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Tuesday 18th June	9.30 am 6.00 pm 7.15 pm 7.30 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Zumba Yoga & Relaxation Julie's Aerobics Progressive Whist Drive	Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall Activities Centre
Wednesday 19th June	10.00 am 10.00 am 2.15 pm	Wives Club Outing Day Centre Redgrave Art Club Forget-me-not-Club	Rickinghall Village Hall Activities Centre Farnish House
Thursday 20th June	9.30 am	RABBATS	Rickinghall Village Hall
Friday 21st June	9.00 am 8.00 pm	SUMMER SOLSTICE (SUMMER BEGINS) Yoga. Booking essential on 01379 890955 Dance Classes	Rickinghall Village Hall Botesdale Village Hall
Saturday 22nd June	10.00 am 2.00 pm	Church Open Church Fete	St Mary's Rick & Chapel of Ease Botesdale Village Hall
Sunday 23rd June	6.00 pm	Zumba	Rickinghall Village Hall
Monday 24th June	2.00 pm 2.00 pm 7.30 pm	Needlecraft Royal British Legion Women's Section. Cards & Games Slimming World	Activities Centre Farnish House Rickinghall Village Hall
Tuesday 25th June	9.30 am 12 noon 6.00 pm 7.15 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Redgrave Luncheon Club. Ring 898615 on 24th for vacancies Zumba Yoga & Relaxation Julie's Aerobics	Rickinghall Village Hall Activities Centre Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 26th June	10.00 am 10.00 am 7.30 pm	Day Centre Redgrave Art Club Heritage Circle	Rickinghall Village Hall Activities Centre Rickinghall Village Hall
Thursday 27th June	9.30 am	RABBATS	Rickinghall Village Hall
Friday 28th June	9.00 am 3.30 pm 8.00 pm	Yoga. Booking essential on 01379 890955 Summer Fayre Dance Classes	Rickinghall Village Hall St Botolph's Primary School Botesdale Village Hall
Saturday 29th June	10.00 am	Church Open	St Mary's Rick & Chapel of Ease
Sunday 30th June	11.00 am 6.00 pm	Botesdale Village Open Gardens Zumba	Botesdale Village Hall Rickinghall Village Hall

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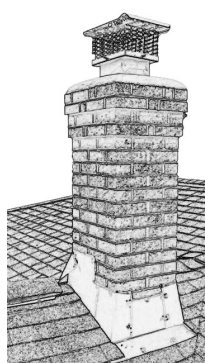
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Wives Club



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Raffle and Refreshments

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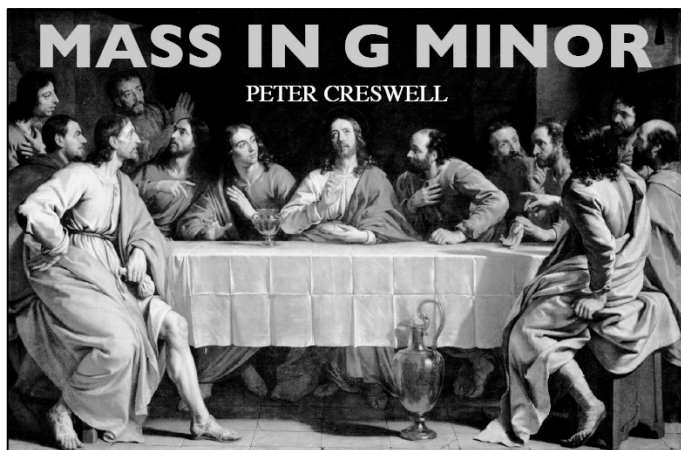


## AN EVENING IN JAPAN FRIDAY 19 JULY All Saints, Redgrave 7 pm for 7.30 pm

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In aid of Benefice Funds



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Owain Browne (bass)

Matthew McCombie (piano) Catherine Johnson (cello)

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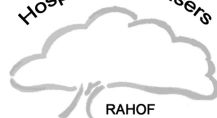
Programme lasts one hour followed by refreshments

Tickets £10.00 from Redgrave Community Shop

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### Half a diet is better than no diet at all

Genevieve belongs to our Diet Club and she was lamenting that she had gained weight.

She told us that she had made her family's favourite and luscious cake over the weekend, and added that they'd eaten half of it at dinner that evening.

The next day, Genevieve continued, she kept staring at the other half, until finally she cut a thin slice for herself. One slice led to another, and soon the whole cake had vanished.

She went on to tell us how upset she was with her lack of willpower, and how she knew her husband would be so disappointed. Everyone commiserated, until someone asked what her husband said when he found out.

Genevieve smiled broadly and quipped, 'He never found out. I made another cake and ate half of that too.'

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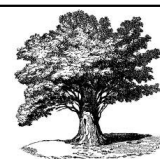
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# Exploring the Past

