Redgrave cum Botesdale with the Rickinghalls

PARISH MAGAZINE April 2024



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community. Also available at http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/

PARKVIEWCHAPEL

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Website: www.parkviewchapel.co.uk



Charity Name: Parkview Chapel, Botesdale. Charity No: 1170915 @parkviewchapel



EASTER ... EGGSACTLY!

I wonder what your favourite Easter egg is? Do you have the same egg every year? Do you swap chocolate eggs at all? Or is it just something you do for the children?

My youngest daughter has a favourite egg. She loves Cadbury's Mini Eggs. So the Easter egg version of this is her number one choice. For me I have spotted in the shops a Yorkie Raisin and Biscuit egg. Although at £12.00, I am not sure I shall be finding that in the garden on Easter morning!

On the subject of eggs, it would seem appropriate to share some egg jokes with you; How do eggs keep fit? They eggs-ercise! Why don't eggs ever laugh? Because they can't take a yolk! Why did the man always steal his eggs? Because he preferred them poached! (Thank you! I'm here all week!)

Eggs. That's what we all think about at Easter isn't it? Eggs. Particularly chocolate eggs. At least that is what the supermarkets would like us to believe. But I'd like to share with you what I believe Easter is really all about.

Just over two thousand years ago, early one Friday morning, a man called Jesus is arrested, even though he has done no wrong. He is then sentenced to die on a cross. Then, just a few hours later, this happens:

'By this time it was about noon, and darkness fell across the whole land until three o'clock. The light from the sun was gone. Then Jesus shouted, "Father, I entrust my spirit into your hands!" And with those words he breathed his last.' (Luke 23:44-46.)

I believe Easter is about a man called Jesus. He was, and is, God's Son. And on the morning of that first Good Friday he was killed on a cross for simply telling people how to live right, and how to treat each other, and how to love éach other.

Now it may seem funny that this month's thought refers to Easter. Because some of you will receive this edition just before Easter, some just after. But for me that helps my thoughts this time. Because just three days after that first Good Friday something miraculous happens:

'Early on Sunday morning, as the new day was dawning, Mary Magdalene and the other Mary went out to visit the tomb. Suddenly there was a great earthquake! For an angel of the Lord came down from heaven, rolled aside the stone, and sat on it. His face shone like lightning, and his clothing was as white as snow. Then the angel spoke to the women. "Don't be afraid!" he said. "I know you are looking for Jesus, who was crucified. He isn't here! He is risen from the dead, just as he said would happen. (Matthew 28:1-6.)

What happened here, the resurrection of Jesus, on what we call Easter Sunday, is a miracle. It shows God's power over death itself. And it was all part of God's plan to offer us forgiveness and a chance to have a relationship with him.

I have to confess, the chocolate egg element of Easter is great. Such things play a big part in all of our Easters, and why not! Although it would be another miracle if I receive the egg of my choice!

But for me the death and resurrection of Jesus Christ is eggsactly what Easter is all about. In fact, ultimately, he went through all of that because he loves you. And unlike the funnies above, that folks is no joke.

If you want to know more about why Jesus did what he did that first Easter then please do contact me. I'd love to hear from you.

But for now, I wish you all a very happy Easter! And if and when you are enjoying a little piece of a delicious Easter egg, please remember that Easter is about more than chocolate eggs. It's about Jesus and how much he loves you.

Happy Easter everyone!

God bless,

Kev Gladwell Church & Community Pastor Parkview Chapel



Please note the following changes to the Local Services Directory.

The latest version of the directory is available online at

http://stmarysrickinghallinferior.onesuffolk.net/local-information/



Section Changes	
Community Assets & Projects	Removed <i>Deborah Key</i> (role discontinued) from <i>Redgrave & Lopham Fen</i> and replaced email address with <i>Suffolk Wildlife Trust</i> web site <i>www.suffolkwildlifetrust.org</i>
Community Services (local)	Removed resigned councillors Sally Jarvis and Elizabeth Stanford from Botesdale Parish Council

Message from the team

As I write this it is actually not raining—how long will that last? Flooded fields and roads seem to be a permanent fixture but let's hope spring improves.

We had some response to our plea for help last month, and this month's cover was designed by Francis Martinez who has agreed to join us.

I spoke to Peter Beck last week and, disappointingly, at that time nobody had come forward to take on the Neighbourhood watch co-ordinator role. Please think whether you could do this—it need not be a very time consuming job.

We have a new regular article from the book club but could still fit in a few more—regular or one-offs. Thankyou as always, to our advertisers and contributors.

Charles Murray

Contacts

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Alternatively, please call The Editor on 01379 890382

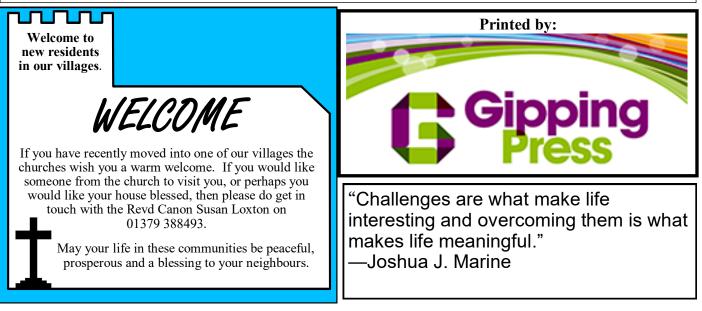
COPY DATES—BY WHICH CONTENT SHOULD BE RECEIVED BY THE TEAM:

May issue Monday 15th April, June issue Monday 13 May, July issue Monday 10th June We often have fliers to insert into the magazine. This is done on a Friday afternoon in Redgrave by a small team of volunteers. If you would be interested in helping please email distributionatrbrparishmag@gmail.com

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub. .png Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; <u>this is subject to space being available and we also make a small charge</u>.

Best wishes, The Parish Magazine Volunteers

The views and opinions expressed in this magazine are those of the authors and do not necessarily reflect those of the editorial team.



Also available at http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/



	Opening	Food Served
MONDAY	4 - 9pm	Closed
TUESDAY	4 - 11pm	Closed
WEDNESDAY	12 - 11pm	12 - 2.30 & 6 - 8.30
THURSDAY	12 - 11pm	12 - 2.30 & 6 - 8.30
FRIDAY	12 - 11pm	12 - 2.30 & 6 - 8.30
SATURDAY	12 - 11pm	12 - 2.30 & 6 - 8.30
SUNDAY	12 - 9pm	12 - 4pm

Food now served 5 days a week in our Lounge Bar and the Public Bar Please check social media for information on other events!

Contact us:

Cross Keys, The Street, Redgrave, Diss IP22 1RW admin@crosskeysredgrave.co.uk

01379 673333

Please check the website and social media for all the latest updates www.crosskeysredgrave.co.uk / Facebook @crosskeyspubredgrave Twitter @KeysRedgrave



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What's on in Late March and in April



CRAFT GROUP

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Bread & Cakes Pakenham Flour Alex's honey Eco Refills Local grown meat Duck Eggs Pasties & Quiches Sally's Plants Stardust Spirits Jams & Preserves Ice cream van Fruit & veg is back :) PLUS Sue's cards Fordhams Candles Quatrefoil Books Tropic Products Willowcraft Utility Warehouse June's Jewellery Crafts by Debbie Over the Hedge

Councillors' Corner Meet your local Councillors 10.00 to 11.30 am

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Saturday 13 April





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What's on in April





What's on in April/May





What's on in April and beyond





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Calling all gardeners! Botesdale & Rickinghall

We are happy to say that this is *hopefully* back on Sunday 2nd June from 10.30am-5pm

To make this a success, we are desperately in need of more gardens to show visiting enthusiasts.

It doesn't matter whether you have a small patio with a few pots and hanging baskets or acres of manicured lawns - please take part and help to make the day a success.

In addition to the gardens, we plan to have a variety of stalls at Botesdale Village Hall. There is no charge for a stall but a donation to this year's charity -Macmillan Cancer Support - would be much appreciated.

