PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

July 2022



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/

Parish Website: rbrchurch.org.uk St Mary's Rickinghall Inferior www.stmarysrickinghallinferior.onesuffolk.net Instagram: @rbrchurch Email: revchris@rbrchurch.org.uk

Foreword from
Reverend Chris Norburn
Rector of
Redgrave cum Botesdale
with the Rickinghalls
The Rectory, Bury Road,
Rickinghall, Diss. IP22 1HA
Tel: 01379 898685



We've just celebrated the 70th anniversary of our Queen's reign. It was amazing to see the events put on in London, as well as the events more locally, an afternoon tea party in Redgrave, the Platinum Jubilee Fair at Rickinghall and the Community Jubilee Celebration at St Mary's Church, Redgrave on 4th and 5th June, put on by the local churches. All of which were a great success, full of fun and joy. We celebrated our Queen's long reign, her loyalty and dedication to her role and the fact that she is the first British monarch to reign for 70 years. What an achievement and all well worth celebrating.

I am sure the Queen also celebrated God's love and faithfulness towards her. She is a committed Christian; her faith is important and central to her life. Of course this is in line with Scripture. We are to celebrate all that God does for us, for we read in Psalm 107:1 these words, "Give thanks to the Lord, for he is good; his love endures forever." God loves it when we celebrate Him!

Sadly, and I include myself here, we don't celebrate God enough. The people of Israel spent forty years in the wilderness before entering The Promised Land. One of the reasons why it took so long was due to their constant attitude of complaining. Often they said "Oh! The food is better in Egypt, Moses! Have you got us out here to kill us with bitter water? Oh, how we wish we never left Egypt!" Instead of celebrating the supernatural providence of God, they compared it with their life of bondage in Egypt. I'm convinced that God enjoys our celebration more than our complaining. Imagine what could have happened if the nation of Israel celebrated God, His voice, the presence of a Cloud of Glory and the Pillar of fire. I wonder if this would have accelerated their transition into the Promised Land.

I believe that the celebration of God is the key to us increasingly recognising, hearing and seeing Him at work in our life. I remember I was in such awe of His voice, when I heard it the first time. I began to thank Him for it. In the weeks to follow His voice became clearer and more specific. Sadly, there have been blessings that I chose to ignore and they eventually diminished from my life.

Celebration of God also kills comparison and jealousy. Celebrating what God is doing in your life keeps you from comparing yourself to other people. We no longer become jealous of somebody else's blessings, so instead of complaining about others, we will find our self thanking God for them as well. Ah! Now isn't that a nice place to be?

I also believe God likes being around people that love Him and celebrate Him. Think about it, would you go and live with a friend that constantly tells you what a terrible person you are? How you are an absolute waste of life? No, right? Similarly, God's manifest presence is with people that celebrate Him. He will stay where He is most welcome (see also James 4:8).

I'm sure most of you have fallen in love at least once in your lifetime. It's amazing! When you are in love, you celebrate every small detail about the other person. You pay compliments, you appreciate their effort in performing a chore and you notice their makeup, their sense of dressing and so on. I think this culture should be extended to our walk with God where we would take the time to love and celebrate Him. I think we should take more time to tell how awesome and mighty He is.

The Apostle Paul spoke these words in Colossians 3:15b-17, "And be thankful. ¹⁶ Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. ¹⁷ And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him."

A heart of thankfulness is a powerful way to celebrate God. Thankfulness brings us to a heart of worship. We may not find ourselves singing psalms these days as they did in the Bible, but we can Pray the Psalms in thankfulness and draw ourselves near to God. We also have powerful hymns and worship songs we can sing to the Lord each day.

It needs to be said that it takes intention to celebrate God. Without an awareness of giving God glory, honour, and praise, our days will go by without notice of the One who holds each day in His hands. As we make our requests before God it's so important that we are celebrating Him with hearts of thankfulness as well. Every single time a prayer turns into thankfulness to God, our heart finds rest in Him. There is no sweeter place to be.

Is there a way to turn your prayer requests for others into words of thanksgiving? This is hard to do sometimes but when we pray it is good to start by thanking God for the heart, care, and endless compassion He has for them. Every single time a prayer turns into thanksgiving to God He is celebrated.

Our Good God is to be praised and celebrated each and every day! Moment by moment even. Let's make celebrating God a holy habit! Our lives are busy, and we have schedules to keep, but taking the time to celebrate God brings glory and honour to Him. He is to be praised, worshipped, and celebrated! Celebrating God's goodness and faithfulness should be a daily part of our day! Join me in celebrating God with thankfulness today!

With every blessing.

Chis Nahum.



No Changes to the Local Services Directory this month

The latest version of the directory is available online at www.stmarysrickinghallinferior.onesuffolk.net/local-information



Message from the team

So now the Jubilee has been and gone and I think everyone had a good time. Lots of events locally and as far as I know all were a great success. We had three days of lovely weather, unfortunately Sunday was rather dismal but the Rickinghall event was well attended and enjoyed by a good number of people.

There seems to be ever more houses springing up in the villages and we would like to say welcome to the newcomers. I hope you find this magazine helpful for finding events, businesses and tradespeople and the many opportunities for volunteering in the community

Charles Murray

Contacts

For all editorial content: editoratrbrparishmag@gmail.com
For all commercial adverts: advertsatrbrparishmag@gmail.com
To advertise events: editoratrbrparishmag@gmail.com
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Alternatively, please write to: The Parish Magazine, The Rectory,

Bury Road, Rickinghall, Diss, Suffolk, IP22 1HA or call The Editor 01379 890382

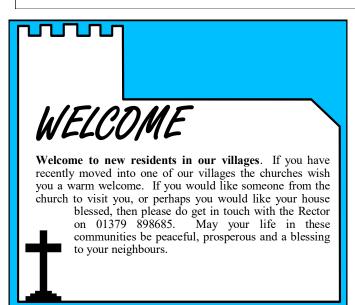
Please note that the copy date for the forthcoming issues is as follows: STUFFING MEETINGS

- <u>July issue 13 June (Mon)</u> Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on 24 June (Fri)
- Aug issue 11 Jul (Mon) Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on 22 July(Fri)
- Oct issue 12 Sept(Mon) Come and help stuff the magazine @ All Saint's, Redgrave—3.15pm on 23 Sep(Fri)

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. .png Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes The Parish Magazine Volunteers

The views and opinions expressed in this magazine are those of the authors and do not necessarily reflect those of the editorial team.





Many of life's failures are people who did not realize how close they were to success when they gave up. -Thomas A. Edison

Redgrave Community Shop

We are still open every day, however please note the temporary timings, until further notice.

CURRENT OPENING HOURS

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STARSVING

EVENTS

FOLK & FOOD SAT 9TH JULY REGGAE BLAST FESTIVAL SAT 6TH AUG

TAP ROOM

Opening Times Tue -Thu 9am - 9pm Fri, Sat, Sun 9am - late

AVAILABLE FOR WEDDINGS & PRIVATE EVENTS

For the latest information: www.starwingbrewery.com Instagram @star wing brewery Twitter @StarWingBrewery Facebook @StarWingBreweryRedgrave

The Old Saw Mill, Hall Farm, Church Road, Redgrave IP22 1RJ 01379 890586



THE CROSS KEYS

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Opening

Closed

30
30
30

Future Events:

MONDAY

Thur 28th July: Acoustic Group 7.30-10pm Sat 30th July: Bikes@theKeys & BBQ Mon 29th Aug: V8 Hot Rods & BBQ

11-4pm

Food Served

PLEASE BOOK IN ADVANCE TO AVOID DISAPPOINTMENT

Takeaways avaílable Frídays and Sundays

Contact us:

Cross Keys, The Street, Redgrave, Diss IP22 1RW gm@redgravecommunitysociety.com

01379 779822

Please check the website and social media for all the latest updates www.crosskeysredgrave.co.uk / Facebook @crosskeyspubredgrave Twitter @KeysRedgrave



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What's on in July?

Festival on the Fens Sun 3rd July 2022 Programme

Opening	11.00am
LOHP Guided Walk	11.30am
Sheep Dog Demonstration	12.00 noon
Simon Barnes – Special Guest	12.30pm
LOHP Guided Walk	1.00pm
The Stanton Musicians	1.00–3.00pm
Sheep Dog Demonstration	2.00pm
LOHP Guided Walk	2.30pm
Festival Close and Thank You	3.45pm-4.00pm

Parkers Piece, Thelnetham

Join us to celebrate 20 years of LOHP

Rural crafts, stalls, special guest Simon Barnes, music, refreshments, art, sheep dog demos, LOHP guided fen walks, Thelnetham Windmill (charge for tour), vintage tractors, children's activities and much, much more...



