

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

February 24



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>



PARKVIEWCHAPEL

The Street, Botesdale, Suffolk, IP22 1BX Tel: 01379 898924

E-mail: kevin@parkviewchapel.co.uk Website: www.parkviewchapel.co.uk

Charity Name: Parkview Chapel, Botesdale. Charity No: 1170915

@parkviewchapel



WHAT WILL YOU DO FOR YOUR VALENTINE?

We all know what special day is coming up this month. If you don't, then just visit any shop selling cards or gifts, places which have been waiting to take our hard-earned money for this occasion since New Year's Day. For those that need a reminder I speak of February 14th, Valentines Day.

I wonder what you will do for your Valentine this year? How are you going to show your love? Is it a romantic dinner without the kids? Or is it flowers, even though they double in price for this one particular day!

In our household it involves two things. Firstly, of course the giving of cards, including a card from me which is not allowed to be humorous, but loving! Secondly, and most importantly, the giving of a Terry's Chocolate Orange, which has to be the original milk chocolate version. If this is not given from husband to wife then it costs him much more than a couple of quid to compensate for! Even when given, if I am offered just one segment of said Chocolate Orange, I consider myself a lucky man!

The American actress, Katharine Hepburn, once said, "Love has nothing to do with what you are expecting to get – only with what you are expecting to give – which is everything."

While that statement seems to be unreachable, I know someone who has shown, and continues to show, such love.

The Bible quotes Jesus as saying this: *'No one has greater love than the one who gives their life for their friends.'*

In a world which sometimes seems full of self-love, Jesus is calling us to be the opposite. It's not often we are in a position to have to die for someone, but the love Jesus talks of includes everything from helping those in need, to listening to those who need someone to talk to, to being encouraging not discouraging.

This love that Jesus speaks of doesn't just apply to a marriage, or a boyfriend or girlfriend. He is saying that this kind of love should apply in all of our relationships. It reminds us of how we should treat each other, whether that be partner, family member, friend, indeed everyone.

You may feel that from Jesus' point of view this is an easy thing to say. But he said these words to his disciples the very night before he was killed on a cross. He didn't just say these words, he did what he said, and gave his life for others.

I am not sure that me giving my wife a card and a Chocolate Orange on Valentine's Day would class as giving everything for love.

But I know, and believe in, someone who for love did give everything. And that someone is Jesus Christ. Who came to earth because he loves us. And who gave his life on a cross because he loves us.

I realise that Valentine's Day is something we may not all recognise, maybe due to marital status, or just expense! But if you do, I wonder what you will do for the one you love?

I pray that this month we will all recognise the love that Jesus has for us. A love from someone who, for us all, gave everything.

God bless you,

Kev Gladwell
Church & Community Pastor
Parkview Chapel



Please note the following changes to the **Local Services Directory**

The latest version of the directory is available online at

<http://stmarysrickinghallinferior.onesuffolk.net/local-information/>



Section	Changes
Clubs	Linda Giles added as contact for new entry in <i>Repeating Events</i> (Art Group) contactable on 01379 898597

The latest version of the *Local Services Directory* will be printed in this magazine next month. Although continuously updated online during the year, we ask readers to check it before the annual printed version is published - to get it as right as possible.
Please let eventsatrbparishmag@gmail.com know of any required changes.

Message from the team

So far 2024 is not looking a lot better than 2023. The weather is still crazy and our thoughts go out to those who have suffered, and are still suffering, the results of flooding. I certainly don't remember so much water. As always, we have our full list of what's on and you can find most of the services you need from our wonderful advertisers.

Finally, we are looking for some help on the magazine production team. Please contact us to find out what is involved.

Charles Murray

Contacts

For all editorial content: editoratrbparishmag@gmail.com
For all commercial adverts: advertsatrbparishmag@gmail.com
To advertise events: eventsatrbparishmag@gmail.com

Alternatively, please **call The Editor** on 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

COPY DATES AND STUFFING MEETINGS

- **March issue Mon 12th Feb** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Friday 23rd Feb**
- **April issue Mon 11th March** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Friday 22nd March**
- **May issue Mon 15th Apr** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Fri 26th Apr**

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub, .png. Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes, The Parish Magazine Volunteers

The views and opinions expressed in this magazine are those of the authors and do not necessarily reflect those of the editorial team.

Welcome to
new residents
in our villages.

WELCOME

If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Revd Canon Susan Loxton on 01379 388493.



May your life in these communities be peaceful, prosperous and a blessing to your neighbours.

Printed by:



"As you get older, three things happen. The first is your memory goes, and I can't remember the other two." — Sir Norman Wisdom

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>



SANTIAGO'S ART CAFÉ

Come and enjoy scrummy cakes and savouries in a unique environment. We have traditional cakes, loaf cakes and delicious brownies. We serve mouth-watering sausage rolls, cheese scones and soup & specials hand made on the premises. Whilst enjoying your choices you can browse incredible artwork from very talented artists and maybe make a purchase. No time to linger? Take-away is available for all our offerings.

Our opening Hours are as follows:

Monday to Friday 9am to 4pm

Saturday 9am to 1pm

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CONTACT US:

Chilvers, Market Place, Botesdale, IP22 1BT

Email santigosartcafe@outlook.com or find us on facebook



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THE CROSS KEYS

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	Opening	Food Served
MON	4 - 9pm	Closed
TUES	4 - 11pm	Closed
WEDNESDAY	12 - 11pm	12 - 2.30 & 6 - 8.30
THURSDAY	12 - 11pm	12 - 2.30 & 6 - 8.30
FRIDAY	12 - 11pm	12 - 2.30 & 6 - 8.30
SATURDAY	12 - 11pm	12 - 2.30 & 6 - 8.30

Food now served 5 days a week in our Lounge Bar and the Public Bar
Please check social media for information on other events!

Contact us:

Cross Keys, The Street, Redgrave, Diss IP22 1RW
admin@crosskeysredgrave.co.uk

01379 673333

Please check the website and social media for all the latest updates
www.crosskeysredgrave.co.uk / Facebook @crosskeyspubredgrave
Twitter @KeysRedgrave

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New special items every week
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Friday 12 noon - 1.30pm & 4.30pm - 8.30pm
Saturday 4.30pm - 8.30pm
Closed Sunday and Monday
- Dining area now open
- The Marketplace, Botesdale, Diss IP22 1BS
Telephone 01379 898543
Order in advance for collection at
www.botesdaleonline.co.uk

FISH WITH A TWIST

What's on in February

Rhinestone
REBEL MUSIC CLUB

LIVE COUNTRY MUSIC & DANCE

• ALL DANCERS WELCOME •

FEBRUARY
Sat 3rd 2024

DOUBLE BILL
JULIE DAWN & STUBBY
DOORS 6:30PM • STARTS 7:30PM
TICKETS £7

RICKINGHALL VILLAGE HALL
Hinderclay Road, Rickingham, Diss IP22 1HD
FOR BOOKINGS & MORE INFORMATION PLEASE CALL
Tel 01473 912626 or 07591 099519
You are welcome to bring your own food & drink.

The promoter reserves the right to alter the programme/artists performing due to unforeseen circumstances without notice.

Rickingham Ramblers
Upcoming Walks

February : Monday 5th ; Friday 16th ;
Monday 26th

We meet at Rickingham Village Hall
and set off at 9.15am.
Just turn up and walk!

Angles Way Filling Station

Friday 9 February 2024
7.30pm
with Mark Aldridge

THE FILLING STATION

Garboldisham Village Hall IP22 2SE

Come and join us for a hot homemade lunch
in a warm & friendly space

SOUP GROUP

Every Friday in January & February
12.30 - 2.30pm
at
Parkview Chapel, Botesdale

starting Friday
5th Jan 24

donate what
you can £



A warm welcome awaits you
together with tasty soup,
fresh bread & hot drinks

POST
OFFICE

Mobile Post Office
in carpark 2.45pm

Contact Sue Allen 01379 890423 sue@brookview.clara.co.uk for further details

Rickingham Country Market

IP22 1HD

09.00 am - 12.30 pm @ Rickingham Village Hall

We expect the following stalls covering a wide
range of local growers, producers and crafts :

Bread & Cakes
Pakenham Flour
Alex's honey
Eco Refills
Local grown meat
Duck Eggs
Pasties & Quiches
Stardust Spirits
Jams & Preserves
PLUS

Sue's cards
Fordhams Candles
Quatrefoil Books
Tropic Products
Willowcraft
Utility Warehouse
June's Jewellery
Debbie & Keith's
Crafts - New stall

John's Bacon Baps

Please note :
Sally's plants etc will be back
in March.
Fruit & Veg will be back in
April.

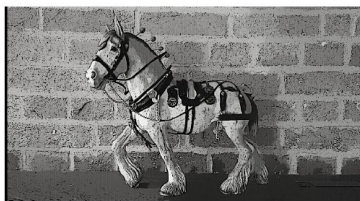
Councillors'
Corner
Meet your local
Councillors
10.00 to 11.30 am

Saturday 10 February

White Horse Thelnetham

See page
38

**Meetup
Mondays**



**FIRE
Place**

**Warm
space**

Come and visit the Community Public House in Thelnetham, IP22 1JN. We are open Friday and Saturday from 5pm till close and Sunday from 12-6pm.

A selection of local Ales and Cider are available. Food Vans park up on Fridays. More information and updates at facebook.com/SaveTheWhiteHorseThelnetham

Telefon 01379 898800 / Email info@ifarm.land



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OPEN MON 10AM TO 2:30PM (FROZEN)

TUES -THURS 10:00AM-5PM (FROZEN)

FRIDAY 10:30AM - 4:30PM FRESH & 10:30AM TO 6PM FOR

ORDER COLLECTIONS

SATURDAY 10AM-4.30PM

WYKEN VINYARD FARMERS MARKET EVERY SATURDAY

Highways, Finningham Road, Rickinghall, IP22 1LP
- on the S-bend on the B1113 towards Finningham
What3words: mows.rekindle.corrode

highwaysgos@aol.com

Megan: 07771 752228 Philip: 07887 668445

www.highwaysgos.wixsite.com/theultimatejointltd

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Or info@thehazleburykitchen.com

[@thehazleburykitchen](https://www.instagram.com/thehazleburykitchen)

Redgrave Community Shop

Groceries, newspapers, greeting cards,
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vegetarian meals and much more...

