

Organisation	Contact	Tel No	Meeting Place	Time	Day
Methodist Wives Club	Mrs Jane Dorling	890 202	Methodist Church Schoolroom	7.30 - 9.00 pm	3 rd Wednesday except Jan & Aug
Mill Lane Allotment Association	Sec:Mr Mark Wiseman	898 805	Email : mark.wiseman@virgin.net		
Needlecraft	Mrs Joyce Orves	898 619	Activities Centre	2.00 pm	Monday
Neighbourhood Watch : Bot & Rick Co-ordinator	Mr Peter Beck	890 495	Email : peter@pbeck.plus.com. Or contact your local co-ordinator. If you do not know your local co-ordinator please ask Peter Beck		
Redgrave Co-ordinator	Mr John Campbell	890 946	Email : redgrave.nwatch@outlook.com		
Oil Syndicate Email : BotesdaleOil@gmail.com	Mr David Sloan	890 952	Deliveries : end Feb//July/ November. Order by 20 th of relevant month. Exact ordering details published in Parish Magazine.		
Parish Magazine : Chairman PCC Representative	Rev Chris Norburn Dr Bill Cordeaux Tim Shorten Lucy Bishop Mark Duxon	898 685 898 286	All editorial content : editor@rbrparishmag.com All commercial ads : adverts@rbrparishmag.com To advertise events : events@rbrparishmag.com		
Phoenix Luncheon Club	Mrs Beryl Davies	897 067	Activities Centre	12.30 pm	2 nd Thursday
Pilates (term time only)	Eleanore Garwood	07881 814146	Rickingham Village Hall	9.45-10.45 am	Tuesday
			Children welcome to join you		
Positive Steps (Falls Prevention Exercises)	Mrs Lesley Williams Ms Sam Reid	01359 221583 01284 749338	Rickingham Village Hall	10.00 - 11.00 am	Friday
PYP (School Years 9 – 13)	Mr Kevin Gladwell	898 924	Parkview Chapel	7.00-8.30 pm	Sunday
RABBATS (Rickingham & Botesdale Baby & Toddlers)	Mrs Lynne Stevenson Mrs Keren Crosby	890 207 07871 066833 897 392	Rickingham Village Hall	9.30 – 11.30 am	Thursday
			See us on Facebook. The Group is Rabbats Baby and Toddler Group Email : rabbats99@yahoo.co.uk		
RAHOF Chairman & Secretary Treasurer & Tickets	Mrs June Shepherd Mrs June Hart	898 827 897 180	(Rickingham Area Hospice Fundraisers)		
RBR Twinning Association	Mr Kit Wells	783 917	Email : kit.wells@littlegreenconsulting.com (Redgrave, Botesdale & Rickingham Twinning Association)		
Redgrave & Lopham Fen	Mrs Deborah Key	688 333	Education Officer. Email: redgrave.education@suffolkwildlifetrust.org		
Redgrave Activities Centre : Hall Hire & Key Holder	Mr Jim McCluskey	890 142	7 Churchway, Redgrave, IP22 1RL. Email : jimandjan7@tiscali.co.uk		
Redgrave Art Club	Mrs Joyce Orves	898 619	Activities Centre	9.30 – 12 noon	Wednesday
Redgrave Amenities Trust	Mrs Joyce Orves	898 619	Activities Centre	8.00 pm	1 st Monday
Redgrave Charity for the Needy	Rev Chris Norburn	898 685			
Redgrave & Rickingham Ringers	Mr Chris Davies Mrs Yvonne Lowe	898 236 898 193	St Mary's Redgrave Palgrave Church	10 am - 12 noon 7.30 – 9 pm 7.30 – 9 pm	1 st Saturday & Thursday evenings 1 st Thursday
Redgrave Church Heritage Trust	Mr Bob Hayward	898 726			
Redgrave Community Shop Chairman Volunteers contact	Mrs Jenny Eason Mrs Yvonne Lowe	898 848 898 173 898 193	www.redgraveshop.co.uk email : eason@tesco.net		
Redgrave & District Ladies Club	Mrs Kay Mitchell	897 324	Activities Centre	7.30 pm	2 nd Tuesday in Feb, April, June, Aug, Oct and Dec
Redgrave Rangers Football Club	Ms Donna Taylor	890 853	Redgrave Sports Field	Saturdays & Sundays in season	
Redgrave Luncheon Club	Mrs Joyce Orves	898 619	Activities Centre	12 noon	Last Tuesday
Redgrave Theatre Club	Mrs Kay Mitchell	897 324	Approximately monthly		
Redgrave Village Garden Club	Mrs Chris Giddings	890 548	Activities Centre	7.30 pm	Last Thursday
Rickingham Further Education Group	Mrs Sue Emerson	897 010	Rickingham Village Hall	2.00 – 4.00pm	Usually Thursday. 2 x 10 week courses each year
			Email : emerson500@btinternet.com		
Rickingham Country Music Club	Mr Keith Double	898 758	Rickingham Village Hall	8.00 – 11.30 pm	Last Sat in Oct, Nov, Jan, Feb, March + New Year Eve
Rickingham Day Centre	Mrs Sheila Miles Mrs Caroline Panter	783 216 890 994	Rickingham Village Hall	10.00 am- 2pm	Wednesday
Rickingham Ramblers	Mr Graham Hawkes	788 275	Rick VH Car Park	9.15 am	See Adverts
Rickingham Relief in Need Trust Fund	Rev Chris Norburn	898 685			
Rickingham Village Hall :	Mr Monty Cornell	898 525 07747 846605	All enquiries : Hall Hire, Sports Area, Farmers Market		
Slimming World Email : agfrost13@gmail.com	Ms Amanda Frost	652 087 07795 518421	Rickingham Village Hall	5.30 pm to 7.30 pm	Monday