FREE Entry & Parking Info: www.lohp.org.uk
Location: LOHP, Mill Road, TheInetham, Diss, Suffolk, IP22 1JS
LOHP is a registered charity (number 1098232) and Company (number 4684054) Printed on 100% recycled paper



Green Redgrave Group Bat Talk & Walk by Jon Huckle

All Saints Church, The Street, Redgrave Tuesday 5 July 2022 at 8:30pm



Thelnetham Windmill

will be open between 11am & 4pm on Sunday 3rd July for the Festival on the Fens - Celebrating 20 years of LOHP.

More details at http://thelnethamwindmill.org.uk/

Thursday 14th July 7:30 pm at Rickinghall Village Hall



Ellie Beach will talk about

Celebrating 20 Years of the LOHP

(Little Ouse Headquarters Project)

Competition: Bring Along Something Natural



Regular Events

Redgrave & Lopham Fen

Wild Tots/Wild Babies See website for details

Weekend Wildlife Club for 6-11 year olds. 2nd Saturday of the month, 10.30am-12.30pm

Young Naturalists for 11-16 year olds 2nd Saturday of the month, 1.30pm-3.30pm

Guided walk Fourth Monday of the month, 10am -12noon. A sociable stroll for adults looking at seasonal wildlife

Time to paint Creative & social session for adults. Last Friday of the month, 10am-2pm £5 donation. No need to book

Holiday Club

Tuesday 26 July, 9am-3.30pm For unaccompanied 6-11 year olds Wild play, games and activities.

£25 each, including a healthy, vegetarian lunch **Wild families: Action for Insects** Wednesday 27 July, 2pm-4pm

£5 child, £3 adult

Booking essential for all activities unless otherwise stated. For further details and to book, visit www.suffolkwildlifetrust.org or call 01473 890089

The Green Redgrave Group will be continuing its series of talks on wildlife topics in its efforts to help Redgrave become a Wildlife Friendly Village.

We are very pleased to say that the next talk will be started at the All-Saints Church, The Street, Redgrave on 5th July 2022 and then move on to bat locations! This will cover bats in our locality with a walk to see if we can find some of these fascinating creatures using detectors. It promises to be an extremely interesting experience for young and old alike.

Please do come along – all welcome.

Numbers will have to be limited due to the limited availability of detectors to try out. So please book early to avoid disappointment. Also wear hi-vis clothing if you have it and bring torches if you have them as we will be walking at night.

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Our fees are as follows; Breakfast Club Mon-Fri

From 7.45am

After School Club Mon-Fri

£7.50 for the hour (£6.50 for siblings) $3.25 \mathrm{pm} - 6 \mathrm{pm}$ 3.30 pm - 5.30 pm £12.50 for 2 hours (£11.50 for siblings) 3.30pm -6.00pm £15.00 per session (£14.00 for siblings)

Subscription 2021/2022 £20.00

Please contact Paula 07952 961285 botesdaleoutofhours@gmail.com

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July 9 Aug 6 Aug 27 - 29 Sept 10 Sept 17 Oct 1 Dec 2 & 3

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What Else is Coming Up?

The July Farmers' Market

09.00 am-12.30 pm @ Rickinghall Village Hall

Featuring:-



Rickinghall Classic Car Show, Autojumble & Swap Meet



Saturday 9 July

IP22 1HD





"Coffee On the Corner" Parkview Chapel Botesdale 9:00am Tuesday 12th

Contact Sue Allen at brookview@clara.co.uk / 01379 890423



Botesdale Methodist Church "Coffee down the Lane" Tuesday 26th 10:00am-12:00pm





On 27th July 7:30pm at Rickinghall Village Hall, the Heritage Circle presents Pip Wright talking on

The Class of '63 – eight poor boys attending Earl Stonham **Charity School in 1763**

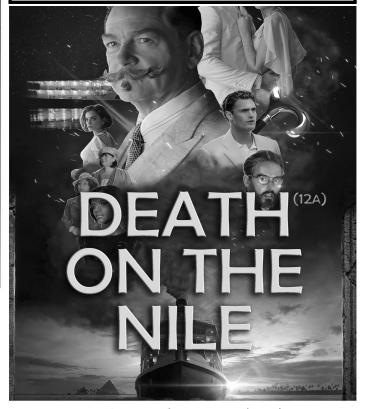
New members & guests welcome Visit onesuffolk.co.uk/HeritageCircle

Motocross Wattisfield Hall



Sunday 18th September Solos - 11.30am start

www.dissmcc.co.uk





Friday 22nd July 7.30pm Eye Community Centre

Tickets £5 from The Handyman, Eye Pharmacy or pay on the door. More information at cinema-at-eye.org.uk

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What's On Later This Year?



THE SUFFOLK HISTORIC CHURCHES TRUST 10th SEPTEMBER 2022 9 am-5 pm

The Annual Sponsored Ride and Stride is a national event, cyclists and walkers all around the country join together to walk and cycle around their counties. We have beautiful Churches and Chapels in Rickinghall, Botesdale and Redgrave that would benefit from money raised for their upkeep so the community can use them for generations to come

For more information about this event and how to take part see web site http://ridestride.org or contact local organisers for information and paper copies of sponsorship forms:

Melanie Wildish for Methodist Chapel 01379 687286 Bob Hayward for St Mary's Redgrave 01379 898726 Lynne Wills for St Mary's Superior, St Mary's Inferior Chapel of Ease Botesdale tel 01379 890732

Quatrefoil invites you to

BRINGING LOCAL HISTORY ALIVE

SUNDAY 4TH SEPTEMBER 2022 10.00 am - 4.00 pm

> RICKINGHALL VILLAGE HALL, HINDERCLAY ROAD, IP22 1HD



This year's theme is

MEMORIES

Memories of life in our villages to listen to and read Bring your own memories too!

- ILLUSTRATED TALKS -

at 10.30 am & 11.00 am repeated at 2.30 pm & 3.00 pm

- LOCAL HISTORY BOOKS FOR SALE -

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A celebration of women and fashion in words and music, old and new

The Shakespeare Singers

(former girl choristers of St Edmundsbury Cathedral)

and Hexachor∂ia



St Mary's Church, Rickinghall Inferior

Saturday 13th August at 6pm

FREE ADMISSION

Retiring collection in aid of the RICKINGHALL INFERIOR CHURCH FABRIC FUND





THE HERITAGE CIRCLE

A friendly and informal History Group www.onesuffolk.co.uk/heritagecircle



ADVANCE NOTICE

On the 26th October 7.30 pm at Rickinghall Village Hall Charlie Haylock will be giving a talk about his experience as dialect coach on the film

"THE DIG".

Due to the local connection with Basil Brown we expect this to be very popular. You are advised to buy tickets early to be sure of a seat.

Tickets available from Chris Mills 01379 831153 email chriscrmills@btinternet.com

> Members £3.00 Visitors £5.00

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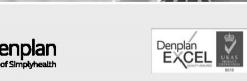
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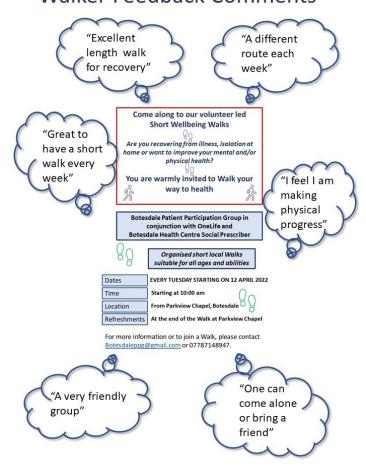
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BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP (PPG) WELLBEING WALKS

Walker Feedback Comments



The Health Centre have asked the PPG to notify Patients about Organisations which have been helpful to some of our Walkers. It may be that one of the Organisations below could assist you or a loved one.

The Stroke Association-

Have a helpline following a Stroke incident (0303 3033 100) or email- helpline@stroke.org.uk How they support-

- 1. Look for stroke services and stroke clubs and groups in your area.
- 2. Join 'My Stroke Guide' for loads of advice and information and a friendly chat forum.
- 3. Find out how a Life After Stroke Grant could help with the cost of daily living.

The British Heart Foundation

Support is available on the Heart Helpline (0300 330 3311) after a heart attack. On this call, you or your carer will be able to speak with a Cardiac Nurse.

Botesdale Health Centre Social Prescriber

Our Botesdale Health Centre Social Prescriber (Jo Burnett 07971 594 685 -<u>Jo.burnett@nhs.net</u>) can assist Patients by exploring, via up to six appointments:

how changes to lifestyle can assist with responding to medical conditions

how to access various clubs assisting with isolation or the requirement to get physically/mentally fitter

We hope you find this information helpful and may consider attending our Walking Group Scheme throughout the Summer.

