love it if, as a result of reading this note, you would think about the matter at some depth. I would love it if, in heaven someone came up to me and asked, "Who are you?" and on finding out said "I'm here because I read your note."

*This is eternal life, that they know you the only true God, and Jesus Christ whom you have sent.*

*John 17 verse 3*

# Bill's Birds

Bill Cordeaux Tel: 898286

Is the winter over? Did it really get started? Here we are in March writing this in early February. Should we be looking for early migrants? Not only looking but listening! The Thrush, then the Blackbird. I read that this bird is already nesting. And, of course, the Hedge Sparrow and not forgetting the Robin. They will all be there. And towards the end of the month in the high still bare branches of deciduous trees and bushes, the faint but firm call of the first real migrant from the south—the Chiff Chaff, or did it over-winter in this country?

And there, seen from our windows, the commonest birds for us to see at any time, according to the BTO Garden Birdwatch, the Wood Pigeon and then the Bluetit. Don't dismiss them because of their frequency. I tend to try not to notice that big bully the Wood Pigeon, shoving the smaller birds from the feeders. Never short of food in our gardens nor in the fields. And now the Bluetit, so common as to be nearly dismissed. How does it manage to keep going? In the first place it has so many offspring, a delight for its many hungry predators. In the second, its food supply; always there on our feeders or, if not, on the bare or leaf covered bushes. It is an intelligent bird, not only for discovering its food supply in unlikely places, but last year (2019) we had a warmer than usual February. The Bluetit usually breeds in March, but in 2019, because of its adaptability, it bred according to the warm weather in the February. Other birds went on as usual waiting for the light from the sun to kick start their nest making. The Bluetit got the earlier food supply as did their offspring. Have you ever watched the Bluetit amongst your bushes? Always feeding along the small branches, always beak down picking up all the small insects we cannot see. Clever bird. And do you know its song, and can you differentiate it by sound as well as sight from its cousin, which is our next commonest bird, the Great Tit? They both should be singing full blast at present.



*Great Tit & Blue Tit sharing a feeder*

The Bluetit has a long trill, going up at the end, the Great Tit a persistent 'ding dong'. Try differentiating them by sight and by sound, not difficult but so simple and so common but we ignore them both! Any problem? Do what I did, go to your computer and Google in the two tits and listen. Like as not you can picture them both together and compare their songs. 'Common things commonly occur' I was always taught, and so with birds, their sight and their song.

Just now I heard a louder than usual 'mewing' bird cry. There it was, a Buzzard, flying low over our house. Aren't we lucky to have such a wild bird singing and weaving in sight so close. Its call is not difficult to recognise. You hear it and then you look for it!

These days so many of you have mobile phones which record sight and sound, and you can ask them to play a certain bird sound. Do so and the real male wild bird picks up the sound and thinks there is competition in its territory and it makes its appearance.

What aids to bird identification has today's bird watcher!

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## IN YOUR GARDEN

Lawrence Thompson 01379 890667

March is the month when we tend to get the most pronounced variations in the weather. Depressions from across the Atlantic usually bring cold, strong, north-westerly winds that can bring, hail sleet and even snow. On the other hand, warmer westerly to south -westerly winds can prevail with a corresponding rise in temperatures. However, with current climate warming, it's anybody's guess just how the weather will turn out to be! Whilst it is an opportune time to take advantage of any dry spells now, do not be misled into thinking spring has finally arrived. I always delay sowing or planting out having been well and truly caught by subsequent cold spells. My lawn is in much need of attention and this month I will be reseeded worn areas. Firstly levelling the depressions and building up a fine tilth to remove any stones and annual weeds, then treading the soil to consolidate the ground. As the grass gets a fair amount of wear, I will reseed with a Ryegrass mixture preferably dressed with a bird repellent. Depending on the weather, the seed should germinate in about 14 days.

As the edges have crumbled somewhat, I will reshape using a half moon lawn edger.

One thing I find gets the blood flowing especially on a chilly day is aerating the lawn with a wire rake to scatter worm casts and remove dead grass (thatch), debris and moss to aid drainage. To be really effective you need to rake vigorously a number of times in directions at right angles to each other. Towards the end of the month, if the weather is warm I will apply a spring fertiliser using a wheeled distributor set to provide an even application at the correct rate. The distributor was a good buy as previous hand distribution had produced local scorching and uneven growth of grass. There are many suitable proprietary mixtures available at Garden Centres and application rates are listed in the manufacturer's instructions.

