

# PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

August—September 2021



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

St Mary's Rickingham Inferior  
www.stmarysrickinghaminferior.onesuffolk.net

Parish Church Website:  
rbrchurch.org.uk

Instagram:  
@rbrchurch

Foreword from  
Revd Chris Norburn  
Rector of  
Redgrave cum Botesdale  
with the Rickinghalls  
The Rectory, Bury Road,  
Rickingham, Diss. IP22 1HA  
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Well, here we are at the beginning of July. We're waiting for Boris to make the announcement as to whether or not we will be coming out of lockdown! By the time you read this at the end of July beginning of August who knows whether or not we will still be socially distancing or wearing a face mask!! It's all a bit tense. We've had 16 months of great upheaval, so much of the joys of life seem to have been snatched away. But mind you, if you are a football fan then we have some joy, England have got through to the final of a major competition for the first time since winning the world cup in 1966, and they did this without going through a penalty shootout! Wow, one more game to go, will we win?

For over a year we have had little to cheer about. A few months ago I read somewhere a short humorous piece of text: "I'd like to cancel my subscription to 2021? I've experienced the free 7-day trial and I am not interested"? If only it was that simple!

Sadly, many of us have been living in fear because of the unknowns this global pandemic has brought us. When will we get to see that loved one again who is the other side of the world? Did we think we would be in this situation at the beginning of 2020? Because of where we are today many feel broken. Yet we always experience brokenness in one way or another, because we live in a broken world.

As "Freedom Day" approaches the brokenness of the world will continue, a complete reset will not happen. Brokenness brings fear, but from a Christian perspective a reset is available. It is something bigger than all of us. These words from a short book of the Bible called 1 John have for a long time been a source of encouragement to me, none more so than over the last few months. They are "the one who is in you is greater than the one who is in the world" (1 John 4:4). This is referring to God's presence in us. You see, God's Spirit is always on the move, and one of the ways He manifests Himself is in how God counters the fear that continually raises its ugly head. When reading the Bible, you quickly find many reassuring words, all of which show us the extent of God's help for us as we live our lives in this imperfect world. These are a few examples - "Perfect love drives out fear" (1 John 4:18); "Do not be anxious about anything" (Philippians 4:6); "Peace I leave with you" (John 14:27); "For the Spirit God gave us does not make us timid but gives us power" (2 Timothy 1:7).

These words, and many others, express the joy God has for us, His creation. Joy—that vibrant cheerfulness and calm delight that is rooted in God's goodness—is a gift that God is continually offering to us if we will trustingly accept it: "But let all who take refuge in you (God) be glad; let them ever sing for joy. Spread your protection over them, that those who love your name may rejoice in you" (Psalm 5:11); "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit" (Romans 15:13);

Because of the massive change brought about by the global pandemic, we've realised that our sense of control was in fact a façade! It lies in a heap in the corner and our eyes have been opened to the one true reality: we are all vulnerable to things outside of our control. Yet there is hope, Jesus and His Heavenly Father, are the only ones who know everything, and they are in full control.

Together with the Holy Spirit they are offering us a gift: "When anxiety was great within me, your consolation brought me joy" (Psalm 94:19). Not only does God desire that we find peace and contentment in Him, but it is as if He is saying, "There is even more to the gift." You see God is like a mighty warrior who is always with us, taking great delight in us, and rejoicing in joy over us with singing (Zephaniah 3:17).

God, the Creator of the Universe showers us with His gift called "joy." When was the last time you lost yourself in delight over some thing or a person? Dog owners will recognise this, when you come home how does your dog greet you, as someone who believes without a doubt that you are the best thing since sliced bread? If that is your experience then you have seen a bit of what God wants us to experience in our relationship with Him, unconditional love and joy from the one who is our master.

Even for Christians, joy doesn't come easily, especially when facing so many changes to our daily life. But do you know what, God is infinitely patient with us. As we learn to accept His gift of joy and work to make it part of our daily lives, something incredible begins to happen: the joy of the Lord becomes our strength for the days ahead (Nehemiah 8:10).

Research has shown that our brains are continually being rewired and changed by every new conversation we have, every new habit we pick up, and every new event we participate in. Science shows us that our brain is continually changing. So if God is the God of joy, and if He created us in such a way that we always have the ability to change how we act, respond, and see the world, then what is stopping us from rediscovering this incredible gift of joy that God so naturally displays and so generously provides for us? We are the only thing getting in the way of taking this gift!

One way to explore this further is to do a word search for "joy" in a Bible. If you don't have a Bible google the word "joy in the Bible" and you will find list upon list where the word "joy" crops up. Read some of them and consider the impact of joy in each situation. Living out of a Godly understanding of joy will change your life for the better.

With every blessing,

*Chris Norburn.*



Please note the following changes to the **Local Services Directory**

The latest version of the directory is available online at

<http://stmarysrickinghallinferior.onesuffolk.net/local-information/>



Entry	Change Made	Notes
RABBATS	Deleted	RABBATS has closed
Redgrave & Rickinghall Ringers	Moved to <i>Clubs</i> section	-

### Message from the Team

Next year marks Her Majesty's 70th year on the throne and we hope that our villages will be able to organise something to celebrate this remarkable feat. For her Diamond Jubilee we had a small celebration and there are still some things left over from that (like booklets of people's memories). The main event was at Rickinghall Village Hall, with sports outside and free teas inside (for children early afternoon and for pensioners later); there was a hog roast and a dance in the evening.

Hopefully our Parish councils can co-ordinate some events with input and help from volunteers. If you would like to be involved please let us know.

*Charles Murray*

For all editorial content: editor@rbrparishmag.com

For all commercial adverts: adverts@rbrparishmag.com

To advertise events: events@rbrparishmag.com

Alternatively, please **write** to: *The Parish Magazine, The Rectory, Bury Road, Rickinghall, Diss, Suffolk, IP22 1HA* or call **The Editor** 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

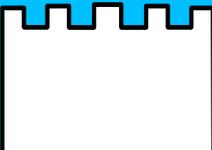
### STUFFING MEETINGS RESUME

- **Oct issue 6 Sept (Mon)**. Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **17 Sept (Fri)**
- **Nov issue 11 Oct (Mon)**. Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **22 Oct (Fri)**
- **Dec/Jan issue 8 Nov (Mon)**. Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **19 Nov (Fri)**

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes The Parish Magazine Volunteers

*The views and opinions expressed in this magazine are those of the authors and do not necessarily reflect those of the editorial team.*



# WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.



Printed by:



Time is a funny old thing .....

.....·Never enough of it

Tina Worby

# “What’s On?” is back!

As events begin to re-start, *What’s On?* is back in a new format, with entries in alphabetical order.  
If you spot any errors or omissions, let us know!

The first table lists regular events that occur weekly, monthly or throughout the year

- \* Every, 1st, 2nd, Last etc by a day refers to the day of the month or week when the activity occurs
- \* Some events take place during part of the year only - this is noted in their entry
- \* Some chop & change dates/times/venues, so we advise where to find more details

The second table lists one-off or occasional events

- \* We’ll add the upcoming events you tell us about to this table in each edition of the magazine

In summary

- \* The information below gives you a quick overview of regular or occasional local activities
- \* There will often be more detailed adverts elsewhere in the magazine for (especially One-off) entries
- \* The *Local Services Directory* provides contact details for event organisers (printed in this magazine in March, and online at [www.stmarysrickinghallinferior.onesuffolk.net/local-information/](http://www.stmarysrickinghallinferior.onesuffolk.net/local-information/))

## Weekly/Monthly or Year-long Activities

Organiser / Event Name	When?			Location	
	Day	From	To		
Beyond the Wall Gardens <i>Open May 16 - Sep 26 and 22.7.21 to end of Summer Holiday, inc 50p+ plant sales</i>	Every	Sunday	12:00pm	3:00pm	Walled Garden, Thornham Magna
	Every	Thursday	10:00am	2:45pm	
Botesdale & Rickinghall Runners	Every	Thursday	7:00pm	-	Rickinghall Village Hall
Botesdale After School Club	Monday - Thursday during term 3:25pm-6:00pm				
Botesdale Breakfast Club	Monday - Thursday during term from 7:45am or earlier if required				
Botesdale Parish Council	1st	Monday	7:00pm	-	Botesdale Village Hall
Brownies ( <i>term-time only</i> )	Every	Tuesday	5:30pm	7:00pm	St Botolph’s School
Chapel of Ease, Botesdale open	Every	Wednesday	9:30am	3:30pm	-
Coffee down the Lane	4th	Tuesday	10:00am	12:00pm	Botesdale Methodist Church
Coffee on a Sunday	See <i>Church Notices</i> on back page				Parkview Chapel
Coffee on the Corner	2nd	Tuesday	9:00am	12:00pm	Parkview Chapel
Dance Classes	Every	Friday	8:00pm	-	Botesdale Village Hall
Dance Fitsteps	Every	Thursday	6:00pm	7:00pm	Rickinghall Village Hall
Day Centre	Every	Wednesday	10:00am	-	Rickinghall Village Hall
Farmers’ Mkt (+Autojumble & Car Boot sale <i>Apr-Sep</i> )	2nd	Saturday	9:00am	12:30pm	Rickinghall Village Hall
Filling Station	2nd	Friday	7:30pm	-	Garboldisham Village Hall
Heritage Circle	4th	Wednesday	7:30pm	-	Rickinghall Village Hall
Methodist Wives Club ( <i>not Jan/Aug</i> )	3rd	Wednesday	See <i>Church Notices</i> on back page		
Mobile Library	For details, see August / September 2021 Parish Magazine				
Mobile Post Office	Every	Friday	2:45pm	3:45pm	Parkview Chapel Car Park
Pilates ( <i>term-time only</i> )	Every	Tuesday	11:15am	12:15pm	Rickinghall Village Hall
Places of Worship	See the <i>Church Notices</i> on the back cover for the denominations’ activities				
Positive Steps	Every	Friday	10:00am	11:00am	Parkview Chapel
Redgrave&District Ladies Club ( <i>Feb, Apr, Jun, Aug, Oct, Dec</i> )	2nd	Tuesday	7:30pm	-	Redgrave Activities Centre
Redgrave Parish Council	1st	Wednesday	7:30pm	-	Redgrave Activities Centre
Rickinghall Country Music Club ( <i>Oct-May</i> )	Last	Saturday	8:00pm	11:30pm	Rickinghall Village Hall
Rickinghall Parish Council	1st	Thursday	7:30pm	-	Rickinghall Village Hall
Rickinghall Women’s Institute	2nd	Thursday	7:30pm	-	Rickinghall Village Hall
Slimming World	Every	Monday	5:30pm	-	Rickinghall Village Hall
St Mary’s Church open	Every	Saturday	9:30am	3:30pm	St Mary’s Rickinghall Inferior
St Mary’s Church open <i>Apr-Oct inclusive</i>	1st	Saturday	10:00am	-	Redgrave St Mary’s
St Nicholas Hospice Drop-in	1st	Thursday	10:30am	-	Botesdale Health Centre
Suffolk Wildlife Trust/Redgrave & Lopham Fen	Events for children/adults; <a href="http://www.suffolkwildlifetrust.org/redgrave/01473890089">www.suffolkwildlifetrust.org/redgrave/01473890089</a>				
Watercooler	1st	Friday	12:00pm	-	Redgrave Cross Keys
Yoga and Relaxation	Every	Tuesday	7:15pm	-	Botesdale Village Hall