Open every day

Monday - Saturday 8:30am - 1:00pm

Sunday 9:00am - 11:00am

Telephone: **01379 898848**

Email: www.redgravecommunityshop@gmail.com

Clarke's Bakery

Traditionally Baked Artisan Bread & Cakes
(no palm oil or additives)

Open: Mon to Fri 9.00am - 5.00pm

Sat 9.00am - 1.00pm

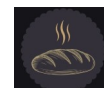
Phone for orders: 01379 740003

Place Farm Shop, Old Bury Road

STUSTON IP21 4AD



Clarke's bakery



What's on in February

theWI Rickingham

INSPIRING WOMEN All meetings at Rickingham Village Hall

Thursday 8th February at 7.30pm
THE ALEXANDER TECHNIQUE
 Speaker - Andrea Walsh

Optional Competition: A Favourite Cushion

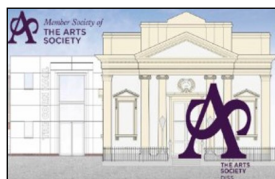
Any ladies who would like to come along and meet u' will be assured of a warm welcome

Rosemary Setterfield - President

"Coffee On the Corner"
 Parkview Chapel Botesdale

9:00am Tue 13th February

Contact Sue Allen at
 brookview@clara.co.uk or
 01379 890423



The Arts Society Diss

New Season Join us at the Corn Hall, Diss 1.30 for 2 p.m. *You can park at GAZES.*
 All talks are the *third Tuesday of the month* (except for December - 1st Tuesday)

20th February The Architectural Madness of William Thomas Beckford
 19th March What really happened on Easter Island?
 16th April Adventures of an Archaeologist

Guests are welcome and asked for a donation.

Membership for 10 lectures (starting September 2023) is £45. Do come along!

More information at: [https:// artsocdiss.org.uk](https://artsocdiss.org.uk) or email: secretarydissarts@gmail.com

The Mobile Post Office
 visits Parkview Chapel car park
 Fridays at 2.45pm - 3.45pm
 (except bank holidays)

The Mobile Library
 will visit our villages on
 Wednesday Jan 31st & Feb 28th

Stopping
 for 15
 minutes
 each at:

Rickingham: Rectory Hill (10.40)
 Hinderclay Road (11.00)
 Village Hall (11.20)

Botesdale: Farnish House (11.40)
 Village Hall (12.00)
 Backhills (12.20)

Redgrave : The Cross Keys (12.45)

MICHAEL CAINE GLENDA JACKSON



CINEMA
 at EYE

Friday 23 February, 7.30pm
Eye Community Centre

Tickets £5 in advance from The Handyman
 or pay on the door. More information at
www.cinema-at-eye.org.uk

COME AND ENJOY A WARM SPACE!

-- Get Together Down the Lane --

With Tea and a Warm Snack

at

Botesdale Methodist Church, Fen Lane

on

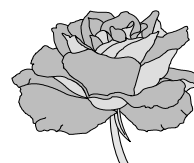
TUESDAY 6TH FEBRUARY
2.30 - 4.00pm

A Warm Welcome to all

Redgrave & District Ladies Club

Tuesday 13th February 2024
 2pm at All Saints - a talk by:

Charlotte Giddings of Redgrave
 on
My Brownie and the Bean Story



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Contact Karen Hails
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www.botesdaleandrickinghallpre-school.co.uk

Registered Charity no. 1022795

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9:30-11:30
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RABBATS-Rickinghall and
Botesdale Baby and Toddler
Group

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For more details, please call Sue
on 01379 890539 (eves) or
07493 880577

(CRB checked. References
available, on request.)



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at
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Tuesdays 7pm - 8.30pm
Term time only

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class free

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Julie on 01359 221655 or e-mail
juliedyoga@msn.com

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What's on in February/March

W.A.R.T.S. Presents

GASLIGHT

by Patrick Hamilton



WHERE
Botesdale Village Hall

WHEN
Thursday 21st March
Friday 22nd March
Saturday 23rd March

TICKETS
TICKETS ARE AVAILABLE AT : WORTHAM POST OFFICE •
REDGRAVE COMMUNITY SHOP • TICKETSOURCE.CO.UK/WARTS

DOORS
7pm for 7.30pm start

PRICE
Adults £10, Children £5.50 Not suitable for under 12s



February 28th at 7:30pm
Rickingham Village Hall
The Heritage Circle presents
**Tony Diamond:
Mona Lisa**


New members & guests welcome
Visit www.heritagecircle.onesuffolk.net

Redgrave & Lopham Fen

February	WildWire 2D lapwing workshop Sun 4 Feb, 10am-4pm. Create your own 2D lapwing from coloured copper wire, with sculptor Paul Green £80, including materials
	Weekend Wildlife Club Sat 17 Feb, 10.30am-12.15pm, £5. Monthly club with wildlife-themed activities for 6-11s
	Young Naturalists Sat 17 Feb, 1.30pm-3.30pm, £5. Monthly session for 11-16s to explore, investigate and learn about the wildlife and habitats of the Fen
	Holiday Club Thu 22 Feb, 9am-3.30pm for 6-11s (unaccompanied). Wild play, games and activities £25 each, including a healthy, vegetarian lunch
	Talk: 'The Brecks Fen Edge and Rivers Project' by Nick Dickson. Tue 27 Feb, 7.30pm. £3 (under 25s free), including refreshments. No need to book
March	Needle felted sleeping fox workshop Saturday 2 March, 10am-1.30pm £38, including materials
	Weekend Wildlife Club Sat 9 March, 10.30am-12.15pm, £5. Monthly club with wildlife-themed activities for 6-11s
	Young Naturalists Sat 9 March, 1.30pm-3.30pm, £5. Monthly session for 11-16s to explore, investigate and learn about the wildlife and habitats of the Fen
	Guided walk Wed 20 March, 10am-12noon. A volunteer-led walk to discover the wildlife of the Fen £5. Adults only, sorry no dogs
	Small willow basket workshop Sat 23 March, 9.30am-5pm with local craftswoman Jane Kelly. £60, including materials

Booking essential for all activities unless otherwise stated. For further details and to book, visit www.suffolkwildlifetrust.org or call 01473 890089

Botesdale Methodist Church
"Coffee down the Lane"
10:00am-12:00pm
Tuesday 27th February



*** * * * ANNUAL GENERAL MEETING of * * * ***
BOTESDALE VILLAGE HALL MANAGEMENT
Monday, 25th March at 7.00pm at the Village Hall

-

ALL BOTESDALE RESIDENTS ARE WELCOME TO JOIN THIS MEETING TO FIND OUT WHAT THE COMMITTEE IS DOING ON YOUR BEHALF, & THOSE OVER THE AGE OF 18 ARE INVITED TO ATTEND, SPEAK AND VOTE

At this meeting the Annual Reports and Financial Statement are given and members of the Botesdale Village Hall Management Committee are agreed. In addition to confirmation of the nominated representatives of the 5 village organisations, 7 members can be elected who are not representatives of these organisations.

Nominations for elected members willing to stand can be made by
Wednesday 13th March
to the Secretary, Karen Hails on 07796014304

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CUT ABOVE

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and beauty.

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Open Tuesday-Saturday

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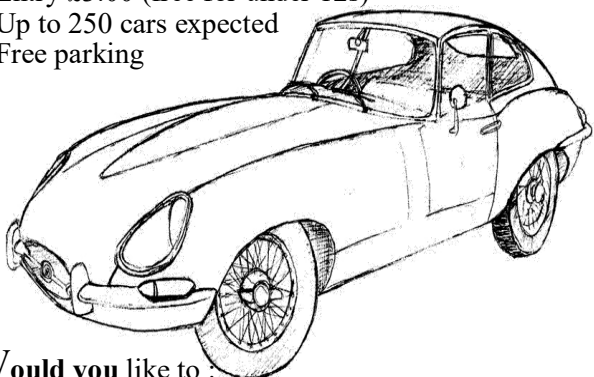
What's on in March and beyond

Car Show & Craft Fair 2024

Sunday May 19th 10:00am

Rickingham Village Hall

- Craft fair, Stalls and Refreshments
- Entry £3.00 (free for under 12s)
- Up to 250 cars expected
- Free parking



Would you like to:

- ♦ sell your craft wares?
- ♦ display your classic car?
- ♦ volunteer to help on the day?

If so, please contact Geoff Short on 01379 897164.

Organised by the Jaguar Enthusiasts' Club

Rickingham Area Hospice Fundraisers (RAHOF)

"DID YOU LIVE IN '55?"

Well, did you? Whether the answer is yes or no, please come to our Spring event,

"Did You Live in '55"

Botesdale Village Hall on Saturday 20 April 2024

A popular fun evening presented for us by Mike Bowen. Details will be advertised soon -

WATCH THIS SPACE!

