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Friday 16 November	12 NOON 9.00 am 8.00 pm	LATEST COPY DATE AND TIME FOR DEC/JAN MAGAZINE Yoga. Booking essential on 01379 890955 Dance Classes	Rickingham Village Hall Botesdale Village Hall
Saturday 17 November	10.00 am 10.00 am 10.30 am	Open Church Car Wash on the Corner Botanical Illustration. Booking essential on 01473 890089	St Mary's, Rickingham Inferior Parkview Chapel Redgrave Fen
Sunday 18 November			
Monday 19 November	2.00 pm 7.30 pm 7.30 pm	Needlecraft Slimming World BARWOODS Annual General Meeting	Activities Centre Rickingham Village Hall Function Room The Bell Inn
Tuesday 20 November	9.30 am 6.00 pm 7.15 pm 7.30 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Zumba Yoga & Relaxation Julie's Aerobics Progressive Whist Drive	Rickingham Village Hall Rickingham Village Hall Botesdale Village Hall Rickingham Village Hall Activities Centre
Wednesday 21 November	10.00 am 10.00 am 2.00 pm 2.30 pm	Day Centre Redgrave Art Club Yoga. Booking essential on 01379 890955 Wives Club	Rickingham Village Hall Activities Centre Activities Centre Methodist Church
Thursday 22 November	9.30 am 10.00 am 7.00 pm	RABBATS Coffee Morning Old Time Music Hall	Rickingham Village Hall Farnish House Botesdale Village Hall
Friday 23 November	9.00 am 7.00 pm 7.30 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Old Time Music Hall Bowls Club Annual General Meeting Rickingham Village Hall Management Committee AGM	Rickingham Village Hall Botesdale Village Hall Bowls Club, Fen Lane Rickingham Village Hall
Saturday 24 November	11.00 am 2.30 pm 7.00 pm	Christmas Bazaar Autumn Fayre Old Time Music Hall	All Saints, Redgrave Botesdale Village Hall Botesdale Village Hall
Sunday 25 November			
Monday 26 November	2.00 pm 7.30 pm	Needlecraft Slimming World	Activities Centre Rickingham Village Hall
Tuesday 27 November	9.30 am 12 noon 6.00 pm 7.15 pm 7.30 pm	Yoga. Booking essential on 01379 890955 Redgrave Luncheon Club. Ring 898615 on 26th for vacancies. Zumba Yoga & Relaxation Julie's Aerobics	Rickingham Village Hall Activities Centre Rickingham Village Hall Botesdale Village Hall Rickingham Village Hall
Wednesday 28 November	10.00 am 10.00 am 2.00 pm 2.15 pm 7.30 pm	Day Centre Redgrave Art Club Yoga. Booking essential on 01379 890955 Forget-me-not-Club Heritage Circle	Rickingham Village Hall Activities Centre Activities Centre Farnish House Rickingham Village Hall
Thursday 29 November	9.30 am 7.30 pm	RABBATS Redgrave Village Garden Club	Rickingham Village Hall Activities Centre
Friday 30 November	9.00 am 8.00 pm	Yoga. Booking essential on 01379 890955 Dance Classes	Rickingham Village Hall Botesdale Village Hall

A Year 5 teacher was giving her Primary pupils a lesson in developing logical thinking.

'This is the scene', said the teacher.

'A man is standing up in a boat in the middle of a river, fishing. He loses his balance, falls in, and begins splashing and yelling for help.

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A little girl raised her hand and asked, 'To draw out all his savings?'

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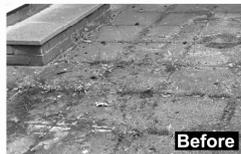
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EXPLORING THE PAST

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Lucy Wilson

The organ in Redgrave Church has recently had extra pipes added by a generous benefactor. It was originally installed in 1890 in memory of Lucy Wilson who was the wife of the Squire George Holt Wilson of Redgrave Hall.

Lucy died in 1888 at the young age of 45, leaving ten children between the ages of five and twenty one. George married Lucy in 1865, she was the eldest daughter of E. James Esq. of Barrock Park, Cumberland. Their eldest child was George Rowland Holt Wilson born in 1867. There were only fifteen months between the births of each of the first three children. Louisa Violet Elizabeth was born in 1868 and Arthur Holt in 1869. All the boys were given the second name of Holt, to carry on the name, as they were descended from Sir John Holt the Lord Chief Justice whose Monument is situated in the chancel of Redgrave Church. Lucinda, the sister of Thomas Holt, had married Thomas Wilson, and in 1799 their son George Wilson, who became an Admiral, inherited the estate. Lucy seemed to be a very loving mother. When George Rowland went off to boarding school the family wrote to him and some of the letters survive in the Holt Wilson papers.

Whilst part of Redgrave Hall was being decorated George rented a house at Yarmouth for the family and letters exist telling Rowland about their holiday. His mother told him about their journey to Yarmouth starting from Redgrave Hall with the governess Violet, Evelyn, Basil and herself in the carriage, Mrs. Jones and two nursery maids and three children in a fly, and Arthur in the luggage cart with Chaplin. They arrived at Eccles Station to catch a train to Norwich to change for Yarmouth, but when they went to catch the train to Yarmouth they were late and the luggage was put on to the train and as they walked up the platform the train went off without them. Lucy sent a telegram to her husband when she arrived but did not tell him they had missed the train as he would have said "it would never have happened if he had been with us". The older children had to have their lessons whilst they were on holiday. Lucy had two more children later.

When Lucy died in 1888 she was staying at the Rectory in Redgrave, the Rector Thomas Holt Wilson was a cousin of her husband. Lucy seemed to have been well loved by her family and friends as a year after her death the Rector appealed to start a fund for a new organ for Redgrave Church in memory of Lucy as she was very fond of music and painting. The Revd. James, Rector of Rickinghall and brother of Lucy organised the ordering of the organ, and the Rector of Redgrave was very pleased that the money was raised in a very short time, and the organ was ordered within three months of the appeal going out, and installed and dedicated a year later.