## One-off or Occasional Events

Organiser / Event Name	Overview
Beyond the Wall	<i>Apple Day</i> 12:00 - 3:00pm 26.9.21 at The Walled Garden, Thornham Magna
East Anglia Air Ambulance	<i>Trek 24 2021</i> - see <a href="http://www.eaaa.org.uk/get-involved/events/trek-24-2021">www.eaaa.org.uk/get-involved/events/trek-24-2021</a>
Friends of St Mary’s Church Rickinghall Inferior	<i>Art Exhibition</i> at Rickinghall Inferior Church August 13 <sup>th</sup> -15 <sup>th</sup> - see ad <i>The Friendly Invasion</i> Further details to follow - Friday October 1 <sup>st</sup>
Jazz in the Village	<i>Ian Millar on saxophone</i> - Rickinghall Village Hall Sunday 26th September 8-10:00pm
Motocross	<i>ACU Eastern Championship for Solos</i> on Sunday 19th September - see page 4 ad
RAHOF	<i>Garden Day</i> Sunday 12.9.21, The Barn House, Chapel Lane, Botesdale 11am - 3.00pm <i>Annual Quiz Night</i> Friday 22nd October Hinderclay Village Hall (ad on p5)
Redgrave Church Heritage Trust	<i>Cello recital</i> Saturday September 4th 7:30pm St Mary’s Church Redgrave - see p5 ad
Rickinghall Further Education Group	<i>5 week course of lectures</i> in October - more details to follow
Rickinghall Ramblers	<i>Walking</i> on Aug 9, 20, Sep 3, 13, 24 starting from Rickinghall Village Hall at 9:15am
Suffolk Historic Churches Trust	<i>Ride and Stride</i> on Saturday 11 <sup>th</sup> September - see ad on page 5

# >>> Events are Back! <<<

## \*\* BOTESDALE VILLAGE HALL \*\*

Are you finding it difficult to recruit new members &/or volunteers to help run your club/village group?

The village hall management committee is planning a

### \*\* Community Fair \*\*

**\*\* 16th October 2021 \*\***

IF INTERESTED IN BOOKING A FREE TABLE TO DEMONSTRATE WHAT YOUR GROUP DOES AND OFFERS TO THE COMMUNITY OR TO ADVERTISE FOR OFFERS OF HELP, PLEASE CONTACT

Rosemary Shurmer (01379 890898) or William Sargeant (01379 890138)

**\*\* Enquiries welcome, without obligation \*\***



### Thelnetham Windmill is open on

Sunday July 25, bank holiday Monday Aug 30,  
Sunday Sept 12, Sunday Oct 10.

On these open days we will still require masks to be worn and hands to be sanitised prior to entering the buildings.

**RAHOF** is "steaming ahead" with post-Lockdown fundraising for St Nicholas Hospice Care, Bury St. Edmunds

## GARDEN DAY

Sunday 12th September

The Barn House  
Chapel Lane, Botesdale  
11am - 3.00pm

A friendly open day in an attractive garden, with a Surprise Interest, plus Stalls for Books, Cakes, Bric-a-brac/collectables, Draw & more, and with stalls in front of Barn View next-door.

By kind permission of Mr & Mrs M. Warner

## ANNUAL QUIZ NIGHT

Quizmasters : Mike Webb and John Kilgannon  
Friday 22nd October  
Hinderclay Village Hall  
7.00 for 7.30pm start  
Tickets £9pp  
including a very light finger buffet

Tickets from 01379 788010 & committee.  
Tables of 6 planned - to be confirmed.  
PLEASE BRING YOUR OWN DRINKS & GLASSES  
In aid of ST Nicholas Hospice, Bury St Edmunds



## ORLANDO JOPLING CELLO RECITAL

St Mary's Church, Redgrave

Saturday 4<sup>th</sup> September

7.30pm start

Tickets £15.00

From :- WORTHAM POST OFFICE REDGRAVE SHOP  
and 01379 898 827

Bar open from 6.45pm

## THE SUFFOLK HISTORIC CHURCHES TRUST RIDE AND STRIDE

11 September 2021 9am -5pm

Open to everyone of all ages and abilities. No set distance or amount of sponsorship. Walking or Cycling to visit Churches & Chapels, the money raised will be divided equally between the SHCT and your nominated Church or Chapel.

There will be a competition to enter on the day and a Sponsored Pedal and Drive for Vintage cars.

We need volunteers who can also be sponsored to sign in Riders and Striders at each Church and Chapel in Rickinghall, Botesdale and Redgrave throughout the day. If you can spare an hour or more contact Lynne Wills tel 01379 890732.

For downloading sponsorship forms or "Just Giving" plus lots of information about the day see web site [shct.org.uk](http://shct.org.uk) or contact organisers below for information and paper copies of the sponsorship forms which will also be available in Churches and Chapels.

- Melanie Wildish Methodist Chapel tel 01379 687286
- Bob Hayward St Mary's Redgrave tel 01379 898726
- Lynne Wills. St Mary's Superior, St Mary's Inferior Rickinghall, Chapel of Ease Botesdale, All Saints Redgrave tel 01379 890732

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

## Redgrave Community Shop

We are still open every day, however please note the temporary timings, until further notice.

### CURRENT OPENING HOURS

Mon – Sat 8:30 - 1:00pm  
Sun 9:00 - 11:00am

Telephone: 01379 898848

Email: [www.redgravecommunityshop@gmail.com](mailto:www.redgravecommunityshop@gmail.com)

## MICK THE BAKER

Star Wing Brewery  
Church Road, Redgrave IP22 1RJ

### STILL BAKING!

*Traditionally baked, additive-free  
artisan bread and a selection of cakes*

Wed & Thur 8.30am-2.00pm  
Fri 8.30am-5.00pm  
Sat 08.30am-2.00pm



01379 897111 / 07825 709155  
[www.mickthebaker.com](http://www.mickthebaker.com)



# STAR WING BREWERY

### EVENTS

Country Show 28th & 29th August  
Hops & Hogs 11th September

### TAP ROOM

Thur, Fri, Sat 12-11pm/Sun 12-9pm

### ONLINE SALES

Click & Collect/Postal Service UK

### BREWERY OFF SALES

Mon-Fri 9-4.30pm

### For the latest information:

[www.starwingbrewery.com](http://www.starwingbrewery.com)

Instagram @star\_wing\_brewery

Twitter @StarWingBrewery

Facebook @StarWingBreweryRedgrave

**Contact us: The Old Saw Mill, Hall Farm,  
Church Road, Redgrave IP22 1RJ  
01379 890586**



## THE CROSS KEYS

A Community Owned Free House

	Opening	Food Served
MONDAY	4 - 9	
TUESDAY	4 - 9	
WEDNESDAY	12 - 9	
THURSDAY	12 - 9	12 - 2.30 & 5.30 - 8
FRIDAY	12 - 9	12 - 2.30 & 5.30 - 8
SATURDAY	12 - 9	12 - 8
SUNDAY	12 - 6	12 - 3

### Future Events:

21st August : *Bikes @ The Keys and BBQ*  
30th August : *Hot Rods, BBQ and LIVE MUSIC from  
BACKSTREET*  
18th September : *Bikes @ the Keys and BBQ*  
24th September : *Macmillan BIG Coffee Morning*

### PLEASE BOOK IN ADVANCE TO AVOID DISAPPOINTMENT

Takeaways available Fridays and Sundays

### Contact us:

Cross Keys, The Street, Redgrave, Diss IP22 1RW  
[gm@redgravecommunitysociety.com](mailto:gm@redgravecommunitysociety.com)

01379 779822

Please check the website and social media for all the latest updates  
[www.crosskeysredgrave.co.uk](http://www.crosskeysredgrave.co.uk) / Facebook @crosskeyspubredgrave  
Twitter @KeysRedgrave



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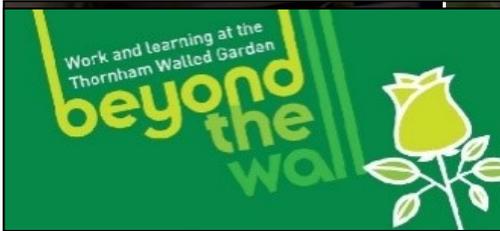
or call 01379 452195 to place an order

[www.brownieandthebean.com](http://www.brownieandthebean.com)

@brownieandthebean



# > > Apples, Mobiles and More! < <



**Apple Day**   
 Sunday 26th September 2021  
**12-3pm**



**Beyond The Wall** is a charity based in the 'Walled Garden' on the Thornham Estate in Thornham Magna, North Suffolk. We provide work experience for people aged 16+ with additional needs.

Attendees can learn horticulture in the Victorian walled garden, life skills, access the community, work as part of a team, make lifelong friendships and have work experience in our tearooms.

Find out more about us and have some fun at Apple Day: Food—Games—Music—And more!

Free entry and parking (donations welcome).

For more information please visit our website: or call 01379 788 700.

