

# PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

May 2021

*Twas in the month of May*

*In the springtime of the year*



*And down by yonder meadow*

*There runs a river clear*

Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

**Parish Website:**  
[rbrchurch.org.uk](http://rbrchurch.org.uk)

**St Mary's Rickinghall Inferior**  
[www.stmarysrickinghallinferior.onesuffolk.net](http://www.stmarysrickinghallinferior.onesuffolk.net)

**Instagram:**  
[@rbrchurch](https://www.instagram.com/rbrchurch)

**Foreword from**  
**Reverend Chris Norburn**  
**Rector of**  
**Redgrave cum Botesdale**  
**with the Rickinghalls**  
*The Rectory, Bury Road,*  
*Rickinghall, Diss. IP22 1HA*  
*Tel: 01379 898685*



Many years ago on a family holiday with our daughters we had a glorious couple of days on the Lincolnshire coast. There was sand for miles and it was ideal for making a sandcastle. We had great fun making it, and at the end of the day we left it. We went back to the same spot the next day, and to our surprise and delight it was still there. The tide had not washed it away, so we continued to enjoy it and care for it! But we did know that eventually the tide would wash it away, and what was once there would be there no more. Thinking on the death of HRH Prince Philip reminds me of that occasion and of a saying that you may be familiar with... life is like a sandcastle on a beach! You build it, tend it, enjoy it, but you know it is only temporary, for you will have to let it go... the tide comes in and washes it away.

When reading the Bible we read about the reality of life; death hangs like a funeral pall over the coffin of life. There is a sombre repetition of the phrase "and then he died". This serves as a reminder that our efforts to extend the realms of our existence are checkmated by death. Even our most noteworthy achievements are neutralised by death and washed away by the ocean waves of time. Regrettably, generations in the distant future will not even remember us and our collective efforts.

But there is good news! For believers in Jesus Christ as the Son of God the sting of death is overcome by the hope of His resurrection, a truth made clear in 1 Corinthians 15:50-58. In this "lyrical passage," the author Paul exults in the triumph Christ has won over death itself. Paul repeated in plain terms that natural, earthly bodies are not suited to a spiritual, heavenly existence. Indeed, that which is subject to death and decomposition could never receive as an inheritance that which is eternal and glorious in nature (v50). The good news is that living, as well as deceased believers, will have their bodies transformed at the Messiah's return (v51).

So what is this all about? Well, perishable, mortal bodies are unfit to inhabit heaven, they need to be transformed into imperishable, immortal ones (v53). This does not mean that the earthly and heavenly bodies are completely different, for there is a fundamental continuity of identity between the old and new. This can be described like a person putting on a new robe (v54). Paul's quote from Isaiah 25:8 indicates that the sovereign Lord completely checkmates death. In 1 Corinthians 15:55, Paul also quotes from Hosea 13:14 as if to taunt death, who is a loser and does not have ultimate power to inflict harm on God's people.

Death has been described in many ways, like a poisonous hornet or scorpion whose stinger has been pulled. By Jesus' own atoning sacrifice on the cross and resurrection from the grave, He dealt a fatal blow to death. The truth is this: all people must die; but when the Messiah returns, He will raise all who have trusted in Him for eternal life, and they will be rescued from death forever. In this way, the arch-enemy of all humanity, the pain of death, is going to be completely overwhelmed by God's invincible supernatural power.

This pain of death is caused by the presence of sin in the world and in our own personal lives. In 1 Corinthians 15:56, Paul tells us, his readers, that it was through the presence of sin that death received its power to hurt believers. After Adam disobeyed God's command, death invaded his life and the life of all his descendants (cf. Romans 5:12). Sin gains its power from the law by using God's commands to produce all sorts of wrong desires in people and to seduce them into disobeying the Creator (cf. Rom. 7:7-11). The Bible is clear, people who reject the Lord are powerless to resist sin or overcome death. Paul gave thanks to the Father for the triumph available through faith in the Son (1 Cor. 15:57).

Paul, the apostle, exhorts us to remain steadfast in his teaching and resolute in the faith, for we have ultimate victory in the Redeemer (v58). The hope of the Resurrection is meant to spur all on to serve the Lord diligently and wholeheartedly. With such an attitude our efforts will never be wasted, since in Christ they will bear eternal fruit and reap a heavenly reward. From this it is clear that only in Christ can work and leisure be enjoyable, beneficial, and fulfilling for people of faith. So as you reflect on the life of HRH Prince Philip don't ponder on the finality of death, instead ponder on the hope of life everlasting in the presence of the Almighty God, where we will be clothed with a new body fully fit to live eternally.

With every blessing

*Chris Norburn.*



Please note the following changes to the **Local Services Directory**  
The latest version of the directory is available online at  
<http://stmarysrickinghallinferior.onesuffolk.net/local-information/>



| New               | Entry                      | Notes  |
|-------------------|----------------------------|--|
| Andy Warnes       | Redgrave Parish Council    | New member of the Parish Council; phone 07478 337331 |
| Stephen Pattenden | Rickinghall Parish Council | New member of the Parish Council; phone 01379 890442 |

## Message from the Team

### HRH The Duke of Edinburgh

We send our condolences to Her Majesty The Queen and her family  
following the sad loss of Prince Philip  
The end of an era

For all editorial content: editor@rbrparishmag.com

For all commercial adverts: adverts@rbrparishmag.com

To advertise events: events@rbrparishmag.com

Alternatively, please **write** to: *The Parish Magazine, The Rectory, Bury Road, Rickinghall, Diss, Suffolk, IP22 1HA* or **call The Editor** 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

### STUFFING MEETINGS RESUME

- **June issue 10 May (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **21 May (Fri)**
- **July issue 7 June (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **18 June (Fri)**
- **Aug/Sep issue 12 Jul (Mon).** Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on **23 July (Fri)**

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes The Parish Magazine Volunteers

*The views and opinions expressed in this magazine are those of the authors and do not necessarily reflect those of the editorial team.*



## WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.



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# > > > Spring Blossom! < < <

Things are definitely looking much more positive as I find myself struggling to fit in the spring time "blossoming events" that are being sent to me for inclusion in the magazine. Keep them coming!



## **Blossoming Events!**

### **Botesdale Breakfast and After School Club**

The After School Club is open Tuesday-Thursday inclusive. For the Summer term the fees are 1 hour £7.50, 2 hours £12.50, a full session to 6pm £15 (all with a £1 reduction for siblings). Contact Bridget or Paula on 07952 961285 or [botesdaleoutofhours@gmail.com](mailto:botesdaleoutofhours@gmail.com)

### **Farmers' Market**

See ad below. Contact : [rickinghallvh@gmail.com](mailto:rickinghallvh@gmail.com)

### **Places of Worship**

See the *Church Notices* page in this magazine for the denominations' activities

### **RAHOF**

See ad opposite

### **Redgrave Church Heritage Trust**

See ad opposite

### **Redgrave Cross Keys**

See page 11 for re-opening details

### **Suffolk Historic Churches Trust**

See opposite for pending *Ride and Stride* event

### **Rickinghall Ramblers**

See opposite for details of their planned restart in May



## **Warming Up!**

**Pilates** - Contact : Eleanore Garwood 07881 814146

**Dance Fitsteps** - Contact Jill Mitev-Will 01379 897055 / 07800 639141

### **Heritage Circle**

Meetings have been postponed until August at the earliest. The committee of the Heritage Circle is keeping the situation under review. In the meantime, we hope that everyone keeps safe. Contact : Gerry Gurhy

**Redgrave & District Ladies Club** - Nothing new to report. Contact : Rosemary Docherty

### **Redgrave & Lopham Fen**

In line with government guidance about Covid19 and the need for social distancing, all Suffolk Wildlife Trust offices, visitor and learning centres are closed. All school visits, volunteer work parties, activities and events are cancelled. You can still contact us through all the usual channels. We will review the closure at the end of April. Our reserves remain open for individual enjoyment - for nature to replenish and cheer us all. Look out too for our regular nature updates on social media - we're all still trying to do something wild every day. Contact : [redgrave.learning@suffolkwildlifetrust.org](mailto:redgrave.learning@suffolkwildlifetrust.org)

### **Redgrave Luncheon Club**

In the current difficult climate the Redgrave Luncheon Club has had to be suspended. The hope is that when "normality" returns it will resume in the Redgrave Amenities Centre.

