

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

March 2021



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

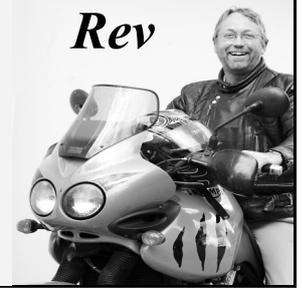
Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

Parish Website:
rbrchurch.org.uk

St Mary's Rickinghall Inferior
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Foreword from
Reverend Chris Norburn
Rector of
Redgrave cum Botesdale
with the Rickinghalls
The Rectory, Bury Road,
Rickinghall, Diss. IP22 1HA
Tel: 01379 898685



The hymn "The day Thou gavest, Lord, is ended," is described by the funeral industry as "a happy and uplifting hymn"! Recently I was attending a funeral and this hymn had been chosen by the family. To me the description is apt as I have always found this hymn uplifting.

The day Thou gavest, Lord, is ended, The darkness falls at Thy behest;
To Thee our morning hymns ascended, Thy praise shall sanctify our rest.

We thank Thee that Thy church, unsleeping, While earth rolls onward into light,
Through all the world her watch is keeping, And rests not now by day or night.

As over each continent and island The dawn leads on another day,
The voice of prayer is never silent, Nor dies the strain of praise away.

The sun that bids us rest is waking Our brethren 'neath the western sky,
And hour by hour fresh lips are making Thy wondrous doings heard on high.

So be it, Lord; Thy throne shall never Like earth's proud empires, pass away:
Thy kingdom stands, and grows forever, Till all Thy creatures own Thy sway.

The author of this hymn John Ellerton (1826-1893) was a priest in the Church of England and his hymn is often associated with Psalm 113:3: "*From the rising of the sun until the going down of the same the Lord's name is to be praised.*" This hymn is a prayer of thanksgiving recognising that "*the voice of prayer is never silent, nor dies the strains of praise away*" (verse 3). This reflects both Genesis (1:3-4) and Revelation (5:13). Throughout the hymn the metaphor of the rising and setting sun is used to great effect. Nothing can stop this inevitable action of nature. Not only does it frame each day as a universal phenomenon, but it also frames all of time. The Bible starts by telling us how the Creator of light and dark, at the first act of creation in Genesis, goes on to conclude that all of Christendom will stand before the throne of God singing '*Blessing, honour, and glory and power, be unto him that sitteth upon the throne, and unto the Lamb for ever and ever.*'" (Revelation 5:13 KJV)

So this hymn uses the coming of evening to ponder the Lord's sovereignty over all the earth. Verse 1 reminds us that at evening the darkness falls. When the day is ended, as Gen 1:3-5 tells us, it is at the behest of God that darkness falls: - *And God said, 'Let there be light,' and there was light.* ⁴ *God saw that the light was good, and he separated the light from the darkness.* ⁵ *God called the light 'day', and the darkness he called 'night'. And there was evening, and there was morning – the first day. (Gen. 1.3-5)* Every morning, hymns of praise ascend to God, (Ps. 5.1-2), and then as our head hits the pillow at night we should still be praising God. Praising God is a great tonic for our spirit. Such an action lifts us up and helps us to see things from God's heavenly perspective.

Verse 2 teaches that despite the evening the church does not rest because the church, as a spiritual body, keeps its watch throughout the world. The earth was created so that when one part of the earth is in night the other part is in day. Thus the church, like the living creatures who surround the throne of God, rests not day or night (Rev. 4.8)

Verse 3 paints a glorious picture that at evening the voice of prayer can be heard round the world. God ordained continents and islands on the earth so that there would be dry land (Gen. 1.9-10), and as the earth revolves, the dawn leads on to another glorious day (Matt. 28.1). What a wonderful picture, with dawn ever rising somewhere on earth, the voice of prayer is never silent, (1 Thess. 5.17).

Verse 4 teaches that at evening people in other places are waking to praise. This is due to the rotation of the earth. The sun first appears in the east and sets in the west, making its repeated circuit (Ps. 19.1-6). So as the sun sets in the west, it is rising there and waking those who live in that part of the world (Eccl. 1.5). The Good News is that wherever people are awake, the telling of the wondrous works of God continues (Ps. 145.4-7).

The climax of the hymn in the final verse teaches that at evening the Throne of God, in other words, the Kingdom of God, still stands because as we read in Psalm 45:6 the throne of God is forever and ever. Earthly kingdoms and empires will pass away, (Dan. 2.44), yet God's kingdom will continue with its aim of bringing every knee to bow to Christ and every tongue to confess that He is Lord (Phil. 2.10-11)

This glorious hymn describes poetically the worldwide outreach of Jesus' Church. I gain a great thrill at the thought that the sun never sets on the cross of Christ. This shows us that the Christian faith is not provincial or national. No, the Church is a world-wide fellowship as no other organisation can ever hope to be. The marked difference between earthly empires and the heavenly kingdom, is the latter is eternal. When I finish singing the hymn I am left with a sense of a vision of the Lord's complete reign throughout the coming ages. Surely this is certainly worthy of our consideration as every day we make preparations for the night. As we do this may we say to the Lord, "Thank You for 'The Day Thou Gavest.'"

With every blessing

Chris Norburn.



You will find the 2021 printed version of the
Local Services Directory
 in the middle pages of this Parish Magazine.



Message from the Team

On behalf of all the residents of the villages the team would like to express sincere and grateful thanks to everyone at our health centre. Everyone in these villages is so thankful for all the extra effort the vaccination programme has involved way above their normal workload for medical staff, nurses, volunteers, car park stewards, cleaners and all those I have undoubtedly failed to mention. The whole process is fast, efficient and lots of helpful and cheerful people to make it a well run operation
 When we hear of the distances some people have to travel for their vaccinations, we are indeed fortunate.

Thanks, as always, to our advertisers, contributors and the team of deliverers.

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To advertise events: events@rbrparishmag.com

Alternatively, please **write** to: *The Parish Magazine, The Rectory, Bury Road, Rickingham, Diss, Suffolk, IP22 1HA* or call **The Editor** 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**
NO STUFFING MEETINGS UNTIL FURTHER NOTICE

- **April issue 8 March (Mon).**
- **May issue 12 Apr (Mon).**
- **June issue 10 May (Mon).**

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes The Parish Magazine Volunteers

The views and opinions expressed in this magazine are those of the authors and do not necessarily reflect those of the editorial team.

WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.

Printed by:

Give a man a fish and he will eat for a day.
 Teach him how to fish and he will sit in a boat and drink beer all day.

> > > The Latest on Local Events < < <



Restarted / Restarting / Struggling on!

Places of Worship - See *Church Notices* page in this magazine for the denominations' activities



May or may not happen

Farmers' Market - See ad below. Contact : rickinghallvh@gmail.com



Postponed or cancelled

Botesdale Breakfast and After School Club

The After School Club aims to re-start soon, when schools re-open, **but unfortunately our breakfast club will be temporarily closed until further notice.** This is, we hope, only a temporary measure - as our numbers have declined for this club so drastically, it isn't viable at this stage to open. We continue our search for new committee members (email botesdaleoutofhours@gmail.com if interested). Contact : Bridget or Paula on 07952 961285

Pilates - No new plans as yet. Contact : Eleanore Garwood 07881 814146

Dance Fitsteps - These classes remain "on hold". Contact Jill Mitev-Will 01379 897055 / 07800 639141

Heritage Circle

Meetings have been postponed until August at the earliest. The committee of the Heritage Circle is keeping the situation under review. In the meantime, we hope that everyone keeps safe. Contact : Gerry Guhry

Parkview Chapel

has had to stop all but its weekly Zoom services (see the *Church Notices page*), affecting *Coffee on the Corner/on a Sunday, Praise Hours* and its varied events for youngsters. Contact Kev Gladwell on 01379 898924

RAHOF (Rickinghall Area Hospice Fundraisers)

There are currently no planned RAHOF events. Contact : June Shepherd (RAHOF 2020 Chair)

Redgrave & District Ladies Club - Nothing new to report. Contact : Rosemary Docherty

Redgrave & Lopham Fen

In line with government guidance about Covid19 and the need for social distancing, all Suffolk Wildlife Trust offices, visitor and learning centres are closed. All school visits, volunteer work parties, activities and events are cancelled. You can still contact us through all the usual channels. We will review the closure at the end of April. Our reserves remain open for individual enjoyment - for nature to replenish and cheer us all. Look out too for our regular nature updates on social media - we're all still trying to do something wild every day. Thank you for your continued support. Contact : redgrave.learning@suffolkwildlifetrust.org

Redgrave Luncheon Club

In the current difficult climate the Redgrave Luncheon Club has had to be suspended. The hope is that when "normality" returns it will resume in the Redgrave Amenities Centre.

