

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

October 2023



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>



PARKVIEWCHAPEL

The Street, Botesdale, Suffolk, IP22 1BX Tel: 01379 898924
E-mail: kevin@parkviewchapel.co.uk Website: www.parkviewchapel.co.uk
Charity Name: Parkview Chapel, Botesdale. Charity No: 1170915
@parkviewchapel



THE PROMISE OF HARVEST

'Promises, promises.' It's a phrase that I'm sure we have all used. It rolls off the tongue when someone tells you they will do something, but you don't really believe them. My wife has been on at me for ages to sort out my massive collection of vinyl records, (I must have every seven inch single released between about 1983 and 1999.) I aim to move them from boxes under the bed, into a cupboard near a birthday present of a turntable. So a few weeks back I said I would do it by the end of the summer holidays. To which she replied, "Promises, promises."

We make promises a lot in life. Just recently I had the pleasure of taking a wedding, during which the happy couple promised to love, comfort, honour and respect each other. If you still use cash, then when you pay with a bank note, on the front of the note you hand over it says, 'I promise to pay the bearer on demand the sum of x pounds.'

At the beginning of October at Parkview we shall be celebrating Harvest. There was a time when Harvest was one of the great village festivals. A celebration of the gathering in of the crops, including a Harvest supper, and dancing and merrymaking. Harvest was something shared by a whole community. (This year Parkview will be celebrating with our annual Harvest Thanksgiving Service followed by a shared lunch! I can't promise dancing!). And while many churches across the country will be doing the same around this time, I do think that in Suffolk, being one of the biggest farming counties in the U.K., Harvest has an extra-special meaning. But what's the connection between Harvest and promises? Well Harvest reminds me of a promise that God gives us.

The Bible is full of promises that God offers us, nearly seven and half thousand of them. At least one of those promises refers to harvest time. Right at the beginning of the Bible, in Genesis, at the end of chapter 8, God says this: *'As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease.'*

I have lived in Suffolk pretty much all of my life, apart from, I'm embarrassed to say, five years living in Norfolk. But I am a Suffolk boy. So you would think I should know a little about farming, harvest time etc. Well, I know that farmers work incredibly hard, over long hours. I also know what a tractor is, and a combine. But I'm ashamed to say that I don't know much more.

But I do know that these promises from God, including a harvest, will never cease until we reach the land that we are promised as believers, heaven. I do think we should be thankful for all those who work hard to provide that harvest for us. That goes for farmers of course, but also anyone else involved in the process of getting food to our plates. Whether that be in a food processing factory, or in a distribution centre, or maybe you are a delivery driver, or perhaps you work in retail, or a foodbank, indeed anywhere in that chain. As someone who simply cooks food and then eats it, can I say thank you to anyone who is a part of that process. I also think we should thank God for the harvest. In fact I believe we should say thank you to God for all that we have to eat and drink, every time we sit at the table.

Promises, promises. We use the phrase when we don't really believe what someone says. But I fully believe in the promises that God offers us. And in my experience, he hasn't let me down yet.

God's promises never fail. I hope one day you will find that to be true.

God bless you,

Kev Gladwell
Church & Community Pastor
Parkview Chapel



No Changes to the Local Services Directory this month

The latest version of the directory is available online at
www.stmarysrickinghallinferior.onesuffolk.net/local-information



Message from the team

We are back at work after our month's rest and here we go with another packed magazine. We have received plenty of articles and a lot of what's on announcements. It has been quite hard work fitting everything in! As long as the advertising revenue continues then the magazine will keep going. If you know of any local businesses who don't advertise in the magazine then please give them a nudge in our direction. We are also appealing for new people to join our delivery team. If you think you could take on one of our delivery rounds in your village then please contact Sara. See p 35. Thanks to all our volunteers, contributors and advertisers.

Charles Murray

Contacts

For all editorial content: editoratrbparishmag@gmail.com
For all commercial adverts: advertsatrbparishmag@gmail.com
To advertise events: eventsatrbparishmag@gmail.com

Alternatively, please **write** to: *The Parish Magazine, The Rectory,
Bury Road, Rickinghall, Diss, Suffolk, IP22 1HA* or **call The Editor** 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

COPY DATES AND STUFFING MEETINGS

- **Nov issue Mon 9 Oct** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Fri 20 Oct**
- **Dec/Jan issue Mon 13 Nov** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Fri 24 Nov**
- **Feb issue Mon 15th Jan** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Fri 19th Jan**

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub, .png. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes, The Parish Magazine Volunteers

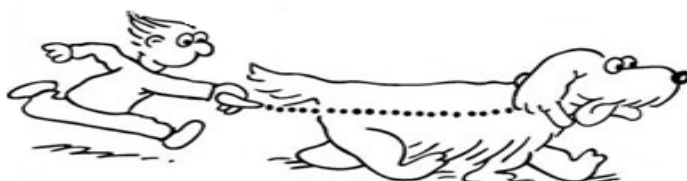
The views and opinions expressed in this magazine are those of the authors and do not necessarily reflect those of the editorial team.

WELCOME

Welcome to new residents in our villages. If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Rector on 01379 898685. May your life in these communities be peaceful, prosperous and a blessing to your neighbours.



Printed by:



Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>



SANTIAGO'S ART CAFÉ

Come and enjoy scrummy cakes and savouries in a unique environment. We have traditional cakes, loaf cakes and delicious brownies. We serve mouth-watering sausage rolls, cheese scones and soup & specials hand made on the premises. Whilst enjoying your choices you can browse incredible artwork from very talented artists and maybe make a purchase. No time to linger? Take-away is available for all our offerings.

Our opening Hours are as follows:

Monday to Friday 9am to 4pm

Saturday 9am to 1pm

Sunday 9.30am to 1pm

CONTACT US:

Chilvers, Market Place, Botesdale, IP22 1BT

Email santiagosartcafe@outlook.com or find us on facebook



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	Opening	Food Served
MON	Closed	Closed
TUES	4 - 9pm	Closed
WEDNESDAY	12 - 9pm	12 - 2.30 & 6 - 8.30
THURSDAY	12 - 9pm	12 - 2.30 & 6 - 8.30
FRIDAY	12 - 10pm	12 - 2.30 & 6 - 8.30
SATURDAY	12 - 10pm	12 - 2.30 & 6 - 8.30
SUNDAY	12 - 9pm	12 - 4pm

Food now served 5 days a week in our Lounge
Bar, Public Bar and Garden
Please check social media for information on other events!

Contact us:

Cross Keys, The Street, Redgrave, Diss IP22 1RW
admin@crosskeysredgrave.co.uk

01379 673333

Please check the website and social media for all the latest updates
www.crosskeysredgrave.co.uk / Facebook @crosskeyspubredgrave
Twitter @KeysRedgrave

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Saturday 4.30pm - 8.30pm
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- Dining area now open
- The Marketplace, Botesdale, Diss IP22 1BS
Telephone 01379 898543
Order in advance for collection at
www.botesdaleonline.co.uk

FISH WITH A TWIST

What's on in October

Rickinghall Country Market Auto Jumble & Classic Car Meet Oct 14th . 9am-12:30pm

Our country market plays host to wide range of local crafts people growers and producers that includes:

Fresh Fruit & Veg	Jams & Preserves
Dan's Apples	Jewellery
Bread & Cakes	Willow Craft
Duck Eggs	Eco Refills
Local Milled Flour	Craft Beers
Cereals & Pulses	Stardust Spirits
Clear & Set Honey	Candles
Beef & Lamb	Tropic Beauty
Pasties & Quiches	Plants & Shrubs

Councillors' Corner 10-11.30am approx

Rickinghall Village Hall, IP22 1HD
Free parking, plus cafe selling coffee and bacon baps



"Coffee On the Corner"
Parkview Chapel Botesdale

9:00am Tue 10th October

Contact Sue Allen at
brookview@clara.co.uk/01379 890423



Redgrave & District Ladies Club

Tuesday 10th October 2023

7:30pm at All Saints

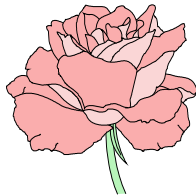
A Talk by

Charles Garland

on his involvement as
assistant to the producers of

Dad's Army

- the Nation's Favourite Comedy -



**Thelnetham Windmill will be
open between
11am and 4pm
on Sunday 8th October**

See thelnethamwindmill.org.uk

Motocross at Wattisfield Hall

Sunday October 1st Solos 11.30am star



See www.dissmcc.co.uk or
Diss MCC Facebook

Rickinghall Ramblers Upcoming Walks

October : Monday 2nd, Friday 13th
Monday 23rd

We meet at Rickinghall Village Hall
and set off at 9.15am.

Just turn up and walk!

Rhinestone REBEL MUSIC CLUB LIVE COUNTRY MUSIC & DANCE

• ALL DANCERS WELCOME •

**OCTOBER
Sat 7th**



DOUBLE BILL
**BLACK STEEL TRIO
THERESA COUPLAND**

DOORS 6:30PM
STARTS 7:30PM
TICKETS £7

**NOVEMBER
Sat 4th**

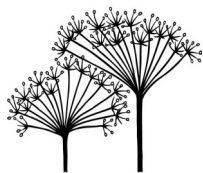


BY POPULAR DEMAND
**MADDISON
COUNTY**

DOORS 6:30PM
STARTS 7:30PM
TICKETS £10

RICKINGHALL VILLAGE HALL
Hinderclay Road, Rickinghall, Diss IP22 1HD
FOR BOOKINGS & MORE INFORMATION PLEASE CALL
Tel 01473 912626 or 07591 099519
You are welcome to bring your own food & drink.