June Shepherd and RAHOF Committee

In aid of St Nicholas Hospice Care, Bury St Edmunds



FUN FRIDAYS (every Friday at 7pm)

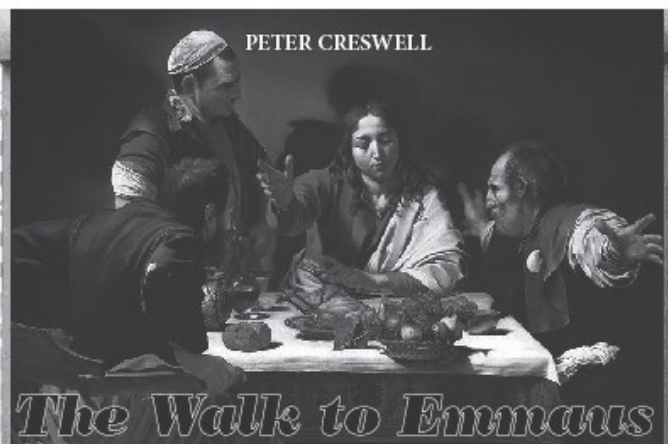
Social evenings during the winter months. Play games, cards or simply chat at

St Botolph's Bowls Club

Fen Lane, Rickingham, IP22 1DR
(opposite the Greyhound pub)

If you're interested in finding out more about us please come along and meet us.

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- This lists *regular* events that occur *weekly* (eg every Thursday) or *monthly* (eg every 1st Tuesday)
- For event organiser details see the *Local Services Directory (LSD)*
- The Parish Magazine has adverts for *occasional/one-off* events
- Changes since last published in the November Parish Magazine:
 - ♦ *Art Group* added; *Brownies* now meet in *Hinderclay Village Hall*; *Redgrave & District Ladies Club* now meets at 2pm
- Please let editoratrbprparishmag@gmail.com know of any required changes

Organiser / Event Name	When?				Location
	Day	From	To		
Angles Way Filling Station	2nd	Friday	7:30pm	-	Garboldisham Village Hall
Art Group	Every	Wednesday	10:00am	12:00pm	Parkview Chapel
Botesdale & Rickinghall Runners	Every	Thursday	7:00pm	-	Rickinghall Village Hall
Botesdale Methodist Church Friendship Group	1st	Tuesday	2:30pm	4:00pm	Botesdale Methodist Church
Botesdale Parish Council	1st	Monday	7:00pm	-	Botesdale Village Hall
Brownies (<i>term-time only</i>)	Every	Tuesday	5:30pm	7:00pm	Hinderclay Village Hall
Chapel of Ease, Botesdale open	Every	Wednesday	9:30am	3:30pm	-
Coffee down the Lane	4th	Tuesday	10:00am	12:00pm	Botesdale Methodist Church
Coffee on a Sunday	See the Parish Magazine				Parkview Chapel
Coffee on the Corner	2nd	Tuesday	9:00am	12:00pm	Parkview Chapel
Dance Classes	Every	Friday	8:00pm	-	Botesdale Village Hall
Day Centre	Every	Wednesday	10:00am	-	Rickinghall Village Hall
Green Redgrave Group (<i>check for variations</i>)	1st	Tuesday	7:00pm	-	All Saints Church, Redgrave
Heritage Circle	4th	Wednesday	7:30pm	-	Rickinghall Village Hall
Mobile Library	See dates & times in the Parish Magazine				
Mobile Post Office	Every	Friday	2:45pm	3:45pm	Parkview Chapel Car Park
Parkview Juniors (Reception - Year 6)	Every	Friday	6:00pm	7:00pm	Parkview Chapel
Youth Seniors (Years 7-11)	Every	Friday	7:30pm	9:30pm	Parkview Chapel
Clubs PYP (Years 7-13)	Every	Sunday	7:00pm	8:30pm	Parkview Chapel
Pilates (<i>term-time only</i>)	Every	Tuesday	11:15am	12:15pm	Rickinghall Village Hall
Places of Worship	See Parish Magazine inner/outer back cover for denominations' activities				
Positive Steps	Every	Friday	10:00am	11:00am	Parkview Chapel
RABBATS (<i>term-time only</i>)	Every	Thursday	9:30am	11:30am	Rickinghall Village Hall
Redgrave & District Ladies Club (Feb, Apr, Jun, Aug, Oct, Dec)	2nd	Tuesday	2:00pm	-	All Saints Church, Redgrave
Redgrave Parish Council	1st	Thursday	7:00pm	-	All Saints Church, Redgrave
Rickinghall Country Market (+Autojumble & Car Boot sale Apr-Oct)	2nd	Saturday	9:00am	12:30pm	Rickinghall Village Hall
Rickinghall Parish Council	1st	Thursday	7:30pm	-	Rickinghall Village Hall
Rickinghall Women's Institute	2nd	Thursday	7:30pm	-	Rickinghall Village Hall
Slimming World	Every	Monday	5:30pm	-	Rickinghall Village Hall
St Botolph's & Fun Bowls (<i>Mid April - End Sept</i>)	Every	Friday	6:30pm	-	St Botolph's & District Bowls Club
District Bowls Club Social evening (<i>Oct-Mar</i>)	Every	Friday	7:00pm	-	St Botolph's & District Bowls Club
St Mary's Church open	Every	Saturday	9:30am	3:30pm	St Mary's Rickinghall Inferior
St Nicholas Hospice Drop-in	1st	Thursday	10:30am	-	Botesdale Health Centre
Suffolk Wildlife Trust/Redgrave & Lopham Fen	Events for children/adults; www.suffolkwildlifetrust.org/redgrave/01473 890089				
The Cross Keys Redgrave (community-owned pub)	See www.crosskeysredgrave.co.uk and advert in the Parish Magazine				
U3A Writers' Group	1st	Friday	10:30am	12:30pm	21 Farnish House
Yoga and Relaxation (<i>term-time only</i>)	Every	Tuesday	7:00pm	8:30pm	Botesdale Village Hall

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To ensure that each Patient receives thorough and focused attention during their appointment we kindly request that each visit be dedicated to addressing one specific health concern. By focusing on a single issue per appointment, we can provide comprehensive care and the necessary time to discuss and address your concerns effectively.

We understand that multiple health issues may arise simultaneously, and we acknowledge the importance of addressing each of these concerns. To ensure optimal care and attention, we encourage you to prioritise the most pressing issue for each appointment. In case you have multiple concerns, we will work together to schedule subsequent appointments accordingly.

We appreciate your cooperation and understanding in this matter. If you have any questions or require further clarification, please don't hesitate to contact us.

The Partners – Botesdale Health Centre

oo

Social Prescriber

The PPG would like to remind Patients that they can self-refer to Sophie Gower, our Social Prescriber, whose role is to assist patients with all concerns, which are not clinical, which patients are worried about. Sophie has a wealth of information to enable her to give time to a Patient's social problems and enlighten Patients on the way forward with their concern.

Sophie's contact: Sophie.gower5@nhs.net and 01379 898295 or 01359 251192

oo

Electronic Prescription Service

The Botesdale Health Centre will, at the beginning of February 2024, commence an Electronic Prescription Service.

This will mean your prescription can be sent electronically to any Dispensary of your choice. Please be advised that this will mean that your chosen elected Prescription Provider will undertake ALL your prescriptions from the date you have informed us. When you visit the Doctor, your prescription will be sent electronically to your chosen Dispensary – one is NOT able to chop and change.

A Patient will need to attend that chosen Dispensary at all times for every prescription need. This situation has been drawn to your attention to ensure that you do not believe you will get a prescription from a GP after a consultation which can be dispensed by Botesdale if you have opted for electronic prescriptions to be sent elsewhere.

oo

If you, as a Patient of Botesdale Health Centre, have any comments you would like the PPG to be aware of, please contact the below email or phone number. Your comments as a Patient are of immense importance to us.

If you are interested to learn how the PPG assists the Health Centre, perhaps are new to the Health Centre or Area and need more information or wish to volunteer in some way, please do contact botesdaleppg@gmail.com or 07787 148947

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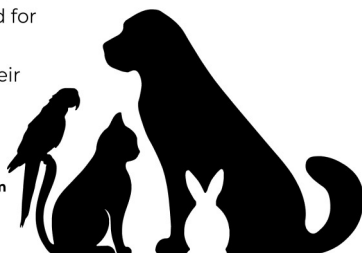
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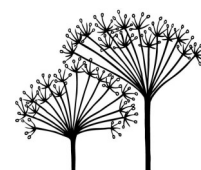
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Botesdale Parish Council

Leeann Jackson-Eve



Report from the December 2023 Botesdale PC Meeting

Eight members of the Parish Council were present for the meeting, with County Councillor Jessica Fleming and no members of the public.

Public Forum: Our County Councillor reports the following – The Suffolk County Council Floods Team has issued a format for collecting local evidence following recent storms to aid engineers in addressing trouble spots. Residents were encouraged to report flooding on the Highways Reporting Tool at <https://highwaysreporting.suffolk.gov.uk/>. Norfolk, Suffolk, and Essex County Councils have commissioned Hiorns Smart Energy Networks for an independent report on the Norwich to Tilbury project. The report's findings are to be considered by National Grid Electricity Transmission and National Grid Electricity System Operator. A rare, possibly pre-Christian, temple from the time of the East Anglian Kings was discovered at the Sutton Hoo Rendlesham site.

Planning: No objections were raised for illuminated signage at Botesdale Dental Practice and a householder application for Woodstock Barn. No objections were raised for reducing a Horse Chestnut tree by up to 30% at The Chestnuts, Bridewell Lane.

Correspondence: J McCann & Co Ltd has been appointed following the recent street lighting maintenance contract procurement by Suffolk County Council. The Babergh and Mid Suffolk Joint Local Plan – Part 1 2018-2037 has been formally adopted by Mid Suffolk District Council.

Parking Problems: Back in April 2023, we first told you about plans to implement Traffic Regulation Orders (TRO) for double-yellow lines at The Fairstead and at the junction of Bridewell Lane and Chapel Lane, as well as the extension of the 30mph speed limit on B1113. Suffolk County Council has completed evaluations of the sites, and the PC will be using Community Infrastructure Levy, money from local developments, to carry out the work in the new year.