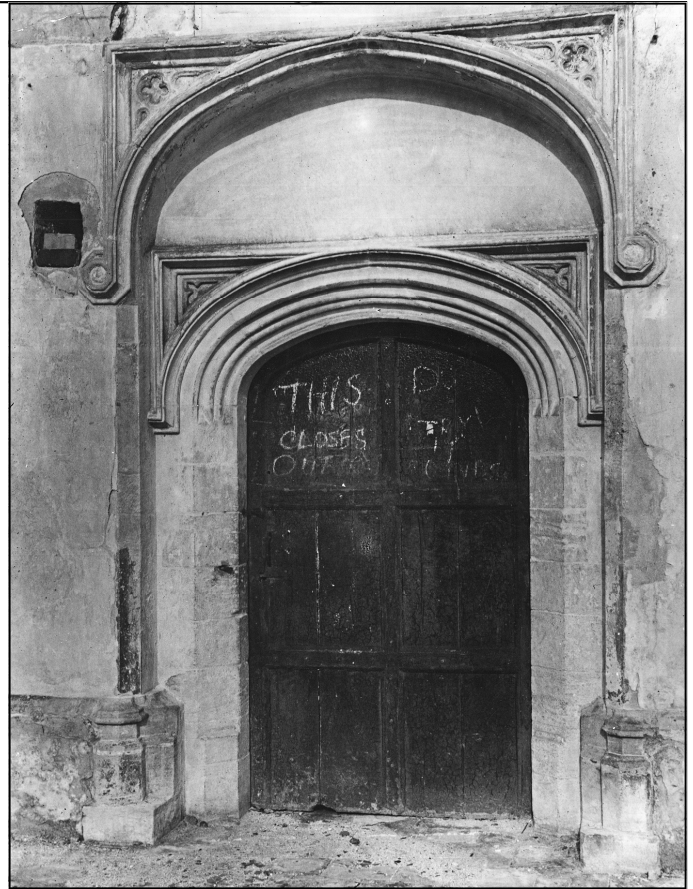
Jean Sheehan, 01379 890237

## Redgrave Hall built by Nicholas Bacon 1545 – 1554 (Part 3)

Continuing my last two articles about the building of Redgrave Hall by Nicholas Bacon, a few of the most important artisans were the masons.

The account book mentions rough masons and free masons. Ernest R. Sandeen, MA, PHD, also used the account book for his dissertation at the University of Chicago. He summarised all the figures into groups of artisans and trades and the amounts paid to them in individual years. The ruins of the Tudor house were still standing at the time Ernest Sandeen wrote the article, which he visited and measured. The rough masons started work in 1546, they were probably the bricklayers, and entries in the accounts continue until 1554. The total amount paid to them over this period amounted to £103 15s 3½d. They began work on the 9<sup>th</sup> March and were paid twenty shillings in hand. (£1) They were paid a further six shillings on Maundy Thursday and another £6 6s 8d on *Estereven*. Their individual wages ranged between eight pence and ten pence a day, with the labourers paid at six pence (2½ new pence) a day. The labourers probably carried the bricks for the skilled bricklayers. The bricklayers, Gye and Bennett came from London and were employed for six weeks in 1551. One man, Wellyng, was paid in full for laying twenty three thousand bricks at two shillings the thousand when he had finished the walls and towers. I am not aware of any towers in the house, although there was a small turret in the roof above the front door, and a stair turret at the back. It could be the earlier red brick tower at Redgrave Church although it does not say this, but the amounts do include carpentry carried out at the church. A sum of nine shillings and sixpence was allowed for the workers as part of their wages, for two whole barrels and six gallons of beer for 1552. A barrel contained thirty six gallons.

The freemasons started work on the stone in 1547 and they came from Ipswich through Mr Withypool, the architect, who designed Christchurch Mansion, Ipswich, which was built between 1548 and 1550. The design of Redgrave Hall was virtually the same as Christchurch Mansion. The central doorway leading into the screens passage at Redgrave was made of stone with a typical flattened Tudor arch and quatrefoils in the spandrels. This doorway with the tablet above it remained as the doorway to the kitchen when the house was redesigned by Capability Brown for Rowland Holt and completed in 1770. The stone tablet above the door was known as an emblem and this one depicted a hand protruding from clouds holding a square and a compass, freemasons' tools. Beneath this is a ribbon incised with Bacon's motto in Latin 'Mediocria Firma', which means 'Safety in Moderation'. Sandeen believes that the hand represented the hand of God measuring out a modest span of time and fortune. This tablet was made before Bacon was knighted in 1558 after which it would probably have had his armorial bearings incised instead. (1) When the remains of the Tudor Hall were demolished in the 1970s the tablet was given back to Peter Holt-Wilson who eventually donated it to the Bacon family. The tablet was restored by Mr Sandy of Roydon in the 1990s and was placed over the doorway of Raveningham Hall, the home of Sir. Nicholas Bacon, the Premier Baronet of England.



**The doorway of the original Tudor hall  
which became the door to the kitchens**  
Photo: Provided by Audrey Simonds

Redgrave Hall was designed by John Gybbon who was paid twenty shillings in 1545 for the platt (plan). (2) This plan cannot be found but it was probably just a floor plan, with no elevations shown and was probably adapted during building by Nicholas Bacon and the artisans. John Gybbon lived on the South Bank in St. Saviour's Parish in London. (St. Saviour's is Southwark Cathedral). He was paid 3s 8d a week as a setter at Westminster Hall, working for the king. During the first six years of work at Redgrave Hall he was paid £8 10s 0d as Master Mason.

- (1) *The building of Redgrave Hall 1545 – 1554. Article by Ernest R. Sandeen MA, PHD, for Proceedings of the Suffolk Institute of Archaeology for 1961. Volume XXIX, Part 1.*
- (2) *English Mediaeval Architects, a Biographical Dictionary down to 1550, John Harvey, 1984.*

The articles on the Tudor Redgrave Hall will be concluded next month.

## Watch the Wash, Dad...

I decided to make myself useful and do a load of the family laundry. When I took the clothes out of the machine, I discovered — to my dismay — that I had also washed the watch my wife had given me while we were dating.

"Don't expect me to replace it," she said later with an obvious lack of sympathy.

By the time Father's Day rolled around, however, she had relented and gave me a beautiful new watch. Attached was a note with this stipulation: "DRY-CLEAN ONLY!"

PD

## UNDER ONE ROOF

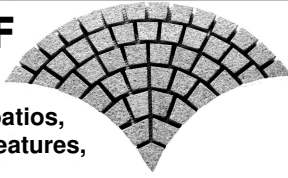
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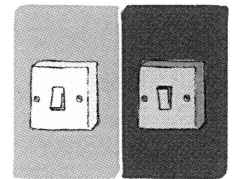
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# Exploring the Past Again

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## Rectory Hill to Church Lane

For much of the 20<sup>th</sup> century the house now called Breklaw was a shop called The Corner Shop. At one time a Mrs Davey ran it. The Marshall family had a grocers and drapers shop there in the 1950s. It finally closed as a shop in the early 2000s.

