

# PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

February 23



# Happy Pancake Day

Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

**Parish Website:**  
[rbrchurch.org.uk](http://rbrchurch.org.uk)  
**St Mary's Rickinghall Inferior**  
[www.stmarysrickinghallinferior.onesuffolk.net](http://www.stmarysrickinghallinferior.onesuffolk.net)  
**Instagram:**  
[@rbrchurch](https://www.instagram.com/rbrchurch)  
**Email:** [revchris@rbrchurch.org.uk](mailto:revchris@rbrchurch.org.uk)

**Foreword from**  
**Reverend Chris Norburn**  
**Rector of**  
**Redgrave cum Botesdale**  
**with the Rickinghalls**  
*The Rectory, Bury Road,*  
*Rickinghall, Diss. IP22 1HA*  
*Tel: 01379 898685*



Some traditions within the Christian faith encourage the faithful to concentrate on what God has saved them for – that as God's handiwork, they have been created in Jesus to do good works that God has already prepared for them to do. They cite Ephesians 2:10 to support this. Others say that we should concentrate on what God has saved us from – rebellion against God's plans and a rejection of His love for us. This is what sin is. The truth is this, the moment you commit to being a follower of Jesus by acknowledging Him as your Lord and Saviour your sins are forgiven, your judgment is taken, your condemnation is gone. The deal is done, one day you will experience eternal life in heaven where there is no more pain, tears or sorrow, only peace, joy, rest and total security.

As I just said, sin is a refusal of God's love; a rebellion against being dependent on His affirmation. This leads us to prefer to define ourselves by the life we are trying to build. Consequently, we become addicted to self-love, which uses all our gifts and talents to try to prove to ourselves and others that we really are somebody who should be loved and valued by all because we deserve it.

So powerful is our addiction to approval-seeking, that today we often confuse unconditional love with unconditional affirmation. Unconditional affirmation is what you receive from your dog (but not your cat!). As dog owners, if we had to board our dog Bramble for a couple of weeks, when we returned Bramble just jumped up and down with excitement! His joy at being with us never posed a challenge to what we wanted to do. Now I know that that strategy would not work with my wife Barbara! And quite rightly so. Yet unconditional affirmation seems so good because it never confronts human self-centeredness. We are completely affirmed as we are because our primary focus is trying to meet our own needs at the expense of being dependent on God's good and perfect plans and purposes for us which come out of His unending love for us.

Therefore, unconditional love is just the opposite. Love, by its very nature, reaches out for union. For implicit within the gift of love is a calling of the receiver into a relationship with the giver. Indeed, to accept the gift of love is to admit into our heart a power from outside ourselves which tugs at our very self-centeredness. It works to wean our hearts off self-focus, so we can find our true joy in giving ourselves away in love to the one who has loved us.

The gift of love, by its very nature, seeks for the recipient to reciprocate and return the love. Yet, the price of this relationship is a dent in our self-sufficient autonomy. We can no longer be only concerned about our own needs and wants. For our love for others to thrive, our selfish ways have to die. Indeed, the greater the selflessness of the love we receive, the greater the loss of the right to live for ourselves alone. Perfect, unconditional love seeks to stir up in us an equally unreserved offering of all of ourselves to the giver. Of course, God's handiwork will only fully accomplish this transformation in His followers in the age to come (when Christ returns) or when we get to heaven, whichever comes first.

The story is out, humanity's greatest sense of affirmation is only found in loving relationships, while the greatest threat to loving relationships is our persistent insecurities which keep us focused on ourselves. Sadly, unconditional affirmation never faces this issue, so it can offer nothing to really help us feel truly affirmed. In the final analysis, it just leaves us lonely, trapped into a life of constantly trying to appease a person we really don't like - ourselves.

If the fruit of unconditional affirmation is so dire, why has it become so popular today? Because it is the inevitable consequence of approval-earning. Broken by our failure never to fix our flaws, we never can prove our worth. That on-going wound has left us only one option; to demand that no one has the right to say that we are wrong, even when deep down we know we are. But God's unconditional love exposes this lie for what it is. God's unconditional love at work in us will never stop until that glorious day when we love Him and others as unconditionally as He loves us. He loves us so much that He sent His Son to die on the cross for us, that we might have everlasting life. Thankfully His love is not based on performance, and certainly not because we deserve it. Christ loves us so much that while we were living in rebellion to God, His Heavenly Father, He died for us. If you would like to explore further the life changing impact on your life when you turn to Jesus as your Lord and Saviour, then please do not hesitate to get in touch.

Wishing you every blessing for this new year.



Please note the following changes to the **Local Services Directory**

The latest version of the directory is available online at

<http://stmarysrickinghallinferior.onesuffolk.net/local-information/>



Section	Changes
Community Services (local)/Parish Councils	New Botesdale Parish Councillor : Elizabeth Stanford : 07549 436906

**The latest version of the *Local Services Directory* will be printed in this magazine next month. Although continuously updated online during the year, we ask readers to check it before the annual printed version is published - to get it as right as possible. Please let [events@rbrparishmag.com](mailto:events@rbrparishmag.com) know of any changes.**

### Message from the team

Welcome to our first edition of 2023. We don't know what the year will bring but let's hope things start to look up. We have three full pages of events for you and all the usual adverts from our wonderful local businesses. We could always do with more so if you run a business and do not currently advertise with us please consider doing so. Thanks to everyone who has contributed to this issue

*Charles Murray.*

### Contacts

For all editorial content: [editoratrbrparishmag@gmail.com](mailto:editoratrbrparishmag@gmail.com)  
 For all commercial adverts: [advertsatrbrparishmag@gmail.com](mailto:advertsatrbrparishmag@gmail.com)  
 To advertise events: [eventsatrbrparishmag@gmail.com](mailto:eventsatrbrparishmag@gmail.com)

Alternatively, please **write** to: *The Parish Magazine, The Rectory, Bury Road, Rickinghall, Diss, Suffolk, IP22 1HA* or **call The Editor** 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

### STUFFING MEETINGS

- **Mar issue Mon 13 Feb** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Fri 24 Feb**
- **April issue Mon 13 Mar** Come and help stuff the magazine @ All Saint's, Redgrave- 3.15pm on **Fri 24 Mar**
- **May issue Mon 10 Apr** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Fri 21 Apr**
- 

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub, .png Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes The Parish Magazine Volunteers


*The views and opinions expressed in this magazine are those of the authors and do not necessarily reflect those of the editorial team.*




## WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.

Printed by:





What do you call a chicken who crosses the road, rolls in the mud, and then crosses back again? A dirty double-crosser.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

## Redgrave Community Shop

Groceries, newspapers, greeting cards  
and more...

Open every day

Monday - Saturday 8:30am - 1:00pm  
Sunday 9:00am - 11:00am

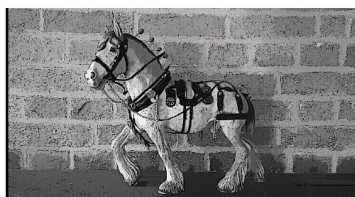
Telephone: 01379 898848

Email: [www.redgravecommunityshop@gmail.com](mailto:www.redgravecommunityshop@gmail.com)

## White Horse Thelnetham

LIVE  
Music

Meetup  
Mondays



FIRE  
Place

Warm  
space

Come and visit the Community Public House in Thelnetham, IP22 1JN. We are open Friday and Saturday from 5pm till close and Sunday from 12-6pm.

A selection of local Ales and Cider are available. Food Vans park up on Fridays. More information and updates at [facebook.com/SaveTheWhiteHorseThelnetham](https://facebook.com/SaveTheWhiteHorseThelnetham)

Telefon 01379 898800 / Email [info@ifarm.land](mailto:info@ifarm.land)

## STAR WING BREWERY

### BEER FESTIVALS

April 28 & 29

May 26 & 27

June 30 and July 1

July 28 & 29

August 25 & 26

Guest Ales\*Full Bar\*Live Music\*Food

Now taking WEDDING & other  
PRIVATE EVENT bookings for 2023 &  
beyond

Contact the team:

[contact@starwingbrewery.com](mailto:contact@starwingbrewery.com)  
The Old Saw Mill, Hall Farm,  
Church Road, Redgrave IP22 1RJ  
01379 890586



## THE CROSS KEYS

A Community Owned Free House

	Opening	Food Served
MON	Closed	
TUES	Closed	
WEDNESDAY	16.00 - 21.00	Restaurant Currently Closed
THURSDAY	16.00 - 21.00	
FRIDAY	16.00 - 23.00	
SATURDAY	12.00 - 23.00	
SUNDAY	12.00 - 21.00	

Food trucks and other events coming shortly. Please check social media for further information!

**Contact us:**  
Cross Keys, The Street, Redgrave, Diss IP22 1RW  
[gm@redgravecommunitysociety.com](mailto:gm@redgravecommunitysociety.com)  
01379 779822

Please check the website and social media for all the latest updates  
[www.crosskeysredgrave.co.uk](http://www.crosskeysredgrave.co.uk) / Facebook @crosskeyspubredgrave  
Twitter @KeysRedgrave

### Delicious gifts baked in Redgrave!

Valentine's brownies, Mother's Day brownies, celebration stacks, brownie slabs and artisan hampers (corporate discounts available).

Available for collection at Redgrave Shop or UK wide delivery. Scan the QRcode to see our full range available online and order via [info@brownieandthebean.com](mailto:info@brownieandthebean.com)

Alternatively, send our gift boxes to loved ones across the country via our website, using discount code **comeback5** at the checkout for £5 off.

Email [info@brownieandthebean.com](mailto:info@brownieandthebean.com)  
call 01379 452195  
to place an order.  
[www.brownieandthebean.com](http://www.brownieandthebean.com)  
[@brownieandthebean](https://twitter.com/brownieandthebean)



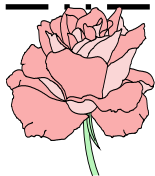
# What's on : February

## Redgrave & District Ladies Club

Tuesday 14<sup>th</sup> February 2023 7.30pm at All Saints

**KATE ANDREWS**  
(a Ladies Club member)  
**MY WEAVING HOBBY**

It's Hands On and your turn to have a go!



