

# **PARISH MAGAZINE**

**Redgrave cum Botesdale with the Rickinghalls**

**April 2023**



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>



**PARKVIEW CHAPEL**  
CHURCH FOR THE COMMUNITY

**PARKVIEW CHAPEL**, The Street, Botesdale, Suffolk, IP22 1BX Tel: 01379 898924  
E-mail: kevin@parkviewchapel.co.uk Website: www.parkviewchapel.co.uk  
Charity Name: Parkview Chapel, Botesdale. Charity No: 1170915  
@parkviewchapel



## **CHUBBY BUNNIES AND A CROSS**

I wonder if you have ever played the game, 'Chubby Bunnies?' If not, the idea is that you place a standard size marshmallow in your mouth, and then, without swallowing, you clearly say the words 'chubby bunny.' If you manage to do this you place a second marshmallow in your mouth and, without swallowing either marshmallow, repeat the words 'chubby bunny.' You then continue to add marshmallows into your mouth until you find a winner. The winner being the person that has the most marshmallows in their mouth and can still clearly say, 'chubby bunny.' It may be that you are a mature person and so have not played such a game. But if like me you haven't grown up, or you work with young people, (which is my excuse) then you may have played this.

Within youthwork you tend to play Chubby Bunnies at this time of year, in the lead up to Easter. And that makes sense as Easter is all about bunnies, and therefore, chocolate.

In an Easter special of one of my favourite tv programmes, 'The Vicar Of Dibley,' Alice asks the Vicar if she believes in the Easter Bunny. The Vicar replies, "The Easter Bunny absolutely, and totally, does not exist."

If you've seen this episode you will remember that the tradition in Dibley was that a villager dresses up as the Easter Bunny and during the night delivers chocolate. But when that person died, she asks as many people as she can to take over the role, so by the end of the programme there's a whole colony of Easter Bunnies. Hilarious!

It seems that such traditions of Easter may have overtaken the reality of the occasion. I would like to remind you of that reality. The Bible tells us of a night when the Son of God, Jesus, was arrested on trumped-up charges. That Jesus then went through a series of carefully controlled hearings. And all to bring about this the following day:

*'By this time it was about noon, and darkness fell across the whole land until three o'clock. The light from the sun was gone. And suddenly, the curtain in the sanctuary of the Temple was torn down the middle. Then Jesus shouted, "Father, I entrust my spirit into your hands!" And with those words he breathed his last.'* (Luke 23:44-46.)

The authorities thought that was the end of it. They had hung Jesus on a cross and he was dead. However, just three days later:

*'Very early on Sunday morning the women went to the tomb, taking the spices they had prepared. They found that the stone had been rolled away from the entrance. So they went in, but they didn't find the body of the Lord Jesus. As they stood there puzzled, two men suddenly appeared to them, clothed in dazzling robes. The women were terrified and bowed with their faces to the ground. Then the men asked, "Why are you looking among the dead for someone who is alive? He isn't here! He is risen from the dead!"'* (Luke 24:1-6a)

This is what Easter is all about. The death and resurrection of Jesus Christ. In fact this is why Jesus came. Yes, he came to show us how to love each other, and how to live in a way God would want us to.

But ultimately Jesus came to Earth to die and to rise again. So that, should we believe, we can have a relationship with our God.

The Easter Bunny and the chocolate it leaves is a fun story for our children. And that episode of The Vicar Of Dibley is one of my favourites. In Dibley at least an Easter Bunny really did exist.

But more importantly Jesus really did, and does, exist. He is the Son of God. And on one Good Friday, over 2000 years ago, he was killed on a cross. And then on what we call Easter Sunday, he rose from the grave in a glorious victory.

As fun as it is in our house to hide chocolates for the children, and even nibble an odd Easter egg myself, for me Easter is about Jesus, his death on a cross, and his resurrection.

So why don't you make this reality part of your Easter? Because Jesus didn't go through that just for me, he did that for all of us. And why? Because he loves you.

I hope you all have a fantastic Easter!

God bless you,  
Kev Gladwell  
Church & Community Pastor  
Parkview Chapel



## No Changes to the Local Services Directory this month

The latest version of the directory is available online at  
[www.stmarysrickinghallinferior.onesuffolk.net/local-information](http://www.stmarysrickinghallinferior.onesuffolk.net/local-information)

Thank you for the updates you sent us before we printed the 2023 Local Services Directory,  
and for the changes you advised to the What's On Summary.



### Message from the team

We all send best wishes to Rev Chris Norburn and hope to see him back with us soon.

This edition of the magazine is slightly smaller than the last and we would encourage anyone who has any relevant or interesting articles to submit them to us for publication.

We have 4 full pages of forthcoming events for you to peruse and hopefully there will be something there for everybody.

The weather is still very variable but the spring flowers are appearing as a sign of better weather to come.

Thanks to all advertisers and contributors.

*Charles Murray*

#### Contacts

For all editorial content: [editoratrbparishmag@gmail.com](mailto:editoratrbparishmag@gmail.com)

For all commercial adverts: [advertsatrbparishmag@gmail.com](mailto:advertsatrbparishmag@gmail.com)

To advertise events: [eventsatrbparishmag@gmail.com](mailto:eventsatrbparishmag@gmail.com)

Alternatively, please **write** to: *The Parish Magazine, The Rectory,  
Bury Road, Rickinghall, Diss, Suffolk, IP22 1HA* or **call The Editor** 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

#### STUFFING MEETINGS

- **May issue Mon 10 Apr** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Fri 21 Apr**
- **Jun issue Mon 15 May** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Fri 26 May**
- **July issue Mon 12 June** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Fri 23 June**

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub, .png  
Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes, The Parish Magazine Volunteers

*The views and opinions expressed in this magazine are those of the authors and do not necessarily reflect those of the editorial team.*

## WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.



Printed by:



Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>



## SANTIAGO'S ART CAFÉ

Come and enjoy scrummy cakes and savouries in a unique environment. We have traditional cakes, loaf cakes and delicious brownies. We serve mouth-watering sausage rolls, cheese scones and soup & specials hand made on the premises. Whilst enjoying your choices you can browse incredible artwork from very talented artists and maybe make a purchase. No time to linger? Take-away is available for all our offerings.

Look out for Easter specials adverts on facebook and in our window!

### OUR OPENING HOURS ARE AS FOLLOWS:

Tuesday to Friday 9am to 4pm  
Saturday 9am to 12 noon  
Sunday 9.30am to 12 noon  
We are closed on Mondays

### CONTACT US:

Chilvers, Market Place, Botesdale, IP22 1BT  
Email [santiagosartcafe@outlook.com](mailto:santiagosartcafe@outlook.com) or find us on facebook

# STAR WING BREWERY

## BEER FESTIVALS

April 28 & 29  
May 26 & 27  
June 30 and July 1  
July 28 & 29  
August 25 & 26

Guest Ales\*Full Bar\*Live Music\*Food

Now taking WEDDING & other  
PRIVATE EVENT bookings for 2023 & beyond

### Contact the team:

[contact@starwingbrewery.com](mailto:contact@starwingbrewery.com)  
The Old Saw Mill, Hall Farm,  
Church Road, Redgrave IP22 1RJ  
01379 890586



## THE CROSS KEYS

A Community Owned Free House

|           | Opening   | Food Served        |
|-----------|-----------|--------------------|
| MON       | Closed    | Closed             |
| TUES      | 4 - 9pm   | Closed             |
| WEDNESDAY | 12 - 9pm  | 12 - 3pm           |
| THURSDAY  | 12 - 9pm  | 12 - 3pm           |
| FRIDAY    | 12 - 10pm | 12 - 3pm & 6 - 9pm |
| SATURDAY  | 12 - 10pm | 12 - 3pm           |
| SUNDAY    | 12 - 9pm  | 12 - 4pm           |

Come and try our Sunday roasts, weekday lunches & Friday fish & chips. Please check social media for information on other events!

### Contact us:

Cross Keys, The Street, Redgrave, Diss IP22 1RW  
[admin@crosskeysredgrave.co.uk](mailto:admin@crosskeysredgrave.co.uk)

01379 779822

Please check the website and social media for all the latest updates  
[www.crosskeysredgrave.co.uk](http://www.crosskeysredgrave.co.uk) / Facebook @crosskeyspubredgrave  
Twitter @KeysRedgrave

## THE ONE & ONLY

# FISH & CHIP

## TAKEAWAY

- Cod, Haddock, Skate, Rock and Chips  
Sausages and Pies  
New special items every week
- Tuesday to Thursday 4.30pm - 8.30pm  
Friday 12 noon - 1.30pm & 4.30pm - 8.30pm  
Saturday 4.30pm - 8.30pm  
Closed Sunday and Monday
- Dining area now open
- The Marketplace, Botesdale, Diss IP22 1BS  
Telephone 01379 898543  
Order in advance for collection at  
[www.botesdaleonline.co.uk](http://www.botesdaleonline.co.uk)

FISH WITH A TWIST



# What's on : April

## Rickingham Autojumble, Classic Car & Swap Meet

09.00 am-12.30 pm @ Rickingham Village Hall



Enquiries: Dave 07806 437 722

IP22 1HD

This popular event will run alongside the Country Market from April to October inclusive

**Saturday 8 April**

## Rickingham Country Market

09.00 am-12.30 pm @ Rickingham Village Hall

Toys

Plants

Knitwear

Jewellery

Willow products

Newbies  
at the market

Cakes

Venison

Jams & Pickles

Pasties & Quiches

**Saturday 8 April**

## theWI Rickingham

INSPIRING WOMEN

All meetings at  
Rickingham Village  
Hall

Thursday 13<sup>th</sup> April 7.30pm

We have a change to our programme - Stephen Spencer will be our speaker. Stephen is from

**TWAM - Tools with a Mission -**

TWAM empowers people with the tools that create livelihoods and transform lives in Africa.

Donations of unwanted acceptable tools will be welcome at the meeting.

*A warm welcome to new ladies who would like to come along to the meeting and meet us*

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We will be holding our Tea and Chats in local cafes commencing in April - dates to be confirmed.

Rosemary Setterfield - President



## St Botolph's Bowls Club Spring/Summer 2023 Season

The Bowls Club will be opening for the new season in mid-April for members, beginners and new members, with Fun Friday Evenings starting Friday 21<sup>st</sup> April at 6.30 pm.

Bowls is a sport for all ages, so come along and have a go. You will be assured of a warm welcome from members and a coach to assist you. The bowls green is located in Fen Lane, Rickingham, IP22 1DP (opposite the Greyhound Pub).

Contact 01379 897251 for more information.

Rhinestone  
REBEL MUSIC CLUB

## LIVE COUNTRY MUSIC & DANCE

SAT 1<sup>st</sup> APRIL 2023

**HENRY  
SMITH**

DOORS 6:45PM - STARTS 7:30PM

TICKETS £10



**RICKINGHALL VILLAGE HALL**

Hinderclay Road, Rickingham, Diss IP22 1HD

FOR BOOKINGS & MORE INFORMATION PLEASE CALL

Tel 01473 912626 or 07591 099519

*You are welcome to bring your own food & drink.*

## Tennis Court Hire

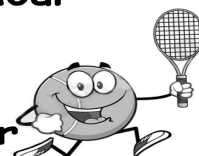
**Only £6.00 per hour  
per court**

**0770 996 2658**

**April to September**

*Subject to availability*

**Rickingham Village Hall**



## DISS University of the Third Age Open Day

Saturday April 15<sup>th</sup> 10am to 1pm

at Diss United Reformed Church, Mere Street

**Admission free!**

**Tasty refreshments.**

Come along to find out what Diss u3a offers to all not in full-time work. For a modest annual fee of £15, members can enjoy interesting monthly talks, and the choice of joining any of 25 group activities from Art and Birdwatching to Table Tennis and Walking.