Flooding: A two-page flooding emergency guide is available via the Parish Council's website at <https://botesdale.onesuffolk.net/>

Recreation Ground: Discussions are ongoing with Urban Forestry regarding Operations and Maintenance activities from 1 March 2024. The Parish Council has been considering whether to maintain the Recreation Ground's charitable status and has taken legal advice. It has been decided to apply to the Charity Commission to release the land from charitable trusts, recognising the long-term benefits of simplifying administrative processes, enhancing transparency and facilitating understanding for future officials. This will be budgeted for the next financial year.

The Parish Council is extremely pleased and proud to report that the Recreation Ground has earned James Blake Associates and Urban Forestry the **British Association of Landscape Industries 2023 National Landscape Principal Award** in the Community and Schools Development category. This is recognised as a testament to the vision and hard work of the Recreation Ground Regeneration Project Sub Committee, with a special mention to Cllr Greg Russell.

Report from the January 2024 Botesdale PC Meeting

Eight members of the Parish Council were present for the meeting, with no members of the public.

Public Forum: Suffolk County Council wishes to recognise valuable environmental work done throughout Suffolk and invited nominations for an awards ceremony to be held on 27 March 2024, at The Hold in Ipswich. One category is Greenest School Award, and it was suggested that St Botolph's Primary School would be a good candidate following its recent successful decarbonisation project.

Planning: There were no planning matters.

Correspondence: There are going to be significantly increased costs for emptying dog and litter bins next year. This is the responsibility of Mid Suffolk District Council and is subsidised by them. The PC has been notified of progress with the Joint Local Plan Part 2 with an invitation for site submissions to be put forward for residential use for consideration for future development.

Village Appraisal: The PC is reviewing its 20-year-old Village Appraisal with the possible aim of drafting a new one. We feel it would benefit from a fresh pair of eyes! Would you be willing to review it and give us your thoughts? Get in touch with the Clerk!

Suffolk Green Cluster: The PC is considering whether it should become a member of the SGC, i.e. what membership might entail and what is to be gained. This will be discussed further at the next meeting as part of the PC's efforts to contribute to a greener and more sustainable future.

Back Hills: Councillors made a site visit to Back Hills and commented on the high volume of school traffic. It was agreed to request a traffic review from SCC Highways and also suggested that the high grass verge in front of the school could become parking.

Budgets and Finance: The PC has agreed to set a budget of £60,740 for the year 2024-25 with a precept of £60,900 from Mid Suffolk District Council. This represents an overall 7.3% rise on the amount received in 2023-24.

Digital Exclusion: You may be aware of the extent to which Digital Exclusion has developed into a major social issue, especially in rural communities such as ours.

Our lives are constantly being driven down a digital pathway. Banking, the NHS, Government Services, Council services and online shopping are increasingly expecting that we interface with them on a digital basis. There are often financial penalties for not following the digital route. Digital Exclusion occurs where citizens are disadvantaged and possibly penalised because they cannot access digital services. This may be because they do not have access to the necessary equipment or infrastructure (e.g. phones, computers, and broadband) and/or they lack the confidence or skills to engage digitally.

Botesdale Parish Council are concerned at the impact of the issue in our community and are investigating initiatives to address the problem.

To inform our strategy we would be very interested to hear your views and experiences. Do you recognise the issues? Have you been disadvantaged at all? What can we do to help? Are you aware of any existing local initiatives in play?

Please contact any of your Botesdale Parish Councillors, or Leeann Jackson Eve, the Parish Clerk, at Wayside Cottage, Cherry Tree Lane, Botesdale, Diss, IP22 1DL.

Tel: 01379 890141; Email: clerk@botesdale-pc.gov.uk

Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.

Tel : 01379 890 141; email: clerk@botesdale-pc.gov.uk
Please contact her in OFFICE HOURS ONLY 9am-5pm

**THE NEXT BOTESDALE PARISH COUNCIL MEETING
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Redgrave Parish Council



Redgrave Parish Council Report – December 2023 and January 2024 by Alison Spouncer, Parish Clerk

Summary of County Councillor Fleming's Dec '23 report

Flood Recovery – The Suffolk Floods Team has issued a format for collecting local evidence following storms Babet and Kieran. Please refer to the following website: [Flood Recovery information for Suffolk - Suffolk County Council](https://www.suffolk.gov.uk/roads-and-transport/highway-maintenance/report-a-highways-issue) and continue to report with photographs and relevant dates to: <https://www.suffolk.gov.uk/roads-and-transport/highway-maintenance/report-a-highways-issue>

Pylons Project – The independent report from Hiorns Smart Energy Networks, commissioned by Norfolk, Suffolk, and Essex County Councils regarding the Norwich to Tilbury project is now available: <https://www.suffolk.gov.uk/asset-library/n2t-the-hiorns-report.pdf>

Large Scale Solar Energy Developments – SCC's Cabinet Member Richard Rout's letter to ministers objecting to the large land-take demanded by land-based solar can be found at: <https://www.suffolk.gov.uk/asset-library/suffolk-cc-nationally-significant-infrastructure-projects-very-large-scale-solar-farms-24-10-23-redacted.pdf>

Homes for Ukraine – 'Thank you' payments for hosts will be extended from March 2023 to March 2024, completing a third year of support. Further details on payments can be found here: [Ukraine: information for hosts - Suffolk County Council](https://www.suffolk.gov.uk/asset-library/suffolk-cc-nationally-significant-infrastructure-projects-very-large-scale-solar-farms-24-10-23-redacted.pdf)

Cllr Fleming was not able to attend the January meeting.

Planning:

DC/23/05362 - Tudor Limes Barn, The Street. Works to Trees in a conservation area. Re-pollard back to previous points 1No Lime Tree (T1) and 1No Ash Tree (T2) as outgrown position. NO OBJECTION.

DC/23/05450 - Land Adjacent to Knoll Cottage - Application for a Lawful Development Certificate for an Existing Use or operation or activity, including those in breach of a planning condition Town and Country Planning Act 1990 (as amended). Confirmation that an equestrian arena has been in place for over 4 years and that land joining the east field to the west field has also been in equestrian use for over 10 years. NO OBJECTION.

DC/23/05708 – Land adjacent Knoll Cottage -erection of a building for equestrian and domestic storage. NO OBJECTION.

DC/24/00101 – The Old Cart Lodge, The Street. Replacement of 7No. windows and 3No. doors. NO OBJECTION. *Thanks to a resident, offering their professional ecologist's advice to the PC on applications for tree works and planning permissions.*

Financial Report

The draft budget for 2024/25 was reviewed and discussed in the December '23 meeting. In summary, the budget proposed sees an increase of 3%, contributed by general village maintenance such as dog litter and litter bin collections and administrative costs linked to the National Scheme. The Precept request is suggested as having a 4.5% increase from last year. This is due to the overspend following a tube survey (road survey) and new signage being placed in Half Moon Lane for the play area. The January meeting saw a very slight

change with a further updated increase in litter bin collection from BMSDC. The budget for 2024/25 totals £24,139.94. The Precept for 2024/25 was presented as £25,252.16 for 2024/25. This was AGREED unanimously by the Councillors present to be accepted. If anyone would like a full breakdown, please contact the clerk, or visit the website.

Babergh & Mid Suffolk Joint Local Plan Part 1: The change in the settlement boundary for the village was noted, which now includes the 8 houses specified in the neighbourhood plan. Two community facilities are highlighted; the Redgrave Amenities Trust (RAT) building (the Green Hut) and the old children's playground area (on the old Recreation Ground).

Ongoing Items:

Funding for Bus Network Improvements A suggestion of a 'hoppla' type service for a weekly trip to Diss was provided by a resident. This was fed back to the relevant parties with a response awaited.

Appointment of Trustees The Little Ouse Headwaters Project advised the Redgrave Parish Council (RPC) of its decision at its November AGM to remove parish councils from their roles as Appointing Authorities for its trustees. An appointment panel will be arranged with convenient dates for any parties interested in becoming a trustee of the Charity for the Needy following the distribution of a flyer to villagers regarding the vacancies on the board of trustees for this charity. Communication had been received from a representative of the RAT suggesting that the RPC has bullied its trustees and attacked the integrity and honesty of the RAT. The RPC agreed to respond to this claim stating that its code of conduct had, and continues to be, adhered to and that all communications with the RAT had been conducted in a professional and respectful manner. The RPC had still not received answers to the questions it had raised with the RAT in September 2023 regarding its transparency in decision-making for beneficiaries of the Charity, processes for appointment of trustees and support for the wider group of beneficiaries. It was noted that the RPC awaits a response from the RAT regarding its two invitations for mediation to resolve the current situation; if an answer was not forthcoming the RPC agreed that it would have no alternative but to inform the Charity Commission and look at further legal advice. It was felt the notification received from the RAT of the hall being available for hire could not be considered until other matters had been discussed and resolved.

Meeting Venue 2024 All Saints Church was agreed to be the venue for PC meetings up to April 2024 with a review suggested in March.

THE NEXT PARISH COUNCIL MEETING WILL TAKE PLACE ON

THURSDAY 1st FEBRUARY 2024 at 7.00pm
At ALL SAINTS CHURCH, THE STREET, REDGRAVE

All parishioners are cordially invited to attend, it would be good to see you. If anyone is unable/does not want to attend but wishes to put a question to the Council, they would be very welcome to contact the Clerk.

Full minutes (including finances) can be found on the website (<http://redgrave.onesuffolk.net/parish-council>), the village noticeboard opposite the shop, Facebook and the bulletin email service. Please email the Clerk if you wish to be added to the email bulletin service.

Your Clerk is: Alison Spouncer
Tel: 01379 890613
E-mail: clerk@redgrave-pc.gov.uk

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Rickinghall Parish Council



Rickinghall Parish Council Report December 2023 by Cllr Geoff Short

Our December meeting was attended by all Parish Councillors, and three members of the public. Unfortunately, County Cllr Jessica Fleming (SCC) and District Cllr Gilly Morgan (MSDC) were unable to attend.