**"Coffee On the Corner"**  
**Parkview Chapel Botesdale**

**9:00am Tue 14<sup>th</sup>**

Contact Sue Allen at  
brookview@clara.co.uk/01379 890423



## Rhinestone REBEL MUSIC CLUB LIVE COUNTRY MUSIC & DANCE

**SAT 4<sup>th</sup> FEBRUARY**

**BOBBY  
GRAHAM**

DOORS 6:45PM • STARTS 7:30PM

**TICKETS £7**



### RICKINGHALL VILLAGE HALL

Hinderclay Road, Rickingham, Diss IP22 1HD  
FOR BOOKINGS & MORE INFORMATION PLEASE CALL  
**Tel 01473 912626 or 07591 099519**  
*You are welcome to bring your own food & drink.*

The promoter reserves the right to alter the programme/artists performing due to unforeseen circumstances without notice.

## Angles Way Filling Station

**Friday 10 February 2023**

**7.30pm**

**with Rakesh Kurian**

**THE  
FILLING  
STATION**

**Garboldisham Village Hall IP22 2SE**

Come and join us for a hot homemade lunch  
in a warm space

## SOUP GROUP

Every Friday in January & February

**12.30 - 2.30pm**

at

**Parkview Chapel, Botesdale**

starting Friday  
6th Jan

donate what  
you can £



A warm welcome awaits you  
together with tasty soup,  
fresh bread & hot drinks

POST  
OFFICE

Mobile Post Office  
in carpark 2.45pm

Contact Sue Allen 01379 890423 sue@brookview.clara.co.uk for further details

## Rickingham Country Market

09.00 am - 12.30 pm @ Rickingham Village Hall

Toys

Crafts

Ephemera

Retro

Vintage

Collectables

.... and your favourite food & drink !

**Saturday 11 February**

**theWI Rickingham**  
INSPIRING WOMEN

*All meetings at  
Rickingham Village  
Hall*

**Thursday 9<sup>th</sup> February 7.30pm**

Lewis Turner talking about

**"Know your Bees"**

Fun Competition : Anything bee related

*A warm welcome to new ladies who would like to come  
along and meet us*

---

**Friday 17<sup>th</sup> February 12.30pm**

**Winter Soup and Natter**

£5 per person

Friends, family and new members welcome

---

Rosemary Setterfield - President

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

THE ONE & ONLY  
**FISH & CHIP**  
TAKEAWAY

- Cod, Haddock, Skate, Rock and Chips  
Sausages and Pies  
New special items every week
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Thursday to Saturday 11.30am – 1.30pm
- Dining area now open
- The Marketplace, Botesdale, Diss IP22 1BS  
telephone 01379 898543  
Order in advance for collection at  
[www.botesdaleonline.co.uk](http://www.botesdaleonline.co.uk)

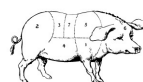
**FISH WITH A TWIST**

THE ULTIMATE JOINT AND HIGHWAYS

**FRESH  
EVERY  
FRIDAY**

**BUTCHERY  
& FARM  
SHOP**

**FREE-RANGE  
MEAT & MORE**



Outdoor reared Gloucestershire Old Spot pork  
Slow grown free range chicken  
Free range eggs  
Grass-reared beef as available  
Jams, marmalades, chutneys and pickles  
Freshly baked cakes, pastries, pies & more every Friday

*Traditionally raised, butchered & processed by us*

OPEN MON 10AM TO 2:30PM (FROZEN)  
TUES -THURS 10:00AM-5PM (FROZEN)  
FRIDAY 10:30AM - 4:30PM FRESH & 10:30AM TO 6PM FOR  
ORDER COLLECTIONS  
SATURDAY 10AM-4.30PM

WYKEN VINYARD FARMERS MARKET EVERY SATURDAY

Highways, Finningham Road, Rickingham, IP22 1LP  
- on the S-bend on the B1113 towards Finningham  
What3words: mows.rekindle.corrode

[highwaysgos@aol.com](mailto:highwaysgos@aol.com)

Megan: 07771 752228 Philip: 07887 668445  
[www.highwaysgos.wixsite.com/theultimatejointltd](http://www.highwaysgos.wixsite.com/theultimatejointltd)

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*Naturally beautiful and beautifully natural*

**BESPOKE CAKES, CUPCAKES,  
BROWNIES & COOKIES**

Wedding cakes  
Birthday cakes  
Christening cakes  
Anniversary cakes

[www.thehazleburykitchen](http://www.thehazleburykitchen)  
Contact Poppy Sayers on 07557 900857  
Or [info@thehazleburykitchen.com](mailto:info@thehazleburykitchen.com)  
[@thehazleburykitchen](https://www.instagram.com/thehazleburykitchen)

*Clarke's Bakery*

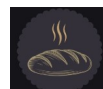
**Traditionally Baked Artisan Bread & Cakes**  
(no palm oil or additives)

Open: Mon to Fri 9.00am—5.00pm  
Sat 9.00am—1.00pm

Phone for orders: 01379 740003  
Place Farm Shop, Old Bury Road  
STUSTON IP21 4AD



Clarke's bakery



*Amazing  
Cakes  
by Jean*

**Special cakes  
for  
special celebrations**

*Jean Barker*  
01359 241135

[www.amazingcakesbyjean.co.uk](http://www.amazingcakesbyjean.co.uk)

**Gentle Yoga**

at  
Rickingham Village Hall

**Mondays 10:30-11:30am**  
£45 for a 6 week block  
Suitable for all levels  
of experience

Contact:  
Pema Clark  
07792 613783  
[yogadhanauk@gmail.com](mailto:yogadhanauk@gmail.com)



**Yoga**

at  
Botesdale Village Hall, IP22 1BZ

Tuesdays 7pm - 8.30pm  
Term time only

Join anytime!

All abilities welcome

£44 for each block of 6 weeks

For more information please ring  
Julie on 01359 221655 or e-mail  
[juliedyoga@msn.com](mailto:juliedyoga@msn.com)

**Rural Holiday  
Flatlet**

at  
Grove Flock Farm  
Botesdale Common  
Botesdale  
IP22 1LH

**07803 887817**

[gffbotesdale@btinternet.com](mailto:gffbotesdale@btinternet.com)



# What's On : February



February 22<sup>nd</sup>, 7:30pm  
Rickingham Village Hall  
The Heritage Circle presents:

**Peter Davidson**  
**Ups and downs:**  
**Barnardo's Foster Children in Suffolk**  
**1890-1950**

New members & guests welcome  
Visit [www.heritagecircle.onesuffolk.net](http://www.heritagecircle.onesuffolk.net)



**The Arts Society Diss** meets at the Corn Hall, Diss, 2 p.m.  
You can park at GAZES.



All talks are the third Tuesday of the month, except December (2<sup>nd</sup> Tuesday).

Guests are asked to contribute a £7 donation.  
Membership for 10 lectures per year is £43.  
Do come along and give us a try!

More information at: <https://artsocdiss.org.uk>

**February 21<sup>st</sup> - Kettles Yard, Cambridge – a masterpiece of curatorship**

21 March 2023	Forgeries of Russian Modern Art - the dark side of the boom
18 April 2023	Victorian Women Stained Glass Artists
16 May 2023	Art after Windrush - postcolonial artists in Britain since 1948
20 June 2023	Leni Riefenstahl – Hitler's filmmaker

**Please note : the performance dates have changed to 23rd-25th of February**

## W.A.R.T.S presents DICK WHITTINGTON

A Pantomime by Tom Whalley

**23<sup>rd</sup> – 25<sup>th</sup> February 2023**

**Botesdale Village Hall**

Doors 7pm, Show 7:30pm

**Saturday Matinee Doors 2pm, Show 2:30pm**



Tickets available from Wortham  
Post Office, Redgrave  
Community Shop, or online at  
[www.ticketsource.co.uk/warts](http://www.ticketsource.co.uk/warts)



**Friday 24th February, 7.30pm**  
**Eye Community Centre**

Tickets £5 in advance from The Handyman  
or pay on the door. More information at  
[www.cinema-at-eye.org.uk](http://www.cinema-at-eye.org.uk)

### Mobile Post Office

**The Mobile Post Office**  
**continues to visit**  
**Parkview Chapel car park on**  
**Fridays at 2.45pm - 3.45pm**  
**(except bank holidays)**

**Botesdale Methodist Church**  
**"Coffee down the Lane"**  
**Tuesday 28<sup>th</sup> February**  
**10:00am-12:00pm**



### Parish Magazine email addresses

Articles	<a href="mailto:articlesatbrparishmag@gmail.com">articlesatbrparishmag@gmail.com</a>
Adverts	<a href="mailto:advertsatbrparishmag@gmail.com">advertsatbrparishmag@gmail.com</a>
Editor	<a href="mailto:editoratbrparishmag@gmail.com">editoratbrparishmag@gmail.com</a>
Events	<a href="mailto:eventsatbrparishmag@gmail.com">eventsatbrparishmag@gmail.com</a>

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## For all children aged 2 to 5

We provide an exciting range of indoor and outdoor activities to ensure each child enjoys a stimulating learning experience supported by caring, highly qualified staff.

.....  
Exclusive access to Woodland area for exploration and adventure!  
.....

Consistently excellent Ofsted reports.  
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Sessions available Monday to Friday  
9.00am-3:15pm  
.....

£4.20 Or £4.10 per hour (depending on age)

**Contact Karen Hails**  
**07796 014304**

[www.botesdaleandrickinghallpre-school.co.uk](http://www.botesdaleandrickinghallpre-school.co.uk)

Registered Charity no. 1022795



Registered Charity  
1142955  
OFSTED Registration  
EY445021



**LOTTERY FUNDED**

## Botesdale Breakfast and After School Club OFSTED Registered

[www.botesdale-after-school-club.org.uk](http://www.botesdale-after-school-club.org.uk)

Providers of wrap around quality affordable childcare for children aged 3 – 11, term time only with consistently excellent OFSTED reports.

The clubs provide a safe, fun and social environment with qualified experienced and caring staff. We offer a wide range of indoor and outdoor activities (weather permitting) including games, Lego, k'nex, arts and craft, IT and quiet area, play station and Wii.