Now a brief summary of some of this month's work in the flower garden.

**Roses;** complete planting of new roses as soon as possible. Prune established hybrid teas, floribunda, and repeat-flowering climbers. Concentrate on cutting out dead, diseased and frost damaged wood.

**Bulbs** Remove flower heads from daffodils as they fade but leave green leaves to die back. Plant out bulbs in pots which have finished flowering. Lift, divide and replant crowded snowdrops, preferably in clumps of five.

**Sweet Peas.** Plant out autumn sown seedlings in double rows if you are using the cordon system of a framework of posts and wires which is the much preferred method to provide long stemmed cut flowers. For bush varieties use a wigwam of canes and plant two seedlings per cane and tie in once they start to climb. Protect from the birds and don't forget to scatter environmentally friendly slug pellets around the plants. In the greenhouse, sow spring varieties.

**Dahlias.** Start preparing the ground by digging in well rotted manure and adding bonemeal. Choose a location where the dahlias will be in full sun and not have to compete with other plants.

In the greenhouse, remove the old tubers from storage and spray with tepid water to encourage new shoots to be eventually rooted as cuttings.

**Chrysanthemums.** Start preparing the ground for planting out adding manure and leave rough dug until April or early May. Those plants wintered in the greenhouse can be moved outside now covering against frost if necessary. You can start propagating by taking cuttings from old plants and rooting them in pots.



## IN THE KITCHEN

### Bara Brith

(A version of a traditional Welsh recipe.)

#### Ingredients

- 150 gm. Sultanas.
- 150 gm. Raisins.
- 150 gm. Currents.
- 300 ml warm black tea.
- 2 tsp. Mixed spice.
- 450 gm. Self raising flour.
- 1 egg – beaten.
- 250 gm. Brown sugar.

#### Method.

Dissolve the sugar in the tea and add the fruit.

Leave to soak overnight.

Mix the remaining ingredients into the fruit and tea.

If necessary line the loaf tin (900 gm. (2lb)) with baking parchment, and preheat the oven to 170 C.

Pour the mixture into the loaf tin and bake in the oven for about one and a half hours or until a skewer inserted into the middle comes out clean.

Serve slices with butter if required.

Thanks to John Langdon for this month's recipe

#### TV QUIZ

1. What was the name of Tom and Joyce Barnaby's daughter in Midsomer murders
2. What character does Ian McNeice play in Doc Martin
3. In what year was the first episode of Coronation Street
4. Who hosted University Challenge before Jeremy Paxman
5. Who plays Delphine Featherstone in Still Open All Hours
6. Where did Gavin live with his parents in Gavin and Stacey
7. What is the name of Jennifer Saunders character in Absolutely Fabulous
8. What is the name of the town where Doctors is set
9. In which year did Peggy Mitchell finally depart from East Enders
10. Which real life character did Hugh Grant play in A Very English Scandal

Answers on p 35



**Ed Batram  
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# POETRY CORNER

## LIFE DANCERS

To be trained in youth as a dancer  
In one's salad days, when green,  
Is to find that ever afterwards,  
One views in movements seen -

All life dancing, no matter who:  
Pianist playing, potter at the wheel,  
Children in unstudied grace  
As they run, or leap, or reel.

Artists brushing at their easels,  
Tennis players aflow on court,  
The sidesman's gentle rise and dip  
In chapel; or the unsought

Helping hand from strangers  
As laden, wearily, you wend.  
Digger driver driving; cat in careful tread;  
Swimmer swimming, singer singing,  
Cleaner cleansing, teacher teaching,  
Postman posting, parson preaching,  
All unaware - and yet -  
each a life dancer, my friend.

(c) June Shepherd 2020

## Taylor Review Pilot Scheme and Rickinghall Inferior Church

Rickinghall Inferior Church has received a grant from The Taylor Review Pilot Scheme and by the end of the review period in March we should have received £7502 from TRPS. This is part of the scheme entitled 'A stitch in Time' which is to encourage churches to take steps to prevent damage to church buildings which would lead to major repairs. This is a trial scheme only available in Suffolk and Greater Manchester for 18 months. This minor-repairs grant is managed by Historic England for the Department of Digital, Culture, Media and Sport. Rickinghall Church has been given a grant mainly to pay for new gutters to replace the damaged asbestos gutters and new gullies for the disposal of rainwater to help to keep the church dry and a few other minor repairs to the fabric of the building. This is only a small part of the money needed for the repairs identified in the quinquennial inspection.