Contact: 01379 651259



**"Coffee On the Corner"**  
**Parkview Chapel Botesdale**  
**9:00am Tue 11<sup>th</sup>**



Contact Sue Allen at  
brookview@clara.co.uk/01379 890423

Free to every household thanks to the local businesses that advertise here. Please support local businesses.



## Delicious gifts baked in Redgrave!

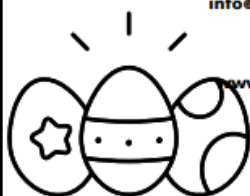
Easter Brownies, celebration stacks,  
brownie slabs and artisan hampers  
(corporate discounts available).

Available for collection at  
Redgrave Shop or UK wide  
delivery.  
Scan the QR code to see our  
full range available online and  
order via  
[info@brownieandthebean.com](mailto:info@brownieandthebean.com)



Alternatively, send our gift  
boxes to loved ones  
across the country via our  
website, using **discount  
code comeback5** at the  
checkout for **£5 off**.

Email  
[info@brownieandthebean.com](mailto:info@brownieandthebean.com) or  
call **01379 452195**  
to place an order.  
[www.brownieandthebean.com](http://www.brownieandthebean.com)  
[ebrownieandthebean](http://ebrownieandthebean)



## THE HAZLEBURY KITCHEN

### REDGRAVE

*Naturally beautiful and beautifully natural*

**BESPOKE CAKES, CUPCAKES,  
BROWNIES & COOKIES**

Wedding cakes  
Birthday cakes  
Christening cakes  
Anniversary cakes

[www.thehazleburykitchen](http://www.thehazleburykitchen)  
Contact Poppy Sayers on **07557 900857**  
Or [info@thehazleburykitchen.com](mailto:info@thehazleburykitchen.com)  
 [@thehazleburykitchen](https://www.instagram.com/thehazleburykitchen)

## Redgrave Community Shop

Groceries, newspapers, greeting cards  
and more...

Open every day

Monday - Saturday 8:30am - 1:00pm  
Sunday 9:00am - 11:00am

Telephone: 01379 898848

Email: [www.redgravecommunityshop@gmail.com](mailto:www.redgravecommunityshop@gmail.com)

THE ULTIMATE JOINT AND HIGHWAYS

**FRESH  
EVERY  
FRIDAY**

## BUTCHERY & FARM SHOP

### FREE-RANGE MEAT & MORE

Outdoor reared Gloucestershire Old Spot pork  
Slow grown free range chicken  
Free range eggs  
Grass-reared beef as available  
Jams, marmalades, chutneys and pickles  
Freshly baked cakes, pastries, pies & more every Friday

*Traditionally raised, butchered & processed by us*

**OPEN MON 10AM TO 2:30PM (FROZEN)  
TUES - THURS 10:00AM-5PM (FROZEN)  
FRIDAY 10:30AM - 4:30PM FRESH & 10:30AM TO 6PM FOR  
ORDER COLLECTIONS  
SATURDAY 10AM-4.30PM**

**WYKEN VINYARD FARMERS MARKET EVERY SATURDAY**

Highways, Fanningham Road, Rickingham, IP22 1LP  
- on the S-bend on the B1113 towards Fanningham  
What3words: mows.rekindle.corrode

[highwaysgos@aol.com](mailto:highwaysgos@aol.com)  
Megan: 07771 752228 Philip: 07887 668445  
[www.highwaysgos.wixsite.com/theultimatejointltd](http://www.highwaysgos.wixsite.com/theultimatejointltd)  
 Follow us on Instagram & Facebook



**Special cakes  
for  
special celebrations**

*Jean Barker*  
**01359 241135**

[www.amazingcakesbyjean.co.uk](http://www.amazingcakesbyjean.co.uk)

## Clarke's Bakery

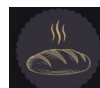
**Traditionally Baked Artisan Bread & Cakes**  
(no palm oil or additives)

Open: Mon to Fri 9.00am - 5.00pm  
Sat 9.00am - 1.00pm

Phone for orders: **01379 740003**  
Place Farm Shop, Old Bury Road  
STUSTON IP21 4AD



Clarke's bakery



## IXWORTH SECONDARY MODERN SCHOOL REUNION 2023

To celebrate the 50th year  
that the school closed, this  
reunion is for former pupils/  
teachers and staff, from May  
1957 to July 1973.

**Saturday 24 June 11.00**

Contact  
Andrew Gough on 07585 552797  
or [andrew.vera05@yahoo.co.uk](mailto:andrew.vera05@yahoo.co.uk)  
Jorn Cooper on 07079 320406 or  
[jorncooper@live.com](mailto:jorncooper@live.com)  
Patricia Larman on 07890 058335  
or [PJL57@yahoo.co.uk](mailto:PJL57@yahoo.co.uk)




# What's On : April

Redgrave and Lopham Fen  
IP22 2HX

WHAT'S  
ON

## Peat-free Plant Sale

Sunday 16 April   
10am to 3pm

Adults £2.50 • Children £1 • Under 5s free

Bulbs, fuchsias, hostas, pelargoniums, perennials,  
sweet peas, unusual & exotic plants, wildlife-friendly plants,  
bird boxes, insect & hedgehog houses, used tools &  
equipment, Master Composters, Suffolk Organic Gardeners  
and lots more!

Family activities • Refreshments available  
Dogs on leads welcome • Please bring cash

redgrave.engagement@suffolkwildlifetrust.org  
01379 688333

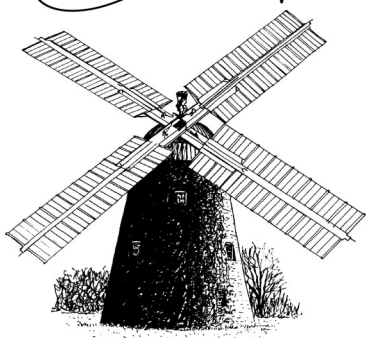


April 26<sup>th</sup> 7:30pm : Rickinghall Village Hall :  
The Heritage Circle presents:

**Basil Abbott,  
The Old Cinema, Diss**

New members & guests welcome  
Visit [www.heritagecircle.onesuffolk.net](http://www.heritagecircle.onesuffolk.net)

## Thelnetham Windmill



### OPEN DAYS 2023

The mill will be open between  
11am and 4pm\* on the following  
days, and wind permitting the  
sails will be turning:

Monday 10<sup>th</sup> April  
(Easter Monday)

Sunday 14<sup>th</sup> May  
(National Mills Weekend)

Monday 29<sup>th</sup> May  
(Spring Bank Holiday)

Sunday 25<sup>th</sup> June

Sunday 23<sup>rd</sup> July

Monday 28<sup>th</sup> August  
(Summer Bank Holiday)

Sunday 10<sup>th</sup> September  
(Heritage Open Weekend)

Sunday 8<sup>th</sup> October

Thelnetham windmill was built in 1819 and  
lovingly restored to working order in the 1980s.  
In 2013, ownership of the mill was passed onto  
The Suffolk Building Preservation Trust.  
The mill is now regularly maintained by highly  
skilled volunteers and has been producing flour on  
a regular basis since 2015.


for more information go to [thelnethamwindmill.org.uk](http://thelnethamwindmill.org.uk)

Thelnetham windmill Charity number: 265212

Entrance fee:  
£5 adults, under 15s free.  
(Cash payments only, children need  
to be accompanied by at least one  
responsible adult)

\*Last tours of the mill commence at 3pm.

AN ABSOLUTELY GORGEOUS, HEARTBREAKING PIECE OF WORK."  
- David Fear, ROLLING STONE



AN ORDINARY MAN DISCOVERS  
THE EXTRAORDINARY KEY TO LIFE

**BILL NIGHY**

# LIVING


70th Anniversary Special Selection  
tiff. OFFICIAL SELECTION  
Florida Film Festival OFFICIAL SELECTION  
sundance OFFICIAL SELECTION  
AFI FEST OFFICIAL SELECTION

**CINEMA**  
at EYE

**Friday 28th APRIL, 7.30pm  
Eye Community Centre**

Tickets £5 in advance from The Handyman  
or pay on the door. More information at  
[www.cinema-at-eye.org.uk](http://www.cinema-at-eye.org.uk)

Member of the Arts Society



## The Arts Society Diss

We meet at the Corn Hall, Diss at 2pm on the third Tuesday  
of the month, except December (2<sup>nd</sup> Tuesday).  
You can park at Gazes.

**18<sup>th</sup> April : Victorian Women Stained Glass Artists**  
**16<sup>th</sup> May : Art after Windrush –**  
**Post-colonial Artists in Britain since 1948**  
**20<sup>th</sup> June : Leni Riefenstahl – Hitler's film-maker**

Guests are asked to contribute a donation of £7. Membership  
for 10 lectures per year is £43. Do come along!  
For more information see [artsocdiss.org.uk](http://artsocdiss.org.uk)

### Rickinghall Ramblers Upcoming Walks

**April : Friday 14<sup>th</sup> ; Monday 24<sup>th</sup>**

**May : Friday 5<sup>th</sup> ; Monday 15<sup>th</sup> ; Friday 26<sup>th</sup>**

**June : Monday 5<sup>th</sup> ; Friday 16<sup>th</sup> ; Monday 26<sup>th</sup>**

We meet at Rickinghall Village Hall  
and set off at 9.15am.

**Just turn up and walk!**

Free to every household thanks to the local businesses that advertise here. Please support local businesses.



## For all children aged 2 to 5

We provide an exciting range of indoor and outdoor activities to ensure each child enjoys a stimulating learning experience supported by caring, highly qualified staff.

.....  
Exclusive access to Woodland area for exploration and adventure!  
.....

Consistently excellent Ofsted reports.  
.....

Sessions available Monday to Friday  
9.00am-3:15pm  
.....

£4.20 Or £4.10 per hour (depending on age)

Contact Karen Hails  
07796 014304

[www.botesdaleandrickinghallpre-school.co.uk](http://www.botesdaleandrickinghallpre-school.co.uk)

Registered Charity no. 1022795



Registered Charity  
1142955  
OFSTED Registration  
EY445021



LOTTERY FUNDED

## Botesdale Breakfast and After School Club OFSTED Registered

[www.botesdale-after-school-club.org.uk](http://www.botesdale-after-school-club.org.uk)

Providers of wrap around quality affordable childcare for children aged 3 – 11, term time only with consistently excellent OFSTED reports.

The clubs provide a safe, fun and social environment with qualified experienced and caring staff. We offer a wide range of indoor and outdoor activities (weather permitting) including games, Lego, k'nex, arts and craft, IT and quiet area, play station and Wii.

Children are collected daily from St Botolph's Primary School.

We also provide a drop off & collection service for the following schools:

Worham Primary School, Gislingham Primary School and Palgrave Primary School. Transport costs apply for this service.

