

PARISH MAGAZINE

Redgrave cum Botesdale with the Rickinghalls

NOVEMBER 2013

LEST WE FORGET

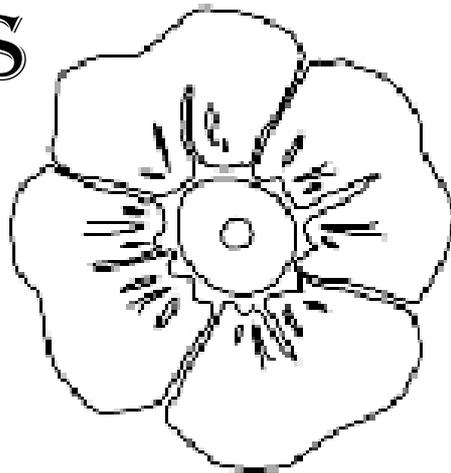
SACRIFICE

BRAVERY

COMRADES

HEROES

Respect



Last Post

POPPY DAY

Remembrance

Tribute

Peace

Prayer

VETERANS

Forgiveness

Rev'd Chris Norburn
Rector of Redgrave cum Botesdale with the Rickinghalls

The Rectory, Bury Road, Rickinghall, Diss. IP22 1HA Tel: 01379 898685

St Mary's Rickinghall Inferior has a web site

<http://stmarysrickinghallinferior.onesuffolk.net/> or Google: St Mary's Rickinghall Inferior



Rev

At the end of September members of the local churches (Parkview, Methodists and Anglicans) met for their united service, which was hosted this time by the Methodists. As usual the service was planned by a small group, a representative from each of the churches. This time the theme was kindness and we were all asked to think about acts of kindness we had carried out or acts of kindness we had experienced. If you are like me when someone asks such a question your mind goes blank, so I found it quite a challenge to think about the last time I carried out an act of kindness. But when I thought about it many acts of kindness sprung to my mind. As we had been asked to think about such occasions several people shared how they had been on the receiving end of an act of kindness as well as acting kindly towards others. It was good to hear how people had been touched by the kindness of others and how others had helped and supported through acts of kindness.

A few days ago I was reading the newspaper and I was reminded again of acts of kindness as there was an item about how few acts of kindness are carried out towards complete strangers. A test was carried out with people being in a public space and crying hysterically in order to see what response they got. They found out that 91% of people who walked passed them did not help! They also found out that if you are a woman you will be more likely to receive help. Does this say that there are not very many 'Good Samaritans' around? Are we too willing to walk by on the other side of the road in case we may get involved in something that will be beyond us?

Over the last few weeks I have yet again been struck by the multiple acts of kindness that I have received from many different people here in these villages, and beyond. It was a glorious sunny day and I was on my way to a Diocesan Study Day in Ipswich and was enjoying the ride down on my motorbike when just as I got to the edge of Ipswich the clutch cable broke! Thankfully I have roadside assistance for such an occasion (the first time I've ever needed to use it), and whilst I waited on the side of a busy road (the Norwich Road) to be 'recovered', hundreds of cars went past and most went by without giving me a second glance. I saw many Diocesan clergy on their way to the Study Day, but no one stopped to enquire how I was. That was until a few minutes before the recovery lorry arrived, and having been sat there for over two hours, a man on a motorbike pulled over and asked if I needed any help. I explained what had happened and he said 'you need to get AutoAid, they are very quick in responding to call outs'. He spoke with authority, but with kindness!

So what is kindness? Well, kindness is the act or the state of being kind, of being marked by good and charitable behaviour and concern for others. It is known as a virtue and recognised as a value in many cultures and religions. Research has shown that acts of kindness do not only benefit receivers of the kind act, but also the

giver, as a result of the release of neurotransmitters responsible for feelings of contentment and relaxation when such acts are committed.

Many have shown great kindness to my family and me. One of our daughters has not been too well since the beginning of the school year and I have recently had a minor operation which has needed a time of recuperation. I would like to thank everyone for their generous concern, love and prayers. It is very warming and encouraging to experience such kindness, so thank you.

The word kind/kindness is a word found many times in the Bible. And the church, a body of people who suffer from human frailty, struggles at times to show kindness. This is not a new problem. Right at the beginning of the Christian church there were people not showing kindness to their fellow believers in Christ. Paul, the Apostle, wrote about God's kindness and the need for Christians to live lives of kindness to all people, for such lives demonstrates God's love. The extent to which Paul writes about kindness makes it obvious that this is something that we will find difficult to show all the time.

Nevertheless the Bible makes it clear that kindness is a Godly virtue. Galatians 5.22 tells us that as a fruit of the Holy Spirit it is to be at work in all Christians. The fruit of the Spirit are signs of love, and are relationship builders which members of the church are called to express in their lives through their words, deeds and actions. Fruit of the Spirit, such as joy, peace, patience, kindness and goodness are all found in the nature of Christ. They are by-products of Christ's control over our lives, so we can't obtain them by trying to get them without His help. If we want the fruit of the Spirit to grow in us, we must join our lives to His (John 15:4,5). We must know Him (first by reading the Bible, then by faith, commitment and trust), love Him, remember Him, and finally imitate Him by the way we live our own lives. When we commit ourselves to this we start to fulfil the intended purpose of God's law – to love God and our neighbours. So thank you for the ways in which you demonstrate kindness to others and to my family. But remember that all that we do should bring glory to God and kindness brings glory to God because it shows love and God is love (1 John 4:7ff).

With every blessing

Chris Norburn.

