

# PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

March 24

## *Easter Blessings*



Produced by the Parish of Redgrave cum Botesdale with the Rickinghalls, for the local community.

Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>

**A Letter  
from  
Rural Dean Rev Susan Loxton**



**First an update on the parishes of RBR**

We have had meetings with the benefice of North Hartismere, which is the next benefice to us, which has 6 parishes. Both RBR and North Hartismere are struggling to pay their parish share.

For those of you who are not aware of how Church of England churches are financed; each parish /benefice must pay its own way – housekeeping bills such as energy, insurance, maintenance, and there is a charge from the diocese to pay for administration, staff, Stipendiary ministers, training etc. As our diocese is quite young (100 years), it does not have lots of property or land to make money from so the budget relies heavily on the parishes. The parishes pay their bills plus repairs etc., through local fundraising and donations. The congregations give money to the church, but many are of retirement age and so have a static income and of course costs have gone up in the last few years. All of which means that most of our parish churches are struggling.

By joining these two benefices together we will look for one Stipendiary Priest to oversee the work and worship of the parishes. One person cannot do it all, so we are trying to build a team to work alongside the new incumbent. We already have some 'retired' priests who have permission to officiate, we have a lay reader, and some lay elders, who will be part of the ministry team alongside a self-supporting minister who has a day job but is ministering in the parishes, taking some Sunday services, and we will look to train some more lay elders to help with pastoral work and leading some services and other events. We believe by joining forces it will create some new energy and the burden of the parish share will be less.

The parishes are busy working on parish profiles to send out to candidates for the post, we should be ready to advertise soon after Easter.

I will update you when we know more.

**March musings**

We are in the season of Lent, a time in the church where we traditionally have no flowers, colours are purple, and it is a more solemn time in church as we ponder the 40 days Jesus spent in the wilderness after his baptism.

Lent is 40 days (not including Sundays as every Sunday we celebrate Jesus rising from the dead!). Many people practise a partial fast; some give up chocolate, biscuits, some give up watching so much TV and social media. Others take things on; reading a book to help us think through the events of Lent and Easter or daily readings, or spending time each day in quiet contemplation trying to connect with God. Still others put money aside remembering those who do not have enough to eat or fresh water, and at the end of Lent donating to a charity. Some people try to do an act of kindness every day.... the list goes on.

However, as I was thinking about my reflection for Ash Wednesday, the beginning of Lent, I was struck by some words in the Old Testament where God's people are complaining saying, we fasted but you did not answer our prayers. God answers, you are fasting if for your own profit and he goes on to tell them the kind of fast he requires. You can find it in Isaiah 58, The Message translation is great because it packs a punch.

So here is God's idea of fasting:

- Get rid of unfair practices.
- Stop gossiping.
- Stop fighting.
- Be generous with those in need.
- Where you can help fight injustice.
- Feed the hungry, clothe the poor.
- And finally, be available for your family.

Whether you are a person of faith or not, these practices are a great way of making a difference for good. Lent lasts until Easter Sunday, so we have some time to practise, and this Lent could be the start of some good, holy habits!

I would love to know how you get on.

God bless,

Susan

Revd Canon Susan Loxton email [revloxtan@gmail.com](mailto:revloxtan@gmail.com)



Please note the following changes to the **Local Services Directory**.  
The latest version of the directory is printed in this edition, and  
is online at <http://stmarysrickinghallinferior.onesuffolk.net/local-information/>



| Section                                     | Changes  |
|---|--|
| Clubs                                       | <p>Changed contact details for <i>Rickingham Further Education Group</i> to Mrs Lesley Greenhough / 01379 890109 / <a href="mailto:generaldogsbodycg@gmail.com">generaldogsbodycg@gmail.com</a></p> <p>New entry <i>Rickingham Yoga / Gemma Edwards</i> / 07894 039 260 / <a href="mailto:info@yogatastic.co.uk">info@yogatastic.co.uk</a></p> |
| Community Services (regional) and Utilities | Reviewed and updated   |
| School and Nursery                          | St Botolph's fax number removed. <i>Friends of St Botolph's</i> contact details changed to Heidi Glendenning / Sarah Button / <a href="mailto:friendsofstbots@gmail.com">friendsofstbots@gmail.com</a>   |

#### Message from the team

Snowdrops and crocuses—spring is on the way! On p 13 you will see our plea for help—we are looking for some new blood to join our merry team producing this magazine. It could be you!

We would also like some more varied content and a "letters to the editor" page would be good. Let us know what you like in the villages and what gets your goat. Then I can have the power to decide which ones to discard (as the Daily Telegraph editor does with my letters). We haven't published any recipes for ages—let us have your favourite recipe and hopefully we can make it a regular feature. On our centre pages this month is the local services directory for you to pull out and keep.

Charles Murray

#### Contacts

|                             |  |
|-----------------------------|--|
| For all editorial content:  | <a href="mailto:editoratrbparishmag@gmail.com">editoratrbparishmag@gmail.com</a>   |
| For all commercial adverts: | <a href="mailto:advertsatrbparishmag@gmail.com">advertsatrbparishmag@gmail.com</a> |
| To advertise events:        | <a href="mailto:eventsatrbparishmag@gmail.com">eventsatrbparishmag@gmail.com</a>   |

Alternatively, please **call The Editor** on 01379 890382

Please note that **the copy date for the forthcoming issues is as follows:**

#### COPY DATES AND STUFFING MEETINGS

- **April issue Mon 11th March** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Friday 22nd March**
- **May issue Mon 15th Apr** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Fri 26th Apr**
- **June issue Mon 13th May** Come and help stuff the magazine @ All Saint's, Redgrave - 3.15pm on **Friday 24th May**

We accept items for submission in any of the following formats: MS Word, e-mail, .jpg, .bmp, .pub, .png Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Best wishes, The Parish Magazine Volunteers

*The views and opinions expressed in this magazine are those of the authors and do not necessarily reflect those of the editorial team.*

Welcome to  
new residents  
in our villages.

# WELCOME

If you have recently moved into one of our villages the churches wish you a warm welcome. If you would like someone from the church to visit you, or perhaps you would like your house blessed, then please do get in touch with the Revd Canon Susan Loxton on 01379 388493.



May your life in these communities be peaceful, prosperous and a blessing to your neighbours.

Printed by:



Also available at <http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine/>



## SANTIAGO'S ART CAFÉ

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### CONTACT US:

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| MON       | 4 - 9pm   | Closed               |
| TUES      | 4 - 11pm  | Closed               |
| WEDNESDAY | 12 - 11pm | 12 - 2.30 & 6 - 8.30 |
| THURSDAY  | 12 - 11pm | 12 - 2.30 & 6 - 8.30 |
| FRIDAY    | 12 - 11pm | 12 - 2.30 & 6 - 8.30 |
| SATURDAY  | 12 - 11pm | 12 - 2.30 & 6 - 8.30 |

Food now served 5 days a week in our Lounge Bar and the Public Bar  
Please check social media for information on other events!

### Contact us:

Cross Keys, The Street, Redgrave, Diss IP22 1RW  
[admin@crosskeysredgrave.co.uk](mailto:admin@crosskeysredgrave.co.uk)

**01379 673333**

Please check the website and social media for all the latest updates  
[www.crosskeysredgrave.co.uk](http://www.crosskeysredgrave.co.uk) / Facebook @crosskeyspubredgrave  
Twitter @KeysRedgrave

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New special items every week
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Friday 12 noon - 1.30pm & 4.30pm - 8.30pm  
Saturday 4.30pm - 8.30pm  
Closed Sunday and Monday
- Dining area now open
- The Marketplace, Botesdale, Diss IP22 1BS  
Telephone 01379 898543  
Order in advance for collection at  
[www.botesdaleonline.co.uk](http://www.botesdaleonline.co.uk)

**FISH WITH A TWIST**



# What's on in March

**Rhinestone**  
REBEL MUSIC CLUB

## LIVE COUNTRY MUSIC & DANCE

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**MARCH**  
Sat 2<sup>nd</sup> 2024



**DAVE LESLEY**  
DOORS 6:30PM  
STARTS 7:30PM  
TICKETS £7

**APRIL**  
Sat 6<sup>th</sup> 2024



**RICK STORM**  
DOORS 6:30PM  
STARTS 7:30PM  
TICKETS £7

**RICKINGHALL VILLAGE HALL**  
Hinderclay Road, Rickinghall, Diss IP22 1HD  
FOR BOOKINGS & MORE INFORMATION PLEASE CALL  
Tel 01473 912626 or 07591 099519  
You are welcome to bring your own food & drink.

The promoter reserves the right to alter the programme/certain performing due to unforeseen circumstances without notice.

### Rickinghall Country Market

IP22 1HD  
09.00 am - 12.30 pm @ Rickinghall Village Hall

We expect the following stalls covering a wide range of local growers, producers and crafts :

Bread & Cakes  
Pakenham Flour  
Alex's honey  
Eco Refills  
Local grown meat  
Duck Eggs  
Pasties & Quiches  
**Sally's Plants**  
Stardust Spirits  
Jams & Preserves  
PLUS ....  
John's Bacon Baps!

Sue's cards  
Fordhams Candles  
Quatrefoil Books  
Tropic Products  
Willowcraft  
Utility Warehouse  
June's Jewellery  
Debbie & Keith's Crafts - New stall

*Please note :  
Fruit & Veg will be back in April.*

**Councillors' Corner**  
Meet your local Councillors  
10.00 to 11.30 am

**Saturday 9 March**

You are invited **Come on, give it a try!**

## Rickinghall Classic Car Meet

### Autojumble & Swap Meet

**at Rickinghall Village Hall Suffolk IP22 1HD**

on the second Saturday of the month starting on **9 March 2024**. Set up from 7 am. Ends at 12.30 pm. Trunk trading from the back of classics encouraged. Country Market and Café in the hall.

If you want to know anything else, give us a ring :  
**Dave Juniper**  
(Dangerous Dave)  
07806 437722

**Meet dates 2024**  
9 March / 13 April  
11 May / 8 June  
13 July / 10 Aug  
14 Sept / 12 Oct

## Angles Way Filling Station

Friday 8 March 2024  
7.30pm  
with Mark Castleton



**Garboldisham Village Hall IP22 2SE**

## theWI Rickinghall

INSPIRING WOMEN All meetings at Rickinghall Village Hall

**Thursday 14<sup>th</sup> March 7.30pm**  
**STAINED GLASS**  
Speaker - Michelle Russell

Optional Competition: Design a floor tile on a post-it note

We meet on the 2<sup>nd</sup> Thursday of every month and will be pleased to welcome any ladies who would like come and find out more about us. We also get together for friendly tea and chats in local cafes, a really good way to meet and get to know other ladies.

Rosemary Setterfield - President

### WORLD DAY OF PRAYER

1st March 2024 at 2pm  
**BOTESDALE METHODIST CHURCH**

You are invited to join people from the Anglican, Methodist and Parkview Churches for this service compiled by Palestinian Christian women to pray for justice and peace.

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### Rickinghall Ramblers

#### Upcoming Walks in March

Friday 8<sup>th</sup>  
Thursday 14<sup>th</sup> (AGM at Parkview Chapel)  
Monday 18<sup>th</sup>

We meet at Rickinghall Village Hall and set off at 9.15am  
- Just turn up and walk! -

### Redgrave & Lopham Fen

|       |  |
|-------|--|
| March | <b>Needle felted sleeping fox workshop</b> Saturday 2 March, 10am-1.30pm £38, including materials  |
|       | <b>Weekend Wildlife Club</b> Sat 9 March, 10.30am-12.15pm, £5. Monthly club with wildlife-themed activities for 6-11s  |
|       | <b>Young Naturalists</b> Sat 9 March, 1.30pm-3.30pm, £5. Monthly session for 11-16s to explore, investigate and learn about the wildlife and habitats of the Fen |
|       | <b>Guided walk</b> Wed 20 March, 10am-12 noon. A volunteer-led walk to discover the wildlife of the Fen £5. Adults only, sorry no dogs                           |
|       | <b>Small willow basket workshop</b><br>Sat 23 March, 9.30am-5pm with local craftswoman Jane Kelly. £60, including materials                                      |

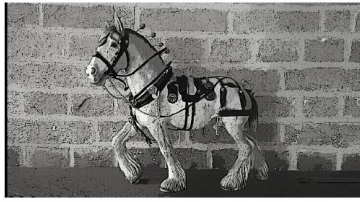
**Booking essential for all activities unless otherwise stated. For further details and to book, visit [www.suffolkwildlifetrust.org](http://www.suffolkwildlifetrust.org) or call 01473 890089**

Free to every household thanks to the local businesses that advertise here. Please support local businesses.