Our fees are as follows;

**Breakfast Club Mon-Fri**  
From 7.45am £5.50

**After School Club Mon-Fri**  
3.25pm – 6pm £7.50 for the hour (£6.50 for siblings)  
3.30pm – 5.30pm £12.50 for 2 hours (£11.50 for siblings)  
3.30pm – 6.00pm £15.00 per session (£14.00 for siblings)

Subscription 2021/2022 £20.00

Please contact Paula 07952 961285  
[botesdaleoutofhours@gmail.com](mailto:botesdaleoutofhours@gmail.com)



## St. Botolph's Primary School, Botesdale

### Midday Supervisor Vacancies

We are seeking to appoint two MDSAs to play, supervise and support the children at lunchtime.

Working hours are from 12pm to 1:20pm.

2-5 lunchtimes per week, 38 weeks per year.

If you (or a suitable person you know) is interested in finding out more please contact the school office on 01379 890181 or via email [admin@st-botolphs.suffolk.sch.uk](mailto:admin@st-botolphs.suffolk.sch.uk)

A full application pack will then be made available. All successful candidates will be subject to an Enhanced Dbs check and will require two references to support their application.



Rickingham and Botesdale  
Baby and Toddler Group

**RICKINGHALL  
VILLAGE HALL**  
THURSDAY'S DURING  
TERM TIME  
9:30 – 11:30  
£1 PER FAMILY

Follow us on Social Media to stay in the Loop  
[@rabbats\\_babyandtoddler\\_group](https://www.facebook.com/rabbats_babyandtoddler_group)



RABBATS-Rickingham and  
Botesdale Baby and Toddler  
Group

## English Tutoring

Need to boost your child's  
literacy skills?

Are they preparing for Key  
Stage 2 SATS; GCSE English  
Language, English Literature, A  
Level Language or Literature?  
One-to-one (or small group)  
English tutoring available from  
an honours graduate with over 20  
years teaching experience.

For more details, please call Sue  
on 01379 890539 (eves) or  
07493 880577  
(CRB checked. References  
available, on request.)



### Graphic Design

Logos, business cards, adverts, posters,  
brochures, signs, newsletters, flyers etc.

.....  
Copywriting/editing/proofreading  
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Print Buying  
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For a quote or to see work  
samples or testimonials:

Tel: 01379 783 380 / 07931 850 813  
[joclifford@cadecreative.com](mailto:joclifford@cadecreative.com)



07308 070152  
[info@cwdevelop.co.uk](mailto:info@cwdevelop.co.uk)  
[www.cwdevelop.co.uk](http://www.cwdevelop.co.uk)



# What's On : April/May

## Angles Way Filling Station

Friday 14 April 2023

7.30pm

with Jan Ransom

THE  
FILLING  
STATION

Garboldisham Village Hall IP22 2SE

## King's Coronation

### Event in Redgrave



Sunday 7<sup>th</sup> May 2023  
Community picnic on The Knoll  
opening with bagpipes  
at 1.00 pm

(gathering on The Knoll from midday)

- ✓ Live music
- ✓ Bring a picnic or BBQ from the pub
- ✓ Crown making - prize for best crown made at the event
- ✓ Children's Kings and Queens fancy dress - imaginative interpretations encouraged, prize for every dressed up child
- ✓ Village Treasure Hunt - clues from the shop and pub from 28<sup>th</sup> April, final clue on event day
- ✓ Royal Dog for the Day - best dressed Coronation Canine
- ✓ Bake a Cake - bring along a cake or fairy cakes for a community cake share and support local charities
- ✓ Games and activities for all the family

Contact Redgrave Parish Council: clerk@redgrave-pc.gov.uk

If you would like to donate sweets or sweet filled jars for prizes, please drop off at the shop

## Redgrave & Lopham Fen

|   |  |
|---|--|
| April   | <b>Easter fun at the Fen family morning</b><br>Monday 3 April, 10.30am-12.30pm. £5 child, £3 adult   |
|   | <b>Holiday Club - Tuesday 4 April, 9am-3.30pm</b><br>For unaccompanied 6-11 year olds. Wild play, games and activities. £25 each, including a healthy, vegetarian lunch. Free places available for children in Norfolk in receipt of free school meals |
|   | <b>Weekend Wildlife Club</b><br>Sat 8 April, 10.30am-12.30pm, £5. 'Signs of spring'<br>Monthly club: wildlife-themed activities for 6-11s  |
|   | <b>Young Naturalists</b><br>Saturday 8 April, 1.30pm-3.30pm, £5. Monthly session for 11-16 year olds to explore, investigate and learn about the wildlife and habitats of the Fen  |
|   | <b>Peat-Free Plant Sale—Sunday 16 April, 10am-3pm.</b><br>Variety of plants, used tools & equipment, nest boxes, family activities & more. Refreshments. Dogs on leads welcome. £2.50 adults, £1 children, under 5s free                               |
|   | <b>Talk: 'Farming for wildlife' by Patrick Barker</b><br>Tues 25 April, 7.30pm £3 (under 25s free), including refreshments. No need to book  |
| May   | <b>Introduction to hedgehogs</b> Sat 29 April, 10am-3pm.<br>With Paula Baker from Suffolk Prickles Hedgehog Rescue. £32 per person   |
|   | <b>Needle felted baby bunny workshop</b><br>Saturday 6 May, 10am-2pm. £35, including materials   |
|   | <b>Weekend Wildlife Club</b> Sat 13 May, 10.30am-12.30pm, £5. 'Underwater exploration'. Monthly club with wildlife-themed activities for 6-11 year olds  |
|   | <b>Young Naturalists</b> Sat 13 May, 8.30pm-10pm, £5<br>'All about bats'. Monthly session for 11-16 year olds to explore, investigate and learn about the wildlife and habitats of the Fen   |
|   | <b>Willow plant frame workshop</b> Sat 20 May, 9.30am-1.30pm. See website for more details   |
|   | <b>Holiday Club</b> Wed 31 May, 9am-3.30pm. For unaccompanied 6-11 year olds. Wild play, games and activities. £25 each, inc a healthy, vegetarian lunch   |
| <b>Booking essential for all activities unless otherwise stated. For further details and to book, visit <a href="http://www.suffolkwildlifetrust.org">www.suffolkwildlifetrust.org</a> or call 01473 890089</b> |  |

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## JUMBLE SALE

Saturday April 29<sup>th</sup>

2pm -4pm

Rickinghall Village Hall



Refreshments available

Cake Stall



Admission 50p



**Redgrave & District Ladies Club**



Tue 11<sup>th</sup> April 2023 7.30pm  
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*In aid of Stanton Woodland & Wildlife Group*

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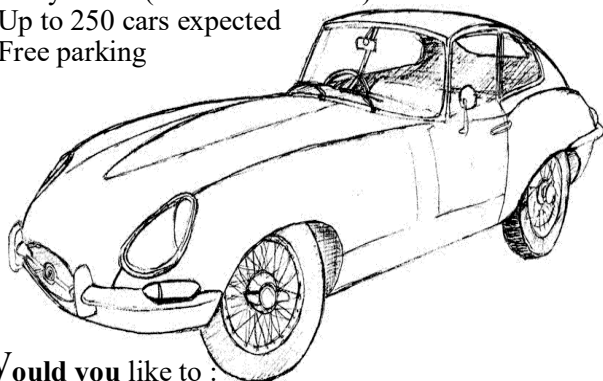
# What's On : April/May and Beyond

## Car & Craft Fair 2023

**Sunday May 21st 10:00am**

**Rickingham Village Hall**

- Craft fair, Stalls and Refreshments
- Entry £2.50 (free for under 12s)
- Up to 250 cars expected
- Free parking



**Would you like to :**

- ♦ sell your craft wares?
- ♦ display your classic car?
- ♦ volunteer to help on the day?

If so, please contact Geoff Short on 01379 897164.

Organised by the Jaguar Enthusiasts' Club

ADVANCE NOTICE from  
Redgrave Church Heritage Trust (RCHT)

## CONCERT!

St Mary's Church, Redgrave  
Sunday May 21st 3.00pm

## CELLO & VIOLIN

*Orlando Jopling, cello*  
*Síjje (Susie) Chen, violin*

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Both these international musicians look forward to playing for you in St Mary's Church, Redgrave, where RCHT is delighted to welcome them.

Tickets £15 from:

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- Redgrave Shop
- Box offices 01379 898726; 01379 898827
- [ticketsource.co.uk/redgrave-church-heritage-trust](http://ticketsource.co.uk/redgrave-church-heritage-trust)

For further information, call 01379 898726

## Organ Recital

*Music of the Classical Composers*  
by

*David Honeyball*

at

*Botesdale Methodist Chapel*

on

*Friday 26<sup>th</sup> May 2023*

*at 7.00 for 7.30 pm*

*Tickets £10 (£8 Balcony)*

*includes light buffet*

*For tickets and information contact*

*Tim Bennett 07731786789*

*timbennett52@hotmail.com*

Rickingham Area  
Hospice Fundraisers



Fundraising in aid of St Nicholas Hospice Care

Please support these events in aid of St Nicholas Hospice Care, Bury St Edmunds, our local Hospice

## Rickingham Area Hospice Fundraisers (RAHOF) 2023 Programme

**Tuesday May 9<sup>th</sup>** *Park View Chapel's Coffee on the Corner*, this month in aid of RAHOF

**Sunday September 10<sup>th</sup>** *Open Garden Day*, at The Barn House, Chapel Lane, Botesdale

**Saturday October 14<sup>th</sup>** *Popular Annual Quiz*, at Hinderclay Village Hall

**Friday December 8<sup>th</sup>** *A Christmas Evening*, at All Saints Church, Redgrave

**More details of all events will be published here nearer the time.**

**Botesdale Methodist Church**  
**"Coffee down the Lane"**

**Tuesday 25<sup>th</sup> April**  
**10:00am-12:00pm**



## Parish Magazine email addresses

|          |  |
|----------|--|
| Articles | <a href="mailto:articlesatrbprparishmag@gmail.com">articlesatrbprparishmag@gmail.com</a> |
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Email: [aislinghousepractice@gmail.com](mailto:aislinghousepractice@gmail.com)



**Our** stalwart W.I. ladies turned out on a cold, wet and windy evening for our monthly get together. Eight of our members celebrate their birthdays in March, including 2 special birthdays of 80 and 60, so we were busy handing out cards and presents from our birthday box, and plants for the two

special birthdays. We had our spring plant stall (even though it wasn't springlike!) with members buying plants for their homes and gardens.

We had quite a lot of activities to run through as we have a few forthcoming events including:

- ◆ Our last Soup and Natter on 17th March. In April we will be starting our monthly tea & chats in local cafes
- ◆ A special members meeting on Saturday 15th April – a group meeting including 4 other local W.I members with a special speaker, competitions and afternoon tea
- ◆ Our first jumble sale since the lock down on Saturday 29th April
- ◆ Our plans to celebrate the Kings' Coronation at our May meeting

Unfortunately our speaker from the 'My Wish' Charity had to turn back due to the adverse weather so our very own Sara Schofield stepped into the breach and told us about her and her husband's trials, tribulations and successes in building their own eco home on a beautiful plot in Botesdale, which they built themselves with help just from local carpenters, electricians and plumbers. This took them several years to complete, starting with staying at the Bell whilst foundations etc were laid, followed by living in a flat above a cart lodge that they built first, before finally moving into their dream home.