Turning into Rectory Hill the first house on the right is Hanby. The deeds of this cottage go back to the late 17<sup>th</sup> century when Francis Symonds, a linen weaver, left two properties here and in Water Lane to his wife and mother-in-law.

The houses on both sides at the top of the hill were built as council houses just after the Second World War by Mr Goddard who employed many soldiers returning from active and National service. Today the houses are mostly privately owned.

St Mary's Rickinghall Superior church dates from the 14<sup>th</sup> century, however the nave was rebuilt in the 15<sup>th</sup> century. The south porch with an upper chamber or parvise was added at this time as was the parapet on the tower. The stairs to the parvise and the stairs to the rood loft are still in place. The stone seat running right around the inner wall of the nave was for the elderly and infirm as medieval churches did not have pews. The south west window in the chancel commemorates Samuel Spear, a village boy who, at the age of 15, went out to East Africa as a missionary. He died at the age of 20 in Lincolnshire where he was being prepared to be ordained. (1)

An unusual feature is a mason's mark that can be seen at the base of the outside of the tower. There are six bells which are still rung by a group of bell ringers on Saturday mornings. An agreement exists from 1712 between John Goldsmith of Redgrave, a bell founder, and Churchwardens Michael Barnes and Henry Elmy of Rickinghall Superior to make five new bells. (2) Henry Elmy is buried in a table tomb grave in the churchyard on the north side of the church.

Beside the porch on the west side is an area where there was once a small Lady Chapel or Chantry Chapel. This was excavated in the 1950s by Basil Brown. The Will of Thomas Hervey dated 31 January 1476 requests that he be 'buried in the Chapel of St Mary annexed to the church of Rickinghall Superior'. It is not known when this chapel was demolished or why. The church was declared redundant in 1977 and is now in the care of the Churches Conservation Trust.

The Enclosure Map for 1818 shows a 'camping close' behind the church running parallel with the present bypass. Camping or camp ball was a game something like football dating from the medieval period. It was played by any number of participants. It could get very rough. It was often played between villages as cricket is today.

Opposite the church, on the north corner of Church Lane where it meets the Finningham Road, is the site where it is thought the medieval gildhall once stood. There were three gilds in Rickinghall Inferior and Superior : St John the Baptist, St. Peter and St Mary. These were not craft gilds but social gilds, more like friendly societies. A building which was possibly the old gildhall is visible on the 1818 Enclosure Map but there is no sign of it today.

The listing for Suggenhall Farm, in Church Lane, says it is a 17<sup>th</sup> century house which was extended in the 19<sup>th</sup> century. However the



**St Mary's, Rickinghall Superior**  
© Churches Conservation Trust

first reference to 'Sugenhale' that has been found is in a survey from 1437 when Richard Coupere and his wife Beatrix farmed the land. The Tiptott family appear to have held it for over a century from approximately the 1540s until at least 1656. (3) Then Thomas Fitling leased it for several years. An indenture from 1673 survives naming him as the occupier. In the Hearth Tax of 1674 he is noted as having 5 hearths so it must have been a large house. From about 1841 until 1911 the Newstead family were tenant farmers here. In 1919 the Brown family bought it and members of the family have owned it ever since. Suggenhall barn was converted into a dwelling in 2005.

It is thought that Suggenhall could be the site of Crows Hall Manor, held by John and Mary Crow which is referred to in documents from the late 1200s. They also held the manor in Crowfield and Crows Hall in Debenham.

Church Lane turns right into Potters Lane and Potters Farm is on the right. In the early 1800s this was owned but not occupied by James Hamblin Smith. It was sold with his other properties after his death in 1850. A sales document from that date describes the farm as having a tiled cottage, barn, stable, cart lodges and shelter sheds along with 76 acres of arable and pasture land.

Just beyond Potters Farm is a wooded area where a Second World War observation post stood. There is anecdotal evidence that in the 19<sup>th</sup> century a cottage on the site was used as a pest house or isolation house. In 1943 the land was let to the Air Ministry and the Observation Post was built. The post was manned 24 hours a day by local residents, among them Basil Brown. In 1956 an underground monitoring post was built. It was used until 1968 when the site was returned to Rickinghall Parish Council. The underground chamber has now been sealed, the brick tower demolished and an information board placed on the site. (4)

*(1) A book about Samuel Spear will be published by Quatrefoil this year (2) Ipswich Record Office FBA 121/E2/1/1 (3) 1608 & 1656 surveys IRO HA 240 2508 1466 & 145 (4) Information from Brian Chandler*

And we must not forget granddads on Father's Day .....

## Walking With Grandpa by ROD

I like to walk with Grandpa,  
His steps are short like mine.  
He doesn't say "Now hurry up!"  
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Most people have to hurry,  
They do not stop and see,  
I'm glad that God made Grandpa  
"Unrushed" and young like me.

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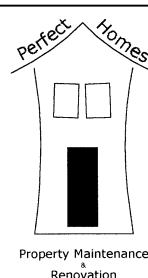


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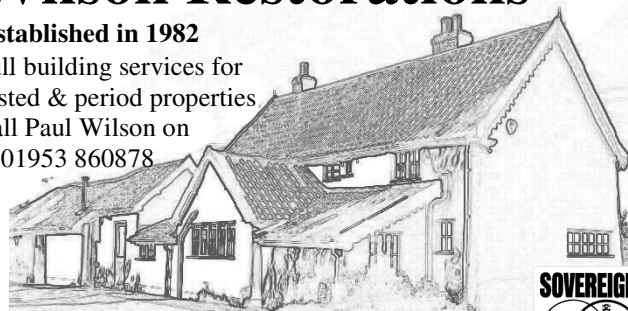
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# Village News

## Botesdale Village Hall Management Committee

There is a vacancy for a co-opted member onto the Management Committee. Any resident of Botesdale over the age of 18 years is eligible to volunteer and join us in managing this valuable facility.