Beyond The Wall,  
 The Walled Garden,  
 Thornham Magna,  
 Near Eye,  
 Suffolk,  
 IP23 8HA



## Mobile Library

For more information, see [www.suffolklibraries.co.uk/visit/mobile-libraries](http://www.suffolklibraries.co.uk/visit/mobile-libraries)

- ◆ normal operation has resumed
- ◆ the service runs on 18 August, 15 September, 13 October, 10 November, 8 December at the locations / times shown below

**Rickinghall**  
 Rectory Hill 10:40 - 10:55  
 Hinderclay Road 11:00 -11:15  
 Rickinghall Village Hall 11:20 -11:35

**Botesdale**  
 Farnish House 11:40 -11:55  
 Botesdale Village Hall 12:00 -12:15  
 Back Hills 12:20 - 12:35

**Redgrave : The Cross Keys 12:45 - 13:05**

## Mobile Post Office

**The Mobile Post Office continues to visit the Parkview Chapel car park on**  
**Fridays at 2.45pm-3.45pm**  
 (except bank holidays)

**The Postmaster tried to restart 2 visits/week, but temporary staffing difficulties have hampered this. Watch this space to find out when the planned extra Tuesday visit is able to re-start.**

## Motocross Wattisfield Hall



**Sunday 19<sup>th</sup> September**  
 ACU Eastern Championship for Solos  
 Practice from 10.00 and 11.30 start for first race  
[www.dissmcc.co.uk](http://www.dissmcc.co.uk)

## Rickinghall Farmers' Market

9.00 am to 12.30 pm IP22 1HD

**Market with more than 20 stalls expected.**

**Auto Jumble**  
**Car Boot**  
**Classic Car Meet**

**Over the moon!!**

# Saturday 14 August

FISH  
**HUGO'S**  
 TAKEAWAY

- Cod, Haddock, Skate, Rock and Chips  
Sausages and Pies  
New special items every week
- Wednesday to Saturday  
4.00pm – 8.30pm  
Thursday to Saturday  
11.30am – 1.30pm
- The Square, Botesdale, Diss IP22 1BS  
telephone 01379 898543  
Order in advance for collection at  
[www.botesdaleonline.co.uk](http://www.botesdaleonline.co.uk)

FISH WITH A TWIST



**Vegan Ready Meals by  
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    - 5 Star EHO Rating.

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 Email: [foxyfoods@outlook.com](mailto:foxyfoods@outlook.com)

Facebook: [www.facebook.com/fairygodmothervegan](http://www.facebook.com/fairygodmothervegan)



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 References available  
 Interested: Please call Katrina on **07867 844702**



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**QUATREFOIL**

local history books on  
**Botesdale, Redgrave & Rickingham**

books are available from:

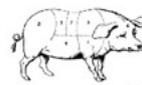
**Redgrave Shop**  
 (only books about Redgrave)  
**Jean Sheehan (01379 890237)**  
**Di Maywhort (01379 898785)**

full details of all books and our events are available at:

[www.quatrefoil.org.uk](http://www.quatrefoil.org.uk)

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**FRIDAY 10:30AM - 4:30PM FRESH & 10:30AM TO 6PM FOR ORDERS**  
**SATURDAY 2:30PM-4.30PM**  
**FARMERS MARKETS:**  
**WYKEN VINYARD EVERY SATURDAY**  
**RICKINGHALL 2ND SATURDAY**

Highways, Finningham Road, Rickingham, IP22 1LP  
 - on the S-bend on the B1113 towards Finningham  
 What3words: mows.rekindle.corrode

[highwaysgos@aol.com](mailto:highwaysgos@aol.com)  
 Megan: 07771 752228 Philip: 07887 668445  
[www.highwaysgos.wixsite.com/theultimatejointltd](http://www.highwaysgos.wixsite.com/theultimatejointltd)

Follow us on Instagram & Facebook



# > Culture, Learning & Planning Ahead <



The Heritage Circle is pleased to announce we are re-commencing monthly talks with

**David Berwick** who will talk about *Beating the Bounds in Georgian Norwich*

On 22<sup>nd</sup> September 7:30pm Rickinghall Village Hall

New members & guests welcome  
Visit [onesuffolk.co.uk/HeritageCircle](http://onesuffolk.co.uk/HeritageCircle)

Botesdale and Rickinghall Community Woodlands

## BARWOODS ANNUAL GENERAL MEETING

Monday 20<sup>th</sup> September 2021 at 7.30 pm

In the Function Room of the Bell Inn, Rickinghall

All Welcome – your chance to catch up on Northfield Wood, Millers Orchard, Low Meadow and future plans.

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Dominic Spencer—piano

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## Rickinghall Further Education Group (RFEG)

Rickinghall Further Education Group is delighted to announce that it has plans in place to run a shortened (5 weeks) course of lectures in October this year. If you are already on our mailing list as a regular attendee you will be contacted nearer to October. Meanwhile, if you have any questions, do please telephone **Sue Emerson on 01379 897010** / email [Emerson500@btinternet.com](mailto:Emerson500@btinternet.com)



## A NIGHT TO REMEMBER



FRIDAY 1ST OCTOBER 2021 AT 7.30PM

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**TICKETS** Wortham Post Office or from Kit Brinkley tel: 07947 414 968 (including reservations)

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## B&R Parish Infrastructure Investment Plan (PIIP)

You'll have seen the proposed list of projects in the July Parish Magazine, with a request for your comments by 30<sup>th</sup> July. The PIIP Steering Group will now review all received comments, finalise the Parish Infrastructure Investment Plan, and seek its approval from the Botesdale and Rickinghall Parish Councils. The final PIIP Project List will be published in this magazine and online in November.

Should you have any questions about the PIIP, please email [rickinghall\\_pc@btopenworld.com](mailto:rickinghall_pc@btopenworld.com) with the subject line "PIIP" or write to PIIP, Wayside Cottage, Cherry Tree Lane, Botesdale, Diss, IP22 1DL



Rickinghall W.I. is now meeting again on the 2<sup>nd</sup> Thursday of each month at Rickinghall Village Hall at 7.30 p.m. and also holds other social events. We welcome new members and anyone wishing to come and find out more about us is assured of a friendly welcome. If you wish to know more please contact Rosemary on 01379 897083.

Our next meetings are :

Thursday 12<sup>th</sup> August with Georgette Vale on '3D Fabric Flowers', with the AGM on Thursday 9<sup>th</sup> September

## Advanced Notice of Remembrance Sunday

Following the pause caused by Covid-19, this year's Remembrance Sunday will be commemorated on Sunday November 14<sup>th</sup>. At 11am we salute the Fallen by a short period of silence at the War Memorial. All are welcome to observe this silence with us - please assemble at the Memorial just before eleven am.

The Three Villages' Parade to commemorate Remembrance Sunday will take place later the same day. It is the villages' parade and all are encouraged to march behind the Band. No training is needed! Stand behind the Brownies, facing downhill. We will "Quick March" with an "Eyes Left" at the Memorial. At the Blue Orchid, we will halt, break lines and go up to the Chapel. If in doubt, follow the Brownies! We will set off at 2.45 pm from the Old Post Office to the Chapel of Ease. After a short service, we will fall in, as before, outside the Chapel and march to the War Memorial where wreaths and tributes will be laid and the two minutes' silence observed. The parade finishes at that point.

The Street will be closed for the short period of the Parade until after the service. If there are any questions please contact Lt Col Mike Bishop on 07801 815983.

## Rickinghall Farmers' Market

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Saturday 11 September

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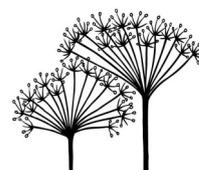
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## Bird Play

There are times when human and animal activity converges, unexpectedly, with pleasurable and humbling effect. I am not referring to the occasion on which I left a new baked terrine of pâté to cool on the windowsill then went to meet my guests.

I would have been furious on returning to find the dish empty had it not been for the comical appearance of my bloated cat. There was plenty of other party food available anyway. Neither do I mean the occasion on which our golden retriever returned smothered in clotted manure from a stroll. No! Members of the wild bird family are here featured.

Goodbye to fields, animals, poultry, trees and wild flowers. Sad and, suddenly, it seemed to me we left the farm when I was aged four years. Unconvinced of the advantage I began school but nothing there except writing appealed. The nature table was a mockery to my mind, arithmetic anathema but having grasped pencil and alphabetical fundamentals I enjoyed writing a daily news bulletin.

Years went by before, desperately, missing tranquil country life, I decided to become a gardener and was much happier. Then came the first of my close encounters with wild birds. First to ignore the barrier between species human and animal and show friendship was robin. They are reputedly bold. However he did not introduce himself until familiar with my coming and going in a client's garden. Then he fluttered down perched on the wheelbarrow as if to say,

"Hi! We birds do as we like," and I was grateful for his company. Presumably he was waiting for me to upturn a long, pink squiggler. Anyway from then on he often turned up to assist with digging and conditioned the soil with lime.

Later when pruning shrubs miles from home and not expecting to learn anything unusual about the blackbird I, gradually, became aware of extra warmth. Puzzled by the different temperatures I stopped pruning forsythia looked down and saw a hen, virtually, sitting on my boot. Closed was the gap between our species marked by suspicion, strident alarm calls and flight.

The birds, forgetting Daphne du Maurier's feathered nightmares, have much of enchantment to share with me I thought whilst sitting under a tree in the park one sunny day. The cock blackbird perching above stopped singing for a moment. Something light and soft landed on my head. Not everything they do is enchanting I decided dabbing at my hair with a handkerchief.

I began to wonder, why me? Then not long after the foot-friendly encounter with mama blackbird another happy avian incident occurred. I was at the seaside painting the exterior of my beach-hut. After glancing skyward for signs of rain and thinking of having a break, I turned to scan the outlook. There they were at the bottom of my ladder: five huge, white, feather cushions.

What those swans had in mind was a mystery to me, staring, enthralled by their sleek, dignified appearance and loving their trusting, sociable gesture. Were the quiet and patient creatures courting company of one who might offer food? Were they showing me that the difference between us was merely a matter of shape? Those bright, orange beaks sealed to white,

feathered heads with what looked like a bubble of tar fascinated me. When with long necks bent, beaks lowered they hoisted afoot and waddled to the lake-side, I was devastated. What could have been done to keep them apart from an enclosure? I was no longer a farmer's daughter with a lake and acreage to offer.

There was more bird-play to come. We had never met before and I had no other thought than charmed admiration for the flock which was waiting for me. Those Austrian geese just happened to be sitting like big snowflakes on a grass verge when, mutually, inspired to drift onto the path. Heads held high, perhaps they looked about for signs of unrest that might unsettle a lonely visitor. Assembled like imperial body-guards they waddled ahead of me until we came to the village square. There with expressions of dignified concern they lurched aside and watched me walk towards the shop, then waddled back towards their grass verge. Words could not express the sweetness of my feeling for them as I all but floated along the Gerlos StraBa.