TRPS has also provided expert guidance in maintenance of church buildings and setting up a Friends Group. We did not have enough volunteers at the inaugural meeting to form a committee for a constituted Friends Group but we have been given advice by Laura Emmins, Community Development Advisor for TRPS who has drafted a document to present to the members of the PCC at their meeting in February for a non-constituted Friends Group. We had a few people who have volunteered their services which is very helpful, and people who are willing to contribute to a Friends Group when we can have a constitution. Other people have offered help in various ways.

Neil Langham has kindly painted in oils an unusual view of the church which he has had framed and given to Rickinghall Church Fabric Fund to help raise money for the repairs still outstanding, including the north slope of the chancel roof and ceiling. We will be raffling the painting shortly.

Meanwhile the team who have organised the quiz and fish and chip supper over the past few years are pleased to say the quiz to be held on 28<sup>th</sup> February 2020 is sold out. Another fund raiser which will be held on Friday 15<sup>th</sup> May is a talk by the well-loved Suffolk historian and church enthusiast, Roy Tricker, who will present the history of Rickinghall Inferior Church.

## HERITAGE CIRCLE UPDATE

In last month's Parish magazine the Heritage Circle issued an urgent appeal for support for the committee as it faced closure in December. We are pleased to report that this has now been averted as there are three and, possibly, four new members of the committee. Thank you to our new committee members who are helping to preserve a popular village activity

## Publishers of new bereavement self-help book delighted with response

The publishers of a new book aimed at helping people who are bereaved say they are thrilled with the response

following a public appeal for stories and recipes. **Cooking for One** will be published in the summer and will contain valuable advice on the importance of self-help following the bereavement of a loved one, particularly in situations where one partner has been reliant on the other and suddenly finds themselves alone.

There is still time to submit a story and recipe for publication in **Cooking for One**. All profits from the sale of the book will be donated to Cruse Bereavement Care. Online submissions are open until the end of April. More information can be found at [rosedalefuneralhome.co.uk/cookingforone](http://rosedalefuneralhome.co.uk/cookingforone). There is also a printed form available for download on the website for anyone who would rather submit their story and recipe by post.

## ANSWERS TO QUIZ

- 1-Cully. 2 Bert Large. 3 1960. 4. Bamber Gascoigne. 5. Stephanie Cole. 6. Billericay, Essex. 7. Edina Monsoon. 8. Letherbridge. 9. 2016. 10. Jeremy Thorpe



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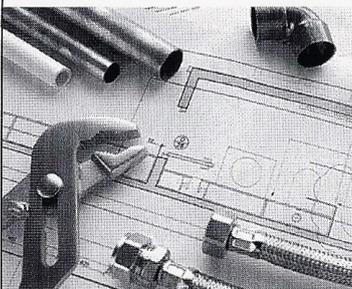
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## BE SCAM SMART!

Two new telephone scams have been reported by several local households in recent weeks both trying to lure people into traps that could cost them dear.

### BT TELEPHONE LINE CLOSURE

A recorded message claiming to be from BT stating your telephone line will be closed in the next 24 hours due to alleged 'fraudulent activity on your line'

The call goes on to offer press number options to the recipient to 'prevent closure'

These calls are not genuine and are being made in an effort to gain remote access to your computer.

BT advice is to terminate the call immediately and report the approach to them directly on [www.bt.coms/scams](http://www.bt.coms/scams)

### COURT CASE PENDING

Automated cold calls have been received claiming there is a court case pending against you and you must immediately take action by activating press button options.

HM Courts & Tribunals Service do not make unsolicited phone calls regarding a court hearing.

Furthermore, If genuine court action was planned against you formal notification in writing would be given and information supplied on where you can obtain advice before attending.

Report any such calls to Action Fraud on 0300 123 2040



**Neighbourhood Watch Awareness Week**

Save the date..

7th June - 13th June 2020

This year we will be encouraging Neighbourhood Watch members to 'Say Hello' and connect with their neighbours through community events such as organising a Big Lunch or joining your local Neighbourhood Watch Facebook group.

More details coming soon!

