

Organisation	Contact	Tel No	Meeting Place	Time	Day
Village History Recorder: Botesdale Redgrave Rickingham	<i>Vacancy</i> Mrs Jean Sheehan Mrs Di Maywort	890 237 898 785			
WARTS (Am-Dram Group) – Chair - Sec	Mrs Sue Carys Allen Mr Tim Hall	890 423 423 224	Botesdale Village Hall	7.30 pm	Wednesday for rehearsals
Whist Club	Mrs Joyce Orves	898 619	Activities Centre	7.30 pm	3 <sup>rd</sup> Tuesday
Women's Institute – Rickingham	Mrs Jennie Labdon	783 598	Rickingham Village Hall	7.30 pm	2 <sup>nd</sup> Thursday
Yoga & Relaxation (term time only) Email : juliedyoga@msn.com	Ms Julie Wilkins	01359 221 655	Botesdale Village Hall	7.15 – 9.15 pm	Tuesday
Zumba	Mrs Jill Mitev-Will	897 055 07800 639 141	Rickingham Village Hall	10 – 11 am 6 – 7 pm 6- 6.50 pm	Monday Tuesday Thursday

### Other Useful Telephone Numbers

<b>Age UK Suffolk</b> www.ageuk.org.uk/suffolk	<b>West Suffolk Office</b> Local contact : Mrs Neta Sharp	<b>01284 757 750</b> 898 214
<b>Botesdale Health Centre</b> www.botesdalehealthcentre.nhs.uk	Enquiries & Appointments Fax Dispensary/Repeat Prescriptions District Nurses 24 hr General Call Centre Out of Hours Service (goes directly to 111) Calls are transferred from the Health Centre although call costs will continue. If 111 is phoned directly there should be no charge.	898 295 890 477 890 616 0300 123 2425 898 295
<i>There is a new Freephone number, to replace NHS Direct, to get medical advice, urgent healthcare information and the Out of Hours Service. The number to call is <u>111</u> available 24/7. This does not replace the emergency 999 number used for life threatening situations.</i>		
<b>St Botolph's CEVC Primary School</b> http://atschool.eduweb.co.uk/botesdale.suffolk email : admin@st-botolphs.suffolk.sch.uk  Friends of St Botolph's CEVCP School : Secretary	Telephone number Fax Headteacher : Mr Mark Cobbold School Secretary : Mrs Teresa Leeder Mrs Jane Bromley – email : janebromley2@gmail.com	890 181 890 213
<b>Suffolk County Council</b> www.suffolk.gov.uk email : customer.first@suffolk.gov.uk	Main Switchboard Customer Services Call Centre (Mon-Fri 8.30 am-6pm) Mobile Library Enquiries Social Care Services – Customer First (Mon-Fri 8am – 6.45 pm) also out of hours & Emergency Duty Service Trading Standards (~Consumer Direct)	01473 583 000 0345 606 6067 01449 613 143 0808 800 4005 0345 404 0506
<b>Mid Suffolk District Council</b> Email : customer.service@midsuffolk.gov.uk www.midsuffolk.gov.uk	Main Switchboard – 8.30 am – 5.00 pm General Helpline Council House Repairs 24/7	01449 724 500 0845 606 6170 0845 600 1135
<b>Anglian Water</b> (Sewage and/or Water Supply)	Enquiries and Emergencies 24/7	0345 714 5145
<b>Essex &amp; Suffolk Water</b> (Water Supply where applicable). www.eswater.co.uk	General Enquiries, 8 am to 5 pm Monday to Friday Leaks & Bursts 24/7	0345 782 0999 0800 526 337
<b>Electricity - UK Power Networks, distributes all electricity companies' supplies to properties</b>	Emergencies/Power Loss 24/7 General Enquiries, 9 am to 5 pm Monday to Friday	0800 316 3105 0845 601 4516
<b>Police contacts</b> Stowmarket Safer Neighbourhood Team Stowmarket Police Station Violet Hill Road, Stowmarket IP14 1NJ Officer in charge: Sgt 1692 Andrew Martin	Non emergency calls and enquiries  Email : <a href="mailto:enquiries@suffolk.police.uk">enquiries@suffolk.police.uk</a> <b>Emergency Services : Fire, Police, Ambulance</b>	<b>101</b> 01284 774640 <b>999</b>
<b>Health Authority</b> www.westsuffolkccg.nhs.uk	NHS West Suffolk Clinical Commissioning Group Patient Advice & Liaison Service (PALS) at West Suffolk Hospital Open : 9 am to 5 pm Monday to Friday (not bank holidays) email : pals@wsh.nhs.uk	01284 758 010 0800 917 9673 / 01284 712 555 (24 hour ansaphone)

### Hospitals

Ipswich, Heath Road : 01473 712 233	Norfolk & Norwich : 01603 286 286	West Suffolk, Bury St Edmunds : 01284 713 000
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