### **Rickinghall Further Education Group (RFEG)**

As soon as we know what we can offer again we will be in touch. To be added to our mailing list (normally only two mailshots a year), please contact Sue Emerson 01379 897010 or [emerson500@btinternet.com](mailto:emerson500@btinternet.com)

### **Rickinghall WI**

Our committee will continue to keep our members informed by circulating our Hive letter with news and facts, and will keep in touch with members who live on their own. See our article elsewhere in this magazine.  
Contact : Rosemary Setterfield (President)

## **B&R Parish Infrastructure Investment Plan (PIIP)**

- Update -

There was a very good response to the survey conducted by the PIIP team regarding use of funds for the benefit of the villages' infrastructure. The results of this have been discussed by the team and a report will follow in the next Parish Magazine.

Please refer to the March edition of this magazine for more details of the purpose of the PIIP.

## **Rickinghall Farmers' Market**

9.00 am to 12.30 pm IP22 1HD



**Flying high again: -)**

**Saturday 8 May**



# > > > Emerging from Hibernation! < < <



## Now Open at weekends Summer 2021!

The Walled Garden on the Thornham Walks estate, Thornham Magna, is soon to be open to the public at weekends for the first time in years, thanks to the support of volunteers! Beyond The Wall, the charity giving work and learning opportunities for people with learning disabilities or additional needs has recruited a team of volunteers, some of which are families of attendees of the day service to open the garden to the public. Starting mid-May, the garden will be open every Sunday from 12 to 3pm throughout the summer, giving visitors to Thornham walks the chance to see inside the



The successful vaccination programme in our area has helped and new covid cases are dropping rapidly so we hope these events will be able to go ahead :

- Friday July 2<sup>nd</sup> 7pm - The History of Rickinghall Inferior Church by Roy Tricker, a knowledgeable and amusing speaker, awarded an MBE last year for his services to churches
- Friday October 1<sup>st</sup> 7pm - The Friendly Invasion – the USAAF in WWII Suffolk by Clive Stevens

Further details of these events will follow later. The tea towels kindly designed and printed by Caroline Davidson to raise money for repairs to Rickinghall Church and the new youth workers raised £560.

## REDGRAVE CHURCH HERITAGE TRUST

### ADVANCE GOOD NEWS: A CONCERT

We are delighted to announce that we hope the concert in St Mary's Church, Redgrave, postponed due to Lockdown, will go ahead this September, restrictions permitting:

#### ORLANDO JOPLING

#### Solo Cellist Recital

#### St Mary's Church, Redgrave

Saturday 4th September 2021

Orlando Jopling, international musician and conductor, will play Suites by Bach and Britten. Orlando says he is greatly looking forward to playing at Redgrave this year, as it will be one of his first performances to a live audience post-Lockdown, a special occasion for him. It will also be a special musical occasion for Redgrave Church.

Further details: including ticket prices, later. Book a place for this event by contacting June Shepherd 01379 898827. Sincere apologies for omission of the last letter of Orlando's surname in the April issue of this magazine.

two-acre Victorian Walled Garden. For more details and opening dates please see website [www.beyondthewall.org.uk](http://www.beyondthewall.org.uk).

- free entry (donations towards the charity and additional needs, plus upkeep of the gardens greatly appreciated)
  - plants and produce are available for purchase in the car park
  - well-behaved dogs on a lead are welcome in the garden
- If interested in volunteering in the garden or supporting the charity, contact [hello@beyondthewall.org.uk](mailto:hello@beyondthewall.org.uk) / 01379 788700

## Suffolk Historic Churches Trust

### RIDE AND STRIDE

Saturday 11th September

Get out your bikes, clean your walking boots and cycle or walk around the beautiful countryside and visit churches...  
...and raise money to ensure our churches and chapels are there for generations to come.  
More details to follow : Watch this Space!

## RAHOF

(RICKINGHALL AREA HOSPICE FUNDRAISERS)  
GOOD NEWS! All being well, we hope to hold our popular

### ANNUAL QUIZ NIGHT

with quizmasters Mike Webb & John Kilgannon on Friday 22nd October 2021 at Hinderclay Village Hall 7.00 for 7.30pm. Very Light Finger Buffet. Details on admission, table numbers etc., to be advertised later, when further national Covid ruling is known. **WATCH THIS SPACE!**

## RICKINGHALL RAMBLERS...

... hope to restart walks on Monday 17 May, with another planned for Friday 28 May. These first two will be local walks of about 3.5 miles beginning at Rickinghall Village Hall at 9.15am. We do leave sharply on time. If permitted, a full programme will be planned after these initial walks.

The Rickinghall Ramblers was founded nearly 30 years ago but has been thriving as an informal group who enjoy talking while walking in the local area. Some members take it in turns to organise a walk of four to six miles, meeting at Rickinghall Village Hall on alternate Mondays or Fridays and departing at 9.15am, ie a walk every 10 or 11 days. Walk dates are advertised in the Parish magazine and on notice board posters in Botesdale and Rickinghall. Most walks have 12 -18 walkers. We are not a formal organisation, do not charge any fees, and are not insured.

It has not been possible to walk during the last year because of COVID restrictions - at the time of writing, the government website for COVID has not defined which groups of up to 30 people will be allowed to meet or the conditions for such meetings. The Rickinghall Ramblers will continue to operate on the principle that everyone participates on a walk at their own risk. However, we do hope that we will be able to walk again as a group if we follow these guidelines:

- No one should come on a walk if they or anyone in their household is feeling unwell or suffering from the symptoms of COVID
- On the walk, we should observe social distancing
- Walk leaders should identify possible pinch points where people might bunch together e.g. at a stile or when crossing a road
- Sharing cars is not encouraged but is left to individual choice
- A maximum of only 30 walkers will be allowed until at least 21 June
- A list of walkers will be kept for three weeks in case someone is diagnosed with COVID after a walk

We are looking forward to the opportunity to meet other people from the local area and enjoy a walk in the countryside. Everyone is welcome to come along. Unfortunately, dogs are not allowed on walks.

Gerry Gurhy

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

## Redgrave Community Shop

We are still open every day, however please note the temporary timings, until further notice.

### CURRENT OPENING HOURS

Mon – Sat 8:30 - 1:00pm  
Sun 9:00 - 11:00am

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See page 11 for  
upcoming events!



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Friday and Sunday takeaways to continue

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[gm@redgravecommunitysociety.com](mailto:gm@redgravecommunitysociety.com)

01379 779822

Please check the website and social media for all the latest updates  
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3.30pm – 6.00pm £15.00 per session (£14.00 for siblings)




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PLEASE SEE PAGE 4 FOR LATEST INFORMATION

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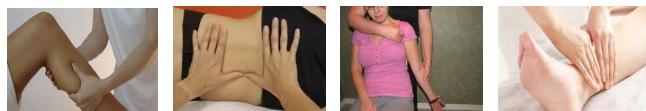
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# Village News

## **Notice of Funds Available for Distribution in Rickinghall – Rickinghall 'Relief in Need' Charities**

There are 4 ancient charities\* in existence in the Parishes of Rickinghall Inferior & Superior that together provide a small annual fund for distribution to those who would benefit from some financial help and who live within the parishes.

For example, the fund can give money to help with an outstanding electricity bill, help with the cost of transport to visit a relative or be provided to buy school uniforms/books/materials required for studies.

There is a fairly broad interpretation of the definition of being "in need" so please do get in touch by letter / email with a brief outline of your request to the Rickinghall Relief In Need Charities to [revchris@rbrchurch.org.uk](mailto:revchris@rbrchurch.org.uk).

