2020 Local Services Directory

Welcome to the 2020 Botesdale, Redgrave and Rickinghall *Local Services Directory* – listing the many organisations and services from which our villages benefit. The directory contains the *contacts* for these. Where relevant, up-to-date details of *times* and *venues* are published monthly on the middle pages of the Parish Magazine.

This edition has been renamed Local *Services* Directory (previously Local *Activities* Directory) to better reflect its contents, which have now been organised by *Charities & Trusts*, *Churches & Chapels*, *Clubs*, *Community Assets & Projects*, *Local and Regional Community Services*, and *Utilities* – hopefully this will make things easier to find.

For changes, please contact the Parish Magazine editor (contact details below). Changes will be made to the online version throughout the year (see www.stmarysrickinghallinferior.onesuffolk.net/local-information).

Any changes are also advertised on page 3 of the Parish Magazine so you can update your printed copy.

This directory contains personal data as provided by those listed below, or by their authorised representatives. Details on the safeguarding of personal data used for this directory and the Parish Magazine, are described at www.stmarysrickinghallinferior.onesuffolk.net/assets/Data-Protection-Policy/Privacy-and-Data-Protection-Policies-Feb-2019.pdf

Charities and Trusts	Contact	Telephone	Email / Web Site (www/https)	
Bacon Exhibition Charity	Mrs Ruth Powell	01379 898426	-	
Fairstead Charity	Mr Simon Gowen 01379 898714		-	
Redgrave Charity for the Needy	Mr Bob Hayward	01379 898726	bob.hayward@talk21.com	
Redgrave Amenities Trust	Mrs Joyce Orves	01379 898619	joyce@orves.gmail.co.uk	
Redgrave Church Heritage Trust	Mr Bob Hayward	01379 898726	bob.hayward@talk21.com	
Rickinghall Relief in Need Trust	Rev Chris Norburn	01379 898685	revchris@rbrchurch.org.uk	
Churches & Chapels	Contact	Telephone	Email / Web Site (www/https)	
Church of England	Rev Chris Norburn	01379 898685	revchris@rbrchurch.org.uk	
Church warden	-	01379 898685	-	
Headspace	Ms Karen Lawrence	01379 890987	-	
Men's Breakfast	Mr Mark Duxon	01379 890987	-	
Messy Church	Mrs Barbara Norburn	01379 898685	-	
PCC Secretary	Mrs Frances Lamb	Frances Lamb 01379 890204	-	
All Saints Hall Hire	Mrs Sheila Purdom	01379 890297	-	
The Get Together	Mrs Barbara Norburn	01379 898685	-	
Methodist Church	Rev David Ely	01379 642791	-	
Bible Study	Mrs Rita Petherwick	01379 890747	-	
Christian Forum	Mrs Rita Petherwick	01379 890747	-	
Coffee down the Lane	Mrs Rita Petherwick	01379 890747	-	
Senior Steward	Mr Brian Shurmer	01379 890898	-	
Assistant Senior Steward	Mrs Rita Petherwick	01379 890747	-	
Wives Club	Mrs Lesley Greenhough Mrs Jan Lawrence	01379 890109 01379 890759	-	
Parkview Chapel	Mr Kevin Gladwell	01379 898924	kevin@parkviewchapel.co.uk	
Coffee on the Corner	Mrs Sue Allen	01379 890423	-	
Friday Night Club	Mr Kevin Gladwell	01379 898924	kevin@parkviewchapel.co.uk	
Junior Church	Mr Kevin Gladwell	01379 898924	kevin@parkviewchapel.co.uk	
Praise Hour	Mrs Sheila Miles	01379 783216	-	
PYP Parkview (School Years 9-13)	Mr Kevin Gladwell	01379 898924	kevin@parkviewchapel.co.uk	
Secretary	Mr Philip Miles	01379 898454	-	