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Our services are tailored
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- wellness visits • medication supervision
- appointments • dementia support • shopping
- meal preparation • household chores and admin
- running errands

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call Andrew on 01379-890562 or 0779 0779 982

or email moscompanionservices@gmail.com

www.moscompanionservices.co.uk

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Sunday 9:00am - 11:00am

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Email: www.redgravecommunityshop@gmail.com

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FRIDAY 10:30AM - 4:30PM FRESH & 10:30AM TO 6PM FOR
ORDER COLLECTIONS
SATURDAY 10AM-4.30PM

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Megan: 07771 752228 Philip: 07887 668445
www.highwaysgos.wixsite.com/theultimatejointltd

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Botesdale, Redgrave &
Rickinghall*

books are available from:

Redgrave Shop
(only books about Redgrave)
Jean Sheehan (01379 890237)
Di Maywhor (01379 898785)

full details of all books and
our events are available at:

www.quatrefoil.org.uk

What's on in October



Community Thanksgiving Harvest Supper

Saturday 14th October 2023
at Botesdale Village Hall, 6.00pm

Soft drinks supplied or bring your own alternative if desired. Please let us know of any special dietary requirements.

Advance purchase of tickets by 7th October essential
Get yours by contacting Patrick Prigg (revpatrick@btinternet.com or 07870 495 995)

10yrs & under £5.00
11yrs & over £7.50

Menu: Cottage Pie, Apple Crumble and tea or coffee (Vegan option available)

We have estimated the ticket price at cost, but if there is a profit it will be sent to the local Food Bank




the WI Rickinghall

INSPIRING WOMEN

All meetings at Rickinghall Village Hall at 7.30pm

Thursday 12th October

Charlotte Giddings telling us about 'Brownie and the Bean'

-

Competition: Bring a Bear

-

We will be holding our **Autumn Stall** - for members to bring and buy jigsaws and games for the winter

-

Rosemary Setterfield - President

Redgrave and Lopham Fen

IP22 2HX

Autumn Plant & Craft Fair

Sunday 15 October

10am to 3pm

Adults £2.50 • Children £1 • Under 5s free

Peat-free plants, local crafts, used tools & equipment, donated books, tombola and lots more!

Family activities • Refreshments available
Dogs on leads welcome • Please bring cash

redgrave.engagement@suffolkwildlifetrust.org
01379 688333



What's On

suffolkwildlifetrust.org

Redgrave & Lopham Fen

October	Autumn colour photography with award-winning photographer Kevin Sawford. Sat 7 Oct 10am-3pm £48
	Autumn Plant & Craft Fair Local plant nurseries and craftspeople, refreshments, family activities and more. Sunday 15 Oct, 10am-3pm. Adults £2.50, Children £1, under 5s free
	Weekend Wildlife Club Saturday 21 Oct, 10.30am-12.15pm, £5. Monthly club with wildlife-themed activities for 6-11 year olds
	Young Naturalists Saturday 21 Oct, 11.30pm-3.30pm, £5. Monthly session for 11-16 year olds to explore, investigate & learn about wildlife & habitats of the Fen
	Holiday Club Tuesday 24 Oct, 9am-3.30pm. For unaccompanied 6-11 year olds. Wild play, games and activities £25 each, inc. a healthy, vegetarian lunch
	Night safari family evening Wednesday 25 Oct, 5pm-7pm. £5 child, £3 adult & under 5s

Booking essential for all activities unless otherwise stated. For further details and to book, visit www.suffolkwildlifetrust.org or call 01473 890089



Fun Fridays at St Botolph's Bowls Club

-

Fen Lane Rickinghall IP22 1DP
(Opp. Greyhound Pub)
from 29th September at 7pm

-

Social evenings during the winter months - play games, cards or simply chat!

-

Contact: 01379 897251 / www.stdbbc.chessck.co.uk

RAHOF ANNUAL QUIZ

Saturday October 14th

Hinderclay Village Hall

7.30pm start

Quizmaster: Victoria Curry

-


Tickets £9pp (including light nibbles)
Tables of 6 please
Admission by ticket only

-


NOTE: PLEASE BRING YOUR OWN DRINKS & FAVOURITE GLASSES

-

Tickets from Paddy 01379 788010,
Wortham Post Office, or Redgrave Shop
Please book early for this popular event



We welcome you to the
Annual Coffee Morning,
in aid of
The Children's Society



Saturday 21st October
10.00 am – 12.00pm
at Anglian House, Chapel Lane, Botesdale (just across from Botesdale Park)



Things will be scaled down a bit, but we welcome you all; new or regulars to join us for

Raffle/Tombola/Cakes & of course Coffee & chat!

Would all box holders please bring their collection boxes, or let me know if you want to 'carry over' for another year.

Enquiries – contact: Linda Green, Tel: 01379 890740/Email: greenz4@tiscali.co.uk (please mark it Children's Society)

Free to every household thanks to the local businesses that advertise here. Please support local businesses.



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Contact Karen Hails
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www.botesdaleandrickinghallpre-school.co.uk

Registered Charity no. 1022795



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VILLAGE HALL**
THURSDAY'S DURING
TERM TIME
9:30-11:30
£1 PER FAMILY

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Botesdale Baby and Toddler
Group*

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(CRB checked. References
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DianneJoyHolisticTherapist

What's on later in October



**Keith & Kathy's
Final Dance**
at
Rickingham Village Hall
IP22 1HD

Saturday 21st October

Featuring
Kevin Barry

From 8pm to 11.30ish

**We have no bar so bring your own
drinks & nibbles**

Please bring a Raffle Prize

All are welcome so come and enjoy

All monies raised go to a Local Charity
Admission £7

Contact Keith or Kathy

T: 01379 898758 or

email: doubledredgrave@hotmail.co.uk

Botesdale Methodist Church
"Coffee down the Lane"

**10:00am-12:00pm on
Tuesday 24th October**



7:30pm at Rickingham Village Hall

The Heritage Circle presents on
Wednesday October 25th

Robin Hanworth

speaking about

Gallantry and Campaign Medals

New members & guests welcome
Visit www.heritagecircle.onesuffolk.net

Mobile Post Office

**The Mobile Post Office continues to
visit Parkview Chapel car park on
Fridays at 2.45pm - 3.45pm**

Parish Magazine email addresses

Articles	articlesatbrparishmag@gmail.com
Adverts	advertsatbrparishmag@gmail.com
Editor	editoratbrparishmag@gmail.com
Events	eventsatbrparishmag@gmail.com



Friday 27th October, 7.30pm
Eye Community Centre

Tickets £5 in advance from The Handyman
or pay on the door. More information at
www.cinema-at-eye.org.uk

theWI Rickingham
INSPIRING WOMEN

JUMBLE SALE

Saturday October 28th

2pm -4pm

Rickingham Village Hall



Refreshments available

Cake Stall



Admission 50p

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has moved to Dovedale, Back Hills, Botesdale

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Evening appointments available

Using Matrix and TIGI Products

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Yoga

at
Botesdale Village Hall, IP22 1BZ

Tuesdays 7pm - 8.30pm
Term time only

Join anytime!

All abilities welcome - first try-out
class free

£48 for each block of 6 weeks

For more information please ring
Julie on 01359 221655 or e-mail
juliedyoga@msn.com

RICKINGHALL VILLAGE HALL

Flow Yoga Class

Every Wednesday 7-8pm
(fourth Wednesday of the
month 6-7pm)

Contact Gemma
T: 07894 039 260
E: info@yogatastic.co.uk
W: www.yogatastic.net

all levels welcome
£8 PAYG or 4 class pass £24



SIMPLY BEAUTY

of botesdale



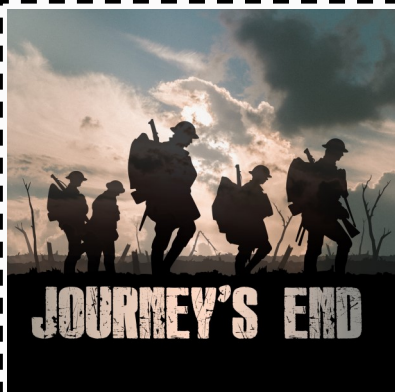
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WWW.SIMPLYBEAUTYBOTESDALE.CO.UK

What's on in October and beyond



ROUGHCAST AUTUMN TOUR NOVEMBER 8th – 19th

RoughCast present one of the greatest of all English war plays. *Journey's End* shows the effect of war on a group of young officers. R.C. Sherriff's ground-breaking play remains one of the most powerful and successful pieces of modern drama and one of the most acclaimed examples of literature that deals with the tragedy and horror of conflict. Set over the course of four days leading up to a massive German attack on the British trenches in 1918, *Journey's End* charts the tension & claustrophobia as new recruit to the company, Lieutenant Raleigh, discovers that Captain Stanhope, his former childhood friend and hero, has changed almost beyond recognition.