Rickinghall Further Education Group (RFEG)

As soon as we know what we can offer again we will be in touch. To be added to our mailing list (normally only two mailshots a year), please contact Sue Emerson 01379 897010 or emerson500@btinternet.com

Rickinghall WI

Our committee will continue to keep our members informed by circulating our Hive letter with news and facts. We will also be keeping in touch with members who live on their own to check on their welfare. So even though we can't meet at the moment the WI community spirit will continue in the Rickinghall area. Contact : Rosemary Setterfield (President)

Parcels to Post?

**Don't forget the
Mobile Post Office
visits the Parkview Chapel
car park on
Fridays at 2.45pm-3.45pm
(except bank holidays)**

Rickinghall Farmers' Market

9.00 am to 12.30 pm IP22 1HD



**up and running again :)
Subject to contingency**

Saturday 13 March

How Should B&R Parish Councils Spend PIIP £££s?!

Have Your Say!

What?!

When developers build in our Parishes, they have to pay an amount towards new and/or improved local facilities to support the increased demand from additional residents. Over time, this can become a substantial sum. As building is well underway in Botesdale and Rickinghall (B&R), it's important we know what to do with this money, so a list is made of suitable projects in conjunction with residents - this is called a *Parish Infrastructure Investment Plan (PIIP)*. Read on for details and how you can have your say.

How does it work?

Mid Suffolk District Council (MSDC) sets an amount payable by the developers, based on the size of the development, which is paid in full or in instalments when building starts. MSDC hands over a % of this to the relevant Parish Councils in April and October every year. For already-planned developments this is 15%, but 25% for future developments where there's a Neighbourhood Plan, as in Botesdale and Rickinghall.

How much money is involved?

Currently for the Botesdale and Rickinghall parishes this amounts to about £188,000. This is not a one-off lump sum, but trickles in gradually as building projects start.

How can the money be spent?

Using the findings of our Neighbourhood Plan, that foresees the needs of our current and increasing population, the Parish Councils must spend the money to maintain, improve and add to our existing facilities - for example community buildings and transport, footpaths, and cycle routes. This should of course avoid those areas where other organisations have funding responsibilities (eg Suffolk Highways).

Where can the money be spent?

In Parishes where building is underway, although it can be shared more widely, with adjoining Parishes or the District Council to achieve "bigger things", for example a more extensive cycle route. So if you have a "big idea", don't keep it to yourself!

Where's the plan to spend this money?

That's where **you** come in! The Botesdale and Rickinghall *PIIPs* are now under review, and will describe those qualifying tasks the Parishes want to undertake, their priority, and the source(s) of funding. Please share your ideas with the Parish Councils, bearing in mind *How/Where can the money be spent* above.

Who finally decides when and where this money is spent?

Once all responses are received, and after final consultation with residents, the Botesdale and Rickinghall Parish Councils will finalise their *PIIPs*, agree their content with MSDC, and use them to direct the funds accordingly.

Have your say! Send your proposals to

***rickinghall_pc@btopenworld.com* - subject line "PIIP" by 19.3.21**

Redgrave Community Shop

We are still open every day, however please note the temporary timings, until further notice.

CURRENT OPENING HOURS

Mon – Sat 8:30 - 1:00pm
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gm@redgravecommunitysociety.com

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Thursday to Saturday

11.30am to 1.30pm and

4pm to 8.30pm

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or
by telephone on
01379 898543

For over eighty years the Lewis family have run the Fish and Chip Shop in Botesdale and it has become an institution in the area. In December 2020 Richard Lewis decided to fire up the fish friar for the last time and sell his business to Hugh Belsey and Brian Webb.

Brian, a trained chef, has worked in the catering industry for over thirty years and has a clear understanding of the standards he wants to achieve. The menu has been reduced and the quality of the food has been improved. The usual fare of a fish and chip shop will always be available, but each week there will also be something different and special on the menu. The next few months will bring further changes to the shop, its appearance as well as the menu.

This is a very new venture for Hugh. He is an art historian and museum curator, well-known through his appearances on television, his lecture series and his writing.

Hugh and Brian are extremely grateful for the welcome they have received from their new neighbours and the guidance and kindness from the shop staff. They very much hope to see you in the shop before too long.



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Subscription 2018/19 £20.00

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PLEASE SEE PAGE 4 FOR LATEST INFORMATION

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Wow - what a strange time it has been! None of us could ever have imagined that our daily lives would have changed and been so impacted by a virus and new routines.

Here at Botesdale Dental & Implant Clinic we just took each day at a time and secured our Practice with enough PPE to allow us to see our patients. The first lockdown required Dental Practices to close for face to face dentistry but remain open for advice, antibiotics and referrals. Since the 8th June 2021, we have been open for face to face dentistry.

We have found ourselves very busy as peoples' teeth don't wait for a pandemic to be over! Looking after our lovely patients and meeting lots of new patients has been a pleasure in this strange time we all find ourselves in.

Whatever the challenges, we have always maintained extremely high standards when it comes to infection control. We are highly trained in this area and although we have had to adapt appointment times to allow extra time for additional measures and precautions, it's all in a days' work for us. We endeavour for our Practice to be the next safest place other than your home.

Our biggest change last year (other than the pandemic!) was to have completed our planned refurbishment of the current dental surgery. It has a similar layout as before allowing some well needed practical space and more storage. Our practice offers patients many new and exciting state of the art equipment, such as Novaerus air purification system, Air fogging between patients, CBCT scanner/OPG X-Ray, Impression free digital scanning. We collaborate with some outstanding dental technicians to achieve the very best in dentistry. We invite you to take a look at our website and Facebook and Instagram pages to see our practice and patient reviews.

We strive to give all our patients adequate time and to listen to their personal wishes, worries, goals and expectations when it comes to their oral health needs. Oral health is very important for our general health too and with the help of education and regular attendance with your dentist, a healthy mouth and smile to be proud of can be achieved.

Here at Botesdale Dental & Implant Clinic we offer a wide range of treatments from regular oral health & Hygiene care; Fillings, Bridges, Crowns, Veneers, Dentures, Invisalign treatment (straightening of teeth), Cosmetic treatment and Implants. Implants are completed inhouse starting from planning to procedure and placement of fixed tooth.

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We have a lovely team at the Practice from front of house, Karen & Eve to clinical environment with Martin, Tasha and Jordan to our behind-the-scenes with Mary. We enjoy working together and we all support each other on a daily basis which translates into a great Team, which in turn supports and provides our patients with the best experience possible.

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Village News



OIL SYNDICATE

The next Oil Syndicate purchase will be the Summer one, at the end of July.

As always, e-mail is preferred, if not available call me on: 01379 890952. Leave a message if nobody answers.

I will return all messages within 48 hours, if I haven't try again or use a different method.

David Sloan. botesdaleoil@gmail.com

BOTESDALE and RICKINGHALL - OPEN GARDENS 2021

It seems that Covid restrictions, in one form or another, will be with us for some time to come. This means that, sadly, our normal Open Gardens celebration won't happen this year. We are not, however, going to let the coronavirus beat us, and our Committee has come up with what we hope is a safe and challenging solution. Our proposal is to have a "Villages in Bloom" celebration with an abundance of containers, hanging baskets, window boxes and the like outside the houses in the village – maybe, with Parish Council permission, even the lampposts could be included!

We will still find a way to raise money – this year the NHS would benefit, and, there could also be a prize for the best floral display. In order not to encourage crowds of people to attend at the same time, the event could be extended throughout the Summer, starting in June. These are just a few ideas, all of which are dependent on the support of villagers. If you would like to take part can you please contact Rona Walters on 308851 by the end of March. Your ideas are also welcome!

OWN A BIT OF YOUR LOCAL PUB

As many of you know Redgrave Cross Keys is a community owned pub. It is owned by the Redgrave Community society and you can be part of this by buying shares in the society thus providing essential financial support for the pub. The pub is doing take-away food on Fridays and Sundays at the moment, and once we are given the go-ahead there are plenty of plans to get back to full food and drink service, entertainments and events. A new share offer is now open so please consider joining the shareholders (if you are already a shareholder how about increasing your holding?).

Please contact
secretary@redgravecommunitysociety.com

Community Woodland Group

Writing in early February, we are seeing a very different picture. Our monthly work party was called off because of the weather and there is still some wet snow lying on the ground, good for making snowmen - and snowdogs too.

But under the snow there are flowers peeping out, especially snowdrops, and the birds seem to be enjoying the longer daylight hours.

At Northfield Wood, the neighbouring farmer, David Pettit, has kindly offered to trim the outside and top of the hedge that adjoins his field, which is very welcome help for us. He would also like the gap in the hedge filled in now as he has definitely withdrawn the permissive path. We shall be looking for small native plants that we can spare from the wood - there are plenty - and perhaps some we have found growing in our own gardens, which seem to pop up every year.

Because of the very cold weather we were unable to replace the dying oak in Low Meadow this month but will keep it in mind.

With all the wet weather we have had recently, before it became so cold, the paths are still muddy and someone said there was standing water in Miller's Orchard, which we have not seen before. The snowdrops are doing well and the wood is still lighter, now we have opened it up a bit.

Weather permitting, we shall have a work party on Sunday morning, 7th March, at Northfield Wood and hope to move an oak from there over to Low Meadow.