Children are collected daily from St Botolph's Primary School.

We also provide a drop off & collection service for the following schools:

Worham Primary School, Gislingham Primary School and Palgrave Primary School. Transport costs apply for this service.

Our fees are as follows;

### Breakfast Club Mon-Fri

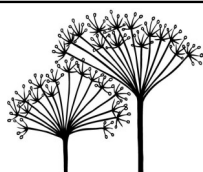
From 7.45am £5.50

### After School Club Mon-Fri

3.25pm – 6pm £7.50 for the hour (£6.50 for siblings)  
3.30pm – 5.30pm £12.50 for 2 hours (£11.50 for siblings)  
3.30pm – 6.00pm £15.00 per session (£14.00 for siblings)

Subscription 2021/2022 £20.00

**Please contact Paula 07952 961285**  
[botesdaleoutofhours@gmail.com](mailto:botesdaleoutofhours@gmail.com)



## Mo's Companion Services

Our services are tailored  
to your individual requirements

We can provide and assist with:

- friendship • hobbies and interests • chaperoning
- wellness visits • medication supervision
- appointments • shopping • meal preparation
- running errands • household chores and admin
- help in the garden • dog walking and pet care

*More than 20 years' experience*  
*DBS checked and fully insured*

To arrange a free in-home discussion of how we might help,  
call Andrew on 01379-890562 or 0779 0779 982  
or email [moscompanionservices@gmail.com](mailto:moscompanionservices@gmail.com)

[www.moscompanionservices.co.uk](http://www.moscompanionservices.co.uk)



## St. Botolph's Primary School, Botesdale

### Midday Supervisor Vacancies

We are seeking to appoint two MDSAs to play, supervise and support the children at lunchtime.

Working hours are from 12pm to 1:20pm.

2-5 lunchtimes per week, 38 weeks per year.

If you (or a suitable person you know) is interested in finding out more please contact the school office on 01379 890181 or via email [admin@st-botolphs.suffolk.sch.uk](mailto:admin@st-botolphs.suffolk.sch.uk)

A full application pack will then be made available. All successful candidates will be subject to an Enhanced Dbs check and will require two references to support their application.





# What's On : February and Beyond

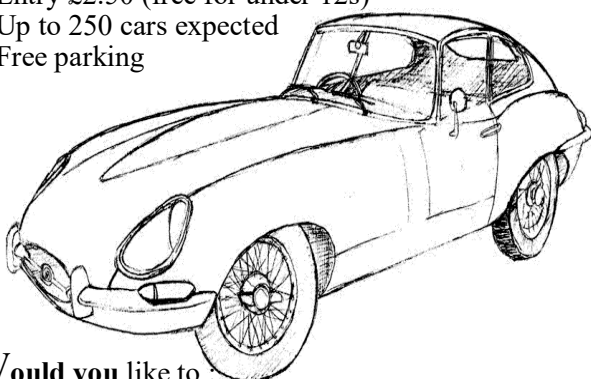
## Redgrave & Lopham Fen

February	<b>Weekend Wildlife Club</b> Saturday 11 Feb, 10.30am - 12.30pm, £5. Monthly club with wildlife-themed activities for 6-11 year olds
	<b>Young Naturalists</b> Saturday 11 Feb, 1.30pm-3.30pm, £5. Monthly session for 11-16 year olds to explore, investigate and learn about the wildlife and habitats of the Fen
	<b>Build a nest box week</b> Saturday 11 - Sunday 19 Feb, 10am-2pm. Drop-in to make a nest box to take home. All welcome, £10 per nest box kit
	<b>Holiday Club Wednesday</b> 15 February, 9am-3.30pm For unaccompanied 6-11 year olds. Wild play, games and activities £25 each, inc. a healthy, vegetarian lunch
March	<b>Social stroll</b> Saturday 11 March, 10am-12noon. A sociable stroll for adults looking at seasonal wildlife. £5
	<b>Weekend Wildlife Club</b> Saturday 11 March, 10.30am-12.30pm, £5. Monthly club with wildlife-themed activities for 6-11 year olds
	<b>Young Naturalists</b> Saturday 11 March, 1.30pm-3.30pm, £5. Monthly session for 11-16 year olds to explore, investigate and learn about the wildlife and habitats of the Fen
	<b>Needle felted sitting fox workshop</b> Sunday 12 March, 10am-2pm. With local needle felt artist Sarah Brown £35, incl. materials
<b>Booking essential for all activities unless otherwise stated. For further details and to book, visit <a href="http://www.suffolkwildlifetrust.org">www.suffolkwildlifetrust.org</a> or call 01473 890089</b>	



## Car & Craft Fair 2023 Sunday May 21st 10:00am Rickingham Village Hall

- Craft fair, Stalls and Refreshments
- Entry £2.50 (free for under 12s)
- Up to 250 cars expected
- Free parking



Would you like to :

- ♦ sell your craft wares?
- ♦ display your classic car?
- ♦ volunteer to help on the day?

If so, please contact Geoff Short on 01379 897164.

Organised by the Jaguar Enthusiasts' Club

## QUIZ NIGHT

ANNUAL  
FISH 'N' CHIP QUIZ NIGHT  
AT  
PARKVIEW CHAPEL, BOTESDALE  
SATURDAY 25<sup>TH</sup> MARCH

QUIZ STARTS AT 7.00PM  
TEAMS OF NO MORE THAN 6  
£8.50 PER PERSON  
(SAUSAGES/VEGGIE AVAILABLE IF PREFERRED)

**BOOKING ESSENTIAL**

For further information and to book please call  
Kev Gladwell on 01379 898924

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# Botesdale Parish Council

Leeann Jackson-Eve



## Reports from the December 2022 and January 2023 Botesdale PC Meetings

The PC is very pleased to welcome another new councillor – Elizabeth Stanford.

**Public Forum (December):** At the Christmas tree lights ceremony it was reported by an attendee that children, and in some cases their parents, were stepping on and over the war memorial and wreaths. Suggestions to prevent this were permanent railing or temporary barriers, plus cones in the road to prevent parking and allow more space for attendees.

A number of Fairstead residents were in attendance with concerns about the bad and sometimes dangerous parking of visitors to the medical centre and drop off and pick up from the school. Several photos were shown to councillors and subsequently emailed to the PC. Bin lorries had sometimes been unable to access The Fairstead and residents were concerned that emergency vehicles would not be able to access The Fairstead at school run times. Residents had requested advice from the District Council and had been referred to the Highways authority, Suffolk County Council. Following on from the discussion in the Public Forum, the PC felt that yellow lines were not the answer as they would simply displace the problem. It was agreed that there should be better signage from the Health Centre, and they could perhaps consider redesigning the layout of the car park. The PC has approached both the Health Centre and school with the residents' concerns and suggestions. Additionally, advice has been sought from the County Council on possible parking restrictions.

**Public Forum (January):** A resident of Bury Road expressed serious concerns about the effect of construction traffic at the Bennett Homes site on Bury Road, in addition to the dust, dirt and noise emanating from the site. Traffic nuisance included queues of lorries running from the site entrance opposite Tollgate House to the B1113 junction and beyond, restricting visibility at the junction; lorries mounting the kerb outside of Tollgate House and destroying the verge; and a constant build up on the road surface of heavy mud. At the time of reporting, the resident had been advised that over 40 lorries a day would be attending the site that week. With only one man using a jet spray to clean the lorry wheels, it had resulted in a quagmire around the site entrance and the noise from the road sweeping machine was constant and disruptive. Attempts to contact Bennett Homes had met with no satisfaction.

County/District Cllr Jessica Fleming reported that she had received numerous complaints about delivery vehicles to and from the site speeding through Mellis and Yaxley and had asked Suffolk Highways to investigate. She had also written to the MSDC Enforcement team proposing that work on site be stopped until the existing Construction Method Statement was re-written to address the concerns and interests of local residents in Botesdale and further afield. At present it did not adequately address wheel washing, dust/noise monitoring or the management of construction traffic. The Deliveries Management Plan was inadequate, as it more or less limited its scope to movements within the site and did not address effects externally. The site access opposite the Listed Tollgate House was proving to be inappropriate and as the project was due to last four years, she felt that an alternative should be considered with the involvement of Suffolk Highways.

From these reports, the PC has concluded that the failure of Bennett Homes to adequately manage the site has resulted in a significant diminishment of nearby residents' quality of life. It is agreed that no-one within 50m of the site could fail to be affected and residents have

councillors' full sympathy and support. The PC has written to the District Council Enforcement Team fully supporting Cllr Fleming's proposal to halt work on site so that the Construction Method Statement and Deliveries Management Plan can be amended and brought up to an adequate standard. The proposal to consider an alternative site access during the construction period is also fully supported by the Parish Council.

**Recreation Ground:** The focus of the construction progress has been on the landscaping (hedging, planting, etc.), pathways (particularly the Eco-Sensory pathway) and the new entrance. There are a few minor equipment items yet to be installed as well as minor snagging issues related to already installed equipment. The PC is already considering the Operation and Management of the Recreation Ground following a 12-month period where it will be maintained by the installation contractor, Urban Forestry. The PC will be monitoring that 12-month maintenance period to establish best practice and requirements going forward and will aim to set up a Sub-Committee to oversee future management within the next six months, as well as a possible Friends of Botesdale Recreation Ground to be formed/involved.

**Steps to FP15 Bridewell Lane:** The PC will be seeking repair or rebuild to the steps in Bridewell Lane to improve their safety.

**Community Governance Review:** There has been no reply from Mid Suffolk District Council to the PCs' withdrawal of the request for a parish merger, and the PC has asked District Cllr Fleming to follow up on this.

**Annual Parish Meeting:** The APM will be held on 3 April at 6:30pm, prior to the regular meeting of the PC.

**Litter Pick:** We've set a date for 25 March and would love to see some more volunteers this year! More info closer to the date.

**Budgets and Finance:** The PC has decided to start using the Scribe accounting package for parish councils, which it feels will provide better continuity of service and greater flexibility. The PC has also agreed to set a budget of £51,300 for the year 2023-24 with a precept of £49,200 from Mid Suffolk District Council. This represents an overall 5.5% rise on the amount received in 2022-23.

## THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE ON

**MONDAY 6th FEBRUARY**

**at 7.00 pm**

**at Botesdale Village Hall**

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**Your Clerk is: Mrs Leeann Jackson-Eve,  
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# Redgrave Parish Council



## Parish Council Report – January 2023 By Alison Spouncer, Parish Clerk

January 2023's meeting saw eight Councillors present (with one apology), County Councillor and District Councillor Fleming sent her apologies, and two members of the public were present.

### Public Forum

Mr Bloomfield of William H Brown accompanied his client regarding a Permission in Principle (PiP) application for a new build on the land adjoining the client's house (DC/22/05936 1 No Dwelling adjacent to Oak House). Mr Bloomfield advised the Council that, assuming the initial PiP is granted, the detailed development proposals will be submitted for consideration as part of the second ('technical details consent') stage of the PiP process. The Council raised no objection subject to the assurance that all Public Rights of Way (PROW) considerations and environmental and ecological points raised by experts consulted were addressed.

### Planning

Two planning applications were considered; in addition to the public forum discussion above on the application for Permission in Principle (PiP) on land south of Oak House, the application (DC/23/00134) to fell a tree at Rose Cottage, Half Moon Lane, Redgrave was approved. All applications, updates and comments are available online for review and comment via the Mid-Suffolk District Council Planning Portal at <https://www.midsuffolk.gov.uk/planning/application-search-and-comment/>

### Ongoing Items:

**Redgrave PC Bulletin Emails:** The Parish Bulletin Email is underway with nearly 100 recipients. If anyone would like to be included, please email [clerk@redgrave-pc.gov.uk](mailto:clerk@redgrave-pc.gov.uk)

**The B1113 Weight Restriction Option:** The Council agreed to initiate a traffic survey with heavy vehicle usage in mind. Once completed the Council will report the findings.

**Land Behind Churchway:** Councillor Warnes updated the Council on the current position and it was agreed to continue discussions with the landowners for potential use of the land for the village community. Further updates will be provided.

**Community Self-Help Scheme:** A new scheme has been initiated by Suffolk County Council offering training to volunteers to maintain such areas as verges and minor potholes. It was agreed by the Council to accept in the hope that some concerns such as overgrown verges can be resolved by the village, given Suffolk Highways no longer have the resources to undertake this on a regular basis.

**Old School Playing Field:** Good progress has been made with the new play area. We hope that this will have been ready for use by 23rd January with a proposed formal opening ceremony on 30<sup>th</sup> January at 4pm. A Facebook page and Instagram account have been set up for anyone who may be

interested to follow them. (Search for 'redgraveplay' on both sites). It is planned to have activities, community gatherings throughout the year, along with the Green Redgrave Group providing points of interest and activities for children.

### Budget 2023/24:

The Parish Council Budget was considered alongside grants and donations. All budgetary matters were approved (further details can be found on the website and noticeboard where minutes can be found).

Payments agreed included:

IA Play Solutions for Play Equipment Installation - £13,743.60  
Fencing gates and bench relocation for OSPF – Costings awaited  
Park Bench installation - £402 + £80.40 VAT

A Budget for 2023/24 of £23,502 and a Precept of £24,156.

### Meeting Dates:

All Saints Church, The Street will be the venue for the dates below:

- Thursday 2 Feb 23 at 7pm
- Thursday 2 Mar 23 at 7pm
- Thursday 6 Apr 23 at 7pm (Annual Parish Meeting, where clubs and local business will be invited along to present with all residents welcome, as for every meeting).
- Thursday 4 May (Local Elections)  
Future venues will be confirmed in April 2023.

If anyone is unable/does not want to attend but wishes to put a question to the Council, they would be very welcome to do so via the Clerk's email address detailed below.

### Councillor Vacancy:

The Council were very pleased to welcome Charlotte Giddings as a new Councillor.

Redgrave Parish Council has set up an email information service with updates on Redgrave activities and information on country-wide initiatives to support Suffolk residents. If you would like to receive these updates by email please contact [clerk@redgrave-pc.gov.uk](mailto:clerk@redgrave-pc.gov.uk)

## THE NEXT PARISH COUNCIL MEETING WILL TAKE PLACE ON

### THURSDAY 2nd FEBRUARY 2023

at 7.00pm

at

ALL SAINTS CHURCH, REDGRAVE

All parishioners are cordially invited to attend, it would be good to see you.

Full minutes can be found on the website (Parish Council >>Redgrave Village ([onesuffolk.net](http://onesuffolk.net))) and the village noticeboard opposite the shop.

**Your Clerk is: Alison Spouncer**

**Tel: 01379 890613**

**E-mail: [clerk@redgrave-pc.gov.uk](mailto:clerk@redgrave-pc.gov.uk)**

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# Rickinghall Parish Council



## Parish Council Report December 2022 - by Cllr Andy Gordon

This month's meeting had a short agenda but fellow residents of Rickinghall might wish to note:

**Waste Collection timetable:** Mid Suffolk District Council has published the revised waste collection calendar for the New Year. Details are available online here: <https://www.babergh.gov.uk/assets/Waste-Services/Calendars/MID-SUFFOLK-Refuse-Recycling-Collection-Schedule-2023.pdf>

**Planning approvals:** An application (including Listed Building Consent) has been approved by Mid Suffolk District Council, reference DC/22/03162, for the erection of a single-story side extension, following demolition of an existing side structure, at Garden Cottage, Mill Lane. Permission has been granted by Mid Suffolk, reference DC/22/04961, for the erection of a fence at Bridge House, The Street. Approval has been granted, reference DC/22/05223, for pruning work to two Holly trees at Market House, The Street.

**Other matters:** The Parish Council considered a query received from a fellow resident regarding land owned by Anglian Water (AW) on Garden House Lane. His query related to whether it might be suitable for a community woodland. After some discussion it was agreed that regrettably it was unlikely to be suitable for opening to the public due to the AW equipment and structures on site, and the arrangements AW have obviously made to restrict public access. However, the meeting also agreed that AW might be willing to consider some landscaping to improve its appearance, and that we would contact them to request this.

**Speeding on The Street:** Disappointingly, this continues to be a concern. The Parish Council had previously funded a speed warning camera, which we have been advised needs a more robust mounting post to support the combined weight of the unit and its solar panel. See below for an update.

**Community Governance Review (Botesdale & Rickinghall):** There has been no reply yet from Mid Suffolk in relation to the Parish Councils' consultation submission in November.

## Parish Council Report January 2023 - by Cllr Sally Smith.

The first Rickinghall Parish Council meeting of 2023 was held on Tuesday 10 January with all councillors present.

One member of the public was also present to gauge whether he was interested in joining the council and we hope to see him again! There are currently four councillor vacancies so if anyone would like to understand more about the role of a Parish Councillor please do come and along.

**Planning Applications:** There were no planning applications or tree work applications to consider this month but two planning decisions were noted:

Land East of Greenacres, Gardenhouse Lane - application for Removal or Variation of a Condition following grant of outline Planning Permission - Granted.

Pumping Station/Water Treatment Works, Church Lane - application for improvement of existing Rickinghall Water Treatment Works - Granted.

**Chairman's Report:** Cllr Short reported that he had met with the Rickinghall and Botesdale Good Neighbour Scheme (RBGNS) to discuss the future replacement of the Community Bus vehicle. Along with Rickinghall PC, at least two other parish councils are setting aside funds

for the estimated £40k purchase. It was noted that the current vehicle is seven years old and has 90k miles on it, mostly short journeys, and is likely to need replacing in another year or so. Suffolk County Council gave the current vehicle to Rickinghall PC for the use of RBGNS as that organisation was not eligible to receive the asset as a donation. The PC feels that this approach has worked very well, and the Community Bus service run by RBGNS is making an extremely valuable contribution to the community. It was noted that unless RBGNS's eligibility has changed, the PC would be happy to take on the ownership role for the new vehicle.

### Correspondence:

1. Parish Liaison Meeting to be held in Stowmarket on 7 February.
2. The Parochial Church Council confirmed the closure of St Mary's, Rickinghall Superior churchyard.

### General:

1. A revised quote for the supply and delivery of a new post was agreed in order to erect the new Speed Indicator Device on Bury Road, Rickinghall.
2. The Rickinghall Annual Parish Meeting was agreed to be held on Thursday 6 April at 7:30pm prior to the main Parish Council meeting.
3. The village litter pick is to be held on Saturday 25 March. Further details to follow.
4. It was agreed that the SALC Payroll Service and Scribe (administration package) would be utilised by the Parish Council. It was agreed this would be an asset to the council on governance grounds and ensuring continuity if a change in Clerk were to ever occur.

### Planning investment Infrastructure Plan:

1. The Rickinghall Day Centre have requested new chairs for the Lunch Club.
  2. St Botolph's School have requested funding for two new boilers following the de-carbonisation of the school.
- Both projects will be considered at the February meeting.

All finances were agreed and the Draft Budget for 2023/2024 was signed off with an average 3.5% increase over last year.

## RICKINGHALL PARISH COUNCIL'S NEXT

MEETING IS ON

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# Village News

## OIL SYNDICATE



The next Oil Syndicate Order will be the spring one at the end of February. The last date for orders will be Saturday 25 February.

Delivery should follow within a fortnight. Although OilNRG did supply this time, they did not perform as well as they could have done, I will think hard about whether to ask them to quote again. Their delivery date was very distant from the date of placing the order, for one thing.

For orders, as always, e-mail is preferred:

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If not available call me on: 01379 890952. Leave a message if nobody answers. I will return all messages within 48 hours, if I haven't done so try again or use a different method.

Since the last edition of the magazine, I have been informed by our MP, Jo Churchill, that the date for the £200 grant for non-gas-using households will be distributed via a credit to each property owner's Direct Debit Bank account of record. The electricity supplier will handle this in the same way as the electricity grants. What is not clear is how the electricity supplier will know who uses oil for heating. We shall see how this works, but I can see room for lots of potential mistakes and omissions.