Interested? Please contact Ann Catlin on 01379 898463 for further information.



## ANNOUNCEMENT

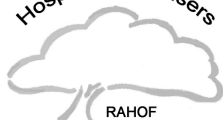
### Royal British Legion Botesdale & District Branch

THE ROYAL BRITISH  
LEGION

Remembrance Sunday in 2013 will be on 10th November and the arrangements will be similar to previous years.

To comply with recent legislation, The Street will be closed from Hinderclay Road, Rickingham to Mill Road North, Botesdale between 2.45 pm and 4.30 pm on that day, with a diversion via Rectory Hill, the A143 and Mill Road North. The same rules require that all commercial and private users of the road in that period be given the opportunity to object to the closure. Would such persons please contact the RBL Branch Chairman, John Canning, The Old Cock House, Market Place, Botesdale, IP22 1BT. Tel : 01379 898352. Objections need to be registered with the RBL Branch Chairman by 15 August 2013.

Rickingham Area  
Hospice Fundraisers



Fundraising in aid of St Nicholas Hospice Care

## ST NICHOLAS HOSPICE CARE

The Committee of RAHOF (Rickingham Area Hospice Fundraisers, who raise funds in aid of St Nicholas Hospice Care), often gets asked what services does the Hospice provide. We have asked the Hospice Press Officer for

an update, which we give as follows:

"Many people think that a hospice is just a place where people go to die in the last few days of life. We wanted to dispel some of the misconceptions and, as we try to reach more and more people in their own communities, to tell you about the many services that could help someone you know in their time of need.

At St Nicholas Hospice Care, we offer:

Complementary therapies (for people and their families including acupuncture, massage and Reiki)

Headstart (helping people to cope with hair loss)

Positive Living Group (a group to help patients and family members come to terms with diagnosis, managing symptoms and making the most of their lives)

Creative writing (a group meets every Friday)

Bereavement support for adults and children (Nicky's Way)

Day therapy in the Orchard Centre

Drop-in days to find out more about hospice care

Nursing visits in people's own homes or care homes from our Community Team

Practical support and companionship in people's own homes from our Hospice Neighbours volunteers

Advice and support with money matters

A ward for in-patients (many people stay for a short period, then return home)

Emotional support

Advice and help to manage pain and symptoms

If you know someone who has had a diagnosis of a life-shortening illness who could benefit from any of these services, why not ask them to find out more from our First Contact Service, guiding people through the first steps of hospice care.

together we  
can make a  
difference

St Nicholas  
Hospice Care

These services are not just for people in the last days of life; they are for anyone who has had a diagnosis of a life-shortening illness, or their family and loved ones.

Find out more by calling 01284 766133 or look on our website: [www.stnicholashospicecare.org.uk](http://www.stnicholashospicecare.org.uk)

## Model Railway Show

on track....

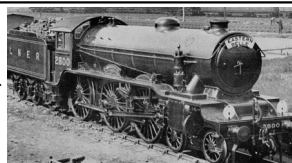
Saturday 4<sup>th</sup> May saw the arrival of the long-awaited Model Railway Show at Rickingham Village Hall.

Working in association with Diss & District Model Railway Society, the Hall put on a Show which included ten model layouts in popular scales, attracting real interest and enthusiasm from the many visitors. Some of these had travelled more than fifty miles to see this first Rickingham Show, and most seemed to enjoy the friendly atmosphere as well as the Show itself. Indeed, it was most gratifying to receive a note from the Chairman of a specialist society who was at the Show, saying how high the standard of the models and layouts was, and that visitors' feedback had been very positive and complimentary.

The trade and other stands which completed the Show seemed to be well received, and were felt to be a good balance to the model layouts. There are already questions as to how we can make it even better next year - a nice problem to have!

No event runs without people to make it work smoothly. Thanks are due as always to those several committee members who give up their time and willingly work to support the Hall, and also to a few people who aren't even on the committee but still work their proverbial socks off to help. You know who you are: thank you.

*Bob Clark, Hall Committee Chairman*



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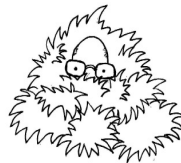
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# Nyalls Notes Bills Birds



I welcome feedback, do get in touch. Nyall Davies 01379 897 067

Bill Cordeaux Tel: 898286

Some years ago a minister of a church told me that his Sunday School Superintendant had come to him and confessed to abusing the children. At the time he didn't know what to do and started asking the parents who, it turned out, wanted it covered up. I wonder how the conversation would go if someone came to me with the confession. I am not someone who is easily shocked and would have paused before saying, "I appreciate you telling me and I wish to do everything I can to support you and your family through this but you do realise that the law compels me to go to the police."

I imagine he might reply, "I came to you as a friend. Where is the forgiveness that you are always talking about?"

"You haven't done anything against me unless you include the damage this is going to do to the church. I am willing to forgive that. I hope that having taught forgiveness the parents will do the same. The law is still that I have to tell the police."

"But you are always quoting, 'if we confess our sins he is faithful and just to forgive us.' You also say that we are to forgive in the same way as Christ forgives us."

"I know and I will do my best to do so. I will do everything I can to be your friend through this. If you will go to the police yourself I will come with you. I'll do everything I can but the law knows nothing of forgiveness."

I can't know whether he would understand as I believe a lot of people would expect forgiveness to include forgetting the offence and ignoring the consequences. In truth, in going as far as to stand by my friend, I would be taking some considerable risk in that I could well get labelled with his misdemeanours. There are many interesting points for discussion that come out of this illustration but the phrase, 'the law knows nothing of forgiveness' is significant in explaining Christianity. There is a close parallel between the above example and why Jesus died.