## White Horse Thelnetham

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Music**

**Meetup  
Mondays**



**FIRE  
Place**

**Warm  
space**

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A selection of local Ales and Cider are available. Food Vans park up on Fridays. More information and updates at [facebook.com/SaveTheWhiteHorseThelnetham](https://facebook.com/SaveTheWhiteHorseThelnetham)

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[highwaysgos@aol.com](mailto:highwaysgos@aol.com)

Megan: 07771 752228 Philip: 07887 668445  
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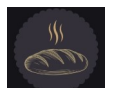
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Clarke's bakery





# What's on in March

## AN AFTERNOON OF MUSIC, SONG AND DANCE

**Sunday March 24th**  
**2pm-4pm** (doors open 1.30pm)



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## ANNUAL FISH 'N' CHIP QUIZ NIGHT AT PARKVIEW CHAPEL, BOTESDALE SATURDAY 16<sup>TH</sup> MARCH

QUIZ STARTS AT 7.00PM  
TEAMS OF NO MORE THAN 6  
£9 PER PERSON  
(SAUSAGES/VEGGIE AVAILABLE IF PREFERRED)

**BOOKING ESSENTIAL**

For further information and to book please contact Kev Gladwell on 01379 898924 or at [kevin@parkviewchapel.co.uk](mailto:kevin@parkviewchapel.co.uk)



**New Season** Join us at the Corn Hall, Diss 1.30 for 2 p.m. You can park at GAZES. All talks are the **third Tuesday of the month** (except for December - 1st Tuesday)

**19<sup>th</sup> March** What really happened on Easter Island?  
**16<sup>th</sup> April** Adventures of an Archaeologist

Guests are welcome and asked for a donation.

Membership for 10 lectures (starting September 2023) is £45. Do come along!

More information at: <https://artsocdiss.org.uk> or email: [secretarydissarts@gmail.com](mailto:secretarydissarts@gmail.com)

## ANNUAL GENERAL MEETING of BOTESDALE VILLAGE HALL MANAGEMENT Mon 25th March at 7.00pm at the Village Hall

**ALL BOTESDALE RESIDENTS ARE WELCOME TO JOIN THIS MEETING TO FIND OUT WHAT THE COMMITTEE IS DOING ON YOUR BEHALF, & THOSE OVER THE AGE OF 18 ARE INVITED TO ATTEND, SPEAK AND VOTE**

At this meeting the Annual Reports and Financial Statement are given and members of the Botesdale Village Hall Management Committee are agreed. In addition to confirmation of the nominated representatives of the 5 village organisations, 7 members can be elected who are not representatives of these organisations.

**Nominations for elected members willing to stand can be made by Wednesday 13th March to the Secretary, Karen Hails on 07796014304**

**the WI Rickinghall**  
INSPIRING WOMEN

## JUMBLE SALE

**Saturday March 16th**  
**2pm - 3.30pm**

Rickinghall Village Hall



Refreshments available

Cake Stall

**Admission 50p**



**"Coffee On the Corner"**  
**Parkview Chapel Botesdale**

**9:00am Tue 12<sup>th</sup> March**

Contact Sue Allen at  
[brookview@clara.co.uk](mailto:brookview@clara.co.uk) or  
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## RABBATS

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TERM TIME  
9:30-11:30  
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RABBATS-Rickinghall and  
Botesdale Baby and Toddler  
Group

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(CRB checked. References  
available, on request.)



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Term time only

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# What's on in March

## W.A.D.T.S. Presents **GASLIGHT**

by Patrick Hamilton



**Botesdale Village Hall**

TICKETS ARE AVAILABLE AT: WORTHAM POST OFFICE • REDGRAVE COMMUNITY SHOP • TICKETSOURCE.CO.UK/WARTS

DOORS 7pm for 7.30pm start

WHEN  
Thursday 21st March  
Friday 22nd March  
Saturday 23rd March

PRICES  
Adults £10, Children £5.50

Not suitable for under 12s

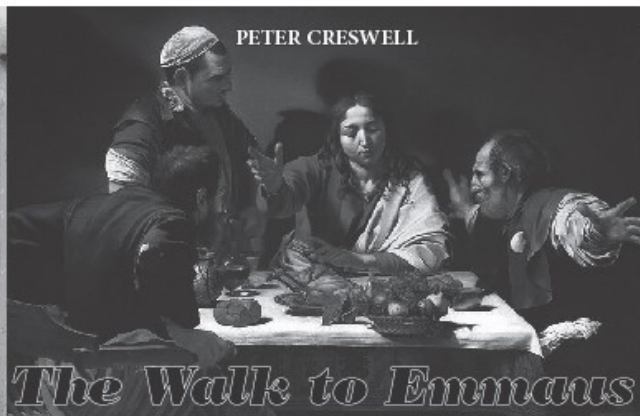


"A Haunting in Venice" is set in eerie, post-World War II Venice on All Hallows' Eve and is a terrifying mystery featuring the return of the celebrated sleuth, Hercule Poirot.

**CINEMA**  
at EYE

**Friday 22 March, 7.30pm  
Eye Community Centre**

Tickets £5 in advance from The Handyman or pay on the door. More information at [www.cinema-at-eye.org.uk](http://www.cinema-at-eye.org.uk)



**on Easter Sunday  
31st March at 6pm**

**at  
St Mary's Church, Wortham**

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\*transform-trade.org ; fair trade charity no.1048752



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### Mobile Post Office & Library

**Post Office Van: Fridays 2.45-3.45pm-not bank holidays**  
Parkview Chapel car park, Botesdale

**Mobile Library: March 27th - 15 minutes at each stop**

**Rickinghall**

Rectory Hill (10.40); Hinderclay Road (11.00); Village Hall (11.20)

**Botesdale**

Farnish House (11.40); Village Hall (12.00); Backhills (12.20)

**Redgrave - The Cross Keys (12.45)**

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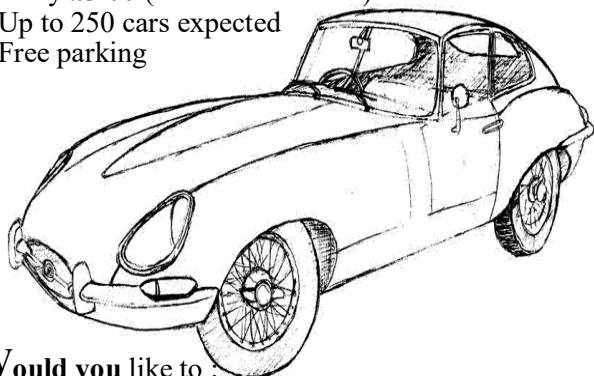
# What's on in March and beyond

## Car Show & Craft Fair 2024

**Sunday May 19th 10:00am**

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- Up to 250 cars expected
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## Rickingham Area Hospice Fundraisers (RAHOF)

**"DID YOU LIVE IN '55?"**

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## Calling all gardeners!

We are happy to say that

## Botesdale & Rickingham Open Gardens

is hopefully back!

This year's event is planned for Sunday 2nd June from 10.30am-5pm and we would like as many gardens as possible to be open to the public. It doesn't matter whether you have a small patio with a few pots and hanging baskets or acres of manicured lawns - please take part and help to make the day a success.

In addition to the gardens, we plan to have a variety of stalls at Botesdale Village Hall. There is no charge for a stall but a donation to this year's charity - Macmillan Cancer Support - would be much appreciated.

If you would be willing to open your garden on Sunday 2nd June 2024, or if you would like to have a stall on that day or indeed if you would be willing to help in any way, please contact Rona Walters, Fir Tree Cottage, Bridewell Lane

Call 01379 308851 or email: [ronaw1@yahoo.com](mailto:ronaw1@yahoo.com)



**March 27<sup>th</sup> at 7:30pm**

**Rickingham Village Hall**

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**Stuart Bowell:**

**A Waveney Childhood**

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Visit [www.heritagecircle.onesuffolk.net](http://www.heritagecircle.onesuffolk.net)

## Botesdale Methodist Church

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**10:00am-12:00pm**

**Tuesday 26<sup>th</sup> March**





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# Help us Keep the Parish Mag!



Sara  
'does Distribution'



Phil  
'does Events'



Charles  
Edits



Fiona  
'does Articles'



Ruth  
'does Adverts'

**We are the 'core' team** of volunteers helped by an army of dedicated contributors, distributors, and deliverers. The Parish Mag has been a constant publication during the past 20+ years, including the pesky Covid years... Now we need a bit more help to make sure we have enough people in the team to produce and deliver the magazine even when some of us are unavailable. Whether producing or delivering the magazine, you will be a key part of a team that gets the job done! We enjoy working and getting together, always ready to mix and match 'who does what' according to our skills and available time, so don't think you wouldn't fit in!

**What we really need now** is help with the adverts. Ruth is moving to pastures new, opening up an opportunity to manage the adverts that cover our printing costs. *You* could be the perfect match for finding new advertisers, placing their ad in the Mag, and checking they pay! But there are plenty of other areas where you could help us...

## Typical tasks - what could you do?

- **1 meeting per edition** (10 per year) for the core team - about an hour to finalise details, then usually spend time over a drink putting the world to rights before we prepare the magazine over the next week
- **coordinating articles** from our contributors on church topics, scams, puzzles, local events/history, adverts for local businesses, Health Centre updates, Parish Council reports, coffee mornings, oil syndicate, local transport, green initiatives, club reports, gardening, botany - and more!
- **producing the magazine** - shared between us, this involves from half a day each to several days per month depending on who chooses to do what, how the work divides up, and our availability - when one of us is away, others step in. Do you have a rusty IT background that you want to polish up?! We use everyday Microsoft software to produce and administer the magazine, with a great track record of helping each other out with any problems
- **liaising with our printer/distributors** - receiving the printed copies for our dedicated team to 'stuff' with any flyers prior to handing them over to our distributors
- **distributing the magazine** - giving each deliverer the magazines 'letterbox-ready'
- **delivering the magazine** around our 3 villages

## Give Us a Call!

Please contact [editoratrbbrparishmag@gmail.com](mailto:editoratrbbrparishmag@gmail.com) or call 01379 890382 to see how you can help us...

**Keep the Botesdale, Redgrave and Rickinghall Parish Mag going!**

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**Dianne Joy Holistic  
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## BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP (PPG)

## Dispensary vs Pharmacy

Please be advised Botesdale Health Centre has a DISPENSARY not a PHARMACY. These are very different entities.

[illegible]

## Pharmacy Reforms Bring New Services To The High Street

Patients may be aware of the Pharmacy First Service.

One of several Pharmacies in Diss HADO 66 Mount Street Diss IP22 4QQ 01379 644001 has been checked and offers the Pharmacy First Service

This Service is where Pharmacists provide advice and NHS funded treatment, where clinically appropriate, for the seven common conditions set out below.

## Sinusitis

## Sore Throat

## Earache

Infected insect bite

## Impetigo

## Shingles

Uncomplicated urinary tract infections in women.

Consultations for these seven conditions will be provided to Patients presenting to a Community Pharmacy as well as those referred by 111. This will enable the management of common infections by Community Pharmacies through offering self-care, advice, and supplying certain over the counter and prescription only medicines (where clinically appropriate) via National protocols.

Pharmacies now offer a new contraceptive service which commenced in December. Women will be able to access the pill without needing to contact their GP first. The initiative is part of the primary care access recovery plan, which is committed to making it quicker and easier for people to access healthcare on their high street.

[illegible]

## Operation Courage

There is Mental Health information and support for veterans, service leavers, reservists, and families available across England, Op COURAGE is an NHS mental health specialist service designed to help serving personnel due to leave the military, reservists, armed forces veterans and their families. Further information: <https://www.nhs.uk/nhs-services/armed-forces-community/mental-health/veterans-reservists/>

[illegible]

## Awareness Training

Patients may note, from time to time, the Patient Participation Group organises speakers or awareness training.