Rosemary Jones,
9th February, 2021
01379 890238



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Botesdale Parish Council



Leeann Jackson-Eve

Report from the February 2021 Botesdale PC Meeting

Public Forum: County/District Councillor Jessica Fleming reported that our NHS Clinical Commissioning Group has a web site relating to the pandemic and health services at www.westsuffolkccg.nhs.uk with information on vaccine rollout at www.sneevaccine.org.uk

Business owners in Mid Suffolk are being urged to explore the range of Covid-19 support grants open to support them through the current national lockdown. www.midsuffolk.gov.uk/business/business-rates/grant-funding-schemes/

If you are asked to isolate as a result of Test and Trace and are on a low income, you may apply for the £500 Test and Trace Support Payment from Mid Suffolk District Council midsuffolk.gov.uk/benefits/coronavirus-money-and-benefits-advice/

Garden waste collection remains temporarily suspended due to pandemic related staff shortages.

Recycling and Get Recycling Right Campaign: The Suffolk Waste Partnership is promoting an information campaign about what can be placed in recycling bins. Not all items labelled as recyclable are suitable for the bins, some items such as cartons should be brought to recycling centres. Information about what you can and can't recycle can be found at www.suffolkrecycling.org.uk

Babergh and Mid Suffolk have invested in 250 new homes for low-income house-hunters. This will see new properties added to the existing council house stock or made available to buy as shared ownership homes <https://www.midsuffolk.gov.uk/news/new-year-new-homes/>

Planning: There were no planning applications. The PC discussed the consultation on the Suffolk Design for Streets Guidance which will assist with the design of new residential developments, showing how best to create sustainable transport layouts that promote walking and cycling.

Bridewell Lane Flooding: The PC has been pursuing a solution to this for some time and has finally met with some success in that Suffolk County Council has acknowledged the problem, which is due to A143 drainage issues. We have been promised that this will be rectified in the spring and the damage to the footpath surface repaired, possibly later in the year.

Recreation Ground: The PC has received its Play Inspection Report from last year and noted any problems with the equipment. The PC was due to receive a presentation from James Blake Associates on the new designs for the recreation ground, but unfortunately this has had to be postponed to the March meeting.

Parish Infrastructure Investment Plan: The PIIP Steering Group has held two meetings so far and everything is in line to complete the Plan by October 2021. There will be some initial consultation with local organisations and businesses to add to the list of possible new or improved infrastructure in Botesdale and Rickinghall before a

wider consultation with the community. Please see our full-page article in the magazine for more information on the Plan.

Future Events: Planning for the future is a bit difficult at the moment and there are a number of events that we would normally be scheduling for the spring. One is the annual Litter Pick which we've postponed to the autumn. Another is the Annual Parish Meeting. For years local groups/organisations have kindly given us a report on their activities over the past year for the meeting, most of which go in our annual newsletter. However, we are not legally allowed to hold this online and are not yet allowed to meet in person. We have tentatively set the date of the Annual Parish Meeting for Monday, 12 April before the regular meeting of the PC but acknowledge that this might not take place unless circumstances change. We would love to have reports anyway but recognise that many groups will not have been up to much, if anything, in the past year. If you do have anything to tell us, please let us know!

Streams Litter Bin

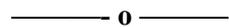
The Litter Bin on the Streams footpath (Fen Lane to The Street), which Botesdale Parish Council has been servicing for the last few years, is now overwhelmingly used as a Dog Waste Bin. Dog Bins are lidded and must be located adjacent to the Highway to ensure that Mid Suffolk District Council have access to service them.

Dog Bins are located at either end of the footpath on The Street and on Fen Lane. Please use the Bins provided for the Doggy Bags. Unfortunately, the Streams Litter Bin will be removed to avoid further misuse.

THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON

MONDAY 1st MARCH

at 7.00 pm



Due to Covid-19 regulations changing at short notice, please contact the Clerk at least one working day in advance to confirm details for attendance.

All residents welcome

Your Clerk is: Mrs Leeann Jackson-Eve, Wayside Cottage, Cherry Tree Lane, Botesdale, Diss, Norfolk, IP22 1DL.

Tel : 01379 890 141

Email : botesdale_pc@bopenworld.com

Please contact her during OFFICE HOURS ONLY 9AM—5PM

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Redgrave Parish Council



Redgrave February 2021 Report – by the Clerk

All seven councillors attended this meeting on Zoom, and we were happy to see the Chairman back.

Councillors were also very pleased to welcome Netty Verkroost onto the Parish Council. There is now only one vacancy.

Planning: There was one planning application to make minor amendments to the approved plans for The Mill House, The Street (DC/18/03950 dated 19/11/2018). There was no objection to this.

Neighbourhood Plan: The NHP group reports that it is aiming for a final referendum on the Plan in November 2021.

Redgrave Amenities Trust: As we've reported before, the lease between the R.A.T. and the Llanover Trust for the land on which the Activities Centre, play area and playing field are sited expires soon and an extension to the lease has been requested. This has been acknowledged by the Llanover Estate but there has been no progress to date.

County Broadband: The PC received a complaint about the letter all residents received from the PC about this scheme. We can assure residents that it was written and approved by the Parish Council and subsequently posted to Redgrave households by County Broadband. With hindsight, perhaps we should have made it more obvious that it was from the PC. However, the PC supports improvements to infrastructure in the village and as this might be an opportunity for residents to get fibre to premises, the PC wanted to draw everyone's attention to it. Whatever its faults, the letter does make it clear that it's an individual choice and in order to find out more, people need to register an interest. It's our understanding that registering interest is in no way making a commitment to a product or service and people can withdraw their interest if they don't wish to proceed. We have seen a lot of positive interest from those who do not find their broadband sufficient for their needs and we hope that the scheme has a successful outcome.

Footpaths: We have also received a complaint about the state of certain footpaths and have reported these to Suffolk County Council. It is of course very wet and muddy right now

so any real repairs will have to take place in better weather.

In more general terms, the Parish Council supports the rights of way network as much as its limited powers allow. However, it is the responsibility of Suffolk County Council to ensure that they are maintained properly, and SCC's efforts can be restricted where access is made difficult either physically or legally. In some cases, SCC has ultimately been unable to make improvements to structures belonging to other landowners and there is little the PC can do in these cases. On a more positive note, we've found SCC to be very responsive to reports about rights of way and should you wish to report a problem yourself, you will find it extremely easy to do online at <https://highwaysreporting.suffolk.gov.uk/>

Local Organisations: We know you are all struggling to maintain any momentum you might have had back in March 2020 and the likelihood is that you haven't been able to meet over the past months. However, we have scheduled an Annual Parish Meeting for Wednesday, 7 April (although it isn't clear yet whether we'll be able to hold it) and we would love to know what, if anything you've got up to over the past year. If you don't have anything to report, we'll understand!

Book Swap: This has been very successful, and we have agreed to some additional shelving to be placed in the bus shelter.

THE NEXT REDGRAVE PARISH COUNCIL MEETING WILL TAKE PLACE ON

WEDNESDAY 3rd MARCH
at 7.30 pm

— o —

Due to Covid-19 regulations changing at short notice, please contact the Clerk at least one working day in advance to confirm details for attendance.

All residents welcome

Your Clerk is: Mrs Leeann Jackson-Eve,
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2021 Local Services Directory

Welcome to the 2021 Botesdale, Redgrave and Rickingham *Local Services Directory*, containing *contacts* for local organisations and services. Details of *times* and *venues* are *normally* found on the middle pages of the Parish Magazine. Of course, these are not *normal times* – which is why this Directory appears as the middle pages of the Parish Magazine this year.

In spite of all the disruption, the Directory assumes things will improve, so includes information about our local activities in the firm expectation they will be back some time this year! Sadly, some organisations no longer appear here for non-Covid reasons, but never say never – they too could be back! Keep an eye on the Parish Magazine for “green shoots of recovery”.

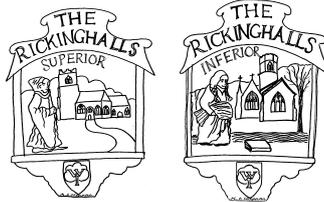
Please take the current situation into account when using this directory, as it may not be appropriate to make contact with others in the usual way – for example the *Botesdale Health Centre*, which is valiantly focusing on vaccinations.

