

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

AUGUST & SEPTEMBER 2013



Rev'd Chris Norburn
Rector of Redgrave cum Botesdale with the Rickinghalls

The Rectory, Bury Road, Rickinghall, Diss. IP22 1HA Tel: 01379 898685

St Mary's Rickinghall Inferior has a web site

<http://stmarysrickinghallinferior.onesuffolk.net/> or Google: St Mary's Rickinghall Inferior



Rev

When you hear the word 'masterpiece' what comes to mind? Do you think of a beautiful piece of art by a past master or a modern artist, or even an unknown artist yet to be discovered by the world? Do you think of a piece of music that has gained great acclaim? Dictionaries define the word masterpiece as a work of outstanding artistry, skill, or workmanship; as an artist's or craftsman's best piece of work.

The good news is that we are all God's Masterpiece! The Bible clearly tells us that we are made in the image of God. On the last day of creation, God said, "Let us make man in our image, in our likeness" (*Genesis 1:26*). Thus, He finished His work with a "personal touch." God formed man from the dust and gave him life by sharing His own breath (*Genesis 2:7*). So we are unique among all God's creations, because we have both a material body and an immaterial soul and spirit.

Having the "image" or "likeness" of God means, in the simplest terms that we were made to resemble God. Adam did not resemble God in the sense of God having flesh and blood for Scripture says that "God is spirit" (*John 4:24*) and therefore exists without a body. However, Adam's body did mirror the life of God insofar as it was created in perfect health, will and obedience to God's purposes and plan for him and was also not subject to death. So the image of God refers to the immaterial part of man. It sets us apart from the animal world, fits us for the dominion God intended us to have over the earth (*Genesis 1:28*), and enables us to commune with our Maker.

In this God created us with a mission and purpose in mind because the Bible tells us that from the very beginning, "before the foundation of the world," (*Ephesians 1:4*) the Father planned to share His life, through His Son, and express Himself throughout the universe during all ages to come! So our purpose and mission is to know God as He knows us!

By the apostle Paul's own admission he was an enemy of God and of the church, but all that changed when he was travelling on the road to Damascus (*Acts 9*). From that day on, Paul was a new person. He wasn't perfect; he still made mistakes and committed sins, but his life took on a new direction, and the world hasn't been the same since. Paul was consumed with a mission. His purpose was to save souls, change lives, and bring about worldwide impact through the ministry of the church.

What about you? What is your mission? God has given you a purpose and so has a plan for you. That purpose isn't created to serve you—you are created to serve that purpose and bring glory to God's holy name. We need to get past the idea that we deserve or need an easy life. Instead, our attitude must be, "I may not be an important person, but I have an important job to do, and I will serve my

purpose" (*Ephesians 3:7-13*).

Paul repeatedly used the word *grace* to describe God's work in his life (*Ephesians 3:7*). He didn't fool himself into thinking that he was doing God a favour by serving him. He had a sense of wonder about the calling God placed on his life.

We need, therefore, to ask ourselves,

"Why did God place me in this time, this place, this situation? What can I learn from it, and what does He expect me to do about it?" To do this we need to wait on God and let Him speak to us. This is best done with others for where two or three are gathered in Jesus' name then He promises to be in our midst (*Matthew 18:20*), and when He is in our midst He will speak to us, bring agreement to us and give us authority to overcome all that Satan can throw at us in an attempt to make us sin!

But keep in mind that love is God's greatest resource. He takes love so seriously that He defines Himself by it (*1 John 4:16*). To experience the fullness of God in your life—which includes experiencing His power at work within us—we need to develop at least an inkling of the awesomeness of His love, although in this lifetime we will only, at most, scratch the surface of understanding God's love for us.

Living in God's love, therefore, is the key to power, because the extent to which we understand His love determines how much we experience His power. What kind of power are we talking about here? Power over our sin. Power over our weakness. Power over our fear. Power over our shame. Power over our despair. Power over our rage. Power over our lust. Power over our greed. Power over our pride. Power over our doubt. Power over our guilt.

Do you want to experience the power of God so that you can move past your sin and gain His mission and purpose for your life? Then get immersed in the love of God. Pray about it. Think about it. Meditate on it. Contemplate it. Believe it. Receive it. When you know His love, you will experience His power and find your mission and come to understand that to God you are His Masterpiece, because to Him you are a work of outstanding artistry, skill, or workmanship, you are His best piece of work.

If anyone wants to explore this further then please do get in touch with me at the contact details at the top of this page.

With every blessing in Christ

Chris Norburn.

St Mary's Redgrave

A cleaning session will take place on Friday 2nd August and 6th September from 9.00 to 11.00 am. All are welcome to join the happy group who dust, sweep, polish or even scrub. Coffee and eats are available. Please come along and give your support.



The Church will be open on
Saturday 3rd August 10 am to Noon
& 7th September

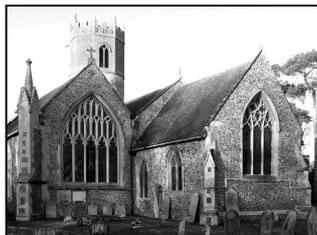
from 10 am to 2 pm

Refreshments will be served

For further information or to help
call 01379 898696.

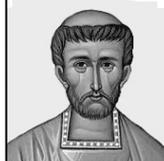


Redgrave Church Heritage Trust



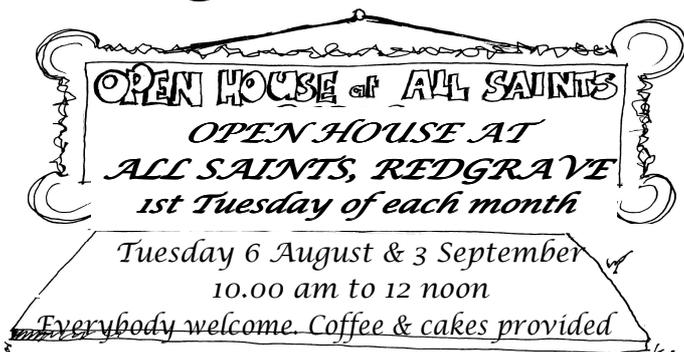
**St Mary's Church
Rickinghall Inferior**

The church will be open to visitors every Saturday to the end of September 2013 from 10 am to 5 pm.