St Mary's Redgrave

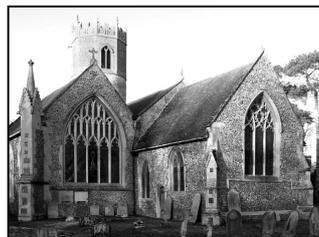
A cleaning session will take place on Friday 1st November from 9.00 to 11.00 am. All are welcome to join the happy group who dust, sweep, polish or even scrub. Coffee and eats are available. Please come along and give your support.



The Church will be open on
Saturday 2nd November
from 10 am to 12 noon
Refreshments will be served
For further information or to help
call 01379 898696.



Redgrave Church Heritage Trust



**St Mary's Church
Rickinghall Inferior**

The church will be open to visitors on the first and third Saturday of each month until the end of March 2014 from 10 am to before dusk.

Vicar (benevolently) : "And what is your name, my little man?"

Small boy : "Well, that's the limit. It was you who baptised me!"

November Events

OPEN HOUSE at ALL SAINTS
OPEN HOUSE AT
ALL SAINTS, REDGRAVE
1st Tuesday of each month

Tuesday 5th November
 10.00 am to 12 noon

Everybody welcome. Coffee & cakes provided

the WI Rickinghall Village Hall
RICKINGHALL 7.30 pm

THURSDAY 14th NOVEMBER

**'EDUCATION, EDUCATION:
 VICTORIAN VILLAGE SCHOOLS'**
 with Sarah Doig

Refreshments

New members and guests always welcome

**FARMERS' MARKET AT
 RICKINGHALL VILLAGE HALL
 SATURDAY 9th NOVEMBER
 9 AM TO 12.30 PM**

Buy your food from the people who produce it—for truly local flavour

Stalls expected :

Eggs, Local Fresh Vegetables, Cakes and Bread, meat Pies, Flour from Pakenham, Local Lamb, Pork, Beef, Chicken, Venison, Honey, Preserves, Jams, Chutneys, Suffolk Cheeses, Home-made Cup Cakes, Apple Juice, Freshly Ground Coffee, Chocolate, Curries, Mushrooms and Plants.



WHIST DRIVE

Friday 15th November
 7.30 pm at The Bowls Club

Refreshments

This is a friendly fun evening, open to everyone.
 Further information from 01379 898566.

The Bowls Club is down Fen Lane, Rickinghall (opposite the Fish & Chip Shop).



LATEST COPY DATE BY 12 NOON FOR :
 December/January 2014 combined issue :
 Friday 15th November

The 2014 copy dates list is on Page 37 which you can cut out and pin on your notice board.

Divine Inspiration:	Chris Norburn	01379 898685
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Printed by	321 Printing, Ipswich	01473 210321

Will contributors kindly e-mail copy to Charles, or deliver to **The Pightle, Water Lane, Rickinghall, Diss, IP22 1EL**. Emails are acknowledged within 48 hours. **The Editor welcomes reports on items of local interest. Please get writing!**

*Please feel free to deliver your copy before the cut off date if you have it available. **THE EARLIER IT IS RECEIVED, THE MORE LIKELY IT IS TO BE INCLUDED. The magazine is sent to the printer on Friday afternoon of the copy date.***

We accept items for submission in any of the following formats :-)
 MS Word, e mail, .jpg, .bmp, .pub, Basildon Bond, Back of Envelope.

Our waiting list for prospective advertisers is currently standing at twenty five names. We have now closed our waiting list. Please see notice on Page 37.

Notices from voluntary organisations within the Benefice are printed free of charge. We try to help similar organisations from outside the Benefice wishing to place a notice in our magazine; this is subject to space being available and we also make a small charge.

Web page for this parish magazine:
www.stmarysrickinghallinferior.onesuffolk.net
 OR Google 'Redgrave Parish Magazine'

PROGRESSIVE WHIST DRIVE

Tuesday 19th November
 Redgrave Activities Centre
 at 7.30 pm

Beginners Welcome Refreshments

Ring 898 619 for further details



HERITAGE CIRCLE
www.onesuffolk.co.uk/HeritageCircle

WEDNESDAY 27 NOVEMBER
 Rickinghall Village Hall
 at 7.30 pm

'OF CABBAGES & KINGS' - Inn Signs
 With John Goodhand

New Members and Guests Welcome

Refreshments Raffle



Redgrave Garden Club

THURSDAY 28th NOVEMBER
 7.30 pm at the Activities Centre

ANNUAL GENERAL MEETING

Then **'GROWING ORGANIC VEGETABLES'**
 with Michael Knights

Enquiries / information from : Chris Tindall on 01379 890548
www.redgrave.org.uk/redgrave-garden-club





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OPENING HOURS

Sunday Monday 5.00PM – 10.30PM
 Tuesday CLOSED
 Wednesday Thursday 5.00PM – 10.30PM
 Friday – Saturday 5.00PM – 11.30PM

OPEN BANK HOLIDAYS

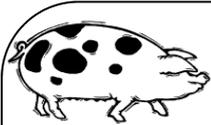


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Saturday 7th December 2013

9:30am – 4:00pm

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 Sunday Food Served All day 12 noon - 9.30 pm

Please see our Notice Board for forthcoming events

www.thebellrickinghall.com

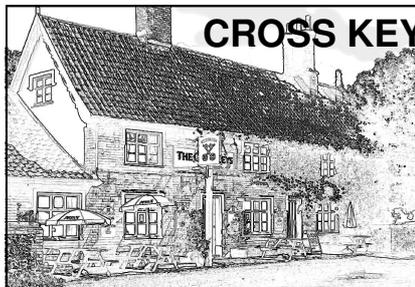
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 Monday - Saturday
 9 - 1.00 Sunday



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Orders taken

Opening Hours

Mon – Fri 8:30 – 1:00pm
 3:30 – 6:00pm
 Sat 8:30 – 1:00pm
 Sun 9:00 – 11:00am

More November Events

REDGRAVE & LOPHAM FEN

Enquiries or to book : 01379 688333



Thursday 14th November, 10 am to 12 noon

Polymer Clay Jewellery Making

Learn how to make a flower pendant and patterned beads with local expert Sue Heaser

Cost : £10 per person, including materials. Booking required.