If you would like to make updates to the directory, or understand the safeguarding of personal data it uses, please contact the Parish Magazine editor (contact details below). The directory is updated throughout the year; changes being recorded :

- online at www.stmarysrickinghaminferior.onesuffolk.net/local-information
- by updating your printed copy - changes are advertised on page 3 of the Parish Magazine

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Fairstead Trust	Mr Simon Gowen	01379 898714	-
Redgrave Charity for the Needy	Mr Bob Hayward	01379 898726	bob.hayward@talk21.com
Redgrave Amenities Trust	Julian Van Beveren	01379 898297	julian.vanbeveren@googlemail.com
Redgrave Church Heritage Trust	Mr Bob Hayward	01379 898726	bob.hayward@talk21.com
Rickingham Relief in Need Trust	Rev Chris Norburn	01379 898685	revchris@rbrchurch.org.uk
Churches & Chapels	Contact	Telephone	Email / Web Site (www/https)
<i>Church of England</i>	Rev Chris Norburn	01379 898685	revchris@rbrchurch.org.uk
Church wardens	Kit Brinkley Lynne Wills	01379 678279 01379 890732	-
Headspace	Ms Karen Lawrence	01379 890987	-
Men's Breakfast	Mr Mark Duxon	01379 890987	-
Messy Church	Mrs Barbara Norburn	01379 898685	-
PCC Secretary	Mrs Frances Lamb	01379 890204	-
All Saints Hall Hire	Mrs Sheila Purdom	01379 890297	-
The Get Together	Mrs Barbara Norburn	01379 898685	-
<i>Methodist Church</i>	Rev David Ely	01379 642791	-
Bible Study	Mrs Rita Petherwick	01379 890747	-
Christian Forum	Mrs Rita Petherwick	01379 890747	-
Coffee down the Lane	Mrs Rita Petherwick	01379 890747	-
Senior Steward	Mr Brian Shurmer	01379 890898	-
Assistant Senior Steward	Mrs Rita Petherwick	01379 890747	-
Wives Club	Mrs Lesley Greenhough Mrs Jan Lawrence	01379 890109 01379 890759	-
<i>Parkview Chapel</i>	Mr Kevin Gladwell	01379 898924	kevin@parkviewchapel.co.uk
Coffee on the Corner	Mrs Sue Allen	01379 890423	-
Friday Night Club	Mr Kevin Gladwell	01379 898924	kevin@parkviewchapel.co.uk
Junior Church	Mr Kevin Gladwell	01379 898924	kevin@parkviewchapel.co.uk
Praise Hour	Mrs Sheila Miles	01379 783216	-
PYP Parkview, School Years 9-13	Mr Kevin Gladwell	01379 898924	kevin@parkviewchapel.co.uk
Secretary	Mr Philip Miles	01379 898454	-

Clubs	Contact	Telephone	Email / Web Site (www/https)
Botesdale & Rickinghall Runners	Mr Martin Forge	01379 898270	-
Bowls Club	Mrs Maureen Costello	01379 897251	-
Brownies (and to volunteer)	Girlguiding UK	08001 695901	-
	Rhoda	01379 898743	-
Dance Classes	Mrs Teresa Marsh	01379 783114 07709 565875	teresarmarsh@hotmail.com
Football 'Rickinghall Gunners' Youth	Mr Simon Mills	01379 890067 07800 538327	-
Heritage Circle	Maggie Mittins-Ladd	01379 890916	www.heritagecircle.onesuffolk.net
Ladies Netball	Gill Jennings	07884 100671	gilljennings17@btinternet.com
Mill Lane Allotment Association	Mr Mark Wiseman	01379 898805	mark.wiseman@virgin.net
Pilates	Eleanore Garwood	07881 814146	eleanore_head@hotmail.com
Positive Steps, Strength & Balance Exercises	Mrs Lesley Williams Ms Sam Reid	01359 221583 01284 749338	-
RBR Twinning Association	Mr Kit Wells	01379 783918	-
Redgrave & District Ladies Club	Mrs Rosemary Docherty	01379 423686	-
Redgrave & District Theatre Club	Mrs Liz Collins	01379 898440	-
Redgrave Rangers Football Club	Ms Donna Taylor	01379 890853	-
Rickinghall Further Education Group	Mrs Sue Emerson	01379 897010	emerson500@btinternet.com
Rickinghall Country Music Club	Mr Keith Double	01379 898758	-
Rickinghall Ramblers	Mr Gerry Gurhy	01379 890960	-
Slimming World	Natalie Duke	07810 883771	-
WARTS (Am-Dram Group) Chair Secretary	Kriz Stiff	07718 165302	ij3@hotmail.co.uk
	Tracey Shaughnessy	07596 485944	traceysmp@hotmail.co.uk
Women's Institute – Rickinghall	Mrs Rosemary Setterfield	01379 897083	-
Yoga & Relaxation	Ms Julie Wilkins	01359 221655	juliedyoga@msn.com
Community Assets & Projects	Contact	Telephone	Email / Web Site (www/https)
Botesdale & Rickinghall Community Woodland Project (Barwoods)	Mr Tony Emerson	01379 897010	emerson500@btinternet.com
Botesdale Village Hall Chair Bookings	William Sargeant	01379 890138	www.botesdalevhmc.onesuffolk.net sargeantwill@aol.com
	William Sargeant	01379 890138	sargeantwill@aol.com
Friends of Botesdale Health Centre	Mrs Carole Fitt	01379 890878	fobhc@mail.uk
Little Ouse Headwaters Project Conservation Manager Secretary Membership Enquiries	-	-	enquiries@lohp.org.uk www.lohp.org.uk
	Ellie Beach	07919 912045	ellie.beach@lohp.org.uk
	Mr Nick Lingwood	07772 769025	secretary@lohp.org.uk
	-	-	membership.secretary@lohp.org.uk
RAHOF (Rickinghall Area Hospice Fundraisers) Chair Secretary	Mrs June Shepherd	01379 898827	juneredgrave@btinternet.com
	Mrs June Hart	01379 897180	-
Redgrave Activities Centre Hall Hire & Key Holder	Mr Jim McCluskey	01379 890142	jimandjan7@tiscali.co.uk
Redgrave & Lopham Fen - Suffolk Wildlife Trust	Mrs Deborah Key	01379 688333	redgrave.education@suffolkwildlifetrust.org
Redgrave & Rickinghall Ringers	Mr Chris Davies	01379 898236	-
	Mrs Yvonne Lowe	01379 898193	-
Rickinghall Village Hall Hall & Sports Area Hire Chair & Farmers' Market	-	-	-
	Mr Charles Greenhough	07709 962658	rickinghallvh@gmail.com
	Mr Bob Clark	07930 188472	-

Community Services (local)	Contact	Telephone	Email / Web Site (www/https)
Botesdale Health Centre	Reception/Dispensary	01379 898295	www.botesdalehealthcentre.nhs.uk
	Fax	01379 890477	-
	Community nurses	0300 1232425	-
	Out of Hours Service	111	www.111.nhs.uk
Community Transport (Rickinghall & Botesdale Good Neighbour Scheme, RBGNS)	Mr Gordon Lawrence (24/7 answerphone)	01379 897109	-
Village History			
Botesdale & Rickinghall	Mrs Di Maywhort	01379 898785	-
Redgrave	Mrs Jean Sheehan	01379 890237	-
Neighbourhood Watch			
Botesdale & Rickinghall	Mr Peter Beck	01379 890495	peter@pbeck.plus.com
Redgrave	Mr John Campbell	01379 890946	redgrave.nwatch@outlook.com
Oil Syndicate	Mr David Sloan	01379 890952	botesdaleoil@gmail.com
Parish Councils Clerk for the 3 Parishes	Leeann Jackson-Eve	01379 890141	botesdale_pc@btopenworld.com redgrave_pc@btopenworld.com rickinghall_pc@btopenworld.com
<u>Botesdale Parish Council</u> Vice-Chair	Desmond Bavington-Lowe	01379 897287	www.botesdale.onesuffolk.net/parish-council 
Joint War Memorial Committee Rep	Ernie Baxter	01379 898566	
Councillor	Simon Dickinson	07889 584121	
Councillor	Greg Russell	07887 747625	
Chair, SALC/Parish Liaison, Assets Register, Barwoods Acting Footpaths Officer Acting Tree Warden	William Sargeant	01379 890138	
	Chris Lambert	01379 897053	
	Rosemary Jones	01379 890238	
<u>Redgrave Parish Council</u> Councillor	Brian Andrews	01379 890500	www.redgrave.onesuffolk.net/parish-council 
Councillor	Angela Bigley	01379 890517	
Councillor	Mike Denmark	01379 890279	
Gressingham Foods Liaison Group Rep	John Giddings	01379 890548	
Councillor	Frank Gillett	01379 309733	
Gressingham Foods Liaison Group Rep	Ann Preston	01379 890974	
Vice Chair; Trustee of Charity for Needy & Mary Foster Charity	Jason Walker	01379 898696	
<u>Rickinghall Parish Council</u> Councillor	Robin Brown	07748 635647	www.rickinghall.onesuffolk.net/parish-council 
Vice-Chair, Parish Assets, Joint War Memorial Committee/Local Charities Rep	Gillian Crossley-Holland	01379 890339	
Chair, Planning & Finance Working Parties	Geoff Short	01379 897164	
Local Transport, Planning & Finance Working Parties	Sally Smith	01379 898767	
Acting Tree Warden	Rosemary Jones	01379 890238	
Parish Magazine	Chair	Rev Chris Norburn	revchris@rbrchurch.org.uk
	Editor	Charles Murray	editor@rbrparishmag.com
	Adverts	Ruth Cleaver	adverts@rbrparishmag.com
	Articles	Fiona Kenworthy	articles@rbrparishmag.com
	Events	Phil Schofield	events@rbrparishmag.com
Redgrave Community Shop	-	01379 898848	redgravecommunityshop@gmail.com www.redgraveshop.wordpress.com
	Chair	Ms Julie Moore	-
	Volunteers contact	Mrs Yvonne Lowe	-
Rickinghall Day Centre	Mrs Sheila Miles	01379 783216	-
	Mrs Caroline Panter	01379 890994	-