\*The Charity of Francis & Thomasine Rookwood- 1568, The Charity of John Browne- 1731, the Charity of Joseph Barnes- 1731, The Charity known as Fuel Allotment- 1819.

Please note, there are similar charities for residents of Botesdale and Redgrave. Again please forward your request to the email address above.

## **RICKINGHALL VILLAGE HALL LOTTERY**

### **The new season starts with the July draw!**

You may well already be a member, or otherwise be aware that we run a monthly Lottery in the village. This has for many years been a significant source of funding for improvements at Rickinghall Village Hall, such as for the new accessible toilet. If you don't already know, we are a registered charity, and as such have to raise all of our own funds.

The Lottery also of course offers monthly prizes to its members. The **first prize every month is a very worthwhile £100**, with a second prize of £50, a third of £20, and three other prizes of £10. The stake for each number held is £1.00 per month, or £12.00 per annum, and you can have as many numbers as you wish.

You may well hear from one of our volunteer collectors, offering you the chance to take part, during the next few weeks, and hopefully you will join our many existing members in supporting your Village Hall, and perhaps be one of our new season's first £100 winners as well.

Meanwhile, should you have any queries, or want more information, do please either call our Lottery Promoter Liz Draper on 01359 251804, or else come and see us at our Lottery stall at the Farmers' Market on the second Saturday of May or June.

Thank you so much, and in particular many thanks to all of our current members for their ongoing support over the years.

## **Community Woodland Group**

What a difference a month makes. Spring has arrived, despite a few little setbacks such as the flurries of snow yesterday and cold winds. So, some of the early blossom has been blown off, leaving the path in Miller's Orchard looking as if someone had spread gravel on it.

It has to be said that that path is narrow and is intended for walking, not for wheeled vehicles. (You know who I mean.)

It's at this time of year that we do our safety checks in Miller's Orchard, which occasionally throw up a small problem - better safe than sorry.

No work has been done on Low Meadow - there is a discussion on what to plant instead of the dead oak by the footpath. Some wildflower seeds have been offered, which is welcome.

On Easter Sunday we worked in Northfield Wood, filling gaps in the hedge by inter-weaving cuttings from that same hedge to make it more difficult for muntjac to get through. It was a lovely, warm day, and we took a coffee break, enjoying Fee's chocolate brownies. Thank you, Fee.

It is lovely to see so many birds and hear them singing. Patrick spotted a long-tailed tit nest in the hedge. What will May bring?

Next work party 2nd May.

Rosemary Jones,  
Botesdale and Rickinghall  
Community Woodland  
7th April, 2021  
01379 890238



## **OIL SYNDICATE**

The next Oil Syndicate purchase will be the Summer one, at the end of July.

As always, e-mail is preferred, if not available call me on: 01379 890952. Leave a message if nobody answers. I will return all messages within 48 hours, if I haven't try again or use a different method.

David Sloan. [botesdaleoil@gmail.com](mailto:botesdaleoil@gmail.com)

**STOP PRESS....** A resident, with whom Bill Cordeaux keeps in touch, has rung him to say that a Swallow was seen over Spring Meadow, Botesdale today, Friday 16 April. He was very excited and wished to let everyone know.

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# Botesdale Parish Council

Leeann Jackson-Eve



## Report from the Botesdale PC Meeting April 2021

All five members of the Parish Council were present for the meeting. The PC is currently down by four members and we'd love to hear from you if you'd like to be more involved in your local community. The time required depends on how much you'd like to get involved and that is totally up to you, but it is usually 3-4 hours a month including the monthly meeting. Just give the Clerk a call or email for more information.

This year the April PC meeting was preceded by the Annual Parish Meeting. The APM provides an opportunity for parishioners to discuss parish affairs, and for village organisations to tell them what they've been doing over the past year. It is not to be confused with the annual meeting of the Parish Council in May, where the Chairman is elected, and other annual business is conducted (similar to an AGM). We have received a surprising number of reports from local organisations, given the current circumstances and the inability in most cases to hold meetings! These will be posted on the BPC website and in the Botesdale Bugle which you will receive in the summer. We then proceeded with the regular meeting of the Parish Council.

**Public Forum:** There were no members of the public present.

**Correspondence:** A resident has gone to some effort to evaluate our three circular walks in Botesdale and Rickingham and sent us a comprehensive plan to improve the waymarking so that they are more easily navigated. We've gratefully taken them up on the offer and are trying to source new waymarkers and posts for the project.

We also received extensive comments on the Recreation Ground Regeneration project from a resident who attended the design presentation at our March meeting. The PC approved a response which addressed all the issues raised.

**Village Assets Refurbishment:** You may recall that we reported in the February magazine about another project to improve our village. Cllr Bavington-Lowe put together a condition report on village assets. The PC has now agreed quotes for the work which will include refurbishing benches, litter and grit bins, notice boards, etc and replacing a few items where necessary. You should see those improvements over the next few months.

**Recreation Ground Regeneration:** The next stage of the Project is focused on getting the necessary funding for the project and increasing community

engagement while the designers continue to fine-tune the design and facilities. The plan for the Project is that work will start on site this autumn with completion marked for Spring 2022.

**Sarah's Wood:** The PC was offered the woodland next to the school as part of the Section 106 agreement Mid Suffolk District Council has with Burgess Homes, who are building the new houses at Back Hills. The Wood, which was originally owned by Sarah Holt-Wilson, is currently partly used by the Pre-School and the rest is unused. We will be talking to the Pre-School and St Botolph's School about its future use in the upcoming months.

**Grant Funding:** Local grants have been agreed for the Parochial Church Council for local churchyard maintenance, the Rickingham Day Centre, Barwoods (for public liability insurance for Millers Orchard) and to the Botesdale After School Club. Most payments will be made in May. If you are a local organisation with need of additional funding for a specific project, please contact the Clerk.

**Walks Leaflets:** These have been extremely popular. If you are unaware of their existence, you can download a copy on the website or get a hard copy from the dispenser opposite the Greyhound Pub. Together with Rickingham PC, we are ordering 3,000 new copies.

**Streams and Footpaths:** A small group of individuals have made a huge difference to the state of the streams at the bottom of Fen Lane. The PC is doing its part to help them by arranging for the removal of two large piles of tree debris!

## THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON

**TUESDAY 4th MAY**

**at 7.00 pm**

— o —

**Due to Covid-19 regulations changing at short notice, please contact the Clerk at least one working day in advance to confirm details for attendance.**

**All residents welcome**

**Your Clerk is: Mrs Leeann Jackson-Eve,  
Wayside Cottage, Cherry Tree Lane,  
Botesdale, Diss, Norfolk, IP22 1DL.**

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# Redgrave Parish Council



## Redgrave April 2021 Report – by the Clerk

All eight councillors attended this meeting on Zoom. Councillors were pleased to welcome Andy Warnes onto the Parish Council, which is now up to full complement!

**Public Forum:** County/District Councillor Jessica Fleming reported that Suffolk Growth are organising and facilitating a range of events and training opportunities throughout 2021/22. Attendance from public and private sector is welcome to help develop tangible actions that can address the challenges and opportunities in revitalising the economy across Suffolk. Email [info@suffolkgrowth.co.uk](mailto:info@suffolkgrowth.co.uk) to register interest.