In February we organised Dementia Awareness training; our trainer was from Alzheimer Association, and we have, in the past, organised resuscitation and AED training - undertaken by East Anglian Ambulance Service.

If you have an interest in this type of training, we place notifications on the outside Noticeboard at the Health Centre. If you would like to be informed of Awareness raising information happening in the future, please do contact [botesdaleppg@gmail.com](mailto:botesdaleppg@gmail.com).

**XX**

If you, as a Patient of Botesdale Health Centre, have any comments you would like the PPG to be aware of, please contact the below email or phone number. Your comments as a Patient are of immense importance to us.

If you are interested to learn how the PPG assists the Health Centre, perhaps are new to the Health Centre or Area and need more information or wish to volunteer in some way, please do contact [botesdaleppg@gmail.com](mailto:botesdaleppg@gmail.com) or 07787 148947.

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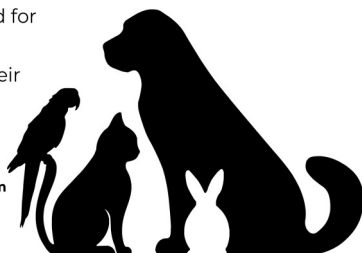
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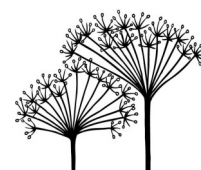
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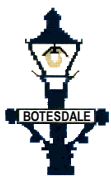
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# Botesdale Parish Council

Leeann Jackson-Eve



## Report from the February 2024 Botesdale PC Meeting

Seven members of the Parish Council were present for the meeting, with two members of the public. Additionally, the resignation of Councillor Stanford was acknowledged, and the Parish Council took a moment to recognize and appreciate her valuable contributions to the community.

**Public Forum:** A resident raised issues about a tree situated on the boundary between the Burgess Homes development and Sarah's Wood, and sought information about the transfer of ownership of the wood to the Parish Council. It was clarified that necessary work, including tree maintenance and fencing, must precede the transfer. Meanwhile, responsibility for on-site work was confirmed to lie with Burgess Homes. Another resident highlighted the issue of flooding on Back Hills, with reassurance provided that Suffolk Highways was aware of the situation.

**Planning:** There was one Householder Application for Old Mill House, Mill Road. The proposal for a single-storey rear extension received positive feedback, with agreement to offer no objection.

**Correspondence:** Several items of correspondence were discussed, including notice from MSDC of a reduction in the increase to the cost of emptying bins next year, a request for churchyard maintenance funding from the Parochial Church Council and communication from the Fairstead Trust about the current lack of a Chair. The PC has agreed to add an extra £100 to the churchyard funding, bringing the total grant to £1,000.

**Recreation Ground:** Details were provided following a meeting with Urban Forestry, with a draft Order for Maintenance works for the next two years. The annual value of the Order is £13,440 and is within the Draft Budget for 2024-25 as agreed by BPC at the January 2024 Meeting. There have also been a few minor issues with graffiti and dog poo, both resolved, but we would like to take this opportunity to remind you that dogs are not allowed on the Recreation Ground. Finally, we are pleased to say that the Recreation Ground has been submitted for Green Flag status.

**Parish Infrastructure Investment Plan (PIIP):** The PC was happy to approve the Plan's

Your Clerk is: Mrs Leeann Jackson-Eve,  
Wayside Cottage, Cherry Tree Lane,  
Botesdale, Diss, Norfolk, IP22 1DL.

Tel : 01379 890 141; email: [clerk@botesdale-pc.gov.uk](mailto:clerk@botesdale-pc.gov.uk)  
Please contact her in OFFICE HOURS ONLY 9am-5pm

use as a well-written example of a PIIP in Mid Suffolk District Council's Community Led Planning guidance.

**Street Sweeping and Path Cutting:** The PC has agreed to continue the contract with Tim Gaddis for the upcoming year, with an annual hourly rate increase in line with the state pension increase.

**Internal Auditor:** The appointment of Trevor Brown as the internal auditor has been approved at a cost of £400.

**Review of Council Policies:** The PC accepted the unamended Equal Opportunities, Health and Safety and Safeguarding Policies, along with a new Complaints Policy. These policies will be subject to review every three years and can be found on our website.

**Village Assets:** The Clerk reported damage to the steps leading up to the Marketplace from Back Hills and has initiated discussions with qualified firms for potential repairs.

**Public Rights of Way:** We are pleased to report that Suffolk County Council has repaired the steps to the boardwalk on the walk between Spring Meadows and Mill Hill and new mesh has been fixed to the surface. The holes on Bridwell Lane footpath have also been filled but this has not been successful, and we are pursuing SCC for a proper repair.

## VILLAGE LITTER PICK Saturday, 23<sup>rd</sup> March 2024

Bring the whole family and meet at either village hall car park at 10am. Bring hi-vis if you have them!

Organised by Rickingham and Botesdale  
Parish Councils

## PARISH of BOTESDALE ANNUAL PARISH MEETING

6.30pm ~ Monday, 8<sup>th</sup> April 2024  
Botesdale Village Hall

Everyone is invited to attend.  
Please email local organisation reports to the Clerk  
by 22 March.

THE NEXT BOTESDALE PARISH COUNCIL MEETING  
WILL TAKE PLACE

on  
**MONDAY 4<sup>th</sup> MARCH**  
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# Redgrave Parish Council



## Redgrave Parish Council Report – February 2024 By Alison Spouncer, Parish Clerk

February's meeting received apologies from one Councillor and District Councillor Morgan. One member of the public was present.

Summary of County Councillor Fleming's report: County Cllr Fleming provided a report before the meeting, discussing the main points.

The Flood Recovery remains high on the agenda with seven new team members recruited. Redgrave residents were fortunately not affected. Rickingham has seven properties affected. Cllr Fleming stated that the department is actively looking for engineers. Cllr Fleming wished to remind residents that both herself and Cllr Morgan attend Rickingham Farmers' Market for the Councillor's Corner, and anyone is welcome to go along and meet them.

The County budget will be finally approved on 15<sup>th</sup> February. Cllr Andrews sought clarification about the arts budget. Cllr Fleming was pleased to say the school music program has been brought back in. There is an attempt to maintain the arts budget.

*Cllr Fleming welcomes any communications from residents with queries and concerns.*

[Jessica.fleming@suffolk.gov.uk](mailto:Jessica.fleming@suffolk.gov.uk)

Tel: 07714-597980.

X (formerly Twitter): @jesstfleming.

Our District Councillor can be contacted at:

[Gilly.Morgan@midsuffolk.gov.uk](mailto:Gilly.Morgan@midsuffolk.gov.uk)

### Public Forum

There was no wish to add anything.

### Planning

DC/24/00316 – The Stagers, Redgrave – Full Planning Application. Erection of 1 No dwelling with cart lodge and attached annexed accommodation including new vehicular access (following removal of existing structure). NO OBJECTION.

**With thanks to a resident with a professional ecological view for offering advice to the Parish Council on applications for tree works.**

### Ongoing Items

Councillor Vacancy If anyone is interested, please do contact the Clerk or a member of the council.

Your Clerk is: Alison Spouncer

Tel: 01379 890613

E-mail: [clerk@redgrave-pc.gov.uk](mailto:clerk@redgrave-pc.gov.uk)

Half Moon Play Area Warning Signs A lower, revised quote had been received from Suffolk Highways that the Parish Council AGREED to accept and await a confirmed date for the installation of the two signs.

Complaint from Resident for Half Moon Lane Standing Water A complaint had been received on behalf of a resident of the standing water in an area on Half Moon Lane, which caused difficult situations when it froze. The Parish Council had contacted Suffolk Highways and await further updates on the situation.

Appointment of Trustees. The Parish Council had received three applications for the Redgrave Charity for the Needy trustee positions, thank you. Meetings are to be arranged to discuss the positions further with the applicants.

Meeting Date for the Annual Parish Meeting (APM) 25<sup>th</sup> April 2024 was confirmed as this year's APM date. This is a more informal meeting where we hope to welcome organisations from Redgrave for residents to chat with. There will then be the opportunity for residents to put comments/queries to the Parish Council who will then take them on board and answer at future Parish Council meetings. More details to follow.

Planting of a Lime Tree on The Knoll Following the recent incident resulting in the destruction of an oak barrel containing plants, it was agreed to replace with the planting of a Lime Tree.

### Stephen Eason

The Parish Council wished to take a moment to remember Stephen Eason and all he had done for the village over the years, including Parish Council work and tireless efforts to ensure the Cross Keys remained as a pub for the community. The Parish Council wished to send its thoughts and condolences to Stephen's family and friends at this very sad time.

### THE NEXT PARISH COUNCIL MEETING WILL TAKE PLACE ON

THURSDAY 7th MARCH 2024 at 7.00pm

At ALL SAINTS CHURCH, THE STREET, REDGRAVE

All parishioners are cordially invited to attend, it would be good to see you. If anyone is unable/does not want to attend but wishes to put a question to the Council, they would be very welcome to contact the Clerk.

Full minutes (including finances) can be found on the website (<http://redgrave.onesuffolk.net/parish-council>), the village noticeboard opposite the shop, Facebook and the bulletin email service. Please email the Clerk if you wish to be added to the email bulletin service.

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# 2024 Local Services Directory

This document lists *contacts* for Botesdale, Redgrave and Rickinghall local organisations, assets and services, as well as for wider community services such as the NHS and the Police. *Weekly/Monthly Repeating Events* are printed from time to time in the Parish Magazine to show when regular events occur. The Parish Magazine is online at [stmarysrickinghallinferior.onesuffolk.net/parish-magazine](http://stmarysrickinghallinferior.onesuffolk.net/parish-magazine).

The latest version of this directory is online at [stmarysrickinghallinferior.onesuffolk.net/local-information](http://stmarysrickinghallinferior.onesuffolk.net/local-information), and any changes made to it throughout the year are notified on page 3 of each Parish Magazine, so you can keep your printed copy up to date. If you spot any errors or omissions, please let us know!

This directory is kept up to date by the Parish Magazine team whose contact details are:

|              |  |
|--------------|--|
| Articles     | <a href="mailto:articlesatbrparishmag@gmail.com">articlesatbrparishmag@gmail.com</a>         |
| Adverts      | <a href="mailto:advertsatbrparishmag@gmail.com">advertsatbrparishmag@gmail.com</a>           |
| Distribution | <a href="mailto:distributionatbrparishmag@gmail.com">distributionatbrparishmag@gmail.com</a> |
| Editor       | <a href="mailto:editoratbrparishmag@gmail.com">editoratbrparishmag@gmail.com</a>             |
| Events       | <a href="mailto:eventsatbrparishmag@gmail.com">eventsatbrparishmag@gmail.com</a>             |






The editor can provide details of the safeguarding of personal data for this document and the Parish Magazine.