Time went by and in hot weather strolling by Diss's Ice-Age Mere I needed a cold drink. The little, seasonal café was open and after ordering a milkshake, suspecting nothing, I turned to gaze across the park. Yes there were the sunlit weeping willows and several mighty chestnut trees rooting on the bank. There was also an entourage of mallard! Thirty to forty had gathered in pairs, behind me, as though awaiting their turn to place an order with the chef. Drake murmured to duck. She smiled and uttered a hushed response. Meeting them was like the beginning of a fairy story. Nothing of the sort had happened before, even on the farm, and I was speechless.

Take nothing for granted they seemed to say. Be not always too preoccupied with your own affairs to notice us. We birds change the procedure from time to time. They broke ranks and wandered away whilst I stood gawping, wondering what I could do for them. They, probably, would not like being hugged.

'...birds came to be regarded as oracular ...' according to an internet source. 'Birds have been honoured, revered and worshipped'. Throughout history there has been a cultural connection between humans and birds. Why, because they are capable of flight, song, mimicry, escape, disappearance, reappearance and even changing their appearance. They are the subjects of myth and legend. Apparently there is an American Indian godhead with a hawk's beak named Thunderbird? I am none too sure of the 'Black Dove Priestess' either.

One more incident worthy of mention comes to mind. I was standing in a stream weeding the banks which marked the boundary of a customer's garden. Cascading willow provided cover for song birds: blackbird, sparrow, thrush and finch. Feet protected in wellingtons, gloved hands, working furiously to please my customer I was not looking for distractions. Gradually however I became aware of a frenzy of twittering, squeals, fluttering wings and splashing - impossible to ignore. There upstream beside the bridge was a cloud of droplets created by a frenzy of avian activity. As they splashed and fluttered excitedly in and out of the water, sun shone and a rainbow appeared all around them.

*Patricia Lesley Stammers*



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# Village News



## VOLUNTEER HELPERS REQUIRED

The Day Centre has been in operation since September 1990 to provide a place for older residents of our local villages to meet and share a meal and participate in activities. For some of our members this is the only time they leave their home.

We meet weekly at Rickinghall Village Hall from 10 am to 1.30 pm for fifty weeks of the year and we have up to twenty members.

We are in desperate need of volunteer helpers to serve tea/coffee, a meal and help with washing up and any planned activities. You would join a small experienced band of volunteer helpers.

If you would like to support us and can spare a few hours each month, please do give me, Caroline Panter, a call on 01379 890994 for further information.

## Community Woodland

With the rain we have had recently, everything is growing apace.

It will soon be time to mow Low Meadow again. Our efforts to clear the hedge of cleavers have been assisted by the installation of a new fence on the boundary. It's a solid one, so it may prove an effective barrier to animals like hedgehogs but I hope they find a way through.

The benches here have sunk well into the ground (or has the ground risen with all the good growth?). They are a pleasant place to sit for a spell, especially in the evening as the sun goes down, traffic noise notwithstanding. Apart from that, our work parties are mainly focused on Northfield Wood, with some clearing of the path through Miller's Orchard.

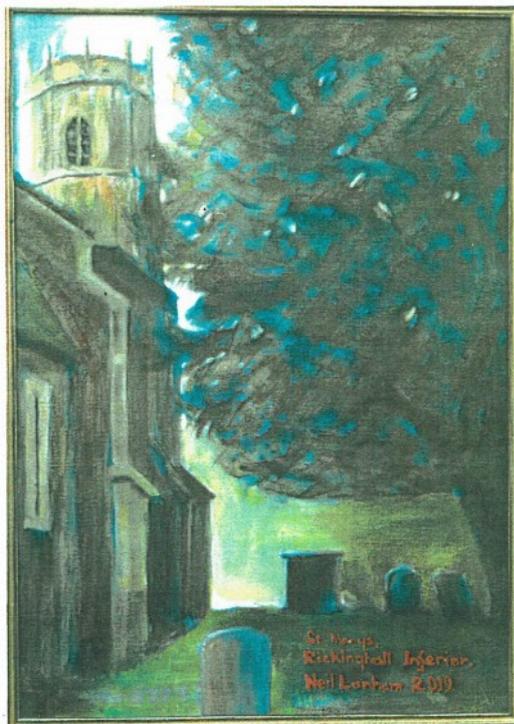
The AGM had to be postponed because The Bell is closing temporarily for a month. It has been re-booked for Monday 20th 7:00pm. We hope to see you there!

Next (morning) work parties on 1st August and 5th September.

Rosemary Jones,  
Botesdale and  
Rickinghall Community  
Woodland  
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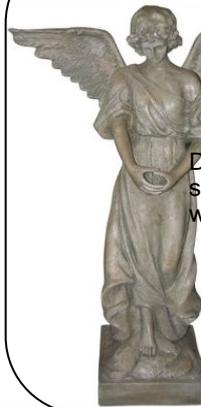
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## **FRIENDS REQUIRED! AN OPPORTUNITY TO HELP YOUR HEALTH CENTRE**

The Friends of Botesdale Health Centre (FoBHC) needs more Committee members to ensure a balanced approach to the decisions made in relation to supporting the Health Centre.

There is a maximum of five meetings per year – live or via Zoom.

We are a friendly group and would love to welcome new faces.

The Chairman is female outnumbered at present!

Please contact Carole Fitt, Secretary at [fobhc@mail.uk](mailto:fobhc@mail.uk) , send a letter to 39 Ryders Way Rickinghall IP22 1ER or put your details in the Friends' box at the Health Centre.

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This project is part funded by the European Social Fund  
For more information, visit [www.norfolk.gov.uk/developingskills](http://www.norfolk.gov.uk/developingskills)

Hello Everyone,

I write this column from the bright kitchen of my new home in Roydon. My family and I moved to the area on the 11<sup>th</sup> of May, David started pre-school in Botesdale on the 18<sup>th</sup> of May and I started my new job for RedBRick Parish on the 23<sup>rd</sup> of June. Suffolk and Norfolk are stunning and we absolutely love it here. Thank you everyone for your well wishes, care and support. These villages are beautiful and filled with beautiful people. For us this is a huge culture shock from central London, but we are loving the adventures in the woods, picking elderflower for elderflower champagne, eating at the local eateries, enjoying locally sourced produce and walking through the stunning countryside. We are fully embracing all that life has to offer here.

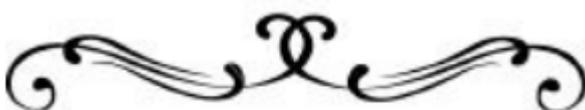
I have the honour and privilege of being given a regular spot in this magazine, so I look forward to writing in it each month. In the future, this column will be designed to encourage and highlight stuff going on for children, parents and their families. At present restrictions are easing and the whole country is figuring out what a new “normal” looks like living with COVID. It is going to take a while for schools, churches, shops, entertainment venues, clubs etc. to begin to get back into a “normal” regular rhythm.

At RedBRick, we have big plans and hopes for the future and for 2021, but for now, let's just take our time to recover from the past 18months. The country has been through huge trauma, and we need time to recuperate, rebuild and to enjoy time with our family, friends and community. COVID has not knocked us down. We will come back stronger and full of more love and compassion for one another. For now, watch this space and look after each other, like you have already done during this time. Let's look with hope that the worst of this crisis is over. There are always rainbows after the storm. The best is yet to come.

Hope you have an awesome summer. Stay safe and I look forward to writing again to you in October.

**Melody Ramos**

From the family of the late Ivy Waters of Hinderclay a massive thankyou to everybody who donated to the Friends of Botesdale Health centre.  
The sum of £335 was raised.





# on the Corner

## Coffee On



The  
Corner

### WELCOME BACK to COFFEE ON THE CORNER!

Once again, we opened our door to glorious weather which meant that we were able to have tables outside in the sunshine, which several of our visitors made use of and I assume their suntans are improving! Whilst we still did not have an enormous number of visitors (somewhere in the region of 26 adults and 7 children), we were very happy to welcome considerably more folks than last month ... if you haven't been yet, then do please come along!

As we are (still!) following the Government guidelines, there were three waitresses to take and deliver orders to folks sitting at their tables, which we trust they really enjoyed and I would like to thank Sherrie Rowe and Janet Farenden for looking stunning in their black outfits with white aprons! As per usual, the savouries on offer were really popular and anyone arriving after 11 o'clock would have been hard pressed to obtain either a cheese scone or a sausage roll!

As always thanks go to our little team of bakers - Joan Wilby for the sausage rolls (delivered warm - straight from the oven), Jane Wilson for delicious chocolate brownies and Helen Miles for the pumpkin cake - not what you might expect, but absolutely delicious!

As always, we had a bric-a-brac stall with an interesting array of items for sale - cups, plates, glasses, some cookery books, DVDs and lots of other useful bits and pieces. The sale of these, together with the kind donations for tea, coffee and refreshments, raised just over £118.00 - very generous - and this money will go to St Nicholas Hospice in Bury St Edmunds. As it costs somewhere in the region of £11,000 a day to run this fabulous, caring and secure place for those who are terminally ill, what we have raised is a small amount, but as the expression says "Every little helps!", so thank you all for the support.

In case you were one of those who missed the chance this month, PLEASE NOTE ... we will be "doing it all again" on **Tuesday 10th August** and really hope that you can come along, enjoy the refreshments and the company and get to know some new folks. If you can't wait that long, then why not try "Coffee down the Lane" at the Methodist Chapel in Fen Lane, Botesdale - which happens during the morning of the fourth Tuesday (27th July and 24th August) each month ... check elsewhere in the Parish Magazine for details.

Although the Government is about to change the restrictions, we will continue to offer table service, there will be hand sanitiser bottles on all the tables, if the weather is fine we will have tables outside and we will be operating a one way in and one way out entry and exit system. If you have any questions, do please get in touch.

Wishing you all the very best,

*Sue*

Sue Allen

If you feel you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, or you want help with shopping or prescriptions, do please call me on 01379 890423.

the **WI** | Rickingham  
INSPIRING WOMEN

We have now been able to meet twice; we met on 24<sup>th</sup> June outside the

Village Hall, the weather being kind to us. Members brought along and explained some of the projects they had worked on during lockdown. This varied from model making, cross stitch samplers, some from kits long awaiting attention, Sashiko, which is Japanese sewing, ink drawing of animals, crocheting and knitting, to photos of the development of an allotment with over 20 varieties of fruit and vegetables to bird watching with over 90 types of birds seen locally. What a talented lot we are and the projects have helped us all over the lockdown period.