David Sloan

## the WI Rickinghall

INSPIRING WOMEN

Our Christmas Party and our Christmas Lunch at The Bell in Rickinghall last December were successful and enjoyed by many members as a start to the festive season. WI ladies were then pleased to get together again on the 12<sup>th</sup> January following the Christmas and New Year break.

We have a full programme for 2023 and the first part of our meeting was running through some of these activities.

It was then on to our Speaker Sally Mittuch who told us about a *Day in the Life of an Eco Business*. Sally founded Natural Spa Supplies in 2007, following a life changing adventure in Morocco where she washed her face and hair with Rhassoul Clay and was surprised how it transformed her sensitive skin. She now has an on-line business, based in Long Stratton, offering natural hair, face and body care, traditional dental care, sponges, hemp oil soap and other toiletry items. She also told us about the joys of eco cleaning using hemp oil soap, organic soap nuts and artisanal blue indigo as a traditional 'bluing' laundry whitener.

Sally brought along some of her products and after refreshments members were soon busy buying her natural products to give them a try.

*Rosemary Setterfield – President*

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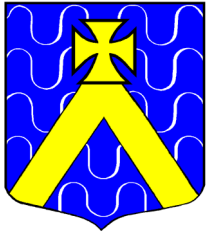


The Suffolk Local History Council runs a Recorders Scheme throughout Suffolk. We administer a network of volunteers to ensure that the 'present' is adequately recorded at local level for the 'future'.

A Recorder will note significant happenings in their parish and collect their local parish magazines, leaflets, election pamphlets and newspaper cuttings. At the end of each year, they are asked to submit a short report summarising the activities of their parish. The reports are deposited at the Suffolk Record Office and available to future researchers together with the collected items.

If you are interested, please look at the Recorders Pack by visiting [www.slhc.org.uk](http://www.slhc.org.uk) to acquaint yourself with the guidelines of the scheme. You do not need to be a historian; you do not need any qualifications other than an interest in your parish. In return you will receive a copy of the SLHC Newsletter and be invited to the annual conference specifically for Local Recorders. To volunteer to help in this important work, please contact [recorders@slhc.org.uk](mailto:recorders@slhc.org.uk)

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## St Botolph's Bowls Club

Despite it being winter the club is still active with Friday evening socials when members can come along to the bowls club to meet up for a drink, a chat, play cards, or board games, if they wish. A great way to keep in touch during the cold winter months.

In December we held our Christmas Dinner where bowlers and social members came together to enjoy some festive cheer. We also held our Annual General Meeting where officers and committee for the 2023 season were elected.

We are now preparing for the start of the summer season in April including club drives and league matches. Our entries into both Bury St Edmunds and Stowmarket leagues have been registered and our league captains were confirmed. Members who joined last year will have a chance to play in both the drives and a league if they wish to, to gain valuable practice and experience.

We will be starting the season with an Open Day in April and welcome anyone who would be interested in finding out more about Lawn Green Bowls. Bowls can be played by people of all ages and we will be holding our Fun Friday Bowls Evenings, also starting in April, when anyone can come along and have a try with the aid of a coach and fellow members. More details next month. For more information about the Bowls Club please call 01379 897251.

**Rosemary Setterfield – Committee Member**

## Santiago's Art Café is open!

Santiago's Art Café in Chilvers, Market Place, Botesdale, provides gallery space for amateur and emerging artists whilst serving the highest quality food and beverages from local producers. We are currently exhibiting the works of four very diverse painters whose works range from colourful, abstracts to large, powerful, emotive scenes. Three of our artists are local, two in the village and one nearby, and the other is a family member.

We serve scrummy cakes and brownies supplied by Brownie and the Bean and incredible savouries, supplied by the Black Dog Deli in Wenhaston near Southwold. Our coffee comes from the Suffolk Coffee Company who roast locally. We are currently working on our menu and will soon offer more dishes from local, specialist producers and yummy food handmade on the premises.

We have a warm, friendly, dedicated team of staff led by Mikey, our Café Manager.

Are opening hours are as follows:

Tuesday to Friday 9am to 4pm

Saturday 9am to 12 noon

Sunday 9.30am to 12 noon

We are closed on Mondays

## Community Woodland

Was that it? Was the cold snap in December our complete winter?

Already the temperature is unusually mild and bulbs are pushing through.

There has been enough rain to make the ground soft, good for planting trees. Patrick has been strimming the grass in Northfield Wood and it looks ready for spring.

Some more spindleberries have been planted in the lower part of the wood, which still looks a very "young". The footpaths are clear and we are trying to block up the hole in the hedge that is no longer needed, as the way through is not now a permissive path.

Miller's Orchard looks amazingly clear; so many trees have been cut back or down; will it make a difference to the flowers beneath them? We are hoping so. And we have the blossom to look forward to.

Low Meadow is pretty damp after all the rain we have had recently- a complete change from normal.

Someone has dumped a couple of tyres just outside Miller's Orchard – it is not a dump! Please dispose of your unwanted stuff in the proper place!

Rosemary Jones,  
Botesdale and Rickingham Community  
Woodland

11<sup>th</sup> January, 2023

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# Club News



## The History of Advertising - Stuart Bowell,

The December meeting of the Heritage Circle at Rickinghall Village Hall was entertained by an interesting talk by Stuart Bowell about the history of advertising.

Stuart said that advertising aims to encourage people to purchase goods. It is based upon psychology and has become increasingly sophisticated in the ways in which it tries to impact on the inner self of purchasers. However, advertising is a relatively recent phenomenon. Pre-industrial societies supplied most of their own needs. Surplus goods could be exchanged with neighbours, often using a system of bartering. Gradually, markets developed. They were located in the centre of towns and villages or at crossroads or river crossings. Advertising was unnecessary as goods for sale were displayed openly on stalls.

As settlements grew, shops often evolved from market stalls. Early shops tended to have horizontal shutters which could be made into a stall but increasingly goods for sale were moved inside the shops and could not be seen. Signs showed customers what was available in the shop. Most people were illiterate and so a boot on a pole would indicate a shoemaker. Some of these signs may still be seen. A barber may have a pole painted in red and white, and a pawnbroker displayed golden balls. During the 18<sup>th</sup> and early 19<sup>th</sup> centuries, posters and printed handbills became more common as greater numbers of people were able to read. Some companies, like Colman's of Norwich, opened their factories to shopkeepers to emphasize their cleanliness and the quality of their products.

Stuart is particularly interested in enamel signs. These appeared from the 1870s and were very effective as they were eye-catching and tended to be displayed in prominent places. As they were made of metal, the signs were durable. They used bright colours and often had memorable phrases. They could even be made into the shape of the product. Signs for beer or sauces were often in the shape of a bottle. Slogans on signs might appeal to class values. Adverts for Bryant and May matches encouraged support for 'home industries and British workers.' They did not mention the appalling conditions of the women producing them. Hudson's made a 'soap for the people.' Other products, like Rinso, made work easier or saved money. Some outrageous claims were made which would not be allowed today. Craven A tipped cigarettes would 'not affect your throat.'

Enamel adverts were put in prominent places, such as on the side of shops. At railways stations small enamel ads were placed on the risers of staircases so that travellers would see the same sign repeatedly. Buses were, and still are, used for advertising. The use of enamel signs declined after 1939 as metal was in short supply. After World War II paper signs became more common, especially on hoardings around war damaged buildings.

Stuart completed his talk by reviewing aspects of modern advertising. An example was Guinness which is a prolific advertiser as it has no tied pubs to sell its beer. Clever, memorable slogans are used like, 'Guinness is good for you.' People without Guinness are 'Guinless'. Animals and humour are often used in its advertising. A recent survey voted Guinness as the best television ad when waves became white horses.

The next meeting of the Heritage Circle will be on Wednesday 22 February at Rickinghall Village Hall when Peter Davidson will give a talk about *Ups and Downs: Barnardo's Foster Children in Suffolk 1890-1950*. New members and visitors are welcome. Further information is available at [www.heritagecircle.onesuffolk.net](http://www.heritagecircle.onesuffolk.net).

Gerry Gurhy

## Coffee On



A really wet and miserable morning when we started our January coffee shop - but that was only outside! Inside there was a warm welcome, plenty of smiles and new visitors! Yippee!

Even though the weather was pretty horrible, we were SO impressed that the intrepid walkers arrived and set off, all suitably attired, in the rain. Even though the wet should have been enough to put them off, they did their walk and returned, damp but smiling. If you haven't yet joined their happy band and feel that 2023 should usher in a slightly fitter lifestyle for you, then do get in contact with me and I can pass on your details to the organisers. If you think you won't be able to keep up, then do think again. The walk is a fairly short one (normally 20 - 30 minutes) and at least two of those who went out this morning had either crutches or sticks - no five miles at a rapid pace, but a sincere desire from the leaders to encourage others to get out in the fresh air for some exercise and a chat .... followed of course by refreshments! Even though Coffee on the Corner only coincides once a month with the walkers' weekly outing, there is still a chance for tea/coffee and biscuits in the warmth of the Chapel afterwards.

As always, there was a great selection of goodies on offer, including the ever popular cheese scones, courtesy of Sheila Miles and warm sausage rolls, provided by Joan Wilby. There were also plenty of tempting cakes too. The helpers in the kitchen this morning included Sherrie Rowe, Claire Mellor and David Miles, as well as Kev Gladwell, our pastor. As ever, enormous thanks to the team, without whom this monthly get together would not be possible!

The funds raised this morning, just over £99.00, will be sent to help with the work of Centrepoin, the London based charity that helps young people off the streets and gives them support to get back into education, work and homes of their own. The donations from our December coffee shop, just under £134.00, have gone to The Trussell Trust to help with the work at the food banks - if you haven't seen the recent news, during the current financial crisis, the needs have gone up, but those able to donate have gone down. If you are able to donate, please note that we have a box for the Food Bank in the back foyer at Parkview Chapel. Anything you can give would be gratefully received. Thank you, once again, for all your kind donations.