God created the law which we know as the Ten Commandments and includes many more rules that we have largely forgotten. God then said:

*"I have set before you today life and good, death and evil. If you obey the commandments of the LORD your God that I command you today, by loving the LORD your God, by walking in his ways, and by keeping his commandments and his statutes and his rules, then you shall live and multiply, and the LORD your God will bless you..."*

The law knows nothing of forgiveness and the consequences of breaking the law must be taken. It doesn't matter how repentant my friend was the law must have its way.

In Christianity Jesus takes the consequences of the law for me. The law knows nothing of forgiveness, that is why Jesus had to die. He said, "I come not to destroy the law but to fulfil it. Not one jot or tittle of the law will pass away until all is accomplished." He accomplished that when he died on the cross. Paul was thus able to say "He is our peace, ...., he has abolished in his flesh the law of commandments and ordinances, that he might reconcile us to God through the cross." For the Christian the law now has no power to condemn.

## Cafe Church

[www.christianpublishnet.co.uk](http://www.christianpublishnet.co.uk)  
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Cafe Church  
Sundays at 10.30 am at Redgrave Activities Centre  
Contact Nyall Davies, tel : 01379 897067

I am delighted to report that after the misery of a cold so-called Spring the warmer weather DID arrive and, with it, the return of our migratory birds.



I am sure you will have earlier reports than mine, but I saw my first Swallow in Botesdale on 16th April. The Cuckoo was heard on Redgrave Fen on 17th April, and then later on Thelnetham Fen on 28th April. The Chiff Chaff appeared in the middle of April and later the Willow Warbler. They have the same appearance but a totally different song.

Swifts was seen flying high over our house on 6th May. I was asked "where have all our Swifts gone?" I think a few look in to see that their prospective "patch" is still available and then fly locally, or maybe many miles away, to a good feeding area, before returning with a mate to nest. As with all our migratory birds, the flight must be exhausting and it is necessary to have a good feed to replenish their body reserves. Incidentally, I received a report on 13th May of a flight of two to three hundred Swifts flying over Botesdale in a north westerly direction.

I, personally, was spoiled for a Spring bird watch by a trip to the North Norfolk coast in mid April. The reserve at Cley was in bright sunlight and I was welcomed by a Peregrine flying overhead. Next, from one of the hides, two Marsh Harriers were seen "mobbing" a Kite. The area was full of Avocets and various duck, not forgetting the many waders that were passing through, the most attractive being the Black Tailed Godwit, the male being resplendent in his bright rufous spring clothing.

A visit to neighbouring Titchwell Reserve was equally rewarding, being welcomed by still present Bramblings and Siskins at the feeding areas. Below them wandered nonchalantly a Water Rail helping himself to the pickings dropping from the feeders. The Water Rail is an attractive water bird similar to the Moorhen, but more reserved and seldom seen, with a finer plumage—a dark blue sheen body and a delicate red bill and pinkish legs. It's so-called song consists of pig like grunts and squeaks.

I have had a short visit to neighbouring Lackford Lakes, hopefully for the Nightingale. It was there in early song, rehearsing only, I thought. As yet no Turtle Doves. I must return for this is where I usually hear and see this now rare dove.

All this information about more distant reserves, but how about our local Redgrave Fen? On 6th May, looking for our Spring visiting raptor, the Hobby, I saw a female Marsh Harrier on Little Fen. Later, three Hobbies did arrive. The Hobby is a small and fast flying raptor, very agile and, from a distance, resembling a Swift. It is greyish in colour with an attractive dark red chest. When Hobbies arrive they often come together in areas with a good food supply. Recent reports this year are of up to twenty four at Lakenheath RSPB Reserve. In flight they catch flying insects in their talons before transferring them to their beaks. Like Swifts they perform aerobatics in order to catch their prey.

A little memory with which to finish. Once, some years ago whilst caravanning on the East Suffolk coast, my sleep was pleasantly interrupted throughout the night by a Nightingale. This was nothing to the experience of a friend camping on the Dingle Marsh at Walberswick, who got fed up with the constant 'booming' of Bitterns!

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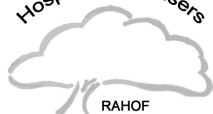


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# Thank You

Rickingham Area  
Hospice Fundraisers



Fundraising in aid of St Nicholas Hospice Care

Despite a blustery day we saw some new faces alongside our stalwart supporters for this year's Coffee with Carol held in May and raised the magnificent sum of £1,774 for St Nicholas Hospice Care in Bury St Edmunds.

Our grateful thanks go to everyone who supported us by either giving items, donations or coming along on the day and to the Supporters Group for their sterling work. The amount raised was a record for this event and special thanks go to Carol and Richard for their hard work and for making us so welcome.

*The Committee*

A Huge Thank You .....

To everyone who helped to make the Jumble Sale at Rickingham Village Hall on Saturday April 27th 2013 such a success. We raised £632.06 for the disadvantaged children in Nepal (the Umbrella Foundation and the Suvadra Foundation). Both organisations were delighted with our donations which will fund school books, school fees, and uniforms for these vulnerable children.

I will be continuing to raise funds for [www.umbrellanepal.org](http://www.umbrellanepal.org): Car Boots; Yoga event July 20th; Book Fair, plus good jumble/nearly new on October 19th. Donations most welcome. Thank You, very much!

*Pietermella Jarvie 01379 890955*



## Donations in memory of Ivan Youngman

Many thanks to everyone who gave donations in memory of Ivan, either to Rosedale or in the church. The amount of £355 has been sent to Botesdale Health Centre.

*Joyce Youngman*

A HUGE THANK YOU to everyone who generously donated money, goods and supported my Coffee Morning in May which raised £1,774 for St Nicholas Hospice Care—absolutely fantastic! Special thanks go to the RAHOF Support Team, Committee members, Lynn and Tim for all their hard work.