### Volunteers wanted to help record the level of fly-tipping on private land

As part of its work with the National Fly Tipping Prevention Group, Defra is recruiting volunteers to help with a project to improve information on fly-tipping. Volunteers will be asked to download the 'FlyMapper App' to their phones and use it to record fly-tipping incidents. 'FlyMapper' is a web and mobile application that is already extensively used by Scottish and Welsh Governments to capture, manage and analyse fly-tipping. For the Defra project, incidents can be recorded in any location within England, although there is a particular interest in understanding activity happening on privately owned land.

Volunteers will be helping the Government to improve understanding of the scale of the burden that fly-tipping imposes on landowners and the results will inform policy and practical interventions to better deal with the problem.

So, are you tech savvy? Do you have an Android and iOS devices that are no more than 3 years old? Would you be able to record incidents of fly-tipping in the countryside? Then please register your interest to [sarah-lee@countryside-alliance.org](mailto:sarah-lee@countryside-alliance.org)

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# >>> Future Events <<<

The Classic Car Show is back  
on Sunday 17th May at  
Rickinghall Village Hall



Would you like to display your classic car?  
Or volunteer to help on the day? If so,  
please contact Geoff Short on 01379 897164  
or Gordon Lawrence on 01379 890759  
- Organised by the Jaguar Enthusiasts' Club -

## History of Rickinghall Inferior Church

Roy Tricker BEM has kindly agreed to give a talk on the history of St Mary's church, Rickinghall Inferior, on May 15<sup>th</sup> in the church. Roy, a former teacher, became the field officer for the Redundant Churches Fund (now the Churches Conservation Trust) and wrote the guidebook for Rickinghall Superior Church after it became redundant. He has been interested in churches since the age of 4 and he was awarded the British Empire Medal two years ago for his services to Heritage in Suffolk in the New Year's honours list. Roy has a very amusing and individual way of sharing his passion for churches. Further details of the evening will be in next month's magazine.

# QUIZ NIGHT

**ANNUAL  
FISH 'N' CHIP QUIZ NIGHT  
AT  
PARKVIEW CHAPEL,  
BOTESDALE  
SATURDAY 4<sup>TH</sup> APRIL**

QUIZ STARTS AT 7.00PM  
TEAMS OF NO MORE THAN 6  
£7.50 PER PERSON  
(SAUSAGES/VEGGIE AVAILABLE IF PREFERRED)

## BOOKING ESSENTIAL

For further information and to book please call  
Kev Gladwell on 01379 898924



**BOTESDALE AFTER SCHOOL CLUB'S  
FAMILY EASTER BINGO NIGHT  
AT  
BOTESDALE VILLAGE HALL  
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THURSDAY 2<sup>ND</sup> APRIL 2020**

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## ROLL UP! ROLL UP!

From 6.30pm

17<sup>th</sup> April – 25<sup>th</sup> September 2020

## 'FUN FRIDAYS'

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RCHT (Redgrave Church Heritage Trust) presents  
ORLANDO JOPLING, Cellist, in concert Friday 28<sup>th</sup>  
August at St Mary's Church, Redgrave 7.30pm

This acclaimed musician has given 2 cello concerts  
in St Mary's Church, Redgrave. Since his last  
appearance here in 2012, his conducting career has  
flourished to include appointments as Conductor to  
the English National Ballet and at the Royal Opera  
House, Covent Garden. This leaves him time to give  
only a few cello recitals - one of which is this one at  
Redgrave. We are delighted to welcome him back.

For further information call 01379 898827

## More for your diary from RAHOF!

In its 33rd year, RAHOF has plenty going on in 2020 :

- Mar 17<sup>th</sup> : "Cheese & Wine" Annual Review
- Apr 14<sup>th</sup> : Coffee on the Corner (Parkview Chapel)
- Jun 19<sup>th</sup> : Midsummer Pimms in the Park (Hexachordia)
- Jul 8<sup>th</sup> : Summer Coffee Morning
- Oct 23<sup>rd</sup> : Annual Quiz Night
- Dec 11<sup>th</sup> : "A Christmas Evening"

*All events in aid of St Nicholas Hospice Care*

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## March Church Notices



*If interested in having your child baptised, or wish to get married in one of our church buildings, please do get in touch with the Rector, Revd Chris Norburn, using the contact details on page 2.*