Lucy with a baby thought to be George Rowland Holt Wilson

George Rowland Holt Wilson became the squire after his father, but only for a short time as he died only five years later. Arthur Holt Wilson became a major in the East Surrey Regiment, and after retirement moved to British Columbia in Canada, but must have returned to England to fight in the First World War as he died as a result of the war and has a commonwealth grave memorial in Redgrave churchyard. His brothers Francis and Villiers also moved to British Columbia, and Piers was in Holy Orders in Perth, New Brunswick. Margaret married Henry Kingsmill Brown who was Rector of Rickinghall Church from 1913 to 1936. Leonard born in 1875 became Rector of Redgrave in 1904 until 1924.

Acknowledgements to Tim Holt-Wilson for information from family archives.



"In Your Garden"

with Ian Shilling of Tripp Batt Country Store of Stanton

There is no better time to replant than now; plants are 'shutting themselves down', the ground is moist and warmer than in spring, and root growth will take place without water loss through leaves. Over thirty to forty years ago, most garden plants now grown in pots and on sale at garden centres, were grown in the ground, and known as 'bare root' or 'open ground' plants. So this time of year, once leaves had dropped, represented harvest time for the many small nurseries which existed on the lighter soils in the south-east. The north of Surrey was particularly ideal, but famous East Anglian nurseries such as Blooms and Notcutts prospered too. Plants could be 'lifted' and re-planted without much danger of any harm being caused. Containerisation in the form of plastic pots came along but with them, a greater risk of plant loss as pot-grown plants were being planted at riskier times of the year. So, if you're planning a garden revamp, or want to move plants, now is the time.

Providing it is of manageable proportions, move any plant if it is not quite where you wanted it. Split up large clumps of herbaceous perennials, discarding the older centres, and replanting the outer younger growth which will be healthier and more vigorous. Why not do swaps with other gardeners to increase your palette? Winter/Spring bedding should be planted now; containers and hanging baskets can brighten up the dull days to come. Resist the need to prune back plants with berries and seed heads as the birds will feed on these. Check that trees are adequately staked to withstand the winter winds, and rabbit proof them where necessary.

Garden blowers and vacuums do a wonderful job of clearing lawns – keep removing leaves, and together with spiking the top 3 or 4 inches, moss will be deterred and drainage will improve. The last grass cut of the year will be soon, so it is worth giving the underside of the mower deck a good clean afterwards. Once cleaned, a spraying of WD40 will protect through the winter and will also reduce grass sticking next season. Also think about booking in a service before its next use, as mower workshops are always busy in the spring.

In the kitchen garden, strawberry runners can be re-planted, and rhubarb and Raspberry canes can be divided. In the early part of the month, it may still be possible to set over-wintering onions and broad beans.

Happy Gardening!



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THANK YOU

Rickingham Area
Hospice Fundraisers



Fundraising in aid of St Nicholas Hospice Care

RAHOF- Rickingham Area Hospice Fundraisers

The Annual Bridge Day held at Roydon Village Hall in September raised £470 for St Nicholas Hospice Care in Bury St Edmunds.

The Committee would like to thank all those who supported this event and special thanks go to Joy Walker who organised it.



F o B H C

Friends of Botesdale Health Centre

I would like to thank all who came and supported the recent Quiz held at Botesdale Village Hall, not only the 'quizzers' themselves, but those who provided raffle prizes, helped with refreshments and the bar, Lynn who asked the questions and Brenda who kept score. £415 was raised for The Friends.

Jacquelyn Tate



The Children's Society

Thank you, thank you to all the wonderful people who have given so generously to The Children's Society over the past thirteen years. We raised £334 at our recent Coffee Morning, and I am most grateful to all the helpers, friends and box holders

who came along.

At the end of this year I shall be pleased to hand over the position of Hon Sec of the Society to Mrs Linda Green of Anglian House, Botesdale, and I am sure you will continue to give her your full support.

Again, my thanks for all your help and I wish you every success in the future.

Elizabeth Moss

Thank you so much to everyone who supported me on the recent Girls Night Out - an 11.2 mile walk around Bury St Edmunds in aid of St Nicholas Hospice Care. With your backing I raised £1,000 which is a fantastic result.



St Nicholas
Hospice Care

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I believe the event raised in the region of £120,000 for the Hospice though this has not yet been confirmed.

Carol Amps

Amusing Childhood Perception

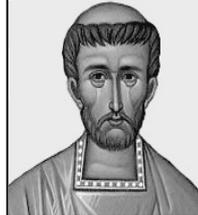
Young Mia, only four years old, returned home from her Nursery School complaining, 'Mummy, I've got a stomach ache.'

'That's because your stomach is empty,' Sarah, her mother replied kindly. 'You'll feel better when you have something in it.'

She made Mia a small snack and sure enough, Mia felt better immediately.

Later that afternoon Mia's nursery teacher dropped by to see Sarah. While she was chatting with Mia's mum, she mentioned she'd had a bad headache all day long.

Mia perked up straightaway and announced to her teacher, 'That's because it's empty. You'd feel better if you had something in it!'



Stress Free Entertaining

Our Stress Free Entertaining evening with David Ryan held on 15th September was a very 'entertaining' one. The tasters of duck, mixed vegetables and couscous and the vegetable soup certainly excited the palate. Despite the small gathering we were able to give the Chapel of Ease Roof Fund £262.00.

I would like to thank Jenifer Cordeaux and her helpers who worked so hard to make the evening a success.

Anne Shorten, Churchwarden



The World's Biggest Thank You!

Katie Gunn and a fantastic (and very hard working!) band of helpers would like to thank everybody who came to the World's Biggest Coffee Morning in aid of Macmillan Cancer

Support, held on Friday 28th September at The Old Rectory, Burgate. The truly magnificent sum of £3,300 was raised (will be nearer to £3,800 when gift aid is added); a true testament to the incredible generosity of local people.