Community Services (regional)	Contact	Telephone	Email / Web Site (www/https)	
Age UK Suffolk	-	01473 298684	volunteer@ageuksuffolk.org	
Babergh & Mid Suffolk District Councils Endeavour House 8 Russell Road Ipswich IP1 2BX	Stowmarket office open at 54 Ipswich Street Mon/Wed/Thu 9:00-5.00 Tuesday 10:00-5:00 Friday 9:00-4:30	0300 1234000	www.midsuffolk.gov.uk/the-council/customer-services/	
British Red Cross : Medical Loans	East Harling	01953 717204	www.redcross.org.uk	
Bury St Edmunds Member of Parliament	Jo Churchill MP	01284 488345	jo.churchill.mp@parliament.uk	
County Councillor - Hartismere Division	Jessica Fleming	07714 597980	jessica.fleming@suffolk.gov.uk	
District Councillor - Rickingham Ward	Jessica Fleming	07714 597980	jessica.fleming@midsuffolk.gov.uk	
NHS, Health Authority and Hospitals	- 24/7 Non-emergency advice - Out-of-hours service	111	<i>This does not replace the emergency 999 number used for life threatening situations</i>	
	West Suffolk Clinical Commissioning Group	01284 758010	www.westsuffolkccg.nhs.uk	
	Patient Advice & Liaison Service (PALS) at West Suffolk Hospital 9:00am-4:00pm Mon-Fri	01284 713000	www.wsh.nhs.uk/Patients-and-visitors/Your-views-matter/PALS-Patient-advice-and-liaison-service.aspx	
	Ipswich Hospital	01473 712233	-	
	Norfolk & Norwich Hospital	01603 286286	-	
	West Suffolk Hospital	01284 713000	-	
Police - there are manned desks at : Bury St Edmunds - Raingate Street IP33 2AP Ipswich - 10/10a Museum Street IP1 1HT Lowestoft - Old Nelson Street NR32 1PE See www.suffolk.police.uk/contact-us/how-find-us	Non-emergency	101	www.suffolk.police.uk/your-area/contact-your-snt www.suffolk.police.uk/your-area/stowmarket	
	All Emergency Services	999	-	
Suffolk County Council Endeavour House 8 Russell Road Ipswich IP1 2BX	Customer Services	03456 066067	Select service at www.contact.suffolk.gov.uk	
	Mobile Library Enquiries	01473 351249	www.suffolklibraries.co.uk/visit/mobile-libraries	
	Social Care	Adults	0800 9171109	customer.first@suffolk.gov.uk www.suffolk.gov.uk/care-and-support-for-adults/
		Children	0345 6066067	customer.services@suffolk.gov.uk www.suffolk.gov.uk/children-families-and-learning/
	Trading Standards	0808 2231133	tradingstandards@suffolk.gov.uk	
School and Nursery	Contact	Telephone	Email / Web Site (www/https)	
Botesdale Breakfast and After School Club (BASC)	Mrs Paula Mills & Mrs Bridget Simms-Baalham	07952 961285	botesdaleoutofhours@gmail.com	
Botesdale & Rickingham Pre-School Lunch Club (term time only)	Mrs Karen Hails	01379 898868 07796 014304	bandpreschool@btinternet.com	
RABBATS (Rickingham & Botesdale Baby & Toddlers)	Louise Burgin	-	burginlouise@yahoo.co.uk Find us on 	
St Botolph's CEVC Primary School Headteacher : Mr Mark Cobbold School Secretary Friends of St Botolph's Secretary	Fax	01379 890213	www.stbotolphs-suffolk.secure-dbprimary.com/suffolk/primary/stbotolphs	
	Mrs Teresa Leeder	01379 890181	admin@st-botolphs.suffolk.sch.uk	
	Ms Jemma Shorten Ms Amy Seldis	-	-	
Utilities	Contact	Telephone	Email / Web Site (www/https)	
Anglian Water	Water/sewerage queries 24/7	03457 145145	www.anglianwater.co.uk	
Essex & Suffolk Water	Water Services 24/7	03457 820999	www.eswater.co.uk	
Electricity - UK Power Networks (UKPN - power distribution)	Emergencies/Power Loss 24/7 Enquiries	08003 163105 08000 294285	www.ukpowernetworks.co.uk	



Rickinghall Parish Council



Parish Council Report February 2021 by Cllr Geoff Short

Our February meeting public forum started with an enquiry from a resident concerning parking on the pavement opposite Bridewell Lane. The culprits seem to be going to the pubs or takeaways, and the enquirer asked if yellow lines could be put there. We felt that this would still not stop people parking on the pavement but agreed to make enquiries with MSDC as to whether a few poles or bollards could be installed, but don't expect anything soon! Another resident mentioned the grass area near Albert Close in Hinderclay Road, where due to the recent roadworks, cars had been driving on the grass to avoid the traffic lights! Again, we will try to get the problem sorted.

Cllr Jessica Fleming advised that business owners in Mid Suffolk may be eligible for further Covid support grants, and details can be found on www.midsuffolk.gov.uk/business. The garden waste collection remains temporarily suspended due to Covid staff shortages, and there is a campaign to remind us what can and can't be placed in recycling bins - check on suffolkrecycling.org.uk.

Three Planning applications were discussed, being a change of use from agricultural to equine in New Delight Road, an additional garage to a house in Water Lane, and a new property in The Street, which was a reduction in size to that previously submitted. All had 'No objection' verdicts, as did two tree works applications.

We are continuing to investigate funding opportunities for refurbishment of the Skate Park at the Village Hall, and a plan should be in place by the summer. The group looking at the Parish Infrastructure Investment Plan will be sending out questionnaires to village organisations soon to assess requirements.

Normally there is an annual newsletter produced by the Parish Council, with reports from local organisations, but not many organisations will have been doing much with the Covid situation in 2020. Or perhaps they have, behind the scenes? If you belong to a group that has been operating, do please send a report in to the Clerk telling us what has been happening, and we will produce a reduced newsletter.

In a similar vein, regretfully the Classic Car Show and Craft Fair, cancelled in May 2020, is also cancelled for May 2021 as the organisers could not see normality returning by then, particularly if lockdown is not eased until March. So, let's hope we can have a good turnout in 2022.

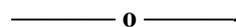
We normally organise a Litter Pick in April, and volunteers from the two villages go round armed with 'pickeruppers' and black sacks, but again this is not ideal with Covid, so we will revisit this later in the year with a view to doing it in August or September.

Finally, the roadworks are now finished at the Rectory Hill / Hinderclay Road junction with The Street. The work was done by the water companies to install a pumping system in the water mains to improve the pressure, particularly with increased demand from the two developments on Rectory Hill. We have gained a box the size of a garden shed in the process, on the verge opposite the Village Hall. Hopefully, villagers will have noticed the smart new Parish Council notice board on the churchyard corner, replacing the old one. All in the name of progress!

Suffolk is continually way below Essex and Norfolk on the Coronavirus statistics on the news each evening, so continue to stay safe, everybody, and we can keep our fingers crossed for some sort of normality in the summer.

THE NEXT RICKINGHALL PARISH COUNCIL MEETING WILL TAKE PLACE ON THURSDAY 4th MARCH

at 7.30 pm



Due to Covid-19 regulations changing at short notice, please contact the Clerk at least one working day in advance to confirm details for attendance.

All residents welcome

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.**

Tel : 01379 890 141

Email : rickinghall_pc@btopenworld.com

**Please contact her during OFFICE HOURS ONLY
9AM—5PM**

Nyall's Notes



on the Corner

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

There is a book in the Bible entitled Job, (pronounced Jobe). It is possibly the first book of the Bible ever written. It is quite long and is written as Hebrew poetry. It doesn't make for easy reading but in it Job undergoes a great deal of suffering. His friends tell him he must have been very bad to have offended God so as to endure so much pain. For much of the book Job defends himself. He hasn't done anything wrong. He claims to be righteous. He has good grounds to claim that because God said at the very beginning of the book, "There is none like him on the earth, a blameless and upright man, who fears God and turns away from evil?" "there is none like him ..." that includes you and me. We don't stand a chance against someone who God had declared to be the best.