The Chapel of Ease will be open to visitors
each Saturday to the end of September
from 10 am to 4 pm.

August & September Events



OPEN HOUSE at ALL SAINTS
OPEN HOUSE AT ALL SAINTS, REDGRAVE
1st Tuesday of each month
 Tuesday 6 August & 3 September
 10.00 am to 12 noon
Everybody welcome. Coffee & cakes provided

the WI
RICKINGHALL
Thursday 8th August -
Afternoon Outing to Coddendam Gardens
Thursday 12th September -
7.30 pm at Rickinghall Village Hall
'From Costumier to Bridal Accessories'
Speaker : Amanda Sutherland
Refreshments
New members and guests always welcome

LATEST COPY DATE BY 12 NOON FOR :
October : Friday 13th September
November : Friday 18th October

Divine Inspiration:	Chris Norburn	01379 898685
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Will contributors kindly e-mail copy to Charles, or deliver to **The Pightle, Water Lane, Rickinghall, Diss, IP22 1EL.** New address—same phone number! Emails are acknowledged within 48 hours. **The Editor welcomes reports on items of local interest. Please get writing!**

*Please feel free to deliver your copy before the cut off date if you have it available. **THE EARLIER IT IS RECEIVED, THE MORE LIKELY IT IS TO BE INCLUDED.** The magazine is sent to the printer on Friday afternoon of the copy date.*

We accept items for submission in any of the following formats :-)
 MS Word, e mail, .jpg, .bmp, .pub, Basildon Bond, Back of Envelope.

Our waiting list for prospective advertisers is currently standing at twenty one names.

Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Web page for this parish magazine:
www.stmarysrickinghallinferior.onesuffolk.net
OR Google 'Redgrave Parish Magazine'



RICKINGHALL FARMERS MARKET & CAR BOOT SALE
9 am to 12.30 pm
Saturday 10 August and 14 September
 Car Boot Sale to be held on the Rickinghall Playing Field. Trading from 9 am until 12.30 pm. Set up from 8.00 am. Pitch fee £5 per car, £8 for trade stalls.
NO FOOD, DRINK OR PLANTS MAY BE TRADED AT THE CAR BOOT SALE.
 For more details please call Monty Cornell on 01379 898 525.
 Buy your food from the people who produce it—for truly local flavour — Farmers' Market stalls expected :
 Fresh & Smoked Fish, Eggs, Local Fresh Vegetables, Cakes and Bread, Meat Pies, Flour from Pakenham, Local Lamb, Pork, Beef, Chicken, Venison, Honey, Preserves, Jams, Chutneys, Suffolk Cheeses, Home-made Cup Cakes, Apple Juice, Freshly Ground Coffee, Chocolate, Curries, Mushrooms and Plants.

PROGRESSIVE WHIST DRIVE
Tuesday 20 August & 17 September
Redgrave Activities Centre
at 7.30 pm
Beginners Welcome **Refreshments**
Ring 898 619 for further details



HERITAGE CIRCLE
www.onesuffolk.co.uk/HeritageCircle
Rickinghall Village Hall
at 7.30 pm
Wednesday 28th August - LORD HAW HAW
Speaker : Geoffrey Hodson
Wednesday 25th September -AGM followed by **Basil Abbot on 'NOTORIOUS PEOPLE OF DISS'**
New Members and Guests Welcome
Refreshments **Raffle**



Redgrave Garden Club
There is no meeting in August
THURSDAY 26 SEPTEMBER
7.30 pm at the Activities Centre
ANNUAL GENERAL MEETING
Followed by a talk by Hillcrest Nurseries on
"Winter Baskets and Containers"
Enquiries / information from : Chris Tindall on 01379 890548
www.redgrave.org.uk/redgrave-garden-club





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Sunday Monday 5.00PM – 10.30PM
Tuesday CLOSED
Wednesday Thursday 5.00PM– 10.30PM
Friday – Saturday 5.00PM – 11.30PM

OPEN BANK HOLIDAYS



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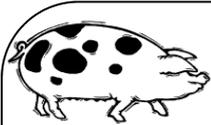
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Please see our Notice Board for forthcoming events

www.thebellrickinghall.com

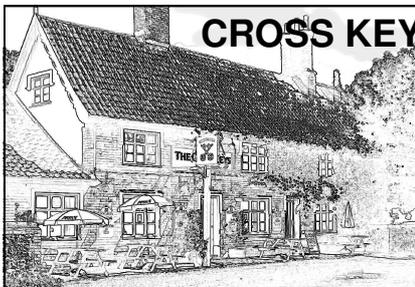
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Monday - Saturday
9 - 1.00 Sunday



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Orders taken

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3:30 – 6:00pm
Sat 8:30 – 1:00pm
Sun 9:00 – 11:00am

More August & September Events

REDGRAVE & LOPHAM FEN



Enquiries or to book : 01379 688333

Saturday 3 August, 10.30 am to 1.00 pm - **Guided Walk**

Enjoy the sights and sounds of the Fen with enthusiast and naturalist John Hill. Cost : £3. Meet at the Education Centre. No booking necessary.

Tuesday 6 August, 2.00 to 4.00 pm - **Family Activity - Secrets of the Sea**
Fun activities on a sea theme for National Marine Week

Children must be accompanied by an adult. Cost : £2.50 per person. Booking essential.

Wednesday 7 August, 10 am to 2 pm - **Bushcraft Activity Day**

For 6 to 10 year olds. Fun activities on the Fen

Cost : £6 per child. £10 for 2 siblings. Booking essential

Sunday 11 August, 2 to 4.30 pm - **Summer on the Fen** - Family activities at the Fen. No booking necessary.

Guided walks, Fen raft spider viewing, family trail, pond dipping, refreshments and more. Cost : £3 adults. £2 children.