Clubs	Contact	Telephone	Email / Web Site (www/https)	
Botesdale & Rickinghall Runners	Mr Martin Forge	01379 898270	-	
Bowls Club	Mrs Maureen Costello	01379 897251	-	
Brownies (and to volunteer)	Girlguiding UK	08001 695901	-	
Brownies (and to volunteer)	Rhoda	01379 898743	-	
Dance Classes	Mrs Teresa Marsh	01379 783114 07709 565875	teresarmarsh@hotmail.com	
Football 'Rickinghall Gunners' Youth	Mr Simon Mills	01379 890067 07800 538327	-	
Heritage Circle	Maggie Mittins-Ladd	01379 890916	www.heritagecircle.onesuffolk.net	
Ladies Netball	Gill Jennings	07884 100671	gilljennings17@btinternet.com	
Mill Lane Allotment Association	Mr Mark Wiseman	01379 898805	mark.wiseman@virgin.net	
Needlecraft	Mrs Joyce Orves	01379 898619	joyce@orves.gmail.co.uk	
Pilates	Eleanore Garwood	07881 814146	eleanore_head@hotmail.com	
Positive Steps	Mrs Lesley Williams	01359 221583	-	
(Strength & Balance Exercises)	Ms Sam Reid	01284 749338	-	
RBR Twinning Association	Mr Kit Wells	01379 783918	-	
Redgrave Art Club	Mrs Joyce Orves	01379 898619	joyce@orves.gmail.co.uk	
Redgrave & District Ladies Club	Mrs Rosemary Docherty	01379 423686	-	
Redgrave & District Theatre Club	Mrs Liz Collins	01379 898440	-	
Redgrave Rangers Football Club	Ms Donna Taylor	01379 890853	-	
Redgrave Luncheon Club	Mrs Joyce Orves	01379 898619	joyce@orves.gmail.co.uk	
Redgrave Village Garden Club	Mrs Chris Giddings	01379 890548	-	
Rickinghall Further Education Grp	Mrs Sue Emerson	01379 897010	emerson500@btinteret.com	
Rickinghall Country Music Club	Mr Keith Double	01379 898758	-	
Rickinghall Ramblers	Mr Gerry Gurhy	01379 890960	-	
Slimming World	Natalie Duke	07810 883771 01379 658701 01379 423224	- - -	
WARTS (Am-Dram Group) Chair	Mr Keith Charman			
Secretary	Mr Tim Hall			
Whist Club	Mrs Joyce Orves	01379 898619	-	
Women's Institute – Rickinghall	Mrs Jennie Labdon	01379 783598	-	
Yoga & Relaxation	Ms Julie Wilkins	01359 221655	juliedyoga@msn.com	
Community Assets & Projects	Contact	Telephone	Email / Web Site (www/https)	
Botesdale & Rickinghall Community Woodland Project (Barwoods)	Mr Tony Emerson	01379 897010	emerson500@btinternet.com	
Botesdale Village Hall Chair	Victoria Curry	01379 890939	-	
Bookings	Katrina Stannard	07867 844702	-	
Friends of Botesdale Health Centre	Mrs Carole Fitt	01379 890878	fobhc@mail.uk	
Little Ouse Headwaters Project	-	-	enquiries@lohp.org.uk www.lohp.org.uk	
Conservation Manager	Ellie Beach	07919 912045	ellie.beach@lohp.org.uk	
Secretary	Mr Nick Lingwood	07772 769025	-	
RAHOF(Rickinghall Area Hospice Fundraisers)	-	-	-	
Chair	Mrs June Shepherd	01379 898827	juneredgrave@btinternet.com	
Secretary	Mrs June Hart	01379 897180	-	
Redgrave Activities Centre Hall Hire & Key Holder	Mr Jim McCluskey	01379 890142	jimandjan7@tiscali.co.uk	
Redgrave & Lopham Fen	Mrs Deborah Key	01379 688333	redgrave.education@suffolkwildlifetrust.org	
Redgrave & Rickinghall Ringers	Mr Chris Davies	01379 898236	-	
	Mrs Yvonne Lowe	01379 898193	-	
Rickinghall Village Hall	-	-	-	
Hall & Sports Area Hire	Mr Charles Greenhough	07709 962658	rickinghallvh@gmail.com	
Chair & Farmers' Market	Mr Bob Clark	07930 188472	-	