If you would be willing to open your garden on Sunday 2nd June 2024, or if you would like to have a stall on that day or indeed if you would be willing to help in any way, please contact Rona Walters, Fir Tree Cottage, Bridewell Lane

Call 01379 308851 or email: ronajeanw@gmail.com (PLEASE NOTE NEW EMAIL ADDRESS)

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Events at Redgrave & Lopham Fen

We recently received the following from the Engagement officer for Suffolk Wildlife Trust, Redgrave and Lopham Fen, which means we are unable to continue publicising their activities in this Parish Magazine

We have taken the decision to change how we deliver our engagement activities in west Suffolk, to make them more financially sustainable and extend our impact through community outreach activity. We will no longer have engagement officers based at Redgrave & Lopham Fen and Knettishall Heath. Instead, our west Suffolk engagement team will be based at Lackford Lakes, with a new Wilder Communities Adviser maintaining some activities at Redgrave and Knettishall. We will continue to offer our adult courses programme from Lackford and our other sites. We will no longer be running large events like the Plant Sale and Art Exhibition which require considerable organisation and staff time.

Unfortunately, this means that my role as Engagement Officer at Redgrave & Lopham Fen will no longer exist and a limited number of activities will take place at the Fen in future. You will, therefore, no longer be receiving our event lists for inclusion in your newsletter/magazine.

If you wish to find out more about Suffolk Wildlife Trust's ongoing activities, please visit www.suffolkwildlifetrust.org



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My council tax bill is coming out in March, and I am dreading opening it as it always goes up. My income has stayed the same but

everything else seems more expensive and I have hardly anything left over - how will I cope if my payments for this year go up?

Many of us are feeling overwhelmed as we see our basic bills and essential costs go up. You're not alone in finding things difficult and, crucially, there's support available.

First off, there are discounts available to some people depending on their circumstances. You can check your bill or contact your council to find out if you might be eligible for an automatic reduction to your council tax. If you're not getting a discount, you might still be entitled to one. It depends on who lives in the property. So, if you're the only adult in your home, you'll get a 25% discount on your council tax bill.

When working out how many people live in a property, some people aren't counted - they're called 'disregarded people' and include under 18s, a student nurse or someone on an apprenticeship scheme and many more. Check the government website (https:// www.gov.uk/council-tax/who-has-to-pay) for more details. If everyone who lives in the property is disregarded, you will still receive a council tax bill, but it will have a 50% discount. However, if everyone in your home is a student or severely mentally impaired, you won't pay any council tax.

Additionally, if someone has moved out, tell the council as this might change your eligibility. If you are entitled to a discount as a result, it will be valid from the date when the person moved out, even if you told the council after the event, and the reduction may be backdated. If you think you might be eligible you should apply to your local council for a discount as soon as possible. You can find your council's contact details via https:// www.gov.uk/apply-for-council-tax-discount

You mention that your income hasn't increased. If you are on a low income, you might be able to get your council tax reduced. If you get benefits or have other people living with you, this might affect how much your council tax is reduced by.

Your local council will ask you details about your income and your circumstances, so they can work out if you're entitled to a council tax reduction. They will then calculate your new bill and tell you how much council tax you need to pay.

If you have other people living with you who are aged 18 or over, you might all be responsible for paying council tax. Only one of you needs to apply for a council tax reduction. The council will make a decision and reduce the amount of council tax you have to pay accordingly.

You may also be eligible for additional support if you've reached State Pension age which you can check on the government website via https://www.gov.uk/statepension-age. If you're under State Pension age, the 'working age rules' apply and if you've reached State Pension age, it depends if you or your partner get certain benefits. The working age rules still apply if you've reached State Pension age and you or your partner get:

Universal Credit Income-based Jobseeker's Allowance (JSA) Income-related Employment and Support Allowance (ESA) Income Support

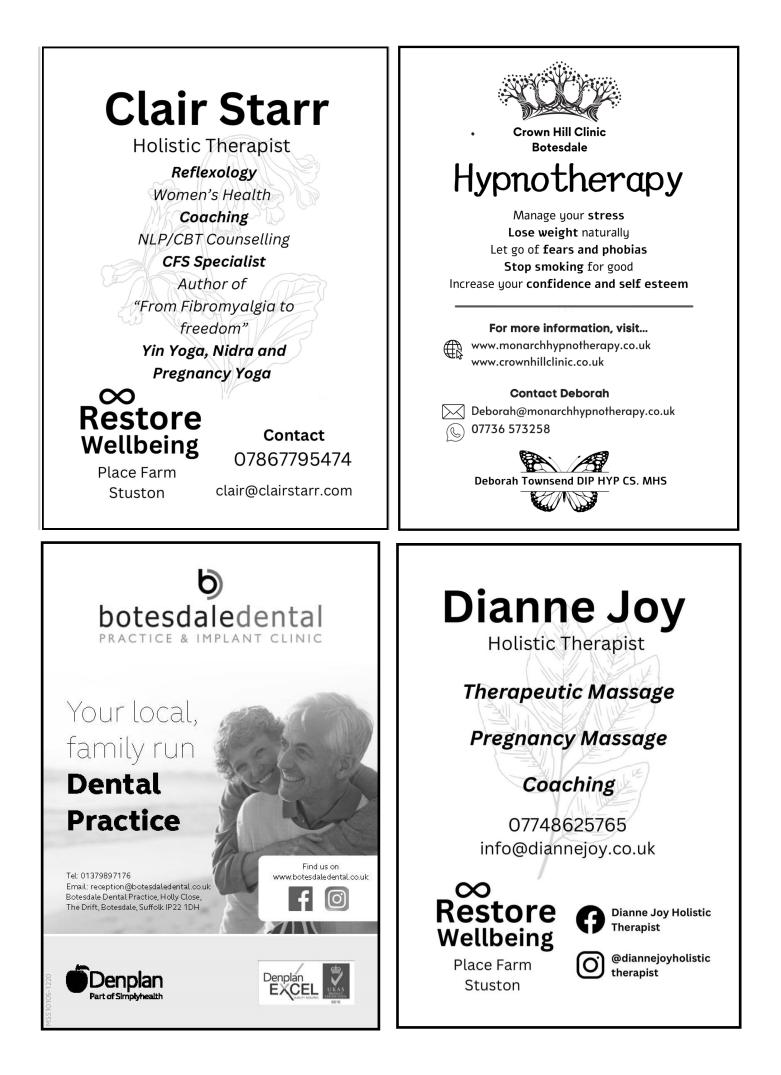
If you've reached State Pension age and don't get any of these benefits, the 'pension age rules' apply. Even if none of the reduction criteria applies to you, your local council can still reduce your council tax bill or cancel it altogether, this is called 'discretionary reduction'. They'll normally only do this if you can show that you're suffering severe hardship and can't afford to pay council tax.

If you're in this situation you should ask your local council for help. You'll need to show them evidence of your circumstances. If your immigration status doesn't let you claim public funds, you can still apply for a discretionary reduction. A discretionary reduction doesn't count as public funds.

We know that times are incredibly tough and council tax is a priority bill so it's important to keep in contact with your council if you can't keep up payments. Citizens Advice is here to help you find a way forward, without judgement, working with you side by side. Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/ relationships.

You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.





BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP (PPG)

Direct Access to Physiotherapy at Botesdale Health Centre

The Health Centre has a new process whereby patients will need to see the Practice Physiotherapist first before they can see a GP for any physical function and mobility issues. Being reviewed by the Physiotherapist first will ensure specialised attention can be provided for your musculoskeletal issues as well as helping with streamlining care. Patients can book an appointment with the Physiotherapist by contacting Reception. Patients are still able to self-refer to physiotherapy at Allied Health Professionals through: ahpsuffolk.co.uk/self-referral.

Parking at Botesdale Health Centre

Following a review by Suffolk Highways, and discussions with Botesdale Parish Council and local residents regarding the parking outside of the Health Centre on Backhills and The Fairsteads, a decision has been made to extend the double yellow lines on the highway adjacent the Health Centre Car Park Entrance.



The planned additions will ease entry and exit from the Health Centre, including greatly improving the line of sight on exit, and remove the congestion for vehicles turning right from the Drift and left from the Health Centre. The changes are illustrated on the adjacent map.

We are awaiting notice as to when the works will be carried out. Arrangements will be in place to manage the parking at the Health Centre on the day.

Patients are requested to respect the new parking restrictions and, if not using the Health Centre Car Park, to please park with consideration for the highway regulations and local residents.