We walk every week on Tuesday morning at 10 am starting at the Parkview Chapel in Botesdale.

If you, as a Patient of Botesdale Health Centre, have any comments you would like the PPG to be aware of, please contact the below email or phone number. Your comments as a Patient are of great importance to us.

If you are interested to learn how The Patient Participation Group assists Botesdale Health Centre (all Health Centres are required to have a Patient Participation Group now) please do contact botesdaleppg@gmail.com or 07787 148947



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Report from the June 2022 Botesdale PC Meeting

All members of the Parish Council were present for the meeting. There were no members of the public. For information from our! District/County Cllr, please see the Rickinghall PC report.

3 no. heat exchanger units, external vents and 47 no. windows to it bollards instead of legal restrictions to prevent parking. chicken sheds at Grove Flock Farm, The Common. As with the previous application, there was no objection. There was also an !! application at Walnut Tree Farm, Cherry Tree Lane to erect a 2-bay cart lodge and an application for installation of an air-source heat pump and photovoltaic solar panels at St Botolphs VC Primary School. There were no objections to either application.

Recreation Ground Project: The PC has contacted Bennett Homes about future communications during the construction phase of the development at Land South of Diss Road and a requested funding contribution to the Recreation Ground Project as there will be undoubted marketing benefit from the Project that will attract buyers to the Bennett Homes development. Work on the Recreation Ground is progressing but not as quickly as hoped due to contractor staffing issues around the holiday period and a delay finishing a previous job. The PC is confident that the delay will not affect the overall timetable to any significant degree. A funding report noted that the Public Works Loan Board has responded to the application for borrowing approval with a request to add the borrowing term information to the PC's previous resolution to seek approval. (This has been done.) The PC is also working on an Operations and Maintenance document which outlines initial considerations for the future management of the Recreation Ground. Finally, we are pleased to say that the Community Art Project has received a good response so far and there are already enough entries to make a successful display!

Correspondence: MSDC has written to say that they will "spruce up" dog and litter bins throughout the district, adding stickers to each bin encouraging responsible disposal of dog waste. Walshamle-Willows Parish Council wrote about a development at the Shepherd's Grove site in Stanton and its impact on other parishes, particularly via increased traffic on the A143. The PC has asked to be kept informed. The Suffolk Association of Local Councils has invited the PC to nominate individuals or groups for Suffolk Community Awards with a closing date of 17 July 2022. Any thoughts on this?

October Meeting Date: The PC has agreed a change of meeting date from 3 October to Monday, 10 October at 7pm.

We've received responses to the following SCC Highways reports, some after a significant period of time:

Missing steps at bridge before the boardwalk near the Event Co this has been added to SCC's Public Rights of Way work

! Faded 30mph signs on Mill Road North - these will be resolved by early July.

Damaged directional signs at the Diss Road/A143 junction - these have been added to SCC's potential works programme and will be repaired if and when funding allows.

Damaged culvert at end of Fen Lane – the damage is not considered a priority for repair and will be monitored.

Request for bollards to prevent parking on The Street opposite the Planning: There was a reconsultation application for installation of ! entrance to Bridewell Lane - SCC does not recommend the use of



Botesdale Recreation Ground - A Place for Everyone

When the Project to regenerate the Recreation Ground was established, one of the key objectives was to include health and wellbeing facilities for all age groups.

Working with our designers James Blake Associates, specialist equipment suppliers Caloo and health professionals, we have selected a package of nine pieces of equipment (Stepper, Cross Rider Duo, Parallel Bars, Body Twist, Arm Bike, Horizontal Bars, Cycle, Rider, Overhead Ladder). The package includes facilities suitable for all ages, capabilities and needs including fitness and recuperation from illness.

Caloo will be providing full instructions for using individual items of equipment (which can also be accessed on-line or via individual equipment QR Codes), as well as offering multi equipment health and fitness programmes. We are also linking with local health and wellbeing groups including the Botesdale Health Centre. The groups will be offering classes as well as tailored health and wellbeing programmes.

If you want to know more about the Project or are keen to get involved with its establishment as a major recreational facility in the village, please do not hesitate to contact us at:

botesdalergrp@gmail.com.

THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON

MONDAY 4th JULY

at 7.00 pm at Botesdale Village Hall

All residents welcome www.botesdale.suffolk.gov.uk

Your Clerk is: Mrs Leeann Jackson-Eve. Wayside Cottage, Cherry Tree Lane, Botesdale, Diss, Norfolk, IP22 1DL.

Tel: 01379 890 141

Email: botesdale pc@btopenworld.com

Please contact her during OFFICE HOURS ONLY 9AM—5PM

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Redgrave Parish Council



Redgrave Jun 2022 Report - by the Chairman

Six councillors attended this meeting with apologies accepted from Frank Gillett. Our local Ward Councillor, Jessica Fleming, also tendered her apologies.

Public Forum: A resident raised the topic of lorry traffic through the village. He noted that the lorry survey undertaken in Dec 21 had shown significant amounts of lorry traffic using The Street through Redgrave, many of which were due to traffic in and out of the Gressingham duck factory. He expressed the deep concern of residents at the speed of some of these lorries, the mounting of lorries on pavements, the noise and vibration caused especially at night and at weekends, and the potential damage to health from particulates and to the structures of buildings. He proposed a series of actions for the Parish Council (1) Engagement with Gressingham to see if we could agree to keep lorries out of the village at night and at weekends. (2) A 20-mph speed limit through the village with chicanes or other traffic calming measures to help reinforce this speed limit. (3) Extending pavement widths in locations where they were currently too narrow and where lorries regularly mount the pavement. (4) Suffolk Highways staffs to visit the village and engage with the village in developing suitable measures for controlling traffic. The Council agreed to assist where possible, noting however that similar measures had been rejected by the Suffolk County Council Highways departments in the past.

Planning: The PC considered 2 Planning Applications. The first was for street naming on the new development off Hall Lane; a sizeable minority of Councillors objected to the use of the proposed names for this new development. It was agreed that this objection would be raised to the Building Control Department at BMSDC. The second was for the felling of a spruce tree at Felix Cottage; this application was agreed unanimously by the Council.

Neighbourhood Plan: The Neighbourhood Plan Referendum was proceeding as planned for 7 Jul 22 in the Redgrave Amenities Centre. This was notwithstanding the receipt of the formal notification from Llanover solicitors to terminate the Tenancy at Will on the land (see below).

Redgrave Recreation Ground/Activities Centre Site Lease: It was noted that the RAT had received notification of termination of the Tenancy at Will agreement for use of the Recreation Ground from Llanover's solicitors and a request to remove all structures and goods by 25 Jun 22. The RAT had responded to this letter on 31 May 22 advising that the notification was in contradiction to the terms of the Tenancy at Will agreement. The RAT representative

to the meeting noted that the letter only covered RAT structures and goods and did not cover any other similar items such as those owned by the Parish Council. A meeting had been held on 31 May 22 with all interested parties to look at how the long-term future of the recreation ground could be secured and to put in place contingency plans in the event that the PC and RAT no longer had access to the land.

Council Documents: The PC's Freedom of Information (FOI) Act Policy & Publication Scheme; Grievance Policy; Donations & Grants Policy; Internal Control Statement have all been reviewed, updated and adopted.

Internal Report and External Audit: The Annual Governance and Accountability Returns (AGAR) for the Redgrave Parish Council for the year ending 31 Mar 22 had been sent to the external auditors, PKF Littlejohn, on 16 May 22. These returns included the Annual Governance Statement, Accounting Statements, Annual Internal Audit Report, Bank Reconciliation Statement and the Confirmation of the Dates for the Period for the Exercise of Public Rights Form.

Vacancies: There is still a vacancy for the position of Councillor. In addition, there is now a vacancy for a new Parish Clerk. Please contact the Chairman if you are interested in either of these positions.

THE NEXT PARISH COUNCIL MEETING WILL TAKE PLACE ON

WEDNESDAY 6th JULY

at 7.30 pm

LOCATION TO BE CONFIRMED

The final location will be published with the agenda and distributed via our website and on the village notice board before the meeting.

All parishioners are cordially invited to attend.

In the absence of a Parish Clerk please contact the Chairman for all matters relating to Parish Council business:

Andy Warnes

Holt House, The Green, Redgrave, IP22 1RR

Tel: 07478 337331

E-mail: awarnes@btinternet.com

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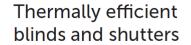
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Village Green





Rickinghall Parish Council Report 8th June 2022 Report by Clir Andrew Gordon

With apologies for absence received from Cllr Geoff Short, the meeting was chaired by Cllr Gillian Crossley-Holland, as Vice-Chair.