Performances at: Beccles Public Hall (8th), Diss Corn Hall (9th) Fisher Theatre Bungay (10th & 11th), The Cut, Halesworth (17th), Wingfield Barns (18th & 19th)

Tickets £12/£6 (students), all performances at 7.30pm. Proceeds from programme sales to

be donated to Royal British Legion.

To book visit www.roughcast.co.uk. Any enquiries tel 01379 586745.

REMEMBRANCE SUNDAY 12 November 2023

Remembrance Sunday will be commemorated on Sunday 12 November 2023 in the morning and afternoon. At 11am we salute the Fallen with a short period of silence at the Botesdale War Memorial. All are welcome to observe this silence with us - assemble at the Memorial just before 11am for a time for personal reflection on tragic events & the villages' losses.

As last year there will not be a formal March Past but in the afternoon there will be a Service of Remembrance at the Chapel of Ease Botesdale followed immediately by the formal Remembrance Ceremony at the War Memorial. Please join us at 3pm in the Chapel of Ease. The Street will be closed for the short period of Remembrance.

Enquiries to: Christopher Brinkley on 07947 414 968 or Lynne Wills 07741 475 513

AN AFTERNOON OF MUSIC, SONG AND DANCE

**Sunday October 29th
2pm-4pm**



East Anglian Traditional Music Trust

Walsham-le-Willows Memorial Hall IP31 3AA

FEATURING LOCAL MUSICIANS, DANCERS & SINGERS

FREE ENTRY (DONATIONS WELCOME) SPACES PERMITTING

REFRESHMENTS

REGISTERED CHARITY 1082774

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www.eatmt.org.uk

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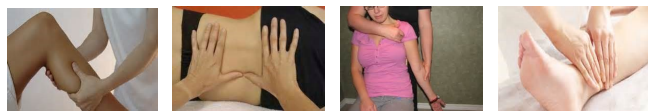
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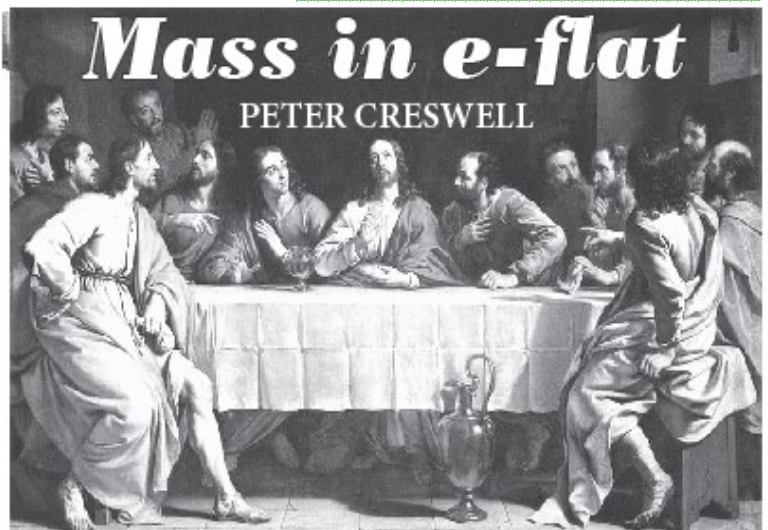
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Botesdale Parish Council

Leeann Jackson-Eve



Report from the September 2023 Botesdale PC Meeting

Eight members of the Parish Council were present for the meeting and there were no members of the public.

Planning: The PC had no objection to an application for works to remove a holly tree at Willow Weavers, Fen Lane.

Correspondence: Mid Suffolk District Council (MSDC) has notified us of a new grant available to work with communities in cleaning up neighbourhoods and building local pride. The PC will apply for funding for sign cleaning/refurbishment.

MSDC has opened applications for the 2024 scheme to fund tree planting initiatives – street trees, a copse or an avenue; small community woods; hedgerows – both new and improving existing ones, especially where they helped bridge gaps in the landscape; and community or scattered orchards. The PC has passed the information on to Barwoods but other organisations are welcome to apply directly to MSDC at www.midsuffolk.gov.uk/environment/planting-schemes/trees-hedgerows-and-wildflowers-scheme/.

Sadly our Suffolk Police Community Engagement Officer, Stefan Henriksen, is moving to a new position. We thank him for his years of support.

The PC has supported a number of PIIP applications up to now and was sad not to be able to support works to the roof at St Mary's Rickinghall Inferior due to the Local Government Act 1894 which prohibits parish councils giving funds to churches. There is an amendment to the current Levelling Up and Regeneration Bill which aims to change this after which the PC can consider future applications.

The PC had an informal meeting in August where councillors were able to discuss community engagement and involvement, and the future of the parish council and the village. At the September meeting it was agreed to update the 2003 Village Appraisal with new community consultation, update the introduction to the village in the Welcome Pack and publish councillor bios on the website in the coming months.

If you haven't yet attended 'Councillor's Corner' at the Rickinghall Farmer's Market, please do if you would like to meet and ask questions of Botesdale Chair Andy Edwards, Rickinghall Chair Geoff Short, District Councillor Gilly Morgan or County Councillor Jessica Fleming.

Past sessions have seen good attendance from the public and it is an opportunity to ask questions or tender compliments and complaints. At the August session, the two Chairs had a useful discussion with Gordon Lawrence, the organiser of the Community Bus about the barriers to the Parish Councils funding the purchase of a new bus. At present, there are just two options which will allow the parish councils to legally fund a new bus: if Rickinghall PC remains the owner of a new bus (as it does the present bus) or for the Community Bus scheme to be established as a separate legal entity such as a charity. District Cllr Morgan has agreed to help the Community Bus team investigate options with the MSDC legal team.



We hope that, despite some indifferent weather, you have been able to take full advantage of the Recreation Ground over the Summer. It has been very pleasing to see the vision for the regenerated site come to life as people of all ages enjoyed the wide variety of facilities on offer. Our thanks to the many visitors who, along with our band of volunteers, have clearly taken pride in the new facilities and helped to keep it litter free and a welcoming place to visit.

We promised from the outset that the Recreation Ground would not stand still. Over the next few weeks, we will be extending the capacity of the Junior Swing (to meet demand!), extending the Willow Tunnel, installing a new Circular Bench beyond the Health and Fitness Suite and adding a "Chatty Bench" for those who want to sit, take in the surroundings and chat.

If you have enjoyed the facilities on offer, you might feel that you want to take advantage of the dedications on the Picture Frame Seat. See <https://botesdale.onesuffolk.net/news/view/16> for details.

We are pleased, and very proud, to announce that the Recreation Ground has been recognised with an award in the Community and Schools category by the annual British Association of Landscape Industries national and international project review. The Judges visited the site and were very impressed with the Project.

If you have any thoughts or ideas that have emerged as you have used the Recreation Ground we would be pleased to hear from you. Similarly if you would like to take a more active volunteering role please don't hesitate to contact us.

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.**

Tel : 01379 890 141

Email : clerk@botesdale-pc.gov.uk

**Please contact her during OFFICE HOURS
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Rickinghall :	Hinderclay Road	11.00 – 11.15
Rickinghall :	Village Hall	11.20 – 11.35
Botesdale :	Farnish House	11.40 – 11.55

Botesdale :	Village Hall	12.00 – 12.15
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Redgrave Parish Council



Parish Council Report – September 2023 By Alison Spouncer, Parish Clerk

No meeting was held in August. September's meeting had apologies from three Councillors. We were very pleased to welcome Cllr Fleming along with five members of the public. District Cllr Morgan sent her apologies.

County Councillor Reports

Norwich to Tilbury Pylon Line – Discussions are ongoing. Cllr Fleming asked that anyone wishing to comment to contact herself and/or Jo Churchill MP (jo.churchill.mp@parliament.uk).

LionLink Interconnector Line possibly into Walberswick – A National Grid Ventures project with the potential for landfall at Walberswick. There is a non-statutory consultation on National Grid Venture's LionLink Project from 8th September to 3rd November 2023. There have been some comments regarding this project in respect of the major Norwich to Tilbury plans also involving Suffolk.

Major Planning/Shepherd's Grove, Stanton – Application DC/23/1154/OUT has a deadline of 11th October for comments. Whilst Cllr Fleming acknowledged it will not directly affect Redgrave, the potential increased traffic load will be noticed alongside concerns regarding water use, contamination, and severe fire risk.

Public Forum

Redgrave's Tree Warden requested volunteers for end of October/November timeframe to plant tree saplings as replacements for those lost due to the two last summers. More details to follow on the Green Redgrave Group Facebook page and village noticeboard. Any help would be most welcome, thank you.

A representative from Redgrave Amenities Trust (RAT) was present to discuss the complaint received about the RAT's governance and transparency. The RAT representative stated that it had not received the complaint directly so had been unable to address the contents. Cllr Warnes stated that, as per his email on the topic, the complainant was the Redgrave Parish Council (RPC). He provided a brief overview of the timeline starting with the complainant making contact and seeking the Redgrave Parish Council's (RPC) help in acting on their behalf. Following a review of the complaint the RPC had agreed to undertake some of the points with the RAT with subsequent communications made by the RPC to the RAT on the matter. The three points agreed by the RPC to pursue were:

1. The illegal appointment of Trustees. The RPC is designated as the Appointing Authority to three Charities: Redgrave Amenities Trust, Charity for the Needy and Poor and the Little Ouse Headwaters Project. The complaint noted that appointment of Trustees to the RAT had not been undertaken in accordance with the charities' Governing Documents.
2. The lack of access of the playing field in Churchway for Parishioners with no notice or discussion by the RAT.
3. Change of the Governance Document without consulting Parishioners (the beneficiaries of the Charity).