It was great to see so many people (250 in all!) and thank you to all the stallholders for providing a great shopping experience and significant donations from their sales. Thank you also to those who kindly provided raffle prizes, cakes, preserves and willing hands - it simply wouldn't be possible without you!

We look forward to seeing as many as possible of you next year in support of this fantastic cause. A million thanks again.

Recent Fund Raising Events for Benefice Funds

The Coffee Morning at June Shepherd's home on 18th September raised £285. Our thanks to June for letting us use her lovely grounds.

The Quiz Night on 29th September held at Botesdale Village Hall raised £215. Thanks to everyone who came and supported this event and to Ruth Powell and her helpers.

The talk by June Shepherd on '50 Years in the Waveney Valley' brought back many memories for some of the audience. June spoke of her life here with her family and the many changes that have taken place. At one time Redgrave was almost self-sufficient with, amongst other services, a butcher, baker, post office, shops and public houses, petrol pumps and primary school. Gradually, large gardens and fields were sold for housing, and improved transport meant the demise of many facilities. The days when everyone knew everyone went, but a community spirit still remains in Redgrave : there is an Activities Centre, the parish church which is now in the care of the Churches Conservation Trust is, thanks to an enthusiastic Redgrave Church Heritage Trust, a place for exhibitions, concerts, plays, etc, and the Mission Room is now All Saints Church, and there is a community shop run by volunteers. The evening ended with light refreshments and reminiscences from the audience. Thank you, June, for reminding us of yesteryear, and the event raised £192 for the Benefice Fund.

Anne Shorten, Churchwarden

To do is to be - Descartes

To be is to do - Voltaire

Do be do be do - Frank Sinatra



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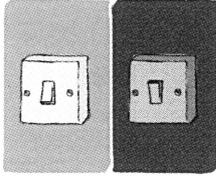
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The Grand Christmas Draw and Bingo Evening will be held in the Bowls Club on Friday 7th December 2012. The Draw prizes will include seasonal fare, including poultry, a hamper, cakes, wines, spirits and much more. Bingo begins at 7.30 pm: the competition will, as usual, be fierce.

Draw and Bingo tickets will be available in the Club on the night. After 11th November you will also see Draw tickets for sale at various places around the villages – The Greyhound, Rickingham Newsagents, Lister's Garage, The Co-op and others.

Members are reminded that the AGM will now be on Wednesday 14th November 2012 at The Bell Inn, beginning at 7.30 pm. Information and apologies to Mr John Canning on 898 352.

Looking ahead to 2013, dates for your diaries are :

13th March	Annual Dinner
TBD June	Bowls Match
30th October	AGM
6th December	Christmas Draw and Bingo

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STOP PRESS—The Annual Quiz Night with Fish & Chips at Rickingham Village Hall will be on Friday 15 FEBRUARY 2013.

A Gardener's Thought

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EXPLORING THE PAST AGAIN

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The First World War

Recently the Prime Minister has announced that many school children will have the opportunity to visit the First World War battlefields and cemeteries in France and Belgium to mark the centenary of the beginning of the First World War in 2014. Many people reading this will have been on a tour of the Western Front. We have just returned from one and found it a very moving experience.

Ypres, or Ieper as it is called now, is in Belgium. The country around it was a battlefield for the whole war and Ypres/Ieper itself, although it never fell into German hands, was flattened and had to be completely rebuilt in the 1920s (as did many villages and towns in Belgium and France). There are cemeteries by the side of every road and down many tracks. Many men from our war memorial such as Arthur Bailey and Lyon Playfair, who died in 1915, would have been buried in cemeteries in the fields. However in the following years, many of these cemeteries were blown to pieces and the bodies were unidentifiable so they are now remembered on the Menin Gate in Ypres which is the memorial for those with no known grave in the Ypres Salient. There are six names on the Menin Gate Memorial from our War Memorial : Arthur Bailey, Stephen Boyce, William Cook, Lyon Playfair, James Sage and Frederick Thackeray and two on the Tyne Cot Memorial : Richard Cook and George Game.

Tyne Cot is the cemetery for the Battle of Passchendaele of 1917 and the Memorial for those who have no known grave in the Ypres Salient after August 1917. The museum at Tyne Cot is excellent. As one looks at the exhibits there is a recording - a young teenage girl reading out the names of the dead, it goes on and on and on in the background, an incredible way of emphasizing the huge number of men killed.

Each night at 8pm in the Menin Gate the Last Post ceremony is held. The traffic is stopped and men from the Ypres Fire Brigade play the last post followed by the words 'They shall not grow old ...' After this anyone can lay a wreath in memory of men killed. Then the Reveille is played. We laid a wreath 'In memory of the men from four Suffolk villages Redgrave, Botesdale, Rickinghall Inferior and Rickinghall Superior who gave their lives.' This ceremony has taken place every night since 1929. In 1927 Field Marshal Plumer unveiled the Memorial which was, he said, 'worthy of those who had died' he went on 'now it can be said of each one 'He is not missing but here' - a comfort to those families who did not have a grave to visit.

The Battle of the Somme (France) took place from July to November 1917. On the first day, 1st July, the British army suffered 57,470 casualties, 19,240 of whom were killed, most of them within the first hour, the heaviest defeat ever inflicted on the British Army in a single day. Most of the advance hoped for, took months to achieve and even then only six miles was gained.

Many of the men from our villages joined the 8th Battalion, East Surrey Regiment which took part in the Battle of the Somme. They successfully took their objective but many of them were killed. One famous incident from this day involved this battalion. Capt Neville had bought four footballs, one for each of his platoons, they dribbled the footballs in front of them as they advanced. Capt Neville was killed instantly. Two of the footballs were recovered and one is displayed in the Regimental Museum at Guildford. In all 8 men were killed from our villages in the East Surreys and 11 from the Suffolks. Some bodies have never been recovered and so they are on the Thiepval Memorial. This Memorial has 72,000 names of men who died in the Somme sector before March 1918 and have no known grave. There are twelve men from our villages on this Memorial : Ernest Ashford, Walter Baxter, Hugh Hood, Bertie



**Tyne Cott Cemetery
with the memorial in the distance**

Pearce, John Robert Sturgeon and William Worby (or Warby) from the East Surrey Regiment and Ernest Foulgar, Walter Game, Frederick Lingley, Albert Lummas and Victor Prentice from the Suffolk Regiment and Bertie White from the King's Shropshire Light Infantry.