Job defends his righteousness for most of this very long book but then God intervenes and shows himself to be mighty and majestic and all knowing in his work of creation. "Where were you when I laid the foundation of the earth? Tell me, if you have understanding. Who determined its measurements — surely you know! Or who stretched the line upon it? On what were its bases sunk, or who laid its cornerstone, when the morning stars sang together and all the sons of God shouted for joy?" Job was a God fearing man but for the first time in his life he had come face to face with God and, 'righteous Job' found himself facing a God whose righteousness exceeded his own by such an incredible degree that he repented of his attitude. Before God he saw himself as having exhibited sheer arrogance. If Job, the most righteous man in all the earth needed to repent what about me?

God forgave and restored Job's health and wealth. I too need to repent in the face of God and he has demonstrated his forgiveness to me in that he sent his son Jesus. The cross is the symbol of Christianity as it demonstrates that Jesus has paid the price on my behalf.

God lives outside of time as we know it; he both knows the future and determines it. The Bible demonstrates his foreknowledge in prophecy but what he has determined as opposed to simply foreknows is a difficult subject. Whichever it is, the Bible enables me to answer the question that he put to Job, "Where were you when I laid the foundations of the earth?" It tells me that those that have put their trust in Jesus and his work on the cross will find that their names were written in the Lamb's book of life from before the foundation of the world.

"Where were you when I laid the foundation of the earth?" The Christian can confidently answer, "Because of Jesus my name was written in his book of life from before the foundation of the world and through him I am saved when he finally destroys all evil."

"In the beginning was the Word, and the Word was with God and the Word was God.... And the Word became flesh and dwelt among us, and we have seen his glory, the glory of the only Son from the Father, full of grace and truth."

John Ch 1 vs. 1 & 14

Coffee On



The Corner

I wish that I were able to write to say that "Coffee on the Corner" is about to restart, but obviously that is not the case at the present time. We are as frustrated as our usual visitors that we STILL can't offer hospitality and I really hope that

it's not too long before the doors can open again - I'd hate it if our regular bakers had forgotten how to make those delicious cakes!

As you are probably aware, the only thing that we can "safely" offer at present is the "LOCKDOWN LIBRARY" which has proved to be very useful to many folks in the village, including me! I have now done about 5 jigsaws and really enjoyed them - so thanks to anyone who donated. The books and magazines seem to have a regular turnover and I do call in a couple of times a week to tidy up and, if necessary, change some of the books over, so that there is a fresh selection. If you haven't made use of the bookcase, then do feel free to have a look - it is intended for everyone!

As you will be aware, the Post Office mobile van is present in the car park at Parkview Chapel every Friday afternoon - from 2.45 to 3.45 and there is often a queue. Bearing this in mind, it is hoped that we will (in the very near future) be able to offer a "Tea at Three" tea and coffee stop for an hour, to coincide, roughly, with the Post Office visit. However, as we are not a large congregation, we may be looking for a couple of volunteers to assist us. If we have enough volunteers, we could ask for a once a month commitment from each one, for around one and a half hours only. If you might be happy to do that when we can re-open, then do let me know.

One final point ... if you see the car park at Parkview is full of cars, please note ... we are NOT having a meeting or party in the church! The vehicles belong to the doctors and nurses who are involved in administering the Covid vaccinations. When the Health Centre is open for this, all staff are being encouraged to use Parkview Chapel's car park, so that there is more space for patients/visitors at their own car park in Back Hills..... just in case you were wondering!

Wishing you all the very best,

Sue

Sue Allen

If you feel you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, or you want help with shopping or prescriptions, do please call me on 01379 890423.

UNDER ONE ROOF

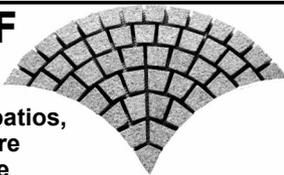
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Exploring the Past

Jean Sheehan, 01379 890237

Victorian Bird Watch

You may have completed the BTO survey to find how many birds visited your garden on Sunday 31st January 2020. Bird watching was different in Victorian times as they were not as fortunate as bird watchers of today with cameras fitted into birdboxes which record eggs and baby birds in their nests. Victorian people found different ways to learn about them.

George Rowland Holt Wilson, known as Rowland, whose family lived at Redgrave Hall, was sent away to boarding school as a young boy and in the Holt Wilson Archives are letters written to him at school by his relatives and others. Many of them make references to birds and other animals. Most of the letters are not dated but a few bear the date of 1878.

These are some excerpts from the letters.

Lucy Wilson, his mother, wrote from Redgrave Hall: *Mr and Miss Worledge dined here yesterday evening – they have seen a very wonderful bird on the Rectory lawn, with a white head, greenish back – red under his wings, long legs and very upright – between a nightingale and thrush in size. Broom saw it and said it was new to him – we hunted all through Gould's Birds but could not find anything like it, so we think it must have been a foreign bird escaped from a cage.*

In another letter she wrote: *The young bantams are very lively, they are still in the vinery – There has been a great excitement about a nest Mary found low down in a fir tree in the old garden – the eggs are as large as a partridge and the nest made of twigs – there are 8 eggs – we think it must be a jay's nest, but no one has seen the bird close yet. Arthur has taken two eggs – there is a blue tits nest down inside the pump by the square pond near the old garden and she won't move, you can see her quite well by climbing to the top of the pump. I hear Charles Bean was looking for pheasants' eggs in Hinderclay wood last week when a wood cock flew off with a loud noise and he found her nest with eggs. She deserted so he took the eggs and has given Father one or two for you – this is an unusual thing – Taylor knows of a nut hatches nest in old Boutells garden and is going to get some eggs for you. The waterhen's nest was in the Straight Parts, where they were shooting rooks.*

George Holt Wilson, his father wrote: *There is a waterhen's nest in the pond in the middle of the old garden – there are 4 cocks and 4 hens among the young bantams. I am sorry to say they fight rather.*

Violet Wilson, his young sister informed him: *Mama says I am to tell you that she went to see your long tailed tits nest yesterday and it was pulled down. You will be glad to know that the bantam hen has hatched out eight young chickens.*

Aunt Annie writing from The Uplands on February 2nd wrote "The ground and the trees are quite covered with snow again and so we have begun to feed the sparrows and the chaffinches and the robins again – I am sorry to say there are some very naughty little birds come and peck off the crocus blossoms and leave them on the grass. (The Uplands may be the house in Rickingham Street)

Martha Jones, his nurse, writing from Redgrave Hall wrote: *Boutell told me to tell you that your chickens are doing very well also the rabbits.*

Some of the references are not always so pleasant. His father said: *I hope the rats will not kill any more of Arthur's rabbits as he will not like it if they do. The same letter goes on to say: I am nearly sure from a picture I have seen here that the egg I found in the water wagtail's nest is a cuckoo's.*

Auntie Katie wrote from Carlisle: *Some horrid rats have taken eleven of my little bantams away, they did not even leave a feather on the ground, so I think they must have taken them down into their holes and eaten them there. The letter continues on a happier note when she wrote: Aunt Althea's bull finch has begun to sing, it has not any red feathers on it yet as it is so young, but it is very tame, and will eat seed out of my mouth.*

Other letters refer to shooting birds. His younger brother Arthur told him: *Papa and Mr. Hustler went out rook shooting and they killed 27; Papa's gun went bad and he has sent for a rifle which is to come by the last train tonight. Mr. Hustler's air cane would not shoot well, so he did not kill many rooks, there was only one hung up and it was only wounded. (Arthur's early interest in shooting served him in good stead during the first world war. He was 2nd in command of the 7th Battalion of the East Suffolk Regiment. In their war diaries on the 4th August 1915 it is recorded 'The success of our snipers is mainly due to Major Wilson ...)*

A letter from his father, written away from home said: *Yesterday we did not kill so many grouse as we had done before – the birds were very wild and we could not get near them – I killed 13 ½ brace, Grandpapa and Mr. John Rutson 12 brace – Mr. H. Rutson and Mr. A Rutson 11 ½ brace – you will now be able to see how many birds we killed amongst us.*

REDGRAVE HALL AND LAKE.



Redgrave Park must have been an ideal place to see a variety of birds with the woodland, lake and open ground.

Acknowledgements to Tim Holt-Wilson for permission to use these letters which have now been loaned to Suffolk Archives.

CHIMNEY SWEEP

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Exploring the Past Again

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Some Memories of my childhood – by Dawn Halls (nee Harvey).

'I was born 71 years ago in Botesdale, in a house called St Catherine's. It is next to what was the old butchers shop 'Lasts'. The house was owned by my grandma Maud, my dad, Henry Harvey's, mother. We moved from there to 44 Park View in Botesdale, and that is where I grew up. It was lovely to have so many other young friends to grow up with. We didn't have much in the way of toys to play with, but that doesn't matter, as no-one had much in those days; we were happy with each other's company!