Public Forum

On behalf of Suffolk County Council, Cllr Fleming reported with:

- an update on the Katch electric taxi-bus scheme, the trial to be extended until the end of the year.
- a reminder that anyone responsible for a child born between 1 Sept 2017 and 31 Aug 2018 should apply immediately to SCC (Tele 0345 600 0981) for a school place;
- an update on the 'Quiet Lanes' scheme, now covering over 248 miles of Suffolk roads details are available on the Quiet Lanes Suffolk website;
- an invitation for archive material relating to the recent Diamond Jubilee celebrations photographs, programmes, invitations and leaflets, etc - to be donated to Suffolk Archives;
- a reminder that the consultation period relating to National Grid's proposal for a 400 kV line between Norwich and Tilbury will close on 16 June;
- a report that Mid-Suffolk CC is currently consulting with town and parish councils regarding a new off-street and on-street parking strategy;
- an update on progress relating to the Local Cycling & Walking Infrastructure Plan following recent consultations;
- a report that a campaign is underway to remind residents of what should, and what should not, go into our recycling bins.

Planning Applications and Decisions

The meeting discussed an application for the erection of a double garage / cart lodge behind Hamblyn House, The Street, with one public objection received. Subject to consideration regarding the potential loss of light to the next-door property, which we hope the neighbours will be able to resolve, the Council had no objection.

An application from the Bell Inn, The Street, for permission and Listed Building Consent to install solar (photovoltaic) panels to the roof of the rear building. No objection.

The Council was notified of decisions by Mid Suffolk CC to permit:

- the replacement of a chimney stack at Tiger Cottage, The Street;
- the replacement of five windows and three doors at Hall House, The Street;
- the reduction in height of a pine tree at Riverslea, Water Lane;
- the felling of a maple tree at Underwood House, The Street.

Tree Works

An application from Hall House Cottage, The Street, to fell a cherry tree. No objection.

Correspondence

The meeting noted:

- confirmation of an addition to the definitive map of a public footpath from the junction of Rickinghall Superior footpath 26 and Rickinghall Inferior footpath 6;
- information from Mid Suffolk CC relating to a 'spruce-up' of dog and litter bins throughout the district, which it is hoped will further encourage dog walkers to dispose of their waste responsibly;
- information from Walsham-le-Willows PC relating to proposed commercial development at the Shepherd's Grove site in Stanton and its potential for an increase in traffic levels locally;
- a deadline of 17 July to nominate individuals or groups for Suffolk Community Awards - we agreed to consider this further at our next meeting.

RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON

THURSDAY 30th JUNE

at 7.30 pm

AT RICKINGHALL VILLAGE HALL

All residents are very welcome www.rickinghall.onesuffolk.net

Your Clerk is:

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Village News

OIL SYNDICATE



The next Oil Syndicate Order will be the summer one at the end of July.

Final Order Day will be Saturday 23 July.

As always, e-mail is preferred:

botesdaleoil@gmail.com

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I will return all messages within 48 hours, if I haven't done so try again or use a different method.

If I have not told you that "You are on the list", you are

Let us hope that the price this time is a little more sensible than it was for the Spring Order, but I'm not holding my breath.

David Sloan.



Roy Tricker Evening

We would like to thank Roy Tricker for coming to Rickinghall Inferior Church to talk about the history of the building since the round tower was built circa 1200. This

was the third year we had arranged the evening but had to cancel due to covid. The Rector wrote in his email regarding the talk:

Last night we had a very entertaining evening at Rickinghall Church when Roy Tricker talked us through the history of the building. The evening included being led outside to view the building from different angles as he pointed out the various styles of architecture that can be found. It was fascinating to hear how building fashions changed over the centuries.

It was a perfect summer's evening for the event. We would like to thank Roy, the people who attended the evening and the helpers. Donations for the evening raised £231 and six guide-books were sold, which helped towards the amount needed to retile the north slope of the chancel roof and subsequent repairs needed to the ceiling and guttering, estimated at £50,000-£60,000.

Tennis Court Hire

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Community Woodland

Something different this month. Instead of working on one of our sites, we joined in some of the Platinum Jubilee events by presenting a small display, skilfully designed by Martha Duxon of Redgrave. This display emphasized early work in 2006 when we had no sites to look after: supported by the Green Light Trust, we liaised with Botesdale Primary School where we built a bed for the annual planting of tree seeds and we also planted an oak.

Our display was placed next to that of the Little Ouse Headwaters Project, two environment groups together.

Anita has trimmed back some of the nettles by the path in Miller's Orchard and there is still a job to do in Low Meadow pulling up cleavers, especially by the new hedge.

Rosemary Jones, Botesdale and Rickinghall Community Woodland 10th June, 2022 01379 890238







Notes from the Green Redgrave Group

In June we continued our series of (roughly) monthly talks with a fascinating presentation by Ben Potterton of Shorelands Wildlife Centre at Dickleburgh on Gardening for Wildlife. Ben is an absorbing speaker who showed us how planting and growing for wildlife can be effective, fun and beautiful. The talk was much appreciated for its humour and wealth of information passed on by the large audience. We are hoping to arrange a team visit to Ben's place in the near future – more details will follow if we can sort this out. More of what Ben is doing at the Shorelands Wildlife Centre can be followed at his webpage at https://www.facebook.com/

Our next talk will actually be a Bat Talk & Walk. This is scheduled for Tuesday 5 Jul 22 starting at All-Saints Church Redgrave at 8.30pm. We will be going out after dark to see if we can find these elusive but fascinating creatures using bat detectors (so wear Hi-Vis clothing and bring a torch). This promises to be fun and enlightening for all age groups. But attendance will have to be restricted because of the limited numbers of detectors available – so book early; see details of how to do this in the separate advertisement for the event in this magazine. (we may hold a reserve list for a repeat performance later in the year if demand is high)

Our plans for the development of the Old School Playing Field are having to be held back a little because of the consequential knock-on of Llanover's termination of the lease on the Redgrave Recreation Ground. We may have to adjust our plans to accommodate a children's play area on the land in the event that we cannot resolve the issue with Llanover.

We are still looking for people to let us know what they see in terms of interesting wildlife in the area as part of our citizen science work. We have had reports of a Lime Hawk Moth and an Hummingbird Hawk Moth in recent days. We need all such sightings recorded in the iRecord database to make sure that the existence of these (often rare) creatures are logged and noted. Our efforts are really valuable in this respect. Please let us know if you see more; details of what, where and when you see wildlife would be helpful.

We are still keen to get enthusiastic volunteers to help us progress our activities. If you want to contribute or just learn about wildlife friendly activities then please join us. We would love to hear from you. Contact Andy Warnes (by email awarnes@btinternet.com or on 07478 337331) for more details.

<u>'CHURCHES TOGETHER'</u> PLATINUM JUBILEE CELEBRATION WEEKEND

To mark the Queen's Platinum Jubilee the three Churches in the community got together and organised what was a great weekend of activities.

On the Saturday we held an Exhibition Day at St. Mary's Church in Redgrave. Many local clubs and organisations were present with stalls and information on what they do and how to join in.

Amongst other things there was a chill-out zone for young people and activities for children. At the refreshments area we had tea, coffee and cakes galore.

There was a video recognising the Queen, her reign, and her faith in God. When the video wasn't on we had music from the 1950's playing in the background. And when there was no music or video we had the organ being played for us.

We even got a chance to have a go at bell ringing, after which Ellie, aged 9, said, "That was great fun!" and was disappointed when she couldn't have another go.

On the Sunday we held a service together with all three Churches playing their part. We used the theme, 'Remember – Celebrate – Anticipate.' It was also Pentecost Sunday, something we recognised as part of the service too.

We sang three verses of the National Anthem (never knew that!) We heard memories from someone who remembered the Queen's Coronation. And we heard three short challenges based on our theme.

Both events were really well attended. Thank you to everyone who was involved in the planning, t all who took part, and to everyone who came along!

Many thanks

Kev Gladwell
Pastor, Parkview Chapel
(On behalf of the Anglican Church, Botesdale Methodist
Church & Parkview Chapel)

ROGUE TRADER WARNING

'Nottingham Knockers' back on doorsteps

Be on your guard of young men cold calling in our area claiming to be ex offenders working as part of their rehabilitation programme to 'mend their ways'. They generally carry large holdall type bags containing an assortment of household products of inferior quality including packages kitchen knives and scissors which they 'hard sell' at very high prices.

They are in fact part of an organised group of notorious rogue traders known as the Nottingham Knockers who travel around the country and are not part in any officially recognized offenders rehabilitation programme. They are trading illegally as they do not possess Pedlar's certificates issued by the Police.