Tuesday 26th November, 7.30 to 9.30 pm

The Cameroun with Nick Gibbs

Evening talk with Valley Fens Wildlife Group.

All welcome - no need to book

Friday 29th November, 10 am to 3 pm

Christmas Wreath Making

Make a wreath or table decoration with natural materials under the specialist guidance of Mary Yuill

Cost : £10 per person, per hourly session, including materials
Booking required.



WILDLIFE WATCH GROUP at Redgrave Fen

10.30 am to 12.30 pm

Saturday 9th November
Migration and Hibernation

A club for 6-12 year olds. Nominal charge of £1.00 to cover costs and refreshments.

Tel : Mike Wraight on 01379 644 508 for further information.

For more information on the events go to :
www.suffolkwildlifetrust.org/reserves-and-visitor-centres/redgrave-lopham-fen/



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saturday 2 November

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Two Jehovah Witnesses arrived at the gates of Heaven.

Two angels hid behind a cloud. One said to the other,
"If we keep hidden do you think they will go away?"



FIREWORK PARTY

SATURDAY NOVEMBER 2nd

Gates open at 6.30 pm

Fireworks start at 7.30 pm

B.A.R.

HOG ROAST & BBQ

DJ till late

Venue : *Rickingham Village Hall*

Entrance : £2.50 per person/ accompanied children for

No unaccompanied children allowed in.

Please **DO NOT** bring your own fireworks, not even sparklers.

The Bell Inn, The Street, Rickingham, IP22 1BN. Tel : 01379 898445
info@thebellrickingham.co.uk www.thebellrickingham.co.uk

DAD'S ARMY EVENING



Friday 8th November

All Saints, Redgrave

7 pm for 7.30 pm

Come and enjoy an evening watching some Dad's Army films. If you have any artefacts or photographs of that era and would like to bring them, or wear them, please do so.

Refreshments included with war-time style food.

Tickets at £6 each available from :

Botesdale Post Office

Redgrave Community Shop

Rickingham Newsagents



**RICKINGHALL PARISH
COUNCIL**

SURGERY

To be held at Rickingham
Farmers Market

On Saturday 9th November

Residents of Rickingham are invited to come along and speak to their parish councillors about matters concerning the parish

Parish Councillors will be in attendance from
9 am to 12 noon



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For information on other Slimming World groups locally please contact Amanda or type your postcode into our website : www.slimmingworld.com

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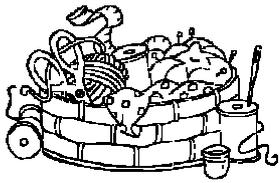
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Even More November Events



Redgrave Needlework Group

Christmas Handicraft
& Bric-a-~Brac Sales

Saturday 9th November
2 to 4 pm

Redgrave Activities Centre

Enquiries to 01379 898619

All proceeds to the Air Ambulance Appeal

Royal British Legion
Women's Section

COFFEE MORNING



THURSDAY 28th NOVEMBER

at Farnish House, Botesdale

10.30 am to 12 noon

Books ~ Cake Stall ~ Raffle ~ Tombola ~ Nick Knacks

SATURDAY 9th NOVEMBER
AT 7 PM

BARN DANCE



AT RICKINGHALL VILLAGE HALL

ADULTS £7, HIGH SCHOOL KIDS £4
PRIMARY SCHOOL KIDS £1,
UNDER 5's FREE

(TICKET PRICE INCLUDES BUFFET)

For tickets please call Kev Gladwell on
01379 898924 or email
kevin@parkviewchapel.co.uk

CHRISTMAS BAZAAR

Saturday 30th November
10.30 am to 12.30 pm
All Saints, Redgrave

Exciting stalls
and a Christmas Table
Refreshments ~ Raffle

Do come and join us
All very welcome

A Modern Computer Family



INVITATION

Residents of Rickinghall Superior &
Rickinghall Inferior
are cordially invited to :

Rickinghall Village Hall AGM
Friday 22nd November
at 7.30 pm

THE HOMECARE SERVICE
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PEACE OF MIND
COMES AS STANDARD

For more information
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Tuesday & Sunday from 6—7 pm
Both classes £6 per session

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Please bring water and wear dance
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Term time only

Join any time!

All abilities welcome

£42 for each block of 6 weeks

For more information
please ring Julie on
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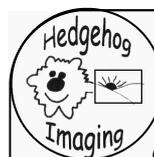
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More More November Events

SEASONAL CONCERT



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SATURDAY 30TH NOVEMBER

**DOORS OPEN - 6.30pm
CONCERT STARTS - 7.00pm
FREE ENTRY**

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Master Shipbuilder

He stood for a moment, the master shipbuilder, and admired the massive craft that lay before him. He had supervised every inch of its construction according to the commands he had received. Working many hours, for month after month, until all was complete. Now came the doubts and the questions. Would it be large enough? Would all the food and supplies be sufficient? This was her maiden voyage. Would she be seaworthy? He had been told by the highest authority that the ship was unsinkable, so what could possibly go wrong? Then the man remembered all the other assurances he had been given and once more felt a quiet confidence in the knowledge that all was well.

So, taking a deep breath, Noah stepped back and started counting the animals in, two by two.



An advert appeared in the student newspaper of a university :

Sweet little old lady wishes to correspond with university student - seeks six-footer with brown eyes answering to initials J.A.D.