Community Services (local)	Contact	Telephone	Email / Web Site (www/https)	
	Enquiries/Appointments	01379 898295	www.botesdalehealthcentre.nhs.uk	
	Fax	01379 890477	-	
Botesdale Health Centre	Community nurses	03001 232425	-	
	Out of Hours Service	111	www.111.nhs.uk	
Community Transport (Rickinghall & Botesdale Good Neighbour Scheme, RBGNS)	Mr Gordon Lawrence (24/7 answerphone)	01379 897109	-	
Village History	-	-	-	
Botesdale & Rickinghall	Mrs Di Maywhort	01379 898785	-	
Redgrave	Mrs Jean Sheehan	01379 890237	-	
Neighbourhood Watch		- 01270 000405	-	
Botesdale & Rickinghall	Mr Peter Beck	01379 890495	peter@pbeck.plus.com	
Redgrave	Mr John Campbell Mr David Sloan	01379 890946	redgrave.nwatch@outlook.com botesdaleoil@gmail.com	
Oil Syndicate Parish Councils	Mr David Sloan	01379 890952	<u></u>	
Clerk for the 3 Parishes	Leeann Jackson-Eve	01379 890141	botesdale_pc@btopenworld.com redgrave_pc@btopenworld.com rickinghall_pc@btopenworld.com	
Botesdale Parish Council Vice-Chair	Desmond Bavington-Lowe	01379 897287	www.botesdale.onesuffolk.net/parish-council	
Joint War Memorial Committee Rep	Ernie Baxter	01379 898566		
Councillor	Simon Dickinson	07889 584121		
Councillor	Greg Russell	07887 747625		
Chair, SALC/Parish Liaison, Assets Register, Barwoods	William Sargeant	01379 890138	BOTESDALE	
Acting Footpaths Officer	Chris Lambert	01379 897053		
Acting Tree Warden Redgrave Parish Council Councillor	Rosemary Jones	01379 890238	1 00 11 1/ 11 11	
Redgrave Parish Council Councillor Councillor	Angela Bigley Mike Denmark	01379 890517	www.redgrave.onesuffolk.net/parish-council	
Gressingham Foods Liaison Group Rep	John Giddings	01379 890279 01379 890548	Annual State of the State of th	
Little Ouse Headwaters Project Trustee	Bob Hayward	01379 890348		
Gressingham Foods Liaison Group Rep	Ann Preston	01379 898720		
Vice Chair; Trustee of Charity for Needy & Mary Foster Charity	Jason Walker	01379 898696	PAREDGRAVE AS ON REDGRAVE AS	
Rickinghall Parish Council Councillor	Robin Brown	07748 635647	www.rickinghall.onesuffolk.net/parish-council	
Vice-Chair, Parish Assets, Joint War Memorial Committee/Local Charities Rep	Gillian Crossley-Holland	01379 890339	THE	
Village Hall Rep	Lesley Free	07387 364288	STOKINGHALLS PICKINGHALLS	
Chair, Planning & Finance Working Parties	Geoff Short	01379 897164	SUPERIOR AND	
Local Transport, Planning & Finance Working Parties	Sally Smith	01379 898767		
Acting Tree Warden	Rosemary Jones	01379 890238		
Parish Magazine Chair	Rev Chris Norburn	01379 898685 01379 890382	revchris@rbrchurch.org.uk	
Editor	Charles Murray	01379 890382 07773 216426	editor@rbrparishmag.com	
Adverts	Ruth Cleaver	01379 308751	adverts@rbrparishmag.com	
Articles	Fiona Kenworthy	01379 309426	articles@rbrparishmag.com	
Events	Phil Schofield	01379 898944	events@rbrparishmag.com	
Redgrave Community Shop	-	01379 898848	redgravecommunityshop@gmail.com www.redgraveshop.wordpress.com	
Chair	Ms Julie Moore	01379 897322	-	
Volunteers contact	Mrs Yvonne Lowe	01379 898193	-	
Rickinghall Day Centre	Mrs Sheila Miles	01379 783216	-	
	Mrs Caroline Panter	01379 890994	-	