See *Community Services (local)/Parish Magazine* on page 3 below for current holders of the above roles.

| Charities and Trusts             | Contact                                   | Telephone                    | Email / Web Site   |
|----------------------------------|---|------------------------------|--|
| Bacon Exhibition Charity         | To be advised                             | -                            | -  |
| Fairstead Trust                  | Mr Simon Gowen                            | 01379 898714                 | -  |
| Redgrave Charity for the Needy   | Mr Bob Hayward                            | 01379 898726                 | <a href="mailto:bob.hayward@talk21.com">bob.hayward@talk21.com</a>                     |
| Redgrave Amenities Trust         | Julian Van Beveren                        | 01379 898297                 | <a href="mailto:julian.vanbeveren@googlemail.com">julian.vanbeveren@googlemail.com</a> |
| Redgrave Church Heritage Trust   | Mr Bob Hayward                            | 01379 898726                 | <a href="mailto:bob.hayward@talk21.com">bob.hayward@talk21.com</a>                     |
| Rickinghall Relief in Need Trust | Sally Smith                               | 01379 898767                 | <a href="mailto:ssmith091@btinternet.com">ssmith091@btinternet.com</a>                 |
| Churches & Chapels               | Contact                                   | Telephone                    | Email / Web Site   |
| <b>Church of England</b>         | Revd Canon Susan Loxton                   | 01379 388493                 | <a href="mailto:revloxtan@gmail.com">revloxtan@gmail.com</a>                           |
| All Saints Hall Hire             | Mrs Sheila Purdom                         | 01379 890297                 | -  |
| Church wardens                   | Kit Brinkley<br>Lynne Wills               | 01379 678279<br>01379 890732 | -  |
| PCC Secretary                    | To be advised                             | -                            | -  |
| <b>Methodist Church</b>          | Rev David Ely                             | 01379 642791                 | -  |
| Bible Study                      | Mrs Rita Petherwick                       | 01379 890747                 | -  |
| Coffee down the Lane             | Mr Brian Shurmer                          | 01379 890898                 | -  |
| Senior Steward                   | Mr Brian Shurmer                          | 01379 890898                 | -  |
| Wives Club                       | Mrs Lesley Greenhough<br>Mrs Jan Lawrence | 01379 890109<br>01379 890759 | -  |
| <b>Parkview Chapel</b>           | Mr Kevin Gladwell                         | 01379 898924                 | <a href="mailto:kevin@parkviewchapel.co.uk">kevin@parkviewchapel.co.uk</a>             |
| Coffee on the Corner             | Mrs Sue Allen                             | 01379 890423                 | -  |
| Friday Night Club                | Mr Kevin Gladwell                         | 01379 898924                 | <a href="mailto:kevin@parkviewchapel.co.uk">kevin@parkviewchapel.co.uk</a>             |
| Junior Church                    | Mr Kevin Gladwell                         | 01379 898924                 | <a href="mailto:kevin@parkviewchapel.co.uk">kevin@parkviewchapel.co.uk</a>             |
| PYP Parkview (School Years 9-13) | Mr Kevin Gladwell                         | 01379 898924                 | <a href="mailto:kevin@parkviewchapel.co.uk">kevin@parkviewchapel.co.uk</a>             |
| Secretary                        | Mr Philip Miles                           | 01379 898454                 | -  |

| Clubs  | Contact   | Telephone                    | Email / Web Site   |
|--|---|------------------------------|--|
| Art Group  | Linda Giles   | 01379 898597                 | -  |
| Botesdale & Rickingham Runners                               | Mr Martin Forge                                       | 01379 898270                 | -  |
| (St Botolph's & District) Bowls Club                         | Mrs Maureen Costello                                  | 01379 897251                 | stbdbc.chessck.co.uk                                     |
| 1st Redgrave & Botesdale Brownies                            | Clare Brinkley  | 01379 890709<br>07813 492820 | botesdalebrownies@hotmail.com                            |
| Dance Classes  | Mrs Teresa Marsh                                      | 01379 783114<br>07709 565875 | teresarmarsh@hotmail.com                                 |
| Football 'Rickingham Gunners' Youth                          | Mr Simon Mills  | 01379 890067<br>07800 538327 | -  |
| Heritage Circle  | Maggie Mittins-Ladd                                   | 01379 890916                 | heritagecircle.onesuffolk.net                            |
| Ladies Netball   | Gill Jennings   | 07884 100671                 | gilljennings17@btinternet.com                            |
| Mill Lane Allotment Association                              | Mr Mark Wiseman                                       | 01379 898805                 | mark.wiseman@virgin.net                                  |
| Pilates  | Eleanore Garwood                                      | 07881 814146                 | eleanore_head@hotmail.com                                |
| Positive Steps,<br>Strength & Balance Exercises              | Mrs Lesley Williams<br>Ms Sam Reid                    | 01359 221583<br>01284 749338 | -  |
| RBR Twinning Association                                     | Mr Kit Wells  | 01379 783918                 | -  |
| Redgrave & District Ladies Club                              | Mrs Rosemary Docherty                                 | 01379 423686                 | -  |
| Redgrave & District Theatre Club                             | Mrs Liz Collins                                       | 01379 898840                 | -  |
| Redgrave & Rickingham Ringers                                | Mr Chris Davies<br>Mrs Yvonne Lowe                    | 01379 898236<br>01379 898193 | -  |
| Redgrave Rangers Football Club                               | Ms Donna Taylor                                       | 01379 890853                 | -  |
| Rickingham Further Education Group                           | Mrs Lesley Greenhough                                 | 01379 890109                 | generaldogsbodycg@gmail.com                              |
| Rickingham Ramblers  | Mr Gerry Gurhy  | 01379 890960                 | -  |
| Rickingham Yoga  | Gemma Edwards   | 07894 039 260                | info@yogatastic.co.uk                                    |
| Slimming World   | Natalie Duke  | 07810 883771                 | -  |
| WARTS (Am-Dram Group) Chair                                  | Liz Leslie-Smith                                      | 07833 150719                 | WARTS.chairman@gmail.com                                 |
| Treasurer  | Rosie Norris  | 01379 640584                 | nannarosie69@googlemail.com                              |
| Women's Institute – Rickingham                               | Mrs Rosemary Setterfield                              | 01379 897083                 | rsetterfield@yahoo.co.uk                                 |
| Wortham, Burgate and District Twinning Association           | Linda Simpson   | 01379 644174                 | -  |
| Yoga & Relaxation  | Ms Julie Wilkins                                      | 01359 221655                 | juliedyoga@msn.com                                       |
| Community Assets & Projects                                  | Contact   | Telephone                    | Email / Web Site   |
| Botesdale & Rickingham Community Woodland Project (Barwoods) | Mr Tony Emerson                                       | 01379 897010                 | emerson500@btinternet.com                                |
| Botesdale Village Hall                                       | botesdalevhmc.onesuffolk.net                          |                              |  |
| Chair Bookings   | William Sargeant<br>William Sargeant                  | 01379 890138<br>01379 890138 | sargeantwill@aol.com<br>sargeantwill@aol.com             |
| Friends of Botesdale Health Centre                           | John Humphries  | 01379 890270                 | fobhc@mail.uk  |
| Green Redgrave Group   | Andy Warnes   | 07478 337331                 | awarnes@btinternet.com                                   |
| Little Ouse Headwaters Project                               | -   | -                            | enquiries@lohp.org.uk<br>lohp.org.uk                     |
| Conservation Manager   | Ellie Beach   | 07919 912045                 | ellie.beach@lohp.org.uk                                  |
| Secretary  | Mr Nick Lingwood                                      | 07772 769025                 | secretary@lohp.org.uk                                    |
| Membership Enquiries   | -   | -                            | membership.secretary@lohp.org.uk                         |
| Redgrave Community Society Ltd                               | Julie Moore   | 01379 897322                 | secretary@redgravecommunitysociety.com                   |
| Secretary  | -   | 01379 673333                 | crosskeysredgrave.co.uk<br>admin@crosskeysredgrave.co.uk |
| The Cross Keys (a Community-owned pub)                       |   |                              |  |
| Redgrave Activities Centre                                   | Mr Jim McCluskey                                      | 01379 890142                 | jimandjan7@tiscali.co.uk                                 |
| Hall Hire & Key Holder                                       | Deborah Key   | 01379 688333                 | redgrave.leaning@suffolkwildlifetrust.org                |
| Redgrave & Lopham Fen, Sfk Wildlife Trust                    |   |                              |  |
| Rickingham Area Hospice Fundraisers (RAHOF)                  | Mrs June Shepherd                                     | 01379 898827                 | juneredgrave@btinternet.com                              |
| Chair  | Mrs June Hart   | 01379 897180                 | -  |
| Secretary  |   |                              |  |
| Rickingham Village Hall                                      | Deputy Chair : Dominic Ebert / dominicrvhmc@gmail.com |                              |  |
| Hall & Sports Area Hire                                      | Mr Charles Greenhough                                 | 07709 962658<br>01379 898739 | rickinghamlvh@gmail.com                                  |
| Rickingham Country Market Manager                            | Mr John Foulger                                       | 07771 522095                 | johnfoulger898@gmail.com                                 |
| Tree Warden for Botesdale (acting) and Rickingham            | Rosemary Jones  | 01379 890238                 | rosemaryjones1994@gmail.com                              |



| Community Services (local)   | Contact   | Telephone                    | Email / Web Site   |
|--|---|------------------------------|--|
| Botesdale Health Centre  | Reception/Dispensary  | 01379 898295                 | botesdalehealthcentre.nhs.uk   |
|  | Fax   | 01379 890477                 | -  |
|  | Community nurses (Botesdale)  | 0300 1232425                 | -  |
|  | Out of Hours Service  | 111                          | 111.nhs.uk   |
|  | Patient Participation Group - Janet Russell                                     | 07787 148947                 | botesdaleppg@gmail.com   |
| Community Transport<br>(Rickinghall & Botesdale Good Neighbour Scheme, RBGNS)              | Mr Gordon Lawrence<br>(24/7 answerphone)  | 01379 897109                 | -  |
| Local History Recorders  |   |                              |  |
| Botesdale & Rickinghall  | Mrs Di Maywhort   | 01379 898785                 | -  |
| Redgrave   | Vacant  | -                            | -  |
| Neighbourhood Watch  |   |                              |  |
| Botesdale & Rickinghall  | Mr Peter Beck   | 01379 890495                 | peter@pbeck.plus.com   |
| Redgrave   | Mr John Campbell  | 01379 890946                 | redgrave.nwatch@outlook.com  |
| Oil Syndicate  | Mr David Sloan  | 01379 890952                 | botesdaleoil@gmail.com   |
| Parish Councils  |   |                              |  |
| <b>Botesdale Parish Council</b>  | <b>Clerk : Leeann Jackson-Eve 01379 890141 / clerk@botesdale-pc.gov.uk</b>      |                              |  |
| Chair, Village Hall Rep  | Andy Edwards  | 07866 256713                 | <br>botesdale.onesuffolk.net/parish-council  |
| Vice-chair, Parish Assets, Recreation Ground Sub-Committee                                 | Desmond Bavington-Lowe  | 01379 897287                 |  |
| Public Rights of Way   | Simon Dickinson   | 07889 584121                 |  |
| Councillor   | Sally Jarvis  | 01379 898273                 |  |
| Recreation Ground Sub-Committee  | Richard Lock  | 07818 075812                 |  |
| Chair of Recreation Ground Sub-Committee   | Greg Russell  | 07887 747625                 |  |
| SALC/District Council Liaison, Barwoods Rep  | William Sargeant  | 01379 890138                 |  |
| Councillor   | Elizabeth Stanford  | 07549 436906                 |  |
| Councillor   | Jack Stracey  | 07564 955369                 |  |
| <b>Redgrave Parish Council</b>   | <b>Clerk : Mrs Alison Spouncer Tel: 01379 890613 / clerk@redgrave-pc.gov.uk</b> |                              |  |
| Chair, Lead for the Green Redgrave Group   | Andy Wames  | 07478 337331                 |  <br>redgrave.onesuffolk.net/parish-council    |
| Vice-chair, Councillor   | Mike Denmark  | 01379 890279                 |  |
| Councillor   | Brian Andrews   | 01379 890500                 |  |
| Councillor   | Elaine Brown  | 07944 196695                 |  |
| Councillor   | Charlotte Giddings  | 01379 452195                 |  |
| Neighbourhood Plan and Gressingham Foods Liaison Group Rep                                 | John Giddings   | 01379 890548                 |  |
| Councillor   | Frank Gillett   | 01379 309733                 |  |
| Gressingham Foods Liaison Group Rep  | Ann Preston   | 01379 890974                 |  |
| <b>Rickinghall Parish Council</b>  | <b>Clerk : Leeann Jackson-Eve 01379 890141 / clerk@rickinghall-pc.gov.uk</b>    |                              |  |
| Chair, Planning & Finance Working Parties  | Geoff Short   | 01379 897164                 |  <br>rickinghall.onesuffolk.net/parish-council |
| Vice-chair, Parish Assets, Local Charities   | Gillian Crossley-Holland  | 01379 890339                 |  |
| Councillor   | Andrew Gordon   | 01379 452005                 |  |
| Councillor   | Ian Patterson   | 01379 898596                 |  |
| Councillor   | Brian Rhodes  | 07740 442973                 |  |
| Local Transport, Local Charities, Public Rights of Way, Planning & Finance Working Parties | Sally Smith   | 01379 898767                 |  |
|  |   |                              |  |
| Parish Magazine  | <b>Chair : Revd Canon Susan Loxton 01379 388493 / revloxtan@gmail.com</b>       |                              |  |
| Editor   | Charles Murray  | 01379 890382<br>07773 216426 | editoratrbrparishmag@gmail.com   |
| Adverts  | Ruth Cleaver  | 01379 308751                 | advertsatrbrparishmag@gmail.com  |
| Articles   | Fiona Kenworthy   | 01379 309426                 | articlesatrbrparishmag@gmail.com   |
| Distribution   | Sara Schofield  | 07894 575469                 | distributionatrbrparishmag@gmail.com   |
| Events   | Phil Schofield  | 07889 338210                 | eventsatrbrparishmag@gmail.com   |
| Redgrave Community Shop  | -   | 01379 898848                 | redgravecommunityshop@gmail.com<br>redgrave.onesuffolk.net/redgrave-community-shop/ (opening hours)  |
| Chair  | Jenny Eason   | 01379 898173                 | -  |
| Volunteers contact   | Mrs Yvonne Lowe   | 01379 898193                 | -  |
| Rickinghall Day Centre   | Mrs Sheila Miles  | 01379 783216                 | -  |
|  | Mrs Caroline Panter   | 01379 890994                 | -  |