Two planning applications were considered. The first was a new bungalow to be constructed alongside Greenacres, in Garden House Lane. Access would be via the Greenacres access, and we could see no reason to object on planning criteria. The second involved a conservatory to be replaced with a kitchen extension to a listed property in Bury Road. This looked a worthwhile improvement, and again we had no objection.

There were also two tree applications, for a walnut tree and eucalyptus, where both were too large and interfering with neighbouring properties. We are seeing more and more tree applications, and these are necessary in conservation areas, for listed properties where the works may affect the setting, and where trees have a Tree Protection Order.

We noted that SCC had signed up to a new contractor for street light maintenance for the next 7 years. The Parish Council is responsible for the maintenance of the streetlights it owns, plus lights in the bus stop and other locations, and any work is arranged via SCC. Obviously at this time of year any malfunction is soon apparent, and if you notice any issues, please let the clerk know.

Considerable discussion took place regarding the recent flooding, in particular relating to Water Lane, Bury Road and the stream in front of the church. We are campaigning for flood 'hot spots' to get proactive attention to drains rather than reactive, which would hopefully mean the flooded homes do not suffer again. The drains easily get blocked by silt and fail to drain the water. Recent clearance resulted in the water disappearing overnight, like pulling out a bath plug. SCC has many thousands of drains to inspect, which are done every 6 months, one year or two years as appropriate. Inspecting 'hot spot' locations more frequently would cost more money, when SCC is already feeling the pressure from Social Services and SEND schooling requirements. But the flooded homes are able to get a £500 grant and a refund of three months' rates, which would also cost the country money - clearly the proactive approach would be better all round.

We agreed a grant of £3214.20 from our CIL money towards the Solar Project at the Village Hall. On a wider issue, the three County Councils affected by the pylon scheme being talked about through Norfolk, Suffolk and Essex have commissioned a report, which the Government are looking at. The Norwich to Tilbury scheme would involve large scale pylon work the length of the county. Similarly, SCC cabinet member Richard Rout has written to the Government concerning the large amounts of agricultural land that would be lost to land based solar power generation if all the schemes get the go-ahead.

There are some big issues that will carry forward into our meetings next year. In the meantime, the Parish Council wish you all the best for 2024, and we have vacancies if any resident would like to consider joining.

Rickinghall Parish Council Report January 2024 by Cllr Andy Gordon

The meeting was held on 9 January and was attended by several members of the public, with the recent flooding events once again the main matter of concern. In response to Storm Babet Cllr Rhodes has taken the lead on this subject on behalf of the Parish Council and has prepared a thorough report of evidence, with photographs and geographical references, of local 'hotspots', with a view to clearly identifying where drainage maintenance appears to have been lacking. On this subject County Cllr Fleming took the opportunity to state that Suffolk County Council (SCC) continues to compile evidence and asks that members of the public continue to report floods at <https://www.highwaysreporting.suffolk.gov.uk/>.

She commented (in response to a query as to whether SCC pays any attention to what is reported) that unless it is

reported we can be confident that nothing will be done, and therefore encouraged us to report. She also drew attention to the advice available online for anyone affected by flooding, available at <https://www.suffolk.gov.uk/about/flood-recovery-information-for-suffolk> and gave assurance that SCC will pay more attention to drain and culvert maintenance; she stated that it is accepted that this has lagged in recent years.

Cllr Fleming also confirmed that SCC is finalising its budget for 2024/25, and that in doing so some unpopular decisions will be inevitable.

There was a great deal of concern expressed by various members of the public regarding the failure to maintain drains and ditches on land owned by some members of the community, some of whom (it was suggested) either did not recognise this riparian responsibility, or were failing to meet that responsibility. One attendee reported that he had been forced to clear a neighbour's drain when it became obvious that the responsible landowner had no interest in doing so. A specific example was cited regarding the ditch in Candle Street, and Cllr Rhodes agreed to include this matter in his report. It was queried whether we (the Parish Council) could make arrangements for drains and ditches to be cleared and charge the relevant landowner? It was confirmed that the PC has no such powers.

Concern was expressed regarding ongoing building work on Gardenhouse Lane: It was felt that the new drain being fitted in front of the new building is too small. It was reported that the contractor, when questioned, offered to install a larger drain.

The general feeling of the public forum commentators was that although Storm Babet has generated a lot of news coverage, subsequent significant rainfall, including (but not exclusively) rain from Storm Henk, has again caused flooding to garages, outhouses, gardens and driveways. It was commented by several that due to changing weather patterns and farming methods we should expect flooding events to occur with greater frequency. There was a general concern that SCC does not appear to be taking any meaningful action to clear drains and culverts, despite responding to complaints by giving a timetable for action to be taken - and then extending the timetable having taken no action by the deadline stated. Cllr Rhodes, in particular, expressed his frustration at having been given two deadlines for action by SCC, neither of which have been met. He reported that due to lack of action by SCC he was aware of members of the community taking it upon themselves to clear public drains and culverts.

Cllr Fleming stated that she was unable to give a definitive response to these queries and concerns; it will depend on the extent and cost of what needs to be done. She agreed to report back to the Parish Council when she has more information regarding the action to be taken by SCC. She also explained that there is a meeting established at SCC to discuss flooding, and that members of the public are welcome to attend. She agreed to send details of the meeting and its agenda to the PC.

A concern was also raised regarding the frequent occurrence of drivers speeding through floodwater on Bury Road, causing significant wash. It was asked whether we could fund flood signage to encourage drivers to slow down when the road is flooded. Cllr Fleming offered to investigate funding for this.

Highways Issues: A tree has fallen across the footpath that runs to the north side of St George's Drive. There was also some concern regarding the state of the public boardwalk that runs behind the Great Events Company facilities.

Budgets and Finance: The PC has agreed to set a budget of £36,700 for the year 2024-25 with a precept of £34,300 from Mid Suffolk District Council. This represents an overall 7% rise on the amount received in 2023-24.

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.**

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Please contact her in OFFICE HOURS ONLY 9am-5pm

**RICKINGHALL PARISH COUNCIL'S
NEXT MEETING IS ON**

**THURSDAY 1st FEBRUARY
at 7.30 pm**

AT RICKINGHALL VILLAGE HALL

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Village News

OIL SYNDICATE



The next Oil Syndicate Order will be the Spring one at the end of February.

The last date for orders will be Saturday 25th Feb. The order will be placed on Monday 27th. Delivery is usually within 10 working days, often less.

For the last two orders, surprisingly, Watson's have been cheaper than Goff.

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I will return all messages within 48 hours, if I haven't done so try again or use a different method. If all else fails, contact The Editor, I live near to him.

I must also ask for some help.

If you order oil from the Syndicate, but then obtain oil from somewhere else before the Syndicate order is placed, please let me know so I can remove your order from the Syndicate total. The total order quantity is used when bargaining for a price, so it is not helpful to have to go back to the supplier and remove a quantity from that amount after negotiations have concluded.

Thank you.
David Sloan.

The Redgrave Activities Centre

is happy to announce that it now has a new tenancy and is able to take bookings for any volunteers to open local hobby clubs and events. Bookings and hire details available through Jim McCluskey. Tel: (01379) 890142

Email: jimandjan7@tiscali.co.uk



ST BOTOLPHS BOWLS CLUB

We had a successful ending to 2023 with our Annual General Meeting on 6th December, followed by our Christmas Dinner on 9th December.

New Club Officers/Committee, Team Captains and other Club appointments were made at the AGM, entry to the Bury St Edmunds and Stowmarket leagues were confirmed and a programme of social events for the year was agreed. Then it was time to relax and enjoy a 3 course Christmas Dinner on the Saturday evening, including a Christmas themed quiz and a raffle. Our Friday night social evenings are continuing during the winter months, giving an opportunity for members (bowlers and social) to get together, an ideal way to spend a cold winter's evening. Anyone interested in finding out about the club will be warmly welcomed at these social evenings which start at 7 pm.

Rosemary Setterfield – committee member



Transport Needed?

The Rickinghall & District Community Bus is available for hire to readers of this publication. Typical journeys include shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

The bus is also available for visiting friends and relatives, in fact pretty well anything you need.

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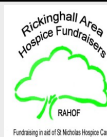
Please telephone Gordon on 01379 897 109 (24/7 ansaphone).

Rickinghall Area Hospice Fundraisers (RAHOF)

Thanks!

RAHOF would like to thank everyone who supported the "Christmas Evening" at All Saints Church, Redgrave, on December 8th 2023. This event raised some **£730** for St Nicholas Hospice Care in Bury St Edmunds, so we are all most grateful.

It is terrific to have your support.



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Notes from the Green Redgrave Group (GRG)

We mentioned last month that we were now starting to move our biodiversity audit work forward in earnest. The intention, as noted in last month's magazine, is to provide a comprehensive record of the state of biodiversity in our parish, but then to go on to create an action plan to conserve and improve that biodiversity. The first results of the auditing have now been drawn up and are included in the draft Redgrave Biodiversity Audit & Action Plan (BAAP); this was presented to the Redgrave Parish Council at its last meeting in December. This draft document is now available to view on the Parish Council website at : <http://redgrave.onesuffolk.net/parish-council/environment/biodiversity>

The initial survey results show a relatively healthy picture of the state of biodiversity in the Parish. So, for example we have identified, so far, and still counting:

- 51 different species of tree and shrubs, one of which is a Suffolk Priority Species (Black Poplar)
- 122 species of bird in the Parish
- 27 are categorised as being on the UK's Red List Birds of Conservation Concern. These include, for example, the Skylark, increasingly rare through much of the UK but plentiful in the arable fields between Redgrave and Botesdale and Hinderclay.
- 21 are Suffolk Priority Species
- 30 species of mammal of which 16 are Suffolk Priority Species (including 10 species of bat and a recently seen polecat, just now starting to move back in to the county (a video capturing this visitor to Redgrave is on our Facebook page)).
- 7 species of herptile (reptile or amphibians) of which 5 are Suffolk Priority Species
- 27 species of butterfly of which:
 - 4 are on the UK's Species of Principal Importance list
 - 5 are Suffolk Priority Species

More work needs to be done to firm these results up (especially on plants, invertebrates and fungi) and work will be ongoing with survey days to be planned through 2024. Volunteers will be needed for this! The Action Plan part of the BAAP will be the tangible outcome of all of this. It will determine what we need to do to conserve and improve on what we already have and provide the ongoing evidence to back that up. We welcome input from all interested residents with recordings or photos of all types of creatures such as birds and mammals, butterfly and other insect reporting. If there are any readers who would like to learn more about this or contribute to the document please do get in touch.