AND ... Good News! For those of you who haven't received a leaflet yet through your door, or seen the posters, or noticed the information on social media, Parkview is hosting a "Soup Group" every Friday during January and February. We start serving at 12.30 and finish at 2.30, but won't close the doors for anyone who might be hanging around for the Post Office van to arrive at 2.45. We are aiming to offer a warm welcome, in a warm space with the added bonus of a warming bowl of soup, plenty of bread and various spreads, followed by tea or coffee and biscuits. If you want any further information, or transport, then do please get in touch and we shall do our best! This is open to EVERYONE!

In the meantime, I wish you all the very best,

*Sue Allen*

If you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423. Alternatively, try Kevin Gladwell, our Community Pastor on 01379 898924.

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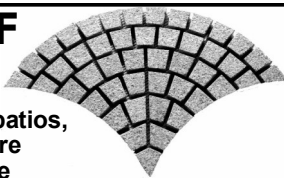
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Wattisfield

# Nyall's Notes LOHP Local News

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

The general message of the Bible is that God will, through Jesus Christ, forgive and forgive unconditionally and that he will never revoke that forgiveness. However there is one parable that Jesus told that may make it not always so.

Jesus told a parable, "The kingdom of God is like a king who decided to square accounts with his servants. As he got under way, one servant was brought before him who had run up a debt of a hundred thousand pounds. He couldn't pay up, so the king ordered the man, along with his wife, children, and goods, to be auctioned off at the slave market.

The poor wretch threw himself at the king's feet and begged, 'Give me a chance and I'll pay it all back.'

Touched by his plea, the king let him off, erasing the debt.

The servant was no sooner out of the room when he came upon one of his fellow servants who owed him one hundred pounds. He seized him by the throat and demanded, 'Pay up. Now!'

The poor wretch threw himself down and begged, 'Give me a chance and I'll pay it all back.' But he wouldn't do it. He had him arrested and put in jail until the debt was paid.

When the other servants saw this going on, they were outraged and brought a report to the king. The king summoned the man and said, 'You evil servant! I forgave your entire debt when you begged me for mercy. Shouldn't you be compelled to be merciful to your fellow servant who asked for mercy?' The king was furious and put the screws to the man until he paid back his entire debt. And that's exactly what my Father in heaven is going to do to each one of you who doesn't forgive unconditionally anyone who asks for mercy."

It appears that lack of forgiveness towards one that asks for it is the one sin that God takes so seriously that he is prepared to withdraw his forgiveness. That makes it very serious indeed.

After world war two a group of German Christians met up with a similar group of Polish ones and asked, "Can you forgive us?"

There was much discussion but in the end the leader of the Polish contingent said, "When I consider the amount of Polish blood that was shed by the Germans I cannot bring myself to forgive all that."

However, as they were about to part they said the Lord's prayer together and as they came to the line, forgive us our sins as we forgive them ....., they stopped with the Polish spokesman saying, "I have to forgive if I expect to be forgiven by God. I have to forgive."

To add emphasis Jesus concluded what we call the Lord's prayer with the words, "For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses."

To those that at present wish to air their grievances in public Jesus has a message but it is not for them only, it is for all of us, forgiveness is conditional upon being a forgiver.

*"Bear with one another and, if one has a complaint against another, forgive each other; as the Lord has forgiven you, so you also must forgive"*

*Colossians Ch 3 v. 13*



Little Ouse  
Headwaters  
Project

*Conservation & Community*

*"February is a song of wind and rain  
The sleeping giant of spring is not yet awoke  
February is the watchman silent and grey  
Waiting for the smoke and green shoots of new life  
To creep under the door."*

(Betty, written Feb 2020)

I liked that line about February being 'the watchman'.

Hazel catkins and pussy willow will start to appear and if we get any warm days you might be lucky enough to spot the first butterfly.

Thrushes will be heard singing and woodpeckers will start drumming. This is normally the time for siskins and red polls, but at a recent workparty tea break (yes, there was cake!) the chat was all about the lack of 'strangers' on our bird feeders this year. We put it down to the mild winter. However, just today, I spotted two male bullfinches on our feeders! There have been more and more sightings of red kite in our area so it looks like they're moving east - needless to say, I have yet to see one! February is also a good time to see barn owls hunting in the late afternoon. We were lucky enough to have some fledged on some of our sites so, hopefully, they will still be around.

In early January, over fifty people and lots of dogs, turned out for our winter walk on a glorious morning in Thelnetham. Our youngest walker was aged four and he completed the two hour walk in style! We then retired to the White Horse Pub in Thelnetham for tea, coffee and, in some cases, an early beer!

Our conservation manager writes that a recent invertebrate survey on Broomscot Common found that invertebrate numbers are being affected by dog faeces. Please, please, pick up after your dog(s) as it is unpleasant for people walking or volunteers working on site. This is not just confined to Broomscot, so please respect other site users and pick up please. Thank you.

Work parties are every Wednesday and Thursday and the second Sunday of the month so why not come and lend a hand. Details at: [www.lohp.org.uk](http://www.lohp.org.uk)

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### **Notes from the Green Redgrave Group**

It has been an eventful year for the Green Redgrave Group. And we are exactly a year old, having been established by the Redgrave Parish Council at its January 2022 meeting. In that time, we have already clicked up quite a few successes. We have planted now over 3,000 trees during the period, including a Queen's Jubilee tree (a Sorbus Aucuparia or Mountain Ash or Rowan for those of us non-Latin speakers) with plans for over another 1,000 more this year. We have planted 1,000 snowdrops and 300 daffodils on the Knoll in front of the Cross Keys pub. We have installed 12 bat boxes and 21 Swift boxes around the village. We have sown a patch of ground with seed designed to feed turtle doves, one of our most endangered birds (many thanks to our RSPB representative Eliza Leat, and friendly landowner, John Davie-Thornhill, for making this possible). We have put in place a regular litter picking programme (anyone who would like to join this please let us know). We have also put in place a series of talks on wildlife which have been greatly enjoyed by those attending. And on the cuteness front ... one hedgehog released.

And next year we hope to be just as busy. We had enthusiastic participation at the Old Allotments site off Fen Street where we have planted just over 3,000 trees. We also planted nearly 500 trees in the Old School Playing Field, with the intention of siting the new children's playground in the middle of a wildlife friendly garden. And we hope that this will be complete by about the time that this magazine is distributed. We will then be planning our next planting activity, probably in the Old Pits also off Fen Street. Volunteers will always be welcome!

One area we have not progressed as far as we would have liked is our planned "Citizen Science" survey activities. We hope to do better this year. We have already encouraged community engagement in the RSPB Big Garden Bird Watch at the end of January and hope to process the results locally for a picture of what is going on with birds in Redgrave. We would welcome help from those who do have time "to stand and stare" to make sure that we have a good picture of what wildlife we already have in this beautiful part of the world. More details to follow over the coming

months.

Our latest Green Redgrave talk in December was a fascinating introduction in to taking photographs in the garden by Kevin Sawford. Kevin, a wildlife photographer of international repute, gave us some extremely valuable tips on how to achieve the best results whatever equipment you may have. He runs practical workshop days and we may well plan to run one of these in the summer. See <https://www.kevinsawford.com/> for more information on his work and activities. Our next talk will be on the topic of our very own Fen Raft Spider on Tuesday 7<sup>th</sup> February 2023; Helen Smith is the expert who will be giving the talk. We plan to hold this in the Cross Keys Pub but watch out for updates nearer the date in case we need to change this.

We are still looking for enthusiastic volunteers to help us progress our activities. If you want to contribute or just learn about wildlife friendly activities then please join us. We would love to hear from you. Contact Andy Warnes (by email [awarnes@btinternet.com](mailto:awarnes@btinternet.com) or on 07478 337331) for more details.

## **Next Green Redgrave Talk The Fen Raft Spider**



Talk by: Helen Smith  
Place: Cross-Keys Pub, Redgrave  
Time: 1900 hrs on Tuesday 7 Feb 23  
Entrance £3 per person



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# Exploring the Past

Jean Sheehan, 01379 890237

## Shopping in Redgrave Street

Before Christmas there were many surveys and articles about High Streets in towns, mainly discussing the number of stores which had closed and asking people's views on what they wanted from the traders in the High Street. Many department stores had closed and high streets seemed to have a large number of charity shops, coffee shops, hair dressers, tattooists and beauticians. Over the past century a similar thing has happened in our villages, including The Street in Redgrave.

When I moved to Redgrave in 1966 there were two general stores, a butcher, a post office, and Orves' garage sold cigarettes and confectionery etc., all in the main Street.



## *Victor Orves' Cycle Shop at the Garage*

Dudley Orves owned the garage at this time. His grandfather, David, had been the blacksmith in the previous century and lived in the house now known as The Old Forge, almost opposite Dudley's garage in The Street, on the present B1113. Dudley's father, Victor, had worked from this property and in 1912 was described as a coach builder and wheelwright in Kelly's directory of 1912. He was injured in the Great War and received a small pension. He became chauffeur to Lord Playfair of Redgrave Hall and married Lady Playfair's maid, Miriam in 1917 and they lived in a house nearly opposite The Old Forge. By 1925 he had his first petrol pump and a licence to sell petrol. By 1925 he was described as a cycle agent in Kelly's directory. The cycle showroom was in the shop behind the petrol pumps, when the old garage was demolished to build the road to the new houses built on the garden. Some cycles were still in the shop in 1966 when Dudley was selling cigarettes, confectionery and Doubledays fizzy drinks to his petrol customers, even at midnight. He had stopped selling petrol by the early 1980s.

Thomas Landymore carried on a boot and shoe repairers business from at least 1925 to 1933 in the premises later known as Ronsyl, virtually next door to Orves Garage, but it was closed before 1966.

Nearly opposite Dudley's garage is The Old Butchery. Peter Jenkins was the butcher and his wife, Jean, had a hairdressing shop in one of the outbuildings in the yard in the mid 1960s. They bought the shop from Ernest Garnham in 1963 who had been a butcher there since at least 1933. A receipt for his meat in 1947 has the name on it of E. G. GARNHAM, Purveyor of Home-Killed

meat. The slaughter-house was shown on the deeds of the sale of the property in 1963. Peter Jenkins had closed the butcher's shop around 1970. A few years later it became the home of Bill Dow who started to make hand-made musical instruments in the traditional way, which was very time consuming. One day the dog ate the glue which he had painstakingly made from animal bones. He made and sold a harpsichord and a clavichord, but gave this up to work at a musical museum in Kent.