The 2<sup>nd</sup> meeting was on July 8<sup>th</sup> and our speaker was Susan Dawson, whose talk was entitled 'Bed and Breakfast to Bed and Bondage'. Susan started by giving us background information on her earlier life in London to when she and her husband moved to Great Yarmouth and started Bed and Breakfast in a Guest House. After a few years of regular longer term customers Susan decided she wanted to change to B and B for tourists.

Although having successful summer seasons this left no income in the winters. Seeing one day an article which said that transvestites often had nowhere to go to act out their desires she decided to take out discreet adverts that transvestites, or 'TVs,' were available in every room, including a wardrobe of outfits and make-up that she purchased. This gradually expanded into dealing with customers wishing other forms of acting out their desires and Susan became quite famous as a discreet venue for men's relaxation therapies. Susan told her stories of customers in such an amusing and sardonic way that she had us all constantly giggling and laughing. We were amazed at how daring and successful she became and now retired is very comfortably off.

We were pleased to welcome some new potential members, and as one of the aims of the W.I. is for educational talks, Susan's talk certainly showed that we do cover a wide variety of topics!

**Rosemary Setterfield**

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# Botesdale Parish Council



Leeann Jackson-Eve

## Report from the July 2021 Botesdale PC Meeting

Four members of the Parish Council were present, with apologies from Simon Dickinson.

**Public Forum:** District/County Cllr Fleming reports that a Suffolk County Council Health Scrutiny Committee sub-group is going to undertake an observer role on plans and progress for the replacement of West Suffolk Hospital. The preferred (adjacent) location is Hardwick Manor. The Trust has already held a number of public engagement drop-in events and a second phase will begin in the autumn. Further information about public engagement and an online feedback form can be found at [www.wsh.nhs.uk/New-healthcare-facility](http://www.wsh.nhs.uk/New-healthcare-facility)

Councillors at SCC have approved CIFCO's annual business plan ahead of its review by Full Council, with the property investment company having now brought in more than £5.4m to support council services. CIFCO operated at a loss over the past year which was unsurprising given the current climate for commercial and retail. However, it is considered to be a long-term investment strategy for the councils.

New Stowmarket 'virtual' high street - Shopping in Stowmarket is now just a click away thanks to the Virtual High Street sites. Over 100 new businesses have signed up in the towns of Hadleigh and Stowmarket. More information could be found at [virtualhighstreet.uk](http://virtualhighstreet.uk)

Cllr Fleming's Locality Award budget is now open to all local groups for funding of small projects. For more information, please contact her at [jessica.fleming@midsuffolk.gov.uk](mailto:jessica.fleming@midsuffolk.gov.uk) or on 07714 597980.

**Planning:** We had no planning this month!

**Correspondence:** Correspondence was also light and dealt with new footpath fingerpost plaques, sustainable travel and the Queen's Jubilee.

**Marl Pits:** Do you know anything about the Marl Pits, just past the underpass on the other side of the A143? If so, Botesdale Parish Council would like to hear from you! Any information, but particularly when it was last in use.

**Parking Enforcement:** Don't forget, if you see illegal parking – and please note that parking on pavements is allowed as long as it doesn't obstruct pedestrians – you can report this to our Civil Enforcement Authority (West Suffolk District Council) so that it gets to them in a timely manner! You can do this at [www.westsuffolk.gov.uk/parking/cpe/index.cfm](http://www.westsuffolk.gov.uk/parking/cpe/index.cfm)

**Recreation Ground Regeneration Project:** Our project designer James Blake Assoc is proceeding with the design development as laid out in the article in the Botesdale Bugle. We are looking at whether we can provide information on the Project on site with a temporary notice board but have also provided QR codes at the gate for the more tech savvy. An informal site meeting with interested residents was held on 2 July and this was attended by members of the PC and the Sub-Committee as well as Phil Kemp, the Design Out Crime Office at Suffolk Police. This was arranged in response to the concerns of residents who lived near the Recreation Ground. Primary concerns are safety, security and the anti-social behaviour (ASB) which has been witnessed at the Ground. Unfortunately, there has been a lack of real-time reporting of ASB so the statistics the Police have are not representative. Mr Kemp and the Sub-Committee strongly encouraged the meeting attendees and

everyone else to start reporting any ASB, if they are not already, by using 999, 101 or the online reporting system as appropriate. The residents made some suggestions for improved security which included CCTV; enclosing the entire site in a vandal-proof fence; locking the site out of hours and/or providing a warden. All of these have been considered as part of the Project Brief and the design development and there are significant concerns that they will make the site unpleasant and unwelcoming. There is also a wider community issue with regard to CCTV and human rights. However, the Sub-Committee has agreed that it would be beneficial to carry out a safety/security review of the designs with JBA, Mr Kemp and RoSPA. The PC agrees with this approach, and will be getting in touch with other parishes to find out what they have done in this regard. Another concern raised was that of road safety and the Sub-Committee explained to residents that the PC has already attempted to extend the 30mph zone on Mill Road North without success. A resident has suggested making it one-way. However, the PC considers this a non-starter due to the cost and very lengthy alternative routes it would force on locals. Mr Kemp has suggested a community Speedwatch group, for which the Police would provide training, and a Friends of Botesdale Recreation Ground group to assist with maintaining the site as good maintenance is proven to have an effect on reducing ASB. The PC agrees with the Sub-Committee that both are excellent ideas and very much encourages residents to take the initiative and set these up. In particular, data from Speedwatch would be helpful in providing further argument for support from Highways for a 30mph extension. The PC has agreed that the way forward, as suggested by the Sub-Committee, is to:

- liaise with Suffolk Police and RoSPA on the safety and security review of the design;
- circulate a request to other parishes for information about security at similar sites;
- investigate CCTV but as a wider community issue; and
- in the longer term, monitor the issues as the new Ground comes online and address any problems as they arise.

The PC strongly agrees with the Police that the more people who use the site, the less anti-social behaviour there will be, and a fresh and exciting new Recreation Ground will encourage more use.

## THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON

**MONDAY 6th SEPTEMBER**

**at 7.00 pm**

**at Botesdale Village Hall**

**All residents welcome  
[www.botesdale.suffolk.gov.uk](http://www.botesdale.suffolk.gov.uk)**

**Your Clerk is: Mrs Leeann Jackson-Eve,  
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# Redgrave Parish Council



## Redgrave July 2021 Report – by the Clerk

All councillors were present for the meeting.

**Planning:** There was one application for tree work at Tranquillity Cottage, The Street and there was no objection to this.

**Neighbourhood Plan:** *At time of writing the public consultation was still underway but by the time you receive this the Plan will very likely be on its way to Mid Suffolk District Council to be assigned to an Independent Examiner. As always, you can find out more on the Redgrave Neighbourhood Plan website: ([www.redgraveneighbourhoodplan.com](http://www.redgraveneighbourhoodplan.com)).*

**Traffic Matters:** As you know, the PC has been trying to get the 30mph zone on Hinderclay Road extended to beyond the Gressingham plant. Frustratingly, Suffolk County Council has indicated that there is not a strong enough argument for amending the speed limit in that location. They feel that an extension would move the speed restriction too far from the village settlement and drivers would therefore not see the need for a lower limit. If, as a result, compliance was poor this would undermine the good speed limits achieve elsewhere in Suffolk and at worst, create a false sense of security if drivers were travelling above the limit.

**Play Area:** Unfortunately, we have had to take the zip line out of use until it can be repaired. We will try to get this done as soon as possible so please be patient.

## HEAVY TRAFFIC IS RUINING OUR VILLAGE OF REDGRAVE VOICE YOUR CONCERNS

This summer Suffolk County Council are carrying out a 'Lorry Route Plan Review' in Suffolk. This will be a technical and community led review of lorry routes that considers new strategic roads, new Lorry Watch areas and air quality management areas in Suffolk.

Here is the link to the relevant page on their website: [www.suffolk.gov.uk/roads-and-transport/lorry-management/lorry-route-plan-review-in-suffolk/](http://www.suffolk.gov.uk/roads-and-transport/lorry-management/lorry-route-plan-review-in-suffolk/)



Are you fed up with the huge increase in lorries using our village as a 'rat run' both day and night?  
Do the foundations of your house shake when they thunder through, many over the 30-mph speed limit?  
Are cracks appearing on your properties as a result of this?  
Are you concerned about the pollution caused by this additional HGV traffic and the safety of walkers that frequent our village?

According to the 'Lorry Route' network on the Suffolk County Council website, the B1113 through our village is classified as 'roads or parts of roads serving as access to a specific location'. Shall we try to enforce this?

Should we attempt to get Highways to stop Satellite Navigation directing lorries through our village from the A143 and A1066?

Should we try to persuade Highways to put in 'speed chicanes' at both ends of the Village?

As this will be a community led review, with feedback considered from Town and Parish Councils, we must **act now** and not miss this opportunity! To be effective, we will need support of the village residents to form an Action Group, with a meeting at either the village pub or village hall, so that our voices can be heard. If you are concerned about this increase in heavy traffic through our beautiful village and would like to be involved, please contact us, either by phone on 07423 256816 or by email at [mike.linda.hall@googlemail.com](mailto:mike.linda.hall@googlemail.com)

**Your Clerk is: Mrs Lecann Jackson-Eve,**  
Wayside Cottage, Cherry Tree Lane,  
Botesdale, Diss, Norfolk, IP22 1DL.  
Tel : 01379 890 141  
Email : [redgrave\\_pc@btopenworld.com](mailto:redgrave_pc@btopenworld.com)  
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**THE NEXT PARISH COUNCIL MEETING  
WILL TAKE PLACE ON  
WEDNESDAY 1st SEPTEMBER  
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Redgrave Amenities Centre  
All Parishioners are cordially invited to attend**

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Botesdale :	Farnish House	11.40 – 11.55

Botesdale :	Village Hall	12.00 – 12.15
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Redgrave :	The Knoll	12.45 – 1.05

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# Rickingham Parish Council



## **Parish Council Report July 2021 by Cllr Geoff Short**

Our July meeting was attended by all councillors, Councillor Jessica Fleming and four members of the public.