We found and photographed some graves of men from the War Memorial:-

Leonard Watling and David Sheppard at Lijssenhoek Cemetery. This cemetery was by the side of a field hospital so both these men died of their wounds after being injured.

William Warren at Courcellette Cemetery.

Frederick Miller at Danzig Alley British Cemetery, Mametz.

Ernest Self at Englebelmer Communal Cemetery. *

We took photographs of the names on the Memorials but at Thiepval many of the names are being recut, so we have photos of names of those from the East Surrey Regiment but the others were too unclear and were impossible to photograph.

At the Vimy Ridge Canadian Memorial one man from Rickinghall is recorded; John Whistlecraft who joined up in Canada, served as James Smith and died on 1st October 1918. (He is actually recorded as 'J Whistlecraft served as J Smith').

My grandmother had eight brothers, seven served in WWI, three of them died, one of whom was only 18. This type of family statistic was repeated throughout Britain and the Commonwealth.

There are 61 men from WWI on the Botesdale War Memorial from the villages of Redgrave Botesdale and the Rickinghalls. Each one had family left behind to mourn them, although unfortunately some have since been forgotten. We are planning a book to remember all these men.

Many men who fought but were not killed must have suffered terribly in the years following. There was no idea of post traumatic stress syndrome then, they were expected to keep a stiff upper lip and get on with life. They must have wondered why they did not get the attention the men on the war memorials did. We would be grateful for any names of those from the villages who served in WWI and did not die so we can have them on a 'Roll of Honour' in the book.

**If anyone has photographs of graves of their relatives we would be grateful for a copy. If anyone would like copies of photos we have taken I can email them.*

With thanks to Rob Webb from South Lopham who was our tour guide and is a excellent teacher, explaining and answering all the, sometimes, simplistic, questions with patience and clarity.

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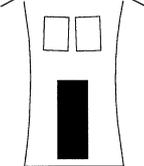


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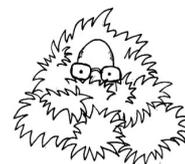
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NYALLS NOTES BILLS BIRDS



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Euthanasia and living wills – devices to enable someone else to deal with you and your problems when you are no longer able to do so. These things often arouse a display of considerable passion. Voluntary euthanasia is for those whose express wish is to have their life ended. Non-voluntary euthanasia applies to the withdrawal of life support when someone is in a coma. Involuntary euthanasia applies when someone decides to kill off the patient to avoid their suffering.

I can understand the passion coming from those who do not wish to be involuntarily euthanised but it often comes from the other side. There seem to be people around who have made it their life's ambition to change the law on this matter. A living will sets out in advance what medical treatments someone wants withheld should they become incapable of communicating their own desires.

I have heard the arguments for these things and it comes from those who see themselves becoming a burden on others. They know that they can no longer contribute to society and cannot return any favours. Their worth was in what they could do and they can no longer do anything. It is an attitude that permeates our society. It is very hard to accept one cannot give in return. We may think we can but usually people can't cope with a personal free gift.

In my book 'Beauty for Ashes' a young lady who has recently become a Christian is asked to join a number of Christians as they go into a prison. She agrees and is surprised to be asked by the leader to give the talk to the prisoners. "What do I say? What do I wear?" the questions race around her mind.

What she did was this, she put on her favourite dress. She covered it up wearing a fleece over the top of it. She went in and told them how it was that she was shy and introverted and hated herself before Jesus Christ stepped into her life. She then said, "I want to tell you why I am wearing this dress." At that she unzipped the fleece and let it drop to the ground to reveal a gorgeous black satin evening dress contrasting against her long golden blonde hair. She looked absolutely stunning.

She then said, "I wore this dress because I think you are worth it. Jesus loved me when I hated him. He died for me when I hated myself. He thought I was worth it so I put on my favourite dress because you are worth it."

Let me tell you, whatever state you are in you have worth. You may be paralysed after an accident, you may be old and incapable of doing anything, you may need 24 hour care but you are a human being made in God's sight and are worth his love and that of anyone else. You have worth as a recipient of love.

Jesus said, "If you give only to give back, what credit is it to you?" If you won't allow people to love you free of any payback you are not allowing them the credit they deserve. Jesus loves us and doesn't expect anything in return. We need to do the same.

Lu 6:35 "But love your enemies, and do good, and lend, expecting nothing in return, and you will be sons of the Most High, for he is kind to the ungrateful and the evil." Conversely we must allow those around us to emulate Jesus the son of the Most High.

Café Church — Exploring difficult issues

**Autumn weekday evening series :
The Garden of God
See inside back page for details**



**Sundays at 10.30 am
at Redgrave Activities Centre**

Contact Nyall Davies, tel : 01379 897067

A couple of weeks ago our son was walking on the North Norfolk Coast when he observed a "clutch" of birdwatchers with their telescopes all pointing in one direction. Realising his father would be interested in their findings he enquired what they were looking at. It was a Booted Warbler which had strayed from East Europe, only recorded a few times in our country. No wonder the excitement!



Arctic Skua

But in today's paper, 10.10.12, a Sykes Warbler has been seen on the island of Tresco in the Scillies. This, the book states, is possibly a variant of the Booted Warbler and also lives in Eastern Europe. Both birds are LBJs ("little brown jobs") and are very similar, smaller than a House Sparrow.

Picture the rush across England of these worthy watchers. I trust the birds had been authentically recognised and the expense and ordeal of travel will not have been in vain. Maybe the Sykes had gone. Perhaps in the end it was not a Sykes, only a Booted. If you are a "twitcher" see what you can let yourself in for.