Suffolk County Council in partnership with Suffolk Constabulary (the Suffolk Roadsafe Partnership) will trial use of ANPR cameras to tackle speeding hot spots across the County as part of a 2-year pilot. An ANPR camera could be installed at a site where there is a problem with speeding and/or rat-running on roads with a 20 or 30mph speed limits. Repeat offences at a particular location could prompt the deployment of SafeCam (the Police's enforcement team) and fines. More information can be found at <https://suffolkroadsafe.com/speeding/speed-prevention-in-communities>

Restart Grants Available as of 1<sup>st</sup> April - Business owners who are rate payers in Mid Suffolk may be eligible for further Covid-19 support grants through the current lockdown. <https://www.midsuffolk.gov.uk/business/business-rates/grant-funding-schemes/>

**Suffolk Lorry Route Review:** A review of Suffolk's heavy goods vehicle (HGV) routes has been planned for some time, the work will resume this coming summer and include a survey for parishes and towns in Suffolk. In the meantime, residents or businesses who wish to give feedback on HGV movements should contact the parish council. Find out more information at: [www.suffolk.gov.uk/roads-and-transport/lorry-management/lorry-route-plan-review-in-suffolk/](http://www.suffolk.gov.uk/roads-and-transport/lorry-management/lorry-route-plan-review-in-suffolk/)

**Litter picks:** Mid Suffolk is once again supporting local litter picks under distancing restrictions. Contact the District Council at [Public.realm@baberghmidsuffolk.gov.uk](mailto:Public.realm@baberghmidsuffolk.gov.uk) if interested in volunteering individually or in small groups.

**Planning:** There was one planning application on land east of Hall Farm, Churchway for change of use of the land for an Electric

Motorcycle Track. It was noted that the application was for retention of a partially constructed track on the site. The PC had no objection subject to certain conditions being met, including commitment to use by electric vehicles only, adequate security to prevent use out of hours, no lighting, restriction of the number of bikes per booking and no use other than by customers there for purchase of goods.

**Neighbourhood Plan:** There had been a delay in updating the Plan and it will now be issued to the PC for discussion at the May meeting.

**Traffic Matters:** The PC discussed several traffic matters including the Speedwatch group's request for an additional vehicle activated sign. Quotes had been received and the group had expressed a preference for a Morelock VAS with a quoted price of £2,753. Funds have been put aside in this year's budget for the purchase and the quote was accepted. The PC also received a resident's request to extend the 30mph zone on Hinderclay Road and has agreed to investigate moving it to Crackthorn Bridge. Finally, the PC had been copied into a letter to Suffolk County Council from a resident relating to the upcoming Suffolk Lorry Route Review. The comments on damaging and disruptive lorry traffic through the village have been noted by the PC for the upcoming review.

**New Dog Bin:** The PC is installing a new dog bin on The Green. Please use it!!

## THE NEXT REDGRAVE PARISH COUNCIL MEETING WILL TAKE PLACE ON

**WEDNESDAY 5th MAY**  
at 7.30 pm

Due to Covid-19 regulations changing at short notice, please contact the Clerk at least one working day in advance to confirm details for attendance.

All residents welcome

Your Clerk is: Mrs Leeann Jackson-Eve,  
Wayside Cottage, Cherry Tree Lane,  
Botesdale, Diss, Norfolk, IP22 1DL.

Tel : 01379 890 141

Email : [redgrave\\_pc@btopenworld.com](mailto:redgrave_pc@btopenworld.com)

Please contact her during OFFICE HOURS ONLY 9AM—5PM

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| Botesdale :  | Farnish House   | 11.40 – 11.55 |

|             |              |               |
|-------------|--------------|---------------|
| Botesdale : | Village Hall | 12.00 – 12.15 |
| Botesdale : | Backhills    | 12.20 – 12.35 |
| Redgrave :  | The Knoll    | 12.45 – 1.05  |

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# Rickinghall Parish Council



## **Parish Council Report April 2021 by Cllr Geoff Short**

At our April meeting we welcomed back Stephen Pattenden to join the council, which helps the numbers, and avoids any 'quorate issues' - thank you, Stephen.

County Councillor Jessica Fleming advised a Government grant had been given to the Suffolk Growth partnership, and training and events would be held to revitalise the local economy.

Testing kits for Covid were being sent to homes rather than test centres for the lateral flow testing programme, but these were not to be recycled in the waste, which was obviously causing problems.

Commercial bus services were being looked at under a full review, as it is unlikely that their use will be restored to pre-Covid levels ever, and they are running with only a handful of passengers.

SCC has invested in some new ANPR speed cameras to identify repeat offenders, which villages can apply to have installed for short periods.

On the District Council, the Draft Local Plan had gone to the Secretary of State and was now in the examination stage. When adopted, it will take over from the Local Plan in use since 1998.

The District Council is now supporting litter picks again, and the Parish Council will organise one later in the year round the village.

We looked at three planning applications, one being a poultry farm enterprise, and two householder improvements in The Street, and all had 'no objection' outcomes.

Likewise, there were three tree applications, in Bury Road, Water Lane and Garden House Lane, and there were also no objections.

Three items of correspondence from residents were discussed, one being to

improve the waymarkers on the circular walks around the village. The resident was offering to erect the signs if we supplied them - an offer we were pleased to accept! For those new to the village, there is a notice board adjacent to the phone box in the Market Place, and this displays the walks. Attached to it is a dispenser with walks leaflets enclosed, and these can be used to assist your way round the footpaths.

A survey was recently sent to groups, clubs and organisations around the village in respect of the Parish Infrastructure Investment Plan requesting input on the CIL funds available. There was a good response, and the results are now being collated.

We give out a pack of information to new residents moving into the village, and there have been quite a few issued recently, both to new build properties and existing houses in the flurry of reduced stamp duty moves that are taking place. So welcome to those new to Rickinghall, and we sincerely hope you quickly settle into your new homes in the village. Let's hope the road map out of lockdown proceeds as planned, and we can all look forward to a good summer with some form of normality.

## **THE NEXT RICKINGHALL PARISH COUNCIL MEETING WILL TAKE PLACE ON THURSDAY 6th MAY**

**at 7.30 pm**

— 0 —

**Due to Covid-19 regulations changing at short notice, please contact the Clerk at least one working day in advance to confirm details for attendance.**

**All residents welcome**

**Your Clerk is: Mrs Leeann Jackson-Eve,  
Wayside Cottage, Cherry Tree Lane,  
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**Tel : 01379 890 141**

**Email : rickinghall\_pc@btopenworld.com**

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## BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP (PPG)

### WEST SUFFOLK HOSPITAL

The PPG have been involved in meetings with the West Suffolk NHS Foundation Trust, to discuss, through the Community Engagement Group, the new West Suffolk Hospital which is to be built in Bury St Edmunds. If you would like to be involved or wish to find out more information visit the website <http://www.wsh.nhs.uk/New-Healthcare-facility/Get-involved.aspx> and complete the expression of interest form.

### MEMORY ISSUES

The PPG are aware that many patients are caring for people or have been diagnosed with Memory Issues and want you to be informed that assistance is at hand. Carolyn Threadgold is available to assist Patients, at this time, with support. Carolyn is related to the Sue Ryder Project Dementia Together, which assists with support for Dementia and Memory Issues. Her contact details are:

work mobile: 07976 709208

email: [Carolyn.Threadgold@suerydercare.org](mailto:Carolyn.Threadgold@suerydercare.org)

There is also a 7-day week helpline for support at 08081 688000 where one of the team is available from 9am - 6pm Weekdays, and 10am - 4pm at weekends. Carolyn wants everyone to know 'A worry shared becomes a worry halved; you are not alone'.

### DISPENSARY SERVICES

The Botesdale Health Centre Partners have requested that the PPG inform all patients that the Dispensary Manager has stated that *"the service has been expanded to include over 75's COVID shielding patients, palliative care, housebound, and those with two or more long term conditions. Please ask the Dispensary Team for information. They have also just recruited two new team members, and the Dispensary is now fully staffed."*

### PPG NEWSLETTERS

The PPG Newsletters with Information and support Information will now to be found on the Botesdale Health Centre Website on a regular basis as paper copies will not now be issued. The Newsletters contain much local information and contacts for support on many conditions.

If the PPG can assist in any way with information or if you would like to be part of the Patient Committee, please do not hesitate to contact us. We have just recruited a new Member and are always eager to engage more Patients to assist us from the Botesdale Health Centre.

Please contact Botesdale PPG at [botesdaleppg@gmail.com](mailto:botesdaleppg@gmail.com) if you would like to know more about your PPG.