Tuesday 13 August, 10 am to 12 noon - **Butterflies & Moths**

Family Activity morning. Children must be accompanied by an adult.

Cost : £2.50 per person. Booking essential.

Wednesday 14 August, 10 am to 2 pm - **Wetland Adventure**

Activity day for 6 to 10 year olds. Cost : £6 per child. £10 for 2 siblings. Booking essential

Saturday 17 August, 10 am to 3 pm - **Introduction to Wildlife Photography with Kevin Sawford.**

Learn aspects of wildlife photography such as equipment needed, camera settings and fieldcraft. Cost £40. Booking essential on 01473 890089.

Tuesday 20 August, 2 to 4 pm - **Treasure Hunt Family Afternoon**

A treasure hunt around this beautiful nature reserve. Children must be accompanied by an adult.. Cost : £2.50 per person. Booking essential.

Saturday 24 August to Monday 26 August, 10 am to 4 pm

Art Exhibition - Art displayed at the Fen. Free entry.

Come and browse a range of artwork by local artists inspired by nature. Refreshments available.

Saturday 7 September 10.30 am to 1.00 pm - **Guided Walk**

Enjoy the sights and sounds of the Fen with enthusiast and naturalist John Hill. Cost : £3. Meet at the Education Centre. No booking necessary.

Saturday 14 September, 10.30 am to 12.30 pm **Wildlife Watch Group**

A club for 6-12 year olds. Nominal charge of £1.50 to cover costs and refreshments. Tel : Mike Wraight on 01379 644508 for information.

Saturday 21 September, 10 am to 4 pm - **Make a Catalanian Tension Tray**

Make a useful and beautiful Catalanian tension tray, or two, with Jane Jennifer, local professional basket maker, using English willow. Ring 01473 890089 for more information.

Tuesday 24 September, 7.30 to 9.30 pm - **Cankers, Tumours and Protuberances** - An evening talk by Robert Maidstone.

All welcome to join us for this interesting talk, no need to book.

Saturday 28 September, 10 am to 3 pm - **Botanical Illustration**

Come along to this relaxing and supportive workshop looking at a range of illustration techniques with Christine Grey-Wilson. Ring 01473 890089 for information and cost.

For more information on the events go to : www.suffolkwildlifetrust.org/reserves-and-visitor-centres/redgrave-lopham-fen/

Life is too complicated in the morning.



RICKINGHALL PARISH COUNCIL

SURGERY

To be held at Rickinghall Farmers Market

On Saturday 10th August

Residents of Rickinghall are invited to come along and speak to their parish councillors about matters concerning the parish

Parish Councillors will be in attendance in the Cafe from 9 am to 12 noon

August Special Events



Registered Charity 1142955
OFSTED Registration EY445021



LOTTERY FUNDED

SUMMER HOLIDAY CLUB

Botesdale After School Club will be running a two week Summer Holiday Club from Monday 12th August to Friday 23rd August, open for all children between the ages of three and fourteen years.

The Club will be open from 8 am to 6 pm (flexible in the last hour) every day at Botesdale Village Hall. You can book half days, which will run from either 8 am to 1 pm or 1 pm to 6 pm.

The cost will be £25 for a full day and £15 for a half day. We will require a **non-refundable deposit** of £10 per child per day.

Children will be required to bring along a packed lunch for full day sessions.

We will also be running a tuck shop throughout the day so would ask all children to bring along no more than £1 to spend.

You do not need to be a full member of the Club to come along and enjoy our Holiday Club. If you know of any friends you think might be interested who are between the ages of three and fourteen, please contact the numbers below. You will find a link on our website to download an enrolment form. Please fill this in and return to us ASAP with the required non-refundable deposit.

Contact numbers :

Botesdale After School Club - 07952 961 285

Botesdale Breakfast Club - 07758 102 043

Playleaders : Paula Mills and Bridget Simms-Baalham

Website : www.botesdale-after-school-club.org.uk

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 Tuesday & Sunday from 6—7 pm
 Both classes £5 per session

A great way to have a fun workout and enjoy exciting Latin sounds!

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 pieternella.jarvie@gmail.com

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August Special Events

REDGRAVE FOOTBALL CLUB

SATURDAY 3 AUGUST

SUMMER FETE

2 pm at The Stagers, Redgrave

Home-made Cakes ~ Tombola~Coconut Shy ~

Raffle ~ Ski Bowling ~

BBQ~Refreshments and much more



AND at 6.30 pm

**A TESTIMONIAL
FOOTBALL MATCH**

For Steve Hunt

To be held on Redgrave Playing Field

AND there will be a Bar & BBQ

REDGRAVE & DISTRICT LADIES CLUB

Tuesday 13th August

**VINEYARD TOUR & TASTING
WYKEN VINEYARD**

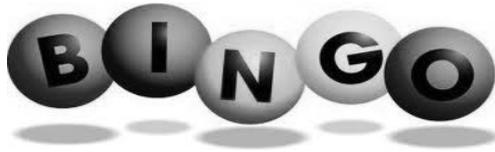


The cost is £10 per person.

Travel is by car, leaving the Activities Centre at 2.00 pm.

Please book your place with Chris on 01379 890548.

**The full 2013 programme is available at
Future Events on www.redgrave.org.uk**



Redgrave Activities Centre

Saturday 17th August 2013

Doors open at 7pm eyes down at 7:30

Tickets are available from Redgrave Shop for £3
or on the door at £4.

Refreshments and Raffle will be available on the
night with all funds going to The Redgrave Project

A man rushed into a busy doctor's office and shouted,
'Doctor! I think I'm shrinking.'

The doctor calmly responded, 'Now, settle down. You'll
just have to be a little patient.'

Rickingham and Botesdale Babies and Toddlers



Rabbats Summer Break!