Councillor Fleming advised there was a new scheme starting at Martlesham Park and Ride, offering free parking to those cycling into Ipswich. Of interest to us all here is the fact that our need for a new hospital at West Suffolk has been acknowledged, and we will get one of the 40 new hospitals to be built across the country by 2030. It will be built on a site next door to the existing one, so that some newer, smaller buildings can remain.

On the District Council front Stowmarket has a Virtual High Street where over 100 businesses have signed up, and Needham Market Lake is to get a new café and visitor centre, which should open in the autumn.

We considered planning applications for an air source heat pump for a listed property, and two alternative roofing solutions for another, together with tree works in Ryders Way where an ash tree has become too large for its location. All had no objection responses.

MSDC had refused a listed application for the replacement of four windows with craftsman made duplicates, which was of concern to us. When householders wish to go to the bother and expense of having like for like duplicates made, the planning authority insisting on repairs to a window that is obviously beyond repair is perhaps unreasonable. Especially when they mention horse hair. Enquiries are continuing.

A County Broadband update found that Redgrave had sufficient interest to go ahead with fibre to households,

whereas Rickingham and Botesdale had numbers that were 'progressing'.

The overgrown state of some of the footpaths was discussed, and it would appear that not enough are being cut by Suffolk County Council this year. Similarly, there are several road junctions around the area where vegetation makes it very difficult to see to pull out. The Council says the growth has been exceptional and ability to cut reduced due to the weather conditions but seem to concur that they have 'got behind'.

Finally, Barwoods reported that the trees are flourishing in Northfield Wood, next to the allotments, and Low Meadow. They have monthly work parties, and volunteers are always welcome.

As always, we are on the lookout for councillors to join us. There is only one meeting per month, with a bit of homework in between, and if you are interested in finding out more, do please contact the chairman or clerk to have a chat about what it entails.

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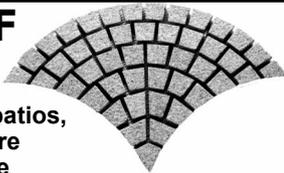
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# Exploring the Past

Jean Sheehan, 01379 890237

## Charlie Orves Interview

This is a transcript of an interview I had with Charlie Orves in the late 1970s, when I asked him to tell me about his life and work in Redgrave. Charlie worked on the Redgrave Estate all his working life, so I have left it as he told it to me with the names he knew but I will try to explain where various places are.

Charlie started work in 1926 for George Rowland Holt Wilson, known as Little Punch, at the age of 14. He was employed as a bricklayers' labourer, then a maintenance labourer. He worked from 6.30 in the morning until 5.00pm with a half day on Saturday and earned ten shillings (50p) a week. At the time there were six bricklayers, a carpenter and two woodmen. George Rowland was very sharp and rode a bike and drove an Austin Seven. He inspected the work two or three times daily. One day when Charlie was clearing up rubbish in Temple House, (*the folly in Redgrave Park*), he threw out a bucket of rubbish and nearly hit the squire.

One of Charlie's jobs was to collect sand from the sand pit with a mule and cart and take it to the site on the estate wherever the builders were working. The Hall was occupied at this time (*probably let to Lord and Lady Playfair*) and had 6 maids, so the boys went round the house to see them, but whilst crossing the meadow they met the little squire pushing his bike, who wanted to know if they usually carted sand round the house, but they told him they usually went round the road. The brick kiln (*probably the one which was situated near to the end of the present bypass*) was closed down before the war, formerly making red bricks which were used on the estate, also making tiles and pipes.

Charlie enjoyed working on the estate, working for three squires before retirement. George Rowland died in 1929 and his son John came home to run the estate. He died in 1963 and his son Peter took over.

Employees were allocated a house when they married and Charlie was married in 1939. At the time he retired he was living in Green Farm. (*After Charlie's retirement Peter Holt-Wilson came to live in Green Farm and the house was almost doubled in size*).



**Green Farm after extension added when Charlie Orves retired. Redgrave Hall Estate was made up of several small farms when Charlie worked for it.**

A sawmill was situated at Hall Farm, (*now Star Wing Brewery*) and the trees were felled by the woodmen from the estate. The steam engine to run the sawmill had to be stoked up at 5.30 in the morning to get the steam up.

The transport used around the estate was mule and cart or bike. One Saturday afternoon Charlie earned one shilling and sixpence (7 ½ p) for taking coal to Rickinghall where the squire lived at Snape Hill. (*Snape Hill House*).

When George Rowland married he lived at Hinderclay Hall, then moved to Burgate Hall, then Snape Hill in 1948. George Rowland had staff parties, and staff were given a joint of beef at Christmas and ten shillings Christmas box. John Holt Wilson had a Horkey (party for the workers) at the end of the harvest. The largest at one of these was 73, just for male staff, including farm labourers, building workers, four to five gamekeepers and secretaries. Four barrels of beer were consumed and caterers supplied a sit down meal. Charlie became estate foreman in 1977. He was away for the war years.

Buggs House, consisting of farm buildings and thatched cottages joined to a barn, were in a very bad condition with no tenants, so in 1957 or 8 the squire decided to burn the cottages down. He notified the police and the fire brigade, then lit the fire and they burned down in twenty minutes. (*Buggs House was situated in Buggs Road leading from the A143 near to the end of the bypass and New Waters to Burgate*)

On Burgate Green a block of three cottages was renovated in the early 1950s.

The Orves family have lived in Redgrave since 1803. Joseph Orves was born in Thelnetham in 1779 and died in 1861. He was married at Blo Norton and moved to Redgrave.

Charlie's parents lived in Black Cottages (*now demolished on the site of the bungalows behind the old Redgrave School*), they later moved to Bridge Farm. After this they moved to Laundry Cottage (*now called The Pightle on Redgrave Green*) where his grandmother and aunt lived, with his aunt running the laundry, owned by the estate. Basin ran the laundry first and his aunt worked for Basin, then she took over the laundry and Miss Barry ran it after his aunt. Charlie collected the dirty linen and took clean linen back, pulled on a trolley. In the laundry was a big copper and washboards. At the far end were drying rooms, one up, one down, with a tortoise stove and a hole through the ceiling.

The Orves family were farmers, and had also had a smithy, and a baker in the family.

The school held 170 -180 children but during the war there were 240 children with the evacuees.

When Charlie was at Redgrave school he received 3d on St Thomas' day, the annual Tommy money, a tradition started by Annie Wilson, (*Anna Maria Wilson*) and following years helped by George Holt Wilson her brother, the squire and Rev Thomas Holt Wilson the Rector, her cousin. They also received an orange from Mr Fisher, the shopkeeper. Miss Annie was like Queen Victoria and went for a ride in a landeau every nice day.

At the funeral of George Holt Wilson in 1924 all the choirboys at the funeral were paid two shillings.

Charlie Orves left Redgrave after he retired and has since died.

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# Exploring the Past Again

Di Maywhort, 01379 898785

## Memories of Paper Rounds

### **Monty Cornell**

Monty delivered papers every Sunday, from 1955 – 1959, round some of Market Weston and all of Hepworth. He would bike from his home in Hepworth to Kerry's, in Botesdale, to collect the newspapers and then deliver the papers using the trade bike. When he had finished he would return the trade bike to Kerry's and ride back to Hepworth on his own bike. By the time Monty got home it was well into the afternoon. Monty's worst memory is being bitten by an Alsatian dog. He had been delivering there for two years when the dog suddenly turned on him. He had to go to the Doctor's and gave up delivering soon after that. Monty has been wary of Alsatisans ever since. Monty's best times were at Christmas when he got lots of tips, sweets and chocolates.

### **Pam Cornell (née Brown)**

I had to leave school at a little over 15 years old as my granny, (I was brought up by my grandparents as my parents were dead), was dying of cancer of the throat and oesophagus. I had to nurse and care for her until she died. No hospices, carers or Macmillan nurses in those days. After she died I had my grandad to look after so couldn't work.

Mr Kerry called one day and asked if I would like to do a paper round. This meant a little spending money for myself. I would start about 7.00 am, at the hut opposite his shop, counting and sorting the papers. I started delivering at the house next to the shop, through the street, Garden House Lane, Church Meadow on Hinderclay Road, Rectory Hill to Falcon's Hall, Candle Street, Water Lane, and then Bury Road to West Hall. It would take me about three and a half hours on a good day. Nearly every house had papers delivered in those days. In the winter when it was snowing and bad, it sometimes took me until 3.00 pm to finish as I would have to walk and push the trade bike. I would be cold, tired and wet through. Some days, if I was lucky, I would meet with Bob Erith (the milkman) and he would take papers for me to the outlying places. Also Dawn Sturgeon, who delivered bread for Catlin's Bakery, would help me.

Summer time was lovely to be out and even better in the school holidays when I had a friend, Sally, with me. Most of the customers were really lovely. I had numerous offers of refreshments. A friend of mine had a new baby and I remember having a cup of tea at hers while she popped her older two to school.

I don't recall ever having any problems with dogs or letter boxes, and several people had drainpipes on their gates to put the papers in.

At Christmas, I was really lucky with tips and chocolates and even small gifts of hankies or talcum powder for some reason!!



I did the paper round from about 1959 until I married in 1966. I received a lot of lovely wedding presents and cards from the customers.

I have tried to count how many houses I delivered to and I think it was roughly 207. The bike was very heavy especially with the

weeklies and magazines. The worst thing was trying to keep them dry when it was wet and windy. I did the round from Monday to Friday as school children did it at weekends. I can't remember what the wages were, though it wasn't very much. I didn't have to collect money as this was done on Saturdays.

Mr & Mrs Kerry came to our wedding.

### **Paper Round Memory: Saturdays Rickinghall 1959/61 Sally Green (née Davey ) of 'The Mount', Rickinghall**

My friend Pam Brown delivered the Rickinghall newspapers from Monday to Friday and often, during the school holidays, I would enjoy going round with her. When Mr Kerry offered me the Saturday round - I jumped at the chance. There were so few opportunities, in those days, for teenagers to earn money without leaving the village.

I cycled to Kerry's for about 7.00am where Mrs Kerry showed me how to make up the round. There were many different papers but, as I remember, most of the delivery was made up of the Daily Express, Daily Mail, Daily Mirror and the East Anglian - plus a few broadsheets. Part of the Saturday job was to collect the weekly money so I had a book to record payments and a leather shoulder bag for the money.