Signed, his mother

St Mary's Church

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WORTHAM VILLAGE HALL

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30 Nov-22 Dec, 9am-5.30pm

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Christmas Trees & natural decorations

Wide range of fresh cut and pot grown trees, holly, mistletoe,
garlands and wreaths. 30 Nov-22 Dec, 9am-5.30pm

Santa's Grotto

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Club News 1

Coffee On



The Corner

A somewhat quieter event at the Chapel this month - fewer people and a bit more subdued than usual. Having said that, I know that those of you who came along had a pleasant chat and there was lots of information from various sources on the tables, set out for anyone waiting for friends to arrive - we like to inform as well as entertain and refresh!!

The monies raised - some £73 - will be sent to support "The Shoebox Appeal" as the cost of transporting these kindly donated gifts is, like most things, on the rise. I know that this will be received gratefully by the organisation and I would like to pass on thanks for your generosity.

In November we will be serving tea, coffee & cakes once again - on Tuesday 12th November. I may not be there, but I know that the trusty band of Parkview ladies (and gentlemen!) will be and so do come along to visit. Any donations next month will be sent to help the work of VfMH - Volunteers for Mental Health .. Romania. This is a small charity based in the UK and run entirely by volunteers who send skilled and dedicated people to work with adult patients at Tarnaveni Psychiatric Hospital in Romania. In this hospital many of the long term patients live in overcrowded conditions with few opportunities for normal social interaction - your donations will help to ease the problems.

If, in the meantime you would like another date for your diary - do look for the ad on Page 35 in this Parish Magazine for the evening at Parkview on 12th December.

If you feel you would like to know more about the coffee shop or any of the happenings at Parkview, please call me on 01379 890423.

Sue Allen

Redgrave / Rickinghall Ringers

Another busy month has gone by with the usual ringing for Sunday services and sadly, this month for several funerals. Family holidays have interrupted our home practices but we have been to our regular ones around the area.

On the 16th November it will be 300 years since the death of Fabian Stedman, dubbed "the father of change ringing". He was baptised at Yarkhill Church on 7 December 1640 and buried on 16 November 1713 at St Andrew Undershaft in London. He was the 2nd son of the Rev. Francis Stedman and instead of going into the church was apprenticed to a master printer in London, where he became a prominent ringer. When Stedman first started, change ringing was "new" and consisted of swapping just 2 bells at each change, but was gradually being changed to cross peals, were several pairs may cross at each change - which is normal for today. At that time nothing had been written down but was passed by word of mouth.

Stedman is famous for the method that bears his name. It stands out among methods not only because it is the most commonly rung princip but because its structure makes possible enormous diversity of composition and music without excessive length. His most significant contribution are his two written and published books - Tintinnologia 1668 (a joint effort with Richard Duckworth) and Campanalogia 1677.

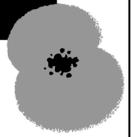
We therefore hope to celebrate his life by ringing "Stedman" on or around the 16 November in both our churches. When rung well, as I first heard it, it is a truly beautiful and musical sound.

The Tower Correspondent



The Royal British Legion Botesdale & District Branch

THE ROYAL BRITISH
LEGION



'Poppy Day' is with us again -

Do not be frightened when our collectors knock at your door! Dig in to your pockets and give generously to this most worthy cause. If you can find a little time to do some of the knocking, we always, always need volunteers: 'phone Paul O'Connor on 01379 898589.

Remembrance Sunday -

The Parade will form up at the Post Office at 2.45 pm on Sunday 10th November 2013 and march to the Chapel of Ease for the 3 pm Service of Remembrance. As in years past the Ceremony of Remembrance will be held at the War Memorial following the Service. Refreshments at the Bowls Club.

Remembrance Day -

The usual short ceremony will be held at the War Memorial on 11th November 2013 at 11 am.

The members regret to announce that Albert Sharp is leaving the Branch and the Legion after nearly a quarter of a century's service, for many years as Vice-Chairman. His enthusiasm and wise counsel will be sorely missed.

We are also losing the services of Denis McConnell who has been our membership officer for the last two years of his service in the Branch. Denis has moved house to Norwich and will be transferring to the RBL Branch in the City.

We wish all good fortune to our departing comrades.

A final reminder -

The Christmas Draw and Bingo evening is on 6th December in the Bowls Club at 7.30 pm. Draw tickets go on sale on 12th November until that evening: Bingo tickets will be available at the door.

FORGET-ME-NOT-CLUB



Our September meetings were held in Parkview Chapel as Farnish House was unavailable as the rooms were being refurbished. Many thanks to the Chapel for their help and hospitality. We were able to use their excellent equipment, and Mary Baxter brought some films about life in the village, which were well received.



Our AGM on 9th October was well attended and we had a very lively meeting. The Committee were all re-elected so we now have the job of organising next year's calendar of events. Any new ideas would be welcomed.

Barbara Foster

Royal British Legion Women's Section



Thirteen members attended the September meeting. Following formal business members made and decorated boxes under the tuition of Brenda Pask.

On 11th October a well-attended and successful Bingo Evening was held in aid of the Poppy Appeal.

Members are now preparing for their Coffee Morning on Thursday 28th November.

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Botesdale Parish Council

Clerk, Leeann Jackson-Eve

Report from 14 October 2013

The Parish Council meeting was attended by 5 councillors, with apologies for absence having been received from Cllrs Appleby and Burgess. The PC was very sorry to receive a letter of resignation from Howard Newport. Howard has been a consistent supporter of the PC over many years and this is very much appreciated by councillors. This means that there are now two vacancies on the Parish Council. Please contact the Clerk for more details or to put your name forward.