We were all amazed at their determination and fortitude in completing such a project.

*Rosemary Setterfield – President*



**I ordered a watch online for my partner's birthday. The company has since gone out of business. I keep phoning and emailing them but can't get through to anyone. If they don't send the watch, what should I do?**

If the company has gone into administration, it may still be able to fulfil outstanding orders, but if the company is already in liquidation, you'll need to try to get your money back. If you're unsure about what state the company is in, the Citizens Advice website has information on how to find out.

As the company hasn't responded to your calls or emails, is there a shop or office you can visit or write to, to get an update on your order or request a refund? If that isn't possible, the next steps depend on whether it's a limited company (it will have ltd or plc after its title) or if it's a sole trader (someone who runs their own business) or partnership.


If it's a limited company, you'll need to get details of the administrator or receiver - the person dealing with settling the trader's debts. The names of those administrators will usually be on the website of the company that's gone bust. You should register your claim as a creditor on the GOV.UK website. Fill out the form with details of what you're owed and send it to the administrator dealing with the trader's debts. Unfortunately, there's only a small chance you'll receive any money back because you'll be last in a long list of creditors who need to be paid.

If you paid by credit card, you could also try getting your money back with a Section 75 claim to your card provider or bank. Full details about both these types of claims can be found on the Citizens Advice website. If the seller was a sole trader or partnership and not a limited company, pursuing a Section 75 is your best option.


Every case is different when traders go under, but you can call the Citizens Advice consumer helpline to find out exactly what your rights are on 0808 223 1133 or visit [www.citizensadvice.org.uk/consumer](http://www.citizensadvice.org.uk/consumer)

Citizens Advice Mid Suffolk can provide advice on issues including debt, employment, benefits and family law. You can contact them on 01449 676060 or use the contact form at [midsuffolkcab.org.uk/contact-us](http://midsuffolkcab.org.uk/contact-us). More information and our opening hours can also be found at [midsuffolkcab.org.uk/contact-us](http://midsuffolkcab.org.uk/contact-us).

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# BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP (PPG)

## PAIN MANAGEMENT WORKSHOP

**Saturday 22<sup>nd</sup> April - Rickinghall Village Hall.**

**Secure one of the few remaining Workshop places available for Patients with long term illness/conditions who experience continual daily pain of any form.**

The Workshop, organised by Pete Moore a renowned member of the Expert Patient Scheme, & organiser of International Conferences with Health Professionals will assist with strategies for self-management of pain.

Please note Patients who have booked places on the course already will be receiving further information regarding the day, at the beginning of April.

## WALKWAY SHELTER & PHARMACY QUEUE

The PPG would like to thank the Doctors at the Health Centre for their assistance with the Walkway Shelter which has now been erected outside the Health Centre to keep Patients dry whilst they queue at the Pharmacy. Friends of Botesdale Health Centre have funded the project.

Patients have asked why the structure could not have 'sides'. After researching the project it was understood structures with 'sides' are sometimes used for anti-social purposes once Health Centres are closed at the end of a day. Therefore the decision was made to have a roof only covering.

We have also been asked by Patients why there is now a Pharmacy queue at all? As we will have all read or heard in media coverage there is a countrywide problem with distribution of medicinal drugs. Therefore in conjunction with all other Pharmacies, the collection received by a Patient may not be complete and unfortunately requires a further visit to the Pharmacy. This also means that Patients attending at the Pharmacy have more queries which takes more time to resolve.

We have also been asked to emphasise that Patients should only attend for collection of medication when they know they have allowed for the requisite time to elapse for its preparation. The Pharmacy have also requested Patients' assistance by not overloading the system by ordering medication ahead of the date noted on the prescription.

The Botesdale Pharmacy has advertised for three new members of staff and are in the process of recruiting which will assist the smooth running of the facilities.

## HELP DESK

Following a fully researched Pilot Study, the PPG are providing a Help Desk in the Health Centre.

The Help Desk will be resourced by trained volunteers on a once-a-week rotation to reach as many Patients as possible. The Help Desk will assist Patients with directions, the use of the Booking-In System, as well as providing information including newsletters from the Health Centre. We anticipate this will be very helpful to Patients.

The Help Desk volunteers will also endeavour to answer queries of an administrative nature. If they cannot answer directly they will liaise with a member of the Health Centre Staff and arrange to telephone back with the response. This will save patients queuing at Reception.

XX

If you, as a Patient of Botesdale Health Centre, have any comments you would like the PPG to be aware of, please contact the below email or phone number. Your comments as a Patient are of immense importance to us.

[illegible]

If you are interested to learn how the PPG assists the Health Centre (all Health Centres must now have a PPG) please do contact [botesdaleppg@gmail.com](mailto:botesdaleppg@gmail.com) or 07787 148947

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# Botesdale Parish Council

Leeann Jackson-Eve



## Report from the March 2023 Botesdale PC Meeting

**Public Forum:** Residents of The Fairstead, opposite the Health Centre, reported that inconsiderate parking was escalating into a major problem. A recent incident saw the entrance to The Fairstead completely blocked for 15 minutes.

**Report Bad Parking:** Did you know that you can report illegal parking online? Take a photo and go to [https://westsuffolk-self.achieveservice.com/service/Report\\_street\\_parking\\_infringement](https://westsuffolk-self.achieveservice.com/service/Report_street_parking_infringement)

**Parking on Back Hills:** Further to previous discussions, the PC received a reply from St Botolph's School confirming that there was no scope for additional parking at the school. However, they will be contacting parents reminding them to consider their necessity to drive to school, to park appropriately for the area and to use the car parks made available to them. The PC has also reconsidered the provision of double-yellow lines at the junction of Back Hills and The Fairstead. These will reinforce the Highway Code restrictions for parking at junctions and will not remove any legitimate parking spaces. Double yellow lines are expensive due to the need for a legal Traffic Regulation Order so the PC will be combining this with other similar works (see below).

**Parking on Chapel Lane:** The PC has received complaints about parking too near the junction with Bridewell Lane and will pursue a Traffic Regulation Order for double-yellow lines at that site. As with Back Hills, these will simply reinforce the Highway Code Restrictions.

**Extension of 30mph on Hall Lane (B1113):** The PC has agreed to pursue a Traffic Regulation Order to extend the 30mph to just north of Back Hills on the B1113.

**Steps to FP15 Bridewell Lane:** The work to the road surface beneath the steps has been completed and we think it is a tremendous improvement!

**Coronation:** The PC has agreed to give a commemorative coin to all children at St Botolph's School to mark the coronation of King Charles III. They will also be made available to other children on application to the Parish Clerk.

**The Recreation Ground Refurbishment has been completed and will be open from 1 April 2023!**

## Dog Fouling



Botesdale, Redgrave and Rickinghall Parish Councils are regularly contacted about dog fouling in the parishes and are asking residents and other dog walkers to help us do something about it.

Apart from being unsightly and a nuisance, dog fouling can be a health risk, as it often contains the parasitic roundworm Toxocara. Contact with Toxocara can lead to contracting the disease Toxocariasis which leads to flu-like symptoms and if untreated can lead to eye damage or blindness. Fresh faeces is not infectious (so it's safe for owners to clean up after their dogs) but if the faeces is left for 2-3 weeks it may become infectious. Each deposit of dog faeces can carry up to 1 million Toxocara eggs. Toxocariasis is contracted through contact with faeces through swallowing – this is often through touching infected items such as shoe soles and toys without washing hands adequately afterwards. For this reason the disease is more common amongst children, so it is especially alarming that people are failing to clear up after their dogs in areas regularly used by children, such as the

pavements and verges leading to the school.

It is an offence under the Dogs (Fouling of Land) Act 1996 not to clear up after your dog. Mid Suffolk District Council is able to issue 'Fixed Penalty Notice' fines of £50 as an alternative to prosecution (where the potential fine is £1,000), to those caught in the act.

Don't let the thoughtless actions of a few give the dog owners of our villages a bad name – if you have a dog, please ensure that you always bag its faeces and either put it in a dog bin, public litter bin or double wrap it and put it in your black wheelie bin. Please do not bag it and toss it in an overgrown verge or leave it hanging on a bush/tree as so many do – as we've explained above, this allows it the time to become infectious if it contains Toxocara. Also, it's very unpleasant for our litter pickers to encounter!

If you see anyone failing to clean up after their dog, politely encourage others to do their duty (many people fail to clean up when they think there is no-one else around). If you do not feel confident about making contact, please let the District Council know who they are – it is possible that they could be issued with a fine. If you do not know who they are, but are able to give a description of them and the registration of their vehicle, please let the District Council know so that they can follow it up.

You can contact the District Council by calling 0300 1234000 (Option 7).

**Please note Botesdale PC's new  
email address:  
[clerk@botesdale-pc.gov.uk](mailto:clerk@botesdale-pc.gov.uk)**

**THE NEXT BOTESDALE PARISH COUNCIL  
MEETING WILL TAKE PLACE ON**

**MONDAY 3rd APRIL  
at 7.00 pm**

**at Botesdale Village Hall**

**All residents welcome  
[www.botesdale.suffolk.gov.uk](http://www.botesdale.suffolk.gov.uk)**

**PARISH of BOTESDALE**

## ANNUAL PARISH MEETING

**6.30pm ~ Monday, 3rd April 2023  
Botesdale Village Hall**

Everyone is invited to attend.

**Your Clerk is: Mrs Leeann Jackson-Eve,  
Wayside Cottage, Cherry Tree Lane,  
Botesdale, Diss, Norfolk, IP22 1DL.**

**Tel : 01379 890 141**

**Email : [clerk@botesdale-pc.gov.uk](mailto:clerk@botesdale-pc.gov.uk)**

**Please contact her during OFFICE HOURS  
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# Redgrave Parish Council



## Parish Council Report for March - by Alison Spouncer

The meeting for March 2023 had four apologies from Councillors. County and District Councillor Fleming was in attendance, and three members of the public.

### Public Forum

Residents of Moneypot Hill were in attendance, on behalf of all Moneypot Hill's residents relating to DC/22/04600; a revised application for planning permission for now four chalets and a change of access road. The residents wished to re-iterate their objections regarding the lack of sustainability and need for holiday accommodation. The Council, noting that the application had been received only one day before its meeting, decided to respond once councillors had had a chance to properly consider the full details of the revised application.

### County and District Councillor's Report

Jessica Fleming provided highlights of her report:

New Highway Maintenance contract has been awarded to 'Milestone Infrastructure' for the next 20 years. This will cover maintenance of pathways, verges, along with gritting, and development of Suffolk roads. Cllr Fleming asked for residents to report any issues with highways via <https://www.suffolk.gov.uk/roads-and-transport> and to contact her if there is no apparent action.

School Travel Policy [www.suffolkonboard.com/school-travel](http://www.suffolkonboard.com/school-travel) for those starting High School in September. Parents will be contacted by the end of March 2023 by the Passenger Transport Team to confirm eligibility and opt-in options for funded school travel. Parents are welcome to contact the team on 0345 606 6173 if they have not heard by this time. Alternatively, for advice on high school admissions, admission appeals, or SCC funded school travel please contact Angela Davey on 01473 260978, Jasmine Eastwood on 01473 260070 or Jan Scott on 01473 264657.

Housing and Building Services. Councillors agreed a 7% increase in rents for council housing.