We will be meeting at various locations over the
summer

25th July to 29th August

9.30 am to 11.30 am

Contact Kath Shearer for details on 01359 250594 or at

rabbats99@yahoo.co.uk

<http://rabbats.onesuffolk.net>

[Www.facebook.com/groups/rabbats](http://www.facebook.com/groups/rabbats)

September Special Events



border
craft collective

Introducing a craft market with a difference

master crafts fair

Botesdale Village Hall, 10am-2pm

saturday 7 September

An exciting new showcase of local craftsmen and women,
producing outstanding work. Speak to the makers as they
demonstrate their skills throughout the day.

bordercraftcollective.co.uk

The Redgrave Phoenix Club

Phoenix Outing, Thursday 12th September

This year we return to the ever popular river trip.

We will board The Waveney Princess at Oulton
Broad for a 90 minute cruise.



We cruise across Oulton Broad and join the River Waveney
running along the Norfolk/Suffolk border and journey through
grazing marshland in sight of Angles Way to the waterside village
of Burgh St Peter where we turn to head back for Oulton Broad.

On our return to Oulton Broad we visit The Wherry Hotel for
lunch.

The coach will then take us to Lound Garden Centre where we can
view the extensive range on offer or just relax in the tea shop.

We leave Redgrave at 9.30 am and return at 6.00 pm.

The cost for members is £20. Non-members £28.50.

To order tickets please ring Chris Earl on 01379 855416.
Availability is limited so early booking is essential.

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September Special Events

The 32nd Suffolk Historic Churches
Sponsored Bike Ride

Saturday 14th September
9 am to 5 pm



Walk or cycle or give an hour to act as a recorder.
Sponsor forms available at our churches or at Botesdale Post Office.
For further information please contact Jenifer Cordeaux on 898286.

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Sunday 15th September
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LOTTERY FUNDED

Please see article on Page 27



**Rickingham Area
Hospice Fundraisers**

RAHOF JUMBLE SALE

**Saturday
14th September**

Botesdale Village Hall

Doors open at 2.00 pm

Admission 20p **Refreshments**

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**In aid of Macmillan
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Friday 27th September 2013
from 8.30am until noon

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Do come and join us for tea, coffee, cakes and chat. All are welcome! Over £3,000 was made last year and we need to beat it.

This is open to everybody - please view this as your invitation as (due to time and postage costs) I won't be giving as many individual ones out this year. Please come along in support and feel free to bring along friends and family galore!

For any further information or if you would like to have a stall or help on the day, please call Katie Gunn on 01379 783556.



the WI **JUMBLE SALE**

Saturday 21st September
Rickingham Village Hall

RICKINGHALL **Doors open 2 pm**

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& bric-a-brac**

Entrance 20p **Refreshments**

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It comes to something when my son said to me " Mum I'm buying a tablet" I replied" we have got paracetamol in the drawer""""!! He said" I'm in PC World!!!! (modern technology hey?) *JMW*

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Club News 1

Coffee On



The Corner

This is the usual reporter writing here, but the news from Coffee on the Corner this month is second hand. I gather that the Coffee Shop was very enjoyable, although only three of the usual four tables were fully occupied on Tuesday 9th July. However, those who came did, as usual, seem to have a pleasant morning. I certainly don't miss a Coffee Shop if I can help it, but this month the lure of a Phoenix Trading Company Roadshow was too much.

Whilst many of you were consuming tea, coffee, cakes and other refreshments at Parkview Chapel, I was in Cambridge with four members of my lovely Phoenix team. We were sitting in a somewhat chilly air conditioned hotel meeting room gasping at really lovely Christmas products - oohing and aahing at Santas, decorated trees and Snowmen! I can't wait to show you some of the lovely charity Christmas cards in the not too distant future - so do look out for me!

The financial donations that were made, so generously, by those of you who were at Parkview amounted to £120.00 and this month it will be given to the work of the Royal National Lifeboat Institution - as I am sure you all know, this is a brilliant organisation made up of some really fantastic men and women who really do risk their lives to save others. If we can help to provide them with the best equipment available, then hopefully this will make their job as safe as possible, taking into account the wonders of modern technology.

Next month we shall be helping to support Acorn House, part of The Sick Children's Trust, where accommodation is provided for the families of children receiving treatment at Addenbrooke's Hospital, in particular Leah Hudson, who lives here in the village. We look forward to seeing as many of you as possible on Tuesday 13th August.

Our Coffee on the Corner in September will be held on the 10th. As yet I do not know what organisation we will be supporting, but please come along.

If you feel you would like to know more about the coffee shop or any of the happenings at Parkview, please call me on 01379 890423.

Sue Allen

Royal British Legion Women's Section



Our June meeting was held at Farnish House and we had a very pleasant afternoon as we had a birthday party for two of our founder members.

Arrangements were made for a Group meeting we are having on 19th July at Farnish House and also our coffee morning on 25th July.

We would still like to see more members attending our meetings, which are held on the fourth Monday of the month. Our next meeting will be on 22nd July but no meeting in August, and then we meet on 23rd September.

the WI RICKINGHALL

A date for your Diary

The WI meeting on 10th of October is open to everyone. The speaker will be from EACH (East Anglian Children's Hospices) to talk about the Treehouse. The proceeds of a Bring and Buy stall and a special raffle will be given to this organisation.

FORGET-ME-NOT-CLUB



On 3rd July we had a good attendance, with 26 members enjoying a quiz naming well-known British landmarks and which resulted in joint winners Jean Francis and Doreen Foster. We then had a fantastic raffle.

The following day we went off on our Mystery Trip which ended at Taverham Garden Centre/Craft Shops. We had a thoroughly enjoyable day but, as usual, only half filled the coach. If anyone would like to join us on our next outing to Lowestoft on 3rd September you would receive a warm welcome. Please contact Rosie on 898005 or Barbara on 890686. We look forward to seeing you.

The Royal British Legion Botesdale & District Branch



Festival of Remembrance

The RBL Festival of Remembrance will be held in the Royal Albert Hall on Saturday, 9th November 2013. Legion members may apply for seats for the afternoon and evening performances: the general public may attend only in the afternoon. The number of tickets is limited and prices range from approximately £18 to £25 per seat in the afternoon. Legion members may apply for seats costing £10 for the evening performance. The application process is complex. Should anyone wish to bid, please call John Canning on 898352 before 14th August for further details.