| Community Services (regional)  | Contact  | Telephone  | Email / Web Site  |
|--|--|--|---|
| <b>Age UK</b>  | -  | 0800 678 1602  | ageuk.org.uk  |
| <b>Babergh &amp; Mid Suffolk District Councils</b><br>Endeavour House<br>8 Russell Road<br>Ipswich IP1 2BX | Stowmarket office<br>54 Ipswich Street, IP14 1AD<br>Tuesday 10:00-5:00<br>Friday 9:00 – 4:30 | 0300 1234000<br>Mon/Wed/Thu/Fri<br>8:45-5.00<br>Tue 10:00-5:00 | customer.services@baberghmidsuffolk.gov.uk<br>midsuffolk.gov.uk/contact-us                                |
| <b>British Red Cross</b> (Diss shop)   | 1 Mavery House, Victoria Street, Diss, Norfolk, IP22 4EX                                     | 01379 640679   | dissshop@redcross.org.uk<br>redcross.org.uk/shop/find-a-charity-shop/diss                                 |
| <b>Bury St Edmunds Member of Parliament</b>  | Jo Churchill MP  | 01284 752311   | jo.churchill.mp@parliament.uk   |
| <b>County Councillor - Hartismere Division</b>   | Jessica Fleming  | 07714 597980   | jessica.fleming@suffolk.gov.uk  |
| <b>District Councillor - Rickingham Ward</b>   | Gilly Morgan   | 07928 512578   | gilly.morgan@midsuffolk.gov.uk  |
| <b>NHS</b>   | 24/7 Assistance<br>- Non-emergency advice<br>- Out-of-hours service                          | 111  | <i>This does not replace the emergency 999 number used for life-threatening situations</i>                |
|  | NHS Suffolk and North East Essex Integrated Care Board                                       | 01473 770 000  | pals@snee.nhs.uk<br>suffolkandnortheastsex.icb.nhs.uk   |
| <b>Health Authority and Hospitals</b>  | Patient Advice & Liaison Service (PALS)<br>West Suffolk Hospital<br>9:00am-4:00pm Mon-Fri    | 01284 713000   | wsh.nhs.uk/Patients-and-visitors/Your-views-matter/PALS-Patient-advice-and-liaison-service.aspx           |
|  | Ipswich Hospital   | 01473 712233   | nhs.uk/services/hospital/ipswich-hospital/X113670   |
|  | Norfolk & Norwich Hospital<br>West Suffolk Hospital  | 01603 286286<br>01284 713000                                   | nmuh.nhs.uk<br>wsh.nhs.uk   |
| <b>Police</b><br>Manned desk (Mon-Sat 9:00am-5:00pm) at Bury St Edmunds - Raingate Street IP33 2AP         | Non-emergency  | 101  | suffolk.police.uk/contact/af/contact-us/  |
|  | Emergency  | 999  | -   |
| <b>Suffolk County Council</b><br>Endeavour House<br>8 Russell Road<br>Ipswich<br>IP1 2BX                   | Customer Services  | 0345 6066067   | customer.services@suffolk.gov.uk  |
|  | Mobile Library Enquiries   | 01473 351249   | help@suffolklibraries.co.uk<br>suffolklibraries.co.uk/visit/mobile-libraries                              |
|  | Social Care<br>Adults  | 0345 6066067   | suffolk.gov.uk/care-and-support-for-adults/how-social-care-can-help                                       |
|  | Children   | 0345 6066067   | suffolk.gov.uk/children-families-and-learning/  |
|  | Trading Standards  | 0808 2231133   | suffolk.gov.uk/community-and-safety/suffolk-trading-standards/  |
| School and Nursery   | Contact  | Telephone  | Email / Web Site  |
| Botesdale & Rickingham Pre-School Lunch Club (term time only)  | Mrs Karen Hails  | 01379 898868<br>07796 014304                                   | bandrpreschool@btinternet.com<br>botesdaleandrickinghallpre-school.co.uk                                  |
| RABBATS (Rickingham & Botesdale Baby & Toddler Group)  | Mrs Antonia Matthews   | -  | Find us on           |
| St Botolph's CEVC Primary School<br>School Secretary<br>Friends of St Botolph's                            | Headteacher : Mr Mark Cobbold  |  |   |
|  | Mrs Teresa Leeder  | 01379 890181   | stbotolphys-suffolk.secure-dbprimary.com/suffolk/primary/stbotolphys<br>admin@st-botolphys.suffolk.sch.uk |
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# Rickinghall Parish Council



## **Rickinghall Parish Council Report February 2024 by Cllr Sally Smith**

Rickinghall Parish Council met on Thursday 1 February with a full complement of Councillors.

The public forum was opened by Jessica Fleming, our Suffolk County Councillor, who outlined the following:

Rickinghall has qualified for engineering support from SCC following the most recent floods due to five or more residences being affected by Storm Babet. However, due to the high number of flooding cases there may now be a time lag before further progress is made. SCC will have approved their 2024/2025 budget in mid-February. Difficult decisions have been made although, with an extra £7.2m injection by the Government, some Arts Funding has been reinstated.

Progress is continuing with the new West Suffolk Hospital due to open in 2030 and archaeological assessments are currently being carried out.

Cllr Fleming still has some funds available in the Locality Budget where local community projects could benefit.

A member of the public also raised an issue regarding the way in which their Listed Building Application had been dealt with, which involved a resubmission of the application through no fault of their own and hence time lost and a further fee incurred.

### **Planning Applications**

1 Hillside Meadow – Householder Application for conversion of existing cartlodge (first floor) to living accommodation – no objection.  
Bridge House, Bury Road – Householder Planning Application and Listed Building Application – Erection of single storey extension to existing kitchen (following demolition of conservatory). Installation of new external boiler – no objection.

### **Notice of Intent for Tree Works**

5 St Georges Drive – Notification of works to trees to reduce by 1/3<sup>rd</sup> and reshape beech tree – no objection.  
4 Brook Park – Notification of works to trees to dismantle No.2 Limes (T1 and T2) to ground level – no objection.

**Progress Report** – the Clerk outlined that the position of a new VAS sign on Bury Road going out of the village is currently being considered by SCC.

### **Correspondence**

The annual request for funding for churchyard maintenance was agreed and it was noted that the annual cost of emptying dog and litter bins will be increased by the District Council but not by quite as much as initially thought.

**Your Clerk is: Mrs Leeann Jackson-Eve,  
Wayside Cottage, Cherry Tree Lane,  
Botesdale, Diss, Norfolk, IP22 1DL.**

**Tel : 01379 890 141; email: [clerk@rickinghall-pc.gov.uk](mailto:clerk@rickinghall-pc.gov.uk)**

**Please contact her in OFFICE HOURS ONLY 9am-5pm**

### **General**

Various Council Documents were reviewed and agreed – Health and Safety Policy, Complaints Policy and an Equal Opportunities Policy.

It was agreed to appoint an internal auditor, Trevor Brown.

A good discussion was held on flooding and ongoing issues.

It was agreed to share fees of £100 with Botesdale PC to include a 2-page article on flooding within the Parish magazine.

Cllr Rhodes has submitted the Storm Babet evidence required by the Council and the village will now wait for action. The storm drains along Bury Road are still waiting to be cleared, 3 months on from the first complaint.

For those houses affected by flooding there are grants available of up to £5,000 to provide flood protection devices. A survey must first be carried out by a registered surveyor and funding is only provided on receipt of invoices.

It was agreed to continue the contract with Tim Gaddis for street sweeping and path cutting for 2024/2025.

It was agreed to let Mid Suffolk District Council use the Parish Infrastructure Investment Plan as a good example in their Community Led Guidance.

Community Transport – discussions are on-going regarding the Community Bus and a way forward for when a new bus is required.

## **VILLAGE LITTER PICK Saturday, 23<sup>rd</sup> March 2024**

Bring the whole family and meet at either village hall car park at 10am. Bring hi-vis if you have them!

Organised by Rickinghall and Botesdale  
Parish Councils

## **PARISH of RICKINGHALL ANNUAL PARISH MEETING**

**7.30pm ~ Thursday, 4<sup>th</sup> April 2024  
Rickinghall Village Hall**

Everyone is invited to attend.  
Please email local organisation reports to the Clerk by 22 March.

## **RICKINGHALL PARISH COUNCIL'S NEXT MEETING IS ON**

**THURSDAY 7<sup>th</sup> MARCH  
at 7.30 pm**

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# Village News

## OIL SYNDICATE



The next Oil Syndicate Order will be the Summer one at the end of July. Order details will be published in the preceding editions of the magazine.

For orders, as always, e-mail is preferred:

[botesdaleoil@gmail.com](mailto:botesdaleoil@gmail.com)

If not available call me on: 01379 890952.

Leave a message if nobody answers.

I will return all messages within 48 hours, if I

haven't done so try again or use a different

method. If all else fails, contact The Editor,

I live near to him.

You may have seen the Fuel Help notice in the February edition. There was a mention

of [www.oil-club.co.uk](http://www.oil-club.co.uk). Please note that the

Botesdale Syndicate is not part of this group, it's operating method is different from ours.

Just because it's big doesn't mean it's better.

David Sloan



## Transport Needed?

**The Rickingham & District Community Bus** is available for hire to readers of this publication.

Typical journeys include shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

The bus is also available for visiting friends and relatives, in fact pretty well anything you need.

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Sat 6<sup>th</sup> January - Kevin Barry

Sat 3<sup>rd</sup> February - Julie Dawn & Stubby

Sat 2<sup>nd</sup> March - Dave Lesley

Sat 6<sup>th</sup> April - Rick Storm

Sat 4<sup>th</sup> May - Warren DeWitt

Sat 1<sup>st</sup> June - Ian Highland Band

Sat 6<sup>th</sup> July - Ridgeway Country Band

Sat 3<sup>rd</sup> August - James & Wood

Sat 7<sup>th</sup> September - Rocky Road Ramblers

Sat 5<sup>th</sup> October - Rob Childs

Sat 2<sup>nd</sup> November - Bobby Graham & Kendall

Sat 7<sup>th</sup> December - Henry Smith's Country Dreams

Tue 31<sup>st</sup> December - Jeff Gallant / New Year's Party

We look forward to seeing you at the  
Rhinestone Rebel Country music Club

## RICKINGHALL VILLAGE HALL

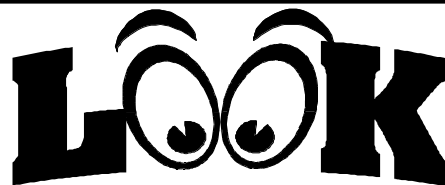
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## NEIGHBOURHOOD WATCH

Peter Beck has been our neighbourhood watch coordinator for more years than he cares to remember and it is time we gave him a break.

It is not an onerous task and is basically being a focal point for receiving and disseminating information.

Could **YOU** take on this position?