Once loaded, the bike was heavy. Papers had to be delivered to both sides of the main street, including Garden House Lane and down to the church corner. The weight of the papers and the need to constantly criss-cross the road meant riding the bike was not an option. The street offered delicious smells - bacon and eggs at the Porter's home and apple pie at Mrs Shemmings. Once I got to the end of Rickinghall Street the load was lighter and I could ride the bike.

My junior school teacher, Mr Compton, lived at Church Meadow and he took lots of papers and magazines including The Guardian - the only one of the round. Also Mr Compton took the monthly magazine 'History Today'. (he was a good history teacher) I liked to take a quick look at this magazine and much later in my life I was to take 'History Today' for many years.

After Church Meadow the round turned to Rectory Hill. Here I would stop at home, The Mount, where my mother always had a cup of cocoa waiting for me....then on up to the council houses. Mrs Sterry took the 'Sketch' - it was the only one of the round and I had never heard of it.... on past the Upper Church and round the corner to Falcon's Hall Cottages. I didn't have to deliver down to the Hall but could leave their papers at the cottages - a real bonus. Back and left down Water Lane - now known as Candle Street. There were a surprising number of houses tucked here and there down that lane and sometimes I had to negotiate floods. On down to Tucks and Townsends (the two houses where our annual village fêtes were held) and left and left again on up to the very top of West Street.

Having to collect the money meant I chatted to lots of people and heard their news. Some always had the exact money ready. Some didn't. Others left the money under flower pots or tucked in drainpipes or under door mats for me to pick up. Some never paid and at one house I had to sign a book to say the money had been collected!

It was an easy ride back to Kerry's to leave the bike and the money bag, collect my earnings, a brown 10/- note, and then off home for my dinner.



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I have never written one of these notes on prayer. The reason is that it is a difficult subject. I have one book written by a Christian scientist who is clearly not silly. His book shows that he knows his stuff and is very knowledgeable. He claims that God determines what every atom in the universe is doing. That means that he can do and does do everything and that there is no such thing as a free choice. That would be great. I could pray for anything and God is capable of doing what I ask and if I don't get it he has rejected my request. If a friend dies it is his fault. I do observe that if he gets better Christians will say that God has done it and praise God for answered prayer. If he dies nothing is said. I find the inconsistency difficult.

My trouble is that I am naturally an engineer. I spent a lot of my life designing radar systems. I had to make things to time and cost and I wouldn't redesign the wheel if there was no need to do so. Economics and time scales dictated that. It meant that I would use something that I had already designed and got working if it would do the job even if there were a number of inbuilt redundancies. My wheel might have five spokes and be stronger than I need but if it did the job I wouldn't design one with four spokes. That would save the cost of redesigning it. I see that design attitude throughout nature. We have a redundant appendix. We don't need the ability to smell in the way that a dog does. All the smell genes are there but a large number of them are turned off. God appears to have an engineering mind. That suggests to me that when he doesn't need to control every atom in a star at the far end of the universe he doesn't do so but lets it run.

That would mean that we exist in a world that, on the whole, runs itself. If people cause suffering there is suffering. If nature produces covid there is covid. In exceptional circumstances God may intervene but he doesn't naturally do so. To me that explanation makes the most sense of the world.

The trouble is that rational as I like to think myself to be, my emotions make me inconsistent. I pray knowing that I cannot demand a miracle on every occasion. That means that I am not disappointed when the answer is, "No." Being inconsistent means that I tend to say thank you over little things that go right even if God hasn't necessarily done them. I accept the slings and arrows of outrageous fortune and work around them where it is possible to do so knowing that whether good or bad the Bible promises that all things work together for good to those who love God.

It avoids lots of disappointments, means that my efforts are meaningful and that I can trust God to see me through. Ultimately there is eternal life for those that put their trust in Jesus whether the route is hard or easy and that is what matters.

*Jesus said, "The gate is narrow and the way is hard that leads to life, and those who find it are few."*

*Matthew Ch 7 v.14*



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'August' by Mary Oliver (1935-2019)

'When the blackberries hang  
swollen in the woods, in the brambles  
nobody owns, I spend

all day among the high  
branches, reaching  
my ripped arms, thinking

of nothing, cramming  
the black honey of summer  
into my mouth.'

Cuckoos will have left us and the swifts will be preparing for their long journey southwards. Black birds and song thrushes will have had a good year because the softer, wetter ground made it easier for them to find worms and snails. Many of these will have raised three broods of chicks and it's possible to see one parent collecting food for chicks in a nest while the other is feeding chicks that have already fledged!

The magnificent flowering of orchids and fen plants will be coming to an end but others such as hemp agrimony and marsh lousewort will take their place. Talking of plants, common cudweed has been recorded on Broomscot Common. This plant is nationally threatened but is still frequent across Norfolk.

We are recording plenty of evidence of water voles both on Scarfe Meadows, The Lows and on The Little Ouse river which is encouraging. August is probably the best month to see the bigger dragonflies when it's sunny. Small pools will have different species such as hawkers and darters with some flying in tandem, with the female dipping her tail in the water to deposit eggs. When the eggs hatch the larva will then spend two or three years maturing in the pond.

This year, we have created 'Wild Walks' on Reeves Meadow and New Fen, which will disappear in the late Autumn when we cut those sites, so why not check them out while they're still there!

Membership information and much more can be found on our website: [www.lohp.org.uk](http://www.lohp.org.uk)

John McCormack



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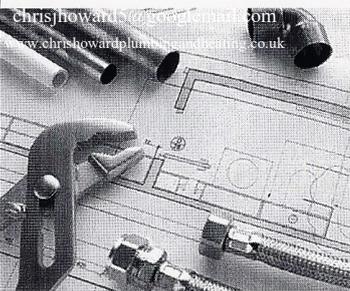
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## Bandar Abbas, Iran. Brief recollections (Part 1)

In 1987 I was transferred to Iran to replace a civil engineer who had resigned from the small team supervising the construction of a ship building and ship repair yard located at Bandar Abbas in south western Iran.

This was just after Ayatollah Khomeini returned from exile in France, and established the Islamic State of Iran. Under the Shah, as far as I am aware, the Iranian population had a largely western lifestyle but this rapidly changed. For example, the Ayatollah decreed that women were not allowed to wear high heeled shoes because the noise made by a woman walking in high heels was distinctive, and this distracted men from their work; men had to wear long sleeved shirts in public.

The Iran/Iraq war was taking place but mainly affecting the north of the country. I had recently renewed my passport, and this was an unexpected blessing because the visas I had acquired in Iraq were no longer visible. (the parallel would be the business man arriving in Dubai with Israeli visas in his passport – a definite NO NO).

The USA had imposed sanctions on certain commodities. A problem for everyone.

For example the local airport was the only place where foreign airlines could enter Iran because of the risk of attack by Iraqi aircraft further north. It was quite busy as a result, and not helped by the breakdown of the baggage handling systems because spare parts were withheld due to the sanctions. Baggage was unloaded from the aircraft onto small four wheeled trolleys which were dragged one by one, by two baggage handlers into the baggage hall where the trolley was rocked from side to side until it fell over, and all the bags dropped on the floor. The trolley was then righted and taken back to the aircraft. The second trolley was dumped onto another part of the floor and the third load/fourth load landed on the suitcases that had not yet been collected. Having passed through passport control passengers had to sort through the pile to find their possessions before clearing customs. Not a quick procedure!!

My suitcase was decorated with several gaudy stick-on labels so was relatively easy to spot when it surfaced in the sea of grey cases.

I was met outside the terminal by one of my new colleagues. He had a small grey four wheel drive vehicle that was not equipped with an air-conditioner. Not comfortable at 35°C. The drive to the camp where we were accommodated took about thirty minutes. My new temporary home was an air-conditioned steel framed prefab with basic furniture and fittings. It was too late in the day to have a meal in the canteen but someone had provided basics for breakfast for which I was thankful. Next morning I was driven to the site and introduced to the team leader (TL) and the rest of my colleagues and shown around the site before going back to the camp for lunch in the canteen.

We went to the canteen as a group, and I was immediately struck by its size as there were only about twenty people there and it could have accommodated at least a hundred. TL lead the way, and said enthusiastically as we lined up at the servery, "Aaah Gambas!!!" There was a big cauldron at the end of the servery and the cook started to serve bowls of a pink liquid as we passed. I accepted my portion, picked up a hunk of bread, and followed my colleagues to a table. It smelt ok, and I watched fascinated, as TL spooned a large portion of shrimps and sauce onto his plate and proceeded to top, tail, remove the shell and gut and stuff the flesh into his mouth together with a hunk of bread soaked in sauce. When in Rome etc.

To be continued. JML.

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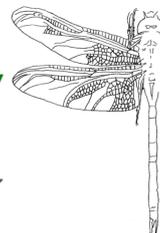


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### E Scooters

The advice from Police is that it is currently against the law to ride an e-scooter on a public road or pavement. The only place an e-scooter can be used is on private land, with the landowner's permission. E-scooters are classified as 'Personal Light Electric Vehicles' (PLEVs), so they are treated as motor vehicles and subject to the same legal requirements. Police are seeing an increased number being used in Suffolk. If you use an E-scooter on the public highway, (including pavements) you could face penalty points on your driving licence for no insurance.

Peter H Beck (Neighbourhood Watch)

The specialist volunteers at **Suffolk Accident Rescue Service (SARS)** volunteer their time to assist the East of England Ambulance Service at the scenes of serious incidents or trauma across Suffolk and its border areas – be that in the home or at the roadside.

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During 2021, SARS has been mobilised over 270 times, including callouts in your local area.

SARS needs help towards its running costs, equipment and training up new responders – as well as maintaining its fleet of vehicles. Here are a couple of ways you can support SARS without dipping further into your household budget:

- If you are shopping on Amazon sign up to Amazon Smile, they will donate 0.5% of any net purchase price to SARS, easy and simple. <https://smile.amazon.co.uk/>
- Using Easyfundraising is another way to shop with over 4,000 retailers – the retailer makes a small donation to say thank you to SARS. <https://www.easyfundraising.org.uk/>



Or why not sign up to the SARS 999 Lottery. For as little as £1 a week you could win up to £25,000 while helping save local lives. To sign up please visit [www.sars999.org.uk/lottery/](http://www.sars999.org.uk/lottery/)

For more information on SARS visit [www.sars999.org.uk/](http://www.sars999.org.uk/)  
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# BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP (PPG)

## New Telephone System

By August when patients are reading this article the new telephone system at the Health Centre will have been installed for some weeks and Patients should notice a speedier booking experience. To reinforce the system for booking an appointment, please note, Patients should phone on the day at 8.30 am. Your call will be answered just as soon as is humanly possible. There are now more staff answering calls reflecting the system improvement.