Those of you who came will know how windy it was on the day and, luckily, you had all gone when one marquee decided to go flying and we, with Tim's help, struggled to save the others. We will need to change our plans if it is decided to hold a coffee morning in 2014.

*Carol Amps*

## Antique & Collectors Fair

Thank you to all the people who supported the Antique and Collectors Fair on Bank Holiday Monday at Rickingham Village Hall, especially to the stall holders, donors and helpers in various ways. A profit of £850 was made for Rickingham Inferior Church fabric fund towards the recent quinquennial inspection report work needed.

*Rickingham Inferior Church Fabric Fundraising Team*

A bus load of tourists arrives at Runnymede.

They gather around the guide who says, 'This is the spot where the barons forced King John to sign the Magna Carta.'

A fellow at the front of the crowd asks, 'When did that happen?'

'1215,' answers the guide.

The man looks at his watch and says, 'Gee whiz - just missed it by a half hour.'



## "In Your Garden"

with Ian Shilling of Tripp Batt Country Store of Stanton

Lettuces, Cut-and-come-again crops, Rocket, Radishes, Carrots and Beetroot are just some of the vegetables which can be sown in June to keep the fresh produce coming. Fresh herbs add great flavours to the kitchen, and many of these can be sown now for future use. Parsley, Dill, Basil and Coriander all come easily from seed, sown outdoors in a sunny spot. However, experience tells me that the nearer they are to the kitchen door, the more they'll be used! Keep up your vigilance regarding pests and diseases, particularly as soft fruit starts to ripen, as early capture is the key. Get in quick with protection methods such as netting for soft fruit, and spray at early signs of attack on greenhouse crops such as tomatoes, cucumbers and courgettes. Also consider the unpredictability of drought conditions and remember the importance of mulching – a great technique for retaining moisture in the ground and in pots. Even grass clippings can be used as long as the layers are not too thick.

Also protect your Strawberries from rain splashes using straw or mulch material which will also help keep the ground moist for fuller fruits. After fruiting, Strawberries will send out runners, which can be pegged down to produce new plants.

If you still have too many developing apples, they can be thinned after the natural 'June drop'. Picking off miss-shapen or under-developed fruits will mean that energy is diverted into the fewer fruits producing larger ones. Gooseberries can also be thinned like this, leaving the larger ones to develop. The ones you pick off can still be used in cooking.

The late but welcome burst of spring has seen herbaceous plants shooting up, but many of these are prone to getting blown over in the wind. The secret is to offer support now rather than wait until the plants are higher. This can be in the form of twigs, canes or metal supports, for the plants to grow through. The plants will then camouflage the less attractive means of support.

*Happy Gardening!*



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# Village News Neighbourhood Watch

## MASS IN G MINOR

The first mass I wrote was performed in Redgrave Church in December 2007 shortly before Christmas. The newly appointed Bishop of St Edmundsbury and Ipswich, the very Rev Nigel Stock, was the guest of honour. He wrote to me in his own hand the next day and I shall treasure the letter to the end of my days. There is a good deal of truth in the lyrics of W. S. Gilbert in the operetta 'Ruddigore' concerning self advertisement, they are :

'If you wish in the world to advance  
Your merits you're bound to advance  
You must stir it and stump it  
And blow your own trumpet  
Or trust me you haven't a chance'

Forgive me therefore for quoting from his letter.

"Congratulations on a wonderful achievement. You assembled an excellent choir, orchestra and group of soloists and brought the best out of them. However apart from that there was the extraordinary feat of writing and producing the work itself. It was quite clear that your audience was captivated and I do hope you yourself had a real sense of fulfillment. It was tremendous to be at a performance where it was so obvious that the composer not only cared deeply for the use of Latin as a medium for singing but for what the words conveyed....."

My second mass was performed in Redgrave Church in 2010 and now the first performance of my third mass will take place on Sunday July 14<sup>th</sup> at 6.30 pm, again in Redgrave Church.

I have engaged a young concert pianist, Matthew McCombie, to play and he will be accompanied by top cellist Catherine Johnson. Matthew left the Royal College of Music a year or so ago and currently spends much of his time giving concerts on cruise ships. I discovered him through Sue and Edward Coales who much enjoyed his playing when they were on a cruise recently. Catherine lives in Cambridge and teaches the cello as well as giving recitals. The solo singers are Pam Vinten Phipps, Jennifer Hewes, Joseph Morgan, Owain Browne and Paul Hewes. The concert will last an hour followed by refreshments.

Originally music for the mass was intended to be sung at the appropriate places in the communion service. As time went by the music developed to such an extent that it became suitable for concert performance not necessarily always in a church. For a composer the task of writing a mass is made simpler because the sections are clearly defined and each one has its own emotional quality. The main sections are: Kyrie, Gloria, Credo, Benedictus and Agnus Dei. The words translated from the Latin may be seen in the Book of Common Prayer. For me the masses of Haydn and Mozart are among my most favourite of all musical compositions, far from being 'heavy going' they abound with lively exciting music and are full of melodies. Well known masses include Verdi's 'Requiem', Haydn's Nelson Mass, Bach's B minor, Beethoven's Missa solemnis, Mozart's 'Coronation' and his famous 'Requiem'.

I hope that July 14<sup>th</sup> will be a pleasant summer evening. From the beautiful Redgrave Church will be heard for the first time music for the new mass. I can guarantee plenty of attractive tunes as well as suitably serious ones.

*Peter Creswell, May 2013*

## Local Contact Details

For Neighbourhood Watch contact your local Co-ordinator, or else in Botesdale and Rickinghall Peter Beck on 01379 890495, (email : peter@pbeck.plus.com), and in Redgrave John Robinson on 01379 890683.