The lack of access to the playing field has become a separate issue following three other communications received from concerned Parishioners.

The RAT representative stated that the fencing of the land has been undertaken as a requirement of the lease to be signed with the landowner (Llanover); he noted that gating of the car park had been undertaken to prevent unauthorised use by contractors and other drivers. He stated that the playing area/football pitch remained available to the public. This last statement was disputed by Cllr Warnes, noting that the RPC had had sight of email correspondence from Llanover stating that the land was now to be a "private football club"; as no information had been received from the RAT as to the contents of the lease it was assumed that this statement reflected reality. The RPC requested sight of the lease and liaison with Redgrave parishioners prior to its signature. The RAT Representative stated that this was not possible as he had not seen it. Cllr Warnes asked how it was possible that the RAT had undertaken work required by the lease, which excluded parishioners from the land, without having seen the lease; no answer was given.

Your Clerk is: Alison Spouncer

Tel: 01379 890613

E-mail: clerk@redgrave-pc.gov.uk

The RAT representative raised a complaint for the RPC to consider regarding dog faeces being left on the footpath and the playing field. The RPC would take up the issue on the footpaths, but that, as the playing field was private land, it was for RAT to consider its actions for that land. RAT confirmed it would be considering actions relating to trespass with police involvement if required.

Planning

One new application was received:

DC/23/03648 – Gressingham Foods Ltd, Hinderclay Road, Redgrave, Diss, Suffolk IP22 1SA – Application to determine if Prior Approval is required for a proposed Change of Use of Agricultural Buildings to Dwellinghouses (C3) and for building operations reasonably necessary for conversion. Town and Country Planning (General Permitted Development) (England) Order 2015 (as amended). Schedule 2 Part 3, Class Q – Conversion of agricultural building into 5no. dwellings (deadline of 24th August 2023). No objections were provided.

All applications, updates and comments are available online for review and comment via the Mid-Suffolk District Council planning portal at <https://www.midsuffolk.gov.uk/planning/application-search-and-comment/>

The Financial Report was provided to Councillors and agreed, with details of payments also listed in the agenda for information. No monies received, with payments totalling £1,958.75 between 6th July and 7th September (full details available within the minutes (found on the village noticeboard and the website).

Ongoing Items:

The directional sign opposite Half Moon Lane on the B1113 has been reported to Suffolk Highways (SH). Reference number 00414306.

The RPC CEO PC Stefan Henriksen is being redeployed to Halesworth as of December 2023 with no current replacement at Stowmarket. Further information is anticipated nearer the time as to the contact arrangements the Parish will have for liaison with the Police. RPC will follow up to attempt to establish how the link to the Police will work in the future.

The dog litter bin on The Green was agreed to be needing more capacity following a comment from a resident. The RPC is in possession of another bin and will arrange to have it placed next to the current one to help alleviate the issue.

Further discussion was held on the issue of the improper appointment of trustees to charities. Cllr Warnes outlined two options for the Council to consider. Firstly, the RPC could decide that it no longer wanted to appoint Trustees to the three Charities and wished to relinquish its role as the Appointing Authority. Secondly, the RPC could decide to continue as Appointing Authority for the three Charities. The Council expressed concerns for the individuals who have not been appointed in accordance with the requirements of their respective Governing Documents, which legally means they could be held personally and financially liable for decisions they take. The RPC noted that it had a duty of care to ensure individuals are not kept in such a precarious situation and to regularise the situation regarding the proper appointment of trustees for the benefit of the village at large. The option to continue as Appointing Authority to the three Charities was proposed and seconded and unanimously voted upon.

There may be a need for an Extraordinary Parish Council Meeting to agree the Trustee Appointment policy document and next steps, and to allow residents to hear the proposals. Details will be made available if required.

THE NEXT PARISH COUNCIL MEETING WILL TAKE PLACE ON

THURSDAY 5th OCTOBER 2023

at 7.00pm

At ALL SAINTS CHURCH, THE STREET, REDGRAVE

All parishioners are cordially invited to attend, it would be good to see you. If anyone is unable/does not want to attend but wishes to put a question to the Council, they would be very welcome to contact the Clerk.

Full minutes (including finances) can be found on the website (<http://redgrave.onesuffolk.net/parish-council/>), the village noticeboard opposite the shop and the bulletin email service. Please email the Clerk if you wish to be added to the email bulletin service.

f We are now on Facebook: Redgrave Parish Council

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Rickinghall Parish Council



Rickinghall Parish Council Report September 2023 by Cllr Andrew Gordon

Rickinghall Parish Council Meeting took place on Thursday 7 September with apologies from Parish Cllr Sally Smith, and District Cllr Gilly Morgan and County Cllr Jessica Fleming. Matters which may be of interest to Rickinghall residents included:

Public Forum

The meeting was attended by Mr Martin Last, the planning agent for the yet-to-be commenced development of 41 homes behind Greenacres, off Garden House Lane (for which planning permission has been obtained). He shared with the meeting early plans:

1. to extend Greenacres, the extension to fall within permitted development rules;
2. for a new separate bungalow next to Greenacres, sited between Greenacres and the footpath - planning permission yet to be submitted;
3. early proposals for a northward extension of the Garden House Lane development to include 11 or so single-story retirement bungalows and a single-storey block of 16 retirement apartments, managed with on-site care, the development (if built) to include green spaces and car parking.

The meeting was grateful of first sight of these proposals, noting that they were at an early, pre-application, stage. The meeting discussed issues relating to the implications for traffic movement on Garden House Lane, the potential loss of wildlife habitat, affordability, the demographic need and impact on Rickinghall of dwellings dedicated to over-55s, and the implications for the Neighbourhood Plan.

A request was made for attention to be paid to the drainage ditch that flows in front of Greenacres, which floods in heavy weather. Mr Last promised to attend to this as part of the work on Greenacres.

Planning Applications

The meeting noted applications regarding Tudor Lodge, Kiln Rise, Garden House Lane, to replace a raised deck – no objection – and Stanley Cottage, Bury Road, for work to prune a yew tree – also no objection.

It noted withdrawal of applications for Greyhound Inn for internal works to include the creation of a two-storey dwelling.

Finally, the following decisions were noted: Park Lodge, Rectory Hill, DC approval of a single-storey side and rear extension;

Lamorna Cottage, tree works;
The Rosery, St George's Drive, tree works (DC approved);
The Uplands, The Street, construction of a new workshop/potting shed and outbuilding, (DC approved);
Tudor Oak Cottage, The Street, tree works;
The Uplands, The Street, tree works,
The Old Four Horseshoes, The Street, tree works;
Redwings, Rectory Hill, tree works;
Ash Tree House, Fen Lane, tree works.

Correspondence

MSDC: To note a new grant available to further work with communities in cleaning up neighbourhoods and building local pride;
MSDC: To note that applications are open for the 2024 scheme to fund tree planting;
Suffolk Police: To note that our current Community Engagement Officer Stefan Henriksen is moving to a new position - we have no news regarding his successor;
Resident: To consider a request to remove six 'Tree of Heaven' trees (*Ailanthus altissima*);
Parkview Chapel: to note thanks from the Chapel for PIIP funding for youth club equipment.

General Items

A question was raised regarding the bottle bank sited next to the Co-Op. This site is frequently used to dump plastic bags full of bottles, with no effort made to put the bottles in the bins. Please note that this is fly tipping, a criminal offence.

RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON

THURSDAY 5th OCTOBER
at 7.30 pm

AT RICKINGHALL VILLAGE HALL

All residents are very welcome
www.rickinghall.onesuffolk.net

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Village News

OIL SYNDICATE



The next Oil Syndicate Order will be the Winter one at the end of November.

The last date for orders will Saturday 25 November. The order will be placed on the following Monday, deliveries should be complete in 10 working days.

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I will return all messages within 48 hours, if I haven't done so try again or use a different method. If all else fails, contact The Editor, I live near to him.

David Sloan.

Water quality in Botesdale Brook (locally known in medieval times as the Swimming Ditch)

In mid-July there was a considerable amount of orange/brownish material floating in the river at the bridge in Fen Lane. Some residents were concerned that it had the appearance of sewage. I collected some of the pieces and examined them under a microscope. They were largely masses of filamentous algae which occur commonly in garden ponds and are widely known as blanket weed. The confusion arises because of the brown deposits which attach to the algae. It was clear that it was not faeces (and it had no smell!).

The brown- and orange-coloured deposits that are seen in this part of the river and elsewhere are a natural occurrence and give the impression that there has been pollution. The scientific explanation is that in an environment where oxygen levels are low and there is dissolved iron in the ground water, iron-oxidising bacteria metabolise the oxygen in soluble iron (ferrous) hydroxide causing the iron to change to an insoluble (ferric) form which precipitates as an orange/brown sludge. The Botesdale Brook is fed by many springs that in some cases contain dissolved iron. An example is the spring-fed ditch that feeds into the stream beside the bridge. The brown/orange iron staining is often apparent at this point. On occasions there is an apparent sheen on the water surface that can be mistaken for oil; this effect is also due to the iron-oxidising bacteria. An easy test is to stir the water with a stick and if bacteria are responsible the sheen separates, if oil was present it would reform as a slick.