Janet Russell PPG Mobile 07787 148947

Email: [BotesdalePPG@gmail.com](mailto:BotesdalePPG@gmail.com)



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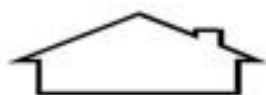
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# Exploring the Past

Jean Sheehan, 01379 890237

## Beryl Waters

HRH Prince Philip died on April 9<sup>th</sup> two months before his one hundredth birthday. Beryl Waters, of Botesdale, sadly died on Christmas Eve 2020, less than four months before reaching one hundred. She had a similar character and sense of humour, putting family and community before herself.



Although Beryl lived in Suffolk for more than seventy years she was born in Ealing, in 1921, and had three elder siblings and a younger brother. She lived in Sunbury on Thames and attended St. Theresa's Convent school until she was sixteen. She enjoyed going to school and often reminisced about the environment of the convent and the nuns' kindness. At the young age of eight she made a personal vow to be open minded towards spirituality and religion.

Beryl left school at sixteen and her family moved to Great Baddow, and she trained as a secretary at Braintree Tutorial College. Her father organised her first job as a shorthand typist at Essex County Council. Beryl was an excellent typist and loved book-keeping but admitted to being awful at shorthand. She did not enjoy the job so left as soon as possible and worked at a kennels in Braintree. Beryl then worked as a ledger clerk for Barclays Bank which she loved. Part of her duties during WWII included fire watching at night at the bank. She often recalled hiding in ditches on the golf course when planes were fighting overhead. During the war Beryl was drafted into the land army as a milk maid. She loved this work until one farmer expected her to hedge and ditch, and only milk the cows once a week. She refused and was required to leave the Land Army. Beryl's next job was working for the Duke of Bedford at Woburn Abbey as farm secretary which she loved.

Beryl came to Suffolk in 1948 to work for Squire John Holt Wilson and Mr Tom Horsfall at Hinderclay Hall. One of her first jobs was to individually reply to the hundreds of people expressing condolences following the fatal accident of Tom's brother Jock Horsfall, the famous racing driver and war time secret agent involved in Operation Mincemeat. After marrying Arthur, the Squire's pig manager, in 1950 in Redgrave Church, they moved into Street Farm, Botesdale.

Jean Bennett (formerly Simonds) and Beryl became great friends after the birth of Jean's first son Simon and before the birth of Beryl's eldest son, Peter, a few months later in June 1951 and they remained close friends all their lives. Shortly before the birth of Beryl's second son John in 1952 the couple bought Lone Pine in Cherry Tree Lane which she lived in for over sixty years. Andrew was born in 1954 and finally Christine was born in 1957. The two families were friends all their lives and had many family holidays together.

Beryl was Captain of the Girl Guides in the 1960s.

The sudden death of her mother in 1963 was followed by Arthur in 1967 after seventeen years of marriage. Beryl never re-married as

she wanted to put her children first. At this time she said she put her faith truly in God to provide for herself and family.

During the 1960s Beryl worked briefly for a travel agency and Elizabeth Craig, a well-known cook and writer who lived at St Catherine's in Botesdale. Beryl then worked as Secretary for Ixworth School for twenty-five years which she really enjoyed. After retiring she did some secretarial work for Simonds Garage of Botesdale.

Beryl did not take things easy in retirement and was very actively engaged in church and community work. She was clerk to Rickinghall and Redgrave Parish Councils, facilitating numerous choirs and treasurer of the 'Forget Me Not Club' in Botesdale which had been founded by her mother. Beryl was organist at the two Rickinghall churches, Redgrave, Botesdale and Hinderclay, and requested that on her gravestone near to the porch of Rickinghall Inferior Church, it should say that she had been organist at Rickinghall for more than fifty years. Beryl took on the role of Churchwarden for Botesdale Chapel of Ease at the age of 90. Although I did not really get to know Beryl personally until 2004, I know how efficient she was at the jobs which she took on. When my husband was Chairman of Redgrave Parish Council for a short time in the 1970s, they had a council meeting one evening and before she went to work the following morning, she brought the completed minutes of the meeting to Redgrave. When I was churchwarden of Rickinghall Inferior Church and the weekly collections from at least two services were mainly collected in cash, she would enter it all in the books and take the money into the post office by Monday afternoon. She even managed to do this for a few weeks after breaking her wrist.

The many talents Beryl had were self-taught including playing the organ, piano, singing, painting, drawing and upholstery. Accountancy was taught to her by her father, Frederick Baker, whom she loved and he moved to Lone Pine after his wife's death, and died at the great age of 102.

Beryl was good at organising events and had even planned her funeral several years in advance and made a recording of her life the day before the covid lockdown in 2020.

Beryl continued driving until after the age of 90, much to her family's consternation. She always said 'the good Lord's looking after me' which fortunately he did. Beryl always told her family she wanted a quiet 90<sup>th</sup> birthday party but then changed her mind and organised a big party with 180 guests.

Her son John sadly was taken ill in 2012 and died in 2013. By this time Beryl's health had also declined and she was in hospital and could not face living in Lone Pine by herself. She moved into Fornham House and then to Walcot Hall Nursing home in Diss in 2016 to be closer to her family whom she loved dearly. She was able to come and stay with them for weekends and meet up with Jean Bennett until the pandemic hit nursing homes. During the final weeks she was allowed to have visits from family and was pleased to hear about the birth of her 4<sup>th</sup> great grandchild a few days before her death.

Although Beryl may not have had the exciting life of the Duke of Edinburgh, her character and age were so similar.

— o —

Thankyou to the Waters family for permission to quote from Beryl's eulogy at her funeral.

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# Exploring the Past Again

Di Maywhort, 01379 898785

## Memories of a difficult year

Last May, after we had been in Lockdown from Coronavirus for a month or so, I wrote about an earlier pandemic that swept through the world, reaching our villages in 1349.

There have been several major plagues in the past that we know of; the Egyptian plagues in the Bible, the Justinian Plague of the 540s, the Black Death, the 1665 plague, the 1918 Spanish Flu. Many were hardly recorded at all and we only know of them through references in other writings.

This pandemic will be recorded in many new ways, such as social media.

At the moment we can remember when things happened, when rules changed, when we had to go into different Tiers or Lockdowns, but in a few years the memories will fade. So we need to remember and document what it was like for us in our villages during this time.

A village history recorder records events of today for future historians, so I have been recording this pandemic and the way the new rules and regulations affected us all. Here are a few of my notes - For instance when our villages, like the rest of the country, went into 'Lockdown' in March 2020 older and vulnerable people had to stay in their homes and 'shield'. People, who could, had to start working from home. Schools closed, with the children having to be 'home schooled', they did not re-open again until September. All the usual village events were cancelled and did not resume even when we came out of Lockdown for the Summer months.

Many things in our lives changed; hands had to be washed with soap for 20 seconds and hand sanitizer appeared in all shops. Social distancing was required - not to get closer than 2 metres to anyone. New words appeared in our vocabulary; Lockdown, self isolate, social distance, shielding, Zoom and of course Coronavirus or Covid-19. When it was suggested by the government that masks should be worn everyone started making them. Scrubs and bags, to put scrubs in, were also being made in the villages for NHS front line staff.

During the first two months every Thursday evening at 8pm people stood at their front doors and clapped for NHS. There were pictures of Rainbows, a symbol of support for the NHS, in many windows and children had also chalked them onto walls along the village street.

The three churches in the villages; the Church of England, Methodist Chapel and Parkview Chapel, immediately organised help for people who were shielding and had to stay in their homes. People volunteered and were organised to help with picking up prescriptions, shopping, posting mail, walking dogs or anything else that might need doing. This was a great community effort.

The Rickinghall Co-op shop stayed open throughout the time of Lockdown. A 'one out one in' policy was implemented so there weren't too many people in the shop at one time. Everyone had to wear masks and follow a one way route round the shop.

The Farm shop also stayed open to buy fresh fruit and vegetables. It has a very small shop space so only one person was allowed in at a time and all had to wear masks. 'Highways', selling their free range meats and home made produce, stayed open and also had a delivery service. The Community Shop in Redgrave was open the whole time, an amazing effort by the volunteers.