Locally, bird life is quieter with Martins and Swallows disappearing, but on 25 September a Chiff Chaff was heard singing! I think the lonely song of this single bird slowly making its way south, in our hedges or gardens, is one of the most memorable and wild sounds of nature. Here is this tiny bird gradually putting on its reserves of fat until it comes to its momentous flight across the English Channel.

Recognition of birds by sight is one thing, but by song is another, and needs, perhaps, months or possibly years, of listening.

My most interesting recent sighting was over a friend's garden near Reading, where a Kite and a Buzzard (also heard "mewing"), were flying overhead at the same time.

We have just had a week in Dublin and its surrounds with a party of culture enthusiasts. Good weather (for Ireland) but few birds. Rooks and Jackdaws over Dublin, a few Starlings, the odd Gull and, somewhat surprisingly, three Mistle Thrushes. Then, a Cormorant swimming and diving on the River Liffey which runs through Dublin. The dark Liffey water does not colour the beer (Guinness). The pure water, colourless, comes from the surrounding hills.

At this time of the year many of our sea birds are doing a north to south migration. Dedicated watchers sit for hours watching through bins and scopes from specific strategic points on the coast. The shelter at the north sea-wards end of South Green, Southwold, is one of them. The rewards, if you are patient enough, and can stand sitting through an easterly gale, can be considerable. Hundreds of Gannets (one day's count of over 2,000), huge white diving birds. Also seen were Great Skua (Rook-sized), which are brown birds and Arctic Skua which are white with long mid tail feathers. Both of these are marauding birds which threaten Gulls and encourage them to regurgitate their recent meals. Then, later come the Geese, flying in 'V' formation just above the waves. A superb sight in a rough sea and bright sunlight. But, on the coast, at this time of the year I should like to see two birds, one is a Firecrest, similar to the Goldcrest but with a white stripe above the eye, and the other is a Yellow Browed Warbler which is usually seen with a flock of Tits.

So it appears if you want ornithological excitement, follow the internet and be prepared to travel.

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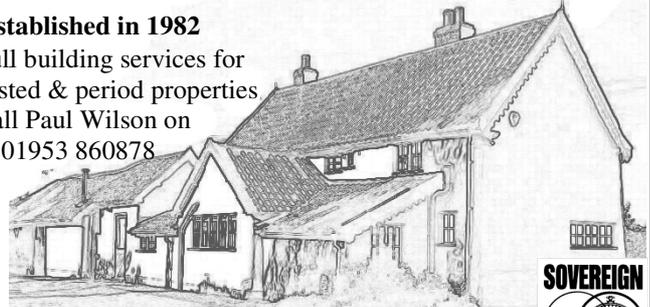
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VILLAGE NEWS 2

A fabulous collection of Festive Delights in a secluded Suffolk Barn

Every year the huge rustic doors of Blackthorpe Barn, in the heart of Suffolk, are opened to reveal a festive extravaganza with British Crafts, famous Rougham Estate Christmas trees and a sparkling Christmas event like no other.

During November and December each year the beautiful Barn is brimming with visitors looking for a unique Christmas shopping experience. The 500 year old threshing barn itself is impressive to see; however visitors can be amazed with so much more around every corner. Each weekend there are sixty stalls of truly inspiring British crafts, plus a truly impressive Country Christmas Shop, bursting at the seams with decorations, gifts and everything you need to turn your home into a festive delight this Christmas.

The crafts at the Barn deliver a perfect mix, each carefully chosen for the event ensuring quality and a fantastic mix of creativity from ceramics, basket ware, handbags and jewellery to leather goods, textiles, sculpture and tasty food creations and, as many exhibitors change each weekend, there is something different to see each time you visit.

There is so much to see in the Country Christmas Shop, with ideas for traditional, contemporary and beautiful one-off handmade decorations, indulgent gifts, lighting, fair trade gift wrap and so much more. The inspiring decorations are themed allowing your imagination to run away with you as you plan the festivities in your home.

Also, within the Barn are two cafés, offering handmade cakes, snacks and refreshments, providing the perfect opportunity to take a break from browsing.

Outside the beautiful Barn the magic continues, there is a truly wonderful Santa's Grotto and famous Rougham Estate Christmas trees are also available.

Blackthorpe Barn is just on the outskirts of Rougham, off the A14 at junction 45 (Sat Nav IP30 9HZ). See www.blackthorpebarn.com



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Rickinghall Further Education

We are delighted to welcome back Howard Brooks in January 2013 for a ten week course encompassing 'The Recent Developments in the Archaeology of Britain'.



Howard will be guiding us through recent developments in British Archaeology, with particular reference to East Anglia. Among the topics we will be looking at will be evidence of the earliest settlers in Britain (in Suffolk and Norfolk), Bronze Age boats at Musty Fen, Iron Age houses in Cambridgeshire and late Roman or Saxon warrior burials in Colchester. Rather than taking the 'conventional' view of the past, we will be looking at new interpretations: what is the connection between Stonehenge and the Sour Valley in Suffolk? And, for the Roman period—did the Romans really invade Britain, and when did they leave? There will be a field trip to walk around the Roman town at Venta (Caister-by-Norwich) and Burgh Castle, and a hands-on session when we will be able to examine prehistoric and Roman finds.

The course starts on Thursday 17 January with a break for half term in February and the field trip will be on the final date of 28 March.

Interested? Then please contact either Sue Emerson on 01379 897010 (email emerson500@btinternet.com) or Janet Swann on 01379 783624.



British Red Cross Botesdale Centre

If you're anything like me you'll love ambling around someone else's garden; grand or humble I'm there taking photos, picking up tips and passing the time of day with fellow garden lovers.

We are lucky to have a number of lovely gardens in our villages which are shared as part of the Red Cross Open Gardens scheme. The Open Gardens scheme raises essential funds to help local vulnerable people. In 2013 we will be welcoming visitors to several gardens in Botesdale, and Rickinghall as far as Ryders Way and Wheatfields - but we need more gardens to add variety and novelty. If you feel even the tiniest bit interested in sharing your garden, in aid of this excellent local cause, for one Sunday afternoon next summer please call Ann Topham 01359 253614 for more information... All types and sizes of gardens are needed to make the day a success. There is no pressure and who knows, you may even make new friends and will certainly have an enjoyable time.