**Non emergency calls and enquiries to the Police, please ring 101.  
Emergency calls—Fire, Police, Ambulance, dial 999.**

## PCSO 3240 David Faulkner

David is now responsible for our villages and hopes to get to know us over the coming months. He says that if you have any queries or need any assistance, then please do not hesitate to contact him. David has sent the following :

### Suspicious Activity

As always we are after your assistance in combating the rural crime that occurs throughout Suffolk. Unfortunately a large number of thefts, burglaries and damage go unreported to the police as they are seen as insignificant or not worth dealing with. Anything that occurs in your village or the surrounding area is of interest to us, especially suspicious vehicles or people. If you have anything to report, then call 101 and speak to our call takers, alternatively ask to be put through to myself, and if I am on duty I can assist.

### Recent Crime Trends

Mid Suffolk, and a large proportion of Suffolk in general, has been experiencing daytime burglaries especially in rural isolated houses. This is becoming an increasing problem and one which Suffolk Constabulary is proactively targeting. This follows on from my report above regarding informing the Constabulary of any suspicious activity to enable us to accurately detail the methods and means of transport these offenders are using.

**PCSO 3240 Dave Faulkner**

**PC 158 Antony Price**



### Contact Details:

**Mid Suffolk North Team, The Lodge, Castleton Way, Eye**

**Tel No – 101**

**Email – midsuffnorth.snt@suffolk.pnn.police.uk**

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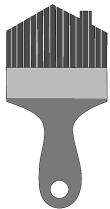
Advertise here. Suggested donation of £2 per insert per month. Tel : 01379 890109



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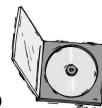
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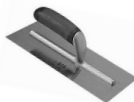
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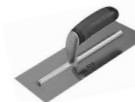
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Readings for Parish Church Sunday Services		
Date	1st reading	2nd Reading
2nd June	Galatians 1 : 1-12	Luke 7 : 1-10
9th June	Galatians 1 : 11-end	Luke 7 : 11-17
16th June	Galatians 2 : 15-end	Luke 7 : 36-8:3
23rd June	Galatians 3 : 23-end	Luke 8 : 26-39
30th June	Galatians 5 : 1, 13-25	Luke 9 : 51-end

Rota	Chapel of Ease		Redgrave		Rickinghall	
	<i>Sidesman</i>	<i>Lector</i>	<i>Sidesman</i>	<i>Lector</i>	<i>Sidesman</i>	<i>Lector</i>
2nd June	Mrs Hilliard	Mrs McGrath	Mr Robinson	All Saints All Together	Mr Lamb	Mrs Bennett
9th June					Mrs Self	Mrs Shepherd
16th June			Mrs Culley	Mr Stokes	Mrs White	Mrs Whitehead
23rd June			Mrs Davies	Mr Davies	Mrs Sheehan	Rector
30th June	Mrs Cordeaux	United Service			Mrs Sheehan	Rector

Flowers			
2nd June	Mrs Moss	Mrs Lamb	Mrs Rixon
9th June	Mrs Moss	-	Mrs Rixon
16th June	Mrs Whiteside	Mrs Walker	Mrs Whiteside
23rd June	Mrs Whiteside	Mrs Walker	Mrs Whiteside
30th June	Mrs Canning	-	Mrs Draper

### Union of the Benefice of Redgrave cum Botesdale with the Rickinghalls

We became a united parish on 1st April 2013, to be known as the Parish of Redgrave cum Botesdale with the Rickinghalls when the Church Commissioners approved the pastoral scheme as described in the January edition of this magazine, and at the Annual Parochial Church Meeting on 24 April 2013, a new PCC was formed consisting of:

The Rector (Chris Norburn)  
Churchwardens: Mr Jeff Lamb (Rickinghall) and Miss Anne Shorten (Redgrave cum Botesdale)  
Electoral Roll Officer: Mr Chris Davies  
Deanery Synod reps: Mr Jason Walker and Mrs Janie Whitehead.  
Treasurer: Mr Rob Rixon, (with Mr Tim Shorten as assistant, and co-opted to the PCC)  
Dr Bill Cordeaux  
Mrs Fiona Erith (Lay Reader)  
Mrs Jackie Erith (Lay Reader)  
Mrs Ruth Powell (Lay Elder)  
Mrs Maureen Self  
Mrs Rosemary Walker  
Mrs Frances Lamb (Secretary)

Mrs Christine Hilliard continues as the Hon. Secretary to the Standing Committee.

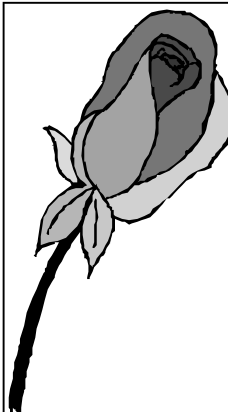
We have 89 members on the new Church Electoral Roll.

# Job Spot

### "HELP!"

Willing helpers required to dust and Hoover on a rota basis at St Mary's Church, Rickinghall Inferior.

If you would like to join the team (some of whom have been involved for some twenty years) please ring Kath Cotton on 01379 898207.



### Fathers Remembered

This month, while many celebrate Father's Day, there will be a group of people spending this special day without their father and we have commissioned a special book of memories from which people may draw comfort by expressing how they feel or sharing prayers, poems, thoughts and inspirational sayings.

Anyone who has been bereaved of their father can contribute to the book, and children and young people are also encouraged. The pages will be kept for many years and will be a testament to the understanding and acceptance that comes with the passing of seasons. You do not have to be profound! You may wish to include your thoughts and feelings about your father's death as well as any special memories you have of his life. Share how he made you feel and the special things he did for you. Just to say you are remembering someone special is enough. There will be a Father's day book of memories in Rosedale Funeral Home, 63 Victoria Road, Diss, Norfolk, IP22 4JE.