If you feel you could help please contact Peter

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### **Notes from the Green Redgrave Group (GRG)**

It has now been about 2 years since we formed the Green Redgrave Group and we are continuing on our mission to make Redgrave a Wildlife Friendly village with greater biodiversity as we go on. We plan to continue with the Biodiversity Audit and Action Plan (BAAP) that we started at the end of last year, and have agreed that we will be looking at this as an ongoing piece of work to document the state of biodiversity and see how it changes. We have so far done well with the auditing of birdlife, trees, mammals, herptiles and butterflies. We need to do more detailed work on small flora, insects and fungi. To do this we are looking to participate in a grass identification workshop together with our partner group, Green Hinderclay. We also plan to do a "bio-blitz" with ecological experts of certain areas in the summer looking at all of the smaller life forms that we can find. We hope that we will be able to get children involved in some of the survey work during the summer. We welcome input from all interested residents with recordings or photos of all types of creatures such as birds and mammals, butterfly and other insect reporting. We will keep this data on the Parish Council's website at <http://redgrave.onesuffolk.net/parish-council/environment/biodiversity> and will post any updates on our Facebook site at <https://www.facebook.com/groups/3191728757769842/>. If there are any readers who would like to learn more about this or contribute to the document please do get in touch.

We had the latest in our series of talks in early February. In this case we showed a film on the Intelligence of Trees and had an excellent turnout. The film showed some of the fascinating science that is now taking place to show how trees communicate, interact and aid one another and act in many ways as sentient beings. We are planning to keep up a regular programme of talks together with workshops and nature walks. We will keep those interested in these aware of our programme of events through the Green Redgrave Facebook site. But those already agreed are as follows:

- 2 Apr 24 – a talk by the Suffolk Owl Sanctuary
- 2 Jul 24 – a talk on Dormice by Hannah Broughton
- 1 Oct 24 – a talk by Jim Paine on the Secret Life of Plants

We also hope to plan a trip to Wayland Wood in May and a Fen Raft Spider walk and separate Bat walk in

July. The Green Hinderclay Group is also arranging a visit to West Harling Heath.

We will be holding our AGM on Tuesday 2 Apr 24 in the All Saints Church after the talk on the Suffolk Owl Sanctuary. All welcome to attend.

Our work with the Suffolk Green Cluster (now re-named the Suffolk & Norfolk Green Cluster to reflect its growing participation) continues to thrive. We wrote up a bid to the Tree Council for 100 fruit trees which has just received funding; these will be used to form 3 new orchards in land found by the Cluster. We have also received fruit trees from the Babergh & Mid-Suffolk Biodiversity team which we planted in the Old School Playing Field to create a community orchard. Other planting activities have included the thickening up of a hedge along Searchlight Hill thanks to permission of the landowner. We also intend to plant up 10 male and one female Black Poplars on the same landowner's land shortly; this tree, once common in East Anglia, is now the most endangered native timber tree in Britain but is important to a variety of moth caterpillars. We want to play a part in its recovery.

We continue to work up our plan to improve the turtle dove plot. Our friendly landowner has agreed to help with this so as to encourage this most endangered of bird species. Hopefully work on the plot will start afresh this Spring and we can look forward to seeing a few more of these birds enjoying the fruits of our labour.

We have agreed to put aside £250 each year for bird boxes around the village and are now deciding what boxes to erect. Last year these included boxes for woodpeckers, kestrels and owls. This year we are likely to focus on the smaller passerines. We will again be using boxes made by the Street Forge Workshop in Thornham Magna. If you have not visited this admirable charity, we urge you to do so; it is well worth a visit. See <https://streetforgeworkshop.uk/> for details of their work.

Last year the Green Redgrave Group undertook clearance of vegetative overgrowth on the footpath along the Street on behalf of the Redgrave Parish Council. This was part of the Suffolk Highways Self-Help Scheme. We are planning to start this work again in the next month or so. Two of our number have been trained to work on the Highways and so we are formally qualified to undertake this activity, which does involve closure of one lane of traffic.

We continue to look for enthusiastic volunteers to help us progress our activities. If you want to contribute or just learn about wildlife friendly activities then please join us. We would love to hear from you. Contact Andy Warnes (by email [awarnes@btinternet.com](mailto:awarnes@btinternet.com) or on 07478 337331) for more details.

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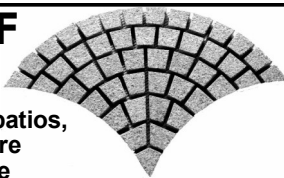
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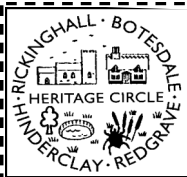


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# Club News



## Vikings - Domini Thorpe

Domini Thorpe gave a talk about the Vikings to the January meeting of the Heritage Circle at Rickinghall Village Hall which was well illustrated by artefacts that were passed around the audience.

The talk began with a review of key events in the history of the Vikings in England. The first contact was made when the Vikings attacked the monastery at Lindisfarne in 793. They killed a number of monks and stole many treasures. This began a period of raids around the coast of Britain where the Vikings spread fear by murder and pillage. Eventually, in 865 the Vikings formed the Great Heathen Army which aimed to take land from the four Anglo-Saxon kingdoms of Northumbria, East Anglia, Mercia and Wessex, so that they could settle in England. In 869 the Vikings killed King Edmund. The exact site is uncertain but it is thought to be near Thetford which became an important Viking settlement. Edmund was made a saint and remained the patron saint of England until 1350 when he was replaced by St George.

Viking expansion in England was halted by Alfred, King of Wessex, in 878. England was divided into two areas. To the north of a line roughly from London to Chester, Danelaw was established. The land to the south of this was controlled by the Anglo-Saxons. England was united into one kingdom in 954 after the defeat of the Viking King of Northumbria, Eric Bloodaxe. Unfortunately, Viking raids continued and the English king, Ethelred, was in turn replaced by the Viking Sweyn in 1013. He was succeeded by his son Canute and his grandsons until 1066 when William the Conqueror, who had Viking ancestors, established Norman rule. The Viking raids ended.

Domini Thorpe gave an insight into aspects of Viking warrior life through a variety of objects. All of these gave the impression that Viking warriors were very strong. Men wore linen tunics which were topped by a woollen shirt before putting on chain mail which weighed about 10kgs. The head was protected by an iron helmet which over time became increasingly conical in shape so as to deflect blows. A nose piece offered further protection but restricted vision. Shields were made from oak and they too were heavy. Vikings fought using a shield wall. Their main weapons were swords, daggers, axes and spears. A long axe had a shaft which documents indicate created sufficient force to cut through a rider and a horse. Spears were used for stabbing enemies and were a common weapon as they were cheap to produce as the major cost was the small iron tip.

Drinking vessels were made from animal horn which could also be flattened out to form plates. However, it is a myth that Viking helmets had horns. Antlers were used for knife handles and buckles, along with useful tools such as axes to excavate for flints.

The Vikings were a religious people and the ultimate aim of a warrior was to die in battle so that in his afterlife he could enter Valhalla and enjoy feasting. This tended to exclude women and it is possible that Christianity eventually replaced the old gods because it offered the prospect of heaven to both men and women.

The presentation reflected the detailed knowledge that Domini Thorpe has of the Viking age and her enthusiasm for participating in re-enactments.

The next meeting of the Heritage Circle will be on Wednesday 27 March at 7.30pm at Rickinghall Village Hall when Stuart Bowell will be speaking about *A Waveney Childhood*.

Further information about the Heritage Circle is available on its website at [www.heritagecircle@onesuffolk.net](mailto:www.heritagecircle@onesuffolk.net)

Gerry Gurhy

## Coffee On



Matthew chapter 20, verse 28, says of Jesus "the son of Man did not come to be served, but to serve ..." and I cannot tell you what a pleasure it is to serve refreshments to the delightful crowd of visitors we host once a month at Coffee on the Corner. How many of our visitors come along to meet existing friends for a chat and a catch up, and how many have actually found new friends, I do not know. I do believe however that it is an

opportunity to feel part of a welcoming group, whether you are familiar with all the faces at Parkview Chapel on the second Tuesday morning of each month, or not. If you haven't been before, do please consider coming along and, if you're shy, then why not give me a ring beforehand?

Whilst the Chapel was still rather quiet at 9.30 this morning, it gradually filled up and the noise level from happy chattering people rose, not just people from Botesdale, but from other local villages too. There were cheese scones, delicious sausage rolls and the cake selection included Coffee, Iced Victoria Sponge and Moist Lemon (all gluten free), fruit cake and an iced pumpkin cake (part of your five a day!). One visitor admitted that she skips breakfast on Coffee on the Corner morning, as it makes her feel better, knowing that she will be tempted to try something!

This morning we were raising funds for Crohn's and Colitis UK as we have a couple of members of the church who are struggling with the debilitating effects of Crohn's. The generous donations amounted to £123.52 and this money will, of course, be sent on to the charity shortly - so if you put your hand in your pocket and donated, either for the refreshments or for items from the Bric-a-Brac stall, then a big Thank You! As quite a few things were sold from the Bric-a-Brac table, we would welcome a few additional items - so do contact me if you have something you have finished with but think might be of interest to someone else. Any items that don't sell at the Coffee morning over 2/3 months are then taken on to a local charity shop so nothing is wasted!

We shall be open to serve you again on **Tuesday 12th March** when we shall be supporting George Clarke, whose family live in Redgrave. George, brave man, will be running the London Marathon in April in support of **Great Ormond Street Children's Hospital** - so do come along to enjoy the atmosphere and refreshments along with a sense of wellbeing, knowing that any donations you make will go to a very worthwhile cause.

## VOLUNTEERING

Since I mentioned this subject last month, I have heard of at least one person who has stepped up to help with a local event and I know that offer was greatly appreciated.

If you do have a little spare time and can volunteer for anything locally, then do please get in touch. I am of the firm opinion that if everyone helped with "Just one thing", then many of the clubs and organisations that need that help would be greatly appreciative and would be able to continue to run (usually for the benefit of many others) and, I can confirm that you yourself will benefit too - possibly more than you imagine!

If you would like to know more about our coffee shop or any of the happenings at Parkview Chapel, do please call me on 01379 890423. Alternatively, try Kevin Gladwell, our Community Pastor on 01379 898924.

In the meantime, I wish you all the very best,

*Sue*

Sue Allen



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# Nyall's Notes LOHP Local News

I welcome feedback, do get in touch. Nyall Davies 01379 897 067

I must have been producing these notes for over twenty years now and, as I think about it, I have an impossible job. I have over those years probably quoted the Bible verse: "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life," a number of times. The reason for that is that I do not want anyone to perish yet can do very little about it. Yes, I can write a few words every month but, ultimately, it is up to each and every individual to accept or refuse God's offer for themselves. It seems to me that the choice of perishing or eternal life is such a significant one that you would expect people to think deeply about it.

Historians see the Bible as an amazing book that provides historical information over millennia. It is a mine of information for them yet I have had people ask me what information there is about Jesus that is not in the Bible. When I tell them that all the information has been collected together to form the Bible they still ask for external proof. Hugh Ross is a scientist. He says that he knew from his science that there was a 1 in  $10^{80}$  possibility of a chance reversal of the second law of thermodynamics and that he, with the help of some sceptical friends, had calculated the chance of 13 prophecies about Jesus coming true without supernatural intervention was one in  $10^{138}$ . That meant that the Bible was  $10^{58}$  times more reliable than the laws of nature which he relied on every day for his existence. He had no choice but to trust the Bible's inspirer. I can quote him but it doesn't appear to make people think about the subject. I can do the sums myself. What is the chance, 700 years beforehand, of predicting Jesus's birthplace, the fact that he would have his hands and feet pierced, that he would be buried in a rich man's tomb and that that they would play dice for his coat?

What I find amazing is that the Bible predicts his resurrection. Now they don't happen often. One can imagine a prediction of a resurrection from the dead and it not happen but to have the claim that 500 people saw him after his death plus a number of close up meetings with him is astounding in itself. As well as that, in the Roman Empire and with the hostility of the Jewish authorities it was risking one's life to make these claims.

Despite all this, and much more, the majority of people appear to have made up their mind to not believe with no evidence for their views. They don't seem to want to listen or even think about that subject such that I cannot but conclude that they are afraid that it might turn out that the Bible is right and that God does so love the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.

*"In this is love: not that we have loved God but that he loved us and sent his Son to be the atoning sacrifice for our sins."*

1 John 4 v.10



Little Ouse  
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Conservation & Community

*"On a rough March day with a sky half grey,  
The wind with the sunshine plead;  
Come with me and creep where the blossoms  
sleep,*

*And waken them all, he said."*

Ruby Archer (1873-1961).