Community Services (regional)	Contact	Telephone	Email / Web Site (www/https)	
Age UK Suffolk	- 01473 298684		volunteer@ageuksuffolk.org	
Babergh and Mid Suffolk District Councils	Switchboard 8.45-5.00pm Visit Stowmarket office at			
Endeavour House 8 Russell Road	54 Ipswich Street; 9:00-5.00 Mon/Wed/Thu; 10:00-5:00	0300 1234000	www.midsuffolk.gov.uk	
Ipswich IP1 2BX	Tue; 9:00-4:30 Fri			
British Red Cross: Medical Loans	East Harling	01953 717204	-	
Bury St Edmunds Member of Parliament	Jo Churchill MP	01284 488345	jo.churchill.mp@parliament.uk	
County Councillor - Hartismere Division	Jessica Fleming	07714 597980	jessica.fleming@suffolk.gov.uk	
District Councillor - Rickinghall Ward	Jessica Fleming	07714 597980	jessica.fleming@midsuffolk.gov.uk	
	24/7 Assistance		This does not replace the	
NHS, Health Authority	Non-emergency adviceOut-of-hours service	111	emergency 999 number used for life threatening situations	
and Hospitals	West Suffolk Clinical Commissioning Group	01284 758010	www.westsuffolkccg.nhs.uk	
	Patient Advice & Liaison Service (PALS) at West Suffolk Hospital 9:00am- 4:00pm Mon-Fri	01284 713000	www.wsh.nhs.uk/Patients-and- visitors/Your-views-matter/PALS- Patient-advice-and-liaison- service.aspx	
	Ipswich Hospital	01473 712233	-	
	Norfolk & Norwich Hospital	01603 286286	_	
	4	01284 713000	-	
D.1	West Suffolk Hospital			
Police - there are manned desks at : Bury St Edmunds - Raingate Street IP33 2AP Ipswich - 10/10a Museum Street IP1 1HT	Non-emergency	101	stowmarket.snt@suffolk.pnn.police.uk www.suffolk.police.uk/your-area/stowmarket	
Lowestoft - Old Nelson Street NR32 1PE	All Emergency Services	999	- 0 00 11	
Suffolk County Council	Customer Services Mon-Fri 8.30am-5.30pm	03456 066067	customer.services@suffolk.gov.uk www.suffolk.gov.uk	
Endeavour House	Mobile Library Enquiries	01473 351249	www.suffolklibraries.co.uk/mobiles-home	
8 Russell Road Ipswich	Social Services (Customer First); Mon-Thu 8am-5.20pm	-	customer.first@suffolk.gov.uk www.suffolk.gov.uk	
IP1 2BX	Friday 8am-4.20pm : Adults	0800 9171109	-	
	Children	08088 004005	-	
	Trading Standards 9:00am-5.00pm Mon-Fri	03454 040506	tradingstandards@suffolk.gov.uk	
School and Nursery	Contact	Telephone	Email / Web Site (www/https)	
Botesdale After School Club	Mrs Paula Mills	01379 898610 07952 961285	-	
	Mrs Bridget Simms-Baalham	01379 898889	-	
Botesdale Breakfast Club	Mrs Paula Mills	01379 898610 07758 102043	-	
Botesdale & Rickinghall Pre-School Lunch Club (term time only)	Mrs Karen Hails	01379 898868 07796 014304	bandrpreschool@btinternet.com	
RABBATS (Rickinghall & Botesdale Baby & Toddlers)	Jo Govier	01379 897302	joanne.govier@sky.com	
St Botolph's CEVC Primary School Headteacher: Mr Mark Cobbold	Fax	01379 890213	https://stbotolphs-suffolk.secure- dbprimary.com/suffolk/primary/stbotolphs	
School Secretary	Mrs Teresa Leeder	01379 890181	admin@st-botolphs.suffolk.sch.uk	
Friends of St Botolph's Secretary	Ms Jemma Shorten Ms Amy Seldis	-	-	
Utilities	Contact	Telephone	Email / Web Site (www/https)	
Anglian Water	Water/sewerage queries 24/7	03457 145145	-	
Essex & Suffolk Water	Water Services 24/7	03457 820999	www.eswater.co.uk	
Electricity - UK Power Networks	Emergencies/Power Loss 24/7	08003 163105	www.cowatci.co.ux	
(UKPN - power distribution)	Enquiries, 9-5 pm Mon-Fri	08000 294285	-	