Take away meals could be ordered from The Fish and Chip shop and the three village pubs, The Cross Keys, The Bell and The Greyhound. These had to be ordered beforehand and picked up from outside the premises. Not to be able to actually visit a pub was very difficult!

An interesting new way of communicating was the introduction to most of

us of 'Zooming'. Organisations very quickly organised Zoom talks. Most families soon learnt to keep in touch with weekly Zooms. The older generation of Baby Boomers became known as Baby Zoomers. Other forms of social media were useful to keep in touch with what was happening in the neighbourhood.

Ordering goods online became a normal way of buying, although for the first month or so it was very difficult to get a delivery slot from the supermarkets. They ran out of several items - loo rolls, bread flour and pasta were all impossible to get at first. Why loo rolls?!

In July things had been relaxed a little so we were able to go into town, to go shopping. Pubs reopened although only outside tables were available, however by August it was possible to eat at inside tables. These had to be booked in advance and contact details were taken, in case someone was later found to have Covid. Only table service was allowed so people were not permitted to walk around inside.

The Farmers' Market opened again but with only seven stalls in the hall, to comply with the regulations, the rest had to be outside. Luckily during the Summer the weather was good. However the market carried on until December with an outside cafe and everyone wrapping up warmly! It reopened in March.

The village churches stayed closed for services which took place on 'Zoom' or YouTube instead. During the whole time the Parish Magazine was published monthly as it usually is, which was such a good effort by the editorial team.

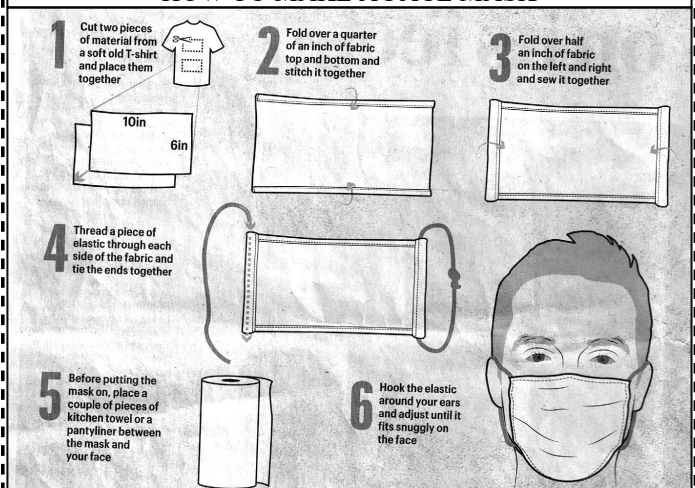
In January we went into a third Lockdown. Schools again had to close, the children being taught via online lessons. People again had to work from home. The pubs had to close but again they offered takeaways. This Lockdown seemed to be far more difficult than the previous two. The first one was during the Summer so time was spent in our gardens. The second one, although in November, only lasted for a month but the early dark nights and grey days made this third one far more depressing than the other two.

By the end of 2020 various vaccines had been developed. The Pfizer vaccine was the first one to become available in December, with the AstraZeneca vaccine starting to be given in January. By March a high proportion of over 60s had had a first dose. Let's hope that the vaccines will save us from having to go into Lockdown again and life will go back to near normal.

*A quote from the Duchess of Cambridge:*

*'When we look back at the Covid-19 experience in decades to come, we will think of the challenges we all faced ... but we will also remember the positives and how together we adapted to a new normal'.*

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# Nyall's Notes

# LOHP Local News

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

When I was a pastor, after a period of rotten weather, one of the congregation asked me, "Can't you do something about this weather?" My answer was, "That's management. I'm sales." God is management. Christians are sales.

Perhaps life should be thought of as a game of snakes and ladders. Covid has produced some very long and nasty snakes in life for many people. Some Christians appear to think that being a Christian means that you only land on ladders. I recently heard an American evangelist actually telling people that. He claimed never to be ill or have any problems and was offering that, for any that put their trust in Jesus Christ.

Let me tell you, "He offers a false hope, a false promise, a false Jesus and a fake message."

The apostle Paul was not only the greatest evangelist, he wrote much of the New Testament showing us what faith in Jesus does for us. Here is how he described his life as he proclaimed the message,

"I experienced great labours, imprisonments, with countless beatings, and was often near death. Five times I received at the hands of the Jews the forty lashes less one. Three times I was beaten with rods.

Once I was stoned. Three times I was shipwrecked; a night and a day I was adrift at sea."

He found that the Christian life often landed him on a snake.

He didn't find being a Christian gave him the easy life often offered by many Christians today. They convince themselves by being inconsistent in life, crediting God with the good and never the bad. By speaking of the blessings but never the hardships.

I observe that many non-Christians can be similarly inconsistent in ignoring the bad. Christianity has a heaven and a hell, eternal life and death and right and wrong. If there is the slightest chance that these exist it is very important to know. A friend once suggested that as you opened your mouth to tell them people can produce three evasive manoeuvres before the first word comes out. I find the same, a mere mention of anything Christian is met with deliberate avoidance of the subject. The probability of having to give account of our lives to God must be far greater than that of getting blood clots from a vaccine, yet society is far more frightened by the latter.

Whether we are Christians or not, life brings the good and the bad. It is a game of snakes and ladders. At the end of life there is a snake but whether we land on it isn't determined by the throw of a dice.

In the Old Testament Jacob had a vision of a ladder reaching up to heaven. He exclaimed, "Surely the Lord is in this place and I didn't know."

Jesus used this vision of Jacob's to present himself as the ladder to heaven.

Stepping onto the ladder now, avoids landing on the snake at the end of life.

*"Behold, there was a ladder set up on the earth, and the top of it reached to heaven. And behold, the angels of God were ascending and descending on it!"*

*Genesis Ch 28 v.12*

*"Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending on the Son of Man."*

*St John Ch 1 v. 51*



Little Ouse  
Headwaters  
Project

*'Now is the perfect moment of the year,  
Half naked branches, half a mist of green,  
Vivid and delicate the slopes appear;  
The cool soft air is neither fierce nor keen.'*

That's by Amy Levy (1861-1889) who I didn't know, but by all accounts was quite a girl!

Ah, May at last! After the grim winter and early spring we have all endured, there is some optimism this month. The swallows, swifts and house martins will have arrived on their epic journey from Africa, along with black caps and chiff chaffs and we should be hearing cuckoos in the Little Ouse valley. Fledglings will start to appear but if you see any of them looking 'lost' please do not attempt to rescue them. Mum and Dad will be nearby.

The orchids on Middle Fen in Thelnetham will start to appear at the end of the month - Do go and see them - they are spectacular; Ladysmock or Cuckooflower will appear on our damp areas and Sheep's Sorrel should be in evidence on heathland at The Frith, Hinderclay Fen and Broomscot Common. Damselflies and Dragonflies will be emerging in ponds and other waterbodies across the LOHP sites.

Our work parties started up again in April and will continue according to government covid guidelines. If you would like to come and help out email us at [enquiries@lohp.org.uk](mailto:enquiries@lohp.org.uk). Talking of volunteering, Thelnetham windmill is looking for people to help out, so if you're interested in mills let us know and we will pass your details on.

You can keep in touch with our activities on our website; [www.lohp.org.uk](http://www.lohp.org.uk) or if you use 'social mee-jaa' on: [www.facebook.com/lohproject](https://www.facebook.com/lohproject) and [www.twitter.com/lohproject](https://www.twitter.com/lohproject).

Come out and enjoy our sites and if I may quote our new chair, Rob Robinson; 'After we have been confined to barracks for so long, get out, look for a bit of fen you haven't seen before, and simply take the time to sit and stare.'