Trading Standards advise you should refrain from buying on the doorstep and not buckle to emotional pressure that you are supporting good works.



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Club News



Visiting Churches - Stuart Bowell

Stuart Bowell gave a very interesting, well-illustrated talk about visiting churches to the May meeting of the Heritage Circle at Rickinghall Village Hall. He said that many people visit churches for a variety of reasons. There are believers who attend services

regularly. Others go to their church for a particular festival, such as Christmas or Easter. He identified a group that he called 'four wheelers' who are people who travel to a church in a pram to be baptised, in a car to be married and in a hearse when they have passed away. For these people, a church is a place of worship. However, others are drawn to visit churches because they are part of our heritage. They are often beautiful, peaceful places akin to a museum.

The exterior of the church provides a lot of information about the history of the church. Suffolk and Norfolk have a great number of churches and many of these date from the Norman period of the 11th and 12th centuries. They often have a circular tower made of flint because this was a cheap, easily available building material. It was often just picked up from the surrounding fields. An example of this design is Gissing church. Better endowed churches have square towers which required an imported stone, especially limestone, to make secure edges. It is not possible to make a straight edge with flint. At a later period, Norman towers were embellished, for example the church at South Lopham has battlements and at Eddingthorpe in Norfolk, the circular flint tower has an octagonal top which was probably added during the 13th century. The exact dates for changes to churches before the 15th century are uncertain as there are few documents recording them.

The doors, porches and windows of a church also provide evidence of when it was built. Hales Church, Norfolk has a beautifully ornate Norman doorway with pillars and rich decoration. The church at Cley has an impressive porch. Many windows have been altered over time to provide more light.

The baptismal font is often near to the entrance to a church. These may be large and highly decorated. St Peter's Church, Ipswich is now an arts centre but it has a Norman font with a black marble top with carvings which were probably intended to be lions. The fonts were large so that a baby could be dipped in the water to drive out the devil. Fonts also tend to have a locked cover. These were added later to prevent holy water being taken and used by witches in their spells. The roof of the nave often has hammer beams and carvings, especially of angels. The church at Needham Market has one of the finest gothic roofs in a church in England.

The Reformation had a considerable impact upon the interior of churches. The pulpit became more important as the sermon was a central part of services. Ornate decoration was either removed or whitewashed. The Wenhaston Doom is a magnificent medieval painting of Doomsday which was uncovered by chance. It shows the judgement of who will gain entry to heaven. It was a powerful image for a largely illiterate congregation. Similar messages were delivered through carvings on the pews, for example at Blythburgh Church there are warnings about the seven deadly sins, and on stain glass windows. Memorial plaques, tombs and graveyards often contain considerable social history. Churches are important. They have been given to us by the people who have gone before us and we should preserve them for the people who come after us.

The next meeting of the Heritage Circle will be on Wednesday 22 June at Rickinghall Village Hall when Pip Wright will talk about *The Class of '63 – The story of eight poor boys attending Earl Stonham Charity School in 1763*. New members and visitors are very welcome. Further information is available at www.heritagecircle.onesuffolk.net

Gerry Gurhy



Another sunny day and another lovely group of visitors. We started very quietly, a few folks ambled in, the walkers arrived and set off for their walk, my childminding neighbour arrived with her daughter, her father and a group of 7 delightful young children and ... we got busy!

For those of you who haven't noticed, the sign on the front of the Chapel building reads

"Parkview Chapel - A Church for the Community" and we are always delighted when we can offer an event which involves so many people from so many different areas - walkers, church members, non-church members, neighbours, children and, of course, the drinkers and munchers! All really are welcome to this once a month event. There was chat, laughter, friendship and a great feeling of community. If you haven't come along before, do please feel free to come next time - either with a friend, neighbour or family member or, if you wish, just come on your own. We will ensure that you are introduced to others and made to feel welcome. If other tables are full, we will ensure that we bring out an extra table and sit and chat with you until others arrive - if you are feeling a bit nervous about this idea, then why not give me a call prior to coming and I can look out for you!

As any of you who have read the news recently will know, there are lots of folks struggling with finances at the moment and the call on the local food banks has gone up, whilst, in some instances, the usual donations have gone down as others are less able to be as generous as they may have been in the past. Our local outlet, the Waveney Foodbank are currently feeding around 1,000 people per month and they expect this number to go up in the coming months, as prices continue to rise. Those of you who kindly donated can be sure that the £93.40 that was in the change pots at the end of the morning, will be gratefully received and go some way to alleviating the struggles. As always, a big thank you!

Next month we shall be organising Coffee on the Corner on the second Tuesday, as always ... 12th July, opening our doors at 9am and closing them around 12 noon. Those of you who know Sherrie (who helps to serve coffees and cakes at our events) may also be aware that she volunteers at the PACT charity shop in Diss. PACT are the largest "All animal" rescue charity in Norfolk and, like all other charities, need financial help.

Do come along, have a drink and a chat and, if you are able, make a donation for the refreshments. We don't take out any expenses at all from the money that is donated ... it all goes to the charity we have nominated for a particular month.

Just a brief plug for another community event ... some of you will know that I often have a stall at Rickinghall Farmers' Market (2nd Saturday of each month). Just recently the number of visitors seems to have fallen. If you haven't been before, or don't come regularly, it really is worth coming in. The quality of the food is fantastic and the producers there will be able to tell you exactly where it has been produced. Why not put the date for the Market for next month in your diary now - Saturday 9th July?

In the meantime, I wish you all the very best.

Sue Allen

If you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423. Alternatively, try Kevin Gladwell, our Community Pastor on 01379 898924.

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Nyall's Notes LOHP Local News

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

I have just read an article by a doctor which states that dying is actually a peaceful process. It may be, but it still leaves the question as to whether anything comes next. The Bible states that, "It is for man to die once but after that comes the judgment."

The first reaction of many to that statement must be, "To die once? How could you die twice?"

The question has both logic and an answer, for the Bible talks of a second death and describes it as a lake of fire. It sounds as though this is best avoided which would mean coming out of the judgment with the verdict of not guilty but would I even be bold enough to plead, "Not guilty?"

Judges are there to determine the penalty, not to let people off. In Christianity the only way to obtain a 'not guilty' verdict is to have the penalty paid for on this side of death. Jesus Christ has made that offer and we only have to accept. Then the verdict becomes, "No more to pay."

What happens then? The Bible is clear if lacking detail for it says, "Precious in the sight of the Lord is the death of his saints." In the Bible all Christians are Saints. It doesn't need the Pope, neither does it need a significant miracle, the beatification process occurs in heaven at the moment any person becomes a Christian. If you are a Christian, God regards your death as something precious. The gates of heaven will swing wide open and you'll be welcomed in with a big smile and much joy by Jesus saying, "I'm so pleased to see you." What's more, you will find it to be far better than anything experienced here on earth.

Paul was in prison facing trial. It was freedom or the death penalty. With this in mind he says, "I am hard pressed between the two. My desire is to depart and be with Christ, for that is far better."

For the Christian death is simply the process whereby that person is ushered into the presence of Jesus Christ. If you have lost a Christian friend or partner please take comfort in the fact that they are in the best possible place. Yes, we will grieve and miss them. but we couldn't wish for anywhere better for them.

The Bible promises that, "He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning nor crying nor pain anymore, for the former things have passed away." That can't be bad, can it?

We often hear the words of Jesus quoted at funeral services, "In my Father's house are many mansions, I go to prepare a place. The word 'mansions' is literally rooms. I like to think that when someone accepts Jesus into their life he gets out a name plate, screwdriver etc. and attaches it to the door of a room that he has especially chosen for them.

There is a second death to be avoided and a place in heaven to be sought after and it will be great.

"Though the worms destroy this body, yet in my flesh shall I see God."

Job Ch 19 v.26



Conservation & Community

Loud is the summer's busy song The smallest breeze can find a tongue, While insects of each tiny size Grow teasing with their melodies, Till noon burns with it's blistering breath Around, and day lies still as death.

John Clare (1793-1864)

July is when most birds should have finished nesting and there are large numbers of young tits, blackbirds, etc, chasing their exhausted parents for food! Cuckoos and reed warblers have been seen over Hinderclay Fen; and look out for kingfishers along the Little Ouse.

This is butterfly time. Meadow Browns and Gatekeepers are commonest on grassland. Listen out for crickets and grasshoppers who will have reached full size, and dragonflies will; be zooming over water, the largest being the Emperor - the male is blue and the female is green.

Meadowsweet, with it's heady scent will be in: bloom in damp places and the heather will be in flower on Hinderclay Fen. The orchids on Middle Fen in Thelnetham should still be in: flower and we are delighted that many of them! have migrated to our New Fen site next door.