Getting Started with the NHS App

The NHS App gives you a simple and secure way to access a range of NHS services. Download the NHS App on your smartphone or tablet via the Google Play store or the App store. You can also access the same services in a web browser by logging in through the NHS website at www.nhs.uk/nhs-app/account/

Events are taking place in Eye, Woolpit and Stowmarket during April and May where Digital Champions will be onhand to offer support in downloading and using the NHS App. There is no need to make an appointment, simply turn up. Further information: suffolkandnortheastessex.icb.nhs.uk/your-health-and-services/primary-care-gps/ accessing-services-digitally/getting-started-with-the-nhs-app/

Alternatively, the rural coffee caravan assists people who live in rural communities across Suffolk. The caravan brings people together and helps them to access services and information. The caravan crew could also help you navigate the NHS App. Further information: ruralcoffeecaravan.org.uk/events/

Wanted - Your Thoughts on Women's Healthcare in Suffolk

Whilst many have positive experiences of NHS care in general, it is all too common for people to have felt dismissed by services when it comes to specific women's health issues. That's why you are being invited to share your experiences and views to help with the planning of future care and support. Survey link: smartsurvey.co.uk/s/ SNEEwomenshealth/ Please respond before the end of March 2024.

If you, as a Patient of Botesdale Health Centre, have any comments you would like the PPG to be aware of, please make contact via the email address below. Your comments as a Patient are of immense importance to both the PPG and Health Centre.

If you are interested to learn how the PPG assists the Health Centre, perhaps are new to the Health Centre or Area and need more information or wish to volunteer in some way, please do contact boxee.org (boxee.org) and the provide the provided the provide

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Botesdale Parish Council

Report from the March 2024 Botesdale PC Meeting

Six members of the Parish Council were present for the meeting and County Councillor Jessica Fleming. The resignation of Councillor Sally Jarvis was acknowledged, and the Parish Council thanked her for her time and effort on behalf of the community.

County Cllr Fleming provided an update on the County Council's recent budget approval for 2024/25, highlighting the challenges posed by inflation and increased demand for services. Suffolk's SEND services are provided through a Local Area Partnership which includes both Suffolk County Council and its NHS health service partners. Last November an inspection was carried out jointly for the first time by both Ofsted and the CQC (Care Quality Commission) revealing areas for improvement which can be found in a report at https://files.ofsted.gov.uk/v1/file/50238584

A 10-week public consultation on the County Council's proposed devolution deal with the Government will run from 18 March until 26 May. Details will be available at www.suffolk.gov.uk/ devolution.

In major planning, the construction of a 15-ha reservoir and associated pipeline has been proposed for The Street, Brome and Oakley Part in The Parishes Of Yaxley, Eye & Hoxne. DC/24/00515.

Planning: There was no planning.

Correspondence: Several items of correspondence were discussed, including the opportunity to order a portrait of the King and it was agreed to take this up on behalf of the Botesdale Village Hall. The PC also agreed to purchase 50 Hedgehog Highway gaps which will be available on a first come, first served basis at a future Farmers' Market. These can be installed in fences to enable hedgehogs to move around more easily. Watch our Facebook page for an update on when these will be available. The PC was asked to investigate the possibility of installing a defibrillator at the Diss Road end of the village and we will be giving this further consideration.

Recreation Ground: We are pleased to have received the RoSPA inspection Report of the Recreation Ground by Play Inspection Limited. All of the inspected items achieved a very low or low risk score.

Regrettably, one of the new trees adjacent the Health and Fitness Area was vandalised on or about 16 February 2024.

Your Clerk is: Mrs Leeann Jackson-Eve, Wayside Cottage, Cherry Tree Lane, Botesdale, Diss, Norfolk, IP22 1DL.

Tel : 01379 890 141; email: clerk@botesdale-pc.gov.uk Please contact her in OFFICE HOURS ONLY 9am-5pm Sadly the tree had just been replaced, the previous installation having not taken. The damaged tree may or may not be linked to issues related to the use of the facilities at night after the prescribed closing times. If you are not familiar with these, they are on the signage at the entrance, and we urge you to bring these to the attention of older children who attend on their own. No one should be using the Recreation Ground outside the opening hours.

In other news, the Recreation Ground is now regularly used by the Health & Wellbeing Walks organised in conjunction with Botesdale Health Centre, which is fantastic news and exactly the sort of thing we envisioned for the new Rec Ground. Finally, we are eagerly awaiting notification of the Site Visit and Assessment by the Accreditation Panel for a Green Flag Award.

Public Rights of Way: We are still pursuing Suffolk County Council for a proper repair to the surface of the Bridewell Lane footpath and have met our local SCC Rights of Way officer to discuss ways to ensure that any repair will not be destroyed by further flooding. Watch this space.

Highways: We have three projects on the go at the moment including the new parking restrictions for Back Hills, Chapel Lane and The Street opposite Mill Road North which we have reported on before. If you are a nearby resident, you should receive correspondence from Suffolk County Council inviting comment on the proposals. The second project is the extension of the 30mph zone on Hall Road, B1113 which will see it moved down to the boundary with Redgrave (near the bridge). The final project to provide a parking bay on Chapel Lane is in its very early stages.

We are of course still reporting potholes and other problems and you can too if you go to https://highwaysreporting.suffolk.gov.uk

Cost of Living: We recognise that there is a lot of information and support out there and we have plans for a page on our website to point you in the right direction, towards the information you need. We hope to have this up and running in the next month.

PARISH of BOTESDALE ANNUAL PARISH MEETING

6.30pm ~ Monday, 8th April 2024 Botesdale Village Hall

Everyone is invited to attend.