The high incidence of algae (blanket weed) in the brook is unwelcome as it suggests eutrophication, a process that occurs when there is an excess of nutrients such as nitrogen and phosphate in the water. The algae thrive on the nutrient-rich water and block the natural sunlight. In consequence, the oxygen level in the water is depleted. This has a wide-ranging effect on the aquatic life in the river. As a child I can remember catching sticklebacks but sadly these have been seen infrequently in recent years.

Simon Gowen
August 2023



Transport Needed?

The Rickinghall & District Community Bus is available for hire to readers of this publication. Typical journeys include shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

The bus is also available for visiting friends and relatives, in fact pretty well anything you need. Door to door service, any help a pleasure. Wheelchairs no problem.

Please telephone Gordon on 01379 897 109 (24/7 ansaphone).

St Mary's Church Redgrave Churchyard

I am a member of the local Redgrave, Botesdale and Rickinghall Churches.

We have a large Churchyard at St Mary's Redgrave with some very old graves.

I am keen to update the plan as it is incomplete.

The plan is important to be able to help the bereaved to find their relatives and also to identify spaces for new graves.

I am looking for volunteer who is interested in helping me, really because there should be more than one person who knows the plan.

Jeff Lamb 01379 890204

Thankyou

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Notes from the Green Redgrave Group (GRG)

What a strange year! Weather all over the place and yet all of the vibes are that we are in for the hottest year globally on record. The saving grace for us here in Redgrave is that the 4,000 trees that we planted in the winter seem to be doing pretty well thanks to the prolonged period of rain in July and the early part of August. Some deer damage to our young apple trees but other than that most seem to be fine; hopefully not too many of them will have been damaged by the heat of our Indian Summer in early September. It will be really interesting to see if the Miyawaki planting technique that we used leads to a super micro-forest in a few years' time.

We mentioned the Suffolk Green Cluster in our last couple of magazine inserts. We are continuing with this. One thing that we are looking at is sustainable food production. To that end we are looking at creating new orchards in the area together with the iFarm initiative in Blo Norton (see <https://www.facebook.com/iFarm.norfolk/>) and are currently making an application to the Tree Council for some 100 fruit trees as the first part of the project. These first orchards will not be in the Redgrave Parish but we are looking for sites on which we can site more orchards or similar community farm initiatives with the Suffolk Green Cluster partners including iFarm and the Wild Heritage Suffolk CIS (<https://www.wildheritagesuffolk.com/>). If you know of any likely sites that we can rent then please get in touch.

Hopefully many of you took part in the UK's Big Butterfly Count back in July and managed to spot lots of butterflies (<https://bigbutterflycount.butterfly-conservation.org/about/>). If you did then we would be very pleased to hear of your results.

We have been busy trying to create a wildflower meadow in the Old School Playing Field next to the new children's playground. We have just dropped some green hay on it from the Green Hinderclay wildflower meadow (many thanks to them for supplying it), and we are hopeful that it will start to look a bit more interesting in the coming years.

We are also now starting to think about additional projects for the autumn. We already have nearly one thousand trees ready to plant out, probably in October, and will likely have more in due course. Modest by last year's planting marathon, but we will be looking for volunteers to assist. We also have a pond to renovate; more details to follow.

We will shortly be restarting our series of Green Redgrave talks to be held in the All Saints Church in Redgrave. We held the first of these with a talk by Brian Gibb of the iFarm in Blo Norton on Tuesday 5 Sep 23. He gave a very interesting introduction to the work that they do at the iFarm and the benefits to the community, particularly combating isolation and growing food communally. The next talk will be held in the All Saints Church in Redgrave at 7pm on Tuesday 3 Oct 23; Simon Hooton will then be

giving a talk on 'Trees Woods and people'. And in November Kit Grey-Wilson will be giving a talk on creating wildflower meadows. They should all be fascinating. Keep an eye on our Facebook site for more details (<https://www.facebook.com/groups/3191728757769842/>)

We continue to look for enthusiastic volunteers to help us progress our activities. If you want to contribute or just learn about wildlife friendly activities then please join us. We would love to hear from you. Contact Andy Warnes (by email awarnes@btinternet.com or on 07478 337331) for more details.

Community Woodland

Writing this at the beginning of September, in a heat wave, it is difficult to remember how different the weather was a couple of weeks ago. What a strange summer we have had.

At last, Low Meadow is shaping up as planned, with the grouped shrubs expanding and joining up, and the central area primarily grass with wildflowers. There were more wildflowers in August than I have seen before, which is encouraging. At the end of the month the grass was cut and cleared off the wildflower area. One of the new black poplars has died but the other is doing well. The Ramseys (neighbours) have planted a rowan in a gap in the hedge adjoining their property. It will complement the rowan that was planted *in memoriam* a long time ago.

There is a lot of wood(willow) stacked under the trees. If anyone has a use for it, please help yourselves.

Northfield Wood is looking more mature now and it is great to see people using the paths. There are apples to pick (they ripen at different times, so choose carefully) and later quinces and medlars. Just leave a few for somebody else!

This is also the time for fruit in Millers Orchard. It was once someone's garden and the fruit trees are still there.

We managed to have an Annual Meeting in September. Some people were unable to attend but we got through the business of the group, which needs to be done regularly. We were pleased to see Ann Topham there – another eager tree planter.

Rosemary Jones,
Botesdale and Rickinghall Community Woodland
7th September, 2023
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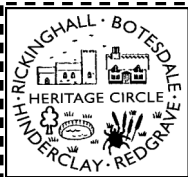
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Club News



The July meeting of The Heritage Circle took the form of a talk by Georgette Vale who played the part of the Widow of Robert Kett, a butcher and tanner of Wymondham, who led a rebellion against The Enclosure Act in 1549.

There was discontent all over the country about the high prices and the Enclosure Act and marches took place in many villages.

Robert Kett agreed to lead a march of 16,000 men who tore down fences as they passed through villages on their way to Norwich. They camped on Mousehold Heath. A battle took place on Bishopsgate bridge which was won by Kett, who was then in command of Norwich, and demanded a fair deal for everyone. Several other battles took place. The largest of which was Dussingdale, where 3,000 men died. A herald was sent from the King offering a pardon for everyone, except Robert Kett.

Kett was captured and taken to the Tower of London. He was tried for treason, and was hanged. His body was displayed from the wall of Norwich Castle. He was buried in an unmarked grave.

Devils and Disguises

The August meeting of The Heritage Circle was a talk by Kate Jewell entitled *Devils and Disguises*. Her talk told the history of medieval drama in Bury St. Edmunds and beyond. In York, on Corpus Christi day, 50 plays were performed in various locations throughout the city. The plays told the history of the human race, Christianity and the New Testament. They were intended to convey the idea to people who were mainly illiterate to think about their lives. In Bury St. Edmunds, in 1197, a drunken mob rioted in the Abbey grounds during a performance. The Abbot threatened to ex-communicate them, and all plays were banned.

Another example of medieval drama was the ceremony of the boy bishop. A choir boy acted the part of a bishop for one day, wearing a specially made costume. Sweets were given to children who could then exchange them for coins.

Mummers, led by John Lydgate, toured the country. Wearing disguises, they performed plays about the scriptures related to moral problems. East Anglia was a very active area for performances, with plays taking place often in the market place and held in the round. Moral messages to people were also conveyed by Doom paintings. A good example can be seen in Wenhaston church. The idea was to show people the contrasts of Heaven and Hell, and guide them away from sin.

The next meeting of the Heritage Circle will be on Wednesday 25 October at 7.30pm at Rickingham Village Hall when Robin Hanworth will give a talk entitled *Gallantry and Campaign Medals*. New members and visitors are welcome. Further information is available at www.heritagecircle.onesuffolk.net

Angela Bigley

Coffee On



We arrived this morning (8th August) with the usual amount of lovely cakes and savouries, items for the bric-a-brac stall, put smiles on our faces and ... waited! It was a slow start to the morning, but long before 10.30 the room was buzzing. All the tables filled up, my lovely neighbour and her daughter arrived with a long line of small children and we opened up the

crèche for them. It was clear that folks were enjoying the chat and catch up time. Around 11.15 the walkers returned from their walk to Redgrave Park and (fortunately) there was still plenty of food for them. The atmosphere was really lovely and there was a true warmth to the room, and I am not referring to either the weather or the heating! If you haven't been before, it really is worth coming along. I have been "running" this event since 2008 and I really enjoy it. It is such a blessing to have the facilities we do at Parkview Chapel, along with a great team of bakers and servers. Whether you are a church-goer or not, this is an event open to all - we simply want to open our Chapel and enjoy the company of the local community - do come along and enjoy yourself!

Those people who made donations for the refreshments (we don't charge, but we do accept donations!) put a total of £129.00 into the pots and this will be sent to Barnardo's to help support them in their great work with vulnerable and under privileged children.