*Redgrave School in 1955
Dawn is on the front row the third from the right*

I went to Redgrave Primary School, to which we would go by bus each morning. The bus stop was opposite Simonds Garage, in front of Mr and Mrs Franklins 'Cosy Cafe'. They would have a sweet counter inside, selling a range of things to spend our few pennies on. I loved the little 2 pence packets of K.P. Peanuts. The Franklins had a corgi dog that wasn't very friendly, and I was terrified of it, but I risked going in to get my peanuts, hoping it wouldn't bite me! Now the Cosy Cafe has gone, with lots of other little shops in the village. After a day at school we would have to walk home from Redgrave, it always seemed such a long way. My infant teacher at school was Mrs Marjory Harvey, who was often quite stern, but was very kind. Her husband James (Jimmy) Harvey was my dad's first cousin. Both Marjory and Jimmy have now passed away, having lived well into their 90's. We stayed at Redgrave School until we were 11 years old, at which point we went onto Eye Secondary Modern School.

Some of my fondest memories are of our weekly Red Cross meetings, and of course Girl Guides. Audrey Simonds and Jean Bennett gave us so much of their time teaching us basic Red Cross skills. I remember going to Dr and Mrs Cordeaux's house, next door to the church and learning how to make a hospital bed – I can still do the hospital corners on the sheets!

We would even get to go camping in the summer holidays, which was always such fun. We would also get to go camping each year with the girl Guide group, that was also very special. Mrs Beryl Waters gave up so much time to look after us! Each year on Armistice Sunday we would parade, along with the Salvation Army and the Gislingham Silver Band, through the village and then to the memorial. I remember carrying the Girl Guide flag and having to lower it at the memorial. It wasn't easy: it had to be very slow, but I did feel important! These were happy days.

I also remember going to The Priory when Mrs Blackham lived there. A group of us would all stand around her piano and we would practice singing for the church choir. On leaving we would all be given a threepenny piece. We would call at the fish and chip shop on the way home for threepenny worth of chips!

I remember the ice cream van coming to Park View. It was Bumshi's ice-cream, I think they later changed their name to Bunshi's. It was Mr Smith from the Queens Head I believe. I think before he had a van, it was on a bicycle with a fridge attachment. The ice-cream was quite firm, not like the runny stuff you get now that melts so quickly. I can almost taste it still!

Once a year the fair would come to the Fairstead in Backhills opposite the doctors' surgery, but it is now covered with bungalows. There used to be a pump beside the road, we would stop and have a drink on the way home from school. The water was always lovely and cool. Sometimes the circus would come too, but I don't think every year. On the left-hand side of the Fairstead was a pit for rubbish, there was a pathway through the middle which you could walk down, or if you were brave like some of the boys you could slide down on a tin tray.

I left school aged 15 years and went to work for Mr Warner in the local shop. Everything was so different then, we would grind coffee beans by hand, and cut the cheese, bacon and ham by a hand turning machine. It was none of your pre-packed stuff then! You could buy a lot of loose ingredients that were weighed into dark blue bags, like dried fruit, sugar, coconut etc. My wages were £3. 5 shillings and sixpence. Wow! How things have changed.'

Many thanks to Dawn for writing her memories of growing up in the villages for us.

As you can see Dawn's first job was at Mr Warner's shop in Rickinghall. As she says - how things have changed since then! She is going to write more about Mr Warner's shop for us in next month's article.

Quatrefoil are hoping to get more people's memories of their first employment in the village; whether working in a shop, like Dawn, or doing something else such as working as a paperboy or on a farm. We would love to have your memories about anything. These need not be essays but could be noted down as you think of things!

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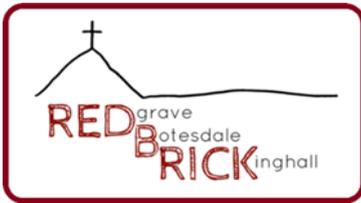
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New Appointment of Melody Ramos to support families and youth announced by RBR Church

Members of the RedBRick Churches of Redgrave, Botesdale and Rickingham are delighted to welcome Pedro and Mel Ramos with their two young children (David & Zoe) to our community. The need to support more fully the families and children within our parishes is a key part of our vision for growth, particularly with the increasing numbers of people coming to live here.

The exciting news is that we have now engaged Mel, who is highly experienced, with her husband's support to head up our Family Ministry Team from late Spring (date to be confirmed). Mel joins us with a wealth of experience working with youth, children and their families, most recently at Christ Church Fulham and Fulham and Hammersmith Foodbank.

Pedro spent 10 years in the Metropolitan Police Force and is now a professional photographer. Both have inspirational backgrounds and are really looking forward to serve the community.

We're now looking for their first home in Suffolk!

Here's an outline of Mel's responsibilities

To report to Revd Chris Norburn as Parish Family Worker

To engage with local Pre-school, Infant/Junior School and other Church activities

To co-ordinate our Youth strategy in the Parish

More information will follow as we welcome Mel, Pedro and their family!



Hi. I'm Melody Ramos and my family and I are thrilled to be joining you in the Parish of Redgrave cum Botesdale with Rickingham (RedBRick). I am going to be taking on a new role in the church, working alongside Rev Chris Norburn to focus on families within the parish. For the past 12 years I have enjoyed working in many different roles within the church and community. I worked as a children's pastor in a church in Fulham during my twenties and after I had my son, I moved to the Hammersmith and Fulham Foodbank part-time to run their Cookery Courses, events and Family Holiday Clubs.

I am moving to RedBRick with my husband of 10 years Pedro, our 3 year old son David and 5 month old baby girl Zoe. Pedro runs a photography and videography business, David loves trains and cars and Zoe loves smiling. We love making friends, eating and drinking good food and wine, playing games, music and movies, exploring nature as well as picnics and BBQS in all weathers.

We are all Londoners but we're bursting for a change. London life has been busy, and so we are ready to take on a different pace of life in the clean fresh air. We are excited to start afresh and begin a new journey as a family of four in beautiful Suffolk. We look forward to seeing you soon. God Bless



Due to the Pandemic the W.I, like many similar organisations, has not been able to meet for several months. We do however keep in touch regularly with all our members and to be there for them in times of need, so everyone still feels part of the W.I. community.

We all receive a monthly national W.I. magazine full of news and information, an electronic Suffolk West W.I. Federation Hive magazine, with an accompanying letter from ourselves with updates and news. Zoom courses are currently available from the Suffolk West on a wide variety of activities, for instance in February these range from 'The Golden Age of Fen Skating' to 'Mindfulness and Meditation'. More courses are also available from the National W.I. Federation so members can still take part in a wide range of activities if they wish.

We will have a full programme of events once we are able to meet again, hopefully sometime in the spring/early summer. We normally meet on the first Thursday of each month, but we will be having additional activities as well. These will of course be advertised, and once we are meeting again we will also hold an Open meeting inviting friends and neighbours to come along, together with any other ladies who would like to come to an informal social evening and find out more about belonging to our friendly community.

To demonstrate that we do have fun below, (and with apologies to you gentlemen) is a short extract from our latest Hive magazine. 25 years ago on the 75th Anniversary of the W.I. Suffolk West Federation a Country Cookbook was published. So somewhat 'tongue in cheek' it started with the following article on 'How to Preserve a Husband' –

Be careful in your selection. Do not choose too young. When selected, give your entire thoughts to preparation for domestic use. Some wives insist on keeping them in a pickle, others are constantly getting them in hot water. This may make them sour, hard and sometimes bitter; even poor varieties may be made sweet, tender and good by garnishing them with patience, well sweetened with love and seasoned with kisses. Wrap them in a mantle of charity. Keep them warm with a steady fire of domestic devotion and serve with peaches and cream. Thus prepared, they will keep for years'.

The W.I. is so much more than cooking though, and we learn and gain so much from belonging to the W.I.

Rosemary Setterfield - President

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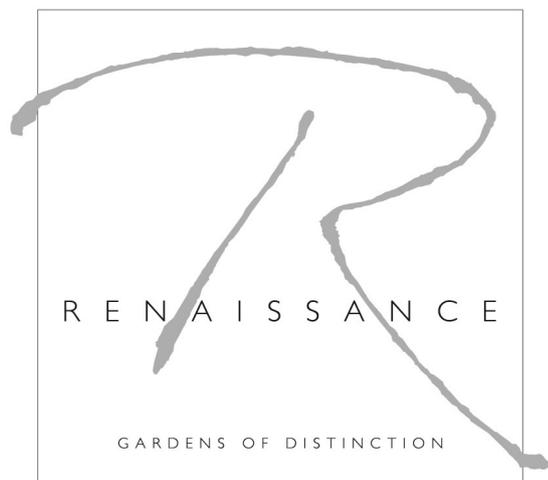
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IN YOUR GARDEN

Lawrence Thompson 01379 890667.

We gardeners enjoy the simple pleasures of cultivating and growing on an intimate and personal level. However, this familiarity with our own patch of nature often ignores the wider issues confronting the biodiversity of our planet that has ramifications far beyond our nearest flower bed, not least in the damage being done to the environment because of our love affair with peat.

There has been mounting opposition to the use of peat based composts notably voiced by gardening guru Monty Don joined by environment charities with claims that the production of peat based composts currently running at a staggering 2 million cubic metres per year are doing irreparable damage to the plants and wildlife that are part and parcel of the peat bogs excavated to make the compost.

In addition, these bogs store large amounts of carbon which is released into the atmosphere when the peat is dug up and adding further to the damage we do to the environment.