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Alex Levine



FORGET-ME-NOT-CLUB



On the 19th September we celebrated three birthdays. Neta Sharp then gave us an update on all the latest news regarding reforms etc in the NHS and Social Security regarding our rights as the older generation.

At our AGM on 3rd October we started by inviting Elizabeth Moss to be our new President after the sad loss of Helena. Rosie Heath, our Chairman, and the Committee, were all re-elected. We still do not have a Secretary. We had our next Committee Meeting on 8th October when we planned our calendar of events for 2013.

We meet on alternate Wednesdays in the lounge at Farnish House at 2.15 pm and would welcome a few new faces. If you would like an afternoon out with friendly faces, a nice cup of tea and a chat, along with outings to look forward to, entertainment and Christmas Dinner etc, then why not come along. If you would like someone to pick you up please ring Rosie Heath on 898005 or Barbara Foster on 890686 and this can be arranged. You will receive a warm welcome at our meetings.

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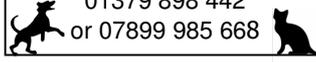
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NEIGHBOURHOOD WATCH



Dog walking in public areas

Recently an argument occurred between a man walking his dogs and another man, on footpaths on open land between Botesdale and Redgrave. This resulted in some threats being made to the dog walker, as the dogs were not on a lead. Police were informed by the victim.

Police have given the following general advice to people walking dogs:-

"In relation to concerns about rights of dog walkers and members of public. Dogs should always be kept under control; this would mean that they are trained well and would not be likely to cause injury.

A dog that is dangerously out of control or attacked a person can result in prosecution. The best advice is to ensure dogs are walked on designated footpaths and open public areas. If the dog is lively or not yet trained then it is worth using an extendable lead.

However this does not excuse any threats of violence towards dog walkers or members of the public."

Scams

There are still reports of people falling for telephone scams. The Police remind residents NOT to give out personal information and NEVER give out bank details to unsolicited callers. Hang up.

Local Issue - off road vehicles

There has been a recent explosion in the number of off-road motorcycles, quad bikes, mini motors and Go Peds being bought in the UK. Many parents and young people are unaware of the responsibilities of owning such machines and the laws surrounding them. We have recently had several complaints from the villages of Botesdale, Wattisfield, Palgrave and Redgrave.

Advice for parents and riders of motorbikes being used off road

All motorcycles including quad bikes, monkey bikes, scooters and small machines that have a petrol engine and mini motors and Go Peds which are powered by an electric motor are classified as not suitable for use on roads or pavements. This brings these bikes under the laws that make motorcycling safe for everyone. It does not matter how small the bike is or how slowly it travels or that it has been designed for children...

THE LAWS STILL APPLY!

Advice for parents: if you buy a motorbike or quad bike for your child, you are responsible for that young person and their actions. If a young person rides a motorised bike on a road or on public land, they require insurance. You may also be prosecuted for permitting your child to ride on a road or public place and this will affect your own car or bike insurance.

Advice for parents and riders: the only places where off road vehicles can be lawfully ridden is on private land with the direct permission of the land owner or at an organised, supervised off road centre. (Bear in mind that you will probably need off road insurance!) It is also strongly suggested that children wear full protective clothing at all times and a helmet, which fits correctly and is securely fastened.

Q AND A

Q - Can I ride on wasteland or the disused railway lines?

The simple answer is no. There is a common misconception that common land or wasteland is free for anybody to do whatever they like. This is not the case. There is a historical right of access for leisure purposes and even for grazing animals but all other use is not allowed. The law that covers bikes is Sec 38, Road Traffic Act 1998. Riding motor vehicles on common land or wasteland is almost always illegal.

Q - What about our parks and playing fields?

District and parish councils own some Recreational areas including parks and nature areas and there are specific laws preventing the use of mechanically propelled vehicles. Other areas are owned or managed by trusts, none of which agree to the riding of these machines off road. Mid Suffolk District Council has a list of areas that you can ride on. However, these are very limited and there may be a charge.

Q — What about rights of way and bridle paths?

These historic rights of way date back to a time when horses were the primary means of transport. All the law surrounding this preserves the rights of people to walk and ride horses along them. That means no motorbikes or quads! The two groups do not mix and it is simply not safe!

Q - Can I use motorbikes on the pavement or footpath?

Again, the simple answer is no. Only vehicles that meet the required standards and are registered with the DVLA can be used on our roads, and car parks. As well as being registered, they must be taxed and insured. Also an MOT will be required for vehicles over three years old. There is no exemption for vehicles designed for off-road use and young people are also not exempt. This is all covered in the Road Traffic Act 1988.

Harassment, Alarm and Distress:

Section 59 of the Police Reform Act 2002, makes it an offence for a motor vehicle to be used on a road or public place in a manner which causes harassment, alarm or distress. This includes the noise, which is caused by off road machines that are fitted with exhaust systems that do not conform to road standards. A noisy exhaust is a common factor for complaint. In such cases the police have the power to warn the user of the bike to replace it and if it persists have the machine seized and destroyed.

Advice for parents and motorbike users

- Think carefully before buying a machine.
- Consider your personal responsibilities. You can be prosecuted if your child acts illegally.
- Consider joining an organised motorbike group.
- Always get personal permission from the owner of private land.
- Contact the district council for a list of areas you can ride on.
- Ignorance of the law is no excuse.

Botesdale & Rickinghall Neighbourhood Watch Meeting

The next Botesdale and Rickinghall Neighbourhood meeting will be on **Thursday 15th November at 7-30pm** at the usual venue of the function room at The Bell Inn, Rickinghall, by kind permission of Howard Newport.

This meeting is for all members and anyone interested. and please note that this is a **Thursday meeting**, not Tuesday.

I look forward to seeing you all.

