

Men's Breakfasts 3rd Saturday of the month 8am All Saints Church, Redgrave.

On occasions we will meet with Parkview Chapel and also have Whole Family Breakfasts.

Contact: Mark Duxon 01379 890897

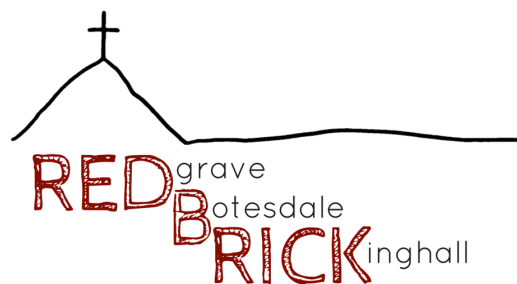
If you have any questions please contact the Rector, Revd Chris Norburn, on 01379 898685.

or at

The Rectory
Bury Road
Rickinghall
Diss
IP22 1HA.

email: chris.norburn@breathemail.net

Many thanks and every blessing.



*"Christ's healing grace through
worship and service."*

"Together in these villages
we offer
Christ's healing grace
through worship and service."

- **Together** – every single person in the community, as far as possible.
- **Villages** – the people who live in these villages.
- **Christ's grace** – offering His unconditional love through physical, emotional, psychological and spiritual healing, to those we struggle to get on with as well as those we find it easy to like.
- **Worship** – individual, flexible worship, from the structured and formal to the freer forms of service which offer a safe, supportive and loving environment. Worship is to be understood as how you live your daily life as well as what goes on in church buildings.
- **Service** – Helping and supporting others, praying for them, listening to God in seeking His will for the wider community not just the church family.

Regular activities of the Parish
Churches of
Redgrave cum Botesdale
and the Rickinghalls

SUNDAY WORSHIP

1st Sunday of the month

- 8.15am Holy Communion, Chapel of Ease, Botesdale.
10.30am All Saints All Together, All Saints Church, Redgrave.
6.30pm Evening Prayer, St Mary's, Rickinghall.

Please note: All Saints All Together is a very informal and interactive time together aimed at all ages.

During the winter months Evening Prayer is at 3pm.

2nd Sunday of the month

- 8.15am Holy Communion, Chapel of Ease, Botesdale.
10.30am Holy Communion, St Mary's Rickinghall.

From 10.15am **Foot Prints** meeting at Rickinghall Village Hall.

Please note: At Foot Prints you will find out about Jesus and the stories that He told, and is aimed at children and young people.

3rd Sunday of the month

- 8.15am Holy Communion, All Saints Church, Redgrave.
10.30am Worship Together, St Mary's, Rickinghall.

Please note: *Worship Together is an informal and interactive time together aimed at all ages.*

4th Sunday of the month

8.15am Holy Communion, St Mary's, Rickinghall.

10.30am **Messy Church**, Botesdale Village Hall.

10.30am Holy Communion, All Saints Church, Redgrave.

Please note: Messy Church is a completely informal style of church. Unlike an activity or children's group it is for *everyone* regardless of age and includes a range of activities – crafts, games, discussion, singing and stories. It starts with coffee and cake!

All **8.15am** Holy Communion services are Book of Common Prayer – i.e. services that use traditional language.

All **10.30am** Holy Communion services are based on Common Worship – i.e. services that use contemporary language.

When there is a fifth Sunday in the month we have a 10.30am United Service with Botesdale Methodist Church and Parkview Chapel (also in Botesdale), with each church taking it in turn to host.

This is our regular pattern of Sunday worship, but this does change at times throughout the year. Please refer to

the Parish Magazine, produced by the church for more details.

MIDWEEK SERVICES

1st Wednesday of the month
10am, Holy Communion,
Albert Close, Rickinghall.

3rd Thursday of the month
9.45am, Holy Communion,
Farnish House, Botesdale.

These are open to all.

PRAYER MEETING

“What Now, God?”

1st Thursday of the month.

Time: 7.15pm-8.45pm.

Venue: St Mary's Church,
Rickinghall/The Rectory, Rickinghall
(depending on the weather!)

3rd Tuesday of the month.

Time: 7.15pm-9pm.

Venue: All Saints, Redgrave

These are meetings where we seek God's guidance for the work and ministry of His church in these villages
Contact: Revd Chris Norburn 01379 898685

MUSIC GROUP

This group helps lead worship on the 1st and 3rd Sunday of the month. New members welcome, singer or instrumentalist.

Contact: Huan Kenworthy 01379 309426

HOUSE GROUPS FOR BIBLE STUDY AND FELLOWSHIP GROUPS.

Currently there are three groups that meet regularly.

Monday Night Home Group, meeting fortnightly on Monday evenings of the month at different homes.

Contact: Pete Taylor 01379 890368.

Orchard Cottage Group, fortnightly Tuesday mornings.

Contact: John Wright 01379 898161.

Open House A coffee morning meeting on the 1st Tuesday morning of the month 10.00am – 12noon.

All Saints Church, Redgrave.

Contact: Keith Wilson 01379 898783.

Headspace for women A time to clear your head, to talk, think and be together. Alternating between Wednesdays and Thursdays mornings during school term time from 9.30am at All Saints, Redgrave for coffee and cake Crèche available! Everyone welcome.

Contact: Karen Laurence 01379 890897.