... and we did it all again, today, 12th September. Again, a bit of a slow start but soon the tables filled up and the chatting started! We feel very fortunate to have such a flexible space at Parkview Chapel - over the week it serves as a space for art groups, an exercise group and youth clubs, as well as it's main function - as a church building and prayer space. We love welcoming everyone into our building - it's a real privilege.

The intention this morning was to raise some funds for the charity Tree Aid, which is an African led initiative to grow a wide belt of trees across Africa, to restore land and provide food for millions of people living on that continent - and a side effect of that is to improve the situation here on earth for us all. We didn't support that today, but will be giving donations next month, on **Tuesday 10th October** to that worthwhile cause.

Instead, today's kind donations, totalling £167.00, will be sent to The Red Cross, working alongside the Moroccan Red Crescent, to help with the relief work in Morocco after last week's devastating earthquake. I cannot imagine what those poor folks are going through and I know that your kindness will be much appreciated.

Between now and next month's Coffee on the Corner, I hope to see some of you at our Macmillan Coffee Morning on Friday 22nd September.

If you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423. Alternatively, try Kevin Gladwell, our Community Pastor on 01379 898924.

In the meantime, I wish you all the very best,

Sue

Sue Allen

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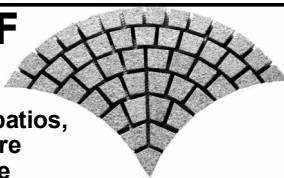
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Nyall's Notes LOHP Local News

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

The nature of Jesus Christ has been debated endlessly down through the ages. The early church used the words, "100% God and 100% man." To most people that sounds like 200% and they don't see it as very useful. I don't find it all that useful. I believe it was Cliff Richard who solved the problem by saying that Jesus was "God in a body"

John, the chap who wrote the Gospel, referred to himself as 'the disciple that Jesus loved.' He thought of himself as closer to Jesus than any one and might well have described his relationship in today's English as "the best of mates."

Way back in the Old Testament Isaiah describes a vision of God that he had. He says, "I saw the Lord sitting upon a throne, high and lifted up; and the train of his robe filled the temple. Above him stood the seraphim. Each had six wings: with two he covered his face, and with two he covered his feet, and with two he flew. And one called to another and said: 'Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory!' And the foundations of the thresholds shook at the voice of him who called, and the house was filled with smoke."

He uses a Hebrew word for God almighty when he says that he saw him on his throne. The angelic creatures cover their faces and declare "Holy, holy, holy is YHWH." YHWH, usually pronounced Yahweh, was the personal name of God that the Jews hardly dare say. Using the word holy three times puts extreme emphasis on it. Isaiah saw the power and holiness of YHWH, the God almighty, the maker of heaven and earth who rules the universe.

John, in his Gospel, refers to this passage in Isaiah for he quotes actual words from it and, speaking of Jesus, he says, "Isaiah said these things because he saw his glory and spoke of him."

It isn't exactly normal for someone to think of themselves as the best of mates with someone they see as Yahweh, the almighty God, the holy, holy, holy one. I think in that we can see something of the reason that theologians have debated the nature of Jesus so much.

Perhaps 'the best of mates' is being too flippant but I have used it to emphasize the fact that, in Jesus, we can have a very close love relationship with the one who is indeed almighty God yet became the crucified 'God in a body' that we might look at the cross and each individually say, "That proves that, in dying for me, I am the one Jesus loves."

"We have been sanctified (made holy) through the offering of the body of Jesus Christ once for all."

St Hebrews Ch 10 v. 10



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Conservation & Community

*"Behold the fleeting swallow
Forsakes the frosty air;
And leaves alert to follow,
Are falling everywhere,
Like wounded birds, too weak
A distant clime to seek."*

Fr. John B. Tabb (1845-1909)

Mists in the early morning, and nights are drawing in.....that'll be October then! Over the last few weeks, I've seen rows of swallows on the overhead wires getting ready to migrate to Africa. Young warblers and tits, moulting into adult plumage, will be searching the trees and hedges for insects.

Uncut hedgerows will be brimming with sloes, haws and berries, perfect fodder for hungry migrants such as fieldfares and redwings arriving from Scandinavia.

Young hedgehogs will be trying to find enough food to reach at least 400g in weight. Below this, they are unlikely to survive the winter, so if you are a hedgehog feeder, well, you know the drill! Various types of fungi should be plentiful but do pick with caution! September's blackberries were spectacular this year so if you haven't picked yet, be quick!

We will be starting the huge task of cutting and clearing New Fen in Thelnetham (with some help from our friends at SWT). The flora was wonderful this year, so once it's all cleared we can't wait to see what happens there next year. On Broomscot Common in Garboldisham, volunteers have been working hard for the second year to clear invasive, non-native Australian/New Zealand Pygmyweed (*Crassula helmsii*) from the new pond. This may take several years to eradicate so, sadly, the pond will have to remain closed off.

We will be holding our annual Fungi Walk at the end of October/ beginning of November. More details will be available on our website closer to the time: www.lohp.org.uk.

So, as we slip towards Winter, why not get out on the sites and enjoy the trees in all their Autumn beauty.

John McCormack

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Obligada!

Sunshine after the wettest, wildest winter since the world began was needed but nothing far-flung, fast, furious or weird. A new cultural experience was required too I thought whilst leafing through a travel brochure. What happens in Madeira ?

Whilst gazing out of the aeroplane window an archipelago of little white clouds came to view. So far the journey had been banana-peeling-easy and flying between mountains, dropping onto the runway at Funchal I saw the island and sea linked by a rainbow.

"They're Swan Agaves," said our guide as the coach motored by hillsides thickly-colonised with cacti bearing long, white blooms. Soon the rolling ride around rocky angles and through tunnels terminated outside a hotel.

After check-in I soared liftwise to the fourteenth floor from where a panoramic view of the ocean was visible via a bay-window. My holiday destination of choice was inspired. During the afternoon small, nearby shops manned by smiling vendors were found. Yes. Nowadays you are expected to create a postcard-plus- message on y' smartphone but those Madeira cards with colours and shapes like old, stained glass windows seemed worthy items.

"Obligada," said a shop assistant on completing the sale!

Next morning we visited the Mercado dos Lavradores where a florist wearing national costume was as colourful as her merchandise. Em, another holidaymaker, wanted to see the adjoining fish market. So we wandered through the crowds into a vast hall. A heap of black, patent leather belts with large eyes and rows of pointed white teeth lying across a marble slab brought pictures of medieval Devils to mind! Em took photos whilst I, wondering whether to laugh or cry at a swordfish with its nose cut off, turned to admire the painted wall tiles instead. Food at the hotel was varied, hot and tasty but tempting also was the scent of coffee and baking bread that drifted early morning from a nearby café.

Eastwards I discovered a trace of old Madeira in the shape of an elegant, detached, eighteenth century mansion. The residence would, probably, have stood sentinel over a vineyard before the vigorous development of tourism enabled the building of many hotels. Who could blame the Madeirans? Their craggy terrain is not suited to our heavy, modern means of mechanical cultivation.

Troupes of wild cats populated the coastline that is, randomly, speared with cacti, branched with pine, braced with undulating walls of volcanic rock. I descended via a precipitous, zig-zagging path to an outcrop that overhung the sea and tried to capture dawn's atmospheric effects with crayons and sketchpad. Waves kept catching the sunlight and letting it go.

Em, so she said at supper, had taken a tour round the island's beauty spots. That night much to everyone's amusement she tried to persuade our young and handsome waiter to dance with her.

"Sorry but I working," he said.

So what is special about Madeira besides the strong, good looking natives and sunshine, as if that is not enough? Is it unlike any other place with an oceanic climate and tropical influences? The answer did not occur to me until I was home unpacking souvenirs including a giant seed pod. What pleased me so much was the fact that you could hardly go anywhere outside on foot unless you were willing to climb. Therefore, the result was a most relaxing holiday because in mountainous Madeira I was discouraged from continuing the pyretic pace of everyday.

"Much obliged" or "Obligada", as they say in Portuguese.

Patricia Lesley Stammers

10 things you may not know about Rickinghall Village Hall

1. It's an independent Registered Charity, not in any way connected to the Parish Council
2. It's managed and operated entirely by unpaid volunteers from our village for the benefit of us all
3. It raises all its own funds
4. It gets money from the bottle banks on Snape Hill – and the payment made is by weight, so lots of bottles please!
5. It also gets money from the textile and paper banks at the Hall – most from the textiles
6. Has to pay for the hire and emptying of the waste skip from its own funds – so no fly tipping please
7. It is an important social and activity centre for many residents of Rickinghall and surrounding villages. It is hired some 500 times each year
8. Some 10% of income comes from events organised and run by the Hall Management Committee itself, these are the Country Market, Autojumble & Classic Car Meet, the Village Hall Lottery and Christmas Craft Fair. This figure has dropped from 40% as we no longer have the volunteers to run an annual jumble sale and fireworks party
9. The Village Hall was originally a Nissen hut, which was bricked round and much extended over the years
10. The car park is for users of the Hall and its facilities. If others want to use it they need to ask – we'll normally say yes if it's not going to cause problems for hirers
11. We continually strive to improve the facilities. Current projects are: Replace leaking skylights to keep the hall water tight; install a solar photo voltaic panel and battery system to reduce our reliance on expensive mains electricity; replace external woodwork with plastic to reduce maintenance costs; the car park needs two potholes repairing and ideally have the surface re-dressed with chippings to extend the life of the car park and we have registered our interest with Suffolk County Council for the installation of electric vehicle charging points
12. Okay, 12 things then! It's been the centre of the community since 1937, and it continues to be so

You may or may not make use of the hall and its facilities yourself, but it is your village hall. Would you like to be part of this success story?? Three very active members retired from the management committee during the last couple of years and another has retired recently. The remaining members are striving to keep things going and would welcome more people on board to share the tasks. Do you think you could help - not necessarily on the committee, but become one of the hall's band of active supporters? Your skills are a valuable asset and could be used to benefit your community.