Public Forum: County Councillor Jessica Fleming told the PC about the *Home Care and Community Meals Consultation* the County Council is currently running. The 12-week consultation runs from Monday 14 October 2013 to Monday 6 January 2014. Letters and questionnaires are being sent to all home care and community meals customers. In addition to this, customers, family members and members of the public can complete the survey online, or via a dedicated telephone line (0845 603 1842, between 08:30-17:00, Monday to Friday). If you would like a copy of the questionnaire sent to you, please contact Customer First, telephone, 0808 800 4005 or email homecare.consultation@suffolk.gov.uk. The questionnaire, along with full details about the consultation, is available on the Suffolk County Council website www.suffolk.gov.uk/consultations.

Cllr Fleming also reported that the *closing date for secondary school applications looms!* Parents and carers have until Thursday 31 October to submit their application to secure their child's place at a Suffolk secondary school for September 2014. Suffolk County Council is urging parents and carers to make sure they get their application in by the closing date to give their children the best chance of securing a place at a preferred secondary school. Even if a family lives next door to a school they should not assume they will automatically get a place as everyone needs to submit an application. If there is demand for more places at a school than there are places available, then who gets a place will be decided according to the agreed oversubscription criteria for the school. For more information about applying for a school place and school oversubscription criteria, people should visit www.suffolk.gov.uk/admissionstoschools.

District Councillor Sara Michell sent her apologies for the meeting but reported that Mid Suffolk councillors and some residents have recently signed a petition demanding *fairer funding from the Government for rural communities*. A recent report by the Rural Services Network found that people pay higher council tax in rural areas and yet receive substantially less support for public services. This was debated in Parliament last Thursday and the government has agreed to meet with campaigners calling for a fairer deal for rural local authorities.

Remembrance Sunday: Remembrance Sunday is on 10 November 2013. The parade will form outside the Post Office at 2.45pm, with the service beginning at 3pm. Chairman William Sargeant will represent Botesdale Parish Council.

Street Lights: Following up on last month's report on street light replacement over the next few years, the PC received a quote for replacing all lights with LED lights. LEDs have extremely long lives and they don't contain toxic chemicals like mercury, unlike traditional high-pressure sodium lamps or mercury-vapor lamps. LED lights have reduced maintenance costs because of their long lives and they give off less heat than other bulbs; they are highly energy efficient. They have other advantages, e.g. there's no warm up needed - they're quick to turn on. They don't produce ultraviolet light, which is what attracts insects. Finally, they produce light in one direction, where you need it, rather than a diffused glow. The PC has agreed to use LED lights and feels that the annual savings from reduced energy consumption will offset the slight increase in installation cost very quickly.

Grit Bins: The PC received a complaint about the placement and colour of the new grit bin near the play area. It was agreed to keep this in mind if a bin is needed in a less prominent place as a more muted green bin could be ordered and the bins swapped.

Is there an exercise class or sport you would like to see in the village? The Fit Villages programme gives communities the chance to run funded activities in local facilities. For more details, please contact Henry Tapp on 01394 444289 or henry.tapp@suffolksport.com.

Winter's Coming! Please read the winter advice leaflet enclosed in this magazine. It's full of great advice!

**The next Parish Council Meeting
will take place on
MONDAY 11th NOVEMBER
at 7.30 pm
at Botesdale Village Hall
All residents welcome
www.botesdale.suffolk.gov.uk**

**Your Clerk is: Mrs Leeann Jackson-Eve,
Wayside Cottage, Cherry Tree Lane,
Botesdale, Diss, Norfolk, IP22 1DL.
Tel : 01379 890 141
Email : botesdale_pc@bopenworld.com
Please contact her during OFFICE HOURS ONLY.**

Coping with Worry

Theresa: Doctor, I get so nervous and frightened during driving tests is there anything you can give me.
Doctor: Just don't try not to worry about it. You'll pass eventually.
Theresa: But I'm the examiner.

From the Registers

Redgrave - Marriage

Steven Robert Austen-Davies to Holly Ruth Davies Saturday 3rd August 2013 at St Mary's Church, Redgrave.

Rickinghall - Funeral Service

17th September 2013 Kenneth Malcolm Wilby, aged 86 years. Died 2nd September 2013.
Funeral Service followed by Cremation at Risby.



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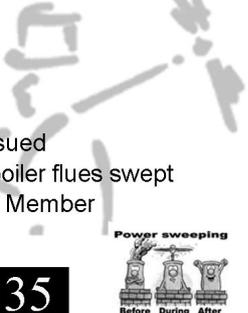
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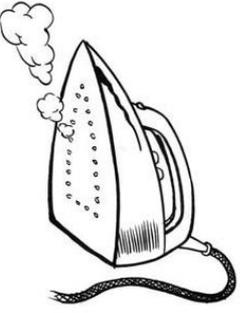

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Redgrave Parish Council



Angie Robinson

Chairman Jason Walker welcomed a full complement of councillors to the meeting of the Redgrave Parish Council on Wednesday 9th October on the first blustery night of the autumn.

Jessica Fleming, the County Councillor, commented on the A14 upgrade proposal and mentioned that a public comment forum will be open until the 13th October on this subject for those who wish to have their say. She asked if there were any problems locally with travellers as Gypsy and Traveller services are to be discussed at the next meeting of SALC.

Sarah Michell, the District Councillor, spoke about the Rural Funding petition. In rural area people earn less and yet appear to pay more in Council Tax so a petition had been sent to government and a debate will be held in Parliament where David Ruffley, MP will speak on behalf of the rural areas. Mid Suffolk has applied for and been awarded a Transformation Challenge Award of £147,000 to help them in the work that they are doing. She stated that MSDC is against any toll on the A14 as this would badly affect Felixstowe port which would be the only port in the country to be affected in this way.