We had an excellent talk by Kit Grey-Wilson in November on the subject of "Meadows: An Appraisal". This looked at wildflower meadows around the world and their benefit to biodiversity. The talk was extremely well received. We have started to look at the possible development of a wildflower meadow on one local landowner's site as a result. And this is in addition to the ongoing development of our own wildflower meadow (patch!) in the Old School Playing Field. Our next talk will be in February (topic yet to be confirmed).

The Babergh & Mid-Suffolk Biodiversity Project Officer, Richard Parmee, has put out a "Call for Nature". He is hoping to get local landowners to make some of their land available for tree planting so as to help get our district's tree canopy cover (10% in Mid-Suffolk) nearer to the national average of 16% in England. He needs the help of local landowners wanting to plant trees if he is to meet this target. If you are able to assist then get in touch with us at the Green Redgrave Group or directly with the BMSDC to register interest. Details on this and how to register are on this page:

<https://www.midsuffolk.gov.uk/web/mid-suffolk/w/tree-planting>. The landowner doesn't need a clear plan at this stage, just an interest in doing something is enough. BMSDC (or indeed Green Redgrave) can work with them to form a plan if needed, or help turn an existing plan into reality.

We are working up a plan to improve the turtle dove plot put aside to help this most endangered bird in the UK. We still get a few sightings of the bird each year (although the numbers are still going down). We hope that this plot, with annual wildflowers and their seeds, will encourage them to stay and come back in increasing numbers. We are also doing work to thicken up hedges to provide good habitat for them, another reason for them to return to Redgrave.

We continue to look for enthusiastic volunteers to help us progress our activities. If you want to contribute or just learn about wildlife friendly activities then please join us. We would love to hear from you. Contact Andy Warnes (by email awarnes@btinternet.com or on 07478 337331) for more details.

Introducing the Friends of Stowmarket Lions

Giving people the opportunity to help our local community when and where they can

About Stowmarket Lions

Stowmarket Lions are a group of likeminded volunteers who seek to help those in need in our local community.

Now in our 43rd year we have raised over £1M since the club started and last year raised some £50,000.

We raise money throughout the year with fundraising events such as our Boxing Dinner, Golf Day, Bike Ride, and Santa Sleigh.

We help groups and individuals via our Community Services team who typically meet monthly to consider requests for help.

Recently we have been able to help groups supporting people with conditions such as Motor Neurone Disease, Multiple Sclerosis, dementia, cancer and the partially sighted, as well as the local food bank.

About Friends of Stowmarket Lions

We recognise that people lead busy lives with multiple demands on their time including work and family commitments. These time demands mean people may be hesitant in committing to full membership of our club but there's another way to help.

We are introducing the Friends of Stowmarket Lions to enable people to help our local community when and where they can.

How can the Friends of Stowmarket Lions help?

Friends of Stowmarket Lions can help in many ways.

It could be by supporting one of our events by buying or selling event tickets. For example gathering a group of your own friends or colleagues for a table at our boxing event in March.

Or perhaps you could sponsor an event such as our bike ride. The more of our event costs we can cover with sponsorship the more we raise to help those in need in our local community.

It could be that you would like to join us by helping at one of our events. Our Santa Sleigh is a great example where groups and individuals already walk with us collecting and spreading festive cheer around Stowmarket and surrounding villages.

What would be expected of a Friend?

All we ask is that you look to help when and where you can. With your agreement we will include you on our regular activities updates which will typically be shared by email. We will update you on forthcoming events as well as funds raised at previous events.

How can you become a Friend?

If you know one of the Stowmarket Lions then please contact them direct. Otherwise please email your contact details to: friends@stowlions.org.uk

Please consider helping us to help those in need in our local community. Thank you.

Bob Cuff

President of Stowmarket Lions

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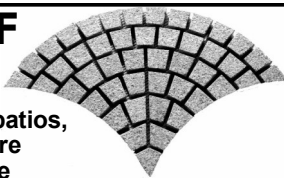
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Club News



Radio Broadcasting through the Ages Graham Moore

Graham Moore gave a very enthusiastic presentation about the development and changing design of radios to the November meeting of the Heritage Circle at Rickinghall Village Hall. His interest in radios began as a five year old working with his Grandad George.

Early successful experiments of the transmission of radio waves in a systematic way between two points at increasing distance were undertaken by Guglielmo Marconi. He founded a company in Chelmsford in 1897 which was able to transmit Morse code messages across the English Channel by 1899 and across the Atlantic Ocean by 1902. By 1904, Marconi's company was transmitting radio information to shipping about the weather and the proximity of other ships. Marconi had built upon the work of James Clerk Maxwell who outlined the possibility of electromagnetic waves in a paper of 1862 and Heinrich Hertz who experimented with producing and transmitting radio waves between 1868 and 1895.

The First World War saw significant developments in the technology of radio, such as the use of thermionic valves, which meant that information could be sent around battlefields. Thousands of people became familiar with the use of radio and its value was widely recognised. At the end of the war, many soldiers brought home bits of radio technology with them and built their own radio sets. Some radio stations in Europe began to broadcast music for 24 hours a day but a more conservative approach was adopted in Britain as there were concerns about 'keeping the ether undefiled.' Marconi became frustrated as his transmissions to shipping were becoming less profitable. He paid Dame Nellie Melba, a famous opera singer, the enormous sum of £1,000 to sing live on air from Chelmsford on 15 June 1920. It was the first official broadcast in the UK and it was received in many parts of Europe.

The BBC was formed in October 1922 but early radio sets were very expensive because of patents held by Marconi. BBC broadcasting moved to the Strand in London but offered mainly news and discussion programmes. Most listeners in the 1920s tuned in to the music broadcast from Europe.

During the 1930s there were significant improvements in the design of radios. They became an important piece of furniture and were often housed in elaborate wooden cabinets. Radios were sold by companies like Pye, Bush and HMV. They became very popular during the Second World War when a utility model was introduced but spare parts, such as valves, were in very short supply. After the war, there were further developments such as the first transistor radio in 1954 and the first FM transmission in the UK in 1955. However, there was increasing competition from television and by the 1960s it had overtaken radio as the most popular form of home entertainment. Many of the radios that Graham Moore spoke about may be seen at the Waveney Wireless Museum in Brockdish.

The next meeting of the Heritage Circle will be on Wednesday 28 February at 7.30pm at Rickinghall Village Hall when Tony Diamond will be speaking about the Mona Lisa. Further information about the Heritage Circle is on its website at www.heritagecircle@onesuffolk.net.

Gerry Gurhy

Coffee On



A new year and a new start ... but Coffee on the Corner hasn't changed especially, except that we often see new faces, who are more than welcome.

We had a tremendous coffee shop in December, boosted by a large number of parents, carers, grandparents (and others!) who came along to hear the children from St Botolph's School sing

to us - and what a pleasure it was. They sang several songs, supported by the voices of their teachers and encouraged with lots of smiles and claps once they finished. In response the "audience" sang "We wish you a Merry Christmas" back to them! Afterwards they were rewarded by drinks and biscuits and sent off with a huge thank you and more claps! A thoroughly enjoyable addition to our normal event.

With the extra visitors, we had some very kind donations and managed to raise £195.00 which has been sent to Barnardo's and I have no doubt that the money will be used wisely to improve the lives of those whom the charity supports. So thank you!

On a lovely sunny, but rather chilly, January morning, we met once again - some of our regulars weren't there and, if they are unwell, we wish them all a speedy recovery. Having said that, the six tables were all occupied and there was a lovely warm chatty atmosphere. This month we shall be supporting "Centre Point", the London based charity that helps young people (who come from all parts of the country) to move from homelessness into accommodation and supports both their physical and mental wellbeing. The kind donations amounted to £127.58. As we only pay £6.00 per month towards the sponsorship of a "room" for a young person, making a total of £72.00 for the year, the remainder of the money will be held back and used during another month, maybe when the donations are slightly less, or when there is a particularly deserving cause to support.

Some of you will know that we commenced **"SOUP GROUP"** on Friday 5th January and this will be continuing every Friday throughout January and February. As I have already said, we cannot run these events without our brilliant volunteers and for this event, we have kind folks from all the local churches. Fancy a light lunch? Then do come along! Once again, no charge, just a financial donation if you are able.

VOLUNTEERING:

On this subject, I know that there are some fabulous volunteers in this and neighbouring villages, but I am aware that, in many instances, they are older folks. Happy as they are to help with various events, we shall before too long, need some younger volunteers to help and eventually to take over. If you don't volunteer for anything, do please consider starting in 2024 - I can guarantee your assistance will be very welcome. Events such as Coffee on the Corner, Soup Group and the Wednesday luncheon club in Rickinghall cannot run themselves so, as the wartime ad used to say, "Your Country Needs YOU!"

If you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423. Alternatively, try Kevin Gladwell, our Community Pastor on 01379 898924.

In the meantime, I wish you all the very best,

Sue

Sue Allen

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Nyall's Notes LOHP Local News

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

I often have to think whether a topical subject will still be of interest by the time this magazine is published. However, what is going on in Gaza has been going on for centuries in one form or another, and certainly since the reformation of Israel in its present form. It is not likely to have resolved itself by the time of publishing.