Peter H Beck. (Chair. Bots. & Rick. NW)

Local Contact Details

For Neighbourhood Watch contact your local Co-ordinator, or else in Botesdale and Rickinghall Peter Beck on 01379 890495, (email : peter@pbeck.plus.com), and in Redgrave John Robinson on 01379 890683.

**Non emergency calls and enquiries to the Police, please ring 101.
Emergency calls—Fire, Police, Ambulance, dial 999.**

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Rabbats

A baby and toddler group for parents and pre-school children



Rickinghall Village Hall

Every Thursday

9.30 to 11.30 am

Come along and join us

For information call

Kelly on 07870 178752

or email us at rabbats99@yahoo.co.uk
www.onesuffolk.co.uk/landbotesdalebt

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Michelle Bowgen 01379 644588

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Botesdale After School Club

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www.Botesdale-After-School-Club.org.uk

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Providers of quality affordable childcare for children between 3—11 years old

Providing a safe, fun and social environment with qualified, experienced and caring staff

Held in Botesdale Village Hall

15.25—18.00 Monday—Friday during term time

The club provides a wide range of indoor and outdoor activities and games, art, craft and cookery, an IT Study and quiet area, including two computers and soft seating.

Children are collected daily from St Botolph's Primary School and escorted to Botesdale Village Hall. Children from other local schools and home educated children are welcome. Collections and drop-offs can be arranged for Mellis and Wortham primary schools. Excellent OFSTED Report received.

Botesdale Breakfast Club

Need a more flexible day? Simply book your child with us.

The Club is based at St Botolph's School and is open from 7.45 am till 8.45 am Monday to Friday during term time for children between the ages of 3 and 11 years and can offer your child a nutritional breakfast. We are working in partnership with Botesdale After School Club to provide wrap around care for your children. Come and try us! See what we can offer you.

For more information or to book please contact

Paula on ☎ 07758 102043



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We provide an exciting range of indoor and outdoor activities to ensure each child enjoys a stimulating learning experience supported by caring, highly qualified staff.

Exclusive access to Woodland area for exploration and adventure!

Consistently excellent Ofsted reports.

Morning Sessions

9.05 am — 11.35 am

Lunchtime Club:

11.35 am — 12.35

Afternoon Sessions (except Wed)

12.30 pm — 3.00 pm

Contact Karen Hails

07796 014304 (am) or

01379 898868 (evening)

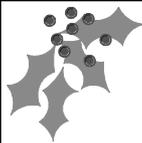
www.botesdaleandrickinghallpre-school.co.uk

Readings for Parish Church Sunday Services

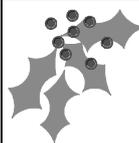
Date	1st reading	2nd Reading
4th November	Philippians 1 : 1-11	Luke 14 : 1-6
11th November	Jonah 3 : 1-10	Mark 1 : 14-20
18th November	Daniel 12 : 1-3	Mark 13 : 1-8
25th November	Daniel 7 : 9-10, 13-14	John 18 : 33-37

Rota	Chapel of Ease		Redgrave		Rickinghall	
	Sidesman	Lector	Sidesman	Lector	Sidesman	Lector
4th November	Miss Shorten	Mrs Pask	Mrs F Lamb	All Saints All Together	Mrs Foster	Mrs Bennett
11th November	Mrs J Cordeaux	TBC	Mrs Davies	Mr Davies	Mrs Self	Mrs Wilson
18th November			Mrs Culley	Mrs McGrath	Mr Lamb	Mrs Whitehead
25th November			Mrs Walker	Mr Walker	Mrs Sheehan	Rector

Flowers				
4th November	Mrs Cordeaux		Mrs Cavanagh	Mrs Culley
11th November	Mrs Cotton		Mrs Powell	Mrs Rippingall
18th November	Mrs Cotton		Mrs Powell	Mrs Rippinghall
25th November	Mrs Heath		ADVENT	Mrs Rippingall



Alan and Brenda Royal would like to wish all their friends a very Happy Christmas and a wonderful New Year.
A donation to EACH is being given in lieu of cards.



Jean and Sam Bennett and Audrey Simonds would like to wish all their friends in the villages a very happy Christmas and peaceful New Year. They will not be sending cards but money will be given in lieu to the Friends of Botesdale Health Centre.

Happy Christmas

FOR SALE

Advertise here. Suggested donation of £2 per insert per month. Tel : 01379 890109

Are you taking up calligraphy or need new books?

Full instructions—pens—nibs etc. New books on Celtic design, others on illuminated lettering and designs etc.

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Botesdale, tel (01379) 890064.

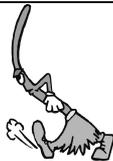


Volunteer wanted to open and care for Rickinghall Superior Church.

Please contact Laura McLean on 07799 424078 or Pam Cornell on 01379 898525 for further information.

St Mary's Redgrave

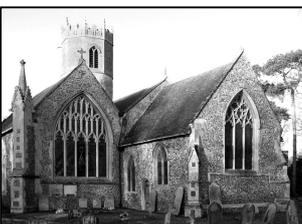
A cleaning session will take place on Friday 2 November from 9.00 to 11.00 am. All are welcome to join the happy group who dust, sweep, polish or even scrub. Coffee and eats are available. Please come along and give your support.



The Church will be open on Saturday 3rd November from 10 am to 12 noon Refreshments will be served.

For further information or to help call 01379 898696.

Redgrave Church Heritage Trust



St Mary's Church Rickinghall Inferior

The church will be open to visitors on the 1st and 3rd Saturday in the month to April 2013 from about 10am, closing well before dusk.

PARKVIEW YOUTH

JUNIOR CHURCH

School Years Reception – 11
Sundays 10.30am – 11.30am

PYP

School Years 9 – 13
Sundays 7.00pm – 8.30pm

CROSSTRAX

School Years 6 – 8
Mondays 7.00pm – 8.15pm

JUNIOR FRIDAY CLUB
School Years Reception – 6
Fridays 6.00pm – 7.00pm

SENIOR FRIDAY CLUB
School Years 7 – 11
Fridays 7.30pm – 9.30pm

For further information check out the website www.parkviewchapel.co.uk or call Kev Gladwell on 01379 898924

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(CRB checked. References available, on request.)