Cllr Fleming can be contacted via various methods including [jessica.fleming@midsuffolk.gov.uk](mailto:jessica.fleming@midsuffolk.gov.uk) Tel: 07714 597980 or Twitter: @jesstfleming

### Planning

Two planning updates were provided to the Council, those being: DC/22/04600 – Erection of 4 new chalets and a new access,

expanding existing chalet site, land at Moneypot Lane. As the application had been received only one day before the Parish Council meeting, the Council agreed to consider the details ex-committee and to respond to the Planning Authority prior to the closure date.

DC/23/00984 – Replacement 5no sash windows, The Priory, Half Moon Lane. The Council approved this application.

All applications, updates and comments are available online for review and comment via the Mid-Suffolk District Council Planning Portal at <https://www.midsuffolk.gov.uk/planning/application-search-and-comment/>

### Ongoing Items:

Annual Parish Meeting (Redgrave Community Forum) 20<sup>th</sup> April 2023:

Starting at the earlier time of 6pm at All Saints Church, this is an opportunity for clubs, organisations, and businesses to provide residents of Redgrave with updates on their activities. Two guest speakers will also be joining the meeting; PC Stefan Henriksen and Philp Isbell, Chief Planning Officer at Mid Suffolk District Council. All residents are very welcome (as is the case for every Parish Council Meeting); there will be free hot drinks and refreshments available. Residents will be able to ask or suggest anything to the Parish Council for consideration. We very much look forward to seeing you there.

May 2023 Elections: Council Elections are approaching (4<sup>th</sup> May 2023). The Polling Station will be All Saints Church, The Street. Please be aware, photo ID is a necessity for being able to place a vote. Those who arrive without photo ID will not be given a ballot paper.

*Continued on Pg 20*

Redgrave Parish Council has set up an email information service with updates on Redgrave activities and information on country-wide initiatives to support Suffolk residents. If you would like to receive these updates by email please contact [clerk@redgrave-pc.gov.uk](mailto:clerk@redgrave-pc.gov.uk)

## THE NEXT PARISH COUNCIL MEETING WILL TAKE PLACE ON

**THURSDAY 6th APRIL 2023**

**at 7.00pm**

**at**

**ALL SAINTS CHURCH, THE STREET, REDGRAVE**

All parishioners are cordially invited to attend, it would be good to see you.

Full minutes can be found on the website (Parish Council >> Redgrave Village ([onesuffolk.net](http://onesuffolk.net))) and the village noticeboard opposite the shop.

**Your Clerk is: Alison Spouncer**

**Tel: 01379 890613**

**E-mail: [clerk@redgrave-pc.gov.uk](mailto:clerk@redgrave-pc.gov.uk)**

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| Rickingham : | Village Hall    | 11.20 – 11.35 |
| Botesdale :  | Farnish House   | 11.40 – 11.55 |

|             |              |               |
|-------------|--------------|---------------|
| Botesdale : | Village Hall | 12.00 – 12.15 |
| Botesdale : | Backhills    | 12.20 – 12.35 |
| Redgrave :  | The Knoll    | 12.45 – 1.05  |

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### Redgrave Parish Council Report – March 2023

Continued from Page 19

The King's Coronation 7<sup>th</sup> May 2023: 'Celebration Picnic on the Knoll'. The Knoll will be open from 12 noon for picnics with a Bagpipe performance to open proceedings at 1pm. With thanks to the volunteers, plans are advancing with many activities planned for children and adults alike. The Cross Keys will be lighting the BBQ for those who do not wish to bring their own picnic. There will be a community cake stand for anyone wishing to donate, with all proceeds going to local charities and a village treasure hunt with prizes for many of the activities. Further details will be available. Thank you to those who have already volunteered to help in the preparation or on the day. If anyone else would be interested to join in for however much or little, please do get in touch with [elainebbrown88@gmail.com](mailto:elainebbrown88@gmail.com) or the Clerk.

Maintenance of Benches around the Village: The Parish Council will be undertaking various levels of maintenance on the benches needing some attention. This, it is hoped, will be happening over the coming months.

Phase 2 and 3 of the Children's Playground and Village Hall Projects: Conversations have continued with various landowners; further options are being pursued with agreement of the Council to continue in the hope of providing a village hall facility and area for older children.

#### Litter:

The issue of an increase in litter continues to be noticed. It is requested that refuse is disposed of responsibly and taken home.

#### Meeting Dates:

All Saints Church, The Street, will be the venue for the dates below:

Thursday 6 Apr 23 at 7pm

Thursday 20 Apr 23 at **6pm** Redgrave Community Forum  
(to include the Annual Parish Meeting) clubs and local business will be invited along to present with all resident's welcome, as for every meeting.

Thursday 4 May (Local Elections)

Thursday 11<sup>th</sup> (Annual Parish Council Meeting) OR 18<sup>th</sup>  
May (Annual Parish Council Meeting) (dependant on results of the Elections) at 7pm

8<sup>th</sup> June – 7pm (Parish Council meeting)

6<sup>th</sup> July – 7pm (Parish Council meeting)

3<sup>rd</sup> August – 7pm (Parish Council meeting)

If anyone is unable/does not want to attend but wishes to put a question to the Council, they would be very welcome to do so via the email address detailed below.

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# Rickinghall Parish Council



## Parish Council Report March 2023 by Cllr Brian Rhodes

The Rickinghall Parish Council held its monthly meeting on 2nd March 2023. This included Cllr Ian Patterson who was welcomed as a new councillor. We are very grateful to Ian for joining our PC and take this opportunity to remind members of the parish that we still have some vacancies. Four members of the public attended the meeting.

### Three planning applications were considered by the PC:

The first application was for the addition of a two-storey extension at West Street Farm Cottage, West Street. No objection was raised regarding this development.

The second application was for the erection of a single storey extension and reworking of a section of roof to the rear of The Anchorage, The Street, including the Listed Building Consent. There was no objection to this application.

The third application was for the erection of a front single storey extension to form an entrance porch at 39, Church Meadow and again there was no objection.

### Notices to prune/remove trees in a Conservation area:

One application had been made: The Laurels, Rectory Hill for the reduction and shaping of six trees. No objection was raised but the PC noted that the quality of the site plans attached to the application (not just these but others recently) continue to be generally poor, making the task of understanding the applications unnecessarily difficult. Applicants are requested in future to please try to be more accurate and clear in the submitted site plans.

### Planning Decisions:

It was noted that the variation to conditions relating to the creation of a Hot Food Takeaway at Bell Hill Cottage, The Street had been granted by MSDC.

### General Items:

An internal audit of the PC's financial controls has been carried out with no issues found.

The PC has determined to gift a commemorative coin to all children of the Parish to mark the coronation of King Charles III.

The PC, in conjunction with Botesdale PC, has agreed to assist with the funding of new boilers for St Botolph's School. It also agreed to provide a number of new chairs for the Rickinghall Day Centre. Both of these have been funded under the Parish Infrastructure Investment Plan (PIIP).

The PC was advised that the Suffolk CC budget has been approved with a 4% increase but that MSDC had decided to freeze council tax and to absorb any increases in its costs. There will be a 7% increase in social housing rents, partly due

to the work needed to be undertaken on these.

On environmental issues, The PC has been informed that Northumberland Water has advised that it intends to plant fruit trees, a native species boundary hedge and to maintain the area as a meadow at its site at the end of Garden House Lane. The PC also understands that an appeal has been lodged against MSDC's refusal for the development of a photovoltaic solar array, battery storage and ancillary infrastructure on land to the south of Suggenhall Farm, Church Lane.

Finally, the PC gave a provisional indication that it might be willing to contribute to the funding of solar panels to be installed on the SW facing roof of the village hall. The Village Hall committee advised it was currently exploring various grants that may be available to cover the bulk of the costs.

**Please note Rickinghall PC's  
new email address:  
[clerk@rickinghall-pc.gov.uk](mailto:clerk@rickinghall-pc.gov.uk)**

PARISH of RICKINGHALL

## ANNUAL PARISH MEETING

7.30pm ~ Thursday, 6th April 2023  
Rickinghall Village Hall

Everyone is invited to attend.

## RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON

**THURSDAY 6th APRIL**

**at 7.30 pm**

**AT RICKINGHALL VILLAGE HALL**

**All residents are very welcome**  
[www.rickinghall.onesuffolk.net](http://www.rickinghall.onesuffolk.net)

### Your Clerk is :

**Mrs Leeann Jackson-Eve**  
**Wayside Cottage, Cherry Tree Lane**  
**Botesdale, Diss, Norfolk, IP22 1DL**  
**Tel : 01379 890 141**  
**Email : [clerk@rickinghall-pc.gov.uk](mailto:clerk@rickinghall-pc.gov.uk)**

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# Village News

## OIL SYNDICATE



The next Oil Syndicate Order will be the Summer one at the end of July. The last date for orders will be Saturday 22 July. Delivery should follow within a fortnight. For orders, as always, e-mail is preferred: [botesdaleoil@gmail.com](mailto:botesdaleoil@gmail.com).

If not available call me on: 01379 890952. Leave a message if nobody answers. I will return all messages within 48 hours, if I haven't done so try again or use a different method. If all else fails, contact The Editor, I live near to him.

I have been informed that the £200 grant for non-gas-using households will be distributed via a credit to each property owner's Direct Debit Bank account of record. Their electricity supplier will handle this in the same way as the electricity grants. Everybody who uses oil instead of gas should have received a notice of this. For those without e-mail, it will be interesting to see what happens.

David Sloan

Thank you to everyone who attended the funeral of Brenda Cavanagh on 5th January and to those who donated to Parkinson's UK in her memory. A total of £608 has been raised.

Peter, Gavin and Alice



## St Botolph's Bowls Club Spring/Summer 2023 Season

Despite the inclement weather this March the Bowls season is just around the corner. The league matches for Members have now been published, members are renewing their subscriptions for the forthcoming year and looking forward to a season of playing matches, club competitions and friendly matches.

Fun Friday Evenings will start on Friday 21<sup>st</sup> April at 6.30 pm. Bowls is a sport for all, whatever age, so why not come along and have a go. You will be assured of a warm welcome from members and a coach to assist you. It's a great way to meet people, enjoy bowls and social activities.

The bowls green is located in Fen Lane, Rickinghall, IP22 1DP (opposite the Greyhound Pub). Contact 01379 897251 for more information.



## Transport Needed?

The Rickinghall & District Community Bus is available for hire to readers of this publication.

Typical journeys include shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

The bus is also available for visiting friends and relatives, in fact pretty well anything you need.

Door to door service, any help a pleasure. Wheelchairs no problem. Please telephone Gordon on 01379 897 109 (24/7 ansaphone).

## Situation vacant

### Botesdale after School Club

We are losing our treasurer who is stepping down after many years of unwavering support and hard work and therefore looking for a future treasurer to join our team from the start of the new term .

All enquiries to Paula Mills  
07952 961285

[Botesdaleoutofhours@gmail.com](mailto:Botesdaleoutofhours@gmail.com)

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### **Notes from the Green Redgrave Group**

So, the planting season is over - we thought! We have just been the fortunate recipients of another nearly 1,000 trees from the Woodland Trust. But really, with the sorts of summers we have been having in recent years, we do not want to be putting them in their final positions just yet. A lack of moisture in their first year would probably spell disaster for them. We have therefore decided to heel them in all together to sites where they can be easily watered during the summer, and then transplant them to their final locations next Autumn. That gives us some more work for the next planting season. Thanks again to all those volunteers who have helped with the planting of the roughly 4,000 trees this past winter. More work for you in due course!