THE NEXT BOTESDALE PARISH COUNCIL MEETING WILL TAKE PLACE

on

MONDAY 8th APRIL

at 7.00 pm at Botesdale Village Hall

All residents welcome www.botesdale.suffolk.gov.uk





Redgrave Parish Council



By Alison Spouncer, Parish Clerk	DC/24/00101 – Replacement of 7No windows and 3No doors – The Old Cart Lodge, The Street, Redgrave – GRANTED .
February's meeting received apologies from one Councillor. No members of	DC/24/00558 – Fell 1No Golden Cypress – 4 The Green, Redgrave – NO OBJECTION.
	With thanks to a resident with a professional ecological view for offering
	advice to the Parish Council on applications for tree works.
nainta	
County Council Budget The budget was agreed for 2024/25 at full council on	Installation of two Benches for the Knoll The position of the two benches has
15th February 2024; some difficult decisions had to be made to respond to the	been suggested as towards the Charles managed leasting will be marked for
cost pressures. Effects are being felt on arts and culture, and the proposal to	properties adjacent to the Knoll. The proposed locations will be marked for
consolidate Suffolk archives is resulting in the closure of the Bury St Edmunds	Appointment of Trustees. The Parish Council agreed to endorse the decision
branch. It is hoped the digitalisation process, which is progressing, will make	of the Trustee Appointment Panel for the nomination of Mrs Helen Migliorato
these records more accessible. Clir Fleming invited anyone with an interest	as Trustee for the Redgrave Charity of the Needy (CfN) for the next four years
comment regarding the proposal to contact her.	in accordance with the CfN's Governing Document.
Cllr Warnes asked about the status of Suffolk Highways funding given the	Correspondence from the Redgrave Amenities Trust (RAT) was
poor state of potholes, signage, and pavement clearing that Redgrave and the county are experiencing. Cllr Fleming noted this.	acknowledged regarding its recommendation of two options for the
SEND Services, Suffelk's Special Educational Needs and Disabilities (SEND)	appointment of trustees; those being 1) for the Charity Commission (CC) to
services are provided through a Local Area Partnership which includes both	permit RAT to amend its governing document for the PC to no longer act as
Suffolk County Council and its NHS health service partners. An inspection	appointing body or 2) the PC could advise the RAT that it no longer wished to
was carried out jointly for the first time by both Ofsted and the CQC (Care	remain as the appointing body and the RAT to subsequently change its
Quality Commission) last November; their report has been recently issued and	governing document accordingly. The Parish Council rejected the two
	suggestions unanimously. The next steps were discussed with legal cost
	estimates provided. The Parish Council agreed to contact the CC to inform it
professionals to investigate the points raised including the timeliness of care	of the RAT's rejections of two invitations for mediation.
	Suffolk County Council Transport Strategy Team – a public consultation is
	available at https://www.suffolk.gov.uk/ltp4 from 12th February for 8 weeks,
devolution deal with the Government is to be held from 18 th March to 26 th May. The consultation will be available through SCC's website;	and is open to all who wish to comment. <u>Gressingham Foods Power Generation Project</u> – a meeting was held with
	Gressingham Foods to discuss its proposals for a power generation project on
	its land. Gressingham Foods intends to make a planning application for a 17-
	acre solar farm on the field opposite its property and for solar panels on its
	roofs. The proposal includes hedging around the entire site and a wildflower
concerns. <u>Jessica.fleming@suffolk.gov.uk</u> Tel: 07714-597980. X (formerly	meadow inside the site to meet its Biodiversity Net Gain obligations and to
Twitter): @jesstfleming. Our District Councillor can be contacted:	provide a new footpath to connect 2 existing footpaths. The power provided
	would be utilised by Gressingham Foods only. Biodiversity considerations
	would need to be made along with the grade of land it would be sited on. By
	the time of distribution, the Parish Council would have invited Gressingham Foods to an Extraordinary Parish Meeting to be able to provide information to
	the residents, details would have been circulated to all.
DC/24/00969 – Works to Trees in a conservation area – No1 Willow, cut back	
to last reduction approx. one third. The Old Rectory, The Green, Redgrave.	Meeting Date for the Annual Parish Meeting (APM)
NO OBJECTION	25 th April 2024 from 6 pm It was agreed to continue with the same format following the success of last
<u>DC/24/00757</u> – Full planning application for zivo dwellings and associated	year; the Redgrave Community Forum (RCF) will start from 6 pm at All Saints
	where there is a chance for organisations and clubs to provide information to
recuced inneed for the inceding for the decoderent of the application	residents. There has been a very favourable response from those contacted
	and the Parish Council looks forward to an informative evening for everyone.
	The APM will start from 7.30 pm where residents are welcome to make
	comments to the Parish Council, which will be responded to at a later date. It
	is planned to have a Guest Speaker available; more details to follow.
store in the back garden - Priory Barn, Half Moon Lane, Redgrave. NO	
OBJECTION.	
DC/24/01130 - DC/24/01130 - Fenestration alteration to ground floor front	THE NEXT PARISH COUNCIL MEETING
elevation of existing HMO - The Grange, Hinderclay Road, Redgrave. NO	WILL TAKE PLACE ON
OBJECTION.	THURSDAY 4th APRIL 2024 at 7.00pm
Planning Decisions received	At ALL SAINTS CHURCH, THE STREET, REDGRAVE
DC/22/04600 – Erection of four new chalets and a new access, expanding	All parishioners are cordially invited to attend, it would be good to see
existing chalet site. Land at Moneypot Hill, Redgrave IP22 1SF - REFUSED.	you.
Vour Clark is: Alison Snownoon	Please contact the Clerk should you wish to ask/comment on
Your Clerk is: Alison Spouncer	anything related to the Parish Council, or if you would like to join the
Tel: 01379 890613	Council, there is a current vacancy.
E-mail: clerk@redgrave-pc.gov.uk	,

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Rickinghall Parish Council

Rickinghall Parish Council Report March 2024 by Cllr Brian Rhodes

The Council held its monthly meeting on 7th March 2024. Seven members of the public attended the meeting along with the SCC Councillor, Jessica Fleming, and five Parish Councillors.

County Council: SCC agreed its budget for 2024/5 on 15th February 2024. This budget responds to inflationary pressures and demand for increased services but some things such as The Arts will suffer.

Suffolk's SEND services were inspected jointly by Ofsted and the Care Quality Commission in November 2023, and their report was critical on how the services are delivered.

A consultation period will run from 18th March to 26th May 2024 on the proposed devolution deal with the Government. This is available through www.suffolk.gov.uk/devolution.

Despite all the recent rain, Suffolk is facing a water shortage as the aquifers are low and SCC is looking at bringing more water into the county from outside.

Public Forum: Two members of the public raised issues relating to potholes. The first related to Candle Street where serious potholes exist and have damaged vehicles. These potholes are worsened by the amount of water running down the road, partly due to the fact that the ditches are completely full of silt and partly due to the Northumbrian water treatment works in Church Lane releasing water twice per day. Jessica Fleming agreed to investigate this release of water. It was agreed that filling of these potholes should be a priority for SCC. Second, the method of filling the potholes was called into question as it is noticeable that these same potholes break up again quickly. It was noted however that word had been received that numerous potholes in Water Lane would be repaired within 8 weeks.

Concern was also raised over the work being carried out by Northumbrian Water at the top of Garden House Lane. The site is very wet and the resident thought water was being evacuated into the Garden House Lane ditches and drains.

Members of the public continue to be concerned over the threat of flooding and the actions being taken to remedy this.

Flooding: Flooding continues to be high on the Parish Council's agenda. It was noted that a representative of SCC visited Rickinghall on 9th February without any notice to the PC, which may have helped to direct him to the places of greatest concern and the problem areas. However, a member of the public did see

Your Clerk is: Mrs Leeann Jackson-Eve, Wayside Cottage, Cherry Tree Lane, Botesdale, Diss, Norfolk, IP22 1DL.

Tel: 01379 890 141; email: clerk@rickinghall-pc.gov.uk

Please contact her in OFFICE HOURS ONLY 9am-5pm

him and point him in the right direction. The PC understands that the conclusion is that the streams (there are two) running beside Water Lane are no longer able to cope with the volume of rainfall and some form of restriction needs to be put in place near the by -pass to protect properties lower in the streams' course in Water Lane and Bury Road. The PC has no details about this proposal and we note that Rickinghall is number 46 on a list of c.70 sites in Suffolk needing attention.

It was further noted that some properties in the Bury Road/Water Lane area had their gardens flooded again during the heavy rain on 18th February after the stream again breached its banks. Water Lane and Bury Road were also again flooded – the fact that SCC has not cleaned the drains for months has not helped. (It is over 4 months since these blocked drains were reported to SCC with SCC saying it would attend within 20 working days). Flooding on the roads causes a wash as cars pass through, adding to the danger of flooding for houses along these roads.

Planning: The PC had no objection to the possibility of a planning application for agricultural or forestry use being required for additional housing for pigs on land adjacent to the Old Parsonage (near St Mary's Superior Church).

The PC also had no objection to tree works at The Homestead, The Street; Riverslea, Water Lane; and, Southgate Farmhouse, The Street.

Other Matters: The PC agreed to support the Hedgehog Highway Project and buy 50 "hedgehog gates" to be installed in fences to allow hedgehogs easy passage. St Botolph's School would be offered these to distribute.

It was reported that the new skylights and solar panels had been installed at the Village Hall. The PC expressed its thanks to Charles Greenhough for his efforts in installing these important upgrades, part funded by Botesdale and Rickinghall Parish Councils.

PARISH OF RICKINGHALL ANNUAL PARISH MEETING

7.30pm ~ Thursday, 4th April 2024 Rickinghall Village Hall

Everyone is invited to attend.

RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON

> THURSDAY 4th APRIL at 7.30 pm

AT RICKINGHALL VILLAGE HALL

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The next Oil Syndicate Order will be the Summer one at the end of July.

Order details will be published in the preceding editions of the magazine.

For orders, as always, e-mail is preferred: <u>botesdaleoil@gmail.com</u>

If not available call me on: 01379 890952. Leave a message if nobody answers.

I will return all messages within 48 hours, if I haven't done so try again or use a different method. If all else fails, contact The Editor, I live near to him.

David Sloan

Vanda Demoore

The family of the late Vanda Demoore of Rickinghall would like to announce that the funeral will take place At St Mary's Church, Rickinghall on Wednesday 27th March at 2pm All welcome

STEPHEN EASON

Jenny, Emily and Claire would like to thank everyone who sent cards and messages following the sad death of Stephen from Motor Neurone Disease. Thanks also to the incredible number of people who attended his funeral and to the Cross Keys for coping so admirably with the wake. Your generous donations to the MND Association have exceeded £3,000.

THANKYOU FROM THE DAY CENTRE

Once again Keith & Kathy have given a generous donation to Rickinghall Day Centre following their special birthday Country & Western Evening.

The Day Centre is most grateful for their significant support.