We have also purchased 100 beautiful "Peace" rose bushes from Peter Beales Roses for families to take away and plant in memory of their father. If you would like to receive a rose, please contact us to reserve one as numbers are limited.

The roses and the book of memories will be available in the week prior to Father's Day and we will also be open on the Sunday morning between 10.00 am and 12.00 noon for those wishing to contribute on the day.

And in the days surrounding Father's Day, remember it's OK to grieve for your father in your own way. Many people grieve outwardly, through tears and expressed emotions, while others grieve inwardly and keep the hurt they feel to themselves. If talking or writing about the situation makes you feel better, then you should express yourself but remember that in the early days of a loss, you aren't obligated to anyone to tell them how you feel. There is no right way to grieve.

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## Parkview Chapel—June

Sundays	Weekly at	10.30 am	All Age Worship
Except 2nd & 16th June		9.25 am	Communion
30th June		10.30 am	United Service at St Botolphs (Chapel of Ease)

Tuesday 11th June 9 am to 12 noon 'Coffee on the Corner'

Thursday 6th & 20th June 2.00 pm Ladies Meeting

### Regular Activities

Weekly home groups on Tuesday and Wednesday

See Page 9 for Parkview Youth Activities—some of these activities do not take place during school holidays.

Phone 01379 898924 or 783216 for more details.

<http://www.parkviewchapel.co.uk>



## Botesdale Methodist Church

Sunday Services at 10.30 am unless otherwise indicated.

Sunday Club is at 10.35 am. All children are welcome.

2nd June	Mr J C Browne
9th June	Mr R Wade
16th June	Mrs I Sayer
23rd June	Rev C Hough
30th June	United Service at St Botolph's at 10.30 am

Bible Study Alternate Mondays at 10.00 am

Christian Forum Tuesday 4th June at 7.30 pm A visit to China by Mrs S Mann

Wives Group Wednesday 19th June Summer Outing

FLOWER FESTIVAL	Favourite Hymns
Friday 31st May	2 to 5 pm
Saturday 1st June	10 am to 5 pm
Sunday 2nd June	2.30 to 4 pm followed by Songs of Praise led by Mrs Sue Goodwin



## Café Church - wanted more people to ask awkward questions

Not like church at all—100% interactive—you set the agenda

**Cafe Church—Sundays at 10.30 am  
at Redgrave Activities Centre  
Contact Nyall Davies, tel : 01379 897067**



## From the Registers— Rickinghall Thanksgiving

12 <sup>th</sup> March 2013	Thanksgiving for the life of Penny Reid	Died 26 <sup>th</sup> February 2013	aged 57 years
23 <sup>rd</sup> April 2013	Memorial service for Pamela Jean (Betty) Mayhew	Died 7 <sup>th</sup> April 2013	aged 88 years

### Funeral with burial

15 <sup>th</sup> April 2013	Paul Thomas Leeder	Died 3 <sup>rd</sup> April 2013	aged 57 years
15 <sup>th</sup> May 2013	Doreen Allen	Died 27 <sup>th</sup> April 2013	aged 89 years
16 <sup>th</sup> May	Miriam Joyce Davey	Died 7 <sup>th</sup> May 2013	aged 94 years



"How true Daddy's words were when he said: 'All children must look after their own upbringing.' Parents can only give good advice or put them on the right paths, but the final forming of a person's character lies in their own hands."

*Anne Frank*



**All Saints  
Redgrave**



**St. Botolph's  
Botesdale**



**St. Mary's  
Rickingham**

**2nd June '13** *1st Sunday After Trinity*  
8:15 St. Botolph's, Botesdale BCP Communion  
10:30 All Saints, Redgrave All Saints Altogether



*An interactive service for people of all ages starting with coffee*

6.30pm **Upper Church**, Rickingham Evening Prayer

**9th June '13** *2nd Sunday After Trinity*

A service to celebrate the Union of the Benefice to a united parish. This will start with a short service at **10.30** at St Mary's, Rickingham, from which we will walk to All Saints, Redgrave via the Chapel of Ease, Botesdale where we will stop to sing and pray. At All Saints we will have a fellowship lunch. Transport will be available if walking is difficult.

**16th June '13** *3rd Sunday After Trinity*  
8:15 All Saints, Redgrave BCP Communion  
10:30 St. Mary's, Rickingham Worship Together



*With Baptism. This is an informal and interactive service for people of all ages.*

**23rd June '13** *4th Sunday After Trinity*

8:15 St Mary's, Rickingham BCP Communion  
10.30 Messy Church in Botesdale Village Hall starting with "Coffee & Cake" & followed by crafts, songs, stories and family fun.



10:30 **St Mary's**, Redgrave CW Communion

**30th June '13** *5th Sunday After Trinity*

8.15 St Mary's, Rickingham, BCP Communion  
10.30 St. Botolph's, Botesdale, **United Service**

**7th July '13** *6th Sunday After Trinity*

8.15 St Botolph's, Botesdale, BCP Communion  
10.30 All Saints, Redgrave, All Together All Saints  
6.30 St Mary's, Rickingham, Evening Prayer

Also this month

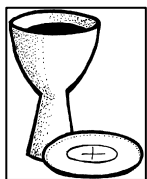


Tue. 4th June from 10.00am  
**"Open House"** at All Saints  
*For coffee, cakes and chat*

**All Saints  
Redgrave**



Thurs. 13th June 7.15pm  
**"Spearhead"** *A time of worship and prayer for revival here in this area.*



Wed. 5th June. 10.00am  
**Albert Close** Communion  
Thur. 20th June 9.45am  
**Farnish House** Communion  
*These services are open to everyone*



Thur. 6th June 7.30pm, St Mary's, Rickingham &  
Tues 18th June 7.30pm, All Saints, Redgrave  
*A time of prayer for the work of the church in the community.*

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