I can understand the feelings on both sides. The Palestinians see Israel as having stolen their land and, as Israel is recognized as a country, no government can turn a blind eye to an attack on its citizens. Also the Jewish religious bodies will see the land as rightfully theirs as ordained by God.

What does God think? Jesus lived in Israel under enemy occupation. The Romans had taken over the land and it was part of their empire. Surely Jesus must have said something about this situation. He didn't. Jesus simply dealt with individuals and their needs on a one to one basis. A Roman official came to him and said, "I'm a man with authority. I issue my orders and my men obey. You have authority to heal my servant. You can do it from here. I don't need to trouble you to come." Jesus remarked on his faith and healed that servant. One man who was naturally his enemy found favour with Jesus as a result of his expression of faith. A criminal being crucified beside him turned to Jesus accepting he was getting the due rewards for his criminal activities. He turned to Jesus and said, "Remember me when you come into your kingdom." Jesus replied, "Today you will be with me in paradise." That moment's faith and Jesus gave a criminal a place with him in heaven.

Joseph of Arimathea was a secret disciple of Jesus, for fear of the Jews. He asked Pilate for the body of Jesus and placed him in his own tomb. One man with faith in Jesus came out into the open to do what was needed for Jesus. Nicodemus had had a one to one chat to Jesus at night. Presumably he came to him at night rather than openly because he was a member of the ruling council which was hostile to Jesus. He now came out into the open and brought spices to anoint Jesus' body.

One more example: a woman who was a prostitute came out in the open and poured perfume over his feet and wiped them with her hair. What happened is that Jesus told her, "Your sins which are many are forgiven."

A Roman soldier, a criminal, a rich man, a member of the ruling council and a prostitute each met up with Jesus and were changed.

We find Jesus speaking to crowds but not forgiving crowds. Jesus responds on a one to one basis as individuals come to him exhibiting their faith in him and so it is with us.

The jailor said, "Sirs, what must I do to be saved?"

And they said, "Believe in the Lord Jesus, and you will be saved, you and your household."

Acts 16 v.30 & 31



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*"In February there is everything
to hope for and nothing to regret."
(Patience Strong 1907-1990)*

Well, here's the supposed last month of Winter! It's been very mild (at the time of writing) and, goodness, wet, wet, wet! 'Love is all around' (don't go there!). Hopefully, there should be some signs of the stirrings of spring.

It's the time of year for siskins to arrive and you might be lucky enough to see redpolls on your bird feeders. Song thrushes will be starting to sing and many species of birds will start pairing up and prospecting for nest sites. If you have nest boxes up, now is the time to give them a good clean out! February is a good time to see barn owls hunting in the late afternoon - tawny owls will lay eggs as early as February.

Hazel catkins and pussy willow will start to appear and, if we're fortunate enough to have a warm day, you might be lucky enough to spot the first butterfly. There should be a good flowering of gorse on sites such as Broomscot Common or Hinderclay Fen.

On New Year's Day, over 40 people and lots of dogs turned out for our winter walk, meeting on Parkers Piece in Thelnetham. On a beautiful sunny morning the walk, nobly led by trustee Nick Lingwood, was enjoyed by all and many retired to the White Horse Pub for refreshments afterwards!

Our work parties continue on Wednesdays, Thursdays and the second Sunday of each month.

Details on our website: www.lohp.org.uk

Tea break cake is a distinct possibility!

John McCormack

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Community Woodland

There has been so much rain this year, the ground is saturated and there have been instances of flooding at a level not seen before. And we are told to expect it again because of climate change.

Our little plots of land have survived well and Northfield Wood is a pleasant place to sit on a mild day and enjoy the trees and birds.

Unfortunately, some people are still trying to keep open the gap that we are trying to close at the bottom of the wood by climbing over it: it has been closed because the landowner on the other side does not wish people to walk around his field. He has found that people with dogs sometimes let them off the lead, which means they do not stick to the footpath but damage the crops and occasionally cross the stream and invade other people's gardens.

This is not the first time I have drawn attention to this unwanted behaviour; the wood is there for your delight; please stick to the paths inside it.

Low Meadow is well used by walkers, with or without dogs. The path has developed a curve and the D shape that serves the benches seems to have disappeared! Is this a good thing? I am not sure.

People are still dumping rubbish in or just outside Miller's Orchard – it is not a dump! Please dispose of your unwanted stuff in the proper place! The Orchard is a beautiful asset to Botesdale that needs to be respected and shared with walkers, not lazy people who cannot be bothered to take their rubbish to the dump!

I am looking forward to the blossom and before that the woodland flowers that are just making an appearance.

Rosemary Jones,
Botesdale and Rickinghall
Community Woodland
11th January, 2023
01379 890238



New volunteers welcome!

the WI Rickinghall

INSPIRING WOMEN

WI members ended 2023 on a high with a Christmas Dinner at The Bell on 8th December and our Christmas Party on 14th December, when members enjoyed a 'bring a plate' buffet, mulled wine or spiced apple juice, making decorations, games, singing Christmas songs and taking home a secret Santa.

Our first meeting in 2024 was on 11th January when our speaker was local lady Amali Kannangara from *The Sri Lankan Kitchen* telling us about Sri Lanka (formerly Ceylon) and its cookery. She explained that Sri Lankan cookery has been shaped by its many historical, cultural and other factors. As a tropical island, having an abundance of vegetation, the cuisine is known for its use of a vast array of herbs, spices, vegetables, rice and fruits. Amali told us about her life as a young girl in Sri Lanka, living in other countries including Australia, and finally settling in the UK in Botesdale. She started her own food business during Covid, and she brought along some samples for us all to try which proved very popular. An enjoyable meeting to start 2024.

Rosemary Setterfield - President

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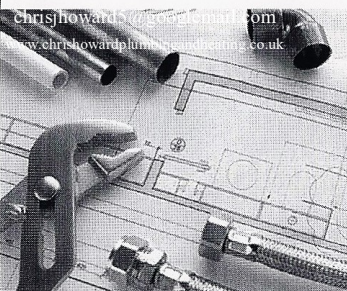
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The Medieval Chapel and School in Botesdale

During Lockdown more work was done on the medieval documents which are kept at the University of Chicago. These documents are now available online. (1)



Botesdale Chapel of Ease

Until recently the earliest reference to Botesdale Chapel (now the Chapel of Ease) had been found in a document from 1338 but we have now found a reference in a court roll from November 1283 which says:

The Jury say that Master Robert built a small narrow room upon the Chapel of St Bodolph in Botildisale in width 4 feet & length up to the middle of the chapel. (2)

From this reference we think it is probable that 'Master Robert' was the school master and was building a room onto the chapel. But why, what was it for, was it to act as part of a school or did it have some other use?

It appears that the chapel was originally built as a market chapel, called St Botolph's Chapel, in the mid 13th century. It was built sometime after the charter for a market was granted in 1227, by King Henry III to the Abbot of Bury St Edmunds (who was Lord of the Manor), to hold a market every Thursday and a fair once a year on the eve of St Botolph's day (17th June).

However, as well as being used as a religious building the chapel was also used to carry out business and as a school. In an entry in a court roll from 1311 a debt of 30s of silver had to be paid at the chapel. (3)

A court roll from 1312 mentions a school master, 'It was ordered as elsewhere to make Master Clement of the school of Botoluesdale to come to answer to Walter le Leche on a plea of trespass.' (3) and court rolls, from the late 13th century, mention other masters. The fact that these masters were married indicates that this early school in Botesdale was an elementary school, teaching pupils arithmetic and how to read and write. Elementary schools were run by clerks who were allowed to marry. (4)

This school was probably established by the Abbot of St Edmunds Abbey to teach boys who would then enter the church, becoming clerks and later chaplains. It appears that even sons of villeins (peasants) could enter this school although they would probably have to be sponsored and pay a fee, which only the richest villeins could afford.

Later in the 14th century it appears that there was also a grammar school in Botesdale. In 1387 a court roll reported that a licence had been given to a chaplain, Richard Brok, to be 'master of the Grammar school in Botesdale'. But no further reference has been found to this grammar school yet. (5)

There are many references to the Chapel in wills and other documents from the 15th century. It appears to have been restored or rebuilt in the late 15th or early 16th century as in 1506 Richard Penn left 20 shillings for 'a glass window in the new chapel at Botesdale' in his will. (6) The perpendicular windows also date it to this period. It was at about this time that it became a chantry chapel, with money left by John Shrive (or Shreve), and because of this the chapel

and its possessions were seized in 1547 by King Edward VI's commissioners even though the inhabitants of Botesdale submitted a



Shreve Inscription Botesdale Chapel

petition against this in 1548. It was sold as private property in 1549.

The inscription over the door of the chapel has been cut through by a later window. It reads:

*Orate [pro animabus Johanni]s Shrive
+ Juli[ane uxoris] eius*

Orate [pro anima Ma]lgyt Wykys

Which translates as -

Pray for the souls of John Shrive

And Juliana his wife

Pray for the soul of Margaret Wykes

John Shrive or Shreve was Juliana's third husband and it is possible that Margaret Wykes was his sister. Unfortunately, John's will has not been found so we do not know if this is so.

Juliana Shreve's first husband, Peter Dasshe, left 6s 8d to the chapel in his will of 1468. Both Peter and John his brother, who died in 1467, left instructions for their houses to be sold and the money used to pray for the souls of their parents at the chapel. This happened in any church so it probably wasn't a chantry chapel at this time.

Sir Nicholas Bacon purchased the chapel and in 1561 was granted a licence to found a free grammar school there. The house was built next door as part of the school and to house the Master and the boarding pupils. The school lasted for many years until the mid 19th century. The house was later used as Mrs Taylor's Ladies School from 1894 until 1911. A desk formerly from the Grammar school is now in Redgrave church. It has many names and initials carved into it by schoolboys over several generations. They also carved their names or initials on timbers in the Chapel House, the earliest being 'William Sayer, aged 11, 1609'.