Update for the parishes

Having worked with Redgrave cum Botesdale with the Rickinghalls and the next benefice of North Hartismere, we, that is myself as the rural dean, the archdeacon and bishops, believe that joining these 10 parishes together under one incumbent, with a supportive ministry team will bring some advantages:

a larger ministry team of clergy, lay ministers and lay elders, some of whom are already in place, will bring an energy and variety to ministry. It is a good thing to work collaboratively with colleagues, people to share ministry, concerns, ideas and challenges.

- The parish share, which all the parishes have struggled to pay in the last few years, will be less and so hopefully take some of the pressure off the parishes.
- As the payment of the parish share will be shared more widely, it will give us opportunities to possibly invest in a part time family worker.

At a section 11 meeting on 24th January, about 40 people from these parishes came together to discuss this and parish profiles that needed to be prepared to send to any prospective candidates for the role of incumbent, and we decided we would go ahead and try to join these 10 beautiful parishes together.

The next steps: the parish profiles have been done, they look great and a big thank you to all those who contributed in putting them together.

We have a section 12 meeting on the 14th March, to which the bishop comes and chairs when we will decide on the interview panel, the advert and the venue for interviews.

I am hoping we will be ready to advertise soon after Easter - it is an exciting time for the parishes!

I am hoping that we will get some candidates for interviews and among them will be the one God is calling to this area.

What can you do? Please pray that God sends the right person for the job, one who has a heart for people, the joy of the Lord, and who can love not just the people who attend church but the wider communities too.

In the meantime, I would like to thank all the lay and ordained people who are working hard to keep ministry going, and the churches open and maintained.

God bless, Susan

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Notes from the Green Redgrave Group (GRG)

The rather depressing start to the year, weather wise, continues, with rain being the predominant characteristic. The saving grace, from our point of view, is that the 4,000 trees we planted a year ago and the several hundred that we have added since then seem to be thriving. This is in contrast to those planted in 2022 that suffered desperately in that long, hot and dry summer. With fingers crossed, we seem to have got the basis for some solid habitat gain.

We are continuing with our Biodiversity Audit and Action Plan (BAAP) that we started at the end of last year. One of the next elements of this work will be to start assessing the state of hedges in the parish and their own long-term sustainability. Sadly, most hedges in and around the fields are in a poor state in terms of their benefit to wildlife. The introduction of flail hedge cutters in the past decades has certainly made maintenance easier for their owners but it has been a disaster for wildlife and the health of those hedgerows. The problem is that hedgerows are flailed back every year and to the same height and this causes them to become knuckled, thin and unhealthy. Earlier generations of landowners and farmers, with their manual practices, knew better how to manage hedges in a sustainable fashion. Their ancient techniques are reflected in best practice guidance issued by, for example, the Peoples Trust for Endangered Species (PTES): trim mature hedges every 2 or, better, 3 years and do it incrementally by leaving some of the growth and allowing the hedge to keep growing slightly in height and width after each cut; then after about 25 to 30 years rejuvenate the hedgerow completely by laying it or coppicing. The PTES website provides full details https://ptes.org/hedgerow/managing-hedgerows-toptips/.

The loss of quality hedgerows over the past few decades and the similar dramatic reduction of wildlife in that period are almost certainly not unrelated. According to the Soil Association around 130 of the wildlife species listed as priorities under the government's Biodiversity Action Plan (BAP) live and thrive in hedgerows including the harvest mouse, foraging bats and many of the nesting birds. The alarming disappearance of the turtle dove from most of the UK is, in large part, due to the loss of the types of habitat that it needs; dense, wide hedges.

It is estimated that in East Anglia only about 12% of hedges are in a reasonable state of health. Our initial estimates suggest that almost none of ours are being properly managed {we exclude those within the village itself where domestic hedges (typically of privet, yew, ivy and other species not typical of the farmland hedge species) seem to be in a somewhat better state}. We have plenty of examples of over-cutting and also many of under-cutting but few, if any, of good quality management. Our mission then is to work with landowners to get at least some of the hedges back to a reasonable state of health. Plenty of work to do then!

We will be starting the formal survey work as soon as we can and will be recording this on the PTES website. Anyone willing to take part please let us know. Basic training will be provided.

We are starting to get good records of moths for our biodiversity audit. The poor weather has delayed sightings (and trapping activities) but we are now starting to see them appear. We would like to hear from any of you who might be spotting them, no matter how common they may appear to be.

As a quick reminder we will be holding our Annual General Meeting on Tuesday 2nd April 2024 in the All Saints Church after a talk by the Suffolk Owl Sanctuary. All are welcome to attend.

The first batch of fruit trees for our 3 new orchards as part of the Suffolk Green Cluster initiative have now been received and we have also got confirmation that our funding application to the Tree Council to cover their cost has been approved. Planting will start shortly.

We continue to look for enthusiastic volunteers to help us progress our activities. If you want to contribute or just learn about wildlife friendly activities then please join us. We would love to hear from you. Contact Andy Warnes (by email <u>awarnes@btinternet.com</u> or on 07478 337331) for more details.



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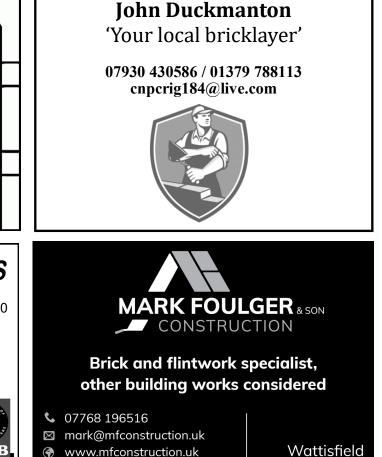
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Club News



The Mona Lisa Presented by Tony Diamond

At the February meeting of the Heritage Circle Tony Diamond spoke about the Mona Lisa.

It was painted in oil, on board, in 1505, by Leonardo da Vinci. It is regarded as the best known painting in the world, and the most expensive. It has been suggested that it may be a self-portrait of da Vinci himself super imposed onto the Mona Lisa's face. To make her smile he hired a jester, and also a lute player. It may also be a portrait of his boyfriend, to whom he gifted the painting. People have also claimed to recognise the house and landscape behind the Mona Lisa as being the house of a woman of ill repute. What makes the painting so beautiful is the shades on the face, and the 180 degree eve contact looking to the left. The hands are also unique, as they are beautifully executed. So was the portrait a Madonna or a demon?

Walter Paten, poet, called the portrait a vampire, and Dracula was inspired by the Mona Lisa. People went on the Grand Tour between 1880 and 1900 to see the painting. Queen Victoria refused to visit Paris because of the Mona Lisa. In 1911 the painting was stolen from the Louvre, causing national hysteria. People flocked to look at the empty place were the painting had been. An attempt was made to sell the painting in Italy, and it was displayed in Rome. It was then returned to France where it remains today in its own special room, attracting thousands of visitors every year.

The next meeting of the Heritage Circle will be on Wednesday 24th April at 7.30pm at Rickinghall Village Hall when Geoffrey Robinson will be speaking about *Berthe Morisot*.

Further information about the Heritage Circle is available on its website at: www.heritagecircle@onesuffolk.net

Angela Bigley

Coffee On The Corner Well, I am pretty certain that this morning's coffee shop was the biggest ever. It is the first time we have had to put out seven tables (seven!) and one of those had 14 folks squeezed around it! So if you haven't been before, why not come along in case we get so busy that we have to start taking bookings only joking. Our visitors also

only joking! Our visitors also included my lovely neighbour and her group of six young children, who come along for a change of scenery, different toys - and of course biscuits. This means that, whatever your age, you will be incredibly welcome and there is always space for everyone. We also had one gentleman come along, although he wasn't sure it was quite his thing. Not only did he, rather bravely, join a large group of ladies, but he stayed until the very end let's hope he comes again next month.

As I mentioned last month, all the money kindly donated this morning, to the tune of \pounds 135.68, will be passed on to George Clarke, whose family live in Redgrave, as he will be running the London Marathon to raise funds for Great Ormond Street Hospital - as his nephew has benefited enormously from their fabulous care and expertise.