John McCormack





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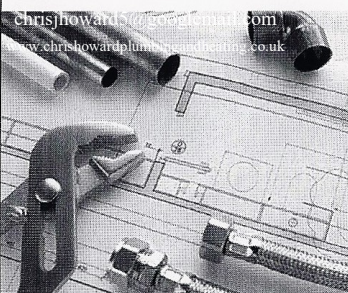
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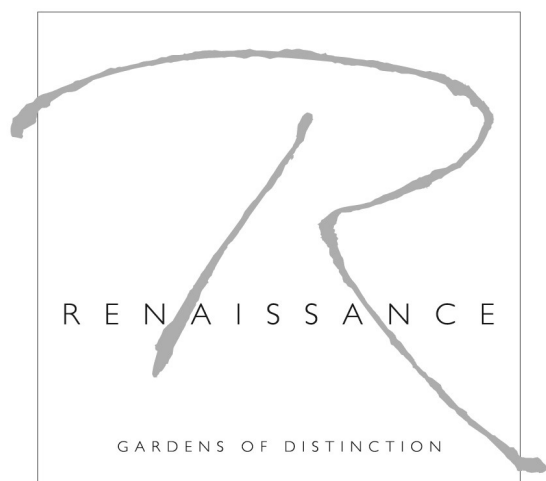
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## IN YOUR GARDEN

My recent piece on the use of peat resulted in a number of you making contact (nice to know the column is actually read) saying peat free alternatives are now more readily available and were going to convert to more environmentally friendly alternatives. That is great news and the more gardeners and the horticultural industry leave peat where it belongs in its natural surroundings, the better for our fragile environment. In a similar vein several also raised the topic of how can they make their garden more wildlife friendly – certainly not for deer, rabbits and wood pigeons. I am thinking more about our essential pollinating friends the bees and their colourful counterparts, the butterfly. Recent figures have shown nearly 300 bee species have been recorded in the UK. That may sound a staggering number, but put into the context of over 16,000 worldwide, it's a mere trifle and sadly 47 of our home species are either at risk or have been lost forever. The story with butterflies is even more dire with nearly 80per cent of our resident and migratory species having declined in the last couple of decades according to the State of UK Butterflies report. This damaging decline is the result of habitat loss, the mass use of pesticides, climate changes and disease from invasive arrivals from foreign climes. So, what can we do to give a helping hand to both the bees and butterflies? Firstly, we can plant up our gardens with varieties rich in nectar and pollen. Nectar is a most important food source whilst pollen provides protein that helps make bees less prone to disease. Not only can we create habitats to welcome them to our gardens but encourage them to stay around. On the question of the sting risk the old adage 'if you don't bother them, they will leave you alone' has always worked where I have been concerned. There's a vast range of plants we can put in our garden to encourage both the bees and butterflies and you should be aiming for varieties that cover the whole growing season as some species are out and about when their natural food is scarce. The ideal mix of flowers would be cottage garden plants such as asters, foxgloves, sedum, salvias, campanula, lavender cosmos, scabious, On the early spring front, bulbs that are good for both bees and butterflies include snowdrops, winter aconite, crocus as well as shrubs such as mahonia, honeysuckle and the bee and butterfly bush supreme – buddleia. For a more comprehensive list go to the RHS web site Plants for Pollinators ([rhs.org.uk](https://www.rhs.org.uk)) For further encouragement, I have left one area of my garden as a wild location primarily because it is overshadowed by tall mature trees on a neighbouring area of land. It is important to set aside such spots so as to provide food, shelter for birds, insects and of course the bees. I know this won't meet with the approval of some gardeners who like to keep things neat and tidy so I suggest a happy medium and devote a bed or two to grow wild flowers to attract the pollinators. If you invite more insects into your garden, they will be attractive to other wildlife, many of which are under serious threat from loss of habitat and sources of food. Varieties of wildflower seeds are available and once they have matured, they will brighten your garden with a display of traditional favourites such as flax, larkspur, poppy, cornflower and borage. The seeds should be scattered on well raked soiled and lightly firmed. It will keep cats and hungry pigeons away by either netting or placing twigs over the area until the plants have fully germinated. If you are lucky, the plants will self-seed to give you a continuing display for years to come. Enjoy your garden.

Lawrence



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The film 'The Dig' tells the story of Basil Brown from Rickingham discovering the Sutton Hoo ship burial. The film has been shown on Netflix with the actor Ralph Fiennes playing the part of Basil to great acclaim. It is expected that the interest shown will encourage tourism to Suffolk and Sutton Hoo and hopefully Rickingham. Since seeing the film many people have suggested that there should be a blue plaque fixed to Basil's house but in the past various organisations have applied to have a plaque put up but it was not allowed even though the owner of the house was in agreement. The last organisation to try was The Suffolk Institute of Archaeology. As they could not get permission, they had a plaque made to be displayed in Rickingham Inferior Church. The plaque was made by Gilbert Burroughes an expert in reproduction Samian ware, (high status Roman Pottery). Gilbert was also a colleague of Basil. It commemorates the 70<sup>th</sup> anniversary of the discovery of the ship burial and depicts the now famous photo of Basil standing in the impression of the boat in the sandy soil.



Yes, at last six of our committee met for the first time since the last lockdown on Monday 29<sup>th</sup> March in our Secretary, Linda's garden. It was sunny but cold so we all needed to keep our coats on.

As well as catching up with each other we also got through a lot of business. We have arranged 5 tea and chats to be hosted by committee members in their gardens during April so that all of our members will be attending one - fingers crossed the weather is kind. Further tea and chats are planned for May. We will also be holding a garden party for members on 5<sup>th</sup> June, in our past President Jenny's garden. Provisionally we will be holding our first 'normal' meeting at the end of June which will be a social 'get together' and members bringing samples of their hobbies during lockdown. We have also set the 2021 AGM for our September meeting.

Lovely Easter cards, made by our Treasurer, Lesley, were given to committee members for distribution to members. The cards had a photo of snowdrops on the front and was in memory of past WI member Jenifer Cordeaux, who planted lots of snowdrops in front of the Chapel of Ease in Botesdale when she and her husband lived next door.

Most of our members have renewed their membership subscriptions. Sadly two members are no longer well enough to continue, Maureen Hayward and Maggie Jenkinson. Maureen has been a long serving member and was President for over ten years, so she will be sadly missed. She has recently moved into Cornwallis Court Care Home in Bury St Edmunds and will be near her family.

At the Suffolk West Federation virtual AGM on 10<sup>th</sup> April the National Federation Chairperson, Lyn Stubbings, sent her sympathy to fellow W.I. Member Her Majesty the Queen on the sad passing of His Royal Highness Prince Philip and said she would be sending a letter of sympathy and support to Her Majesty on behalf of all W.I. Members.

**Rosemary Setterfield - President**



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## BE SCAM SMART

Scammers are stepping up their efforts to harass, pressurise, and steal considerable amounts of money particularly from the elderly and the vulnerable with a barrage of telephone calls and emails. The approaches cover everything from aggressive sales pitches to investment 'opportunities'.

The one thing they have in common, they were not requested by the recipient.

Official figures show that complaints about such attempted fraud have almost doubled in the months following the first national lock down a year ago. Some 13,000 complaints about unwanted telephone calls, texts and emails were recorded. But these numbers do not tell the full story as most people affected don't make an official complaint due primarily to embarrassment.

The figures also indicate that these predators are targetting the elderly and even more despicably, dementia sufferers. One woman with dementia was hounded by an average of 100 nuisance calls a month.

Once again we can only repeat, be very wary of cold calls or emails from unknown sources and **NEVER** give or confirm personal or financial details unless you are 100 per cent sure the approach is bone fide.

As well as the regular scams purporting to be from banks, Post Office, Amazon, DLVC, etc. that have been previously publicised in this column, we have been asked by Trading Standards to alert readers of **fake Curry's PC World** emails being circulated locally.

The emails state the recipient has been selected to win a range of electrical products. These are bogus and not sent by Curry's PC World, but are phishing emails to obtain your personal information.