Revision History

Revision	Date	Change Details
140 (151011	Date	- Revision #s reset at each reprint
		- Updates for printed version :
		1. Reworded introductory text, with online link to GDPR/Data Protection Policy
		2. Removed Jeff Lamb as Church Warden
2019 Print 14.2.19		3. Redgrave Parish Council: Added Angela Clark/removed Matthew Millard
		4. Rickinghall Parish Council: Removed Dominic Ebert and Nic Joubert
		5. Added Babergh to MSDC contact details;
Version	17.2.17	6. Removed MSDC enquiries email address (now done via email form on website)
		7. Updated PALS website address to www.wsh.nhs.uk/Patients-and-visitors/Your-views-
		 matter/PALS-Patient-advice-and-liaison-service.aspx Updated Police entry: added postcodes to manned desks; revised non-emergency email/Web
		contacts
		9. Updated SCC Customer Services/Customer First opening times
		10. Updated SCC Mobile Libraries contact number
		1. Replaced Heritage Circle Secretary/ Brenda Deaville with Heritage Circle/Maggie Mittins-Ladd
		2. Replaced LOHP Conservation Manager Rob Martyr with Ellie Beach / ellie.beach@lohp.org.uk
2019-1	15.3.19	3. Replace Methodist Wives Jane Dorling with Lesley Greenhough/Jan Lawrence
2019-1	13.3.17	4. Removed RABBATS contacts; await their replacements
		5. Replaced Redgrave & District Ladies Club Kay Mitchell with Mrs Rosemary Docherty/01379
		423686
2019-2	11.4.19	1. Jo Govier added as Rabbats contact
		2. Added Victoria Curry as Botesdale Village Hall chair and Anita Burnard as bookings secretary
		1. Botesdale PC: Removed John Abraham, David Green and Chris Lambert. Noted Chris remains Footpaths Officer, and Rosemary Jones will act as Tree Warden
		2. Redgrave PC: Removed Richard Hilton; changed Jason Walker to Vice Chairman/Trustee for
2010.2	440	charities
2019-3	15.5.19	3. Rickinghall PC: Removed Rosemary Jones. Changed Nick Free's phone number and added Lesley
		Free as Village Hall Rep; noted Rosemary Jones shown continues as Tree Warden
		4. District Councillors: removed Derek Osborne; updated Jessica Fleming's email address; removed
		Wortham from Ward heading
2019-4	11.10.19	Added new Botesdale Parish Councillor Simon Dickinson
2019-5	8.11.19	Removed Neta Sharp from Age UK entry; replaced with new phone number and email address
2019-6	14.1.20	Removed 2 resigned Parish Councillors, William Maskell (Rickinghall) and Angela Clark (Redgrave)
		1. Reworded introductory text
		2. Replaced chris.norburn@breathemail.net with revchris@rbrchurch.org.uk
		3. Removed 2 resigned Botesdale Parish Councillors, Victoria Curry and Caroline Stratford 4. Added articles@rbrparishmag.com + contact details
		5. Updated Suffolk County Council contact details
		6. Botesdale Health Centre entry:
	12 2 20	- removed defunct Botesdale Health Centre Dispensary/Repeat Prescription contact phone number
2020		- changed District Nurse to Community Nurses
2020		7. Updated Babergh & Mid Suffolk contact times
Print Version	12.2.20	8. NHS, Health Authority and Hospitals: updated NHS PALS contact number as on their website
VEISIOII		9. Consolidated Church and Charity references under their own headings
		10. Deleted
		11. Removed Phoenix Lunch Club (no longer running)
		12. Botesdale Village Hall bookings: Anita Burnard replaced by Katrina Stannard 13. Changed Redgrave Community website from <i>redgraveshop.co.uk</i> to <i>redgraveshop.wordpress.com</i>
		14. Added <i>https</i> suffix to column headers for secured websites
		15. Updated Botesdale, Redgrave, Rickinghall Parish Council web addresses
		16. Re-formatted all contents by category.
2020-1	10.3.20	Re-instated Footpath Officer and Tree Warden (Botesdale PC), and Tree Warden (Rickinghall PC)
	2.4.20	1. Re-instated Jessica Fleming as District Councillor 2. Put <i>Comm'y Svcs (regional)</i> entries in ∝ order
2020-2		
2020-2 2020-3	7.6.20	Removed Nick Free as Rickinghall Parish Councillor