We shall be setting up shop again on **Tuesday 9th April** when we shall be donating any monies given to the Royal Hospital for Neuro-disability. Whilst this hospital is based in south London, and are thus not local to us, they deal with patients from all over the country. They provide specialist inpatient assessment, rehabilitation and longterm care and support for adults with complex and profound disabilities due to acquired brain injury or disease. Do come along to find out more.

Every so often I do think it necessary to thank the members of the team who ensure that these events run at Parkview Chapel. I have had the good fortune to work with a great team of folks from all three local churches recently to provide soup and a light lunch over 8 Fridays in January and February - and that was a heck of a lot of soup! Each month I am part of a great team of more than seven people who bake, put out tables and chairs, make teas and coffees and wash and tidy up - I certainly could not do it without you - so well done everyone! If you would like to be a part of a team, either at Parkview Chapel, or indeed any other church or local organisation, then do get in touch. If you'd like to work alongside me, then call me - if you'd prefer to work alongside other folks, then call and I shall put you in touch with the organiser!

Here's hoping we shall see even more folks next month, by which time the hour will have changed and we shall be bathed in more daylight and sunshine!

If you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423. Alternatively, try Kevin Gladwell, our Community Pastor on 01379 898924.

In the meantime, I wish you all the very best,

Sue

Sue Allen





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Nyall's Notes LOHP Local News

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

I am writing this just after the Pope has said that Ukraine should have the courage to raise the white flag. Despite the Vatican's attempt to soften that statement I cannot see that one can interpret that as saying other than that they should surrender to the aggressors.

Interestingly, Jesus grew up and lived in an occupied country and strangely, he said very little about the occupying forces although he touched on our attitude to such people at one time. A Roman soldier could demand some limited amount of help from anyone in the country in that he could demand that they carry his pack a mile. I imagine that anyone being commandeered to do that would hate doing so. Inevitably, an occupied country would have some that cooperated with the authorities and some that would consider themselves to be freedom fighters. That was indeed so at the time as the governing authorities cooperated with the Romans and there was a group called Zealots who wanted to fight them.

As I say, Jesus said little about those that occupied the country but on this matter he said, "If anyone asks you to carry their pack one mile, you carry it two miles."

I am sure that, should an invading army be about to rape a man's wife, he would justifiably want to fight and should any woman see her children being killed she would want to fight but, given no such circumstances and on an individual basis, here we see Jesus giving us an example of loving our enemies. What he actually said as reported by Luke was "But love your enemies, and do good, and lend, expecting nothing in return, and your reward will be great, and you will be sons of the Most High, for he is kind to the ungrateful and the evil." In other words you would be emulating God. That must be what the Apostle Paul had in mind when he wrote, "While we were enemies we were reconciled to God by the death of his Son."

It seems that it is very reasonable when insulted or being verbally abused in some way to reply with the words, "God loves you and so do I." Not as a clever retort but because he actually does, and we wish to do the same. How much does God love his enemies? Enough to send his son, Jesus to die to achieve reconciliation. On another occasion Jesus set the level of reconciliation above that of offering something to God for he said: If you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your

gift. Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison.

Truly, I say to you, you will never get out until you have paid the last penny.



Little Ouse Headwaters Project

Conservation & Community

"Nothing is so beautiful as Spring -When weeds, in wheels, shoot long and lovely and lush;

Thrush's eggs look little low heavens, and thrush Through the echoing timber does so rinse and wring

The ear, it strikes like lightnings to hear him sing;"

Gerard Manley Hopkins (1844-1889)

This lovely poem came to mind as a thrush is singing his heart out outside my window as I type!

Things start to happen in April as the days get longer and the temperature rises. Vivid yellow celandines will be appearing and sweet violets should be flowering.

Chiffchaffs and blackcaps that arrived in March will be claiming territories and singing. Listen for cuckoos later in the month, as the fens are still fortunate enough to have reed warblers to 'foster' their chicks.

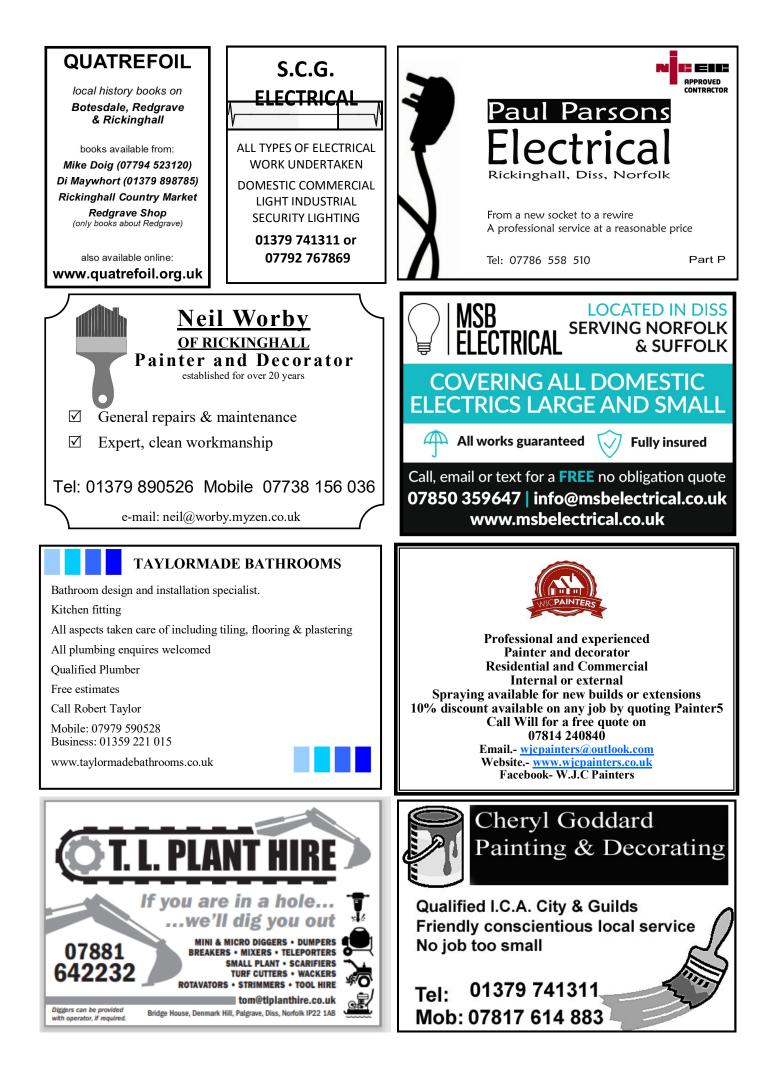
In the past, frogs, toads and newts were common on the damper LOHP sites but sadly, over the past few years, not so. If you do spot any frog spawn in our ponds and scrapes, do let us know.

Ewes with lambs and cattle with calves may be grazing some of the sites so if you're out with your dog, please keep them on the lead. Talking of cattle, we now have short horn cattle grazing and they have done an amazing job on sites such as Parkers Piece and Webb's Fen in Thelnetham.

We have joined up as a partner with the **Big Green Hike** to help raise funds for LOHP. It happens on Saturday 6th and Sunday 7th of April. Why not sign up and give it a go? More details at: <u>www.biggreenhike.com</u>. There is also more information on our website; <u>www.lohp.org.uk</u>

Our work parties on Wed, Thurs and the second Sunday of each month, continue to flourish with new volunteers joining regularly. Who knows, it could be you! Tea break cake is a given!

John McCormack



Rickinghall Book Club – Book review

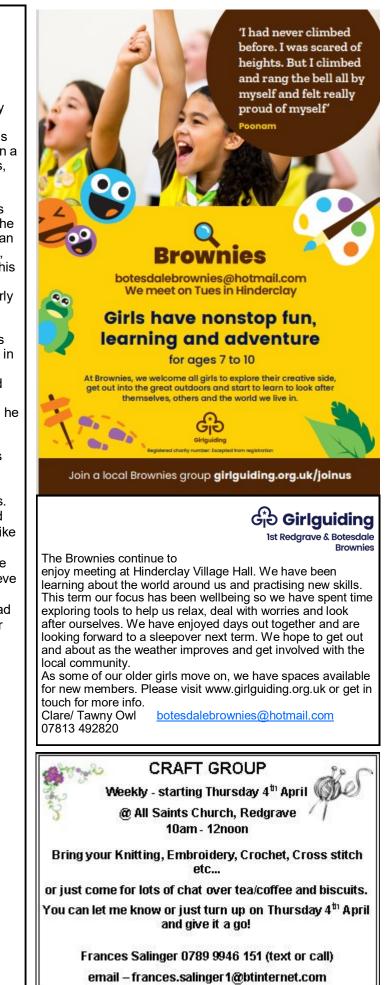
We are a relaxed, friendly group who meet roughly every 4-8 weeks, usually in The Bell. For more info, contact Louise <u>loudrage@icloud.com</u> or find us on Facebook.