## Pharmacist Services

The Health Centre would like Patients to be aware that if they require assistance or medication regarding a minor self-limiting illness, and can reach a Pharmacist at a local Chemist, very helpful advice will be given, and this will assist freeing telephone lines at the Health Centre for more urgent and serious medical cases appointments.

## Walk In Appointments

The Health Centre have requested that Patients do not attend the Practice in anticipation of gaining a 'Walk In' appointment as the Health Centre are working at full capacity and cannot offer these.

## Patient Records

The Patient Participation Group's National Organisation (NAPP) want all Patients to be informed that they have a choice to make and can opt out of a system the Department of Health NHS Digital is making.

All the records of Patients in every Practice are being collated into a database. The records will be anonymised and made widely available to commercial firms and others.

It is considered by NAPP that with emerging forms of artificial intelligence it is easier now to re-identify people. It is considered therefore whether, in future GP's will be able to keep the confidence & trust of their Patients if this information is available to commercial firms. Patients have been given until 1 September 2021 if they wish to opt out of this system.

Patients will need to complete an opt out form if they do not want their data used.

For further information see <https://digital.nhs.uk/services/National-data-opt-out>

## PPG Committee

The Patient Participation Group Committee said goodbye to our youngest Committee Member Amy. We celebrated her achievement in gaining her place at University for 2021, with a game of Rounders in the Recreation Ground.

Amy has assisted our Patient Participation Group (PPG ) Committee for two years, and we thank her so much for her invaluable assistance and young person perspective on matters discussed. We would welcome new young people to our Committee assisting in a volunteer capacity. If you are interested and a registered patient -please contact [botesdaleppg@gmail.com](mailto:botesdaleppg@gmail.com) and a leaflet explaining our role will be sent.

## PPG – Annual General Meeting Thursday 26 August 2021 at 7 pm

Our Guest Speaker will be Jo Burnett our Social Prescriber at the Botesdale Health Centre,

This will need to be via Zoom due to the uncertainties around crowd gathering situations at the time of going to press.

If you would like to find out more about the assistance that Jo Burnett is able to offer in her role - do join us, and perhaps become a Committee Member or just understand our role.

Please contact [botesdaleppg@gmail.com](mailto:botesdaleppg@gmail.com) or 07787 148947 Janet Russell for further information plus your Zoom code.

The Botesdale Patient Participation Group (PPG) brief is to - 'Make stronger the relationship between patients and their practices, which is critical to the provision of modern, high quality general practice'  
If you would like to join our Committee (all age groups very welcome) or find out more about Botesdale PPG, please contact:

Botesdale PPG at [botesdaleppg@gmail.com](mailto:botesdaleppg@gmail.com) or Janet Russell Mobile 07787 148947

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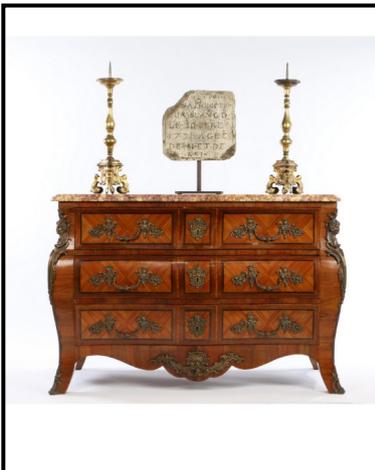



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## Calling all Toddlers! Welcome to your new play adventure!

The new toddler zone is an exciting part of the soon to be regenerated Recreation Ground in Botesdale, providing an inspiring space for pre-schoolers to play and play and play. The Project has designed the area with imaginative, fun and safe play at its heart, also considering the opportunity for challenge and risk to enable little ones to evolve and grow.

Users will be able to balance on log beams and steps as part of a trail leading towards a central play structure where they can climb up off the ground, cross a wobbly bridge and be rewarded with a slide back down again. Then they might just head for the tunnel, a ride on the springeys or maybe a little bounce on the inground trampoline, the choice is theirs! They will be able to enjoy natural features such as sand and green surroundings. The Project aims to provide a variety of features to explore and encourage physical activity as well as contemplative play. Not only in this space but in all the zones as children progress and try out new challenges.

Sliding, swinging, balancing or some quiet time digging for treasure in the sandpit, there is lots of great fun to be had for all abilities. Parents, carers, babies and toddlers alike can enjoy being outdoors with the opportunity for all types of play within a safe and inviting environment. New experiences and new memories to be made which we believe every child deserves.

We hope that this update on the plans for the Recreation Ground are both helpful and inspiring.

This is a Community Project for the Community. Its success will rely heavily on the Community recognising what it offers and making the fullest use of what's on offer.

There are, and will be, lots of opportunities for the local Community to contribute to the Project. These will include:

- Sponsorship of equipment or features (e.g. planting)
- Dedicating equipment or features in memory of someone special
- Providing specially crafted items - we are keen to use the Recreation Ground to showcase the work of local artists and Craftspeople
- Joining the Sub Committee
- Volunteering to assist with the Project
- Volunteering to assist with the running of the Recreation Ground

If you would like to know more about the project or  
Wish to pursue any of the ideas above, please contact  
**Greg Russell on 07887 747625 or**  
[botesdalergp@gmail.com](mailto:botesdalergp@gmail.com)




**“Thank you Rosedale, your support and guidance made this difficult time a little more bearable.”**  
– from a family we have cared for at Rosedale

**Rosedale  
FUNERAL HOME**

Victoria Rd, Diss **01379 640810**  
[www.rosedalefuneralhome.co.uk](http://www.rosedalefuneralhome.co.uk)

We are a family business and promise to provide exceptional care and a truly personal 24 hour service, when you need it most.

# Church Notices



## Parish of Redgrave cum Botesdale with the Rickinghalls Church Services

◆ Both the Chapel of Ease, Botesdale and St Mary's, Rickinghall continue to be open for private prayer and reflection :

- ⇒ Chapel of Ease, Botesdale on Wednesdays 9.30am-3.30pm
- ⇒ St Mary's, Rickinghall on Saturdays 9.30am-3.30pm

◆ If mask wearing & hand sanitising etc. continues please follow guidelines in our building

### Services in August and September

1 <sup>st</sup> August	10:30am	St Mary's Rickinghall	29 <sup>th</sup> August	10:30am	United Service at Methodist Church
8 <sup>th</sup> August	10:30am	All Saints, Redgrave	5 <sup>th</sup> September	10:30am	St Mary's Rickinghall
15 <sup>th</sup> August	10:30am	All Saints, Redgrave	12 <sup>th</sup> September	10:15am 11:30am	All Saints, Redgrave Harvest Celebration, Starwing Brewery
22 <sup>nd</sup> August	10:30am	All Saints, Redgrave	19 <sup>th</sup> September	10:30am	All Saints, Redgrave
29 <sup>th</sup> August	9:00am	All Saints, Redgrave	26 <sup>th</sup> September	10:30am	All Saints, Redgrave

Rev Chris Norburn [revchris@rbchurch.org.uk](mailto:revchris@rbchurch.org.uk)

## Parkview Chapel Sunday Services and Events

*All services will be at Parkview Chapel (unless noted otherwise) and will include Communion. Refreshments served to you at your seat from 10.30am - please wear a mask if you plan to join us, unless health dictates otherwise. All services will also be live-streamed on the 'Parkview Chapel' Youtube channel. We continue to pay full attention to government advice.*

*Please call Kev Gladwell on 01379 898924 if there is anything we can do to help or check out [www.parkviewchapel.co.uk](http://www.parkviewchapel.co.uk)*

<b>August</b> Sunday 1 <sup>st</sup>	Service at 11.00am		<b>September</b> Sunday 5 <sup>th</sup>	Service at 11.00am
Sunday 8 <sup>th</sup>	Service at 11.00am		Sunday 12 <sup>th</sup>	Service at 11.00am
Sunday 15 <sup>th</sup>	"Coffee on a Sunday" service at 11:00am		Sunday 19 <sup>th</sup>	No service at Parkview
Sunday 22 <sup>nd</sup>	Service at 11.00am		Sunday 26 <sup>th</sup>	Service at 11.00am
Sunday 29 <sup>th</sup>	No service at Parkview - joining the United Church Service at Botesdale Methodist Church			
<b>Events</b>	Coffee on the Corner	Tuesday 10 <sup>th</sup> August 9:00am	Tuesday 14 <sup>th</sup> September at 9:00am	
<b>PARKVIEW Youth</b>	Junior Church	Sundays 11:00am - 12:00pm	Reception-Year 6	
	Junior Friday Club	Fridays 6:00pm - 7:00pm	Reception-Year 6	
	PYP	Sundays 7:00pm - 8:30pm	Years 7-13	
	Senior Friday Club	Fridays 7:30pm - 9:30pm	Years 7-11	

## A warm welcome at Botesdale Methodist Church to anyone who wishes to join our services

**Services (all at 10.30am)** - for further information phone 01379 890898

<b>August</b>	<b>Sunday 1<sup>st</sup></b>	Mr Steve Aspinall	<b>September</b>	
	<b>Sunday 8<sup>th</sup></b>	Mrs Jane Mottram	<b>Sunday 12<sup>th</sup></b>	Harvest Service led by Mrs Jane Mottram
	<b>Sunday 15<sup>th</sup></b>	Mr David Freeman	<b>Remaining September Services</b>	To be advised
	<b>Sunday 22<sup>nd</sup></b>	Mrs Linda Spencer		
	<b>Sunday 29<sup>th</sup></b>	Mrs Sue Goodwin		

### Events

<b>Tuesday 31<sup>st</sup> August</b>	Coffee Morning 10:00am-12:00pm (1 week later than usual)
<b>Saturday 11<sup>th</sup> September</b>	Ride and Stride - see ad on p5
<b>Tuesday 28<sup>th</sup> September</b>	Coffee Morning 10:00am-12:00pm
<b>Saturday 20<sup>th</sup> November</b>	Christmas Sale 10:00am-12:00pm

### From the Registers

16-7-21	Interment of ashes of Rema Scott-Petrie and Bryan Soanes
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Free to every household thanks to the local businesses that advertise here. Please support local businesses.