John Brooks

John Brooks, Hon. Sec and Treasurer of Botesdale & District Royal British Legion for many years, sends his best wishes to all in the villages from his new house in Embsay near Ilkley, where he and Queenie have settled.

John has recovered his good health, so both are well. There is no RBL branch in the village, but there are two pubs neither, unfortunately, selling draught Guinness.

Advance Notice - AGM

The AGM of Botesdale & District Branch will be held at the Bell Inn at 7.30 pm on Wednesday 30th October.

BARWOODS



Botesdale and Rickinghall Community Woodland Project

In this hot weather our Rickinghall sites, Low Meadow and Northfield Wood, are looking rather parched. However, there is growth and it is encouraging to see the fruits of our hard work. We look forward to the literal fruit and nuts in Miller's Orchard later this summer too.

We are keeping our eyes and ears open for further nuggets of land that could be of benefit to the community in its widest sense. We continue to make use of the support we have had from the Green Light Trust, which has initiated many community wildlife spaces and continues to campaign for ecologically sound projects and practices.

We are also on the lookout for more volunteers. The work is not onerous and it is enjoyable. There's a satisfaction in doing something for the long-term benefit of the community, even if it doesn't seem much in the short term.

Rosemary Jones 01379 890238
Tony Emerson 01379 897010

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Children are collected daily from St Botolph's Primary School and escorted to Botesdale Village Hall. Children from other local schools and home educated children are welcome. Collections and drop-offs can be arranged for Mellis and Wortham primary schools. Excellent OFSTED Report received.

Botesdale Breakfast Club

Need a more flexible day? Simply book your child with us. The Club is based at St Botolph's School and is open from 7.45 am till 8.45 am Monday to Friday during term time for children between the ages of 3 and 11 years and can offer your child a nutritional breakfast. We are working in partnership with Botesdale After School Club to provide wrap around care for your children. Come and try us! See what we can offer you.

For more information or to book please contact
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www.botesdaleandrickinghallpre-school.co.uk

Botesdale Parish Council

Clerk, Leeann Jackson-Eve

The Parish Council meeting on Monday 8th July was attended by 7 councillors, with an apology for absence having been received from Cllr Newport. The PC was very sorry to receive a letter of resignation from Kim Spilling.

Vacancy

This of course leaves a vacancy on the Parish Council. Please think about applying and don't be put off by the thought of elections. New councillors can be "co-opted" onto the Council. With co-option the Council simply considers applications from qualified individuals and appoints councillors to the vacant positions. You qualify if you are:

- A British citizen, or a citizen of the Commonwealth or the European Union, and
- 18 years or older on the day you become nominated for election.

And if...

- You are registered as an elector for the parish; or
- You have worked in the parish for the previous 12 months or lived in the parish (or within 3 miles of it).

Please contact the Clerk for more details or to put your name forward. Our next meeting will be on 12th August, if we have any planning applications, and then 9th September and you are welcome to attend to see what the Parish Council is all about.

Public Forum

There will be a meeting with Tim Passmore, the Police Commissioner, on 19th September covering the Hartismere Ward. This will be held at Rickinghall Village Hall at 7.30pm.

**The next Parish Council Meeting
take place on
MONDAY 12 AUGUST (planning only)
MONDAY 9 SEPTEMBER
at 7.30 pm
at Botesdale Village Hall
All residents welcome
www.botesdale.suffolk.gov.uk**

DOG FOULING!

Dog fouling is an ongoing problem in the village and there has been a noticeable increase in mess left on roads, front gardens and footpaths. This is unacceptable and unhealthy!

Dog fouling is not only unpleasant, it is dangerous. The biggest threat to public health from dog excrement is toxocariasis, a roundworm infection which can pass to humans through infected soil. It is most common in young children and can cause blindness.

Please pick up after your dog! There are bins in the village and in the absence of a dog bin, please use a litter bin or take it home. If you are walking in the dark, please remember to take a pocket torch – don't just leave the dog mess for someone else to find it!

It is the responsibility of the dog owner or the person in charge of the dog to clear up any dog excrement left by their dog. If you fail to clean up after your dog you can be issued with a Fixed Penalty Notice, or if the case goes to court a fine of up to £1,000.

The regulations state, specifically, that being unaware that the dog has fouled, or not having a suitable means of removing the excrement, is not a reasonable excuse for failing to clean up after your dog.

So please remember..... **BAG IT—TIE IT—BIN IT!**

Playing Field

Please remember that no dogs are allowed on the playing field. The PC has done a lot of work on the play area lately and it will continue with a general clean and tidy over the next few weeks and a complete overhaul of the safety surface under the wooden climbing frame.

Finally, enjoy your summer!

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.
Tel : 01379 890 141
Email : botesdale_pc@btopenworld.com**

Please contact her during OFFICE HOURS ONLY.



NEWS FROM FRIENDS OF BOTESDALE HEALTH CENTRE

F o B H C Flue Vaccine Days 2013

Please note that individual letters are not being sent out this year, but if you always have a flu jab and are eligible, please come along on the days shown below :

Wednesday 2nd October and Wednesday 23rd October
Time : 8.30 am to 6.00 pm

No appointment needed.

Please let the surgery know (Tel : 01379 898295) if you do not want a flu vaccine.

On Sunday 9th June 2013, the congregations of the churches in the now united Parish of Redgrave cum Botesdale with the Rickinghalls participated in a celebratory walk from St Mary's, Rickinghall to the Chapel of Ease and then across the fields to All Saints in Redgrave. It was fortunately a dry early summer day and the enthusiastic party set forward with children, pushchairs and dogs in tow. Many more who walked in spirit also arrived at All Saints to be met by a wonderful 'dining room' arrangement with a feast of bread, cold meat and cheeses, fresh salads, and delicious desserts (*especially ice cream, SV.*) and juices to whet the appetite. The culinary contribution by many and the hard work of those who prepared and set up the celebratory lunch were much appreciated by all. It was a wonderful opportunity to meet with old friends and to make new ones in the family of the church. The children also had space to play, including one cheeky puppy - Lola also! I believe we all enjoyed ourselves immensely and certainly came away happy to have participated in this memorable and special occasion. And especially happy to be part of such a caring and friendly church community that is now joined as one parish.