Just to remind you that our 'Festival on the' Fens' will take place on Parkers Piece, Thelnetham (IP22 1JS) on Sunday 3rd July from 11am to 4pm. The Windmill will also be open. Entrance to our event (and parking) is free. There is a charge for windmill tours. It should be a fun day out for all ages, with rural crafts, beer, sheepdog demos, cream teas, coffee, guided walks, vintage tractors, and our special; guest, Simon Barnes (How to be a Bad Bird) Watcher, Rewild Yourself). Come along and celebrate twenty years of the Little Ouse Headwaters Project with us. You might even! decide to join as a member! £10 to become a 'Friend of the Fens' or £42 to become a' 'Supporter of the Fens'. (per household, $6 \, \frac{1}{4} \,$ people max).

John McCormack



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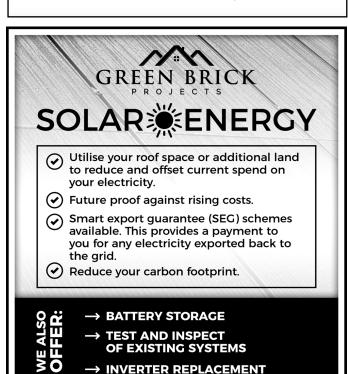
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Exploring the Past

Jean Sheehan, 01379 890237

Queen Victoria's Diamond Jubilee 1897 in Redgrave and Botesdale

Last month I wrote about the plans of the committees who were organising Redgrave's Diamond Jubilee celebrations in 1897. At this time Redgrave and Botesdale were one ecclesiastical parish and Upper and Lower Rickinghall were two separate parishes. This is the report written in the Hartismere Deanery Magazine in July 1897, much of which would cause offence nowadays.

"The Diamond Jubilee has of course with us, as with others, absorbed much of our attention, time and money. Much anxiety was felt on the 18th, 19th and 20th of the month now passed as to what the weather would be - as these days were cold, cheerless and uncomfortable – yet now that we look back at them, we see how much good resulted from those three days. Thousands of bullocks and other animals or birds were slaughtered all over Great Britain to meet the festive wants of the nation – and if these days had been sultry much loss of valuable provision must have ensued – so that even these cool cheerless days ministered to the better celebration of the One Grand Day. The suspense, too, which these days engendered would increase the appreciation of the glorious day which shone throughout England. Up to almost the last moment we were kept in doubt as to what the weather would be, but the grey morning was followed by brilliant sunshine and warmth so the great pageant in London, and the thousands of celebrations throughout our Island, were celebrated amidst conditions calculated to bring out all beauty of things to be seen and pleasure to be felt. The 21st was a pleasant day as far as weather was concerned; but this one day hardly inspired us with great hope for the morrow.

The 22^{nd} of June, 1897, will now stand out as one of the most glorious days ever experienced by the British Race. The most marked feature of the grand scene of which her Gracious Majesty the Queen was the centre, being the personal evidence of the magnitude of the possessions over which she rules. Representatives from all climes were present at this great function. Peoples of all creeds and all languages thronged round and about Her who at the central Church of Her central City, gave thanks unto the Lord of lords and King of kings for all His inestimable benefits. The old Romans and other nations have had in days past their days of glorification, but in too many cases the Powers (that were) evidenced their power by exhibiting samples of their conquered nations in chains. On the 22nd last, the power of Great Britain was emphasised by the exhibition of a Free people under an intelligent and God-fearing rule. Our colonies and possessions throughout the empire are daily increasing in reverence and esteem for the country which is

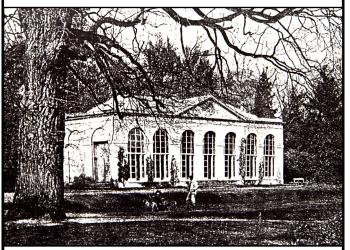
generations, inspiring them to stronger unity and loyalty still. In our own two parishes the committees had worked hard. At Redgrave we had the great advantage of the use of the Hall Conservatory, whilst at Botesdale a large booth had to be erected on Barley Birch; at Redgrave, the Hall Gardens and Park lent themselves as aid to increase the pleasure, whilst at Botesdale the field in which the Jubilee was held has one of the finest views in the county. The Botesdale Committee had

leading them by its wise and honest laws to greater power

still. Expression was given to this on Jubilee Day, and the

vent then given to loyal hearts will be borne to succeeding

spared no pains in Decoration, and the Booth was radiant with flags and other forms of exhibition of the day's rejoicing. The whole celebration too on Barley Birch was marked by an extraordinary amount of swing and go, in which the fireworks played no small part. The fireworks in 1897 were as spectacular as in 1887 they were feeble: in fact, nothing could have gone off better, and much credit is due to those who caused it so to be.



The Orangery in Redgrave Park in 1897 where Queen Victoria's Diamond Jubilee celebrations were held

At Redgrave we think the first place must be given to the Sports. For these, Mr Horsefall had prepared a most amusing programme, in which the greased moving pole over the water probably caused the greatest amusement. Four venturesome men tried their utmost to walk the pole, but in each case found the water easier to reach than the hamper with the pig in it! At last they were allowed to go as they pleased for the venture, and the value of the pig was shared between Arthur Foreman, William Day and Thomas *Orves.* For the pig let loose in the Park 35 entered, ranging in age from men of 40 or more to a boy as young as Clement Moore (aged 8). The pig was known as a wild 'un and he gave a capital chase, as one man remarked "he ran like a stag". The sight recalled scenes often read of, and the chase in the old park between the trees was a veritable woodland hunt. At last the Park Gates stopped the gallant hog, and Alec McDonald was the lucky holder of his tail. Both at Redgrave and Botesdale the meat and other provisions were excellent; and in the evening, both in Conservatory and Booth, on stone pavement and green grass, many steps were set to the 2 village bands. No case of taking too much has reached our hearing, whilst on all sides there is expression of keen enjoyment of the day and, in many cases, a wish that it might happen at least once a vear!

Mr Mullens, a friend of Mr. Horsfall, sent £15 to be divided between the parishes of Redgrave, Botesdale, Rickinghall, Wortham, Burgate and Hinderclay. This was a most handsome gift from one almost a stranger to us. Mr Flatman, of Mellis, also remembered his native village. Succeeding generations may read of our National Jubilee in the page of History, while we ourselves have taken part in it!"



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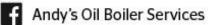
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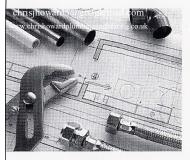
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Exploring the Past Again

Di Maywhort, 01379 898785

Memories Valerie Sharman (nee Powell). Childhood Pastimes and School.

I was born on December 20th 1940 and lived at Rose Cottage, Water Lane, Rickinghall.

I had a very happy childhood.

I liked to play ball on the wall of the Old Coach House near my home.
Playing 'two balls' was a favourite game with the girls then.

At harvest time the girls and boys used to make huts out of straw bales on Barker's fields. The farmer didn't mind.

Tom Marshall organised 'Pictures' at the village hall on Wednesday and Saturday nights. I think it was 2½ d to get in.

I went to Sunday School run by Mrs. Flowerdew and Mrs Payne. We met at the church or at Mrs Flowerdew's. We acted out the Nativity play each year. I was an angel.

We all had bikes. My friend Pat Hill and I biked everywhere. One day we were coming down Rectory Hill very fast and calling out to each other when we crashed. We both got hurt and I have still got aches and pains from that fall!

At school we were taught by Mrs Phillips, Mrs Stewart, Mr Compton and Mr Reynolds the Headmaster. He was always known as 'Flogger'. I had the cane twice.

My mum kept my school report from Mrs Phillips.

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Remarks:
Good work in each subjects has brought her to the top of the class.

Signed 6. J. Phillips Class Jeac 4 14, Reynolds

School report from Mrs Phillips

One of the lessons for the older girls was held at Miss Carpenter's where we learned how to lay tables correctly and do housework. Quite a few of the girls were employed to do housework for

village people after they left school.

I was in the school netball team run by Mrs Stewart, with Pat Hill, Maxine Masterson, Loretta Self, Brenda Morley, Rene Goldman and Diane and Christine Goddard. We had half an orange each at half time during the matches.



Back Row L-R: Christine Goddard, Rene Goldman, Brenda Morley, Loretta Swift Front Row: Valerie Powell, Maxine Masterson, Diane Goddard, Pat Hill

Mrs Lusby was the school cook. I loved staying to school dinners and the meals were really good.

We got a third of a pint of free milk at school every day. I've liked milk ever since.