To find out more please contact Dominic Ebert on 07983 601424 or Charles Greenhough on 0770 9962658.

August 2023



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Exploring the Past

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Memories - At school By Pat Hubbard (née Hill)

I was born in Rickinghall in 1942 in a cottage down Water Lane, and was delivered by Nurse Farnish – she came out in all weathers. I lived with my parents, Olive and Jack, and my brother Brian who was 5 years older than me.

I remember going to Rickinghall School. I liked all the teachers – I think Mrs Phillips was my favourite teacher; she always wore a twinset and pearls. I wasn't rebellious at school although once I did push a boy called Derek Lummis down the slope from the playing field and he grazed his knee. His mother complained and I got into trouble for that.

I didn't like maths - especially mental arithmetic. My favourite part of school was making up stories and writing composition. I still love making up stories, in my head, especially when I can't get to sleep at night. I used to make up poems about Nature and send them to the Diss Express and they got published in the paper. Mr Compton, a teacher at the school, organised an Art Competition and an Art Master came from Eye to judge the entries. I painted a picture of Anne Boleyn and won first prize although I can't remember what I received.

The school dinners were lovely. There was Mrs Markham, Mrs Lusby and Mrs Bishop over the years – all really good school cooks. Their mash and stews were wonderful. One day the cook came in to the classroom and asked if she could have some girls to help in the kitchen to top and tail the gooseberries needed for dinner. Valerie Powell and I ate so many we had terrible tummy aches. Also, my dad grew potatoes at home in the garden and supplied the school with them for the dinners.

I was in the school netball team with my friends. The orange segments, at half time, were a real treat. I cannot remember which schools we played our matches against but I do remember going as far as Debenham on one occasion. I think we went with the school football team and travelled on a Simond's bus.

I went to the church Sunday School. We were given a sticker each time we went to put in a special book – it may have been to record attendance. Sunday School outings were good. I remember going to Gt Yarmouth. My mum whitened my plimsolls and she bought me blue and white ankle socks. I loved them. I went with Valerie and Margaret Powell. It was a good time.

My mother picked strawberries in the summer to earn a little



Pat Hubbard

extra. She also cleaned the Upper Church. Dad worked for Barker's at Kiln Farm, just down the road from our house. My dad worked on the farm and as a farm lorry driver. Sometimes Dad and Albert, his brother, had to drive produce to the London markets and would be away for two nights but usually he rarely went out of the village!

Mr Knights was the farm manager for Barkers at Kiln Farm and his grandson, James, came to stay at the farm each summer. James lived in Jersey and when he was over, he and I played in the Marl Pit which was just up the road from my home on the other side of Water Lane. There were 'caves' up the sides of the Marl Pit and big trees grew all over it, so we played Tarzan and Jane and swung from the branches and hid in the caves and had a wonderful time. We also played Cowboys and Indians. The Dutch Barn on the farm was often full of straw bales and we made wonderful dens to play in. We got the ideas for our games from the Pictures shown at the Village Hall on Wednesday and Saturday nights. Our favourites were Tarzan and Jane, Cowboys and Indians and Flash Gordon. We didn't have TV in those days – not many people in Rickinghall did. We also played in the Kell which was forbidden because that was where the boar was kept. We didn't take any notice. It was like a forest to us – we played in the trees and made Tarzan noises and I don't think we ever saw the boar.

Dad was one of 9 children. His sister, Aunt Bessie, lived at Allwood Green. She was said to be able to charm away warts. She said to rub raw meat on the wart and then bury the meat in the garden. I never knew if it worked.

I worked at Wattisfield Pottery when I first left school and then got a job as a proof reader at the Bury Free Press.

I married Peter in 1964 at the Lower Church. The Rev Cotton took the service. Sheila Perry, Margaret Powell and my 2 year old niece, Jackie were my bridesmaids. They wore midnight satin dresses.

My husband and I spent 39 lovely years living at our house in Wattisfield before we moved to Diss in 2003, where I continue to live today.



Pat with bridesmaids Sheila Perry, Margaret Powell and young niece Jackie



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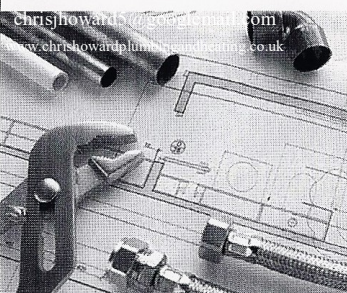
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At our July meeting we held a craft evening with 5 members demonstrating different crafts and members then enjoyed having a go at the crafts - pin prick stitching and rubber stamp ink printing to make greetings cards, making mats and Christmas decorations from bottle tops and felt, and painting/stencilling decorations on glasses. Even those who said they were no good at crafting proudly took home their work and everyone agreed it was a fun evening. There were a lot of entries for the competition – a handcrafted object, the winner was Yvonne Goodwin with an incredible table of figures she had made.



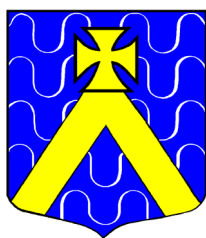
Calkwood in May

Our August meeting was a Members' meeting when member Philippa Rixon gave a wonderful presentation with some stunning photographs of the 25 acre wood she and her husband own, showing through the months and seasons the stunning different wild flowers, bird life and animals such as deer, badgers and squirrels that inhabit their wood.

In May their wood is a mass of bluebells and so we also had a quiz on how many words you can find from 'Bluebell Wood' and collectively we came up with 72.

On 13th August we held our annual Garden Party in Linda Davies' garden where we all enjoyed a glass of Pimms, some savouries and cakes and 2 light-hearted quizzes in the sunshine.

Rosemary Setterfield - President



ST BOTOLPHS BOWLS CLUB

A successful bowls season is sadly now coming to an end. Three teams have been promoted - the Monday Stowmarket league, the Monday Afternoon Bury League and the

Thursday Bury League. Congratulations to the captains and players. Other league teams have also done well, with two teams providing valuable experience for players bowling in the leagues for the first time.

A number of competitions have been held including club drives and individual club competitions with our Club Finals Day being held on 23rd September.

Two club competitions, always popular, resulted in the Captain's team winning the Captain V President's team, and the Ladies winning the Ladies V Men competition. Hot dogs were served after the competitions organised by our catering manager Caron Pickett.

On the social side Our Club President's Day was held on 29th July, with a club drive in the afternoon followed by a three course dinner and a singer in the evening. On 5th August there was another drive followed by a Pork Roast, this time with members contributing to the buffet food accompanying the pork roast. Our thanks to John Foulger for cooking the pork and organising the buffet.

At the time of writing, we still have our Annual Triples Tournament to look forward to on the 17th September; this is an all-day event attracting teams from surrounding clubs and including lunch and a charity tea.

Fun Fridays will continue but will move indoors during the Autumn and Winter, providing an opportunity for members and guests to play games, cards and enjoy socialising.

Rosemary Setterfield – committee member

Botesdale and Rickinghall Preschool needs you!!



Did you know the preschool is a charity run organisation? This means it's run by a committee of volunteers who meet every couple of months and assist the staff in the smooth running of the preschool. In order for the preschool to remain open there has to be a fully appointed committee.

This is where you come in!

- * Do you want to help a vital village service?
- * Do you have a couple of hours spare in the evening once every other month?
- * Would you like to meet new people?
- * Would you like to help in how the preschool is managed?
- * Do you have or have you had children at the preschool, although this is not required at all. Anyone can help out with this vital service to the community.

If you thought yes to any of the above, then our next meeting is on Tuesday 3rd October in the evening, followed by an AGM on Tuesday 14th November. If you are interested in getting involved, we would love for you to come along and see what we are all about.

If you would like to find out more please contact Laura - 07973 366160

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**Stowmarket Lions
Community Services**
Helping local groups and individuals in need

Stowmarket Lions are a group of likeminded volunteers who seek to help those in need in our local communities.

Now in our 43rd year we have raised over £1M since the club started and last year raised some £50,000.

We raise money throughout the year with fundraising events such as our Boxing Dinner, Golf Day, Bike Ride, and Santa Sleigh.

We help groups and individuals in our local communities via our Community Services team who typically meet monthly to consider requests for help.

Recently we have been able to help groups supporting people with conditions such as Motor Neurone Disease, Multiple Sclerosis, dementia, cancer and the partially sighted, as well as the local food bank.