Shauna Vaughton

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Redgrave Parish Council



Angie Robinson

The Chairman, Jason Walker welcomed 6 councillors and 3 members of the public to the July meeting of the Redgrave Parish Council on a warm and sunny evening.

Neither the County Councillor nor the District Councillor were able to attend the meeting but Jessica Fleming, County Councillor, had sent in a report which spoke of the proposed Gas Plant at Eye Airfield and the need for a wider visual impact study area and grid connection. The method for connection with the main grid is still uncertain, however she and others at Suffolk County Council are actively working on this question as it is felt that a decision made about the power plant should be inclusive of the method of connection (whether over or underground). She also mentioned that a meeting with PC Commissioner Tim Passmore has now been confirmed for 7.30 pm on Thursday 19th September at Rickingham Village Hall.

A report was also received from the local PCSO, Dave Faulkner, which stated that since the last meeting there had been two reported crimes for the month: a theft of a garden ornament from a property on Churchway which occurred overnight on Sunday 30th June, and a Criminal Damage incident which occurred over a two week period between 18th June and 2nd July. A vehicle parked on Fen Street had its fuel line cut causing the diesel to run out. The three new priorities for the local police were set for the following three months and these were: 1. To tackle the issue of speeding in Rishangles, 2. To tackle anti-social use of motor vehicles in and around Eye Town during the hours of darkness and 3. To tackle road safety and parking issues in Eye Town centre through enforcement. The report urged that if you have been a victim of fraud you should report the Fraud online – Search 'Action Fraud' or report a Fraud over the phone on: 0300 123 20 40. If anything occurs in the village or the surrounding area which could be of interest to the police, especially suspicious vehicles or people or if you have anything to report, then call 101 and speak to the call takers, alternatively ask to be put through to PCSO Dave Faulkner, and if he is on duty he will assist.

The parish council was asked to consider donating up to £1,000 for play area bark under the rope tower which is full of weeds and needs replacing and bringing up to modern standards. The surround on the zip wire is rotten and needs replacing as well but that is in excess of the amount requested. There is a lot of work that needs doing just to keep the playground up to scratch. Councillor Ian Baird queried the need to do the work and whether the equipment was used sufficiently and whether other sources of funding could be found other than the Parish Council. Councillor Bob Hayward replied that plenty of children were known to use the equipment and Councillor Ann Preston argued that there was money in the precept to do the work and if its not done the playground will fail the ROSPA inspection and would have to be closed down. The decision to pay the money requested was put to the vote and carried.

The County Councillor had requested support from the PC for a request for a locality budget grant for the Holt (Wilson) coat of arms conservation. A grant from the Scarfe Trust had already been received for £200 and the total project cost is £620. The coat of arms in the church needs to be refurbished and put up on the wall. It is owned by the church and they are not asking for any money whatsoever from the Parish Council but they would like the PC to support the request. It was put to the vote to ask if the PC would support the request and the motion was carried.

It's hard to make a comeback when you haven't been anywhere.

Councillor John Giddings explained how the precept was paid this year. The PC had asked for £7,500 and got £6,835 and then it was topped it up with a grant of £665. There had been no explanation of why the method of payment had been changed and the feeling was that this was an underhand way of cutting back on the precept and allowing the Council to remove the grant in future years or reduce it. MSDC is having to cut back on expenses but this was felt to be a very underhand way of taking money away with no explanation or prior notice. It was suggested that the PC could ask someone from Mid Suffolk to come and talk to the PC about this and Councillor Ann Preston agreed to try to arrange this.

The Official Opening of the new affordable housing was reported to have gone very well and quite a crowd turned out for the event. It was reported that the initial problems that were reported with high bills were down to the wiring for the heating systems having been done incorrectly and this has now been redone. It appears that these units were oversubscribed and so it was suggested that a new housing survey for the village should be carried out to assess need. The PC would have to pay for printing costs but this is not a problem as we enough funds and so it was proposed that we did the survey and all agreed. Councillor Mike Denmark suggested if the survey showed a need for sheltered housing that we look at the possibility of building such housing on the old School Playing Field.

Mr John Preston reported that John Simpson from the Highways Department had visited to look at traffic calming measures in the village. He advised that gates to the village, if erected on the verges as wished, would have to have shear pins installed so that they would break off clearly in case of an accident. He could probably suggest more ways to slow traffic depending on the results of the traffic survey but he is very short of money within his department and so cheaper ways such as painted 30 mph signs on the roads are more likely.

Other suggestions to make our village a better place to live included planting bulbs on the verges next to the 6 benches in the village and a suggestion from Councillor Ian Baird that the potholes in the roads should be marked in a luminous colour until they are fixed to help people to see them and drive around them safely!

**REDGRAVE PARISH COUNCIL
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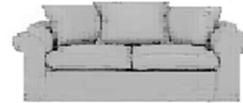
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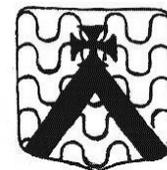
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Ask the Chef!

School Snippets



THE BELL INN

Competition!

Calling all residents of Botesdale, Redgrave and Rickingham. You could win Sunday lunch for two at The Bell Inn, Rickingham, just by sending your



01379 898445 food question in for Ross to answer! Send or email your question, along with your name, address and daytime phone number to Ask the Chef, The Bell Inn, Rickingham, Diss, IP22 1BN.

E-mail: info@thebellrickingham.co.uk

Closing date is FRIDAY 6th SEPTEMBER 2013. Whatever your food query, Ross can help! If your question is published you will win a Sunday lunch for two people.

ASK THE CHEF

Q: I have a really large crop of assorted berries from my allotment this year, how can I use them up?

A: Why not try this Summer Pudding and serve with clotted cream or ice cream

SUMMER PUDDING

300g Strawberries
250g Blackberries
100g Redcurrants
500g Raspberries
175g Golden Caster Sugar
7 slices of 1-day old white bread (medium cut)

METHOD

Wash the fruit and dry on kitchen towel, keeping the strawberries separate.