When I left school, I went to work for Bob Erith on the milk round. I had to cycle up to his home very early. We did the rounds in Redgrave, Botesdale and Rickinghall – then I went back to his home and helped with the housework.

I spent my married life living at Thelnetham and Wattisfield – so have remained a 'local girl'.

With many thanks to Valerie for these memories.
Valerie named the members of her netball team in the above article.
However it is not known where Maxine Masterson, Diane or Christine Goddard live now. If anyone is in contact with them please would you let us know.



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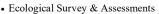


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the Rickinghall

W.I. ladies were busy over the Jubilee weekend, starting with several members helping Barbara Norburn with floral displays in St Mary's Church in Redgrave. We took part in the Community Exhibition at the church on Saturday 4th June, with a

display showing the W.I. since its formation in its current form in 1944. The Board had been prepared by two of our committee members, Lesley Farrer and Sara Schofield (with the help of Sara's husband Phil who made the Board), which attracted a lot of interest during the day. On Sunday 5th June several of us were at the Community Celebration Service, whilst other members were at Rickinghall playing field setting up our tombola stall as part of the fete. All the bottles had been donated by our members and the stall was kept busy all day.

Exhibition Stand



Tombola Stall



At out our meeting on 9th June we were pleased to welcome six new ladies who joined us for the evening. We were also pleased to give a big welcome to Mandy Wild from *New Image 4U*, who at the third attempt (due to Covid) came and showed us how to look good in a bin bag! She explained that dressing for your body shape, be it Inverted Triangle (Strawberry), Triangle (Pear), Round (Apple), Lean Column, Rectangle, Neat Hourglass or Full Hourglass determined which style of clothes looked better on you. There was great interest and hilarity when 7 ladies volunteered and Mandy, by putting a bin bag on them with accessories such as scarves or a belt, could make them look quite different and better, with all the ladies being a different body shape than they thought and they went away with advice on what style clothes they should wear. A fun and enlightening evening for us all.

Rosemary Setterfield



A friend of mine was recently victim to a WhatsApp phone scam, and ended up sending money to someone. I always though "I'd never fall for it" but the messages the scammer exchanged with her seemed so plausible. It's made me feel a little nervous, as I feel it could so easily have been me. How can I keep myself safe from scammers?

Phones and computers are a brilliant resource for staying connected with family and friends. However, they are also an opportunity for scammers to hide behind a screen and try to trick people in parting with their money. There are still plenty of phone call scams, such as pretending to be from the victim's bank, as well as newer scams like on WhatsApp and Facebook.

An increasingly common scam on WhatsApp is a scammer messaging someone claiming to be a loved one, who desperately needs some money to get home or another urgent need. As the scammer will use a generic term like "it's mum, I need help" or "dad, can you help me", people can often get caught in trying to help and are tricked into transferring money. If you get a message like this, call the number <u>you already have</u> for that loved one to hear their voice and speak to them. You can then confirm whether the request is legitimate.

There are many other scams similar to this, so if your unusual contact does not fit this example, it does not mean it is legitimate. This checklist can help you decide if something is a scam:

- You don't recognise the individual or organisation. If you do recognise them, have they contacted you in the normal way?
- You can't confirm their identity. If they say they are calling from a trusted source such as a bank, contact your bank directly to confirm their identity. Be aware that scammers can stay on the line after you have hung up, so do this from a different telephone or go into the bank.
- You've been asked to hand over money or personal information. Don't give out pins, passwords, or seemingly random information. Never send money to someone you don't know
- It seems too good to be true. "Get rich quick" often means "lose money fast"! You've been asked to pay in an unusual way. Such as online vouchers

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, employment, benefits and family law. You can contact them on 101449 676060 or use the contact form at midsuffolkcab.org.uk/contact-us. For more information and our opening hours go to midsuffolkcab.org.uk.



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St Botolph's Bowls Club

The outdoor bowls season is now well underway with members playing league matches, competitions and bowls drives at the club. Friday night fun nights, when anyone can come along and have a go, are proving successful with new people coming along each week. These are run by Dorothy Hodson with the help of our coach Peter Hearne, with novice bowers enjoying practising, learning and making new friends. We now have some new members who are becoming competent bowlers and entering theclub's bowls drives.

On Friday 3rd June we held a British Legion Cup opencompetition, with 20 players, the winners of the cup being Derek Frost and Steve Wilby. This was followed by a Jubilee buffet provided by the Club, with 50 members enjoying a variety of savouries, scones with cream and jam, cakes, and all washed down with a glass of Pimms. What a great start to the Jubilee weekend.





Both young and the not so young can learn to play bowls so our Fun Fridays are a great way to give it a try. Fun Fridays are at 6.30 pm at the Bowls Green, Fen Lane, Rickinghall, IP22 1DP (opposite the Greyhound Pub). Contact 01379 897251 for more information.

Rosemary Setterfield -

Committee Member

IN YOUR GARDEN

The item last month on peat based compost, not surprisingly attracted a strong reaction. One reader, asking 'where did I think peat will come from in the future if we keep digging it up from peat bogs willy nilly without any safeguards in place'? Surely, if gardeners care about the natural world, they should persevere with the alternatives?

I appreciate fully the environmental issues involved but my main beef is the gardening sector has been blamed for the loss of peat bogs when the truth is our use of it is relatively minimal compared with the many other ways it is consumed in quantity globally -from heating ,industrial processes even the production of whisky!

More importantly, not all peat-free products are created equally and behave differently to compost containing peat, and the quality and growing success varies between the different brands. Personally, I favour peat based compost for special jobs such as seed sowing as in the main it give better results. I am heartened to learn compost manufacturers are continuing to improve their peat free composts to cater for all gardeners and plant producers needs so hopefully a happy compromise will ensure before long.

Prevention of pest problems

Changing regulations such as the banning of slug pellets containing metaldhyde are seeing less and less chemicals available to tackle garden pests and I suspect it is only a matter of time before most are banned altogether. On the slug pellet front, alternatives containing ferric phosphate are available but should be used sparingly as they can harm earth worms.

So here are some basic steps you can take without resorting to chemicals, to help fend off the various pests and diseases that wreck our plants with disease and pest infestation.

Having a healthy garden to start with is imperative. Effective cultivation is essential with plants growing in good rich soil that is improved regularly with well rotted manure and compost to keep it rich in nutrient and not short of nourishment and water stand a far better chance of flourishing.

Switch plants around to avoid a build up of plant specific pests and diseases by alternating those prone to certain problems such as fungal infections, leaf spot such as pansies, or hollyhocks with rust. By changing sites for plants you can avoid a build up of spores and microbes in the soil that will infect new plants.

Biological control in the form of Nematodes which are parasitic worms that target specific pests such as slugs are widely available and highly effective but need repeated applications.

I have found by creating a diversity of plants through mixing flowers with vegetables to attract beneficial wildlife such as caterpillar eating birds and aphid devouring insects has paid dividends.

Lawrence

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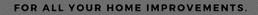
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Redgrave	John Campbell	01379 890946	redgrave.nwatch@ outlook.com	Manned desks	Bury St Edmunds - Raingate Street IP33 2AP Ipswich - 10/10a Museum Street IP1 1HT Lowestoft - Old Nelson Street NR32 1PE	

SCAM ALERT

COMPUTER FAULT PHONE CALLS.

Trading Standards are warning of a surge in aggressive cold calls being received by local residents alleging they have serious computer faults.

The callers claim to work for well -known computer software, telecoms or broadband suppliers and advise that there is a problem with your computer or broadband equipment, warning they have identified viruses controlling your machine and accessing your router that will be blocking you from the internet or cutting off your broadband access unless you agree to immediate remedial action.

The caller will then guide you to gain remote access to your computer. This will then provide them with the opportunity to plant malicious software or access personal information held on your computer targetting account login information and bank details so they can commit fraud.

In addition, they ask for an up front fee 'to pay for the 'fixes the scammers have made to your computer. If the callers do not succeed at the first, contact they will continue calling repeatedly. Also, where they have been successful in extracting a fee, the scammers will contact again telling the victim the 'problems' have returned. Reputable computer companies, telecoms or broadband providers NEVER cold call offering to fix problems with computers or request personal or financial details.

As with all suspicious telephone contacts you believe to be a scam you can report it to Citizens Advice consumer helpline on **FREE PHONE 0808 223 1133**

Redgrave Parish Clerk - Job Vacancy

The post is part time, 7 hours per week. Working mainly from home, the hours of work are flexible except for attendance at evening meetings on the first Wednesday of each month (except for August and December).

Salary will be based on the National Association of Local Councils pay scale and is dependent upon qualifications and experience. The successful candidate will also be eligible for the Local Government Pension Scheme.