Date	Service and Readings	Time	Church	Lector	Sidesman	Flowers	
1 <sup>st</sup> March	Holy Communion	09:15	All Saints	Mrs KT Gunn	Mr J Lamb	-	
	All Saints Together	10:30	All Saints	Mrs S Raynham	Mrs S White		
	Reading 1	Romans 5:12-19					
	Reading 2	Matthew 4:1-11					
8 <sup>th</sup> March	Holy Communion	10:30	Rickingham	Mr K Brinkley	Mr & Mrs Rixon	Liz Draper	
	Reading 1	Romans 4:1-5, 13-17					
	Reading 2	John 3:1-17					
15 <sup>th</sup> March	Holy Communion	09:15	All Saints	Mrs J Stokes	Mrs L Wills	-	
	All Saints Together	10:30	All Saints	Mrs S Schofield	Mrs C Davidson		
	Reading 1	Romans 5:1-11					
	Reading 2	John 4:5-42					
22 <sup>nd</sup> March	Holy Communion	10:30	Chapel of Ease	Mrs J Shepherd	Mrs C Hilliard	-	
	Evening Prayer	3pm	Rickingham	Mrs J Whitehead	Mr R Rixon	Liz Draper	
	Reading 1	1 Samuel 1:20-end					
	Reading 2	Luke 2:33-35					
29 <sup>th</sup> March	Holy communion	08:15	Rickingham	Rector	Mrs J Sheehan	Liz Draper	
	Reading 1	Romans 8:6-11					
	Reading 2	John 11:1-45					

*If any duty dates are inconvenient, please swap with someone AND inform the Rector on 01379 898685*

### Rickingham Relief in Need Fund

- The Trustees of the above Fund administers a modest income to benefit the residents of Rickingham and we are able to give grants throughout the year to those who need financial assistance.
- With the winter approaching you may be experiencing difficulty in affording your heating bills.
- Other donations in the past have been made to help with books for students, support due to illness, help towards a purchase of a microwave to heat meals for an elderly person, support to children at the school with the costs of uniform, school outings and trips.
- If you feel you would qualify for help then please contact the Rector, Chris Norburn on 01379 898685, or in writing to The Rectory, Bury Road, Rickingham, Diss IP22 1HA.
- All applications are treated with the utmost confidence.
- There are also similar charities for the residents of Redgrave and Botesdale, and if you require further information on these, again please contact The Rector.

### From the Registers

22.11.2019	Dolly Dinham died 28th October 2019. Cremated at Risby Crematorium
09.12.2019	Funeral service at St Mary's Church, Rickingham Inferior followed by Cremation for Eric Startup. Died 15th November 2019
13.12.2019	Funeral service at St Mary's Church, Rickingham Inferior followed by burial in the Churchyard for Gwendoline Walsh. Died 11th November 2019

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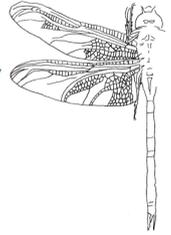
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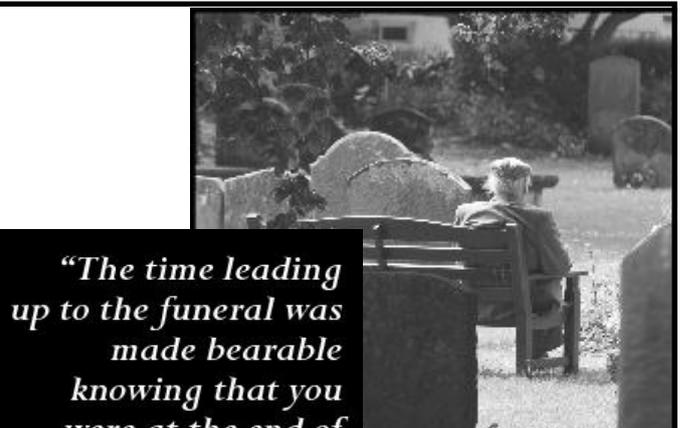
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# Botesdale Methodist Church & Parkview Chapel in March

## Parkview Chapel

For more details on any of the following, please call Kev Gladwell on 01379 898924 or see <http://www.parkviewchapel.co.uk>

### Sunday Services

Refreshments served on all Sundays from 10.30am

Sunday 1 <sup>st</sup>	One service at 11.00am (including Communion)
Sunday 8 <sup>th</sup>	Communion service at 10.00am and Main service at 11.00am
Sunday 15 <sup>th</sup>	Communion service at 10.00am and 'Coffee On A Sunday' at 11.00am
Sunday 22 <sup>nd</sup>	Communion service at 10.00am and Main service at 11.00am
Sunday 29 <sup>th</sup>	Communion service at 10.00am and Main service at 11.00am