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deborahjvass@yahoo.com

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Parkview Chapel - November

Sundays	Weekly at Except 4th & 18th November	10.30 am 9.25 am	All Age Worship (except 23rd September) Breaking of Bread
Tuesday	13th November	9 am to 12 noon	'Coffee on the Corner'
Thursday	1st & 15th November	2.00 pm	Ladies Meeting.
Saturday	17th November	10 am to 12 noon	'Car Wash on the Corner'

Barn Dance at Botesdale Village Hall on Saturday 10th November at 7.00 pm. More details on Page 5.

Weekly home groups on Tuesday and Wednesday

Sunday	7.00 pm	PYP for school years 9 - 13)
Monday	7.00 pm	Crosstrax for school years 6 - 8)Some of these activities will not take
Friday	6.00 pm	Junior Friday Club for school years Reception - 6)place during school holidays
	7.30 pm	Senior Friday Club for school years 7 - 11)

Phone 01379 898924 or 783216 for more details.

<http://www.parkviewchapel.co.uk>



Botesdale Methodist Church

Sunday Services at 10.30 am unless otherwise indicated.
Sunday Club is at 10.35 am. All children are welcome.



4th November	Rev Briant Smith	
11th November	Mr John Moorman	
18th November	Rev Brian Trudgian	Holy Communion
25th November	Mr Ron Wade	

Bible Study	Monday 5th and 19th November at 10.00 am
Christian Forum	Tuesday 6th November at 7.30 pm. Christmas Floral Arrangement. Demonstration by Mrs Marjorie Cotton
Wives Group	Wednesday 21st November at 2.30 pm Craft Afternoon with Mrs Dorothy Wittekind Bring & Buy Stall
Autumn Fair	Saturday 24th November at 2.30 pm

Café Church – exploring difficult issues

Autumn Weekday Series :

The Garden of God—we explore what these strange things in the Garden of Eden are.
What is the Tree of the Knowledge of Good and Evil? What is the Tree of Life? What are Cherubim?
Involving some original research we take a new look at The Garden.
Wednesday 24th October—The Tree of Life
Wednesday 31st October—The Cherubim of Glory
Wednesday 7th November—The Flaming word and the purpose of God
VENUE : 1 Helens Close, Redgrave



10.30 am Every Sunday at Redgrave Activities Centre
Contact Nyall Davies : 01379 897 067

Parish Church Advent and Christmas Services 2012

Redgrave cum Botesdale with the Rickinghalls

Sunday 16th December

Holy Communion, All Saints, Redgrave at 8.15 am
Christingle Service, St Mary's, Rickinghall at 3.30 pm

Sunday 23rd December

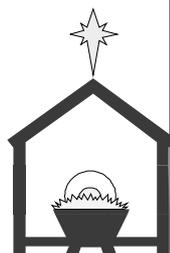
Holy Communion, St Mary's, Rickinghall at 8.15 am
Carol Service, Chapel of Ease, Botesdale at 3.00 pm

Christmas Eve

Crib Service, All Saints, Redgrave at 5.00 pm
Holy Communion, St Mary's Rickinghall at 11.15 pm

Christmas Day

Family Holy Communion, Chapel of Ease, Botesdale at 9.30 am



London 2012 brought talented people to Britain. But did you know this happens every year? Thousands of bright young men and women come to study at our universities. Sadly, most have no contact with British people outside the campus. Some miss their families; many are curious about the real life of Britain. That's why HOST arranges for them to spend a day, weekend or 3 days at Christmas as guests in hospitable homes. This is a great opportunity to get to know someone from another country, and help them to feel welcome. As a volunteer host, you could enjoy introducing a student of your choice to your way of life and perhaps to their very first Christmas. Please call David on 01508 483 838 or see www.hostuk.org





All Saints
Redgrave



St. Botolph's
Botesdale



St. Mary's
Rickinghall

4th Nov. '12 All Souls

8:15 St. Botolph's, Botesdale BCP Communion

 10.30 All Saints, Redgrave

All Saints Altogether

An interactive service for people of all ages starting with coffee

3.00pm St. Mary's Rickinghall

All Souls Remembrance Service

11th Nov. '12 Remembrance Sunday

8:15 St. Mary's, Redgrave BCP Communion

10:30 St. Mary's, Rickinghall CW Communion

 with the children starting at the Rectory for "Story Tellers"

3.00pm St. Botolph's, Botesdale Parade Service

18th Nov. '12 2nd Sunday Before Advent

8:15 All Saints, Redgrave BCP Communion

 10:30 Worship Together with Baptism and the Thanks Giving for the Gift of a Child, at St. Mary's, Rickinghall

Informal and interactive worship for people of all ages.

27th Nov. '12 Christ The King

8:15 St. Mary's, Rickinghall BCP Communion

10:30 All Saints, Redgrave CW Communion with

 mini Messy Church for stories, crafts and fun.

Sunday 2nd Dec. '12 1st Sunday of Advent

8.15 BCP Communion, St. Botolph's, Botesdale

10.30 All Saints All Together, All Saints, Redgrave

3.00pm Evening Prayer St. Mary's, Rickinghall

Also this month



"Open House"

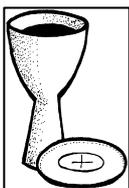
Tue. 6th Nov. from 10.00am
For coffee, cakes and chat



Spearhead @ All Saints, Redgrave

Thurs 8th Nov 7.15pm

A time of worship and prayer for revival in this area.



Midweek Communion

Wed. 7th Nov. 10.00am

Albert Close, Rickinghall

Thurs 15th Nov. 9.45am

Farnish House, Botesdale



Thurs 22nd Nov 7.30pm,

The Rectory, Rickinghall

A time of prayer for the work and ministry of the church in the community.

"Together in these villages we offer Christ's healing grace through our worship and service."

For more information; Revd Chris Norburn 01379 898685