PCSO Dave Faulkner sent in a report to the meeting, the main points of which were that since the beginning of September there have been 2 crimes reported to the police. The first was a burglary which took place on Moneypot Hill. The other crime we cannot provide details for. Eye SNT held their quarterly tasking meeting in Weybread on 1st October. During the meeting it was agreed that the police would have the following priorities : 1) To investigate and address safety issues involving pedal cycles riding without lights during the hours of darkness and 2) To pro-actively target thefts of domestic and commercial heating oil.

During the planning discussion it was noted that the new load/unload circuit at Gressingham Foods has had permission granted. The neighbours will object directly to MSDC about the 3 Holiday Chalets planned for Moneypot Hill. There were no objections to the extension planned at Willows on Fen Street but it was noted that this is creating another large house that we don't need in the village.

It was mentioned that the frontage at the affordable homes site in Churchway between the road and pavement is still a mess and nothing has been done as no one will claim ownership or take on the job of tidying the area.

Councillor John Giddings had received an email to say that the waste system at Gressingham Foods has been checked by the Environment Agency. However the noise from the refrigeration equipment is still causing a problem and is no better; there have been several complaints. John thinks it is caused by temporary storage facilities but will continue to monitor the situation. Councillor Ian Baird complained about straw from their trucks blocking the drains and causing flooding.

The Speed Monitoring Group reported that the flashing sign use has been suspended due to theft. There are now 14 trained volunteers working within the Speed Watch Group and all is progressing well. Statistics show that 517 vehicles have been reported from July 2012 to August 2013 as a result of 87 monitoring sessions. The months of July and August this year were particularly busy with over 100 people reported in each month.

John Preston was thanked by the Parish Council for getting the work done on the footpath at the bottom of Bier Lane. The stiles have been removed and the bridge work is in hand.

It is to be noted that the road to the church will be closed for the Cyclo-Cross race again this year on 23 November.

Councillor Jackie Moss would like to see the phone box painted as it looks untidy. The box does not belong to the village although it is listed and therefore should be maintained.

Councillor Jan Cresswell asked if the PC would like a Christmas Tree on the Knoll again for this year and the answer was 'yes'. Jan will order a tree. We now have the lights so the only cost will be the tree.

REDGRAVE PARISH COUNCIL NEXT MEETS ON

**WEDNESDAY 13th NOVEMBER
AT THE ACTIVITIES CENTRE
AT 7.30 pm**

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Golfer: "That can't be my ball, it's too old."

Scottish Caddie: "It's been a long time since we teed off,
sir."

Changes to the 2013 Telephone List

**Page S1 - Under Botesdale Parish Council
Please delete Mr Howard Newport's details.**

**Page S3 - Under Redgrave Activities Hall Hire
Please delete Mrs Orves's details and
replace with :**

The new contact and key holder for Redgrave
Activities Centre is :- Jim McCluskey, 7 Churchway,
Redgrave, IP22 1RL. Tel : 890142.
Email : jimandjan7@tiscali.co.uk

**Page S4 - Under village News Correspondent : Redgrave
Please delete Mrs Angie Robinson's details.
There is now a vacancy.**

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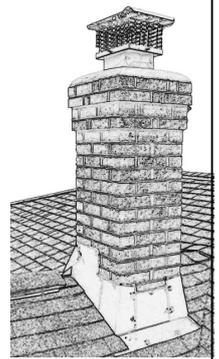
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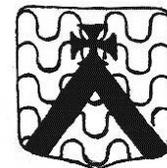
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Closing date is FRIDAY 8th NOVEMBER 2013. Whatever your food query, Ross can help! If your question is published you will win a Sunday lunch for two people.

ASK THE CHEF

Q : I have an abundance of cucumbers from the greenhouse and I'm trying to make sweet gherkins for salads and sandwiches, but I can't get the tartness out of the vinegar, can you help? *JT, Botesdale*

A : Try adding some sugar or honey or even citrus juices to balance out the acidity of the vinegar

Sweet Pickled Gherkins

Ingredients

7lb pickling cucumbers (1½ to 3 inch long)
½ cup pickling salt
8 oz. granulated sugar (divided through recipe)
6 oz. distilled white vinegar (divided through recipe)
¾ tsp turmeric
2 tsps. celery seeds
2 tsps. pickling spices
8 pieces cinnamon sticks (1 inch)
½ tsp fennel seed (optional)
1 tsp vanilla extract (optional)

Method

1. Wash your cucumbers. Use the smallest ones you can find!
2. Place the cucumbers in large bowl and cover with boiling water; let stand 6 hours or overnight.
3. On the next day: Drain the cucumbers and cover with fresh boiling water. Then let it stand for a further 6 hours.
4. After letting it stand, drain the cucumbers and add the salt then cover with fresh boiling water.
5. On the 3rd day: Drain the cucumbers and prick with fork. Then mix 3oz of sugar & 3 oz of vinegar, adding herbs and spices (except vanilla extract) in a pan. Place the pan on the stove top and heat to the boiling point and pour this over cucumbers.
6. Drain the syrup mixture into a large pan and add 2oz of sugar and 2oz of vinegar then place this mixture on the stove top and heat to boiling and pour this over cucumbers. Cover and let the mixture stand.
7. On the 4th day: Drain off the syrup mixture into a large pan and add 2oz of sugar and 1oz of vinegar. Place this on the stove top and heat to boiling and pour this over your pickles.
8. Then with your jars prepared, drain the syrup mixture off pickles into large pan; add remaining 1oz of sugar and the vanilla extract (if using) to syrup and heat to boiling. Place the pickles into clean, hot jars and cover with the hot syrup leaving ½" at the top of the jar and seal. You can process in boiling water in the bath for 10 minutes.