In the meanwhile, not all work is stopping. We will be creating a wildflower patch around the new children's playground in the Redgrave Old School Playing Field in the coming weeks. There will be maintenance work around all of the trees that we have planted. And we are also about to carry out our survey work for the year, starting off with ancient & veteran tree and hedgerow surveys. As the year progresses, we will be conducting bird, insect and bat surveys. Butterflies and moths will also be surveyed as will wildflowers in the area. We hope to engage as many people as we can in this work including children where possible. All volunteers extremely welcome!

Good news as well. The Green movement continues to advance. The Green Hinderclay Group has just started up and we have agreed to partner closely with them. Good luck and best wishes to that new Group in all that it decides to do!

Our excursion to see the Snettisham Wader Spectacular in February did not come off because of weather conditions at the time. We are hoping we can do it in March. In the meanwhile, we are planning other excursions as well. We have a trip planned to Hemp Meadow Wood in Kenninghall in May or June. This wood was bought in 2002 and created the following year by residents of Kenninghall. It is an inspiring place which shows what can be done for wildlife and nature if a village is determined to do it. We also plan, together with Green Hinderclay, to visit Fair Oaks Farm in Westhorpe in June to see how they have been undertaking a large (and relatively new) conservation project; date to be announced.

We have just bought a range of new habitat boxes including two for tawny owls, one for kestrels, one for woodpeckers and other more common bird boxes. We have also sponsored the purchase by residents of hedgehog boxes and we hope that we can increase the population of these increasingly rare creatures over the coming years. A picnic bench will be delivered in the coming months. All of these items have been bought from the Street Forge Workshops in Thornham Magna. Do go and visit this admirable charity if you have not already done so. See <https://streetforgeworkshop.uk/> for more details.

Our latest Green Redgrave talk was by Dr Rowena Langston who spoke about the ongoing work of the Little Ouse Headwaters Project. This was very inspiring and very well attended. Our next Green Redgrave meeting will be held on Tuesday 4<sup>th</sup> April at 7 pm (location to be confirmed). There will be no talk at this meeting; rather we will, hopefully, be showing a new film called "A Surge of Memories". This commemorates the 70th anniversary of the 1953 floods, with reflections on the 2013 East Coast Tidal Surge and what the future holds for our coast. It is licensed for educational use only by community groups and schools.

We are still looking for enthusiastic volunteers to help us progress our activities. If you want to contribute or just learn about wildlife friendly activities then please join us. We would love to hear from you. Contact Andy Warnes (by email [953\\_floods\\_in\\_east\\_Anglia](mailto:953_floods_in_east_Anglia) or on 07478 337331) for more details.

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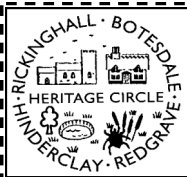
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# Club News



## Ups and Downs – Barnardo's Foster Children in Suffolk 1890-1950 by Peter Davidson

Peter Davidson gave a very interesting talk to the February meeting of the Heritage Circle at Rickinghall Village Hall which was based upon his extensive research into children from Dr Barnardo's Homes who were fostered in Wickham Skeith and Suffolk between 1890 and 1950. He fears that this is a story which is in danger of being forgotten.

Thomas Barnardo was studying medicine at the London Hospital in Whitechapel when he became aware that there were significant numbers of boys who were destitute and living on the streets. He set up a home for boys in Stepney Causeway in 1870. The boys were expected to work, for example they chopped wood or were messenger boys. In 1876 he established a Girls' Village Home in Barkingside, Essex. The numbers of children in need grew to such an extent that a solution other than building more homes was required. From 1883 children were boarded or fostered in rural villages which were remote from factories. By 1889 there were 710 children boarded out across the south east of England and the Midlands and this number increased to about 4,500 by 1906. The school logbook for Wickham Skeith mentions a regular flow of Barnardo children into the village school from 1891. In the 1911 census there were 29 fostered children in Wickham Skeith which was about 20% of the 150 children recorded there. The fostered children stayed until the age of 13 or 14 when the boys were sent to learn a trade and the girls went into service.

Between 1893 and 1930, about 30,000 Barnardo children were sent to Canada, 30 of them came from Wickham Skeith. Most had the opportunity to start a new life but some were physically or sexually abused. This was particularly true of boys who were often sent as labourers to remote farms in Manitoba. Girls tended to be placed with families where they could learn domestic skills.

Some of the children cared for by Barnardo's were orphans, others were illegitimate or neglected but most were there as a result of their mother's death during child birth. Between 1850 and 1930 women had a one in 20 chance of dying giving birth. However, this fell rapidly in the 1940s with the use of ergometrine to stop post-natal haemorrhaging.

Fostering of children at Wickham Skeith was a financial transaction but they were not abandoned by Barnardo's once placed. In 1905 foster parents were given 5s. (25p) per week for each child at a time when agricultural labourers earned 15s. (75p) per week. Foster parents had to sign an agreement that they would bring up boarders in a loving environment, just like their own children. A woman in the village monitored the care of boarders when she paid the weekly allowance to foster parents. Sick children were given medical care and there was a six monthly check by inspectors on the weight, height and physical condition of boarders. Peter Davidson has often found evidence of considerable affection between children and their foster parents.

The need for care for children by Barnardo's diminished after 1945. The death rate of mothers giving birth fell considerably. The creation of the Welfare State helped single parent families to stay together. In addition, the Children's Act of 1948 gave the responsibility for child care to local authorities. The practice of fostering children in Wickham Skeith appears to have ended about 1950 by which time there had been about 200 children fostered in village.

The next meeting of the Heritage Circle will be on Wednesday 26 April at Rickinghall Village Hall when Basil Abbott will give a talk about the old cinema in Diss. New members and visitors are welcome. Further information is available at [www.heritagecircle.onesuffolk.net](http://www.heritagecircle.onesuffolk.net)

Gerry Gurhy

## Coffee On



What an incredible turnout this morning - possibly more visitors than we have ever had before ... so many that I thought I would have to apologise to the walking group when they returned to say that we had run out of cake and refreshments. Fortunately there was just enough chocolate cake, sausage rolls and moist lemon cake

to meet their needs - wheh! I cannot tell you how delightful it was to hear the happy sound of chatter and feel the community spirit in the room - Probably more than 70 people and that involved childminders, small children, Parkview members, members of the walkers group and, of course, the committed chatterers! We like to welcome all sorts!

The kind donations from this morning's event amounted to £123.06 and this will be sent to "Mini Donks", who are a not-for-profit organisation who take their gentle and friendly miniature donkeys to community groups, voluntary organisations, dementia or special needs groups to improve the wellbeing of those on the receiving end of the visits. I am sure they will be delighted with the funds they receive in due course.

Next month we will be doing it all again on Tuesday 10th April and we will be supporting UNHCR in their continuing work in Ukraine. Some of you will know we have recently had the good fortune to be able to host a Ukrainian guest and the news from that country is not getting any better, so funds that you donate will, I am absolutely certain, be put to good use. If you do come along next month, and can wear the Ukrainian colours of blue and yellow, it would be a great show of solidarity with the folks out there! I look forward to seeing a slightly different dress code!

We have recently been able to open the Chapel for 8 consecutive Fridays during January and February and offer a warm bowl of soup, with a warm welcome in a warm room. I was overwhelmed with the offers from volunteers to help and I think it was a successful venture, certainly well received with those who came along to enjoy the homemade soups. Whilst this has now finished for the time being, we would hope that those who enjoyed "Soup Group" will come along to other events that the Chapel has on offer ... DO look in your brilliant Parish Magazine for information about what is going on in these villages. We are so blessed with the number of events that run locally and I would like to remind you that the Rickinghall Farmers' Market has now become the Country Market, still with a great range of food producers, but also a lovely range of talented makers of other items - if you haven't been along before, please come along to join in on the 2nd Saturday of every month.

If you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423. Alternatively, try Kevin Gladwell, our Community Pastor on 01379 898924.

In the meantime, I wish you all the very best,

*Sue Allen*

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# Nyall's Notes LOHP Local News

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

Last month I said that I would show you that Jesus claimed to be God. It was C S Lewis who observed, "A man who was merely a man and said the sort of things Jesus said would not be a great moral teacher. He would either be a lunatic — on the level with the man who says he is a poached egg — or else he would be the Devil of Hell. You must make your choice. Either this man was, and is, the Son of God, or else a madman or something worse.

Moses was asked by God to go back to Egypt and tell Pharaoh to let the Israelites, who were slaves in Egypt, go. Moses wasn't too keen. It was like personally telling Putin to get out of Ukraine. It looked suicidal. He asked God, "Who shall I say sent me? What is your name? God replied, "I am what I am. Call me I am." That is how God got the name Yahweh. It means 'I am' in Hebrew.

Now Jesus ended up in a conversation with some Jews and said that Abraham who lived 2000 years previously, rejoiced to see his (Jesus') day and was glad. The Jews retorted, saying you're not yet 50 years old, and have you seen Abraham?

Jesus replied, "I tell you the truth, I say to you, before Abraham was, I am."

It seems a bit of a nonsense statement at first sight but the Jews saw it clearly. He had used the name of God about himself and that was blasphemy. He used the name of God and its meaning as the first person present of the verb to be to clearly say, "I am Yahweh." (Wow) To them it was blasphemy and was worthy of death by stoning, thus the next sentence in the Bible is, "So they picked up stones to throw at him."

On another occasion he said, "I am (Again the name of Yahweh is embedded in the sentence) the good shepherd." He was using the episode in the Old Testament where Yahweh was reprimanding the 'Shepherds of Israel' for not looking after the people. They fed themselves and became fat at the expense of the people. He said, "I, I myself will be the shepherd of the sheep." Thus when Jesus claimed to be the good shepherd they again tried to stone him to death. He asked why they wanted to stone him. The Jews answered him, saying, "For blasphemy; and because that you, being a man, make yourself God."

Eventually they crucified him and so Jesus became the crucified God giving his life as a ransom for many. The life of God is so precious, powerful and effectual that those who put their faith in him will find forgiveness and life everlasting.

To complete C S Lewis's quote, "Let us not come up with any patronising nonsense about his being a great human teacher. He has not left that open to us. He did not intend to."

*"Righteousness will be counted to us who believe in him who raised from the dead Jesus our Lord, who was delivered up for our trespasses and raised for our justification.*

*Romans Ch 4 v. 24 & 25*



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*Sang the sunrise on an amber morn-  
Earth, be glad! An April day is born.  
Winter's done, and April's in the skies,  
Earth look up with laughter in your eyes!*

Charles George Douglas Roberts  
(1860-1943).

As I write there is horizontal sleet rushing past my window, so I hope that by the time you are reading this, the weather will have improved!

Things really start to get going on our sites as the days get longer and the temperature rises. Resident birds will be building nests and migratory birds will be returning. Listen for cuckoos later in the month, as the fens are still fortunate in having a good number of reed warblers to 'host' the cuckoo chicks!

If you hear what sounds like a pig squealing from some reed bed or damp patch, that will be a water rail, easier to hear than see!

Vivid yellow celandines should be appearing and sweet violets will be flowering. One of the earliest spring flowers, dog's mercury, should also be in evidence. This is a low growing woody plant with tiny greenish flowers between the leaves.