Small Things Like These – Claire Keegan – review by Louise Ramsey

Shortlisted for the Booker Prize in 2022, 'Small Things Like These' is a novella of just over 100 pages. Set in a small, Catholic community in Ireland in the mid 1980s, the story focusses on Bill Furlong, a coal and timber merchant, making his deliveries during their busiest time, the lead up to Christmas. We learn that Bill was born out of wedlock and that he and his mother had the good fortune to be taken in by a kindly widow. He is an ordinary man, a good husband and father of five girls, who attend the local Catholic secondary school. On his rounds he ponders his childhood and unanswered questions about his father. His days appear to be fairly repetitive and uneventful, until one morning he encounters a young girl in the coal shed of the local convent, where the nuns run a training school for girls and a laundry. There are many rumours about those in attendance: "girls of low character" and "common, unmarried girls". This encounter in the coal shed and what happens when he returns the girl to the Mother Superior, leaves Bill with a decision to make. Should he keep the silence that the Church demands of him or follow his fatherly instinct and take action, despite recognising the potentially serious implications for his own family?

Keegan is an extraordinary writer. She is able to convey so much meaning and feeling in so few words. She immerses you in the everyday life of Furlong and his family; you can see, smell and feel what life was like and, although you know it is a story set in the 1980s, there are times you feel like you are reading about the more distant past, not least because it is hard to believe that the last Magdalen Laundry was not closed down until 1996. Powerful but tender, this story may be read in a couple of hours, but it will stay with you long after you close the book.







Exploring the Past

Di Maywhort 01379 898785

A House History through time - Tirpols Now The Priory, Botesdale

The medieval tenement once called Tirpols, and later Trypols or Tippols, was situated where The Priory stands today, on the corner of Mill Road and the Street and next to the Chapel of Ease, in Botesdale. The English Heritage listing for the house says that The Priory is a late 15th Century or early 16th Century house that was extended in the early 17th century, refronted in the 1770s, and was altered and extended in the early 19th century and then again in 1877.



This aerial photograph shown above, taken in the 1960s, shows The Priory with Mill Road on its right. It fronts onto The Street, formerly called the King's Road. St Botolph's Chapel, now the Chapel of Ease, and Chapel House are to the left of it. The two tenements, each a perch wide, that made up the former Tirpols, can be still be seen clearly, stretching back to Chapel Lane from The Priory.

The earliest reference to Tirpols, comes from an entry in a Court Roll dated 1271 when a piece of land is said as being '*near the messuage of John Tyrpel*'.(1) Then in the 1289 Extent the heirs of John son of the reeve held '1 messuage formerly of John Tirpel for 2d per annum'.(2)

John Reeve's grandson, Roger le Reve, appears to have had this tenement for many years. He was a prominent member of this community. During the 1330s and 1340s he was a successful farmer with a flock of over 80 sheep. He had about 16 acres of land which was more than many villeins had at this time in Botesdale. Roger held many positions in the manor, for instance he was a capital pledge so was also head of a tithing of 12 men and responsible, legally, for them. Capital pledges were the chief representatives of the manor. He held other positions such as head of the gild of Corpus Christi in Botesdale and he held the position of reeve for several years. In the 1340s he leased the weekly Thursday market from the Abbot for four years. He was therefore, although an 'unfree' villein, an influential man in the village.

This is probably when Tirpols became an important, high status house. It would have been a timber-framed, three bay building with an open hall and a central hearth, a service area at one side with a loft above it for storing food with a parlour at the other end. The house would have had a thatched roof, probably thatched with reeds gathered from Botesdale Fen, where Roger had a plot of land.

In a manor court in 1348 Roger surrendered 3 acres of his tenements, including 1 rod of the tenement Tirpols to be held by him for the term of his life. It was then to go to his son William. He obviously wanted to continue to live in his house in the village for the rest of his life. However he died in the 1349 plague, the Black Death, as did William. All Roger's land went to his son John, the only one of his four sons to survive the pandemic.(3)

Like his father John le Reve was a prominent member of the community who, like Roger, leased the market of Botesdale from the Abbot of Bury St Edmunds, the lord of the manor of Redgrave and Botesdale. From 1351 to 1389 he leased it for 23 out of the 28 years.

John must have been a wealthy man when he died in 1392, leaving his land to his son Henry le Reve. Four years earlier in 1388 he had bought Henry's manumission, or freedom from villeinage, from the Abbot.(4) Henry had been a clerk for several years before this. At this time a clerk was a scholar and a member of the five 'minor orders' of the church.

By 1394 Henry had surrendered most of his land, about 20 acres, to Henry Baxter. With this surrender it was stipulated that Henry and his wife Marion were required to look after Henry le Reve's mother, Beatrice. (5) In this way he provided for his mother's welfare.

Although giving up his land Henry still resided at Tirpols. He then surrendered 'Turpolys' or 'Tryrpols' (called both in one entry) to Thomas Goldfynch.(6) This is an interesting Court Roll entry as it gives the dimensions of the tenement; '9 perches in length and 2 perches in width'. These same dimensions were referred to time and again throughout the later centuries. For some time the tenement Tirpols had been divided into two with Thomas Goldfynch living on the half nearest the lane and Henry holding the part next to the chapel.

In the 1433 Extent of the manor Tirpols was said to be 'recently of Henry Reve'. In this same survey the abuttals were given, this means we can site it exactly. It says that 'Thomas Goldfynch holds the tenement called Tirpols in Botesdale lying between the common way leading from the aforesaid place up to Mickelwodegrene on the east and the pightle where the Chapel of St Botolph is situated on the west'.(7) This 'common way' is now called Mill Road and Mickelwoodegrene is now Botesdale Common. The chapel is still standing. It is now Botesdale Chapel-of-Ease.

By this time Thomas Goldfynch had a large landholding of over 20 acres, his main residence being Tirpols. After 1436, when Henry Reve surrendered the second part of the tenement to him, it appears he rebuilt or enlarged the house.

Like other occupiers of Tirpols, Thomas appears to have been very wealthy. In his will of 1471 he left bequests to churches in the area, to Botesdale Chapel and to other religious houses. William his son had to find a priest to celebrate mass for a whole year 'for the health of my soul'. He also had to 'find a suitable man to (go to) the sepulchres of the Apostles Peter and Paul (in Rome).(8) A difficult, costly and dangerous journey in those days.

William Goldfynch died in 1485 leaving Tirpols to his widow Alice. 'Tryppols. William Goldfynch upon his deathbed surrendered into the hands of the lord one tenement called Tyrpols in Botisdale containing in length 9 perches & in width 2 perches & it lies between the messuage recently of the said William on the east side & le Chapelyerd on the west side & abuts upon the King's road towards the north.(9) The Goldfynch family held the tenement until 1495 when Alice died.

'Bacon' are the documents from the Bacon collection held at the University of Chicago, 'BL' is the British Library and 'IRO' the Ipswich Record Office [now The Hold]

(1)Bacon 2 (2)BL ADD14850 (3)Bacon 21 (4)Bacon 28 (5)Bacon35,29 (6)Bacon 35 (7)BLADD14850 (8)Wills of the Archdeaconry of Sudbury Part II, 1461-1474 Edited by Peter Northeast & Heather Falvey (9)Bacon 41

1 rod, pole or perch = 16 feet 6 inches, approximately 5 metres.

To be continued

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Flood information for Suffolk

The Environment Agency provides a free flood warning service to many areas at risk of flooding from rivers and the sea. Call Floodline on 0345 988 1188 or visit www.gov.uk/check-flood-risk to find out if you can sign up for free 24-hour flood warnings and get practical advice on what to do before, during and after flooding and to get a Quickdial number for easy access to information on flooding in your area. You can select to receive these warnings by phone, text or email.