In 1883 the chapel building was bought by George Holt Wilson, conveyed to trustees and became a chapel again. (7)

(1) Guide to the Sir Nicholas Bacon collection of English Court and Manorial documents circa 1200-1785.

(2) Bacon Collection, Court Rolls, Bacon 4/14

(3) Bacon 11/1, Bacon 11/27

(4) English Schools in the Middle Ages by Nicholas Orme

(5) Bacon 28/6

(6) Wills Botesdale NCC translated by Peter Northeast

<http://nrocat.norfolk.gov.uk>

(7) The Story of Botesdale Chapel of Ease by Jean Sheehan and Bill Cordeaux 2005

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- Supplier grants - many energy suppliers have grants to reduce or clear debt if you meet their criteria. Speak to your energy supplier to see what help you can get.
- Citizens Advice - offers advice for energy, debt and more. They can support you to create a budget, negotiate with your supplier and boost your income.
- Benefit entitlement – payments such as Warm Homes Discount, Cold Weather Payments, and extra Winter Fuel Payments can add up to hundreds of pounds to help you pay your energy bills – but you'll need to be claiming certain benefits to get them. Benefit checks can be done online at www.gov.uk/benefits-calculators, or by contacting your local Citizens Advice.

More information

Visit www.midsuffolk.gov.uk/energy-fuel-and-utilities for more resources to help you keep fuel and utility costs down.

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I've built up a bit of debt and I am panicking. Even though I cut back, Christmas was expensive, my rent has gone up and my pay cheque just doesn't stretch as far as it used to. I'm doing everything I can but it's not enough - what can I do?

First of all it's important to know you're not alone in finding things difficult and, crucially, there's support available.

You say you've built up a bit of debt. The first step is to collect all the information you have about your debts. This might include contracts, bills and statements.

Next, make a list of your debts and write down the details of each. This could include whom you owe the money to (this person/company is your 'creditor'); when you first missed a payment; and how much you now owe. You'll also need to make a note of your account or reference number and what steps the creditor has taken to get the money back, eg. sending you letters.

It might feel overwhelming when you see all of your debts written down - but try not to worry, the important thing is that you're sorting them out.

If you're behind on household bills, prioritise paying your rent or mortgage, plus energy bills and Council Tax first. Not paying these bills has the most serious consequences. You should speak to the person or company you owe money to, to see if there are any manageable steps you can take to start reducing your debt.

Once you've got these debts under control, you should look at any other debts like credit card or store card debts, payday loans or missed Buy Now Pay Later payments. While you're looking at the money going out, do remember to consider money that could be coming in. It's always worth checking if there are any benefits that you're eligible for, including support with your energy costs and living costs.

There's a benefits calculator, advice on how to reduce living costs and information on other ways to increase your income on the National Citizens Advice website at citizensadvice.org.uk

There's also emergency support that you may be able to access locally, such as a food bank, local welfare support or fuel vouchers. We know that times are incredibly tough but please remember, you don't have to face this alone.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

Stowmarket Lions Santa Sleigh Over £10,000 raised to support local causes

With Santa now back home in the North Pole enjoying a very well earned rest Stowmarket Lions are delighted to announce that, thanks to the generosity of our local community, Santa Sleigh raised over £10,000 to support local causes.

We are naturally delighted with this result which could not have been achieved without a huge effort from many people and organisations including over 200 fund raising collectors.

Santa Sleigh was spreading Christmas cheer around Stowmarket, Needham Market and villages on 12 nights during December as well as being static in Stowmarket on 5 days.

So a very big THANK YOU to all the Lions, family and friends, local clubs and organisations for all their help and support.

And to the people of Stowmarket, Needham Market and villages for their wonderful generosity.

Finally to Santa for spreading Christmas cheer in our community at his busiest time of year.

Until next December - thank you one and all.



Stowmarket Lions Santa Sleigh preparing to visit homes in Needham Market
Along with family and friends we had help from Needham Market Fire Station personnel

About Stowmarket Lions


Stowmarket Lions are a group of likeminded volunteers who seek to help those in need in our local community.

Now in our 43rd year we have raised over £1M since the club started and last year raised some £50,000.

We raise money throughout the year with fundraising events such as our Boxing Dinner, Golf Day, Bike Ride, and Santa Sleigh.

We help groups and individuals via our Community Services team who typically meet monthly to consider requests for help.

Recently we have been able to help groups supporting people with conditions such as Motor Neurone Disease, Multiple Sclerosis, dementia, cancer and the partially sighted, as well as the local food bank.

	Neighbourhood Watch Coordinators			Police	Tel	Notes
	Contact ↓	Tel ↓	Email ↓	Non-emergency, queries	101	email : stowmarket.snt@suffolk.pnn.police.uk web : www.suffolk.police.uk/your-area/stowmarket
Botesdale & Rickinghall	Peter Beck	01379 890495	peter@pbeck.plus.com	Emergency	999	For Ambulance, Fire Brigade, Police
Redgrave	John Campbell	01379 890946	Redgrave.nwatch@outlook.com	Manned desks	Bury St Edmunds - Raingate Street IP33 2AP Ipswich - 10/10a Museum Street IP1 1HT Lowestoft - Old Nelson Street NR32 1PE	

SCAM ALERT

FRAUDULENT HOLIDAY BARGAINS

It seems we are planning to travel abroad in record numbers this year if bookings already taken are anything to go by but, sadly, there are many pitfalls engineered by fraudsters to snare the unwary when booking a trip including unscrupulous online agencies offering everything from cheap flights, hire cars and non-existent rental accommodation.

Online traffic has been rocketing as we scour websites for tempting offers and that 'great deal' Unfortunately, scammers are busy once again dangling alluring offers for air travel and holiday accommodation that turns out to be non-existent with the sole purpose of luring you into parting with your money.

A few minutes diligence by combing online reviews before you hand over your details to an online agency you have never heard of could save your money going into the pockets of scammers.

Last year, numerous reports were received of companies reeling in customers with amazing deals on flights then after you have paid, tell you the flight is now only available for a higher price.

Scammers are spoofing genuine travel companies' websites. That is why it is essential you check the websites URLs before entering your personal information to ensure you are on an organisation's official website and not in the hands of fraudsters.

We all love a bargain but if one looks too good to be true..... usually it is exactly that!

Worried about your current/future utility bills?

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The White Horse has received £299,600, from the Government's Community Ownership Fund (COF), towards purchase and renovation. They have to raise match funding of £60,000 via community shares so that the grant funding can be released. Please visit <https://www.facebook.com/SaveTheWhiteHorseThelnetham/> or Email: shares@ifarm.land

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

Church Notices

Parkview Chapel Sunday Services and Events

Refreshments will be served from 10.30am. All services include Communion, and will be live-streamed on the 'Parkview Chapel' Youtube channel. Please call Kev Gladwell on 01379 898924 for more details or see www.parkviewchapel.co.uk

February		 PARKVIEW CHAPEL CHURCH FOR THE COMMUNITY
Sunday 4th	Service at 11.00am – The Prayers Of Jesus – The Lord's Prayer	
Sunday 11th	Service at 11.00am – The Prayers Of Jesus – The Raising Of Lazarus	
Sunday 18th	11am 'Coffee On A Sunday' service – The Prayers Of Jesus – Jesus' Hour	
Sunday 25th	Service at 11.00am – The Prayers Of Jesus – The Farewell Prayer	
Events	Coffee on the Corner at 9.00am	Tuesday 13 th Febuary
PARKVIEW Youth		Sundays 11:00am - 12:00pm
Junior Church		Fridays 6:00pm - 7:00pm
Junior Friday Club		Fridays 6:00pm - 7:00pm
PYP		Sundays 7:00pm - 8:30pm
Senior Friday Club		Fridays 7:30pm - 9:30pm

WELCOME TO BOTESDALE METHODIST CHURCH EVENTS AND GROUPS

Our Church is to be found in Fen Lane, Botesdale - the lane opposite the fish and chip shop. We are a friendly bunch of people holding Services every Sunday morning at 10.30 am. We welcome everyone to our services and weekday activities.

Services in February

- 4th Local arrangement – led by one of our members
- 11th Mr Pat Mottram
- 18th Rev David Ely - Holy Communion
- 25th Mrs L Spencer

Weekday Bible Studies are held twice a month – for details phone 01379 890898

February activities

Tuesday 6th : 2.30 to 4pm : *Get Together Down the Lane* - a time to meet for conversation over a cup of tea.

Tuesday 27th : 10.30am to 12 : *Coffee Down The Lane* - our regular coffee morning held on the fourth Tuesday of the every month; an opportunity for all to meet and get to know others in our community.

Every service and activity is open to everyone - you do not have to belong to this Church or any other. For more information phone 01379 890898.



Parish of Redgrave cum Botesdale with the Rickinghalls

February 2024 Services

Sunday 4th February, Second Sunday before Lent
Holy Communion (BCP)
8:45am, St Mary's, Rickinghall

Sunday 11th February, Sunday before Lent
Holy Communion (CW)
10:30am, All Saints Church, Redgrave

Wednesday 14th February, Ash Wednesday
Holy Communion with Ashing
10:30am Laxfield (Deanery Service)
Holy Communion with Ashing
7:00pm Wingfield (Deanery Service)

Sunday 18th February, first Sunday of Lent
Holy Communion (CW)
10:30am, St Mary's, Rickinghall

Sunday 25th February, second Sunday of Lent
Holy Communion (CW)
10:30am, St Botolph's Chapel of Ease, Botesdale

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www.rbrchurch.co.uk

From the registers

23.11.23	Funeral and Burial of Ethel Rose Erith at St Mary's Church, Redgrave. Died 31 st October 2023 aged 88
22.12.23	Funeral and Burial of Glenda Maureen Rush at St Mary's Church, Rickinghall Inferior. Died 5 th December 2023 aged 88