Ewes and their lambs and Redpoll cattle with calves will be grazing some of the sites, so if you are walking your dog please keep them on a lead. You know the drill!

Two events for your diary: On Saturday 1<sup>st</sup> April, we will be holding a walk (10.30-12.30) , "Fenland Trees- an amateur's view from the ground". Details on our website: [www.lohp.org.uk](http://www.lohp.org.uk) . On Sunday 16<sup>th</sup> April, we will have a stall at the famous Suffolk Wildlife Trust's Peat-free Plant sale, so why not pop in and say hello.

Work parties continue on Wednesdays and Thursdays and on the second Sunday of the month. Details on our website. (Oh, forgot to say, cake is usually a given at coffee break!).

John McCormack



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This Easter weekend sees the 47<sup>th</sup> time the Art Exhibition has been held here in Needham Market. Over this period of time the event promoted many local artists and is well established as a major event in the Artists calendar .

On display and all for sale will be a whole range of different Styles of artwork in many different mediums and covering many different subjects, Suffolk Scenes of both land and sea, abstracts of all types, still life, birds and animals, all this as well as Prints and cards from these artists, if you are looking for different cards this is a good place to look.

The event begins with a Cheese and Wine Buffet evening on Thursday 6<sup>th</sup> April. Tickets for this evening are available to purchase at £10.00 each (this includes 2 glasses of wine) from Lilac & Lilys High Street Needham Market, or Telephone 01449 720845 to order or email [nmccartexhibition@btinternet.com](mailto:nmccartexhibition@btinternet.com). The exhibition is open from Friday 7<sup>th</sup> to Monday 10<sup>th</sup> April, 10.00 am to 5.00p.m each day. Entrance is £2.00 per adult, Children FREE.

Refreshments are provided each day by the W.I so you are assured of home baked cakes along with teas & coffee.

If you are new to Needham Market this is a very good event in which to find out some of the things that happen in the Town.

We look forward to seeing you during the weekend at the Community Centre, School Street, Needham Market IP6 8BB

Needham Market Community Council Reg Charity No 266076.

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## Community Woodland

With the changeable weather, there has not been much movement in Northfield Wood but on 5th March I sat in the sun there and was serenaded by a happy robin redbreast.

Now, of course, we are having snow and hail as a pre-spring interlude.

We have taken off most of the plastic coil tree guards; they get brittle and break, falling to the ground and getting into the soil, which is not a good thing.

In the Street early whitethorn is out so now is the time to look for other blossom in Miller's Orchard. Today there was a definite air of spring being about to burst forth.

Low Meadow remains a quiet place to walk through and even to sit in even before the leaves emerge to muffle the sound of the A143. Do try it.

Watch out for early flowers in all our sites, and of course catkins.

Rosemary Jones,  
Botesdale and Rickinghall  
Community Woodland  
10th March 2023  
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**New volunteers welcome!**



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# Exploring the Past

Jean Sheehan, 01379 890237

## Shop Bill to Thomas Holt, Redgrave Hall, 1787

In February I wrote about shops in Redgrave. I recently came across an article I had written for the parish Magazine in 2006 about a shopkeeper's bill to Thomas Holt of Redgrave Hall, sent in 1787. Thomas may not have been living at Redgrave Hall at this time as he only inherited the Redgrave Estate in 1786 when his brother Rowland died childless, as Thomas did in 1799, and the estate was then inherited by George Wilson, the son of their niece Lucinda. George became a rear admiral.



*Frontispiece of Admiral Wilson's Estate Book of  
The Redgrave Estate drawn up in 1803.*

*Credit: Tim Holt-Wilson*

The shopkeeper, Charles Munns, was described as a tallow chandler. The shop was situated in Botesdale, approximately where the Chilvers property and the war memorial stand today in the Market Place. It was probably demolished when the present property was built. (1). Munns' shop had a remarkable range of goods to sell, as shown by the bill for goods which had been ordered by the housekeeper, gardener and carpenter at Redgrave Hall. With the present rise in the cost of living I am sure many people would love this shop to come back at the prices for goods Charles Munns was charging, especially for rum, brandy and tobacco. The bill was for a seven month period and amounted to £39.3s.0½d. (3 shillings is equal to 15p and ½d is less than ½p.) This was quite a large amount to be covered by the shopkeeper for the 132 items bought over seven months.

Amongst the items purchased by the housekeeper were night candles and stable candles for the farm, costing four shillings and

two pence, equivalent to about twenty-one pence today. Salt was bought by the basket and vinegar by the gallon for two shillings, just over 10p today. Soap came in three varieties; four pound of brown soap was purchased, seven pound of white soap and one firkin of soft soap, probably bought in a barrel and used for the laundry but was also used for greasing wheel hubs and other purposes. 'Scowering' sand was probably used for cleaning saucepans. Three gallons of Brandy for preserves was £1.4s.0d. (One gallon = 8 pts or 4.5 litres.) One of the most surprising items was tobacco at five shillings and four pence for two pounds. (27p). A gross of pipes, probably the white clay pipes, were purchased for two shillings. One gross is equivalent to 12 dozen or 144). I cannot tell if the tobacco and pipes were for the housekeeper herself or if Thomas Holt provided these for all his servants or farmworkers. We found a lot of broken pipes when we field walked the ploughed fields in Redgrave in the 1990s.

The gardener mainly purchased writing paper. We found several bills for plants bought from nurseries in the Holt Wilson documents; maybe he used the paper for sending in orders. A total of eighteen pounds of tobacco was purchased by the gardener. The only other things he bought were thread and nails. He may have used this for training plants in the walled kitchen garden near to the hall. The carpenter also bought nails and brads, sold by the stone (14 lb). 2.2 lb = 1 Kg.

A Victorian Dictionary describes a chandler as a tallow candle maker. Tallow was made from animal fats and the smell would have been unpleasant, the gentry would have used wax candles, and tallow would have been used for the servants. John Chandler had property in the marketplace and Christine Chandler had property on the opposite side of the marketplace in 1433 at the same time, so there may have been candle makers in Botesdale at this time.

To read more about early shopping in Redgrave, Botesdale and Rickinghall read Quatrefoil books No. 5 *Botesdale Medieval Market*, by Diana Maywhort and no 14 *Shops and Shopping* by Graham Clayton.  
(1) *Parish Magazine April 2006.*

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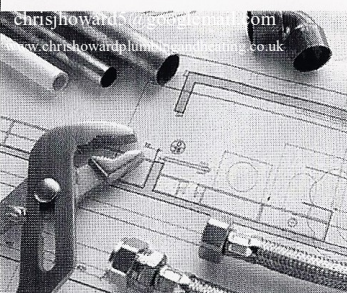
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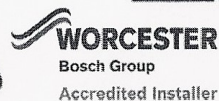
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# Exploring the Past Again

Di Maywhort, 01379 898785

## Memories of Our Farmhouse Kitchen in the '50's

One of my earliest memories is of our kitchen which was the beating heart of the house; it was also a playground for my brother and me. If it was a rainy day the wet washing was hung on permanent strings around the ceiling to dry by the heat of the range cooker. It was where we did our drawing, painting and making as children. Most important though it was where Mother produced all the wonderful food we ate.

Very early in the '50's there was an old black range in a huge inglenook fireplace, I remember melting glue in a black glue pot on the hob when I was doing some "sticking"!

The black range was replaced by a lovely cream Aga in the early fifties and also a large Prestcold American Refrigerator was introduced. Next to the kitchen was the dairy where my Father brought in the milk from the house cow that he milked every morning at 6am and then separated it into cream, milk for the house and skim milk for the pet cats we had. I can still imagine the clink of the old separating machine when he turned the handle. The separator had a large bowl-like container on the top which had a new piece of muslin tied over the tube at the bottom of it every morning. The milk was poured in the top and then filtered through the muslin. This was then separated by central fugal force through two pipes, one took thick cream into a bowl and then milk into a large pan for us to use. The skimmed milk passed into another container. This would have been the same as a green top milk today. Dad had a butter churn to turn the cream into delicious yellow butter and made his special pattern on the top of the slabs of butter with his butter pats.

We always had a roast joint for Sunday lunch, mostly beef but lamb, pork, chicken and pheasant sometimes. My job was to make the gravy standing on a stool made by my Grandfather when he was a boy, probably around 1870. Sometimes I lost concentration and lumps of flour appeared in the pan and much stirring and beating had to happen to get them out!

Pudding on a Sunday was usually individual trifles and Dad took pleasure in making them well before lunchtime so that the custard had time to cool and set. There was always a spoonful of thick cream for the top of our trifles.

Monday was usually cold beef, or other cold meat, Tuesday could be Shepherd's pie or Cottage Pie to use up the last of Sunday's joint. These were always so hot, tasty and filling for a cold winter's day. We always had a hot pudding on a weekday, stewed fruit from the orchard with custard, fruit pies and there were many varied ways of eating the fruit which Mum had bottled in the autumn. Other memories include rice or semolina puddings with that lovely brown topping that came from cooking these in the Aga and the flavour of nutmeg. Our main meal was always at lunchtime.

Meat was delivered by Lasts the butchers and Catlins Bakery delivered our bread. Mother went shopping in Bury once a week on a Wednesday and always bought the fish from Whipps fresh fish shop which used to be in Whiting Street.

Fridays was always fish of some sort, plaice, cod, haddock etc., cooked in different ways. I remember a cattle feed salesman turned up just before lunch one day so he was invited to stay for lunch and that day we were going to have fried fillets of fish and that meant

Mum was one fillet short, so she sliced a round of bread off the loaf, cut it into the shape of a fillet of plaice and egg and breadcrumb it so it looked like a helping of fish; of course she had to make sure she gave it to herself and not the guest!

We did, of course, grow all our own vegetables and soft fruit; there was a large orchard of apple, plum and pear trees. Apples were stored in the apple room, which was a spare bedroom really! Other fruits were bottled and stored in the pantry; domestic freezers hadn't been introduced yet. If there was a glut of vegetables these would be salted and put in large stone jars or glass preserving bottles to store them for later in the year.

| 1949.  | Jams.                              | Bottling. |                 |                                   |           |
|--------|------------------------------------|-----------|-----------------|-----------------------------------|-----------|
| 2      | 1b. Lemon Curd.                    | 48        | Gooseberries.   | 25.9. June.                       |           |
| 12     | Marmalade (Lemon)                  | 24        | Black Currants. | 11. July.                         |           |
| 11     | Apricot                            | 32.6.49   | 24              | Plums (Czar) (3 green to make up. | 18. Aug.  |
| 11     | Gooseberry                         | 1.7.49.   | 6               | Apple Pulp.                       |           |
| 4      | Strawberry                         | 1.7.49.   | 24              | Tomatoes                          | 27. "     |
| 6      | Strawberry                         | 4.7.49    | 8               | Plums (garden) stonef.            | 1 Sept.   |
| 5      | Strawberry                         | 7.7.49    | 16              | " (Pear Tree Farm)                | Sept. 14. |
| 4 1/2  | Raspberry & R. Currant.            | 5.7.49    | 12              | Damsons.                          | 26. Sept. |
| 12     | Red Currant.                       | 8.7.49    | 3               | Apple Pulp.                       |           |
| 12     | Black Currant                      | 10.7.49   | 16              | Pears (Burgundy) Pear Tree Farm.  | 21. Oct.  |
| 9      | Red Currant Jelly.                 | 11.7.49   |                 |                                   |           |
| 7      | Plum                               | 4.        |                 |                                   |           |
| 9      | Bramble jelly                      | 26.9.49.  |                 |                                   |           |
| 11     | Blackberry & apple jelly.          | 1.10.49   |                 |                                   |           |
| 8      | Crook jelly.                       | 8.10.49   |                 |                                   |           |
| 10     | "                                  | 11.10.49  |                 |                                   |           |
| 10 1/2 | Marmalade - Sweet Q. & Goosefruit. | 5.11.49   |                 |                                   |           |

*A Page from the Jams and Bottling Notebook for 1949*

I remember all the different jams and preserves that were made and I have the little notebook where Mum recorded all the amounts each year. For example, in 1950 Mum made 70 pounds of jam and marmalade, and she bottled 36 pounds of gooseberries and black currants. From 1961 to 1966 Mum made an extra 140 pounds of Marmalade per year which she sold to raise funds for St. Mary's Church and for the local W.I. Noted in the book are the names of some of the farm employees who gave fruit, Fred, Ephraim and Peter.