Place the sugar and 3tbs of water into a sauce pan, heat until the sugar dissolves, bring to the boil for 1 minute then add the fruit – not the strawberries though!

Cook for 3 minutes stirring thoroughly.

Pass the fruit through a sieve keeping the juice for the bread.

Line a 1.25 litre basin with cling film; let the edges hang over the edge by 10cm to allow it to be fully wrapped once full.

Take off the crusts and cut 4 slices of bread diagonally in half, 2 slices into 4 triangles each, then leave the last one whole.

Dip the piece of bread into the juice for a few seconds then place into the bottom of the basin. Repeat this process with the large triangles around the sides; if they don't all fit then use scissors to cut the bread to size.

Spoon the fruit adding the strawberries as you go.

Dip the rest of the bread into the juice and place on top of the pudding and trim any overhang. Bring up the cling film to cover the pudding and loosely seal. Place a plate on top of the pudding with something heavy on top (tin of beans) then place in the fridge to chill for 6 hours or overnight.

Open the cling film, place a plate on top and flip over to remove the pudding.

It has been a very busy and productive summer term at St Botolph's and the children and staff are looking forward to a well-earned break.

All of the children have been enjoying the recent good weather and many of our children have been out and about visiting exciting places and enriching their learning. The children have also enjoyed their sports mornings which were well received by parents and carers. It was fantastic to see the children enjoying themselves and taking part in a variety of competitive and non-competitive sports events. The children not only demonstrated great effort and determination but also good team spirit and sportsmanship.

The children at St Botolph's have also recently presented their annual music and art festivals. For two evenings in July parents and carers were invited into school to view a wide variety of art work and were then entertained by numerous talented children from EYFS (Early Years Foundation Stage [Squirrels]) to YR6. The choir delighted the audience with their singing and we were also inspired by the range of children demonstrating their skills using different instruments; these included guitar, piano, flute, recorder, various brass instruments and drums. Both evenings were sensational and it was wonderful to see the results of such hard work and dedication from all of the children.

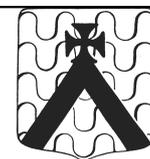
A group of Year 4 children travelled to Ipswich to take part in the Jerwood House Dance Jam. The children had been learning very hard all year and this performance was the result of such hard work and creativity. The children certainly had a night to remember and said it was something they could have only dreamt about. All of the dance work was linked to their literacy work and cross curricular theme.

In addition to this our school made it through to the Suffolk School Games which was held at Bury St Edmunds. This was the result of a highly successful sports calendar in which St Bots won the vast majority of competitions and tournaments we entered. The appearance at the Suffolk School Games was the first in the history of our school and was such a valuable experience for all of the children involved.

Finally I must mention our fantastic Year 6 children who will soon be starting the next stage of their education. They have made wonderful progress during the year and had good results in their National Test which are a testament to the hard work by both the children and staff. I wish them all well as they move on to high school.

Mr M. Cobbold, Headteacher

Friends of St Botolph's CEVCP School



Thank you from Friends of St Botolph's Fundraising Committee

At the end of the academic year, the Friends of St Botolph's would like to say an enormous thank you to everyone who has supported us in the past year. From the many events held, including the Christmas and summer fayre, garage sale in May and the Bags2Schools collections, the Friends group raised a fantastic £4,855! This wouldn't have been possible without the support of local people and businesses, who have generously donated in many different ways. The money has been invested in new climbing equipment for the school playground, which is regularly enjoyed by children of all ages, as well as subsidies for school trips to support the children's learning.



**KIDS HOLIDAY CLUB
AT PARKVIEW CHAPEL
Tuesday 27th August
10 am to 2 pm**

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**For more details contact
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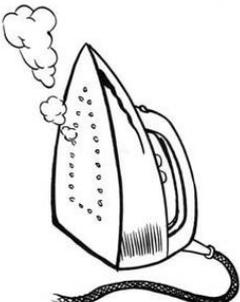
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Rickinghall Parish Council



The Parish Council meeting held on Thursday 4th July was attended by three councillors, apologies having been received from Councillors Crossley-Holland, Jones, Longley and Pattenden. The PC was very sorry to receive a letter of resignation from Nick Free, who had joined the PC a few months ago and was now leaving due to work commitments.

Vacancy

We now have two vacancies on the Parish Council. Please think about applying and don't be put off by the thought of elections. New councillors can be "co-opted" onto the Council. With co-option the Council simply considers applications from qualified individuals and appoints councillors to the vacant positions. You qualify if you are:

- A British citizen, or a citizen of the Commonwealth or the European Union, and
- 18 years or older on the day you become nominated for election.

And if...

- You are registered as an elector for the parish; or
- You have worked in the parish for the previous 12 months or lived in the parish or within 3 miles of it.

Please contact the Clerk for more details or to put your name forward. Our next meeting will be 1st August, if we have any planning applications, and then 5th September, and you are welcome to attend and see what the Parish Council is all about.

Public Forum

There will also be a meeting with Tim Passmore, the Police Commissioner, on 19 September covering the Hartismere Ward. This will be held at Rickinghall Village Hall at 7.30pm.

Planning

There were two planning applications. The first, at Snape Farm, was for the conversion of a cattle shed into a recording studio. The PC supported the application as the alterations were very slight, would have little to no impact on the site and would potentially provide employment in the community. The second application was for Listed Building Consent for the conversion at Snape Farm and this was also supported as it would have very little, if any, effect on the listed building.

Solar Farm

The Parish Council has been approached during preliminary consultation for a solar farm at West Street/Calkewood Lane on the south side of the A143. The site is in Rickinghall but borders with Wattisfield. The agents were unable to attend the Rickinghall PC meeting but had invited councillors and other interested parties to the Wattisfield PC meeting on 15 July. Cllr John Clarke will attend that meeting and report back to the PC. The application has not yet been submitted to Mid Suffolk planning office so we are unable to

confirm when the PC will actually discuss the final application. Please keep an eye out for meeting agendas which are posted online.