**If you have received a phone call you believe to be a scam or have been a victim of an online fraud, report it to the Citizens Advice consumer helpline on 0808 223 1133**

**If you have compromised the safety of your bank details, you should contact your bank immediately.**

## WATCH OUT FOR CENSUS SCAMS

Police have issued an urgent alert about bogus Census Field Officers visiting people who have still to complete the 2021 census.

Currently, official census branded reminder letters are being sent out by post to households who have yet to complete their forms.

Bona fide Census Field Officers, who carry official identification, are calling at homes to provide help with compiling the census on line and also advise on any support services available.

However, incidents have been reported of persons posing as census officials targeting homes and obtaining money and personal details by deception.

Census Field Officers will **NEVER** ask for any form of payment, inspect personal documents such as pay slips, passports or birth certificates. Nor will they ask for your bank details or National Insurance number.

**YOU WILL NEVER BE ISSUED WITH A FINE** by a Field Officer or via a text message, phone call or email.

For further information, visit the Action Fraud website:

[www.actionfraud.police.uk/news/watch-out-for-scam-related-to-census-2021](http://www.actionfraud.police.uk/news/watch-out-for-scam-related-to-census-2021)

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# Church Notices



- ♦ The **All Saints, Redgrave weekly Sunday Holy Communion** service has returned
- ♦ Bookings are taken on a first come first served basis, and in response to an email that goes out towards the end of the preceding week. Those not on the email list can reserve a place by emailing Rev Chris Norburn at [revchris@rbrchurch.org.uk](mailto:revchris@rbrchurch.org.uk)
- ♦ The weekly email also has a YouTube link to our channel *RBR Church* for the live streaming of the service, or for later viewing. Thank you for your support.

## ♦ Churches open for private prayer :

*The Chapel of Ease, Botesdale* is open every Wednesday 9.30am-3.30pm.

*St Mary's, Rickinghall* is open every Saturday 9.30am-3.30pm.

Please follow these guidelines :

- ♦ wear a mask before entering the building
- ♦ sanitise your hands on entry to the building using the sanitiser provided
- ♦ leave contact details in the book (please use your own pen)
- ♦ maintain social distancing of 2m at all times, unless you are with people in your social bubble

Enjoy the space, peace and the time to know God's presence.

"Be still and know that I am God" (Psalm 46:10)

## Parkview Chapel Sunday Services and Events

*All services will be at Parkview Chapel and will include Communion.*

*Refreshments will be served to you at your seat from 10.30am each week – please wear a mask if you plan to join us, unless health dictates otherwise. All services will also be live-streamed on the 'Parkview Chapel' Youtube channel. At this stage we will not be hosting any of our other regular events in our building. The events that we are currently running on Zoom will remain on Zoom. We are and will continue to pay full attention to government advice.*

*We are also running a "Virtual Coffee Morning" on Thursdays at 11:00am on Zoom. Please call Kev on 07557 784152 if there is anything we can do to help or if you would like the Zoom information for the Virtual Coffee.*

|                               |                        |
|-------------------------------|------------------------|
| <b>Sunday 2<sup>nd</sup></b>  | One service at 11.00am |
| <b>Sunday 9<sup>th</sup></b>  | One service at 11.00am |
| <b>Sunday 16<sup>th</sup></b> | One service at 11.00am |
| <b>Sunday 23<sup>rd</sup></b> | One service at 11.00am |
| <b>Sunday 30<sup>th</sup></b> | One service at 11.00am |

*At this stage there will be no other groups or meetings, and although we remain really keen to restart all youth and children's groups, Coffee On The Corner, etc. you will understand why we cannot at present.*  
<http://www.parkviewchapel.co.uk>

## A friendly welcome to everyone at Botesdale Methodist Church services and events

**Please note that opening for services will depend on the level of risk of virus transmission decided at the time. Phone 01379 890898 for information on a particular service. If you would like to come to a service it is helpful for us to know in advance so that we can be sure seating is socially distanced.**

**Currently coffee mornings and other meetings remain suspended but we hope to restart in June.**

### Services (all at 10.30am)

|                               |                                  |
|-------------------------------|----------------------------------|
| <b>Sunday 2<sup>nd</sup></b>  | Mr Steve Aspinall                |
| <b>Sunday 9<sup>th</sup></b>  | Rev. Harold Wilkinson            |
| <b>Sunday 16<sup>th</sup></b> | Mr Steve Aspinall                |
| <b>Sunday 23<sup>rd</sup></b> | Pentecost Sunday Mrs Sue Goodwin |
| <b>Sunday 30<sup>th</sup></b> | Local Arrangement                |

## From the Registers

|         |   |
|---------|---|
| 18.3.21 | Funeral service of Allan Chung, Abbey Chapel, West Suffolk Crematorium. Died 16.02.21, age 93                     |
| 15.4.21 | Funeral service of Maud Garnham, Abbey Chapel, West Suffolk Crematorium. Died 21.03.21, age 91                    |
| 28.4.21 | Funeral service of Jean Bennett, Botesdale Methodist Chapel. Burial at Redgrave Churchyard. Died 27.03.21, age 94 |

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## LUCAS FETTES

### ***Changing of the guard – Andrew Dickson Ltd joins Lucas Fettes Financial Planning***

*2020 was a very difficult year for all of us and brought different challenges for businesses. Andrew Dickson Limited had experienced many economic ups and downs since Andrew founded the firm more than 25 years ago. Andrew retired from day to day involvement in 2019, whilst Kevin Froggatt continued to operate the financial advice firm, with Andrew's continuing support. The final stage of Andrew's retirement plan completed in October 2020, when Andrew Dickson Limited joined Lucas Fettes Financial Planning.*

*Lucas Fettes was established in 1980 and provides expert financial planning services to private, corporate and not-for-profit clients. We are an independent chartered financial planning firm and were voted one of the best financial advisers to work for in 2020. We provide a personal service and are open and accessible to our clients at all levels. Our firm recently gained recognition at the annual Professional Adviser Awards by being presented two prestigious titles, Adviser Firm of the Year – Midlands and East Anglia, as well as the Adviser Firm of the Year - UK. This is an outstanding achievement by a fantastic team and really cements the quality of the expert advice provided to our clients.*

*Please telephone our Rickingham office on 01379 890401 for any financial planning advice enquiries.  
Kevin Froggatt (Director) – Lucas Fettes Financial Planning*

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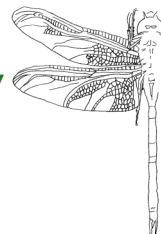
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# To ALL Redgrave, Botesdale and Rickinghall Residents

## COVID-19/Coronavirus Outbreak

These are worrying times but as a community it is good to know that we have been helping and supporting each other. Many of you are already helping friends and neighbours, so thank you for all that you are doing.

This is a reminder of the coordinated plan that we've established to safely offer assistance to anyone, in the community, so that everyone can receive the help they need.

**During this time of lock down many people have volunteered to help with the following:**

- Shopping
- Picking up a prescription
- Posting mail
- A friendly phone call
- Walking your dog
- Light gardening

We are also happy to talk to anyone and, when required, to refer people to other organisations offering support locally and nationally.

If you **need help with any of the above**, **or** can **offer** to help with any of the above please contact one of the following:

|                    |                               |
|--------------------|-------------------------------|
| Rev. Chris Norburn | (Church of England)           |
| 01379 898685       | or revchris@rbrchurch.org.uk  |
| Mr. Brian Shurmer  | (Botesdale Methodist Chapel)  |
| 01379 890898       | or b.r.shurmer42@gmail.com    |
| Mr. Kev Gladwell   | (Parkview Chapel)             |
| 07557 784152       | or kevin@parkviewchapel.co.uk |

Volunteers will then be offered any relevant advice and guidance before their name is passed on to people in need as and when they are requesting help.

***"Cast all your anxiety on him because he cares for you." 1Peter 5v7***

***Sent on behalf of all the churches in these villages.***

*N.B. Coronavirus/Covid-19 is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash hands regularly. Items should be left on the doorstep.*

"Together in these villages we offer Christ's healing grace through our worship and service."