Mum grew strawberries which we helped pick and often had at supper time sprinkled with caster sugar and a lovely dollop of thick cream. Black, red and white currants were grown for jams and jellies.

How did Mother find the time to do all this growing, picking, bottling and jam making? She also grew lettuce, asparagus and celery but not tomatoes. We didn't have a greenhouse - or maybe tomatoes weren't grown in domestic gardens then?

Christmas puddings and jars of mincemeat were made well before Christmas to allow the flavours to develop, and the Christmas Cake was made about a month before Christmas for the same reason. I used to love making the marzipan and putting it and then the icing on the cake a few days before Christmas, these were homemade as there were no packet versions.

***These reminiscences were written by someone who prefers to remain anonymous!***

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## IN YOUR GARDEN

What's in store for us gardeners in the coming year? I thought I would reach for my crystal ball to try and predict what to expect. Whilst I certainly do not purport to be a clairvoyant, however a number of topics stand out not least the challenging weather trends experienced last year and similar forecast for this summer if the lack of rainfall recently is anything to go by, plus the ever rising cost of gardening look likely to be equally challenging.

One subject however will dominate. The demise of peat-based compost.

At some time between now and the end of 2024, we will be unable to buy compost containing peat in England as it will become illegal to sell peat-based growing media in garden centres - although there is nothing to stop you from slipping in to Wales or Scotland to stock up!

I am sure I am not alone in wanting to stop using peat based products to save our peatlands but am in a quandary over the mixed results from the alternatives. Last year I had a number of failures with peat-free compost because it behaved very differently to the compost containing peat and the packaging gave no clear instructions on use, especially with reference to watering and feeding. Even respected horticultural experts are sanguine and suggesting we will all have to go through a learning curve as they are not able at this stage to give definitive guidance apart from peat-free is not equal to peat compost and no two brands of peat-free are the same.

Work is going on, helped by research and technology, that hopefully by the time the peat ban is implemented we will have some definitive answers on how to successfully use peat-free compost.

### COST SAVINGS

Gardening can be a costly business, especially so at present as the price of everything seems to rise daily and people are trying to scale back on expenditure with the inevitable results - luxuries and hobbies are destined for the chop. Needless to say the thought of giving up gardening is not something I would recommend as it is so beneficial to our physical health and mental well being and if you grow produce, a substantial contributor to the household finances.

However, by using all manner of horticultural thriftiness there are plenty of simple things you can do to be careful with your cash.

Growing vegetable plants from seed is one obvious route and saving seeds from successful and favoured varieties. Dividing perennials and also taking cuttings allows you to create more plants for nothing.

Which brings me back to compost. Every garden can benefit from a compost heap as the contents from a well made one will help your flowers grow more vibrantly and vegetables will really flourish from plenty of your home made 'magic mixture'. Next month, I will cover some tips in creating the 'magic mixture'

Lawrence

I welcome comments and queries or suggestions on topics you'd like covered. Contact me at [lawrencethompson87@gmail.com](mailto:lawrencethompson87@gmail.com)

## Dubai Tower 7

I mentioned in my last note that the contractor for the basement of the tower had also been contracted to build the breakwaters required to protect the Marina.

When finished, the main breakwater was an attractive place for people to walk in the sun, beside the sea. For a time it looked quite magical, with the sun sparking off the ripples that corrugated the surface of the seawater in the basin, but as time passed it became obvious that the water in the basin was not being rejuvenated. Of course, the water level rose and fell with the tides, but there was no circulation in the basin to refresh the enclosed area of water.

The problem was presented to a major UK consultancy with wide experience of such problems, and they proposed a revision to the construction of part of the main breakwater near its mid point, and this was adopted by the owner. Essentially, the core of the breakwater was to be removed down to low water level, and replaced with large, single size, rock pieces so that this section became porous – waves breaking here flowed through the structure instead of being repelled. In effect, the natural wave action pumped water into the basin. The efficacy of this approach quickly became apparent as the smaller boats moored in the basin rapidly swung on their moorings and pointed their bows directly at the more porous section. Replacing the top of the breakwater and walkway was a relatively straightforward task, and people were soon walking along the structure enjoying the view and sunshine, and also the meals provided at the fish restaurant constructed at the round-head at the end of the main breakwater.

xxxxxx

On the island the JV (the Joint Venture second contractor) was very busy preparing for the start of superstructure construction. Approval of suppliers continued, erection of the three construction cranes had been concluded, and an external personnel/small equipment lift had been installed at the base of the tower on each side, amongst other activities.

It was a very busy site!

The contractor intended to construct the superstructure of the Tower using a process known as slip forming, with each individual advance being two storeys high as this was the total height of an individual room. The floors that reduced the overall height of this space by 50%, and provided the bedroom/bathroom area in the room were precast off-site, and craned into position as necessary as the building became taller.

To be continued. JML

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## SCAM ALERTS

### FALSE DONATION SITES FOR TURKEY EARTHQUAKE VICTIMS

If you are considering donating to victims of the Turkey/Syrian earthquake, be aware scammers have been exploiting the situation via social media postings containing misleading or false information that claim to be collecting funds to aid victims of the recent disaster.

**Remember, it can be very hard to tell if an approach is a scam - that's why they work.**

To be on the safe side, don't give money to unfamiliar charity accounts on social media as there is no guarantee the donations will reach their intended destination.

**ANY CASH REQUESTS VIA MONEY TRANSFER COMPANIES SHOULD SET THE ALARM BELLS RINGING**

The government advice is, if you wish to donate to the victims of the Turkish earthquake you do so via the *Disasters Emergency Committee*.

In addition, you can always check the bona fide of any UK based charity via the *Fund Raising Regulator's Directory*.

Both organisations have websites.

If you have been a victim of a donation scam, contact your bank immediately as they may be able to retrieve the monies or reimburse you. Importantly, report the scam to **ACTION FRAUD** on 0300 123 2040

### FAKE TAX REFUND EMAILS

HMRC have issued a warning about fraudsters sending fake 'tax refund' emails. These dodgy emails use HMRC branding to add legitimacy to the emails that state 'after the latest annual calculations of your fiscal activity, we have determined you are eligible to receive a tax refund'

The email then goes on to tell you the amount you are due and includes an expiration date to urge you to act quickly and press the 'claim now' button. This takes you to a phony website where the scammers will phish for your personal financial details.

**HMRC will never send specific personal tax information such as how much you owe or any rebates you are entitled to by email.**

If you receive such an email message, you can be sure it is a scam.

Please share this information with family and friends - in fact, anyone who may find it helpful.

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# Church Notices

## Parkview Chapel Sunday Services and Events

*All services are at Parkview Chapel (unless noted otherwise), include Communion, and are live-streamed on the 'Parkview Chapel' Youtube channel. Refreshments will be served from 10.30am.*

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| April                         |   | <br><b>PARKVIEW CHAPEL</b><br>CHURCH FOR THE COMMUNITY |
|-------------------------------|---|---|
| <b>Sunday 2<sup>nd</sup></b>  | Palm Sunday service at 11.00am                                    |   |
| <b>Sunday 9<sup>th</sup></b>  | Easter Sunday service at 11.00am                                  |   |
| <b>Sunday 16<sup>th</sup></b> | 'Coffee On A Sunday' service at 11.00am – Listening               |   |
| <b>Sunday 23<sup>rd</sup></b> | Service at 11.00am – Spiritual Warfare                            |   |
| <b>Sunday 30<sup>th</sup></b> | United Church service at 10.30am (At Botesdale Methodist Church.) |   |
| <b>Events</b>                 | Coffee on the Corner at 9.00am                                    | Tuesday 11 <sup>th</sup>  |
|                               | Men's Breakfast at 8.30am   | Saturday 22 <sup>nd</sup>   |
| <b>PARKVIEW Youth</b>         |   | Junior Church   |
|                               |   | Sundays 11:00am - 12:00pm   |
|                               |   | Junior Friday Club  |
|                               |   | Fridays 6:00pm - 7:00pm   |
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### Services in April

- 2<sup>nd</sup> Palm Sunday – Local Arrangement
- 9<sup>th</sup> Easter Sunday – Holy Communion. Rev Helen Nice
- 16<sup>th</sup> Mrs Janet Browne
- 23<sup>rd</sup> Mrs Margaret Chamberlain
- 30<sup>th</sup> United Service

### April Activities – you are very welcome to join us for any of the following:

- Tuesday 4<sup>th</sup> Get Together Down the Lane. 2.30 to 4pm. Tea, biscuits and conversation! Easter Theme.
- Tuesday 25<sup>th</sup> Coffee Down the Lane – our regular Coffee morning held on the 4th Tuesday of the month – an opportunity for all to come in to chat and get to know others in our community. 10am to 12noon.

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## **Parish of Redgrave cum Botesdale with the Rickinghalls April 2023 Services**

### **Sunday 2<sup>nd</sup> April, Palm Sunday**

**BCP Holy Communion**, 8.45am, St Botolph's Chapel of Ease, Botesdale  
**Community Worship**, 10.30am, All Saints Church, Redgrave

### **Thursday 6<sup>th</sup> April, Maundy Thursday**

**Holy Communion**, 7.30pm, Methodist Chapel, Botesdale

### **Good Friday, 7<sup>th</sup> April**

**Walk of Witness**, 9.30am Meet at Rickinghall Village Hall to walk to  
Botesdale Market Place

**United Service**, 10.00am Botesdale Market Place

**Devotional Service**, 2pm St Botolph's Chapel of Ease, Botesdale

### **Sunday 9<sup>th</sup> April, Easter Day**

**Holy Communion**, 10.30am St Mary's Rickinghall

### **Sunday 16<sup>th</sup> April, Easter 2**

**Holy Communion**, 10.30am All Saints Church, Redgrave

### **Sunday 23<sup>rd</sup> April, Easter 3**

**Family Breakfast Church**, 9.30am Botesdale Village Hall

**Holy Communion**, 11.00am St Botolph's Chapel of Ease, Botesdale

### **Sunday 30<sup>th</sup> April, Easter 4**

**BCP Holy Communion**, 8.45am St Botolph's Chapel of Ease, Botesdale

**United Service**, 10.30am Methodist Chapel, Botesdale

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*Together in these villages we offer Christ's healing grace through  
worship and service*

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