We bought Waveney Stores in 1966. At this time it was a general Stores, but sold virtually everything including paraffin as some houses did not have electricity at this time.

The Post Office was situated further along The Street at this time, in a bungalow which later changed its name from the Post Office to the Kyles. In 1966 the property was owned by Rodney Rich who employed a lady from Blo-Norton to run the Post Office. The following year we took over running the PO at Waveney Stores, and eventually bought the PO business to continue to run it from Waveney Stores. By this time Frank had started to do a delivery round in Fen Street, Blo Norton and Hinderclay. I was already selling a small amount of children's and ladies clothing and, in 1968, opened a boutique in a room which had been a store room. We later enlarged this into two rooms and had a gift shop in another storeroom. We were asked to put on fashion shows for various charities in local villages, using my children and long suffering friends to model the clothes.

The Redgrave estate was sold off by Peter Holt-Wilson in the early 1970s and the character of the village changed. The farms and the farmworkers cottages were sold. I changed the gift shop into a shop selling goods on commission for other people and called this The Old Curiosity Shop; this lasted for a couple of years.

The supermarkets were moving into Diss and in 1983 I started to work at Multiyork part-time, and full-time after 6 months as we could no longer make a living from the shop. Frank closed the Post Office in 1989 as he could earn more as a postman than being a postmaster.

The Post Office was taken on by the owners of Redgrave Stores at the other end of The Street, near to the pond. This shop had been in existence since at least the end of the 18<sup>th</sup> century when a bill was sent to Thomas Holt of Redgrave Hall. The owners of the shop in 1989 were Mr and Mrs T. Whitmarsh. They sold it a year later to Freda Butterworth who sold it to her brother, David. He had an extension built to house the post office in 1997. After being sold again, eventually the property was sold as a private house and the extension was leased to become the community shop which was opened in 2007. Covid changed many retail outlets in 2020.

Another shop which had a long life in Redgrave Street was the Bakery although this had already closed by 1966 when we moved into The Street. During the first half of the twentieth century there had also been two sweet shops, a dairy, an egg retailer and a windmill selling flour.

Acknowledgements to Ivan Debenham for use of photograph of the garage.

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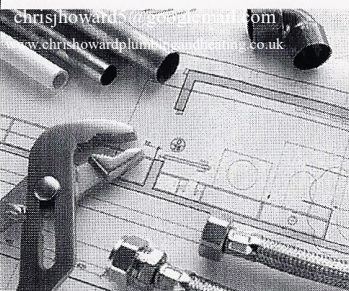
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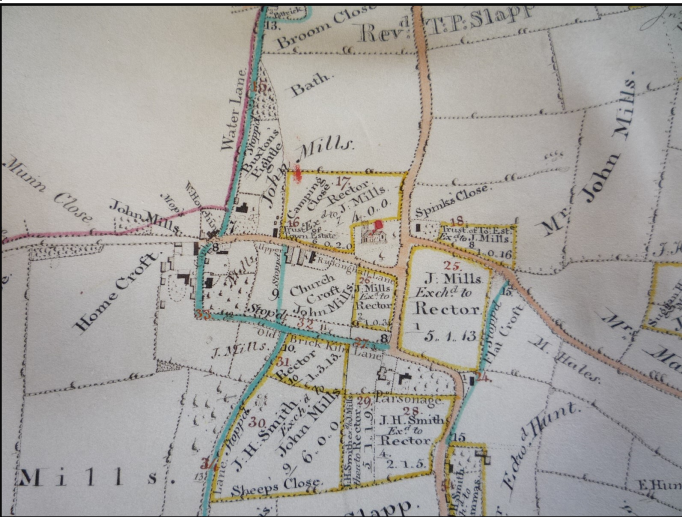


# Exploring the Past Again

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## Maps

The earliest map that has so far been found for our villages is one of Facon's Hall, now called Falcon's Hall. It is dated 1599 and is in the Ipswich Record Office, (The Hold). It shows the Manor house with its land; with the acreage of each wood and field, which are named. It also shows a track called The Packway coming from Allwood Green, running parallel to the Fanningham road. Part of this track was later blocked off, at the time of the Enclosure award. There is still a footpath leading from Facon's Hall drive to Candle Street.

Part of the *Enclosure Map for Rickinghall Superior*

A Terrier map dated 1791, not 1799 as I said last month, is also in the Ipswich Record Office. This is a map of the Glebe land, which was land owned by the rector of Rickingham Inferior. It is a fascinating map as it shows the land north of The Street as being still divided into strips. These strips date

Early Ordnance Survey maps from 1884 and 1906 can give much useful information, such as where the mills, maltings or pubs, which have now disappeared, were situated. All these different maps are really useful for local historians and for anyone tracing the history of their families or of their house.

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## IN YOUR GARDEN

### TIME TO GROW YOUR OWN?

We have all become so dependent upon an endless supply of vegetables and salads grown from all around the world and available every day of the year. We expect to have instant access to the same produce in the middle of winter as we do in summer. But importing endless supplies literally on demand is just not sustainable at any level, and increasing numbers of us have been encouraged to grow our own vegetables which have not clocked up immense numbers of air or road miles. The joy and lasting satisfaction of growing your own has added impetus in these food cost conscious times that now outweighs the other advantages of freshness and the health giving confidence that the provenance of the produce you have grown from scratch has not been drenched in chemicals to enhance growth rate and appearance. Unfortunately, garden space for ambitious kitchen gardeners to grow a whole range of vegetables is seldom achievable in these days of smaller gardens unless you are lucky enough to have access to an allotment. But if you are content with concentrating on smaller vegetables such as lettuce, carrots, beetroot and dwarf beans, you do not have to devote a special area of your back garden as you can grow these plants by incorporating them into a mixed herbaceous border even siting tall climbing runner beans with the assistance of a few canes.

However, if you do not want to augment your flower beds with crops for the kitchen, or live in a property with no garden, you can still grow a whole range of vegetables from lettuce to peas in containers or pots on patios and grow bags. Even potatoes can be harvested from large pots as long as they have good drainage. I have grown tomatoes of all types with great success in grow bags. Accept you have limited space. The secret is to keep it simple and concentrate your efforts on vegetables you like to eat.

Whilst this kind of small-scale vegetable growing in containers can be quite demanding in terms of day to day attention, and the yields can be modest for the efforts involved, if the idea of harvesting your own fresh vegetables just before you cook them appeals, you may find it worth the effort.

Succession planting is the key to a steady supply of fresh produce for as long as possible. This means sowing your favourites in two or three batches across the growing season so that as one batch is ready to be harvested another is being sown, and so on. As I well know, this takes some organising if you do not want to be overwhelmed with vegetables especially lettuces! Luckily, crops such as beans, carrots and beetroot grow more slowly over a longer period.

The most important element to remember is that success starts in the ground; and the better the soil, the better your crops will be. Adding generous amounts of compost and organic manure will improve the structure of the soil and enhance the quality and success of your harvest.

Lawrence

## Dubai Tower – Page 5

The contractor continued his safety first philosophy by casting a trial concrete block that mimicked the depth of concrete and the reinforcement contained in the basement slab. It was extensively instrumented so that the designers could monitor the temperature as it rose after the concrete was placed, and reduced as the block was cured. After achieving a satisfactory result it was possible to move on to concreting the basement slab.

Concreting of the first part of the Tower basement slab proceeded without needing to use any of the additional equipment mobilised, and the focus then shifted to the curing of this very thick concrete slab. There was great concern that the heat of hydration caused by the cement's interaction with water could cause extensive cracking, and render the slab unfit for purpose, leading to a major expense and delay. A number of measures were employed to minimise the problem, but the most important was the way the top of the concrete slab was flooded with water that was continually replenished with cool water to replace the water evaporating away. Even so, the water reached a temperature that was too hot to rest a hand in. Another measure was the shelter erected above the slab to minimise solar gain during the following days.

On the outside of the coffer-dam, work to prepare the seaward face of the embankment for armouring was underway. Initially, the rock embankment was dressed to give the design slope of 1.5 to 1 (horizontal to vertical), and covered with temporary rock armour 2 metres thick. The armour was naturally occurring rock with individual pieces in the range of 1,000 to 2,000 kg, each. This work started on the western face of the island as this was most exposed to storms.

Inside the coffer-dam shutters were being prepared for the construction of the base slabs for the accommodation wings. These slabs were much smaller than the first slab, and didn't require such an emphasis on standby equipment, although appropriate measures were taken.

As soon as the first base slab had been cured, work commenced on the erection of wall shutters and reinforcement, casting and curing alternate sections of wall slab and then filling in the gaps after curing. Each construction joint in the basement structure, whether it was vertical, horizontal or inclined, contained a proprietary brand of water bar. This was carefully cut and heat sealed to adjacent sections at each junction.

From here on the work was largely repetitive and doesn't need describing in detail until we reach ground level.

Tower Dubai to be continued. JML

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Dear Editor,

I am writing to thank you so very much for the terrific series in your Parish Magazine about the hospitals in the Redgrave -Botesdale area in 1944-1945 beginning in your October 2016 issue. This was such a wonderful find for me and I just had to tell you how grateful I am to read this information and thank you for doing the series in your magazine.

You see, my father spent 2 1/2 months at the 65th General Hospital in 1944. He was stationed at Metfield in the 351st Fighter Squadron of the 353rd Fighter Group. He crash landed in his P-47 from about 65 feet in the air over the runway on a routine power check flight. The plane's fuel line became disconnected, sprayed the cockpit and the wing with fuel causing the plane to explode mid air and it crash landed. Dad was burned and hit his head but managed to somehow escape that plane to the waiting ambulance as the crash trucks loaded foam onto the crashed aircraft. I suppose there is a will to live that takes over in those moments. I'll attach a photo.

He crashed on 22 Feb 1944 and was released from the 65th General Hospital in May 1944 in time to be ready to fly two missions on D-Day in defense of peace-loving people everywhere in the free world. He completed two combat tours with the 353rd and returned to the US in October of 1945.