Notice Board

Apologies, the notice board lock is broken and we are unable to post agendas there just now. You can find the agenda and minutes in the Post Office or online.

Website

Just a reminder that the PC has a website at:
<http://rickinghall.onesuffolk.net/>

Welcome Packs

We are reinstating welcome packs for new village residents. Please let the Clerk know if you have a new neighbour!

**Rickinghall Parish Council
next meets on
THURSDAY 1 AUGUST (planning only)
THURSDAY 5 SEPTEMBER
at 7.30 pm
in Rickinghall Village Hall
All welcome
www.rickinghall.onesuffolk.net**

Your Clerk is :

**Mrs Leeann Jackson-Eve
Wayside Cottage, Cherry Tree Lane
Botesdale, Diss, Norfolk, IP22 1DL**

Tel : 01379 890 141

Email : rickinghall_pc@btopenworld.com

Please contact DURING OFFICE HOURS ONLY



Part of July's front cover was missing (well it was there but just hidden!) the following information to enable you to find the five additional sports :

A Summer of Sport word search

First find all the hidden words.

Then, starting top left and working your way across each line, write down all the letters that have not been used. The letters will spell out another five sports.

Hopefully you can finish the word search now.

Wattisfield & Rickinghall Against Solar Power Station

**To keep you informed about this proposed development go to
<http://wrasp.onesuffolk.net>
or Google: WRASP Rickinghall**



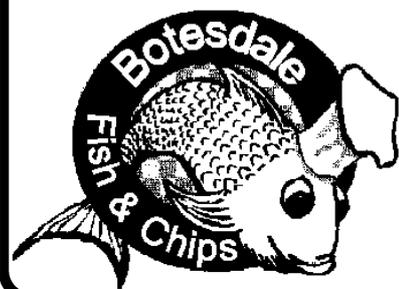
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Tues	11.30 – 1.30	4.30	-	8.00pm
Wed	Closed in morning	4.30	-	8.00pm
Thur	11.30 – 1.30	4.30	-	10.00pm
Fri	11.30 – 1.30	4.30	-	10.00pm
Sat	11.30 – 1.30	4.30	-	10.30pm
Sun	Closed in morning	5.00	-	8.00pm

Thursday 1st August	9.30 am 7.30 pm	RABBATS Rickinghall Parish Council Meeting - planning only	Rickinghall Village Hall
Friday 2nd August	9.00 am 9.00 am 8.00 pm	Church Cleaning Yoga. Booking essential on 01379 890955 Dance Classes	St Mary's, Redgrave Rickinghall Village Hall Botesdale Village Hall
Saturday 3rd August	10.00 am 10.30 am 2.00 pm	Church Open Guided Walk Forget-me-not-Club, visit by Ixworth Club Redgrave Football Club Summer Fete	St Mary's Red, Rick & CofE Redgrave Fen The Stagers, Redgrave
Sunday 4th August	6.00 pm	Zumba	Rickinghall Village Hall
Monday 5th August	2.00 pm 7.30 pm	Needlecraft Slimming World	Activities Centre Rickinghall Village Hall
Tuesday 6th August	9.30 am 10.00 am 2.00 pm 6.00 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Open House Family Activity - Secrets of the Sea. Booking essential on 688333 Zumba Julie's Aerobics	Rickinghall Village Hall All Saints Redgrave Redgrave Fen Rickinghall Village Hall Rickinghall Village Hall
Wednesday 7th August	10.00 am 10.00 am 10.00 am 10.30 am	Day Centre Redgrave Art Club Bushcraft Activity Day. Booking essential on 688333 Macmillan Outreach Service	Rickinghall Village Hall Activities Centre Redgrave Fen Botesdale Health Centre
Thursday 8th August	9.30 pm 12.30 pm	RABBATS Phoenix Lunch Club Rickinghall W I Afternoon Outing to Coddendam Gardens	Activities Centre
Friday 9th August	9.00 am 8.00 pm	Yoga. Booking essential on 01379 890955 Dance Classes	Rickinghall Village Hall Botesdale Village Hall
Saturday 10th August	9.00 am 9.00 am 10.00 am	Farmers Market & Car Boot Sale Rickinghall Parish Council Surgery Church Open	Rickinghall Village Hall Rickinghall Village Hall St Mary's Rick & Chapel of Ease
Sunday 11th August	2.00 pm 6.00 pm	Summer on the Fen Zumba	Redgrave Fen Rickinghall Village Hall
Monday 12th August	2.00 pm 7.30 pm 7.30 pm	Summer Holiday Club runs until 23rd August Needlecraft Slimming World Botesdale Parish Council Meeting - planning only	Botesdale Village Hall Activities Centre Rickinghall Village Hall Botesdale Village Hall
Tuesday 13th August	9.00 am 9.30 am 10.00 am 2.00 pm 6.00 pm 7.30 pm	Coffee on the Corner Yoga. Booking essential on 01379 890955 Butterflies & Moths, Family Activity Morning. Booking essential on 688333 Redgrave Ladies Club outing to Wyken Vineyard Zumba Julie's Aerobics	Parkview Chapel Rickinghall Village Hall Redgrave Fen Rickinghall Village Hall Rickinghall Village Hall
Wednesday 14th August	10.00 am 10.00 am 10.00 am 2.15 pm	Day Centre Redgrave Art Club Wetland Adventure. Booking essential on 688333 Forget-me-not-Club	Rickinghall Village Hall Activities Centre Redgrave Fen Farnish House
Thursday 15th August	9.30 am	RABBATS	
Friday 16th August	9.00 am 9.15 am 8.00 pm	Yoga. Booking essential on 01379 890955 Rickinghall Ramblers. Long Walk, tba. Tel : 890064 Dance Classes	Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall

Two confirmed bachelors sat talking. Their conversation drifted from politics to cooking. 'I got a cook book once', said the first, 'but I could never do anything with it.'

'Too much fancy cooking in it, eh?' asked the second. 'You said it. Every one of the recipes began the same way - 'Take a clean dish and...'