The new term and school year is well underway and all at St Botolph's are now back into school life. Last year was a good year for St Bots in which the school continued to make good progress and improvement.

Since our return the children and staff have been busy with harvest, book day and science week. For this harvest many of the children decorated their cans and packets so that they looked like a character from their favourite book. All of the cans and packets were then taken off to the Waveney Food Bank for distribution.

During science week all of our pupils spent time observing, investigating and concluding! It was wonderful to see the children so excited and enthusiastic about science. Each class will have the chance to show and tell their parents what they got up to and learnt during science week in our science assembly at the end of the month.

We started the term off with a dressing up day! All the staff and children came to school dressed up as a character from a book. As you can imagine we had great fun looking at each other and admiring the effort put into the costumes. We had a parade in the school hall so that everyone could see who came as who or, in some case, what!

This coming year marks the 20th Anniversary of St Botolph's and it also marks the start of our school library project. We are aiming to refurbish one of the rooms in the school and transform it into an inspiring and well equipped library which will serve our current and future children. We hope to have the room ready by the end of Easter 2014 so that we can begin to add the vital ingredients - books! It is also our intention to have the technology that will enable our children to access information and reading materials electronically. Although this is an ambitious project we are aiming to have the library open in time for the start of the new academic year. The whole school community has really got behind the project and many parents have offered their services, expertise and time to help make our ambition become reality. To celebrate our 20th Year in style we are also planning to organise and enjoy a carnival which will include all of the children and the communities in which they live. This will be followed by our annual music and arts festival.

All the children and staff at St Botolph's are really looking forward to the year ahead; there is much to do and learn but we are confident that by working together and for each other our school will continue to improve further.

Years 3 & 4
Roman Day
at the School.

Caitlin Farrow
Isabella Sheard
Molly Largent



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Rickinghall Parish Council



Councillor Mrs Sally Smith

Report of the Meeting held on 3 October 2013

The meeting was attended by 6 Councillors, with apologies received from the Chairman, Stephen Pattenden. The meeting was chaired by the Vice-Chair, Gillian Crossley-Holland. There are still 2 vacancies for members of the public to join the Parish Council. If you are interested, please contact the Clerk, Leeann Jackson-Eve.

Public Forum: The Public Forum saw a number of people speak. The Allotment Association requested a sum of money from the Parish Council to purchase hedging to plant between the allotments and Northfield Wood. The allotment holders would provide the labour to plant the hedging if it could be purchased by the Council. A discussion was held to establish whether the Council should be providing the full cost of the hedging or whether the allotment holders could also contribute in monetary terms as well as provide the labour. Later on in the meeting it was agreed that the Allotment Association should try and obtain funds from the Suffolk County Council Locality Budget, held by County Councillor Jessica Fleming, and if this was unsuccessful they should return to the Parish Council.

Our County Councillor, Jessica Fleming, confirmed there was to be a public exhibition regarding the proposed gas plant at Eye, to be held in mid October.

Peter Beck of Neighbourhood Watch had little to report in way of crime which is good news. He did confirm that a 'no cold call' zone was in place in Church Meadow and there was to be a launch on Friday 11 October where the police would explain exactly how the scheme would work. Hopefully, this is all in place now.

District Councillor Sara Michell sent her apologies for the meeting but reported that Mid Suffolk councillors and some residents have recently signed a petition demanding fairer funding from the

Government for rural communities. A recent report by the Rural Services Network found that people pay higher council tax in rural areas and yet receive substantially less support for public services.

Dog fouling was again raised as an issue within the village. PLEASE DO NOT LET YOUR DOG FOUL THE PAVEMENTS OR FOOTPATHS WITHOUT CLEANING IT UP AND PUTTING IT IN A DOG BIN. There was a discussion as to whether a further dog bin could be purchased for Mill Lane near the allotments and this will be investigated.

Planning: There were only 2 tree notices, both of which were agreed without objection.

Winter Leaflet: It was agreed to distribute a leaflet to the residents of Rickinghall containing winter weather advice. This will be provided within this issue of the Parish Magazine and give advice on where the grit can be used, looking after neighbours etc.

Parish Surgery at Farmers Market: It was agreed to pay £10 per month to the Village Hall in order for the surgery to continue at the Farmer's Market. Please do come and speak to those Councillors manning the stall to ensure we hear your views / concerns on any village matters.

Remembrance Sunday: Remembrance Sunday is on 10 November 2013. The parade will form outside the Post Office at 2.45pm, with the service beginning at 3pm. Stephen Pattenden will represent Rickinghall Parish Council.

Jubilee House Hedge: Suffolk County Council has been contacted numerous times to cut back the hedge outside Jubilee House. There is, as yet, no date for this to be done. However, we will continue to chase it as the pavement has all but disappeared in parts.

Your Clerk is :

Mrs Leeann Jackson-Eve
Wayside Cottage, Cherry Tree Lane
Botesdale, Diss, Norfolk, IP22 1DL
Tel : 01379 890 141
Email : rickinghall_pc@bopenworld.com

Please contact DURING OFFICE HOURS ONLY

Rickinghall Parish Council
next meets on
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Club News 2

Heritage Circle

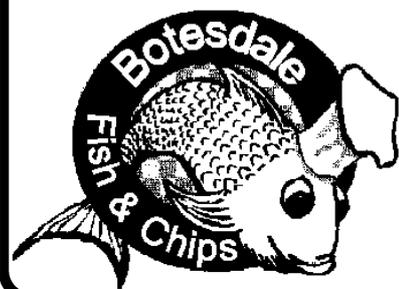
The AGM of the Heritage Circle was held on the 25th September. It had been a good year with some excellent speakers and an outing to Cambridge. Membership was now 70. Finances were not as healthy as last year and it was found necessary to increase subscriptions by 50p in order to keep up with inflation. It would be the Club's 25th Anniversary in October.