I credit the care he received at the 65th General Hospital with his survival and I was blessed to read so much about it in your magazine. In Feb of 1944, the 65th would have just recently taken over at the hospital as they opened in mid-February 1944 according to your article. I'm going to also check out the links and references in the series but I have not done so yet. I was just so eager to thank you!!

Dad didn't talk about it but care he received had to have been a big part of this recovery and return to his Group. He just knew we had to prevail in the war effort and worked tirelessly to do his part toward that eventuality. Thank you for sharing this information. I also would love it if you would share my appreciation with George Stebbings' family, should there be family in the community still, and anyone else whom I have neglected to mention here. I understand from the article that George had the Americans working at the hospital in his heart for his entire life. God bless George and God bless those wonderful doctors and nurses for what they had to do. I wish George was alive for me to give him my thanks for his love and devotion over his years.

I visited Raydon in 2015 and then visited Metfield and Raydon this past August 2020 at the invitation of the group historian, Graham Cross (he grew up in Raydon) and the Raydon Historical Society. Graham and the society do so much toward preserving history and teaching young people about what was happening in those difficult days. Each time I visited, we went to the Cambridge Cemetery and paid my respects to those who gave the full measure. We must always remain friends and allies against evil until the Lord takes us home where there is no more strife.

Katy (Compton) Carter  
[katycarter353@gmail.com](mailto:katycarter353@gmail.com)



citizens  
advice

Mid Suffolk

**As the weather has turned colder, I've noticed mould and damp in our flat. It's mainly in our bedroom, including some black mould on the carpet. I've been chasing our letting**

**agency, who say they'll speak to our landlord. I'm really worried about how this might affect our health. Our tenancy agreement isn't up for eight months, what can I do?**

It's good that you've already raised the issue with your letting agency. Unfortunately, it isn't always easy to work out the cause of mould or damp. This can make it difficult to work out if your landlord is responsible, unless there's an obvious cause, like a leaking roof. There are many causes of damp that properties can get. The most common are rising, penetrating, construction and condensation damp. On our website there is information that may help you work out what type of damp you have, who is responsible and what you can do. Check your tenancy agreement too for mentions of repairs and damp, and reach out to Citizens Advice on anything you're unsure about.

A landlord will have to act in relation to damp if it makes the property unsafe for someone to live in. This could be for example, if it is making the tenant or a member of their family ill. The landlord will also be responsible if the damp is related to repairs they should have carried out, like if heaters are broken. If the damp has damaged items that the landlord is responsible for, such as carpets and window frames, they'll likely have to cover the cost of repairs. One of the most common causes of damp is condensation. To prevent this, it's important to keep homes well-heated and well-ventilated, but for a lot of people this will be trickier to do given the colder weather and higher heating costs. You may be eligible for help to insulate and heat your home, and should visit our website to find out more.

On our website we also have advice on things that can make damp worse and may impact the landlord taking responsibility for repairs. These include drying clothes on heaters or blocking air vents. If your landlord is responsible for the damp in your property but doesn't act, there are steps you can take, such as reporting them to the local authority. If you're in social housing you might also be able to use the landlord's formal complaints procedure. There is more information about this on our website. If it reaches the point where you want to get out of a fixed term tenancy agreement early, speak to Citizens Advice Mid Suffolk first, as there might be better ways to approach the issue. You may also find helpful information on <https://www.citizensadvice.org.uk/housing/renting-privately/during-your-tenancy/dealing-with-repairs/>

Citizens Advice Mid Suffolk can provide advice on this and other issues, including debt, employment, benefits and family law. You can contact them on 01449 676060 or use the contact form at [midsuffolkcab.org.uk/contact-us](https://midsuffolkcab.org.uk/contact-us). More information and our opening hours can also be found at [midsuffolkcab.org.uk/contact-us](https://midsuffolkcab.org.uk/contact-us).

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### SIMPLE TIPS TO BEAT THE SCAMMERS

The start of 2023 has already seen an upsurge in reported scamming attempts via email, text, phone and even on doorsteps to steal money or personal information. Particularly despicable have been targeted attacks on vulnerable members of our community involving losses of considerable sums of money.

We will continue to highlight the latest reported scam tricks, but such is the ingenuity and cunning of these fraudsters, with new approaches now surfacing almost daily, it makes it nigh on impossible with our long lead copy date for this monthly publication, to be bang up to date.

Nevertheless, with a little common sense you can thwart these criminals by following these golden rules to protect you from personal fraud.

Scammers love spoof phone calls and emails purporting to come from Government agencies, financial institutions, charities and delivery services. **NEVER** act or follow their requests for immediate action. Always check directly with the organisation the caller claims to be representing.

Be suspicious of all 'too good to be true' offers and deals. **There are no guaranteed get-rich-quick schemes.** Always get independent or legal advice if an offer involves money or commitment.

Change your email password regularly. Make sure it is not easily guessed.

Never divulge your personal and financial information except to trusted sources. These are 'gold dust' to scammers to be used to access your bank accounts and even steal your identity.

Always log on to a website directly. **NEVER** click on any link requested in an email.

Never send money to anyone you don't know or trust. Reject any methods of payment you are unfamiliar or uncomfortable with.

**If you think you have been scammed or suspect an approach, report it immediately to Action Fraud on 0300 123 2040.**

Don't be embarrassed about reporting a scam. There may be thousands of others in a similar position. Your information may be vital in helping to close down the fraud and prosecute the perpetrators.

## Calling all Royalists

### Coronation Celebration

Rickinghall Village Hall was the site for the recent Queen's Jubilee celebrations but the committee does not have the manpower/volunteers this year to take on the task of organising any similar event for King Charles' coronation on May 6<sup>th</sup> 2023.

We therefore ask if there is anyone or group of people in the Rickinghall / Botesdale / Redgrave area who would like to take on this challenge for the enjoyment of the wider community. The committee would gladly support any such venture with the free use of the hall and adjoining playing fields and would assist where possible with contacts & advice but the volunteer(s) would need to drive the project forward themselves.

If you are or might be interested in getting involved, in the first instance please contact Dominic Ebert without obligation on [dominicrvhmc@gmail.com](mailto:dominicrvhmc@gmail.com) so we can gauge support for the idea. Please make contact by Sunday 19<sup>th</sup> Feb.

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# Church Notices

## WELCOME TO BOTESDALE METHODIST CHURCH EVENTS AND GROUPS

Our Church is to be found in Fen Lane, Botesdale; the Lane opposite the fish and chip shop. We are a friendly bunch of people holding services every Sunday morning at 10.30. We welcome everyone to our services and weekday activities.

### Services in February

5 <sup>th</sup>	Mrs J Browne
12 <sup>th</sup>	Mr D Cartwright
19 <sup>th</sup>	Mr P Mottram
26 <sup>th</sup>	Rev. David Ely – Holy Communion

### February Activities – you are very welcome to join us for any of the following:

Tuesday 7 <sup>th</sup>	Social Afternoon 2.30 to 4pm. Get together over a tea and biscuits. Guest speaker.
Friday 10 <sup>th</sup>	Bible Study 10 – 11 am.
Tuesday 28 <sup>th</sup>	Coffee Down the Lane – our regular Coffee morning held on the 4 <sup>th</sup> Tuesday of the month – an opportunity for all to come in to chat and get to know others in our community.

Every service and activity is open to anyone – you do not have to ‘belong’ to this Church or any other.  
For more information phone 01379 890898



# FAMILY BREAKFAST CHURCH


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**FOURTH SUNDAY OF EVERY MONTH**  
**(EXCLUDING HOLIDAYS)**



## Parkview Chapel Sunday Services and Events

*All services are at Parkview Chapel (unless noted otherwise), include Communion, and are live-streamed on the 'Parkview Chapel' Youtube channel. Refreshments will be served from 10.30am.*

*Please call Kev Gladwell on 01379 898924 for more details or check out [www.parkviewchapel.co.uk](http://www.parkviewchapel.co.uk)*

February		 <b>PARKVIEW CHAPEL</b> CHURCH FOR THE COMMUNITY
<b>Sunday 5<sup>th</sup></b>	Service at 11.00am – An Unswerving Future	
<b>Sunday 12<sup>th</sup></b>	Service at 11.00am – Why Pray?	
<b>Sunday 19<sup>th</sup></b>	'Coffee On A Sunday' service at 11.00am – Adoration	
<b>Sunday 26<sup>th</sup></b>	Service at 11.00am – Petition	
<b>Events</b>	Coffee on the Corner at 9.00am	Tuesday 14 <sup>th</sup>
<b>PARKVIEW Youth</b>		Juniors Church
		Sundays 11:00am - 12:00pm
		Junior Friday Club
		Fridays 6:00pm - 7:00pm
		PYP
		Sundays 7:00pm - 8:30pm
		Senior Friday Club
		Fridays 7:30pm - 9:30pm

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## Parish of Redgrave cum Botesdale with the Rickinghalls February 2023 Services

Sunday 5<sup>th</sup> February, 3 before Lent

**Community Worship**, 10am, All Saints Church, Redgrave  
*Pause for refreshments 11.15am*

**Continue with Holy Communion**, 11.30am, All Saints Church, Redgrave

Sunday 12<sup>th</sup> February, 2 before Lent

**Holy Communion**, 10.30am, St Mary's, Rickinghall

Sunday 19<sup>th</sup> February, Sunday before Lent

**Community Worship**, 10am, All Saints Church, Redgrave  
*Pause for refreshments 11.15am*

**Continue with Holy Communion**, 11.30am, All Saints Church, Redgrave

Ash Wednesday, 22<sup>nd</sup> February

**Holy Communion**, 7.30pm, St Mary's, Rickinghall

Sunday 26<sup>th</sup> February, Lent 1

**Family Breakfast Church**, 9.30am, Botesdale Village Hall

**Holy Communion**, 11am, St Botolph's Chapel of Ease, Botesdale

Sunday 5<sup>th</sup> March, Lent 2

**Community Worship**, 10am, All Saints Church, Redgrave  
*Pause for refreshments 11.15am*

**Continue with Holy Communion**, 11.30am, All Saints Church, Redgrave

*Together in these villages we offer Christ's healing grace through  
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