During our Santa Sleigh last year we were able to help a family from Needham Market with a two year old girl undergoing treatment for leukaemia, here's how:

'Etta wasn't able to see Father Christmas due to her being neutropenic (no immune system) but after an email to the Stowmarket Lions Club they arranged Father Christmas to stop outside on his rounds so she could meet him on his sleigh. It was absolutely magical Etta was extremely excited and it made our year. The Stowmarket Lions Club emailed us after and offered to help us, they've offered to purchase an armchair/sofa bed for Etta's room to enable us to cuddle her and be close throughout the long nights of sickness and medications. We can't thank them enough!'

Commenting on Community Services and the role it plays Lion President Bob Cuff said 'I feel privileged and proud to be leading this amazing group of people this year. They voluntarily give their time to raise money to support those in need. It is heart-warming to know that we are helping make people's lives that little bit better'.

Lion Dave Thomas is our Community Services lead person and can be contacted using the link below:

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If you wish to continue dancing throughout the Summer, you would be able to join us at fetes, festivals and regular Wednesday night dance outs.

We are always keen to have new musicians join our band so you will be very welcome any Wednesday.

If you would like further information about the group please contact Jenny on 07403637517, or Jane Pearse on 0756468186. You can also find us on Facebook under Hoxon Hundred Morris Dancers.

We all look forward to meeting you.

Jan Robinson



August 2023

Harvest Festival 2023

As you are probably aware, Waveney Foodbank is a community-based project operating in South Norfolk and Suffolk

Our aim is to be a collaborative project that engages with the whole community to tackle poverty in our local area. Would you consider helping the food bank this Harvest time?

Our food bank helps individuals and families in crisis through the provision of emergency food supplies, donated by local organisations and the general public. We partner with frontline care professionals, such as health visitors, social workers and other community-based support workers, who are able to identify and refer people to the food bank. People will receive a food parcel and will be welcomed with a cup of tea, as well as signposted to agencies that are able to help resolve the underlying cause of the problem.

Our foodbank is part of The Trussell Trust's UK foodbank network, which has given over 1,583,688 three days' food supplies to people in crisis. A large proportion of this food came from Harvest collections throughout the UK, each providing for their local food bank: the ~~four~~ churches in Rickinghall, Botesdale and Redgrave are year-round collectors.

Would you please consider donating to a Harvest Food Collection to us this year?

Your assistance would be greatly appreciated.

Thank you for your time and support.

Yours sincerely

Matthew Scade
Project manager

Harvest Festival Appeal
07484 394749
info@waveney.foodbank.org.uk

The Methodist Church in Botesdale has Celebrated Harvest in September.
Parkview Church Harvest Service will be on October 1st at 11am.
Rickinghall Church Harvest Service will be on Oct 15th at 10.30.

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Botesdale & Rickinghall	Peter Beck	01379 890495	peter@pbeck.plus.com	Emergency	999	For Ambulance, Fire Brigade, Police
Redgrave	John Campbell	01379 890946	Redgrave.nwatch@outlook.com	Manned desks		Bury St Edmunds - Raingate Street IP33 2AP Ipswich - 10/10a Museum Street IP1 1HT Lowestoft - Old Nelson Street NR32 1PE

SCAM ALERT

It can be very difficult spotting a spoof website as fraudsters are skilled at creating sites that cleverly mimic the branding of Government departments, organisations and national retailers. From dodgy investment 'opportunities' to manipulating vulnerable people into fake relationships, these criminals are always looking to exploit unsuspecting victims. So be on your guard to the latest scams doing the rounds locally.

Cost of living payments

Trading Standards have alerted us to fake text messages claiming to be from HM government offering a £899 Cost of Living payment.

The link in the text directs you to a phishing website that will ask you for personal information and your bank details for confirmation to action your cost of living payment. Sadly, this is a scam. The sole purpose is to glean personal and financial information to perpetrate fraudulent use.

All cost of living payments are sent out automatically and directly to those eligible and you do not need to apply to, or contact, the Government.

Council Tax refund

Reports are being received of residents receiving telephone cold calls claiming to be from the local authority advising they are 'in the wrong council tax band' and requests for bank account details so they can receive 'a refund' These calls are from fraudsters. If you receive one. Hang up.

Wilco copycat websites

Opportunist scammers are seeking to capitalise on the Wilco stores administration situation via spurious websites on Facebook promising huge discounts. These offer links to phony Wilco copycat websites that phish for your personal information and bank details. These ads claim there is limited stock available so you must act immediately to grab your 'bargain of a lifetime'

Have you received a suspect scam approach? Report it to Citizens Advice consumer Helpline 0808 223 1133

FOREWARNED IS FOREARMED

Please share this information amongst your family, friends, neighbours, anyone who you think may find it useful.

Mobile Library

Rickinghall : Rectory Hill 10.40 – 10.55
Rickinghall : Hinderclay Road 11.00 – 11.15
Rickinghall : Village Hall 11.20 – 11.35
Botesdale : Farnish House 11.40 – 11.55

Botesdale : Village Hall 12.00 – 12.15
Botesdale : Backhills 12.20 – 12.35
Redgrave : The Knoll 12.45 – 1.05

will be calling: **Wednesday 11th October, 2023**

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

Church Notices

WELCOME TO BOTESDALE METHODIST CHURCH EVENTS AND GROUPS

Our Church is to be found in Fen Lane, Botesdale, opposite the fish and chip shop. We are a friendly bunch of people holding services every Sunday morning at 10.30. We welcome everyone to our services and weekday activities.

October Services

1 st	Local Arrangement
8 th	Rev David Ely
15 th	Local Arrangement
22 nd	Rev Stephen Oliver - a service of Holy Communion
29 th	United Service at All Saints, Redgrave

October Activities – you are very welcome to join us for any of the following:

Tuesday 3 rd	2.30 - 4pm	Get Together Down the Lane. A talk on Julian Of Norwich by Rev David Ely, followed by our usual time to chat over a cup of tea.
Tuesday 24 th	10am - 12pm	Coffee Down the Lane – our regular coffee morning held on the 4th Tuesday of every month - an opportunity for all to chat and get to know others in our community


Every service and activity is open to anyone – you do not have to belong to this Church or any other.
For more information phone 01379 890898.

Parkview Chapel Sunday Services and Events

All services are at Parkview Chapel (unless noted otherwise), include Communion, and are live-streamed on the 'Parkview Chapel' Youtube channel. Refreshments will be served from 10.30am.

Please call Kev Gladwell on 01379 898924 for more details or check out www.parkviewchapel.co.uk

October

Sunday 1st	Harvest Service at 11.00am, followed by Harvest Lunch	 PARKVIEW CHAPEL CHURCH FOR THE COMMUNITY
Sunday 8th	Service at 11.00am – Gut Level Compassion – Uphill Glory	
Sunday 15th	'Coffee On A Sunday' service 11.00am – Gut Level Compassion	
Sunday 22nd	Service at 11.00am – Gut Level Compassion – The Tender Heart Of Obedience	
Sunday 29th	United Church service at 10.30am (All Saints, Redgrave)	
Events	Coffee on the Corner at 9.00am	Tuesday 10th October
	Men's Breakfast – 8.30am. With guest speaker, Matt Levett, one of our Church Trustees, sharing about his work with street kids in Guatemala through charity 'Street Kids Direct.'	Saturday 14th October
PARKVIEW Youth		Juniors Church
		Sundays 11:00am - 12:00pm
		Junior Friday Club
		Fridays 6:00pm - 7:00pm
		PYP
		Sundays 7:00pm - 8:30pm
		Senior Friday Club
		Fridays 7:30pm - 9:30pm

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Parish of Redgrave cum Botesdale with the Rickinghalls

-

October 2023 Services

Sunday 1st October , Seventeenth Sunday after Trinity
Holy Communion (BCP), 8.45am, St Mary's Rickinghall

Sunday 8th October , Eighteenth Sunday after Trinity
Holy Communion (CW), 10.30am, All Saints Church, Redgrave

Saturday 14th October, Community Thanksgiving Harvest Supper
6:00pm Botesdale Village Hall (See advert on Pg 7 for more details)

Sunday 15th October, Nineteenth Sunday after Trinity
Holy Communion (CW), 10.30am, St Mary's Rickinghall

Sunday 22nd October , Twentieth Sunday after Trinity
Holy Communion (CW), 10.30am St Botolph's Chapel of Ease, Botesdale

Sunday 29th October , Bible Sunday
Holy Communion (BCP), 8.45am St Botolph's Chapel of Ease, Botesdale

Also

Sunday 29th October
United Service, Time and Venue to be confirmed

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From the registers

St Mary's Church Redgrave	
26.7.23	Interment of Ashes of the late Bruce Michael Robertson; Died 14 th July 2009 age 81 years. Together with his wife Irene Gladys Robertson; Died 6 th January 2022 age 94 years
4.8.23	Interment of Ashes of the late Anthony Frederick George Reynolds; Died 30 th April 2023 age 87
10.8.23	Funeral and Burial of Joan Mary Wilson. Died 15 th July 2023 age 94 years
11.9.23	Graveside Funeral and Burial of Gerald Norman Canham. Died 4 th August 2023 age 80 years
St Mary's Church Rickinghall Inferior	
17.6.23	Baptism of Frederick Barker by Rev Canon Susan Loxton
13.7.23	Burial of Heather Marion Whiting. Died 16 th May 2023 age 84 years