After the AGM Basil Abbot spoke on "Notorious People of Diss". First was the story of King John & Matilda Fitzwalter, who, according to legend, was poisoned by an egg when she spurned the King's advances. Another notorious character was John Skelton, tutor to several royal children, who was alleged to have fathered a child which he exhibited in Diss Church. Diss Gallows were last used in 1742 when a man was hung for poisoning his partner's

girlfriend. In 1829, a woman called Louie Bryant left a dance in Diss and was found the next day murdered nearby. No one was convicted of the crime, but, many years later, a prisoner in Norwich gaol confessed to it. In 1910 a Diss woman, Ethel Neve, disguised as a boy, set sail for America with a Dr. Crippen who had killed his wife. The pair were the first to be apprehended by wireless communication, and Crippen was convicted and hanged. Ethel escaped conviction. Thomas Paine, born in Thetford in 1737, worked in Diss. He wrote the "Rights of Man" in 1791. A member of the Manning family crossed the Himalayas and met the Dali Llama. Finally Mr. Abbot reminded the meeting that John Betjeman visited Diss in 1963 and wrote about it.



Angela Bigley



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Tues	11.30 – 1.30	4.30	-	8.00pm
Wed	Closed in morning	4.30	-	8.00pm
Thur	11.30 – 1.30	4.30	-	10.00pm
Fri	11.30 – 1.30	4.30	-	10.00pm
Sat	11.30 – 1.30	4.30	-	10.30pm
Sun	Closed in morning	5.00	-	8.00pm

Friday 1 November	9.00 am 9.00 am 8.00 pm	Church Cleaning Yoga. Booking essential on 01379 890955 Dance Classes	St Mary's, Redgrave Rickinghall Village Hall Botesdale Village Hall
Saturday 2 November	10.00 am 10.00 am 6.30 pm	Church Open Master Crafts Fair Firework Party	St Mary's, Redgrave & Rick Inf Botesdale Village Hall Rickinghall Village Hall
Sunday 3 November	6.00 pm	Zumba	Rickinghall Village Hall
Monday 4 November	9.30 am 2.00 pm 7.30 pm	ST BOTOLPHS SCHOOL RETURNS FROM HALF TERM Suffolk Family Carers 'pop in' session Needlecraft Slimming World	Botesdale Health Centre Activities Centre Rickinghall Village Hall
Tuesday 5 November	9.30 am 10.00 am 6.00 pm 7.15 pm 7.30 pm	BONFIRE NIGHT Yoga. Booking essential on 01379 890955 Open House Zumba Yoga & Relaxation Julie's Aerobics	Rickinghall Village Hall All Saints Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 6 November	10.00 am 10.00 am 10.30 am 2.15 pm	Day Centre Redgrave Art Club Macmillan Outreach Service Forget-me-not-Club	Rickinghall Village Hall Activities Centre Botesdale Health Centre Farnish House
Thursday 7 November	9.30 am 7.30 pm	RABBATS Rickinghall Parish Council Meeting	Rickinghall Village Hall Rickinghall Village Hall
Friday 8 November	9.00 am 9.15 am 7.00 pm 8.00 pm	Yoga. Booking essential on 01379 890955 Rickinghall Ramblers. Short Walk, tel : 890239 or 898785 Dad's Army Evening Dance Classes	Rickinghall Village Hall Rickinghall Village Hall All Saints, Redgrave Botesdale Village Hall
Saturday 9 November	9.00 am 9.00 am 10.30 am 2.00 pm 7.00 pm	LAST DATE FOR HEATING OIL ORDERS TO DAVID SLOAN Farmers Market Rickinghall Parish Council Surgery Wildlife Watch Group Christmas Handicraft & Bric-a-Brac Sales Barn Dance	Rickinghall Village Hall Rickinghall Village Hall Redgrave Fen Activities Centre Rickinghall Village Hall
Sunday 10 November	2.45 pm 6.00 pm	REMEMBRANCE SUNDAY Parade from Botesdale Post Office to Chapel of Ease for 3 pm service Zumba	Rickinghall Village Hall
Monday 11 November	9.30 am 11.00 am 2.00 pm 7.30 pm 7.30 pm	REMEMBRANCE DAY Suffolk Family Carers 'pop in' session Ceremony at War Memorial Needlecraft Slimming World Botesdale Parish Council Meeting	Botesdale Health Centre Market Place, Botesdale Activities Centre Rickinghall Village Hall Botesdale Village Hall
Tuesday 12 November	9.00 am 9.30 am 6.00 pm 7.15 pm 7.30 pm	Coffee on the Corner Yoga. Booking essential on 01379 890955 Zumba Yoga & Relaxation Julie's Aerobics	Parkview Chapel Rickinghall Village Hall Rickinghall Village Hall Botesdale Village Hall Rickinghall Village Hall
Wednesday 13 November	10.00 am 10.00 am 7.30 pm	Day Centre Redgrave Art Club Redgrave Parish Council Meeting	Rickinghall Village Hall Activities Centre Activities Centre
Thursday 14 November	9.30 am 10.00 am 12.30 pm 7.30 pm	RABBATS Polymer Clay Jewellery Making. Booking required on 688333 Phoenix Lunch Club Rickinghall W I	Rickinghall Village Hall Redgrave Fen Activities Centre Rickinghall Village Hall