The first month of Spring has arrived with the added bonus of British Summer Time starting on the 31<sup>st</sup> which, incidentally, is also Easter Sunday!

Fieldfares, which have been in abundance this winter, will be heading north while the first chiffchaff and blackcap migrants will be arriving from the south. Garden birds will be pairing up and looking for nesting sites. As I write, (mid February), a song thrush is singing with gusto from the hedge outside my window! As it's been so wet, we might be lucky enough to get water rail on the Blo Norton sites.

Hedgehogs will be coming out of hibernation and toads will be on the move. Bumblebees will be emerging and, if it's warm, you might be lucky enough to see a brimstone butterfly!

LOHP are planning a work party to check the newly planted trees, supplied as part of the 'Queen's Canopy', on two sites along Middle Road, Blo Norton at the end of March, possibly 20/21<sup>st</sup> March. If any Blo Norton parishioners would like to join in please contact our conservation manager, Ellie Beach on (07919)912045 or email: [enquiries@lohp.org.uk](mailto:enquiries@lohp.org.uk)

If you would like to get out and about in early April you could sign up for the **BIG GREEN HIKE** on 6<sup>th</sup> or 7<sup>th</sup> April and support LOHP at the same time. [www.biggreenhike.com](http://www.biggreenhike.com)

Our Sunday work party this month will be on the 10<sup>th</sup>. See our website for details: [www.lohp.org.uk](http://www.lohp.org.uk)

HURRAH FOR SPRING!

John McCormack

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## Community Woodland

More rain. The wet winter continues. However, our trees can withstand it as most of them are planted in sandy soil that drains well. A couple more trees went into Northfield Wood and Patrick has finished the brush cutting there. Snowdrops and aconites are flourishing.

A week ago I saw a goldcrest and a pair of tree creepers on Hinderclay Fen and I wondered if/when they would seek food and shelter in Northfield Wood or Miller's Orchard. Many years ago there were tree creepers in Water Lane and a goldcrest, travelling with long-tailed tits, visited my garden. What a treat!

If you haven't explored Low Meadow, please do. It's right at the end of the village street (Bury Road). It is the start of several walks of different lengths, one of them leading into Wattisfield, but the others are all within the Rickinghalls.

You can plan your walk to include Miller's Orchard too. It should be full of blossom by now and also the flowers that Anita has transplanted from her own wood.

FIY Our work parties are usually on the first Sunday of the month; if you care to join us and find out more, please do.

Rosemary Jones,  
Botesdale and Rickinghall Community  
Woodland  
11<sup>th</sup> January, 2023  
01379 890238



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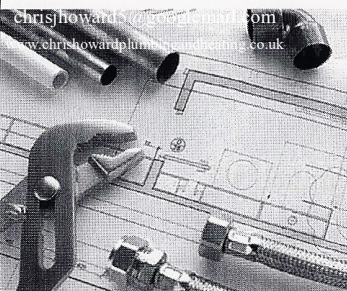
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# Exploring the Past

Di Maywhort 01379 898785

## Medieval Women

Last month I wrote about Botesdale Chapel of Ease and the inscription over the door which refers to both Juliana Shereve and Margaret Wykes.

From wills, charters and other documents it is possible to start to piece together something about them, and other women who lived at this time. Many women in medieval times ran businesses, often after their husbands had died. Women in Botesdale also had businesses, usually shops or ale houses, in and around the market place.

However Juliana Shereve did not appear to have run any business. It is possible that she may have been the daughter of Edmund Tabour who was very wealthy so she didn't have to work. He lived approximately where Street Farm stands in Botesdale today. Edmund was a wealthy man who leased 40 acres of land in Botesdale. He appears to have been a merchant, as well as a farmer, who was a friend and business acquaintance of John Baret of Bury St Edmunds and was mentioned in John's will. John was also an executor of Edmund's will. John Baret's wonderful 'cadaver' tomb stands in the South aisle of St Mary's church in Bury St Edmunds. It is well worth a visit.

Edmund died in 1447 and in his will, as well as leaving £20 for the 'edification' of the Chapel of St Edmund in Redgrave church and several other bequests, he left 100 marks to his daughter Juliana *'on condition she has behaved well towards my executors and has not married anyone without their consent.'* If she disobeyed them she was to be debarred from receiving the 100 marks forever.(1) She must have been quite a feisty girl if this was put into Edmund's will! 100 marks was about £65, a great deal of money in those days.

John Shereve (Shreve or Shrive) was Juliana's second husband (not her third as I said last month). Her first husband was Peter Dasshe. The Dasshe family were an influential family who lived and worked in Botesdale. She was married to Peter by 1450, for in that year she was mentioned in the Court Rolls as Peter's wife. Peter's brother John became a priest and was Rector of North Cove in Norfolk, so the family must have been able to afford to give him a good education. Perhaps he went to the grammar school in Botesdale. Peter owned several premises or shops and probably farmed too. He died in 1468. In his will he left Juliana a house, a close, half an acre of meadow, and all his moveable goods. She also had the first right of refusal to buy the house and close that had belonged to John who had died the previous year. John had requested his lands be sold and the money used to pay a priest to pray for his soul and the souls of his mother and father for a year in St Botolph's Chapel. Peter and Juliana had two daughters, Juliana and Margery, but there is no mention of any sons.

By 1470 Juliana had married John Shereve who came from Walsham-le-Willows and had land in Wattisfield. He died sometime before 1477 for in a charter from that date Juliana gave land to Margaret Wykes and her husband in which she says her husband John Shereve was dead - *I Juliana Shereve ^widow^ recently wife of John Shereve of Watlysfield, now dead, give grant & have presented this my charter of confirmation to William Wykes of Botoluydsdale and Margaret his wife ...* this lends credence to the fact that Juliana was probably related to Margaret and why both were on the inscription on the chapel.(2)

By 1483 Juliana was married to her third husband Thomas Drake. She

died in 1506. Is it possible that she had been instrumental in having the chapel rebuilt as a chantry chapel following John Shereve's wishes, after his death in 1477?

Margaret and William Wykes ran The White Horse Inn which was, we think, where the 'The Greyhound' now stands. There appear to have been two Margaret Wykes. The first had been married to John Smythe junior who ran The White Horse Inn. When he died she married William Wykes senior who took over the running of the Inn. She died in 1479.(3) It is likely that this is the Margaret on the inscription. It is unlikely to be the second Margaret Wykes, as she did not die until after 1530. This later Margaret was married to William Wykes junior. When he died she married William More who in turn took on The White Horse Inn.



*Botesdale Market Place with Greyhound on the Right, the Angel further up the Hill on the Left, and Street Farm in the Distance*

Another woman who lived and had a business at this time was Rose Crane, née Goodhouse, who was the wife of Robert Crane. They had the cottage called the 'Oldetolhouse' situated approximately where Angel House stands today. They rented it yearly from the lord of the manor for 4s. Robert was a baker and Rose brewed ale so it is probable that their cottage was an ale house. When a husband and wife baked bread and brewed ale in medieval times it usually meant they were in business rather than only baking and brewing for the family. Her brother was Walter Goodhouse, a chaplain. So she too came from a high status family like the Dasshe and Tabour families.

When Robert died in 1423 Rose married Walter Dasshe who was probably Peter and John Dasshe's father. She still appears to have carried on with her business, as in the 1433 Botesdale Extent she was still called Rose Crane even though by then she was married to Walter.

As can be seen, medieval women such as Juliana, Margaret and Rose, when left widowed, often married again very quickly especially if they were wealthy, had land or a profitable business.

(1)Norwich Wills, Wylbey 99 (2)IRO HA240/2508/526 a land charter from 1477 (3)IRO HA/240/2508/424

**Last month the book 'The Story of Botesdale Chapel of Ease' was given as a reference. This book, which was updated by Jean Sheehan and Dr Bill Cordeaux in 2005, is being reprinted and will soon be on sale at the Chapel.**

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INSPIRING WOMEN

**Our** speaker for our February meeting had to withdraw at the last minute due to illness. Undeterred we had an interesting and fun evening and were pleased to welcome some new faces to our meeting.

Our own Rosemary Shurmer stood in at very short notice giving us a very interesting talk about her visits to Western Australia where her daughter and family live (she and her husband also have a son and family who live in Queensland, which is over 3,000 miles away) so has visited and travelled across Australia a number of times.

Rosemary told us that although Western Australia is large, a lot of it is desert and the majority of the 3.3 million people live on the coast around Perth, overlooking a beautiful park and with lovely beaches. The population is now multi-cultural and due to the gold mining inland is a wealthy region of Australia with a lovely sunny climate. A large part of Western Australia is desert with strange rock formations. Her favourite place is a small island a ferry ride from Perth which in the 1800s was a penal colony and in the 2 world wars was a prisoner of war camp, which has now been turned into an expensive holiday resort, even though the accommodation is basic. There are no cars on the island, just buses and utility vans so it is like going back in time.

Australia is noted for some dangers around all starting with **S** – scorpions, snakes (on land), stingers and sharks in the ocean but Rosemary has only had to watch out for sunburn and sunstroke!

Rosemary's talk was followed by a fun quiz which Sara Schofield ran with questions from different decades from the 1950s up to the 2000s.

Volunteers were requested for our spring jumble sale which is on **SATURDAY 16th MARCH** at 2 PM at Rickinghall Village Hall.

Rosemary Setterfield - President.



Mid Suffolk

**Damp and mould is building up in our house as the weather gets colder. Our living room is the worst and there's a strong smell, so**

**we've stopped having friends round. We're also concerned about our health. We've reported it to our landlord, but they haven't done anything. With six months left on the tenancy agreement, we're running out of options. What should we do?**

You've done the right thing by bringing this to your landlord. To work out if they are responsible, you'll need to find the cause of the damp and mould. This can take time unless there's a clear cause, like bad insulation or a leaking roof.

Damp is when an area of your property doesn't dry out, often because it's cold. The main types are rising, penetrating, construction, and condensation damp. It can lead to mould, which is a fungus that grows in areas where warm damp air condenses on cold surfaces, like window frames. Information on our website can help you work out what type of damp you have, who is responsible and what you can do. Go to [citizensadvice.org.uk](http://citizensadvice.org.uk) and search damp for more information.

You should check your tenancy agreement for mentions of repairs and damp. Your landlord is responsible for fixing a damp problem if it's making your home unsafe to live in. For example, this could be if it's affecting your health or the health of those you live with. Your landlord will also be responsible if the damp is related to repairs they should have carried out, like if the window frames are rotting.

Condensation is a key cause of damp we're all familiar with. You should try and reduce extra moisture in your home, this will make it easier to show that your landlord is responsible for the damp. Extra moisture can come from portable gas or paraffin heaters, drying wet clothes or using a tumble dryer with no outside vent.

You may reach the point where you just want to get out of your tenancy agreement early, but remember this can be tricky and there might be things you haven't tried yet.