The candidate must be IT literate and computer equipment can be supplied if required. Must be able to store Council files securely at their home address.

Duties will include acting as advisor to the Council, minute taking, compilation of correspondence, filing, administration of the Council parts of the Parish website, project management and financial accounting as the Responsible Financial Officer for the Council.

Prior relevant experience is an advantage but training in all aspects of local government administration, leading to the CiLCA qualification, can be provided. Local knowledge is an advantage.

Please contact the Parish Council Chairman at awarnes@btinternet.com for more information.

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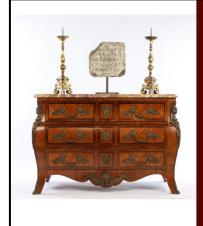
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Bander Abbas - Iran. Brief recollections (Page 10)

As the project would not be finished when we left, it was necessary to ensure that whoever took over, would find all the project's history easy to find and assimilate. Consequently the next four weeks were very busy – Ali and I completing inspections, and Zari making sure all our project files were in order.

The day before we were due to leave, Ali happened to pass the 'telephone room' and overheard the final part of a conversation between Mahmood, and his superiors in Tehran. Essentially he was trying to persuade them to have me arrested to put pressure on Blohm and Voss in order to keep the project team on site. No decision was reached as far as we knew.

After Ali told me, I decided that my only course of action was to carry on as if I knew nothing. Luckily I was able to telephone Herr Diercks, my Project Manager in Hamburg, and advise him of the new situation – not that he could do anything! The day passed without incident, and I slept, but every unusual noise caused me to wake and worry. Next morning I drove to the site office for the last time, and waved goodbye to my staff as they set of on the long drive to Tehran. I locked the office, gave the key to the caretaker and drove back to my accommodation, to wait for a car that was to take me to the airport at 18.00.

Lonely hours!

One doesn't really understand loneliness, until you are isolated in a foreign country with no English speaking people nearby, and the possibility of arrest by the police hanging over your head.

Fortunately, the car arrived on time, and we drove calmly to Bandar Abbas airport. The first bag check was on the road outside the terminal – a change from my last flight – but uneventful. I was relieved there were no police visible. It was normal inside the terminal – another bag scan followed by a bag search. The elderly couple in front of me had some beautiful wrapped boxes. Obviously presents for someone, but it didn't matter as the official tore open the wrapping paper and exposed two boxes of expensive chocolates, and proceeded to use a probe to examine the interior of each chocolate. The lady was in tears before the examination ended, and the ruined chocolate remains went into a bin.

I was in constant fear of a policeman's hand landing on my shoulder, but proceeded through all the checks as if I didn't have a care in the world, found a seat in the departure lounge, and waited as calmly as I could for departure. When the flight was called we all went to the gate, filed out to the plane, and boarded. There was no one in the seat beside me which as a relief as I found it difficult to stay still I was so wound up. Departure time came and passed, and the cabin door remained open but there was no announcement to explain the delay. Thirty twitchy minutes later the cabin door was closed and the engines started. Unusually for a night flight the cabin lights remained on, and I was aware that the plane was changing direction frequently. We landed in Dubai and disembarked normally. As I went up the escalator to Departures I realised I was free. The relief was so intense I went to the gents, locked myself in a cubicle and wept.

The reason for our seemingly erratic flight became apparent a few weeks later when the aircraft with the same flight number was shot down by an American warship who claimed that the aircraft flying towards it was a fighter jet about to attack the ship. Bander Abbas was a combined civil and military facility and I was lucky to have a careful and observant pilot.

JML

July Church Notices



Message From Mel

@rbrchurch mel@rbrchurch.org.uk 01379 452702



Hello evervone, x

The Summer Holidays are almost here. Summers with children can feel like they are never ending, they can be tough and hard... but they are also some of the most sacred and treasured times of our lives. We will never get this time again. As I look to my oldest boy, who starts school in September, I'm learning more and more that time is such a gift. I hope you can enjoy the holidays this summer, but if you get stressed or things get tough, know that we are here for you as a church and community. I love a good playdate. Just connect with me/us using the details above.

Breakfast Church is on the 23rd and it'll be great to see you there if you want something to do and connect in a safe space with other families.

Call 01379 890747 for details and dates

Tuesday 5th

Tuesday 26th

God Bless you lots and see you soon 😊 Mel





Short Note to Mums

As we continue to look at inspirational women, in July 1897 Amelia Earhart was born. She loved flying and doing things no one had done before. She saved up for her own yellow aeroplane called The Canary and a few years later she became the first woman to fly solo across the Atlantic Ocean. Her plane tossed and turned on the dangerous flight and she kept herself going by drinking a can of tomato juice through a straw. Her biggest challenge was to fly around the world, but she never completed the journey and she disappeared over the Pacific Ocean in 1937 at 40 years old.

She was aware of the hazards, but in a Man's World, she wanted to show everyone that women were strong and could do the same things as men. She was brave, not because she was unafraid, but because she looked fear in the face and she went for it. She was a woman of adventure who loved the challenge. She inspires me to be brave. As a mum, I can easily get in a rut of passivity, but Amelia reminds me to be a woman who takes risks and to do things that challenge and scare me. How can I tell my kids to be brave, if I'm not brave and doing new things myself? The new and stepping out is hard, but it can be fun too. I will never know how fun it can be until I try. You can do it. You are brave. Life is an adventure, and we can all embrace it.

Parkview Chapel Sunday Services and Events

All services are at Parkview Chapel (unless noted otherwise), include Communion, and are live-streamed on the 'Parkview Chapel' Youtube channel. Refreshments will be served from 10.30am.

Please call Kev Gladwell on 01379 898924 for more details or check out www.parkviewchapel.co.uk

Sunday 3 rd	Service at 11.00am							
Sunday 10 th	Service at 11.00am							
Sunday 17 th	'Coffee on a Sunday' s							
Sunday 24 th	Service at 11.00am	PARKVIEW CHAPEL						
Sunday 31 st	United Church Service	CHURCH FOR THE COMMUNITY						
Events		Coffe	e on the Corner	Tuesday 12 th 9:00am				
		PARKVIEW Youth	Junior Church	Sundays 11:00am - 12:00pm				
	Junior Friday Club							
	PYP							
		Fridays 7:30pm - 9:30pm						
A warm welcome at Botesdale Methodist Church to anyone who wishes to join our services								
Services (all at 10.30am) - for further information phone 01379 890898								
	Sunday 3 rd Local Arranger							
	Sunday 10 th	am						
	Sunday 17 th	Communion						
	Sunday 24 th Mr Neville Hodson							
	Sunday 31 st	tesdale Methodist Church						

Events

Fortnightly Bible Study 10-11.30am. Everyone welcome to attend.

Social Afternoon meeting 2:30pm - 4:00pm

Coffee Down the Lane 10:00am-12:00pm in the Church. Everyone welcome.



Parish of Redgrave cum Botesdale with the Rickinghalls July 2022 Services

Sunday 3rd July Trinity 3

Community Worship, 10am, All Saints Church, Redgrave Pause for refreshments 11.15am Continue with Holy Communion, 11.30am, All Saints Church, Redgrave

Sunday 10th July Trinity 4

All Together Communion, with Baptism 10.30am, St Mary's, Rickinghall

Sunday 17th July Trinity 5

Community Worship, 10am, All Saints Church, Redgrave Pause for refreshments 11.15am Continue with Holy Communion, 11.30am, All Saints Church, Redgrave

Sunday 24th June Trinity 6

Family Breakfast Church, 9.30am, Botesdale Village Hall Holy Communion, 11am, St Botolph's Chapel of Ease, Botesdale

Sunday 31st July Trinity 7

BCP Holy Communion, 8.45am, St Botolph's Chapel of Ease, Botesdale **United Service**, 10.30am Methodist Chapel, Botesdale

Sunday 7th August Trinity 8

Community Worship, 10am, All Saints Church, Redgrave Pause for refreshments 11.15am Continue with Holy Communion, 11.30am, All Saints Church, Redgrave

Together in these villages we offer Christ's healing grace through worship and service www.rbrchurch.co.uk 01379 898685

A reminder...

Both St Botolph's Chapel of Ease, Botesdale and St Mary's, Rickinghall continue to be open for private prayer and reflection:

Chapel of Ease, Botesdale on Wednesdays 9.30am-3.30pm St Mary's, Rickinghall on Saturdays 9.30am-3.30pm

Please sanitise hands on entry. Many thanks.

From the Registers

12.6.22 Baptism of Ethan Bartholomew and Arlo Stevens, St Mary's Church, Rickinghall 20.6.22 Funeral & burial of Doris Seamons, St Mary's Church, Rickinghall. Died 20.4.22, age 93