### Events at Parkview Chapel

Thursday 5 <sup>th</sup> 2:00pm	Praise Hour	
Tuesday 10 <sup>th</sup> 9:00am	Coffee On The Corner	
Thursday 19 <sup>th</sup> 2:00pm	Praise Hour	

### PARKVIEW YOUTH - Activities for Children & Young People - all at Parkview Chapel, Botesdale

<b>Junior Church</b> : Reception - Year 6 Sundays 11.00am - 12.00pm	<b>Junior Friday</b> Reception - Year 6 Fridays 6.00pm - 7.00pm
<b>PYP</b> : Years 7 - 13 Sundays 7.00pm - 8.30pm	<b>Senior Friday Club</b> Years 7 - 11 Fridays 7.30pm - 9.30pm

*A friendly welcome to everyone at* **Botesdale Methodist Church** *services and events*

**Services** (every Sunday at 10.30 am unless otherwise indicated)

Sunday 1 <sup>st</sup>	Mr S Aspinall
Friday 6 <sup>th</sup>	2pm World Day of Prayer
Sunday 8 <sup>th</sup>	Local Arrangement
Sunday 15 <sup>th</sup>	Rev David Ely, Holy Communion
Sunday 22 <sup>nd</sup>	Mr D Freeman
Sunday 29 <sup>th</sup>	Mr R Wade, Church Anniversary

### Events

Tuesday 3 <sup>rd</sup>	Christian Forum - Emily Wildish - <i>Aiding Education in Kenya</i>	7.30pm
Wednesday 18 <sup>th</sup>	Wives Club	-
Tuesday 24 <sup>th</sup>	Coffee down the Lane	10.00am-12.00pm

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All Saints  
Redgrave



St. Botolph's  
Botesdale



St. Mary's  
Rickingham

**1st March '20 1st Sunday of Lent**



9:15 All Saints, Redgrave, BCP Communion

10:30 All Saints, Redgrave  
All Saints Altogether

*An interactive service for people of all ages starting with coffee*

**8th March '20 2nd Sunday of Lent**



10:30 St. Mary's, Rickingham,  
CW Communion

3pm Botesdale Village Hall,  
**The Get Together**

*An informal time to meet, eat and explore faith concluding with a light tea*

**15th March '20 3rd Sunday of Lent**



9:15 All Saints, Redgrave, BCP Communion

10:30 All Saints, Redgrave  
All Saints Altogether

*An interactive service for people of all ages starting with coffee*

**22nd March '20 4th Sunday of Lent**

10:30 St Botolph's, Botesdale, CW Communion



**10.30 Messy Church** in Botesdale Village Hall for tea, cake, crafts, songs, stories and family fun.

**3.00pm** St. Mary's, Rickingham, Evening Prayer

**29th March '20 5th Sunday of Lent**



8.15 St Mary's, Rickingham BCP Communion

**11.00 Parkview Chapel, United Service**  
Refreshments from 10.30am, and Holy Communion at 10am to which all our welcome

**5th April '20 Palm Sunday**



9:15 All Saints, Redgrave, BCP Communion

10:30 All Saints, Redgrave  
All Saints Altogether

*An interactive service for people of all ages starting with coffee*

BCP Communion = Book of Common Prayer and uses traditional language  
CW Communion = Common Worship and uses contemporary language

**Also this month:**



Sat. 21st March 8.30am  
**Family Breakfast at All Saints**  
Please contact Mark Duxon on 01379 890987 if you wish to join us.



**"Midweek Communion"**  
Wed. 4th March 10.00am  
**St Mary's Church, Rickingham**  
Thur. 19th March 9.45am  
**Farnish House** Holy Communion  
*These services follow the order of BCP (Book of Common Prayer). All welcome.*

**Lent Study Weekly from 4th March**



7.30pm All Saints, Redgrave

"From Now On"

*A five session course based on the film "The Greatest Showman" focusing on hope and redemption*

**"What is Next, God?"**



**Thurs 5th March 7.15pm**

*The Rectory, Rickingham*

**Tues 17th March 7.15pm**

*Venue TBC*

*A time of prayer for the work and ministry of Christ's church in the community*

**"Together in these villages we offer Christ's healing grace through our worship and service." All welcome to any of these services and events**

*For more information; Revd Chris Norburn 01379 898685*