DURING A FLOOD

Only dial **999** for the Fire and Rescue Service if there's an immediate risk to life or someone requires urgent rescue.

Call 0345 606 6171 to report a highways problem that poses an **immediate danger**



to the public.

Focus on the safety of you and your family. Unplug appliances to prevent electrical shock when the power comes back on. When power lines are down and water is in



your home, or before you evacuate, TURN OFF gas, power and water.

Be sure to know what to do when you receive a flood warning. Call Floodline on 0345 988 1188 if you need information. Cooperate with the emergency services if



they tell you to evacuate your home. Be prepared to act quickly and get yourself to safety.

Important! Flood water is dangerous! Six inches of fast-flowing water can knock over an adult and two feet of water can move a car. Avoid walking, cycling or driving through flood water – cars and people can be swept away. There may also be hidden objects or open manholes under the water. If you take unnecessary risks, like driving along a flooded road when you do not know how deep it is and the risk of getting stuck, you add to the burden of the emergency services.

For flooding inside your property, the following advice is offered from the Suffolk Flood Risk Management Partnership:

- isolate all electrics (if it is safe to do so)
- consider moving possessions upstairs if possible
- avoid contact with flood water as much as possible
- secure your property and make your way to a place of safety

Water supply: if it has been affected, please call Essex & Suffolk Water on 0345 782 0999.

Sewage flooding: If your property has been affected by a sewerage issue, please report to Anglian Water or call their 24-hour emergency number 03457 145145.

AFTER A FLOOD

Contact your insurer immediately if you have been affected by flooding. Flood Re is a joint Government and insurance industry initiative that makes flood cover more widely available and affordable as part of your home insurance. Ask your insurer for more details as you cannot contact Flood Re directly.

It is important to **report a flood event that has affected your property** to the Flood and Water Management Team at Suffolk County Council (floods@suffolk.gov.uk) or Floodline (0345 988 1188). You will be referred to the organisation that is most relevant to your unique flood situation.

The Suffolk County Council Joint Emergency Planning Unit coordinates with other services to arrange **temporary accommodation and evacuation of houses** due to serious flooding. It helps people and businesses to recover from a devastating event. They can be contacted at suffolkpepared.co.uk or <u>01473 260588</u>.

Cleaning up after floods: There is extensive advice on clean-up safety in the Suffolk Flood Risk Management Partnership guide at www.suffolk.gov.uk/about/ flood-recovery-information-for-suffolk.

PLAN AHEAD

You can check your property's flood risk by contacting floods@suffolk.gov.uk and detailing your query.

Important note regarding sandbags: they do not provide protection during flooding; water can get into houses through many routes, not just doorways. In circumstance where sewer flooding occurs, sandbags can become contaminated with sewage and would require specialist handling. A much better option is to have temporary flood protection available in advance for your home. You can get more information about types of temporary flood protection and other equipment from the National Flood Forum (www.nationalfloodforum.org.uk or 01299 403 055) or the Suffolk Joint Emergency Planning Unit (www.suffolkresilience.com/risk-advice/ living-in-a-flood-plain, emergency.planning@suffolk.gov.uk or 01473 265321).

The Suffolk Flood Risk Management Partnership has created a guide about what to do before, during and after flooding, including a checklist to prepare for flooding, which can be found at www.suffolk.gov.uk/about/flood-recovery-information-for-suffolk and on the Botesdale and Rickinghall Parish Council websites.

Botesdale and Rickinghall Parish Councils

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Botesdale & Rickinghall	Peter Beck	01379 890495	peter@ pbeck.plus.com	Emergency	999	For Ambulance, Fire Brigade, Police
Redgrave	John Campbell	01379 890946	Redgrave.nwatch@ outlook.com	Manned desks	Bury St Edmunds - Raingate Street IP33 2AP Ipswich - 10/10a Museum Street IP1 1HT Lowestoft - Old Nelson Street NR32 1PE	

SCAM ALERT

Scammers are finding new ways to trick us even when we think we are savvy enough to spot their devious subterfuges.

FAKE QR CODES

We have all become very familiar with scanning digital and physical QR codes (Quick Response Codes), those black and white squares found on newspaper ads and websites and, not surprisingly, the scammers have been quick to swoop.

Recent examples locally involve fraudsters sticking phony QR codes over parking payment meters to deceive you into believing you are dealing with legitimate parking firms and paying your parking fee online but in fact misdirecting you to fake payment apps where substantial amounts are taken and also unwittingly enrolling you into costly monthly subscriptions.

FREE PRODUCT TRIALS

Free trials, often for nutritional or beauty products, are another subscription trap currently being promoted on social media platforms. You are led to believe you are authorising a one off payment to cover postage costs for your 'free trial' product, only to discover you are being charged up to a £100 every month. These payment details are often buried deep within the terms and conditions but the worst offenders invariably lie about their pricing model.

Recurring payments are of course widely used by legitimate organisations but this payment vehicle has been hijacked by the scammers as it opens the door to fraud.

A survey carried out by Which last year of 2000 UK adults, found one in ten discovered unexpected recurring payments being taken from their bank accounts over the past three years.

If you have signed up inadvertently for something you don't want, you do have a 14 day cooling off period to cancel, extended to 12 months if you were not made aware of the 14 day option.

If the company refuses to refund monies taken from your account ask your bank to activate Chargeback or Section 75 if you used a credit card originally, to reclaim the money.



Parkview Chapel Sunday Services and Events

Refreshments will be served from 10.30am. All services include Communion, and will be live-streamed on the 'Parkview Chapel' Youtube channel. Please call Kev Gladwell on 01379 898924 for more details or see www.parkviewchapel.co.uk

Sunday 7 th	Service at 11.00am – The Bible Introducing The Bible	Course –	
Sunday 14 th	Service at 11.00am – The Bible Creation And Covenant		
Sunday 21 st	'Coffee On A Sunday' service at The Bible Course – Exodus And		
Sunday 28 th	Service at 11.00am – The Bible Judges And Kings	Course –	PARKVIEW CHAPEL CHURCH FOR THE COMMUNITY
	Coffee on th	e Corner at 9.00am	Tuesday 9 th
Events	Men's Breakfast – 8.30am Andrew Caldecott from 'Christ	Saturday 20 th	
	PARKVIEW Youth	Junior Church	Sundays 11:00am - 12:00pm
		Junior Friday Club	Fridays 6:00pm - 7:00pm
		PYP	Sundays 7:00pm - 8:30pm
		Senior Friday Club	Fridays 7:30pm - 9:30pm

WELCOME TO BOTESDALE METHODIST CHURCH - EVENTS AND GROUPS -

Our Church is to be found in Fen Lane, Botesdale - the lane opposite the fish and chip shop. We are a friendly bunch of people holding Services every Sunday morning at 10.30 am. We welcome everyone to our services and weekday activities.

Services

- 7th Local arrangement led by one or more of our members
- 14th Led by Rev Stephen Oliver
- 21st Led by Mrs J Oliver
- 28th Led by Rev David Ely. Holy Communion

Activities

Tuesday 3rd 2.30 - 4.00pm

Get together down the Lane. The theme for this informal social afternoon will be 'Childhood memories'. Everyone welcome to come along and chat over a cup of tea or coffee

Tuesday 23rd 10.00am - 12.00pm

Coffee Down The Lane - our regular coffee morning held on the fourth Tuesday of the every month; an opportunity for all to meet and get to know others in our community

Every service and activity is open to everyone - you do not have to belong to this Church or any other. For more information phone 01379 890898 and speak to Rosemary.

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REDgrave Botesdale RICKinghall	-

Parish of Redgrave cum Botesdale with the Rickinghalls

April 2024 Services

Sunday 7th April, First Sunday after Easter Holy Communion (BCP) 8:45am, St Mary's, Rickinghall

Sing Song (Contemporary Praise & Prayer) 5:00pm, All Saints Church, Redgrave

Sunday 14th April, Second Sunday after Easter Holy Communion (CW) 10:30am, All Saints Church, Redgrave

Sunday 21st April, Third Sunday after Easter Holy Communion (CW) 10:30am, St Mary's, Rickinghall

Sunday 28th April, Fourth Sunday after Easter Holy Communion (CW) 10:30am, St Botolph's Chapel of Ease, Botesdale

Together in these villages we offer Christ's healing grace through worship and service