For example, you could get support from Safe Suffolk Renters, a Suffolk wide project to help improve relationships between landlords and private tenants. Contact them via their website [safesuffolkrenters.org](http://safesuffolkrenters.org). As a private renter, if you've got evidence from a health professional that damp is making you ill, you may be able to get free legal advice through Legal Aid. Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at [midsuffolkcab.org.uk/contact-us](http://midsuffolkcab.org.uk/contact-us). Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

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# Weekly/Monthly Repeating Events

- For all event details, see:
  - the list below for *regular weekly (eg every Thursday) or monthly (eg every 1st Tuesday) events*
  - the *Parish Magazine* for *occasional/one-off events*
  - the *Local Services Directory* for event organisers
- Changes since this list last published in the February Parish Magazine:
  - added *Coffee Open House*, extra *Pilates* session, and *Rickingham Yoga*
- Please let [editoratrbprparishmag@gmail.com](mailto:editoratrbprparishmag@gmail.com) know of any required changes

| Organisation / Event Name   | When?  |           |         |         | Location                           |
|---|--|-----------|---------|---------|------------------------------------|
|   | Day  | From      | To      |         |                                    |
| Angles Way Filling Station  | 2nd  | Friday    | 7:30pm  | -       | Garboldisham Village Hall          |
| Art Group   | Every  | Wednesday | 10:00am | 12:00pm | Parkview Chapel                    |
| Botesdale & Rickinghall Runners   | Every  | Thursday  | 7:00pm  | -       | Rickinghall Village Hall           |
| Botesdale Methodist Church Friendship Group   | 1st  | Tuesday   | 2:30pm  | 4:00pm  | Botesdale Methodist Church         |
| Botesdale Parish Council  | 1st  | Monday    | 7:00pm  | -       | Botesdale Village Hall             |
| Brownies ( <i>term-time only</i> )  | Every  | Tuesday   | 5:30pm  | 7:00pm  | Hinderclay Village Hall            |
| Chapel of Ease, Botesdale open  | Every  | Wednesday | 9:30am  | 3:30pm  | -                                  |
| Coffee down the Lane  | 4th  | Tuesday   | 10:00am | 12:00pm | Botesdale Methodist Church         |
| Coffee on a Sunday  | See the Parish Magazine  |           |         |         | Parkview Chapel                    |
| Coffee on the Corner  | 2nd  | Tuesday   | 9:00am  | 12:00pm | Parkview Chapel                    |
| Coffee Open House   | 1st  | Tuesday   | 10:00am | 12:00pm | All Saints Church, Redgrave        |
| Dance Classes   | Every  | Friday    | 8:00pm  | -       | Botesdale Village Hall             |
| Day Centre  | Every  | Wednesday | 10:00am | -       | Rickinghall Village Hall           |
| Green Redgrave Group ( <i>check for variations</i> )  | 1st  | Tuesday   | 7:00pm  | -       | All Saints Church, Redgrave        |
| Heritage Circle   | 4th  | Wednesday | 7:30pm  | -       | Rickinghall Village Hall           |
| Mobile Library  | See dates & times in the Parish Magazine                                       |           |         |         |                                    |
| Mobile Post Office  | Every  | Friday    | 2:45pm  | 3:45pm  | Parkview Chapel Car Park           |
| Parkview Juniors (Reception - Year 6)<br>Youth Seniors (Years 7-11)<br>Clubs PYP (Years 7-13) | Every  | Friday    | 6:00pm  | 7:00pm  | Parkview Chapel                    |
|   | Every  | Friday    | 7:30pm  | 9:30pm  | Parkview Chapel                    |
|   | Every  | Sunday    | 7:00pm  | 8:30pm  | Parkview Chapel                    |
| Pilates ( <i>term-time only</i> )   | Every  | Tuesday   | 9:45am  | 10:45am | Rickinghall Village Hall           |
|   |  |           | 11:15am | 12:15pm |                                    |
| Places of Worship   | See Parish Magazine inner/outer back cover for denominations' activities       |           |         |         |                                    |
| Positive Steps  | Every  | Friday    | 10:00am | 11:00am | Parkview Chapel                    |
| RABBATS ( <i>term-time only</i> )   | Every  | Thursday  | 9:30am  | 11:30am | Rickinghall Village Hall           |
| Redgrave & District Ladies Club<br>(Feb, Apr, Jun, Aug, Oct, Dec)                             | 2nd  | Tuesday   | 2:00pm  | -       | All Saints Church, Redgrave        |
| Redgrave Parish Council   | 1st  | Thursday  | 7:00pm  | -       | All Saints Church, Redgrave        |
| Rickinghall Country Market<br>(+Autojumble & Car Boot sale Apr-Oct)                           | 2nd  | Saturday  | 9:00am  | 12:30pm | Rickinghall Village Hall           |
| Rickinghall Parish Council  | 1st  | Thursday  | 7:30pm  | -       | Rickinghall Village Hall           |
| Rickinghall Women's Institute   | 2nd  | Thursday  | 7:30pm  | -       | Rickinghall Village Hall           |
| Rickinghall Yoga (4th Wednesday each month at 6-7pm)  | Every  | Wednesday | 7:00pm  | 8:00pm  | Rickinghall Village Hall           |
| Slimming World  | Every  | Monday    | 5:30pm  | -       | Rickinghall Village Hall           |
| St Botolph's & Fun Bowls (Mid April - End Sept)   | Every  | Friday    | 6:30pm  | -       | St Botolph's & District Bowls Club |
| District Bowls Club Social evening (Oct-Mar)  | Every  | Friday    | 7:00pm  | -       | St Botolph's & District Bowls Club |
| St Mary's Church open   | Every  | Saturday  | 9:30am  | 3:30pm  | St Mary's Rickinghall Inferior     |
| St Nicholas Hospice Drop-in   | 1st  | Thursday  | 10:30am | -       | Botesdale Health Centre            |
| Suffolk Wildlife Trust/Redgrave & Lopham Fen  | Events for children/adults; www.suffolkwildlifetrust.org/redgrave/01473 890089 |           |         |         |                                    |
| The Cross Keys Redgrave (community-owned pub)   | See www.crosskeysredgrave.co.uk and advert in the Parish Magazine              |           |         |         |                                    |
| U3A Writers' Group  | 1st  | Friday    | 10:30am | 12:30pm | 21 Farnish House                   |
| Yoga and Relaxation ( <i>term-time only</i> )   | Every  | Tuesday   | 7:00pm  | 8:30pm  | Botesdale Village Hall             |

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|--|----------------------------------|--------------|-----------------------------|------------------------|--|--|
|  | Contact<br>↓                     | Tel<br>↓     | Email<br>↓                  | Non-emergency, queries | 101  | email : stowmarket.snt@suffolk.pnn.police.uk<br>web : www.suffolk.police.uk/your-area/stowmarket |
| Botesdale & Rickinghall  | Peter Beck                       | 01379 890495 | peter@pbeck.plus.com        | Emergency              | 999  | For Ambulance, Fire Brigade, Police  |
| Redgrave   | John Campbell                    | 01379 890946 | Redgrave.nwatch@outlook.com | Manned desks           | Bury St Edmunds - Raingate Street IP33 2AP<br>Ipswich - 10/10a Museum Street IP1 1HT<br>Lowestoft - Old Nelson Street NR32 1PE |  |

## SCAM ALERT

### FAKE TEXT MESSAGES CLAIMING TO BE FROM ROYAL MAIL

Text messages continue to circulate purportedly from the Royal Mail stating 'we regret to inform you we are unable to deliver your parcel due to part missing address' they then instruct you to click online to corroborate your details to secure prompt delivery.

This text is another example of criminals creating spoof messages that link to fake websites using official looking logos and branding of trusted organisations designed to trick you into urgent action to reveal financial details without closer inspection.

**ALWAYS** be very wary of unexpected messages being received out of the blue and **NEVER** click on any offered links or attachments unless you are completely sure you can trust them.

#### **REMEMBER**

Suspicious text messages can be reported by forwarding the message to **7726**

If you have interacted with a scam message and provided your personal financial details, contact your bank immediately on a number you know to be genuine (on back of bank card)

### FAKE HEALTH LOTTERY WINNING LETTERS

Trading Standards are also warning about letters being received locally claiming the recipient has won a substantial prize in the Health Lottery.

These unfortunately are scam letters, deceptively addressed to you by name including a bogus 'winning ticket' number. The letter gives a telephone number to call to claim your prize. Calling the number will lead to a phone scam to obtain your personal financial details so your winnings can be credited to your bank account.

Additional pressure will also be applied saying you need to act immediately as the claims deadline is fast approaching risking your prize being cancelled as 'unclaimed'.

**The Health Lottery do not send letters to winners.** So bin any such letters and don't call the requested number. Send any suspected scam letters to the Royal Mail via **FREEPOST SCAM MAIL**.

## HINDERCLAY PARISH COUNCIL VACANCIES

**Applications are invited for the following post:-**

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**For further information please contact Councillor Lindsey Aves: [lindseyaves@gmail.com](mailto:lindseyaves@gmail.com) and copy in the Chairman Paul Rose: [kateandpaul2010@btinternet.com](mailto:kateandpaul2010@btinternet.com) please. DEADLINE 20TH MARCH 2024**

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# Church Notices

## WELCOME TO BOTESDALE METHODIST CHURCH

### - EVENTS AND GROUPS -

Our Church is to be found in Fen Lane, Botesdale - the lane opposite the fish and chip shop. We are a friendly bunch of people holding Services every Sunday morning at 10.30 am. We welcome everyone to our services and weekday activities.

#### Services in March

- 3<sup>rd</sup> Local arrangement - led by one or more of our members
- 10<sup>th</sup> Mothering Sunday - led by Rev David Ely - Holy Communion
- 17<sup>th</sup> Church Anniversary service - led by Mrs Jane Mottram, followed by an Anniversary lunch to which all are invited (please notify us on the number below if you wish to come)
- 24<sup>th</sup> Palm Sunday Service - led by Mrs Sarah Hawes
- 31<sup>st</sup> Easter Day: United Service with Parkview at Botesdale Methodist Church, led by Rev Paul Mellor, Kevin Gladwell and Sue Goodwin


#### March activities

- Tuesday 5<sup>th</sup> 2.30 to 4pm Get together down the Lane. Easter Themed: a time to meet for conversation and an opportunity to participate in an optional activity
- Tuesday 26<sup>th</sup> 10.00am to 12 *Coffee Down The Lane* - our regular coffee morning held on the fourth Tuesday of the every month; an opportunity for all to meet and get to know others in our community.

Every service and activity is open to everyone - you do not have to belong to this Church or any other. For more information phone 01379 890898 and speak to Rosemary.

## Parkview Chapel Sunday Services and Events

*Refreshments will be served from 10.30am. All services include Communion, and will be live-streamed on the 'Parkview Chapel' Youtube channel. Please call Kev Gladwell on 01379 898924 for more details or see [www.parkviewchapel.co.uk](http://www.parkviewchapel.co.uk)*

| March                         |  | <br><b>PARKVIEW CHAPEL</b><br>CHURCH FOR THE COMMUNITY |
|-------------------------------|--|---|
| <b>Sunday 3<sup>rd</sup></b>  | Service at 11.00am – The Prayers Of Jesus – In The Garden Of Gethsemane        |   |
| <b>Sunday 10<sup>th</sup></b> | 'Mothering Sunday' Service at 11.00am  |   |
| <b>Sunday 17<sup>th</sup></b> | 'Coffee On A Sunday' service at 11.00am – The Prayers Of Jesus – On The Cross  |   |
| <b>Sunday 24<sup>th</sup></b> | 'Palm Sunday' Service at 11.00am   |   |
| <b>Sunday 31<sup>st</sup></b> | 'Easter Sunday' United Church Service at 10.30am at Botesdale Methodist Church |   |
| <b>Events</b>                 | Coffee on the Corner at 9.00am<br>'Quiz Night with Fish 'n' Chips'             | Tuesday 12 <sup>th</sup> March<br>Saturday 16 <sup>th</sup> March   |
| <b>PARKVIEW Youth</b>         |  | Sundays 11:00am - 12:00pm   |
| Junior Church                 |  | Fridays 6:00pm - 7:00pm   |
| Junior Friday Club            |  | Sundays 7:00pm - 8:30pm   |
| PYP                           |  | Fridays 7:30pm - 9:30pm   |
| Senior Friday Club            |  |   |

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# **Parish of Redgrave cum Botesdale with the Rickinghalls**

## **March 2024 Services**

**Sunday 3rd March, Third Sunday of Lent**

**Holy Communion (BCP)**

**8:45am, St Mary's, Rickinghall**

**Sunday 10th March, Fourth Sunday of Lent**

**Holy Communion (CW)**

**10:30am, All Saints Church, Redgrave**

**Sunday 17th March, Fifth Sunday of Lent**

**Holy Communion (CW)**

**10:30am, St Mary's, Rickinghall**

**Sunday 24th March, Palm Sunday**

**Holy Communion (CW)**

**10:30am, St Botolph's Chapel of Ease, Botesdale**

**Thursday 28th March, Maundy Thursday**

**Holy Communion (CW)**

**7:00pm, Gislingham (Deanery Service)**

**Friday 29th March, Good Friday**

**Walk of Witness, 9.30am. Meet at Rickinghall Village Hall**

**United Service, 10.00am, Botesdale Market Place**

**Saturday 30th March, Easter Eve**

**Service of Light (Deanery Service)**

**7:00pm, St Mary Magdalene, Thornham Magna**

**Sunday 31st March, Easter Sunday**

**Holy Communion (CW)**

**10:30am, St Mary's, Rickinghall**

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