Now I like most gardeners have used huge amounts of peat over the years and probably never given a moments thought to where it had come from. The fact it is so destructive of the habitat, extracted like open cast coal mining from bogs that have taken thousands of years to be formed never to be replaced brings one up sharply. On top of that, the deposits of peat are not inexhaustible.

As part of the Governments green agenda there is every likelihood the sales of peat based compost will be phased out over a period of time so where does that leave us gardeners? Luckily the major suppliers have seen this coming and developed a range of peat free composts. Although not widely available at present and usually more expensive than their peat based cousins but this will surely change if garden centres look likely to be penalised for selling peat based products.

Look out for Scott's Miracle-Gro Peat Free, Westlands New Horizon Peat Free Compost and Dalefoot's Wool Based compost as well as the DIY stores own brand versions.

However bags of compost are only half the story. Finding potted plants not grown in peat is far more of a challenge. Many of the mass production plant growers use automation in the potting up process and it seems the alternative mediums, especially bark based growing medium create production problems. Whatever way you roll the dice there is sure to be the added sting of increased costs passed on inevitably to us gardeners!

As about a quarter of the plants we buy are imported from growers in Europe where peat usage is very much the norm, So whilst there has been some progress in reducing the amount of peat being used it looks highly unlikely we are going to see the elimination of peat use completely.

I have tried doing my bit to reduce the use of peat in my gardening activities despite the fact it gives good results and switched to coir made from coconut husks both as a growing medium and a mulch. However I gather much of this is imported from Asia and requires large amounts of water to produce where water is scarce, once again we are in the environmental conundrum.

I'd like to think we gardeners shouldn't have to worry about doing the right thing and at the end of the day be able to rely on the horticultural industry to produce products that are environmentally responsible.



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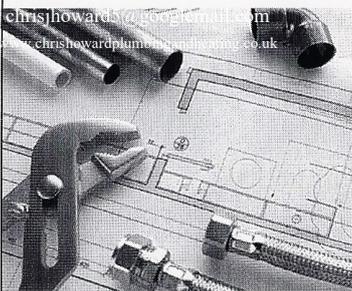
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There has been a surge worldwide of Covid-19 vaccine related phishing email scams and Trading Standards and the Police expect to see an increase in the coming weeks. Phishing emails currently circulating contain files that install malware, or links to bogus websites on to your pc to obtain personal information. Below are two examples currently circulating.

Covid -19 fake products

Reports have been received of fake products being promoted online claiming they can protect you or even cure coronavirus. These products don't work and are designed solely to take your money. Avoid being a victim of these scams and spread the word to loved ones and those who may be vulnerable or at risk of being caught.

Covid-19 fake invitations for vaccination.

Emails are circulating purporting to be from the NHS claiming the recipients you have been specially selected to receive a vaccination based on family genetics and medical history.

These messages are **FAKE** and anyone following the links supplied will be directed to a counterfeit NHS website which will then harvest personal and financial details.

The NHS are currently offering the COVID- 19 vaccine to people most at risk from coronavirus and they will be contacted by the NHS or your GP practice. You will never be asked to supply financial details for the vaccination.

Moving away from Covid-19, an old faithfully has reared it's unpleasant head.

False HMRC communications.

Automated telephone calls claiming to be from the Inland Revenue are currently circulating stating the recipient has failed to reimburse the revenue for unpaid tax and will shortly be summoned to appear at the Magistrates Court. Failure to appear will result in the suspension of your National Insurance Number and other penalties. You are urged to call a given number at once to defer further punitive action and discuss how to 'resolve' the issue.

These call are a **SCAM**. Do not call the number provided or release personal details including your bank or credit card information.

HMRC is aware of these scams and to help their investigations, should you receive this or a similar type of call please report the details to **phishing@hmrc.gov.uk** including the:

- date of call
- phone number used
- contents of the call

To protect yourself from phishing campaigns:

- Check email addresses on incoming messages and be alert to hyperlinks that contain misspelled domain names.
- Do not react to highly emotive language designed to manipulate you.
- Do not supply login credentials or personal information in response to an email.
- Monitor your financial accounts regularly.
- Make sure software and security apps are updated

For advice on staying scam aware visit the Friends Against Scams website

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Church Notices



- ◆ The Parochial Church Council (PCC) has decided to suspend in-person services at All Saints, Redgrave for the time being, due to the current high number of cases of Covid-19
- ◆ When case numbers drop we will return to in-person services following the guidelines as laid down by the Government and the National Church
- ◆ However, we are continuing to live stream a service of Holy Communion from All Saints every Sunday at 10.30am. To watch this service please go to YouTube and search for "RBR Church". Click on the "live" tab to find previous services, as well as the most recent one

◆ In addition to this we are delivering, by hand, a hard copy of the streamed weekly service. If you would like to receive this please do contact Rev Chris Norburn on 01379 898685 and we will gladly deliver a copy to you

◆ Churches open for private prayer :

The Chapel of Ease, Botesdale is open every Wednesday 9.30am-3.30pm.

St Mary's, Rickinghall is open every Saturday 9.30am-3.30pm.

Please follow these guidelines :

- ◇ wear a mask before entering the building
- ◇ sanitise your hands on entry to the building using the sanitiser provided
- ◇ leave contact details in the book (please use your own pen)
- ◇ maintain social distancing of 2m at all times, unless you are with people in your social bubble

Enjoy the space, peace and the time to know God's presence.

"Be still and know that I am God" (Psalm 46:10)

Thanking you in advance for your continued support at this difficult time

Parkview Chapel Sunday Services and Events

We have decided the safest thing to do at this stage is to close our Church building. Therefore all Sunday services this month will be on 'Zoom'. Each service will contain a time of Communion.



We are also running a "Virtual Coffee Morning" on Thursdays at 11:00am on Zoom

Please call Kev on 07557 784152 if there is anything we can do to help you in these difficult times and if you would like the 'Zoom' information for the Virtual Coffee Morning or the following services

Sunday 7th	'Zoom' Meeting to open at 10:45am. Service to start at 11:00am
Sunday 14th	'Zoom' Meeting to open at 10:45am. Service to start at 11:00am
Sunday 21st	'Zoom' Meeting to open at 10:45am. Service to start at 11:00am
Sunday 28th	'Zoom' Meeting to open at 10:45am. Service to start at 11:00am

At this stage there will be no other groups or meetings, and although we remain really keen to restart all youth and children's groups, Coffee On The Corner, etc. you will understand why we cannot at present.
<http://www.parkviewchapel.co.uk>

A friendly welcome to everyone at Botesdale Methodist Church services and events

This is our proposed plan for services in March. Please note that reopening for services will depend on the level of risk of virus transmission decided at the time. Phone 01379890898 for information on a particular service. Coffee mornings and other meetings remain suspended. Church Anniversary celebrations will be postponed until later in the year.

Services (all at 10.30am)

Sunday 7th	Led by Mrs Jane Mottram
Sunday 14th	Mothering Sunday - Mrs Sue Goodwin
Sunday 21st	Local arrangement
Sunday 28th	Palm Sunday. Holy Communion led by Rev David Ely.

From the Registers

2.2.21	Funeral Service of Jenifer Cordeaux, Seven Hills Crematorium, Ipswich. Died 11.1.21, age 84
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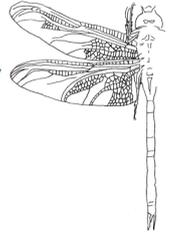
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To ALL Redgrave, Botesdale and Rickinghall Residents

COVID-19/Coronavirus Outbreak

These are worrying times but as a community it is good to know that we have been helping and supporting each other. Many of you are already helping friends and neighbours, so thank you for all that you are doing.

This is a reminder of the coordinated plan that we've established to safely offer assistance to anyone, in the community, so that everyone can receive the help they need.

During this time of lock down many people have volunteered to help with the following:

- Shopping
- Picking up a prescription
- Posting mail
- A friendly phone call
- Walking your dog
- Light gardening

We are also happy to talk to anyone and, when required, to refer people to other organisations offering support locally and nationally.

If you ***need help with any of the above***, or can **offer** to help with any of the above please contact one of the following:

- | | |
|--------------------|-------------------------------|
| Rev. Chris Norburn | (Church of England) |
| 01379 898685 | or revchris@rbrchurch.org.uk |
| Mr. Brian Shurmer | (Botesdale Methodist Chapel) |
| 01379 890898 | or b.r.shurmer42@gmail.com |
| Mr. Kev Gladwell | (Parkview Chapel) |
| 07557 784152 | or kevin@parkviewchapel.co.uk |

Volunteers will then be offered any relevant advice and guidance before their name is passed on to people in need as and when they are requesting help.

"Cast all your anxiety on him because he cares for you." 1Peter 5v7

Sent on behalf of all the churches in these villages.

N.B. Coronavirus/Covid-19 is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash hands regularly. Items should be left on the doorstep.

"Together in these villages we offer Christ's healing grace through our worship and service."

